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Wednesday

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Excellence in Community Journalism

Federal Way News

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Federal Way, Washington 98003

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Dirty work Garden waste not wasted

By KURT HERZOG

Pat Foley has invented a machine that, in his own words, "makes chicken salad from chicken (waste)."

Actually, Foley's machine takes garden waste and grinds it into compost that can be mixed with topsoil.

King County Soli Waste officials are excited about the machine. Officials estimate that 14 to 23 percent of all material dumped in county landfills is garden waste. As King County struggles to find new landfills, Foley's shredding machine could play an ever-increasing role in county recycling plans.

Foley operates the machine he built at his business, Valley Topsoil, in Algona. The company mixes and sells topsoils to golf courses, nurseries, contractors, homeowners and anyone else who wants a particular kind of dirt.

The business is operated with Foley's two sons, Mike and Larry. As the Foleys can attest, dirt is not just dirt. Foley can discourse on the different kinds of dirt at length.

Foley, 49, has spent the last couple of years designing and building his shredding machine. Although he charges people to dump their garden waste at the company, it is less than King County charges to dump at one of its transfer stations.

The county charges a minimum of \$6.73 to dump any waste at its transfer stations. Foley charges \$5.50 a pickup-truck load.

Anyone may bring their leaves, grass clippings, bark and any other organic material up to 30 inches long and 4-6 inches in diameter to Valley Topsoil, Foley said. A company employee will help people unload the material.

FOLEY stressed that material must be free of chemicals and additives.

He leaves garden waste in compost piles for several months to kill microorganisms and then runs it through his new shredding machine. The finished product is a fine black organic powder that is mixed with topsoils.

Although Foley sells the finished topsoil, he said he didn't create the new machine just to make money.

Foley, a former iron worker, said he's put about \$1.5 million and a couple years into the

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photo by Paul T. Erickson

CHARMANE LEVACK'S JOB as a free-lance biologist takes her to federal and state-owned forests in search of spotted owls, presently listed as an endangered species.

Between jobs, Levack stays with her parents at their Star Lake home. She this week moved to Oregon on a new search for owls, and she hopes to settle down there.

Local biologist eyes the owls

Endangered bird holds key to timber sales

By MELODIE STEIGER

Trails through thick forests are Charmane Levack's workplace, and the job begins at dusk, at what is sometimes called owl-light.

It's a tranquil, peaceful time when the night sounds of the forest begin, says Levack. It's the time when the spotted owl prowls its timbered home and, sometimes, answers Levack's call.

It's all very simple there in the forests of the Northwest. Levack, a Federal Way resident and free-lance biologist working alternately for the U.S. Forest Service and the state's Department of Natural Resources, stands in dark clearings and trills the spotted owl's four-note hoot.

An owl may answer, and it may not. Any spotted owls who respond to Levack's cry are watched closely, their health assessed and their breeding carefully recorded. And that's Levack's job.

The rest of the story is not nearly so simple, or so peaceful. For the spotted owl is ensnared in decisions affecting the future economy of Washington state and construction funds for its schools.

In the halls of government, sharp words defend the old-growth forests that are home to the spotted owl, currently considered an endangered species entitled to certain protections. Equally sharp words argue that the state

desperately needs the money that could be generated by the sale of more of its old-growth timber.

Back in the woods, the owl's tones are not sharp at all, says Levack. In its homes of old-growth forests in Washington, Oregon and California, the controversial owl gives a high, four-note hoot.

"It's a beautiful, haunting sound," said Levack.

LEVACK WAS NOT particularly interested in birds or even wildlife as a student at Star Lake Elementary School, or later at Thomas Jefferson High School, from which she graduated in 1978. She studied journalism at Green River Community College.

But at the Evergreen State College in Olympia, she discovered author Henry David Thoreau. His essays on nature and the simple life intrigued her.

"I realized that he made a lot of sense," she said.

Levack's resulting concentration in biology made her eligible for field work in various outdoor studies, including the U.S. Forest Service's five-year research into spotted owls.

It's not easy work to get, Levack said. Free-lance biologists must develop reputations as

Continued on A-4



THE SPOTTED OWL is caught in the middle of a political and economic struggle over the fate of thousands of acres of old-growth timber (photo courtesy of Kenneth R. Bevis).

Register to vote in city election

By LYNN FRANCISCO

Next month, citizens in Federal Way and Sea-Tac have a chance to take part in a historic first.

On May 16, they will vote on the first-ever candidates for the city councils created when the two areas voted to incorporate last month.

But many election officials, including Washington's Secretary of State Ralph Munro, are concerned that a large number of citizens will not be able to vote because they are not registered.

"We find a very high percentage of people in rapidly growing communities are not registered to vote. Either they have never registered or they have moved recently, and that invalidates their registration.

"It's real important that people check — before the deadline — and make sure they are registered to vote," he said.

The last day to register for the May 16 primary is this Saturday — April 15.

Voters in Sea-Tac and Federal Way will cast ballots for seven non-partisan, at-large city council positions. The top two vote-getters in each position in the May 16 primary will advance to

Continued on A-3

Paper's price going up

The subscription price of the Federal Way News is going up.

After April 30, the per-month price will rise to \$3 a month from \$2.50. The annual pre-paid subscription rate will change to \$32 from \$26. Existing pre-paid subscriptions will remain in effect until they expire.

Subscribers can still get the old rate by renewing their subscriptions by April 30.

Even when the subscription rates go up, it still is less expensive to subscribe to the newspaper than to buy it off the newsstands, where at 50 cents a copy the annual cost would be \$78.

This will be the first subscription-price increase for the Federal Way News since 1981. Increased costs of production and materials — the price of newsprint has gone up 43.6 percent since '81 — are the reasons for the increase.

For subscription information call 241-2507 (Seattle) or 927-8676 (Tacoma).

Goodwill exchange

Federal Way could get a sister city

By LYNN KEEBAUGH

Federal Way may get more out of the Goodwill Games than a world-class swimming pool. It also may gain a sister city in the Soviet Union.

That's the hope of local organizers who are trying to bring a group of Soviet students to Federal Way as part of the package of 1990 Goodwill Games-related events. That task might be easier if approached through a sister-city program, said Don Eiler, president of the Federal Way Chamber of Commerce.

With a sister city, a student exchange program also would stand a better chance of becoming an ongoing event, Eiler said. Eiler is working with the

Federal Way School District and the state Superintendent of Public Instruction's office to form what he still calls "preliminary plans" for the program. He and the school district's Shirrelle Walker also have been talking to the youth committee of the Seattle Organizing Committee for the Games, looking for contacts and hints to speed their project.

EILER AND Walker, who is the district's assistant superintendent for educational services, say the Games are just a jumping-off point for the student exchange. They see the program as what Walker calls a "communications link for the future."

The program still is in the

brainstorming stage, Walker said, and more meetings are planned to create guidelines and assign tasks.

Eiler said he is hoping people who have experience dealing with the Soviet Union and who have ties there will step forward and help. The group also must try to find a city that shares many of Federal Way's socioeconomic features for the hoped-for sister-city arrangement.

Organizers also are hoping individuals or corporate sponsors will come forward to help bring the Soviet students to Federal Way. If the program pans out, the Soviet youngsters are likely to need some financial assistance in getting here.

Most Soviet citizens do not

have access to American dollars and won't be able to afford the trip, Eiler said. Not only will the trip over be costly, but once the students are here, they will need living expenses. Organizers are hoping private enterprise can pick up the slack.

"MAYBE SOME companies that are interested in doing business in the Soviet Union," could help out, Eiler suggested.

The possibility of some state funding for the exchange also exists, Eiler said. The Superintendent of Public Instruction's office has expressed a willingness to request a special appropriation from the state to help defray costs, he

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Comment

Choose candidates who communicate

Enthusiasm for cityhood has triggered an avalanche of candidates — 71 in all — in the new cities of SeaTac and Federal Way, but only a handful have the political history to appreciate what this campaign will ask of them.

Running for office is a little like getting married. You get dozens of opinions about it, but you only understand it after you've tried it.

Even a novice knows that door-belling and a well-known name are critical to winning election. Most newcomers will find it troublesome to have their personal finances probed by the press, and their affiliations with contributors viewed suspiciously by voters.

Others will be stunned to find that certain voters want to know how they feel about abortion and gun control, issues that seem remote to cityhood. While fear of taxes will be a common concern in assessing candidates, the real work of creating a city will be the policy decisions made by the first council members. Those policies will include hiring, zoning, budgeting, and public safety concerns.

In that case, a candidate's ability to negotiate and communicate ought to be high priorities for voters. How can they assess those talents in a few minutes on the porch? What does a pretty brochure have to do with making intelligent decisions?

Here's a hint: look for background that suggests a candidate knows how to sift complicated information and make sense of it. That's the sort of work done every day by school administrators, by directors of public agencies, and by loan officers.

Look for listening skills, the kind that make someone a good coach, a competent teacher or a sensitive counselor.

Look for courage, the personal toughness that public life requires. Not every decision will be popular. Not every debate will end amicably. Those who have rigid opinions and fierce convictions may turn the council on its back like a turtle.

Some candidates will be dismayed to discover that good will and a friendly face are minimal credentials, less vital, in fact, than energy and the ability to express themselves briefly and clearly.

If there is a single quality to look for in the candidates for the first councils in SeaTac and Federal Way, it is a sense of humor. They'll all need it, not only during the campaign, but for the duration of their terms in office.



Voter registration is key to turnout

The American voter, an alleged casualty of television and political corruption, staged a sneak attack on the polls here last month, putting cityhood over by an astounding margin. Altogether, more than 15,000 voters showed up.

Will the same voters return in May to support candidates of their choice, or will the new council be roundly embarrassed by a pitiful turnout?

In a recent book that examines voter apathy during the past two years, two writers offer some clues that may help candidates skirt disaster.

Why Americans Don't Vote, by Frances Fox Piven and Richard Cloward, points to a surprising culprit in explaining why so many Americans stopped showing up to exercise their precious right to vote.

In Federal Way for years, voter turnout was considered good if it topped 30 percent. A series of school levies failed here mainly for that reason.

Piven and Cloward report



Mike Robinson

that lackluster effort to encourage voter registration has been the main reason for poor turnouts. In states like ours, which allow non-partisan registration, there may be even less motivation to get voters to show.

Historically, the death of machine politics, a stabilizing force in some American cities, also contributed to the decline of voter interest.

To understand how that

has shaped suburban communities like Federal Way, add up the factors: minimal registration effort, the absence of traditional ward politics and the diffusion of interest that is part of suburban lifestyles. Those were not the only factors, to be sure.

In the South, all sorts of chicanery was tried to keep black voters out of the booth. In some cases, candidates were listed on separate ballots; when blacks tried to overcome the problem of illiteracy by memorizing the location of the boxes for their candidates, polling place officials just moved the boxes.

Elsewhere, election reforms — including rules and regulations for registration, discouraged voters generally.

Logically, the antidote to that trend is to create all sorts of avenues to encourage registration. It works. In communities where voter registration is possible by telephone, at laundromats and groceries and other public outlets, registration and turnout stay

high. For candidates seeking an advantage in the current race, that may offer a secret weapon. Even if the doorbell you ring is answered by someone not yet registered, anyone who registers by April 16 will qualify to vote, as long as he is a citizen and a resident of the new city.

Americans are motivated mainly by issues rather than partisan loyalties these days. That should help all candidates in a council race like this, since it is non-partisan by law. Though there are partisan forces afoot in Federal Way, where Republicans have outpolled Democrats generally for years, two new factors may erase that advantage.

If candidates as a group will encourage registration and avoid sneaky partisanship, they may avoid voter suspicions. If they can also stay focused on issues, which tend to be more potent reasons for voters these days, the race may be both interesting and rewarding for all of us.

Port won't listen if citizens whisper

A survey done in Northeast Tacoma lately confirmed the sponsors' suspicions that a proposed incinerator and the possible closure of Blair Bridge are hot issues for residents on the hill, but more to the point, may be read as a reminder that publicly elected officials do not listen unless citizens' groups threaten economic reprisals.

Whether the City of Tacoma and its utility managers like it or not, the economic risk of a class action suit over the incinerator is to great to ignore. That's what got them to listen to concerns about the allegedly unnecessary environmental impact statement.

On other issues, like the Blair Bridge closure — which would force surface traffic to detour six miles around its present route to Tacoma — it is too soon to tell whether citizen alarm is sufficient to get the attention of commissioners at the Port of Tacoma.

One limit faced by activists is the narrow focus of the group that has taken on the port over this issue. Called "Concerned Citizens for the 11th Street Corridor and Jobs," the group sounds like a bunch of musicians with an intellectual audience.

Their concerns are fine. But guided by competitive fire and eager to grow, the port makes decisions that go far beyond traffic management and employment. In the latest spill of toxic waste at Blair Waterway — 400 gallons of asphalt emulsion — is another problem that bears watching.

In Seattle, a group called Portwatch provides a handy model. Its efforts have included the protection of a heron rookery and improved controls on environmental hazards created by port tenants.

In competing with other regional ports for customers, this port will consider every economic advantage. To prevent being overruled by that mindset, local residents ought to broaden the focus of their vigilance.

Though port commissioners are elected to their posts, the port has a natural conflict of interest in these issues that makes it difficult for officials to see beyond the profit margins.

Brigadoon kids fought for D.A.R.E.

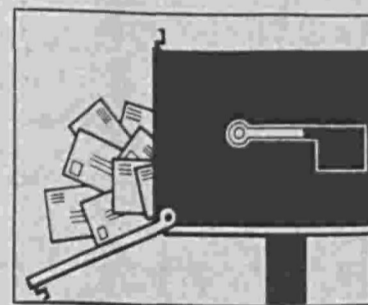
Editor:
To the kids of Brigadoon Elementary School, who fought for D.A.R.E.

I am sure many of you have walked along Washington beaches and turned over rocks. When you turn the rocks over, you expose many crabs to sunlight, and they quickly scurry for the protection and darkness of the nearest rock. They cannot live in the openness and sunlight. They have to live in hidden places.

The crabs are like politicians. They like to make their decisions in secrecy. When they operate in secrecy we have the right, under our constitution, to have them come out into the light and listen to what the public wants.

You made the politicians — school board members, school administration, sheriff, and county executive and council — come out from under their rocks and listen to what the public wanted.

