Nuked food is hot topic

#### Track

Eagles split with Rogers



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#### Wednesday

April 5, 1989

Excellence in Community **Journalism** 

# Federal

Vol. 37 No. 41

Federal Way, Washington 98003

50 Cents

TWIN LAKES

Trash

attack

Rally targets

local litter

neighborhood park.

latest kill.

secluded spots.

of local businesses.

park garbage bins.

Ick, said Stanislay.

By MELODIE STEIGER

When the talk turns to trash.

Helen Stanislay recalls the deer.

Or rather, the parts of the deer

that were left in Lake Grove's

park when some school kids ask-

ed me if I was ever going to clean up the rotten deer parts in the woods. They had been there for days, they told me,' Stanislay said.

And indeed, the district manager of local King County

parks found deer parts - heads, hooves, shins and kneebones -

that had been dumped in the woods. Local hunters had decided to take the easiest route when disposing of the remains of their

"Actually, I almost lost my lunch," she recalled. It was the worst incident of

Stanislay's grubbiest job

cleaning up after Federal Way residents who avoid garbage

fees by dumping their trash in

People will dump anything and everything, Stanislay said.

They will dump in the woods, by

the roadside and in the trashbins

The dumpster at the Federal Way Pool is permanently chain-

ed shut except to employees

with keys, because illegal

dumpers daily filled it with their

own garbage. Stanislay caught a

woman last Friday who was

depositing her nome trash in

suit, in her nice car with the

rack on top for a windsurfer or

something...she got very huffy with me," Stanislay said. "She

wanted to know how I dared im-

IT IS THIS KIND of trash that

is the target of Spring Clean '89,

a statewide volunteer effort to clean up roadsides, parks and

neighborhoods. Locally, groups

and individuals are signing up

now to scour Federal Way on

Saturday, April 22, from 9 a.m.

As in the past, the local

Continued on A-3

pede her use of park property."

"And this lady in a business

"I was blowing (leaves) in the

City council filing

# First day yields 15 candidates

By RANDY BLACK and KURT HERZOG

Federal Way First! was first again.

Jim Handmacher, one of the original backers of cityhood, was the first person to sign up for the Federal Way City Council.

Handmacher, an attorney, was one of 15 people to of-ficially file Monday for a

two-year term on the nonpartisan seven-member coun-

He was joined in the early morning line by Phil Watkins, Debbie Ertel and Tom Trigg.

"It'll be good to get this thing going," Handmacher said. "We've been working for many years to get to this

Candidates for the new

council can file for election at the King County Records and **Elections Division between** now and 4:30 p.m. Friday afternoon.

WATKINS, A staff member for the Republican Party in the state Senate, filed for

position seven on the council. "I was born in the seventh month and my wife and I have been married seven

years," he said with a laugh. Ertel, a printing company production analyst, ran for Position 3 in the 1985 city council election. Monday, she convinced Handmacher not to

run in Position 3 because she still has signs left over from the 1985 election listing her in position three. Ertel wanted to use her left-over yard

signs, but didn't want to run

against Handmacher.

"I feel like I'm a volunteer who has been on the job for a long time," Ertel said. "Now I'm asking for the job official-

Both Ertel and Handmacher, an attorney and community activist, ran in the 1985 election. The council

Continued on A-3

#### Unpaid labor yields interest

By WENDY CULVERWELL

Once a week, Sylvia Shakerley, a Boeing engineer and Renton resident, drives to Federal Way to work the front desk at Planned Parenthood.

Nadya Curtis spends four hours a week at St. Francis Community Hospital's information desk, directing visitors to their destinations.

Marine Hills resident Fran

Morton spends Tuesday afternoons playing with 4- and 5-yearolds in the Head Start program at Mirror Lake Elementary School. Morton's own children are all in their 30s. Parents of children in Head Start get in on the action, too. Jeanette Mitchell spends time in her son Nathaniel's classroom, reading to him and his classmates.

A spinal injury 20 years ago left Bill Robinson paralyzed from the neck down. Now a Federal Way resident, Robinson spends his energy on an array of organizations, including the Paralyzed Veterans of America, the Seattle VA Hospital and the Puyallup Valley Daffodil Festival.

Shakerley, Curtis, Morton and Robinson are all, of course, volunteers. They and their

Continued on A-5



photo by Rhonda Davis

JEANETTE MITCHELL, a volunteer with the Head Start program at Mirror Lake Elementary School, reads to students. Counterclockwise from the left, they are: Nathaniel Mitchell (her son), 4, Kristen Irby, 5, Bryan

Leigh, 5, Brandy Montgomery, 5, and Aaren Marshall, 5. Mitchell began volunteering when Nathaniel entered last fall, and she likes being involved with his education.

# Deadline passes, leaves many bills stranded

As another deadline has passed and hundreds of bills, in essence, have dropped from the running, state legislators have turned their attention to passing a state budget.

Friday was the deadline for bills to be out of committee in their opposite houses of origin. Bills that made it out of one committee and into a second before the close of business still stand a chance of surviving in the session's remaining three weeks.

One notable casualty of Friday's deadline was the Metro change.

reorganization bill, sponsored in part by Lorraine Hine (D-33rd). That bill, which would have reduced the size of the Metro Council and made six of its currently 40-member federated body directly elected, died in the Senate Transportation Committee. It had passed through the House by an overwhelming 96-1

Rep. Jean Marie Brough (R-30th), who has long advocated change in the Metro Council, said now it's up to King County and the voters to make the

#### Legislature turns to budget in session's waning weeks

And, she noted, the New York State Supreme Court recently ruled that a similar federation of local governments, the New York Board of Estimates, was unconstitutional because it did not adhere to the one-person, one-vote principal. That may spur county officials into action, she added.

THE BOARD of Estimates is

comprised of officials from New York's boroughs and is responsible for land-use planning, among other things.

Hine agreed with Brough that "the ball is now in the local arena." She cited county hearings on the possible reorganization of county government and suggestions by the Municipal League and King County 2000.

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90 DAYS SAME AS CASH - O.A.C

# Report cites need for women's shelter

By VALERIE DROGUS

Where can a woman escape, in the middle of the night, if her husband or boyfriend comes home drunk and starts to beat her or the kids?

The answer, if she lives in South King County, is practically nowhere, according to a report put out by the King County Department of Judicial Administration.

That finding echoes an earlier report from United Way stressing the need for a battered women's shelter in South King

There is no protected setting

for battered women in South King County, according to both reports.

One organization, DAWN, offers a few rooms in private homes for very limited stays, said Director Diane Evergreen.

But that nowhere nearly fulfills the need for sheltering victims of domestic violence, Evergreen said. Last year, DAWN received 4,300 crisis calls from women in Highline, Federal Way, Des Moines, White Center and other parts of South King County. That more than doubled the previous year's

DESPITE THE recommendation for a battered women's shelter in the report, there are no plans to start one this year, said Paul Sherfey, assitant director of judicial administra-

The first phase of the domestic violence comprehensive plan under study by the county council finance committee, will be to set up a pilot program in Federal Way District Court to review filing for misdemeanors, Sherfey said.

Federal Way was chosen because it has already begun a program.

A new filing process can help both victims of domestic violence and the abuser, Sherfey said. One possible outcome will be to recommend treatment instead of jail for abusers.

If the county council approves the \$85,000 budget requested this year, the county will also hire a statistician to keep tabs on domestic violence incidents and a coordinator to plan the next phase of the program, Sherfey said.

Opening a South King County shelter and beginning educational programs will come in the second phase, probably after May, 1990, Sherfey said.

"Frankly, we'd much prefer the locals design their own plan," Hine said, "but the Legislature created Metro, and it was our responsibility to try to fix it." Hine said she was disappointed that despite nearunanimous support in the House, HB 2030 did not make it out of

Senate committee.

to 1 p.m.

Opposition from Eastside suburban mayors was beginning to soften, but too late to sway Eastside senators, she said.

A three-senator block from the Eastside that is opposed to the reorganization effectively killed

Continued on A-4

# comment

#### We've been part of wonderful story

o the many friends, readers and advertisers who have shared the community with us over the past 35 years, a heartfelt thank you.

Among journalism professionals, owning a community newspaper is a common dream. For us, it came true. Thinking back on all the stories told in these pages, and remembering the joy of watching the first edition roll off the press, one lesson rises above the rest.

A newspaper, especially a weekly newspaper, is really just one long story, the life story of a community and its people. To have been a part of all those stories, large and small, to watch these communities vibrate with life, has been our great good fortune.

To the new owners, we wish the same good luck, the same close friends, the same loyal readers who have sustained us. Among the items we leave to our successors the most important are the bound volumes of

We may have missed a story or two in all those years, but the story we told was a story worth telling. Thanks for being our partners in that adventure.

#### Political tightrope improves footwork

ome able individuals have shied away from the opportunity to run for city council in SeaTac and Federal Way, perhaps out of fear that they will be gobbled by the monster task of transition. The fear is natural, the reluctance understood. But think again, if you are among those who backed away from the ring.

The demands on time and talent will be huge, but so are the stakes. Like mid-wives who assist in the birth of children, those who facilitate the founding of these citic will hold a piece of history in their hands.

Again, like mid-wives, the council members will have a lot of help. These are cities eager to be born, with residents well aware of the risks and problems they face. While pressure to perform will be high, so will the enthusiasm of volunteers to share the burden.

First-termers also ought to notice that this will be an interim council. New elections will be held in the fall of 1991. Candidates elected then will serve staggered terms, some two-year, some four-year. In other words, once the cities are on their feet, members of those first councils can return to normal life.

To be wary of political life is probably a virtue. Those who attempt it walk a tightrope between egotism and the desire to serve. They may be corrupted by power em-

barrassed by the public scrutiny. But political life is also a life in which the participant has a chance to test commitment to principles, to hone talents in the arena of public life. In short, running for city council, win or lose, is a chance to grow. How often do any of us get such a chance?

If you are someone with a will to serve and some gifts to offer, your community may never need you as much

#### Don't name school for faraway place

hoosing a name for a new elementary school here is not the most critical decision our school district will make in 1989 - but in the year of cityhood for Federal Way, the state's centennial year, the decision ought to be sensitive to local history.

For that reason, we urge the decision-makers to shun sappy names from fiction that are neither local nor fitting. A few names on the short list give the impression that they refer to local places or geographic features. They would only confuse newcomers.

A better choice would be the name Hylebos, which would honor a historical figure from our own community, as well as a real creek and wetlands for which Federal Way is known around the state.

Literature is a lively and happy place to look for names, because it underlines the importance of reading and books in the lives of children. But if we can't use a local reference, let's find some names that are at least more in keeping with local not the fictitious landscape of some author from another part of America.

#### etters welcome

The Federal Way News/Community News welcomes your letters. Send them to 1634 S. 312th St., Federal Way, WA, 98003.

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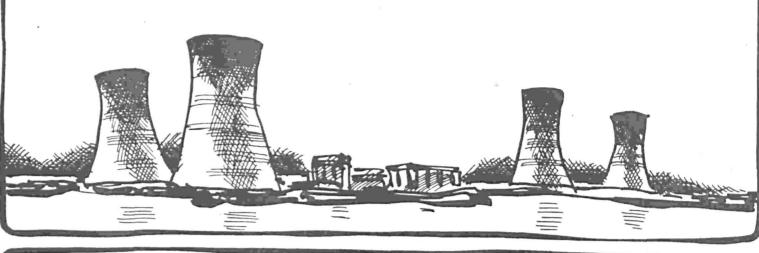
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**Community News** 

Published every Wednesday

Ten years since Three Mile Island ... a monument to careless, willful disregard for the fragile web of life on Earth.





#### Papers will stay close to community

This column introduces Joseph W. Blaha, co-owner and president of American Community Publishing, Inc. which purchased Robinson Newspapers last week.

Blaha is past president of Oregon Newspaper Publishers Association and a veteran of 25 years in community newspaper publishing.

Describe the founding of American Community Publishing. Whose idea was it to form the company, and for what purpose?

Jim Groberg (chairman) and I decided we wanted to buy a group of newspapers. We had very different backgrounds. His is financial, mine is in operations. We're very compatible, and our experience blends nicely.

I started looking around, for properties we could buy. I was surprised and delighted to learn that a company in the northwest, a company I had admired for years, was

We looked at other properties, but we kept coming back to the Robinson company. It was the right property in the right place at the right time. We feel we have a great future in Seattle and South King County.

Livability and the fact that Seattle is very beautiful are real pluses. I think this will



Joe Blaha

be one of the premiere metropolitan areas of the next century. With Boeing here, and the software companies locating here, I can't think of a better place to be than where we are right now.

Were other companies considered? Why was Robinson the choice?

Yes, we looked at half a dozen, across the country. Opportunity to grow was the main reason for choosing Robinson. One of the magnets also had to be the chemistry that developed between the seller and the buyer. That isn't always the case in a purchase.

Because the Robinson family had built the company around community newspapers, similar to my own background, the formula needed for a successful operation was already in place.

What difference will readers of Robinson Newspapers notice as a result of the new ownership?

If they kept this week's paper, and then looked at it again in two years, they'd notice many small differences, but they will occur gradually, and will be mainly in the area of layout and

Anyone who owns a paper wants to put his imprint on the products. Editorially, the stories already are well written, and the staff clearly understands what makes community newspapers

Describe your vision of the kind of newspapers these should be.

The company has an opportunity for greatness. Of all the newspapers I have seen - from Texas to Maryland to Detroit, and I mean the New York Times of the weekly field - I feel the Robinson Newspapers have the opportunity to achieve the same level of editorial. advertising and community service excellence.

Making money and doing community service are not exclusive goals. We'll continue in the same direction the company was already headed, and build on it.

What plans do you have to acquaint yourself with the communities? Will you live in the area?

The thrust of the company will be to survive, and to get even closer to the communities we serve. We will do things other newspapers can't and won't do.

Yes, I plan to live in the area. My family will join me soon. It is important for me to find out as much as possible about these communities, and to do that, I will need to meet not only community leaders, but people who volunteer in local organizations, people who feel the pulse of the community.

Each community has a personality all its own. I want to make sure our staff is dedicated to the community, from the sales staff to the circulation staff to the editors.

When someone takes over a company, readers and advertisers and customers are used to hearing a lot of words. Words are easy.

What you'll find is that your judgement will be based on our actions. I think our creativity and enthusiasm will be reflected in the entire company.

I hope these communities will watch us.

# Wetlands funding ran into

If you care about the wetlands, run, don't walk to your mailbox or phone.

Call or write Sen. Dan McDonald, the Senate Ways and Means Chair. Demand that he provide funding for HB 1172, the Department of Natural Resources Wetlands Bill, which is stuck on the floor without fun-

The real estate lobby is bearing down on Republican legislators. For their own selfish purposes, they have removed protection for Puget Sound's disappearing wetlands. They want the wetlands for their own filling, bull-dozing and other manipulations to build on them.

They want to avoid the minuscule real estate tax, which is only \$60 per \$100,000. To play the game of the real estate lobby, McDonald and your Republican legislators refuse to release the bill from committee.

