

photo by Paul T. Erickson BAGGING AN OUTDOOR Christmas tree took only minutes for Doug and Federal Way-area family drove about 3 miles to the Backachers tree farm Diane Schiesz and their children, Aimee, 4, and Sarah, 16 months. The near Lake Geneva, snared a tree and headed home again.

often pass on tips — it's no problem."

If subscribers prefer, they can contact their carrier during delivery instead.

"Besides the safety benefits for our young car-

Backachers: Family runs fir fa

By MELODIE STEIGER

From Bill and Patty Elliott's home near Lake Geneva, the weekend visitor could see the family harvest: row upon row of pear-shaped Douglas firs, all penned up and ripe for the picking. Upon closer inspection, the visitor could see a tree here or there shudder, then drop softly to the ground. It went on for three weekends, the shuddering and dropping at the Elliott's Backachers Christmas tree farm in the suburban pastureland of east Federal Way. And while each downed tree meant \$20 for the Elliotts,

the cutting, now done for the season, always was a bittersweet occasion. "The first one that goes out every

year kind of gets to me," said Patty Elliott. "I saw one go out this morning that I recognized - after you work with them, you can tell one from the other." said Bill Elliott, during the last weekend of business.

Tim and Linda Waisanen trudged up to the camper that shelters the Elliotts during tree-bagging season, Tim dragging a freshly downed tree and Linda carrying their baby, Berit.

The threesome had opted for a tree grown locally, rather than heading to the mountains for a frosty fir. They had tromped over Bill Elliott's grass, looked over dozens of 5- and 6-foot trees, eyed the horse and barn next door, and finally chopped a choice Elliott evergreen.

"The baby didn't now what to think. but she sure liked the horse," Tim Weisanen reported.

AS THE ELLIOTTS stood shivering in the morning chill, dressed in bright red holiday sweaters and handing out saws and coffee to early tree-hunters,

they assessed the tree-farm business and agreed: It's not easy being green.

The Elliotts plant in spring, then prune and mow and weed and de-bug and replant where the de-bugging doesn't work. Bill Elliott has nursed a grass carpet between his rows of trees, and the mower alone cost \$3,000.

The land was once used for cattle, back when the couple's parents lived there. "And at least trees don't jump fences," said Patty.

Continued on A-3

riers, there are benefits for our subscribers," Erikson noted. "It saves them money and most people find it more convenient."

A six-month subscription to the Federal Way News costs \$17 and a year-long subscription costs \$32. A six-month subscription to the Community News costs \$9 and a yearlong subscription costs \$16.

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If you have any questions about pay-by-mail, call 241-2507 or 927-8676.

New charity in town gets a skeptical welcome

By LYNN KEEBAUGH

There's a new charity in town, but its debut has been clouded by questions and concerns regarding its operations.

Helping Hands for Our Homeless Kids began telephone solicitations in June from Federal Way offices, trying to raise money for a shelter for homeless children and their

families in Pierce County, said founder and charity president Jean London.

But some residents in Pierce County have confused the local group with a five-year-old charity in Puyallup that also provides shelter and aid to homeless families.

Helping Hand House, which does not solicit by phone, often is referred to as Helping Hands, said Margie Addington.

"And now we're getting two or three calls a week from people wanting to know more about the program they donated to, only to find out it wasn't us," she said. London said the name similarity is unintentional and unfortunate.

THE FEDERAL Way charity

started out as HANDS, or Helping Our Aged, Needy and Disabled Seniors, but changed its focus to the homeless because, London said, the need was greater.

The non-profit charity is the idea of London, 51, and her husband, Greg, 54, who moved here three years ago from California. In California, London said she worked in acting

and dabbled in real estate. Helping Hands is a full-time job for both Londons now, she said. Jean manages the phone room and oversees efforts to try to acquire a shelter, and Greg works behind the scenes, she said.

A phone room of 12-14 employees keeps eight phones busy in two shifts each day, soliciting funds from residents

in South King and Pierce counties.

London said Helping Hands had planned to open its first shelter about now, but has had trouble finding a building in Tacoma that suits its needs and fits its budget. That goal has been postponed to the first of the

Continued on A-3



photo by Rhonda Davis

HER 9-MONTH-OLD son, Kevin, has changed the Rev. Sheryl Peterson's perspective on Christmas, which she likes to celebrate with family.

Motherhood makes for a happy holiday

By WENDY CULVERWELL For the Rev. Sheryl Peterson, being with her family is the most important aspect of Christmas, next to, of course, going to church.

Peterson pastors Wayside United Church of Christ. Her husband, Norris, is an economics professor at Pacific Lutheran University. The couple became parents for the first time this year, so son Kevin adds an additional level of excitement to the holidays.

The Peterson celebration begins on Christmas Eve, when Sheryl delivers the late evening sermon at Wayside. After that, they go down to Redondo to walk on the beach, a "tradition" they picked up from another church family.

"I guess (the water) makes me feel connected to the rest of the world," Sheryl explained. "It's real peaceful." She said a few other people are usually doing the same thing.

Continued on A-3



comment

Christmas crowd hints at our future

hristmas shoppers took Federal Way by storm this week, giving us all a look at the future. If the crowds were tolerable, chalk it up to Christmas cheer. We won't be so cheerful when it is an everyday occurrence, a likelihood that looms within the next five years.

Nobody loves gridlock. What puzzles us is that so many newcomers appear to view congestion as a way of life. Often, they came here from somewhere worse, and consider our traffic problems trivial. We don't. Escaping I-5 at 320th during rush hour is laughable.

King County Councilman Paul Barden reports that half the growth here in the next decade will be our own children. Do they all — newcomers and siblings — believe they have no option, that a shoulder to shoulder lifestyle is a fixture in America?

If so, planners for the new city ought to consider some or all of the following:

1) Develop local transit, to move us in and out of the city safely and quickly. Metro is likely to support such regional sub-systems.

2) Bring streetcorner cops to the suburbs. Their presence is both calming and essential to public safety. Let's put it in the budget now, to signal our intention to remain a livable community.

3) Make some new rules for parking lot traffic flow. When they were built, some area parking lots could handle light loads nicely. In SeaTac Village especially, the Christmas season has revealed their limitations. Put a priority on pedestrian safety, wider aisles. Put traffic controls in at key points.

Build at least one park in the downtown core that features comfortable walkways, natural vistas and greenery to offset the acres of asphalt that have crept in around us. If we're going to be stuck here, let's make it a pleasant stay.

Children gain distorted sense of holiday spirit

I'm not sure when it started first a curious little ticking in my head, now a steady beat. It started small and grew at Christmas to a flood of impressions.

It seems to me that we are obsessed with trying to impress our kids, as though we're trying to buy their love. Here's what I've noticed this Christmas season:

A 15-year-old in designer sweaters, who is proud that she

Guest Opinion By Anita M. Peterson

and it's packed. As usual, many teens are here, to see and be seen. They can tell you with certainty what's in this week, and what's old news, which they wouldn't be caught dead around. Their faces look bored, cynical, and empty. Sometimes one of them breaks into attention-

CAPITALISM NIVERIAL PRESS SAND. TRIUMPHS! ONBY THE BURFALD NEW! Nurses were nice, cocktail was ugly

At 5 p.m. Thursday I sat in my office, asking myself why Sean Connery, and not I, was voted the sexiest man alive by People magazine.

At three o'clock the next morning you were probably sleeping. I should have been. Instead, I was vaguely awake, counting the bands in the Levelor blinds that obscured my view of the nurses' station at St. Francis Hospital's emergency room.

Diagnosed with "atypical

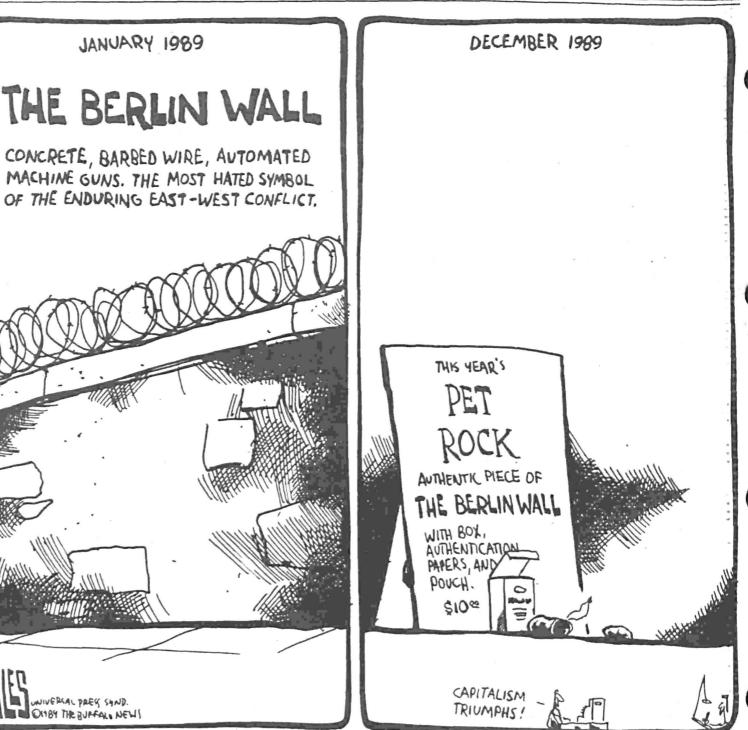


later I was wearing a tie-inthe-front gown and answering questions posed by a nurse. She had a purposeful urgency in her style. There was good reason. On the three-to-eleven shift, they had handled the victims of 11 different automobile

crashes. A full moon night. In the adjacent bed, separated from me by a curtain, lay a young Hispanic woman, six months pregnant. A victim of one of those wrecks, she should have received X-rays, but refused. She was afraid it might harm her unborn baby.

per hidden in a plate of Chinese food from a take-out counter. I think they call it that because after you eat the food, you want a doctor to take out your esophagus and examine it for burnholes.

It was probably the same thing this time. For lunch the day before I had swallowed some astonishingly spicy Italian food, which joined a pool of espresso I downed at breakfast. Later in the day a



never has to wear the same thing twice. Tick. The kids who arrive at their school's winter ball in a hired helicopter. Tick, tick. Some parents complaining about their Christmas spending - at least \$1,000 per kid. Tick! All of them looking over their shoulders to make sure they're at least keeping even with the competition. The Conspicuous Consumption Olympics.

In too many homes, Christmas spirit is missing, replaced by holiday stress - how many articles did I see on what to do about it? The only happy folks are Nordstrom stockholders. Well, tick, I think it's all connected. Here's what else I noticed this season:

"My son will never have to work as long as he's in school. We can afford to give him everything he needs. I think children should be allowed to be children as long as possible!"

I am in the long checkout line at Toys 'R Us. This earnest young woman standing next to me with her loaded cart is bragging about her kids and their many after-school enrichment activities. I wonder whether, as a teen-ager, her son will feel entitled to refuse to assume responsibility and she'll be hurt and angry.

Bellevue Square is busy on its slowest days, but it's Christmas getting antics or loud laughter. What fun.

Older teen acquaintances are plotting ways to be gone from home during Christmas break. so they can (a) have fun and (b) avoid their parents, who (c) are going to nag and lecture them on being selfish, not spending time with the family, not doing their school work, and not caring about the future.

The week after Christmas, the new skis are beat, the new Nintendo game has been mastered, the imported sweater is in a heap under a huge pile of dirty laundry, no one remembers to feed the new puppy, and no one in the family is on real speaking terms with anyone else.

Next year, parents could set an example to show what true Christmas spirit is about. The food banks are still hurting, volunteers are needed at nursing homes and hopsitals, and shelters for the homeless don't have enough blankets, clothes or toys. Let's think of others, first, as a way to find ourselves.

Tick. Time is running out.

Anita M. Peterson is clinical director for the Institute for Motivational Development Northwest, which provides counseling and educational programs aimed at improving personal achievement.

chest pain" I began my ordeal with a sensation in my chest that felt like a small grenade going off, sharp and intense for a few minutes, then melting into a hot, tender pressure. That's a great feeling if you're in love, but unpleasant if there's some other explanation.

My attitude about the symphony of my body is semimacho, a physiological nod to G. Gordon Liddy. A recent physical had told me I'm in pretty good shape for a 45year-old guy who doesn't exercise, smokes a couple of cigars a day and has allowed his once svelte body to be overcome by gravity.

My redhead convinced me, an hour before midnight, to call 911. They arrived quickly. Three men dressed in firefighting outfits. I thought they might want to water down the place at first, until I explained that the aroma in the house was from the lingering molecules of a

Ken Robinson

hamburger patty I had burnt a few hours earlier.

Their calm couchside manner impressed me. They were alert, well-trained in their procedures. They projected intelligence and caring. Without badgering, they encouraged me to go to an emergency room. In the abstract it may be difficult to appreciate this extraordinary community service, but when you need them, and they are there in minutes, their value is powerfully clear.

At midnight we whooshed through the automatic double door at St. Francis. A bright young woman quickly registered me and minutes

From my bed I watched the bottom of the curtain. Various pairs of shoes passed back and forth. The small white tennis shoes belonged to the nurse. The earth sandals to the doctor. The pregnant woman was soon helped from the bed and released, essentially untreated, at her own request.

Soon the earth sandals came wheeling around the curtain and a young guy who looked like a movie star stuck out his hand. "Hi, I'm Dr. Pope," he said. He was drop-dead handsome, and fittingly, was buttery-smooth and reassuring. I thought my redhead might volunteer for a check-up. I sent her away.

I had been here once before, about 60 days ago. That visit was prompted by the ingestion of a red hot pep-

kindly co-worker had given me the last two candy canes from the dish on her desk. The combination had the same chemical makeup as battery acid.

Dr. Pope promised me a diagnostic cocktail, and the waitress...er, nurse.... brought it. White and bitter, a malevolent Tom and Jerry; it descended my throat like Elmer's Glue. Dr. Pope pop. ped in again.

"How'd you like the cocktail? It should stick with you." I struggled to speak. "The feeling," I said, "is mucilage."

In spite of my most mournful expressions, they never did find anything wrong with me. But after my ordeal, I was hungry. Home, I opened the fridge, scanning its contents.

Finally, I found the perfect three a.m. snack for a man with a maverick digestive system. Safely on my sofa, I consumed an immense bowl of lime Jello.

Coalition applauds local coverage

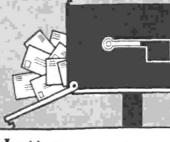


The Norpoint coalition would like to thank The Community News for its sponsorship of the Tacoma City Council candidates forum Oct. 27. We would very much like to thank Mike Robinson for his moderating of the forum. His constant involvement with the community is greatly appreciated.

We also would like to thank Ann S. Hartman for the job she did reporting on the campaign and on the forum. It helps us, the voters, to have accurate and unbiased information about the candidates so that we can cast our vote.

Wendy Culverwell did a fine job of reporting on the forum that evening.

The Norpoint Coalition would also like to take this opportunity to thank The Community News



Letters

for its thorough reporting on the Tacoma garbage incinerator. You have our greatest appreciation for the informative and accurate reporting you have done in the fight for the environmental impact statement for the garbage incinerator. The fight for the EIS is not over yet, and we look to The Community News to continue to bring us the same high level of reporting.

It is very important for the people of Northeast Tacoma to have a newspaper of this high a caliber. The Community News keeps us informed of the events happening in our own community, and those of surrounding areas. It truly represents the spirit of the word "community." Thank you, and may we all remember that the more we push for recycling, the more resources we save for our children's future and the less garbage Tacoma has to burn to pollute our environment and waste our increasingly precious resources.

Jim Bargelt Steve Delehoy Susan Shadel Lind White Coalition members



Letters welcome

The Federal Way News/Community News welcomes your letters. Send them to 1634 S. 312th St., Federal Way, WA, 98003.

Please include your name, address and phone number and the name of the general neighborhood in which you live.

For more information call 839-0700 or 927-4353.

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photo by Paul T. Erickson

BILL, KAYLENE and Patty Elliott's first year of tree sales at 4510 S. 338th St. is now over they closed down after peddling about 300 trees.

U-cut tree farms provide • tidy Yuletide adventures

Continued from A-1

This is the Elliott's first official year of Christmas tree 'sales. Last year, Bill, an Atlas Van Lines employee and Patty, a bus driver for the Federal Way School District, sold about 50 trees to passersby. This year, they sold 300.

"It won't be enough to retire on, but it'll help someday," said Bill.

U-CUT TREE FARMS like the Elliotts' are the approximate middle-of-the-road between hauling kids to the mountains for a tree and hauling a plastic pine down from the attic. The farms are easier to get to than the mountains, are tidier than their high-country counterparts and offer more rugged adventure than a trip to the attic.

The Elliotts figure their small farm has a few extras not found at others. They have a smooth grass path between trees that is hospitable to strollers and

wheelchairs as well as sneakered feet. They have 6year-old daughter Kaylene handing out free candy canes. And they have an added bonus: Bill and Patty are friendly, talkative people.

"It's surprising how many people are interested in how we raise trees," said Patty Elliott. "We didn't think people would be that interested. You'd think they'd just take the tree and leave.

BUT EVEN taking the tree and leaving can be an adventure, particularly for an active group like the Schiesz family of south Federal Way.

Although parents Doug and Diane led the way, 4-year-old Aimee Schiesz was in charge. "Look at this one, Aimee,"

cooed Diane Schiesz. "Ooh, look at that pretty one."

Aimee eyed each stout little tree doubtfully. "Ehhh. Keep

walking," she ordered. A dozen trees later, the Scheisz family posed for the family camera, each clutching a branch of the perfect Christmas tree, given the seal of approval by Aimee.

SUCH FAMILY outlings will be available again next year at the Elliotts' 5-acre farm. But latecomers this year had better look elsewhere. Although Bill and Patty hope to someday sell at least 600 trees per holiday season, they've already sold their first-year limit of 300 and have closed down for the winter. Now it's time to plan ahead. Next year, they say, the trees will be taller, at 8 feet. Next year, they may try a light display and some music for a more festive look.

Patty Elliott looked out at the cars parked this way and that throughout their neighborhood on South 338th Street.

"And next year, we're gonna do something about the parking," she said.

Helping Hands hopes to house the homeless

Continued from A-1

new year, she said.

London said she also hopes to open a shelter in South King County sometime next year, but doesn't know when that will happen.

Because Helping Hands is new, has nothing to show yet for its work and has not aligned itself or even contacted local social service agencies, it has raised a few eyebrows in the community.

"SO FAR, there isn't anything you can touch," said John Metcalf, a member of the South King County Multi-Service Center board of directors, who had some questions about the organization.

'And when I began asking pointed questions about the money being raised and where it was going, I was told I was asking too many questions and the woman I was talking to hung up on me," he continued.

London said she doesn't know why one of her callers would hang up on Metcalf, and called the incident, "unfortunate. I'd like to know who did that," she added.

But Sharon Atkin, director of emergency housing for the MSC, is concerned that Helping Hands did not contact any local agencies before opening for business. Such groups usually work together, especially when they have the same goal, Atkin said.

"I have founded a non-profit group, and I went to everyone in town to find out what the needs were;" Atkin said.

LONDON SAID she did not approach local agencies because she has worked with state and other governmental agencies here and in California - in the past and found the experience unpleasant. She said she did not want to elaborate. She describes what she is doing as something she and her husband have talked about doing for three years, and finally decided to take the big leap.

London said she understands the questions. Helping Hands is new and has no track record. She thinks once the charity opens its first shelter, some distrust will melt. That might still prove difficult if Helping Hands doesn't start becoming more open and involved in the community, say some.

Jack Sabin of the Seattle Better Business Bureau said his offices, in response to "numerous" inquiries about the charity, sent Helping Hands a form asking for information about the organization. The bureau got no response to two mail requests, and a phone request was verbally refused. London said she refused to return the form because she sees it as an agreement that allows the Better Business -Bureau to meddle in Helping Hands' affairs.

Bureaus, the parent organization of the Seattle group, sets informal - and unenforceable guidelines for what it considers reasonable expenditures for charitable organizations. A rule of thumb says that no more than 50 percent of a group's total income should be spent on administration and fund raising. The rest should be spent on activities and programs.

London said those expectations are not reasonable for a group just getting started. She said fund-raising costs (phone room callers make \$4 an hour and up, depending on how much money they raise) and expenses eat up a good deal of donations. She said she doesn't know exactly what Helping Hands' percentages are, but said they vary from week to week.

If she could find a suitable building, the organization could afford approximately \$3,000 a month in rent and operating expenses for a shelter, she said.

Helping Hands is following the rules for operating as a nonprofit charitable organization. It is registered with the Secretary of State's Office and has nonprofit tax-emempt status from the Internal Revenue Service. After Dec. 31, the group will have five months to file its financial statement with the state, showing how much money was raised, how much of it spent on salaries and expenses, and how much went toward its intended projects, said Rebecca Prall, of. that office's Charities Division.

THE STATE has no requirements or limits regarding how much money an organization spends on itself versus its projects. The financial information is provided to the public to help it make its own decision regarding an organization, Prall said.

Maureen Howard, director of Tacoma's Martin Luther King

Ecumenical Center, which provides shelter for the homeless in Pierce County, said Helping Hands could help itself by being more involved in the community, working with other social service organizations and making its financial records public, even if in an unofficial form.

"People need to see where their money is going," Howard said. "A non-profit organization has that responsibility to the community."

London said Helping Hands intends to make itself better known to the community through free air time offered by local radio and public television stations. She's hoping with time, the charity will be able to grow.

Helping Hands currently has a board of directors of just three members, London, her husband. and Nelle Snell, a friend of the family. All three double as corporate officers and start-up funds came from their own pockets, London said.

They plan to forge ahead, London said, "Because we don't see anybody else doing it. No one organization can provide for the great need for shelter."

THE ORGANIZATION will continue to use phone solicitations to raise money, even after the first shelter is opened, because there will be ongoing maintenance costs and hopes of expansion, London said. She said she also hopes to use shows, such as an Easter production, as a way to raise money for the shelter.

The phone solicitations have raised just three formal complaints with the state Attorney General's office in Seattle, said Kathy Muir. Only one involved charges of high-pressure sales tactics, involving a dispute over whether the spouse in one household had actually authorized a contribution to Helping Hands, Muir said.



1-800-562-9598 or (206) 575-8242

Minister celebrates with family

Continued from A-1 On Christmas Day, the Petersons spend time with both sets of parents. Sheryl's family will come from Spokane to spend Christmas morning with them, and Norris' family will visit in the afternoon from Camano Island SHERYL'S FAMILY eats Pumpkin Chiffon Pie on Christmas Day, and always does a jigsaw puzzle and eats fudge.

the family. His mother is confident he will have a bountiful St. Nicholas, the fourthcentury bishop who reportedly made anon ymous donations to three girls so that they could have dowries. Shervl also likes to sing Christmas carols to Kevin, and says that motherhood has made her better appreciate the feelings Mary had when Jesus was born. "We hope the world will be a good place for him to be," she said.

Kevin, who was born on Palm Sunday nine months ago yesterday, is the first grandchild on both sides of first Christmas.

He's already old enough to sense the excitement in the air, Sheryl said, but has kept his little hands off the Christmas tree in the living room of their Mirror Lake area home.

Having a young child has changed her perspective on Christmas, the minister said. "You see everything from the child's perspective," she explained. Although Santa Claus will be a part of Kevin's childhood, his mom said she will emphasize the spirit of

This is the latest in a series of stories describing holiday traditions of Federal Way families that will run between now and Christmas Eve.

BUT SABIN said the forms are used only to provide information about an organization to callers.

The Council of Better Business

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Christmas Gift Ideas

Last Minute



By DAN PORTMAN

Relief is on the way for afternoon drivers heading south out of Seattle across the First 'Avenue South Bridge.

Next month, the Seattle Engineering Department will extend the length of the southbound reversible lane on the bridge, which this month was shortened to end before the the off-ramp to Highland Park Way.

That change caused a bottleneck near the off-ramp that has backed up traffic and infuriated commuters. At a meeting in West Seattle Dec. 12, department officials announced that the lane will return to its old configuration of continuing past the south end of the bridge, effective Jan. 2.

. That move pleased bridgeusers who attended the meeting, but they remain upset over another part of the recent change, which was designed to improve safety on the bridge. The city has yet to decide what to do about the morning backups, reaching up State Route 509 as far as South 128th Street, that have resulted from the change.

THE KEY to the recent changes is the creation of a center "buffer" lane across the bridge to eliminate facing traffic in adjoining lanes and reduce the risk of head-on collisions.

The buffer lane reduced the number of northbound lanes, which had been three under the

old configuration at all times of the day except the afternoon rush hour.

Commuters say the elimination of the center lane for traffic into the city has caused the morning jams, and they've asked the Engineering Department to open the center lane for northbound traffic in the morning, just as it is open to southbound traffic in the afternoon.

They argue that safety is less of a problem during the slowmoving rush hours than at other times of day, so there will be little danger of head-on collisions if a morning reversible lane is opened.

"Your fatalities are happening at night, so why are you screwing up the morning?" asked one member of the audience at last week's meeting.

BECAUSE OPENING the center lane for traffic in the morning would require the expense of a work crew to move lane-dividing cones, state approval is required for such a change, explained city traffic engineer Barry Fairfax, who designed the changes implemented this month.

Fairfax said the cost of lanechange crews for the afternoon reversible lane is between \$80,000 and \$100,000 per year. The First Avenue South Bridge is owned by the state but operated by the city of Seattle.

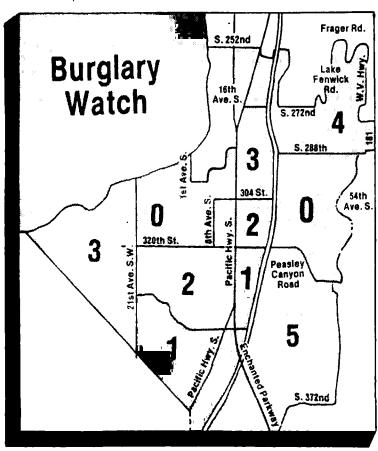
Fairfax and Chris Larsen, also of the Engineering Department, explained that the recent changes on the bridge, which cost \$220,000 to design and implement, were requested and paid for by the state, but the city developed and installed the changes.

The Engineering Department can make the planned afternoon change on its own, but state approval is required "for something as drastic as a morning reversible," Larsen said. She added that "decision

makers" will discuss the traffic problems in mid-January and determine whether the morning reversible is warranted.

LARSEN ALSO acknowledged that new signs installed with the recent change can be confusing to drivers. Overhead signs approaching the bridge indicate that right-hand lanes are for exits and center lanes are for through traffic, with yellow warning notices above the signs that read "No Lane Change Ahead."

Commuters should know that the right-hand lanes are for both exiting and through traffic, Larsen said. The "No Lane Change" warnings have led some drivers to think they must get out of the right-hand lanes before the bridge if they want to drive all the way across the span.



map by Lee Helck

THIS BURGLARY WATCH map denotes where in the Federal Way area burglaries were committed in the past week. The numbers in each of Precinct 5's 10 patrol districts tell how many residential and commercial burglaries were committed between Dec. 10-17. Burglary Watch will appear each Wednesday in the Federal Way News.

County approves illegal fill of land

King County officials have legalized the illegal filling of 15,000 cubic yards of dirt on 2.7 acres at 34201 Pacific Highway S.

County officials have determined that the filling in of the property does not require preparation of an environmental impact statement (EIS).

The land was filled in by Far East Investors, according to county officials. The company plans to develop the land, but will have to make a separate application to the county to build on the land.

The county's decision not to require an EIS may be appealed



Land Use Notices

until Dec. 20. For information on appealing, call the county at 296-6662. Refer to the project by its file number, C8902123.

No EIS required to fill near wetland

A proposal to fill in 18,000 cubic yards on 1.4 acres at 26412 Pacific Highway S. does not require preparation of an environmental impact statement (EIS), according to King County officials.

The proposal to fill in the land is being made by Trinity Land Co., a Puyallup firm. The company has applied only for their permit. It will apply for a building permit later, but hasn't presented any plans for what will be built on the site yet.

The county is requiring developers to protect a wetland on the site by planting a buffer around the wetland and to hire a biologist to monitor the wetland for two years. Also, dirt hauling must be restricted during peak traffic hours between 7-9 a.m. and 3:30-6 p.m.

The county decision not to require an EIS may be appealed For information

Mark Twain may require mending

By MELODIE STEIGER

Now that it's certain the old Mark Twain Elementary School near Star Lake will reopen to its own students next year, the Federal Way School Board must consider something else remodeling.

With all the wear, tear and lack of renovation the school has endured the past 21 years, Mark Twain needs help.

It doesn't need as much work as one might think, though. Rod Leland, director of maintenance for the Federal Way School District, says the school is in surprisingly good shape, considering its checkered past.

"I'm actually a bit amazed. It took a lot of hard wear when the (South King County) Multi-Service Center was there, and it recovered nicely. We put the carpet back down, and it looked pretty good - for a 20-year-old carpet," he said.

The school, at 2450 S. Star Lake Road, was built in 1968 but closed for lack of students and district money in 1975. Since

then, it has housed community services such as the multiservice center and the students and staffs of other schools under repair. Mark Twain is now the temporary home of Silver Lake Elementary School students and staff, who will occupy their new school in West Campus this fall.

SUCH USE has done its share of damage. Rod Leland ticks off its maintenance needs: A new pitched roof was put on the campus-style buildings last summer at a cost of \$284,770, but the water damage inside remains. The boiler is OK, but classroom heating units need to be replaced. The playground is ugly and small, and needs a smooth cement surface and safety pads under the equipment.

"The outside walls are brick, which lasts 50 years without rotting. And that's good," Leland added.

What's not good, at least anymore, is the school's lack of walls. Mark Twain was built with the "open concept" - no

walls separate its classrooms. Temporary dividers, bookshelves and "teacher creativity" now divide the three or four classrooms set up in each of Mark Twain's buildings, said Leland.

PUTTING permanent walls in Mark Twain "doesn't mean just stuffing in a bunch of walls," said Rick McGovern, a school district architect.

Simply adding walls between classrooms would leave some classes without doorways, McGovern said. And each building was constructed with common heating units and lights, which would need to be separated for each classroom.

You light one room, you light all rooms. If you want to show a film, you could put everybody in the dark," he added.

IF THE BUILDING is modernized as nearly every other school in the district has been, it also will need new sprinklers, handrails for handicapped access, a firetruck-access road that rings the school, and new

hydrants and fire alarms.

McGovern and school district administrators added it all up last spring and concluded that the job could be done for about \$1.2 million, roughly half of which could be paid for by the state, or for slightly less money, all of which would be paid for with local funds.

"The second, smaller option was so close in price to the first that it probably doesn't make much sense to do it that way,' said McGovern.

The Federal Way School Board has made no final decision about the update of Mark Twain Elementary School, although Superintendent Richard Harris has indicated that the school probably will be modernized during the 1991-92 school year.

No matter that the school needs in the way of repairs, it will be used, noted McGovern.

"They're going to use it. It's just a matter of how to get it in shape," he said.

Principal choice tops district's to-do list

Expect to see principals shuffle from school to school in Federal Way next year.

That's the message from Dolores Gibbons, assistant superintendent for elementary education, who recently announced her schedule for opening two additional elementary schools next year.

Picking a principal per school is a large part of that schedule, and Gibbons said the leaders-tobe of the reopened Mark Twain Elementary School and an asyet unnamed school at Site 41 will be chosen from principals now in the district.

Candidates from inside and outside the Federal Way School District will then be eligible for those principals' open posts, Gibbons said.

"We have a good group (of

principals) here. We'll have some fine candidates for the job," she told the Federal Way School Board at a recent meeting.

MARK TWAIN Elementary School at 2450 S. Star Lake Road was closed in 1975 for lack of students, and has since housed students and staff of other schools under construction. It will open in its own right, to students living nearby, next fall.

A school will not be built at the district's Site 41, near the Campus Highlands housing development in West Campus, until fall 1991, but its students and staff will meet next year at the old North Lake Elementary School in east Federal Way. North Lake also was closed in 1975.

Potential principals for those two new schools will be interviewed in late January and early February, according to Gibbons' schedule. The two top candidates will be announced to the school board on Feb. 12.

Also tentatively scheduled to occur between now and the end of the school year:

• A committee for choosing the name of the Site 41 school will be formed by late February. Suggestions for a new name will be collected from the community.

· Candidates for the two vacant principals' posts will be interviewed between Feb. 12 and 28. The top two candidates, chosen from inside or outside the district, will be recommended to the Federal Way School Board on March 12 and likely will begin work April 1.

• Principals for Mark Twain

and the Site 41 school will begin their new assignments March 30.

• A citizen's boundary committee and study committee for new schools will report to the school board Feb. 26. The report will include recommended boundaries for all elementary schools next year and a recommended site for a possible new school in east Federal Way.

• The school board is scheduled to choose an east-side site at its March 12 meeting, and will settle new elementary school boundaries at its March 26 meeting.

• Families are scheduled to be told where their students will attend school next year by April 30. Letters will be mailed to families in the district, Gibbons said.

Family services center helps widowed

By JODI YANCER

Holiday hustle and bustle leaves little time to think of those who are less fortunate.

For people who have lost a spouse, traditional family celebrations like Thanksgiving and Christmas can be a time of retreat - a depressing plod through the holiday season.

throughout the holiday season.

"For a child, the loss of a parent may be the first realistic experience of death," said Bingham. "A fear that they are different from other kids can be a big problem."

Support for single parents and children is available at the Family Services center, the red her to launch the WIC program.

Today, 10-week courses are offered to single parents and children to help them make the transition to a new way of life.

"The widows we counsel are younger than you might expect," said Bingham. "Whether a spouse dies of a heart attack,

a suding scale. A scholarship fund has been set up for children whose parents cannot afford the fee.

"Ultimately we want to have one family center for bereave ment issues," said Bingham. "But if someone comes here, he or she gets immediate attention to the problem. The key to our

service is keeping things sim-

For more information on the

programs offered at the Burien

ple."

appealing, call the county at 296-6662. Refer to the project by its file number, C8900766.

Cemetery grading doesn't require EIS

yards of dirt off the Gethsemane Cemetery does not require an environmental impact statement (EIS), according to King County officials.

The grading will be done on only three-quarters of an acre of the 69-acre site at 37600 Pacific

ſ

A proposal to grade 3,400 cubic Highway S. The work is being done to install grave liners and . for construction of a wall.

The county's decision not to require an EIS may be appealed until Dec. 27. For information on appealing, call the county 296-6662. Refer to the project by its file number, C8902370.

But United Way's Family Services center in Burien can help widows cope with the loss of a loved one during the holidays.

'We've counseled about 15.000 people over the years since the program started," said Diane Bingham, director of Burien's Widowed Information and Consultation Service. "I don't think people realize the support that's out there until they experience a crisis."

Likewise, the loss of a mother or father to a child can also be particularly devastating

Midwives aren't

what they used

to be.

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oldest counseling agency in Seattle.

"It's important to let people talk about their losses," says Yolanda Hauskins, program coordinator. "Grieving is a part of healing."

Both Bingham and Hauskins have suffered their own losses.

Hauskins' son died in 1978, an experience that allows her to understand a family's bereavement when a child is lost to a parent or another sibling.

Bingham was widowed more than 15 years ago. Her loss spur-

accident or even suicide, we teach families how to cope with death. But most of the people who come here are pretty healthy (mentally) or they wouldn't be here."

Family Services center call 246-Cost of counseling is based on





Council close-up Gates rebels against bureaucratic languor

By KURT HERZOG

It's hard to imagine a rebel who drives a Mercedes Benz and wears Ralph Lauren togs.

But then, it's hardly fair to judge someone's politics by what they drive or wear, is it?

If you were a newcomer to Federal Way City Council meetings, you would probably not tag Councilwoman Mary Gates as "a rebel." Come to think of it, you probably wouldn't call her that even if you had been going to the 75,000 meetings they've had since Oct. 3. (Just kidding, it's only been 70,000 meetings.)

But surprisingly, that's how Gates, the first subject in a seven-part series of close-ups on the city council, thinks of herself. Let her explain.

When people said the Hylebos Wetlands shouldn't be a state park or that Federal Way wasn't a good place for the Goodwill Games pool, Gates rebelled.

"If something is put in my way...and if there isn't a good reason...I'll question it," she said.

Consequently, in part because of her involvement, West Hylebos State Park was created and the games pool is being built in West Campus, she said.

Gates, 46, says she isn't the kind of rebel who gets her way by working against the system. Instead, she works with it.

"You can fight from outside or inside the system," she said. "'It's so much easier inside the system.'

A REBEL who works with the system. Hmmm...That's kind of a contradiction in terms, but Gates' point seems to be that when she sees something she thinks needs to be done, she does

In a way, that qualifies as rebellion against bureaucratic inertia.

Questioning authority is something that goes way back, Gates said.