People are probably wondering how you got the politicians out from under their rocks. Here's what you did: You wrote your school board and school administration to support D.A.R.E., you held rallies at the police precinct in Federal Way



Letters

and downtown Seattle, you spoke at the county council hearings, you manned a booth at the SeaTac Mall one entire weekend and collected the first 500 signatures in favor of D.A.R.E., you urged your fellow students to sign petitions in support of D.A.R.E., which were presented to the school board presidents, and you wrote letters to your county executive and sheriff to support D.A.R.E.

All these things you did are guaranteed under our free system of government, and many men have died to keep these rights alive for you. Because of your efforts, every elementary school in Federal Way will have D.A.R.E. this year.

Many politicians are going to

try to take credit for D.A.R.E., even though they opposed it, but remember, all politicians are not like that — just most of them. I hope your efforts and success will inspire some of you to go into politics which can be a

noble profession. Rod Chandler is a fine example. You can be proud of yourselves for getting D.A.R.E. into all Federal Way elementary schools.

Bill Schweizer
Brigadoon

Ertel will be council's best of show

Editor:
It is gratifying to know that someone of Debbie Ertel's caliber is a candidate for the Federal Way city council. She must be "best-in-show" among the many fine people who will run.

I've been associated with Debbie in a number of organizations over the last dozen years — ranging from the Community Council to lobbying for a hospital in Federal Way to her present work as a watchdog of development in the DIRE group. I believe she is the most capable person I've ever worked with.

Debbie is smart and well-informed. She is a tireless

worker whose batteries never run down, and who gets almost more than I can believe out of her 24-hour day. Having been involved in a multitude of public activities, she's learned how things get done and how to find her way around the system. Her integrity is beyond question.

Federal Way will start life as a puny and none-too-prosperous infant. So much of our future depends on the foundation this first council will lay.

There is no one I'd trust with our future more than Debbie Ertel.

John Metcalf
Twin Lakes

Letters welcome

The Federal Way News/Community News welcomes your letters. Send them to 1634 S. 312th St., Federal Way, WA, 98003.

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Machine may reduce landfill waste

Continued from A-1

machine. At that rate, it would take years for him to make his money back.

"You ought to give something back (to the community)," Foley explained. "I can't see this being a payback in the near future."

Basically, Foley's machine is a system of conveyor belts that transport the garden waste to a series of high-speed hammers that shred material at thousands of revolutions per minute. The shredded material is then transported by another conveyor belt to where it is dumped in piles.

THE MACHINE itself is about 20 feet high and is run by one operator who watches the material enter the shredder.

The machine also has wheels on it and could be moved to another location to shred material from, for example, a logging site.

Foley has also been working with a private environmental consulting firm on obtaining garden waste.

"You're going to see a lot more of those machines popping up," said Jan Allen, a civil engineer with Sound Research Management, a Seattle consulting firm. "Pat is a real pioneer in this area."

King County officials have visited Foley's 50-acre company site in Algona to watch the machine operate. Because of the possibility of reducing the amount of material being dumped in the landfills, they're excited about the new shredding machine.

"His machine is pretty



photo by Paul T. Erickson

SHREDDED COMPOST is the finished product after garden waste has been run through Pat Foley's new shredding machine. Foley's business, Valley Topsoil in Algona, charges homeowners and others to dump garden waste at the company site. However, Foley charges less than King County does to dump at a transfer station. Foley then pulverizes the material and mixes it with topsoil.

phenomenal," said Cheryl Waters, program coordinator with the King County Solid Waste Division. "It's a big machine and he developed it himself."

Foley's shredder seems to be the wave of the future. There is already another similar machine operating at another

topsoil company in Snohomish County.

King County recently signed an agreement with that topsoil company to give it garden waste from the county.

Foley doesn't have any current plans to take waste from the county, but county officials are hopeful that might happen.

Valley Topsoil is taking garden waste from 8 a.m. to 5 p.m. on weekdays and from 8 a.m. to 6:30 p.m. on weekends. The company is located at 35019 West Valley Highway in Algona.

Customers should enter the site where the Valley Topsoil sign is and go to the office at the middle of the site.

Reception will honor area's first physician

An open-house reception to honor the recent retirement of Federal Way's first doctor, Bertold Bruell, will be held Saturday in the St. Francis Community Hospital cafeteria.

The open-house, hosted by Federal Way's second doctor, Robert Lundeen, will last from 6 to 9 p.m.

Bruell, who retired March 31, came to Federal Way in 1951. He was a leader in the long effort to build a hospital here, which resulted in the opening of St. Francis Community Hospital two years ago.

For more information about the reception, call Lundeen's office at 839-1600.

Vendors needed for crafts fair

Arts and crafts people interested in a fair to be held at the Federal Way Shopping Center June 3 and 4 should contact Jackie Cooper, 839-6130, or Sheila Wilson, 941-4459, as soon as possible.

The fair will be sponsored by the merchants of the shopping center. Booth space is also available for food vendors, and applications must be received by May 5.

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Don't forget to register for historic election

Continued from A-1

the Sept. 19 general election.

During last week's filing period, 30 people signed up to run for the Sea-Tac City Council and 41 signed up for the Federal Way City Council.

Following the Sept. 19 general election, the new city councils will have until March 10, 1990, to declare Federal Way and Sea-Tac officially incorporated.

CAROL MCDONALD, with the King County Division of Records and Elections, said voters have few excuses for not being registered. She maintained that the county makes it as

easy as possible to register to vote.

"People think they have to come down to the court they use and fill out forms, but don't. We have 6,000 deputy registrars throughout the county and any one of them can register a voter in just a few minutes," she said.

Deputy registrars can be found at all King County branch libraries, at public schools, and at city halls. (For the location of the nearest deputy registrar, call 296-1565.)

If voters are already registered, but have moved to a new address, they must change their registration, according to

McDonald. That can be done without a deputy registrar, although the voter must sign a form that can be mailed to the Division of Records and Elections. (To obtain that form, call the division at 296-VOTE.)

McDonald said many voters make the mistake of assuming that once they are registered, they stay registered. But that's not necessarily so.

"If you have not voted within the last 24 months or at the most recent presidential election, your registration will be cancelled," warned McDonald.

(If you are not sure when you voted last, call the division to

make sure you are registered.)

There are no length-of-residency requirements to register, nor does a voter have to declare political party affiliation when he or she registers, according to McDonald.

MUNRO CALLED THIS election a once-in-a-lifetime opportunity and urged citizens to make sure they are registered.

"My grandfather used to brag that he voted in the very first election held in this state. Someday these people can say the same thing about the first election in the new cities of Federal Way and Sea-Tac.

County may ask new city to pay for roads

By LYNN FRANCISCO

The new cities of Federal Way and Sea-Tac may have to come up with funding to complete road projects now being planned by King County.

That was one option considered by the King County Council at a recent committee meeting called to look at the revenue impact of incorporation.

According to budget analysts for the council, the county will lose \$6.9 million next year in property taxes from the communities of Federal Way and Sea-Tac. Those funds, which will go to the new cities, were earmarked for road construction and maintenance.

With that revenue loss, the county has to decide if it will continue with the planned roads projects or pass them on to the new cities.

COUNCILMAN GREG NICKELS said he believes that

the money already appropriated for roads in this year's budget should be spent on those projects. But future spending on long-term projects is in question, he said.

"It is inappropriate for the county to fully fund projects that will soon be within a new city's area. The cities should really make their own decisions on which projects they want and how to complete them," he said.

Nickels added that the county council wants to work cooperatively with the new cities to decide at what point the cities would take over the projects. But he also noted that the council should decide by this summer where it stands on completing multi-year projects.

But Maryann Mitchell, chairwoman of Federal Way First!, said she is concerned that the council may be making those decisions on its own, without listening to the public.

Following the recent committee meeting, Mitchell called the council deliberations "a real mess."

"They are making decisions (about the transition) without asking for any information or allowing it to be given. If they don't choose to hear what you have to say, they won't hear it," she said.

Mitchell now works with a group of citizens who are monitoring how county govern-

ment handles the transition to cityhood in Federal Way.

KING COUNTY Executive Tim Hill agreed with Nickels on continuing to fund projects already in this year's budget. But he was less clear on the point at which cities should take over funding of long-term projects.

Hill said there is a demonstrated need for the projects and he is committed to completing them.

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Conflict rages as biologist spots state's owls

Continued from A-1

steady workers, and must be available when the project is underway.

And free-lance biologists don't get rich. Levack has been paid from \$7.54 to about \$10 per hour for jobs that have kept her in the field for eight weeks to six months.

"But it's a job that has some meaning to me. It's important that it has some meaning, more than sitting behind a typewriter and taking dictation," she said.

THE MEANING OF her work is all too clear to the state's public school system, which needs the money generated by the sale of timber on state-owned land to build new schools and update old ones. Right now, the demand for school construction funds is outstripping the flow of timber revenue and the state has slapped a moratorium on paying for school construction projects.

The state has a set pace for the harvesting of its old-growth timber, the kind preferred by wildlife such as the spotted owl. That pace kicks off the controversy. Some people, including private timber-company owners and leaders of the towns that rely on them, say that the pace should be sped up to bring money more quickly into the state and allow second-growth trees earlier maturation.

Others say it should be slowed up for the sake of saving wildlife such as the spotted owl. They

say cutting rapidly probably hurt the timber industry, too, by chopping away jobs with the harvests.

The U.S. Forest Service permanently has set aside 201,000 acres of its old-growth timber in Washington to protect some of the 1,600 pairs of spotted owls estimated to live in the national forests of Washington and Oregon.

Some of the state-owned 69,800 acres of old-growth timber (160 years old or more) also has been set aside, while a state-appointed committee considers its options for the rate of harvest and the preservation of the spotted owl on that land. Normally, state-owned timber is eligible for rapid cutting unless spotted owls are found there.

"It makes for a pretty politically-charged environment when you're working for the (state) Department of Natural Resources," Levack said. "For them, it's wonderful news if I don't find any owls. But then, that's not the point."

The point is that besides being an endangered species, the spotted owl is also an indicator species — as goes the spotted owl, so goes the ecosystem of the forest, environmentalists claim.

Levack puts herself firmly in the spotted owl's camp.

"It's not that I'm without sympathy for the logging communities, but I'd like to see the old growth remain for the sake of the ecosystem. Owls rely on that timber, and so do we, for our spiritual life."

LEVACK'S OWL SEARCH, part of a five-year study of spotted owls conducted by the federal government, has taken her to the Olympic National Forest and to the Gifford Pinchot National Forest of southwest Washington.

For each of those projects, Levack lived in homes provided by the Forest Service for teams of owl researchers like herself. She drew prescribed spots and hooted as the owl does, a skill she says took her three

weeks to get up the nerve to try.

During spring mating seasons, she said, the owl is apt to call back to declare his or her territory. Any owls who did were tempted the next day with small, live rodents pinned to the ground for bait, in hopes that the owl would reveal its home after picking up the free meal.

"That's the hardest part — we took care of those mice," Levack said.

Levack figures she found about 25 owls on the Olympic

peninsula, and maybe 100 of the birds in Gifford Pinchot. The owls were then studied by Levack and other free-lance biologists.

LEVACK THIS WEEK left her parents' Star Lake home, her temporary digs between jobs, for a new assignment in Oregon's Deschutes Forest.

Oregon's spotted owl quandary is in some ways more heated than Washington's, said Levack, but the Federal Way resident hopes Oregon will

become her permanent home. At 28, she said, it's time to settle down for a while.

She'll still be looking for owls, however, at least for a while. And the owls will continue to be controversial, whether they know it or not.

"Sometimes I wonder what they think of us down here," Levack said. "They perch in their trees and look down on us, and look like they're saying, 'Who are you kidding, buddy?'"

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Airport invites residents to open house tomorrow

If you have a question about airport noise — or if you think you might have one but don't know what it is — Thursday's the day to get some answers.

The Port of Seattle, which owns and operates Sea-Tac Airport, will conduct an open house from 2 p.m. to 9 p.m. Thursday, April 13 at the Maywood School, 1410 S. 200th St.

Staff members will be on hand to discuss the port's noise pro-

grams, including its review of noise levels around the airport. They will also be ready to discuss related issues, such as future planning for the airport.

Additionally, citizens involved in a noise mediation process will be on hand, and officials from the Federal Aviation Administration and Airline Pilots Association will be available as well.

For more information, call the port at 431-5913.

Residents fend off would-be burglars

Occupants of two Federal Way homes surprised burglars in the act this weekend, resulting in one arrest.

King County police report that one resident surprised an intruder in his home at 3 a.m. Sunday and ordered the man out of the house. The intruder refused and a struggle ensued. During the fight, the intruder struck his head on a table and received a laceration.

The resident held the intruder until police arrived. Police took the 28-year-old Federal Way man to St. Francis Community Hospital for treatment and then booked him into the King County Jail for investigation of first-degree burglary.

In another incident, a Federal Way resident told police he was alone in his bedroom Friday afternoon when he heard his front door open. When he investigated, he was confronted in the living room by a man he said he did not know.

The resident told police the intruder threatened him and grabbed him by the throat. The two then began a fight that took them throughout the house, the resident said. The intruder final-

Police

ly ran away out the front door, northbound on South 259th Court, the resident said.

Police reports state the resident then went to a friend's house and did not contact police until 3 1/2 hours later, when another resident of his home urged him to make a police report.

The resident who fought with the intruder said he did not know the man who attacked him and had no idea why he entered the house.

The intruder is described as white, in his late 20s, standing 6 feet 2 inches tall, with blond hair. He wore a white T-shirt and blue jeans.

Man's dog-gone trouble doubles woes

A Woodmont area man was arrested by King County police Friday morning after he showed a gun to two county animal control officers.

The King County Animal Control officers told police they went to the house to follow up on an order by their department for the residents there to remove a vicious dog from the premises. While asking a 30-year-old resident of the house about the dog's removal, the officers also asked if three other dogs on the premises were licensed.

At that point, the animal control officers said, the man

became angry, said the dogs did not need licensing, and went back into his house. The officers remained at the scene to take a description of the dogs for future reference.

The animal control officers told police the man came back out while they were still there, with a gun in his hand. Although he did not point the .38 caliber handgun at them, he ordered them to leave, and told police he used the gun to "make a point."

Police made a point of their own, and booked the man into King County Jail for investigation of obstructing an officer.

Driver injured when trailer breaks free

A Renton man driving, just east of the Peasley Canyon Road, was injured Monday morning when a truck driving up the hill in front of him lost a trailer it was pulling.

The Washington State Patrol reports that at approximately 8:50 a.m., a trailer attached to a truck driven by Woodrow

Holmes, 52, of Olympia, came loose, rolled back downhill, bounced off the center barrier and struck a car.