An example of concern for wetlands is the fact that hundreds of citizens worked almost to exhaustion this fall and winter, researching their



Letters

answers to the familiar Department of Ecology nomination questionnaire.

Because there were no public funds to determine which wetlands could be purchased, local people have been asked to evaluate their own, under the oversight of the DOE. They faced this daunting task with faith in their hearts that the future funding of this program would

not be jeopardized. To discontinue funding for this comparable DNR program is a breach of faith to those who worked their hearts out. The bill has to be released to have funding restored.

**Ilene Marckx** 

#### Growing Philharmonic needs support

As an unpaid, working member of the Federal Way Philharmonic board, it distresses me to see financial support for the Philharmonic diminishing instead of increas-

Attendance is growing at each concert, but the need for financial support of more community members is critical if the symphony is to keep up with its everexpanding repertoire.

Performing at St. Theresa's

Church over the past four years, the Philharmonic has played some truly memorable music, like the recent Carmina Burana. The Federal Way Philharmonic is a real asset. With the spotlight on our community regarding cityhood, and the upcoming Goodwill Games, now's the perfect opportunity to support the symphony in our very own community!

> Bonnie Nowicki Crown Point

#### Thanks for covering senior dinner

Editor:

Many thanks for your excellent article on the sixth annual Thomas Jefferson High School Senior Dinner (March 24, "Parents dish out lasting

The reporter and photographer were most welcome and we appreciate your taking the time to cover this noteworthy event of importance.

Randy and Teresa Mills Chairpersons Senior Dinner

### Candidates file for May 16 primary

Continued from A-1

was held the same time as the incorporation election. Because incorporation failed, the council was never formed.

THE FIRST DAY filers were: · Ethan "Rick" Allen in Position 1. Allen ran in the 1985 city council election.

· Al Frank in Position 1. Frank also ran in the 1985 city council

Michelle Lewis in Position 5.

 Ken Poyneer in Position 7. Allen, Frank, Lewis and Poyneer could not be reached for comment on their candidacies Monday.

· Bill Shortt in Position 1. Shortt, 56, is a part-time marketing and economics consultant. He has also been active on the Federal Way Community Council and the South King County Multi-Service Center.

 Lynn Templeton in Position 2. Templeton, 37, is director of development for the Boys' and Girls' Clubs of King County and is former director of the Federal Way Boys' and Girls' Club.

• Ertel in Position 3.

· Kenneth "Kap" Pease in Position 4. Pease, 44, is a real estate agent and is director of the Southwest Council of the Board of Realtors.

• Thomas Trigg in Position 4. Trigg, 42, is owner of an insurance agency. He is active in church activities and is an advocate for the mentally ill. His recidency, however, is in question and he may not be eligible.

• Watkins in Position 7.

 Jim Webster in Position 4. Webster, 54, is former director of the King County Parks Department and is now a parttime consultant with a consulting firm, a director of a professional organization and of a professional school.

Handmacher in Position 5.

· Robert "Bob" Stead in Position 6. Stead, 55, is a partner in a local law firm and is a former Federal Way District Court judge. Stead has also been active in past incorporation campaigns. He has been on the

cleanup will be headquartered

at the Federal Way Water and

Sewer District office, 31627 First

Ave. S. Refreshments, food and

entertainment will be offered for

Spring Clean volunteers there,

said Mary Ehlis, a member of

the sponsoring Federal Way

Although the emphasis of this

year's cleanup will be

beautification by trimming and planting in visible areas, much

of the effort will still be the

removal of garbage, dumped at

roadsides, creek beds and va-

cant lots throughout Federal

AND THERE WILL BE plenty

of garbage to go around. King

County road crews routinely pick up some 98,000 pounds of

garbage each year on county

roads and right-of-ways. Last

year's Spring Clean volunteers

collected 50,000 pounds of trash

C.R. Hallman, a King County

Public Works supervisor and

former maintenance supervisor

for road crews here, said much

of the county's garbage is found

in this community, clogging storm sewers and attracting

"It probably isn't worse than

any other place in the county,

rats and wild animals.

Continued from A-1

Community Council.

Way.

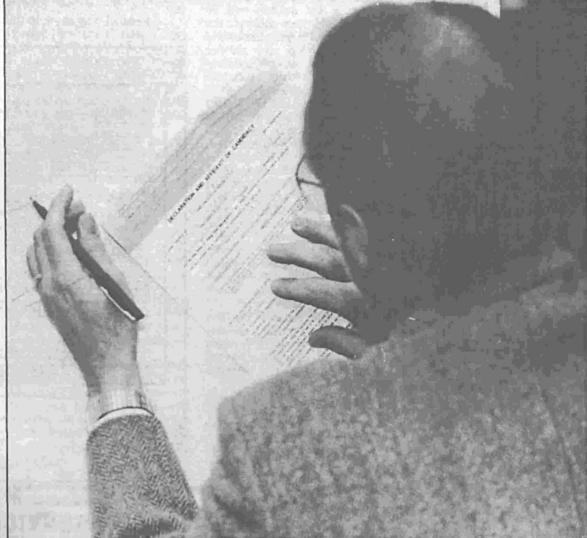


photo by ken Shipley

CANDIDATES for the new Federal Way City Council filed for office beginning Monday at the King County elections office. Candidate Phil Watkins fills out his declaration of candidacy using a wall as a desk early Monday morning when space was limited because of an early morning rush. As of the close of business Monday, 14 people had announced their candidacy for the seven-member council. Candidates may file until 4:30 p.m. Friday.

boards of Highline Community College, the Federal Way Library, the Federal Way Chamber of Commerce and was founding chairman of the Juvenile Court Conference Committee in Federal Way.

• Ray Tomlinson in Position 6. Tomlinson, 44, is a financial planner and a member of the Federal Way Community Coun-

· Don Miller in Position 7. Miller is a Federal Way Water and Sewer Commissioner who ran for city council in 1985.

THOSE who file will face off in the May 16 primary election. The two top vote-getters in each position will then face off in the Sept. 19 final election.

After elected city council members take office, they will have until March 10, 1990, to pass a resolution officially incorporating Federal Way.

The first city council is con-

Small victories occur, though.

The hunters who dumped the

deer were identified through

tags left on the carcasses, and

have an ally in 1-800-LITTERS,

a toll-free hotline set up to take

reports about such activities.

Program supervisor Mike

Aarhaus figures the state Department of Ecology spends

about \$75,000 a year for hotline

staff and materials, including

To each of the 500 suspected

dumpers called in last year,

Aarhaus' staff mailed a warning

that illegal dumpers can expect

a \$500 fine and/or 30 days in jail

if caught and given the max-

imum sentence. The recipient of

each letter also receives a trash

bag for the car, so perhaps

careless dumping will not occur

year to hire a youth corps that

"It's a wonderful way to pro-

paper and auto trash bags.

"Witnesses to illegal dumping

were fined.

sidered a transition council by state law and terms are for only two years. After that, there will be three two-year positions up for election and four four-year positions.

Eventually, all terms will be

All positions are elected at large. The first city council could later change that condition so that members are elected by district.

vide jobs for youth, but it would

be time better spent working in

parks than on the highways," he

JOHNSON ADDS that the cost

of dumping is also taken out on

the environment. Department of

Ecology figures state that a traf-

fic ticket can take two to four

weeks to decompose. A cotton

rag can take one to five months.

A wool sock can take a year, a

tin can 100 years and an

In the meantime, those items

can catch on fire, choke the

ecosystem of a bog or field, or

"The sad thing is, it's not a

necessary form of pollution. Not

that any pollution is, but it's so

preventable. It just behooves us

to keep our nests clean,"

Local Spring Clean '89 coor-

dinators are still seeking local

volunteers for cleanup projects

throughout Federal Way.

Volunteers can also choose the site they will clean. For in-

formation, call Mary Ehlis at

become home to rodents.

Johnson said.

874-3489.

aluminum can 200 to 500 years.

# staggered four-year terms.

#### Asthma, allergies discussed

"Allergies and Asthmas" is the topic of the next free health forum at St. Francis Community Hospital.

Dr. Ed LeDoux, a pulmonologist, will be the featured speaker at the April 13 forum, which will take place in the hospital cafeteria from 7-9

Participants are urged to register for the free forum early as space is limited. Call 838-9700 or 927-9700, ext. 7910.

The forum is sponsored by the St. Francis Community Hospital Auxiliary and the Federal Way



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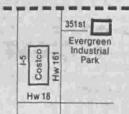
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Rally aims at another roadside detraction problem is most noticeable, because it's a densely populated area," Hallman said. "There's

Although no available among representatives of the health department, county administration and Department of Ecology is that midnight dumping is on of the rise since the cost

And where one person dumps, others will do the same, they

Leaving it where it is gives implied permission for others to do the same, and soon the place is trashed out," said Dennis Johnson of the Washington State Department of Ecology. "That's probably the key reason for keeping it clean in the first place."

no place to hide it anymore." statistics back it up, the feeling

of trash collection has climbed.

"Litter tends to snowball.

EASIER SAID than done, however. Stanislay fights a losing battle at parks in the Mirror Lake, Alderbrook and Camelot neighborhoods, where unseen dumpers leave old Christmas trees, grass clippings that clog drainpipes and the occasional piece of furniture. Eileen Hennessy, a King County Health reported trash heaps and most often finds that the culprits have but Federal Way is where the moved out of the area.

Aarhaus figures it's money well-spent. But he adds that the state spends \$1 million each

Department inspector, seeks out

Doctor Reports . . . .

picks up roadside trash.

# "Overweight Patients Lose Too Much Weight!"

ORANGE, CA - A significant weight loss breakthrough of unprecedented magnitude has just been made. A new bioactive diet pill program containing amazing E.A.B. Plus" has been perfected and is being marketed under the tradename Anorex 2000TM.

Researchers are calling it the "diet miracle of the '90s." Anorex 2000 with "E.A.B. Plus" actually turns the body into a "fat burning machine" which consumes its own stored fat, flab and cellulite thus shedding pounds and inches like magic. A panel of leading U.S. doctors and health experts found Anorex 2000 "safe for effective weight loss," However it is an extremely powerful anorectic instructions should be followed

Expense Delays Marketing Anorex 2000 was developed after

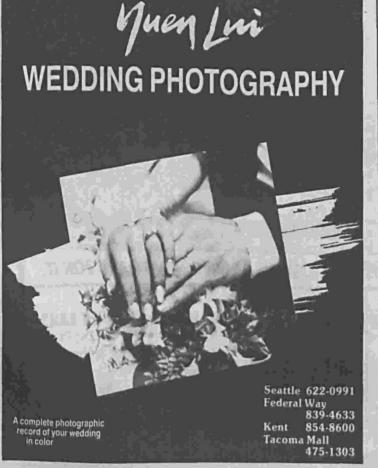
years of expensive research. Consequently it is not cheap - but it works! As one doctor commented, "My patients would pay many times the cost of Anorex 2000 to finally lose all the weight they want and need to lose - to finally realize their dreams of a thin, beautiful, healthy body. Some of my overweight patients actually lost too much weight with Anorex 2000."

Free 30 Day Trial Offer Anorex 2000 is so effective and the results are so astonishing that the manufacturer is offering a 30 day free trial. If you postdate your check a full 30 days, it will be held to let you prove to yourself that you can safely lose all the weight you want. If you are not 100% satisfied with the remarkable change you see in the mirror, just return your Anorex 2000 and your check will be destroyed uncashed. You have no risk you can't lose money, only years of unwanted fat and years off your appearance.

Send check or money order for \$36.45 (+\$3.50 for shipping and handling) for a 30 day supply or \$64.00 (+\$3.50) for a 60 day supply to Anorex 2000, 4642 E. Chapman Ave., Dept. A42, Orange, CA 92669. For fastest service for credit card orders ONLY simply call Anorex 2000 - 24 hours a day, 7 days a week TOLL FREE: 1-800-633-2222. Dept. A42, and use your VISA, MasterCard or American Express. Sorry, no C.O.D.s.

(Note: Because Anorex 2000 is such a powerful weight loss compound, doctors have advised the manufacturer to sell no more than one 60 day supply per customer.)

©1989 1-800-633-2222 Dept. A42



Continued from A-1

the bill in the Senate, Brough said. Because of its slim onevote majority, Senate Republicans are "operating in a cohesive unit as much as they can. This was one issue they were split on, but the Eastside view carried weight.'

THE COUNTY council still can put a reorganization measure before the voters. Among the ideas being discussed is an eventual merger of the Metro Council with the King County Council. That proposition was defeated once before in 1979.

Cher bills of note that did not make it out of committee inelude mandatory auto insurance. SB 6380 and HB 1041 were left in the Financial Institutions and Insurance committees of their opposite houses. But a bill backed by Sen. Peter von Reichbauer (R-30th) (SB 5499) to require proof of financial responsibility or insurance did pass out of committee and is before the House Rules Commit-

Rep. Dick Schoon's (R-30th) HB 1836, which would require all restaurants to provide nosmoking sections, also did not get out of committee. But another item Schoon has been following, a solid waste management bill (HB 1671) did make it out of committee and to the Senate Rules Committee.

Schoon also added an amendment to SB 5402 to free up state funding for small businesses and is looking at the possibility of using state funds to buy abandoned railroad lines to help local agencies and private businesses, particularly farmers, transport products to market areas.

> Relationship Problems? Pat Leckenby ARNP-Counseling/Psychotherapy

838-2326/927-4837

BROUGH HAS seen several of her bills survive the cutoff date, including HB 1369, which would tighten septic tank restrictions and keep sewage out of Puget

Sound. Brough also is happy to see HB 1635, a child support reform bill, make it to the rules committee. That bill would bring in an estimated \$5 million to \$8.7 million in previously uncollected child support by requiring employers in certain industries to register employees with the state to help enforce payment.

Von Reichbauer said the most promising thing to come out of this session to date is the Senate's budget, which allocates \$500 million for K-12 education, including \$100 million for the school construction fund, without raising taxes. In the Senate budget, new teachers would see their salaries raised to \$20,173 from \$16,700 by 1991.

Brough said she also is pleased with the Senate budget, and agrees with von Reichbauer that the additional funds for education should soften the blow of the Children's Initiative getting stuck in committee in the Senate, after passing easily through the House. That initiative still goes before the

voters in November.

ALL THREE 30th District legislators report receiving substantial mail from constituents this session, ranging from personal problems to regional issues. Schoon said he has received numerous letters concerning retirement benefits for school teachers and pay raises for active teachers. He said he also has heard from a number of constituents who would like to see church schools exempted from state education guidelines.

Brough said she's hearing from folks who are concerned about the garbage incinerator being built on the Tacoma tideflats, gun control (regarding assault rifles), the presidential primary and the Children's Initiative. Others are concerned about lifting enrollment lids to allow more students into state community colleges.

