

**Schools**  
Boundaries  
get scrutiny  
B-7

**Living**  
Coping with  
aging parents  
A-6

**Track**  
Local athletes  
glory bound  
B-1



Index	
Comment	A-2
Living	A-6
Sports	B-1
General News	B-6
Real Estate/Classifieds	Inside

# Federal Way News

Wednesday  
May 17, 1989

Vol. 37 No. 59  
Federal Way,  
Washington 98003  
50 Cents

Excellence  
in Community  
Journalism

TWIN LAKES MARINE HILLS REDONDO MIDWAY KENT WEST HILL WOODMONT NORTH LAKE WEST CAMPUS

## City council results

**POSITION 1**  
Ethan "Rick" Allen\*  
1,161  
Mary Gates\*  
2,393  
Bill Shortt  
1,259  
**POSITION 2**  
Alfred Frank  
630  
Mark Freitas\*  
1,260  
Fred Jaber  
259  
Joel Marks\*  
2,189  
F.W. "Bill" McConnell  
433  
**POSITION 3**  
Georgene "Jo" Asbury\*  
526  
Lewis "Lew" Drohman  
320  
Debra Ertel\*  
2,769  
Dave Froyalde  
394  
Charles "Ben" Gittings  
326  
L. "Larry" Jones  
67  
Vance Lelli  
300  
**POSITION 4**  
Elaïne Cook\*  
1,402  
Art Hagberg  
212  
Harold Johnson  
224  
Ray Tomlinson  
718  
Thomas Trigg  
74  
Jim Webster\*  
2,094  
**POSITION 5**  
James Handmacher\*  
2,237  
Michelle Lewis  
435  
Stephen Massey  
178  
David Wallace  
479  
R.T. "Bob" Wood\*  
1,367  
**POSITION 6**  
Homer Anders  
165  
Richard Feutz  
819  
Kenneth "Kap" Pease  
216  
John Ridley\*  
982  
Robert Stead\*  
2,554  
**POSITION 7**  
Merva Cheha  
209  
Don Miller  
820  
Ken Poyneer  
69  
Raymond "Ray" Sherman  
477  
Lynn Templeton\*  
1,700  
Phil Watkins\*  
1,492

*Asterisks indicate top two vote-getters in each position with 98.8 percent of the precincts reporting. Top two vote-getters advance to the Sept. 19 final election. For more complete coverage, see Friday's edition of the Federal Way News.*

## Mean streets: Kids become targets

By LYNN KEEBAUGH

Some parents are resentful. Some are mad as hell.

What angers and frustrates them is the fact that their children have to learn at such an early age — preschool and younger — to watch out for "Danger Stranger." To not talk to people they don't know. To never go anywhere without a parent or friend along. To be ever careful, ever cautious.

They feel pressured to do those things because the times, they are a-changin' as far as children's safety is concerned. And there's a consensus those changes are not good.

Since January, the Federal Way News has reported on nearly two dozen incidents involving children and teen-agers who have been threatened or attacked. Five children have been attacked by men who tried to abduct them and others were chased by strange men. Another girl said a man tried to lure her into his vehicle. One girl was raped and another one nearly raped.

**PARENTS** like Pat Rodgers, Vickie Price and Jan Alexander are sorry their children can't enjoy the type of carefree, virtually unencumbered childhoods they did. Their children can't spend afternoons roaming the woods or neighborhood or walk downtown, night or day, as they did. They never knew "Danger Stranger," never even heard of him.

"It makes me furious when I think about it," said Price, a mother of three in the Adelaide area. She doesn't mind arranging rides for her children or making sure they don't walk places alone. But she'd rather she didn't have to.

Rodgers laments that her children have had their innocence intruded upon in what should be their halcyon days. Instead, she has had to infuse in them a wariness and distrust of people and restrict their activities.

## Governor backs incinerator EIS

By ANN SEIDNER HARTMAN

Gov. Booth Gardner has signed into law HB 1671, keeping intact an amendment that requires Tacoma to prepare an extensive environmental study for its incinerator.

The governor signed HB 1671 in Seattle Monday without a formal bill-signing ceremony, said Dick Milne, the governor's press secretary. His endorsement of the omnibus solid waste bill ended weeks of intense lobbying from both sides of the incinerator debate.

On one side was Tacoma

**SOME PARENTS**, like Jan Alexander (right) of the Lake Dolloff area, walk their children to school. She does not think it's safe for her 6-year-old son, Christopher (left), to walk along a wooded trail alone each day to Lake Dolloff Elementary School, especially in light of several recent incidents in which students were accosted as they walked to or from school. His younger sister, Janae (center), 3, will have a similar escort when she's ready for school.



photo by Paul T. Erickson

But such precautions are a fact of life today, she acknowledges ruefully.

The noticeable number of crimes committed by strangers against children is not surprising to Lt. Max Osburn of Precinct 5 (Federal Way). As Federal Way continues to grow and become more urbanized, those types of crimes, which before seemed prevalent only

large cities, will increase. "WE'RE URBANIZING, and with it comes urban problems. Things that are the norm in Seattle still shock an area that has been a small bedroom community for so many years," Osburn said.

Osburn estimates that approximately 125,000 people live in or pass through the Federal Way area each day. Many of those

people pose a particular danger to children, who are easy prey. For instance, flashers, who expose themselves, find the shock value of their act is higher when they victimize children, and shock is what most flashers go for, Osburn said.

Ron Sensenbach, director of security for Federal Way schools agreed, and noted that last year, local schools were

especially hard hit by flashers. Sensenbach said the school district beefs up its patrols in areas where the exposure and kidnap attempts occur. He joins police and other school officials in warning parents to teach their children to avoid strangers, walk in groups or with at least one other person, and to learn a

Continued on A-3

## Tea, women and song featured at hat-and-gloves gathering

Women's contributions to Federal Way's history will be saluted this Sunday at a Centennial Silver Tea, to be held at Calvary Lutheran Church.

About 100 women recognized as local leaders or longtime residents received invitations this week to the tea. But anyone who has not gotten an invitation should not be deterred from attending, said tea coordinator Mary Ehlis.

"We were trying to reach a

good cross section of women from Federal Way's past and present, but we apologize if we missed you," she said. "Come on down, anyway."

The afternoon event will be a low-key celebration in honor of the state's Centennial and Federal Way's history.

"It's just kind of a thank-you party for what these people have done in this community," Ehlis said.

The tea will feature a performance by Harmony Unlimited, a local women's

singing group, and a talk by Lois Bark, better known as the Hat Lady. Bark will talk about women's attire and how it has changed with society through the decades.

On display will be some quilts and clothes of the past, and memorabilia from women's clubs and PTA meetings.

Along with coffee and tea, desserts from old-fashioned recipes will be served.

Continued on A-5

## Pacific Highway

# Speed limit may fall to 40 mph

By ANN SEIDNER HARTMAN

The state wants to reduce the speed limit on parts of Pacific Highway, but some people are greeting the idea with about as much enthusiasm as the thought of going on a diet or taking a cut in pay.

The Department of Transportation's (DOT) plan is to reduce the speed limit from 50 to 40 mph on Pacific Highway from South 320th Street in Federal Way to Milton. The department conducts ongoing reviews of speed limits on all state roads, but this proposal originated from a request by the state patrol, said Lloyd Showalter, ordinance engineer for the DOT's District 1

in Seattle.

"The state patrol was concerned about the area and all the recent development," Showalter said. "So we did a study from the King-Pierce County line to just south of South 320th, and we found that the development along that corridor does warrant a lowering of the speed limit."

A similar study was coordinated with the DOT's District 3, which includes Pierce County, to determine if the need extends south of the King County line into Milton.

That study will be complete probably by June 1. The Milton City Council, which needs to approve of the plan before the state

could impose the change within city limits, has deferred action twice waiting for the study results.

**REGARDLESS** of the findings, however, department headquarters in Olympia believe that if the speed is reduced north of the county line, it should be reduced in Pierce County, too, said Chuck Hornbuckle, District 3 traffic engineer. But policy makers in Milton and Federal Way say they want to slow down and study the issue before they support it. "Would this reduce accidents or cause more?" asked Dean Howard, Milton City Council member. "Some studies

show that slower traffic can cause more accidents because of congestion.

"You just cannot move as many vehicles at 40 (as you can at 50), and that creates more traffic jams so that our politicians can push this mass transit idea," Howard said.

"They're just trying to slow (Highway) 99 down to the speed of the freeway at peak hours," joked Ken Walters, council member.

**JIM CRON**, chairman of the transportation committee for the Federal Way Community Council, agreed that reducing

Continued on A-4

**NOW HONORING MOBIL CREDIT CARDS!**

**FREE** ALIGNMENT or LUBE, OIL & FILTER  
With Purchase of 4 Tires Mounted & Balanced  
With Coupon \*5/30/89 • C.V. 1/20\*

**Stay Cool With Our  
AIR CONDITIONING SERVICE  
SPECIAL**

Includes: evaluate,  
leak check and  
recharge system\*  
\*Includes first 1 lb. of Freon.

**\$19<sup>95</sup>**

With Coupon C.V. 1/20\* Exp. 5/30/89

SERVING YOU SINCE 1959  
WITH COMPLETE CAR CARE  
**FEDERAL WAY**  
34225 PACIFIC HIGHWAY SOUTH  
838-1918 952-4917  
OR VISIT OUR TACOMA LOCATION  
10514 BRIDGEPORT WAY SW. 589-5254  
90 DAYS SAME AS CASH — O.A.C.



# Comment

## To winners, send promise of help

If your city council candidate finished first or second yesterday, write him/her a letter. It might say something like this: We supported you for city council because we believe you stand for things we want to see in our new city. We hope you are elected in the fall.

We hope you will keep an eye on this council, that you will invite other good candidates to play some voluntary role in the new city, and that you will return in two years to run again, with the added experience to help you.

We have our doubts about the new council, but we will give it a chance to succeed, and hope that it can offer the city adequate services without hiking our taxes. We also hope the council will make good decisions about zoning, planning and traffic management.

If you need volunteers for some committee within the new government, to work on parks or roads or zoning or law enforcement, please keep us in mind. We will be glad to give our thoughts to help you make sensible decisions to the council.

We believe the new city will need a lot of time and help to overcome the challenge it faces, and we pledge our own commitment to make it work by attending a meeting now and then, calling new council members with our concerns, and commenting on council actions when we think it is needed.

Meanwhile, thanks for running, and for listening. We know the effort it took for you was intense, and we applaud you, win or lose.

## To others, send a message of hope

If your city council candidate finished out of the money yesterday, write him/her a letter. It might say something like this: We supported you for city council because we believe you stand for things we want to see in our new city. We still believe in you.

We hope you will keep an eye on this council, that you will be drafted for some voluntary role in the new city, and that you will return in two years to run again. The experience you gain through volunteering can only make you more qualified.

We have our doubts about the new council, but we will give it a chance to succeed, and hope that it can offer the city adequate services without hiking our taxes. We also hope the council will make good decisions about zoning, planning and traffic management.

If you decide to volunteer for some committee within the new government, to work on parks or roads or zoning or law enforcement, please keep us in mind. We will be glad to give our thoughts to help you make sensible recommendations to the council.

We believe the new city will need a lot of time and help to overcome the challenge it faces, and we pledge our own commitment to make it work by attending a meeting now and then, calling new council members with our concerns, and commenting on council actions when we think it is needed.

Meanwhile, thanks for running, and for listening to our opinions. We know the effort it took for you was intense, and we applaud you, win or lose. *P.S. If you don't have time to write, just clip this editorial and send it to your favorite candidate. It couldn't hurt.*

## Avocado pinching is shopper's ritual

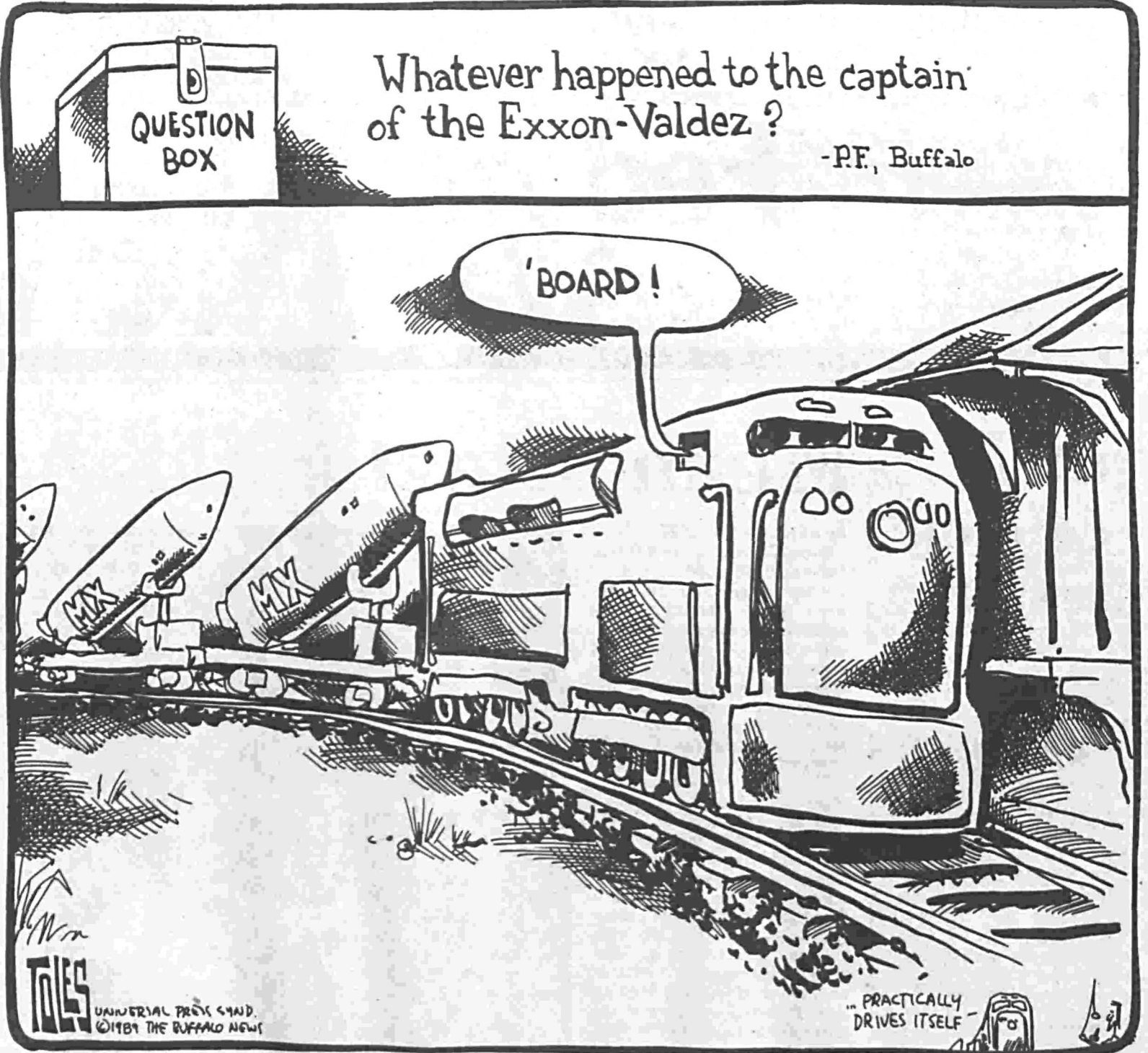
The grocery strike, whatever its outcome, has broken the food chain in subtle ways that teach us how dependent we are, how fragile.

Needing something as basic as bread or soap, we find long lines and slow service mainly an irritation. Putting that impression aside, we might consider how necessary some products are to us, how much they shape our lives.

The comfort and convenience of supermarkets, which we take for granted, are unknown in parts of the world. As much as we rely on them, if they disappeared, would we become instant refugees?

A major store is more than a bunch of signs and shelves. It is a place of little rituals, testing the melons, squeezing the bread, picking out our personal pound of potatoes or picking the best avocado in the bunch.

Take those away from us and we would live lesser lives. A grocery, these days, is also food for the soul.



## T-ball: first baseman found a cool bug

When we celebrate the beauties of baseball, we think of double plays, the sweet sight of a homer clearing the wall in deep center.

We don't think of a six-year-old, taking three clean cuts at a helpless baseball sitting on a plastic tee, and missing all of them.

We think of DiMaggio going 56 straight. We think of Gehrig, sheepish at the microphone, or the Babe, pointing to the fences.

We don't think of a kid who can barely dress himself, whose hat falls down over his eyes, who sometimes forgets his turn at bat.



Mike Robinson

That's T-ball, though. A scouting report on a championship team would read something like this:

**Lead-off hitter:** Usually goes to first, but sometimes hits a bloop, to the pitcher. Be ready.

**First baseman:** Last week, he missed six throws. Two of them hit him right in the mitt, and four others he didn't see. He was inspecting a bug that crawled under first base. The bug was safe.

**Center fielder:** Left the game to play on the merry-

go-round when nobody hit anything to him for three innings.

**Second baseman:** Can go to his left, but usually keeps going. Going to his right, he tries to turn the mitt 180 degrees counter-clockwise, and when he finds out his arm won't go that way, he turns his entire body around. Now, he's facing the outfield.

**Third baseman:** After getting a solid hit, often day dreams before heading for first. Has been thrown out

from left field.

**Catcher:** Has not caught anything yet, but is always first in line for refreshments. Sometimes leaves his position to check what's in the team mother's basket.

**Right fielder:** When told "Go to first! Go to first!" after hauling in a flyball, he went to first, personally. Several other players met him there, thinking the coach was talking.

**Pitcher:** Frequently stops ground balls with his ankle, then does a 360 with the ball while the hitter lets it all the way to second, standing up.

Parents on the sidelines at T-ball games can frequently be seen doubled up with laughter. Or shaking their heads in dismay. Or sitting in stunned silence while three of their kids meet in left field around a ground ball, but aren't sure which person is supposed to get it.

T-ball is the true test of a baseball fan. Anyone can cheer a game-winning triple with two on. It takes a baseball addict to appreciate the glory of a kid catching a line drive then looking upset because he can't figure out where the ball went.

I've seen my own son fall down three times while waiting for someone to get a hit. I've seen his best buddy dancing in left field, while three runs scored on a hit that rolled beside him.

In fact, there's a kind of jitterbug ballet going on all during the game in T-ball. Out in left, a kid is doing karate moves. In center, another one is showing the right fielder his new watch.

On second base, the shortstop has removed his own shoe. On third, a boy appears to be trying to put his mitt on his ear. These are normal behaviors for kids who just consumed six Twinkies and a Big Gulp before the game.

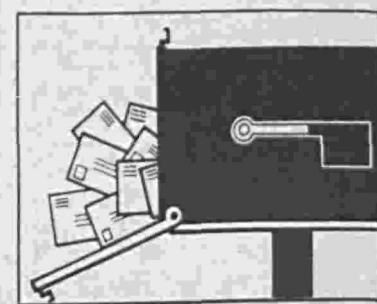
It's hard to believe that these kids will some day one-glove line drives, punch perfect bunts along the baseline to bring home a run, or steal bases like Ty Cobb. But some of them will.

Most of them, like me, will wind up their careers before they're out of the sixth grade, but after that, they'll still love the game, and somewhere in their hearts, will still believe they could have made it, if only their shoes would stay tied.

## District decision on gangs was wise

**Editor:**

In a recent editorial (April 26) you questioned the value of sending a team of Federal Way School District people to Los Angeles to learn about the problem of gang influence in schools and solutions to the problem. You commented that "for suburban communities like this, the problems of inner city schools have limited relevance." I beg to differ.



### Letters

The business community and district patrons often criticize school districts for being reactive rather than proactive. They complain that districts don't deal with the problem until it's too late, even when the rest of the community has seen the problem approaching for a long time.

Another common criticism of school districts is that when they do begin to deal with the problem, they re-invent the wheel.

That's why I'm pleased to see the district take a proactive stance on gang influence in our schools. While our problems may never be identical to those

of inner city schools, we're kidding ourselves if we think they won't be similar. Let's learn everything we can about the problem and possible solutions.

Deciding to spend money on a proactive issue is a tough decision for school districts. There's never enough money to do everything, and there will always be more immediate priorities. I would agree with your assertion that more money should be spent on teachers and their needs.

The point of being proactive is "spend a little now, save a lot later." We may never know how much the money spent on a trip

to L.A. saves us, but in my opinion, it sends a message that the district is listening to its community, that it is looking outside its own operation. School districts simply must send that message if they want to keep the respect and support of their patrons.

## Let's have enlightened law about signs

**Editor:**

Here's another contribution to the correspondence about yard signs on the right-of-way and in other places they shouldn't be.

I was a candidate once. I had the lack of principle to put up signs where they were illegal, and the decency to be ashamed of myself for doing so. I know all the arguments for breaking the law, and they're good ones: "You'll be wasted if you don't!" "It's the only cheap way to get name recognition!" "Your opponent is doing it, you must do it, too."

And yet...is this what people should do who ask to take an oath to uphold the laws of the state?

A job for our new city council is to make rules about signs in

future elections. Here is my suggestion.

Allow signs along the right-of-way and vacant lots at the candidate's will for 10 days before each primary and each general election, and let it be known that signs put up at other times will be destroyed by city street crews. If this were the law and if it were enforced, we'd have to put up with the eyesores only 20 days a year — not a bad price to pay for the privilege of electing our public officials.

And to keep it in perspective, let's reflect that we must look at real estate signs on the right-of-way all year long.

John Metcalf  
West Campus

**Federal Way News**

Published every Wednesday, Friday and Sunday

Joe Blaha ..... President  
Mike Robinson ..... Publisher  
Bill Cassel ..... Director of Sales & Mktg  
Brad Broberg ..... Editor  
Chuck Mingori ..... Sports Editor  
Bruce McKnight ..... Advertising Manager  
Dean DiLoreto ..... Circulation Manager

1634 S. 312th Federal Way, WA 98003

Editorial & Advertising ..... 839-0700  
Seattle ..... 927-4353  
Tacoma ..... 927-2424

Classified Advertising  
Seattle ..... 839-9520  
Tacoma ..... 927-2424

Circulation  
Seattle ..... 241-2507  
Tacoma ..... 927-8676

**Robinson Newspapers**

**Community News** Published every Wednesday



# Changing times put today's children in peril

Continued from A-1

Kid Code, a password known only by the child, the parents and anyone who might have a reason to take the child somewhere.

**SENSENBACH** also asks parents to advise their children to avoid taking wooded trails and to use alternative routes to school if they are available.

Laws making it more difficult, if not impossible, to involuntarily commit the mentally ill keep more dangerous people on the streets. People cannot be committed to a mental health institution against their will unless they pose an immediate threat to themselves or other people, Osburn said.

Also, he added, jails are overcrowded, pushing some people considered threats back onto the streets sooner than many would like.

"When you put someone in the front door, you've got to take someone out the back door to make room," Osburn said.

One example of that could be Kenneth Lee Herald, a 30-year-old Tacoma man who has been charged in King County Superior Court with molesting a 6-year-old Kent girl April 22 in a

local store. He was on work-release from Western State Hospital at the time of the incident, having been sent there for the 1982 rape of an 80-year-old woman.

**OTHER REASONS** for the vulnerability of children exist. Not all parents can afford to walk or drive their children everywhere. Many (estimated by school officials at 50 percent or better) come from single-parent homes or homes where both parents work.

Years ago, Osburn noted, when a school bus dropped off its cargo of 15 children, 12 mothers might be there waiting to walk their children home. "Today you might get one or two or none," he said.

Police, school officials and most parents agree that the onus for teaching children about the daily dangers they face falls in parents' laps. To combat the growing danger, schools and families are being forced to start safety education earlier.

Judy Wall, spokeswoman for Federal Way schools, said personal safety courses begin in kindergarten. Precinct 5 Community Crime Prevention Unit Officer Doug McDonald said he teaches such courses to

youngsters in preschools, as well as to older children in public schools.

Cate Luke, Federal Way PTA Council president, said the national PTA distributes safety courses that are made available

**Pat Rodgers and Vickie Price agree that children have a feeling of invulnerability that comes naturally with youth. They think nothing bad will happen to them and that trouble always visits someone else's house.**

to PTAs at all schools. Many of the programs emphasize safety for latch-key kids, or the children of working parents who spend time home alone.

Also organized by some local PTAs are "safe houses," where a sign in the window tells children that house is a safe harbor if they feel threatened or frightened on their way to or from school.