The driver of that car, Christian N. Bruhn, 49, received shoulder, chest, hand and leg injuries. He was treated at Auburn General Hospital.

The patrol is investigating the accident.

Soviet student exchange needs financial aid

Continued from A-1

Another Federal Way resident is hoping to organize another exchange of sorts. Community council member Mark Hutson is trying to line up 60 homes locally to act as hosts to families of athletes who will compete in the aquatic events in the new pool under construction in West Campus. He already has 20 homes lined up, he said.

Hutson said he has been contacting U.S. and international

swimming organizations, spreading the word that homes will be available to the families of athletes who are looking for home-stay accommodations. As the plan gets closer to fruition, he will begin coordinating with the SOC, he said.

Hutson said those who have offered their homes span a wide range of Federal Way residents, from retired couples to young families. Some have past experience hosting foreign exchange students, he said.

OTHER LOCAL programs

related to the Goodwill Games include creating a language bank of interpreters. More than 50 countries are expected to be represented at the games.

Chamber members have considered asking local service organizations to plan their yearly events, such as the Kiwanis Salmon Bake, during the Games, to give visitors a wider range of activities.

A visitor information booth is another project chamber members have considered. The SeaTac Mall would be a likely

location, they have said.

And in the meantime, plans for informational brochures and pamphlets continue, as well as a video to document what Federal Way has to offer Games visitors.

The chamber is hosting monthly organizational and brainstorming sessions to help promote the Games and Federal Way. To take part in the planning, call the chamber office at 838-2605 or 927-2556.

The SOC won't officially begin recruiting volunteers for the Games until this June, but applications for volunteers already are being accepted. To apply, call the SOC at 622-1990, or write to 2203 Airport Way S., Suite 1990, Seattle, 98134. The SOC is looking for 10,000 volunteers.

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Pool progressing swimmingly

As plans continue for the Goodwill Games and the activities that will surround them, so does construction of the Goodwill Games pool.

The construction, which is roughly 25 percent completed, is on target for its April 1990 finishing date, said Phil Birk, project manager for the Sabey Corp., which is building the pool in West Campus. The Games are set for July 20 to Aug. 5, 1990.

The roof trusses are up and the building is taking shape, he said. For the next 30 days workers will put up cement masonry walls and do duct and sprinkler work along the

trusses.

In mid- to late May, the actual excavation of the 50-meter pool, a 17-foot-deep diving pool and a 25-yard-long recreational pool begins. The pools themselves are a seven- to eight-month project and represent a major portion of construction, Birk said.

Also going on during the excavation is the construction of a viewing tunnel that will run alongside the two competition pools to allow television cameras to capture underwater shots of the events. The tunnel will have three windows for viewing the 50-meter pool and one window for the diving pool,

Birk said.

Organizers of World Class Splash, a non-profit group raising money to defray the cost of expanding seating in the pool to 2,500 from 1,700, say fundraising is "moving along."

Gretchen Hanna of the Sabey would not say how much money has been raised, but said she is confident the group will meet its \$1.2 million goal.

The total cost of the pool project is \$18.8 million. The pool is being built by the Sabey Corp. without profit. When the Games are over, the aquatic center will be turned over to King County.

District chooses new consultants

By KURT HERZOG

The Federal Way Water and Sewer District rejected bids on water-tank painting April 4 because those bids came in higher than expected.

However, it awarded a contract to a construction company to complete some improvements to the former Water District 56 aging water system.

The district's consultant, URS Consultants, had earlier underestimated the cost of those improvements, as is did on the water tank painting costs. It later revised its estimate upward on the District 56 improvements, according to Steve Wieneke, district director of

engineering, and bids were closer to the revised estimate.

The cost of Phase IIB for the improvements will be \$971,563. Kar-Vel Construction of Kent will complete those improvements.

URS Consultants' estimate for the water tank painting was \$319,000 to paint five tanks. The lowest bid to paint the tanks was 25 percent more than the consultant's estimate. The district will rebid the water-tank painting.

Because of those mistaken estimates by URS, and what Wieneke called URS' direction away from municipal projects, the district board of commis-

sioners voted to hire two other firms as its primary consultants on projects.

The district board voted to hire PEI Consultants and Horton Dennis and Associates.

URS Consultants is on the district's list of possible consultants, but it will no longer be the primary consultant.

"URS has done a lot of good for the district," Wieneke said. "But we've had some problems with URS."

URS has been a primary consultant with the district and its predecessors since 1962.

URS officials refused comment on the change.

Paving not quite completed on 320th

With the apparent arrival of spring weather, King County is ready to put the finishing touches on the widening of Southwest 320th Street.

An initial layer of asphalt was laid last fall, but some seams are uneven and there is a sharp edge where the side of the road meets the gutters that run alongside it.

All that should change within the next six weeks, though, as contractors add another layer of asphalt to smooth over any lumpy seams and bring the edge of

the road flush with the gutters, said Rex Knight, manager of engineering services for the King County Department of Public Works.

Knight said workers have been waiting for a stretch of consistently warm, dry weather to finish the \$2.2 million project, which will include landscaping.

"Today (Monday) is the first working day of sunshine we've had in a long time," said Knight.

The 320th project involved widening the road to four lanes between 21st Avenue Southwest

and 47th Avenue Southwest (Hoyt Road). Curbs, gutters and sidewalks also were part of the improvements.

A unique aspect of the project called for a tunnel to be built under the road so golfers can cross safely from the front nine to the back nine of Twin Lakes Golf Course. The county and the golf course split the \$100,000 cost of the tunnel.

Heavy construction on the overall Southwest 320th Street projects began approximately one year ago.

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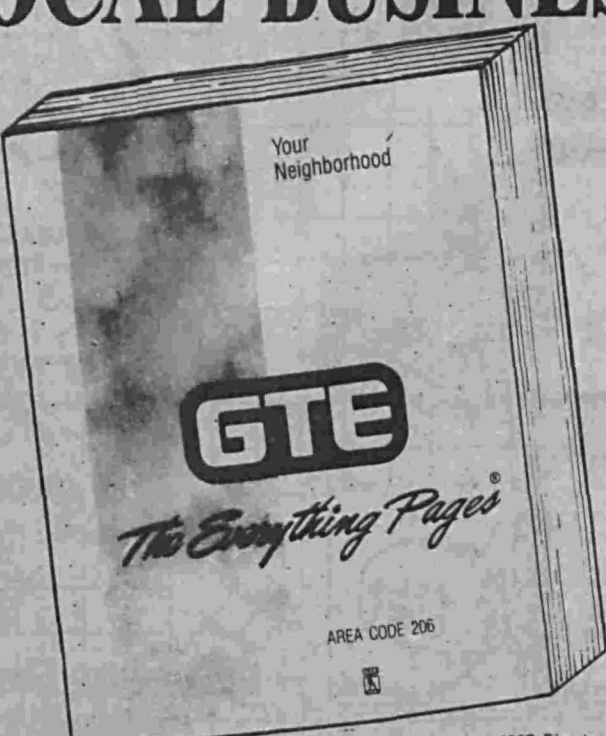
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Overtime can be a matter of routine for some

By DANIEL J. HARDEBECK
Thirty-eight years ago, in the darkest hours of the night, a buzzer sounded to end the longest professional basketball game in history. On Jan. 6, 1951, Indianapolis defeated Rochester 75-73 in a game that played through six overtimes.

According to the Bureau of Labor Statistics, overtime work is a regular part of the job for more than 11 percent of America's work force. But while overtime in basketball generally is measured in minutes, overtime in the workplace often may mean long hours every day for months at a time.



photo by Rhonda Davis

ELEVEN PERCENT of the labor force works some overtime as a matter of routine. Companies such as Boeing find it more cost effective to pay overtime to current employees

than to incur the expenses of hiring and training extra people. Employees enjoy the added money but not the lack of personal time.

time rather than hire extra workers.

"It is more economical to pay overtime than to hire new laborers, because you don't have to pay for the benefits and the training," said Jack Daniels, a spokesman for District 751 of the Association of Machinists and Aerospace Workers, a union which represents many Boeing workers.

Many researchers agree with Daniels. In a 1986 report issued by the Department of Labor, economist Darrell Carr stated, "Some employers may even schedule overtime work on a regular basis, rather than ... (pay) sick leave, annual vacations, paid holidays, health insurance and pension funding — which they would incur if they expanded their payroll."

Employees, for their part, tend to develop a love-hate relationship with those extra ticks on the clock. They enjoy the benefits of putting in the extra time, but may dislike the consequences.

"There were nights when I would be here until the next morning," said Monica Hall, an accountant with Heritage Construction Co. in Everett who last summer put in a number of 60-hour weeks. "It's a better feeling to be caught up than to be behind, but you really don't have

to incur the expenses of hiring and training extra people. Employees enjoy the added money but not the lack of personal time.

Study tracks who works the most overtime hours

This May, the Department of Labor is expected to update its current statistics on overtime work. But according to its 1986 study, certain industries pay more overtime, and certain individuals are more likely to work overtime than others.

According to the study, men 25 to 34 years old are the most likely to work overtime hours. Women of all ages are about half as likely to work overtime as their male counterparts.

Marital status affects the probability of working overtime, but differently for men and women. Married men are

more likely to work overtime than single men. For women, the situation is reversed: Married women "probably because of their household responsibilities," are less likely to work overtime than single women.

In terms of race, whites are more likely to work overtime than blacks or Hispanics, but no reason for that difference was cited.

By industry, mining ranked first with 27 percent of its employees working overtime, followed by manufacturing at 20 percent and transportation and public utilities at 16 percent.

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weekend off.

The union, according to Daniels, would like to see some of that change when the current Boeing contract expires this October.

"Tom Baker (the union president) has stated that he intends to lower the requirement to fewer than 200 hours, and possibly request every fourth weekend off instead of every fifth," Daniels said.

RESEARCHERS say that corporations might benefit from examining their overtime policies, because their studies have found that too much overtime may be harmful to production and employees.

"Findings from a large number of studies in the U.S. and Great Britain indicate that when organizations have work schedules of more than 60 hours per week, there are definite negative results," said Dr. Judith Heerwagen, an environmental psychologist and research professor at the University of Washington.

Heerwagen explained that studies over the last 25 years have shown that as the number of hours worked increased past a certain threshold, work productivity decreases, workers are absent more and accident rates on the job go up. The threshold depends on many fac-

tors, including worker attitude and the type of work involved.

Furthermore, long hours are likely to increase fatigue, which in turn causes a reduction in mental efficiency, decreased reaction time and a shortened attention span.

These effects are no secret to people who work long hours. "Anybody who works nine to 10 hours a day gets pretty tired," said Roy Anderson, a mechanic at Airport Texaco in South Seattle. "By the time the fifth day of it rolls around, you are definitely very tired."

A number of strategies can be used to decrease the effects of long hours and fatigue.

The worst scenario, however, is when a worker cannot see these effects taking place. "When you're in the midst of an all-out effort, it's not easy to recognize that you've passed the threshold," said researcher Fred Worthy in the April 27, 1987 issue of "Fortune" magazine. "U.S. Army studies have shown that overworked troops don't know when their concentration and performance starts to drop off."

Asked if the amount of overtime Boeing employees worked might decrease the quality of their production, Boeing spokesman Paul Bender said, "That is one of the reasons that we monitor (overtime hours) along with the union: to make sure that no one is working in excess."

But asked if Boeing officials might be open to the union's suggestions of fewer overtime hours, Bender declined to comment. "We do not bargain in the press or discuss negotiations with the union," he said.

For many employees, overtime is a fact of life, whether they are professional basketball players or assembly-line workers. However, when the stakes are more than a basketball game, overtime may require a delicate balance between safety, productivity and profit.

Daniel J. Hardebeck is a student in the University of Washington School of Communications' News Laboratory.

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Sale price good on minimum case purchase. One rebate per family per address. Details in store.
Expires April 23, 1989. Good at participating CARQUEST Auto Parts Stores.

COUPON
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Shines and protects with a Super Hard Shell finish. Choose 9.5 oz. paste #1723 or 16 oz. liquid #1723.
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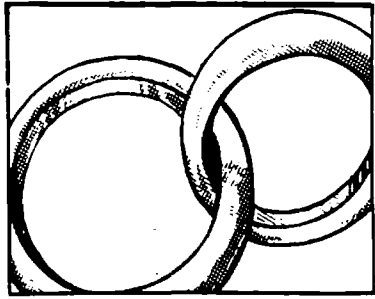
27721 Pacific Hwy. So, Kent WA 839-4660

Wedding bells in Fife couple's future

Jennifer Ann Hopkins and Ross Raymond Delong will be married in May.

The couple made the announcement at a private party held by the bride's parents, Kathy and Stan Hopkins of Northeast Tacoma, last year.

The groom-to-be is the son of Hoke and Donna Janaszak and of Mel and Lynn Delong, all of Puyallup.



Couples

Both are 1983 graduates of Fife High School.

Wilson-Ferrin wed in Tacoma church

Dana Lynne Wilson and Dr. William M. Ferrin were married March 4 at Tacoma's First Presbyterian Church. A reception was held at the Tacoma Yacht Club. Dr. Joseph Stephens performed the ceremony.

The bride is a 1983 Federal Way High School graduate. She earned a bachelor of science degree in nursing from Washington State University in 1987. She works in the labor and delivery department of Baptist Hospital in Nashville, Tenn.

Gina Turchin was her maid of honor, and her bridesmaids were: Kim Hewes, Pam Gowans, Leanette Othmer, Blythe Smith and Debbie Desart.

The groom is the son of Josephine and Bill Ferrin of Bend, Ore. He graduated from Stanford University in 1982 and from Vanderbilt Medical School in 1986. He is an internal medicine resident at Vanderbilt Medical Center.

Brian Copple was his best man, and his groomsmen were:



William and Dana Ferrin

Drs. John Merrimont, Charles Leonard, Lance Ferrin, and Jeff Ballard, and Brad Wilson, Ken Potter and Rich Williams.

The couple honeymooned in Mexico and will make their home in Nashville.

Couple marry at Federal Way home

Christine Catherine Taylor and Jim D. Mowery were married March 11 at the Federal Way home of the bride's parents, Katie and Thomas Taylor. The Rev. Thomas Summey performed the ceremony.

The bride graduated from high school in Oregon and is employed in Federal Way with the Southland Corp.

Shannon Burton was her matron of honor, and her bridesmaids were: Michelle Eietz, Diana Kemper, and Debbie Wagner.

