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# Federal Way News

Vol. 37 No. 32

Federal Way, Washington 98003

50 Cents

Wednesday

March 15, 1989

Excellence in Community Journalism

TWIN LAKES

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REDONDO

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## Federal Way sails into cityhood

Longtime cityhood advocates must still be pinching themselves.

After decades of debate and three earlier defeats at the polls, their dreams have come true.

Welcome to the new city of Federal Way.

After two weeks of mail-in balloting, King County election officials announced last night that 9,838 votes had been cast in favor of incorporation (69 percent) and 4,381 votes had been

cast against incorporation (31 percent).

Although more of the 26,509 ballots mailed to eligible voters are expected to trickle in — ballots could be postmarked until midnight last night — election officials say enough votes have been cast to assure cityhood's success.

As of last night, about 54 percent of the eligible voters had cast ballots. County officials said that represents about 85

percent of the people expected to vote. County officials said 2,879 ballots were returned to them by the postal service as undeliverable.

Maryann Mitchell, leader of the pro-incorporation group Federal Way First!, was jubilant.

"It feels like a great weight has been lifted from my shoulders. It's been a long time. When something's right, you can't lose."

Jack Ringler, an outspoken opponent of Federal Way incorporation, reiterated his predictions about the city's future when he heard the results of the vote. Cityhood will simply add another level of government to Federal Way, he said, and the new city will have to borrow money it cannot repay. And yet, Ringler said he was happy to see such resounding approval of cityhood. "I'd hate to see this new government start without

that. Having the support of the people will be to the city's benefit."

By voting to incorporate, Federal Way residents set the wheels in motion to form a city of 58,000 people and 19.9 square miles. The boundaries are: Interstate 5 on the east, Puget Sound on the west, the Pierce County line on the south and a combination of South 272nd Street and the old Water District 56 boundary on the north, ex-

cluding Redondo.

Yesterday's vote will bring no immediate changes, but it does place the city's residents on a challenging course that will include electing a city council.

In the meantime, all services, including police and fire protection, will continue to be provided by the county and various local districts.

For more complete coverage of the election see Friday's Federal Way News.

## Ros: Ex-cityhood leader keeps the faith

By KURT HERZOG

Ros Jennings has invested a lot of time in Federal Way.

And although he no longer lives here permanently, the former cityhood activist misses the people he lived and worked with for 22 years.

In an interview last week, before Federal Way's incorporation election officially closed last night, Jennings spoke about the changes he's seen Federal Way go through and about what the future may hold for Federal Way — whether it is a city or not.

Jennings, 59, had not planned to move away before the incorporation election. However, his business, Secoma Fence, sold before he thought it would and he and his wife, Vivienne, found their dream home on Michigan's Glen Lake before they anticipated.

Jennings left last June. He returned in January to see to a family matter, visit relatives and attend the chamber of commerce banquet. He did not come back specifically to be here for the cityhood election, but he's glad it's happening while he's here, Jennings said.

After returning, Jennings said he was surprised to see the increase in traffic and development.

"I was shocked in how the area had gone downhill in traffic," Jennings said.

It's a situation he saw get worse during his residence here, he said. If Federal Way isn't incorporated, it will only



photo by Rhonda Davis

ALTHOUGH FORMER Federal Way resident and cityhood activist Ros Jennings moved to an idyllic wilderness lake in Michigan last June, he still plans to spend much of his time in Federal Way with relatives. A

few days before yesterday's election, the 22-year resident made some predictions about Federal Way's future with and without incorporation.

Continued on A-3

## District expects project overruns

By KURT HERZOG

Federal Way Water and Sewer District commissioners are annoyed by projected cost overruns on estimates for two capital projects.

However, the overruns are estimates only and, with one exception, the projects have only just gone to bid. The district could reject bids if they come in higher than planned.

District staff told commissioners last week that improvements to the aging system of former Water District 56 will cost \$497,000 more than earlier estimated.

The total project will cost about \$1.8 million now.

However, customers of the former district will not have to pay any more in surcharges than earlier anticipated.

Most customers of the former district, which merged with the Federal Way district last year, are being charged a one-time surcharge of \$880 or \$7.50 a month for 15 years.

Some of the estimated cost overruns will be offset by the \$490,000 the district expects to get for selling the former Water District 56 watershed. That's \$90,000 more than the district originally planned to get.

Also, the district expects to get a low-interest Public Works Trust Fund loan that will lower costs. If costs are still more than

Continued on A-3

## Student bodies need a healthy shot in the arm

By MELODIE STEIGER

Jan Kirk says she used to see five or six kids a day with weight problems. Now she figures she sees five per class period.

"And not one overweight kid is happy," Kirk said. "They get teased, and life is generally miserable."

Kirk, a Lakota Junior High teacher and coordinator of physical education programs for the Federal Way School District, has some strong advice for parents and school administrators about the state of children's health today. Wake up and look at these kids, she

Educators blame ignorance, inactivity for fitness fallout

says — Federal Way's students score just below average in national physical education tests, and the average is nothing to brag about.

"If our students did that in any other subject area, the administration and parents would get so upset..." Kirk said. "We are neglecting these kids' bodies."

"We" are not alone, however.

Health studies estimate that as many as 15 percent of the United States' young children are obese, or at least 20 percent over their ideal weight. Some 20 percent of all adolescents are considered obese.

National surveys also show that, obese or not, some 70 percent of girls and 40 percent of boys ages 6 to 17 cannot do more than one pull-up, and that half

the children in grades 5 to 12 nationwide fail to get vigorous exercise.

A recent body-fat test taken at Sunnycrest Elementary School showed that only 53 of 371 students analyzed are heavily active on a regular basis — 50 students grades kindergarten through three, and three students grades four through six.

"And that's horrendous," said Kirk.

HEALTH IS NOT restricted to weight or physical activity, either. The National Association of Children's Hospitals and

Related Institutions Inc. reports that children are failing in 13 crucial health indicators. The rate of immunizations for preschoolers is declining sharply and preventable diseases, such as mumps and measles, are on the rise. Reports of child abuse, neglect and suicide are

on the rise. The number of pediatric AIDS cases has doubled in the past year.

The studies must be read carefully, health officials caution. AIDS in children was not a factor in health tests 10 years

Continued on A-4

## County, schools are forming task force

By VALERIE DROGUS

Some King County school districts say developments are bringing in new kids so fast and furiously they don't have time to go to voters for bond money to build new classrooms.

The King County Council voted Monday to join 13 districts in creating a task force to look into how new construction can pay the costs of new schools it makes necessary. The council will kick in \$50,000 to match the districts' contribution and fund

a study to be complete by Dec. 1.

The proposal is the second in two weeks which examines having developers pay for the results of growth. King County Executive Tim Hill proposed recently developers should be charged for road construction when new developments go in. That study must now be approved by the council.

The council passed the proposal to fund the school study with little discussion.

The study, headed by ESD 121,

will establish an eighteen-member task force composed of developers, real estate interests, school district representatives, citizens, and King County Council and executive staff.

CREATING MORE classrooms isn't the only issue, said Kent School District Director of Finance Fred High. Children also need sidewalks to make it safe to walk to school.

Some districts need more recreational space, especially as portables eat up schoolyards.

Federal Way School District contributed \$5,000 to the fund, but both Highline and South Central were among three King County schools that declined to participate.

The growth from developments in Highline is not as severe as in outlying areas, said Highline Assistant Superintendent Tom Mikel.

A Seattle Master Builders representative told the council his group of developers has concerns about the task force's intent.

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## Send Benson back to Sunday school

Will someone please hold a candle up to Vern Benson's left ear and from the other side of his head, check to see if any light is getting through? Benson's opposition to cityhood here has driven him lately to use tactics that must embarrass other opponents. Last week he attacked the pamphlet sent to voters by King County, claiming the punctuation was illegal and the language profane.

Citing obscure language regarding voters' pamphlets, Benson objects to the use of capital letters in one section, and to the use of dashes as punctuation in other paragraphs. He says it is profane to say that development is "out of control in Federal Way." It profanes the name of King County, he alleges.