**THAT'S NOT** enough for some parents, such as Jan Alexander, who has a 6-year-old kindergartener at Lake Dolloff Elementary School. A trail that starts at the end of their block leads directly to the school and stretches just a block itself, but Christopher has never walked it alone.

And he won't, either, until he's older and can walk to school with a larger group of neighborhood children, his mother said. And even then, Alexander added, she'll worry. Her babysitter, a 12-year-old

girl, was accosted on that same trail once, and it frequently is littered with beer bottles left behind by older kids who party there.

Children who walk to school aren't the only ones who face danger. Although about 7,000 of the district's more than 16,000 students ride the bus to school, they still have to make it home safely from the bus stop, as one 7-year-old girl learned May 8. She was approached by a car with three men in it who followed her when she wouldn't go with them, police reports state.

And it's not just the walk to school that worries parents. Rodgers and Price each have

teen-agers who like to go to SeaTac Mall with their friends, but the mothers are hesitant about granting such freedom.

Rodgers' son, Rob, 13, said he understands why his mother worries, but insists he usually feels safe in his daily travels. But he admits he still has a few qualms.

"**THE ONLY** time you feel uneasy is when you're walking somewhere, like at the mall, and some older kids drive by and shout things at you," he said. A friend was spat upon once by such kids, he added.

Joshua Rodgers said he hasn't been frightened by anyone in his 8 years, but said he thinks the safety lessons he's learned at school and from his parents are valuable, "especially for people who don't know it."

Price said she's even tried to talk her 15-year-old daughter, Laurel, into taking a self-defense class, but Laurel nixed the idea. Price finds it difficult to be cautious without instilling fear into her children.

"I try not to scare the kids, but you want them to be informed and careful, but you don't want to hurt their self-confidence."

Price teaches high school in

Renton, but sees that Trevor, 10, and Laurel, either have someone to walk with when they go places, or have rides. Her 2-year-old son, Colin, never ventures outside alone.

**RODGERS AND PRICE** agree that children have a feeling of invulnerability that comes naturally with youth. They think nothing bad will happen to them and that trouble always visits someone else's house.

Rodgers said she doesn't think the measures she takes to ensure her sons' safety go beyond what is reasonable, although Rob readily calls her a worrywart. She agrees, good-naturedly, but said she still isn't happy about having to give her children information that will force them to grow up faster than they would have two decades ago.

"I find I'm more open about sex, more than I ever cared to be. But my children have to know there are these people out there who can do things to hurt them," Rodgers said.

"Mothers are silly if they live in a little glass house and think these things don't happen. They do, and they only take a moment."

## Violent crime against kids sounding parental alarms

Since January, the Federal Way News has reported on approximately 20 incidents in which children and teen-agers have been attacked or threatened by strangers, usually adults, but sometimes other children.

**JANUARY/FEBRUARY** — On Jan. 31, an 11-year-old girl was walking on a trail near Lake Dolloff Elementary School when a man grabbed her. She escaped when another student came along. An 8-year-old girl reported that on Feb. 21, a man in a pickup truck used \$20 to try to entice her into his vehicle on the 1600 block of South 308th Street.

**MARCH** — A 9-year-old girl said she was chased home by a man wearing a Lone Ranger mask on March 7 near Southwest 328th Street and 22nd Avenue Southwest.

On March 9, the mother of an 11-year-old girl reported a man had been following her daughter to and from Lake Grove Elementary School for nearly a week. The next day, police reports state, the man tried to abduct the girl, but she escaped. Todd Hansen, 18, was arrested and charged with second-degree attempted kidnapping.

A 13-year-old boy said he was confronted March 14 by a man with a knife who told him he was half-man, half-bear, at 21st Avenue Southwest and Southwest 352nd Street.

A 12-year-old Illahee Junior High student said he was accosted March 27 by a 13-year-old with a knife.

On March 29, an 8-year-old girl walking home from Camelot Elementary School was attacked by a man carrying a rope. She fought him off and escaped.

**APRIL** — A 14-year-old girl was molested April 1 in a local body-building gym by one of its members.

On April 5, a 7-year-old girl was raped by a 15-year-old boy who lives in her apartment complex.

A 13-year-old Illahee student said he was threatened April 12 by another youth carrying a gun.

Two 8-year-old girls were accosted in a public restroom at a sporting complex April 10 by a man who tried to grab and fondle them.

A 13-year-old Illahee student said he was threatened April 12 by another youth carrying a gun.

On April 16, two groups of youths were accosted in separate incidents by a group of older youths who stole their skateboards.

Four separate but possibly related incidents of a man exposing himself to young girls were reported April 19 and 20 at Totem and Kilo junior highs and Lake Dolloff.

On April 22, a 16-year-old girl was attacked as she worked in a paper shack in the Mirror Lake area. She fought off the attempted rapist.

A 6-year-old girl was molested in a Federal Way store April 22 by a man who lured her behind a bicycle display. Kenneth L. Herald, 30, Tacoma, has been charged with that crime.

A woman reported seeing a suspicious man with a gun hanging around Lake Grove Elementary School on April 27.

**MAY** — A group of boys was walking home from Olympic View Elementary School when they said a car drove up and one of its occupants pointed a gun at them.

A 17-year-old said he was threatened by another youth armed with a gun and a knife after an argument earlier that day at school.

Twice on May 4, a man was reported trying to abduct young girls near Olympic View. He told one 8-year-old girl her mother wanted her to go with him, then tried to grab her when she ran away. A short time later, a similarly described man tried to grab a 7-year-old girl. Both escaped.

A 7-year-old girl was walking home from her bus stop May 8 when she passed a car with three young men in it. One man told her to get in the car, and when she refused and ran, they followed her home, she told police.

## South 277th extension is topic of town meeting

Kent city officials will bring a town meeting to the Star Lake Improvement Club Thursday to discuss, among other things, a road project to extend South 277th Street to Kent's East Hill.

Those attending the meeting also can question officials on future annexations, the new

fire station planned for the West Hill and any other concerns they might have.

The meeting of the improvement club is open to the public and begins at 7 p.m., upstairs in the clubhouse, South 272nd Street and Military Road South.

**THE BON MARCHE PRESENTS**  
SEATAC MALL  
**IMAGE IMPROVEMENT FOR TEENS**  
A SEVEN WEEK COURSE

**CLASSES INCLUDE:**  
Building Self Esteem \* Figure Control \* Posture & Movement  
Hair Care & Design \* Body & Skin Care  
Make-Up Application \* Wardrobe Coordination  
Graduation/Back To School Fashion Show!

Two hour classes meet at Sea-Tac Bon Marche  
Sr. High Classes on Wed. 10am-12pm or Thurs. 1:30-3:30pm  
Jr. High Classes on Wed. 1:30-3:30pm or Thurs. 10am-12pm  
**CLASSES START: June 28th & 29th TUITION: \$75**  
For more information or to register, call (206) 878-6478  
(Missed classes can be made up)

**Instructor**  
Charlene Sain  
T.V. & Radio Actress  
"Miss Washington 1974"  
Former Owner Char's  
Modeling School & Agency

**W WESLEY HOMES**

**We announce our May Employees of the Month.**

 <b>Kerry Sweeney, R.N.</b> WESLEY GARDENS Resident Nurse "Basic human needs of older persons are similar whether in or out of the hospital setting. Even back when I was a nursing assistant, I saw many unmet needs in the care of the elderly. Wesley Homes is one of the best in the state. I'm proud to be a part of the team of employees committed to giving quality care to the residents of Wesley Homes."	 <b>JoAnn Bolender</b> WESLEY TERRACE Accounting Adm. Asst. "It is a pleasure working with conscientious and caring people, and for the residents here, who are so appreciative and nice to work for."	 <b>Peggy Smith</b> WESLEY CARE CENTER Certified Nursing Asst. "It's great to be part of a team that provides such loving, quality care to our senior citizens. They have given so much during their years. I now enjoy giving to them."
--	---	---

816 So. 216th St.  
A Continuing Care Retirement Community  
Dedicated to providing our seniors and employees a high quality environment.  
**824-5000**

**W WESLEY HOMES**  
The Gardens, The Terrace, the Cottages  
Wesley View, Wesley Care Center

CENTENNIAL PRIDE. CARE TO FIT YOUR NEEDS. FINE PEOPLE PROVIDING THAT CARE.

**SHEARSON LEHMAN HUTTON**  
An American Express company

**9.50%**  
**Tax-Deferred**

Call: 874-9965  
Or write: Shearson Lehman Hutton, Inc.  
P.O. Box 3767  
Federal Way, WA 98063  
 Please send me free information on annuity.

NAME (please print) \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
BUSINESS PHONE \_\_\_\_\_ HOME PHONE \_\_\_\_\_  
 Please check if you are a Shearson Lehman Hutton client.

BRANCH LOCATION \_\_\_\_\_ NAME OF FINANCIAL CONSULTANT \_\_\_\_\_

Capital Foundation, a single premium deferred annuity from First Capital Life Insurance Company, offers:

- 9.50% current interest rate — Guaranteed for three years\*
- Tax-Deferred Growth
- No Front End Load
- No surrender penalty for withdrawing up to 10% of your principal and interest each year.
- Lifetime of guaranteed income through structure annuity payments.

Capital Foundation is offered by First Capital Life Insurance Company, rated 'A' (excellent) by A.M. Best Rating Company.

Policy #0129

\*Effective April 14, 1989. Available for a limited time. The interest rate is guaranteed to never go below 4%.

**SUDDENLY, IT'S SUMMER!**

**Young American Spelling Bee**

**Saturday, May 20**  
Grades 1 & 2 — 12 Noon  
Grades 3 & 4 — 3 p.m.

**Sunday, May 21**  
Grades 5 & 6 — 2 p.m.

Open to all kids grades 1-6. Please check in at the registration desk in front of the Bon 30 minutes before Bee. Awards ceremony immediately following each category.

**SeaTac Mall**  
320th STREET EXIT OFF I-5 IN FEDERAL WAY



# State may drop highway speed limit

Continued from A-1

the speed near Milton, from its northern border at South 384th Street to South 348th Street, is not a good idea.

"I can't see reducing the speed south of (South) 348th. It's essentially rural," Cron said.

"But north of 348th, you get into some real problems," he stated, referring to the fully developed Pacific Highway corridor in Federal Way.

"To have it posted at 50 is just ludicrous," Cron said. "You can go 50 through there, but you're going to get killed."

The answer, Cron said, is to make the speed limit on any particular stretch of the highway match the character of the roadside. The state should look at the entire length of the strip and

divide it into regions of like character, he said.

"When drivers go from a rural to a business region, they usually look for a speed limit sign and that's where they should be," Cron stated.

Showalter explained, however, that the department's methods for determining speed limit changes are slightly different.

"It's local drivers that determine the speed limit," Showalter said. Department personnel take a sample of the speed of 100 cars during non-peak times and study the results using "the 85th percentile," Showalter explained.

"EIGHTY-FIVE percent of people who drive our highways are safe and prudent drivers," he said. "The closer (the speed

limit gets) to the 85th percentile, there are less accidents and less enforcement is needed."

On Pacific Highway from South 320th to the King County line, the study found that the 85th percentile has come down, Showalter said.

Safety is the reason not all Milton City Council members are opposed to the change. Leonard Sanderson, for example, said he travels Pacific Highway into Seattle and back into Milton every day.

"I see tire marks all the time where somebody got caught making a left turn," Sanderson said. "It's just easier to stop going 40 than 50."

Milton's fire and police chiefs also have endorsed the speed reduction. Although a majority of the council still disapproves

the change, Showalter did not seem overly concerned.

Very few speed limit disputes are left unresolved, he said. If Milton chooses not to comply, then the council's concerns and the study results will be sent to Olympia for review by the state maintenance engineer and state traffic engineer. These officials do not, however, have the authority to impose the change on Milton, Showalter said.

But Federal Way has less clout. Since Federal Way is not a city yet, the state does not need its OK to change the speed limit.

In spite of Federal Way's lack of authority, Cron said he will bring the issue before the community council and then to the local DOT office.

The DOT is not expected to take any action on the proposal at least until the results of the Pierce County study are in June 1. The department has issued no date by which a decision will be made.

Rodney W. Snyder, M.D. and Linda C. Morrow, M.D. are pleased to announce that Susan Guillatt, P.A.-C. has joined them in their practice of Obstetrics & Gynecology.



For an appointment with Susan Guillatt call

939-9654  
OR  
874-4589

Rodney W. Snyder, M.D.  
Linda C. Morrow, M.D.  
Susan Guillatt, P.A.-C

Susan Guillatt, P.A.-C.

## Valley Women's Healthcare

125 Third St., N.E., Suite 301 / Auburn, WA 98002  
939-9654  
32114 First Ave. S., Suite 101 / Federal Way, WA 98003  
874-4589 or 927-4104

# EIS amendment survives

Continued from A-1

(EIS) before constructing the plant, instead of accepting less comprehensive environmental studies.

The incinerator currently is about 75 percent complete and is designed to burn sorted garbage, wood and coal.

"(The governor) believes that an EIS should have been required in the first place, and the Legislature obviously agrees," Milne said. "It's good public policy to require an EIS for an incinerator."

Sen. Peter von Reichbauer (R-30th), the Dash Point legislator who wrote the amendment, was thrilled over his victory.

"What is really important here is that it has restored with the public credibility with the process," von Reichbauer said. "The state has given others of Pierce and King counties a belated Mother's Day gift because the real concern was about children raised under the cloud of emissions, and that is the reason for an EIS," von Reichbauer stated.

The senator's elation over the

victory was tempered, however, by a potential loophole in the amendment which could allow the incinerator to operate without an EIS if it does not burn garbage, but only wood and coal. The intent of the amendment, von Reichbauer said, was to require the plant to do an EIS before it begins burning anything.

But Mark Crisson, superintendent of Tacoma City Light, indicated that the plant would be completed as planned, probably by the end of this year.

"It will be very unfortunate if the plant's operation cannot contribute to solving the urgent solid waste problem in Tacoma," said Crisson, hinting that Tacoma may try to circumvent the EIS requirement.

"I would hope that (Tacoma Public) Utilities would not thumb its nose at the public," countered von Reichbauer. "This is an opportunity for them to restore credibility to the process and to themselves."

Crisson and von Reichbauer said they would each be meeting with attorneys and policy makers in the coming weeks to decide how to interpret the amendment.



Paul T. Erickson Chuck Mingori Mike Robinson

# News photographer wins seven awards

Federal Way News photographer Paul T. Erickson dominated the photo competition in this year's annual Excellence in Journalism competition.

Erickson won seven of the 19 total photography awards given in the non-daily newspaper category of the competition, sponsored by the Western Washington Chapter of the Society of Professional Journalists.

The Federal Way News won a total of 12 awards in the contest. The staffs at two other Robinson Publishing Corp. newspapers, the West Seattle Herald/White Center News and the Highline Times/Des Moines News, won nine.

Erickson won three firsts, two seconds and two thirds. He took

first and third in pictorials, a first in portraits and a first and second in photo pages.

Also earning first places for the Federal Way News were Chuck Mingori, sports editor, and Mike Robinson, publisher. Mingori took first in sports reporting for a story on steroid use among high school athletes. Robinson took first in column writing.

In addition, the Federal Way News staff earned a first place for headline writing.

Two reporters took third place awards — Kurt Herzog in consumer and environmental affairs for a story on the Hylebos Wetlands and Lynn Francisco in science and health news for a story on a worker who thought he may have been poisoned by a chemical while on the job.

Paid Advertisement  
New Doctors Discovery

## Weight Loss Pill Approved for U.S. Gov't. Patent

'Lazy Way' to Lose Weight Already Sweeping U.S.

BEVERLY HILLS, CA (Special) — An amazing new weight loss pill called "fat-magnet" has recently been developed and perfected by two prominent doctors at a world famous hospital in Los Angeles that reportedly "guarantees" you steady fat loss and caloric reduction by simply taking their tested and proven new pill.

The U.S. government has just approved the doctors' claims for a hard-to-get patent that confirms their fat-bonding pill process before. "It is a totally new major scientific breakthrough and is revolutionizing the weight loss industry."

**You Can "Eat Normally"**  
Best of all, "you can continue to eat your favorite foods and you don't have to change your normal eating habits. You can start losing fat and reduce calories from the very first day, until you achieve the ideal weight you desire without exercising."

**Flushes Fat Out of Body**  
The new pill is appropriately called the "fat-magnet" pill because it breaks into thousands of particles, each acting like a tiny magnet. "attracting" and trapping many times its size in undigested fat particles. Then, all the trapped fat and calories are naturally "flushed" right out of your body because they cannot be absorbed.

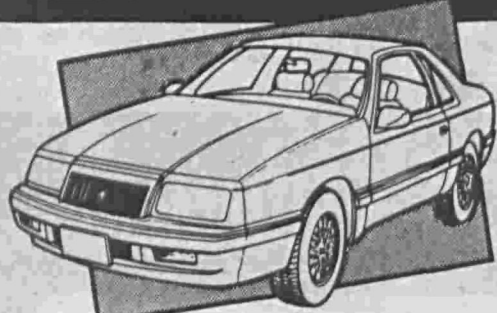
Within 2 days you should notice a change in the color of your stool, caused by the fat particles being eliminated.

**"Automatically" Lose Fat**  
According to one of the inventors, Dr. William Shell, heart specialist and associate professor of medicine at UCLA medical school, "the new fat-bonding process is a "lazy way" to lose weight because the pills alone "automatically" reduce calories by eliminating dietary fat. It is 100% safe and not a drug."

The fat-magnet pills are already sweeping the country with glowing reports of weight loss from formerly overweight people in all walks of life who are now slimmer, trimmer and more attractive again.

**Now Available to the Public**  
If you are trying to lose 20, 50, 100 pounds or more, you can order your supply of these "no-risk" highly successful fat-magnet pills directly from the doctors' exclusive manufacturer only (includes optional calorie-reduction plan for even better results). Send \$20 (for a 90 pill supply (+\$3 handling)), or \$35 for a 180 pill supply (+\$3 handling), to: Fat-Magnet, 9016 Wilshire Blvd., Dept. WX70 Beverly Hills, CA 90211. (Unconditional money-back guarantee if not 100% satisfied.) Visa, MasterCard and American Express OK. (Send card number, expire date, and signature.) For fastest service for credit card orders ONLY call anytime 24 hours, toll free (800) 527-9700, ext. WX70.

## BEFORE YOU CHOOSE A BODY SHOP TO PAINT YOUR CAR, ASK A FEW QUESTIONS



- Have they painted over 5 million cars?
- Do they use state-of-the-art materials?
- Can they deliver great quality?
- Do they give you great value for this kind of price?

### MANAGER'S SPECIAL

FREE Clear Coat with the purchase of a supreme at the regular price of \$349.95.

Savings of \$150.00

Federal Way Maaco  
838-6850

32828 Pac. Hwy. S.  
(3 blocks south of Sea-Tac Mall)  
Hours: Mon.-Fri. 8-6



# Fabricland

The complete sewing experience... discover the difference!

## SPRING

# SALE

# ALL FABRICS\* OFF THE MARKED PRICE

# 30%

\*Does not include interfacing or marked down fabrics.

STORE HOURS:  
Mon.-Fri. 9:30am-9pm  
Saturday 9:30am-6pm  
Sunday 11:00am-6pm

MAY 17-27, 1989

CENTURY SQUARE  
32065 Pac. Hwy. S.  
Federal Way  
927-7110  
839-3995

• Ponchos  
Wed., May 17th, 10am - Noon  
• New Techniques Sewing Club  
Wed., May 17th, 7pm - 9pm  
• Hand-Painted Wearable Art  
Thurs., May 18th, 10am - 1PM  
• Cut-Up Sweatshirts  
Sat., May 20th, 10am

BURIEN PLAZA  
120 S.W. 148th  
Burien  
241-7170





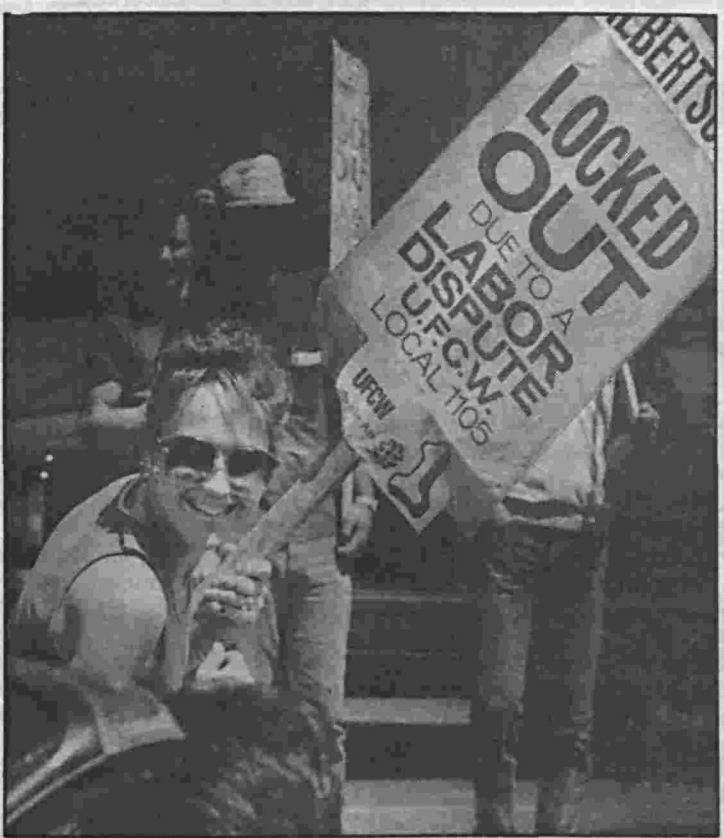


photo by Rhonda Davis

### Strike continues

SANDI HAARHUE'S EMPLOYMENT STATUS is made clear Monday while she talks to a fellow grocery store employee at the Federal Way Albertson's on South 312th Street. Haarhue, an Albertson's meat wrapper and Twin Lakes resident, was one of thousands of grocery store employees locked out from their jobs since labor disputes hit a crescendo last Friday. Locally, Thriftway, Johnny's, Stock Market, Albertson's, Fred Meyer stores are being picketed. Safeway employees are likewise locked out, but are not picketing, an action the employees' union (United Food and Commercial Workers Local 1105) hopes will force smaller chains to agree to their demands, which include better pay and bonuses. Food Marche on South 320th Street has settled and is not affected by the lock out or picketers. That store was "hit pretty hard" by shoppers on Mother's Day weekend, said manger Brian Kennedy. A union spokesman said no negotiations are scheduled now or in the near future, and the strike could spread to nearby counties this week.

## Old recipes revived for community tea

Continued from A-1

Strawberry bread, gingerbread, butterscotch cookies and shortbread are on the menu.

Participants are urged to wear their favorite hats and gloves to tea.

"After all, you never went to tea without your hat and gloves," said Ehllis.

The tea will be held from 2 to 4 p.m. Sunday. The program is free, although a \$2 donation is

requested.

The program is sponsored by several local organizations, including the Federal Way Centennial Board, the Federal Way Senior Center, the Historical Society of Federal Way and the Soroptimists.

Calvary Lutheran Church is at 2415 S. 320th St. For more information, call Ehllis at 874-3489 or Melodie Broberg at 838-6527 (evenings).

## Metro Council to hold public hearing on budget

The Metro Council is holding a public hearing tonight on the agency's 1990 public transportation and water quality budget.

The hearing will be 7 p.m. in the Kent City Hall Courtroom, 220 Fourth Ave. S. in Kent.

The budget includes a sewer rate increase but no bus fare increase. The Metro Council is scheduled to adopt the 1990 budget on June 1.

Public comments at tonight's

hearing may be given orally or in writing, or they may be mailed to Metro community relations, 821 Second Ave., Seattle 98104-1598.

The proposed budget includes a transit operating budget of \$165.6 million, a transit capital budget of \$188.2 million, a water quality budget of \$37.2 million and a water quality capital budget of \$147.3 million.

## Police host business crime seminar

King County police will host a business community crime prevention seminar Wednesday, May 24.

The seminar, in cooperation with Weyerhaeuser Co., will include topics such as building security, security lighting, alarm systems, Operation I.D., shoplifting, robbery and employee theft. It begins at 9 a.m. in the Weyerhaeuser Conference Room, Fourth Floor,

33663 Weyerhaeuser Way.

Parking will be available in the upper level of the east entrance and the cafeteria will be open at 7 a.m. for breakfast.