Von Reichbauer said his constituents' concerts run the gamut, but foremost on their minds is the garbage incinerator. He's pleased that he was able to attach an ammendment to the Waste Not Washington bill (HB 1671) that would require the completion of an Environmental Impact Statement before the incinerator

BROUGH PREDICTS the length of the session will be determined by how different the House budget is from the Senate proposal. Things are moving along at a fair clip now, but it remains to be seen if legislators can keep up the pace.

But lagging behind is the state transportation budget, which has been tied up in the Senate Transportation Committee, vice-chaired by von Reichbauer.

The Dash Point senator said he will not support the suggested 3-11 cent gas tax increases unless more of that money goes toward a mass-transit program than for new highways.

What he's seen so far, he said, "is nothing more than a rehash of more taxation without spending any money on mass transit, which is vital to this area." Schoon said progress also has

been slowed by the high number of gas tax proposals. He predicts a gas tax increase in the 6-9 cent range, collected over a two-year period. The 105-day session is schedul-

ed to end April 23. It can be extended if necessary, to complete unfinished legislation. For related story, see page B-

& Seat Armature

Fan & Chambe

#### Pier I's doors are now officially open

Pier 1 Imports, at 2424 S. 320th St., held its official grand opening March 31, though the store actually opened several weeks

The Federal Way store, in the

old Bullwinkle's restaurant, joins a nationwide chain of 425 Pier I Import locations. It features a variety of decorative home furnishings and fashions from around the world.



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OF THE STATE OF WASHINGTON, KING COUNTY ROXANN J. KOESTER, formerly known as, ROXANN J. HESTER, Petitioner and BRET A. HESTER, Respon-

IN THE SUPERIOR COURT

NO.81-3-00138-0 SUMMONS BY PUBLICATION FOR MODIFICATION OF DECREE OF DISSOLUTION RE: CUSTODY

TO THE RESPONDENT, BRET A. HESTER: The Petitioner has filed with the Clerk of the above Court a Petition requesting that the custody provisions of your Decree of Dissolution entered June 25, 1982, be modified to award her custody of the minor children, CRYSTAL JEAN HESTER and JOSHUA ALLEN HESTER.

You are hereby summoned to appear within sixty (60) days after the date of the first publication of this Summons, to-wit, within sixty (60) days after the 29th day of March, 1989, and defend the above-entitled action in the aboveentitled Court and answer the Petition of the Petitioner, ROXANN J. KOESTER, formerly known as, ROXANN J. HESTER, and serve a copy of your Answer upon the undersigned attorneys for the Petitioner, ROXANN J. KOESTER. at his office below stated; and in case of your failure so to do, the Court may grant the relief requested in the Petition.

NOTICE: This action has been initiated as a custody modification. It seeks to modify the Decree of Dissolution entered herein on June 25, 1982, by placing custody of the minor children, CRYSTAL JEAN HESTER and JOSHUA ALLEN HESTER, in Petitioner ROXANN J. KOESTER.

DATED: March 27, 1989 /s/Frank W. Payne of PAYNE & VERZANI Attorneys for Petitioner SERVE A COPY OF YOUR RESPONSE ON: PAYNE & VERZANI 30640 Pacific Hwy. South Federal Way, WA 98003 FILE RESPONSE WITH: Clerk of the Court King County Courthouse Third and James Seattle, WA 98104

Published in the Federal Way News/ Community News on April 5, 12, 19, 26, May 3 and 10, 1989.

PUBLIC NOTICE **SECTION 00030 -**ADVERTISEMENT FOR BIDS ADDITIONS & MODERNIZATION FEDERAL WAY HIGH SCHOOL FEDERAL WAY SCHOOL DISTRICT NO. 210 KING COUNTY, WASHINGTON

Sealed bids will be received by the undersigned until 4:00 P.M. PST, APRIL 18, 1989, at the Educational Services Center, 31405 18th Avenue South, Federal Way, Washington 98003 for the General Construction including Mechanical and Electrical Work for the Additions & Modernization, Federal Way High School, 30611 - 16th Avenue South, Federal Way, Washington 98003, Bids will be opened and read aloud.

Bidders are invited to attend a prebid conference at 2:00 P.M. on APRIL 11, 1989 at the Federal Way High School.

Drawings, specifications and other bidding and contract documents may be examined at the Purchasing Department Office at 1066 South 320th, Federal Way, Washington; at the office of Paul Hall Architects Incorporated, P.S., 521 Kirkland Way, Kirkland, Washington 98003 (phone number 827-0629) and at

various plan centers. General contractors may obtain up to 2 copies, mechanical and electrical subcontractors 1 copy of the above documents at the office of the Architect in accordance with the instructions to Bidders upon deposit with the Architect of \$100.00 for each set of documents. Others may purchase documents from the printer at the cost of reproduction.

Contracts for work under this bid obligate the contractor and all subcontractors to conform with statutory re quirements for public work

Each bid submitted must be accompanied by a bid security in the amount of 5% of the total bid, including all alternates. In accordance with the Instructions to Bidders.

required to suppl bonds conditioned for faithful contract performance.

No Bidder may withdraw his Bid after the time set for receipt of bids.

The Owner reserves the right to reject any or all bids and to waive any infor malities or irregularities in the bidding. By order of Board of Directors

Federal Way School District No. 210 Published in the Federal Way News on March 29 & April 5, 1989.

**PUBLIC NOTICE** 

The Federal Way School District No. 210 hereby solicits the interest of qualified professional consulting firms interested in providing services to conduct a Data Processing Needs Assessment Study. The study will focus on data processing needs for the following indistrict services.

I. FISCAL 2. SUPPORT SERVICES

3. STUDENT SERVICES

4. EDUCATIONAL SUPPORT 5. INSTRUCTIONAL PROGRAMS

6. OFFICE AUTOMATION Interested firms are invited to submit their statements of qualifications and performance data in conducting studies relating to computer operations, systems and programming, user or instructional computing, and telecommunications to Rudy Chevalier, Director of Purchasing/Warehouse Operations, Federal Way School District No. 210, 31405 18th Avenue South, Federal Way, Washington 98003.

Interested firms may obtain copies of proposal documents by calling the District Purchasing Office, telephone (206) 839-3735 or by mailing your request to the Director of Purchasing/Warehouse Operations, 31405 18th Avenue South, Federal Way, Washington 98003.

A pre-bid meeting will be held on Tuesday, April 18, 1989 at 2:30 p.m. in the Federal Way School District Educational Services Center Board Room, 31405 18th Avenue South, Federal Way, Washington 98003. It is imperative that all interested firms be represented at this meeting. Answers to questions regarding the proposal will be responded to at that time.

All correspondence and inquiries should be made to the Purchasing Department, Mr. Rudy Chevalier, Director, 31405 18th Avenue South, Federal Way, Washington 98003.

All completed proposals and statements of qualifications and performance data must be received by the District Purchasing Office no later than 2:00 p.m., Tuesday, April 25, 1989. The District reserves the right to reject any or all proposals or to waive informalities in the proposals.

Published in the Federal Way News on April 5 & 12, 1989.



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ALL SALE ITEMS CASH AND CARRY. DELIVERY AVAILABLE.

#### Week will focus attention on benefits of volunteering

Continued from A-1

millions of counterparts nationwide will be honored the week of April 9 to 15, which has been set aside as National Volunteer Week.

Washington Gives, the driving force behind the "Washington Give five. What you get back is immeasurable" campaign, estimates that 53 percent of the state's residents volunteer their time in some way — as legal counsel to people who can't afford it, to visit homebound elderly, to drive patients to medical appointments, to teach swimming lessons at YMCAs, to answer hotlines, to work in classrooms and churches ... the list goes on.

The "Give five" campaign is pushing for everyone to give 5 percent of their income and five hours a week to a cause of their choice, said Marion Woyvodich of Washington Gives. Washington Gives encourages volunteering for the state's over 15,000 non-profit organizations, but doesn't channel efforts in any specific direction in order to stay non partisan.

SYLVIA SHAKERLEY, the Planned Parenthood volunteer, said she originally signed up with the United Way's volunteer hotline. She soon got a response from the Planned Parenthood office in Federal Way. At the time, the agency was affiliated with the United Way.

For nearly a year, Shakerley has been making the weekly drive to Federal Way, where she has never lived, to handle front desk duties for four hours.

"I feel a lot stronger about (Planned Parenthood) now than when I started," she said. Why does she volunteer?

"I wanted to be a volunteer because I felt I was becoming a little self centered and I wanted to do something to repay the community," she explained.

Planned Parenthood will celebrate Volunteer Week by putting up a bulletin board identifying individual volunteers. Flowers, cookies and certificates or recognition are also in store.

NADYA CURTIS, who directs visitors at St. Francis, has been volunteering since the hospital opened its doors nearly two

At that time, she and her husband, a pilot for Delta Airlines. were new to Federal Way. She had left her flight attendant job to lend some stability to their

"What better way to get introduced to the community?" Curtis said of her work at the

She's also taken on a few other volunteer duties. Curtis does "a little" work for both the Children's Home Society and the American Cancer Society.

The Cancer Society rested" her last week in its annual "Jail 'n' Bail" fund raiser at SeaTac Mall. She was charged with "selling Puget Sound views to a friend" and spent several hours in the mock jail cell raising "bail."

Karen Stay, director of community involvement at St. Francis, said there are 130 volunteers who work in the hospital, and another 100 who do outside work such as fund raising. There is a lot of overlap between the two,

The Men's Fellowship is 35 members strong, but 75 percent of St. Francis's volunteers are

They work in the emergency room, cafeteria, pharmacy, physical therapy department, radiology, the birthing center and most other departments.

They save the hospital a lot of money it would otherwise have to spend on additional manpower.

St. Francis will honor volunteers with a free hospital meal and certificates of appreciation, Stay said.

FRAN MORTON first got involved with Head Start 20 years ago, when her family lived in Florida. Head Start is a federal program to prepare 4-year-olds from disadvantaged backgrounds for kindergarten. Locally, the program is housed at Mirror Lake Elementary, and Morton is one of its most enthusiastic cheerleaders.

"Head Start does what Head Start means!" she said.

Now in her 60s, Morton has cut back on the number of hours she spends in the Head Start

classroom, but, said Jennifer Aley, a Head Start spokeswoman, she's always there when they need her, scrounging up equipment for the classroom. She recently received an honorary title - resource

The ball has been taken up by parents of children in Head Start, like Jeanette Mitchell, whose 4-year-old son Nathaniel entered last September. Mitchell enjoys reading to the children and said being involved in her son's curriculum is important to her.

Morton also goes to Continuation High School once a year, to teach young mothers how they can ready their own babies for formal education. It doesn't take money, Morton stressed, just an understanding that mothers are the first and most important teachers children ever have.

**BILL ROBINSON** was among the 50 volunteers selected from throughout the state to receive the Governor's Award for Outstanding Volunteer Service. It was presented yesterday in Olympia.

His many affiliations include serving as a board member and president of the Paralyzed Veterans of America. He entertains spinal injury patients at the VA Hospital with pizza parties and arranges for the hospital Christmas party.

He chairs the Governor's Veterans Affairs Advisory Committee and is an member of the Regional Veteran's Day Parade committee in Auburn. As a Daffodilian, he helps to make the annual Daffodil Festival a reali-

In his spare time, Robinson speaks to grade school students about veterans and disabilities. He also writes to severely mentally disabled youth living in group homes.

He was nominated for the Governor's Award by Donald Porter, an Everett resident.

> **Questions About** CANCER? Call

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Spring leagues are forming now at all SRO Bowling Centers. Anyone who likes to bowl, even anyone who's never bowled, can take advantage of great prices, flexible schedules, super facilities and a variety of leagues. Then enjoy the fun of healthy activity and social gatherings with old and new friends.

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# KALEDOSCO

Soroptimist International of Federal Way proudly presents their 10th Annual

Kaleidoscope Art Show and Auction

Featuring many Northwest Artists with Mr. Jim Murphy, Auctioneer

Saturday, April 22nd Longacres Race Track Paddock Club

Doors open at 11:30 a.m. Ticket cost is \$30 per person, which includes Entry into Paddock Club & Dinner.

Tickets on sale now at The Place for Gifts and Things (838-3237). For more information, phone Dottie Van Eimeren at (H) 946-2210 or (W) 839-4260.

Proceeds to benefit local scholarships and charities.

A-6

# Irradiation's future unknown

The grapes taste good, look fresh and smell fragrant. They certainly appear more palatable than the shriveled, moldy ones sitting on the same shelf.

Both bunches of grapes are two weeks old. The difference between them is a controversial technology called irradiation.

Food irradiation is a preserving process that extends the shelf life of food and rids it of pests and bacteria by zapping it with radioactive rays.

Opponents claim the process is unsafe and unnecessary, and may create more problems than 4 it will solve. Supporters, largely from the irradiation industry, government and sciences, maintain that irradiation is a sound, beneficial technology that might be an alternative to the use of pesticides.

Consumers may not get a chance to try irradiated products for some time, however. "Irradiated foods aren't in the \* marketplace currently, except for a small percentage of spices in processed food. Food companies such as Gerber, Campbell and Kraft are cautious about adopting something so controversial.

IRRADIATION has been garound for more than 40 years but was only recently approved by the U.S. Food and Drug administration for commercial

And the technology is gaining ground. A plant planned for the Tri-Cities area may be irradiating apples, asparagus and cherries in 1990. Anticipating greater acceptance of the process, state Rep. Georgette Valle,

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165 A-13

175 A-14

165/R-15

50,000 Mile Limited Warranty

P165/80R-13

P175/80R-13

P185/80R-13

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P21575A-15

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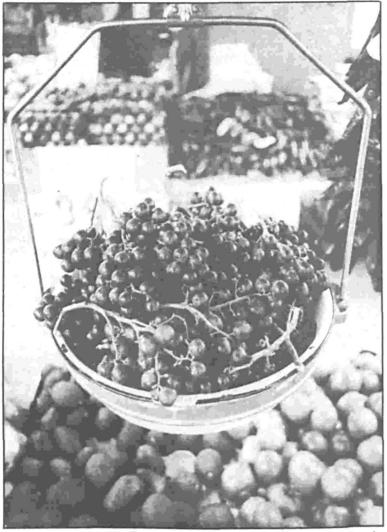


photo by Rhonda Davis

ONCE IRRADIATED, produce would have significantly longer shelf life. Grapes, like those shown, could keep their "fresh" look for up to several weeks. Public resistance has kept food producers from using irradiation, however.

West Seattle Democrat, introduced a bill this session requiring the labeling of foods con-

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P165/80R-13

P175/80A-13

P185/80R-13

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P195/70A-13

P19570R-14

P205/70R-14

P225/70R-14

P225/70R-15

P235/60R-14

P245/60R-14

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P225/75R-15

P235/75R-15

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Despite all the controversy, several large studies in the past three years show consumer ignorance about food irradiation, said Chris Bruhn, a consumer marketing specialist at UCLA.

'Approximately two-thirds of the nation's population have heard about it, but don't know anything about the process or how safe it is," Bruhn said.

"Of those informed, 60 percent are willing to buy irradiated foods." The remaining people, whom she terms "alternate consumers" or those concerned with a natural lifestyle and the environment, radically oppose irradiation.