When growing up in Elgin, Ill., Gates' parents imposed few rules on her, but when they did she would resist, she recalled. Also, in high school, she was known as a "rabble-rouser,"

Today

PARKS - The Parks and Recreation/Cultural Affairs Committee of the Federal Way City Council will meet at 7:30 a.m. at city hall, 31132 28th Ave. S. For more information call 941-1696.

WATER DISTRICT 75 - The board of commissioners will meet at 7:30 m at the district office, 19638 28th Ave. S. For more information call 824-0375. 356TH Residents along South/Southwest 356th Street who . are concerned about plans to widen the road will meet at 7:30 p.m. at Federal Way School District headquarters, 31405 18th Ave. S. For more information call Pat Owen, 927-3896, or Gaylon Tevis, 927-1640.

often questioning teachers. By her own account, her teenage years sound storybook nor-mal, hanging out at the Igloo

drive-in, eating pork tenderloin sandwiches and drinking milkshakes. Gates also met her husband,

Bill, during high school. The two met in typing class. He learned to type, she didn't, Gates said.

She was apparently intrigued by him because he was the only person in the school to score higher than her on a history test. On the surface, the two seem evenly matched. Both are strong achievers, if not over achievers.

GATES EVEN works hard at relaxing, listing her hobbies as reading, silk-screening, tennis, . badminton, ping pong, cooking, baseball, music, rose gardening and watching sports.

Gates is a communications instructor at local colleges and Boeing. She has a master's degree in interpersonal communication. Bill is a stock broker with Merrill Lynch with a master's degree in business and is a board members of the King County Library System.

The couple were voted citizens of the year by the Federal Way Chamber of Commerce in 1988.

By her own admission, the two have done well and have all the trappings, of success: two Mercedes Benz automobiles, an impressive home in the upscale Ridge section of West Campus, and two handsome children, a 14-year-old son and a 7-year-old daughter.

But neither Mary nor Bill come from a wealthy family and they haven't always lived in such comfort.

After being married in 1967, We had zero dollars," she said. "We took \$20 out of the wedding envelope to pay for a three-day honeymoon.

"Life's been very good to us, but there was never a silver spoon or a silver platter."

Judging from her performance on the council, it's easy to believe Gates has worked for what she's got. She also appears to have the respect of her fellow council members and was elected deputy mayor.

In fact, even after winning the election, Gates filed a complaint against Shortt with the state Public Disclosure Commission on the grounds that Shortt's harassed one of her campaign workers and misrepresented her position on issues.

The PDC did nothing with the

file the complaint to be vindictive, but to get the alleged violations on the record so similar campaign practices don't "reappear in other races and even escalate."

The bottom line is that Gates wanted the council seat badly. Has it been worth the long hours

Gates said that although she's occasionally been frustrated by the slow bureaucratic process, she hasn't been disappointed in

AS A communications consultant to Boeing and other corporations, part of her job is to analyze group dynamics. Regarding the city council, she says the seven members are working well together.

MARY AND BILL Gates have both been active in the Federal Way community since moving here 15 years ago. Mary was elected to the city council in September. a close second. Neither cancomplaint. Gates said she didn't didate shied away from attacking the other's professional or personal qualifications.

of campaigning?

the council.

"I think the council is happy together," she said. "It's a very good group."



Kids must value schools, says Billings By BECKY KRAMER Kids must realize that what

Way's book-keeping.

they're taught in school has practical applications, and staging field trips to work sites is one way to show them, says Judith

have a vague idea that their

parents go to work every day,

but they don't know what their

parents do and what kind of

skills they need to succeed, said

SHE IS ALSO chair of the

council's Budget, Finance and

Insurance Committee and work-

ed quickly setting up a \$1 million

loan from Security Pacific Bank

and arranging to have the city of

Auburn initially handle Federal

In her campaign against Bill

Shortt, Gates ran an efficient, if

not aggressive battle. The race

between the two candidates was

not the ugliest in town, but it was

dience about ways to serve students at risk and to recruit and keep people in the teaching field.

She also blasted a proposal supported by Gov. Booth Gardkids in this state, she added. "It's not that schools should be

the ones providing all the social services," she said. "But that's where the kids are. That's where you get your hands on them.

children that people say we do not do a good job of teaching.

"WE NEED to make sure what we do in the public school system gives (every child) the hope of being somebody," she

Thursday

HUMAN SERVICES - The Human Services Committee of the Federal Way City Council will meet at 7:30 a.m. at city hall, 31132 28th Ave. S. For more information call 941-1696. TRANSPORTATION/LEGIS-LATIVE - The Federal Way Chamber of Commerce Transportation and Legislative committees will meet at 7:30 a.m. at Coco's



Public Meetings

Restaurant, 32605 Pacific Highway S. For more information call 838-2605 or 927-2556

commissioners will meet at 4 p.m. at fire district headquarters, 31617 First Ave. S. For more information call 839-6234.

Friday

GENDA

PUBLIC SERVICES - The Public Services Committee of the Federal Way City Council will meet at 7:30 a.m. at city hall, 31132 28th Ave. S. For more information call 941-1696.

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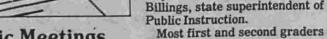
941-0156

Don't throw away those plastic soft drink and liquor bottles you'll be using during the holiday season. They are worth 8 cents a pound at the Neighborhood Recycling Center at 34300 Pacific Highway S.

More plastic bottles are used during December and January than at any other time of the year because they are lightweight, safe and come in economical sizes.

Polyethylene terephthalate (PET) plastic has been recycled throughout the state since Febraury in a program sponsored by Johnson Controls Inc. and the National Association for Plastic Container Recovery.

The recycled containers are used to make new containers, carpet fiber and polyester fiberfill. About 20 percent of all PET bottles are recycled nationwide.



Billings, speaking to about 30 FIRE DISTRICT 39 - The board of

her teaching days. Teaching the value of an education is a key to making students successful in school and productive members of the

BILLINGS CAME to the school district to talk about the National Education Summit she attended earlier this fall. But she spent most of the evening fielding questions from the auner that would allow parents to enroll their children in the school district of their choice.

Billings advocated a closer relationship between schools and government to help students at risk of dropping out of school. The number of at-risk students will soon comprise 36 percent of

"Kids don't just come in with their minds. They come in with their hearts, their bodies and their souls," Billings said. As every teacher knows, abused, hungry and homeless kids don't keep up with their peers, she said.

"And these are examples of

added. Clarence Moriwaki, a Tukwila City Councilman, told Billings that several of his friends leftteaching because of the low salary. In 1992, teachers will be required to have a master's degree to receive continuingstate certification.



Incinerator sends first jolt of volts

Tacoma City Light continued testing its tideflats incinerator and generated electricity for the first time Saturday at the plant.

The incinerator, designed to burn garbage, wood and coal to push power-generating steam turbines, used only wood Saturday and Sunday, producing 5.4 megawatts the second day.

Testing is expected to continue for several weeks, using combinations of garbage, wood and coal to reflect how the system will operate when fully operational.

Last week, the state Department of Ecology (DOE) agreed to extend an expired grant to Tacoma City Light to help pay for the incinerator.

The utility, which owns the \$48 million plant on the Hylebos Waterway, stands to gain about \$1 million on construction-cost reimbursements through the grant.

The grant expired last June and is extended through March 1990.

As a condition of the extension, DOE is requiring City Light to complete an environmental impact statement (EIS) regardless of a lawsuit challenging the need for it.



News Digest

The city has challenged the state's right to require an EIS in a lawsuit set for trial Jan. 8 But the trial might never happen if the court decides to

rule on either one of two motions for summary judgment filed in the case, one by the city and one by the state.

As a second condition of the grant extension, City Light will be placing two more ambient air monitors in Northeast Tacoma, on the bluff overlooking the tideflats.

The new monitoring stations are being required in response to concerns raised by Northeast Tacoma residents over pollutants generated by the incinerator.

Sims responded that his pro-

The county's population is ex-

pected to grow to half again its

current population, to 650,000,

by the year 2020. Officials say

that half of that growth will be

in unincorporated King County.

If Sims' charter amendment

The council is not expected to

number on it, which should be

placed on the rear license plate

Citations may be issued to

those owners who don't apply

the request of the Washington

State Patrol and other police

departments around the state.

cost because of the new tabs.

There will not be any added

The change is being made at

the tabs to their front plate.

is approved, it will be on the

ballot in Nov., 1990.

as in the past.

By KURT HERZOG The city of Federal Way and the state parks department will said.

idays.

City, state and King County officials met Friday to iron out the details on the purchase of the wetlands. If all goes according to plan, the land will become part of the West Hylebos State Park, which is surrounded by the parcels slated for acquisition.

in the 1989 open space bond. If an agreement is approved by the Federal Way City Council, the city will receive the bond money from the county. The state will then acquire the land for the city and the city will in turn agree to have the state manage the land as part of the state park.

the acquisition process will be paid to the state out of the open space bond money.

The council is expected to vote on the agreement sometime after Jan. 1.

Webster met with Keith Artz of the county's open space program and Randy Person and Andy Kramer of the state parks department. The officials sat down to prioritize the purchase order of about 20 parcels owned by various property owners around the wetlands.

THE PARCELS were prioritized because officials aren't sure if the \$2.2 million included in the bond issue for the 96 acres will be enough money. Only rough appraisals were done on the parcels for the bond issue and the more exact appraisals required for acquisition may reveal the land is worth more.

If any property owners choose not to sell their land for the state's appraised prices, the city may condemn the land through the court system, Webster said.

The land is owned by a variety of property owners including the Federal Way Water and Sewer District, which owns a potential well site, Puget Power and former Federal Way resident Vern Freese, who owns the most of any landowner around the wetlands.

The state hopes to have a ing lot for the park.

told that the Legislature is get-

City, state hammer out parks deal

reach final agreement on a deal to purchase 96 acres of the Hylebos Wetlands after the hol-

Those parcels were included

Any costs incurred through

Friday, Councilman Jim

parcel on the southeast side of the park purchased by June in order to begin construction on an interpretive center and park-

The money for the center has been in the state budget for four years. Parks officials have been

ting tired of setting the money aside and if it's not spent by June, it will be gone, Person

HOWEVER, the state could be persuaded to keep the money in the budget after June if the city and the county write letters to the state asking that it be kept in.

Webster and Artz agreed to do that.

The Hylebos acreage is not the only open-space within the city limits included in the county's bond issue, but it is the only land the state will help the city acquire.

King County will handle negotiations for one of the three other sites - 25 acres south of Southwest 363rd Street between 10th and 14th avenues southwest that is threatened by development.

However, the city will have to arrange for the acquisition of the other two parcels that were included in the bond issue.

Those parcels are 10 acres in the Adelaide/Lakota area and 95 acres of Spring Valley.

The city may have private real estate professionals acquire the land for the city at no cost, or it may contract with a law firm. The council hasn't decided what method to use for those acquisitions.

County staff will continue to purchase other properties in the unincorporated parts of the county, including 31 acres in the Lake Killarney area and 15 acres in the Camelot area. However, an acquisition team recently created by the county has been derailed by the departure of the team's head, Robert Tovar, for a job on incoming Seattle Mayor Norm Rice's staff.

Acquisitions will begin after a replacement is hired, Artz said.

speed habits of motorists using

the road, and sets the limit at the

speed traveled by the majority

establish a speed limit that is reasonable," said Chuck Horn-

buckle, DOT engineer for Pierce

County. "What we're after is to

get maximum voluntary com-

Setting the limit at a speed

that promotes voluntary com-

pliance means fewer law en-

forcement headaches for

motorists and the police' Horn-

Drivers can expect to see the

new, consistent speed limit take

effect along Milton and Porter

ways early next year, probably

in February, Fromm said.

"The whole intent here is to

of them.

pliance."

buckle said.

ease shifty Changes limits

By JEFF JOHNSON

State engineers are taking the guesswork out of driving the speed limit along Milton and Porter ways (State Route 514) in Milton.

At the request of the Milton City Council, the state Department of Transportation (DOT) will adjust the limit along the 21/2mile stretch of state highway to a uniform speed.

The current limit along the highway, which connects Meridian Avenue East and Pacific Highway South through the center of Milton, varies from 20 mph to 40 mph and changes speed five times.

The fluctuation is a constant source of friction between drivers and law enforcement officers.

"Every day, it creates problems," said Milton Police Chief Ron Pease. "It's confusing to people when they're getting a citation for violating a 35-mph zone and they're sitting by a 40mph sign."

Last week, the city council approved a resolution asking the state to make the speed limit 30 mph along the entire stretch of

road, except in the school zones, where it will remain at 20 mph.

"We are trying to make it a consistent speed," said Jack Fromm, head of Milton's public works.

The council settled on 30 mph to increase the likelihood that motorists would slow down in the 20-mph school zones. The council also asked state engineers to put flashing yellow lights on school-zone signs to further protect pedestrian students.

The city cannot unilaterally change the limit on state highway, however, and must wait a decision by DOT, which conducts traffic studies before setting the final speed.

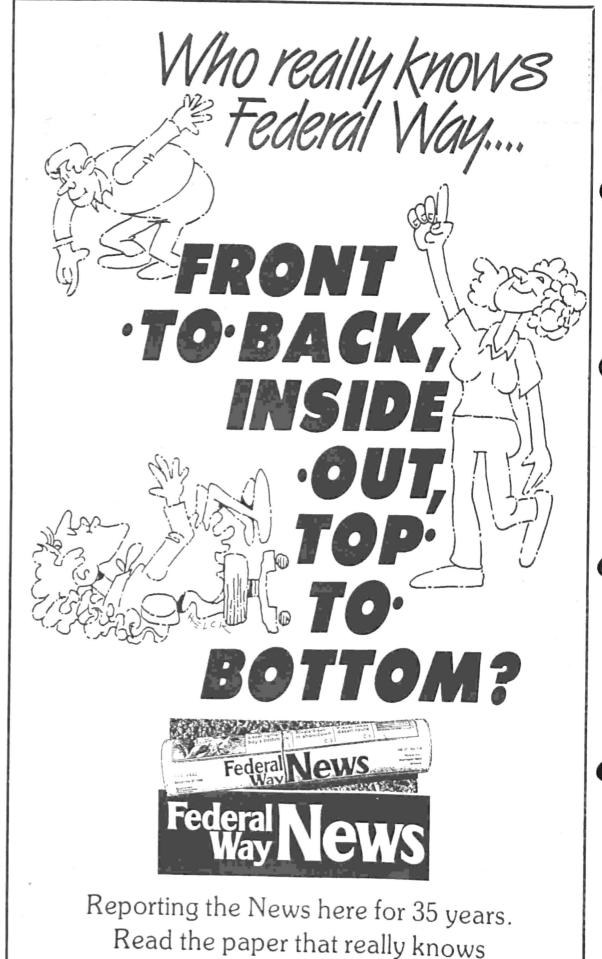
DOT measures the driving-

Metro's lost and found is filling up

You may be about to make a donation to the Salvation Army and don't know it.

Metro reports that passengers are more likely to leave items on buses at this time of year than any other. Some of the more unusual objects left behind on buses include a baby, a human heart, a spider collection and a life-size inflatable doll.

Metro keeps items in its lostand-found for 30 days and then donates them to the Salvation Army. Call 684-1414 about claiming items you may have left on; the bus.



Voters could slow growth Voters could have final say skyrocket.

on the pace of growth in unincorporated King County, if the County Council approves a proposed charter amendment for next fall's ballot.

The measure, introduced by out-going County Council Chairman Ron Sims last week, prohibits development unless infrastructure, including schools, roads, parks, water and sewer systems, is already in place.

Builders and developers reacted with alarm, saying that the charter amendment would force housing prices to

take action on the proposal until next month.

Front plate tabs required

Beginning in 1990, when automobile owners purchase new license tabs for their cars, they will purchase three tabs.

Owners who buy their 1990 tabs, which expire in 1991, will be required to put an additional tab on front license plates instead of just on the rear plate.

Owners will be issued a month tab, a year tab with the word "front" stamped on it, and a year tab with a control

posal "only says that you have to have the infrastructure (in place) to handle the growth."

Ex-school official draws sentence for sex charge

By LYNN FRANCISCO

James Thomas Mast, the former director of transportation for the Highline School District, was sentenced to three years in prison on Monday, following his conviction last fall of child molestation charges.

But Mast, a Federal Way resident, could remain free for a year or longer, while his conviction is being appealed.

King County Superior Court Judge Donald Haley agreed to release Mast until Friday, when he must post a \$25,000 bail. If the bail is raised, Mast will not report to prison until his appeal is decided, which could not happen for at least a year.

MAST, 46, WAS convicted in September of molesting a 10year-old girl in 1983. At the time, the child was living with her mother and Mast, who had married the girl's mother.

Mast had contended in his trial that the molestation charge was fabricated because Mast Auburn was involved in a custody dispute over the step-daughter of his current wife.

The September verdict was Mast's second conviction for indecent liberties. The first came in 1984, when he pleaded guilty to molesting the step-sister of the most recent victim. At that time, Mast was sent to an outpatient sex offender

The two girls' mother, and one of the victims, were at Monday's sentencing.

Anndrea Raymond, of Bellevue, now 21, said she was pleased with the sentence, but angry that Mast continues to maintain his innocence. Her mother, Carol Biggs, of Kent, said that the events of the past year "have been so hard on the girls."

The younger victim, now 17, only recently was able to straighten out her life, said Biggs.

"This (verdict and sentence) has taken a real load off her shoulders. She's starting to act tion, call 931-3043.

like she has a life again," she said.

DEPUTY PROSECUTOR Ray McFarland had asked for a 10-year-sentence for Mast, citing the "multiple incidents (of molestation) over a long period of time." According to the charges, Mast sexually assaulted the girl numerous times over a 14-month period.

But the defense argued that Mast had successfully com-pleted sexual deviancy treatment, and should be considered for a reduced sentence.

Before announcing the sentence, Haley said he had received "numerous" letters of support from family and friends of Mast, most saying they could not believe he was guilty of the offense.

But McFarland urged the judge to downplay the letters, saying they were "common in

hosts ballet

presents Balletacoma's production of "The Nutcracker," Dec. 20 at 7:30 p.m. in the Auburn Performing Arts Center.

Howard Epstein and Mireille Leterrier, of Northwest Chamber Ballet. Choreography is by Jan Collum, Balletacoma artistic director, David Hitchcock and Erín Ceragioli.

Advance tickets are on sale at the Auburn Public Library, Parks and Recreation Department, the Performing Arts Center, Green River Music and Rottles Department Store. Tickets are \$7. Seating is not reserved. For more informathese types of crimes."

In his own defense Mast quietly told the judge, ''I'm innocent," but promised to respect the court's decision.

IN HANDING DOWN the three-year sentence, Haley reminded the defense that "two children have been impacted by Mast's misconduct.

"Mast was undoubtably emotionally ill when he committed this offense. Notwithstanding, (the offense) merits a sentence of 36 months in the Department of Corrections," said Haley.

The sentence also prevents Mast from having any contact with females under the age of 18, including the step-daughter who is the subject of the custody dispute.

Mast left his \$45,000-a-year position with the Highline School District in mid-September, shortly after his conviction.

The Auburn Arts Commission

Featured guest artists are



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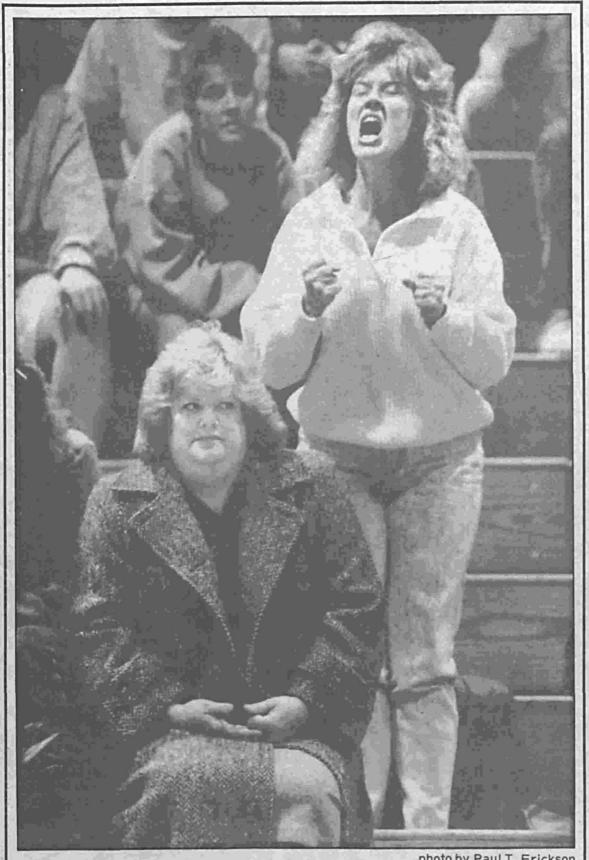
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Wrestlemania mom

photo by Paul T. Erickson

WRESTLING FAN Shelley Middlebrooks (top) cheers on her son Mike, a 122-pound wrestler for Thomas Jefferson Friday. Despite his mother's best effort, Mike lost 6-4 to Brian Sterbens of Federal Way High School. The other fan was not identified.

Metro bus routes subject to 'snow alert' conditions

When snow or ice poses driv- buses and timetable outlets by night. Once buses are rerouted,

Holiday break means fun and games for kids

Behaving themselves until Santa shows up Monday will probably be enough to keep most kids out of trouble. But once all the wrapping paper has been shredded, parents may want to know what they can do with children on holiday break from schools.

Federal Way schools will be in recess from Dec. 21 to Jan. 1. The following activities have been scheduled with vacationing students in mind.

Federal Way YMCA Winter Camp

Working parents will want to enroll their children in the educational program. Drop off at Panther Lake Elementary is as early as 6:30 a.m., and pick up is as late as 6:30 p.m. The camp will run Dec. 21, 22, 27, 28 and 29, and will feature a variety of physical and educational activities - swimming, visiting the Museum of Natural History, ice skating and performing in a play.

Sign-ups are accepted for any combination of days. The fee is \$20 a day for non-members, \$14 for members. The school is at 34424 First Ave. S. Call 874-8629 for information.

Holiday Break Fun and Games

King County Parks will offer organized activities for children ages 6 to 12 Dec. 26 through 29 at the Des Moines Park Activity Center. Activities will include a board game Olympics, a pizza feed and crafts. The program will meet from 10:30 a.m. to 1 p.m. The fee is \$22 for all four days. Pre-register by Dec. 22. Call 941-0655 or 296-4279 for in-

formation.

Pattison's West **Skating Rink**

The skating rink will hold two public skating sessions a day throughout the holiday break. Sessions run from 1 to 3:30 p.m. and from 2:30 to 5. The rink will be closed Christmas Day. It is at 34222 Pacific Highway

S. For a recorded schedule, call 838-5788.

Federal Way Pool

Public swims are held from 7:30 to 8:30 p.m., Monday through Thursday, and from 7 to 9 p.m., Friday. Admission to the one-hour sessions is \$1, and to the two-hour session, \$2.

The pool will be closed Christmas Day and New Year's Day. There are no special programs scheduled because the pool is currently home to groups that swim at the Auburn Pool, now being remodeled.

The pool is at 30421 16th Ave. S. Call 839-1000 for information. Federal Way Library

The library will screen the Walt Disney movie, "The Rescuers," at 2 p.m., Dec. 26.

Though admission is free, participants need to pick up tickets in advance. The library is at 848 S. 320th St. Call 839-0257 for information.

> **Pacific Science** Center

The science center in the Seattle Center will hold a Science Circus from 10 a.m. to 6 p.m., daily, Dec. 26 to Jan. 1. In addition to normal programs, there will be face painting, games and a number of special exhibits.

Paid admission to the circus includes admission to Laser Nutcracker, which will show every half-hour.

Admission is \$5 for adults (over \$14), \$4 for children (6 to 13) and seniors, and \$3 for young children (2 to 5). Call 443-2001 for information. The science center's street address is 200 Second N., Seattle.

Gas station is hit by robber with gun

An armed robber made off with cash from a Federal Way gas station Saturday night.

The robber, armed with what the store clerk could describe only as a 10-inch handgun, approached the counter, displayed the weapon, and demanded money. This happened at 8:15 p.m., and no other customers were in Lake Crest BP at Military Road South and South 288th Street.

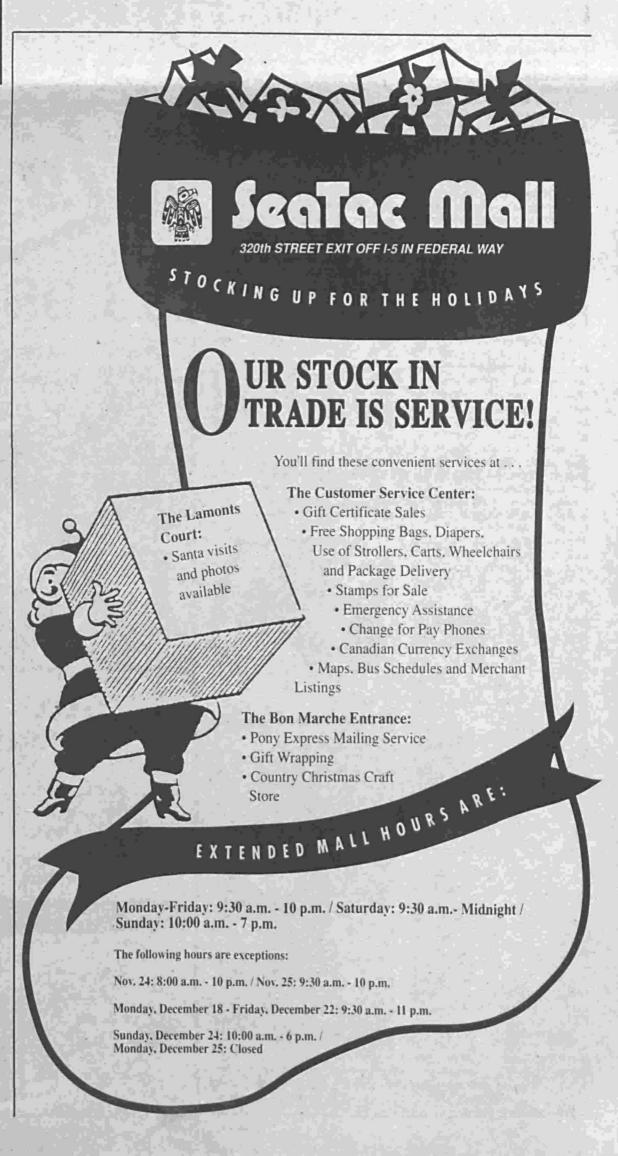
The robber demanded the cash in the till, and then asked for money hidden underneath the cash drawer. The clerk complied, and the bandit ordered him to sit on the floor for at least two minutes, then fled.

As soon as the gunman left the store, headed northbound, the clerk pushed the alarm and police responded. A search and



K-9 track turned up no sign of the man.

The robber is described as white, 25-28, 5 feet 11 inches tall and 160 pounds, with light brown hair and blue eyes. He wore a gray jacket and a gray baseball cap.



ing hazards this winter. Metro will reroute service, if necessary, on 86 bus routes to

bypass hazardous, hilly streets. Information about these reroutes is contained in the timetables of the affected routes or in a special "Snow Rider Alert" brochure.

Whenever possible, Metro's public information staff will announce to the news media which, if any, routes are being rerouted or areas are being affected. Many radio stations announce changes in Metro service caused by snow or icy conditions.

Reroutes shown in current timetables are for Nos. 2, 3, 4, 12, 13, 30, 32, 42, 50, 71, 74 and 76 serving Seattle; 114, 149, 158, 159, 160, 161, 163 and 340 serving south King County; 220, 225, 226, 228, 229, 230, 231, 235, 240, 245, 247, 249, 250, 255, 256, 260, 262, 263, 267, 268, 270, 272, 273, 274 and 275 serving the Eastside; and 307, 309 and 377 serving north King County.

Reroutes that will be shown in the "Snow Rider Alert" brochure are for Nos. 5, 16, 17, 19, 22, 24, 26, 27, 28, 29, 33, 34, 37 and 39 serving Seattle; 106, 107, 108, 113, 118, 119, 124, 132, 136, 136 express, 137, 148, 162 and 170 serving south King County; 202, 205, 253 and 258 serving the Eastside; and 301, 302, 303, 304, 305 and 306 serving north King County. The "Snow Rider Alert" brochure will be available on

Knife fight sends man to Harborview

An 18-year-old Federal Way man was rushed to Harborview Medical Center Friday night after he was stabbed in a fight.

The young man had been retrieving a friend's couch from a Redondo Beach Club Estates apartment at 7:30 p.m. when he got into an argument with one of the occupants. The argument escalated into a fight, which turned into a small melee when other friends of both men joined

When the last punch was thrown, the 18-year-old was found doubled over and bleeding from two stab wounds, one in the groin and one in the hip. Fire department aid crews treated him, then took him to Harborview. He was still hospitalizmid-December.

Depending on road conditions, Metro may operate chained shuttles along difficult portions of some routes to connect with buses that can continue the route, usually without chains. These shuttles, which follow regular routing, carry the designation, "shuttle." Routes that may use a chained shuttle are Nos. 2, 3, 4, 7, 13, 18, 21, 27, 36, 42, 71, 74, 136, 137, 145, 148, 150, 176, 210, 211, 254, 255, 258, 275 and 307.

Other buses will follow their regular routes whenever possible although adverse conditions may warrant some unplanned rerouting of buses to avoid icy conditions.

'We recommend that our riders keep their timetables or the 'Snow Rider Alert' brochure for handy reference to use when they hear we are modifying service because of snow or ice," said Paul Toliver, Metro transit director. "Timetables for affected routes and the brochure show alternate routing for snowy or icy conditions.

"We also recommend that people who do not regularly ride our buses, but who might during adverse weather pick up a timetable for routes serving their area," Toliver said.

When snow or icy conditions prevail, Metro will implement reroutes - anytime, day or



Police

ed Monday in satisfactory condition.

His assailant, an 18-year-old Federal Way man, was contacted on the phone by police, and promised to turn himself in. He later showed up at Precinct 5, where he was arrested. He was booked into the King County Jail for investigation of aggravated assault.

they will remain on reroutes throughout the day - even if conditions improve.

"Our buses are more crowded than usual and not always on schedule in snow or icy condi-tions," Toliver said. "Many new riders depend on Metro to help them get around in the snow. And buses operate under the same - usually slower - traffic conditions as other vehicles."

Metro riders should wait at bus stops at the very top or very bottom of hills, Toliver said, because buses are often unable to make passenger stops located on inclines. Also, it's best to head for a bus stop on a main arterial.

"Metro will continue operating wheelchair-lift service along regular routing and according to usual schedules," Toliver said. "We ask that disabled riders try to use lifeaccessible zones on level ground."

Buses will continue to stop in park-and-ride lots and make regular stops even if the snow has not been cleared. If conditions in a park-and-ride lot are hazardous, buses will pick up passengers on the street in front of the lot.

Carpool and vanpool riders should check with their drivers to discuss snow plans before it snows or roads become icy, Toliver said. Custom bus riders should check their timetables for snow route information, then call 684-1743 to find out of their buses will operate on revised routes.

Many new riders may be trying to get information about the routes nearest them when it snows. Riders calling Metro's 24-hour rider information number, 447-4800, may have to try several times to get through. Keep trying and then stay on the line until the next available information operator answers, Toliver said.

A general guide to bus service during snow, "Metro in the is available at Metro Snow," timetable locations.

Timetables are available at local libraries, 7-Eleven food stores, Bartell Drugs, Albertson's Food Center and major shopping malls. The special "Snow Rider Alert" brochure will also be available at these locations.

Officials urge caution with discarded syringes

By SHAUNA BROWN

The widely publicized story of a little boy who found a used hypodermic needle in the bushes at Green Lake last summer has aroused public concern over what to do when discarded needles or condoms are found in public, or even private, areas.

"This is a new problem," says Ben Leifer, Seattle-King County Health Department spokesman. "I suspect it's not a major problem in terms of the number of needles found, but there's a perception in the mind of the public that it's a growing problem."

Growing or not, King County maintenance workers do occassionally find discarded syringes in local parks. When that happens, workers separate the syringes from other refuse.

"When we find them, they're put in plastic containers and disposed of," said John Duncan, county maintenance supervisor. During this year's annual Federal Way Spring Clean, organizers handed out rubber gloves to protect participants. Several volunteers reported finding syringes, and some youth groups are considering not taking part next year because of the danger posed by syringes, said coordinator Mary Ehlis.

THE MAIN thing that people are concerned about, Leifer says, is the transmission of blood viruses, such as the human immuno-deficiency virus (HIV) or hepatitis, from picking up a discarded hypodermic needle. However, someone who finds and disposes of a needle is not likely to catch these diseases, even if they get stuck, he says, because a large amount of the virus is required to transmit the disease.

The greatest risk to someone who does get stuck by a discard-

ed needle is a local, bacterial infection. Leifer says infections can be treated by antibiotics.

Nevertheless, because of the public's growing concern, the Seattle-King County Public Health Department has issued a fact sheet, "You Can Protect Yourself and Children from H a z a r d o u s O b jects in Playgrounds." The flyer provides information on how to handle and dispose of syringes, needles and condoms. The flyer also stresses the low risk of disease transmission from finding and throwing away these items.

These are the three basic points the health department recommends for parents and those in charge of children:

• Teach children not to pick up or play with certain discarded objects they may find in a park or public place without first checking with an adult. Tell them that some things are "adult-only," or "don't pick up" items.

• Keep a close eye on your children; proper supervision of children against risks and hazards is a key element for safety.

• Check play areas regularly for unsafe and discarded objects. If appropriate, modify the play environment by trimming hedges that could harbor needles or condoms, or by adding fences.

The health department will not come and pick up used condoms or discarded syringes, so citizens should know how to dispose of them properly.

If you find a used condom in a park or yard, the health department suggests washing your hands with soap and water after direct contact for safety and aesthetic reasons. Used condoms are very unlikely to spread any diseases, especially if the condom has dried.

USE GLOVES or a tool such as tongs or a rakes to pick up the condom, or wrap it in paper or plastic, and put it in the garbage.

Children should be told not to pick up used condoms, and if children are too young to understand about condoms, tell them not to pick up "balloons."

If you find a hypodermic needle, use gloves or a tool to pick up the syringe and the needle. Hold the syringe only by the plunger or barrel, and not by the needle. Put the syringe in a wide-mouth, hard plastic container or metal can with the needle pointing down, and seal the container. Properly contained needles can be brought into any health department clinic where they will be sterilized before going to a landfill. They can also be placed in your garbage. Don't put the needle in a glass container, because it may break and put transfer station employees at risk of needle puncture injuries.

If you or your child receives a puncture from a discarded needle, provide first aid by washing the puncture site with soap and water. If any signs of local infection occur, such as redness or tenderness or a temperature, contact your doctor.

Shauna Brown is a student in the University of Washington School of Communications' News Laboratory.

Airport operates noise hotline

Sea Tac Airport operates a 24-hour hotline for reporting unusual aircraft-related noise. The number is 433-5393.

High expectations can boost anxiety

By KARLA A. SMITH

The cat got hold of your tree lights. The in-laws are coming. Your children are yelling for you to come see the latest toy on TV. You haven't bought a single present yet and your checkbook balance is decreasing.

These common follies, and others that will probably occur, may lead up to that old familiar feeling of holiday stress that tends to abound this time of year.

Yet, these little irritants may contribute to a broader feeling of stress and anxiety. A common reason for holiday stress, experts believe, is expecting the holidays to go a certain way, and realizing that it isn't meeting those expectations.

"I think we have unrealisitic expectations. We roll up memories of what Christmas should be," and they will never be met, said Sharon LeVan, general manager of Health at Work, a division of Group Health Cooperative.

That easy-to-spend, hard-tokeep checkbook balance is another source of stress, the experts say. People may feel guilty when they can't give as much as they would like.

"They want to do more than they realistically can," LeVan said.

fills and a loss of the Alexandre

too familiar, don't despair. Here are a few tips to help ease your way through the holidays.

• Take time to remember what is important. Plan activities that are fun for

the whole family. "Try to kick back and really enjoy the holiday," LeVan suggested.

"Take time out and decide what type of holiday season (you want) and then take the steps to achieve that," Pagano said.

• Avoid overeating and too much drinking.

Try to eat regular meals throughout the season and be aware of what you're eating. Propose one day at the office when everyone can bring sweets and holiday snacks instead of a steady stream of these foods over the month.

Eat something nutritious before going to parties. Alcohol on an empty stomach is not healthy.

• Stay in tune with your regular sleeping hours as much as possible and continue exercising.

• Remain tuned in to your selftalk and emotions.

Listen to yourself and hear what frustrations you have. "The thing is to plan for the

holidays and think about what emotions and conflicts will come up," Pagano said.