Anyone interested in attending can make reservations by calling Officers Doug McDonald or Charles Douglas at Precinct 5 (Federal Way), 296-2720.

## EVERGREEN Retirement Manor

31002 - 14th AVENUE SOUTH  
FEDERAL WAY, WA 98003

"CATERED RETIREMENT LIVING"  
ONE MONTH ABSOLUTELY!!

**FREE! FREE! FREE!**

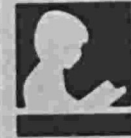
Limited Offer . . . . . Call Now!!!

**941-0156**



"Our son Brandon gained so much confidence while going to Sylvan. His whole attitude toward learning changed! His reading improved immensely and homework is now finished with no hassles. That boost from Sylvan made so much difference."

Mr. & Mrs. N. Johnson



**Sylvan Learning Center**

32717 1st Ave. So.  
FEDERAL WAY  
838-0507

# WHOA! FREE

• TIRE INSPECTION • FLAT REPAIRS  
FANTASTIC PRICES! GREAT SERVICE!

YOKOHAMA BFGoodrich MICHELIN PIRELLI

<p><b>40,000 Mile Warranty Steel Metric Radial</b> <b>\$19<sup>99</sup></b></p> <p>155R-13 \$22.99 165R-13 \$24.99 175R-14 \$27.99 165R-15 \$28.99 175 70R-13 \$28.99 185 70R-13 \$30.99 185 70R-14 \$30.99 185 70R-14 \$32.99</p>	<p><b>40,000 Mile Warranty Steel Radial Whitewall</b> <b>\$19<sup>99</sup></b></p> <p>P165R-13 \$22.99 P175R-13 \$23.99 P185R-13 \$24.99 P185R-14 \$27.99 P205R-14 \$29.99 P215R-14 \$30.99 P225R-15 \$30.99 P235R-15 \$32.99 P235R-15 \$33.99</p>	<p><b>40,000 Mile Warranty All Season</b> <b>\$23<sup>99</sup></b></p> <p>P165R-13 \$26.99 P175R-13 \$27.99 P185R-13 \$28.99 P185R-14 \$31.99 P205R-14 \$32.99 P215R-14 \$33.99 P225R-15 \$33.99 P235R-15 \$34.99 P235R-15 \$35.99</p>
<p><b>50,000 Mile Warranty All Season</b> <b>\$26<sup>99</sup></b></p> <p>P165R-13 \$28.99 P175R-13 \$29.99 P185R-13 \$30.99 P185R-14 \$33.99 P205R-14 \$34.99 P215R-14 \$37.99 P225R-15 \$37.99 P235R-15 \$39.99 P235R-15 \$43.99</p>	<p><b>60,000 Mile Warranty Ultra Premium All Season</b> <b>\$39<sup>99</sup></b></p> <p>P175R-13 \$43.99 P185R-13 \$45.99 P185R-14 \$46.99 P185R-14 \$47.99 P205R-14 \$51.99 P225R-15 \$49.99 P235R-15 \$50.99 P235R-15 \$50.99</p>	<p><b>60,000 Mile Warranty Ultra Premium All Season</b> <b>\$51<sup>99</sup></b></p> <p>P185 70R-14 \$33.99 P205 70R-14 \$34.99 P215 70R-14 \$38.99 P225 70R-15 \$41.99 P235 70R-15 \$42.99 P235 70R-15 \$44.99</p>
<p><b>Lifetime Limited Warranty Performance Radial RWL</b> <b>\$36<sup>99</sup></b></p> <p>P185 70R-14 \$41.99 P205 70R-14 \$42.99 P215 70R-14 \$44.99 P225 70R-15 \$45.99 P235 70R-15 \$47.99 P235 70R-15 \$48.99 P235 70R-15 \$49.99</p>	<p><b>Truck and RV</b> <b>\$38<sup>99</sup></b></p> <p>750x16 8" \$49.99 \$78.99 235X16 8" N/A \$2.99 875X16 5.8" \$7.99 \$8.99 950X16 5.8" \$6.99 \$8.99 10x15 \$5.99 \$7.99 11x15 \$3.99 \$7.99 12x15 \$1.99 \$7.99</p> <p>Tube Type No Split Rims</p>	<p><b>Custom Wheels</b> <b>\$18<sup>99</sup></b></p> <p>15 x 7 White Spoke \$22.99 15 x 8 \$24.99 15 x 7 Chrome Spoke \$34.99 15 x 6 \$36.99 15 x 7 Chrome Mod \$27.99 15 x 8 \$29.99</p>

GUARANTEED LOWEST TOTAL TIRE PRICES!

**ASK ABOUT OUR FREE REPLACEMENT CERTIFICATE**

**DISCOUNT TIRE CO. OF WASH., INC.**

FREE CUSTOMER MOUNTING ROTATIONS FLAT REPAIRS  
NO TRADE IN REQUIRED YOUR PERSONAL CHECK WELCOME

We discount everything but your safety.

<p><b>RADIAL T/A</b> BFGoodrich <b>\$52<sup>99</sup></b></p> <p>175 70R-13 P175 70R-13 \$34.99 P215 70R-14 \$48.99 P185 70R-13 \$36.99 P225 70R-15 \$50.99 P185 70R-14 \$38.99 P235 70R-15 \$52.99 P185 70R-14 \$40.99 P235 70R-15 \$54.99 P185 70R-14 \$42.99 P235 70R-15 \$56.99</p>	<p><b>RADIAL T/A</b> BFGoodrich <b>\$58<sup>99</sup></b></p> <p>P185 80R-13 \$46.99 P215 80R-14 \$74.99 P225 80R-13 \$48.99 P235 80R-15 \$76.99 P225 80R-14 \$50.99 P235 80R-15 \$78.99 P225 80R-14 \$52.99 P235 80R-15 \$80.99 P225 80R-14 \$54.99 P235 80R-15 \$82.99 P225 80R-14 \$56.99 P235 80R-15 \$84.99</p>	<p><b>ALL-TERRAIN T/A</b> BFGoodrich <b>\$87<sup>99</sup></b></p> <p>215 75R-15 \$87.99 33-230R-15 \$121.99 235 75R-15 \$97.99 35-230R-15 \$131.99 30-80R-15 \$96.99 31-180R-16.5 \$111.99 31-100R-15 \$108.99 33-120R-16.5 \$127.99 32-110R-15 \$113.99 33-180R-16 \$113.99</p>	<p><b>MUD-TERRAIN T/A</b> BFGoodrich <b>\$97<sup>99</sup></b></p> <p>330-80R-15 \$106.99 35-120R-15 \$144.99 31-100R-15 \$117.99 31-100R-16.5 \$123.99 32-110R-15 \$125.99 33-120R-16.5 \$140.99 33-120R-15 \$134.99 35-120R-16.5 \$151.99</p>
--	---	--	--

**BFGoodrich DISCOUNT TIRE CO. INC.**

**A WINNING COMBINATION!**

Hours: Mon-Fri 8:30-6 Sat 8:30-5

Seattle-Burien 14328 First Ave. S. 248-3832	Seattle-Lake City 14713 Bothell Way N.E. 365-1614	Kirkland 12410 N.E. 124th St. 823-3759	Bellevue-Overlake 1925 140th Ave. N.E. 643-0860
Everett 309 East Casino Road 355-2455	Federal Way 31414 Pacific Hwy. S. 946-0877	Tacoma 1022 N. Pearl St. 759-8899	Tacoma 2410 84th Street S. 582-1814
Tacoma 4515 S. 19th St. 759-6644	Bellingham 918 Lakeway Drive 647-0583		

# It's a World of Fun

## ENCHANTED PARKS Federal Way

### GRAND OPENING Saturday, May 20

DISCOUNT SEASON PASSES ON SALE  
NOW AT HALF PRICE . . . ONLY

# \$49.95

FIRST TIME OFFERED  
ENCHANTED VILLAGE . . . ONLY

# \$19.95

OFFER GOOD THRU JUNE 30, 1989

## EXPERIENCE IT NOW...

Call for information  
Tacoma (206) 927-4113  
Seattle (206) 838-8828



# Living

## Children celebrate parents' marriage

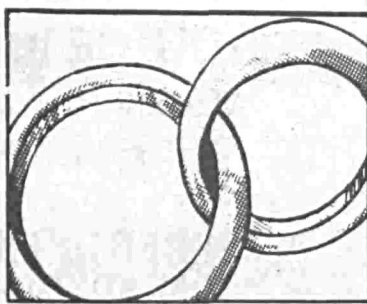
Virginia and Roy Edmondson were recently honored by their children with an open house in celebration of their 50th wedding anniversary.

The Edmondsons were married May 6, 1939, in Chicago. They have lived in Federal Way for 13 years.

Roy Edmondson retired from the Boeing Co. in May 1976 and Virginia Edmondson is a housewife.

Their children are: Carol Saunders, Federal Way; Roy Edmondson III, Federal Way, William Edmondson, Kent, Harry Edmondson, Chino, Calif.; Mary Tomlinson, Federal Way, Kathy Edmondson, Federal Way, Richard Edmondson, Des Moines, Robert Edmondson, Federal Way, and Dwight Edmondson, Kent.

The open house was held May 6 at the Federal Way Executiel.



Couples



Virginia and Roy Edmondson

## Military wedding joins Neal-Schooley

Second lieutenants Kelly Neal and Brian Schooley were married March 18 in the chapel at Mather Air Force Base in California. Chaplain Edward Fedor performed the ceremony.

The bride is the daughter of Mr. and Mrs. Robert Neal of Moses Lake, Wash. She is a graduate of Moses Lake High School. She graduated from Central Washington University in 1989.

Kasey Neal, Kerry Neal and Kim Savage were her attendants.

The groom is the son of Mr. and Mrs. Ken Schooley of Auburn. He graduated from Thomas Jefferson High School in 1983 and from Central Washington University in 1988.

Mark Feurboch was his best man and his groomsmen were Darrin Geiger, David Savage and Tom Spilaney.

Both are stationed at Air Force bases in California.



Kelly and Brian Schooley

## Nursing homes

# Group helps alleviate the guilt

By WENDY CULVERWELL

It's no secret that as more senior citizens live longer, they place more strain on their adult children.

But at least one social worker who deals with older adults and their children takes exception to the phrase, "parenting your parents."

"Your parents will never be your children," said Stuart Tursky, coordinator of the Older Adult Services program at Tacoma's Greater Lakes Mental Health Foundation.

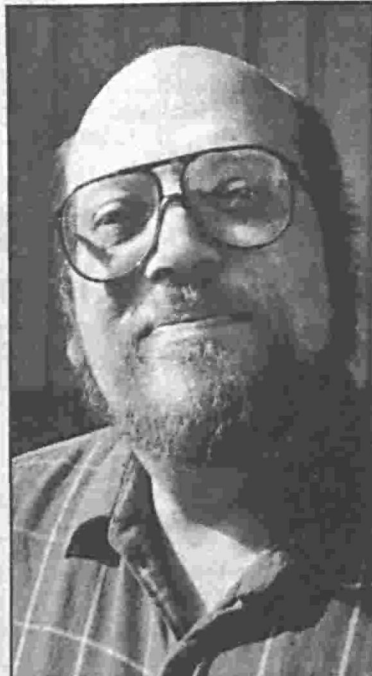
Tursky prefers to call the growing dependency older adults place on outside help exactly what it is: A dependency change.

The point may seem fine, but it raises a question that is going unanswered at the moment — how does middle-aged America deal emotionally with the health problems of seniors being kept alive by medical advances?

"You don't aid your parents without some kind of emotional drain," Tursky commented.

TO ANSWER the question, at least locally, Tursky and his colleagues have developed an eight-week support program for those people who have placed a parent or spouse in a nursing home.

The support groups fall under the administration of Greater Lakes' CO-OP (Children Of



Stuart Tursky

Older Parents) program, which was formed a number of years ago to accommodate the demands of adult children. Tursky has been at the helm for five years.

"I've found increasingly that the children of older people are calling with concerns about their increasingly older parents," he said.

Placing someone in a nursing home brings to the surface a variety of concerns which must

be dealt with. They can range from unresolved family conflicts to the "child" having to face the parent's mortality. It creates, Tursky said, a kind of "existential dread."

"One feels one should or ought or needs to maintain one's parent," he said. And even though putting someone in a nursing home is the smart thing to do, it carries a stigma with it."

GUILT, FOR example, can stem from the relief a caregiver feels when relieved of the day-to-day burden of caring for an older person.

Tursky said women are the most susceptible to guilt because they are the ones the person in the nursing home will call when they have complaints. The task of caring for an older person falls most frequently to the women in the family, he said.

Tursky said there are some ways to lessen the stress of committing someone to a long-term care facility.

If they are able, involve them in the decision-making process. Find out what they want in a nursing home environment.

Don't, however, wait too long to place someone, especially a sufferer of Alzheimer's or a related dementia disorder. Tursky pointed out that dementia patients often outlive their caretakers by waiting them out.

Accept that your parent's life is coming to an end, and address whatever issues you want to resolve before mom or dad passes on.

Be thorough in your search for an appropriate nursing facility. Consider not only cost and size, but who runs the home, how clean it is and what sort of food service is provided. A well-thought out decision is the easiest to accept.

ANTICIPATE that it will be a stressful time in your family's life.

And finally, Tursky said, remember that seeing your parents decline, as painful as it may seem, is a privilege.

"If you're lucky, you get to deal with this. If you're unlucky, your parents die young," he said.

Greater Lakes offers two support groups — one for children who have placed a parent in long-term care and one for spouses of someone in long-term care.

The sessions are limited to eight participants in addition to the facilitator. The fee is \$15 per session, but Greater Lakes does not refuse service to anyone based on inability to pay. Meetings will be at 9307 Bridgeport Way S.W., Tacoma. Call Tursky at 584-8933 for more information.

## DARRELL DOEPKE

Federal Way resident Darrell Doepke has been appointed an account executive with Ehrig and Associates, a Seattle advertising, marketing and public relations firm.

He was most recently employed with a similar firm, Jackson and Johnson Advertising, where he specialized in tourism, aerospace, automotive and industrial accounts.

## LINDA HALVERSON

Linda Halverson, the daughter of Betty and James Halverson of Federal Way, has been awarded the Ray and Helen Varley Scholarship



Local Heroes

for the 1988-89 academic year at Western Washington University. The scholarship amount is \$75. (corr Halverson is junior majoring in accounting. She maintains at 3.62 grade point average.)

## MARY LOU HOLLAND

Highline Community College's Health Services coordinator received an award for outstanding service to college health. The award came from the Washington State College Health Association.

Holland received the award for her over 20 years of active involvement in providing health care to col-

lege students.

## WELFARE REFORM

Ethan "Rick" Allen of Federal Way recently served as a panel member at a national conference on the implications of federal welfare reform for community-based human services.

He was selected because of his efforts with the Pierce County Community Action Agency. The conference, sponsored by the National Community Action Foundation, took place in Washington D.C.

# LET THIS BE YOUR THINNER SUMMER!



LOST 37 LBS.

"I tried all the crazy fad diets and it was like being on a roller coaster. The weight would come off fast and come right back on, until I made that important phone call that changed my whole life."

Rene Kowalch

## \$79 SUMMER SPECIAL\*

- Consistent, rapid weight loss:
- Personal counseling.
- No foods or gimmicks.

Call now. Your first visit is free!

## WEIGHT LOSS CLINIC

Hours: 8 a.m. to 7 p.m. Major Credit Cards accepted. \* New clients only.

EVERETT: 338-1440  
KENT/SOUTHCENTER: 251-3222  
LYNNWOOD: 775-8414  
OLYMPIA: 943-5692  
TACOMA: 248-2654  
TACOMA: 473-2333

FEDERAL WAY: 946-0115  
DOWNTOWN: 682-9640  
NORTHGATE: 363-5454  
BELLEVUE: 455-5924  
SILVERDALE: 698-3555  
REDMOND: 883-1803

## ALL SUITS! ALL SPORTSCOATS!

# CLOSEOUT

SPECIAL PURCHASE WHILE QUANTITIES LAST **\$79**

OLD PRICES \$140-\$180 WHILE QUANTITIES LAST **\$99**

OLD PRICES \$225-\$240 WHILE QUANTITIES LAST **\$149**

## HUGE ASSORTMENT

- Solids
- Stripes
- Plaids
- Single or double-breasted
- Executive colors
- Rich fabrics
- Many sizes

## TREMENDOUS SELECTION

- Arnie
- Oakton Ltd.
- Johnny Carson by Hartmarx
- Season Spanner
- And much more—Hurry in!



OAKTON Ltd.

## Airport operates noise hotline

Sea-Tac Airport operates a 24-hour hotline for reporting unusual aircraft-related noise. The number is 433-5393.



Satisfaction guaranteed or your money back

© Sears, Roebuck and Co., 1989

Items advertised available at the following stores:

FEDERAL WAY (941-1000)  
EVERETT (355-7070)  
LYNNWOOD (771-2212)  
OVERLAKE (641-1000)  
TACOMA (473-7000)  
RENTON (226-2323)  
WASHINGTON SQ. (620-1510)  
SPOKANE (483-1170)

**SEARS**  
Your money's worth and a whole lot more.



# Lamonts

## Wednesday Only Sale

# 13 BIG HOURS

## 9 a.m. - 10 p.m., Wednesday Only

### For Ladies

- 50% Off Misses Selected Koret, Alfred Dunner Career Coordinates**
- 24.99 Entire Stock Misses Hanky Linen and Faille Dresses
- 19.99 Juniors Dreams Rompers, Jumpsuits
- 8.99 Misses Campshirts, Blouses
- 12.99 Misses Campshirts, Knit Tops, Haggard and Britannia Shorts
- 7.99 Misses Jayne Colby T-Shirts, Adorable Shorts
- 12.99 Misses Spumoni, Ocean Pacific T-Shirts
- 24.99 Misses Ilio Shortsets
- 50% Off Entire Stock Misses, Juniors Caramella, Images Spring Sweaters**
- 19.99 Misses Counterparts, Sync Campshirts and Shorts
- 15.99 Misses Essentials Twill Pants
- 12.99 Misses Season Ticket Pants, Katie Brooke Casual Skirts
- 12.99 Petites Jamie White Marrakesh Pants, Katie Brooke Casual Skirts
- 40% Off Misses Selected Famous Maker Better Sportswear**
- 12.99 Entire Stock Womens World Campshirts, Shorts
- 13.99 Womens World Season Ticket, Canyon Casual Pants
- 17.99 Misses KWBL Shortsets
- Additional 30% Off Misses Yellow Ticketed Better Sportswear**
- 33% Off Entire Stock Juniors Byer, Palmettos, Rose Casual and Dress Pants
- 33% Off Juniors Fashion Tank Tops, T-Shirts
- 40% Off Entire Stock Misses Beachwear Coverups
- 20% Off Entire Stock Catalina Junior, Catalina Missy, Ocean Pacific, Jantzen, Sassafras, La Blanca Swimwear**
- 40% Off Vanity Fair, Olga Cotton or Tricot Sleepwear and Robes
- 25% Off Dearfoam, Aris Slippers
- 9.99 Terry Slippers
- 25% Off Entire Stock Bonnie Doon Fashion Socks
- Buy 2, Get 1 Free Cotton or Tricot Panties
- 40% Off Handbags, Scarves

- 30% Off Ladies Belts, Small Leather Goods
- 30% Off Fashion Pearl, Monet White Jewelry
- 30% Off Fashion Watches

### For Men

- 40% Off Arrow, Van Heusen Dress Shirts**
- 30% Off Entire Stock Levi's Dockers, Tropical, Nike, Adidas, Jantzen Shorts
- 30% Off Entire Stock Arrow, Van Heusen, Munsingwear, Greenline, Members Only Knit and Woven Shirts**
- 30% Off Entire Stock Mens Sunglasses
- 25% Off Men's Levi's, Haggard Dress Pants and Levi's Denims**
- 30% Off Young Mens Knit and Woven Tops
- 25% Off Entire Stock Reebok, LA Gear, Brooks, Balla Athletic Shoes**
- 30% Off Entire Stock Young Mens Heet, Ocean Pacific, Hobie Shorts
- 9.99 Young Mens Hobie, Ocean Pacific Screen Printed T-Shirts

### For Kids

- 40% Off Entire Stock Newborns / Infants / Toddlers, Boys 4-7, Girls 4-6x Osh Kosh B'Gosh Summer Playwear**
- 40% Off Carter's Toddlers Pajamas
- 30% Off Entire Stock Newborns/Infants/Toddlers, Girls 4-14 Byer, Health-tex, Buster Brown, Baby Togs Dresses
- 30% Off Girls 7-14 Topsville Related Separates
- 40% Off Boys 8-20 Shah Safari, Santana Woven Shirts**
- 30% Off Boys 8-20 Bugle Boy, Street Scenes Knit Shirts
- 40% Off Boys 8-20 Cotler Casual Pants**
- 25% Off Entire Stock Childrens Hush Puppies Sandals

## Plus, In Addition to These Fabulous Sale Prices Save an Additional \$5 With These Coupons

**\$5**

**9 a.m. - Noon**

Wednesday, May 17 Only!

Take an Additional \$5 Off  
Any Purchase Totalling 50.00 Or More

Redeem this coupon for any single purchase of one or more items of regular, sale or clearance priced merchandise and save an additional \$5 if your total purchase is 50.00 or more. Coupon must be presented with purchase. Coupon cannot be combined with other coupons. Does not include cosmetics, Guess?, Swatch, Value Price items, Liz Claiborne, Lamonts gift certificates. Valid 5/17/89 only.

**\$5**

**7 p.m. - 10 p.m.**

Wednesday, May 17 Only!

Take an Additional \$5 Off  
Any Purchase Totalling 50.00 Or More

Redeem this coupon for any single purchase of one or more items of regular, sale or clearance priced merchandise and save an additional \$5 if your total purchase is 50.00 or more. Coupon must be presented with purchase. Coupon cannot be combined with other coupons. Does not include cosmetics, Guess?, Swatch, Value Price items, Liz Claiborne, Lamonts gift certificates. Valid 5/17/89 only.

All items are selected unless otherwise noted. Does not include Value Price items.



Visit Our New Stores At: Alderwood Mall, Crossroads Mall, Everett-Greentree Plaza, Factoria Square, Marysville Mall, Northgate Mall, Puyallup-South Hill, Sea-Tac Mall, Silverdale-Kitsap Mall, Tacoma-Highland Hills and Totem Lake Mall  
Other Convenient Locations: Burien, Lake Forest Park, Capital Mall, University Village, Westwood Village



# Listen up—your rhodies may have something to say

The weeds need to be pulled this month, tomatoes, cucumbers and squash can be planted right in the soil, and you'd better hurry up if you want a good selection of bedding plants.

This is a good week to get the lawn in shape. Apply weed and feed on a sunny day following the instructions exactly. Weeds are actively growing this month so if you're going to spray them, now would be a good time.

It's not too late to put in a new lawn or overseed the one you have. We may be in for another dry summer, so aerate your grass with a machine that removes plugs from the soil. You can sweep sand into the holes if your lawn is mossy and slow to drain, or fill the holes with peatmoss if your grass dries quickly and the soil is coarse.

Either way, you can toss seed right on top of the old lawn once it's been thatched or aerated.

Some vegetable gardeners will plant corn and bean seeds this week, but if you can't get around to it, don't panic. Once the weather stabilizes in early June, these warmth-loving crops can go into the ground.

May is the month dominated by rhododendrons. A healthy rhody or azalea is traffic-stoppingly beautiful when it's in full bloom, but there is nothing uglier than a rhododendron with problems. This week, the column will be devoted to the most-asked questions on rhododendrons and azaleas.

**Q. Why won't my rhododendron bloom? It looks healthy and I fertilize it every spring.**

**A. It may look healthy, but it could be gasping for air. Pull around the bark or make sure the root ball is right at the surface of the soil. Rhodies planted too deep will not bloom.**

Rhodies and azaleas also need good light and will have sporadic blooms in deep shade. Fertilizing with a rhodie and azalea food is fine, but these plants aren't very heavy eaters. If given good soil and a mulch, rhododendrons will bloom without any additional fertilizer. More important than adding



**Marianne Binetti**

fertilizer should be adding moisture. Water these shallow-rooted plants often in the summer and especially in the fall when the plant is thinking about flower formation and needs extra moisture to store for the winter.