Consumers want irradiation mainly for reducing diseaseforming microbes and to replace the use of post-harvest pesticides, her study found.

Bruhn believes the process is safe. She points out the World Health Organization has approved it, and at radiation levels 10 times the dosage allowed by the

The FDA has approved irradiation, despite numerous requests from concerned groups worried that not enough testing has been done.

FOODS ARE irradiated by ex-

Continued on A-7

GIRL SCOUT REUNION - Women who participated in the Camelot Troop #1039 between 1972 and 1981 are invited to see the movie "Troop Beverly Hills" at 7 p.m., April 11, at SeaTac South Cinemas. Contact Barbara Dorn at 839-2595 to make reservations. After the movie, interested scouts can go out for an ice cream social and get reaquainted. POLISH DINNER - A traditional Polish dinner will be served from noon to 5 p.m., April 9, at the Tacoma Polish Hall, 1650 E. 30th St. The dinner, a state centennial event, will feature Polish sausage, cabbage rolls and pierogi. Tickets will be sold at the door. For information, contact

Jean Hicker at 839-4529. NARCOLEPSY SUPPORT GROUP - People with sleeping disorders are invited to the next meeting of the support group. It will be at 1:30 p.m., April 1, in room 3 east of Providence Hospital. Call Patricia Holland at 863-4247 (Puyallup) for details. BIRD CLASSES — Thais Bock will

hold her annual bird identification course, including two lectures and three field trips, from April 10 to May 13. The cost is \$20 per person or \$30 per family. Lectures will take place at Mirror Lake Elementary School and field trips will be into West Hylebos State Park. For more information call Margaret Ward at 946-3912. The class benefits the park.

FINER WOMANHOOD AWARDS LUNCHEON - The event, sponsored by Zeta Phi Beta sorority, will be held at noon, April 8, at .the Best Western Inn in Fife. An \$18 donation is requested. Esther Hall Mumford, a well-known author and lecturer, will be the speaker. For tickets and reservations, call Ophelia Milton at

Just for You

BABYSITTER TRAINING - The Valley Medical Center will hold a babysitter training class from 6 to 8:30 p.m., April 7, at the hospital, 400 S. 43rd St., Renton. Sitters over the age of 11 will learn about household safety, and feeding and diapering babies. The cost is \$7.50, and preregistration is necessary. Call

ST. FRANCIS HEALTH FORUM -The next forum, sponsored by the hospital and the News, will Federal Way be held from 7 to 9 p.m., April 13, at the hospital. The subject will be "Allergies and Asthma" and Dr. Ed LeDoux, pulmonologist, will speak. Register by calling 838-9700 or 927-9700, ext. 7910.

KING COUNTY CLASSES - King County Parks will start a number of spring classes next week. Among them are: playschool for 31/2-to 5year-olds, basic cake decorating, guitar lessons, youth art lessons, basketweaving, and more. Preregistration is required for all classes. Call 941-0655 or 296-4279 for details and schedules.

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# Consumer acceptance will decide irradiation's future

Continued from A-6

posing them to varied doses of gamma rays, beta rays or x-rays from radioactive cobalt-60 or cesium-137. Irradiation is said to inhibit sprouting of potatoes and onions, delay ripening of fresh fruits and vegetables, eliminate many of the bacteria responsible for food poisoning and even sterilize food completely. Supporters of the process suggest its substitution for some post-harvest

pesticides.
Opponents say that irradiation creates long-range detrimental health effects and decreases the nutritional value of the food. They argue that it does not replace the pesticides used in growing the food and worry that toxic products may be formed by irradiating pesticide residues.

"The jury is still out on food irradiation," said Connie Wheeler, managing director of Consumers United for Food Safety, a Seattle nonprofit organization.

Wheeler believes irradiation might create new chemical products in the food, some thought to cause cancer. She also fears its use on food that has started to spoil, because the food will continue to age even though spoilage indicators, such as bacteria or mold, can be inhibited. The result is "counterfeit freshness," Wheeler said.

"Customers rely on a food's characteristics to tell them if something is fresh or not. Food irradiation will take that away," she said.

**BOTH SIDES** are armed with research supporting their argument.

Bruhn maintains that research shows food irradiation is safer than other technologies, such as pesticides that leave residues. "Nothing can ever be proven to be safe — only not hazardous," she said. "The philosophy of toxicology is that everything is hazardous at a certain dose."

She sees real danger in the microbes found in foods, especially spices, that may not be effectively treated through conventional methods. "Microbes are real, and people die from them," she said.

However, Wheeler and other opponents point to a study in

#### Current facts on irradiation

 Federal regulations now allow irradiation of fresh fruits, vegetables, herbs and spices, pork, potatoes and wheat

 The FDA is considering petitions seeking approval for irradiating poultry products

 Food irradiation has not become prevalent in the food market yet except for a small percentage of spices

 Irradiated whole foods must be labeled with an irradiation symbol and a message that the food has been irradiated

 Americans are ingesting irradiated spices at this time in processed foods that do not have to label their ingredients as irradiated.

 A bill requiring such labeling has reached the Environmental Affairs Committee in the Olympia legislature

 More than 30 countries have approved food irradiation, but it is banned in Great Britain and West Germany

 A food irradiator plant has been planned for Washington state at the Port of Pasco. Plants are also planned for Hawaii, Florida, Iowa, and Oklahoma.

which malnourished children in India developed abnormal blood cells, called polyploids, after eating freshly irradiated wheat. Experiments on rats and monkeys showed similar results, Wheeler stated.

Other animal studies report testicular tumors, kidney disease and shortened life spans resulting from eating irradiated foods, she said.

Some scientists agree food irradiation is unsafe. They believe that unique chemical compounds are formed in the food during the irradiation process. These compounds are feared because of their unknown qualities that may pose health risks, according to Richard Piccioni, a senior staff scientist with Accord Research and Education Associates, a New York non-profit health firm.

In an article in The Ecologist, Piccioni writes that the FDA's testing has been inadequate in ruling out cancer-causing properties in these new compounds. TESTS ALSO have been done to gauge vitamin losses in irradiated foods. While the FDA and supporters of irradiation say these losses are insignificant, Wheeler and Piccioni point to research that shows almost three times as much loss in

stored irradiated foods as in stored non-irradiated foods.

"(Supporters) say irradiated foods have an extended shelf life of three weeks. How could there by any nutrition left in a food sitting around for that length of time? It will still be subjected to the air heat and light" said

the air, heat and light," said Goldie Caughlin, nutrition consultant for the Puget Consumer's Co-op.

However, environmental

groups may not be completely informed, said Faye Dong, research assistant professor at the Institute for Food Science at the University of Washington. She is concerned that the environmental groups are trying to interpret the data themselves, and "they might not be seeing the whole picture," she said.

Environmental groups and others fear dangerous mishaps in transporting the nuclear byproducts used in food irradiation. Dong pointed out that it is no more hazardous than moving other volatile properties, such as fuel and gas.

Bruhn, the UCLA researcher, speculates that a crisis might bring about greater consumer acceptance of food irradiation. In the Netherlands, for example, the public demanded irradiation of certain seafood and froglegs after an outbreak of salmonella poisoning.

Bruhn has eaten irradiated strawberries and grapes and found they were as palatable as untreated fruit. "There was no way you would tell," she said. "They tasted fine and were not soft at all."

But the process is not perfect, she acknowledged. "It's hard on lettuce. It created brown spots where water droplets were," Bruhn added.

STILL, MOST consumers have not had a chance to try irradiated foods. Stores such as Associated Grocers, QFC and Safeway do not sell irradiated produce.

Meg Hieb is a student in the University of Washington School of Communications' News Laboratory. Hitch-n-Go Sams (Fourth Tuesday, 1 p.m.) The chapter is made up of retured couples who live within a 30 mile redius of Auburn. For information, call 631-4578.

Jet Cities Chapter of Sweet Adelines (Mondays, 7:30 p.m.) Meeting held at Calvary Lutheran Church, 2415 S. 320th St. For information, call 839-

Federal Way Chapter of Leeds Club (Thursdays, 7:30 a.m.) The businesswomen's promotional and networking club meets for breakfast at Patricia's on 336th in Federal Way. Contact Pat Mueller, 952-4111 for information. Visitors are

welcome.

Kiwanis of Federal Way
(Wednesday, noon) Meet at the Executel in Federal Way.

Ladies of Elks (First Wednesday, 7':30 p.m.) Meets at 1200 S. 336th St. in West Campus.

National Association of Retired Federal Employees, Evergreen Chapt. No. 1801 (Fourth Monday, noon) Meeting held at the Church of the Good Shepherd, 345 S. 312th St. For information, call 874-4097.

Overeaters Anonymous (Every Monday, 7 to 9 p.m.) Meetings, which feature the 12-step recovery process used by Alcoholics Anonymous, are held at the Federal Way Group Health Clinic. For information, call 839-7749 or 941-2466.

Poverty Bay Historical Society (Third Tuesday, 7:30 p.m.) Meeting held at the Federal Way Library, 848 S. 320th St. For information, call 839-0850 or 941-1935.

Puget Sound Couples Club (Meets at irregular intervals) A non-profit club for couples over 30. Varied activities such as dining, dancing, and camping. Call 839-4084 for information.

Town Criers Toastmasters of Federal Way (Thursdays, 7 to 8 a.m.) Meetings held at United Pacific Reliance Building, 33405 Eighth Ave. S. For information, Jayne Wuerch, 841-1758, or Bob Hook, 536-1775.

Breast Cancer Support Group (First and Third Thursday, 7 p.m.) Meets semi-weekly at the Good Neighbor Center, 305 S. 43rd in Renton, to discuss topics generated by participants.

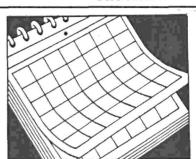
Evergreen Stroke Association (Second Tuesday, 2 p.m.) The Federal Way Chapter meets in the Physicians' Lounge of Group Health Clinic, 301 S. 320th St. to either hear a speech therapist or to have a discussion group.

Greater Federal Way Kiwanis Club (Tuesdays, 7:30 a.m.) Meeting held at Secoma Lanes, 34500 Pacific Highway S. For information, call 839-6234 or 927-3118.

Take Off Pounds Sensibly, No. 1048 (Tuesdays, 8 p.m.) Meetings are held in the recreation hall at Homewood Terrace, 30030 38th Ave. S. Call 946-1849 or 941-3647 for more information.

Federal Way Women's AGLOW (Second Monday, 6:15 p.m.) Dinner meetings are held at the Campus Cafe, 1500 S. 336th St., # 16. Call Kathlee Kampa at 874-6819 for more information.

The South King County Alliance for the Mentally III (Third Monday) A



#### Community Calendar

support group meets from 6:30 to 7:30 p.m., and a general meeting and program runs from 7:30 to 9:30 p.m., at United Good Neighbor, 305 S. 43rd St. in Renton.

Take Off Pounds Sensibly, No. 642 (Thursdays, 7 p.m.) Meeting held in the Calvary Lutheran Church basement, 2415 S. 320th St. For information, call 839-3314 or 839-6576.

Take Off Pounds Sensibly, No. 281 (Thursdays, 9:30 a.m.) Meetings held at the Camelot Square Mobile Park, community building, 3001 S. 288th. For information, call 927-3826 or 829-1097.

Sea-Tac Harmony Kings, Society for the Preservation and Encouragement of Barbershop Quartet Singing in America (Tuesday, 7 to 10 p.m.) Meet at Trinity Reformed Church, 3807 Reith Road. Male singers welcome. For more information, call 839-8719.

South King County Parent Support (Thursdays, 7:30 p.m.) Meeting of the parent group using the Toughlove philosophy is held at the Long House, St. Philomena's Church, 1790 S. 222nd St in Des Moines. For information, call 824-4637 or 927-2495.

Stephen Mills Composite Squadron of the Civil Air Patrol (Tuesdays, 7 to 9:30 p.m.) Meeting at the Federal Way Church of the Nazarene, 1525 S.W. Dash Point Road. Call 630-1080 for information.

South Star Guild for the Retarded (Third Tuesdays) Meeting at members homes. The guild raises funds to help developmentally disabled individuals and their families. For information, call Judy Morefield at 838-8390.

South King County Chapter, Northwest Steelhead and Salmon Council of Trout Unlimited (First Tuesday, 7 p.m.) Meetings are at Sportsworld Lanes, 27403 Pacific Highway S. and are open to the public. For information, call 939-3834.

Soroptimist of Federal Way (Wednesdays, 7:15 a.m.) Meetings at Executel, except fifth Wednesday of month, no meeting. For information, call 839-1755. Solo Squares (a square and round

dance club for singles) (First and third Sunday, 7:30 to 10 p.m.) For information, call 859-2223 or 939-0836. Pyramid Court of Amranth (Third Tuesday, 8 p.m.) Meetings are held at the Masonic Lodge, 1700 S. 340th St. For information, call 838-2553. Thornton F. McElroy Lodge (First

Wednesday, 8 p.m.) Meetings are held at the Masonic Lodge, 1700 S. 340th St. For information, call 87875.

Mothers of Twins The South Seattle See 'N Double Mothers of Multiples meets the second Wednesday of the month at 7 p.m. in different homes in the south end. Call 941-3539 or 859-2204 for more information.

2204 for more information.

Divorce Lifeline (Third Tuesday, 7:30-9 p.m.) The support group for divorced singles meets at All Saints' Lutheran Church, 27225 Military Road S. Call Mary Pfohl or Terri Mitchell at 624-2959 for information.

Senior Adult Dance (Fridays, 12:30 to 2:23 p.m.) Live music is provided.

Mitchell at 624-2959 for information.

Senior Adult Dance (Fridays, 12:30 to 2:23 p.m.) Live music is provided. Dances are preceded by potlucks, cards and parties and held at the Highling Community Center, 425 S.W. 144th St. The cost is \$1.50 per person. Call 344-6956 for more information.

Word Weavers (Thursdays, 6:45 p.m.) The group, Toastmasters Club #2029, meets at Edgewood Community Church, 1720 N. Meridian. Call 824-4432 for more information.

Washington Association for Children and Adults with Learning Disabilities (Third Thursday, 7 p.m.) The South Region Chapter holds its monthly support group meetings at Group Help Clinic, 301 S. 320th St. Call 941-0422 for details.

Veterans of Foreign Wars, Post 2886 (Second and fourth Tuesday' 7:30 p.m.) The Charles C. Ralls group meets at the Brooklake Community Center, 726 S. 356th St. Call 874-1933 or 839-9041 for more information.

Professional Secretaries, Int'l., Evergreen Chapter (Second Thursday, 5:45 p.m.) Meets for dinner at Andy's Tukwila Station, 16200 W. Valley Highway, Tukwila. For further information, call Shirley Cutler at 655-8786.

at 655-8786.

South End Singles (Every Friday, 8:30 p.m.) The singles group dances every Friday to live music at the Burien Elks Lodge, 14006 First Ave.

S. For information, call 285-1719 (Seattle) or 544-5054 (Taxoma)

(Seattle) or 564-5056 (Tacoma).