The groom is the son of Deanna and Jerry Mowery of New Mexico. He graduated from high school in 1980 and is employed by SSI-2000.

Dave Mowery was his best man and his groomsmen were Keith Taylor and Scott Martinez.

The two honeymooned in Sun



Christine and Jim Mowery

River, Ore., and are living in Federal Way.

Women's clubs to convene here

The Women's Club Federal Way will host other clubs from throughout Western Washington for a convention, 9 a.m. to 3 p.m., April 19, at the Twin Lakes Country Club, 3583 S.W. 320th St. The convention will include discussion group workshops on fund raising, tours, publicity

and newsletters, membership involvement and a fashion show of antique women's clothing.

The cost for the day is \$16.50 and includes breakfast and lunch. There will be a drawing as well. Call Lynn, 838-1897, or Phyllis, 941-8942 for details.

Fashion show to feature history

Federal Way women will model over 50 costumes from Washington history at "The Way We Were: Centennial Reflections through Fashion." The program is co-sponsored by the Federal Way Women's Network and the American Association of University Women.

It will take place from 10 a.m. to noon, April 29, in the auditorium of Decatur High

School. Advance tickets are \$10 and include lunch. Tickets at the door will cost \$15, and are subject to availability.

The script for the program was written by Virginia White, a designated centennial scholar.

Tickets can be purchased at Olsten's Temporary Services, 32717 First Ave. S., and at Marlene's Market & Deli, in Gateway Center.

Pageant hopefuls to model fashions

Christine Calhoon, Miss Federal Way 1988, and the 14 contestants for the 1989 crown will model fashions from The Complete Wedding and Cascade Travel Resort Wear at the annual pageant fashion show, 7:30 p.m., April 14, at Our Saviour's Baptist Church.

Talia Watlund, the current Miss Washington, will emcee the event. Admission is \$6 and tickets can be purchased at the above mentioned fashion stores and the door. Proceeds will benefit the pageant scholarship fund.

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Want to lose weight for a wedding or summer, or just because... Then why not the safe, fast, healthy diet plan that works!

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It works. It's safe. It's fast.
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Treat yourself to an expert fitting by one of our trained staff, purchase two Bali® bras with a super fit, and receive a Bali® light control brief, style #8600, at no extra charge. Limited time only, offer expires April 30. While supplies last. Bali Something Else® Lace Leg brief, style #8600. Sizes M-XL. White. Reg. 8.00. Foundations.

Call the Bon Marche nearest you for your appointment with our certified foundation fitters.

STORE	PHONE NUMBER
Seattle	(206)344-2121
Northgate	(206)361-2121
Southcenter	(206)575-2121
Bellevue Square	(206)455-2121
Alderwood Mall	(206)771-2121
SeaTac Mall	(206)941-2000
Tacoma	(206)475-4000
Kitsap Mall	(206)692-5711
Everett Mall	(206)355-7900

FEDERAL WAY TOWING
Public Sale Of Abandoned Vehicles
72 Toyota COR4D UFT498
77 Subaru 4D LRJ427
73 Ford MAV2D BTB595
76 Ford GRA2D LSF558
72 Volks CONV. CGD417
76 Mercury MOK2D 898ANY
70 Buick LES4D KWD406
64 Intl. FB UH3041
73 Plymouth VALCP FDS063
76 Ford Pickup E73004
76 Datsun 2D IKZ695
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30640 Pacific Hwy. South
Federal Way, WA 98003
FILE RESPONSE WITH:
Clerk of the Court
King County Courthouse
Third and James
Seattle, WA 98104
Published in the Federal Way News/
Community News on April 5, 12, 19, 26,
May 3 and 10, 1989.

PUBLIC NOTICE
The Federal Way School District No. 210 hereby solicits the interest of qualified professional consulting firms interested in providing services to conduct a Data Processing Needs Assessment Study. The study will focus on data processing needs for the following, in-district services.

1. FISCAL
2. SUPPORT SERVICES
3. STUDENT SERVICES
4. EDUCATIONAL SUPPORT
5. INSTRUCTIONAL PROGRAMS
6. OFFICE AUTOMATION

Interested firms are invited to submit their statements of qualifications and performance data in conducting studies relating to computer operations, systems and programming, user or instructional computing, and telecommunications to Rudy Chevalier, Director of Purchasing/Warehouse Operations, Federal Way School District No. 210, 31405 18th Avenue South, Federal Way, Washington 98003.

Interested firms may obtain copies of proposal documents by calling the District Purchasing Office, telephone (206) 839-3735 or by mailing your request to the Director of Purchasing/Warehouse Operations, 31405 18th Avenue South, Federal Way, Washington 98003.

A pre-bid meeting will be held on Tuesday, April 18, 1989 at 2:30 p.m. in the Federal Way School District Educational Services Center Board Room, 31405 18th Avenue South, Federal Way, Washington 98003. It is imperative that all interested firms be represented at this meeting. Answers to questions regarding the proposal will be responded to at that time.

All correspondence and inquiries should be made to the Purchasing Department, Mr. Rudy Chevalier, Director, 31405 18th Avenue South, Federal Way, Washington 98003.

All completed proposals and statements of qualifications and performance data must be received by the District Purchasing Office no later than 2:00 p.m., Tuesday, April 25, 1989. The District reserves the right to reject any or all proposals or to waive informalities in the proposals.

Published in the Federal Way News on April 5 & 12, 1989.

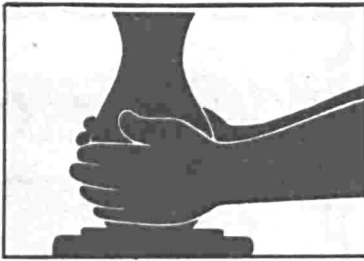
IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON, KING COUNTY
ROXANN J. KOESTER, formerly known as, ROXANN J. HESTER, Petitioner and BRET A. HESTER, Respondent.
NO. 81-3-00138-0
SUMMONS BY PUBLICATION FOR MODIFICATION OF DECREE OF DISSOLUTION RE: CUSTODY
TO THE RESPONDENT, BRET A. HESTER: The Petitioner has filed with the Clerk of the above Court a Petition requesting that the custody provisions of your Decree of Dissolution entered June 25, 1982, be modified to award her custody of the minor children, CRYSTAL JEAN HESTER and JOSHUA ALLEN HESTER.
You are hereby summoned to appear within sixty (60) days after the date of the first publication of this Summons, to-wit, within sixty (60) days after the 29th day of March, 1989, and defend the above-entitled action in the above-entitled Court and answer the Petition of the Petitioner, ROXANN J. KOESTER, formerly known as, ROXANN J. HESTER, and serve a copy of your Answer upon the undersigned attorneys for the Petitioner, ROXANN J. KOESTER, at his office below stated; and in case of your failure so to do, the Court may grant the relief requested in the Petition.
NOTICE: This action has been initiated as a custody modification. It seeks to modify the Decree of Dissolution entered herein on June 25, 1982, by placing custody of the minor children, CRYSTAL JEAN HESTER and JOSHUA ALLEN HESTER, in Petitioner ROXANN J. KOESTER.
DATED: March 27, 1989
s/ Frank W. Payne
Attorneys for Petitioner

THE BON MARCHE

SEATAC MALL

ATTENTION DEFICIT DISORDER — A support group for sufferers of ADD meets at 7 p.m., the second and fourth Wednesday of every month in the TOA conference room of Mary Bridge Children's Hospital. Tonight's meeting will be a general forum for parents of ADD children. Call Susan Strong at 838-1395 for more information.

SPRING BAKE AND PLANT SALE — The Federal Way Guild of the Group Health Clinic will hold its annual event from 8:30 a.m. to 4:30 p.m., April 14, in the clinic's lobby, 301 S. 320th St.



Just for You

Pre-register by calling 431-5324. The hospital is at 16251 Sylvester Road S.W.

ALLERGIES AND ASTHMA — The free community health forum will be held from 7 to 9 p.m., April 13, in the

cafeteria at St. Francis Community Hospital. The program is jointly sponsored by the hospital auxiliary and the Federal Way News. For pre-registration information, call 952-7910 or 927-9700, ext. 1839.

MISS FEDERAL WAY FASHION SHOW — Christine Calhoon, holder of the current Miss Federal Way title, and the 14 contestants for the 1989 crown, will model and entertain at the annual fashion show, 7:30 p.m., April 14, at Our Saviour's Baptist Church, 701 S. 320th St. Admission is \$6 and will go toward the pageant's scholarship fund. Tickets are available at the Complete Wedding.

SPRING CLEANUP — Spring Clean '89 will kick off at 9 a.m., April 22, at the Federal Way Water and Sewer District headquarters, 31627 First

Ave. S. The project is part of a countywide effort to remove litter from public parks, roadsides, streams, playgrounds and hiking trails. If you want to get involved or have a particular area in mind for cleaning, contact Mary Ehlis at 874-3489.

WOMEN'S RELATIONSHIPS WITH FOOD — That will be the subject of a free dinner discussion program sponsored by the women's programs department at Highline Community College. It will be held from 6 to 7:30 p.m., April 13, at 31233-B Pacific Highway S., Room 201. Call 878-3710, ext. 340 for details.

CRAFTS, RHYMES & MONKIESHYNES — The tumbling class for children ages 3½ to 5 will be taught from 10 a.m. to noon, Mondays and Wednesdays, at the Federal Way Community Center,

April 17 to May 3. Pre-registration is required, and children must be toilet trained. Call 941-0655 for more information.

WRIGHT STUFF RUMMAGE SALE — Charles Wright Academy will hold its annual Wright Stuff sale from 9 a.m. to 6 p.m., April 15, and from 9 a.m. to 4 p.m., April 16 at the Tacoma Dome Convention Center. Proceeds benefit scholarships and special programs at the private Tacoma school. Call 564-2121 for more information.

INTRO TO COMMODORE 64 — King County Parks will offer the class on the use of the Commodore 64 from 6 to 9:20 p.m., April 17, 24, and May 1, at Decatur High School. The lab fee is \$55 and the reservation fee \$10.50. Call 941-0655 for more information.

Pacific NW Numismatic Assoc.
Presents its 41st Annual Convention
April 22, 23, 24
OPEN TO THE PUBLIC FREE ADMISSION
FRI.—12:00 noon to 6:00 p.m.
SAT.—10:00 a.m. to 6:00 p.m.
SUN.—10:00 a.m. to 4:00 p.m.
Over 135 outstanding local & national dealers of U.S. coins and currency, foreign coins & medals, post cards tokens & medals.

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Educational Forums, Exhibits, Ample Free Parking, Raffle Prizes and More

APRIL HOMEWORLD EVENT 5 DAY SPECIALS! APRIL 13-APRIL 17 FROM LINENS AND BEDDING SAVE 20% TO 50%

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Choose Sabrina by Springmaid® or Jacqueline by Fieldcrest® at these special 5-day savings. 180-thread count styles. Sheets.

	reg.	sale	5 days only
Twin flat/fitted	12.00	9.99	6.99
Full flat/fitted	19.00	15.99	11.99
Queen flat/fitted	28.00	22.99	16.99
King flat/fitted	35.00	28.99	20.99
Std. cases, pr.	16.00	12.99	8.99
King cases, pr.	17.00	13.99	9.99

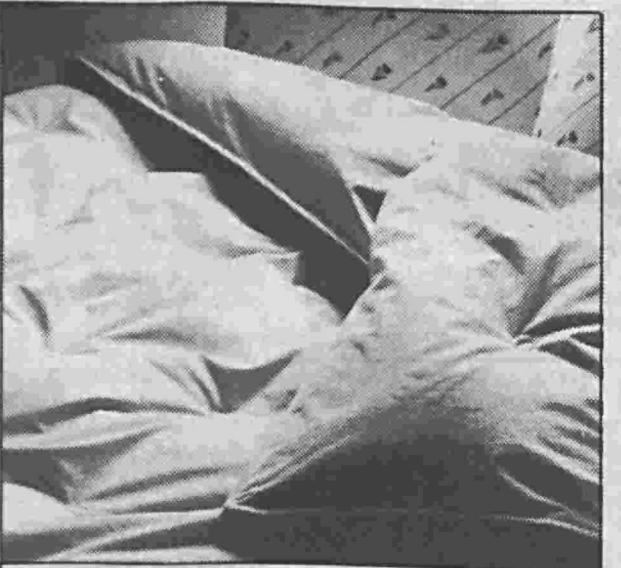
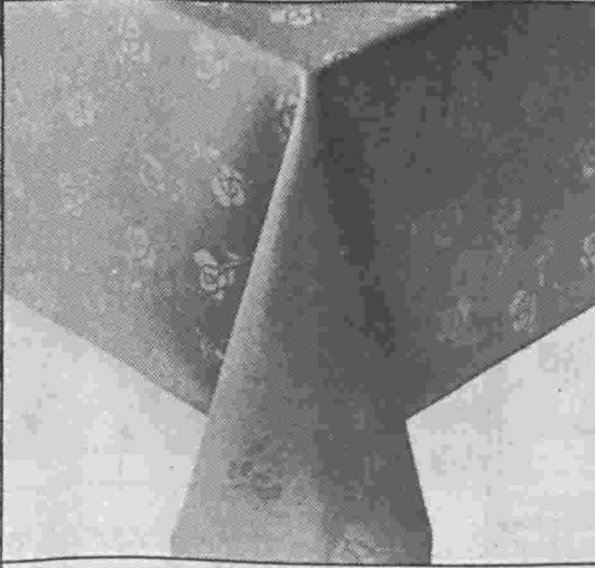
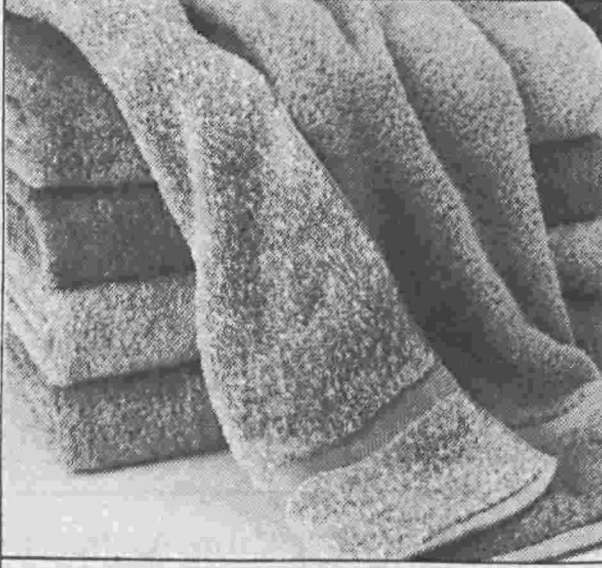
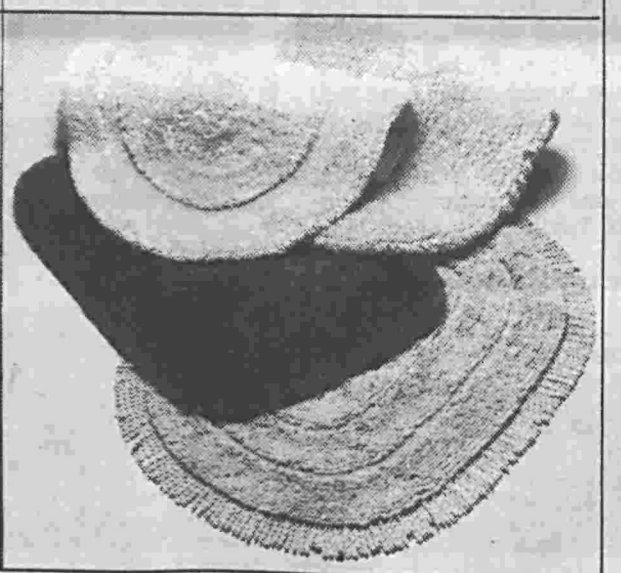
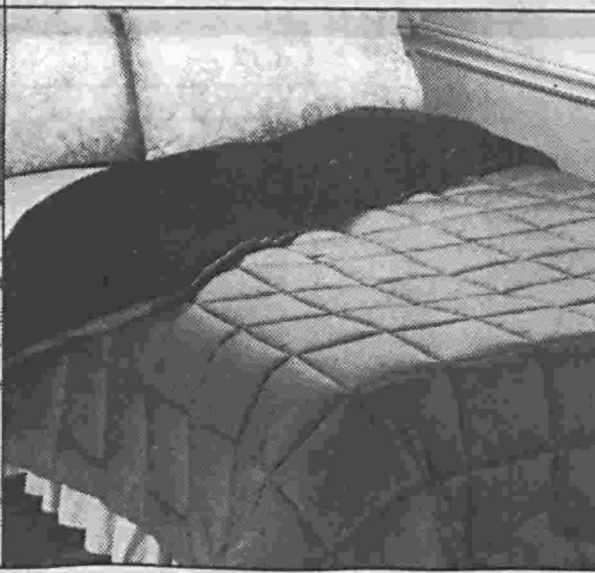
29.99 TWIN CROSCILL REVERSIBLE CUDDLE-UP COMFORTER