While some cityhood advocates could be rightly accused of lacking respect for the King County Council, we don't think voters generally regard the county as a sacred cow, let alone a holy office.

If King County were approached with reverence, as Benson suggests, then Seattle must be the Holy Land, and following that logic, Tim Hill would be the equivalent of... never mind.

Benson, who does not even live in the area of the proposed city, would be laughed out of the hall in any larger forum. It is an argument in favor of cityhood that he is heard at all.

Like many of his neighbors, both in and out of the potential bureaucracy as far-flung and cumbersome as King County, getting it heard is as likely as getting a camel into heaven. If our Scripture allows, a little confused, so does Benson's. This is not a religious issue, but a mundane one, and if Benson were thinking clearly, he might recognize that a fundamental principle of democracy is the idea that each voice matters, and that together, the choir of voices produces a tune to which government must dance.

That may not be the rule in Heaven. But it's the best deal we've heard on earth.



UNIVERSAL PRESS SYND. ©1989 THE BUFFALO NEWS  
SOMETHING BLOCKING THE REVOLVING DOOR?

## Dash Point Dock should be saved

To the Metropolitan Park District of Tacoma, the dock at Dash Point Park is only a line item in a budget. It ought to mean more than that, say Dash Point residents, who braved the weather Sunday to declare their loyalty to the creaky facility.

Those residents — and many of their neighbors — recall more than 30 dock dinners held at the site over the past 70 years. They savor memories of moonlight strolls, kids doing belly flops, or holding up a fresh caught flounder.

The dock is more than a mere fixture. It has become part of the fabric of a community that has a deep sense of history. Over those years of salty fun, the dock has gradually been eroded, the rebar in its cement footings eaten by Puget suture. While it remains safe, it must be rehabilitated if future generations are to enjoy it.

More than a hundred local residents showed up Sunday in a demonstration of dedication to the dock. They urged the park district to make the restoration a priority among its various projects next year. One estimate puts the price of salvation at around \$375,000.

For 72 years of swimming and fishing, seven decades of pleasure, that's a heck of a bargain. That's less than \$500 a month to provide a distinctive and useful facility that benefits all of us.

We hope its many users, in and out of Dash Point, will add their voices to the discussion. Call the park district at 591-3690, and urge them to save our dock.

In only 30 seconds, you could help to bring decades of delight to future generations.

## Incinerator can work without hazard

A great deal of misinformation surrounds Tacoma City Light's Steam Plant #2, currently under renovation. We have attempted to clear up the misunderstandings by meeting with customers throughout our service area and by distributing a brochure that answers the most commonly asked questions.

One misunderstanding has to do with why an Environmental Impact Statement was not done at the outset of the plant's renovation. The question implies that very little, if any, study was done regarding the plant's environmental impact on the surrounding areas.

In fact, the environmental documentation was extensive and was reviewed by the Puget Sound Air Pollution Control Agency; Department of Ecology Environmental Review Division, Shoreline Division, Air Quality Division; Water Quality Division; Department of Fisheries; and the Port of Tacoma. All concluded there were no significant environmental impacts and, therefore, no Environmental Impact Statement was needed. Moreover, the Department of Ecology granted the city \$15 million to develop this in-



Guest Opinion  
By Mark Crisson

novative approach to solid waste disposal and energy production.

Further, the purpose of the plant has not changed. It was built and operated in the 1930's to generate electricity. It is being renovated in the 1980's to do the same thing. The only difference is that the fuel is different. Today the plant will burn wood waste and a small fraction of sorted, processed garbage, called refuse-derived fuel (RDF). Coal also will be part of the fuel mix, depending on the availability and cost of wood waste.

This plant is not a mass burn incinerator that burns raw garbage with little or no

waste treatment or sorting done before incineration. The steam plant incorporates what is being called "smart burn," because garbage is carefully sorted to remove recyclables and minimize material that could cause toxic emissions. The incineration process is a desirable means of garbage disposal because of the potential flow of toxic material from landfills into public supplies.

The limited amount of remaining space in the city's landfill is primarily responsible for the decision to add RDF to the fuel mix. Burning RDF will reduce the volume of waste the city adds to its landfill and will provide time to pursue additional alternatives to the garbage dilemma. Initially, RDF is expected to make up only about 15 percent to 20 percent of the total fuel mix. But this amount can be reduced as recycling efforts are expanded.

Steam Plant #2 will provide enough power to meet customer needs for the next three to five years and will not be dependent on the weather.

Finally, there have been comments that the decisions made about plant renovation were made without public input. Every major decision

City Light makes is made in public meetings before the Public Utility Board. To address public concerns before the utility entered into a construction contract, an information meeting was advertised and held at the Public Utility Board meeting on Jan. 28, 1987. Comments and questions were made by a number of customers, including representatives from Greenpeace, the Sierra Club and the League of Women Voters.

The same matter was the subject of a public hearing before the city council on March 17, 1987. Since then every major action regarding the plant's construction was conducted in public meetings, with opportunities for public input. The process for City Light to obtain a permit to burn refuse-derived fuel from the Tacoma-Pierce County Health Department also will be a public one, with a Health Risk Assessment Study available to the public.

We truly believe Steam Plant #2 offers a win-win solution to the citizens of Tacoma. And Tacoma City Light is committed to operating this plant in a safe, environmentally acceptable manner.

Mark Crisson is superintendent of Tacoma's city light division.

## When is a freeway not a free way?

Editor:

In the 20 years I have lived in Federal Way, I have considered the fact that I-5 passes through its middle as just one more advantage to living here. There is no doubt that the increased rush hour traffic is an annoying inconvenience. Like many others, I can remember when there were no traffic problems, either on the arterials or on the freeway. Why then, do we have such a problem now?

Too many vehicles for the amount of available road surface. The problem doesn't exist all the time, just during so-called peak traffic hours. I believe building one lane — as proposed — for the exclusive use of buses and car pools is ridiculous, offensive and a clear case of taxation without representation. A recent article (Federal Way News, Jan. 11) cites the state's commitment to high occupancy vehicle (HOV) lanes as a possible solution. Another lane would relieve the problem, but restricting its use to high occupancy vehicles is not the way. All those whose taxes

Letters

would be used to build a new lane should have unrestricted use of it.

We seldom travel north of Seattle. When we do, the lane reserved especially for buses and vehicles with more than three passengers is relatively empty. Driver irritability is only magnified by the fact of those empty lanes.

Some drivers ignore the rules. What goes through the minds of the "sheep" left behind, with their noses jammed against the stinking rear end of the sheep in front of them?...

Your article quoted an unidentified Marchione as saying these special lanes carry 42 percent of the passengers in seven percent of the vehicles. I'm sure these must be approximations, yet they are stated as hard facts. If we look at the numbers from a different perspective, we quickly see several interesting things. First, 58 percent of the freeway users are not either riding the bus or car pooling. It is not

realistic to assume that either one or the other must be a viable option for everyone.

Many taxpayers have no neighbors who work at or near enough to the same place they do. Sharing rides is not possible. The bus schedules and routes are no help to others. And how about those hundreds of small sports cars that have only room for two and legally can carry no more than the driver and one other person? Or those freeway users who don't trust other people's driving and don't want to join a van pool?

Another thing we realize when looking at numbers is that 93 percent of the vehicles are crammed into 75-80 percent of the space. The remaining seven percent get 20-25 percent of the space. I object to my tax dollars being used to provide preferential treatment to transit systems or to support the development of private interests such as van pools.

After many years and much money, Seattle realized that forced busing of children doesn't work. Maybe the state should

review its commitment to HOV.

Build another lane if need be. But permit all the citizens to use it free(way)ly. Let the high occupancy vehicles take their chances with the rest of us, in our compacts, station wagons, pick-ups, motorcycles, and semi-trucks.

There's a contrast for you: semi-trucks. They may pay horrendous road taxes, but they receive no preferential treatment. On the contrary, they are often discriminated against by not being allowed to drive in the fast lane, even though they are capable of driving at very high speeds.