Capable Amputee Support Group
First (First Wednesday, 2 p.m.) The
group meets at 11316 Bridgeport
Way S.W., Tacoma. For more information, call 584-8422.

Rainier Roadriders (Third Tuesday, 7 p.m.) The bicycle club meets in room 101 of Federal Way High School. Call Mike McCoy at 893-6125 or Andy Cowen at 838-5858 for information.

Singles Resource Club (Every Friday, 6 to 8 p.m.) The club for singles meets at the La Quinta Hotel, near the Tacoma Dome. The emphasis is on friendship and activities. Call John at 242-7265 or Sharron at 848-4921 for information.

Aero Mechanics Dest. 751

(Wednesdays, 10 a.m. to noon) The retirement club meets in the Auburn Aero Mechanics Hall, 202 B St. For information, call 833-5590.

Al-Anon (Wednesdays, 10:30 a.m.) The group for friends, relatives and spouses of alcoholics meets at St. Luke's Lutheran Church' 515 S. 312th St. Call 941-6301 for details. American Association of Retired

Persons (AARP) (Second Tuesday, 1:30 p.m.) Meeting held at Steel Lake Presbyterian Church, in the

Continued on A-8

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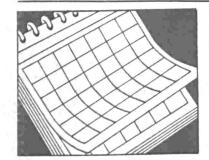
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SEATAC MALL/839-2200/APR 6-8



#### **Community Calendar**

Continued from A-7

social Room. 1829 S. 308th St. American Cancer Society (volunteer group) (Third Thursday, 10 a.m.) Meeting. For information, call 941-

Amnesty International (Third Thursday, 7:30 p.m.) The group meets a 418 N. Hazel St. in Kent. Those interested in joining may call 874-5450. Call to confirm meeting time and

St. Theresa's Singles (Second and fourth Sunday evening) The social and education group for singles meets in the St. Theresa's Rectory. Call 927-3875 for information.

Ayn Rand Discussion Group (Every other Friday, 7 p.m.) Meeting for students and admirers of Ayn Rand, in Des Moines. For information, call 878-3330, days.

Auburn Valley Art League (First Thursday, 7 p.m.) Meeting held at the Auburn Library. For information, call 941-1488.

Civil Air Patrol (Tuesdays, 7 to 9:30 p.m.) Meeting at 1525 Dash Point Road, across from Johnny's Food Store, For information, call Pat Barrett at 838-7623, or Ed Knipp, at 630-

Des Moines-Zenith Garden Club (First Monday, 10 a.m.) Meeting at the Des Moines Methodist Church, 22225 S. Ninth Ave.

Diabetes Support Group (First Wednesday, 7 p.m.) Meeting at Highline. Hospital, 16251 Sylvester Rd. S.W., in Burien. For details, call 431-5324.

Evergreen Bridge Club (Mondays, 10 a.m., Tuesdays, 10 a.m., and 7:30 p. m., Thursdays, 10 a.m., and Saturdays, 7:30 p.m.) Partnerships arranged in required. Call 927-0244 for

details.
Federal Way Civitan Club (First and third Mondays, 6:30 to 7:30 p.m.)
Has recently been meeting for single men and women committed to community involvement, Vince's Italian restaurant, 32411 Pacific Highway S. For Federal Way Elks Lodge No. 2431 (Tuesdays) Dinner at 6 p.m., meeting at 8 p.m., 1220 S. 336th St. Call 838-9200 for information. Federa Way Jaycees (Second and fourth Tuesdays, 8 p.m.) Meeting at Jaycee Clubhouse in the Federal Way Shopping Center.

Federal Way Knights Lions Club (First and third Wednesdays, 7 p.m.) The group meets at Three Pigs BBQ at the corner of South 312th and Pacific Highway S. For details, call 839-0320.

Federal Way Noon Lions Club (First and third Tuesday) Meeting held at the Round Table Pizza restaurant. Call Jim Olson, 927-0948, for more in-

formation.

Federal Way Rotary (Thursdays, noon) Meeting at Dynasties Restaurant, 32069 Pacific Highway

Goose and Gridiron (Every Monday, 11:30 a.m.) A branch of the Masons, the group meets at H.D. Hotspurs, 315 S. Washington Ave., Kent, to discuss business. For details, call 630-0471.

Desktop Publishing (Last Thursday) The user group discusses topics of interest to IBM and Mac users. The meeting is held at the Federal Way Computerland. Call Bob at 838-9150 or Barb at 939-2319 for more information.

WEIGHT WATCHERS (Every Monday) The weight loss program holds meetings each week at 5:30 and 7:30 p.m., at the Federal Way Elks Lodge, 1200 5. 336th St. Call 1-800-562-

6762 for information.
DISCOVERY SOUTH (Every Friday, 7:30 p.m.) The activity group for singless meets at Kent Commons, 525 N. Fourth Ave., Kent. Call Calvin King at 839-5445 for information.

Mended Hearts Club (Second Tuesday, 7:30 p.m.) The information group for survivors of heart surgery meets in Jackson Hall, opposite Tacoma General Hospital on K Street. Call Doug Badger, president, at 839-3442 for information.

Vietnam Veterans of America (Second Tuesday, 7 p.m.) The forming South King County chapter meets at Verrazano's Italian Restaurant, 28835 Pacific Highway S. Call Ramos at 824-4800 for more information.

The Community Calendar lists regularly scheduled meetings of non-profit groups whose membership draws upon the Federal Way community. The deadline for submitting an Item is the last Wednesday of the month. For further information, call 839-0700, or 927-4353 (Tacoma).

"Sears regrets to inform you, due to unprecedented demand, the #29642 "Life Style 2000" and the #29646 "Air Runner" Treadmills currently advertised are not available. Rainchecks will be issued pending their arrival later this month. Also, currently advertised are the #61801 refrigerator which does not have rollers and the #50041 refrigerator has dynawhite shelves, not glass as shown. The illustrations of the #68601 and #68721 dryers have been transposed in error. We sincerely apologize for any inconvenience caused our valued customers by these errors."



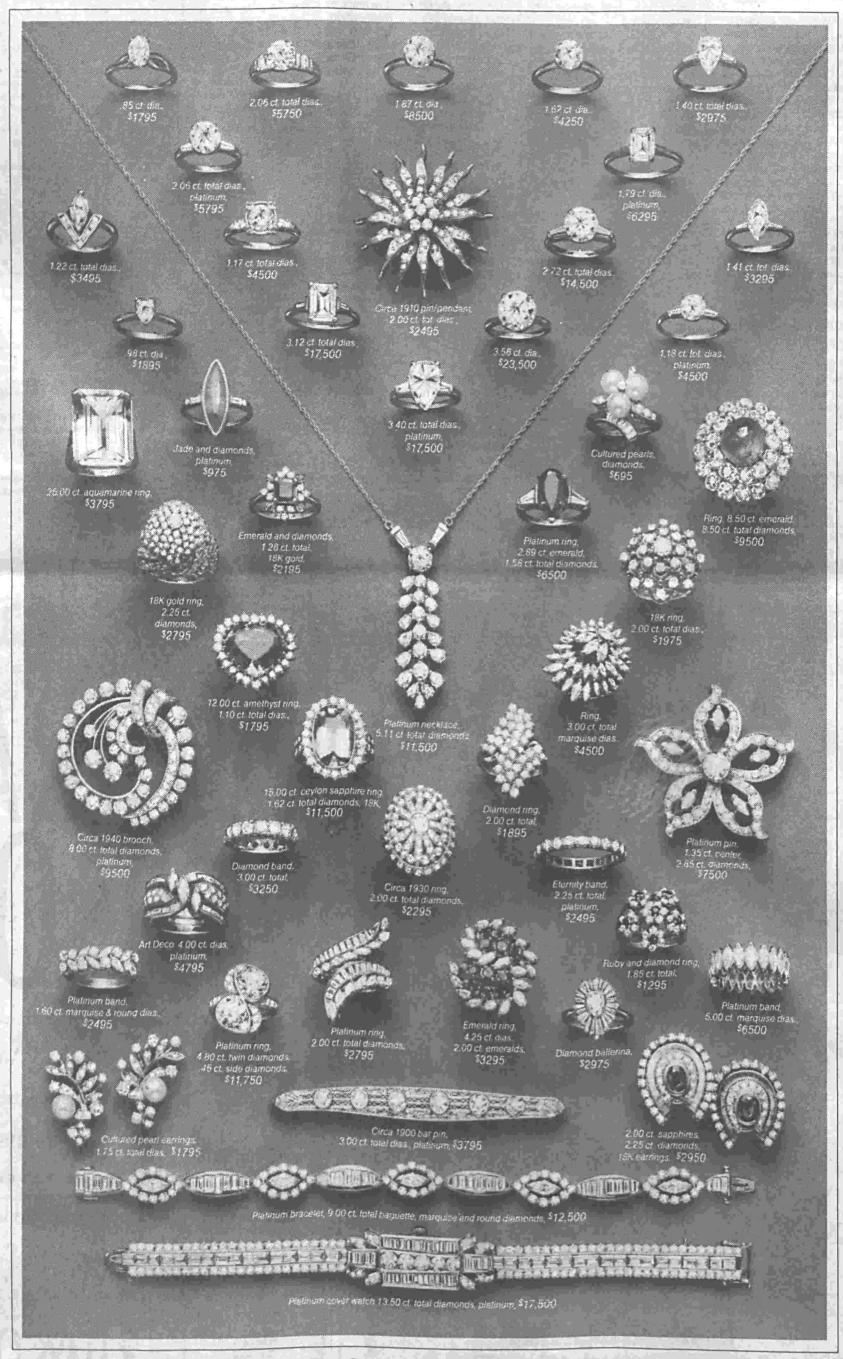
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SEATAC MALL

# Eagle track team takes split with Rams

#### Girls speed to victory, boys lose in final race

By TIM CLINTON Federal Way's track team drew a split with Rogers Friday at Federal Way Memorial Field, with the Eagle girls defeating the Rams, 75-57, and the boys losing by only a 70-66 score.

The boys team went down to the last race - the 1,600-meter relay - with Rogers winning at 3:32.9 to break a tie. Federal Way's team of Chad Klassen. Kevin Wolfe, Lake Dawson and Delane Jackson placed second at 3:41.2.

The Eagle boys' chances at victory were set back when Ed Miller won the high jump at 5-10 but hit his head. The injury was not serious, but it was enough to keep him out of his remaining two events.

"That could've made the difference right there," said Federal Way boys' head coach Bob France of his standout performer.

The Eagle girls were victorious, however.

Kelly Czubin finished first in three events, while teammates Molly McGraw and Andrea Anderson won two apiece.

Czubin took the high jump at 5-1, the long jump at 15-1 and the triple jump at 30-10.

McGraw took the 200-meter dash in 27.7 and the 400-meter dash in 1:01.0, while Anderson won the 800-meter run (2:24.5) and 1,600-meter run (5:14.7).

Czubin, Sujata Dev, McGraw and Anderson combined for an Eagle win in the 1,600-meter relay at 4:22.0.

DEV WON the 3,200-meter run with a 12:41.1 effort, and Jenny Davis picked up the Federal Way girls' other victory in the shot put at 26-11.

Davis was second in both the discus throw (79-11) and triple jump (29-11/2) and Anderson se-

cond in the long jump (14-0). Tricia Fuller placed second in the 100 and 300-meter hurdles with respective times of 20.2 and

Krystal Rodriguez came in second to Davis in the shot put at 26-81/4 and was third in the discus at 76-5.

Sarah Baird finished third in the 200-meter dash at 31.0, and Amita Dev placed third in the 400-meter dash (1:06.0) and 800meter run (2:45.2).

Sujata Dev, Amita's older sister, was third in the 1,600 at

Sara Munson captured third in the 3,200 at 13:57.3, ahead of teammate Christina DeAustria (15:05.9).

Jana Woodworth was third in the 300-meter hurdles at 56.6 and fourth in the 100-meter hurdles

Keri Stablein finished fourth in the 100-meter dash at 14.6 and Krissy Mazzeo was fourth in the shot put at 23-7.

FOR THE boys' team, Lake Dawson was the leader, winning three events.

Dawson took the 110-meter and 300-meter hurdles in 14.8 and 39.7, respectively, and also won the long jump in 20-0.

Miller was second to Dawson in the 110-meter hurdles at 14.8 and Waylon Owens third (15.7).

Tom Moen took the 800-meter run at 2:04.1 and Jeff Perry the 3,200 at 10:04.8. Moen was second in the 3,200 (10:07.7) and Perry second in the 1,600 (4:43.0).

Steve Cook was victorious in the discus throw at 111-10, followed by teammate Paul Records (101-10).

Mike Rumel won the pole vault at 10-0, leading teammates Scott Kinnaman (9-6), Charlie Carver (9-0) and Yao Huang (9-



photo by Paul T. Erickson

AFTER WINNING the girls' 800 meter run in 2:24.5, Federal Way's Andrea Anderson (right) is greeted by her friend Sara Munson.

0) in a sweep of the top four

Klassen was second in the 400 at 54.6, third in the 200 at 24.4 and fourth in the 100 at 11.8. Wolfe placed second in the high jump at 5-8 and fourth in the triple jump at 38-4.

Trent Erickson finished third in the 800 (2:11.6) and fourth in the 1,600 (4:56.1), while Cook was third in the shot put at 39-334, ahead of Records (39-134).

Jon Brown captured fourth in the 3,200 at 10:45.9 and Owens was fourth in the 300-meter hurdles (43.8).

(1:02.7).

Federal Way hosted Stadium and Sammamish for a nonleague meet yesterday, with its next SPSL action April 13 at

Tara Beckett was third in the

triple jump at 26-3, while

Brazier captured a Gator vic-

(51.3) and Hewitt claimed fourth

Unrau finished first in the 800

meter run at 2:36.7 and Wheat

was third at 2:53.0 and Berry

## Gators take a break after double loss to Curtis

recuperate from a busy well, 83-49. schedule and to take time to recover from some minor injuries.

The Gators were not at full strength Friday in their meet at Curtis as some members of the track team had to sit out with pulled muscles. "It's a good thing we have a week off," said Decatur track coach Joe Anderson. "Hopefully with a week off, they'll be back next week. We'll

Decatur's boys' track team

The Decatur track team went lost to the Curtis Vikings, 93-38, into spring break looking to while the girls came up short as

"We're just waiting for some good weather yet," explained Anderson. "It was very cold out there. Of course everybody's in the same boat, but it was cold."
Decatur's Andrew Wahl ran

well in winning the 110 hurdles with a time of 15.7, with James Cox in second at 19.3.

Wahl also won the high jump with a 5-8 effort, while Larry Hoffman captured second at 5-6 and Cox was third with a 5-0.

Jason Krilich finished second

in the shot put with a mark of 42-3 ahead of teammate Mike Derrow in third with a 41-1.

Shane Sebesta claimed third in the 1,600 meter run with a 4:58 time, while Hoffman won the 400 meter at 51.1 and Bo Criswell was fourth at 54.5.