**Q. I've heard that rhodies and azaleas need shade, and yet I see beautiful rhodies blooming in full sun. Which varieties like the sun?**

**A. The darker-skinned rhodies can tolerate more sun than the light-colored plants, just as fair-skinned people need protection from sunburn.**

A few good rhodies with dark green leaves that bloom beautifully in the sun are the P.-J.M. which has early lavender blooms, the Jean Marie Montague with deep red blossoms and an upright formal growth habit, and the low-growing small-leaved Impeditum rhodies that are sapphire blue in color.

There is one azalea that outshines all others in hot and sunny locations. It is the Hino crown, and not only is it covered with blossoms, but it carries the flowers on a low, compact and tidy shrub, perfect for using as a low hedge or in planter boxes.

**Q. Help! There is something chewing on my rhododendron leaves. I can't find the insect, but the bite marks are like notches all along the leaf margins. It seems to eat only my favorite rhodies and leaves the ones I don't care for alone.**

T.P., Aberdeen

A. Help is on the way. You've just described life with the wily creature weevil. This sneaky reeve only comes out at night to nibble leaf margins and then creeps back down to hide in the soil at dawn.

It has a picky palate and

prefers varieties of rhodies such as Sapho for midnight munching. You can fight back by either spraying Orthene all over the plant at intervals described on the label, or you can use a powder called Pestkill on the ground around the infected

plant. Some gardeners also have good luck trapping the beasts with a black sticky goo called Tanglefoot. You smear a ring of this glop on the trunk of the rhodie and in the morning, you'll find the weevils, waving their

long noses in the air while their feet are fastened firmly in the Tanglefoot.

Address questions on home or garden to: The Complete Home Gardener, Marianne Binetti, P.O. Box 872, Enumclaw, WA 98022

**WEBBER**

Janna Asano, second child of Ellen and John Webber, Federal Way, was born April 26 at Tacoma General Hospital. Janna weighed 8 pounds and 12 ounces at birth. She has a brother Jeffrey, 3. Her grandparents are Helen and Joe Nishimoto, Auburn, Jean and Cecil Webber, Tacoma.

**BERGSTROM**

A son was born to Marla and Michael Bergstrom, Federal Way, May 1 at Tacoma General Hospital. Michael Rodney weighed 9 pounds and 11 ounces at birth. He joins Meghan, 4, and Ryanne, 2½. His grandparents are Janis and Mark Berry, Federal Way, Rodney Bergstrom, Federal Way, Judy and David Reynolds, Rochester. His great-grandparents are Katherine and Harley Spenser, Rochester, Fern Bergstrom, Bellingham, Fred and Borghilde Williams, Bellingham.

**COLLET**

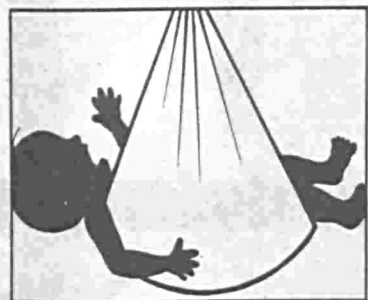
Cindy and Wayne Collet, Federal Way, welcomed their second child April 28 at Virginia Mason Hospital. Jacqueline Barrett weighed 8 pounds and 5 ounces at birth. She has a brother Chad, 6½. Her grandparents are Dorothy and Bill Gibson, Seattle, Gwen and Lee Collet, Ann Arbor, Mich.

**PELUSO**

Joseph John IV, first child of Priscilla and John Peluso, Kent, was born Medical April 30 at Valley Center. Joseph weighed 6 pounds and 9 ounces at birth. His grandparents are Mary and Jack Simon, Maple Valley, Joe Peluso, Federal Way, Sandy Peluso, Kent.

**JENSEN**

A daughter was born to Melanie and Bruce Jensen, Federal Way, April 28 at St. Joseph Hospital. Lindsey Rose weighed 7 pounds and 7 ounces at birth. Lindsay joins Katie, 6½, and Andrea, 1½.



**Births**

**YANNELLO**

Arlene and Eric Yannello, Federal Way, welcomed their second child May 5 at Tacoma General Hospital. Sean Patrick weighed 6 pounds and 4 ounces at birth. He has a sister Jennifer, 11 months. His grandparents are Sue Matsuoka-Yip, Federal Way, Rene and Joseph Yannello, Tacoma.

**YEAPLE**

Zachary Alan, first child of Sandra and Toby Yeaple, Federal Way, was born May 6 at Tacoma General Hospital. Zachary weighed 9 pounds and 3 ounces at birth. His grandparents are Janet Stiles, Earlville, Ill., Robert Byczynski, Utica, Ill., Maryann and Charles Ehnert, Federal Way. His great-grandfather is Carl Byczynski, Utica, Ill.

**HAZZARD**

Karen and Roger Hazzard, Auburn, welcomed their first child April 5 at St. Francis Community Hospital. Kimberly Diane weighed 7 pounds and 3 ounces at birth. Her grandparents are Phyllis and Tom Robinson, Tacoma, Eileen and Tom Hazzard, Federal Way.

**FRIEDLANDER**

Dwain Herman III, fourth child of Susan and Dwain Friedlander II, N.E. Tacoma, was born April 28 at St. Francis Community Hospital.

Dwain weighed 6 pounds and 14 ounces at birth. He joins Kristen, 9, Kara, 7, Kamie, 5. His grandparents are Dale Yarnell, Spokane, Beryl Pielli, Spokane, Dwain Friedlander Sr., Spokane. His great-grandparents are Myrtle Jones, Moscow, Idaho, Alice Bell, Wilbur, Margaret and Jim Friedlander, Wilbur.

**LOEPPKY**

A daughter was born to Nancy and Brian Loeppky, Auburn, May 2 at Valley Medical Center. Janna Brienne weighed 8 pounds and 11 ounces at birth.

**NELSON**

Sonia and Clay Nelson, Federal Way, welcomed their first child May 2 at Tacoma General Hospital. Erica Hedehe weighed 8 pounds and 5 ounces at birth.

**GRUBER**

Samantha Marie, second daughter of Theresa and Chris Gruber, Auburn, was born May 7 at St. Francis Community Hospital. Samantha weighed 9 pounds and 5 ounces at birth. She has a sister Melissa, 3½. Her grandparents are Dolores and Conrad Noel, Yorba Linda, Calif., Evelyn and Al Gruber, San Diego, Calif. Her great-grandparents are Gilbert George, Texas, William Morris, Fullerton, Calif.

**NELSON**

Becky and Steven Nelson, Auburn, welcomed their first child March 28 at St. Francis Community Hospital. Kendle Ava weighed 6 pounds at birth. Her grandparents are Ava and George Youngs, Federal Way, Carol and Robert Nelson, Federal Way. Her great-grandparents are Nadine and Norman Anderson, Bothell, Blanche and George Keller, Ariz.

**BRYANT**

Brittany Marie, first child of Stephanie and Michael Bryant, Federal Way, was born April 28 at St. Joseph Hospital. Brittany Marie weighed 9 pounds and 8½ ounces at

birth. Her grandparents are Bettie and Robert Oelke, Auburn, Carolyn and Norman Hoffman, Spokane.

**MITCHELL**

A son was born to Barbara and John Mitchell, Auburn, April 28 at Providence Hospital. Shane Thomas weighed 9 pounds and 3 ounces at birth. He joins Chelsea, 5, and Lindsay, 3. His grandparents are Nancy Smith, Federal Way, Barbara Condon, Issaquah, Mitch Mitchell, Tacoma.

**CADELL**

Debbie and James Caddell, Auburn, welcomed their first child on April 30 at St. Joseph Hospital. Jesse James weighed 7 pounds and 7 ounces at birth.

**IRANON**

Nicole Nalanina, first child of Jennifer and David Iranon, Auburn, was born on May 1 at St. Joseph Hospital. Nicole weighed 8 pounds and 5 ounces at birth.

**FINDLAY**

A son was born to Darlayna and Corey Findlay on May 3 at St. Francis Community Hospital. Chad Howard weighed 7 pounds and 2 ounces at birth. His grandparents are Donna and Thoral Bodilly, Vernal, Utah, Shirie and Gordon Findlay, Kent.

**TAYLOR**

Travis Michael, first child of Tracy and Phillip Taylor, Federal Way, was born May 1 at Tacoma General Hospital. He weighed 8 pounds and 5 ounces at birth. His grandparents are Myrl and Harold Campbell, Brewster, Nicole and John Taylor, Federal Way.

**CAUGHIE**

A son was born to Lisa and Rick Caughie, Kent, May 3 at St. Joseph Hospital. Cory Reed weighed 7 pounds and 10 ounces at birth. His grandparents are Janet and Dick Caughie, Sea-Tac, Erleen and Dick Pollen, Tacoma.

**DEVELOPING YOUR GIFTS**

The seven-week self improvement program course for teen-age girls will be offered by Charlene Sain, Miss Washington 1974, at the SeaTac Mall Bon Marche, beginning June 28 and 29. Tuition for the course is \$75. Contact Sain at 878-6478 for more information.



**Just for You**

**OLD FASHIONED PICNIC**

Seniors are invited to an old fashioned picnic, 10 a.m. to 2 p.m., June 21, at Five Mile Lake Park, 36429 44th Ave. S. The program includes games, a picnic and entertainment. Tickets cost 10 cents and are available at all King County Senior Centers. Call 941-0655 or 296-4279 for information.

**CHILDREN'S SEWING CLASSES**

Dixie Wilson is teaching sewing classes for children in her home, close to SeaTac Mall. Classes are held one hour per week, with a maximum of four students in a class. Tuition is \$25/month. Call Wilson at 946-5065 for more information.

**CREATE A TEDDY BEAR**

Kent Parks will conduct a teddy bear-making class from 6:30 to 9:30 p.m., May 24, in the Senior Activity Center, 600 E. Smith St. The fee is \$9, plus \$25 paid to the instructor for supplies. Participants will construct an 11-inch bear. Register in advance by calling 859-3599.

**WOMEN'S WELLNESS FORUM**

Auburn General Hospital will hold its annual forum from 8:30 a.m. to 1:30 p.m., May 20, at Auburn High School's Learning Resource Center. Dorothy Wilhelm, KIRO radio, the keynote speaker, will share her ideas on "busting the superwomen syndrome." The cost is \$12, which includes lunch. Call Linda Warner at 735-0322 or Clare Stewart at 833-9350 for information.

**FAMILY WORKSHOP**

Family specialist Jo Schlehofer will speak on, "Gaining Your Child's Cooperation," from 7:30 to 9:30 p.m., May 18, at St. Theresa's Catholic Church, 3939 S.W. 331st St. The cost is \$5/person, \$8/couple. It is offered by the Beginning Family group of St. Theresa's. Call Kim at 874-2225 for information.

**FEDERAL WAY PHILHARMONIC**

The Philharmonic will feature violinist Jan Ekstedt and Rachel Coloff soprano in its season finale. The concert will begin at 8 p.m., May 20, at St. Theresa's Catholic Church, 3939 S.W. 331st St. Tickets are \$8/individuals, \$6/seniors or \$20/families. Call 941-7198 for ticket information. They are available at any Ticketmaster outlet.

**CUB SCOUT CAR WASH**

Cub Scout Pack #345 (Adelaide Elementary School) will hold a car wash from 10 a.m. to 2 p.m., May 20, at Washington Mutual Savings Bank, South 320th Street and Pacific Highway South. Proceeds will benefit pack activities. The cost of the car wash is a donation.

## Bon seeks clones of Indiana Jones

To kick off its new Indiana Jones Shop, the Bon Marche is conducting an Indiana Jones look-alike contest.

To enter, fill out an entry form in the Indiana Jones Shop at any Bon store, including SeaTac Mall. Each store will select a winner to be entered in further competition.

Store winners will receive assorted Indiana Jones paraphernalia, worth \$375. Entry forms can be picked up between June 2 and 18.



**At the Mall**

### Mall encourages good spelling skills

Students in grades 1 through 6 can still register for SeaTac Mall's interdistrict spelling bee, to be held May 20 and 21. To sign up for the free event, call 941-9238.

The bee for first and second graders will start at noon, May 20. Third and fourth graders

start at 3 p.m., May 20 also.

Fifth and sixth graders will compete at 2 p.m., May 21. An awards ceremony will follow each event, and all entrants receive a bookmark. Registrations also will be accepted 30 minutes prior to the bee.



# Al Meier's BUILDING CENTERS OUTDOOR PROJECT SALE!

Buy Where the Contractors Buy®



# FINAL DAYS!

SALE ENDS SUNDAY MAY 21 AT 4 P.M.

**NEW**  
**WOLMAN RAINCOAT**  
Water Repellent  
Protect your new pressure-treated deck and replace the look of cedar or redwood!  
\$1499 1 Gal.

**BUILD AN OUTDOOR WOOD DECK TODAY** to enjoy it this summer and a lifetime of summers. Our "BUILDING MATERIAL EXPERTS" will help you design your SPECIAL SIZE OR SHAPED DECK.

**BUILD AN 8'X10' DECK** for as low as...  
**\$14900**  
Completely Treated Deck  
**LIFETIME GUARANTEE**

**Round Edged LANDSCAPE TIES**  
3 1/2" x 4 1/8" x 8 Ft.  
Fully Pressure-Treated!  
**\$395** Ea.

**FENCING! CEDAR**  
1"x6"x6 Ft.  
• Good quality  
• Western Red Cedar  
• No knot holes  
**\$119** Ea.  
**HEM/FIR**  
1"x6"x6 Ft.  
• Nice appearance  
**69¢** Ea.

**WHITWOOD LATTICE**  
4'x8' ..... **\$699** Ea.  
Heavy Duty 1" Thick Reg. \$138  
2'x8' ..... **\$599**  
4'x8' ..... **\$1099**

**"BLOCKS WEEDS"**  
Better than plastic. lets water out & nutrients through.  
3'x50'  
**\$999** Ea.

**3-TAB ROOFING**  
• Several colors  
• Slightly imperfect  
**\$595** Bdl.

**ORIENTED STRAND BOARD STURDI-WOOD**  
4'x8'x7/16"  
"Code Approved"  
• Great for roofs and sidewalls  
• Replaces plywood.  
**\$698** Ea.

**CDX PLYWOOD**  
4'x8'x1/2"  
• Mill certified  
• Ideal for the do-it-yourselfer  
**\$698** Ea.  
CASH & CARRY

**PLYWOOD SIDING**  
Shop Grade T1-11  
4'x8'x3/8" **\$698** Ea.  
• Rough sawn  
• No groove  
4'x8'x5/8" **\$988** Ea.  
• 12 groove  
4'x8'x5/8" **\$1098** Ea.  
• 4 or 8 groove  
• Quantities limited

"We Appreciate You. We Want Your Business And We Are Working Hard For It."

<b>TACOMA</b> (AT FIFE) Exit 137 Off I-5 5519 20th St. East TAC 922-8779 SEA 838-9455	<b>PUYALLUP</b> (SOUTH HILL) 2 Blks. East of PS. Bank 10712 112th St. E. 845-7589	<b>GIG HARBOR</b> By Dick Boyles 5522 State Rd. 16 NW G.H. 858-9958 TAC 272-3856	<b>FEDERAL WAY</b> 342nd & Pac. Hwy. So. TAC 927-8304 SEA 838-4700	<b>GRAHAM</b> 208th & Meridian East 847-2900	<b>BONNEY LAKE/BUCKLEY</b> 22816 Hwy 410 862-9800
--	--	---	--	--	---

ALL SALE ITEMS CASH & CARRY. DELIVERY AVAILABLE.







# MAY

4 DAYS ONLY  
MAY 18-21

# Sale & Clearance

## SAVE 20-50% WOMEN'S ACCESSORIES

**SAVE 25-30%** FASHION JEWELRY in colorful brights, tailored gold and silverplated fashions, antique replicas and selected sterling silver, were 7.00-28.50, now **3.99-18.99**. Fashion Jewelry.

**SAVE 20-50%** HANDBAGS, in a selection of leather, vinyl and fabric styles by Julius Resnick, Valerie Barard, B.G. Street and more, orig. 22.00-100.00. Handbags.

**SAVE 30%** COSMETIC TRAVEL BAGS in an assortment of styles and patterns, orig. 6.75-42.00, now **3.99-28.99**. Cosmetic Accessories.

## SAVE 15-40% INTIMATE APPAREL

**SAVE 25%** WARNER'S PANTIES including Bright Stripes, Shine On's and Stripe Up the Band in briefs, high-cuts and bikinis, sizes 5-7, reg. 3/14.00, now **3/10.50**.

**12.99** DAYWEAR camisoles and half slips with lace trim from Olga and other famous makers, white or blush, sizes s-m-l, reg. 16.00-18.00.

**19.99** COTTON SLEEPWEAR in a selection of gowns, pinafores, pajamas and sleepshirts, sizes s-m-l, some styles available in sizes 1x-2x-3x, reg. 26.00-32.00.

**19.99** ENTIRE STOCK SUNDRESSES in 100% cotton, florals and prints, sizes s-m-l, some styles available in 1x-2x-3x, reg. 34.00 and 36.00.

## SAVE 25-40% JUNIORS, MISSES, PETITES & WOMEN'S DRESSES & SHOES

**29.99** SPRING DRESSES in solids and prints, misses and petite sizes, orig. 40.00.

**39.99** CAREER AND CASUAL DRESSES, misses, petites and women's sizes, orig. 54.00.

**59.99** CLASSIC FLORAL AND LINEN-LIKE SOLID DRESSES, misses and petite sizes, orig. 80.00.

**89.99** WEAR-NOW DRESSES by famous makers, just reduced, misses and petite sizes, orig. 120.00-130.00. Better Misses, Petite and Women's Dresses.

**29.99** JUNIOR BUSTIER DRESS with ruffled skirt, 100% cotton sheeting, special purchase. The Cube.

**SAVE 40%** WOMEN'S SHOES by Connie, choose leather pumps in low and mid heels, reg. 50.00, now **29.99**. Women's Shoes.

## SAVE 25-45% JUNIORS, MISSES, PETITES, WOMEN'S & CHILDREN'S

**SAVE 45%** JUNIOR CRESTED T-SHIRTS in 100% cotton, one-pocket, choose brights, pastels, black or white, reg. 18.00, now **9.99**. The Cube.

**SAVE 30%** ENTIRE STOCK MISSES PLAYWEAR in a terrific assortment of famous maker styles, reg. 29.00-68.00. Misses Coordinates.

**SAVE 30%** PETITE SPORTSWEAR in spring casual and career looks, petite sizes 4-14, reg. 28.00-80.00. Petite Sportswear.

**SAVE 30%** WOMEN'S P.C. CLEAVER DRILL TROUSER in a variety of colors, sizes 18W-24W, reg. 32.00. Women's World.

**9.99-19.99** WOMEN'S SUMMER T-SHIRTS by Them in a selection of styles and colors, sizes 1x-2x-3x, special purchase. Women's World.

**SAVE 25%** BOYS 8-20 GOTCHA SHIRTS in a selection of short sleeve knit styles, reg. 28.00, now **19.99**. Kidsworld.

## SAVE 10-50% HOMEWORLD

**SAVE 50%** DISCONTINUED HOUSEWARES, LUGGAGE & BRIEFCASES in a great selection, reg. 9.99-199.99. Housewares and Luggage.

**SAVE 50%** ENTIRE STOCK CLOSET SHOP, reg. .25-79.00. Closet Shop.

**SAVE 10-20%** ELECTRONICS including televisions, VCRs, stereos, radios, telephones and camcorders in selected models, reg. 69.95-1399.00. Selection varies by store. Electronics.

**SAVE 20%** ENTIRE STOCK CHICAGO CUTLERY in your choice of open stock pieces, reg. 13.00-36.00. Cutlery.

**SAVE 40%** NEW AGE OPEN STOCK COOKWARE with anodized aluminum construction, reg. 25.00-84.00. Cookware.

**SAVE 20%** ENTIRE STOCK IRONS, reg. 24.99-84.99. Small Electrics.

**SAVE 20%** ENTIRE STOCK REG. PRICE STAINLESS FLATWARE, reg. 29.99-79.99. Housewares Flatware.

**SAVE 20%** ENTIRE STOCK REG. PRICE CASUAL DINNERWARE. China, Housewares Dinnerware.

**SAVE 30%** ENTIRE STOCK SILK PLANTS & FLOWERS, reg. 17.99-99.99. Emerald Forest.

**SAVE 50%** ENTIRE STOCK BRASS FIREPLACE ACCESSORIES, reg. 8.99-159.99. Decorative Accessories.

**SAVE 15%** SALE PRICED SHEETS, TOWELS, BATH RUGS & ACCESSORIES, BLANKETS, COMFORTERS, PILLOWS, MATTRESS PADS & TABLE LINENS. Bedding, Bath Shop and Tabletop.

**SAVE 30%** REGULAR PRICE SHEETS, TOWELS, BATH RUGS & ACCESSORIES, BLANKETS, COMFORTERS, PILLOWS, MATTRESS PADS & TABLE LINENS. Bedding, Bath Shop. Tabletop.

**SAVE 50%** CLEARANCE SHEETS, COMFORTERS, TOWELS, BATH SHOP & TABLE LINENS. Bedding, Bath Shop, Tabletop.

# THE BON MARCHE

SEATAC MALL/TACOMA MALL



## Federal Way athletes soar into districts

### Jefferson girls nab first, Eagle boys place second

BY CHUCK MINGORI

Federal Way area athletes certainly left strong impressions at the South Puget Sound League Sub-District track meet, as the Thomas Jefferson girls captured first place and the Federal Way boys finished second.

The Raider girls gained sweet revenge by knocking off Lakes in the final team scoring. Lakes had edged Jefferson recently in a dual meet to finish first in the regular season standings.

This time around, Jefferson scored 96 points for first place, followed by Lakes with 83, Puyallup 81, Sumner 64, Clover Park 56, Federal Way 55, Rogers 28, Curtis 21, Decatur 8, Bethel 4 and Spanaway Lake 0.

"That was a real nice win for the girls," said Jefferson coach Sam Beesley, whose team was supposed to be a year away. "Our top girls scored and our other people gave their best performances of the year."

In the boys' competition, Lakes finished on top with 87, followed by the Eagles' 71½, Puyallup 71, Rogers 69½, Curtis 65, Spanaway Lake 32, Bethel 28, Sumner 24, Clover Park 22, Decatur 19 and Jefferson seven.

"It was a close meet," said Federal Way boys' track coach Bob France. "Couple things happen here and there and it could have been different. It was a good showing and at district I expect a good showing as well."

**JEFFERSON'S JESSE** Casbere certainly had a good showing. She won the 100 (12.4), the 200 (25.7), the 400 (58.2) and was part of the winning 1,600 meter relay (4:08.2). Casbere's time in the 400 broke her own school record.

Another Raider record was broken by Darcy Neil, who took sixth in the 1,600 (5:26).

Andrea Anderson of Federal Way set a meet record of 4:59.2 while winning the 1,600 and also set school records with that win and with her first-place finish in the 3,200 (10:53.8).

Anderson added another first in the 800 (2:19.5) and joined Eagle teammates Molly McGraw, Amita Dev and Kerri Stablein to take fourth in the 1,600 meter relay (4:15.5).

Lake Dawson of Federal Way set two meet records as he won the 110 hurdles (14.1) and the 300 hurdles (38.0). Dawson bettered his own state best time by four-tenths of a second in the 300.

Dawson and teammate Ed Miller share the state's best time in the 110 hurdles at 14.0 set earlier this year.

**DAWSON, MILLER** and Steve Cook posted a one-two-three finish in the 110 hurdles, repeating their effort from the Shelton Invitational. Miller ran second at 14.1 behind Dawson with Cook in third at 14.4. Miller also ran fourth in the 300 (39.) and won the high jump (6-8).

"I think it sets us up very well for the (West Central) District meet at Highline," said France.

Decatur enjoyed some strong individual performances also from Jason Krilich, Larry Hoffman and Kim Brazier.

Krilich won the discus (153-11), while Hoffman took second in the 400 (50.0).

Decatur's 400 meter boys' relay team also captured sixth with a time of 47.0.

Brazier had to overcome shin splints to take fourth in the 300 hurdles (49.3). The Gators also posted a fourth-place time of 1:51.2 in the girls' 800-meter relay.