Realize there will be delays,



There are also the times where "'tis the season to be jolly," and you really don't feel like joining in. Robert Pagano, associate professor of psychology at the University of Washington, suggested the forced merriment of the season as another contributor of stress.

Some "may feel obligated to go with it," he said, and then realize there may be something wrong with them because everyone else is happy and they're not.

If these situations sound all

frustrations and disappointments during the holidays. Share feelings of sadness or loneliness, possibly by getting professional help, if necessary. • Pay attention to yourself.

Take time to be alone, meditating or relaxing. Plan some time together with friends, or indulge yourself in some activity you enjoy.

Karla A. Smith is a student in the University of Washington School of Communications' News Laboratory.

Robber takes man on weird road trip

An armed robber forced a Federal Way man to take a frightening road trip to Tacoma Saturday morning before allowing him to return home.

The 23-year-old man said he was on his way home from a friend's house at about 2:30 a.m. when he stopped at a convenience store to use the bathroom. While there, he agreed to give a man he met there a ride to South 288th Street and Military Road.

But once the man got into the car, he pulled a hunting knife, and ordered the driver to take him to Tacoma. They drove to an area that may have been near Saint Joseph Hospital, and parked along a residential street. There the knife-wielding man demanded money from the driver, who responded that he was broke.

The robber then searched the car, taking two checkbooks from the glove box.

He ordered the Federal Way man to continue driving, and they made two more stops. In an alley, the robber took the driver's wallet, and upon finding it empty, forced him to remove his pants, shirt and shoes. The robber searched the clothes for money, but did not return them until they had driven to yet one

MAKE A DIFFERENCE



more location.

At the last stop, the robber told the driver he would return the shoes for \$2, which the man did not have. So the robber kept the shoes, and left the car.

The Federal Way man drove to a nearby gas station and told the clerk he'd just been mugged. The sympathetic clerk gave him a cigarette and \$1 worth of gas, and the man went home, where he called police. He said he didn't notify Tacoma police while at the gas station because he was frightened and just wanted to get home.

He described the robber as a black man in his 30s, 6 feet tall and weighing 180. He may have had a mustache and worn a hat, as well as jeans and a light green jacket. **Federal Way News** Wednesday, December 20, 1989

Sports



Notre Dame courting Eagle, but Lake is taking his time By CHUCK MINGORI

H or Lake Dawson, the future is full of hope, high expectations and at least one big decision. The Federal Way High School senior is considering football scholarship offers from four Pac-10 schools (UCLA, Washington, Washington State and California) and one major independent (Notre Dame).

He already has visited two of these schools - Notre Dame and $\rm WSU-$ and will visit the remaining three in January before making his final decision in time for national letter of intent day in February.

"Right now I have a pretty good idea of what college I want to attend, but I don't want to say anything now," says Dawson, a standout in football, basketball and track who also maintains a 3.3 grade point average. "It's kind of early."

The gifted athlete became a coveted target of college recruiters this year after making a preseason super-prep magazine list and then earning All-South Puget Sound League Puget Division firstteam honors as a wide receiver and defensive back for the Federal Way Eagles.

Dawson was named SPSL Puget Division Offensive Back of the Year after hauling in a league-best 46 receptions for 634 yards and 14 touchdowns. He also intercepted eight passes.

FOR HIS EFFORTS, Dawson has been rewarded with several other post-season accolades, including being named to The Morning News Tribune's All-Area team, the Federal Way News' All-News team, the Seattle Times' Star Times team and The Morning News Tribune's All-State team. .

Dawson also has been selected as the 1989 Gatorade Circle of Champions Washington High School Football Player of the Year to qualify for consideration as one of eight regional and one national player of the year awards.

Dawson has had college recruiters not only telephoning his home and visiting him at school, but knocking on his door as well. "It gets kind of busy sometimes," explains the 6-1, 195-pound

senior. "It doesn't bother me. Sometimes it bothers my mom. I feel like I'm kind of blessed to have people want to talk to me all

the time." The occasional 10 p.m. calls at the Dawson home can be a

nuisance, though, especially to his mother, Marlene.

Continued on B-2

Decatur boys fall to Conquerors, 55-50

to Kentwood at home in nonleague action Saturday.

The Gators fell to an even 3-3 overall with the loss- but they still boast a 2-0 record in South Puget Sound League Sound Division play.

Decatur was up by nine points Saturday at 50-41 with four and a half minutes to play, but the visiting Conquerors scored the last 14 points of the game to wrest away the win. Gregg Landskov was the Gators' leading scorer in the loss with 13 points, and Josh Austin also reached double figures with an even 10.

The Decatur boys' basket-ball team absorbed a 55-50 loss standing at 3-0. The Gators met Kent-Meridian head-tohead last night in their last

league action until Jan. 5. DECATUR does have two big non-league games scheduled for next week, though, when the Gators host both of their crosstown rivals.

Federal Way drops in for

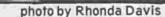
Anglers forsaking steelhead for salmon Despite the siren call of the incoming steelhead, many Puget Sound-area anglers are foresaking the rivers for

the salt water. Their target: "kuro koochie" (Japanese for blackmouth salmon). No matter what you call this voracious, teen-age version of a king salmon, the activity is brisk and the rewards sporting and tasty. Probably the foremost fishing club when it comes to this type of fishing is the Poggie Club of Washington. In existence for some 57 years, this club annually hosts a sixweek course on salt-water salmon fishing. For those wishing to learn more about times and costs, call Mike Johnson at 789-7946. Another good bet is to call Highline Community College and



out on Puget Sound with six experts who will offer firsthand help to improve your fishing skills. Well-known broadcaster Bill Davis, author Fred Vander Werff and myself will join three long-time area anglers, Tom Walls, Dick Moss and Phil Klukas. Lunch, tackle and bait will be provided aboard the Nor'wester from Northwest Fishing Services for the trip on the sound. Entry blanks are available at the Reel Thing, 31211 Pacific Highway S. No purchase necessary, must be 18 or accompanied by an adult to register. The drawing will be Jan. 10 and entries close at the end of this month. The winner can bring a guest of his or her choice. According to statistics

released at this month's South King County Chapter of Northwest Steelheaders, the Green River peaks with top numbers of steelhead on Dec. 28. Reports this past weekend were not as strong as expected. Flaming Geyser had the strongest reports



LAKE DAWSON'S close-knit family life has played a big role in his success at Federal Way High School. Dawson is considering scholarship offers to play football from four Pac-10

schools and one independent. The Dawson family (from left to right) is Lewis Jr., Lewis Sr., Marlene and Lake.



Kenny Lester was next with eight and Justin Mentink hit seven, while Chad Young and Mark Owen contributed six apiece.

Decatur entered this week second to the Kent-Meridian Royals in the Sound Division

7:30 p.m. action Thursday and Thomas Jefferson pays a visit at the same time Friday. SPSL BOYS' BASKETBALL

Puget Division	2.1	
Bethel		
Clover Park		
Rogers		
Federal Way		
Thomas Jefferson		
Auburn		
Sumner		
Kentwood		
Sound Division		
Kent-Meridian		
Decatur		
Curtis		
Lakes		
Puyallup		
Spanaway Lake		
Kentridge		
and the second	A. C. C.	

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Dick Benbow

learn more about Al Bruce's evening class on salmon fishing.

The Reel Thing in Federal Way is providing an unheard of opportunity to win a trip

with bright hens in the 12pound class brought to beach. A couple of telephone numbers to help your angling this winter that you may wish to clip and save include these hotlines. For river levels, the NOAA Steelhead hotline is 526-8530. For tribal netting for Puget Sound waters call 1-586-8391. Out on the ocean or Olympic Peninsula, call 1-586-8392.

Here's hoping Santa puts something chrome-bright on your line for Christmas.

Around Town

Seahawks

The Seattle Seahawks are riding a three-game winning streak against playoff contenders into Saturday's regular season finale against the Washington Redskins.

Seattle is 7-8 and coming off a 23-17 win over the Los Angeles Raiders, while Washington is 9-6 following a 31-30 win at Atlanta. The Redskins hold a 3-1 series edge going into the 1 p.m. action in the Kingdome.

Both teams need a win to keep their dim playoff hopes alive, with the Seahawks also needing losses by Indianapolis, Buffalo, Cincinnati, Pittsburgh, Kansas City and the Raiders to get into the picture.

The action can be seen on KIRO-TV Channel 7 with radio coverage on KIRO-Radio 710.

Sonics

Seattle comes home from a four-game road trip to host the Portland Trailblazers in a 7 p.m. game at the Seattle Center Coliseum tomorrow.

The Sonics will also be playing at home at the same time Saturday against the Indiana Pacers.

Seattle games can be heard on KJR-Radio 950.

Stars

The Tacoma Stars have two road matches scheduled for this week, visiting Kansas City at 5:35 p.m. Friday and Baltimore at 4:35 p.m. Saturday.

Tacoma games are carried on KTAC-Radio 850.

Huskies

The Washington men's basketball team will visit Minnesota for a 4:30 p.m. non-conference game today that can be seen live on the ESPN Cable Network.

The Huskies will go to Duke for a 4:30 p.m. game Saturday, before coming home to face Towson State next Wednesday. Washington games are broadcast on KOMO-Radio 1000.

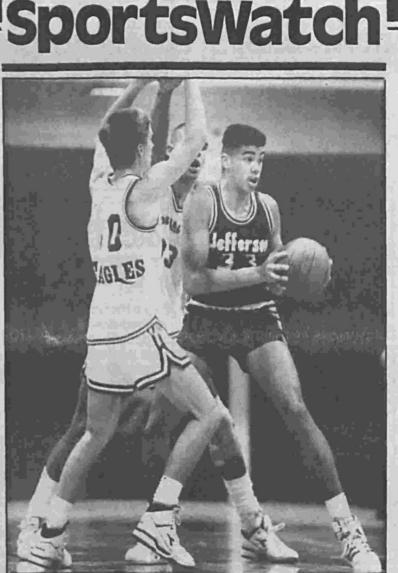


photo by Paul T. Erickson STEVE HILL (right) and the Thomas Jefferson Raiders will host Renton for a 7:30 p.m. game Friday, while Decatur and Federal Way are off for the rest of the week. Hill is pictured under the protection of Federal Way's Rod Janson (left) and Donnie Marshall (center).

Home Teams

Boys' hoop

Thomas Jefferson will be the only local boys' basketball feam to see action this week, hosting the Renton Indians of the AA Seamount League at 7:30 p.m.

- Federal Way and Decafur are both off until next Thursday, when they play each other in the Gators' gym.
- All three girls' basketball teams are also off this week.

Gymnastics

All three local gymnastics teams will see action today before taking until Jan. 10 off for the holidays.

Federal Way will host Auburn and Kentwood at 7 p.m. today, as Decatur goes to Kent-Meridian with Puyallup and Thomas Jefferson to Rogers with Kentridge.

Wrestling

Two home wrestling matches will be held tomorrow, as Thomas Jefferson hosts Auburn and Federal Way gets a visit from Clover Park at 7:30 p.m.

Decatur will be on the road at Curtis at the same time.



Community colleges

A men's basketball game of importance for two area teams will take place today, when Green River Community College hosts Highline Community College at 8 p.m.

Friday Highline will come home to play Tacoma at 7 p.m. Green River will be on the road facing Linn-Benton in Albany, Ore. that day at 8 p.m., before visiting Lane in Eugene, Ore. at the same time Saturday.

Major colleges recruiting Eags' top receiver

Continued from B-1

"She'll probably be glad when it's all said and done," Lake says.

Dawson's home life has played a big role in his academic and athletic success.

"He's just a great kid to work with," explains Federal Way football coach Tom McConnaughey. "His family is neat, too. That's probably the biggest thing responsible for his success.

Lake's father, Lewis Sr., and his mother have another son, Lewis Jr., who is a sixth-grader at Star Lake Elementary.

"He's my best critic, besides myself," says Lake of his younger brother, who also is an outstanding student and athlete. "He really gets on me."

Lewis Jr. knows where he would like his big brother to play college ball. Notre Dame and UCLA are Lewis Jr.'s top choices.

WHEN LAKE AND his father traveled to South Bend, Ind., to visit Notre Dame, the Fighting Irish rolled out the red carpet.

Lake's hosts for the two days he was at Notre Dame were Raghib "Rocket" Ismail, the All-American return specialist for Notre Dame, and Irish freshman Demetrius DeBose of O'Dea High School.

Lake's father also received special treatment. Upon entering his hotel room, there was a fancy fruit tray that read, "Mr. Dawson,, welcome to Notre Dame.'

Obviously proud of his son, Lewis Sr. considers it a huge honor that a college of Notre Dame's stature and tradition would recruit the Federal Way athlete.

"We're a Christian family," says Lewis Sr. "I attribute it to God. He blessed us that Notre Dame would come this far to Federal Way to find him, because they didn't even know where Federal Way is. It was amazing they even found him. I'm just happy.'

Lake's father certainly enjoys sharing his family's good fortune. He even uses Lake's success as a motivator for inmates at the King County Jail, where he works as a corrections officer.

"I try to encourage them," says Lewis. "There's still hope for them, still opportunities if they just turn their ways around."

Lake's success goes far beyond the playing field as he is widely admired at school.

As his best friend, Mike Loso, points out, "He gets along with

everybody. Everybody at school likes Lake Dawson.

"To me nobody else deserves what he gets more than him. He

works so hard for everything." Lake's best subjects at school are math and English and he is considering a double major in business and computers. But McConnaughey, who says Dawson is quite articulate, is trying to talk him into majoring in communications.

"He might end up where Ahmad Rashad is now," says McConnaughey.

WHICHEVER SCHOOL lands the prized athlete, it seems sure he will succeed. Although he is a state class hurdler, Lake says this might be his last year in track because he probably will not have time to concentrate on two sports in college.

But for him, academics come

first.

"When I graduate, my degree is going to do something for me," he says.

Lake and his father were both extremely impressed with Notre Dame because the college stresses the academic side so much. An academic advisor who met the two at Notre Dame told Lake and his father that every three weeks, a report is made on the athlete's progress in school.

The Catholic school also fits in with the Dawsons' Christian faith.

"It's just everything I hoped for," says Lake's father.

At the present time, the odds are leaning in Notre Dame's favor. Notre Dame just recently recruited the top quarterback in the country, who happens to be a dropback passer. The Irish plan to throw the ball 30 to 35 times per game.

Notre Dame is offering a fullride scholarship that Lake's father estimates is worth \$80,000 to \$100,000. And many of the college's football games are nationally televised.

"Everything he needs in a college is right there," says Lake's father. "It's going to be hard for any college to outmatch it."

But Lake hasn't made a verbal commitment yet. He still must visit Cal-Berkeley on Jan. 5, Washington Jan. 12 and UCLA Jan. 19.

Lake realizes the importance of his decision, but he's approaching the matter in the right frame of mind.

"I'm just going to observe things and take into consideration what's best for Lake Dawson," he says.

"I tell him whatever choice he makes, I'm with him all the way," his father says.

Huang captured award for week

Federal Way High School wrestler Yao Huang has been named the Federal Way News' Athlete of the Week.

Huang, a junior, took first place in the Lindbergh tournament on Saturday for his third tournament championship of the season.

Huang, who competes in the 135-pound weight division, had won the Federal Way Takedown and Bellarmine Invitational tournaments prior to winning another tourney title on Saturday.

Huang had a 9-0 season record going into last night's match against Curtis.

Other nominees for the weekly honor include:

Thomas Jefferson basketball player Bryan Salmond, who sank a 13-foot shot at the buzzer Friday to lead the Raiders to a 51-50 upset victory over Auburn:

Federal Way girls' basketball player Shannon Sehlin, who scored 18 points, including 13 in the fourth quarter, to lead the unbeaten Eagles to a 49-37 win over Bethel on Thursday;

Federal Way girls' basketball player Jenny Mahlstedt, who scored 15 points in that Eagle victory over the Braves and also had 12 earlier in the week during a 51-34 win against Jefferson;

Federal Way girls' basketball layer Jennifer Evans, who



Athlete of the Week

player Donny Marshall, who scored 32 points in a 73-44 win over Jefferson and 18 more in a 55-52 loss to Bethel;

Federal Way boys' basketball player Ricci Greenwood, who tallied 14 points Friday night in the Eagles' loss at Bethel;

player Kathy Laky, who tossed

Decatur girls' basketha

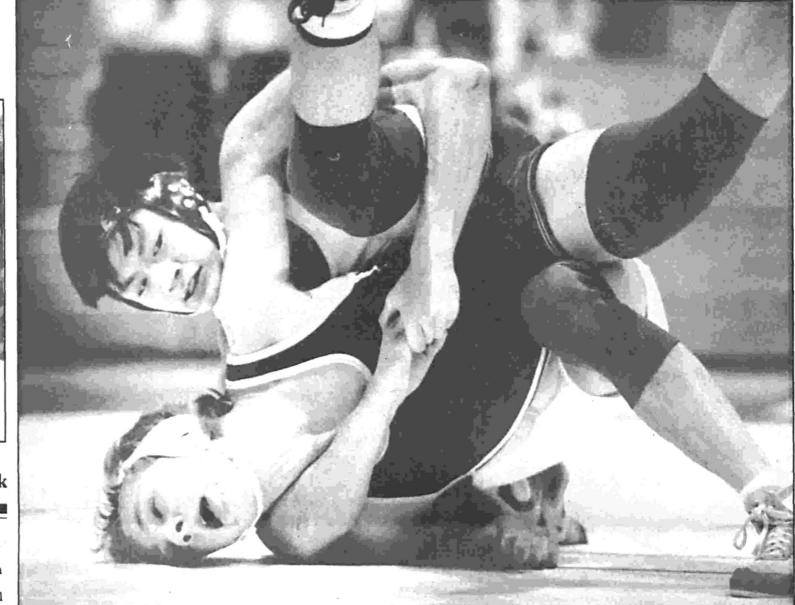


photo by Paul T. Erickson YAO HUANG (top) of Federal Way pinned Thomas on to post a 40-22 victory over their district rivals in the South

pulled down 12 rebounds against the Raiders;

Thomas Jefferson gymnast Nicole Rollolazo, who took second in the all-around with an 8.0 average as the Raiders finished first in a four-way meet against Kent-Meridian. Auburn and Olympia;

Federal Way gymnast Kelly Baker, who also was second in the all-around last week with a 9.0 average in a meet against Puyallup and Kentridge;

Federal Way boys' basketball

in 15 points and had eight rebounds in a 52-47 defeat against Spanaway Lake; Decatur girls' basketball

player Shannon Barrett, who had 11 points and 13 rebounds in the game against the Sentinels:

And Decatur boys' basketball player Gregg Landskov, who scored 20 points in a 67-41 win over Spanaway Lake and 13 more during a 55-50 loss against Kentwood on Saturday.

Kentwood deals Eagles first loss

The Federal Way boys' swim-ming team had hoped to enter Christmas Vacation with a perfect 4-0 record, but the Kentwood Conquerors had other ideas.

The Eagles were edged by the Conks, 89-83, Thursday, putting their record at 3-1 instead to go with an 0-1 mark in South Puget Sound League Puget Division action.

"It was a disappointing meet because it was so close," said Federal Way head coach Al Hoppenrath. "And I thought we could have won it and probably should have. We had our strong lineup in and had 42 percent personal bests so that's good. So it was not a case where we're not improving or anything, we just needed to be more mental a couple places and we could have won.'

The Eagles jumped out to a 10-4 lead in the first event with a first and third place finish in the 200 medley relay.

Mike Anderson, Trent Erickson, Sean Ormsby and Rich Curtis combined to win the meet in 1:55.35, and Tim Pinney, Duke Eide, Scott Gallagher and Scott Hougham were second at 1:57.34.

Justin Tripp was second in the 200 freestyle at 1:58.10 - only .02 off the winning time.

Peter Horsley was fourth in that event at 2:10.2.

ORMSBY won the 200 individual medley in 2:14.06 - a personal two-second time drop - and Gallagher was fourth at 2:28.96.

Swimming

Curtis came in second in the 50 freestyle at 24.83 with Erickson third (25.54) and Jeff Pearson fifth (26.27).

Derrick Smith placed second in the diving competition with a season-high 170.20 points. Anderson placed third at 129.8 and Dan Rude fifth at 121.7.

Anderson was second in the 100 butterfly with a 1:04.51 clocking and Horlsey was fourth (1:06.66) with Hougham fifth (1:07.37).

Curtis took second in the 100 freestyle at 54.54 with Eide fourth (57.47) ahead of Pearson (59.81).

Tripp was the winner of the 500 freestyle with a 5:18.06 effort and Matt Bunt was fourth (6:07.26).

Ormsby won the 100 backstroke in 1:04.6 and Gallagher was third (1:11.6) with Joe George fifth (1:19.77).

Eide placed third in the 100 breastroke at 1:10.8, followed by Erickson (1:12.06).

The Eagle 400 freestyle relay team of Tripp, Bunt, Horsley and Pearson came in second at 3:57.77, in front of Federal Way teammates Kris Hartwell, Jon Brown, Eric Kliskey and Brett Yount (4:15.99).

The Eagles' only action between now and their Jan. 4 visit to Rogers is Wednesday - when they host their own alumni at 6 p.m. in the Federal Way Pool.

wrestler Rick Olson Friday night in 2:58 and the Eagles went

Puget Sound League Puget Division opener. Eagle wrestlers knock off TJ

It's been a long time in coming, but Federal Way High School wrestling coach Phil Burnett finally got his wish.

Federal Way's 40-22 victory over Thomas Jefferson in South Puget Sound League wrestling last Friday ended a long drought against the Raiders for Burnett's Eagles.

"I'm in my sixth year at Federal Way and this is our first win over TJ in a dual meet," said Burnett. "I'm pretty pleased with the performance of my wrestlers. They worked hard all week for this one."

The victory came in the South Puget Sound League Puget Division opener for the Eagles, who are 1-0 in division competition and 3-0 overall. TJ is 0-1 in Puget Division action.

Federal Way hosts Clover

Park in a Puget Division match tomorrow night at 7:30, while Jefferson takes on Auburn at TJ.

Victories for Federal Way came at 101, 108, 122, 135, 158, 168, 190 and heavyweight, while Jefferson won the matches at 115, 129, 141, 148 and 178.

Jason Carr opened the match with an 8-4 decision at 101 for Federal Way. Doug Lay was a winner at 108 for the Eagles with a pin in 3:42.

Trevor Hollis of TJ posted a 7-4 decision at 115, but Brian Sterbens came back to win at 122 for Federal Way, 6-4. Kenney Mickelberry won an 11-0 decision at 129 for Jefferson, but Yao Huang won by pin for Federal Way in 2:58 at 135.

GERALD PATTERSON of Thomas Jefferson won the battle Raiders' Corey Morris took the

The Eagles' B.J. Sweeny gave Federal Way a victory by injury default at 158, while Dave Johnson scored a pin for the Eags in 1:02 at 168. Rob Burnett of TJ was the winner of the 178pound match with a pin in 4:21, but Federal Way's J.J. Hanson won by pin in 28 seconds at 190 and the Eagles' Matt Peters won by pin in 3:50 in the heavyweight division.

Federal Way won the junior varsity match by a 41-23 score and also placed third as a team at the Lindbergh tournament on Saturday. Tahoma won the team title at Lindbergh with 189.5 points, followed by Lindbergh (163), Federal Way (156), Kennedy and Sumner (124), Newport (111.50), Enumclaw (99.50) and Renton (79.50).

Huang took the tournament title at 135 for his third tournament championship of the year. He is 9-0

Second-place winners for the Eagles were Dan Merino at 115 and J.J. Hanson in the 190-pound weight division. Finishing third for Federal Way were Carr at. 101, Lay at 108, Sterbens at 122, Jason Alkire at 129, Jeramy Rivas at 141 and Johnson at 168.

Mike Rumel at 148 and, Sweeny at 158 both grabbed fifth.





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The brightest ideas come from

at 141 by an 11-2 margin and the 148-pound bout by pin in 3:17.

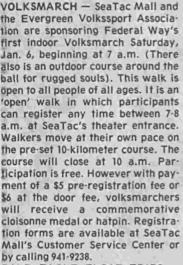
Raiders enter showdown with perfect record

The Thomas Jefferson girls' gymnastics team soared to a new height last week.

The Raiders posted a seasonhigh team score of 151 to take first place in a four-way meet at Auburn. Taking second was Kent-Meridian with 142.5, followed by Auburn in third at 126.9 and Olympia fourth with 125.8.

Jefferson remained unbeaten following two weeks of South

KARATE CLASSES - Sign up now for winter session karate classes offered by King County Recreation Natural Resources and Parks Division. Registration is available at Highline Community Center, 425 SW 144th. Winter session begins the week of Jan. 8 at the Glendale Site, 1201 S. 104th. Michael Shintaku, fourth degree black belt, will instruct beginning through advanced classes for ages 10 to adult on Monday and Wednesday evenings. Fees for the 20-class session are \$21 and \$30 plus a 10 percent administrative fee. Preregistration is required by Jan. 3. For more specific information, call the North Highline District office at 296-2956.



BALD EAGLE FLOAT TRIPS -Anybody interested in the beauty of the Skagit River Valley and in observing wildlife in its natural habitat can do so through Orion Expeditions Inc. A three-hour, 10-mile float by boat down the Skagit River with Orion's guide-naturalists is available between Dec. 15 and Feb. 28. Cost is \$45 per person for one to seven people, or \$35 per person for eight or more people. A Christmas

FEDERAL WAY COED

STANDINGS

As of Dec. 14

Division I

wesome Eight

Swat Team

Blue Moons

scoreboard 3 **Backcourt Blues**

Devine Diggers

VOLLEYBALL LEAGUE

Gymnastics

at Rogers.

team will take on 3-1 Rogers and 4-0 Kentridge along with Port Angeles in a meet that gets started at 7 p.m.

Hunter was impressed with her team's score last week.

"We're getting up there," she said. "I figure we need to be in the 160s to be one of the top teams in the state."

Jefferson sophomore Nicole Rollolazo certainly was one of the top gymnasts at last Wednesday's meet, as she placed second in the all-around individual competition with an average of 8.0 on the four events.

Rollolazo was second on the bars with a 7.8 mark, followed by Karrie Marton in third at 7.7 and Kimmie Marton in fifth with a 7.2 score.

Rollolazo tied teammate MiSook Lim for second place on the balance beam with a mark of 7.6

"I would say that was one of the keys to the meet," explained Hunter of her team's high marks on the balance bram. "Our varsity beamers stay on the beam."

Rollolazo also placed second in the floor exercise with an 8.4 score, while Laura Cox captured fifth with an 8.0.

In vaulting competition, Karrie Marton earned the highest Raider mark with an 8.6 for third place.

Hunter said the key for her team is to get everybody healthy and continue to be consistent. The Raiders have been consistent so far, as they have scored steady marks of 8.0 in both the floor and the vault.

Following tonight's meet at Rogers, the Raiders' next scheduled competition will take place Jan. 10 at Jefferson against rivals Federal Way and Decatur.





Puget Sound League competi-

tion. The Raiders own a 4-0

league mark and are 6-0 overall.

But the biggest test so far this

season will be coming up tonight

"We've got a biggie this

week," said Thomas Jefferson

special of \$35 per person regardless of group size applies Dec. 27-31. The trip includes river shuttle, professional guide-naturalists, 8 to 10 person oar boats, hot chocolate and fresh-brewed coffee. For more information, contact Heidi Sanford or Nancy Martell a Orion Expeditions (322-9130 or 553-7466).

COLLECTORS SHOW - A sports collectors show featuring the first Northwest appearance by major national dealers in sports collectables will take place Jan. 5-7 at the Hyatt Regency Hotel in Bellevue. This convention will include national dealers with a desire to spend in excess of \$1 million over the three days. On display also will be the sports collectable hobby's most valuable card, the "T-206" Honus Wagner card valued in excess of \$200,000 by its owner, Allen Rosen, who is the most prominent buyer and seller of sports collectables in the nation. He will display in excess of \$1 million of collectables at the convention. Also expected to appear are Paul Hornung and Johnny Unitas, Hall of Fame football players. Show hours are 5 p.m. to 9 p.m. Jan. 5, 9 a.m. to 6 p.m. Jan. 6 and 9 a.m. to 5 p.m. Jan. 7. Admission is \$5 for Friday sneak preview, \$3 Saturday and Sunday and \$10 for the run of the show.

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HOME

Scoreboard

Warrior wrestlers pin a loss on Foster

By ADAM WORCESTER

A dual-meet victory over Foster highlighted a busy week of wrestling for the combined Seattle Lutheran-Seattle Christian School team.

Friday, the squad lost to Or-ting, 59-6. Saturday, several wrestlers won their first match of the season as it placed eighth in the Quaker State Invitational Tournament at Garfield High.

Seattle Christian's Duane Schwatke placed third at 158 pounds in the latter competition to lead Warrior-Saint wrestlers. He pinned three opponents as he fought through the loser's bracket to improve his record to 7-4 on the year.

Schwatke gained revenge his final match by pinning an Eastside Catholic opponent who had pinned him in the first round after Schwatke had a 10-4 lead.

"Duane made a mental error," coach Tim Stevens said of that match.

finished fourth at 168 pounds in the Quaker State tourney, which included many Class AAA and AA teams. He has a 4-4 overall record.

Wrestlers who won their first match in that tournament were Shawn Koller (168 pounds) and Karl Robbins (115).

Schwatke, Mecum, Sean Allen (129), Rogerio Galante (141), Dave Durbin (168) and Dominic Stordahl (190) each won matches in a 36-30 vicotry over Foster.

For the Bulldogs, Derek Sun-day (101), Allen Hopkins (115), Matt Lucky (122), John Wood (135), and Ben Meldrum (148) recorded wins. The heavyweight division was a double forfeit.

Mecum pinned Orting's A.J. Mash in 1 minute, 7 seconds for the Warriors-Saints' only victory Friday.

The team faces No. 7-ranked North Mason 7:30 p.m. Tuesday at Seattle Lutheran School. Thursday at 7:30 p.m. it takes on O'Dea at Seattle Christian School. The Warriors-Saints stand 1-2 on the year.

"They're having an off-year, so we hope we can do something against them," Stevens said of the Irish. With only three returnhat match. Seattle Lutheran's Ed Mecum inished fourth at 168 pounds in Seattle Cutheran's Ed Mecum inished fourth at 168 pounds in Seattle Lutheran's Ed Mecum inished fourth at 168 pounds in Seattle Lutheran's Ed Mecum inished fourth at 168 pounds in Seattle Lutheran's Ed Mecum inished fourth at 168 pounds in Seattle Lutheran's Ed Mecum inished fourth at 168 pounds in Seattle Lutheran's Ed Mecum inished fourth at 168 pounds in Seattle Lutheran's Ed Mecum inished fourth at 168 pounds in Seattle Lutheran's Ed Mecum inished fourth at 168 pounds in Seattle Lutheran's Ed Mecum

"The main thing I tell the kids is to go out and learn this year. Don't get too concerned about the scoreboard or how you're placing," Stevens said. "I want them to worry about how they're progressing, if they're learning things on the mat."

Decatur buried by champs The Decatur wrestling team Decatur's Mike Simonson at 158

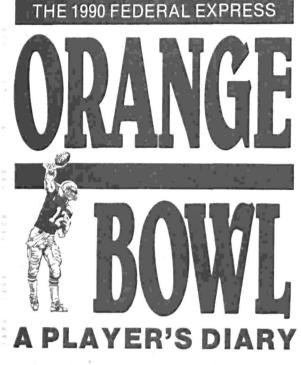
dropped a 58-12 decision to pinned Chris Stearns in 3:22. defending state champion Kent-Meridian Thursday night. The Gators have to give up 30

points in five forfeits, but they did win two matches. Mike Barnes of Decatur pinned Rhan Kox of Kent-Meridian in the 148pound weight class in 2:29 and

Decatur's Alen Aley lost an 11-8 decision in the 115-pound weight class to Kent-Meridian's Travis McMahan, while Shane Sebesta lost an 8-5 decision at 122 to Brian Lee in another close bout.



Snow drives Orange Bowl practices indoors



Three football seasons ago, Jim Hansen was a senior on a 4-5 Tyee Totem team. On New Year's Day in the Orange Bowl, he will play Notre Dame for the national championship as a member of the undefeated University of Colorado Buffalos.

Hansen, a redshirt freshman, plays defensive tackle and carries a 4.0 grade-point average as an aerospace engineering major.

By JIM HANSEN

Orange Bowl practice started with a storm. A snow storm.

Boulder got a foot of snow the weekend before practice started, and on Monday and Tuesday the temperature was in the teens.

The cold weather forced the team indoors those two days, so we practiced in the school's field house. We might as well have practiced on concrete.

We didn't simply jump into practices. We spent the two weeks prior conditioning and weight lifting. The conditioning was abnormally hard. Coaches told us it would only last 50 minutes, so of course it was more than an hour-and-a-half long.

I was one of the "lucky" ones. I'm just coming off knee surgery, so I got to miss the first week of conditioning. I paid for it the second week. Everyone else was used to the routine; I was sucking wind.

We didn't have a very good attitude about the

amount we had to run. After only a week off from season practices, here we were running ourselves into the ground.

But the coaches were telling us how lucky we were. They told us how when Oklahoma last went to the Orange Bowl, they had two-a-days down there. We were not impressed.

WHEN PRACTICES started, we were told that they would be mostly learning and thinking practices. They claimed they didn't want us to leave everything on the practice field. So far, we have had some of the toughest workouts since summer camp.

Even though our first two practices were inside, we still hit like mad. Tackling drills, 9 on 7, and six team periods a day.

Wednesday's practice was outside and a little bit better, but Thursday, thanks to cold weather, we went to Denver and practiced in the Broncos' "bubble." The bubble is just that, a bubble held up by air pressure over an artificial turf surface.

I don't know why, maybe it was because we were in a Bronco facility, or maybe it was because Bronco coaches and players were around, but the coaches went nuts on us.

That was one of the toughest practices since last spring. I thought we were going to be trapped in that bubble forever. It is an old facility, and with every step you took, you raised a small cloud of dust.

During the entire practice, there was a cloud of dust about four feet high throughout the bubble. When you spit, it was black with dust.

We hit that day. And hit and hit and hit.

THE NEXT DAY, while lifting weights, the team really had a poor attitude. All we could talk about was how the coaches work us too hard, how we're going to be shot out by game time, how the coaches make such a big deal about this game.

Players are taking the attitude that this is just another game, and that we should prepare for it in the same way that made us 11-0.

If we lose this game, the players will never forgive the coaches. If we win, we'll say they did a great job and took us where we didn't want to go.

Saturday's practice was just like Thursday's, except that we were used to it, so it wasn't so bad. After practice we were given our Miami itinerary and talked about what we would do.

AFTER TALKING with other coaches, Coach Mac came up with the idea of hiring vans to drive team members around all night. He said we could either have that or the \$11 per player it would cost. Of course, the players voted for the quick cash instead of the cheap transportation. I hope we don't regret it.

Continued on B-5

Snowmaking saves the day for major destinations

College and other runs.

To be sure, these runs are just a small fraction of Sun Valley's normal terrain and a disappointment if that's the only reason you came to Sun Valley. But if pure skiing is what you're after, 's hard to beat a ou percent day. And, of course, the nightlife was going at 100 percent. **Big Mountain** Over at Big Mountain, the area's operators are looking like prophets. Despite the mountain's normally reliable earlyseason snowfall, they decided this year to install \$3/4 million worth of new snowmaking equipment. That's enabled them to operate five lifts and offer some "darn fine skiing" on 25 inches of snow at the base, 42 inches at the top. Executive Vice President Norm Kurtz gloats a little as he reads from skier "comments" tacked on his office bulletin board: Notes like "skiing is better than I expected" or "skiing is better than you told us it would be."

Those five lifts service 27 runs (out of 50), opening about 80 percent of the intermediate terrain. Since most skiers are aware that there is little snow in the Cascades, even areas like Big Mountain show spotty attendance — about 400 skiers a day

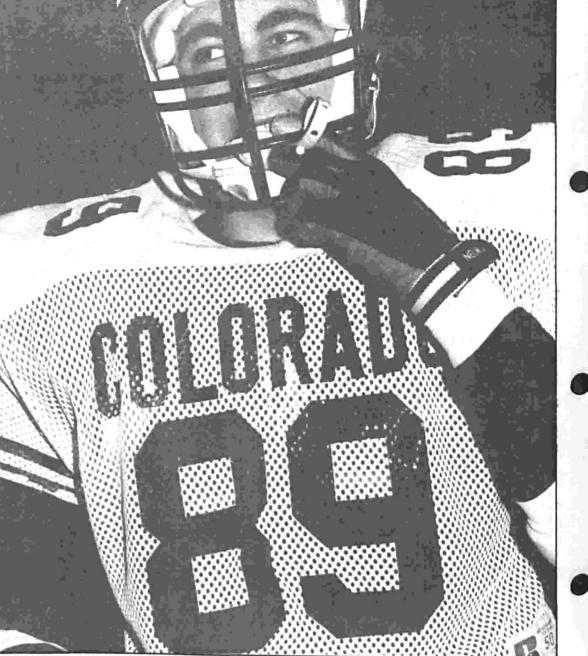
is nearly fully staffed despite the low usage, and that means Mt. Bachelor is operating in the red.