Double your color choice with Croscill's Cuddle-up. Kodel® polyester fill with polyester/cotton cover in royal/red, black/grey, dusty rose/rosebud, peach/coral, slate/sky blue. Decorator Comforters.

	reg.	sale
Twin	70.00	29.99
Full	120.00	59.99
Queen	150.00	69.99
King	185.00	89.99

SAVE 25% BATH RUGS IN 4 STYLES

Reg. 12.00-67.00. Choose Lacey's Royal Plus in Antron® nylon or Homestead II in reversible 100% cotton; Regal's New Generation in Dacron® polyester; or Mystic in 100% Antron® nylon. Bath Shop.



7.99 BATH SIZE ROYAL TOUCH TOWELS BY CANNON

Reg. 16.00. Enjoy the soft luxury of Royal Touch towels, styled in 100% cotton. Choice of 12 colors. Bath Shop.

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Hand towel	10.00	5.99
Washcloth	6.00	3.99

9.99 52x52" SIZE SAVE 40% ON SOLID COLOR VISA TABLECLOTHS

Reg. 16.99-28.99. Solid color tablecloths styled of Visa® Dacron® polyester are stain-release treated, machine washable. Choice of colors. Stock on hand only. Tabletop Shop.

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60x104" size	36.99	21.99
70" round	28.99	16.99
Napkins	2.49	1.49

SAVE \$75-\$200 OUR AVENUE MARCEAU GOOSEDOWN COMFORTER

Our exclusive Avenue Marceau is plumply filled with high-grade imported white goose-down, ring-stitched quilted for maximum loft. Made in the Northwest. With 10-year warranty*. Bedding.

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Full	325.00	199.99
Queen	400.00	249.99
King	500.00	299.99

*Copies of warranty available in our Bedding Department.

Diet Pills Sweeping U.S.
(Paid Advertisement)

Doctors Invent 'Lazy Way' to Lose Weight

U.S. Gov't. Approves Patent Claims for New Diet Pill

BEVERLY HILLS, CA (Special)—An amazing new weight loss pill called "fat-magnet" has recently been developed and perfected by two prominent doctors at a world famous hospital in Los Angeles that reportedly "guarantees" you steady fat loss and calorie reduction by simply taking their tested and proven new pill.

The U.S. government has just approved the doctors' claims for a hard-to-get patent that confirms "there has never been anything like their fat-bonding pill process before." It is a totally new major scientific breakthrough and is revolutionizing the weight loss industry.

You Can "Eat Normally"
Best of all, "you can continue to eat your favorite foods and you don't have to change your normal eating habits. You can start losing fat and reduce calories from the very first day, until you achieve the ideal weight you desire without exercising."

Flushes Fat Out of Body
The new pill is appropriately called the "fat-magnet" pill because it breaks into thousands of particles, each acting like a tiny magnet, "attracting" and trapping many times its size in undigested fat particles. Then, all the trapped fat and calories are naturally "flushed" right out of your body because they cannot be absorbed.

Within 2 days you should notice a change in the color of your stool, caused by the fat particles being eliminated.

"Automatically" Lose Fat
According to one of the inventors, Dr. William Shell, heart specialist and associate professor of medicine at UCLA medical school, "the new fat-bonding process is a "lazy way" to lose weight because the pills alone "automatically" reduce calories by eliminating dietary fat. It is 100% safe and not a drug."

The fat-magnet pills are already sweeping the country with glowing reports of weight loss from formerly overweight people in all walks of life who are now slimmer, trimmer and more attractive again.

Now Available to the Public
If you are trying to lose 20, 50, 100 pounds or more, you can order your supply of these "no-risk" highly successful fat-magnet pills directly from the doctors' exclusive manufacturer only (includes optional calorie-reduction plan for even better results). Send \$20 for a 90 pill supply (+\$3 handling), or \$35 for a 180 pill supply (+\$3 handling), to: Fat-Magnet, 9016 Wilshire Blvd., Dept. WX70, Beverly Hills, CA 90211. (Unconditional money-back guarantee if not 100% satisfied.) Visa, MasterCard and American Express OK. (Send card number, expire date, and signature.) For fastest service for credit card orders ONLY call anytime 24 hours, toll free 1(800) 527-9700, ext. WX70.

THE BON MARCHE

SEATAC MALL



DECATUR'S PETE Milac (19) and Federal Way's Sean Peters (15) went airborne on this play Saturday night at Federal Way Memorial Field. The Eagles opened up a 2-0 lead before holding off the Gators in the second half for a 2-1 victory.

photo by Rhonda Davis

Federal Way booters knock off Decatur, 2-1

The Federal Way boys' soccer team broke into the win column in South Puget Sound League play with a 2-1 victory over crosstown rival Decatur Saturday night at Federal Way Memorial Field.

The win raised Federal Way's record in SPSL play to 1-2 while boosting the Eagles' overall mark to 2-3-1. Decatur fell to 2-1 in league and 6-2-0 on the season.

"It was a fun game," said Federal Way coach Mike Minahan. "We played well. It was one of the better games I've been involved with."

"That was one of the few games we've had the whole team eligible and ready to play. Injuries and eligibility hurt us at the start. Having everybody there made one difference and we did a better job of working the ball up."

Federal Way had opened up SPSL play with a 4-2 loss to Curtis March 28 and a 2-0 defeat to Lakes March 31, while Decatur beat Clover Park 3-0 and Sumner 5-2 in its first two outings.

"We tended to be a little erratic and played too much through ball," said Minahan of his team's earlier performances. "The other day we worked the ball up a lot better."

RICKY LIVELY, who moved to sweeper for the game, scored Federal Way's first goal in the 34th minute.

"That was a very well-played goal," said Minahan. "It was built up all the way from out fullback."

Beau Olson started the goal-scoring play for Federal Way, said Minahan, explaining that he made a nice move to get around the right wing and then

centered the ball to Ricci Greenwood, who dished off to Liveley for the goal.

Greenwood added the second goal in the 61st minute after getting fouled in the penalty area. On his indirect free kick, Greenwood "put a nice, low shot to the near post" for a goal, Minahan said.

Sean Young scored in the 68th minute for the Gators.

Federal Way played the entire second half with only 10 men, however, as Kenny Phillips was ejected in the first half on a red card.

Federal Way and Decatur both resumed SPSL play last night (after press time) as the Eagles took on Puyallup at home and the Gators travelled to Curtis.

Friday, Decatur hosts Lakes at 7 p.m. and Federal Way goes to Bethel for a 5:30 p.m. kick-off.

Touring Soviet team will visit Federal Way in May

By CHUCK MINGORI

Federal Way will be hosting the Soviet National Junior basketball team for a few hours next month as part of the team's 16-day, 11-game tour of the United States.

The Soviets are scheduled to play a select USA team of Pacific Northwest players that includes Federal Way basketball player Jason Schmidt at 7:30 p.m. May 18 at the University of Puget Sound Field House.

Local coordinator Frank Tension said the Soviets are going to spend only a "limited amount of time" in Federal Way due to their hectic schedule.

But a luncheon has been scheduled at a Federal Way restaurant along with a visit to Sea-Tac Mall and a stop at the site of the Goodwill Games Pool under construction in West Campus.

"The prospects of all this is pretty exciting," said Tension, a long-time resident of Federal Way who also is detective/administrative sergeant for the Federal Way precinct of the King County Sheriff's Department.

Schmidt, a 6-foot-8 center who was named to the All-South Puget Sound League first team this past season, is one of 15 Northwest players selected to play in the game against the Soviets.

"We feel very confident that Jason will be a very intricate part of this team," said Mike Conners, Western Washington Amateur Athletic Union (AAU) director. "He's as good as anybody out there for his size."



Jason Schmidt

CONNERS, FORMER Husky basketball player Rafael Stone and O'Dea High School boys' basketball coach Lou Hobson made up the committee involved in selecting players for the team, with input from others, said Conners.

Also selected to play for the USA team of Pacific Northwest are the following high school seniors:

Jack Estep (Redmond), Gary Patterson (Redmond), Tim Goodman (Chief Sealth), Marcus Stubblefield (Chief Sealth), Grant Tracy (Mercer Island), Brent Williams (Curtis), Scott Spink (Sehome), Tyler Hineman

(Juanita), Ryan Kaps (Sequim), Charles McKinney (Wilson, Ore.), Marcus Lollie (Sealth), Rolando Garcia (Grandview), David Rockwood (Redmond) and Antoine Stoudamire (Jesuit, Ore.).

The USA Pacific Northwest team will be coached by Hobson of O'Dea and Bruce Bailey of Lakeside.

Tension, who has been with the King County Department of Public Safety for more than 20 years, said that the Soviets picked Federal Way as one of their stops after hearing that it was a new city.

"Unfortunately, I'm afraid they might be a little disappointed because they were told this is one of the newest cities in the United States," Tension said. "They probably have visions of brand new buildings, a state of the art future type of thing."

THIS IS THE third consecutive year that the Soviet National Junior team has accepted an invitation by the AAU Boys' Basketball Committee to play an exhibition series in the United States. Last year, the Soviet national team compiled a 6-4 record and in 1987 it finished with a 7-2 mark. The Soviet team will be comprised of that country's top junior (18-20 year old) prospects. This is the Soviets' first visit to the Pacific Northwest.

"They take it very seriously, they're out to win," explained Dennis Young, who is in charge

Continued on B-2

Stadium's Leebrick out to help others avoid alcoholism, drugs

By TIM CLINTON

Don Leebrick has been there, and now he's doing his best to keep others from making the same mistakes.

The Stadium assistant baseball, football and basketball coach (and head football coach from 1984-86) is a recovering alcoholic who has started "Peaks, Valleys & Choices" for the Tacoma School District to teach students the dangers of drug and alcohol abuse.

Leebrick is giving presentations throughout the area, in-

cluding audiences outside the district when invited. He gave one recently on "The Athletic Alternative" to high school athletes in Tacoma, and next year he will teach only three classes at Stadium to devote the rest of his day to the project.

"The Tacoma School District has been 100 percent supportive," said Leebrick. "It's neat that they supported me when I was having a tough time and now they endorse me to help keep kids from having the same problems."

Aside from the district, others supporting the program are the Washington Interscholastic Activities Association, Stadium High School and a number of private benefactors.

"I'll serve the district in any area they feel I can be of assistance to kids," said Leebrick, who also has an upcoming presentation at Pacific Lutheran University. "I'm not proud of being an alcoholic, but I'm very proud to be in recovery"

Continued on B-2

SportsWatch

Around Town

Mariners

The Seattle Mariners will be at home in the Kingdome today, playing the Chicago White Sox at 7:05 p.m.

Friday and Saturday the California Angels come to town at the same starting time, and they stay for 1:35 p.m. action Sunday.

The defending American League champion Oakland A's are next up, playing in the Kingdome at 7:05 p.m. Monday and Tuesday.

All Seattle games are carried on KIRO-Radio 710.

Sonics

Seattle comes home tomorrow to play Miami at 7 p.m. at the Seattle Center Coliseum, and Saturday Denver pays a visit at the same time.

The Sonics visit Golden State for 7:30 p.m. action Monday, and Tuesday they come home to face the same team.

Seattle action can be heard on KJR-Radio 950.

Tigers

The Tacoma Tigers are still on the road this week, playing in Tucson tonight, tomorrow and Friday before going to Las Vegas for action Saturday through Tuesday.

Stars

The Tacoma Stars host Los Angeles in the Tacoma Dome at 7:30 p.m. today, and Dallas visits at the same time Saturday.

Sunday the Stars wrap up their regular season at San Diego with a 6:05 p.m. start.

Longacres

Longacres is open tonight through Sunday this week. Racing starts at 5 p.m. today through Friday, with 1 p.m. starts Saturday and Sunday.