Barb McCarthy of Jefferson won the high jump (5-0), the 100 hurdles (15.9) and was on the Raiders' winning 1,600-meter



photo by Rhonda Davis

**ED MILLER** of Federal Way High School, seen here clearing 6-2 in the high jump, went on to take first place in the event

with a 6-8 leap at the South Puget Sound Sub-District track meet held at Sparks Stadium Thursday and Friday.

relay team and claimed third in the triple jump (33-11).

The Raiders clinched the SPSL Sub-District title when Brooke Porter came through with a victory in the discus (111-10½).

**AMY CANNON** gave the Raiders a third-place finish in the shot put (33-2), while Barb Beesley took fourth in the triple jump (33-5) and the 800 (2:24.1).

Julie Kikuchi grabbed fifth in

the long jump (15-9¼) and Jefferson also finished fifth in the 800-meter relay (1:52.4).

Molly McGraw ran second for Federal Way in both the 200 (26.6) and the 400 (59.5), while Sujata Dev captured fourth in the 3,200 (11:48.6). The Eagles also drew a sixth-place finish from Jenny Davis in discus (101-1½).

Krystal Rodriguez of Federal Way and Rob Burnett of Jeffer-

son will compete in the javelin at the West Central District tournament this Friday and Saturday, as both passed through the SPSL Sub-District meet. The SPSL does not allow the javelin competition in its regular meets.

Federal Way's boys' team is sending some other athletes to district as well. Jeff Perry placed third in the 3,200 (9:36.2) and Tom Moen claimed fourth in both the 3,200 (9:39.5) and the

1,600 (4:30.4).

Federal Way's 1,600 meter relay team also qualified with a second-place time of 3:26.6, while Steve Wolfe took sixth in the high jump (5-8) and Trent Erickson grabbed sixth in the 800 (2:04.2).

Erickson's time will be compared to those from the Narrows League No. 4 and Olympic

Continued on B-3

## Divisions, schedules set for expanded SPSL

By CHUCK MINGORI

The 1989-90 South Puget Sound League sports schedules have been completed, and with a bigger chunk of the state's Class AAA schools now members of the SPSL, competition figures to be intense.

The SPSL voted last December to accept Kent-Meridian, Kentridge, Kentwood and Auburn into the league after the North Puget Sound League had announced its plans to disband.

Football, track, basketball, soccer, wrestling, golf, swimming, tennis and softball will be divided into two divisions—the Puget (Bethel, Clover Park,

Thomas Jefferson, Sumner, Federal Way, Kentwood, Auburn and Rogers) and the Sound (Curtis, Decatur, Lakes, Puyallup, Spanaway Lake, Kent-Meridian and Kentridge) — while volleyball, gymnastics and cross country will not have divisions.

Baseball will be broken up into three divisions — South (Federal Way, Bethel, Kentwood, Lakes and Sumner), Puget (Clover Park, Decatur, Kentridge, Puyallup and Spanaway Lake) and Sound (Auburn, Curtis, Jefferson, Kent-Meridian and Rogers).

Traditional football rivalries are expected to continue, although crossover games bet-

ween Federal Way and Decatur and Thomas Jefferson and Decatur will not be counted toward division titles.

**EACH OF THE** eight Puget Division football teams will play seven league games and two non-league games, while the seven Sound Division representatives will play six league games and three non-league contests.

Federal Way opens its football season Sept. 7 at home in a non-league affair against Spanaway Lake. The following night, Jefferson visits Decatur in a non-league game involving long-time district rivals. Decatur also will play Mountain View at

home Sept. 15 in non-league action and Federal Way on the final week of the season in another non-leaguer.

Jefferson will host Moses Lake the final week of the season on Nov. 2 the same night as the Decatur-Federal Way game.

Final playoff allocations for each of the sports have not been decided, as the Washington Interscholastic Activities Association is holding an executive board meeting in Leavenworth this week to vote on that matter.

**AMONG THE MORE** notable changes are league playoffs for boys' and girls' soccer. The third-place finisher from each division will play the second

place team from the opposite division. The winners will then play off for the third seed to the state tournament. The first-place teams automatically advance to the state tournament, but will have a playoff to decide the No. 1 and No. 2 seeds.

Boys' and girls' basketball league tournaments are scheduled to continue as they have in the SPSL the past two years.

"Just about every sport is a different ballgame," said Federal Way Athletic Director Gary Brines, explaining the format that each sport will use for qualifying to post-season action. He also said the schedules that

have been released are complete as they are "presently constituted" with no guarantees that they will not be changed.

"It will be interesting to see how it phases in," said Brines of the new SPSL alignment.

The SPSL already was among the toughest around with 11 schools, but the addition of the three Kent schools and Auburn will make the league that much tougher.

"There's no doubt about it, this is going to be the most competitive league in the state," said Brines. "These schools are serious about their athletic programs."

## SportsWatch

### Around Town

#### Mariners

The Seattle Mariners are playing at home in the Kingdome today, taking on the Milwaukee Brewers at 7:05 p.m.

The Brewers stay in town for more action at the same time tomorrow, and then the New York Yankees invade for 7:05 p.m. games Friday and Saturday and for a 1:35 p.m. contest Sunday.

Seattle has Monday off before opening a three-game stand in Boston with a 4:35 p.m. game Tuesday that can be seen on KSTW-TV Channel 11.

All Mariner games are broadcast on KIRO-Radio 710.

#### Tigers

The Tacoma Tigers open a four-game series in Albuquerque today, before going to Colorado Springs for action Sunday through next Wednesday.

Tiger games are carried on KTAC-Radio 850.

#### Storm

The Seattle Storm outdoor soccer team will come home to Seattle Memorial Stadium to play the Arizona Condors at 4:30 p.m. Sunday.

Tickets for the Western Soccer League action is \$5.00 for adults and \$2.00 for youth, students and senior citizens.

Seattle is the defending WSL champion.

#### Longacres

Longacres will be open for horse racing today through Sunday this week.

Today, tomorrow and Friday the gates will open at 3:30 p.m. with racing getting underway at 5 p.m., while Saturday and Sunday the gates swing open at 11:30 a.m. with racing at 1 p.m.

Sunday's racing at the Renton Oval will feature the \$30,000-added Rhododendron Handicap. The race will cover six furlongs and include females and males age three and up.

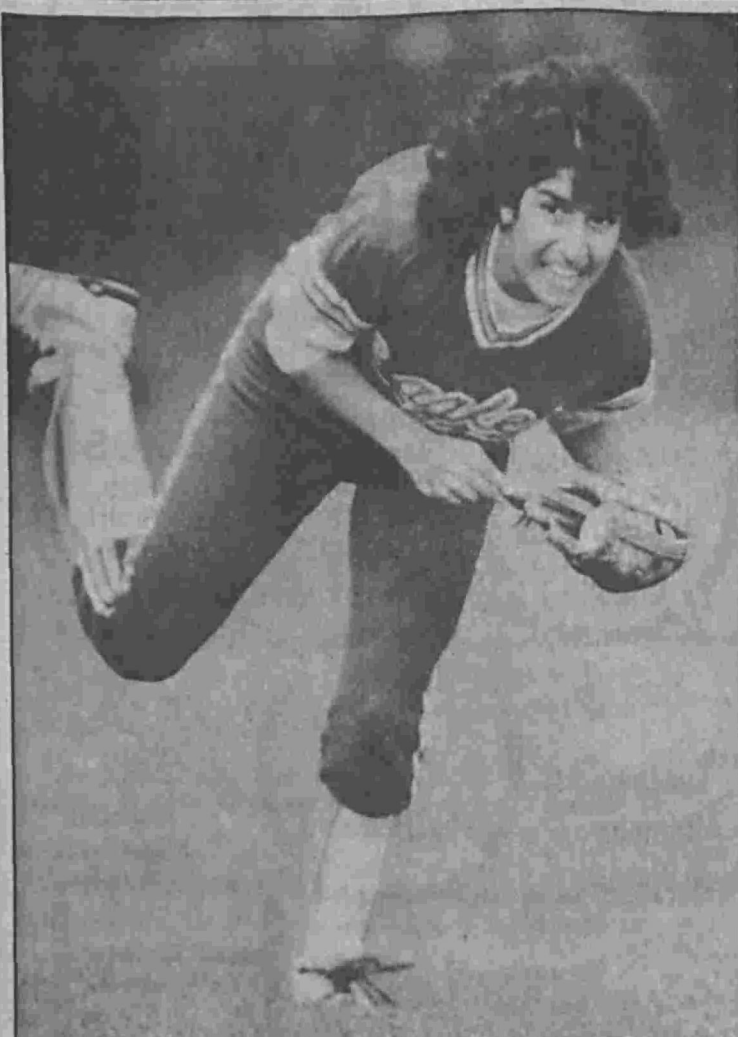


photo by Paul T. Erickson

**HEIDI SAHEL** and the Federal Way girls' softball team will be trying to catch a state berth when they take part in the West Central District tournament this weekend.

### Home Teams

#### Softball

Federal Way will open West Central District play at 4 p.m. Friday at Sprinker Recreation Center in Spanaway, taking on the loser of last night's North Puget Sound League playoff between Kentwood and Lindbergh (after press time).

Friday's loser is out, while the winner goes on to play Olympic League champion Port Angeles at 7 p.m.

Should the Eagles reach the Port Angeles game, they will only have to avoid three straight losses to make state.

#### Golf

Both the state boys' and girls' golf tournaments will take place in the Tri-Cities this Friday.

The boys' tournament will be held at the Canyon Lakes Golf Course in Kennewick and the girls' at Shannapum Golf Course in Richland.

#### Track

Highline Stadium will host the West Central District track meet this Friday and Saturday.

Friday's action gets underway at 2:30 p.m. and Saturday's at 3 p.m.

#### Tennis

West Central District tennis action for boys and girls will take place at Lakewood Racquet Club Friday, moving to Clover Park High School Saturday.

The action will start at 8:30 a.m. both days.

#### Soccer

Thomas Jefferson's boys' soccer team played host to Olympic Monday (after press time), while Decatur went to Vancouver for its playoff action against Mountain View last night.

A win by either team puts them into Saturday's state quarterfinals at Seattle Memorial Stadium.





photo by Rhonda Davis

KRISTA MADDOCK of Federal Way High School captured second in the South Puget Sound Sub-District singles finals last Friday and Saturday to advance to West Central District

tennis action this weekend. Maddock was seeded first going in the SPSSL Sub-District tourney, but was upset in the finals.

## Maddock finishes second Johnson grabs championship

By GERARDO BOLONG

Area netters will be swinging their rackets at the West Central District Tennis Tournament at Clover Park this weekend by virtue of their high finishes at the South Puget Sound League Tourney this past Friday and Saturday.

Placings one through five in each event earned automatic spots to district. Sixth-place winners face a playoff with the Olympic League's No. 2 finishers for district berths at a yet to be determined locale before the weekend.

Serving first for the Federal Way contingent is Forrester Johnson of Decatur. The No. 1-seeded boys' singles player won his semi-final match in two straight love sets before defeating Vernon Yarnell of Lakes, 6-2, 6-3, for the SPSSL championship. Johnson is seeking a return to the state finals where he had to default last year due to injury.

Johnson's Gator teammate, Marshall qualified to district in fifth place with a 6-1, 6-4, win over Spanaway Lake's Han. All preliminary rounds for the boys were played in the fall.

Tom Sanger and Wessenburg defeated the duo of Cakarnis and Dayton of Clover Park, 6-4, 6-2, to take the doubles title. Sanger and Wessenburg advanced from the semifinals with a default victory.

Decatur also captured the overall boys' team championship by outdistancing second-place Cover Park 28-16.

Federal Way High School and Thomas Jefferson had no representatives in the tourney's wrap-up events.

Girls' events took place Friday through Saturday at the Lakewood Racquet Club and Clover Park High School.

Federal Way rallied to second place with 19 points despite an upset loss by No. 1 seed Krista Maddock in the singles finals. Maddock took the first set from Curtis' Jenn Blackman 7-5 before Blackman turned the tables, 6-3, 6-3. The Eagle ace had beaten Blackman twice during the regular season.

Before the loss to Blackman, Maddock had advanced through the championship bracket with straight set wins over Lauren Ball of Curtis (6-0, 6-0), Kathy Gaston of Clover Park (6-1, 6-0), and Marni Swanson of Sumner (6-0, 7-6).

Eighth-seeded Brooke Edwards qualified to district with an outstanding fourth-place effort. Edwards began her run by defeating Spanaway Lake's Monica Molina, 6-1, 6-2. Then she gutted out an upset win over fourth-seeded Thuy Kivlan of Lakes in three grueling sets, 6-2, 0-6, 7-6 (8-6). After losing 6-0, 6-3, to eventual champion Blackman in the quarterfinals, the tough junior settled for fourth place with a 4-6, 6-1, 6-4, loss to Swanson.

In doubles action, Tammy Hagberg and Vicky Smith were unfortunate enough to meet second-seeded Leslie Mohr and Chris Dubois in the loser out opener. Mohr and Dubois sent the Eagle tandem packing with a 6-0, 6-0, whitewash.

Carrie Lundsgard and Angie Nelson stayed alive with a sixth place finish. They began with a 6-1, 6-3 win over the Clover Park pair of Auyong and Wamsley.

Next came a 6-4, 6-2, quarter-final loss to Puyallup's Ruthie Schleigh and Lesa Higgins.

Lundsgard and Nelson bounced back to knock off the Johnson-Sannerud team from Lakes, 2-6, 6-4, 6-2, in the consolation semifinals. Decatur's Megan O'Dom and Alison Carl defeated the Eagle girls for fifth place, 6-2, 6-2.

"I feel the girls did very well," said a pleased Federal Way coach Don Jacobus. "Krista was disappointed with her loss, but she has an excellent chance of going to state. Her opponent was very aggressive and really went for winners on each shot."

"Brooke Edwards made a real rise in this tournament. These girls are real competitors with positive attitudes. They really came to play. We're looking to finish high enough in the district team standings to qualify to state."

Decatur scored five points for a sixth-place team finish thanks

to the district qualifying performance of O'Dom and Carl.

O'Dom and Carl defeated Kim Nelson and Stephanie Richardson of Puyallup, 6-1, 6-3, in the opening round. After a 6-4, 6-0, loss to Clover Park's second-seeded Nancy Glasgow and Tina Painton, the Gator girls beat Sater and Nichols of Rogers, in three sets, 6-4, 1-6, 6-3, to set up their eventual clash with Lundsgard and Nelson.

Jessica Britt carried the Gator singles banner into the consolation semifinals before losing a 6-4, 6-2, decision to Kivlan. In earlier matches, Britt defeated Clover Park's Jane McCarthy, 6-3, 6-2, before losing to Blackman, 6-2, 6-2.

Thomas Jefferson's entries were volleyed out early. In singles, Tiew Vu was ousted by Gaston, 7-5, 5-7, 6-0.

Raider girls Dina Omelouchuk and Dana Weathery fell to Schleigh and Higgins, 6-1, 6-0, in the loser out first round.

## Raiders win state opener

The Thomas Jefferson boys' soccer team has advanced to the state quarterfinals following a 1-0 victory over Olympic Monday night at Federal Way Memorial Field.

The Raiders improved their season record to 10-2-2 with their victory over the Trojans in the first round of the state playoffs, and will now play Greater Spokane League champion Mead at 3 p.m. Saturday at Seattle Memorial. Mead will bring an 18-0-0 record into Saturday's clash.

Jefferson scored the only goal

of the game Monday with 2:15 left in the first half when John Pouley scored on a header. Daryn Ditmore and Jason Bowers were credited with assists.

Jefferson, which has won five of the past six Class AAA state titles and has reached the state tournament seven consecutive years, is now just two games away from the state title game.

The winner of Saturday's game between Jefferson and Mead will advance to the state semifinals May 26 at Seattle Memorial.

**It's Our Anniversary! Join Us For Savings On Great Oak Furniture.**

We Carry:

- Entertainment Centers
- Stereo Cabinets
- Desks
- Computer Furniture
- Bedroom Furniture
- Tables
- Chairs
- Bar Stools
- Pub Tables
- Bookcases
- Hutches
- and MUCH MORE

We Do CUSTOM Entertainment Centers, Desks, Etc. ALL AT GREAT PRICES

**Anniversary Sale!** Bring in this coupon for a **15% Discount** on any purchase at Oak Folks, Inc. Not valid with any other offers.

**OAK FOLKS, INC.** Exp. 5/31/89

310-B North Washington, Kent, WA 98032  
Next to Wonder Bread Thrift Store in the New Washington Square  
Hours: Mon.-Fri. 10-7 Sat. 10-6 Sun. 11-5

**Early Rewards**  
4:30 - 5:30 P.M.

**\$6.95**

-CHOICE OF-

- BBQ Beef Ribs
- Light Teriyaki Chicken Breast
- Light Shrimp Dinner
- Shrimp Caesar Salad
- Salmon Caesar Salad
- Halibut & Chips
- Light Halibut Mopsue
- Chicken Sizzle
- Top Sirloin Steak

Every Night!

Available At All Nine Locations

North Seattle	Kenmore	University District
Factoria	Kirkland	Burien
Federal Way	Tacoma	Puyallup

(Paid Advertisement)

**Grand Re-Opening**

**Scoreboard Pub**

1/2 PRICE FOOD & BEVERAGES All night long!

Saturday May 20 7:00 pm - closing Special For In-house Only

Prizes! T-Shirts, Sweatshirts Mugs & More!

PULL TABS & Shuffleboard

Lunch & Afternoon Food Specials

Enjoy Darts Pool Tables & Video Games

839-4791  
1200 S. 324th Federal Way

**Scoreboard Pub**

**Doctor Reports . . . .**

**"Overweight Patients Lose Too Much Weight!"**

ORANGE, CA — A significant weight loss breakthrough of unprecedented magnitude has just been made. A new bioactive diet pill program containing amazing "E.A.B. Plus" has been perfected and is being marketed under the tradename Anorex 2000™.

Researchers are calling it the "diet miracle of the '90s." Anorex 2000 with "E.A.B. Plus" actually turns the body into a "fat burning machine" which consumes its own stored fat, flab and cellulite thus shedding pounds and inches like magic. A panel of leading U.S. doctors and health experts found Anorex 2000 "safe for effective weight loss." However it is an extremely powerful anorectic - instructions should be followed carefully.

**Expense Delays Marketing**  
Anorex 2000 was developed after years of expensive research. Consequently it is not cheap - but it works! As one doctor commented, "My patients would pay many times the cost of Anorex 2000 to finally lose all the weight they want and need to lose - to finally realize their dreams of a thin, beautiful, healthy body. Some of my overweight patients actually lost too much weight with Anorex 2000."

**Free 30 Day Trial Offer**  
Anorex 2000 is so effective and the results are so astonishing that the manufacturer is offering a 30 day free trial. If you postdate your check a full 30 days, it will be held to let you prove to yourself that you can safely lose all the weight you want. If you are not 100% satisfied with the remarkable change you see in the mirror, just return your Anorex 2000 and your check will be destroyed uncashed. You have no risk - you can't lose money, only years of unwanted fat and years off your appearance.

Send check or money order for \$36.45 (+\$3.50 for shipping and handling) for a 30 day supply or \$64.00 (+\$3.50) for a 60 day supply to Anorex 2000, 4642 E. Chapman Ave., Dept. A54, Orange, CA 92669. For fastest service for credit card orders ONLY simply call Anorex 2000 - 24 hours a day, 7 days a week TOLL FREE: 1-800-633-2222, Dept. A54, and use your VISA, MasterCard or American Express. Sorry, no C.O.D.s.

(Note: Because Anorex 2000 is such a powerful weight loss compound, doctors have advised the manufacturer to sell no more than one 60 day supply per customer.)  
©1989 1-800-633-2222 Dept. A54



# Trojans' Vinyard earns trip to nationals

By TIM CLINTON

Tina Vinyard landed the starting center job for the Fife girls' basketball team this past winter as only a freshman, and now she has helped the Puget Sound Cascades age 15 and under team earn its way into two national tournaments.

The Cascades, whose roster also includes Puyallup resident Tara Jenkins, won the Pacific Northwest Amateur Athletic Union (AAU) tournament April 7-9 to land a berth in the AAU nationals in Coral Springs, Fla. July 21-29.

On their way to the 40-team tournament in the Miami area, the Cascades will also take part in the Basketball Congress International (BCI) Western Regional tournament in Phoenix, Ariz. July 10-14 and the BCI nationals in Lubbock, Texas July 15-20.

The Cascades placed third in the BCI nationals last year (although Vinyard and Jenkins were not on the team then), and will play in that tournament

regardless of their outcome at regionals. There will be 32 teams at regionals and 48 at the BCI nationals.

"If all of our players are there, we should be very competitive," said Cascade head coach Gary Wilson. "Although I'm not saying we're going to win it all or anything."

IN ORDER to get the money to make sure the players can go, the team members will be shooting 100 free throws each May 29 after a game in Selah with the Eastern Washington regional winner.

Players are individually getting sponsors to pledge a certain amount of money per free throw so their way can be paid. Other fundraisers are also being planned.

So far the Cascades are undefeated through two tournaments this spring at 8-0. They took the Pacific Northwest AAU tournament and then added another championship in a tournament played in the town of Rainier near Yelm April 14-16.

The Cascades clinched the AAU championship and the berth to nationals with a 57-56 win over Seattle's Satin Dolls April 9, with the help of 14 points from Vinyard. Jenkins added two in that game.

"Vinyard was a key in the championship game," said Wilson. "She works hard and is a good competitor. Jenkins has good offensive skills and we're working on her defense. It's

quite a jump for her — she's one of our younger girls."

Jenkins is a 13-year-old player who attends Kalles Junior High in Puyallup.

The Cascades opened the AAU tournament with an 80-22 win over Northshore as Vinyard scored five points and Jenkins four, while Vinyard had six and Jenkins four in the second game, an 80-23 win over Magic of Seat-

tle. The Cascades made it to the championship with a 70-57 victory over Everett. Vinyard and Jenkins scored six each.

At the Rainier tournament, the Cascades opened with a 69-12 victory over a team from Sumner as Vinyard hit 10 (Jenkins did not play), then they defeated Everett, 46-33, as Vinyard and Jenkins scored five each. Vinyard had six and Jenkins five in a 62-34 victory

over Bellingham as their team earned a rematch with the Satin Dolls.

The Cascades and Satin Dolls went into overtime, with the Cascades coming away as 57-53 winners for the title. Vinyard scored six and Jenkins two.

Pledges for the free throw fund raiser can be made for Vinyard at 922-9880 and for Jenkins at 845-3138.

## Locals qualify to district

Continued from B-1

League No. 2 finishers. The top two out of those three lamed running events will go to district.

JEFFERSON'S boys' team also has some individuals advancing. Glen Morgan ran fifth in the 1,600 (4:31.2) and sixth in the 3,200 (9:46.9). Don Ely took fifth in the 800 (2:04.2), Steve Mitchell finished sixth in the 200 (23.3) and the Raiders added a fifth-place showing in the 400 meter relay (45.0).

The top six finishers from

district will advance to Star Track VIII, the AAA-AA state track and field championships, which takes place May 26-27 at the Lincoln Bowl.

A total of 31 schools will be represented at the West Central District meet. Generally those who make it through this district do well at state, Beesley said. But the TJ coach is just happy to see his young girls' team come away with the SPSL Sub-District championship.

"It's nice to see them getting the recognition," he said.

## SWU soccer tryouts set

The Southwest United Soccer Club will hold several girls' team tryouts on Saturday, May 20, at Lakota Field.