I am relieved every time I am out of the special lane areas. I hope, realizing I may be the only one who feels this way, that any new lanes added to I-5 will be open to all. I suppose there is something about being able to drive in whatever lane I choose that makes me feel I am exercising the freedom of choice and self-direction embodied in the word America.

Ralph Stumbo  
Auburn

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# Win or lose, Jennings remains in city's corner

Continued from A-1

get worse, he predicted. "I don't think it will take much longer before it will get to be a sea of apartments and gridlock," he said. However, there always will be something left to save, he said. **NONETHELESS**, King County managed to do some damage to the area in the two decades he lived here, Jennings said. "The county will never put the services in where they're needed," he said. "There's always a priority in some other part of the county." If Federal Way had incorporated years ago, it wouldn't exactly have been a magical cure, but development and traffic could have been managed better, he said. "You'd still have growth," Jennings said. "We'd still be a regional shopping center. We would not have anywhere near the multi-family and we'd have much better open-space control." Jennings is a Seattle-area native and who first lived in Federal Way in the mid 1960s. He moved here because of cheap land prices. He worked in tooling and manufacturing for Boeing for awhile and then became a fence salesman for Sears. In 1971, the opportunity to buy Secoma Fence came along and he took it. He later moved to Bellevue, then Normandy Park and finally back to Federal Way for good in 1973.

**JENNINGS'** support of cityhood goes back to 1978, when he was asked by the Federal Way Chamber of Commerce to chair the Home Rule Committee, a group formed to study incorporation. The group studied possible city boundaries, taxes and the provision of services among many other issues. The subsequent incorporation election — Federal Way's second — was held in 1981. Obviously, it failed, but Jennings and others immediately tried again and he chaired the Federal Way Home Rule Committee for the 1985 campaign and election. This time, the group decided to decrease the boundaries. "It was impractical to in-

corporate an area as large as in 1981," Jennings said. The group decided to omit the area east of Interstate 5 in part because there was a higher "no" vote in those eastern areas. Redondo also was left out because many Redondo residents were opposed to being part of the city. Incorporation failed then too, partly because at that time cities had to begin providing services almost immediately after the election, Jennings said. **THAT MEANT** people had to elect a council at the same time they voted on incorporation. Instead of campaigning for incorporation, many key supporters instead concentrated on running for city council, Jennings said. Jennings did not run for city council because he believes that someone who is a leader in the pro-incorporation movement should not run for council. Doing that leaves an impression in the minds of some voters that people are supporting incorporation as personal empire builders.

That's not necessarily true, he cautioned, but it still creates that impression.

Jennings has tremendous respect for those supporting cityhood, he said, noting the community has numerous people with the skills to govern a city.

"I don't think there would be any problem finding people who are dedicated and talented," he said. "I've always been impressed by the people who worked on the efforts."

**THOUGH** Jennings might miss his friends and neighbors here, he is quite happy with his current digs, thank you.

The Jennings recently bought property on Glen Lake in Michigan. Along with the property came an abandoned house that they were happy to discover was repairable. There is also a garage with six sailboats left in storage.

The Jennings plan to fix up the abandoned house and build another one near it. Ros (short for Roswell and pronounced "Roz") has his hands full building a boathouse as well.

**THE PROPERTY** is adjacent to the recently created Sleeping Bear Dunes National Park and the lake has been called one of the 10 most beautiful lakes in the world by National Geographic

magazine, Jennings said. The Jennings won't be spending all their time in Michigan, however. A daughter and son live in Auburn, another son lives in Redmond and a niece resides in Tacoma.

They plan to visit them often and will also travel around the country in their 29-foot-long recreational vehicle. While in Federal Way, Jennings gets around on a motor scooter he hauled here on the back of the RV.

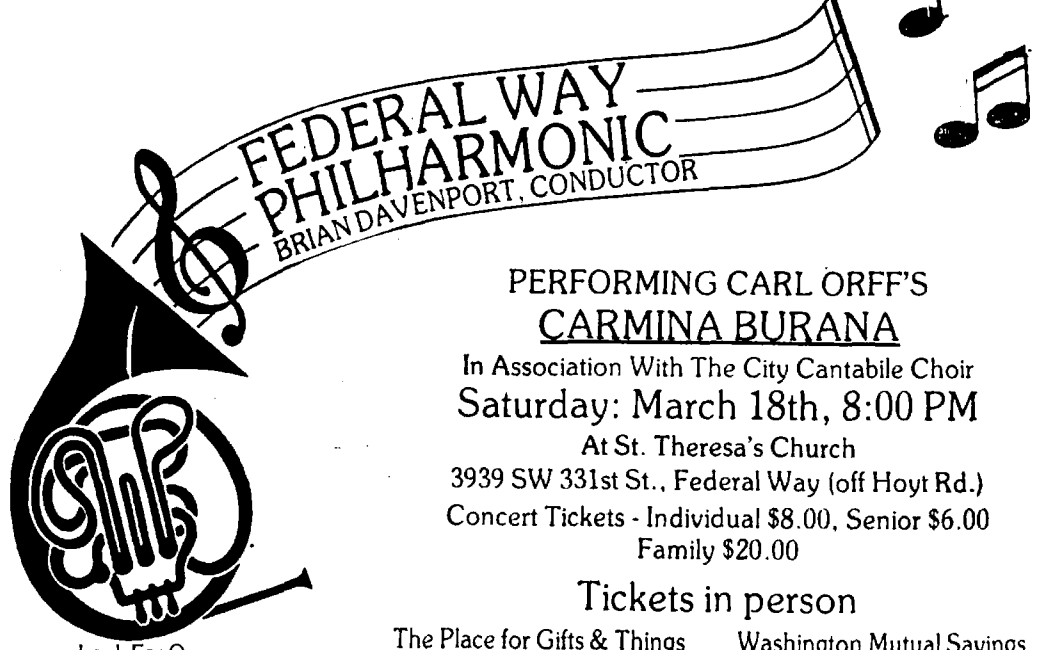
"I took very well to retirement," Jennings deadpans.

Although Jennings hasn't been as involved in this cityhood campaign as in the past, he still had predictions about incorporation.

Last Thursday, he was confident it would pass this time. But if it didn't, you can be sure to hear the word "cityhood" spoken again.

"If it fails this time, somebody else will start up a committee," he predicted.

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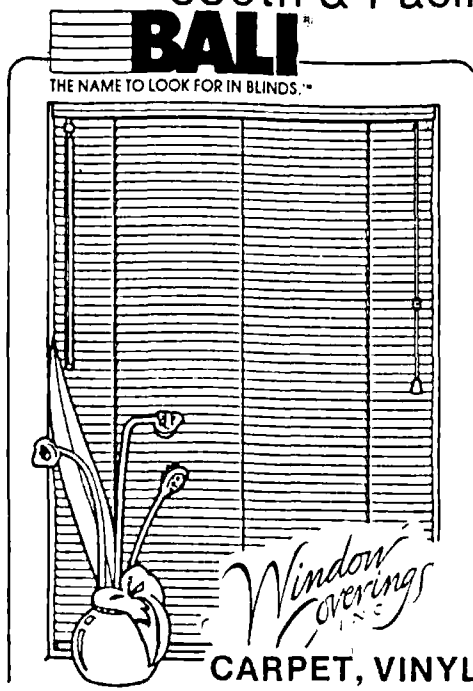
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## Watershed sale will help offset overruns

Continued from A-1

anticipated, the district will consider putting other capital projects on hold, said Steve Wieneke, district director of engineering.

It hasn't been decided yet just which projects might be delayed.

District staff also underestimated the costs of painting five water tanks. Original cost estimates were a total of \$320,000 for the five tanks, Wieneke said.

Now, costs are expected to total at least \$522,000. The district forgot to include the cost of painting the inside of the tanks in earlier estimates. Also, bids came in higher than expected.

In addition, costs may run even higher. The exteriors of the tanks are coated with leaded paint and must be sandblasted.

If testing shows lead leaching into the ground from the resulting sandblasting grit, the grit will have to be dumped at a hazardous waste site at an additional cost of \$37,100. District officials don't expect they'll need to do that.