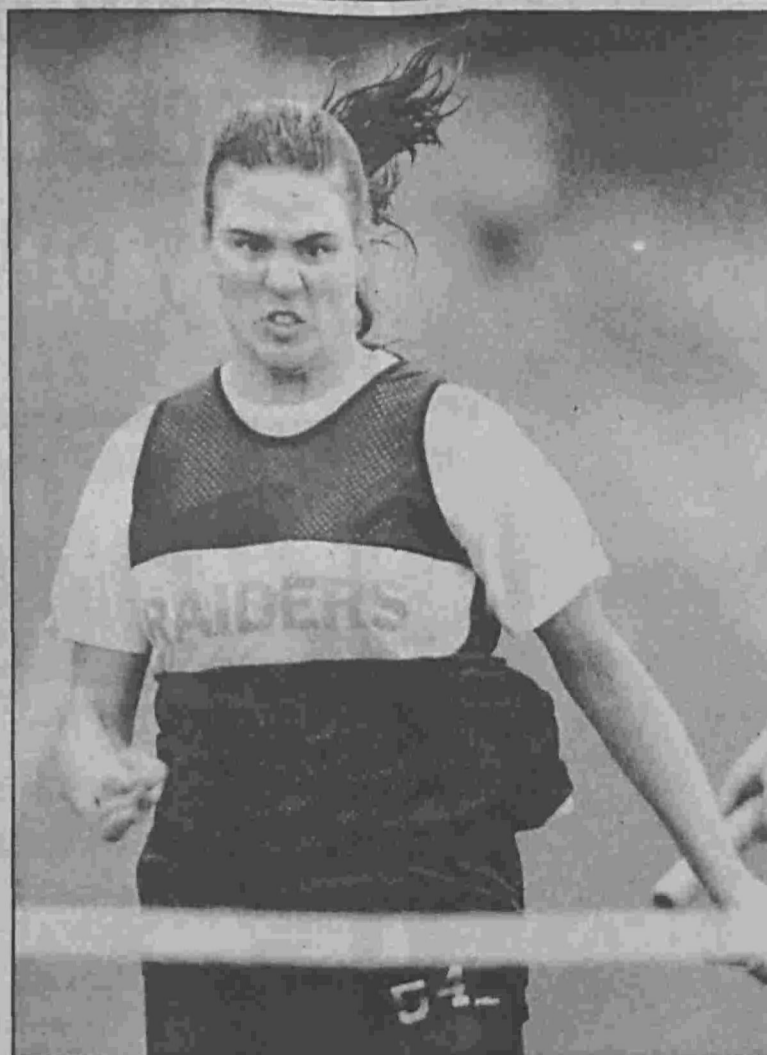


photo by Paul T. Erickson

AMY CANNON and the Thomas Jefferson track team will host Curtis for a 3 p.m. meet at Federal Way Memorial Field tomorrow.

Home Teams

Softball

Two games will be played at Steel Lake Park at 3:30 p.m. today, with Decatur taking on Sumner and Thomas Jefferson going at it against Clover Park.

Federal Way is on the road at Bethel.

Tomorrow Federal Way hosts crosstown rival Decatur, also at Steel Lake, with TJ's next action being a makeup game against Puyallup at home Friday.

Monday Decatur is home against Bethel as Federal Way visits Spanaway and TJ goes on the road to Puyallup.

Baseball

Federal Way is home playing Bethel at 3:30 p.m. tomorrow, while Thomas Jefferson hosts Lakes at the same time.

Decatur will visit Clover Park.

Friday the Gators come home to play Lakes as Federal Way hits the road to Clover Park and Thomas Jefferson goes to Spanaway Lake.

Tuesday Decatur is home again taking on Spanaway Lake and Federal Way is at Lakes. TJ has a bye.

Soccer

Decatur will be home at Federal Way Memorial Field Friday, battling defending South Puget Sound League champion Lakes at 7 p.m.

Federal Way is at Bethel at 5:30 p.m., while the defending state champion Thomas Jefferson team has a bye.

Tuesday Federal Way hosts Spanaway Lake at 7 p.m. and TJ is at Clover Park at 5:30 p.m.

Other action

Track action resumes tomorrow, with Thomas Jefferson hosting Curtis and Federal Way at Sumner at 3 p.m. Decatur is at Puyallup Friday.

In girls' tennis tomorrow, Decatur is at Bethel, TJ at Clover Park and Federal Way at Curtis. Monday TJ is home against Spanaway Lake as the Eagles host Sumner and Decatur entertains Lakes.

Tiger coach steering others away from alcoholism

Continued from B-1

and feel I have something to share with kids."

THE STORY Leebrick has to share includes successes as a high school and college athlete and as a 23-year coach and teacher, and of a problem that led to his being institutionalized and considering suicide only one year ago.

Leebrick did not start drinking until he was 21 years old, and he credits high school and college athletics for that.

"Athletics kept me occupied," he said. "The coaches were good role models, and I was addicted to athletics. That was what I wanted to do."

Leebrick earned nine varsity letters at Wheatridge High School in Denver, Colo., playing football, baseball and basketball.

His talents landed him a football scholarship at Whitworth College in Spokane, where he started at quarterback for four years and took all-league, all-district and All-American honors.

He caught on with the Tacoma School District as a teacher and football and basketball coach at Jason Lee Junior High, and 13 years later he went to Mount Tahoma High School.

He was the offensive coordinator for the Thunderbirds' football team, helping it to back-to-back state championships in 1979 and 1980, including a 24-game winning streak.

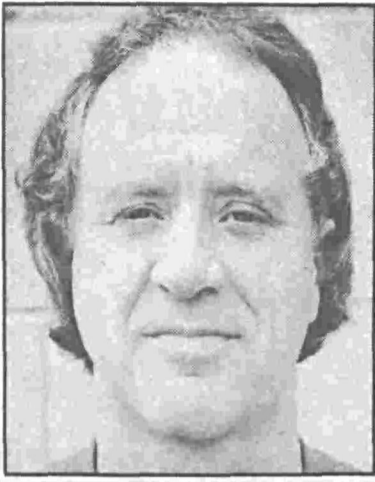
Leebrick went on to take the head coaching job at Stadium in 1984, and remained at that post through 1986, after which he became an assistant.

THE PROBLEMS with alcohol grew worse, however, before reaching a peak last year. Leebrick said he drank "anything and everything" with alcohol in it.

"There's a fine line between controlling drugs and drugs controlling you, and I don't even know when I crossed it," said Leebrick.

Leebrick's first step to correct the problem was at Puget Sound Hospital, but he felt he did not need help at the time.

"I was in for all the wrong reasons," he said. "It was for everyone else's problems, but not for me. Out of denial I had



Don Leebrick

not admitted my life was out of control because of the use of alcohol."

He stayed for only one week. "I had gone 14 days in a row with no sleep, and I couldn't make a commitment to make myself well by using the tools of the program," he said.

"I still wanted to drink, and I was very, very depressed at the time. The guy next to me died during the night of a grand mal seizure, and that scared me to death. Another reason I walked out was because they talked about me needing 90 meetings after a 28-day program."

Once out, Leebrick found himself using drugs in an effort to sleep (he wound up going a total of 28 days without sleep), and anti-depressant drugs while drinking.

But his ex-wife, who he now terms as "the best friend I have," convinced him to go to St. Peter's Hospital in Olympia the day after leaving Puget Sound.

"But I was still in denial," he said. "I did not want to be there. I was stifling my feelings. That's what kids do today — rather than deal with it they drink. What a lot of people do is they use alcohol to cover the feelings they don't want to deal with. It's a real crutch."

Four days later — when he was up to 18 days without sleep — Leebrick hit a new low.

"I had real serious suicidal delusions," he said. "If I could have gotten out, I wanted to end my life by jumping off the Narrows Bridge. I had it all planned out."

HE WAS visited by a psychiatrist, however, and

wound up staying under treatment for 21 days.

"He tried to medicate me to get to sleep, and to deal with some of the issues of my life," said Leebrick. "Those people helped save my life because I finally admitted I needed help. In those 21 days I realized I did not want to die. I realized I could not be well as long as I used alcohol."

Leebrick returned to his job one month after his release, but still "made a few more slips."

He points to July 11 of last year as the day that turned his life around completely.

"I admitted totally that I was on alcohol and that I'd go to any lengths to get well and chose never to drink again," he said.

He received a copy of the "Serenity Prayer," which states: "Grant me the serenity

Soviet team to visit

Continued from B-1

of publicity for the event.

Some of the Soviet players could be back next year to participate in the Goodwill Games, said Young, adding, "Down the road a ways you're going to see these guys in the Olympics."

Although overlooked in all-state selections, Schmidt is well known to basketball followers around this state as well as those throughout the West Coast.

Last summer, he played on the Sea-Kings AAU team from Redmond that included the likes of Jeff Brown from Mead along with Estep and Patterson of Redmond. That team traveled to the Slam Jamma AAU tournament in Los Angeles, Calif., and the Las Vegas Classic.

"Those are the best tournaments on the West Coast," said Conners. "Jason did very well in both tournaments. That's where I thought his stock went up. He was very sought after down there."

Earlier this year, Schmidt had narrowed his college choice down to Cal-Irvine, Nevada-Reno, Boise State, University of Portland or Hawaii. It was not known at press time which college he would attend.

Although slowed up by ankle problems early in the year, Schmidt still received all-league honors after averaging 14.2

points and 9.4 rebounds for the Federal Way boys' basketball team, which finished with a 7-13 record in the 1988-89 season after winning back-to-back league titles the previous two years under head coach Jerome Collins.

to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference," and a related book called "The Courage to Change" from his brother Dave, also a recovering alcoholic.

He took them with him on a trip to the ocean, and the projects listed in the book included listing the things he could not change and those he could.

At the top of the list of things he could change was that he "accepted my alcoholism, and that for me would have ended in either jail, back in an institution or in death."

He also joined a support group since his release, and he is active in that to this day, attending 7-10 meetings per week.

"What I found out is there's a lot of people like me, and we

help each other not slip one day at a time," he said.

THE IDEA for Peaks, Valleys & Choices came last August.

"At that point I decided not to remain anonymous," he said. "I decided to write up a program, and ended up with Peaks, Valleys & Choices. I work with the kids to make better choices, and to choose other than drugs of one sort or another. There are a lot of other choices."

Aside from high school students, Leebrick also works with middle school students and older grade school students to reach them at an early age before it's too late.

Leebrick is attending related classes in hopes of bringing about his ultimate dream — an alternative "halfway house" school for "kids from dysfunctional families that have problems with drugs and alcohol abuse."

Students would live at the

schools "to get them into a clean, sober, environment," learning to deal with their problems while taking classes. It will have certified teachers, a psychiatrist, social workers and certified drug counselors and be accredited. It would also include athletic activities.

Leebrick is working for a doctorate in educational leadership with an emphasis on addictive studies, and it will take three or four years to get that degree. He is hopeful of starting his school seven years or so down the road from now. His thesis for the degree would be on his "halfway house" concept.

Meanwhile, Leebrick's advice is "not to take that first drink, and you'll never have a problem. I know that's ideal, because kids are going to experiment. But when you experiment you can go on to lean on it to control your problems, and then it controls you."

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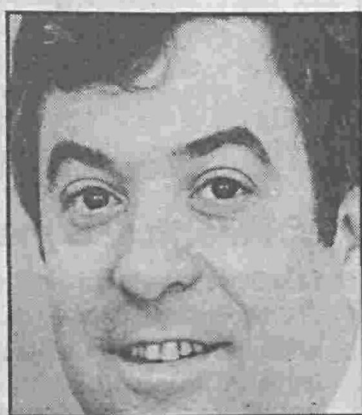
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Trip to lake for bass turns into big trout adventure

I guess over the years I've made many tentative plans to go fishing with casual acquaintances. The intention is sincere but the plans never usually work out.



Dick Benbow

Last week I was surprised to get a call from an avid bass fisherman who was "always going to take me out." The invitation was there, so I accepted. The lake, which I promised would go unnamed in my story, is small and bowl-shaped. It is about 20 feet deep and has a small island in the center.

Known for its nice large-mouth bass, my friend mentioned that it also contained some nice rainbow trout, so on a hunch I brought along my ultralight rod and reel and a few jigs.

The previous weekend my friend had hit numbers of 3-pound, pre-spawn bass and he wanted to share the fun on a repeat trip. He offered to provide all the tackle and lunch, so I was all set for a relaxed guided trip.

However, trying to relax with an upset partner can be

fish on the graph. They were 5 feet below the surface in water that was 8 feet deep.

Although we threw everything we could at the fish, they weren't having anything to do with our lures. This made things pretty tense in the boat as we snapped and retied every lure my friend had in his gigantic tackle box. Finally, out of

desperation, I picked up my ultralight and sailed a small black marabou jig into the spot where the graph showed a tight cluster of fish. Counting to five, I let the lure sink, then engaged the bail and reeled up the slack. Just as I came tight with the line, bang, I received a shockingly strong strike.

After several spirited

minutes, a big trout rolled over on its side next to the boat. I slipped the jig out of its mouth and watched it disappear into the water. I offered a jig to my friend, but he refused — but only until the next cast and strike. After we got past the fact that these weren't the kind of fish we had come for, and learned to appreciate how

well they fought, we both had one heck of a good time.

I slipped a stomach pump into one trout and extracted a bellyfull of chironomid larvae. We fished and caught trout until I believe we had given all of them at least one taste of our jigs. The battery was draining down, so we slipped back to the truck and called it a day.

South Sound bike tour is scheduled

REI and The Wheelsport Cycling Team are holding the South Sound Bicycle Tour Sunday, April 23, beginning at 8 a.m.

Start and finish are at the REI in Federal Way, 2565 South Gateway Ct. Pl. The first annual SST is a leisurely tour of the south Puget Sound area, and the rural roads of the Kent Valley.

The 62-mile course consists of two loops. The first follows Dash Pt. Rd. through the Port of Tacoma and is 35 miles long. The second loop follows the country roads between Kent and Summer and is 27 miles long. There will be one food/rest stop on each loop where there will be bakery goods, fruit and beverages available.

Every registered rider will receive a SST tank top. The first 150 registered riders will also receive an REI water bottle.