SWU takes in Twin Lakes, Olympic View and Brigadoon schools. Age groups, times and contacts are as follows:

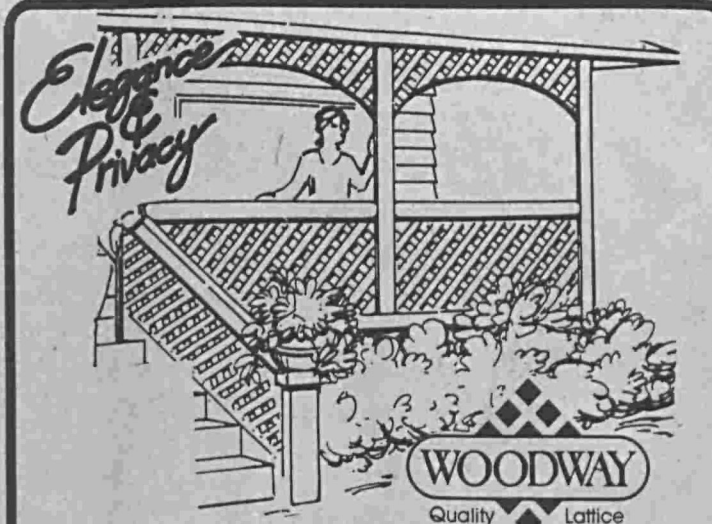
10 a.m. to 12 p.m., U-14 girls born in 1976, for more information call Guy Renfro at 941-0750;

12 p.m. to 2 p.m., U-12 girls born in 1978, for more information call Doug Reynolds at 927-8108; 2

p.m. to 4 p.m., U-11 girls born in 1979, for more information call Rick Hughes at 838-9260; 2 p.m. to 4 p.m., U-10 girls born in 1980, for more information call Allen Svalstedt at 874-6586; and 4 p.m. to 6 p.m., U-9 girls born in 1981, for more information call Rick Riegle at 874-2696.

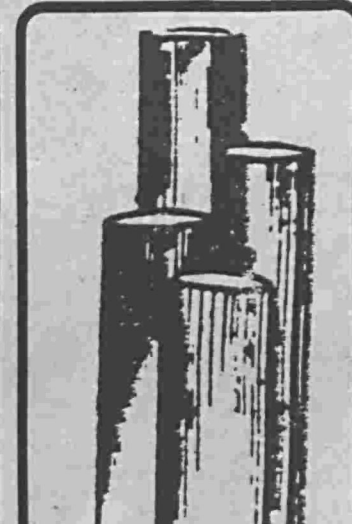
# HOME REPAIR EXPERTS

SEE US FOR ALL YOUR HOME PROJECTS!

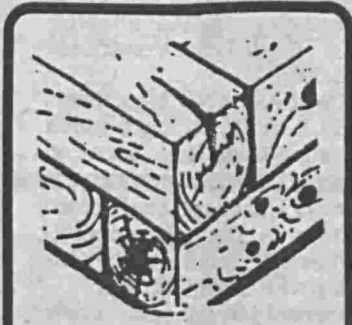


Give your spa, hot tub or sun deck 65% vision screening and add a classic touch. Unique "Gridlock" construction.

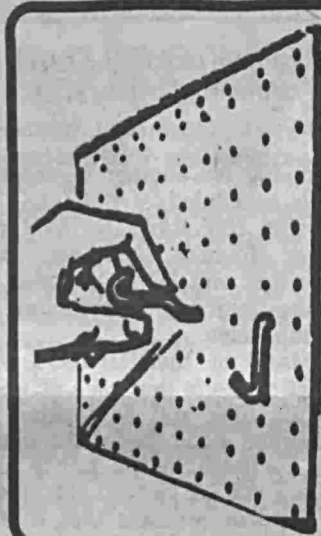
**4 x 8 LATTICE PANELS**  
WHITE WOOD CEDAR  
\$8<sup>89</sup> GARDEN SPACING \$11<sup>88</sup>



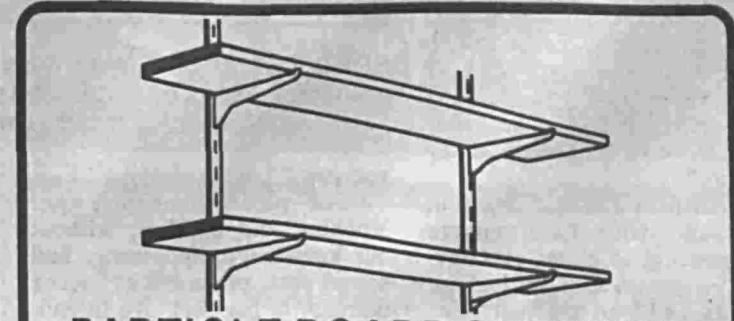
**CEDAR PEELER CORES**  
8'  
\$7<sup>95</sup>



**USED RAILROAD TIES**  
8'  
\$9<sup>99</sup>



**PEG BOARD**  
Many Uses Tempered  
4 x 8 x 1/8 \$7<sup>50</sup>  
4 x 8 x 1/4 \$10<sup>50</sup>  
Lots of hooks in stock.



**PARTICLE BOARD SHELVING**  
UNFINISHED ROUNDED EDGE OAK TYPE FINISH  
1 x 12 x 6' ..... \$2.88 ea. 1 x 12 x 6' ..... \$3.90 ea.  
1 x 12 x 8' ..... \$3.88 ea. 1 x 12 x 8' ..... \$5.20 ea.  
1 x 12 x 10' ..... \$4.88 ea. 1 x 12 x 10' ..... \$6.50 ea.



**24.88**  
Drop Spreader offers handle-mounted flow control. Perfect for fertilizer, seed. 433864/8



**6.49**  
Lawn Food for 5,000 sq. ft. slow-release nitrogen for deep-green growth. 26-4-8



**THERMOS**  
**\$189<sup>99</sup>**  
40,000-BTU Dual Burner Gas Grill has heat distribution plates for greater cook control, warming rack, LP tank. 318013



**LAWN CHIEF**  
3.5 HP, 21 IN. REAR BAG MOWER  
**\$199<sup>88</sup>**  
3.5-HP, 21-in. Rear Bagging Mower has a fully-battled deck, easy-to-use lever-action height adjusters. Side-Discharge Chute Converter, R8-SDC ..... \$19.95



**weber**  
The one. The only.  
**\$329<sup>95</sup>**  
Genesis™ I Gas Grill has large 540-sq. ft. cooking area with warming rack and LP tank. 36,000 BTU. 411005

**COME VISIT OUR UPSTAIRS SHOWROOM**  
NEW OR REMODEL  
CHECK OUT THE CUSTOM DELUXE CABINETS BY DIAMOND. WE WILL HELP! FREE DELIVERY! DESIGN! INSTALLED PRICE IF YOU WISH!  
**CALL OR SEE RAY**  
at 839-1313, 927-4301

**NEW LUMBER & HARDWARE CO.**  
30854 PAC. HWY. SO.  
(Across From Federal Way H.S.)  
**Federal Way**  
839-1313 927-4301

**SINCE 1954**  
NEW LUMBER & HARDWARE CO.  
ELECTRIC PLUMBING  
ENTRANCE  
Most Items FREE DELIVERY FREE ESTIMATES CHARGE ACCOUNTS WELCOME

**SEARS TIRE AND AUTO CENTER**  
**GREAT LOW PRICES EVERY SINGLE DAY!**

**ROADHANDLER PERFORMANCE GAS LIGHT TRUCK SHOCKS**  
Nitrogen gas charging for exceptional response!  
WARRANTED FOR AS LONG AS YOU OWN YOUR CAR!  
Extra large piston for 90% more ride control area than standard light truck shocks

Sears Best for light trucks, 4x4's, vans  
**16<sup>99</sup>** each  
Special Value! Installation available

**Oil Change**  
19<sup>99</sup> For most cars  
SINGLE AXLE As Low As **69<sup>99</sup>**

Look at all we do:  
• Install up to 5 qts. oil  
• Lube chassis  
• Install new oil filter  
• Check and fill: Differential, transmission, power steering, windshield wiper and brake fluids  
• Perform visual check

See store for warranty details. Imported cars, semi-metallic material, additional parts and services may require an extra charge.  
Brake job not at Wenatchee, Chehalis, Mt. Vernon, Moscow or Walla Walla.

**SEARS**  
Your money's worth and a whole lot more.

Satisfaction guaranteed or your money back  
Sears, Roebuck, and Co., 1989

AMERDEN 432-8444	BEND 328-5753	EUGENE 487-1007	KELSO 577-8288	MEDFORD 778-9461	OLYMPIA 329-4306	SALEM 863-3715	SPOKANE 468-1177	UNION GAP 238-4-791
ALBANY 999-3211	BOISE 352-9700	EVERETT 428-0711	KENNEWICK 428-0711	MISSOULA 824-4226	MT. VERNON 324-4733	SEATTLE 425-7322	TACOMA 425-7322	WASHINGTON SQ 425-7322
AURORA 384-9080	CHEHALIS 748-3423	FEDERAL WAY 841-1900	LYNNWOOD 179-3272	MT. VERNON 324-4733	RENTON 428-3111	TWIN FALLS 334-4733	WALLA WALLA 329-1112	WENATCHEE 429-1112
BELLINGHAM 734-8120	CLACKAMAS 852-2288	IDAHO FALLS 326-0789	POCATELLO 423-8683	MOSCOW 852-1638	ROSEBURG 449-3845	SALVENDALE 428-1578	VANCOUVER 428-5211	WENATCHEE 429-1112



# Former ranger joins Centennial Run

By TONY C. DUARTE

"People have many ways of celebrating a great event.

Some throw wild, perhaps uninhibited and decadent, parties. Some bypass decadence in favor of a quiet evening on the town, possibly dinner on a yacht that cruises the waterways.

Fred Thompson runs 505 miles in eight days.

Well, okay, Thompson didn't exactly do it by himself, and he may not have been running strictly to rejoice the state centennial. But he was one of the guys responsible for the plan, which means he should spring for at least part of the cost of the dinner or the party.

The plan was last month's Lewis and Clark Centennial Relay Race across the state, celebrating the 100th anniversary of Washington's entrance into the union.

**THOMPSON AND** his cohorts thought it might be a good idea to commemorate this occasion by running the entire route of the Lewis and Clark Trail, from Clarkston to Cape Disappointment near the mouth of the Columbia River. Sound like fun?

"Perhaps you should know more about Thompson and his group.

Thompson, a Des Moines resident, received the idea from Mark Remington, who spotted an ad for the race in a magazine.

He and Thompson appointed themselves co-captains and coordinated a recruitment effort that produced eight other team members.

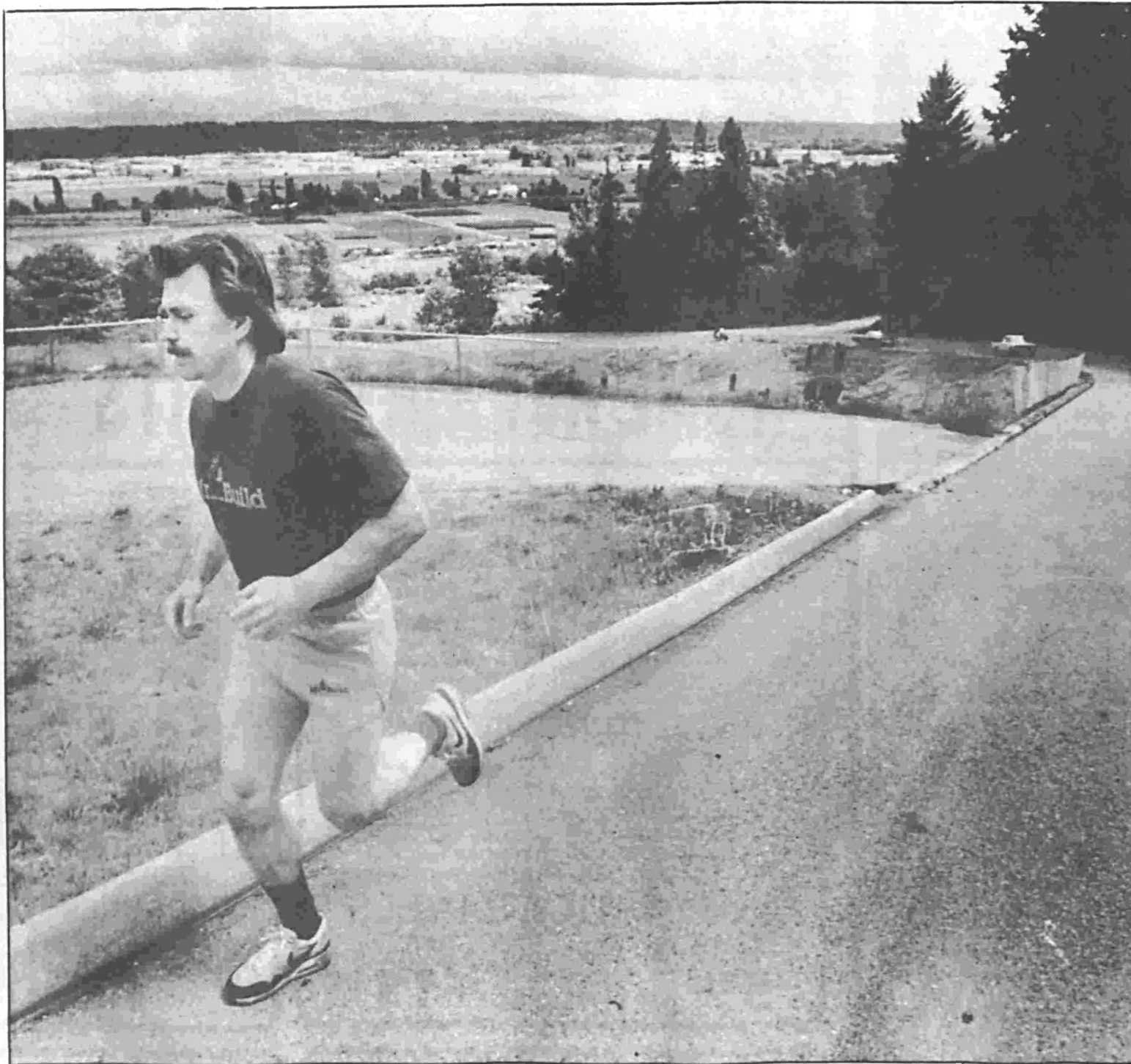
Sponsored by Ernst/Mr. Build, the group dubbed itself "The Retreads" and entered the coed class. Runners came aboard from as far away as Edmonds and Milton.

Once the team was formed, "We picked runners to match the terrain," Thompson says. "I have short, stubby legs, so I was better on hills. The taller runners were better on other terrain."

**THE RACE ITSELF** began in Clarkston, with 1,440 runners representing 22 states and several countries, including Canada, England and Australia.

Each team began at 10 a.m., with each member running a five- to 10-mile leg before passing the baton to a teammate. A team could cover from 55-77 miles per day until stopping at 7 p.m.

"What was really rewarding about the whole thing was that some of our people were not



FRED THOMPSON takes a jog near Earthworks Park in preparation for a mid-July centennial run. Thompson, who has been road racing for 20 years, was part of a team that

ran the Lewis and Clark Trail in April as part of the state's centennial celebration.

photo by Ken Shipley

runners," Thompson says. "One person had just quit smoking and another, without our knowledge, apparently had some sort of previous nerve damage in her feet. We intended to be non-competitive. It was just a fun, recreational thing for us."

What seemed like fun for Thompson and the Retreads wasn't exactly a walk in the rose garden for other teams. Some dropped out. One of Thompson's group had to retire from the grueling ordeal.

"The most difficult factor was the wind. It slowed down everyone," Thompson says. "At one point, I was coming up a hill when a semi passed me in the opposite direction. I was virtually running in place until it was past me."

**THOMPSON HAS** hardly been running in place when it comes to racing. He has run road races for nearly 20 years and ran his second Bloomsday, Spokane's major road race, last week.

The former Mount Rainier area park ranger is currently

training for another centennial race scheduled for mid-July.

This run starts in Ashford, near Mount Rainier, and ends one day and 163 miles later, a mere jaunt around the block in comparison.

Many of the Retreads will participate in that race as well. While they will be looking to improve upon their 12th-place or so finish in the Lewis and Clark run (of 30 coed entrants), Thompson stresses that it will remain recreational fun.

The Lewis and Clark event,

incidentally, was won by a Canadian team that clocked 54 hours, while the Retreads came in at 68 hours.

Though all the hoopla surrounding Washington's centennial might have confused Thompson in determining a more traditional, and certainly less strenuous way to acknowledge the event, he still admits to having a good time once in awhile without having both feet in constant forward motion.

Now he has plenty of time for dinners and parties.

# Kennedy booters capture final SPSL crown

By ADAM WORCESTER

After three consecutive North Puget Sound League championships, one might think the Kennedy Lancers would be getting bored with the accomplishment.

If that's true, you couldn't tell by the reaction of the Lancer players Friday night.

"Triple! Triple!" they shouted as they exchanged hugs and congratulations following a 1-0 victory over Kentwood that earned Kennedy the title.

"This was the last one. That makes it special," Lancer coach Doug Starnes said as he left Auburn's Troy Field. Next

season, the NPSL will disband and Kennedy will compete in the AA Seamount League.

A Phil Shaner goal and a handful of brilliant saves by goalkeeper Andrew Szalay sent the Lancers out in style.

Shaner tallied with 17:05 remaining in the game on a rebound shot off a Dan Custis header. Shaner crossed a high, lofting pass into the goal mouth that Custis headed off the cross bar. A hustling Shaner raced to the rebound and booted it past Conqueror goalie John Kemp inside the left post.

That score gave Kennedy

breathing room in what had been a close, well-played match in which both teams missed several good chances.

Most of Kentwood's opportunities were spoiled by Szalay.

With about 25 minutes remaining, the Lancer senior dove left to stop the Conks' Rich Rose one-on-one at the top of the penalty box after a misplayed pass by a Kennedy defender.

After Shaner's goal, Szalay leaped for two remarkable saves against Kentwood's Ken Urakawa on a solo run. First, he dove to stop Urakawa's line drive. Then he sprang to his feet in time to fist a rebound volley over the crossbar.

"He was the player of the match," said Kentwood coach Jimmy Dunn.

For the Conquerors, it marked the third straight year they have lost the NPSL championship game to the Lancers. In 1987, the score was 5-1. Last season, it was 2-0.

"I thought we had a better-than-even chance to dethrone them, and therein lies some of the disappointment," said Dunn, whose squad also lost 1-0 to Kennedy in the regular season. "We played them toe-toe."

The defeat sent Kentwood into a Saturday game for the NPSL's No. 2 state-playoff

berth against the winner of Friday's Hazen-Kentridge battle.

Kennedy enters the AAA state quarterfinals Tuesday at Highline Stadium against Hudson Bay, the Southwest League's No. 2 team. Kickoff time is tentatively set for 6 p.m.

Starnes has not seen Hudson Bay play, but he didn't seem worried about it Friday.

With his final NPSL match out of the way, he reflected on one aspect of his team's triple titles that he particularly enjoyed.

"I didn't mind beating Kentwood three times in a row," he said.

## Silver Bullets host sale

The U-12 boys LaSac Silver Bullet soccer team will be holding a garage sale this weekend, May 20-21, from 9 a.m. to 5 p.m.

All proceeds will help send the Silver Bullet down to Pleasanton, Calif., June 17-21 for the 1989

Far West Regional Championship. The Silver Bullet is coached by Jerry Capodanno.

Donations are welcome. The garage sale will be at 3518 S.W. 318th Court, Federal Way. Any questions can be directed to Linda Louwsma at 952-3496.

## U-14 Rebels hold tryout

The Rebels, a U-14 boys' gold soccer team, will hold tryouts on Saturday, May 20, at 5 p.m. and Wednesday, May 24, and 31 at 6 p.m. at the west end of the

Lakota soccer fields. For further information contact coaches Mike Kay (838-4735) or David Smith (433-0159).

## U-9 booters will turn out

The Southwest United Soccer Club will hold tryouts for a U-9 boys' soccer team (kids born in 1981) Friday, May 19, from 6:30 p.m. to 8:30 p.m. at Lakota and

Sunday, May 21, from 12 p.m. to 2 p.m. at Sacajawea. For more information, contact Steve LeProwse at 838-1947.

**Software Pipeline**  
Your complete computer store. SM

**OPEN NOW!**

**RENT COMPUTER SOFTWARE**

Try before you buy!  
Need software? Rent it!  
If it suits your needs, buy it!

**ALSO**

- 25% off list price for most software purchases.
- Incredibly low accessory prices.
- Hundreds of titles for IBM, Amiga & Macintosh, we have Nintendo.
- Large selection of accessories.
- Experienced and helpful staff.

**Software Pipeline**  
Your complete computer store. SM

2138 S.W. 336th St.  
Twin Lakes Village  
Federal Way, WA  
924-0903

**FEEL LIKE SUN!**  
**SET-N-ME-FREE**  
**BODY WRAP**  
Reshape fast for summer.  
Guaranteed 4-15" loss each wrap

Also Effective For:  
Cellulite  
Blemishes  
Stretch Marks  
Sagging Skin

**EXPRESSIONS**  
Hair Designs & Tanning  
1500 South 336th - Federal Way  
874-6019

---

**THE SPORTING HOUSE**

**1/2 OFF** initial visit  
**ALL CLUB MEMBERSHIPS**

- Swim Pool
- Whirlpool
- Steam Room
- Sauna
- Jogging Track
- AirDyne Bikes
- Olympic Free Weights
- Pickleball
- Tennis
- Lifecycles
- Paramount
- Aerobics
- Raquetball
- Basketball
- Volleyball
- Personal Supervised Exercise Training

C.V. 1/20\* Good only with this coupon.

---

**2 for 1**  
**ALL Tanning Programs**  
**SCA Wolff System**

C.V. 1/20\* Good only with this coupon.

**OPEN 7** Behind Value Village in Federal Way  
**Days A Week** **838-5555**  
**LOWEST MONTHLY DUES - NO CONTRACTS** M-F 6-10 SAT 9-6 SUN 12-6

**Marine Hills Recreation Association**  
**Memberships available**

We're a fun and relaxing place to come during the summer (May-Sept.) with lots of organized programs.

**We offer:**

- 5 lane heated pool
- Swim team for all
- Member kids who are interested
- Swim lessons at reduced rate for members
- Adult swim time
- Swim parties
- Table tennis, pickleball, volleyball, tennis
- Campouts, teen socials, adults socials, barbecues

**Hurry space limited!!**

For Information/Membership Call 941-1582 or 941-1425

**WE CAN REPAIR IT!**  
TV-VCR-STEREO  
MICROWAVE-APPLIANCE  
FACTORY AUTHORIZED  
ALL AREA SERVICE 824-6910

---

"Sears regrets to inform you of an error in our current advertising. The correct price for the #15485 dishwasher should be \$299.87, not \$229.87 which may be incorrectly shown in our current ads. We sincerely apologize for any inconvenience caused you by this error."

**SEARS**  
Your money's worth  
and a whole lot more

**NOTICE OF PUBLIC HEARING**

NOTICE IS HEREBY GIVEN that the Zoning and Subdivision Examiner for the King County Council will hold a public hearing on Thursday, June 15, 1989 at Eastpointe Plaza, Building and Land Development Division, Hearing Room #1, beginning the hour listed hereafter, or as soon thereafter as possible and in the order listed for purposes of considering applications for preliminary plat approval.

9:15 a.m., or as soon thereafter as possible.

**234-88P - REGENCY WOODS** - A planned unit development of 48.5 acres into 492 units for rental units in buildings ranging from four-plex to eight-teen-plexes with a mixture of one, two, and three bedroom units, on property located generally between Milton Road South and Kit Corner Road South and approximately South 367th and South 369th and along the west side of Kit Corner Road South between South 367th and the Puget Sound Electric Railroad Easement. In STR: 33-21-4 & 28-21-4.

Details are available at Eastpointe Plaza, Building and Land Development Division, Subdivision Product Section, 3600-136th Place Southeast, Suite A, Bellevue, WA 98006-1400, 296-6640.

DATED this 17th day of May, 1989.

KING COUNTY COUNCIL  
KING COUNTY, WASHINGTON  
DOROTHY M. OWENS  
CLERK OF THE COUNCIL

Published in the Federal Way News/Community News on 5/17/89.

**PUBLIC NOTICE 1.101 NOTICE TO PROSPECTIVE BIDDERS:**

Sealed bids will be received by the FEDERAL WAY SCHOOL DISTRICT NO. 210, and will then be publicly opened and read aloud in the Purchasing Office, 1066 South 320th, Federal Way, Washington 98003 for:

**FWSD-0486 LUNCHROOM DAIRY PRODUCTS**

**BID OPENING DATE:** Thursday, June 1, 1989.

**BID OPENING TIME:** 3:00 p.m.

**ADVERTISING DATES:** Wednesday, May 17, 1989 & Wednesday, May 24, 1989.

**1.102 BID DOCUMENTS:**

Each bid shall be in accordance with specifications now on file in the Purchasing Office, Federal Way School District No. 210, 1066 South 320th Street, Federal Way, Washington 98003.

No Bidder may withdraw his/her bid after the time set for opening thereof, unless the award of contract is delayed for a period exceeding 45 days.