"I'm very disturbed that the costs are off this much," Wieneke told commissioners at their meeting last week. "It reflects on the credibility of (the district's engineering staff)."

"It's bloody frustrating," said Commissioner Bev Tweedle. "We get too far down the road to pull out and it's going to cost us twice as much."

The district paints its water tanks about every 10 years, Wieneke said.

The first tank is located near SeaTac Mall and is already being painted. The other tanks will be painted this year and in 1990.

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# Health lessons should start early, says Kirk

Continued from A-1

ago, for instance. And just because child abuse is more often reported doesn't necessarily mean more children are being abused.

Physical fitness tests have changed over the years, too, making it hard to compare today's kids with those of 20 years ago.

But look at the children, Kirk says. Go to a shopping mall and watch what they eat, see what kind of shape they're in. Did they walk to the mall? Probably not — Federal Way's streets aren't made for healthy strolls.

AND THEREIN lies a crucial part of the problem. Even with today's commercial emphasis on health and fitness, modern lifestyles don't make fitness easy to obtain. Parents are often hesitant to allow their children to walk busy streets on errands, and may worry about the safety of neighborhood parks. Working parents have little time to supervise their children's activities and diet.

Children are faced with an array of unhealthy food choices, including candy from machines in school hallways. Student-body funds are often boosted by candy and doughnut sales.

"Personally, I would rather see the school charge a user fee for school activities than have them sell that junk," said Kirk. "There's got to be a better way to do it."

Parents sometimes are either unwilling or unable to stress good eating habits at home. Kirk says many don't know enough about nutrition to teach their children to eat well. Sue Inglis, nursing coordinator for local schools, says many parents don't have time to make sure their children eat well.

"Parents don't prepare food for their kids like they used to," Inglis said. "Three-quarters of our kids probably don't eat breakfast, because they're on their own in the morning."

"We have to teach these kids nutrition at school. They're not going to see it modeled at home," she added.

Nutrition is a major focus of health lessons in first and second grades, but is optional in third through sixth-grade health lessons. Nutrition is part of health classes required for eighth- and 12th-graders, and is taught in most junior high and high school elective home economics classes.

Schools also are encouraged to emphasize health and nutrition through special programs, like a meal-analysis project planned for Lake Dolloff Elementary this spring.

FEDERAL WAY ONCE enjoyed a health heyday, recalls Jeff Carpenter, state supervisor of physical education, health and athletics. Federal Way, Highline and Bellevue schools had model physical education and health programs available, including physical education specialists available to assist teachers at all schools and free transportation home from after-school activities.

Levy failures in Federal Way throughout the '70s meant the end of specialists and bus rides. And lack of money, resulting in lack of trained personnel and facilities, is most often blamed for some 48 percent of Washington's school districts failing to offer the 100 minutes of physical education per week required for elementary schools, said Carpenter.

Carpenter said many districts also get caught up in campaigns against health threats, such as drugs and alcohol, but ignore the overall fitness of children.

"We should look at programs of comprehensive student health and wellness, that emphasize the physical well-being and attitude and knowledge that allows kids to stay healthy," he said.

That program is particularly important in elementary schools, where children are first forming lifetime attitudes and routines. Although two years of secondary physical education is required for high school graduation, Kirk says students should

learn the importance of exercise and health as early as possible.

TO THAT END, Kirk says Federal Way schools should hire elementary-school physical education specialists who would take the burden of physical education instruction off classroom teachers.

If the world were perfect, she adds, the schools would offer after-school activities for all students at convenient hours, and would offer transportation for those kids. If the world were

perfect, more parents would understand nutrition and emphasize its importance to their children, she says.

Physical education classes today are bridging the exercise gap somewhat, she adds. Individual sports that offer a good workout for all, such as roller skating and tumbling, are becoming more prominent in local classes.

It can't happen soon enough for some kids, Kirk said. She recalls a boy with

discipline problems had been overweight much of his life. Kirk said the boy eventually joined a weight program and slimmed down fast. But he didn't leave the weight problem behind. Even his newly slender frame didn't keep him from an unsuccessful suicide attempt.

"Even when he had lost weight, he still considered himself just a nerd," Kirk said. "How many kids are out there like that?"

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**Correction:**  
 Commercial rates wrong

An article in Friday's Federal Way News ("Sewer bills will go up") incorrectly stated the amount of the rate increase for commercial sewer customers.

Rates will be a \$6 monthly base charge plus \$1.40 for each 100 cubic feet of water used.

The rates will go into effect April 1.

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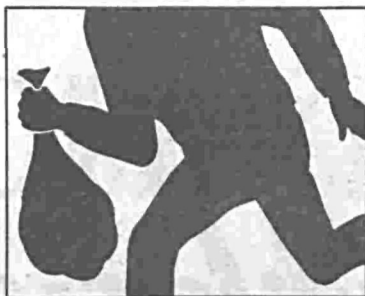
# Young man arrested for attempted kidnap

A man who was reported to King County police for following a 10-year-old schoolgirl in his car last week was arrested Friday and accused of trying to abduct the girl.

The girl's mother called police Thursday and reported that her daughter had noticed a man following her to and from Lake Grove Elementary School that week. She said the man had been watching her, then following her in his car.

On Friday, the girl told police she was walking home from school at 3:30 p.m. when the same man began following her again. This time, she said, he pulled up alongside her at South 305th Street and First Avenue South and ordered her into his car. She began to walk faster, and he got out of his car and tried to grab her, she said.

The girl said she was able to get away by kicking the man in the leg and running home, just a short distance away. She locked all the doors and pulled the drapes and waited for an adult to come home. When a friend arrived 90 minutes later, he called police.



Police

The family had given police the car's description and a license plate number, which was traced, on Thursday. Using that information, police Friday used yearbook photos from a local high school to identify the man. The girl picked the man out of a group of photos, and police later arrested the 18-year-old Federal Way man at his workplace.

He was booked into King County Jail for investigation of attempted kidnapping.

The family told police it does not know the man, and knows of no reason why he would want to bother the girl.

# Dog leads police to teen who fired shots

A police dog led officers on a chase early Thursday morning across parts of Twin Lakes Golf Course and through several yards before stopping at the door of a teen-ager who admitted to firing a BB gun at a passing van.

The driver of a van traveling westbound on Southwest 320th Street told King County police something shattered a side window directly behind his head as he turned into the parking lot of a convenience store at 34th Avenue Southwest. As he called King County police to report the

incident, he heard several more shots being fired from nearby woods in the direction of the store.

Police responded with a K-9 unit, which immediately picked up a track and led police to a home several blocks away on 39th Place Southwest. When contacted by police, one of two 15-year-old boys there admitted to firing the shots. Police confiscated a pump BB-pellet gun with a power scope that was used in the incident and forwarded the case to juvenile court for prosecution.

# Youth loses money in bogus car buy

A 17-year-old high school student lost \$1,500 to another youth who promised he could obtain a Porsche for that amount — if he first put up the cash.

The student told King County police an acquaintance told him he had a friend in Tacoma who could find him a Porsche within 24 hours for \$1,500, but that he needed the money up front. The student gave the other youth his

money March 6, but never saw his Porsche.

The student spoke to the Porsche procurer twice in the following two days, and was told he would have his car by March 10. When he didn't see the other youth at school later in the week, the student called that boy's mother and was told he had run away to Idaho and planned to move to California.

# Attempted drug sale gets man arrested

A Seattle man was arrested for drug and firearm violations early Sunday morning after he tried to make a drug sale.

King County police report a patrol officer spotted the man drive into a Federal Way motel parking lot, approach two men in the lot, then go into a motel room. One of the men then told the officer the man had tried to sell them drugs.

The officer said he followed the man when he left the motel

room shortly after midnight and pulled him over at South 304th Street and Pacific Highway South. The officer said he asked the man if he had a gun and the man responded that he was unarmed. A safety search, however, turned up a loaded, unlicensed .38 caliber handgun.

A search of the car turned up 12 containers of suspected cocaine and another of marijuana, a pager and a large amount of cash. The 31-year-old man was booked into King County Jail.