"They're just counting this as one of the down periods," Ms. Johnston said. "They've had real great years and this one

right now isn't looking as good

as it could."

photo by Tom Spector/Colorado Daily JIM HANSEN gears up for another brutal Orange Bowl practice. The ex-Tyee Totem missed the first week of conditioning, but was ready to go for the fun part of practices: contact



1% BUFFS .

eager to crank up their lifts at the first hint of a real snowfall.

Major ski destinations like

Sun Valley, Idaho, Mt. Bachelor.

Ore. and Montana's Big Moun-

tain are feeling some of the

same helplessness that Cascade

Mountain operators feel as our

local operators stand poised

The difference, however, is that some of those major areas have installed costly snowmaking equipment that enabled them this year to open weeks before those areas dependent on a natural blanket of snow.

It seems that you can fool Mother Nature at least some of the time.

Mt. Bachelor, which traditionally gets a good blanket of natural snow by late November, was able to open this year about Thanksgiving and, with the help of new snowmaking equipment, stay open. Also with the aid of snowmaking, both Sun Valley and Big Mountain opened this year on Dec. 1 - a bit later than last year's unusually early opening, but still well ahead of almost every ski area in the Cascades.

Admittedly none of the mountains can offer its full complement of lifts and runs without a considerable amount of natural snow. But skiers who visit these mountains are finding conditions better than expected, and certainly better than skiing on rocks in the Cascade Mountains.

Sun Valley We just returned from an early December weekend at Sun Valley where most mountainsides were appallingly brown



Exploring the Northwest by Cary Ordway

and substantial snow was visible only on a few of the highest mountain tops. But count us among those skiers who were pleasantly surprised at the quality of skiing that has been made available through snowmaking.

Sun Valley pioneered the art of snowmaking more than a decade ago and, for years, offered the highest vertical in the country covered by artificial snow. While old-timers say Sun Valley once had frequent dumps of fresh snow — and that, conveniently, it always snowed at night so you could ski on it the next morning — recent years have brought less consistent early-season snow.

As one Big Mountain lodge operator joked, "They don't call it Sun Valley because it snows a lot."

Since December business and,

visit, just Lower Warm Springs and Flying Squirrel were open, but high-speed quad chairlifts and excellent man-made snow made the skiing not only good, but long and exhausting.

in particular, the Christmas hol-

iday period, are important to the

area's financial success, Sun

Valley Company has made good

use of its "snow guns" that are

designed to create snow out of

thin air (and water). During our

We calculated at one point that we were spending 60 percent of the day on skis — a fourminute chairlift ride gave us a six-minute run and then, because there were no lift lines, it was back on the lift immediately. About 15 times down this significant vertical and you start to feel you've had your day's worth of skiing — especially when lift tickets are going at \$18, about half the normal price.

Altogether, about 25 percent of Mt. Baldy is under snowmaking and Sun Valley plans to open its year-old Challenger quad lift to the top this week, opening Upper dance — about 400 skiers a day right now co ared to a normal day of 1,200.

Mt. Bachelor

Even Mt. Bachelor joined the ranks of snowmakers this year with a new snow gun that has helped them stay open since Thanksgiving weekend. With a 20-inch base, Mt. Bachelor has seven out of 11 chairlifts open and hopes to open the Summit lift this weekend.

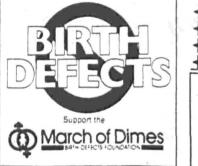
Skiers are sparse right now on Mt. Bachelor, too. Accustomed to an average weekday crowd of 6,000 skiers, this huge mountain is being utilized by only about 1,500 skiers a day. It's not uncommon for 12,000 skiers to use the mountain on a full-operation weekend.

Mt. Bachelor spokesperson Sonia Johnston said the ski area New direct air service from Seattle and California will begin just before Christmas and, just like Sun Valley and Big Mountain, Mt. Bachelor expects to make up for early-season losses with the usual brisk holiday rush.

Crystal Mountain

The closest thing Washington has to a destination ski resort is Crystal Mountain but, unlike the three areas above, Crystal is at the mercy of Mother Nature. Although the area is well groomed and needs only a couple of feet to open, those two feet of snow must come from clouds.

So far this year, that's meant about 50,000 fewer skiers than last year's relatively early Thanksgiving opening.









phone.

All-out hitting marks first bowl workouts

Continued from B-4

We leave for Miami at 6:45 a.m., Friday Dec. 22. We practice that night at 7 p.m. and lift weights at 9:30 p.m. The coaches tell us that we practice that day so we can have Christmas off.

Saturday, we have afternoon practice, get back to the Bal Harbor Sheraton at 5 p.m. and are free until 2 a.m. If we like, we all have tickets for the Miami Heat basketball game.

On Sunday, after practice, we are required to go to dinner with the team, but afterward we are free until 2 a.m. again.

Christmas day we must attend a team meal at which we get all of our bowl gifts: Shoes, shirts, sweats, hats, etc. It's not a bad deal.

THE DAY AFTER Christmas begins game week. So Tuesday's practice will be in shorts only, and afterwards we eat at the Rusty Pelican for our official welcome to Florida (a little late).

Wednesday the 27th we can go to the Ringling Brothers Circus after practice if we like, and we have to be in at midnight.

Thursday night after practice we have a "mandatory" Cruise to Nowhere. Apparently, Coach Mac talked to former Orange Bowl teams, and they said that the cruise is a great time, so he decided to make us all attend.

Friday will be the last contact practice of the decade, and that night we can go to Dania Jai-Alai. Again, we have a midnight curfew.

Saturday the 30th will be a

light practice in shoulder pads day. We'll have a few meetings and helmets only. That night, the entire team will do whatever

and a short walk-through. Kickoff is at 8:15 p.m. (Eastern

'Coach Mac came up with the idea of hiring vans to drive team members around all night. He said we could either have that or the \$11 per player it would cost. Of course, the players voted for the quick cash ... '

the seniors want to. We have to Standard Time). At 12:15 a.m. there will be a victory party for Sunday's practice will be a the National Champion Colorado walk-through. Afterward, the Buffalos.

MOST OF the team will leave on the 2nd, but I'm going to stay behind and bask in the glory. I have a good friend in Miami, and my parents and grandparents are staying down there for a while.

The most difficult thing about this bowl preparation is juggling football and finals. When you have to practice and lift the entire week before finals, it's difficult to get a good start on studying.

With Calculus 3, Physics 3, and Mechanics finals coming up, I would like to have a lot more time to study.

Along with football, I was given the "honor" of hosting a recruit this weekend, which didn't allow me to study after 5 p.m. on Friday. With practice and my recruit, I only got two hours of studying in on Saturday.

SHOWING RECRUITS around is a lot of fun if you're not worrying about finals. It's nice to show off your school and town. We as players do our best

to show the recruits a good time, but on finals weekend, there's simply not much going on.

A lot of players get bitter over lack of study time. The coaches say that school comes first, but that's not always the case.

I figure, they're paying for my school, so I'll stay up late a few nights and not be as prepared for a test as I could be.

The athletic department does do a lot for you academically. If I wasn't playing football, I wouldn't be in near as good academic shape. I'm very good friends with the Associate Dean of Engineering, most of my teachers are eager to get to know me, and the athletic department pays for any tutors I might need.

It's a pretty fair trade. You take what you can get.

Video warriors plug into fast-growing sports craze

Which NHL division has no Canadian teams in it - the Norris, Patrick, Adams or Smythe?

"Heck if I know," says a friend staring at the television screen in Seaports lounge at the Sea-Tac Red Lion Hotel.

"I don't either. I'll say Norris."

"OK, I'll go with Adams." A second buddy guesses Patrick and turns out to be right. He surges ahead by 500 points.

"He's luckier than -," cries buddy No. 1. "I need a big round this time."

So do I. We are playing Thursday night sports trivia. Dinner is on the line.

Several other lounge customers are playing with us. We are competing against them, each other, and patrons at 379 other locations in the United States and Canada.

Using portable keyboards at our table, we punch in answers to questions that appear on the lounge's six TV screens. Then computers from the NTN Network calculate our scores, tabulate our cumulative points and show us how we rank compared to others



Adam Worcester

players are undoubtedly in the same situation. Since NTN introduced sports trivia in 1987, it has taken off, says Bob Klosterman, director of advertising for NTN.

Sports trivia, along with Showdown and Countdown, general trivia games, complements the popular QB1, a game in which fans try to predict the next play in live football games. The company offers a similar game for baseball, called Diamond Ball.

"We started off looking at otball games, because we knew what the demographics were of NFL fans," says Klosterman, whose father, Don, founded NTN. With the help of NFL coaches Hank Stram, Bill Walsh and Don Shula, they designed the first version of QB1. Their first attempt to involve fans watching live football came at Rice Stadium in 1979. "The technology wasn't there," Klosterman says. As technology caught up, QB1 exploded. With the invention of a hand-held, portable keyboard, the game has spread from 30 locations to 380 the past two years.

them the best of Countdown for later in the evening," says Klosterman.

be in bed by 11 p.m.

team will be bused to a different

hotel that no one knows about in

order to escape the hype. That

night consists of an unreal

number of meetings, and we'll

Monday, Jan. 1, 1990. Game

be allowed to sleep at 11 p.m.

NTN introduced another game for Oscar night, Academy Awards, in which viewers attempt to predict winners before they're announced.

Each year, the company dishes out more than \$100,000 in prize money for national winners, ranging from TV sets to a grand-prize Super Bowl trip for two. The location that scores the highest nationally earns a \$1,000 trophy.

NTN employs its own staff of question writers, many of whom are graduate students and teachers supplementing their income. The company has more than 100,000 questions in its data base, says Klosterman. The same question will never appear twice.

Q: Which of these players holds a record that can be tied but never broken -Wayne Gretzkey, Wilt Chamberlain, Mickey Mantle or Tony Dorsett?

A: Dorsett, with a 99-yard touchdown run.

"YEAH!"

Back at Sea-Tac Red Lion, two of us get this right as the leader misses. He hangs to a precarious lead.

"People have come in from the hotel across the street or next door and said they play it all the time in Boston or New York," says Effa. "I came from Southern California. I was playing it down there in various locations two to three years ago."

Seaports is the only location that offers NTN games in the south end. Seattle's Sneakers has them, as does Diamond Lil's in Renton. A Tacoma location, Cheers West, ranks No. 1 among all NTN customers in QB1 and No. 2 in Countdown.

any bar," says Cheers West owner Frank Messina. "It really pays for itself."

Messina has set up an inhouse, 12-team league featuring \$150 for the winning squad. He issues a free pizza for nightly winners.

the two years he's had NTN.

sort of stable number of people to play it. It doesn't work well with a transient population," Messina notes. "It takes more of a consistent effort for people to learn the game."

Q: Which athlete was not a multiple medal winner in the 1988 Olympics - Greg Foster, Carl Lewis, Scott Louganis or Jackie Joyner-Kersee?

A: Foster.

Uh-oh. I miss that question. My buddies get it right, and one surges past me into second place. Suddenly, a dinner debt stares me right in the face. One chance at redemption remains.

Q: Name the last NCAA basketball team to win backto-back championships before UCLA did so in 1967-68 - Kentucky, San Francisco, Cincinnati or Indiana?

I know this one. It's San Francisco, with Bill Russell and K.C. Jones. Wrong.

A: Cincinnati.

Cincinnati? Gulp. Maybe the computer was are tabulated. No such luck. There it is on the screen, for all the world to see: 1. Bucs, 2. Brews, 3. Yanks (me).

"Uh, well guys, it sure was fun."

"Sure was. Where's dinner?"

"Come on. Aren't we going double or nothing on QB1 Sunday?"

"Nope. Let's eat."

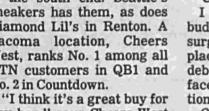
With a sigh, I resigned myself to my fate. Patrick Division. Right.

We put on our coats, gathered our belongings and headed toward the door. As we left, the screen informed us Red Lion ranked 70th of 311 locations playing that night. A place called Raiders in Canton, Ohio, was the winner.

But that mattered little to me at the moment. I was already dreaming of a revenge steak next Thursday night.

In the words of General Douglas McArthur, I shall return.

Prices good Dec. 21 through Dec. 27, 1989 • Open until Midnight Dec. 21 through Dec. 23 • Open until 6 PM Dec. 24 • Open until 10PM Dec. 26 and 27 • Closed Christmas Day



Business has built steadily

"You've got to have some

wrong, I hope as final scores

playing that night, both in the bar and nationwide.

NTN will award a 15-speed mountain bike to the national winner this night. Seaport's also usually offers a prize for its nightly champ ("At least a free appetizer," says food and beverage director Jerry Effa).

But we have our own prize on the line, something much more valuable to a trio of newspaper reporters: a free dinner, courtesy of the loser. Hey, this is serious stuff.

Q: Which club is called a "mashie" in golf — a driver, three wood, five iron or sand wedge?

A: Five iron.

We all get it wrong. With three questions left in the final round, this is becoming tense.

Hundreds of similar

When trivia games were introduced, "Ninety-eight percent of our locations wanted more, so we gave

"This is really catching on," says a Seaports bartender. "On Monday nights, we don't have enough

keyboards to go out." Red Lion management bought the NTN program outright after hearing a presentation from a company representative. Seaports has offered the games ever since it opened following June remodeling.

"Because of our remodeling, we thought it would be the perfect opportunity to in-troduce it," Effa says.

Installment cost about \$10,000, and the hotel pays NTN a monthly service fee. Effa says the games have not yet built the local following he would like, but they have proved popular among business travelers.



THIS TRIVIA player has reached the point he may risk half his point total on a "final strategy" round question. Trivia, sports trivia and QB1 are attracting loyal crowds to Seaports at the Sea-Tac Red Lion Inn.



Area:	Phone #	Lift Prices:	Hours of Operation:	Number of Lifts Available:	Location:	Cross Country:	Child Care:	Snowboards Allowed:	Vertical:	Elevation:
ALPENTAL	434-6112	\$12 Adult Weekday \$21 Adult, \$18 Beginner Weekend	TuesThur. 9 am-10:30 pm Fri,-Sat. 9 am to 11 pm Sunday 9 am to 9 pm	4 doubles, 1 platter, 4 rope tows	45 miles east of Bellevue	Outback Tours	No	Yes	2,200 Feet	3,200 Base 5,400 Top
CRYSTAL	663-2265	\$14 Mon., Tues., Weekday \$26 Adult Weekend	MonThurs. 9 am-10:30 pm Friday 9 am-10 pm Sat., Sun. 8:30 am-10 pm	10, including 2 quads	64 miles east of Tacoma	Back-country access	Yes	Yes	3,102 Feet	3,900 Base 7,002 Top
49 DEGREES NORTH	935-6649	\$16 Adult Weekday \$20 Adult Weekend	MonWed. 9 am-4 pm FriSun. 9 am to 9 pm	4 double chairs	52 miles north of Spokane	16 miles ungroomed trails	Yes	Yes	1,845 Feet	3,938 Base 5,773 Top
MISSION	663-6543	\$15 Adult Weekday \$20 Adult Weekend	ThurSunday 9 am-4 pm FriSaturday 9 am-10 pm	4 doubles, 2 rope tows	13 miles east of Wenatchee	42 kilometers of trails	No	Yes	2,140 Feet	4,600 Base 6,740 Top
MOUNT BAKER	734-6771	\$12 Adult Weekday \$20 Adult Weekend	FriSun. 8:30 am-3:30 pm	6 doubles, 3 rope tows	56 miles east of Bellingham	No	Yes	Yes	1,500 Feet	3,750 Base 5,250 Top
SKIACRES	434-6671	\$12 Adult Weekday \$21 Adult Weekend	WedSat. 9 am-10 pm	6 doubles, 2 triples, 5 rope tows	45 miles east of Bellevue	No	Yes	Yes	960 Feet	2,940 Base 3,900 Top
SNOQUALMIE	434-6161	\$12 Adult Weekday \$21 Adult Weekend	TuesSat. 9 am-10:30 pm	6 doubles, 2 triples, 1 quad, 2 rope tows	45 miles east of Bellevue	No	Yes	Yes	900 Feet	3,000 Base 3,900 Top
STEVENS PASS	973-2441	\$8 Mon., Tues. \$12, WedFri. \$24 Adult Weekend	9 a.m. to 10 p.m. Daily	6 doubles, 4 triples	70 miles northeast of Seattle	No	FriSun.	Yes	1,979 Feet	3,821 Base 5,800 Top
WHITE PASS	453-8731	\$15 Adult Weekday \$20 Adult Weekend	SunWed. 8:45 am-4 pm ThurSat. 8:45 am-10 pm	4 chairs, 1 rope tow	55 miles west of Yakima	15 kilometers of trails	Yes	Yes	1,500 Feet	4,500 Base 6,000 Top

Lack of snow has yet to hurt ski industry

By SHANA MCNALLY

According to the Roman calendar, ski season should start by Thanksgiving. This year, it will be a blessing to all if it opens by Christmas.

By the beginning of December, four feet of snow has usually fallen in the Cascades. This year, less than two feet has accumulated. The outlook for more is not good, according to weather forecasts.

The lack of snow is causing numerous problems for manufacturers, retailers, skiers, resort owners and operators, ski school directors and instructors alike.

As of Monday, only Mount Baker in Bellingham has opened for operation.

Area retailers and resort owners remain optimistic, but say that if snow does not fall by Dec. 26, the beginning of the holiday ski blitz, the losses suffered may by irreparable.

"I'm hoping for a (storm) front. I think we can make the loss up if we get ample snow," says Clay Dunn of B.C. Sports in Federal Way.

"We're in a business like farming where we are pretty much at the mercy of the weather. We have to take into consideration that not all years will be good," says Merle Brooks, general manager of Stevens Pass.

Brooks adds that although ski season opened last year at Thanksgiving, the two years before that the majority of the resorts did not open until Dec. 8.

Perhaps sensing the lack of snow, resort owners decided this year to concentrate on improvements in parking and an increase in ticket prices, rather than the usual slope improvements.

Crystal Mountain, Washington's most popular ski resort, once again leads the way in changes. It has a \$26 ticket price, the state's highest. Crystal has expanded its parking facilities to accommodate 350 more cars.

In addition, Crystal continues to boast the state's only highspeed detachable quad chairlift, which combined with the base quad, moves skiers 3,000 feet up the mountain in 13 minutes.

The Big Three (Alpental, Ski Acres, Snoqualmie Summit) have made minor changes. Ski Acres, with the steepest mountain skiing in the Northwest, has added innertubing and a snow-play area. Alpental will continue to be best known for its outback skiing, while Snoqualmie Summit is best for beginners and intermediates.

Stevens Pass has added a 200-car overflow lot. White Pass continues to be best known as the area where the Olympicchampion Mahre brothers learned to ski.

The state's smaller ski areas also have improved their specialties. 49 Degrees North is the most popular with snowboarders, Mount Spokane leads in cross- country trails and Mission Ridge boasts the highest percentage of intermediate runs.

But if the snow drought continues, capital improvements will be even less next year.

If it is any consolation to Washington skiers, the whole West seems to be suffering from. the same plight.

The operational word to keepin mind for skiing this year seems to be: limited.

"It hasn't affected us that much. People are still buying, and there are still people out there waiting to buy. There's so many variables in skiing," says Tim Sandeman of Olympic Sports in Federal Way.

Snowboard sales rise from year ago

Despite the lack of snow, customers have bought more snowboards so far this year than all of last year combined.

Introduced in the early 1980s, snowboards are becoming more popular every year. There are now an estimated 300,000 people who have joined the fastest- growing winter sport in North America.

"The trend is getting stronger, and it is definitely here to stay," says Tim Sandeman, an employee at Olympic Sports in Federal Way.

Two reasons exist for the increased popularity. The first is that small snowboard manufacturers have given way to

big-name ski makers such as K2 and HEAD. The second is the increased number of competitions and special events now offered.

Snowboarding used to be outlawed at most ski areas, but it is now allowed at all Washington ski resorts. A balance sport, it is often described as a cross between skateboarding and surfing. The board is steered with the back foot, with most of the weight kept on the front foot. "Snowboards used to be for

a skateboarding crowd, but they are now used as an alternative for skiers. Some skiers are even making a total switch to snowboards," says Sandeman.

Take tips for best skiing

Skiing is one of the most popular sports in the Northwest. As such, there are several hints to keep in mind when trying to make the most of your skiing day while still avoiding the crowds:

•Weekends and holidays are the busiest days at ski areas. It is a good idea to arrive early in order to get extra runs in.

•Take your lunch break before 11:30 a.m. or after 1:30 p.m. in order to avoid the lunchtime crowds. Runs will be much less crowded during this time period.

•The season tends to thin out after ski schools conclude in late February. March and April are the best times to ski on uncongested runs.

Network announces highlights

Cable television channel Prime Sports Northwest has released programming

Hockey, U.S.-U.S.S.R., 8 p.m. Saturday, Dec. 23 — Men's college n at Duke

basketball, VMI at Texas, 5:30 p.m.; basketball, California at Arizona, 6:30 p.m. Wednesday, Jan. 3 - Men's college basketball, USC at UCLA, 7:30 p.m.

highlights for holiday viewing.

They include a mix of college football specials, college basketball, pro basketball and indoor soccer. Here are selected highlights:

Tuesday, Dec. 19 - NBA basketball, Sonics at Detroit Pistons' 4:30 p.m. and 10:30 p.m.; Pro hockey, USA Select v. USSR

Wednesday, Dec. 20 - Hockey, U.S.-U.S.S.R., 5:30 p.m.; Men's college basketball, Missouri at Illinois, 10 p.m. Thursday, Dec. 21 - Men's college

Wasning BYU at California, 7:30 p.m; N. Texas at Colorado State, 9:30 p.m. Wednesday, Dec. 27 - NFL playoff

preview, 6:30 p.m; Men's college basketball, UNC at Kentucky, 8:30 p.m.

Thursday, Dec. 28 - Men's college basketball, Blue Angel Classic, S. p.m. Mississippi-Bucknell, 4 p.m; Indoor soc-

cer, Kansas City at Tacoma, 7:30 p.m. Saturday, Dec. 30 — NFL playoff preview, 4 p.m; Men's college basketball, Mile High Tournament, 5 p.m.-11:30 p.m; Men's college basketball, Louisville-Kentucky, 11:30 p.m.

Sunday, Dec. 31 — Hockey, Great Lakes Invitational, 4 p.m; Orange Bowi special, 7 p.m. and 11:30 p.m.

Tuesday, Jan. 2 -Men's college

Thursday, Jan. 4 College basketball, Washington at Arizona State, 6:30 p.m.

Friday, Jan. 5 - Indoor soccer, Tacoma at San Diego, 7:30 p.m; Men's college basketball, Oregon State at Stanford, 9:30

Saturday, Jan. 6 — Men's college basketball, Washington at Arizona State, 6:30 p.m. Monday, Jan. 8 - NBA basketball, Seat-

tle at Dallas, 5:30 p.m. Tuesday, Jan. 9 - NBA basketball,

Seattle at Houston, 5:30 p.m. Thursday, Jan. 11 - Men's basketball,

Arizona at USC, 7:30 p.m; Stanford at Washington, 9:30 p.m. Friday, Jan. 12 — WHL hockey, Spokane

at Seattle, 7:30 p.m.

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Fife downs Aussies, but falls to Patriots

After being edged by Washington, 55-50, Tuesday, the 'Fife boys' basketball team took a break from Pierce County League play to host the Broadmeadows Broncos of Melbourne, Australia Wednesday.

The Trojans emerged victorious over the Aussies by a 75-68 score to give them a 4-1 overall record to go with their 1-1 mark in PCL play.

Broadmeadows also played Decatur and Federal Way while in the area, arriving at SeaTac Saturday, Dec. 9 and departing for Los Angeles Thursday.

The Broncos were also scheduled for a stop in Las Vegas Thursday by car, before going back to Los Angeles to stay and tour the area until today - when they leave for Honolulu, Hawaii.

They will leave Honolulu Saturday and then arrive home Christmas Eve.

The visit by the Australian team was arranged through former Fife head coach John McCrossin, who took a team Down Under a year and a half ago. McCrossin is now the head coach at Lincoln High School, with Larry Skogstad taking his place.

Kai Maulding led the Trojans past the Broncos with his 18 points, and Scott Snider was also in double figures with 13.

Adam Waterman contributed nine points to the Fife cause along with Jason Rance and Rob Davies hit seven, while Jeff Imhof scored six and John Strojan

five.

round out the Trojans' scoring.

leading scorer for 11.

Murray Haliwell scored seven for the Broncos and Murray Fitzgerald and Chris Gray six each. Matthew Knight, Wayne

Barr also played for Broadmeadows.

13 points and Waterman was right behind with 12 as Strojan scored nine and Snider and Imhof six apiece. Fix added four.

Fife was at home against

PCL BOY	S' BASI	KETBALL		
		League	Ove	ara
Washington	et a tra		3-0	5-
Enumclaw			3-0	5-
Franklin Pierce			2-0	4-
Fife			1-1	3-
White River			1-2	4-
Tahoma			1-2	2-
Peninsula			1-2	1-
Gig Harbor			0-2	0-
Yelm			0-3	0-

Justin Johnson and Brandon Fix scored four points apiece to

Erik Wickstrom was the Broadmeadows with a gamehigh 25 points, while Craig Jackson hit 13 and Glenn Cooper

Taylor, Sam Taylor and Glenn

While in the area, the Broncos stayed with Decatur, Federal Way and Fife families.

THE TROJANS went into two overtime periods of three minutes each Tuesday, only to lose to the Washington Patriots by a 55-50 score. Washington outscored Fife in the second overtime, 5-0, to take the win.

Maulding led the Trojans with

Franklin Pierce after press time last night in its only action of this week.

PCL BOYS'	BASKETBALL		
	League	Ove	eral
Washington	1	3-0	5-0
Enumclaw		3-0	5-0
Franklin Pierce		2-0	4-1
Fife		1-1	3-1
White River		1-2	4-2
Tahoma		1-2	2-3
Peninsula		1-2	1-6
Gig Harbor		0-2	0-5
Yelm		0-3	0-6

Patriots defeat **Fife wrestlers**

The Fife wrestling team was edged by Tahoma, 37-29, in Pierce County League action Thursday.

The Trojans fell to 1-2 in league matches and to an even 2-2 overall.

"It wasn't one of our stronger performances," said Fife head coach Larry Brown. "We're hoping for a stronger performance next week."

The Trojans will return to action today when they host White River for a 7:30 p.m. match.

Fife opened Thursday's clash with Tahoma by winning the first three weight classes. Thoai Nguyen took the 101pound match by forfeit, and Ron Howell won by the same means in the 108.

beating Gary Gustafson by decision at 129 pounds, 8-4.

a Fife win at 135 pounds, pinning Tahoma's Jesse Robertson 3:40 into the match.

three weight classes.

Lonnie Gonzales was decisioned by Danny Rabellos at 141 pounds, 24-15, and Kyle Chestnut lost to Justin McElderry at 148, 4-2, then Devin McLane was decisioned at 158 pounds by Adam Scanlon, 11-4.

Craig Ian picked up Fife's last

tenam then followed that up by

BILL WHIDBY came back for

The Trojans dropped the next

win of the day at 168 pounds,



FIFE'S SCOTT Snider (left), who lives in Federal Way, takes control of the ball while Neil Stock (right) of photo by Andy Bronson

Melbourne, Australia's Broadmeadows Broncos falls to the court. Snider and the Trojans emerged victorious, 75-68.



Ed Rossich then took the mat at 115 pounds and defeated the Bears' Clarke Hurlbut by technical fall, 18-1.

Tahoma posted its first win at 122 pounds, as Jens Pulver pinned Randy Fosella of the Trojans in 34 seconds.

Bears teammate Tony Wet-

winning by forfeit. Perry Anderson won by forfeit for Tahoma at 178 pounds, and

Steve Dowell of the Trojans was edged at 190 pounds, 12-9. Dowell was wrestling two

weight classes up from his usual 168 pounds, however, and his opponent — the Bears' Jason Lange — was previously undefeated.

In the unlimited weight class, Fife's Sonny Matheson was pinned by Eric Gann at 3:05.

Bellarmine girls open with a split

ball team drew a split to open Narrows League action last week.

The Lions launched the season with a 57-29 win at Timberline Wednesday, but turned around to lose to North Thurston at home Friday, 47-40.

Aside from giving Bellarmine a 1-1 league record, the split put the Lions overall mark at 1-4. Bellarmine only led by a 9-8 score at the end of the first quarter against Timberline Wednesday, but made its move in the second and third quarter. The Lions dominated the se-

cond quarter, 16-7, to take a 25-15 halftime advantage, then owned the third quarter as well, 17-4. Anne Davidson - a 6-0 senior

center from Northeast Tacoma- was Bellarmine's leading scorer with 19 points, and Erin Royse added 11.

Shannon Fitzpatrick hit eight, Jennifer McCormick six, Kris Kain five and Laura Luce four,

The Bellarmine girls' basket- while Jannae Mitton and Karin Lofing iced two points apiece.

FRIDAY the Lions fell behind early, then came roaring back to get within four points with twominutes to go and only lose by a 47-40 score to North Thurston.

Bellarmine was down, 9-8, at the end of the first quarter and 27-12 at halftime, but outscored the opposition in the third quarter, 11-5.

Davidson also set the pace for the Lions in that game with 15 points, as Royse scored eight, Fitzpatrick seven, Lofing six and Mitton four.

Bellarmine travels to Mount Tahoma for a 7:30 p.m. game tomorrow, after hosting Foss last night (after press time).

The Lions are then off until Jan. 3, when Stadium pays a visit. Transfer student JoAnne Weinbrecht is on Bellarmine's injured list at this point after undergoing arthroscopic knee surgery.

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Stadium boys edged

The Stadium boys' basketball Aaron Foy five. team was edged by Mount Tahoma, 45-42, in its Narrows League opener last Tuesday.

It was the Tigers' only action of the week, leaving their overall record at 3-1.

Jim Fuller led the way for Stadium with 11 points and Jason Fleming hit nine, while Kevin Conroy scored six and

Larry Joy and Corbin contributed four points apiece to the Tigers' cause and Erik Brubaker rounded off Stadium's scoring with three'

Stadium was at Wilson last night, with the Tigers' final game before Christmas vacation at 7:30 p.m. tomorrow at Foss.

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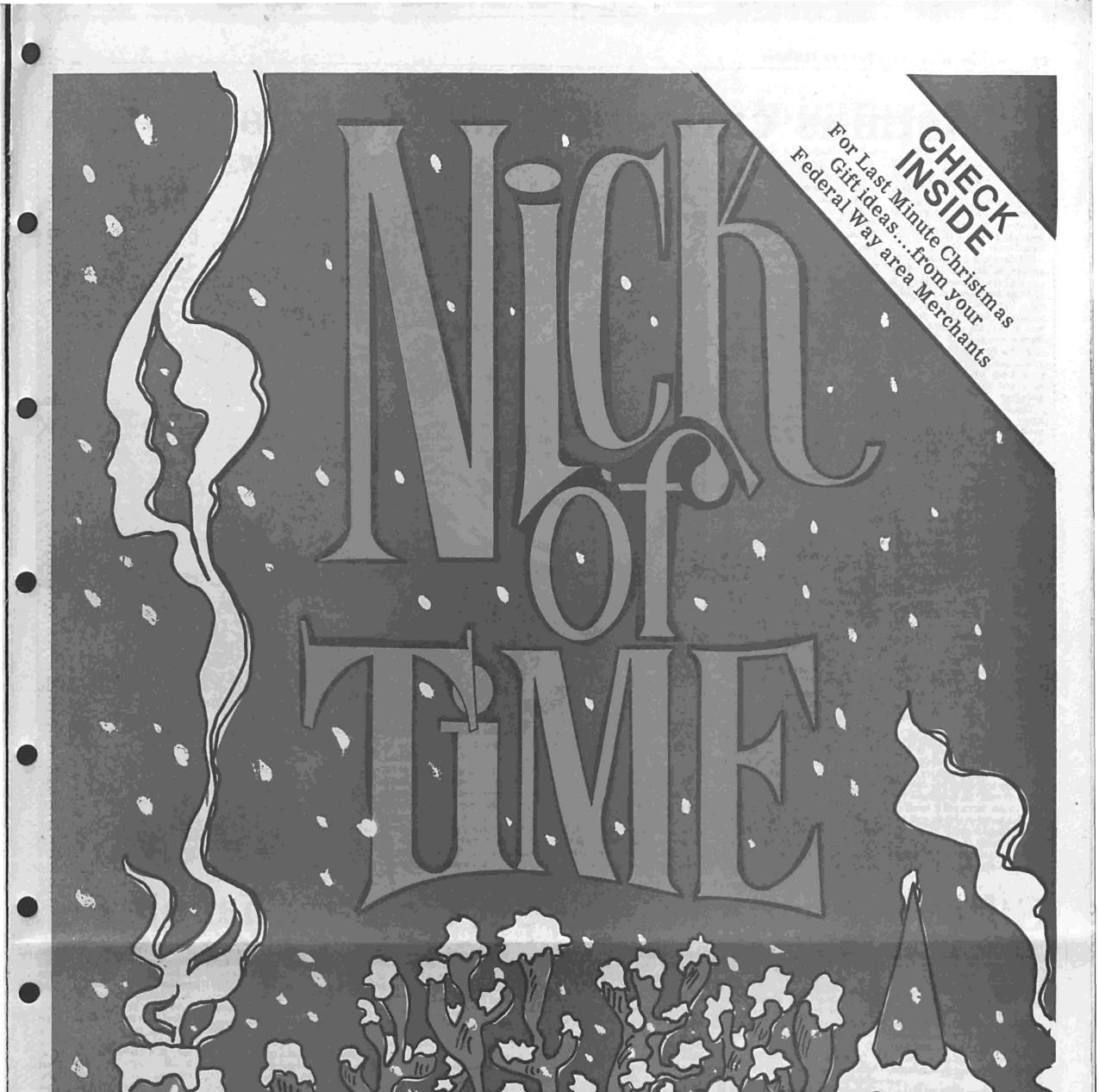
Use Our Additional 10% Bonus Coupon! ADDITIONAL 10% BONUS COUPON WEDNESDAY, DECEMBER 20 ONLY! Redeem this coupon for any single purchase of one or more items of **regular, sale or clearance** priced merchandise totalling **35.00 or more**. Coupon must be presented with purchase. Coupon cannot be combined with other coupons. Coupon not valid on prior purchases. Does not include priced merchandise totalling **35.00 or more.** Coupon must be presented with purchase. Coupon cannot be combined with other coupons. Coupon not valid on prior purchases. Does not include cosmetics. Guess?. Swatch, value price items. Liz Claiborne, Lamonts gift certificates. cannot be combined with other coupons. Coupon not valid on prior purchases. Do cosmetics, Guess?, Swatch, Value Price items, Liz Claiborne, Lamonts gift certificates, Coupon Valid December 20, 1989 only Coupon valid December 20, 1989 only. **O** NAMES OF TAXABLE PARTY. *Limit 10 per customer. All items are selected unless otherwise noted Does not include Value Price items, Liz Claiborne, Swatch, Monet.

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Christmas cures the blues, prompts joy

There is something in the air during Christmastime that changes people's attitudes: Angry becomes joyous, negative becomes positive, depressed becomes hopeful, selfish becomes giving, and even contented becomes elated.

Holidays bring us closer to the answer to the question, "Why are we here?" Hasn't everyone at some time been caught in a rut, the daily grind, and wondered what their purpose was in life? On Christmas day, there are no important meetings to go to, no deadlines to meet, and no presentations to give; so even busy executives can sit back and enjoy their holidays, guilt-free.

The holiday season takes us away from our day-to-day routines and lets us focus on what is really important: The simple things in life, the things we take for granted.

Christmas is family time

Christmas lends an excuse to spend time with family - quality time. Instead of sitting in front of the TV and talking only during commercials, families tend to engage in more grouporiented activities, those that all can participate in.

Besides the traditional exchanging of gifts, families participate in games such as "charades" and "rummy." If they are lucky, they may find one of the more trendy board games under the tree.

Also, Christmas gives us a chance to reminisce with family members by looking through old photo albums, watching home movies and talking about old times - and catching up on new ones, too.

Christmas dinner is a favorite part of the day and is also somewhat of a novelty. In today's fast-paced society, family sit-down dinners are few and far between. So, a formal holiday dinner turns out to be an enjoyable social event, as well as a scrumptious feast!