Copies of the bid documents may be obtained from the Purchasing Office. Prospective bidders who desire to have bid packets mailed to them may call the Purchasing Office, telephone (206) 839-3735.

The Board of Directors of the Federal Way School District No. 210 reserves the right to reject any or all bids and to waive all informalities in the bidding and select whichever bids they determine to be the best value to the District, to the extent permitted by law.

By order of:  
Board of Directors  
Federal Way School District No. 210  
Dr. G. Richard Harris, Superintendent  
Published in the Federal Way News on May 17, & 24, 1989.

**PUBLIC NOTICE 1.101 NOTICE TO PROSPECTIVE BIDDERS:**

Sealed bids will be received by the FEDERAL WAY SCHOOL DISTRICT NO. 210, and will then be publicly opened and read aloud in the Central Kitchen, 1344 So. 308th, Federal Way, Washington 98003 for:

**FWSD-0485 - FOOD PRODUCTS, COMMODITY PROCESSING, STORAGE AND TRANSPORTATION SERVICES.**

**BID OPENING DATE:** Thursday, June 15, 1989.

**BID OPENING TIME:** 10:00 a.m.

**ADVERTISING DATES:** Wednesday, May 17, 1989 & Wednesday, May 24, 1989.

**1.102 BID DOCUMENTS:**

Each bid shall be in accordance with specifications now on file in the Purchasing Office, Federal Way School District No. 210, 1066 South 320th Street, Federal Way, Washington 98003.

No Bidder may withdraw his/her bid after the time set for opening thereof, unless the award of contract is delayed for a period exceeding 45 days.

Copies of the bid documents may be obtained from the Purchasing Office. Prospective bidders who desire to have bid packets mailed to them may call the Purchasing Office, telephone (206) 839-3735.

The Board of Directors of the Federal Way School District No. 210 reserves the right to reject any or all bids and to waive all informalities in the bidding and select whichever bids they determine to be the best value to the District, to the extent permitted by law.

By order of:  
Board of Directors  
Federal Way School District No. 210  
Dr. G. Richard Harris, Superintendent  
Published in the Federal Way News on May 17, & 24, 1989.



# Fishing for bass best in evenings

Following my father's recent death, I was going through some fishing tackle that had belonged to him. As I opened a small box containing hand-tied bass flies, I found a note written by whomever had tied them.

"Fish 'em slow, partner, real slow," read the note, which was postmarked from a Midwest prison.

Further investigation of my father's gear revealed a beautiful, 8-weight graphite fly rod.

Although fishing with such a heavy stick did not prove as delightful as using my 3-weight, it was designed to throw a heavy fly well. Finding the rod and bugs prompted me to slip over to a small public lake minutes from the heart of Federal Way. Along the east and west sides of the lake are nice beds of water lilies. Perfect cover for



**Dick Benbow**

largemouth bass.

Fishing for spiny rays is not glorified in fishing stories, but for those who enjoy the sheer delight of catching a fish on a fly, a largemouth bass will do just fine.

This time of year I like to

fish for bass in the evening. The heat of the day has warmed their metabolisms and the shadows provide cover. I like to flip a hair bug alongside a dock near water lilies. After the rings have died, I like to give it a small twitch. Then I like to let it set as long as I can bear before I twitch it again.

Most action comes from bass in the 2-pound range, but every once in awhile a bigger one will strike. The highlight of this relaxing way to fish is twitching the bug and watching a wash-bucket size swirl appear as a lunker investigates your offering. The suspense is better than anything on "Murder She Wrote."

Most flies should be tied or purchased with a weedless guard loop. Leaders should be short and fairly heavy (10 pounds). Bring along some

rubber-legged spiders to fish with lighter leaders. They work wonders on bluegills and crappies. Most bright colors seem to bring a rise and take.

I guess the most fun I've had with this type of fishing is on Long Lake near Bremerton. Lake Sawyer near Black Diamond is a good second bet and a lot closer to home. To get more help on fly fishing, check with Louie at the Fishing Corner in Burien, Tom or Dick at The Reel Thing in Federal Way or Gary in Auburn at The Green River Fly Shop.

Mardon Resort on the Pot Holes Reservoir will host the Seahawks Bass Derby on June 4. To meet players and coaches and fish (what a combination), be there by 11 a.m. for the weigh-in and a casting contest.

## DISCOVER!

A UNIQUE PROGRAM SERVING INTELLECTUALLY ADVANCED CHILDREN IN KINDERGARTEN AND PRIMARY GRADES.



### THE SEABURY SCHOOL

Developing: Inquisitive, confident, caring, highly competent learners.

(Browns Point)

1801A NE 53rd St., Tacoma 98422  
For information call: 952-3111, 839-0269

## Host Families needed now!

Good parents needed for teenage exchange students



When you host with EF Foundation, you choose your student. You bring adventure into your home. You make a friend for life.

Your new son or daughter is waiting to hear from you. Choose the best for your family. Host with EF Foundation.

Please call:  
Eilse Olds (206)-243-2171  
Sally Roosa (206)-941-8349  
EF Foundation  
1-800-44-SHARE



Your exchange student will be a part of your family - always.

-- a non-profit organization --

**VOLKSSPORTING** — An Introduction to Volkssporting presentation will be made by Phil Freeman from the Evergreen State Volkssport Association tomorrow at 7 p.m. at Federal Way's REI store. The objective of Volkssporting is to promote health and recreation through non-competitive family events. Freeman will also be sharing information about the Four Plus Group which involves more strenuous trail hikes.

**TAPPS ISLAND RUN** — The Tapps Island 9th annual 10-K run, co-sponsored by Seattle Sheraton Hotel and Towers and Auburn RAX Restaurant, is off the running at 10 a.m. Saturday, May 27. This run will cover 6.2 paved miles of scenic Tapps Island, located on the north side of Lake Tapps between the cities of Auburn and Sumner. Pre-registration entry fees are \$6. The



## Get with it

pre-registration deadline is May 22. Late entry fees are \$8 for entries received after May 22 through race day. Entry forms are available at local sporting-running stores in the King and Pierce county areas as

well as Auburn RAX Restaurant, Tapps Island Clubhouse and Lake Tapps Office in Bonney Lake. Entry forms can be mailed by sending a self-addressed, stamped, legal-size envelope to Tapps Island 10-K Run, 19927 Island Parkway, Sumner, Wa., 98390. For further information, call 862-7467 evenings or 862-7828 days.

**SPORTS SHOW** — The Federal Way fifth annual Sports Collectors Show will be held on Sunday, May 21, at the Best Western Executecel, 31611 20th Street S. in Federal Way, across from the SeaTac Mall (I-5 Exit 143). This event will attract collectors from all over the greater Seattle-Tacoma area. On display to buy, sell and trade will be sports cards, publications and other memorabilia from baseball, football, basketball, hockey and other sports. Door prize

drawings will be held every hour. Doors open at 9 a.m. until 4 p.m. Admission is \$2 for adults, \$1 for children under 13. For more information, call the Federal Way Sports, Etc. at 839-8000.

**FITNESS NIGHT** — The Federal Way Athletic Club will celebrate Chamber of Commerce Fitness Night from 4 p.m. to 7 p.m. Thursday, May 25. A supervised swim from 4 p.m. to 6 p.m. for the whole family is scheduled along with a free t-shirt for completing the FWAC Mini Triathlon, racquetball-quickshotcash prize, challenge with your co-workers to a basketball playoff, door prizes including free memberships (plus 20 percent off the regular initiation fee for chamber members . . . ) and lots of fruit beverages and healthy snacks. For more information, call 941-5990.

**SCOTT USA MOUNTAIN BIKES**

See Us For A Great Selection  
And Great Price

**PARKLAND Sports CENTER**

Mon.-Sat. 10-6  
11122 PACIFIC AVENUE TACOMA, WA 98444 531-6501

# Raiders schedule basketball camp

The 1989 Raider Summer Basketball Camp will take place for both male and female basketball players for two weeks beginning June 19.

Players may attend either week of camp but are encouraged to attend both weeks. Next year's fourth, fifth and sixth graders will attend from 8:30 a.m. until 12 p.m., junior high grades seven, eight and nine from 1 p.m. until 4:30 p.m. and senior high from 6 p.m. to 9 p.m.

The majority of the first session will be devoted to fundamentals (shooting, dribbling, passing), individual skill development (one on one skills, rebounding, blocking out) with some time allotted to position play and team concepts. Also, motivational materials will be available.

The second session will be more of an advanced camp where players will be introduced to everything from advanced offensive fundamentals for the

individual and team to individual and team defensive fundamentals.

Most importantly, players will be taught what and how to practice. Besides skill development, games will be played daily. In addition, players will set daily goals to work towards.

The camp is co-educational and stresses the importance of developing strong fundamental skills, a good attitude and having fun while playing the game.

Goals of the camp are to provide a challenging and fun experience for each camper, to teach and improve fundamental skills needed to be a successful basketball player, to develop leadership qualities and to provide an environment that develops a positive mental attitude.

Cost is \$35 for one week and \$60 for two weeks. If there are any questions, call Sam Mitchell or Bruce Case at Thomas Jefferson High School, 839-7490.

## AMERICAN LITTLE LEAGUE STANDINGS AS OF MAY 13

Majors		Minor A		Minor B	
A's-Dr. Mohlman	9-1	Panther Lake I	6-0	Panther Lake II	7-0
Tigers	7-3	Panther Lake II	3-1	Woodmont I	6-1
Angels-Wayne Allen	4-6	Lakeland I	6-0		
Mariners-Holmquist Eng.	4-6	Lakeland II	3-1		
Indians-All New Glass	3-7	Nautilus	6-2		
Yankees-FW Sports	3-7	Lakeland J	5-2		
		Woodmont	2-5		
		Lakgrove	2-5		
		Mirror Lake	3-5		
			1-7		



## Scoreboard

HOME	TIME LEFT	VISITOR
Lakeland	6-2	Panther Lake I
Panther Lake I	6-0	Nautilus I
Lakeland II	3-1	Woodmont II
Nautilus	6-2	
Lakeland J	5-2	
Woodmont	2-5	
Lakgrove	2-5	
Mirror Lake	3-5	
	1-7	

Lake Grove	2-6
Panther Lake III	1-4
Mirror Lake	1-7

## STEEL LAKE LITTLE LEAGUE Week ending May 13

Majors	Minor A's	Minor B's
Wendy's	8-1	Burger Express
Benton's Realty	6-3	
The Chiefs	4-5	
Action Athletics	4-5	
Woodmont Dairy Queen	4-5	
Night Visions	1-8	

D.J. Trophy	6-2
Riverton Industries	5-3
Auto Vision	5-3
Red Apple Markets	4-4
Balley's Fence	2-6
Federal Way Hobby	2-6
Staggs Cards	1-7

## Sports collectors meeting Sunday

The fifth annual Federal Way Sports Collectors Show will be held on Sunday, May 21, at the Best Western Executecel, 31611 20th Street S. in Federal Way across from the Sea Tac Mall.

This event will attract collectors from all over the greater Seattle-Tacoma area. On display to buy, sell and trade will be sports cards, publications and other memorabilia from baseball, football, basketball, hockey and other sports.

Door prize drawings will be held every hour. Doors will be open from 9 a.m. until 4 p.m. Admission is \$2 for adults, \$1 for children under 13. For more information call Federal Way Sports, Etc., at 839-8000.

## CASINO NIGHT SAT. MAY 20th



6 p.m. to 1 a.m.

Sponsored by L.O.E. & P.E.R.

### Auburn Elks

- Black Jack
- Chuck-a-Luck
- 4-5-6
- Craps
- And more

(House Does Not Take Pushes)

Members & Guests  
**833-1808**

Auburn Elks #1808  
1314 Auburn Way N.

## LOST LUGGAGE

Luggage lost on Northwest Airlines #987 to Seattle from Memphis, Wednesday, April 26.

Large rectangular Skyway suitcase, navy blue, fabric w/brown leather trim and luggage tag, initials "PTS".

Extraordinarily precious to Navy widow.

Finder please call: 365-2333, or 286-2258. Very substantial cash reward - No questions asked. Please safeguard contents.

# FASHION FLOORS ETC.

Call for an Appointment  
336th & Pacific Hwy. So.

**874-9695**

# WHY PAY MORE?

- ☆ We will match or better any written quote! (Excluding 2nd's and Closeouts)
- ☆ BUY at Builders/Contractors' prices!
- ☆ FREE measurement and price quote!
- ☆ Licensed and bonded installers!
- ☆ Convenient in-home shopping.

Save Up To  
**60% OFF**  
Regular Prices

Ask For:  
**Margaret**

CARPET, VINYL, TILE, FORMICA, HARDWOOD FLOORS, MINI-BLINDS, WOVEN WOODS, VERTICAL BLINDS, AND PLEATED SHADES.

\*Financing Available

## SERVING YOU IN FEDERAL WAY!

### FEDERAL WAY FUNERAL SERVICE

Division of Price-Helton Funeral Chapel, Inc.

"Since 1911"

941-0770

- Traditional
- Memorial
- Cremation

Merrill Lynch Bldg.  
320th and 1st Ave. S.  
Suite 100  
Federal Way



Gary Wright



Gary Klontz



# No offers on former store site — yet

By KURT HERZOG

Fred Meyer hasn't had any offers to buy the site it owns at Southwest 312th Street and First Avenue South and it isn't looking for any offers — yet.

Fred Meyer recently signed a deal to buy a site in West Campus because of community opposition to the other site.

If all goes according to plan, Fred Meyer will purchase 19.79 acres in West Campus from the Quadrant Corp.

If Fred Meyer receives the building permits from the King County Building and Land Development Division (BALD) it needs to build the store, the deal will go through, according to Fred Meyer officials.

The actual sale of the property is set to occur in December, but Fred Meyer officials can still get out of the deal if they do not receive the necessary permits.

Fred Meyer chose the new site at the southeast corner of Southwest 336th Street and 21st Avenue Southwest because of community opposition to the site at Southwest 312th Street and First Avenue South. However, it will still go back to that site if it does not get its permits for the West Campus site, or if there is

considerable community opposition to the West Campus site, according to Cheryl Perrin, vice president of public affairs for the Portland retailing giant.

THE WEST Campus site is considerably larger than the 10.8-acre site near Mirror Lake. Because the site is larger, Fred Meyer officials anticipate they'll build a larger store than they had earlier planned, Perrin said.

The West Campus store is likely to be at least 185,000 square feet while the Mirror Lake store was to be 159,000 square feet.

An environmental impact statement (EIS) is currently being completed on the Mirror Lake site and is expected to be released soon. Fred Meyer has had no offers to buy the Mirror Lake site and the company isn't trying to sell the site yet, Perrin said, because the Fred Meyer company could still choose to build there.

Fred Meyer paid \$1.75 million for the Mirror Lake site and doesn't know yet if it will get all of its investment back if it eventually sells the site, Perrin said.

The company will not disclose what it will pay for the West Campus site, however, the amount of the sale will be public record if the sale goes through in December.

THE KING County Assessor's Office has assessed the 19.79-acre West Campus site at \$949,500. It's a safe bet that Fred Meyer will pay more than that for the land.

Rumors have been circulating among community activists that a Safeway store is already lined up to take over the Mirror Lake site. A conglomerate called KKR owns both Fred Meyer and Safeway; however, the two companies conduct their business affairs separately, Perrin said.

There is absolutely no truth to the rumor that Safeway is ready

to take over the site, she said.

Fred Meyer officials are currently preparing the environmental checklist they must submit to BALD in order to get their building permits, Perrin said.

The checklists are examined by BALD's State Environmental Policy Act (SEPA) Center and are given either a determination of significance or non-significance. A determination of non-significance means the store will not have to prepare an EIS on the new site. That determination may be appealed for a period of two weeks by any resident.

Mirror Lake residents successfully appealed a BALD decision in December 1986 not to require an EIS for the Mirror Lake site.

However, there has been no discernible community opposition to the West Campus site, so far.

# Exchange students need host families

The current school year is about to expire, but foreign study coordinators are already looking ahead to the fall term and the need for host families for visiting students.

A number of organizations are looking for families in Federal Way to host students from around the world. They are:

• **The Educational Foundation for Foreign Study.** All students in the EF program speak English and carry full health, liability and property insurance. Families need to provide room, board and a loving environment. Host families who wish to send their own children abroad may receive a reciprocity scholarship.

Contact Sally Roosa, area representative, at 941-8349 for

information.

• **American Field Service.** Students arrive from around the world during the summer, and remain for the coming academic year. The local AFS chapter provides continuing activities and support for the students it places.

AFS invites traditional and non-traditional families to host its students. Contact Dick Shenk, 838-0126, or Roberta Lyons, 838-5951, for more information.

• **Youth Exchange Service.**

Teens arrive from around the world in August, and remain for the coming academic year. They bring their own spending money and are fully covered by insurance. For information, contact YES, toll-free, at 1-800-848-2121.

## History group gets applause

The Federal Way Historical Society is one of several organizations and individuals to be honored by King County Executive Tim Hill for their efforts in heritage preservation.

The year-old historical society will receive a special award of recognition in a ceremony held May 23 at the Covenant Shores Retirement Community on Mercer Island.

The Federal Way Historical Society was one of two organizations cited for an historical exhibit sponsored in the past year. The group displayed 100 panels of photos and news articles from Federal Way's past for a week at SeaTac Mall. The mall then donated space to allow the exhibit to continue for three months.

The society is now seeking a new spot for a local museum.

Several nearby community projects also were noted and their organizers will receive awards. The Des Moines Methodist Church will be lauded for its promotion of the state's Centennial. Several organizations will be congratulated for their sponsorship of a White/Green River Valley tour in Auburn. And several historical locations in King County will receive plaques to commemorate their age, including the Erick Sanders Mansion on Kent's West Hill, built in 1912, and the Des Moines Fieldhouse, built in 1938.



Since 1945  
**Johnny's**  
7 Locally Owned

# COOKOUT

Des Moines  
22705 Marine View Dr.  
Des Moines, WA 98188

East Hill  
25605 104th Ave. S.E.  
Kent, WA 98031

Cascade Center  
17036 116th Ave S.E.  
Renton, WA 98055

<p style="text-align: center;"><b>PEDERSON</b> FRESH <b>FRYERS</b> Washington Grown Economy Pkg. <b>Lb. 49¢</b></p> 	<p><b>LENNONS OLD FASHION HAM</b> SHANK PORTION Lb. <b>99¢</b></p> <p><b>BEEF BONELESS CHUCK STEAK</b> (USDA Choice) Lb. <b>1.69</b></p> <p><b>FARMLAND BONELESS SPARE RIBS</b> Country Style Lb. <b>1.59</b></p> <p><b>BEEF BONELESS CHUCK ROAST</b> (USDA Choice) Lb. <b>1.69</b></p> <p><b>BEEF BONELESS STEW MEAT</b> (USDA Choice) Lb. <b>1.89</b></p> <p><b>PORK SHOULDER STEAK</b> (Blade Cut) Lb. <b>1.49</b></p> <p><b>SPUN ALL VEAL STEAK</b> (Flash Frozen) Lb. <b>2.69</b></p> <p><b>BARON BUCKET OF CHICKEN NUGGETS</b> 24 Oz. PKG. <b>3.89</b></p>	<p><b>FARMLAND SMOKED SAUSAGE</b> Lb. <b>1.79</b></p> <p><b>BUDDIG CHIPPED MEATS</b> 2 1/2 PKG. <b>59¢</b></p> <p><b>ARMOUR SLICED LUNCH MEATS</b> 10-12 Oz. PKG. <b>99¢</b></p> <p><b>BUTTER BALL VARIETY PAK LUNCH MEAT</b> 12 Oz. PKG. <b>2.39</b></p> <p><b>MAPLE RIVER BONELESS HAM</b> Lb. <b>1.69</b> Water Added 3 # Avg.</p> <p><b>FARMLAND PORK &amp; BACON LINKS</b> 12 Oz. PKG. <b>98¢</b></p> <p><b>JENNIE O TURKEY HAM</b> Lb. <b>1.59</b> Half or Whole</p> <p><b>GAINER CANADIAN SPECIALS ROYALE SLICED BACON</b> 1# PKG. <b>1.39</b></p> <p><b>GAINER VARIETY PKG. HAM</b> 3 Varieties 2# Avg. <b>2.89</b></p>
---	--	---

**HealthLine**

**CANCER OF THE PROSTATE GLAND**

The prostate is a chestnut-sized gland that sits just below the bladder and is wrapped around the urethra or urine tube in men. The first symptom of prostatic problems is a change in a man's urination habits. If the prostate increases in size or swells, it squeezes the urethra causing painful and frequent urination, especially at night.

This swelling or enlargement does not necessarily mean cancer. One half of the prostatic enlargement in males over 70 is benign or non-cancerous. The danger is that prostatic cancers often grow and spread before symptoms appear, making prostatic cancer the second leading cause of cancer deaths in men, after lung cancer.

The best way of detecting this cancer early is by a manual rectal exam in which the physician can feel small irregularities and lumps of the prostate gland. All men over 40 should be sure to have this exam done yearly.

For more information or referral to a physician, please dial 246-8773 or call

**24-NURSE**

For your free refrigerator magnet call 24-NURSE  
Next week's topic: Testicular Cancer  
A Public Service provided by

**H-H HIGHLINE COMMUNITY HOSPITAL**

<p><b>Grocery</b></p> <p><b>STARKIST TUNA</b> Water, Oil Pak 6.5 Oz. <b>59¢</b></p>	<p><b>WESTERN FAMILY CHILI</b> Hot, Mild 15 Oz. <b>49¢</b></p>	<p><b>HUNTS KETCHUP</b> 64 Oz. <b>2.59</b></p>
<p><b>LAY'S POTATO CHIPS</b> Assort. Var. 6.5-7 Oz. <b>89¢</b></p>	<p><b>HUNTS BBQ SAUCE</b> Original, Hickory 18 Oz. <b>99¢</b></p>	<p><b>CHEETOS</b> 4 Var. 8-9 Oz. <b>1.49</b></p>

**PROCTER & GAMBLE SPECIALS**

<p><b>FOLGERS COFFEE</b> Auto Drip, Reg., Park 39 Oz. <b>5.69</b></p>	<p><b>BOUNCE FABRIC SOFTENER SHEETS</b> 36-40 Ct. Stainguard, Scent Free, Reg. <b>2.39</b></p>	<p><b>CHARMIN BATHROOM TISSUE</b> 6 Roll <b>1.99</b></p>
<p><b>FOLGERS DECAF COFFEE</b> Auto Drip 39 Oz. <b>8.99</b></p>	<p><b>DUNCAN HINES CAKE MIX</b> Assort. Var. 18.25 Oz. <b>89¢</b></p>	<p><b>DOWNY LIQUID FABRIC SOFTENER</b> Reg., Sunrise 64 Oz. <b>2.99</b></p>
<p><b>FOLGERS INSTANT CRYSTALS</b> Reg., Decaf. 8 Oz. <b>4.59</b></p>	<p><b>LUV'S DIAPERS</b> All Var. 28-30 Ct. <b>9.99</b></p>	<p><b>TIDE DETERGENT</b> Reg., Unscented, W/Bleach 147 Oz. <b>5.99</b></p>
<p><b>PRINGLES SNACKS</b> Assort. Var. 6-7.5 Oz. <b>1.29</b></p>	<p><b>BOUNTY TOWELS</b> Ea. Assort., Decor., Microwave <b>79¢</b></p>	<p><b>IVORY LIQUID DISH DETERGENT</b> 22 Oz. <b>1.39</b></p>
<p><b>JIF PEANUT BUTTER</b> Creamy, Crunchy 28 Oz. <b>3.39</b></p>	<p><b>IVORY SOAP</b> Personal Size- 1 Bar Free 6/3.5 Oz. <b>1.39</b></p>	<p><b>CASCADE LIQUID or POWDERED DISHWASHER DETERGENT</b> Reg., Lemon 65 Oz. <b>2.99</b></p>
<p><b>CRISCO SALAD OIL</b> 64 Oz. <b>2.99</b></p>		<p><b>YOUR CHOICE</b></p>



# Panther Lake hosts boundary talk

The Federal Way School District invites all parents and concerned citizens to a district meeting on boundary changes to be held tomorrow night at Panther Lake Elementary School.

District administrators are seeking comments on new, computer-drawn boundaries for local elementary schools, which could go into effect next year.