# County eyes drainage controls

By VALERIE DROGUS

There's a steep, eroded ravine behind Federal Way's Suncrest School. A couple hundred yards beyond, there's another behind the armory.

Both were caused by insufficient storm drainage put in at the time of development, as well as an unusually high number of bad storms in the past 10 years.

King County Executive Tim Hill recently released a new drainage manual to the King County Council for its possible approval. The manual, under study for two years, recommends tough new drainage standards to prevent run-off from new construction from damaging the environment and people's property.

But it will also increase the price of a new home, Hill said.

Among other regulations, the manual calls for larger storage areas to hold run-off after storms, pipes and drainage ditches that can handle water from an exceptional downpour and a slower release rate from storm-water storage tanks.

Those storage tanks can take the form of retaining ponds on developed property or underground storage tanks.

WITH PLANNING, Hill said, they can be landscaped and used by developers to fulfill the open space requirements on large housing projects.

Hill said the \$600 increase on an average \$100,000 single-family home to meet the new re-

quirements will be offset by the improved flood protection and decreased erosion.

Larger developments are likely to see an even bigger cost increase to meet the new standards, according to the report.

Despite the added costs, Hill said developers may approve of the new regulations because they spell out builders' responsibilities better than old regulations.

"It will add a level of predictability to the development process," Hill said in a prepared statement.

An added benefit of the drainage requirement will be improved surface water quality, Hill added.

An average single-family home produces 200,000 gallons of run-off a year. Much urban run-off from King County ends up in Puget Sound.

The county council still must approve the new drainage manual before it becomes effective.

# You are invited to Olympia

Local legislators are inviting their constituents to attend a 30th District Day in Olympia March 20.

Constituents of Sen. Peter von Reichbauer, Rep. Dick Schoon and Rep. Jean Marie Brough are welcome to go on a capitol tour and sit in on a legislative session from 10 a.m. to noon, and then

lunch with their legislators until 1 p.m. Hearings and an open house at the capitol are planned for 1 to 3 p.m.

The events are free, but if you want a box lunch, the cost is \$3.25. Reservations are needed by March 15, and you can make them by calling 1-800-562-6000.

# Food bank needs Easter goodies

The Federal Way Food Bank is collecting Easter baskets, stuffed bunnies and Easter grass in order to distribute Easter goodies to local needy families.

Items can be dropped by the

food bank on Mondays, Wednesdays or Fridays. Baskets will be assembled and handed out the week prior to Easter, which is March 26. Call 838-5611 or 941-2881 for more information.

# Call for woodstove-use info

Woodstove and fireplace users can call a toll-free hotline to learn whether a burning ban is in effect. The number is 1-800-433-2215.

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**Rx For A Healthy Heart**

Many doctors are writing a new prescription these days for a happier, healthier heart: *Exercise*. Taken at least three times a week for one-half hour, regular vigorous exercise can help lower high cholesterol levels, and cut your risk of heart disease. But like all good remedies, it needs time to work.

Cholesterol improvements have occurred after only four to six months of moderately intensive exercise. Walking, jogging, cycling, and swimming are among several beneficial exercise programs suggested. Consult your physician regarding a program best suited for you.

For more information or referral to a physician, please dial 246-8773 or call

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Next week's topic: High Blood Pressure  
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**Airport operates noise hotline**

Sea-Tac Airport operates a 24-hour hotline for reporting unusual aircraft-related noise. The number is 433-5393.

## Aging America requires ongoing source of income

By WENDY CULVERWELL

When the powers-that-be — Gov. Booth Gardner and Mayor Charles Royer — declared this week "Employ the Older Worker Week," they probably didn't have Robert Lervold in mind.

The 57-year-old, semi-retired former salesman just passed his first anniversary as a Federal Way resident and as a job developer in the American Association of Retired Persons (AARP) office in the Kent Commons.

When Lervold decided he wanted to continue working, he responded to an ad in the classifieds and got the job almost immediately. That, however, is not the ideal illustration for "Employ the Older Worker Week."

People in Lervold's age group, said John Peterson of the Seattle Mayor's Office for Senior Citizens, can expect their job quest to last an average of eight months. Moreover, by that age, many older workers have climbed up the ranks to mid- or upper-level management.

HOWEVER, IN these days of lean and mean corporate management, many of those jobs have been trimmed, leaving older and younger workers alike to compete for what's left. New jobs in the economy generally surface in low-paying service industries such as fast food and telemarketing.

For the clients Peterson serves through the mayor's office, those sorts of jobs aren't acceptable. His clients, who come not just from Seattle but from the entire metropolitan area, need substantive employment. The figures he cites to support that are startling.

The average Social Security benefit, per couple, is \$5,000 a year, and the average pension is \$2,200 a year.

Then there is the problem of the "aging of America." By the year 2010, 25 percent of the population will be over 55.

With that many people approaching retirement age and little money to support them, Peterson said it's crucial to take another look at hiring practices in regards to older people.

The minimum wage his office will accept for a job listing is \$5/hour and often those go begging. Their average is over \$6/hour. Between 600 and 700 older workers are placed in new jobs through the office for senior citizens each year.

WHY SHOULD — and are —



Robert Lervold

employers consider hiring workers in the over 55 crowd? Both Peterson and Lervold refer to lists which claim, among other attributes, that older workers have a lower turnover rate in their jobs, that they exceed their younger counterparts in productivity expectations, have deeply engrained work ethics, and usually don't suffer the "Friday afternoon flu."

Both concede, however, that many older workers — whether it's the housewife who has to work after her husband's death or the fired executive — often have skill deficits.

"It becomes incumbent on the older worker to stay state of the art," Peterson said.

His program and Lervold's offer job skills training for the older job hunter. Funding for such programs comes from the Job Training Partnership Act, written by then-Sen. Dan Quayle.

But while Peterson emphasizes substantive job opportunities for older workers, the AARP office in Kent caters to those who find low-end jobs to their liking. One woman Lervold planned to take on as a client opted instead for a job at a nearby McDonald's. The restaurant offered her flexible working hours and was within walking distance of her home.

Lervold concedes that many people need more substantive employment to survive, and to them, a job at McDonald's would only be a stop-gap measure. But many

older workers have enough money set aside for retirement that they only need supplemental income or a part-time job to fill their time.

Both AARP and the mayor's office serve seniors throughout King County.

The AARP office in Kent currently has about 70 people in its program.

An enrollee is first placed in a part-time job in a non-profit organization or a public service agency. That gives the job hunter a chance to develop on-the-job skills and a current resume.

When the client is ready for a better job, Lervold and his colleagues go to work — contacting employers they've dealt with in the past and calling on classified want ads.

Lervold considers his job a continuation of his career in sales — he's always trying to sell prospective clients on the program and employers on older workers.

Peterson, however, sees himself more as a marketing strategist.

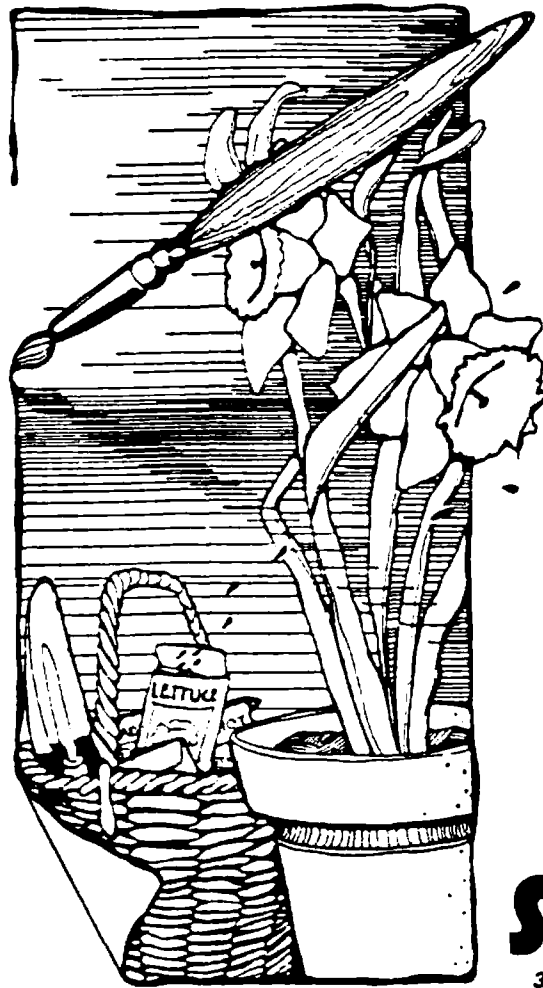
Whenever a senior job hunter fails to get a job because he or she is "overqualified" Peterson does a double take.