Some may argue that the

tual day itself. Festive lights and decorations go up weeks in advance, spreading the holiday spirit to all. Even the simplest looking structure is transformed into a visual carnival, emitting feelings of warmth and unity to its town.

Shopping

Although it is sometimes hectic, Christmas shopping can be both satisfying and enjoyable. Shopping malls are filled with sights and sounds that get us into the spirit of Christmas. Has a year gone by when we haven't heard the familiar Salvation Army bell ringing along as we cross the names off our giftgiving list? And, isn't it more enjoyable to hear "Chestnuts Roasting on an Open Fire," than the usual canned music we hear eleven months of the year at shopping malls?

A new attitude

Rather than letting the crowds and the lines get to you this holiday season, why not join the optimists of the world?

These optimists are the people you see weeks before Christmas, greeting everyone that passes them by with a wish of good cheer. This optimistic attitude is contagious, and gets transmitted to every person within smiling distance. Invariably, the cheer is then carried to offices and homes where co-warkers and loved ones catch the holiday spirit, and eventually it is spread into epidemic proportions!

Many drab-looking offices become festive delights during Christmas. Cheerful decorations provide a friendly working environment. Christmas parties bring co-workers closer together by giving them an opportunity to socialize on a personal level, with no "shop talk" involved.

At some company parties, a really creative group may put on a play, or have a Christmas sing-along. This sparks exciteweeks leading up to Christmas ment weeks in advance because are more enjoyable than the ac- of all the fun involved with prac-



NEED GIFT ideas for Christmas? Ask a kid.

ticing and planning.

Hearing from old friends is another aspect of Christmas that manylook forward to. It's a fact of life that friends move away and people get busy. It's virtually impossible to keep all the relationships in our lives as strong as they once were.

Keeping in touch

Christmas offers a reason to make time to reach out to people who were once very important in our lives. A holiday greeting with a perfect personal note inside is theway to brighten the day of an old friend. It lets the recipient know you still care.

Year after year, as our society becomes more technologically advanced and less peopleoriented, a holiday like Christmas will become more of a necessity than a tradition. Imagine a society without Christmas: No decorations, no Christmas trees, no children's

faces lit up when they see Santa, no eggnog, no mistletoe, no holiday spirit, no peace on earth and good will toward man - no way!

America needs Christmas, and will be celebrating it for many years to come - it's here to stay!

Gifts that surprise make recipients happiest

Before deciding on which Christmas gifts to offer each year, a large cosmetics company surveys the country to find out what Americans really want.

This year, they asked people across the country how they plot and plan to surprise people with ceeded their expectations and most disappointed when they got a smaller version of their wish. Here are some examples:

"I wanted a car but I got a bike," "I wanted a microwave but I got a toaster oven," "I wanted a car but I got \$1,000," "I wanted a watch but I got a clock.

different artists and titles. The lesson to be learned here: Find out people's sizes before purchasing clothing and find out specifically what kinds of music

they like. A gift certificate for these items from a major department store chain would be a good idea

return a gift and 60 percent don't tell. In both cases, women are concerned about hurting the person's feelings. The 40 percent who will tell someone they're exchanging their gift do so because feel obligated to explain the absence of the gift. The 60 percent who do not tell say it's

wanted to avoid the issue altogether. However, if the subject comes up, they will tell the person honestly the reason why they returned the gift.

 Are you insulted if someone returns a gift you gave him or her?

Thirty percent of the women

Many said they blame themselves and feel guilty if someone returns their gift, but they would rather the person return the gift so he or she would have something appropriate.

Only 15 percent of the men polled said they minded if their gift was returned. more practical approach. Since they do not selection, they put as much energy into gift do not mind as much if a gift is returned. They take no offense if someone wants to return or exchange their present.

their Christmas gifts, and how they react when they get a wonderful — or not so wonderful - gift.

Men and women in 10 states, aged 18-55, revealed some very definite similarities and some striking differences regarding shopping, giving, getting and returning gifts. Here's how erica responded.

• What are the best and worst Christmas gift surprises you've had?

Women were most thrilled when they expected a practical gift but got a romantic one. Conversely, they were disappointed when they wanted an expression of affection and instead received a practical appliance.

Some examples are:

"I wanted jewelry but I got a step ladder," "I wanted a mink but I got a dishwasher," and "I wanted a ring but I got a microwave."

Men responded quite differently. They were happiest when the grandeur of the gift ex-

And the winner for the most unusual response goes to the 32vear-old man who said he wanted a stereo but got a bat (the mammal) embedded in lucite!

· How do you find out what others want?

Money topped this list for both men and women, with other luxury items such as furs, jewelry and fragrance following close behind. Women said they never Decorating: return fashion accessories, because they are a treat they don't often get for themselves, anything handmade, because it has sentimental value, and anything from their boyfriends. What kinds of gifts do you

usually return or exchange?

The wrong size clothing topped the list for both men and women, along with items they perceived to be "cheap or tacky." Other commonlyreturned gifts were duplicates of things people already had, and CDs that were exchanged for

for people that don't live in your area. This way, they can use it in their hometown.

· Do you tell people if you return or exchange their gift?

Forty percent of the women surveyed tell the giver if they because they don't want to insult the gift-giver.

Men responded quite differently. Nineteen percent tell if they return a gift and 81 percent do not. When pressed for an answer, most men said they

polled said they get quite upset if someone returns their gift. Most women put a great deal of time and thought into gift selection. so it is not surprising that they are sorely disappointed if their efforts were not on target.

Holiday energy hints stress conservation

Holiday Energy Tips

• Use strings of new miniature lights rather than old fashioned higher wattage bulbs. They use less energy.

• Use mirros, foil, and tinsel for reflective decorations to reduce the need for additional lights.

• Use outdoor lights after sunset only and shut them off when you retire for the night.

• Unplug lights when trees are being watered.

Recycling Christmas Trees:

Explore recycling op-

portunities through your local solid waste utility. Fireplace Use:

· Make sure the flue is clean and free of creosote; burn only seasoned wood.

· Use glass doors or a fireplace cover to reduce heat loss; keep doors open during burning and closed when the fire dies down.

· Don't burn if a ban is announced.

Cooking and Baking:

· Cook with lids on pots. · Keep vent fans running to

reduce moisture buildup.

. When baking, turn off the

oven a few minutes before the dish is done. Let the stored heat do the rest.

Gift Shopping:

 Look for gifts with a minimal amount of disposable or nonrecyclable packaging.

· Buy recycled and recyclable gift paper. Recycle gift wrapping at curbside or drop stations.

· For practical friends and relatives, buy energy efficient gifts. Look for low flow shower heads, electric blankets or mattress pad warmers, flannel sheets, solar calculators, screwin fluorescent lamps, clock thermostats, recycled stationary products, rechargeable batteries for battery operated toys, compost bin kits, and reusable shopping bags.

Going Out of Town:

 Lower furnace thermostat to lowest setting not below 50 degrees.

 Use timers on security lights.

 Turn off water and space heaters if gone for three or more days.

Furnished by the Washington Energy Extension Service, a Division of the Washington State Energy Office.







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Zip through holiday baking with microwave

- We eat more cookies at this time of year than at any other. and most of them must be baked in conventional ovens. Many cookie recipes just don't adapt well to microwaving, especially if the cookie must be crisp.

Drop cookies are baked in large batches, and the typical microwave can bake no more that a dozen or so at a time, so it's usually more practical to bake in a conventional oven. Besides, be cause of the speedy cooking process, drop cookies tend to microwave unevenly.

But while drop cookies are largely a microwave flop, most bar cookies do very well when adapted for microwave baking. To adapt a favorite recipe, decrease the amount of baking soda or powder by one-quarter to one-half. Use brown instead of white sugar for more color, if you wish, and decrease liquid slightly (use same amount of oil or shortening and other ingredients).

Texture, flavor and appearance of bar cookies will approximate conventionally baked, but they will take only about five to 10 minutes to bake - and there is no waiting for the oven to preheat.

Be careful not to overbake bar cookies. Microwave no longer than recipe specifies, even if surface still looks moist (it will firm and set with standing). Over-microwaved bar cookies will be hard, crumbly and crusty.

Bar cookies are normally baked in square or rectangular pangs, but corners attract more energy than does the center of the pan. To even things out, consider shielding corners with aluminum foil. Attach small (1by-2-inch) rectangles of smooth (uncrumpled) foil to outer edges of corners, using transparent tape to hold in place. Foil will reflect microwave energy away from corners, allowing bar cookies to bake more uniformly.

Bar cookies are less crumbly, and will cut more easily, if they are left to cool in the pan. Set baking pan on a heat-proof surface (wooden cutting block or heat-proof countertop) and let stand until cool before cutting into bars. Microwaved bar cookies will have slightly irregular tops, so frost if desired, or sprinkle with sifted powdered sugar.

Whip up a quick batch of bar cookies for holiday guests, or frost and wrap prettily to give as gifts (don't forget to include a copy of the recipe).

(Recipes in this column have been tested in 625- to 700-watt microwave ovens.)

MICRO-TIP OF THE WEEK Greasing a baking dish is up to the cooks, but never grease and flour cake or brownie pans when microwaving. This can cause a thick, dense layer to form at the bottom of the cake. If you wish, line the bottom of the pan with waxed paper for easier removal.

WALNUT FINGERS 1/2 cup (1/4 pound) softened butter or margarine 1 pound light brown sugar 2 eggs, well beaten 1 teaspoon vanilla extract 1 teaspoon walnut extract 1-1/2 cups pancake or biscuit mix 2 cups chopped walnuts Powdered sugar Cinnamon

Yields 3 to 4 dozen bars. Preparation time: 15 to 20 minutes.

Cooking time: 9 to 11 mintues (plus cooling time).

Oven setting: HIGH (100 percent power).

Place butter or margarine in large microwave-safe mixing bowl and microwave about 1 minute, to melt.

Beat in brown sugar, eggs, vanilla and walnut extract. Add pancake mix, blending thoroughly, then fold in walnuts. Turn batter into buttered 8x12-

inch microwave-safe baking

dish. Microwave 8 to 10 minutes, rotating dish 1/2 turn every 3 minutes. Let stand on heatproof, surface 10 minutes (top will set with standing).

When cool, cut into long, thin bars; roll each in powdered sugar, then dust tops lightly with cinnamon. PUMPKIN SPICE BARS

1-1/2 cups granulated sugar 1 cup vegetable oil

4 eggs

1 teaspoon vanilla 1 (15-ounce) can pumpkin 2 cups unsifted all-purpose

flour 2 teaspoons each baking baking powder and ground

cinnamon 1 teaspoon baking soda ½ teaspoon each salt, ground cloves, nutmeg and ginger 1 cup chopped pecans, plus

36 pecan halves 1 (3-ounce) package cream cheese 1/4 butter or margarine

1 tablespoon milk or cream 1/2 teaspoon lemon juice

2 cups powdered sugar Yields 3 dozen bars.

Preparation time: 10 to 15 minutes.

Cooking time: 10-1/2 to 15 minutes (plus cooling time).

Oven setting: HIGH (100 percent power); LOW (30 percent

power). Combine sugar, vegetable oil, eggs, vanilla and pumpkin in large mixing bowel. Beat well.

In separate bowl combine flour, baking powder, baking soda and spices; toss with fork to combine, then add to pumpkin mixture. Fold in chopped pecans, saving pecan halves for garnish.

Turn batter into 2 8-inch square microwave-safe baking pans; smooth top of batter with spatula. Microwave pans, 1 at a time, 5 to 7 minutes, or until toothpick inserted in center comes out clean. (Center top will look moist, but will set with

standing.) Repeat with remaining pan. Let stand on heat-proof surface until thoroughly cooled, then cut into 2-inch bars.

In small microwave-safe bowl combine cream cheese and butter. Microwave at LOW setting 30 seconds to 1 minute, to soften. Blend in milk and lemon juice, then add powdered sugar, a little at a time, beating until smooth. Top each pumpkin bar with a dab of frosting, then press pecan half into frosting.

NOTE: This recipe uses plain canned pumpkin not pumpkin pie filling.

ALMOND LEMON BARS 1/2 cup butter or margarine 1/2 cup powdered sugar 1 cup all-purpose flour 1/2 cup slivered almonds 2 eggs 3/2 cup granulated sugar 2 tablespoons all-purpose flour 3 tablespoons lemon juice

1 heaping teaspoon grated lemon peel 1/2 teaspoon baking powder Powdered sugar Yields 16 bars.

Preparation time: 10 to 15 minutes.

Cooking time: 8-1/2 to 11 minutes (plus cooling time). Oven setting: LOW (30 percent power); HIGH (100 percent

power). Place butter in small microwave-safe mixing bowl. Microwave at LOW setting 30 seconds to 1 minute, to soften. Blend in powdered sugar, then flour, a little at a time.

Press mixture into bottom of 9-inch square microwave-safe baking dish. Sprinkle with slivered almonds, pressing lightly into batter. Microwave on HIGH setting 4 to 5 minutes, or until set and nuts around edges look lightly browned.

In small mixing bowl, combine all remaining ingredients except powdered sugar. Beat well until smooth, then pour over crust. Microwave on HIGH

setting 4 to 5 minutes, rotating dish 1/2 turn every 2 minutes. Cover with plate and let stand (center will set with standing).

and dust lightly with sifted powdered sugar. CHOCOLATE-PEANUT

BROWNIES 1/2 cup butter or margarine

3 (1-unce) squares unsweetened baking chocolate

4 eggs

% cup granulated sugar ¾ cup light brown sugar

Yields about 36 brownies.

minutes.

Cooking time: 7 to 11 minutes (plus cooling time).

Oven setting: HIGH (100 percent power).

Holiday traditions abound

There are many fascinating customs associated with the Christmas season. Among them is the tradition of "firstfooting," which hails from the British Isles.

On New Year's Day, in Scotland, andChristmas Day in rural England, the first person to enter the house is of utmost importance. He or she is considered to have "let in" the holiday, and the fortunes of the family who reside therein are dependent on this being done properly.

If a woman is the first person to enter, according to superstition, the results would be disastrous. Thus, in some places, families hire men as 'first-footers," to make sure everything occurs according to tradition.

These men, however, should have dark hair; they cannot,

under any circumstances, be redheads, as that would be unlucky (red is the color of Judas Iscariot).

frothy, about 5 minutes. Add

sugars gradually, beating con-

stantly, then add flour and salt,

Blend in chocolate mixture

and vanilla, then fold in half of

nuts. Spread mixture evenly in

8x12-inch microwave-safe bak-

ing dish. Smooth top of batter

with spatula, then sprinkle even-

Microwave, uncovered, 6 to 9

minutes, rotating dish 1/2 turn

every 3 minutes. Brownies are

done when toothpick inserte

near center comes out clean.

(Center may appear moist, but

will set with standing. Cracks in

surface are normal.) Let stand

on heat-proof surface until cool,

ly with remaining nuts.

then cut into bars.

blending well.

There are certain actions associated with first-footing, as well. The first-footer must enter the home through its front door; walking through it and exiting in the back.

He usually bears a twig of evergreen - a symbol of life in the midst of winter's barrenness. And, while within the house, in many locations he is given a token gift - usually salt or bread - as a symbol of hospitality.

What is the aim of all this elaborate ritual? An old carol offers one answer, when it recounts "a pocket full of money and a cellar full of beer, and a great fat pig to last you all the year."



1-1/4 cups all-purpose flour 1/4 teaspoon salt 1 teaspoon vanilla 1 cup chopped peanuts reparation time: 10 to 12

Combine butter and chocolate in 1- quart microwave-safe bowl. Microwave 1 to 2 minutes, to melt. Set aside to cool. Beat eggs with electric When cool, cut into squares beaters until very light and



Last-minute shopping need not be a nightmare

Even those of us who start out early with the best intentions somehow wind up searching frantically for last-minute presents at 6 p.m. Dec. 24, and buying anything that can be wrapped up and given away. And that usually takes all the pleasure out of giving. Although buying and selecting presents for loved ones should be among the happiest moments of the holiday season, indecision, bad weather, lines and crowds of harried shoppers can get you

down.

So what's the best way to keep from getting frazzled during the holidays. A few simple gift shopping tips should help keep your spirits up.

One common mistake Christmas shoppers make is concentrating too much on the specific interests and hobbies of the person for whom the gift is intended. However, if you stay away from your friends' areas of expertise, there really is no "wrong" gift. Remember, few people have only one interest in life, and most of us enjoy receiving the little luxuries we ordinarily deny ourselves. If you make use of your own knowledge and interests, you have a much better chance of choosing a gift that will be appreciated.

Although we usually rely on our own judgment when shopping for ourselves, it is amazing how little faith we have in our own taste when choosing for others. Ask yourself first, "Do I like it. "Then consider why it may or may not be suitable for someone else.

Still unsure. If it's a good buy and a gift that might please more than one person, go ahead and get it. You'll thank yourself on Dec. 24 when you need a last minute gift for someone you forgot. Even if you have enough presents for everyone, if you like it, you won't be unhappy keeping it yourself.

Another tip is to buy multiples of an inexpensive, sure-to-please item, like an organizer or a drawer sachet, and wrap them before the season gets busy. This precaution is a life-saver when your colleagues show up at your Christmas party and you have forgotten their wives or husbands. Of course you are not obligated to give them gifts, but it certainly makes exchanging presents less awkward when one person is not left out.

When selecting presents for children, especially other people's children, it seems impossible to keep up with the trends in "in" toys and gadgets. Children are actually much choosier than adults. Since children develop at different rates, it is best not to give a toy that is for a specific age group.

If you are really at a loss, as most of us are, ask the salesgirl at your local toy store what the hottest sellers are, or watch a child for a few minutes. Observe what he or she picks out or even ask him what he wants from Santa.



ninor holiday, Hanukkah is special Though Add apple cider, water, cin-

Hanukkah may be a minor holiday according to record, but with the electric excitement of the festival season, Hanukkah has its own very special place.

The Holiday of Lights has eight days of celebrating. There are plenty of family dinners, including those with close friends. There is also plenty of giftgiving for everyone - one present for every day of the celebration of the miracle of light.

In addition to the religious nature of the holiday, it also is a great way to celebrate the beginning of winter.

In order not to lose the religious meaning of this holiday to just gift-giving, setting traditions is very important. Traditions differ from family to family, but by blending games, food, story-telling and fun together, traditions are formed that will be looked forward to year after year.

Potato pancakes or latkes already area a Hanukkah tradition. Instead of just letting Grandma make her special holiday recipe, et the grandchildren join her in the kitchen to lend their helping hands.

This recipe for latkes is a combination of potatoes with apple and carrot, making a colorful combination as well as a good blend of flavors. It gives this old family favorite a little twist.

Then, what is a potato pancake served without applesauce? So that is, of course, the second recipe.

Both of these recipes can be made in advance, frozen, then reheated the day of your dinner. Even though these are Hanuk-

kah favorites, they also can be made for your own special holidays.

POTATO LATKES 3 large potatoes (4 cups grated, see note) 1 large apple, core

removed 1 carrot 1 medium onion 3 eggs 1/2 cup flour ¾ teaspoon salt

1/2 teaspoon pepper

1/4 teaspoon nutmeg

¹/₄ cup vegetable oil Utensils: Measuring cups and spoons, mixing bowl, mixing spoons, 10-inch frying pan, spatula, paper towels, waxed paper, oven-proof plate, oven mitts, cutting board, knife, vegetable peeler, strainer, grater.

Yields 24 latkes.

Preparation time: 30 minutes. Cooking time : 30 minutes.

Wash potatoes, apple and carrot under cold running water. Pat dry with paper towels. Using vegetable peeler, peel outside skin off potaotes and carrot. Tear off sheet of waxed paper and place on counter. Set grater on paper. Carefully moving your hands in an up-and-down motion, grate potatoes over largest holes of grater. Do this slowly so not to scrape your knuckles.

Place strainer in mixing bowl and put grated potatoes in strainer. Press potatoes against strainer to drain off any excess liquid.

Grate carrot over grater and add to potatoes.

Grate apple carefully over large holes of grater, add to potatoes.

Press potatoes one more time against sides of strainer, draining off any extra liquid. Pour liquid out and pat dry the bowl with a paper towel. Put grated potatoes, carrot and apple in dry bowl.

Place onion on cutting board and cut onion in half, end to end. Peel outside skin off and discard. Then place onion flat side down and cut each half into four slices. Then slices several times to cut onion pieces as small as possible. Add onion to mixing bowl.

Crack eggs into bowl and blend thoroughly with mixing spoon. Then add flour, salt, pepper and nutmeg. Again mix thoroughly with mixing spoon.

Turn oven on to 250 F. Place frying pan on stove and add 1/4 cup vegetable oil and heat over medium high.

When hot, spoon about 1/4 cup pancake mixture into frying pan, pressing it slightly to form a pancake shape. Fry 2 minutes on first side, then use spatula to carefully flip potato pancake over. Continue to cook pancake for another 2 to 3 minutes.

Slide pancake out of pan and set on oven-proof plate that has been lined with paper towels. Put oven mitts on and carefully place plate in oven. Continue cooking remaining batter until it has all been cooked.

When ready to serve, turn oven off and put on oven mitts. Carefully remove plate and set it on heat-proof surface. Remove paper towels and place potato pancakes on serving platter. Serve with a bowl of applesauce and sour cream.

Note: You can use grated frozen potatoes that have been thawed.

and guests could result in ac-

cidents and potentially serious

As a reminder that holiday

hazards do exist, Children's

Hospital and Medical Center in

Seattle, the Seattle Poison

Center and the Washington

chapter of the American

Academy of Pediatrics offer

several safety precautions. The

list is by no means comprehen-

injuries to children.

HOLIDAY APPLESAUCE 6 large apples (baking apples are best, but

any will do) 1 orange 1/2 cup apple cider 1/4 cup water

1/2 teaspoon cinnamon 2 to 3 tablespoons sugar (only if apples are

very sour)

Utensils: Cutting board, knife, vegetable peeler, saucepan, mixing spoon, and spoons.

Yields 4 cups.

Preparation time: 30 minutes. Cooking time: 20 to 30 munutes.

Peel skin off apples and place on cutting board. Cut each one in half, then half again, making four quarters. Using spoon or knife, cut seeds and core out of apples. Cut apple quarters into smaller pieces. Place in saucepan.

Place orange on cutting board and cut in half. Squeeze halves namon, and sugar, only if necessary, to the saucepan. Toss until well blended. Place sauce pan on stove and turn heat on medium. Let apples simmer for about 20 minutes, checking every 5 minutes or so with a stir. If apples are still hard, then let them continue cooking for another 10 minutes. Try to keep applesauce chunky.

Once apples have softened and have mashed slightly, turn heat off. Put oven mitts on and put saucepan on cool burner. Either scrape applesauce into refrigerator container or into serving bowl. When serving applesauce with potato pancakes, warm it slightly first. and toss juice with apples.

Kids can be hurt by decor

The last thing we may think sive. about during the festive holiday Christmas trees should be placed on a small base. Turn off season is that some gifts we buy. some decorations we use or the tree lights when not at home. some foods we put out for family

Also, keep the trees dry so as to prevent a fire. Keep small ornaments away

from children. Be cautious when purchasing ornaments because bubble light fluids and colored fireplace crystals may be toxic.

Holly, mistletoe and Jerusalem cherry can be poisonous and should be kept out of the reach of children.

Keep infants and toddlers

away from hard candy, nuts, popcorn and other treats that may pose a choking hazard.

Gifts which contain alcohol should be kept out of the reach of children and some adults, too.

If a poisoning does occur, or if you suspect your child has ingested something he shouldn't, call the poison center nearest you immediately. The Seattle Poison Center number is 206-526-2121 or 800-732-6985.

Remember, nothing can substitute for adult supervision when it comes to safety.



Sure-fire gifts perfect for uninspired shoppers

What do you get for the person who has everything? How do you make your gifts more unique and personal? When your Christmas list is long, and your time and inspiration are short, what do you do?

The Five sure-success Christmas gifts are gifts for the home, food, fragrance, office accessories and memberships, subscriptions and tickets. Gifts for the home

Gifts for the home are ideal for Christmas because everyone does at least a little bit of entertaining. In fact, more people are entertaining at home than ever before.

Some sure-fire ideas for gifts for the home are:

Scented candles;

 Potpourri; · Unusual-looking or high-

quality serving platters or utensils;

· A gift certificate for maid or butler service;

 A subscription for flower arrangements.

Here are some tips for choosing scented items:

· Choose a scent that is fresh and comfortable. Light green and floral scents translate best into frangrance for the home.

· Make sure that scented candles are made with the scent infused into the entire candle not just around the edges. This makes for an even distribution of scent when the candle burns.

These two tips will make choosing other items for the home easier: • Know the color scheme of the room in which the gift will be us-

ed. . Know the style of dishes and cutlery if you're going to augment them with serving pieces. Food

Even the pickiest eater loves to get the food he or she loves. There are lots of fun ways to give food, such as:

 Food baskets — Caterers and gift services can make up beautiful baskets of any kind of food you ask for. They can adjust the gift to any budget and their presentations are spectacular. They can also arrange to have the gift shipped out of town or delivered locally, making your job much easier.

• Food subscriptions - There are many companies that will offer a subscription to a particular type of food. Once the subscription is purchased, they will automatically ship a different fruit, dessert, meat, bread, etc., to the recipient.

• Food service - A gift certificate for a chef to come to someone's home and prepare or deliver a gourmet meal is a gift everyone loves.

Here are a few tips on giving food:

· Find out about allergies and personal tastes before selecting a gift of food. • Do not send liquor to so-

meone who does not drink. If you're not sure, don't send it. · Do not send fattening food to

someone on a diet.

Fragrance

You can choose from a wide range of scented items, such as perfume, cologne, body lotion, dusting powder, soap, etc. If you follow a few guidelines, you won't misswith a gift of fragrance:

• Always ask people what kind of frangrance they like and give them exactly what they ask for. Fragrance is a very personal accessory that is primarily for the enjoyment of the wearer. Get them what they like, not what vou like.

 Introduce them to new forms of their favorite scent. If they usually wear perfume and powder, try giving them body lotion, body grains or shampoo and conditioner in their favorite scent.

• If they have a favorite fashion designer, find out if that designer has a signature fragrance and what type of scent it is.

Office accessories Whether working at home or

at an office, everyone loves office accessories. For the fulltime homemaker and the person without the traditional 9-to-5 job, desk accessories make an ideal gift. Some suggestions are: Personalized note pads:

• Antique items such as a quill pen and ink well or sealing wax;

· A how-to book on how to start a business, get a raise or manage time (assuming, of

course, that you know what the person wants to do). A few guidelines will make

choosing this sort of gift simpler:

 Select something that enhances the person's performance or enjoyment of something at which he or she excels. Don't give something aimed at improving skills, unless you've been told he or she wants to improve.

· When personalizing stationery, match the colors of the paper and ink to colors on company stationery.

Memberships, subscriptions and

Try giving someone an experience instead of an item this year.

Some ideas are:

· Ballet, opera or theater tickets:

• Museum memberships;

 Magazine subscriptions; Local theater membership;

 Membership to a professional organization (only if the person is new to the industry or if you know he or she wants to join);

 Tickets to a sporting event or concert.

Here are some guidelines:

 If possible, give recipients the flexibility to choose the date on which they will attend a performance.

• Do not get a ticket for yourself also. Unless the gift is between husband and wife or from parent to child , let the recipient invite you along. Otherwise it appears to be a gift for yourself, rather than for the other person.

Select toys that spark children's imaginations

If you're like millions of other shoppers, walking into a toy store at Christmastime may be overwhelming. Suddenly, you're confronted by an array of colors, sizes and shapes that seem as endless as the aisles you walk down. Traditional playthings are side by side with newfangled, high-tech toys.

But toys are an important part of the giving season, and even if you don't have little ones of your own, holiday time in the world of toys can awaken you to the glee and happiness of Christmas.

Parents usually know exactly what their little ones want for Christmas, but if you're choosing a gift for the child of an employer. neighbor or relative, the following recommendations from LJN Toys. Lto., a toy company and manufacturer of Photon, a new high-tech interactive game, might help.

Get suggestions from friends who are parents. If you haven't shopped for toys for a while, you might be in for a surprise when you see the diversity of products



on the market. One suggestion is to find out what the popular TV shows are among kids and check to see if toy collections are available based on the series. Anything a child can easily relate to - a TV or storybook hero - will likely contribute to imaginative play and creativity.

Select toys that feel good. "All children like cuddly dolls - a doll that feels good to hold is important to the child's development,"

of the department of psychology and education at the University of Pittsburgh. "Children are attached to toys that feel good to explore both visually and through touch."

Consider the age of the child. As children develop, their toy preferences change. A toddler needs toys which stimulate imitative play. During the middle school years. children enjoy team play and become concerned with winning. Group play during the ages of 8 to 12, according to child care experts, teaches children about the nature of competition, which often helps to stimulate cognitive growth. A game like Photon, a high-tech version of "Cowboys and Indians" that is played in teams. can help children learn about group strategy, ingenuity and team participation:

Select toys that stimulate the imagination. "Playing with figures that have 'human' characteristics can help a child construct new fantasies and understand their says Dr. Janice Gibson, chairman own unique feelings and ideas."

Gibson says. "Children are more easily apt to identify with such characters and creatively work out conflicts through imaginative play.'

Find out from a parent. baby sitter or neighbor what the child's interests are. For instance: Is the child artistic? Does he or she enjoy independent or group play? Children have the same likes and dislikes as adults, so it's important to learn what you can about the child as a "person."

Remember, in addition to intellectual and emotional development. children need to develop and strengthen their bodies. Whether it be the development of small muscles in the hands and fingers or improving and perfecting

Consider toys that are active.

eye/hand coordination, many toys are active in nature and allow the child to foster his or her manual dexterity. Select toys that have variety

Children are constantly changing and, as their worlds expand, their toys need to hold enough variety in terms of color, shape and size to remain attractive and challenging, according to Gibson.

Consider the individual attributes of the child. Evaluate the child's physical strength and dexterity, ability to actually understand a toy or game and the child's emotional capabilities Even within the same age group. no two children are alike, so read the description on the back of the box before you make any purchases to make sure the toy is appropriate for the child.

Consider the toy's safety features. Gibson says toys with smaller parts that can come off easily are more suited for older children. Younger children may not understand these toys and run the risk of swallowing individual parts. Toddlers should have larger, more easily handled dolls while older children seem to prefer small dolls. Match the toy to your child's ability to use the toy sensibly and make sure adequate and clear playing instructions are included. Items for children's play must also be non-toxic, especially for those under 5.

Even if you have no children. shopping for Christmas toys can be an exciting and educational experience, one you may even look forward to repeating again next vear.



Spirited gifts allow you to indulge your own tastes

Know the child's preferences.

Successful Christmas shopping is largely a game of chance, much like poker or Russian roulette. The trick lies in evaluating the other guy's likes and dislikes while putting your own preferences on ice.

Help is oftentimes limited to a list of the recipient's sizes, favorite fragrances and colors, since personal instincts might lead a giver down the path of gifts soon to be returned. After that, the shopper is on his or her own.

But with gifts of spirits, you can unbridle your own passions when choosing the perfect gift. Whether it's champagne, wine, beer or accessories, gifts of spirits are universal favorites. Your own tastes can help you choose a gift that almost anyone would enjoy. Why not give a bottle of that wine you savored on your fifth anniversary? Or the champagne that was the toast of the New Year's Eve party?

Here are some suggestions for gifts of spirits this Christmas:

Wine: The wines of Washington state's Hogue Cellars make a statement on the palate. Wine experts sing their praises, too. Last year, the 1983 Cabernet Sauvignon walked off with both Gold Medal and Best of Show at Atlanta's International Wine Competition. The 1985 Semillion recently took a gold in Washington State and the 1984 Merlot Reserve was voted tops by professionals attending a Hawaiian Merlot symposium.

But, then, Hogue's whole roster

consistently wins medals: the Chardonnay, Chenin Blanc and Fume Blanc: the Johannisberg Rieslings from Schwartzman Vineyard and Yakima Valley; and White Riesling Markin Vineyard and Cabernet Blush.

The four-year-old Hogue's distribution now covers most of the East and West, Michigan, Ohio. Illinois, Minnesota, Alaska and Hawaii.

Champagne and sparkling wines: Celebratory fare at Christmas tables leads to celebratory champagne. Favorite bubblies are Krug, Bollinger, Moet-Chandon (and subsidiaries Dom Perignon and Dom Ruinart), Piper Heidsieck, Taittinger, Pommery, Mumm, Veuve Clicquot and Laurent Perrier

A gift of champagne or sparkling wine will make anyone's day. Or year.

Recommended sparkling wines from California include Domaine Chandon, Piper Sonoma, Schramsberg, Papagni, Gloria Ferre. From Italy are Gancia, Lungarotti, Contratto, Berlucchi, Fontanafredda, Ferrari and Frescobaldi.

Another good gift idea is a set of three mini-bottles of Petite Liqueur, Moet & Chandon's unique sparkling liqueur.

Brandy: If your brandy is Armagnac, more specifically Armagnac Sempe, then you're among the country's leading trend-setters and you might want to pass this "status" to a friend for Christmas. Centuries old. House of Sempe's Armagnac has complexity and character due to single. continuous distillation, good climate. geography and personal loving care.

R

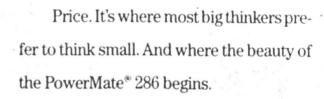
For the Scotch lover, make it Macallan's Single Highland Malt Scotch Whisky. Praised as a "Rolls Royce of Scotches," it's one of the most richly-hued and flavored, with rare winelike character, complexity and smoothness, the color intensified by aging in Oloroso Sherry casks.

Accessories: You can create a original gift with spirits plus accessories. For instance, try filling an ice bucket with lots of candles. sparkling wines like Freixenet Cordon Negro or Carta Nevada Semi Seco, and two champagne flutes Then add imported chocolates for the sweets lover, perfumed bath oil for the romantic or confetti and streamers for the outgoing.

Or, assemble the makings for a perfect martini. A martini pitcher or mixing glass can be purchased in any good tabletop or housewares department and restaurant supply stores. Buy vodka, like Stolichnaya, and dry Vermouth.

Bar accessories from companies like International Wine Accessories of Dallas also make wonderful gifts. How about a decanter, a good champagne cork popper or a wine chiller to simplify entertaining?

every way except one.



Whether you're a single entry level user or working on a network, this 286 based PC gives you full desktop capabilities. It features 4 expansion slots and can accommodate up to 16

MB of memory. It boasts a 10 MHz clock speed. So you can tackle spreadsheets, complicated graphics and hundreds of other general office applications. Plus its new trimmed-down size fits your desk as neatly as it fits your budget.

Come in today and see how we're making things better for you with the PowerMate 286.

Tree symbolizes Christ

Flashing lights. Sparkling tinsel and icicles. Dozens of glistening ornaments made of glass, plastic, wood o porcelain. It's hard to imagine t the Christmas tree had a humble beginning.

Yet, it is said the tradition was born when Martin Luther, while walking through the forest on Christmas Eve, was struck by the beauty of the winter sky lighted by thousands of stars.

Inspired, he cut down a tiny evergreen and set it up in his home for his children. He trimmed the tree with lighted candles to make avoid fire, Christmas Ideas warns from which Christ had come on Christmas night.

In spite of its simplicity, a little tree is a thing of wonderment and beauty, says Better Homes and Gardens Christmas Ideas magazine. Not a twig on such a tree should be left without a shining light.

Fortunately, modern technology provides today's tree decorators with safer lighting equipment than the candles of the 16th century. To

an image of the starry heavens not to use candles on your tree; substitute electric lights instead.

A pagan practice of decorating branches with fruit and flowers was translated into the Christian paradise tree. The tree was first shown to churchgoers as a symbol of Christ, the Tree of Life, says Christmas Ideas.

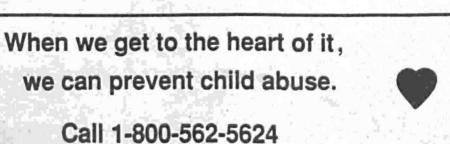
A common substitute for the evergreen tree in Germany was the pyramid, a wooden structure adorned with green branches, apples, nuts and lights.