KRILICH WAS second in the discus (127-6), while Jason Webster claimed third (107-91/2) and Derrow fourth (103-3).

Criswell finished fourth in the long jump (19-1) and Marcus Goodley won the 300 hurdles race with a 43.0 time.

Jerrol Sigsworth captured third in the 800 meter run (2:15), Hoffman ran second in the 200 (23.6) and Sebesta finished third in the 3,200 (10:58).

In girls' competition, Kerry Unrauran ran second in the 3,200 (12:29) and Kristi Vraspir ran fourth (14:51).

Kim Brazier won the 100 hurdles (17.9) and Julie Hewitt ran fourth (21.6).

Jamie Werner ran third in the 100 meter dash with a 13.38 time, the same time as fourth-place finisher Tara Beckett.

Nora Wheat claimed third in

the 1,600 (6:34) and Barb Berry took fourth (7:16). PIPER MARKER won the 400

meter run (1:07.3), with tory in the 300 meter hurdles Michelle Kettler taking second (1:09.6) and Kenyactie Morsburger third (1:10.3). Marker grabbed fourth in the high jump at 4-4 and Tascha Roscoe took third with a 4-2

Ali Wenke won the discus with a 76-10 mark, while Denise Stauffer was second at 70-9.

Brazier won the long jump with a 13-10 mark and Lisa Mason finished fourth at 11-3.

fourth with a 3:10 mark. Beckett rounded out the Gator finishes with a third-place mark of 29.4 in the 200.

Decatur will resume SPSL track and field action April 14 at Puyallup. The Federal Way Invitational follows April 19.

#### **Around Town**

#### Sonics

The Seattle SuperSonics will be playing at home in the Seattle Center Coliseum at 7 p.m. tomorrow against the Phoenix Suns. The Sonics travel to Dallas for 5:30 p.m. action against the Mavericks Saturday, with the action carried live on KIRO-TV

Tuesday Seattle is at San Antonio playing the Spurs at the same

time and station. All Sonics games can be heard on KJR-Radio 950.

#### **Mariners**

Seattle continues its season-opening series in Oakland today, playing the A's at 7:05 p.m. with KSTW-TV Channel 11 carrying the action live.

Tomorrow the M's play at Oakland at 12:15 in another televised game, before going to California for three more this weekend.

Seattle plays the Angels at 7:05 p.m. Friday and Saturday, with a 1:05 p.m. start scheduled for Sunday.

The Mariners' home opener is Monday at 7:05 p.m. against the Chicago White Sox in the Kingdome, with another game schedul-

ed at the same time and place against the same team Tuesday and Wednesday.

All M's games are broadcast on KIRO-Radio 710.

#### Tigers

The Tacoma Tigers open their Pacific Coast League baseball season at Phoenix tomorrow, and they will stay there through Su-

Tacoma has Monday off before opening a four-game series at Tucson Tuesday.

Tiger games can be heard on KTAC-Radio 850.

#### Stars

Tacoma is at Dallas for a 5:35 p.m. match tomorrow, before coming home to play San Diego at 7:30 p.m. Friday. Sunday the Stars are at Los Angeles with a 1:35 p.m. start.

Tacoma games are carried on KTAC-Radio 850.

# SportsWatch

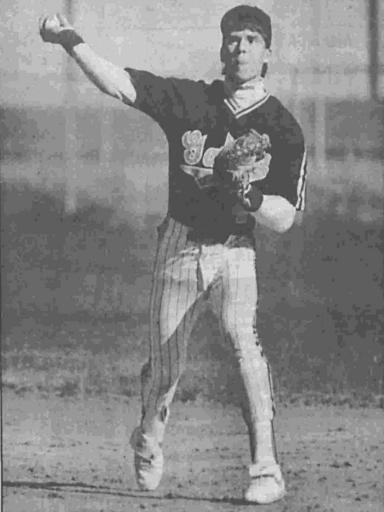


photo by Rhonda Davis

KEVIN CALDWELL and the Decatur baseball team will take aim at crosstown rival Federal Way in a 3:30 p.m. game today.

# Home Teams

#### Baseball

Baseball action is scheduled for this week in spite of spring vacation, with Decatur entertaining Federal Way for a crosstown battle at 3:30 p.m. today.

Thomas Jefferson is on the road at Sumner. Tuesday Federal Way hosts Curtis and TJ gets a visit from

#### Clover Park, as Decatur goes out of town to Bethel.

#### Soccer

Federal Way and Decatur are scheduled to collide at 7 p.m. Saturday at Federal Way Memorial Field.

Tuesday Thomas Jefferson is home against Rogers at 5:30 p.m., followed by a 7:30 p.m. game between Federal Way and Puyallup. Decatur is at Curtis at 7 p.m.

#### Softball

Softball season picks up again Monday, with Federal Way hosting Lakes at 3:30 p.m. on the Steel Lake diamond. Thomas Jefferson is at Spanaway Lake and Decatur at Rogers

#### **Tennis**

that day.

In girls' tennis play Tuesday, Thomas Jefferson is home against Sumner at 3:30 p.m.

#### **Around Town**

#### Longacres

Longacres opens its season at 3 p.m. today, with more racing at 5 p.m. Friday and at 1 p.m. Saturday and Sunday.

Today is the \$25,000 Doo Dah Express and Sunday the \$25,000 W.E. Boeing Stakes.

#### Raider booters blank Braves, 4-0

By CHUCK MINGORI

The Thomas Jefferson boys' soccer team fired shot after shot on the Bethel goal before coming away with a 4-0 South Puget Sound League victory over the Braves Friday night at Federal Way Memorial Field.

The win was Jefferson's second in SPSL play after two league games and it also boosted the Raiders' overall mark to 3-0-

"We did a lot better job of knocking the ball around tonight and getting more players involved in the play," explained Jefferson head coach Jim Judson.

While the Raiders kept the Bethel goalkeepers busy all night with constant pressure, Jefferson's "finishing ability" has Judson a bit concerned.

"That's a big question, whether we can put the ball in the back of the net consistently," he said. "We've got to get the ball in with fewer shots on goal."

While Jefferson's "goal efficiency ratio" may have been down, the Raiders' defense certainly was not.

"Defensively we played well," Judson said. "I don't have any concerns about my defense...I don't think they had a shot on goal all night long. The only time our goalkeeper (Marc Doble) touched the ball was when we passed it back to him or after it had gone over the goal line."

THE RAIDERS, defending Class AAA state champions, began applying pressure on Bethel's goalkeeper early. Shannan Seelig sent a shot at the 38:33 mark just wide right of the goal off a pass from Daryn Ditmore.

TJ kept up the heavy offensive pressure as Aaron Van Dusen got a foot on the ball following a corner kick with 36:02 left in the first half to force a nice save by the Bethel keeper. Later, David Davis leaped high for a shot to collide with Bethel's keeper.

After numerous more offensive threats, Van Dusen finally put the Raiders on the scoreboard with 14:25 left in the first half when he took a pass from Seelig and fired a shot into the left corner for a goal.

Van Dusen came back at the 4:18 mark with another shot that sailed just over top of the

Despite the relentless pressure, though, the Raiders were on top by only a 1-0 man at intermission.

JEFFERSON CONTINU Its attack in the second half earned itself a penalty when a Brave player grat

#### honors at tournament

The Federal Way Academy of Martial Arts fared quite well at the second annual Invitational Karate Tournament held Saturday, March 25, at the Bellevue Boys' and Girls' Club.

Club.

vanced kata division.

the junior kata division along with Michael Rhodes in the pee wees beginning kata, Joe Witt in the junior advanced kata and Amber Oedewaldt in the women's white-yellow belt kata. advanced kata was Long Nguyen. Daisy Lapoint also kata competition along with Long Nguyen in the brown belt weapons division.

Brad Maesta claimed third in the pee wees beginner kata competition along with Misha Thomas in the pee wee fighting

Joyce Dong added a fourthplace finish in the women's white-yellow belt kata along with Jerome Rhodes in the

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Ed Revelo made it a 3-0 ballgame when he fired a shot that deflected off the Bethel goalie into the net with only 8:01 remaining.

Mike Middlebrooks also got into the scoring act with 6:49 left when he scored on a header off Jason Bowers' free kick.

Those goals helped break the ice for Jefferson, which has outscored its opponents, 12-4, through five games.

"I guess I'm conservative-

ly pleased with the effort tonight," said Judson. "I think we still can play better."

JUDSON WAS especially pleased with the work of defenders Seelig, Brad Kolbo and Tim Tilbury, midfielders Jeff Clayton, Dan Parnell and Jason Bowers and Revelo and Middlebrooks.

"We'll stay with it," Judson explained. "We're going to be competing for the top spot in league in my mind and in the players' mind. There's no sense

in giving up the ship and bailing out. We just need to concentrate more when we do have an opportunity in front of the opponent's goal."

Jefferson traveled to Auburn Monday afternoon for a nonleague match and then went to Spanaway Lake last night for an SPSL contest prior to taking the rest of the week off for spring

TJ resumes SPSL play Tuesday, April 11, with a 5:30 p.m. home match against Rogers.

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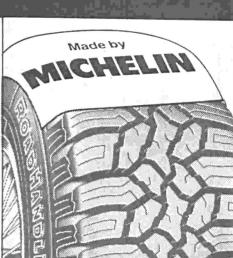
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began substituting and a pair of reserves showed they might have the answer to what the Raiders are looking for offen-

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photo by Paul T. Erickson

FEDERAL WAY'S Louis Kim (right) battles Lindy Blankenship of Lakes for a header, as teammate Scott Zengel (left) looks on in South Puget Sound League action

#### Lancers' Fleury shuts out Eagles

By TIM CLINTON

Defending South Puget Sound League champion Lakes dealt the Federal Way boys' soccer team a 2-0 loss at Federal Way Memorial Field Friday.

The Eagles fell to 0-2 in SPSL play and 2-3-1 overall with the loss, while the Lancers are tied with Thomas Jefferson, Decatur and Rogers for first place at 2-0.

"The only difference was they scored and we didn't," said Federal Way head coach Mike Minahan. "I thought we played well enough to win."

What stood in the way was standout Lakes goalie Jerrod

Fleury, a senior who made several spectacular saves to keep the Eagles out of the net. The first came with about 10

minutes to play in the first half with the game still scoreless, as Federal Way's Tim Senigal drove into the open around the right flank and fired - only to

find the waiting arms of Fleury. Fleury also blocked a free kick and a corner kick before his teammates got on the scoreboard 40 seconds before halftime.

THE SCORE came as a result of an Eagle mistake, as Louis Kim grabbed a driving Lancer player in the goal box.

Kirk Meyer of Lakes took the resulting penalty kick in a oneon-one situation with Federal Way goalie Kelly Noland, slipping the ball into the left corner of the net.

senigal broke into the open

again for the Eagles with 32 minutes to play in the second half, only this time his shot sailed just over the top of the goal.

The Lancers scored their second goal at the 26:19 mark of the second half.

Meyer fielded a long ball in front of the net, bumped into an Eagle defender who was also go-ing for the ball, then shot it in off

the foot of Noland. Senigal had a shot blocked by Fleury quickly thereafter, and the Lakes goalie also snagged a shot by Rick Phillips before Federal Way had another attempt thwarted with seven

minutes to play. Ken Phillips took the shot, but Fleury was true to his form and dove to his right to save it.

"I thought it was a pretty even game," said Minahan. "We were right there with them."

THE EAGLES' next match is Saturday, when they visit crosstown rival Decatur at 7

SPSL SOCCER STANDINGS

Thomas Jefferson Lakes Rogers Curtis Clover Park Federal Way Bethel

- Friday's acores: TJ 4, Bethel 0; Decatur 5, Sumner 2; Lakes 2, Federal Way 0; Rogers 4, Spanaway Lake 1; Clover Park 2, Puyallup 1.

#### HSA girls' premier soccer tryouts set

Two of Highline Soccer Association's top premier girls' teams, the U-14 Bi Centennial Stars and U-16 Aviation West, have scheduled tryouts for the 1989-1990 soccer season.

Premier teams represent the highest level of play and these teams typically travel to tournaments throughout the Northwest. These teams are both traveling to Sacramento, Ca., this summer.

Tryouts are open to all girls born in 1976 or 1977 for the B.C. Stars and in 1974 and 1975 for Aviation West. There is a special

need for goalkeepers.

The Bi Centennial Stars will tryout at Highline Stadium from 1-2:30 p.m. April 15 and 16 and at Grandview Park from 6-7:30 p.m. April 19 and 20.

Aviation West tryouts are at Pacific Field from 6:30 p.m.8 p.m. April 10 and 12 and at Highline Stadium from 2:30-4 p.m. April 15-16.

For further information regarding these or any of the other premier teams call Laura Lewis, HSA girls' program coordinator, 824-9346, or Kim Duke, HSA premier director, 878-3828.

#### Association sets meeting

The Federal Way Soccer Association is holding its annual general meeting at 7 p.m. April 10 at Thomas Jefferson High School's Little Theatre.

All coaches and assistant coaches within the Federal Way Soccer Association are expected to attend. Decisions will be made regarding provisional and proposed by-law changes involving procedures of the Association.

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New board members will be elected to president, secretary, director of competition, director of judiciary and director of premier. Nominations will be accepted from the

FWSA players and parents are invited and welcome to attend.

For further information contact Wendy Francis (927-1321) or Judy Sawatzky (852-5047).

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# Lake Lenore cutthroat trout are calling me again

Lake Lenore calls to me every spring. Its cutthroat trout grow by several imaginary pounds every year. I sit transfixed at my fly-tying bench as piles of dark woolly buggers grow into a sizeable mound.

With the turning of the calendar to April, my dreams can be turned into reality.

Word has come back to the various fly shops that the Lahontan cutts, originally brought to Eastern Washington's Lake Lenore from Nevada, are on the take. These fish can run to 10 pounds and 5 pounders are not uncommon. Flies are the



Dick Benbow

popular lure and most anglers fish from a float tube or car-top boat pushed by electric troll motor to meet state regulations. Either the north or south end is popular, depending on who you get your tips from.

To get to Lake Lenore, take I-90 over Snoqualmie Pass. Outside of George, take Route 283 to Ephrata and continue north on Highway 17 past the Soap Lake signs to Lenore. Depending on weather conditions at the pass, the trip should take about four hours.

The north end of the lake contains many springs and

can become tightly packed with belly boaters. One thing is for sure: The number of anglers at either end is a sure barometer of which end is kicking out the most fish.

Usually I like to put in just below the spawning creek and troll a fly north about 30 feet off shore. A sinking fly line and sinking fly helps you get your offering down to the fish. Popular colors are green, brown and black and the bigger flies, up to 3 inches, encourage bites from bigger fish.

The fish themselves are

spring spawners and gather off the mouths of creeks and springs to spawn. Several areas are posted off limits, so be sure to stay out of the areas designated closed.