If an employer wants job skills A, B and C, you'd better not offer him A through Z, he said.

"That's a marketing error."

The Seattle Mayor's Office for Senior Citizens can be reached at 386-1274, and the AARP office at 859-1818. Employ the Older Worker Week lasts through March 18.

## ART SHOWS Northwest



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**Airport operates noise hotline**

Sea-Tac Airport operates a 24-hour hotline for reporting unusual aircraft-related noise. The number is 433-5393. Noise abatement staff members are on hand to answer hotline calls personally from 8 a.m. to 5 p.m. seven days a week. At other times callers can request their calls be returned by staff members.

# It's time to plant cool weather vegetables outdoors

Now that it's getting close to spring, all you vegetable gardeners had better get going on your cool season crops. Peas, carrots, cabbage and lettuce can go in the garden along with onion sets and kale.

Flower gardeners will want to plant sweet peas and nasturiums directly into the soil, and if you need to replace a few shrubs that froze, this is the month to get the best selection.

Don't get too excited and set out bedding plants or tomato starts yet. If you see any marigolds or petunias for sale, just walk on and don't buy. Unless you have a greenhouse to store them in for the next six weeks, it's too early to plant frost-fearful transplants.

**Q.** When we go on spring trips we sometimes see wild rhododendrons in the forest. They are usually the pink kind and grow quite tall. Will these same rhodies do well in our



**Marianne Binetti**

yard? Is it easy to dig them up and replant?

H.C., Olympia

**A.** The wild rhododendrons adapt well to civilization and make wonderful blooming hedges and screens when given

partial shade and acid soil. (Add peat moss to make sure your soil is acid.)

You cannot, however, just grab a shovel and snatch rhodies out of the forest. In national parks, you can get a rhododendron permit from the ranger station, but on private land and in state parks, rhododendron poaching is prohibited unless you track down the owner or have permission from the warden.

Rhododendrons are easy to transplant no matter whose land they grow on. They have a compact and shallow rootball that pops in and out of the ground with the greatest of ease. I've often moved a rhody in full bloom without losing a petal.

**Q.** We have a very shady flower bed and would like to grow some flowers that come back every year, rather than putting in impatiens and lobelia every spring. What are the names of some perennial flowers that bloom in the shade?

L.F., Seattle

**A.** Perennials are plants that do indeed return every year without replanting, but you will need to dig and cut up the perennial plant clump every two or three years to keep it blooming at its best. Another dark secret that perennial growers rarely share is that the blooming time for most perennial plants is very short.

While your impatiens and lobelia bloom from June until frost, most perennials are in their prime for only a few weeks. The rest of the summer all you see is foliage. With this in mind, plant perennials that have ornamental foliage as well as lovely flowers.

Here's a list of good shady lane perennials: Hosta, Astillbe, Lily of the Valley, primroses, foxgloves, forget-me-nots and wood violets.

**Q.** Our problem is our

neighbor's dog! The dumb animal will not stay out of our vegetable garden and flower beds, and talking to the owners has done no good. We can't afford a fence right now and are wondering if there are other tricks we could try.

T.R., Auburn

**A.** Go on the warpath for just a couple of weeks and even the dumbest dog will learn new habits. If you can catch the little beast in the act, spray with cold water from the hose or whizz it away with a Frisbee.

I have met dogs that fear neither water nor Frisbee and instead consider both invitations to play. Because it's hard to scare off a tail-wagging, smiling-faced dog, you may have to pull out the pepper.

Red cayenne pepper works better than black pepper. Sprinkle your secret weapon on the border of your seed bed or around the fragile transplants that doggy paws love to crush.

If you can tell where doggy potties have been set up in your yard, sprinkle a little pepper in those areas as well. Now wait out the week in confidence and reapply the pepper after any rain or wind storms.

Cats can cause seeding disasters this time of year as well as dogs. There's something about freshly raked earth that attracts cats for miles around. Pepper will repel them but another method that also works

with small dogs is chicken wire.

You don't use the wire to build a fence, you crumple it up and use it as a barrier. You could also lay it across a newly seeded bed and the little wires poking up will prick the paws of intruding pets.

Address questions on home or garden to: **The Complete Home**

**Brown's Point United Methodist Church**

Church School  
Classes-8:15 AM  
Worship Celebration-10:30 AM  
(Child Care Provided)  
Paul Kuhn, Pastor  
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**Gardener, Marianne Binetti, P.O. Box 872, Enumclaw, Wash., 98022.**

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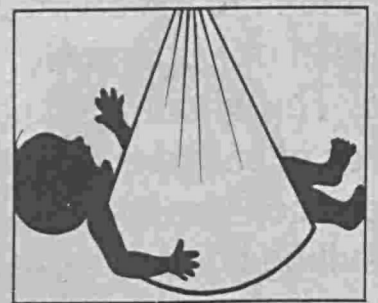
Rhonda and Karl Chester, Kent, welcomed their second child Feb. 25 at Providence Hospital. Krystal Nicole weighed 8 pounds and 2 ounces at birth. Krystal has a brother Joshua, 6½. Her grandparents are JoAnn McLain, Salem, Ore., David Corbin, Alexandria, Va., Lou Burnett, Burien, Lyle Chester, Longview. Her great-grandparents are Elizabeth Rogers, Burien, Flo Chester, Longview, Mildred and Paul Corbin, Maple Valley.

**ENGLUND**

Phillip Edward Victor, first child of Sandra and Leonard Englund, Federal Way, was born Feb. 27 at Tacoma General Hospital. Phillip weighed 7 pounds and 14 ounces at birth. His grandparents are Myrna and Edward Englund, Federal Way. His great-grandmother is Christine Englund, Federal Way.

**KRIENS**

A daughter was born to Renee and William Kriens, Federal Way, Mar 3 at Valley Medical Center. Danielle Christine weighed 8 pounds and 8



**Births**

**JACKSON**

Marla and Doug Jackson, Federal Way, welcomed their first child Feb. 21 at St. Francis Community Hospital. Stephanie Lee weighed 7 pounds at birth. Her grandparents are Glenda and Robert Nystrom, Kent, Roger and Lewine Cosner, Milton-Freewater, Ore., Barbara and John Jackson, Grand Blanc, Mich.

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**WHAT'S NEW IN TOWN?**

**COFFEE EUROPA & HOMESTEADERS INC.**

One-of-a-kind, unique, unusual, homey, nostalgic, European -- Yep! You've just described the newest two businesses under one roof now open in Federal Way! Not unlike some of the unique shops in Gilman Village up North, the owners started with the goal of giving Federal Way lots of new things you can't get at retail stores, a real honest-to-goodness Mom and Pop family store, featuring crafts and edibles made right here in Washington, Habersham Plantation Furniture with that "dirt floor country look to the uptown Seattle penthouse look". Brother and sister, Tom and Mary Simonet, from Homesteaders Inc. invite you to come in and browse through the many choices of furniture and scan the unique handmade gifts & crafts. While you're there, plan on trying one of the fine European desserts and fine coffees from Coffee Europa, owned by Kit Fleischli and Gene Loher. Kit features homemade soups daily and has just introduced a bread bowl for your soup! Gourmet coffees and teas, gift baskets to fit any budget, delicious desserts and pastries, light lunch items - you owe it to yourself to give 'em a try. It's homey! It's comfy! Best of all, the owners have plans to expand their 3½ acres to incorporate an entire retail village, with park-like setting. You just gotta see it!