Downtown Tacoma 906 Broadway 383-4951

Federal Way Gateway Plaza 31831 Gateway Ctr. Blvd. S. 941-4856 or 927-8585

The one thing to know about computers:

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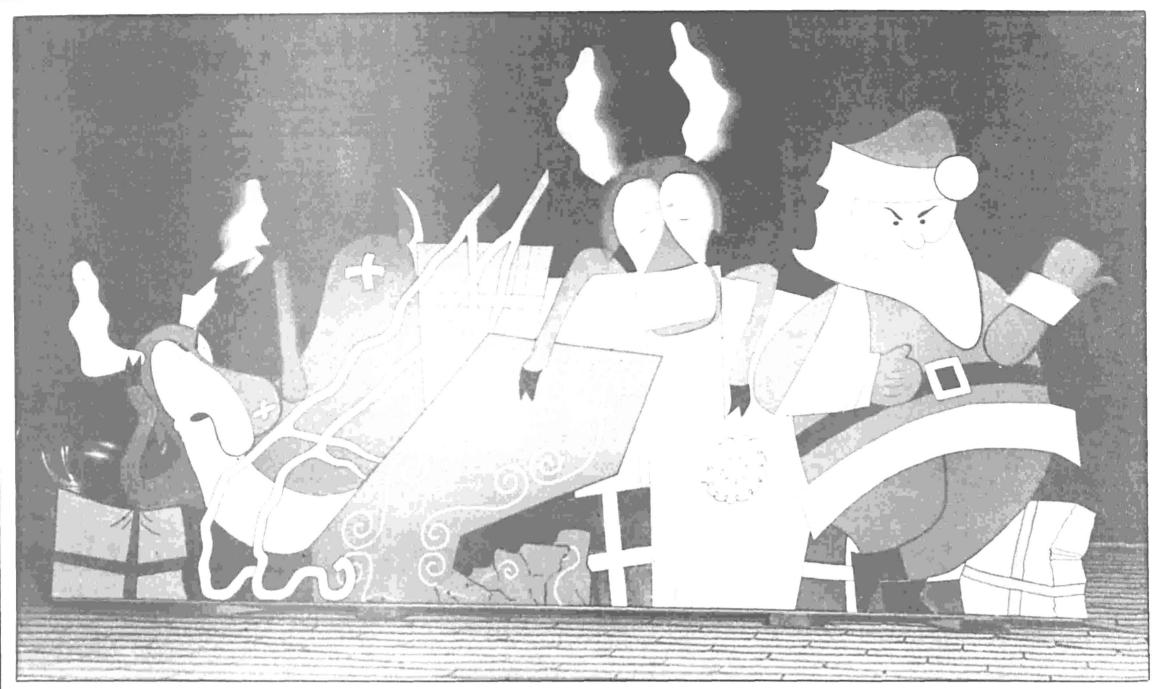


photo by Ken Shipley

Fiddling on the roof

EMIL VANOUS of Des Moines created this Christmas display for his roof. A carpenter and a locksmith by trade, the scene of Santa crashing his sleigh took three months to create. A

series of motors, pulleys and hinges move the individual pieces around so that all passersby are privilege to the crash. The display is at 25027 21st Ave. S.

Does anyone celebrate Hanukkah around here?

"Why doesn't Santa come Shana McNally to our house?"

This is a question often asked by Jewish youngsters when they see their neighbors around them with Christmas trees or hear their classmates discussing what they got from a man called Santa Claus.

Usually when asked this question, the adult sits the child down and explains the story of Hanukkah. He then says that we are special and get our own holiday, along with our own traditions.

of wide-eyed Jewish kids and extends for most of us until today.

Add this to the fact that most people know very little, if anything, about the Jewish religion, much less the story of Hanukkah.

Sometimes I feel that part of my responsibility of being Jewish is to educate people.

The story of Hanukkah is one of triumph. Thousands of years ago, the Jewish people were forbidden to practice their religion by Antiochus, the ruler of the Syrians and all of Judea.

Jehovah. Antiochus their Temple had been responded by threatening to put the Jews to death if they

did not obey Antiochus. To enforce this, he had his soldiers burn the villages and cities, and eventually the Temple.

Leading the fight for the Jews was a man named Mattathias and his five sons, who were called the Maccabees, which means "hammer" in Hebrew. After Mattathias died, his son Judah Maccabee finished the struggle that his father

destroyed.

The Jews rebuilt their Temple and when they were done they wanted to light a menorah, a candle holder. They thought they only had enough oil for one day, but it ended up lasting for eight.

Today, the Jews celebrate Hanukkah for two reasons. One is to celebrate the miracle of the oil, and the other is to commemorate the Maccabee victory over Antiochus. Hanukkah means "rededication." The celebration begins with the lighting of the candles. As the mother lights the candles, she recites blessings in English and/or Hebrew.

ferent materials and may burn oil or candles. There are nine cups to hold the candles, four on each side of the shamos, or servant candle. The shamos is lit first, then it is used to light the others.

Each night, one more is added until all eight are burning at the end of the celebration. The candles are allowed to burn entirely down. This is to signify the miracle of the oil back in Jerusalem.

After the candles are lighted, gifts are exchanged and often there is storytelling and dreidel games.

The players call the letter : they think it will land on be-: fore they spin. They also assign each letter a point value. The eventual winner is the one who guesses correctly the highest number of times.

Other traditions include the giving of money called. "gelt." Some families have their own traditions. For instance, in my family we have what are called dreidel bags.

The bags are shaped like. dreidels and are similar to

It is often hard to remember the answer, no matter how old you get because Jews are surrounded by people celebrating Christmas wherever they go.

This feeling of isolation is rooted in the early questions

Antiochus wanted the Jews to pray to the Greek gods, while the Jews wanted to pray to their one god,

had started.

The small group of Jewish people managed to defeat the powerful Syrian army after many years. When they captured Jerusalem, the capital of Judea (now Israel), they discovered that

The menorah is lighted on Hanukkah. It is made of dif-

A dreidel is a top with four sides. On each side is a Hebrew letter. The four are Nun or N, Gimel or G, Shim or Sh, Hei or H. The letters stand for the Hebrew words Nes Godol Hayah Sham which mean, "A great miracle happened there."

Christmas stockings in material. Each night of Hanukkah we reach into the bag and pick something small out of it.

Another tradition in my family is to attend a movie on Christmas Day. This is often the alternative for many Jewish families, as most places are closed for the holidays.

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More parties being in homes

What's hot this holiday season? At-home entertaining is making a comeback. More and more party givers are moving the location of their events from a restaurant to their own homes. In fact, decorating for the holidays becomes an event in itself.

Elegant holiday entertaining can be easy with the help of an easy-to-use Espresso/Cappuccino maker. Cap off a delicious dinner with pretty demitasse cups of steaming hot espresso or Irish Cappuccino. Or, put together an appetizer and dessert buffet featuring Espresso Mousse.

ESPRESSO MOUSSE 1/4 cup cold water 2 envelopes gelatin 1/2 cup hot, brewed espresso 1/2 cup boiling water 1 cup semi-sweet chocolate morsels 1 tablespoon sugar

Tips to buying children's toys

unwrapping a toy on Christmas morning epitomizes the holiday season. And although most toys seem harmless, some hold hidden dangers.

The Consumer Products Safety Commission estimates that more than 105,000 children under the age of 15 are injured each year by toys. Cuts, bruises and choking are the most common types of injuries.

There are several points to keep in mind when shopping for toys this Christmas.

 Avoid toys with sharp edges or toys that can be broken to expose sharp edges.

· Watch out for tiny toys and toys with small removable parts or loose pull cords.

· Anticipate the dangers a toy can expose if broken.

. Know that loud noiseproducing toys can cause hearing damage in children.

. Look out for toys that can be turned into weapons, such as darts and guided missiles. These should only be used with the supervision of an adult.

· Avoid buying toys powered by small batteries for small children. Batteries can damage a child's stomach or intestines if swallowed.

The best places to store toys

The joy on a child's face when are on low shelves or in a toy chest. Toy chests should have lightweight safety hinges which keep the lid from dropping. They also should have air holes to protect children who may crawl inside.

PARKLAND

11122 PACIFIC AVENUE

COLLEGY COLLEGY

1/2 teaspoon vanilla extract 1 cup heavy cream 2 egg yolks 1-1/2 cups ice cubes

Assemble blender. Put cold water and gelatin in blender container. Let stand for 2 minutes. Add hot espresso and boiling water.

Cover and vent feeder cap; process at low speed until gelatin is dissolved. Increase speed to High, remove feeder cap and add chocolate morsels, sugar and vanilla extract. Continue processing until mixture is smooth. Add cream, egg yolks and ice cubes. Replace feeder cap and continue to process until mixture begins to thicken.

Pour into serving dishes at once and refrigerate 5-10 minutes before serving. Garnish with sweetened whipped cream

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and chocolate shavings. Yield: 6-8 servings. IRISH CAPPUCCINO 1/2 cup brewed espresso 1 cup cold skim milk 1/4 cup powdered sugar 3 ounces Irish Cream Liqueur Sweetened whipped cream

Assemble Espresso/Cappuccino maker. Brew 2 servings (1/2 cup) espresso and froth milk until doubled in volume. Divide the brewed espresso and frothed milk into 2 9-ounce hot drink glasses. To each glas add 2 tablespoons powdered sugar and 1-1/2 ounces Irish Cream Liqueur. Stir to combine. Top with sweetened whipped cream.

Yield: 2 servings.

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SeaTac Village

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The News Wednesday, December 20, 1989

General News / Real Estate Classified



The Community Calendar lists regularly scheduled meetings of non-profit groups that draw members from the Federal Way community. It runs The first Wednesday of every month and sporadically in other papers. Items for the calendar should be submitted in writing to the Federal Way News office at 1634 S. 312th St. Call 839-0700 or 927-4353 (Tacoma) for information.

Special Women (First and Third Thursday, 7 p.m.) The support group for women who have, or have had, breast cancer meets at the Good Neighbor Center in Renton, 305 S. 43rd St.

Evergreen Stroke Association (Second Tuesday, 2 p.m.) The Federal Way chapter meets at the Group Health Clinic, 301 S. 320th St. Greater Federal Way Kiwanis Club Tuesdays, 7:30 a.m.) Meetings are held at Secoma Lanes, 34500 Pacific Highway S. Call 839-6234 for information.

Federal Way Women's AGLOW (Second Monday, 6:15 p.m.) Dinner meetings are held at the Campus Cafe, 1500 S.W. 336th St., #16. Call 874-6819 for information.

Sea-Tac Harmony Kings (Tuesdays, 7 to 10 p.m.) The barbershop singing group meets at Trinity Reformed Church, 3807 Reith Road, Kent. Call 839-8719 for information. Professional Secretaries (Second

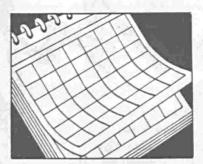
Thursday, 5:45 p.m.) The Evergreen Chapter meets for dinner at Andy's Tukwila Station, 16200 W. Valley

> IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF KING

In the Matter of the Estate of FRANKLIN W, RATHBUN, Deceased. NO. 89-4-04706-1

NOTICE TO CREDITORS NOTICE IS HEREBY GIVEN that

NOTICE IS HEREBY GIVEN that ROSS CHARLES RATHBUN has been appointed and has qualified as the Personal Representative of this Estate. Persons having claims against the Deceased or the Estate are required to file such claim in lawful form with the Clerk of the Superior Court for King County at Room E 609, 516 Third Avenue, Seattle, Washington, and serve a duplicate original upon either J. O. Neal, P.O. Box 1061, 121 Basin Street N.W. U.S. Bank



Community Calendar

Highway, Tukwila. Call 655-8786 for information.

Rainier Roadriders (Third Tuesday, 7 p.m.) The bicycle club meets in room 101 of Federal Way High School. Call 839-6125 or 838-5858 for information.

Capable Amputee (First Wednesday, 2 p.m.) The support group for amputees meets at 11316 Bridgeport Way S.W., Tacoma. Call 584-8422.

Midwives Associated (Mondays, 7 to 9 p.m.) The St. Joseph Hospital group offers free orientation meetings each week in Tacoma. Pre-registration is required. Call Brenda at 591-6825 or Carol at 839-2944 for information. Vietnam Veterans of America

(Second Tuesday, 7 p.m.) The South King County chapter meets at Verrazano's Restaurant, 28835 Pacific Highway S. Call Ramos at 824-4800 for information.

Building, Ephrata, Washington 98823, Attorney for Personal Representative, or ROSS CHARLES RATHBUN, the Personal Representative, at Route 1, Box 245 7 N.W., Ephrata, Washington 98823, within four months after the date of the first publication of this Notice, to-wit: December 20, 1989 or within four months of the filing of the Notice with the Clerk of the Court; whichever is later; and if not filed within said four months, (subject to certain exceptions permitted by law) the claim shall be forever barred.

/s/J. O. Neal,

Attorney for Personal Representative P.O. Box 1061, Ephrata, WA 98823 Telephone: 1-509-754-4604

Published in the Highline Times/Des Moines News on Dec. 20, 27, 1989 and Jan. 3, 1990. Federal Way Knights Lions (First and Third Wednesday, 7 p.m.) Meetings are held at Round Table Pizza, 1414 S. 324th St. Call Lou at 839-0320 for details.

Section

Mended Hearts (Second Tuesday, 7:30 p.m.) The information sharing group for survivors of heart surgery meets in Jackson Hall near Tacoma General Hospital. Call 839-3442 for information.

Desktop Publishing (Last Thursday) The user group discusses topics of interest to IBM and Mac users. Meetings are held at the Federal Way Computerland. Call Bob at 838-9150 or Barb at 939-2319 for information.

Auburn Valley Art League (First Thursday, 7 p.m.) Meetings are held at the Auburn Library. Call 941-1488 for details.

Civil Air Patrol (Tuesdays, 7 to 9:30 p.m.) Meet at 1525 Southwest Dash Point Road 839-8291. Call for information.

Diabetes Support Group (First Wednesday, 7 p.m.) Meet a Highline Hospital, 16251 Sylvester Road S.W., Burien. Call 431-5324 for information.

Jaycees (Second and Fourth Tuesdays, 8 p.m.) Meetings held at the Jaycee Clubhouse in the Federal Way Shopping Center.

Federal Way Noon Lions (First and Third Tuesday) Meetings held at Round Table Pizza. Call Jim Olson, 927-0948, for details.

PUBLIC NOTICE

Call for Proposals - Word processing: The City of Federal Way is calling for proposals from vendors of word processing equipment and systems.

Sealed proposals will be opened at City Hall, 31132-28th Avenue South, Federal Way, WA, 98003, at noon on December 29, 1989.

Sealed proposals shall be submitted to the Office of the City Clerk by noon of the Bid Opening Date.

Bid specifications can be picked up by interested parties at City Hall, at the addresss above-stated.

/s/Delores A. Mead City Clerk

Published in the Federal Way News/ Community News on Dec. 20, 1989.

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photo courtesy of Sherri Nicholas

SHERRI NICHOLAS smiles as she observes some of the daily bounty. Nicholas skippered the Marine Vessel Sondra during this year's salmon season at Chignik, Alaska. She's been fishing with her father for 10 years.

Maiden skipper captures

generous salmon bounty

By JODI YANCER

Her soft voice and quiet demeanor seem to contradict her story.

It's hard to imagine the 22year-old petite blonde, with long pink fingernails, surrounded by a bunch of burly men in a boat out on the Pacific Ocean.

But she was there — near a town called Chignik, Alaska, with an international airport the size of an outhouse.

And she was in charge of a salmon boat.

"They were a pretty green crew," says Sherri Nicholas, veteran fisherwoman of 10 years. "But they took orders well."

It was the first time Nicholas had ever run a salmon boat the Marine Vessel Sondra named after her mother.

It all began in May when her father, Paul Teuber, underwent heart surgery.

"I needed someone to run the boat," says Teuber, a SeaTac resident and owner of the Sondra. "And Sherri is the best skiffman up there."

Thanks to her dad, she says. As a member of a fishing family, Nicholas learned at a young age the tricks of the trade.

HER FIRST experience on her father's boat came when she was 11 years old. "I got yelled at for a few things," she remembers.

But by the age of 13, Nicholas was learning how to run the skiff, a 16-foot companion boat to the main vessel.

"The skiff is used to draw the net around and circle the fish," she explains. "Running the skiff is the most important job."

Nicholas, a McMicken Heights resident, took on an enormous responsibility when she agreed to go to Alaska in June.

The MV Sondra, a 47-foot, 30ton vessel, holds about \$400,000



Sherri Nicholas

worth of equipment. The \$500,000 salmon permit was transferred to her name and she was in charge of four crew members, including her husband Duane.

Opening day in Chignik is no laid-back event.

Nicholas estimates that 104 vessels were there to try their luck. The fishing area, which lies about 200 miles Southwest of Kodiak, was smaller than usual because of the Exxon Valdez oil spill.

"It was really a dangerous situation," she recalls. "All those boats and nets so close to each other."

WHEN THE gun went off to signal open season, thousands of fishermen scrambled to drop their nets — with all the vessels confined to about a 10-mile span.

"I was really nervous," says Nicholas. "But I decided to just do my best."

Her best couldn't have been better. The Sondra's first haul totaled about 600 salmon, earn-

REI sponsors local food drive

Recreational Equipment Inc. will be collecting non-perishable food items at its Federal Way store through Friday.

Donations can be brought to the REI store in Gateway Center from 10 a.m. to 9 p.m., weekdays.

All food collected will be donated to the Federal Way Food Bank for distribution to local families. Call 941-4994 for details. ing the honor of high boat."

"I was big news for a few days," says Nicholas with a big smile. "I think because I was the only woman skipper out there, the guys were watching closely to see how well I'd do."

Nicholas says some of the men were helpful, some were afraid for her and others were just plain jealous.

"I really wanted to fit in as one of the guys," she says. "I kept my hat around my head really close. I didn't want to stand out."

Although Nicholas took a lot of needling from many of the fishermen, her ability and good nature earned their respect.

"She's definitely the best skiffman I've ever seen," says Teuber, who's been in the fishing business since 1951.

CVER THE years, Nicholas spent nearly every summer fishing in Alaska. Her determination and skill paid off when she was 18 years old.

"I was able to buy a house," says Nicholas, an asset few graduating students can claim.

Teuber's pride for his daughter is infectious.

"I don't know of any other woman up there running a skiff or a fishing vessel," says Teuber, "There's a few who are crew members but not skippers."

Running a fishing boat is a far cry from Nicholas' regular job as a teacher's assistant with the Highline School District. And battling rough waters on the high sea isn't something she would want to do year round.

"One of the last nights we were there, we got caught in a bad storm," says Nicholas. "We lost the anchor and started to drift. There's land around but you have to know how to find your way."

Fishing, navigating and supervising was only part of the job.

At the end of every long fishing day, Nicholas didn't prop her feet up and take a rest. She headed to the galley to prepare the crew's dinner.

"Yeah, I did the cooking too," she says laughing.

A woman's work is never done.



You give yourself a year of the Federal Way News. We give you The Old Farmer's Almanac as a "Thank You" bonus -- absolutely free!

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- * How long does a kangaroo live? A chicken? An oyster?

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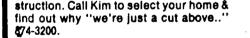
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Federal Way News•POB 48119•Seattle, WA 98148

Federal Way News-Community News-Des Moines News-Highline Times, December 20, 1989, Classified - Page 1

Alle New Jeak Reach over 277,500 people CALL 839-9520 Tacoma 927-2424 Fax 241-2778 Deadlines: 5 p.m. Mon. for Wed. • 5 p.m. Wed. for Fri. • 5 p.m. Thurs. for Sun. Des Moines, Federal Way, N.E, Tacoma, Dash Point, West Campus, Jovita, Mirror Lake, Gatewood, Sea-Tac, Brown's Point, Home delivered to: West Seattle, White Center, Burien, Kent West Hill, Gregory Heights, 5-Mile Lake, Woodmont, Edgewood, Star Lake, Westwood Village, North Lake, Marine Hills, Auburn West Hill, Twin Lakes, McMicken, Steel Lake, North Shore, Highline, Secoma, Fauntleroy, Zenith, Brook Lake, Boulevard Park, West Seattle Junction, Kit's Corner, Midway, Normandy Park, Alki, Top Hat, Cambridge, Delridge, Morgan Junction, Redondo, Riverton Heights, Chelsea Park, Admiral Junction. CLASSIFIED 110 Homes-110 Homes-102 Open Houses CLASSIFIED 110 Homes-INDEX Federal Way Federal Way Miscellaneous 001 100-167 HOURS: Federal Way TWIN Lakes home. Open House Sot. 1-4 pm. Spa-cious 4 bdrm., 2 3/4 bath. Real Estate 202-288 302-324 Rentals OWNER LIQUIDATING CUTE 3 bdrm. home - ta 8 to 5, MON.-FRI. BETTER THAN NEW! Announcements Garage, fenced yard, super PROPERTIES!! Daylight basement ramble Sound view. Principles only REDUCED to \$157,500! Call An Expert 402-498 10 to 2. SAT. condition. Close to every-thing. By Owner. Call For appt. 946-2424 or 878-5660 Sound view. Principles only. \$142,000. 927-5682 Homes available---Select neighborhoods. Starting at \$80,000 & up to ?. Call 941-7900, ext 472, REDUCED TO \$137,300! Fantastic 4 bdrm., 3 bath Tri in exclusive area has lots of oak, 4 skylites, fan-tastic master suite, double gar., den or library & more for only \$157,500! See Ad \$1438R. Dial 941-9000! 502-542 601-684 702-714 802-865 Employment Merchandise 839-9520 927-2424 Pets/Animals Transportation DON'T LOSE OUT! 106 Homes-Burien. Owner/Agent HOME DELIVERY New 3 bdrm. homes around \$80,000. For your exclusive Normandy Park Expect the best. 100 HIGHLINE TIMES and **All American Homes** COLDWELL BANKER O private showing call Terry Bird 941-7900 ext. 228 or 874-BIRD (2473) 1 項目用 DES MOINES NEWS 199 BURIEN All American Homes SOUND VIEW 3 bdrm., 2 bath, huge fenc-ed yard, 2 car gar. + RV parking, super clean, \$99,950. Call Bill 927-9081. 241-2507 **REAL ESTATE ESTABLISHED IN 1906** All American Homes \$368,500 BRAND NEW 3 bdm., 2 bath, family room w/frplc., greenbelt, \$117,500. Owner, 391-3678. FEDERAL WAY NEWS **FOR SALE** Beautiful 4+ bdrm. day-light bsmt. home under construction. Over 4000 sq. HOME FOR Sale, 3 bdrm. 1-1/2 bath, by owner, 927-5258 241-2507 927-8676 Ţο All American Homes ft. on large lot, pick your colors. Move in by March 1990. Call Al Manning, INDOOR POOL HORMANDY PARK 100 REAL ESTATE iound & mountain views, **CUSTOM RAMBLER!** 941-7900 ext. 330 to review Aprox. 3500 sq. ft. 3 bdrm., 4 bath, 3 frpics., lav-ish landscoping, an ab-solute entertainer's delight! Asking \$199,950. Dial 941-9000 on Ad # 1062R todayl nearly 1/2 acre w/orchard Prints Publisher's Notice privocy, etc., lovely leve entry. 4 bdrm. w/full bsmt All real estate advertised in this newspaper is subject to the Federal Fair Housing Act which makes it illegal to advertise "any preferen-ce, limitation or discrimina-**IENTON** entry. 4 bdrm. w/full bsrnt. & new kitchen. \$268,950. Ad# 290. Al Haiverson 244-8393 244-5900 All American Homes Coldwell Banker has joined forces with the U.S. Marine Corps Reserve in its annual Toys for Tots **☆SECLUDED LOT ☆** REALTY campaign. And we'd like to request your donation of a Large rambler on private lot. 3 bdrm., 2 both, gar +. 2 car attoched + 2 car detahed. Only \$114,950. 941-7770 loday new, unwrapped present. We're serving as a collection Windermere Real Estate South Inc $\langle \phi \rangle$ ce, limitation or discrimina-tion based on race, color, religion, sex, hadicap, familial status or national origin, or intention to make any such preferences, limitations or discrimina-tion " All American Homes "Preserving The center this holiday season. If you're unable to come to one of our offices, just give us a call. We'll be happy to pick up your gift at your STARTER JUST LISTED Exc. 3 bdrm. rambler for \$75,000. Call Century 21 Burien Realty, 243-6500 American Dream" convenience. Your presents will be most appreciated! 200 + Degree View! VANGUARD book pegice rick. Fabulous custom home I block from beach! Offened at \$249,500 it features huge deck, open contem-parary floor plan, huge garage. Unbelievable kitch-en, views from everwhere STEEL LAKE CALL 839-5300 This newspaper will not 110 Homes-3 bdm., 2.5 bath, fenced yard, on quiet street & huge family room w/frplc. insert, 2 car gar., \$107,000. Call Bill 927-9081. knowingly accept any ad-vertising for real estate which is a violation of the **DES MOINES** Federal Wav Panoramic Snd view! Architect-927-4900 law. Our readers are in-formed that all dwellings advertised in this newspaen, views from everywhere & more! See Ad # 1503R. Dial 941-9000 now! designed on 100 ft. high bank wft. 3220 + 1260 sq ft. 3 bdrm, den, 4 stone fplcs. 30' BY OWNER, 4 bdrm., 2 cedar ceiling. Twice featured in Seattle per are available on equa both, gar., fenced yard, \$83,500.246-0388 All American Homes ortunity basis. All American Homes Times Pictorial. \$585,000. Merle Blondino 874-3200/859-6955. THOMAS JEFFERSON H.S. Areo. Large 3 bdrm rom-bler. Rec. room, double garage, frpic., end of cui-de-soc, privacy. \$89,000. Willmont Realty, 845-9551 SOUTH KING COUNTY'S CALL Benton's #1 SALES COMPANY **GOOD INVESTMENT** 839-5300 LOVELY HIDEAWAY! REALTY Federal Way Branch 839-6060 Or live in 1/2 & let the other help pay the One acre plus, custom built modified What's Your Home mortgage payment. 2 bdrm, 1 ba duplex "A" frame, oak cabinets, cathedral ceilw/fpic & washer/dryer hook-up in ea. ings, skylite, oversized wraparound WORTH? **BENTON'S IS PROUD** unit. Covered parking & Ig deck off ea. deck. Large garden space. More! The average home in King TO RECOGNIZE THE FOLLOWING AGENTS master bdrm, country setting, but close **ENCHANTING** \$119,500. Pat Potwin. 874-3200. County increased in volue 23.7% in 1989. This is 'a time to make that move up to your dream home. We of-fer a free no obligation comparable market analy: sis to aver the top home owner to ie Federal Way & Tacoma. \$79,500. Van FOR HIGH ACHIEVEMENT AND SERVICE RETREAT \$124,500 Bishop. 874-3200. Escape the frantic workplace at-HOME OF PLENTY LIKE NEW CONSTRUCTION mosphere! Come home to this gracious, **PRODUCER'S CLUB MEMBERS** Brick home w/wood addition of lovely comfy 3 BR, 3 bath newer home in a No resale can compare to this quality. sis to any home owner to South King County. Call Ginnie Gregory 941-7900 ext. 313. or Coni Christian at 952-5365 ext. 389 of 952-7474 family rm. Studio apt in bsmt. Wrap deck relaxed, hideaway neighborhood of bet-Country kitchen w/Euorpean cabinets, NOVEMBER 1989 w/hot tub & view of Steel Lake & Mt. ter homes. Park-like ½ acre. Cozy family garden window, cozy open two sided Rainier. On shy half acre. \$139,950. room, massive fireplace, woodstove, Residential brick fpic, one side in kitchen & the Mavis Morris. 874-3200. vaulted ceilings, deck, and morel other in formal living rm. \$124,950. Marge 952.7474 FIRST SECOND THIRD \$124,950. Don't wait! Call 839-5300 today Ulmer. 874-3200. All American Homes on F3-448. COMING SOON! SAILBOATS & SUNSETS Premium quality new construction. 0 DOWN A view of the Sound from all major Large homes fom \$150,000. Outstanding VA/HUD homes. New list For more info, call Doroth rooms. Must see to appreciate this ter-



COMING SOON!

AFFORDABLE HOMES

BY

KERR BUILT, INC.

32020-1st Ave. So. #109

FEDERAL WAY, WA. 98003

GREENBELT

Cozy, beautifully maintained unit.

Upgraded, like new neutral carpeting

with corner fireplace, washer/dryer and

backs up to a greenbelt. Walking distance to mall, library, health care and

80 YEAR OLD

NEW HOUSE!

Only \$187,500! Tastefully remodeled 2

Story on approx. 1/3 acre overlooking

lake and mountains. Wrap around porch,

10x24 deck, double garage plus 1 car

DUPLEX JUST LISTED

\$79,950

Here's a close in Investor value. Each

Unit has 2 bedrooms and it's definitely

priced to sell NOWI Call on AD #1519CR.

more. AD #1504CR \$39,500.

morel AD #1325CR.

views overlooking Tacoma, Puyallup &

Sumner. "The Point" by Havana Con-

Finish to your taste. \$250,000. Marie Weissert. 874-3200.

NORTHSHORE

LOCATED IN FEDERAL WAY

QUALITY CONSTRUCTION WITH

PRICES STARTING AT \$86,950. CALL

TODAY FOR INFORMATION ON OUR

PRE-SALE PROGRAM.

874-3200

874-3200

rific view property! Almost 1/2 acre sur-

rounded by mature plantings. 4 bdrms, 2



Boots Swan Hansen

Char Melton









Stan Smith





Sue Lehman

Phil Kennedy





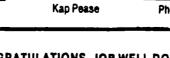
Mell Wilkes



Vern Hikida

LISTING CLUB MEMBERS THIRD











NEW, NEW, NEW

\$94,950 Going fast! A new rambler like this can be yours in White River Estates if you act quickly. Energy efficient with 3 BR, 2 baths, fireplace, and efficient gas heat and hot water. Quality construction throughout. \$94,950. Hurryl Call 839-5300 today on F3-375.



\$89,950 Big master BR with walk-in closet and private bath. Freshly painted interior, stone faced fireplace, deck, and double garage. Some appliances are negotiable with this great 3 BR, 2 bathhome. For details, call 839-5300 on F3-453.

FEDERAL WAY \$75,000 A little TLC and elbow grease will make

this 3 BR, 2 bath home a gem! Extralarge fenced yard with space for RV. Big family room, hearth warming fireplace, and garage. ASsumable FHA loan. For details, call 839-5300 on F3-454.



\$92,000 A shop and 4 garages for the auto mechanic, and a roomy 4 BR home for the family! Refrigerator and microwave included. Fireplace insert, freestanding stove, and gas heat for minimum heating costs. Fenced yard with alley access and plenty of RV parking. Hurryl Call 839-5300 on F3-429.

COSMETIC FIXER \$121,750 Tremendous potential for investors or talented handyman! Huge 3 BR, 2 bath basement rambler in popular area with big deck and RV parking. Seller will hold the contract. Sound and mountain view, tool See for yourself! Call 839-5300 on F3-

QUIET AREA

Explore Valley Meadows, a tranquil area \$92,450 of new homes just minutes from the new South Hill Mall. Inspect the new 3 BR, 3 bath 2 story nearing completion, and pick your colors and upgrades. Call 839-5300 today on F3-339.

SOUND VIEW

\$184,950 Beautiful trend setting 2 story in an area of plush new homes oriented to take advantage of the view. The builder will offer the services of an interior designer. You'll love the 4 spacious bedrooms, the elegant baths, and the plush decor. Check out the extras! Call 839-5300 on

NEAR PARK

Only minutes from Pt. Defiance Park! A bright and shiny 4 BR, 3 bath home with new plush carpets, range/oven, vinyl, and interior paint. Toasty fireplace insert, deck and fenced yard. Hurry! Call 839-5300 on F3-342.

> 32018-23rd Ave. So. FEDERAL WAY



839-4941 or 941-7770

5 BEDROOMS ONLY \$129,950! Super family home that even has a spring fed fish pond! Huge private lot in cul-de-soc. large deck for entertaining, wet bar, gazebo, gar. & more. See Add 1437R, Dial 941-9000!

All American Homes

\$70,000 to \$85,000 Hard to find homes in this price range? Minimum down FHA 9.5% South King County areas. Call to see if you qualify. Contact Ginnie Gregory 941.7900 ext. 313. or Canl Christian at 952.5365 ext. 389 of 952.7474

All American Homes

111 Homes-Dash Pl. Brown's Point, N.E. Tacoma

BROWN'S POINT New construction, spacious 3 bdrm, rambler w/2 full boths, family room, trpic., 1/4 acre lot, 2 car gar. & view of golf course; \$118,900, Adil1-6L

Normandy Park Home Finders 17825 1st Ave, So. 244-4777

RAMBLER WITH VIEW . 3 Bedroms, 2 boths, family room. \$159,900

838-0785 927-9393 Gary Holi & Assoc., Inc.

VIEW HOME 3,900 sq. ft. Sound View home located in established home located in establisher area of Dash Point. Perfect for growing family or exec-utive. Comes with addi-tional view lot. Backs up to creek, \$225,000



112 Homes-Tacoma, Pierce County

BY OWNER'S. Hill Puyal-lup, 1/2 ocre. 3bdrm., frptc. & woodstove. Living, famia woodstove. Living, tami-ly, dining rooms. Large rec. room. New kitchen wironge and d/w, heat pump. 2,209 + sq. ft. Huge deck. Dau-ble gar. \$114,950. Call 854-1748 or 564-6090. Please terms material Please leave message.

114 Homes -General

5.5% HOME LOANS Equity credit line at prime. Buy or refinance your home Wour innovative programs West Coast Co., 243-8725

ENTERTAINER'S DELIGHTI The FUN ROOM features both a hot tub as well as a wet bar, and sits majestically on a hillside affording both its owners

CLASSIC

ELEGANCE

AND shy 1/2 acre lots! Come see the fine

custom construction detailing of TMB

Assoc. This custom home builder will pro-

vide you with the quality you demand.

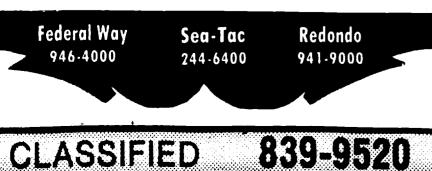
Some lots with Mt. Rainler Views! Call and

ask about TMB Assoc. in Campus

and their quests an unforgettable view. The rec room features another wet bar and a dance floor. This 3 bed, 4 bath home also has a 3 car garage and so much more. Better than new and priced at just \$169,950. Call now to see AD #1327CR.

5 BEDROOM

SUPER family home that even has a spring fed fish pond! Huge private lot in culde-sac, large deck for entertaining, wet bar, gazebo, garage and more. AD #1437CR.



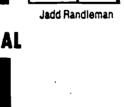
All-American Homes

Estates.

ONLY \$129,950



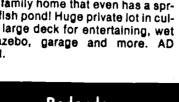








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SECOND



BEST SELLER

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Page 2 - Federal Way News-Community News-Des Moines News-Highline Times, December 20, 1989, Classified



When it comes to selling or buying real estate... Get Results! Call 839-9520 TACOMA 927-2424

139 Condos,

Townhouses

condo. 2 bdrm Only \$60,250

Classifieds Index 100 REAL ESTATE HOMES FOR SALE:

DEL BIANCO

REALTY, INC.

SOUND VIEW!

#507.248-2900.