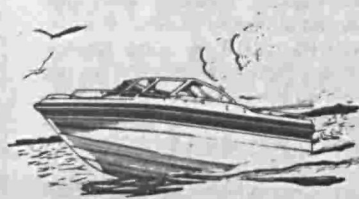
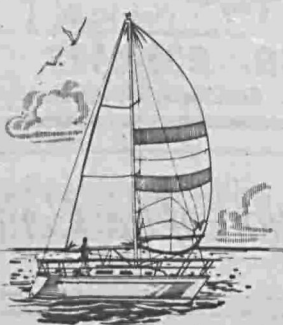
Pre-registration may be done by mailing a check to Wheelsport Cycling Team, 19003 68th St. East, Bonney Lake, Wa., 98390. Entry fee is \$11, tandems are \$18 and children 12 and under are \$9. Entries postmark-

ed after April 20 and event day registration fees will be increased by \$2. Make checks payable to Wheelsport Cycling Team. Check-in and late registration begins at 7:30 a.m. April 23. At this time, riders will receive their rider number, course map and food coupons.

Parking is limited at the REI store. Parking is available at the Continuation High School parking lot at 31455 28th Ave. So (across from REI parking lot). Additional parking is available at the King Co. Park and Rider located at 322nd and 24th St. So. REI will provide bike mechanics to help out with any last minute repairs before the ride.

All riders are required to wear a Snell/Ansi approved helmet. This event is not a race. Rain or shine the event will go on — bring rain gear. All proceeds from the SST will benefit Jeff Brain's Race Across America (RAAM) efforts.

Stop by the REI store in Federal Way to pick up registration forms.



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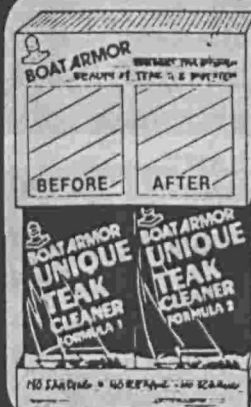
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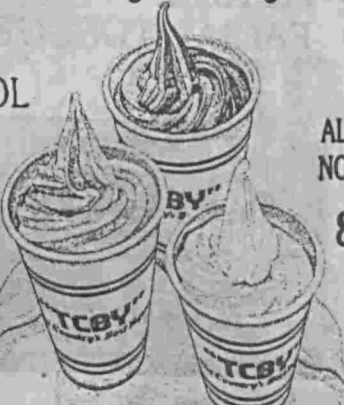
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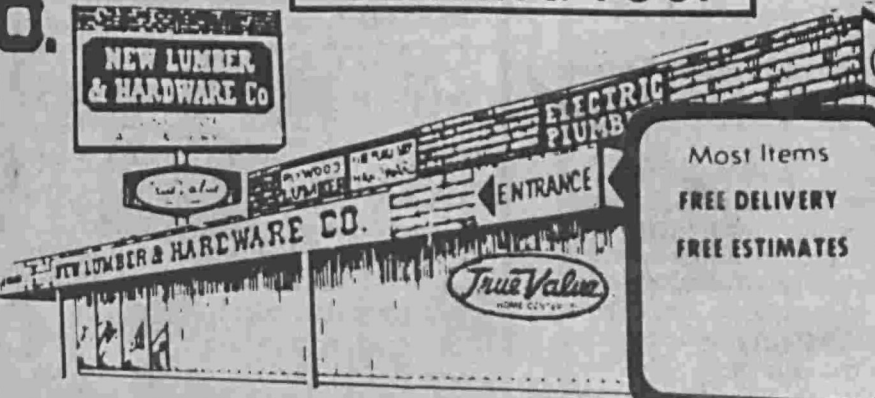
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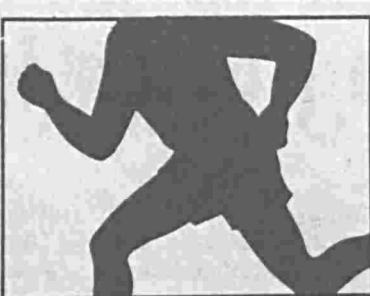


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TACOMA BOAT SHOW — The seventh annual Big Tacoma Boat Show will take place April 19-23 in the Tacoma Dome. The event will run 2 p.m. to 10 p.m. April 19-20, noon to 10 p.m. April 21-22 and noon to 6 p.m. April 23. Tickets are \$4 for adults, \$3 for seniors 65 or older and \$2 for children 6 through 12. Children under five are admitted free.

GOLF TOURNAMENT — The second annual Federal Way Chamber of Commerce Golf Tournament will take place June 14 at North Shore Golf and Country Club. Registration is limited to the first 144 paid golfers. Reservations can be made through the Chamber office by calling 838-2605. Tee times can be made with the Chamber office upon returning entry forms. Format and awards are low forms, low net in handicap and callaway division, closest to the string, best foursome gross score, closest to the pin on all par threes and the grossest score for men's and women's. Tee times are 11 a.m. to 2 p.m. with cocktails served at 6 p.m., dinner at 7 p.m. and awards presentation at 7:30 p.m. Cost is \$45 per person, which includes golf, tee prizes and dinner.

RUNNING CLUB — King County now has a new year-round running club called the Green River Gliders. Practices will be held at 5-Mile Lake in Federal Way and Les Gove Park and the Auburn Game Farm in Auburn. Cost to join is \$20 per person or two in the same family can join for \$36 with a charge of \$10 for each additional family member. For more information call Vern Stoffel at 941-9604.



Get with it

ional men's D-E softball tournament April 22. Three games are guaranteed for information with an entry fee of \$10. For team with call Jim Phipps at 847-3530. The Keep Mom Happy Tournament will be held May 13 for men's open teams with three games guaranteed. Entry fee is \$110. For information call Jim Phipps at 847-3530.

BICYCLING TIPS — Marco Tubic of REI's Novara Cycling Team and Club will present information on training, riding style, clothing and equipment in a Tips For Enjoyable Cycling presentation at Federal Way's REI store tomorrow night at 7. For information on this clinic for riders of all ability levels, call the Federal Way REI store (located in the Gateway Center) at 941-4994.

EASTER SEALS SOFTBALL — Softball teams throughout Washington state are preparing for the 1989 Jack In The Box Softball Invitational To Benefit Easter Seals. This weekend of softball mania is scheduled for Saturday, May 20, and Sunday, May 21, at Riverview Fields in West Seattle and Sunday, May 21, at Sprinker Recreation Center in Tacoma. Teams play two back-to-back games against teams of similar abilities and men's, women's, co-ed league and pick-up teams are invited to register. Before a player bats he or she guesses whether or not they'll get a double, triple or home run. If they're right, they win prizes. Top fund-raising individuals and teams will also win prizes. One in four teams will take home a trophy, and every player receives a commemorative Jack In The Box Softball Invitational T-Shirt. To register a team call the softball hotline at 1-800-678-5708.

FAMILY WALK, RUN — The fourth annual St. Francis Community Hospital 5K-10K Run and Family Walk will take place Saturday, April 22. Starting time for the 5K run will be 10 a.m., while the 10K run and family walk will begin at 10:05 a.m. Starting place is St. Francis Community Hospital, 34515 Ninth Avenue So. Fees are \$10, which includes a runner's long-sleeved T-shirt and after-race food. Call 927-9700 or 838-9700, ext. 7910 for more information.

SOFTBALL TOURNEY — Thunderball Park Sports in Graham will host the Night Crawler Invita-

Premier turnouts scheduled

The Federal Way Premier Soccer Association has scheduled girls' U-15 and U-17 tryouts.

The U-17 squad is turning out Saturday, April 15, 22 and 29 from 11 a.m. to 1 p.m. at Sacajawea Park.

The coach is Terry Jenkins (874-1038 or 927-1579) with information also available from Claude Romero at 874-6423.

U-15 tryouts are Saturday, April 22 and 29 from 9-11 a.m. at Lakota No. 3. For more information on that team, call Romero at 874-6423.

Four Federal Way premier teams made it to the Western Regional Tournament at Pleasanton, Calif. in June in three age divisions.

Both the U-12 boys, coached by Jerry Capodanno, and the U-12 girls, coached by Steve Manderville, will be going, along with the U-14 girls team coached by Mary Baumgardt.

The U-19 boys, coached by Tim Duffy, have a good possibility of going on to nationals. U-19 and U-16 teams are eligible for nationals.

GRCC gets new coach

Ray Walker, who has coached summer-league teams to near national titles the last two years, is the new baseball coach at Green River Community College.

Walker was an assistant last season to former Gator skipper Bill Hayne, who resigned recently to accept a non-baseball job with the Muckleshoot Indian Tribe.

Walker previously was an assistant coach at Edmonds Community College and Tolt High School. He also coaches the Carnation-based Sterling team that finished second and third in the Dizzy Dean World Series the past two summers. Sterling's players are 17, 18 and 19-year-olds.

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NALLEY CHILI 4 Var. 15 Oz. **69[¢]**

NALLEY DILL PICKLES 5 Var. 22 Oz. **99[¢]**

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SUNNY JIM OLD FASHION PEANUT BUTTER Creamy, Crunchy 36 Oz. **3.59**

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Johnson home run paces Kennedy

Sterling Johnson belted a two-run homer and Sean Englin pitched a four-hitter Friday to lead Kennedy's baseball team past Auburn, 7-2.

Johnson's sixth-inning blast and a four-run fourth inning backed Englin's eight strikeout performance and helped the Lancers gain their third North

Puget Sound League victory in as many outings.

Pat O'Connor lined a two RBI, bases-loaded single to left field to start Kennedy's fourth-inning explosion. Kevin Mevedich followed with an RBI single.

Greg Forsell went 2-for-5 at the plate for the Lancers, with a

single and a double. Johnson went 1-for-2.

No other NPSL baseball scores were reported by press time Friday.

Kennedy 1 0 0 4 0 2 0-7 7 2
 Auburn 0 0 1 1 0 0 0-2 4 1
 Sean Englin and Kevin Mevedich, Pete Donemeyer, Lance Westendorf (4), Ryan Kyle (7) and Jeff Shockley.



Thank You

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 for 23,423 hours given in 1988

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 April 9-16

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St. Francis Community Hospital
 34515 Ninth Avenue South
 Federal Way, Washington 98003

Lancers fall to Blanchet

Kennedy's softball team dropped a 4-2 decision to Blanchet Friday in a non-league game at Sunset Park.

Denise Jaramillo knocked in two runs with a fifth-inning double to right field, but it couldn't offset the Braves' four-run third inning.

Amy McLaughlin pitched a two-hitter for Blanchet and didn't issue a walk.

Kennedy, 1-2 on the season, returns to North Puget Sound League play this week with games Tuesday at Kentridge, Thursday at Highline and Fr-

iday at home against Kent-Meridian. The Lancers are 0-1 in NPSL play.

No NPSL Friday baseball scores were reported by press time.

Gator grad letters for Chieftains

Decatur head boys' basketball coach Lee Anderson once said of James Christianson that "Everybody should have a James on their team."

Seattle University has James this year, and he earned a varsity letter as a freshman.

Christianson, who stands at 6-1, is playing guard for the Chieftains, after being forced to play a center/forward position because of injuries at Decatur last year.

"He gives 110 percent and practices like he plays," was Anderson's analysis, and S.U. assistant coach Steve Hawes gives him similar reviews even though Christianson is adjusting to the college game.

In spite of being pitted against much taller centers last year, Christianson was second in the South Puget Sound League in rebounding for the Gators with his 11.3 average and fourth in scoring at 18.0. He averaged 1.7 steals and 1.9 assists.

Christianson had a 3.47 grade point average over winter quarter for a Seattle University team that received an award for its cumulative 3.0.

Eagle grad teams up with Gators

Terri Miller, a pitcher from Federal Way High School, is part of a "youth movement" for Green River Community College's softball team this spring.

Miller is part of a large contingent of freshmen that coach Harry Beggs hopes will overcome the loss through graduation of most of last year's squad. Only two starters are back from the team that finished third in the Northwest Athletic Association of Community Colleges tournament and posted a 30-11 record.

Willis lands top honors

Mike Willis of Green River Community College has been named Coach of the Year for 1988-89 in women's basketball by the Northwest Athletic Association of Community Colleges.

His selection, the second for him in his nine years at Green River, came on the heels of his team's fourth-place finish in the NWAACC tournament in March. It was the seventh consecutive finish in the tournament's top five for Willis-coached teams.

The Gators' 27-4 record this season gave Willis a career win-loss mark at GRCC of 188-67. The 27 wins this year were the most in a single season in the history of Green River women's basketball.

In another conference honor for the Gators, sophomore guard Kelley Connelly was named to the all-tournament team.

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- Covington 17239 S.E. 272nd Kent, WA 98042
- Smokey Point 3131 Smokey Pt. Dr. Arlington, WA 98223
- Federal Way 1618 S.E. Dash Pt. Rd. Federal Way, WA 98003
- Meeker Mall 1301 W. Meeker Kent, WA 98032

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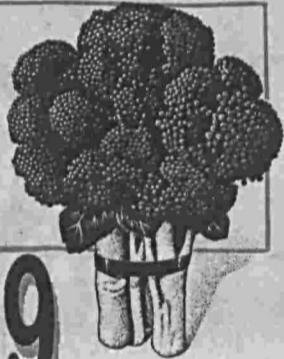
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 Reg., Light, Ex. Gold 12/12 Cans

MEISTER BRAU BEER 3.79
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COLUMBIA CREST WINE-Reserve White, Blush 3.19
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FARRON RIDGE WINE-White Grenache, Blanc de Blanc, Red, White, Blush 3.89
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If you know that someone is violating your rights but do not act on it, you may be prevented from seeking justice later. That legal doctrine is called LACHES.

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New group will study drainage

An eight-member citizens advisory committee was recently appointed by King County Councilman Paul Barden to study the Hylebos Creek drainage area.

The Hylebos/Lower Puget Sound Citizen Advisory Committee will meet the fourth Wednesday of every month to study drainage concerns and to represent community interests to King County.

The group has met at the Federal Way Library for past meetings. Future meeting places will be announced each month.

Jean Spohn, a 20-year Federal Way resident, was elected chairperson of the group at its March meeting.

The group will also study the county's basin plan. The plan will be submitted to the King County Council in about 18 months.

That plan will provide guidelines to the county for protection of natural drainage systems and will make recommendations for capital projects.

The other seven members of the committee are Marguerite Condon, Ted Enticknap, Mark Freeland, Perry Jones, Jeff Paradee, Leonard Welter and Leon Woodworth.

For more information on the committee, call Jan Ostenson, King County Public Works, at 296-6573.

King County Rape Relief will begin a six-week volunteer training program April 26. Classes will be held from 6 to 9 p.m., Mondays and Wednesdays at 1025 S. Third, Renton.

Volunteers staff the crisis line, provide legal advocacy for rape victims, or counsel victims and their families.

Call 226-5062 for information.