**COFFEE EUROPA AND HOMESTEADERS, INC.** are located on the corner of 304th and Pacific Hwy. South at 30406 and 08. They're open 9:30 to 6:00 Monday thru Saturday and 11:00 to 5:00 on Sundays. Got a question? Call Kit at 946-1515 or Mary at 941-2286.

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**RHODODENDRON SPECIES FOUNDATION** — The spring visitor blooming season at the botanical garden runs from March to the end of May. The gardens, on the grounds of Weyerhaeuser Corporate Headquarters, are open from 11 a.m. to 4 p.m., Saturdays through Wednesdays. Admission for adults is \$2. Children under 12 are admitted free. For more information, call the RSF office at 927-6960 or 838-4646.

**CHOCOLATE CANDY MAKING** — Kent Parks will offer two classes for kids and parents, March 18. For children ages 4 to 8 (with a parent), the class will be from 9 to 10:30 a.m. For children over 8 (parents welcome), it will be from 11 a.m. to 12:30 p.m. Classes will be at the Kent Commons, 425 N. Fourth Ave. The fee is \$14. Call 859-3599 for more information.

**EASTER BASKETS** — SeaTac Village and the Federal Way Food Bank are working together to fill Easter Baskets for needy children in the Federal Way area. Donations of baskets, grass, candy, stuffed animals and tooth brushes/paste are welcome at the food bank. The Easter Basket program is a project of the Federal Way Community Caregiving Coalition. Donations will also be accepted at any SeaTac Village merchant prior to March 17.

**INTERNAL REVENUE SERVICE** — Volunteers to help with the preparation of income tax returns will be at the Federal Way Library, from 10 a.m.-2 p.m., Saturdays, and from 6 to 9 p.m., Mondays, now through April 15. Call 1-800-662-8482 for information.

**RAINIER ROADRIDERS** — The local bicycle club will plan its spring cleaning program at 7 p.m., March 21, in room 101 at Federal Way High



**Just for You**

School. Call the Federal Way Schwinn Shop, 839-4632, for details.

**SCUBA CLUB** — A scuba club for divers of all abilities is forming in Federal Way. A meeting, which will feature a diving video, will be at 7 p.m., March 22, at a local restaurant. Call T.G. at 874-8481 for location and to register.

**CAMPAIGN AGAINST CHOLESTEROL** — Cholesterol tests will be conducted at SeaTac Mall March 15 to 19, as part of the Puget Sound-area program to educate people about their cholesterol levels. No appointments are necessary and a \$6 contribution is requested for each test. Everyone between the age of 20 and 50 is encouraged to have their cholesterol level checked.

**HEART DISEASE CLASS** — Highline Community Hospital will hold a five-part class for people with Chronic Obstructive Pulmonary Disease. It will meet from 2:30 to 4 p.m., Mondays, March 27 to April 24. The class will be in the hospital's first floor auditorium. The class is free, but pre-registration is required. Call 431-5324 for details.

**JOB FAIR FOR MILITARY**

**VETERANS** — The Non Commissioned Officers Association will hold a job fair from 9:30 a.m. to 4 p.m., March 17, at the Sheraton Tacoma Hotel, 1320 Broadway. A career transition seminar for those about to separate will be held from 1 to 4 p.m., March 16 at the same location. Participants in both programs should first visit a NCOA Service Center to get a copy of the mini resume form. Bring the completed original and 20 copies to the fair. Call 582-7100 for information. The local NCOA Service Center is at 12500 Bridgeport Way S.W., Tacoma.

**EGG ARTISTRY** — A craft session for adults and teens will be presented by members of the Egg Artists of Puget Sound at 7 p.m., March 21, at the Federal Way Library, 848 S. 320th St. Registration for the free event is required. Call 839-0257 for information.

**KING COUNTY PARKS GUIDE BOOKS** — The listing of spring and summer classes and programs is now available. If one is not mailed to you, visit the Federal Way Library, 848 S. 320th St., or the Federal Way Recreation Office at 2645 S. 312th St. For more information, call 941-0655 or 296-4279. Spring classes start the first of April.

**ADOPTION WORKSHOP** — A workshop for family members and friends of those involved with becoming adoptive parents will be held from 9 a.m. to noon, March 18, at the Children's Home Society, 3300 N.E. 65th St. The cost is \$25 per person, but no one will be denied because of financial concerns. The workshop will help participants support the adoptive parent-to-be. Call 524-6020 for details.

The Children's Home Society will also offer a three-part class on clinical issues in adoption. It will be held from 7 to 9 p.m., Mondays, March 20 to April 3, and will deal with issues for birth parents, adopted persons and adoptive parents. Call the society for more information.

**SUPPORT GROUP FOR BEREAVED PERSONS** — WICS (Widowed Information and Consultation Services) will begin an eight-week support group on March 21, at 15417

**Pat Leckenby, ARNP**  
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First Ave. S., Burien. A donation of \$60 is requested for participation. Call 246-6142.  
**BUILDING SUCCESSFUL FAMILIES** — "AIDS: What We All Need To Know" is the subject of this week's family discussion to take place from 7 to 8:30 p.m., March 20, at the Federal Way Boys' and Girls' Club, 30815 Eighth Ave. S. The suggested donation is \$3 per person or \$4 per couple. Call Terri Tomatch at 839-2740 or 854-2343 for more information.

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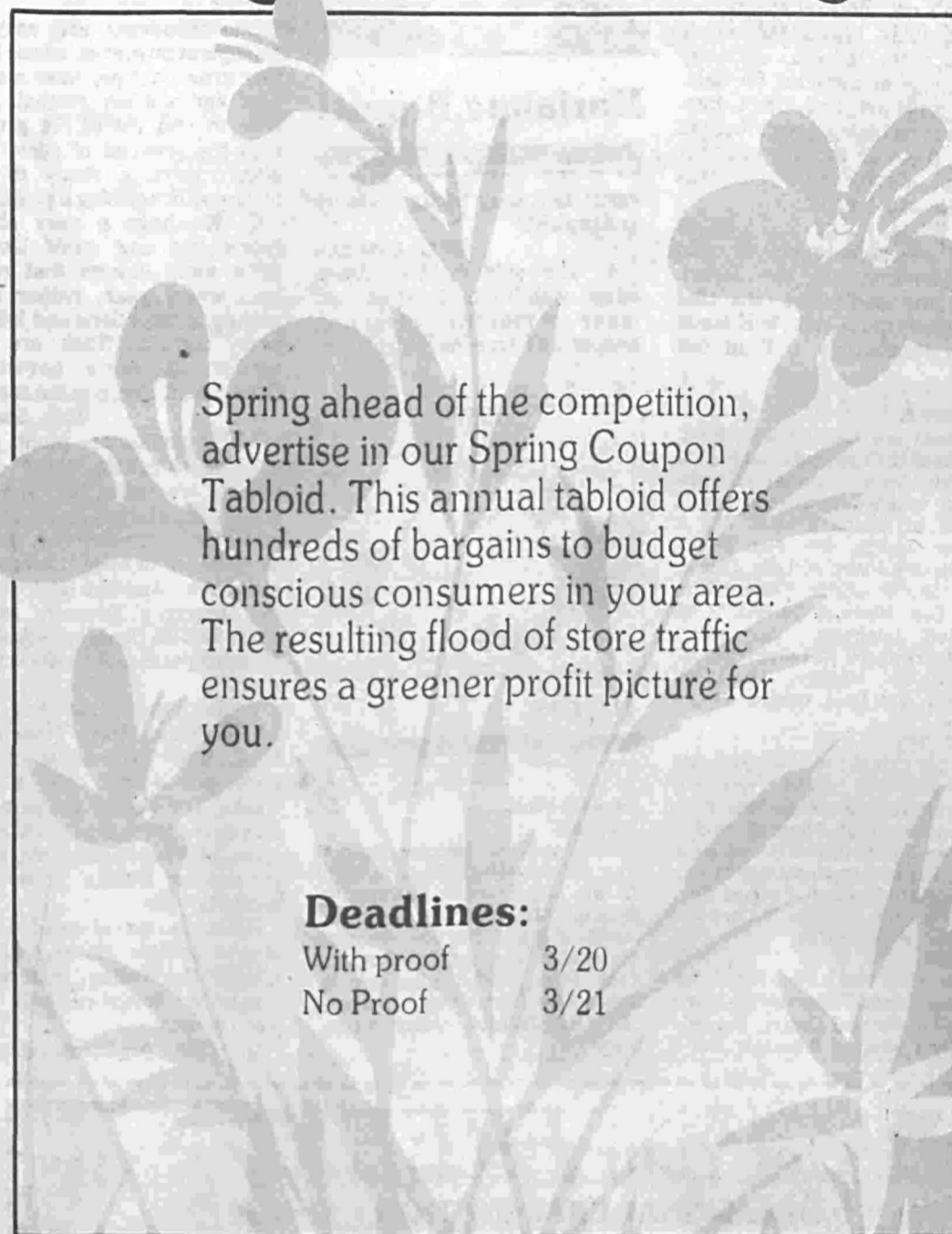