102 White Center 103 West Seattle 105 Auburn, Kent 105 Burien, Normandy Park 107 Des Molnes, Midway 108 AcK/icken, Riverton, Sea-Tac 108 Renton, Tokwita 110 Dash Polist, 110 Dash Poli Townhouses 141 Multiplexes 145 Recreation, Vacation Mobile Ho 147 MISCELLANEOUS REAL ESTATE Lots, Acreage Buildings Cemetery Lots R.E. Wanted R.E. Trades, investmer R.E. Contracts 200 RENTALS Vanted To Rent tentais To Share tooms For Rent **APARTMENTS**

Burien Normandy Park

249 Des Moines, Midway 250 McMicken, Riverton, Sea Tac. 251 Renton Tukwila 252 Federal Way 254 Dash Point, Brown's I N.E. Tacoma 253 Tacoma 255 Tacoma 255 Tacoma 255 General 269 Waterfront 271 Recreation, Vacation 274 Mobile Homes 274 Mobile Homes 274 Mobile Homes Open Houses White Center 278 Commercial F 279 Buildings 281 Office Space 283 Storage Space 285 Hall Rentais 288 Property Mar 202 Lost 304 Found (Free) 307 Notices 309 Events 311 Meetings 313 Personals 315 Friends Wante 317 Happy Ads 319 Social Clubs 321 Business Opportunities 321 Business Opportunities 322 Work At Home 324 Funeral Notice ARTHEL FOR REN. 20 White Center 20 Whest Seattle 21 Buyen, Normandy P. 21 Dest Moinet, Midway 21 Activicken, Riverton, 22 Ber Moinet, Midway 23 ArcMicken, Riverton, 24 Renton, Tukwia 25 Federal Way 216 Dash Point, Brown's Pt. N.E. Tacoma, Pierce Co. 19 Apis. General 4 Multiplexes Condos, Townhouses 402 Home Repair 403 Locksmiths 404 Building, Rem 405 Blueprints 405 Blueprints 406 Carpentry 406 Plumbing 410 Electrical 414 Masonry 416 Derywall 418 Painting 420 Wailipapering 422 Cabinets 429 Formica, Tile 424 Floors 424 Floors 426 Carpets 428 Upholitery 428 Upholitery 420 Cellings 427 Windows 428 Appliance Repair 438 Appliance Repair 440 Welding 440 Welding 441 Welding 450 Apphalt, 451 Concrete 454 Roots, Gutters 456 Bulldoze, MISC. RENTALS HOUSES FOR RENT White Center West Seattle Auburn, Kent

Excevate, Backhoe 400 Rototiling 44 Lawns, Gardens Landscape 466 Fences 408 Tree Services 470 Hauling, Moving 472 Services For Seniors 476 Convalescent, Nursing 480 In Home Care 482 Chaid Care 484 Classes, Schools 481 Insurance 484 Classes, Schools 481 Insurance 484 Musical Instruction 487 Alterations, Sewing 489 Banertainment 490 Banertainment own's Pt MISC. RENTALS 488 Entertainment 489 Beauty Salons 490 Catering 491 Weddings 492 Limousne Service 493 Interior Design 494 Tax, Bookkeeping 495 Typing 495 Typing 496 Travel 497 Printing 498 Misc Services 300 ANNOUNCEMENTS 500 EMPLOYMENT 502 Work Wanted 504 Hire A Youth 505 Babysitters Wanted 507 Temporary 508 Part Time 510 Office 512 Computers 308 Hite A Tourn 308 Babysithers Wanted 307 Temporary 300 Office me 310 Office me 311 Computers 312 Davera Jobs 313 Technical 313 Trades 314 Education 315 Trades 316 Professional 319 Real Estate Careers 320 Professional 321 Managers 321 Managers 322 Denris, Ceirers 323 Denris, Ceirers 324 Medical Pental 400 CALL AN EXPERT 526 Beaufy Salons 527 Cierks, Cashiers 528 Domestic 529 Maintenance 530 Food 532 Sales 534 Misc Jobs 536 Home Party Plans 537 Telephone Sales 538 Product Sales 540 Volunteers 542 Employment Info. 601 Wanted To Buy 603 Computers 604 Video Games, Tapes 605 Office Items 607 Membershi 600 MERCHANDISE

413 Stereo, TV, Radio 615 Furniture 617 Sporting Goods 618 Bicycles 621 Bidg, Material 623 Tools 625 Lawn...Garden 627 Firewood 628 Heating 629 Rentals 630 Food 631 Arts, Crafts 632 Jewelry 633 Baby Items 641 Items Fasle 643 Antiques 644 Collectibles 646 Auctions 650 Bazaars GARAGE SALES GARAGE SALES 652 West Seathle, White Center 654 McMicken, Riverton 5ea Tac 667 Auburn, Kent 668 Renton, Tukwila 669 Tacoma, Pierce Co. 670 Dash Point, Brown's Point N.E. Tacoma 670 Dash Solines, Midway 682 Federal Way 684 General 693 Kids' Ads 700 PETS I ANIMALS 700 PETS [ANIMALS 702 Pets, Pet Needs 704 Purebred Dogs 706 Purebred Cats 708 Free Pets (Free) 710 Horses 712 Misc Animals 714 Animal Food **800 TRANSPORTATION** BOU THANSPOR 801 Wanted To Buy 802 Repair, Service 803 Parts, Accessori 804 Auto Wrecking 806 Boats, Supplies 807 Motorcycles, Sno 808 RV-Sale, Rent 809 Rentais 814 Trucks, Vans 814 Canopies 818 Misc. Vehicles

Misc. Vehicles Misc. Trailers CARS FOR SALE 22 Luxury Cars 223 Sports Cars 224 Cars Under \$500 227 Cars Under \$1000 232 Cars Under \$1000 235 Cars Under \$1000 237 Cars Under \$1000 237 Cars Under \$1000 241 Cars Under \$1000

104 Homes

West Seattle

MO

Local or L

14) Cars Under a 850 Cars For Sale

"The Memory

Builders''

Normandy Park, situated on 1/3 acre lot

and featuring 4 bdrms, 2 baths, formal dining, huge rec room, lot A beach

rights, assume 81/2% In. Act fast on Ad

\$183,950

\$74,950

114 Homes -

General

MAR CHERI DISTRICT

5 bedrooms-3 bath

dio Is In eñ	\$179,950 View of sound & Olympics! Fully fenced and landscap- ped. Yard lights front & back- Spotlessly clean- Ter- rific neighborhood. Ad #	\$60,250 Century 21-Burien 243-6500 AD SPECIAL Homes For Sale
in dine	200 839-5282 927-7733 MacPherson's Inc. REALTORS	Private Party Ads Onl PREPAID ADS ONLY 4 WEEKS FOR THE PRICE OF 3 WEEKS
SALES White Center Iverton Vila cc Co. rown's Point ark Aldway ANIMALS ds bs bs bs cree) s ORTATION Vy cc es Snowmobiles t	SOUND VIEW SOUND VIEW Sound Strategy Sound Strategy St	Ask for the 4 for 3 spe Prepay your ad by ch cash or Mastercard-Vis you sell the home early, we will adjust the bill the number of issues th actually runs. If you pai cash or check, a refund be mailed to you. Ma card and Visa are not b until the ad expires of cancelled. The 4th we free. Call Today 839-9520 927-3 141 Multiplexes HOT-HOT-HOT \$158,000 Closing Cost down-O will carry financing for to 3 years. All units ho be drooms, fire plu covered parking-Fec Way- key ready! Poc cash flow, #196 839-5282 927-
500 1000 2000 3000 4000 5000	bus, great view. \$99,950. Ad#11-1L Normandy Park Home Finders 17825 1st Ave. So. 244-4777	MacPherso Inc. REALTORS TOWNHOUSE DUP exc. cond., high visibil cation, priced well b replacement c. \$105,000. Ad #528. Flannigan Ewing Rec
lomes Vest Seattle	104 Homes West Seattle	Check the 400 Section all your home mainter needs.
ocal or L. Free F	ING? ong Distance stimates •6800	Young HO 30300 Pacific H

Only HE Bdrm, in Older Adult Park. special, check, Visa, I bill for the od Formal paid by und will Master t billed is or is week is 27-2424 10 X45 FT. 1 bdrm., w/9 X27 ft. addition. Well built & maintained. Located in very nice park. \$8,500. 824-9825 TC 149 Mobile Home Lots Owner for up have 2

I buy Vocant lots that have SEPTIC/PERK PROBLEMS. place. Federal Positive 939-0999 leave message 27-7733 155 Lots, Acreage

'son's BEAUTIFUL view lot on Browns Point. Seller is co-22 operative & wants to see your offers! Priced at UPLEX, ibilty lo-l below your offers! Priced at \$42,000, please call on ∰ FW 103. Washington Square Realty. 941-9890 cost,

Realty tion for

tenance

DESPERATE, must sell 1.32 IMMACULATE acres Skyway, zoned single family, sewer in, assessed at \$43,800. Steal \$20,000. 874-6367, 241-5829 RETIREMENT HOME This affordable 2 bdrm mobile is situated in a convenient & park like setting. ENUMCLAW 9+ ocres. A must to see! trees, views, water, power, only \$79,500. E-Z terms. erior Contracting Corp. 1217 838-6182 922-1217 Ad#1021 Flannigan Ewing Realty 838-6955 LIVE In Your Own Home in 1990! Single & Double wide Bank Repo's. As low as \$500 down. 661-0237 SOUND VIEW Large Pie-shaped lot in Brown's Point. \$45,000 ONLY \$7,995 For A Nice 2 Harold at 941-4127 BENTON'S REALTY **REDECORATE THIS MOBILE HOME** Formal dining room w/ hutch, family room, 3 bdrm., 2 baths, approx. hdren, 72 barths, approx. 1500 sq. ft., Storting under \$16,500. Incl. delivery package. Superior Contrac-ting Corp. 6119 Pacific Hwy East, Fife, WA. 922-1217 838-6182

147 Mobile Homes

838-0785 927-9393 Gary Hall & Assoc., Inc. 2 LARGE Sound View lots, 1 w/house. \$200,000 ea. Eves. 824-2300

155 Lots, Acreage

163 R.E. WANTED

A FIRM Offer Will be made on Your Property within 24 hrs. Call Mike or Joe 937-2240 RAINIER INVESTMENTS

167 R.E. Contracts

Call Classified 520 927-2424 839-9520 167 R.E. Contracts

newspapers.

163 R.E. WANTED

I buy Vacant lots that have SEPTIC/PERK PROBLEMS. 939-0999 leave message

Selling Property SELL IT WITH

STATE-WIDE

CLASSIFIEDS

114 COMMUNITY

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912,953 HOMES

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Ads must be prepaid. Visa & Mastercharge accepted. Ads will appear in the next available issues of the 114

CASH N We buy 1st and 2nd **Real Estate contracts** and mortgages **Business and Commercial Loans** PACIFIC COAST INVESTMENT CO. TACOMA SEATTLE 572-6824 624-3440

Bob, Jr. Eves/Wkends 286-9431

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IOMES REALTY, INC. Highway South, Federal Way WA













UPDATED CUSTOM! W/IN-LAW \$179,950 Quality built rambler w/features such as Traditional style 2 bdrm. tastefully family kitchen, seethru frplc, master



167 R.E. Contracts

....

200

299

RENTALS

LOOKING for mother in law

apt. for mature, reliable, responsible female. Non smoker/drinker. Good ref's. Call, 243-0679

Federal Way News-Community News-Des Moines News-Highline Times, December 20, 1989, Classified - Page 3

When it comes to convenience... FAX your Classified Ad 241-2788

839-4764. \$335/mo.

ing, W/D included

767-9586 or 823-5813

Townhouses

852-9435

plex w/pool & clubhouse. \$575 mo. 874-8908

236 Condos,

1/2 OFF 1st MONTHS RENT

838-5455

163 R.E. WANTED

WANTED ASSUMABLE 3 bdrm, 1+ bath, 2 car gar, in Des Moines/Federal Way area. Have \$20,000 cash & mint 1975 convertable cor-365-2986, 1-800-545-5396 Payments not over \$650, 852-1310

165 Real Estate Trades, Investments

NEW English Gardens bsmt, rambler with loft, \$169,950. Builder will trade for under \$100,000 house. Call Carol Vandenberg 202 Wanted To Rent

ReMax Realty West 838-2500 167 R.E. Contracts

READY cash paid for your real estate contract or deed. Full-value option avail. Carolyn, 1-800-548-6918

Found Ads are Free in Classified 555 3-STAR BARGAIN ADS

> To Sell Items Worth \$100 or less

Must be mailed in or brought in with payment

8 WORDS-3 times-33.

3 Stars will be on the first line of your ad to sell items worth 100 or less. Private party ads only. Price of the item must appear in the ad. Does not apply to garage sale ads. No change of copy or refund for early cancellation. Cannot be used with any other special rate or offer.

Please print-No abbreviations

Contractory of the local division in which the local division in which the local division in the local divisio	And in case of the local division of the loc
- Constanting	
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Add 50° for each a No Phone ads	
Name	
Address	
City	

ip	Phe	one
		Highline Times
C	ail with pay assified obinson Ne O. Box 481	wspapers

Seattle, WA 98148

211 Apts.-Burien, 204 Rentals To Share

FEMALE, non-smoker, to RAINBOW INVESTMENTS share w/same, \$245 + utils, by 1/1., 941-6688 WE buy contracts & deeds of trust. No closing costs. SMALL 3 bdrm. house, near North Shore Golf Course Call prefer non-smoker. after 5pm., 927-3756

206 Rooms For Rent

cific Hwy So., 927-2337.

208 Apts.-

PARK

1 BDRM., sunny southern exposure, quiet top floor ROOM for rent. Burien area. \$275, utilities incl. plus dep. 244-2379 unit, near shopping, fre ways. 763-3655/244-5825 1 BDRM., drapes, appls., Iania & walk to bus. \$345. ROOM With both in family me. Close to H.C.C. Non smoker, no pets. \$215+ dep. Avail. now. 824-6652 243-6513 or 244-2419 2 BDRM. Normandy Park. Newly remodeled. No dogs. Near bus & shopping. \$485 UNFURNISHED room non-smoker, avail. now. Female. 946-1308. mo. 244-4949 \$110 & UP WKLY. Color 2 BDRM., private yard & patio in quiet building. 763-3655 244-5825 TV, cable, free coffee, maid service, bus line, within walk to SeaTac Mall. New Horizon Motel, 33002 Pa-

crease.

212 Apts.-DesMoines Midway

Normandy Park

\$350 & UP

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free-

White Center STUDIO APTS.- SPOTLESS

All utils, paid incl. heat & cable TV. Guaranteed no PARK TERRACE Apts. 11020 16th Ave S.W. 1 bdrms. 1 baths, new appls., rental increase. \$350 landscaped, cabana, pool, Varacalli Real Estate Co. on site laundry, covered parking & cable avail. From \$375. 242-0001 243-3333

AVAIL. January 1st. bdrm. \$385 mo. 2 bdrm. 210 Apts.-Auburn, Kent

features underground secu-rity parking. 878-1082 DES Moines Spacious clean, quiet 2 bdrms. free cable, walk to shapping & marina. \$440-\$460. LARGE! clean, 2 bdrm. apt. w/gar. N.E. Auburn. \$410 month. Call, 824-1910 824-5167

Downtown Kent \$260, 824-3460 GORGEOUS 4-plex Apartment I BDRM. Heat included. Sweeping water view, 1150 sq. ft. Only \$550. 21806 29th Ave So. Must See- For appt. call 878-1378 Close to downtown. \$260/ mo. 939-5739, after 6pm

211 Apts.-Burien, Normandy Park

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HOLIDAY SEASON!

1 & 2 Bdrm, Living In NORMANDY PARK

\$345

1 BDRM.

Spacious Apts. avail., quiet location surrounded by trees, frplc., new flooring, lots of cupboard space, APT FOR Rent, 1 bdrm. All cupboard spo Disposal & D/W. sauna, Jacuzzi, pool \$325. \$200 dep. 246-3870 much more. Starting \$390. For appt. call 824-9343 CHILDREN & PETS WELCOME SOUND VIEW 2 bdrm. 4-MANHATTAN APTS. plex. \$450 mo. New Home Specialists, 242-6444 2 bdrms., \$350 & up 18243 1st So. 243-9973 SPACIOUS 1 & 2 bdrm. Close to HCC & all major CLEAN QUIET 1 BDRM. -THE LAKE APTS-1020 SW 156th

hwys. 824-3460 STUDIO Apt. in quiet 8-244-0970 plex. Laundry facilities. \$250 mo. 824-8921 THE BEST

Des Moines 4-Plexes 2.Bdrm. 2 bath, W/D, frplc., \$495-\$530. For details call 878-1378

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Bdrm. apt. for rent in the Midway area. Convenient Midway area. place. 839-5128 2 BDRM., no pets, dish-I BDRM. SPECIAL washer, garbage disposal, Clean & Quiet Bay Club Call, 878-9667 frostless refrig., cov parking. Call, 242-5756 covered

212 Apts.-DesMoines 215 Apts. Midway

QUALITY Living in large studio & 1 bdrm. apts. Fur-1 BDRM. APT DES MOINES AREA. nished or unfurnished, 878-1293 Guaranteed no rental in-2 BDRM. with W/D, Midno pets, ref's, area, \$425.824-4890 2 BDRM. Apt. \$99 1st Mo. Rent! \$215 dep. Call for details, 824-6986 Varacalli Real Estate Co.

213 Apts.-McMicken Riverton, Sea-Tac

CHRISTMAS Special, \$50 off 1st Mo. Rent. 1 bdrm. lots of cupboard space, bus line. 242-8381

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215 Apts. Federal Way

A OUIET 1 Bdrm. Condo full size both, w/frplc, \$475 mo. Both with W/D, Also FrpIc., dishwasher, walking distance to shopping & bus. \$375 1st, last, \$250 dep. 850-7732

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Federal Way WA 839-8222 Professionally managed by Pocific Management Co. SPACIOUS 3 bdrm. Town-house, \$670. 1 and 2 bdrms. from \$450., W/ D.838-1887 or 874-9621 SPACIOUS 1 & 2 bdrms Avail., starting at \$395. W/D, frplc., dishwasher & lots more! Call for manag-

ers special! 941-4107 WESTFAIR APTS 2& 3 Bdrm Apts. ark-like Set * Close to Schools,

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236 Condos, Federal Way

\$100 off 1st Months Rent. Federal Way, 1 Bdrm. Frplc, W/D, Dishwasher, poolside, TWIN LAKES SPECIAL 1 Bedroom at \$310 ma. W/D, Dishwasher, poolside tennis. \$365/mo. 842-7967 TWIN LAKES APTS 2 Bdrm., 1½ bath, Town-3310 SW 320th 874-2316 house. Just painted. New W/D & refrig., pool. \$525. 244-3183 or Bob, 935-7700. WEST CAMPUS 1 or 2 bdrm. condo. w/frpic W/D hookup, cable, carport

+ wooded setting. 118 S. 329th Pl 874-4662 238 Waterfront Apts.

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1 BDRM., 1 bath apt. in quiet Federal Way area. Complex has many upgrades. Call Barbara at BROWN'S Point, 1/2 block from beach. Great wate and city view. Lovely, two bedroom, 1½ bath town-house. All appliances.

no pets, \$795. 927-7849 Convenient Twin Lakes lo-cation, spacious 1 & 2 bdrm. apts., contemporary, 247 Houseswell maintained, smalle community, plenty of storage, free covered park

Auburn, Kent

KENT W. Hill. Clean 3 bdrm. rambler, 1 ½ bath, frplc., rec room. Double gar., \$650, 854-9628 216 Apts.-Dash Pt. Brown's Point, 3 BDRM. Rombler. Seclud-N.E. Tacoma ed, frpic., carpets, carport. Near Trout Lake. \$600/or Option to buy. 1st/last/dep 631-6096, or 631-5999 DASH PT. Furnished, beach view, new 1 bdrm., W/D, gar. Private, non-smoking person, 4-6 mo. lease, \$550/mo.927-2623

248 Houses-Burien, Normandy Park

219 Apts. - General CLEAN-TOP CONDITION 3 bedroom, 1 bath, older home. With lake front ac-cess. No pets. \$750 on SOUTHPARK: 3 bdrm., \$425. 2 bdrm., \$385. 1½ bdrm., \$365. 1 bdrm., \$345. 242-6245

\$600.

All American Homes.

FEDERAL WAY 3 bdm.,

rec. room. \$695.941-7000

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NEAR Lake Burlen, Remodeled 2 bdrm., frpla & bsmt. 1st/last/dep. 854-2900; eves, 243-0202

★HOUSES & DUPLEXS ★ BURIEN: Deluxe 1 bdrm. frpic., W/D, no pets. \$450 1st, last & dep. 789-3788 All Areas & All Prices \$450 * NEW WAY HOMES 859-8691 927-0660* CLEAN 1 BDRM., frpic., W/D \$345/mo. + dep. BDRM., remodeled, W/D. 1st-last-dep. No smokers or pets. \$400, 244-1157

927-0660* •859-8691 3 BDRM, fenced yard, large deck, storage. Very clean. \$690/mo. Ist/last/dep re-LARGE 2 Bdrm. Townhouse

due or exceed our credit limit of \$150 may be held without further notice until payment is received or prior arrangements are made with the credit department. Call 242-0100.

252 Houses-Federal Wav 276 Mobile Home

FAMILY & Adult, now of-fering space for 14' & dou-ble wide mobile homes, in-

cl. water, garbage, sewer, a

Playground, picnic area, street lighting, RV storage,

clubhouse. Fantastic move pockoge. Con tows Mobile

2 SPACES in nice family park. Only, \$195/mo. Call 824-0850

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SALES Lot, high visibility &

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SHOP/Office/ Warehouse Space SW Auburn. Gall Phyllis, 927-6999

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941-4012

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278 Commercial

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Meadows Mol Park, 537-9383.

Lots

HOT TUB, 3 bdrm., 1-1/2 bath, 2 car gar., exc. loca-tion, \$700/mo. 922-0710 NEWER 2 bdrm. 2 bath, frplc, deluxe kitchen, all appls., fenced backyard, immac. Water/Sewer incl. avail. now. 1st/last/dep. \$650/mo. 941-0603 * HOUSE * HOUSES & DUPLEXS * All Areas & All Pri *NEW WAY HOMES *

·859-8691 927-0660* *SPARKLING NEW * Executive Home- Ramblers & Tri's. \$950/mo. 927-5962 Stonegate 2 Bdrm. Great deck & yard. Redecorated \$600 mo. 746-6065

*TWIN LAKES 3 bdrm., 2 both, 2100 sq. ft. house, \$990. 839-6181 TWIN LAKES. 4 bdrm. rambler. 32615 35th Ave SW. Avail. now! \$825/mo. 1st/last/\$200 dep. No pets 631-2900. 838-1433 after 6.

WATERFRONT Steel Lake 4 bdrm. rambler, daylight basement, 3 frplcs., 2 car gar., & much more! \$1,200 874-8644, no pets

3 BDRM., newly refurbished, frplc., rec room, \$695. 781-9156 3 BDRM., Redondo, all ap-pls., near beach. \$650, 1st, last & dep. 927-5039 3 BDRM. rambler, avail. 12/15. \$650. 1st, last & dep. Call 839-5462

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BROWN'S Point. View, beach access, lovely 3 bdrm., 4 bath home. Call Rob, Twin Lakes Realty. 838-9933 PANORAMIC view, 1 bdrm., 1 bath. \$395/mo. 1st/last/dep. 874-6367 or

3 BDRM., 2bath, remodel-ed, avail. Jan 1st. \$600 + dep. Call, 941-3000, Keith, mo. No pets. 1705 SW. 324th St. 630-0700

255 Houses-Tacoma

FIVE MILE LAKE Area 4 HYE MILE LAKE Area 4 bdrm 3 bath, woodsy set-ting, \$900+dep, 941-3000, Keith, Century 21 Young Homes Realty Inc.

HOMES from \$600 to \$1500/mo. Call Rob, Twin Lokes Realty. 838-9935 256 Houses -

QUALITY RENTALS NO FEE Bell Anderson Realty Redonido, 3 bdrm, So view, 2-1/2 bath, \$1195 Sound Federal Way 3 bdrm., 2-1/2 bath, rec room, double

影开。

W/D, \$345/mo. 874-6367 CONDO in Kent, Scenic Hill area. 2 bdrm., 2 bath, upper level. No frills to pay 2 BDRM. w/bsmt., gar., large yard. \$625 mo. New Home Specialists, 242-6444 for! Walk to all shopping, clean, \$525 + dep. 941-3000, Keith, Century 21 3 BDRM, w/oppls, Fenced yard. Family room. \$70 mo. Avail. Jan. 824-7576. \$700/ Young Homes Realty Inc. 3 HOMES-3 bdrm., 1-1/2 bath, \$675-\$725. 1st/last/ DELUXE 3 bdrm. Condo. Frplc., all appliances, facili-ties. Call Chet, 246-1442 dep, no pets. 232-5620 249 Houses FEDERAL WAY: Brand new townhomes & apts. In quiet Des Moines neighborhood. Garages Washer, dryer, dishwasher, microwave & more! Midway 874-8236 ANGLE LAKE FEDERAL WAY, 1 bdrm Condo. Lakefront, Pool, sauna, Jacuzzi, covered 4 bdrm., 3 bath, fenced yard. Easy comute! Double gor., 2 frplcs., new corpet rec. room. \$1150. 241-6570 parking, \$325 + dep. Avail Now. Bob Pennini, 941-7900 ext. 235 or 839-6077. APPLICATIONS being ac-cepted for 3 + bdrm. home in Des Moines. Avail. 1/1/ 90. Call, 242-5613 All American Homes. FEDERAL Way-lake front condo. 3 bdrm., 2 baths, frplc. Completely furnished. * HOUSES & DUPLEXS *

All Areas & All Prices Avail 1/1, 4 mo. lease \$1200/mo. Call Rob, Twin Twin Lakes Realty. 838-9933 KENT I bdrm. on Green River, no pets, all appls., W/D, frplc., \$400 + dep.

quired. 878-8593, if no an swer- Please leave message. 3 BDRM, rambler. Wood-mont area. 2 bath, family room, all appls., fenced yard, 2 car gar., no pets. \$725/mo. \$500 dep. 839condo. W/garge frplc., microwave, walk to to Sea-Tac Mall. Small com-

4557 days or 839-2008 eves

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TO SELL ANY ITEM WORTH \$2000 OR LESS

Riverton, Sea-Tac SMALL Cute 1 bdrm house. Fenced, no yard work, some utils. pd. Non smoker, \$375 mo. 241-0397 3 Bdrm., bsmt., frplc., fenc-ed yard. W/D hook-up. \$685/mo. 244-4685. 252 Houses-

Federal Way

250 Houses-

McMicken,

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CLEAN 3 bdrm., 1 large yard., 432-3560 1 bath, 4 BDRM., 2-1/2 bath, all CUTE 3 bdrm. 2½ bath in exc. neighborhood. Frpic., Family room. 3 yrs. Custom. \$825. 927-8581 old

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FEDERAL WAY 3 bdrm., 1 bath, 1 gar., fenced, cul-de-sac, clean, vacant, \$600 + deposit. Call, 941-3000,



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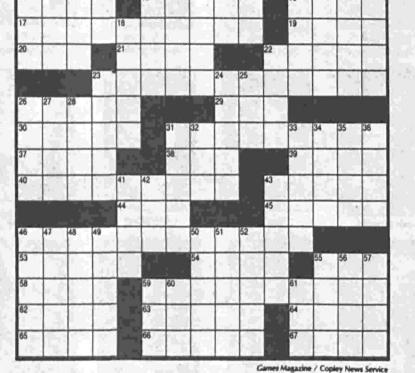
2 BDRM, Sale or rent. Lakewood. 927-0567. Deposit & First & Last.

General



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29 4 wks. or so:

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ACROSS

2 wds. 1 Author Grey 30 Wild confusion 5 Moisten the 31 Latecomer's turkey command to 10 Horned vipers actor?: 2 wds. 14 One kind of 37 "There oughta agreement be ____: 2 wds. 15 Patriot Allen 38 Second person? 16 Pronto, to Kildare 39 Not running 17 Safari leader's 40 Teacher's command to command to author ?: 2 wds actress?: 2 wds. **19** Combustible 43 Quench, as thirst heap ____ Misérables 20 Actress Mary 45 Jingle writer, - Place 21 "Take ____ perhaps 46 Mother's command leave it!": 2 wds. to aviator?: 2 wds. 22 Radner of 53 Gets wind of Haunted 54 Mrs. Charlie Honeymoon 23 Chef's Chaplin command to 55 Scientist's workshop journalist?: 2 wds. 58 Woody 26 Broadway Guthrie's son dancer Rivera **JNYAW** NOOD YANS NAMJO NINB RESUMANDON OJRA A A ANOO SAAH SBT NAMOA DONNAREAD SLAKE ALAW EVE 101 TIAWH9JAR HAVOC OWI CHITA ALISTAIRCOOK KAY ITOR GILDA **LOOHSJIABN D** A B E TZAB BNAS

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59 Girl watcher's 24 Felt under the command to TV producer?: 2 wds. 25 Little 62 Destroy 63 Kern's River": 2 wds. 64 Higgins, to Eliza Doolittle 65 Rooney of 60 Minutes 66 "The Duke" 67 Hoodium DOWN Chase 1 Let's Make a Deal booby prize 2 Region 3 Dark blue shade 4 Yale student Abbr. 5 "I'm doing the ____ can! 2 wds. 6 One of the Three **Musketeers** 7 Strapped for cash 8 Confucianist's device principle 9 Ending for apples descend or depend candle 10 Meat jelly 11 Fountain pen: Fr. 12 Game show announcer Don 13 Chuck or flank **18** Lavender color 22 David of Rhoda ___ Like Alice 23 (Masterpiece Theatre series): 2 wds.

weather troublemaker 26 Actor Everett 27 Angelic topper 28 "Terrible" ruler 31 Singer Della 32 Gardner of Hollywood 33 Writer Oscar 34 Predecessor of 38-Across **35** Actress 36 Adolescent 41 ____ Well That Ends Well 42 Pronoun type: 43 Old Nick 46 Scarlett. of Tara 47 Double exposure on TV? 48 Legitimate 49 Plot-twist 50 Like some bad 51 Kind of or numeral 52 Mindless 55 Funnyman Jay 56 Start for plane or space 57 ____ Mawr

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AD 037 - Large 3 bed. , 2 bath, condo in Fe-deral Way. Unit has all you need. Carport. If-replace and all appli-ances include washer-/dryer and refrid. Call /dryer and refrig. Call oday! \$650.00.

AD 121 - 2 bedroom plus loft 1 bath condo in Federal Way. Close to shopping and bus. Carport is also a plus in this unit. \$550.00. AD 033 - Like new 3 bedroom 2% bath tribedroom 24 bain or level in Federal Way. This large home in-cludes all appliances. Extra large 2 car gar-age, fireplace and age, fireplace much more. \$850.00. AD 297 - Large 3 bed room, 1 bath split level n NE Tacoma. Hom has 2 car garage, fire-place and more. refrig-is also included in ap-pliances. Call Today! \$650.00.

AD 115 - 1 bedroom bath condo in Federal Way. Close to shop ping and bus. \$370.00 AD 286 - 2 bed 1 bath condo in Federal Way Unit has carport washer/dryer hook up and is in nice area.

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AD 038 - 2 bedroom bath Forest Lake condo. All appliances included and carport. \$395

AD 198 - Townh apts 2 bedroom 19 bath. Unit has large ki chen, brick fireplace, new carpet and more in quiet Federal Way ea. \$495.00.

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59 Right away

'scram" or "pay' 61 Chicken part

Private party ads only to sell items worth \$2000 or less.

Pennsylvania 60 Suffix for

Page 4 - Federal Way News-Community News-Des Moines News-Highline Times, December 20, 1989, Classified



When it comes to selling or buying services... Get Results! Call 839-9520 TACOMA 927-2424

Weeks For The Price of 3 PHONE IN YOUR AD AND CHARGE IT TO YOUR MASTERCARD OR VISA AND GET THE 4th WEEK FREE 243-6801 839-9520

MUST BE PREPAID Private Party Ads Only Items For Sale Only

CLASSIFIED HOLIDAY DEADLINES

For Wed. Dec. 27th issue deadline is Fri. Dec. 22nd by 5 p.m.

For Wed. Jan. 3rd issue deadline is Fri. Dec. 29th by 5 p.m.

CLASSIFIED WILL BE CLOSED:



December 25th - Mon. December 23rd - Sat. December 30th - Sat. January 1st - Mon.



IMPORTANT CREDIT 281 Office Space INFORMATION Ads from customers with 1-4 PERSON Executive ofbills that are 6 weeks past due or exceed our credit limit of \$150 may be held without further notice until payment is received or prior fice suites from \$295. Omni Executive Center, 946-5101. 1-3 PERSON EXEC. OFFICE SUITES. From \$195. For-tune Exec. Center 838-2355 arrangements are made ECONOMICAL office space, downtown Federal Way. \$295. Zaran Sayre & Associates, Inc. 941-4012 with the credit department. Call 242-0100. Returned checks recovered by collection : \$10.00 will be added to all checks FEDERAL WAY. Central location, attractive, rea-sonable, quiet, good park-ing. Flex. terms for small returned ****

business 839-2927

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MCMICKEN Heights Im-provement Club avail. days or eves for dances, annivernts. Abbreviations are limited to those on our approved list which is available on resaries, receptions, meeting rooms. Kitchen facilities avail. 3730 So. 166th St., Sea-Tac. 242-6080 or 243-3111 quest.

313 Personals

GIVING AWAY A PET? These ads are free. Classifi-cation 708. ABUNDENT Life Enterprises. Nutritional consultant, health referral service. 661-0226 EXPERIENCE THE REAL YOU-SOUL 300

YOU-SOUL Do we Exsist as Soul apart from the body? Does Soul have an over view that can make problems seem like opportunities. Not some-thing to run from? Free ECKANKAR Video/ 399 Announcements

Discussion reveals how to receive guideness through dreams & the simple com-templative exercises. Call 763-2133 for taped info.

LOST Cat. Large Orange Tabby male. Redondo area. GIFT Yourself: be a nonsmoker. Peggy Morgan, Hypno-therapist, 824-7221.

302 Lost

Opportunities TAKE & Bake Pizza Shop, exc. family operation, \$40,000.854-9200 WINDOW Cleaning Business. Established accounts. Van, equipment. Will train. Terms, 244-1529 NEED TRANSPORTATION? Find it the Classified Ads 800-850.

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* All Phases *

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Bothrooms Decks Kitchens Above Roof Chimney Work

839-1804 ±839-1804 No. QU-AL-IN-C197JA

404 Building,

± 839-1804

321 Business



Add Ons, Remodels. Vanor Construction 248-1568 VANORCR164P9.

404 Building,

Additions

Remodeling,

Home Repair

DECKS

BY TEX

(All Over The West)

Roofing/DECKST*110JS

ROTTED FLOORS?

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410 Electrical 428 Upholstery

423 Formica.

Tile

426 Carpets

all texture Keenon Acoustics 631-4414, 931-1327.

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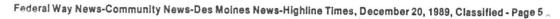
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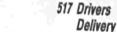
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Page 6 - Federal Way News-Community News-Des Moines News-Highline Times, December 20, 1989, Classified



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619 Security Police	522 Real Estate Careers	522 Real Estate Careers	524 Medical, Dental	529 Cleaning, Maintenance	534 Misc. Jobs	609 Musical Instruments	617 Sporting Goods	643 Antiques
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1987 T-BIRD LX

For Wed. Dec. 27th issue deadline is

For Wed. Jan. 3rd issue deadline is

CLASSIFIED WILL BE CLOSED:

December 25th - Mon.

December 23rd - Sat.

December 30th - Sat.

January 1st - Mon.

Fri. Dec. 22nd by 5 p.m.

Fri. Dec. 29th by 5 p.m.

B-2000 LX, A

Cal

1986 CAMARO Z-28 8 T-Tob, Cassette, AC. #116501 \$8,988 433-6500

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Turbo, Extra Looded. Runs Strong. See at \$7,495 #15876 ≇ 503711 Cruise. \$5,988 4β3-6500 935-9855

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Federal Way News, Des Moines News,

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Living/Foo

The News Wednesday, December 20, 1989

immicks adgets izmos Trendy gifts grab shopping spotlight

Americans are addicted to gimmicks. How else can you explain the sale of even one Pet Rock?

Deeper still runs our love of gadgets and gizmos. We're a nation of inventors. Thomas Edison and the light bulb. Alexander

Graham Bell and the telephone. Popiel and the pocket fisherman. At no time does our vulnerability to the latest do-hickey reveal itself more than at Christmas. Especially if you've let your shopping go until the last minute and are starved for ideas.

If you still haven't figured out what to buy fussy old Uncle Fred, fear not. The staff of this newspaper has scoured local stores to bring you the following guide to the season's gimmicks, gadgets and gizmos:

ou gotta love 'em. Or maybe you don't. They're dancing dandelions, bopping begonias, pulsating palm trees. Backed by the blare of a boom box or stereo and energized by a brace of AA bateries, Rock 'N Flowers have sprouted up in just about every toy shop and department store from here to the North Pole.

Takara Comp. Ltd. of Taiwan makes Rock 'n Flowers, the first variety to burst on the scene. Carrying guitars and saxaphones, the sound-sensitive artificial flora gyrate to music. The louder the music, the faster and wilder they move.

Clusters of customers often are found standing in front of their displays, mesmerized by the motion. Comments range from "cute" to "asinine." Prices range from \$19.99 to \$29.99.

Some shoppers actually do buy them. Traci Celius, assistant manager at Spencer Gifts in SeaTac Mall, says they attract mostly the curious, but also many buyers. The

harder they bop, the better they sell, she adds. Other forms of funky flowers have followed. Gemmy Industries of Texas markets a Dancin' Christmas Tree for \$34.99 and a Dancin' Palm Tree for around \$25. In Over our Heads of Memphis puts out the Sonic Rocker and Dancing Darling for \$49.99.

Lynn Keebaugh

hefty dose of decadence can be bought for paperpushers this Christmas in the form of a batteryoperated letter-opener (batteries not included).

For \$12.95, the gift-giver can choose between black and white models of the little gizmo, which chomps away 3 millimeters of envelope edge to expose the letter inside.

What's wrong with the average letter opener? If you've ever had a letter cut in half with a wisk of the little knife, you'd know. The battery-operated model,

LIKE DANDELIONS in the spring, dancing flowers have sprouted everywhere. They seem to be this year's most prevalent gadget gift. The sound-activated devices attract

aving a bad day in Flag City (a.k.a. Federal Н Way)?

Did you get stuck at three traffic lights in a row racing down South 320th Street on your way to work?