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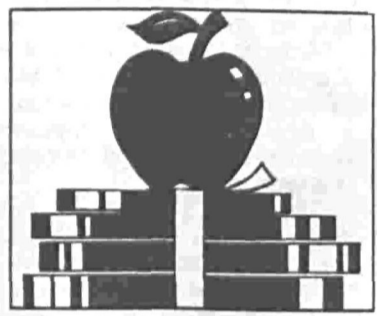
878-4412

Clarification:

Here's how to call Rep. McDonald

A letter in the Wednesday edition of the Federal Way News ("Wetlands funding runs into logjam") asked readers to contact Sen. Dan McDonald (R-48th), chairman of the state Senate Ways and Means Committee, to state their support for House Bill 1172.

Missing from the letter, however, were the phone number and address for McDonald. His office phone number is 786-7694. His office address is 105 John A. Cherberg Building, Olympia, WA 98504.



Our Schools

Four schools vie at district contest

Teams of students from Lake Grove, Lake Dolloff, Panther Lake and Sunnycrest elementary schools will square off in the Federal Way School District's first Centennial Games tomorrow.

Qualifying teams from each of the four schools will be asked a series of questions about Washington. The topics include sports, history, the environment, entertainment, culture and state disasters.

Teams will be allowed to confer among themselves to come up with the answers, and may also refer to their research on the state. The purpose of the project, open to all elementary schools in Federal Way, was to promote research among students, said coordinator Margaret Osburn, Panther Lake's librarian.

Each team won a match within its own school before being sent to tomorrow's district contest, said Osburn.

The contest begins at 10 a.m. tomorrow in the Panther Lake Elementary School Library. The school is at 34424 First Ave. S. The contest is open to the public.

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School transportation and financial aid are available. FOR MORE INFORMATION contact the Director of Admission at the Annie Wright School, 827 North Tacoma Avenue, Tacoma, WA 98403. (206) 272-2216.

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Francisco to cover county courthouse

Lynn Francisco is the new King County Courthouse reporter for Robinson Newspapers.

Francisco worked for seven years as a news reporter and anchor for five Puget Sound-area radio stations before joining Robinson Newspapers last year.

She worked as a reporter for the Federal Way News for four months and later worked for the West Seattle Herald/White Center News.

The Iowa native holds a bachelor's degree in political science, anthropology and Spanish from the University of Iowa and a master's degree in bilingual education from New Mexico State University.

As courthouse reporter she will cover news of King County government and Metro for the six newspapers in the Robinson chain: West Seattle Herald, White Center News, Highline Times, Des Moines News, Federal Way News and Com-



Lynn Francisco
community News.
She can be reached at 296-3641.

Seminar aims to teach practical self-defense

A local karate school will hold a seminar this Saturday to teach some basic self-defense skills that can be used in practical situations.

The seminar will be held by Lee's Tae Kwon Do School, 2140 S.W. 336th St., in the Twin Lakes Village Shopping Center, from noon to 1:30 p.m., April 15.

The cost of the seminar is \$10.

The seminar will teach participants the basic fundamentals of practical self-defense. It will also teach how to break away from an attacker.

The class will focus on personal safety and how to avoid potentially dangerous situations.

For more information on the seminar, call 838-5660.

Kent asks spending advice

The city of Kent is asking citizens to help set spending priorities for capital improvements.

The city is updating its Capital Improvement Program (CIP) for 1990-94, which includes plans for future streets, parks, police and fire stations, and other facilities.

Three public meetings are planned, with one 7 p.m. tomorrow at Totem Junior High School, 26630 40th Ave. S., in the

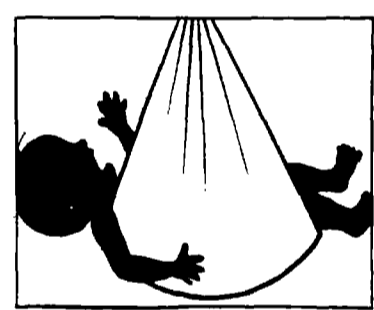
school library. Two others are on the East Hill and Valley Floor.

The meeting will include a brief slide presentation, discussion and refreshments. Questionnaires have been distributed with utility bills and can be returned to the city's Finance Department through April 30. They also can be turned in at the public meeting.

For more information, call the Finance Department at 859-4162.

BARSUHN

Staci and Barnhard Barsuhn, Federal Way, welcomed their third son March 13 at Valley Medical Center. Blayne Royce weighed 9 pounds and 4 ounces at birth. He joins twin brothers Grant and Dustin, 4½. His grandparents are Sharon and Robert Shedd, Garland, Texas, Eva and Hermann Barsuhn, South Bend. His great-grandparents are Ruby and R.E. Shedd, Post, Texas, Marjorie and Guy Gearhart, Clayton, N.M., Helena Dittman, West Germany.



Births

CHANCE

A daughter was born to Sharon and Jay Chance, Auburn, March 3 at Valley Medical Center. Melissa Ashley weighed 7 pounds and 2 ounces at birth. Her grandparents are Patricia Williams, Renton, Mary and Loren Chance, Tukwila.

Tom Dantzier, Kent. Her great-grandparents are Joyce and John Plocher, Seattle, Mary Graves, Seattle, Leland Graves, Kan., Esther and Floyd Roll, Grapeview, Dorothy Dugdale, Shelton.

MILLER

Kayla Ann, second child of Teri and Jeff Dantzier, Federal Way, was born Feb. 22 at St. Francis Community Hospital. Kayla weighed 7 pounds and 7 ounces at birth. She has a sister Suzanne, 2½. Her grandparents are Judy Dantzier, Kent, Marty Plocher, Seattle, Sandy and

Margot R. and James L. Miller, Federal Way, welcomed their second child March 2 at Auburn General Hospital. Brian James weighed 8 pounds and 8½ ounces at birth. He has a sister Kelly Marie, 3½. His grandparents are Maxine Kuykendall, Salem, Ore., Ruth and Jim Miller, Albany, Ore.

Correction: Auction story out of date

An out-of-date story ("School equipment to be auctioned off") mistakenly appeared in Sunday's edition of the Federal Way News under the Our Schools column.

The story was intended for publication on Friday, the day before the Saturday auction. In-

stead it ran on Sunday, the day after the auction, held at Panther Lake Elementary School.

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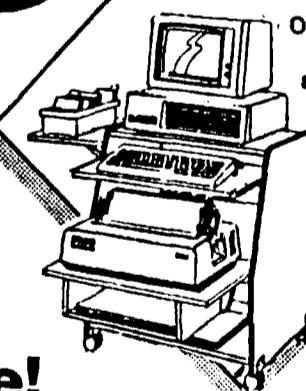
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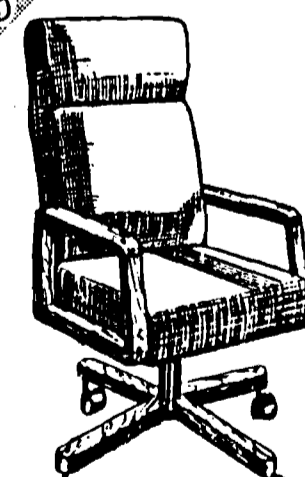
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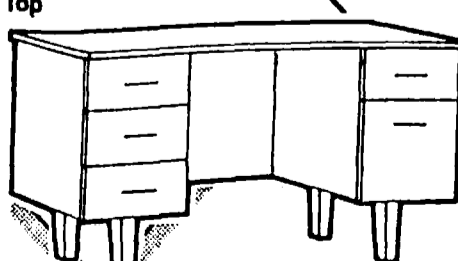


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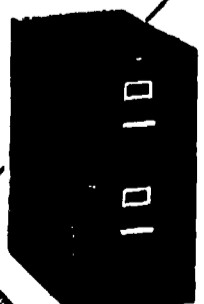


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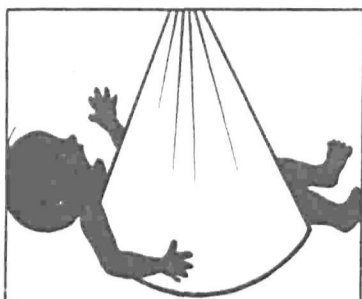
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754-1732 In The Federal Way Shopping Center

946-1101

SPERBERG Twin daughters were born to Kelley and Todd Sperberg, Federal Way, Andrea March 10 at St. Joseph Hospital. Paige weighed 4 pounds and 1 ounce and Ariel Brook weighed 4 pounds and 14 ounces at birth. COWAN Travis Gregory, third child of Melinda and Gregory Cowan, Federal Way, was born March 7 at Tacoma General Hospital. Travis weighed 9 pounds and 8 ounces at birth. He joins Sabrina, 6, and Rachel, 4. HUTCHINSON Gloria and Ron Hutchinson, N.E. Tacoma, welcomed their second child March 3 at St. Francis Community Hospital. Ron Howard weighed 7 pounds and 10 ounces at birth. He has a sister Monika Lynn, 5½. His grandparents are Ellenora and Lewis Rosa, Wausau, Wis., Gladys and Howard Hutchinson, Skiff, Alberta, Canada. His great-grandparents are Mabel and Harold Hutchinson, Lethbridge, Alberta, Canada. GLEASON Devin Avery, fourth child of Patty and Rick Gleason, Federal Way, was born Feb. 28 at St. Francis Community Hospital. Devin weighed 9 pounds and 3 ounces at birth. He



Births

joins Sean, 3, Matthew, 7, Jaime, 10. His grandparents are Marge and Bill Avery, Federal Way, Maxine Gleason, Phillipsburg, Pa.

KILEKAS Linda and Brett Kilekas, Auburn, welcomed their first child March 10 at Valley Medical Center. Ashley Ann weighed 7 pounds and 2 ounces at birth. OTTENAD Daniel Joseph, third son of Lori and Walt Ottenad, Federal Way, was born March 7 at Tacoma General Hospital. Daniel weighed 8 pounds and 10 ounces at birth. He joins Stephen, 3, and Ryan, 1. His grandparents are Dianne Graves, Auburn, Walter Ottenad, Jr., Federal Way. COMPTON Diane and Gary Compton, Auburn, welcomed their third son Feb. 17 at Valley Medical Center. Kyle James weighed 8 pounds and 14

ounces at birth. He joins Justin, 5, and Ryan, 3. OSBURN Kellie and Timothy Osburn, Auburn, welcomed their second child March 8 at Tacoma General Hospital. Jacob Daniel Edwin weighed 7 pounds and 5 ounces at birth. He has a sister Jamie, 10. HELMBOLT Alicia Irene, second child of Diana and Tony Helmbolt, Federal Way, was born March 1 at St. Francis Community Hospital. Alicia weighed 8 pounds and 11 ounces at birth. She has a brother Anthony, 2. Her grandparents are Carolyn and Daniel Madison, Federal Way, Manora Burnham, Kent. Her great-grandfather is Ed Helmbert, Star, Idaho.

GANN Catherine and Lonnie Gann, Auburn, welcomed their first child Feb. 4 at Madigan Hospital. Jason Michael weighed 7 pounds and 15 ounces at birth. His grandparents are Stella and Keith Hurn, Auburn, Diane and Gary Gann, Federal Way, Joyce Gann, Kent. OTTWELL Debra and Roger Ottwell, Federal Way, welcomed their first child March 7 at Valley Medical Center. Alycia Kay weighed 5 pounds and 11 ounces at birth. Her grandparents are Sharon and Norman Mosier, Federal Way, Jo and Roby Ottwell, Federal Way. Her great-grandparents are Margaret Mosier, Davenport, Neb., Wanda Hutier, Superior, Neb.

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Wanted: teddy bears

Weyerhaeuser Tacoma Credit Union, located in West Campus, is helping the state patrol gather teddy bears to hand out to injured or frightened children. Collection for the "Teddy Bear Troop" will run through April 30. New, small (10 inches or smaller) bears can be dropped off at the credit union, 33615 First Way S., between 8 a.m. and 5 p.m.



Tracy Horsfield

Horsfield serves as House page

Tracy Horsfield, an eighth-grader at Sacajawea Junior High School, recently completed a stint as a page in the state House of Representatives. She is the daughter of Louanne and Brian Horsfield and was sponsored by Federal Way Rep. Jean Marie Brough (R-30th). She spent her time observing the legislative process by delivering bills and messages and sitting in on sessions.

HealthLine CANCER TREATMENT METHODS

There are three main methods of treating cancer: surgery, radiation therapy, and chemotherapy. Surgical treatment involves the removal of the cancer, and when possible, repair of affected organs. Often apparently healthy tissue must be removed to help determine the extent of the disease. Radiation therapy treats the cancer with x-rays. This therapy focuses a beam of radiation on the cancer that will destroy it while minimizing damage to the normal surrounding tissue. A series of treatments is usual, and in some cases, a radioactive substance is placed directly on or in the area where the cancer is located, and removed later. Chemotherapy is treatment with anticancer drugs. Because these drugs circulate to all parts of the body, they attack cancer cells that may have spread to other areas. More than 40 anticancer drugs are in use today. For more information or referral to a physician, please dial 246-8773 or call

24-NURSE For your free refrigerator magnet call 24-NURSE Next week's topic: Breast Self Exam A Public Service Provided by H+H COMMUNITY HOSPITAL

SEARS TIRE AND AUTO CENTER YOUR MONEY'S WORTH AND A WHOLE LOT MORE!

Advertisement for Sears Tire and Auto Center featuring SuperGuard 50 tires. Includes text: "NATIONWIDE SERVICE AND WARRANTIES", "LIFETIME FREE REPLACEMENT", "34.97", "MICHELIN", "RoadHandler SCR", "32.99".

Table of tire prices and specifications. Columns include GUARDSMAN, ROADHANDLER, and TRAILHANDLER with various tire sizes and prices.

Table of performance radial tires. Columns include GUARDSMAN, PIRELLI, TREADLOC, and TRAILHANDLER with various tire sizes and prices.

Advertisement for DieHard batteries. Includes text: "NO OUTLET STOCKS, SELLS OR INSTALLS MORE SHOCKS AND STRUTS, NATIONWIDE!", "CLOSEOUT! RoadHandler Gas Quick response to changing road conditions.", "DieHard AMERICA'S #1 REPLACEMENT BATTERY", "59.99".

Advertisement for various car accessories. Includes text: "A SHOCK FOR EVERY NEED", "FRONT AND CENTER SOUND", "HELP KEEP YOUR CAR IN SHAPE", "4 piece rubber floor mat set", "10 Amp battery charger", "2 ton capacity floor jack".

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