All the fish I have caught have been sluggers, with no aerial displays like rainbow trout put on. On some days, when I've really gotten into fish, I've caught as many as several dozen. Normally, these fish travel in packs and if you hit one fish, you rework the area and hit more. Then it's back to troll-and-search until another group of fish is

Razor-clam digging opened on ocean beaches last weekend. The limit is 15 and diggers must keep the first 15 clams they uncover broken shells or not. The license is \$3 for residents. Digging is allowed on oddnumbered days from 6 a.m. until noon and on evennumbered days from noon until 8 p.m.

Last Friday, a steelheader showed up at the Highline Times office in Burien with a 21-pounder caught in the lower Green River.

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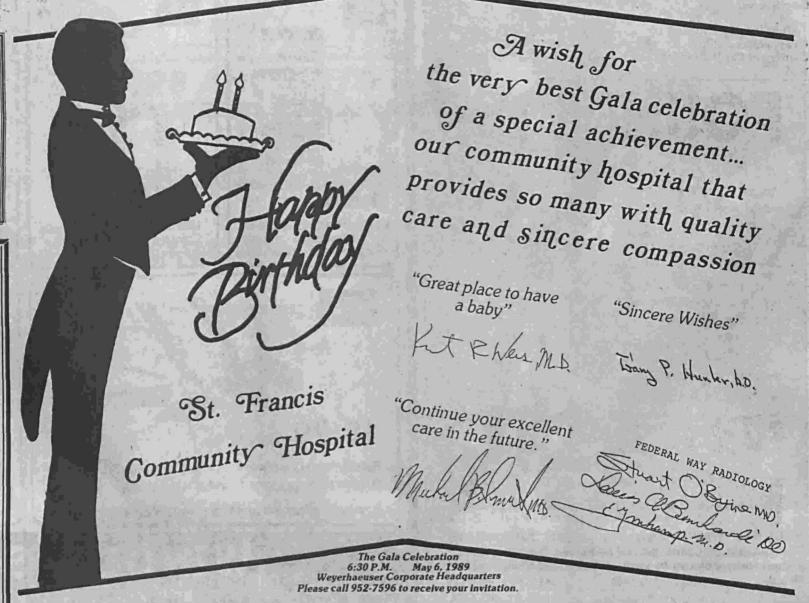
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> -Velma Walters Van Buren, AK

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"What a pleasant surprise!" -Colleen Wade Purdy, MO

"You have a very good cigarette." -Thomas Singleton Reading, OH

# Longacres opens 56th season of racing today

By ADAM WORCESTER
Longacres begins its 56th year Wednesday with a shorter, but richer, schedule of thoroughbred horse racing than ever before.

Although the track cut 10 days off its 1989 season, it will offer more than \$2 million in stakes purses, beginning with today's \$25,000-added Doo Dah Express.

To compensate for the shortened schedule, Longacres will present 10 races each Wednesday and Thursday, instead of nine. Track officials agreed to slice the racing slate to avoid overlap with Yakima Meadows and Spokane's Playfair, which each want to beam their race programs to Longacres via satellite during the offseason.

When the gates open at 1 p.m. today, patrons will notice other changes at the Renton track as For one, the Turf Club, Longacres' exclusive club for members, will open to daily customers on a limited basis for the first time. It features a full line of mutuel windows, SAM betting machines and access to Daily Racing Form annuals, as well as complete dining and beverage service.

RESERVED SEATS in the Turf Club cost \$7, in addition to the \$3 track admission price, and can be made up to two days in advance by calling 251-8732.

Another change targets new fans. In the mutuels department, clerks at windows marked "Newcomers" will cater to questions and needs of novice Longacres patrons.

In addition, Winners Restaurant will furnish a free comprehensive statistical sheet, with complete jockey and trainer standings, available in the Clubhouse, Paddock Club, Turf Club and Information and Reservation Center.

The three biggest races of the season are the \$150,000-added Longacres Budweiser Breeder's Cup July 16, the \$150,000-added Longacres Derby for three-yearolds Aug. 13, and the \$200,000added Longacres Mile Aug. 27.

National races such as the Kentucky Derby and Santa Anita Derby will also be beamed to the track via satellite.

Gary Baze, the winningest jockey in track history, returns to challenge 1988 champion Vicky Aragon. Chris Lamance, the 1987 Longacres champion, comes up from Northern California to join the fun.

IN THE TRAINERS' competition, Tom Burlingame hopes to improve on his most successful season ever in 1987. He enjoyed the highest winning percentage among trainers with more than 23 starts, with eight firsts, four seconds and three thirds in 33 starts.

But defending champion Clint Roberts will be back to challenge Burlingame. So will Larry Ross, who has 23 stakes victories at Longacres, and Mike Chambers, who has 22.

Among horses, 6-year-old chestnut Kent Green will make history today if he starts the Doo Dah Express as expected.

It will mark his 45th consecutive start in a Longacres stakes race, an unprecedented accomplishment. He has begun every stakes race for which he has been eligible the past four years. He has won a stakes race each season since 1985, including the 1988 Lewis and Clark Handicap, and finished second to Simply Majestic in last year's Longacres Mile.

J & D Kohls' Snipledo, Francis Jones' filly Super Fit and Les Brainard's Super Seven are Kent Green's likely challengers in the Doo Dah Express, a 51/2furlong sprint.

Sunday, Bud Klokstad's Street War and Brian Maier's Harmony Creek are expected to battle for the wire in the \$25,000 added William E. Boeing Stakes, for 3-year-old Washington-bred colts and geldings.

WEDNESDAY ONLY, races begin at 3 p.m. All other Wednesday, Thursday and Friday races will start at 5 p.m., with gates opening at 3:30 p.m. There will be no races Thursday, April

Start time for Saturday, Sunday and holiday racing is 1 p.m. Gates open at 11:30 a.m.

The 1989 Longacres season will run 125 days, closing Monday, Oct. 9, with another 3 p.m. racing start.

Opening week schedule

Wednesday, April 5 -Opening day. Gates open 1 p.m. Races start 3 p.m. First 9,000 fans received tree 1989 Longacres Poster Calendar.

Thursday, April 6 - No. racing.

Friday, April 7 - First race 5 p.m. Gates open 12

Saturday, April 8 -First race 1 p.m. Gates open 11:30 a.m. Satellite broadcast of \$500,000added Santa Anita Derby; with live wagering.

Sunday, April 9 - First race 1 p.m. Featured attraction is \$25,000-added William E. Boeing Stakes.

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-Maxine Boyles

Huntington Park, CA

"I'm really happy with Merit cigarettes."

-Robin Baugh New Castle, IN

"Merit Menthol Light 100's are good. I will smoke them."

-Earlene Baxter Traverse City, MI

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-Rosemary Jones Kilauea Kauai, HI

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-C. J. Jackson Georgetown, MS

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—Charles Jarrell Forest Park, GA

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> -Jean Ray Broken Arrow, OK

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-Carmen Robbins San Marcos, TX

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The Decatur boys' soccer team won ugly Friday.

Not only were the field condi-tions nasty for the 5-2 victory in Sumner, but Gator head coach Rick Dennison was not entirely pleased with the play in spite of

"We won, but it wasn't pret-ty," he said. "We were just play-ing on our abilities at the level of opposition. We've got a really good team. We need to recognize that and play better. I hope that was our worst game of the year."

As for the weather and field conditions, they were on the wet side. The game had to be moved from Sumner High School to Sumner Junior High School because that field was unplayable, and the junior high was not in much better shape.

"The conditions were not that great," said Dennison. "It's so cold out. The players are trying to get warmed up and they get hailed on. They don't allow any gloves, just t-shirts and shorts and its 35 degrees with a wind chill of six or something. The turf is wet and laying on its side and there's no traction. It's one of the worst springs I can remember."

THE GATORS still played well enough to win handily,

#### **Eagles** swept by Lancers

The Federal Way High School boys' and girls' track teams each suffered losses March 24 against Lakes.

The boys' team lost by an 81-55 score and the girls came up short by a 79-53 margin. Despite the two defeats, the Eagles had several outstanding individual performances.

For the girls, Andrea Anderson turned in a "tremendous triple" for the Eagles, said coach Bill Harris.

Anderson won the 1,600 (5:26.4) and the 3,200 (11:50.9) meter runs and also anchored the Eagles' winning 1,600 meter relay team that posted a time of

Another standout per-formance came from Molly McGraw, who captured the 200 (27.6) and the 400 (1:01.5) meter runs. She also was on the 1,600 meter relay team.

Also turning in a first-place performance for the Eagles was Kelly Czubin, who won the high jump (4-8).

Federal Way's 400 meter relay team also posted a winning time of 57.9 after Lakes' team dropped its baton.

FOR THE BOYS, Jeff Perry won the 800 (2:08.7) and 3,200 (10:12.2) meter runs, while Tom Moen won the 1,600 (4:39.8), Lake Dawson the 110 meter hurdles (14.8) and Kevin Wolfe the high jump (5-8). The Eagles' Scott Kinnaman also won the pole vault (9-0) and Federal Way Won the 400 meter relay (46:3) amd tje 1.600 meter relay (3:38.5).

Second-place finishers for the girls were Sujata Dev in the 3,200 (12:44.9), Kelly Czubin in the long jump (14-1½) and Federal Way's 800 meter relay team (2:05.0).

Second-place performances turned in by the boys were Chad Klassen in the 200 meters (24.6), Moen in the 3,200 (10:15.9), and Dawson in the 300 meter hurdles (40.9) and in the long jump (20-41/2).

Keri Stablein captured third for the girls in the 100 meter dash (14.4) and in the 400 meter dash (1:12.2), with other thirdplace finishes for the Eagle girls turned in by Amita Dev in the 800 meter run (2:36.9), Sujata Dev in the 1,600 meter run (5:45.2), Tricia Fuller in the 300 meter hurdles (55.0), Krystal Rodriguez in the discus throw (81-3) and Kelly Czubin in the triple jump (29-9).

Steve Cook took third for the Eagle boys in the discus throw (120-4), while Wolfe came in third in the triple jump (37-10).

Sarah Baird posted a fourthplace time of 31.7 in the 200 meter dash, while other Eagle girls finishing fourth were Jonica Hogenson in the 400 meter dash (1:19.3), Sara Munson in the 3,200 meter run (13:37.3) Fuller in the 100 meter hurdles (20.4), Krizzy Mazzeo in the discus throw (78-10), Vicky Smith in the long jump (12-51/2) and Jenny Davis in the triple jump (26-31/2).

Fourth-place finishers for the boys were Delane Johnson in the 400 meter dash (55.4), Jon Brown in the 800 meter run (2:14.5), Troy Guertin in the 1,600 meter run (4:55.4), Todd Trinneer in the shot put (41-1/2) and Anastasiadis' in the triple jump (34-8).

however, running their South Puget Sound League record to 2-

0 and their overall mark to 6-1. Decatur is in a three-way tie for first place in the SPSL standings at 2-0 with Thomas Jeffer-

son, Lakes and Rogers. The Gators led from the start Friday, with Sisto Pina scoring the first two goals.

Tom Helmer put the next goal into the back of the net, and the Spartans scored just before halftime to make it a 3-1 match.

Decatur scored the first two goals of the second half, however, coming off the feet of Tom Simonson and Jeff Johnson.

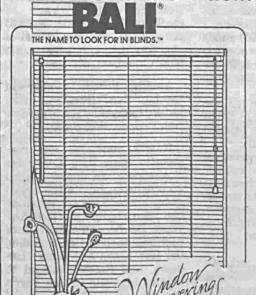
"There were some good things that happened," said Dennison. "But there should have been more intensity regardless of the opposition."

The Gators' next action is Saturday, when they host Federal Way for a 7 p.m. match at Federal Way Memorial Field.

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FOOTBALL CLINIC - The fourth annual University of Puget Sound Football Coaches Clinic will take place April 14-15 at Thompson Hall on the UPS campus (off Union Ave. north of tennis courts). Cost is \$25 for day of clinic registration. There will be a special offer of \$45 for the entire staff. Featured speakers in-Icude Vince Lombardi Jr., Ross Hjelseth, head football coach at UPS; Tom Ingles, coach of the 1988 Class AA state champion Liberty High School team; Jerry Parrish, coach of North Kitsap; Dwaine Hatch, coach of Bellevue High School; Jack Stark, coach of Shelton High School; and Mark Torgeson, coach of Bethel High School. UPS assistants will also be doing on-field demonstrations. For further information, call Mike Durnin at 756-

SENIOR HIGH HOOP - The Auburn Parks and Recreation Department is accepting registrations for the Senior High School Boys' Summer Basketball League. Registration fees are \$480 per team. Two divisions of play will be offered. The Senior-Junior League will be limited to the first 16 teams that register. The freshman-sophomore league will be limited to the first eight teams. Each team will play 15 league games and be given a set of 12 T-shirt uniforms. All games will be officiated by the Pacific Nor-



#### Get with it

thwest Basketball Officials Association. Registration fees are due by Friday, May 12. For more information contact the Auburn Parks and Recreation Department, 25 West Main Street, or call 931-3043.

SUMMER SOFTBALL LEAGUE -The Auburn and Kent Parks and Recreation Departments are accepting registrations for the South King County Senior High School Girls Summer Softball League. The team entry fee is \$200 and the registration deadline is Friday, May 5. Three divisions of play are being offered. Individual registration fees (for girls not on teams) are \$20 for city of Auburn residents and \$25 for nonresidents. The league begins June 5. Each team will play 12 games plus playoffs. All girls must be 18 and under as of Sept. 1, 1989. For more information, contact the Auburn Parks and Recreation Department at 931-3043 or Kent Parks and Recreation at 859-3350.

FLY FISHING CLINIC - The Auburn Parks and Recreation Department and the Alpine Fly Fishers are co-hosting a free fly fishing Clinic on April 8 from 1-4 p.m. at the Auburn Parks Senior Center, 910 9th Street SE, Auburn. The Alpine Fly Fishers will present displays and seminars on rod building, fly tying, fly casting, float tubing, steelhead, salt water and fresh water trout fly fishing. For more information, call 931-3043. FOOTBALL CAMP — The Logger

Football Camp for youngsters in grades 7-12 will take place July 5-8 at the University of Puget Sound. Resident tuition fee is \$180 while day camper tuition is \$160. Total tuition includes room, board and mesh football jersey. Full amount is due by June 15. Send check or money order, no cash. A \$50 non-refundable deposit must accompany application. Make check payable to UPS Football Camp, 1500 North Warner, University of Puget Sound, Tacoma, Wa., 98416. For more information, call Mike Durnin at 756-3142.

BICYCLE TREK - The American Lung Association of Washington is offering an exhilarating 1,600-mile bicycle trek down the Pacific Coast from Sept. 25 through Oct. 21 to raise money to help fight lung disease. An information meeting for people interested in the Pacific Coast Bicycle Trek will be held at 6 p.m. on Tuesday, April 11, at the American Lung Association of Washington, 2625 Third Ave., Seattle. For more information call 441-1025 or 1-800-433-

0528. FITNESS RUN - The fourth annual St. Francis Community Hospital 5K-10K Run and Family Walk will take place Saturday, April 22, at St. Francis Community Hospital. Starting time for the 5-K run is 10 a.m., while the 10-K run and Family Walk will begin at 10:05 a.m. The entry fee is \$10, which includes a runner's longsleeve T-sht and after-race food. For information call 927-9700 or 838-9700 ext. 7910.