Is the guy behind you blaming you for all of the problems in his life and leaning on his horn to tell the world about it? There's only one thing left to do. Moon him.

That's right. If you've purchased one of those cute but naughty new devices called "Moonies," you won't even have to drop your own drawers.

Moonies are pneumatically operated little men who stick to your window and yank down their trousers with the squeeze of an air bulb.

clusters of onlookers, and even a few paying customers, wherever they are displayed.

on any given shot, but I'd say it's more like two or three clubs, judging from how hard you have to throw it against the floor to get it to bounce back to you.

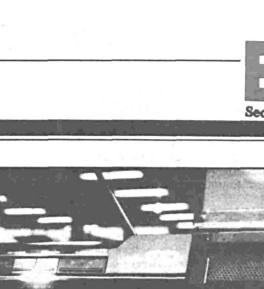
The ball is made of dense rubber and is of official size and weight. It has a yellow tinge to it, but that's not what makes it possible to play nine after 9 - 9 p.m. that is.

The secret is the lightstick, a plastic tube about 1½ inches long that fits into a hole drilled through the middle of the Nightlite Golfball. By bending the tube, you activate a chemical that causes the tube to glow a bright flourescent green for up to six hours.

Any course wishing to host Nitelite play will have to equip itself with 4-inch lightsticks to illuminate tees, flagpins, cups and the 150-yard markers.

photo by Paul T. Erickson





though, chops the top of the envelope and leaves the insides to you.

Two batteries provide 1,000 cuts, according to instructions. One warning: The device won't cut through staples. The letter opener is available at J.K. Gill.

And for an extra \$9.95 at the same shop, the gift-giver can pick up the Auto-Eraser, a battery-operated gadget that looks something like a razor and works something like a Brillo pad.

The eraser tip (refills available at \$1.29) rotates rapidly until mistakes are obliterated.

"Makes erasing easy and fun!" claims the humble company that mades this gadget. Neither the Auto-Eraser maker nor the electric envelope opener company is clearly identified on its packaging.

Melodie Steiger

Made by the Over Our Heads Corp. of Memphis and sold in novelty shops such as Spencer's at SeaTac Mall, these cheeky little dandies come in three models - the original, the executive and camouflage - and go for \$24.99.

That may sound like a lot, but hey, who can put a price on revenge?

Paul T. Erickson

he package clearly states, "Not a gimmick," but I'm not sure what else you would call a golf ball that glows in the dark.

The folks at Pick Point Sports in New Hampshire call it the Nitelite Golfball. You can get it at Best for \$4.99. As far as golf balls go, this one probably doesn't. The

package admits you probably will have to go up a club

If all this sounds too far-fetched to be practical, think again. The folks at Pick Point Sports say the first professional Nitelite tournament in history was played on June 3, 1987, at the Urbana Golf and Country Club in Illinois.

The manufacturers are even offering memberships in the International Nitelite Golf Association. For \$15, you'll receive full instructions on how to run a Nitelite tournament at your course, plus a membership patch. bumper sticker and other assorted paraphernalia.

I have only one suggesstion for the makers of the Nightlite Golfball. Why didn't you make it floatable? Brad Broberg

Continued on E-8

SPECIAL POPULATIONS INKENT

The Kent Parks and Recreation Department's Special Populations program needs volunteers to help out with its evening and weekend programs for developmentally disabled individuals, survivors of major head injuries and the mentally ill. Call 859-3350 for information.

LITERACY TUTORS The Southwest Seattle Literacy Coalition needs volunteers for oneto-one tutoring of adults. Required skills include reading, writing, listening, speaking English, flexibility and sensitivity. Call 878-3710, ext. 397 for details.

FRIEND TO FRIEND Volunteers visit elderly and handicapped individuals who live in nursing and retirement homes. Visits can be as short as 15 to 30 minutes. Friend to Friend is a Christian organization. Call 246-5150 for information

GROUP HEALTH CO-OP Hospice volunteers run errands for terminally ill patients and their families. Bereavement volunteers provide emotional support to survivors after a death. Volunteers are trained. Call Sherry Kraft at 326-4244 for information.

SENIOR SERVICES

Drivers in the Volunteer Transportation Program take seniors to and from doctors' appointments and on other essential errands. Mileage reimbursement and additional liability insurance is provided. South King County residents should call 448-5740 for information. SENIOR COMPANION

PROGRAM

Low-income seniors receive a taxfree stipend for visiting homebound elderly residents in their neighborhoods. Training is provid ed. Call 328-5660 for information.

UNITED WAY The United Way Volunteer Center matches potential volunteers with jobs that suit their skills. Call the job bank at 461-3655 for information.



VISION SERVICES

Volunteers assist people who are blind with reading their bills and other essential information, such as grocery labels. The time committment is two hours a week or less. Call 386-6666 or 1-800-458-4888 for information.

VALLEY LITERACY COUNCIL

The council needs tutors to teach English to immigrants. Contact Ardith at 226-1192, or Pat at 825-7381 for information. Workshops are held in Renton and Auburn.

DOMESTIC ABUSE WOMEN'S NETWORK

Volunteers staff the 24-hour hotline for abused women. Call the DAWN office at 852-5529 for information.

BIG SISTERS

Women over the age of 21 are needed to spend three to four hours a week with a Little Sister to provide guidance and companionship. Orientation and training sessions are held in the Federal Way area. Call 461-3636 for information.

SPECIAL OLYMPICS COACHES

Kent Parks needs coaches and volunteers for the 1990 Special Olym-An orientation/training pics. program is scheduled for Jan. 11. Call Doreen Higgins at 859-3599 for information.



We flipped over this house

THE GRINCH DID IT! A picture in Sunday's Federal Way News of the brightly decorated house of Chrystal and Jim Hartrick ran upside down. Here, we hope, is the right-side-

up version. The Hartrick home, 2500 S. 370th St., No. 147, is one of many in the Kloshe Illahee neighborhood that is all decked out for Christmas.

photo by Paul T. Erickson

Couples

Whitney-Hart wed at Servants Church

Michelle Gerrine Hart and Robert Charles Whitney were married Nov. 4 at Servants of Christ Church. The Rev. Warren Thompson performed the ceremony.

The bride is the daughter of Sandy and Larry Hart of Federal Way. She graduated from Decatur High School in 1985 and from Green River Community College in 1987. She works for Sound Physical Therapy in Seattle.

Robyn Leach was her maid of honor, and her bridesmaids were Tammy Lein and Tina Rowe.

The groom is the son of Ethel and Charlie Whitney of Federal Way. He graduated from Decatur in 1979 and attended Highline Community College. He is assistant manager of the Big 5 store in Gig Harbor.

Brian Miller was his best man, and his groomsmen were Dan Nako and Dan Bogs.

The couple honeymooned at the Klaloch Lodge and are living in Pacific.



Florence and Ronald Frazer of Federal Way celebrated their 50th wedding anniversary Nov. 12 at an open house celebration at the Federal Way Senior Center hosted by their children, grandchildren and greatgrandchildren.

Florence Frazer's parents, the Rev. and Mrs. Edwin Torgerson of Puyallup, were in attendance at the celebration and were celebrating their own 72nd wedding anniversary.

The Frazers were married Nov. 14, 1920, in Springdale, Wash. Ronald owned and operated garage and service station in Deer Park, Wash., while Florence raised their two daughters. He retired in 1980.

Their daughters and sons-inlaw are: Roni and Herb Floch, Kent, and Rosalee and Fred Anderson, Shelton. They have four grandchildren and four



Christine Ann Calhoon and Michael Morley Anderson were married Nov. 11 at the Federal Way Executel. Judge Donald Eide performed the ceremony..

The bride, a former Miss Federal Way, is the daughter of Carolyn and James Calhoon of Federal Way. She graduated from Federal Way High School in 1981, from Green River Community College in 1984 and will graduate from Western Washington University next year. She is employed by J.C. Penney in Bellingham.



iorence and Ronald Frazer

great-grandchildren. They have lived in Federal Way for 21 years.



Her sister, Connie Taylor, was her matron of honor .and Lisa Halsan was her bridesmaid.

The groom is the son of Phyllis and Rayfield Anderson. He graduated from Blaine High School in 1982 and from Western in 1989. He is manager of Golf USA in Bellingham.

James Taylor Jr. was his best man and Carl Halsan his groomsman.

The couple took a Caribbean

Anderson cruise for their honeymoon and are living in Bellingham.

and

Michael

Christine

Windermere adds

Windermere adds staff to local office

Windermere Real Estate has added five people to the staff of its Federal Way office.

An associate broker and five sales associates have been hired. They are:

Thomas E. Keck, an associate broker, has 12 years of real estate experience. He comes from Waddell and Reed Securities and lives in Enumclaw. He is a University of Arizona graduate.

Karen Schakel comes as a sales associate from Parkwood Realty Better Homes and Gardens. She lives in Puyallup.

Carol Pickering also comes from Parkwood Realty as a sales associate. A Central Washington University graduate, she lives in Tacoma.

Leon Smithlin also comes from Parkwood Realty as a sales associate. He has more than two years of real estate experience and lives in Tacoma.



Karen, also a sales associate, is new to real estate. She comes from the office product and grocery indistries. She lives in Sumner.

Harold Smith is also new to real estate. He joins Windermere from Buns Master Bakery. He received both his BS and MBA degrees from the University of Washington. He lives in Tacoma.

Company acquired by Pacific Nuclear

Pacific Nuclear Systems Inc., of Federal Way, has acquired the Alaron Corporation for approximately \$2 million.

Alaron, a privately-owned nuclear services company headquartered in South Carolina, provides decontamination, volume reduction and technical services primarily to nuclear utilities. It employs 80 people and will have revenues in 1989 of approximately \$3.5 million.

Pacific Nuclear Systems and its subsidiaries provide a wide range of services to the nuclear industry. Its headquarters are in Federal Way.

GENEALOGY WORKSHOPS The Seattle branch of the National Archives will conduct a series of

novice genealogist workshops from 10 a.m. to noon, Jan. 3 and 10. The first workshop will specialize in census microfilm, and the second in land, military and naturalization workshops. A contribution of \$5 is requested. The classes will be taught at 6125 Sand Point Way N.E. in Seattle. Pre-register by calling 526-6347.

HATHA YOGA Start the New Year right by improving your health, stamina and flexibility in a Hatha Yoga class offered by King County Parks. The eight-week session begins the week of Jan. 8 at the Highline Community Center, 425 S.W. 144th St., Burien. The cost is \$35.20 and the preregistration deadline is Jan. 4. Call 296-2956 for information.

MATERNAL FITNESS maternal fitness class for preand post-natal women will be offered from 7 to 8 p.m., Tuesdays and Thursdays, beginning with an orientation on Jan. 9 at Lakota Junior High School. The first class will be Jan. 16 and will last eight weeks. The fee is \$47.85, and pre-registration is required. The class is designed to help child bearing women to maintain fitness, avoid excessive weight gain and increase muscular strength for labor and child care. Call 941-0655 or



Just for You

296-4279 for information. PRE-AEROBIC EXERCISE

The co-ed class will meet from 6 to 7 p.m., Tuesdays and Thursdays, beginning Jan. 9, at Lakota Junior High School. The fee is \$41.25 for 18 classes. Pre-registration is reguired. Call 941-0655 or 296-4279 for information.

AUDUBON BIRDr CENSUS The Seattle Audubon Society will take part in the 90th annual bird census Dec. 30. More than 42,000 people around the world will count as many bird species and individual birds as possible. The Seattle group will hold a potluck dinner and tallying session following the count on Queen Ann Hill. Call 622-6695 for information. LIBRARY MOVIE

Volksmarchers can come out of the rain

SeaTac Mall and the Evergreen Volkssport Association will sponsor an indoor Volksmarch beginning at 7 a.m., Jan. 6. For more rugged individuals, there will be an outdoor course around the mall.

The walk is open to people of all ages and registrations will be accepted between 7 and 8 a.m. at the mall's theater entrance. Walkers proceed at their own pace on a pre-set 10 kilometer course. The course will close at 10 a.m. and water will be available.

Participation is free, but a \$6

registration fee at the door

At the Mall

earns a commemorative cloisonne medal or hatpin. Advance registrations can be made by calling 941-9238.

EVERGREEN Retirement Manor 31002 - 14th AVENUE SOUTH FEDERAL WAY, WA 98003

PLAN FOR YOUR HEALTH NEEDS BEFORE THEY PLAN FOR YOU

WE SPECIALIZE IN SERVICI

CALL FOR TOUR

The Federal Way Library will show Walt Disney's "The Rescuers" free to children during the coming holiday break. The tale of two mice and a friendly albatross will begin at 2 p.m., Dec. 26, at the library, 848 S. 320th St. Call 839-0257 for information.

An advance ticket is required. APPLE PARENTING CLASS

The Apple Parenting Program will conduct a free parenting class from 6:30 to 9 p.m., Tuesdays, Jan. 9 to March 20, at Green Acres Day Care, 1826 S. 240th St. To register, call 939-0970. Child activity rooms are held at the same time and are free of charge.

SPORTS COLLECTORS CONVENTION Obermeyer Cards will sponsor a sports collectors convention Jan. 5 to 7 at the Hyatt Regency Hotel in Bellevue. The convention will be the first time major national dealers in sports collectables will visit the Pacific Northwest. Also, the most sought-after of all cards, the "T-206" Honus Wagner, valued at more than \$200,000, will be on display. Its owner, Allen Rosen, will display his million-dollar collection. Call 391-

6478 for information. LOW IMPACT AEROBICS

A co-ed class for "serious" exercise enthusiasts will begin Jan. 9. Meeting times are 6:30 to 7:30 p.m., Tuesdays and Thursdays, at Des Moines Elementary School. The fee is \$41.25 for 18 classes of \$20.90 for nine classes. Registration is re-quired. Call 941-0655 for information.



Let Prestige install the protection.

Now with free Lifetime Warranty!

The holidays make your home a perfect target for uninvited guests. The kind who would like nothing better than to steal your valuable Christmas gifts and trade them in for cash.

Fortunately, Prestige Protection can make your home much less inviting. And now immediate installation is available in a welcome holiday price-saving package.

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Professional installation.

PROTECTION

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To schedule your installation or a free home security analysis, call today: 927-6569 or 874-7840.

No down payment, no interest, no payments until April, 1990! A Prestige Protection System makes a great Christmas gift. Above payment offer available on approved credit if ordered by Dec. 31, 1989.



33430 13th Place South = Suite 110 = Federal Way, WA 98003 = 206-927-6569 or 206-874-7840

The Gift Everyone Loves to Get.

At Hickory Farms we have hundreds of delicious gifts all designed with one response in mind... Thank you very, very much!

3 lb. Beef Stick* \$13.99

Cheese Balls & Logs Reg. \$3.99 2 for \$6.99

Melt Away Mints 16 oz. pkg Reg. \$3.49 2 for \$5.99 We'll gladly accept phone-in orders and take care of shipping for you! In Oregon 1-800-GIFT PAK Out-of-State Call Collect (503)283-7604

THE GOLD MINER \$55.00

A hearty value! Includes a 3 lb. Beef Stick® Summer Sausage, Safari* and Italian Spice Sausages, eight cheeses (Chedam, Chavarti, Smoky Bar, Gouda, Garlic Soft Spread, Apple Pie Cheddar, Marbled Cheddar and Sharp Cheddar), Sweet-Hot and Dijon Mustards, and Strawberry Bon Bons. Gift #49.

America's leading specialty food stores.

SAFARI SAMPLER \$14.50

The flavor of adventure! 7 oz. Safari" Summer Sausage, 4 oz. each Smooth 'N Sharp and Pizza Triangles, 2 oz. each Herbs and Spices and Tangy Bacon Cheese Spreads, 3 oz. Sweet-Hot Mustard, and Strawberry Bon Bons. Gift #54

BEEF 'N CHEESE \$27.50

Two tasty 14 oz. Beel Stick® Summer Sausages, with 8 oz. Natural Edam, 8 oz. Sharp Cheddar, 7 oz. Gouda, and Strawberry Bon Bons. Gift #26

HICKORY FARMS"

SeaTac Mall 941-8106 Burien Fred Meyer 244-8684



Join our church family for **Christmas services**

Sunday, Dec. 24th:

8:30 a.m. - Holy Communion, traditional

10:30 a.m. - Family Christmas Service and Holy Communion

10:30 p.m. - Chorale Christmas Service and Holy Communion

Monday, Dec. 25th: 10:00 a.m. - Holy Communion

The Rev. Randal Gardner, Rector

345 South 312th, Federal Way • 839-6100



METHODIST CHURCH

Christmas Eve Sunday Worship DEC. 24th 10:00 A.M. (Nursery Available)

DEC. 24th 7:00 P.M. and 11:00 P.M. Featuring: ENGLISH HAND BELLS AND CAROLS

> 29645 51st AVE. SO. FEDERAL WAY Just South of S. 288th St. 839-9220

Christmas Eve Candlelight Services

and we don't need to travel far.

Attend the church of your choice and all year round.

CHRISTMAS AT WAYSIDE

UNITED CHURCH OF CHRIST (Congregational)

> CHRISTMAS EVE **Candlelight Services**

7:30 pm: Scripture & Carols

11:00 pm: Communion, Scripture & Carols

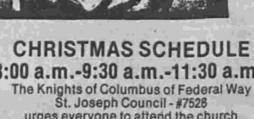
2000 SW DASH POINT RD. 838-0915 Sheryl E.L. Peterson, Pastor

Saint Vincent de Paul Parish 30525 8th Ave. S. Federal Way Parish Center 839-2320

Christmas Is Christ's Birthday Come Let Us Adore Him...

CHRISTMAS EVE MASS SCHEDULE 5:00 p.m. Family Liturgy 7:00 p.m. & 10:00 p.m. Choir

> **NEW YEAR'S DAY** 10:00 a.m. Service



8:00 a.m.-9:30 a.m.-11:30 a.m. St. Joseph Council - #7528 urges everyone to attend the church of their choice this Christmas Season.



Microwave hors d'oeuvres only look hard to prepare

Make festive party dips and spreads ahead. Then, give them a quick microwave reheat. You'll enjoy your party, too!

Serve plenty of fresh vegetables and fruits with hot appetizer dips. Minimize the tendency to eat more dip than dipper by serving a variety of the freshest vegetables and fruits you can find. Arrange them attractively on lots of medium-sized platters. Put out a new platter when the supply starts getting low or looking wilted.

Vegetables — such as carrot and celery sticks, unpeeled cucumber spears, and broccoli and cauliflower pieces — can be prepared ahead and kept in zip



Microwave Minutes by Joyce Batcher bags with a little water added. Fruit may also be prepared ahead. Apples and firm winter pears — which turn brown after standing — may be sliced several hours ahead and dipped in lemon or lime juice to prevent browning. Arrange fruits on a party tray. Cover tightly and refrigerate until right before serving.

If choosing crackers to serve along with dips or spread, choose a nutritious variety. Choose crackers made of whole wheat or other grains for fiber. Look for lower-salt varieties. (Most are flagged to let you know that they are sodiumreduced.) Crackers low in saturated fat may be a little harder to pick out. Read the ingredient list. If tropical oils such as palm or coconut — are mentioned towards the beginning of the list, choose another brand.

Today's recipes come from a student in one of my adult classes. Cathy Barthel from Bloomington, Minn., says she likes quick and easy cooking that tastes and looks like she spent hours working. Don't we all?

Cathy's recipes are very easy to make. But flavor, appearance, and everything about them will get raves at your holiday parties (and throughout the new year, too).

Brandied Brie is softened brie

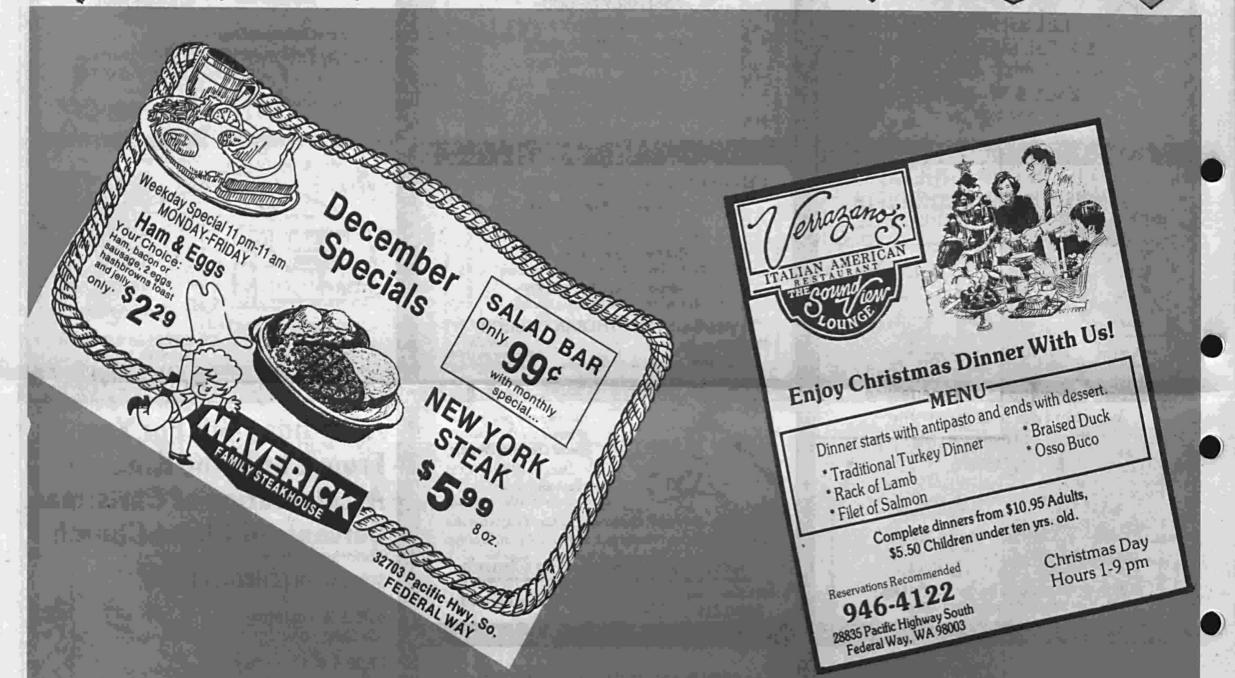
cheese with a tantalizing topping of brandied nuts, brown sugar and butter. It's not a lowcalorie appetizer; in flavor, it's a winner. Cathy serves it with an attractive platter of thick apple slices. Alternate red-skinned apple slices with yellow or green apples for variety.

Brie is a wonderful cheese for appetizers. It's most often served whole or in a large wedge with a cheese knife, so guests can help themselves. Brie can be oven-baked in puff pastry or micro-warmed with a variety of toppings. A whole brie is round — about 1 to 1½ inches thick and comes in sizes ranging from about one pound to over two pounds. Smaller amounts (cut in wedges) may also be bought. Brie is a soft, creamy white cheese. It has a thin, white edible crust that has a mild bluecheese flavor. When it is served as a round or wedge, some people will choose to cut off the crust, and some will choose to eat it. Young brie is a delicateflavored cheese, so it's often served for dessert with fruit. Older brie — marked "aged" on the label — has a more pungent flavor and may not be as appealing for desserts.

In Brandied Brie, brie is broken into chunks before heating. Since it's naturally soft, a brief heating on Medium-Low

Continued on E-7





Catch Peter B's Seafood Buffet.



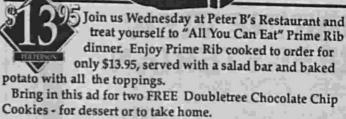
Peter B's is quite a catch when you join us Friday and Saturday night for our "All You Can Eat" Seafood Buffet. Serving treats from the deep that include shrimp, clams, mussels, and many more fresh seafood entrees including our soup and

salad bar.

Bring in this ad for two FREE Doubletree Chocolate Chip Cookies - for dessert or to take home. Seniors over 60, \$10.95

DOUBLETREE SUITES PETER B's RESTAURANT 16500 Southcenter Parkway • 575-8220 Reservations Recommended Not Valid with any other discount or offer • Expires December 30, 1989

Wednesday is Prime Time for Prime Rib.



Seniors over 60, \$10.95 Serving from 5:00 p.m. to 10:00 p.m.

DOUBLETREE SUITES PETER B's RESTAURANT 16500 Southcenter Parkway • 575-8220 Reservations Recommended • Expires December 27, 1989

Cook early, warm in microwave, enjoy your party

Continued from E-6

or Medium is all that's necessary. Too fast or too long microwaving will melt it. Hot Chili Dip may be a confusing name, but there's no ques-

tion about the easy preparation and great flavor. This dip is not overly spicy when made with mild chilies. The flavor is spicy, yet creamy and mellow. Again, preparation is simple and there's not much microwaving. Simply soften the cream cheese, add other ingredients, and heat. To make ahead, follow my directions below the recipe. Brandied Brie

A cup brandy

1/4 cup brandy

Microwave Minutes by Joyce Batcher

½ cup coarsely chopped walnuts½ cup coarsely chopped pecans1 pound brie cheese¼ cup butter or margarine,

softened

½ cup packed brown sugar Crisp apple slices and/or firm pear slices and/or whole-grain crackers

Combine brandy with nuts; marinate for about 2 hours. Cut crust from brie; discard crust. Break brie into chunks and arrange evenly in a microwavesafe small casserole, pie plate or serving dish. With a fork, combine butter and brown sugar. Spoon evenly over brie. Drain nuts. Arrange nuts attractively atop brown sugar mixture. Microwave on Medium-Low (30 percent power, about 200 watts) 2 to 3 minutes or on Medium (50 percent power, 325-350 watts) 1½ to 2½ minutes, rotating dish once, until brie is just soft (not melted). Serve with fruit and/or crackers. Makes about 10 appetizer servings.

To make ahead: Prepare as above. Cover with plastic wrap and refrigerate until serving time. Uncover and microwave on Medium-Low (30 percent power, about 200 watts) 3 to 4 minutes or on Medium (50 percent power, 325-350 watts) 2 to 3 minutes, rotating dish once, until brie is just soft (not melted.) Serve as above.

Each serving — without fruit or crackers: 317 calories, 11g protein, 25g fat, 3g carbohydrate, 344mg sodium, 59mg cholesterol.

Substitute ¼ cup orange juice mixed with ¼ teaspoon ground cinnamon. Hot Chili Dip

1 package (3 ounces) cream

cheese 1 can (15 ounces) chili without beans

1 can (4 ounces) mild green chilies, undrained 1 cup (4 ounces) shredded Cheddar cheese Fresh vegetables and/or tortilla

chips Place cream cheese in 1-quart

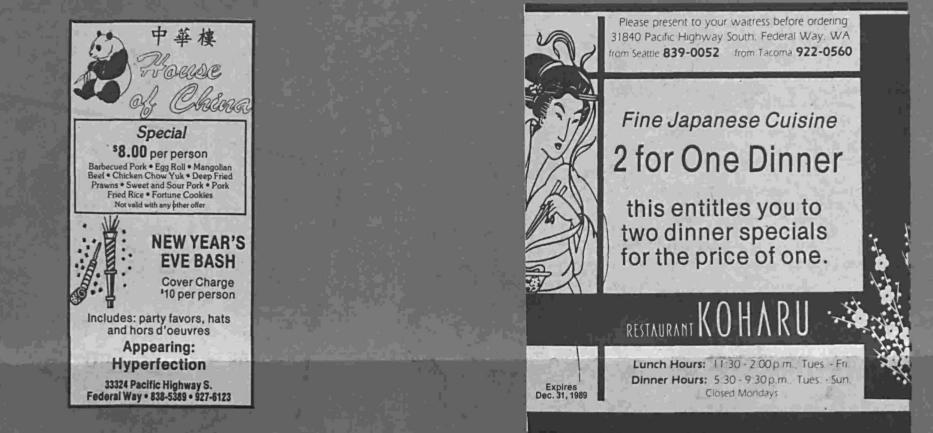
microwave-safe casserole. Microwave (High) 20 to 30 seconds. Stir until smooth. Skim fat from top of chili. Stir in undiluted chili and undrained green chilies. If serving immediately, microwave (High) 2 to 3 minutes, stirring once, or until hot. Sprinkle with cheddar cheese and microwave (High) 20 to 30 seconds or until cheese just starts to melt. Serve with fresh vegetables or tortilla chips. Makes about 2 cups dip.

To make ahead: Combine

softened cream cheese, chili and green chilies. If desired, divide into 2 small microwave-safe serving dishes. Cover and refrigerate. To serve, microwave whole recipe on High 3 to 4 minutes or until hot, stirring once. (Or microwave one small dish at a time for 2 to 3 minutes, stirring once, or until hot. Top with cheddar cheese and microwave (High) 20 to 30 seconds or until cheese just starts to melt.

Each 2 tablespoons — without vegetables or chips: 97 calories, 4g protein, 8g fat, 2g carbohydrate, 148mg soidum, 18mg cholesterol.







Windward Inn across from Mid-City Masonry 24811 Pac. Hwy. So. 839-9812

Thursday is Prime Time for Prime Rib.



Join us Thursdays at the Boojum Tree Restaurant and treat yourself to "All You Can Eat" Prime Rib dinner. Enjoy Prime Rib cooked to order for only \$12.95, served with soup or salad and a baked potato with all the toppings. Bring in this ad for two FREE Doubletree Chocolate Chip Cookies - for dessert or to take home. Seniors over 60, \$10.95

Serving from 5:00 p.m. to 10:00 p.m.



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SEATTLE AIRPORT



17620 Pacific Hwy. South Seattle 98188

Give a gizmo to a fussy relative

Continued from E-1

or those students, secretaries and writers frustrated by teachers and other authority types (such as editors), there's the "Pen Fatale."

This battery-powered writing utensil has a built-in electronic noisemaker that can simulate the noise of a laser gun, grenade launcher, machine gun or death ray.

A bad grade? Just fire away with the death ray and imagine the object of your stress blowing into a million bits. This completely useless item advertises itself as "the

ultimate closing touch for salesmen, the secretaries' equalizer, or a student's revenge."

Sells for \$9.99 at Spencer Gifts in SeaTac Mall.

Kurt Herzog

hat have you got that's completely useless? The sales clerk in one of those future-ofelectronics stores in Bellevue Square thought for a moment and spun on her heels.

"I wonder if we have any floating globes left?" she said out loud.

Sure enough, the floating globe was occupying its place on the back shelf, and sure enough, the globe was floating between the two prongs of the stand that hold normal globes in place.

Magnets, she explained. And no, you can't flip the globe around so that Australia is in the northern hemisphere.

The floating globe retails for \$149.95, a tad bit expensive if you're looking for something cute, but, a shopping companion pointed out, it would be an ideal conversation starter sitting on a businessman's desk.

Does anybody toss \$149.95 out for the floating globe. Sure, the sales clerk said. "It's for the guy who has everything." Wendy Culverwell

o you have a hard time making decisions? Well, OK. Do you think you have a hard time making decisions?

If the answer might be "yes," then the Executive Decision Maker, available at Radio Shack for \$9.95, may be the best investment you'll ever make.

The small black box makes those difficult choices simple, removing you from responsibility for personal, political, business and romantic decisions with a push of the "ask" button.

Press the button, and the decision maker responds with a whir of its decision whizzer and a flash of its lights, telling you "ask again," "forget it," "definitely," "never," "why not," or "possibly."

The Executive Decision Maker operates on a single 9-volt battery and is small enough to fit on the desktop of even the busiest executive.

Jeff Johnson

F or those who would rather watch their beer than drink it, the With Design in Mind company has created On Tap, the optical illusion.

This conversation piece makes it appear that a stream of beer, or beverage of choice, is flowing from a tap suspended above a plastic pitcher.

"When somebody buys it, we're really glad to sell it because they don't go too often," said Dennis Taylor, assistant manager of the photo/electronics department at Fred Meyer.

On Tap is available at various stores for prices ranging

Choose teaching toys instead of toxic ones

Toy buyers are faced with a choice between addictive games and toxic toys on one hand and high quality, durable toys that teach on the other.

Washington State University's Randal Day, a professor of child, consumer and family studies, has some guidelines for all who hope to separate the good from the bad and the ugly.

The five main considerations when buying toys or games are: safety versatility, durability, appropriateness for the child's age, and whether the game encourages active or passive behavior.

The age range information you find on toy packaging is usually accurate, Day said. For infants, appropriate toys

are ones they can hit, chew and touch. A toy an infant can't touch is both frustrating to the child and dangerous.

For toddlers (2 to 5 years old) large blocks are a good toy. Day also recommends the large plastic ball with holes of different shapes cut into it. The ball comes with blocks that can be fit

into the cutouts. It is good for toddlers because it is made of non-toxic materials and the shapes are large enough for uncoordinated hands to figure out. A small model car is a poor toy for toddlers because they don't have the motor skills

necessary to manipulate them. Preschool children (5 to 8 years old) begin to understnad spatial relationships and benefit from toys that help them explore how things go together, he said.

Legos, DuPlo Blocks and Lincoln Logs are all good toys for preschool children because they require children to use their imaginations. Day cautions against buying complex sets designed for older children.

"A parent could also go to Goodwill and gather hats, jewelry and other pretend clothes, or non-sharp kitchen utensils that could be used for imaginary play and role playing," Day said.

Balls are excellent toys because they encourage the child to play with someone else and to be active.

Other good games for preschool children include Candyland, Chutes and Ladders, dominos, checkers, and Twister. Games that are too complex

for young children include Chess, Monopoly, Risk, Payday, and Sorry.

For preteens, science kits, telescopes and things that help them explore are good gifts, as are model airplane kits and crafts that teach fine motor skills.

Day does not recommend arcade or computer games in

Volunteer Santas ready to party

For a \$50 donation to the American Heart Association, Santa will visit any holiday gathering in King County

The Santa's helpers have been trained to add the requisite "HO HO HO" to gatherings. Their mailman, an industrial engineer, a company vice president and many retired "grand-

fatherly" individuals. To schedule a Santa visit, con-

tact the AHA at 632-6881. PUGET SOUND **BLOOD PROGRAM** 292-6500



Day recommends Diplomacy and National Geographic's **Global Pursuit.** ranks include a bus driver, a

which the only goal is to reach a

higher level of play. Although

they can enhance a child's

memory and fine motor skills,

Day said their faults outweigh

The games can become ad-

dictive for children who sit for

long periods trying to better

For teens, games that require

them to develop strategies and

abstract thinking are excellent.

their score, he warned.

their benefits.

from \$69.99 to \$49.99. It achieves its illusion with a plastic tube that pumps the liquid up to the tap, where it spills over and runs down the sides of the tube.

"Seeing is not always believing," reads the label. **Rhonda** Davis

rom the mold of gifts that need a how-to-book comes the koosh ball with "The Official Koosh Book" attached.

The koosh ball is a ball of cut rubber, like a small pompon made from rubber bands. It comes in an attractive combination of baby blue, pink and purple, but it doesn't seem to do a thing that other balls don't.

That's why the book seems superfluous. Although it colorfully tells how to catch your koosh with no hands, play koosh tag and koosh off the wall, ("33 kooshy activities" in all), not a thing is written that one cannot figure out alone.

This "rubber ball with manners" boasting a "unique energy absorbant design" sells for \$9.95 at REI. And that includes the book.

Ann S. Hartman

Programs keep hospital hopping

St. Francis Community Hospital has a number of ongoing programs of interest to the Federal Way community.

They include:

• The Arthritis Support Group will begin meeting at 6:30 p.m., Jan. 17, and will continue to meet the third Wednesday of every month. For information, call 622-1378 or 952-7970.

· The Bereavement Support Group meets from 2 to 3:30 p.m., the second and fourth Tuesday of each month in the board room on the hospital's lower level. Call 383-1788 for information.

· ine hospital and SeaTac Mall offer a special indoor walking program for individuals of all ages. The mall opens at 7:30 a.m. on Tuesday and Thursday mornings so that walkers can have a dry place to stroll. Call 952-7970 for information.

· Kangaroo Kapers, a program to help young children get used to the idea of a new sibling, is presented at 10:30 a.m., the third Monday of each month, in the hospital's education room. The free program lasts half an hour. Call 952-7910 or 838-9700, ext. 7910, for information about Kangaroo Kapers.

Seniors should be careful of cold

The Washington State Medical Association warns that seniors should take extra precautions to protect themselves against the cold.

Edlerly persons are more susceptible to hypothermia, where the body loses its ability

to warm usei. To prevent hypothermia and other winterinduced illnesses, seniors should wear warm clothing, keep their homes well heated and drink plenty of fluids. Also, wearing a hat indoors and out is an excellent way to prevent body heat loss.

Highway information available

The state Department of Transportation operates a number of phone lines that provide road information: Highway Construction, 464-6897; Highway Radio (24-hour number), 764-4100; Mountain Pass Reports (Oct. 1 through March 31, 30-cent charge), 1-976-ROAD.