Schools affected by the proposed new boundaries are Sunnycrest, Star Lake, Twin Lakes, Adelaide, Lake Grove, Nautilus,

Mirror Lake, Olympic View, Brigadoon, Lakeland and Panther Lake.

The new boundaries are designed to take pressure off overcrowded schools in south Federal Way, such as Panther Lake and Lakeland. Conservative school district estimates project at least 400 new students in Federal Way next year, in addition to more than 9,000 elementary students already enrolled here.

The proposed boundaries also

create Silver Lake Elementary School, to be open in West Campus in the fall of 1990. According to the boundary map, Silver Lake would be bounded by Southwest 320th Street to the north, First Avenue South to the east, 21st Avenue Southwest to the west and roughly by Southwest Campus Drive to the south.

Silver Lake students will meet at Mark Twain Elementary school, an unused school near

Star Lake, next year.

School district administrators say any comments noted at three boundary meetings (two have been held already this week) will be used to help a citizens' housing committee review the proposed boundaries. The committee will report its recommendations to the Federal Way School Board, which is scheduled to set school boundaries at its May 22 meeting.

Comments can also be made in the early minutes of that board meeting, held at 7 p.m. at school district headquarters, 31405 18th Ave.

Maps of individual school boundaries will be available at tomorrow night's meeting. Principals at all local elementary schools will have large, full-district boundary maps on display this week, say district spokespeople. For more information, call 941-0100.

# Gunman holds up local doughnut shop

A man armed with a handgun helped himself Friday night to more than doughnuts at Winchell's.

A baker on duty at 11:30 p.m. said the man entered the store and pulled a revolver from a brown plastic bag and demanded money. She opened the register and he reached in and grabbed an undetermined amount of cash. After making his haul, he left southbound on Pacific Highway on foot.

King County police were able to lift fingerprints from the countertop where the gunman placed his hand, and from a \$5 bill he dropped as he left.

The gunman is described as white, 25-26 years old, standing 6



Police

feet 1 inch tall and weighing 160 pounds. He has blond hair, a fair complexion and wore dark glasses, a blue baseball cap, jeans and a gray bandana and sweatshirt.

# High schools announce graduation dates

Graduations have been set for June 9 and 10 at Federal Way's four high schools.

Continuation High School seniors and Thomas Jefferson High School seniors will graduate Friday, June 9. Continuation's ceremony is set for 1:30 p.m. on campus, 31455 28th

Ave. S. Thomas Jefferson's ceremony will start at 7:30 p.m. and will be held in the gymnasium of the school, 4248 S. 288th St.

Federal Way High School and Decatur High School seniors will graduate Saturday, June 10. Federal Way's ceremony will

begin at noon, and Decatur's at 4 p.m. Both will be held at Federal Way Memorial Field, located behind Federal Way High School.

Each school will make available graduation invitations to their seniors.

For more information, call 941-0100.

# Ride from stranger results in assault

An 18-year-old woman told King County police she was raped early Thursday morning by a man she met after a Wedne-

sday night concert in the Tacoma Dome.

The woman said she agreed to let the man, who said his name was Bryan, drive her home sometime after midnight and before 3:15 a.m. But instead, he drove her to an empty parking lot somewhere in Federal Way and raped her, she said. The woman, who is not familiar with Federal Way, could not pinpoint where the attack occurred, reports said.

The woman said she escaped from the man by jumping out of his car near a convenience store. Police were summoned, but the woman refused to go to a hospital and was taken home by a patrol officer.

The man is described as white, in his 30s, standing 6 feet 3 inches tall with a medium build. He has bleached blond hair and a mustache and wore a white T-shirt, jeans and blue and white tennis shoes. He was driving a yellow Pontiac Trans Am.

**Relationship Problems?**  
Pat Leckenby ARNP  
Counseling/Psychotherapy  
838-2326/927-4837  
Frank Jeffrey Swinehart, M.D., Inc., P.S.  
32105 1st Ave., S., Fed. Way, WA 98003

(Paid Advertisement)

# Accidental Discovery May End Obesity

Blocks calorie absorption

SWEDEN—Medical researchers at the University of Kuopio, in Finland, have discovered (accidentally) a new weight-loss formula. The new discovery enables an overweight individual to lose pounds and fatty tissue without dieting or exercise.

Scientists made the discovery while searching for a formula to lower cholesterol. In a controlled study of a test group of people, cholesterol levels remained unchanged but the doctors were astounded to find that every patient who used the formula lost weight. The published report of this study stated, "A highly significant decrease in body weight was seen" in patients who received the formula.

The formula was then tested in Sweden at Sahlgren Hospital, University of Goteborg. Again, all patients lost a substantial amount of weight even though they did not change their eating habits. The report detailing this study, published in the British Journal of Nutrition, stated: "Body weight was significantly reduced even though the patients were specifically asked not to alter their dietary habits". One patient in this study lost more than 30 pounds.

According to one informed source, the active ingredient comes from a 100% natural botanical source and contains no drugs or stimulants. When taken before mealtime it bonds with the food you eat and "ties up" calories, preventing their absorption.

A substantial portion of the calories ingested therefore pass through the digestive system unabsorbed. The body has to get energy to replace the lost calories, so it starts to burn stored fat. The result is rapid body weight loss. Extensive clinical tests have verified the safety of this formula for long-term use.

The formula is marketed in tablet form in the United States under the trade name Cal-Ban 3000. A firm located in Tampa, Florida, has exclusive North American distribution rights. A review of the customer files of this company revealed the names of hundreds of people who have lost as much as 20, 40 or 60 or more pounds overall with Cal-Ban 3000. This is a golden opportunity for people who are plagued by fat and cellulite that they can't seem to lose by conventional methods.

Cal-Ban 3000 is reasonably priced at \$19.95 for a 3-week supply and \$38.95 for a 6-week supply. Postage and handling is \$3. To assure fastest service, orders are accepted by toll-free phone only. VISA, MasterCard, AMEX and C.O.D. orders are accepted. C.O.D.'s are \$2.20 extra. Orders may be placed by calling Anderson Pharmaceuticals TOLL-FREE 1-800-422-0842. Canadian Orders call 1-800-231-4700. During this special phone order promotion purchasers of a six-week supply of Cal-Ban 3000 will receive, absolutely free, a beautiful 24" double strand necklace of sparkling Chinese Faux pearls.

Call today to begin the pleasant transformation from fat and flab to the slender firm body you want! If you fail to achieve a major weight loss you may return the empty bottle within 30 days for a 100% refund.

# FAVORITES

Arlington 3131 Smokey Pt. Dr. Arlington, WA 98223  
Smokey Point 1618 S.E. Dash Pt. Rd. Federal Way, WA 98003  
Federal Way 1301 W. Meeker Kent, WA 98032  
Meeker Mall

Prices Effective May 17-23, 1989

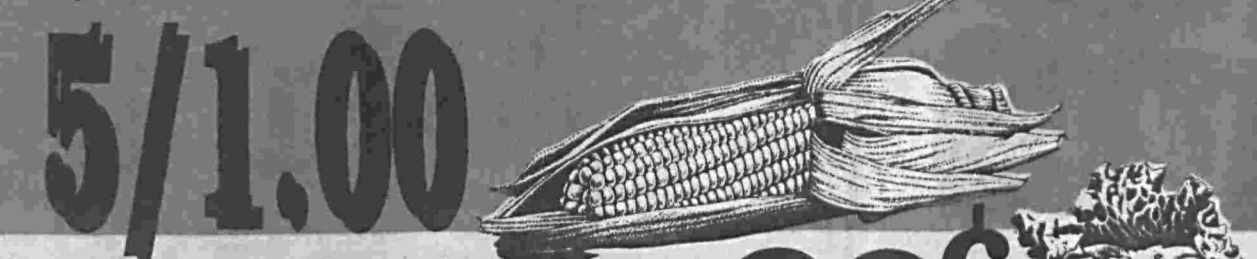


Due to staffing limitations some of the fresh meat items in this ad may not be available on Sundays and Holidays.

## Seafood Specials

- SHRIMP MEAT 3.99  
For Salad or Cocktails
- FRESH TRUE COD FILLETS 2.39
- FRESH OYSTERS 2.29  
10 Oz. Jar Med.
- 2.59 2.79  
Sm. Ex. Sm.

## CORN ON THE COB



CALIFORNIA Fresh & Crisp HEAD LETTUCE Ea. 39¢

## Beer & Wine

- COORS BEER 2.69  
Reg., Light, Ex. Gold 6/12 Cans
- RAINIER SELECT 4.59  
Light 12/12 NR
- COLUMBIA WINE 3.19  
J. Riesling, C. Blanc, Gewurztraminer 750 ML
- PAUL MASSON CARAFES 2.39  
All Var. 1.0 Liter

- WASHINGTON GROWN EX. FANCY RED DELICIOUS APPLES Lb. 49¢
- No. 1 GOLDEN RIPE BANANAS Lb. 49¢
- SWEET JUICY SUNKIST ORANGES Lb. 49¢  
Large Size
- FANCY YELLOW ONIONS 3 Lb./1.00

- FRESH CRISP RADISHES & GREEN ONIONS Bun./ 1.00
- RED RIPE WATERMELON Lb. 39¢  
Half or Whole
- FRESH CARROTS 2 Lb. Cello Bag 79¢
- FRESH BROCCOLI Lb. 69¢

FRISKIES BUFFET CAT FOOD 4/1.00  
Assort. Var. 6 Oz.

CYCLE DOG FOOD 5.99  
#2, #4 10 Lb.

CYCLE DOG FOOD 2/89¢  
#5, #7, #3, #4 14 Oz.

Dairy BREYER'S ICE CREAM 3.59  
1/2 Gal.

CHALLENGE BUTTER 1.69  
Reg., Unsalted 1 Lb.

JELLO PUDDING POPS 2.69  
Variety, Choc. Lovers, Van. Swirl 12 Pack

KLONDIKE BARS 2.49  
Krispy, Orig. 6/5 Oz.

DARIGOLD BUTTERMILK 49¢  
qt.

DARIGOLD YOGURT 1.09  
Assort. Var. qt.

## Pop Specials

PEPSI/7-UP Reg., Diet 2.99  
12/12 Cans

1.09  
2 Liter

## Deli

GREENBANK FARMS MED. CHEDDAR CHEESE 3.69  
2 Lb.

PILLSBURY BISCUITS 4/1.00  
Buttermilk, Country Style, Tender Layer 7.5 Oz.

PROMISE EX. LIGHT MARGARINE 1.29  
2/8 Oz.

WESTERN FAMILY IND. WRAP AMERICAN SLICES 1.39  
12 Oz.

IMO DRESSING 69¢  
Reg., Chive 16 Oz.

WESTERN FAMILY PARMESAN CHEESE 2.29  
8 Oz.

NALLEY DIPS 89¢  
All Var. 7 Oz.

## Frozen Food

PROCTER & GAMBLE FROZEN SPECIAL CITRUS HILL SELECT ORANGE JUICE 99¢  
Reg., Plus Cal. Grapefruit Bev. 12 Oz.

BIRDSEYE COMBO. VEGETABLES 1.19  
Assorted 16 Oz.

MINUTE MAID PUNCH & ADES 79¢  
12 Oz.

GREAT STARTS BREAKFASTS Scrambled Eggs/Bacon/Potatoes 1.29  
5.25 Oz.

GREAT STARTS BREAKFASTS Assort. Var. 1.19  
2.88-6.5 Oz.

TOMBSTONE PIZZA Italian Style-Thin Crust 2.99  
18-20.25 Oz.

BANGUET CREAM PIES 99¢  
Assort. 14 Oz.

SUPERPRETZEL SOFT PRETZEL 1.39  
13 Oz.

SUPERPRETZEL SOFT OAT BRAN PRETZEL 1.79  
13 Oz.

LaCREME WHIPPED TOPPING 99¢  
8 Oz.

THE BUDGET GOURMET SIDE DISH 69¢  
All Var. 5-5.75 Oz.



# SAFEWAY MONEY



We apologize for the inconvenience this work stoppage will have on your shopping trip. We are doing our best

**NEW STORE HOURS**

Because of this situation, we are limited in the hours we are able to remain open. We are working to be back into normal operating hours as soon as possible. Please bear with us.

**FOR STORE HOURS SEE YOUR NEARBY SAFEWAY STORE**

All Safeway Pharmacies Are Open

## SPECIAL VALUES FOR OUR



### C&H GRANULATED SUGAR

Limit 1 (Additional \$1.69)

# \$ 1.29

**SUPER SAVER** 5-lb. Bag

**COCA-COLA**

Assorted Varieties

**\$ 2.99**

**SUPER SAVER** 12-Pack, 12-oz. Cans

**POTATO CHIPS**

EAGLE SNACKS, Hawaiian Kettle Varieties

**99¢**

**SUPER SAVER** 6.5-oz. Bag



# SAVING SPECIALS

to maintain our stores in tip top shape for your shopping pleasure. Thank you for shopping Safeway



## VALUABLE CUSTOMERS



### FRESH FRYER HINDQUARTERS

PRIDE of WASHINGTON, In 5-lb. Bags or More

lb. **69¢**

## Special NOTICE

Some of our specialty departments will not be operating, due to the strike conditions. We will, however, do our best to offer the services and products you expect from Safeway

### THANK YOU

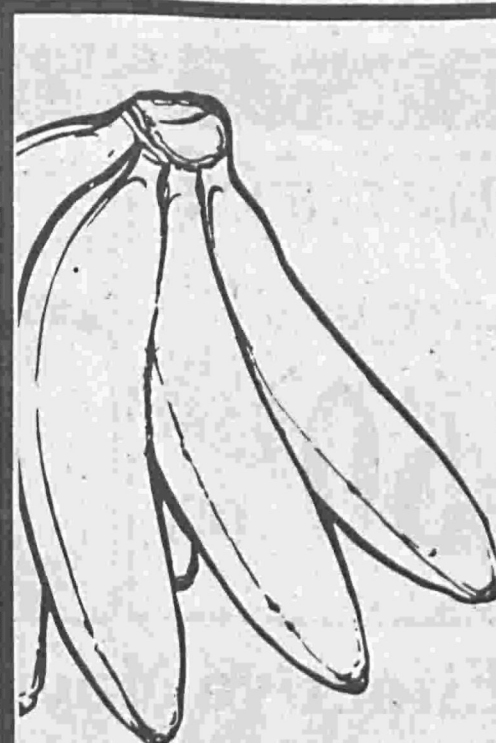


Ultra 66-Small, 48-Med., 32-Large or 28 Extra Large

### TRULY FINE DIAPERS

**\$6.99**

Each

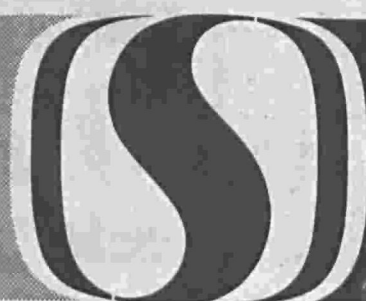


Fresh From The Tropics

### GOLDEN RIPE BANANAS

lb. **32¢**

Prices Effective at Your Nearby Safeway Store 5/17 Thru 5/23/89.



# SAFeway



## Woodmont plans Saturday carnival

Woodmont Elementary School will celebrate Washington State's 100th birthday with a carnival, to be held Saturday, May 20, at the school.

The carnival will be held from 3 to 7 p.m., and most events will be in the school gym.

Highlights include games such as the dunk tank and a cake walk, and food, from pizza to strawberry shortcake.

Raffle tickets will be sold for 25 cents apiece. Grand prizes are a weekend for two at a Hilton Hotel and a Nintendo action set.

Prices for each event and food will vary. Entry to the carnival is free.

Woodmont Elementary School is at 26454 16th Ave. S. For in-

### Street fair set at Kilo tomorrow

Kilo Junior High will combine its first street fair and talent show tomorrow night from 5:30 to about 8:30.

The street fair will include games and novelty booths for face painting, body fat measurement and button making. Students will demonstrate skills learned in various classes, from health to drama to science.

Student crafts will be displayed and sold, and food booths will be open. A fashion show and demonstration of cardio-pulmonary resuscitation are also on the agenda.

The street fair will be held from 5:30 to 7:30 p.m. outdoors at Kilo. The talent show will begin at 7:30 p.m. in the school gym.

The school is at 4400 S. 308th St.. For more information, call the school at 839-8550.

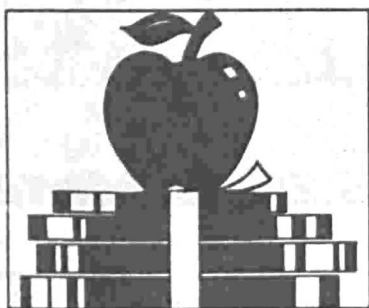
### Nautilus team learns storytelling

Three fifth-graders and teacher Penny Merriman were recently selected as a team from a field of more than 150 applicants to attend a writing conference in Ft. Worden State Park in Port Townsend.

Wesley Putnam, Karen Schedvin and Charity Cooke attended the one-week session on storywriting and storytelling in late April. About 35 school teams and their teachers stayed for the conference, held April 30 to May 5.

Students attended two sessions a day on writing and storytelling and heard talks by several local authors, including Bill Ransom and Robert Gordon. Each was encouraged to write stories and tell tales, using the techniques they learned.

Centrum provides writers' workshops for students every year and sponsors several other programs geared for gifted students, including the Odyssey of the Mind, a competitive problem-solving event.



### Our Schools

formation, call Sherrie McIntyre at 941-5514.

### Thursday

**TRANSPORTATION/LEGISLATIVE** - The Federal Way Chamber of Commerce Transportation and Legislative committees are scheduled to hear a progress report on the synchronization of traffic lights on South 320th Street during a 7:30 a.m. meeting at Coco's Restaurant, 32605 Pacific Highway S. For more information call 838-2605 or 927-2556.

**FIRE DISTRICT 39** - The board of commissioners will meet at 4 p.m. at fire district headquarters, 31617 First Ave. S. For more information call 839-6234.

**SCHOOL BOUNDARIES** - The Federal Way School District will hold a public hearing on proposed boundary changes for elementary schools next year. The hearing will take place at 7 p.m. in the gym at Panther Lake Elementary School, 34424 First Ave. S. For more in-



### Public Meetings

formation call 941-0100.

**STAR LAKE** - Officials from the city of Kent will hold a town meeting in conjunction with a regular meeting of the Star Lake Improvement Club. The meeting will take place at 7 p.m. in the improvement club at the northeast corner of South 272nd Street and Military Road South. For more information call 854-4854.

## CLIP-'N-SAVE TILL YOU'RE READY... LANDSCAPE SUPPLIES

### MAY SPECIAL

Quality Medium Bark	\$8 <sup>95</sup> yd.
Premium soil from the top 18 inches of the valley.	
Valley Top Soil	\$9 <sup>95</sup> yd.
Red Pumice Rock	\$27 <sup>95</sup> yd.
Red Cinder Rock	\$24 <sup>95</sup> yd.
Sand	\$10 <sup>95</sup> yd.
Crushed Rock (for driveways)	\$10 <sup>95</sup> yd.
1 1/2" Rock (drainage)	\$10 <sup>95</sup> yd.
Rockery Rock	\$22 <sup>00</sup> ton

\*Above prices are based on delivery of 10 yards or more in Federal Way area. We deliver smaller quantities. Call for delivery prices.

**R.H. LANDSCAPE SUPPLY CO., INC.**  
927-1700

# SOMETHING NEW IS COMING TO FEDERAL WAY

# Jackman's THE FOOD STORE NEXT TO K-MART

## HAS A BEFORE REMODEL SALE DISCONTINUED ITEMS UP TO 30% OFF

**10-LB. BAG  
KINGSFORD CHARCOAL  
BRIQUETS** \$1.99

Limit one with \$10 purchase

We're changing - and will be a bright - better store to serve you. Unfortunately the remodel is bound to be messy. We really appreciate your business and hope you'll excuse our dust.

**Watch for  
Grand Opening of  
Our New Program!!!**

# DOUBLE COUPONING STOPS!!!

## MAY 15th AT MIDNIGHT-CLEAN OUT YOUR COUPONS NOW

**USDA CHOICE  
TOP SIRLOIN  
STEAK** \$3.49 LB.

**FRESH GREEN  
BROCCOLI** 59¢ LB.

**Brown's Point  
United Methodist Church**

Church School  
Classes - 9:15 AM  
Worship Celebration -  
10:30 AM  
(Child Care Provided)  
Paul Kuhn, Pastor

**ZERO IN ON PET DISEASE  
VACCINATION CLINIC**

RABIES (Dog and Cat) Year ..... \$5.00  
FERRET DISTEMPER ..... \$8.00  
CAT "4 in 1" (rabies not included) (Annual) ..... \$8.00  
DOG "7 in 1" (rabies not included) ..... \$8.00  
CORONA VIRUS ..... \$8.00  
LEUKOCELL ..... \$8.00  
LEUKOCELL II ..... \$10.00  
BORDATELLA ..... \$8.00

PLEASE BRING COBBS ON A LEASH. CATS IN A CARRIER OR A BOX. YOUNG ANIMALS SHOULD BE EIGHT WEEKS OR OLDER.

**NEXT CLINIC FRI. MAY 19th  
1 to 3 PM**

**IN FEDERAL WAY:**  
SUN., MAY 21st, 10 AM to NOON  
SEA-TAC MALL  
320th and Pacific Hwy. So.

**IN WEST SEATTLE**  
FRI., MAY 19th, 1 PM to 3 PM  
THRIFTWAY  
2320 42nd SW

**IN BURIEN:**  
SUN., MAY 21st, 4 PM to 5 PM  
BURIEN SHOPPING CTR.  
157th & 1st Ave. So.

**PROTECT-A-PET**  
IS A WASHINGTON COMPANY  
OWNED AND OPERATED BY  
DR. JUDITH GANON PRICE, D.V.M.  
1-509-332-1483

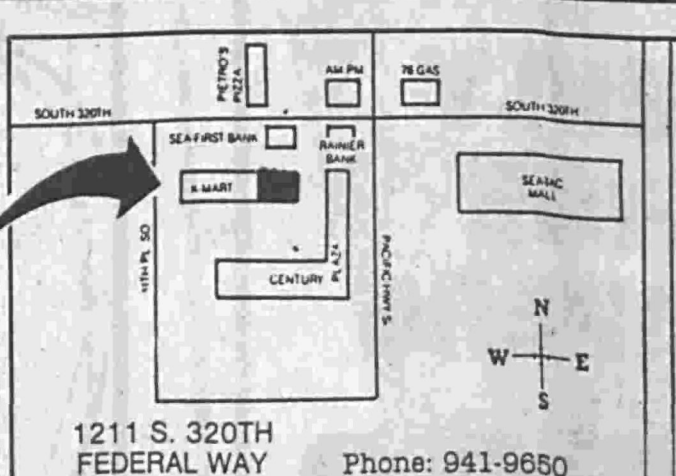
**VALUABLE COUPON**

Write Your Own  
**BULK FOOD ITEM**

50¢ OFF

One Coupon Per Family  
With \$10.00 Purchase

8272 CASH VALUE 1/20 CENT  
COUPON EFFECTIVE MAY 17 THRU MAY 23, 1989



**VALUABLE COUPON**

Write Your Own  
**HOT DELI ITEMS**

50¢ OFF

One Coupon Per Family  
With \$10.00 Purchase

8251 CASH VALUE 1/20 CENT  
COUPON EFFECTIVE MAY 17 THRU MAY 23, 1989

## Prices Effective May 17 to 23, 1989

**VALUABLE COUPON**

Write Your Own  
**FRESH BAKERY ITEM**

50¢ OFF

One Coupon Per Family  
With \$10.00 Purchase

8256 CASH VALUE 1/20 CENT  
COUPON EFFECTIVE MAY 17 THRU MAY 23, 1989

**VALUABLE COUPON**

Write Your Own  
**FROZEN FOOD ITEM**

50¢ OFF

One Coupon Per Family  
With \$10.00 Purchase

8260 CASH VALUE 1/20 CENT  
COUPON EFFECTIVE MAY 17 THRU MAY 23, 1989

**VALUABLE COUPON**

Write Your Own  
**SPECIALTY FOOD ITEM**

50¢ OFF

One Coupon Per Family  
With \$10.00 Purchase

8265 CASH VALUE 1/20 CENT  
COUPON EFFECTIVE MAY 17 THRU MAY 23, 1989