REI will present a series of free presentations at its Federal Way store this month.

ROADSIDE BICYCLE REPAIR - Mike Herzog, REI cycling specialist, will be giving this clinic on how to perform simple repairs with a minimum of tools. Starting time is 7 p.m. April 6.

TIPS FOR ENJOYABLE CYCLING — Marco Tubic of REI's Navara Cycling Team and Club will present information on training, riding style, clothing and equipment. Riders of all ability levels should find this clinic informative. Starting

time is 7 p.m. April 13.
INTRO TO SEA KAYAKING - Bill Stewart from the Northwest Outdoor Center will be discussing boat design, equipment, safety and navigation for the beginning kayaker. Starting

time is 7 p.m. April 20.
CANOEING FUNDAMEN-TALS - Nick Schuder will lead an informative clinic on canoeing. Schuder will be discussing equipment, boat design, paddiing techniques, information about local paddling clubs and places to paddle. The starting time is 7 p.m. April 27.

Also planned on April 15 is a Bicycling Open House and a South Sound Bicycle Tour on April 23.

For more information call 941-

#### Local parks to receive contracts

Angle Lake near Sea-Tac and Five Mile Lake and Steel Lake parks in Federal Way are among 16 of the heavily used county parks that will be awarded food concession contracts by the King County Natural Resources and Parks Division.

Also, among the 16 sites are several parks that feature heavily used ballfield com-plexes. These include Des Moines Park, Fort Dent Park in Tukwila and the Steel Lake Addition in Federal Way.

All of the new contracts will be awarded for a two-year period. The Parks Division anticipates that the contracts will be awarded by early May, and they will run through Dec. 31, 1990. The one exception is Fort Dent Park, which will be for one season only

and will expire Dec. 31, 1989. For more information about the parks sites or the timelines for awarding concession contracts, call Russ Bosanko or Tom Terreau at 296-7644.

#### Seahawks to play in hoop game

In a special exhibition basketball game, the Seattle Seahawks will face off against members of the Northwest Police-Firefighters Athletic Federation April 16 at 3 p.m. in the Tacoma Dome.

Tickets for the game are \$ 12.50 general admission with children six and under admitted free. There will be a special autograph session after the game for those wishing Seahawk

autographs. For advance tickets, call Ticketmaster at 628-0888.

The purpose for this game is an annual fundraiser for the Northwest Police-Firefighters Athletic Federation.

The Northwest Police-Firefighters Athletic Federation is an organization formed in 1976. The federation is made up of sworn federal, state, county and municipal law enforcement officers and firefighters. The purpose of the federation is to promote physical fitness programs among laW enforcement

officers and firefighting person-

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hour jet dragsters.

be E.T. (elapsed time).

annual "Nitro Bowl" event ...

Seattle International Raceway's season opener will be the "Nitro Bowl" this Sunday, April 8, with gates opening at 8 a.m. and time trials at 9 a.m. with eliminations at 1 p.m.

Defending champion Johnny West and his Chevy Beretta will

#### Local walk upcoming

A local volksmarch will take place April 15-16 on the Weyerhaeuser Complex through the Rhododendron Species Foundation.

Starting time is 8 a.m. and 1 p.m. with a finish of no later than 4 p.m. The event is sponsored by the Federal Way Lions, who also will be hosting a Centennial volksmarch this summer although details of that event have not been worked out as of yet.

For further details call Rene Content at 839-0309 or George Cohee at 838-3133 (days) or 941-6732 (evenings).

#### 'Fun Week' scheduled

The Federal Way-Des Moines recreation office invites girls and boys ages 6 through 12 to join the fun of springtime organized activities, crafts and pizza special Wednesday, April 5, through Saturday, April 7. Boys and girls 6-9 years of age

will meet from 10 a.m. to 12:30 p.m. those three days at the Des Moines Park Activity Center. Youngsters 10-12 years of age

will meet from 1:30 p.m. to 4 p.m. at the same location.

The fee is \$4 for one day, \$8 for three. There will be lots of games, relays and special art.

Pre-registration is required at the Federal Way-Des Moines center, 2645 South 312th St. in Federal Way. For more information, call the office at 941-0655 or 296-4279.

#### Decatur gym opens

Decatur High School is now hosting an open gym for volleyball and basketball each Wednesday and Sunday night from 6:30 p.m. to 9:30 p.m. A \$2 admission fee will be charg-

#### HealthLine 4 CANCER RISK FACTORS

Although not all of the causes of cancer have been discovered, many definite risk factors have been identified.

Many of these risk factors can be avoided. Probably the most obvious risk factor is smoking, which has been associated with lung, bladder and cervical cancers. Diet is another factor which can be altered. A high fat, low fiber \$ diet has been associated with certain types of cancer, including colon and breast cancers; whereas a low fat, high fiber diet is thought to decrease the risk of certain cancers. Certain environmental pollutants have been shown to cause cancer. Research continues in this area.

Some risk factors are unchangeable such as family history and age. If you have any questions about the risk factors of cancer, discuss them with your physician.

For more information or referral to a physician, please dial 246-8773 or call

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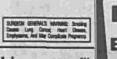
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#### 'Carousel' continues at Decatur

**Puget Sound Musical Theatre** will continue performances of the hit musical "Carousel" this weekend and next at Decatur High School.

The Rogers and Hammerstein. musical is set in the late 1800s and is about a ne'er-do-well carmy who gets one last chance to return from heaven to help the daughter he's never met. The production includes several popular tunes, including "June is Bustin' Out All Over" and "You'll Never Walk Alone."

The show is directed by Lanie McMullin and boasts a cast of about 70 local professional and non-professional actors.

\_Performances are at 8 p.m. Fridays and Saturdays and at 2 p.m. Sundays in the Decatur High Performing Arts Center at 2800 S.W. 320th St. in Federal Way.

Advance tickets are \$8.50 géneral admission and \$5 for seniors and students and are available at The Place for Gifts and Things, 32901 First Ave. S. Tickets at the door will cost 50 cents more.

For more information, call 838-3237



At the Mall

#### Rotary Auction tickets available

The Federal Way Rotary Club will hold its annual auction at 6 p.m., April 15, in the centercourt at SeaTac Mall.

The evening will begin with a silent auction and cocktails, catered by Calzone's.

A live auction will follow, with about 200 items up for bid.

Tickets to the benefit event are \$20 per person, and are available by calling 839-6156. Donated items are still being accepted, and pickup can be arranged by calling 939-1613.

A variety of local agencies will benefit from the auction.

#### **ANSWER**

We need phone volunteers to answer King County's Community Information Line. Take just a few hours each week to find resources for people who need food, shelter, health and education. Professional training and supervision provided. For information, call the Crisis Clinic at 447-3210.

## Audit questions district salary claim

State officials are questioning \$15,400 in wages paid to Federal Way Water and Sewer District staff during work at the district's Redondo Secondary Sewage Treatment Plant.

State auditors issued findings that the payments shouldn't come from federal funds after their annual audit of the district's 1987 finances.

The \$15,400 was paid to the district by the federal Environmental Protection Agency (EPA) as part of a \$13.3 million grant the feds paid into the \$21 million Redondo plant.

Another \$127,961 initially was also ruled unallowable for reimbursement by the feds to the district. However, district officials say they have resolved the state auditor's ruling on those funds and the district will be paid the money.

Still, the \$15,400 is in question. The district wrongly billed the EPA for "general supervision" of district staff, according to state auditors.

District officials said the EPA was not billed for general supervision, but only for time directly related to management of plant construction, according to Jim Miller, district general manager.

The EPA, not state auditors. has the final say on whether the the district will have to return the \$15,400

Not part of the recently releas-

ed state auditor's report is the status of \$9 million of the \$13.3 million grant the EPA paid to the district for the Redondo

Officials with the state Department of Ecology reviewed district documentation on grant expenditures for the Redondo plant last June and found that documentation lacking. The district hired a consultant and directed a clerical worker to retrieve the documen-

THE DISTRICT is confident it has its paperwork in order. State auditors reviewed that paperwork and reported to the EPA on their findings. Their findings so far remain undisclosed.

The EPA is expected to decide by July if it will ask the district to repay up to \$9 million.

District officials are confident it won't have to pay the money

"We found most of the documents," said Caroline Meyer, district director of

The problem was caused by management changes during the construction of the plant which began in 1977. The plant began operating in 1983. Some of those managers weren't concerned with keeping track of records, according to Meyer.

The district now has a more organized filing system, she



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#### A Pharmacist's Discovery For Younger-Looking Skin



It's exciting news about pharmacist Robert Heldfond's discovery, cb5, a beauty cream for younger-looking skin which women across the country are praising.

Research lab tests show that Heldfond Formula ob5<sup>a</sup> helps facial lines appear smoother when used twice daily, and leaves the skin feeling soft and velvety and younger-looking.

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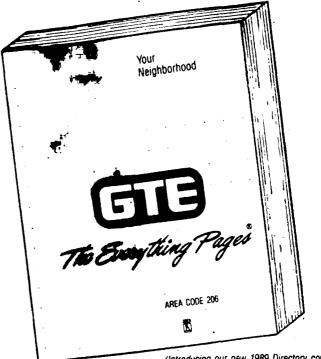
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FOR FURTHER INFORMATION 226-1079



#### Several noteworthy bills survive cutoff date

Here is the status of several bills that are worth watching as of Monday.

HB 2140 This bill is in the Senate Ways and Means Committee. It would require the creation of a state growth strategies commission and mandate that any city or county applying for Office of Financial Management monies have completed a local comprehensive plan.

HB 1070 This bill, which would require health insurance companies to pay for preventivecare mammography, is in the Senate Rules Committee.

HB 1369 The Senate Rules Committee is considering this bill, which would force stricter regulation of private septic systems and keep sewage out of Puget Sound.

HB 1370 This bill would extend the time period a new city would have for setting its taxing authority lid.

HB 1581 The Senate Ways and Means Committee is looking at this bill, which deals with parental leave for the birth of a child and the time allowed workers to be away from work because of a child's illness.

SB 5499 The House Rules Com-

mittee is looking at a measure to require motorists to provide proof of insurance or financial responsibility and to produce such proof on demand by a police officer.

HB 1793 This drug war bill has passed both houses and must go back to the House of Representatives for approval of a Senate amendment. It will give police one-party consent for the taping of some illegal drug transactions and require the forfeiture of property used in the commission of a drug crime.

HB 1788 The Senate Ways and Means Committee will decide if the state will authorize the necessary funds to settle the Puyallup Tribe land claims and to create local improvement districts to raise those funds.

SB 6095 Money to fund the study of and opening of university branch campuses is in the House Rules Committee.

HB 1682 The Senate Rules Committee is considering raising the amount a charitable organization can raise each year through casino nights to \$25,000 from \$10,000.

Some bills that appeared to have failed to move out of committee include HB 1419 and SB

5797, which would require any local changes in zoning codes first be approved by the state Building Code Cuncil. That could waylay King County's sprinkler system requirement.

Two bills already have become law. The first was the restoration of funding for drug and alcohol treatment programs and the second was doing away with the presidential party caucuses and replacing them with a presidential primary.

For up-to-date information on pending bills, call the Legislative Hotline at 1-800-562-

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#### Ed Chow receives Kent council's nod

The Kent City Council has unanimously approved the appointment of Ed Chow as city administrator.

Chow, 49, replaces Brent McFall, who resigned late last year. Prior to his hiring by Kent. Chow was a claims examiner for the Veterans Administration in Seattle.

From 1978-81, he was deputy director and then director of the state's Department of Emergency Services, holding that position during the eruption of Mount St. Helens.

Chow also is an Army veteran, having served as a captain in Vietnam in 1967-68. He also serves as chairman of the state chapter of Vietnam Veterans of

That job recently raised some controversy about allegations of discrimination involving the placement of a group of Vietnamese Army veterans during a Veteran's Day parade last November in Auburn. The state group said the Vietnamese group could not march with the American veterans, but could march further back in the procession. Chow, as head of that group, did not vote on the issue: only board members voted.

Kent Mayor Dan Kelleher said he does not believe those earlier accusations will have any bearing on Chow's job. Kelleher said he has received only positive response from the recently



**Ed Chow** 

published reports and does not expect the issue to go any further.

Chow, a Seattle resident, is a King County native. He has degrees from the University of Puget Sound and Seattle University, and studied for planning for nuclear emergencies at Harvard. His mother, Ruby Chow, is a former King County Council member.

#### **Teachers** join in rally

The public is invited to join area teachers in a rally and information-gathering effort at the state capitol tomorrow, said Bill Hansen, president of the Federal Way teachers' union.

More than 3,000 teachers from Federal Way and surrounding school districts have been invited to carry handmade signs supporting schools up the steps of the capitol building in Olympia at 10 a.m. Teachers and fellow supporters will also talk to any legislators available about school issues, Hansen

Money will be the main theme of the rally, said Hansen money to run schools, to pay teachers' salaries and to build new schools. Sacajawea Junior High teachers have taken up the money theme, Hansen added, with apple cores and signs that urge that "no more bites" be taken from state funds for

"And the public is definitely invited to come and join us," Hansen said. "We need all the support we can get. And bring the kids - they're involved,

Teachers and students attending the rally won't be playing hooky, however. They are on spring break this week.



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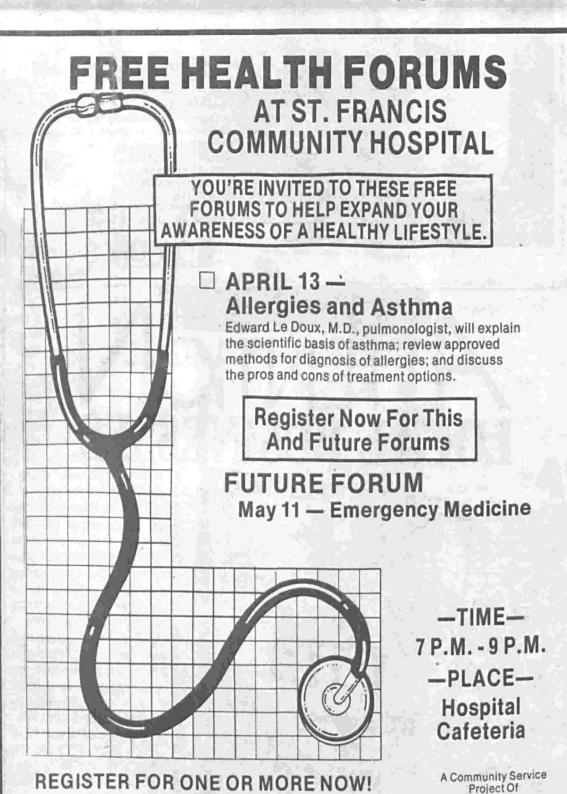
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For more information or to register by phone,

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