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**West Seattle Herald**  
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**Highline Times**  
**Des Moines News**  
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**Federal Way News**  
**Community News**  
927-8676 839-0700

**Artists to display their works in show**

Forty-five artists and craft-people from the Northwest will display their wares at SeaTac Mall's annual Spring Art Show and Sale, March 15 to 19.

Works for sale include water-colors, oils, woodcarvings, photography, weaving, and pottery. The artists will demonstrate their crafts during mall hours — 10 a.m. to 9 p.m., weekdays, 10 a.m. to 6 p.m., Saturdays, and 11 a.m. to 6 p.m., Sundays.



**At the Mall**

**Dare to be Cher at The Bon Marche**

To introduce the new line of fragrances, Uninhibited by Cher, The Bon Marche is holding a "Dare To Be Cher" look-alike contest.

To enter, fill out an official entry form available at the fragrance department of any Bon store. A photo of the Cher

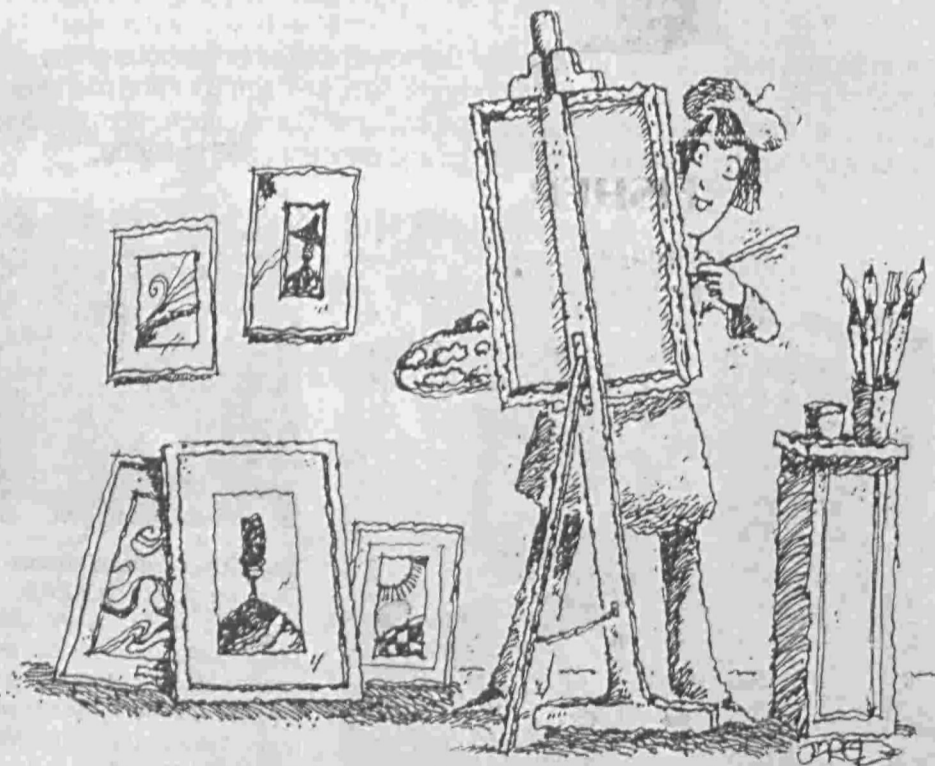
look-alike must be entered as well. Wigs and costumes may be worn, and the contest will run March 19 to April 1.

The winner will receive both perfume and a signed Cher album. Finalists and the winner will be contacted by May 1.

**SEE WHO'S PAINTING THE TOWN THIS WEEKEND.**

**ARTS & CRAFTS SHOW, MARCH 15-19**

For the largest Arts and Crafts Show in the Northwest, visit the Tacoma Mall, March 15th-19th. Come watch craftsman create pieces of art right before your eyes.



**TACOMA MALL**

Frederick & Nelson, Nordstrom, the Bon, JCPenney, Sears and 155 fine specialty stores. Located 1.5 miles south of the Tacoma Dome on I-5  
Open Monday-Friday 9:30-9:30, Saturday 10 a.m.-6 p.m., Sunday 11 a.m.-6 p.m.

DeBartolo

**Double ye fortune on St. Paddy's Day**  
Receive double punches on your Frequent Shopper Card for each \$10 purchase March 17th.

**THE ARNIE®**  
**100% WOOL AND WOOL-BLEND SUITS**

**CUSTOM TAILORED QUALITY**

**WITHOUT THE CUSTOMARY HIGH PRICE**

**OLD PRICE \$225**  
**NEW PRICE \$149**  
Every Single Day!

Sure there's a difference. But it's not in quality, style, or selection. Compare and you'll find that the only difference is our affordable price. Classic wool and wool blend, the natural choice for comfortable good looks. Woven in your choice of solids and patterns.

Suits not available at stores in Seattle and Tacoma.

Oakton Ltd.® Oxford dress shirt. Comfortable cotton, polyester blend. OLD PRICE \$17 to \$21. Every Single Day! \$13.99 to \$15.99

Oakton Ltd. silk neckwear . . . . . \$9.95

**SEARS**  
Your money's worth and a whole lot more.

AURORA (364-9000) CLACKAMAS (652-2280)	EVERETT (355-7070) FEDERAL WAY (941-1000)	LYNNWOOD (771-2212) OVERLAKE (641-1000)	RENTON (226-2323) SEATTLE 1ST AVE (344-4830)	SILVERDALE (892-1515) TACOMA (473-7000)	WASHINGTON SQ. (620-1510) SPOKANE (489-1170)
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St. Theresa's to host philharmonic

The Federal Way Philharmonic will perform Carl Orff's "Carmina Burana" at 8 p.m., March 18, at St. Theresa's Catholic Church, 3939 S.W. 331st St., off Hoyt Road. The program will be augmented by George Ger-shwin's "Cuban Overture" and Aaron Copland's "El Salon Mex-ico."

Tickets to the performance are \$8 per person, \$6 per senior, or \$20 for a family. They can be purchased through Ticketmaster or at Washington Place Savings Bank, or the Mutual for Gifts and Things. They will also be sold at the door.

Call 839-9132 for more information.

Girl Scouts to peddle cookies

Over 500 Girl Scouts in the Federal Way area will begin peddling cookies Friday. The annual drive raises funds for camping, crafts, travel and workshops in contemporary issues.

Boxes of cookies will be sold door-to-door and at local businesses for \$2.50 each, the same as last year. Seven varieties will be available — caramel delights, lemon pastry cremes, peanut butter sandwiches, peanut butter patties, shortbread thin mint and a new addition, chocolate creme sandwiches.

The sale will continue until April 3. For the nearest cookie vendor to you, call 941-7408.

Veterans can get local assistance

The mobile information center of the Veterans of Foreign Wars, State of Washington, will be at the Century Square Shopping Center in Federal Way on March 20 and 21.

Its hours will be 10 a.m. to 6 p.m. The center is available to all veterans and their dependents who need information about VA benefits, disability compensation, veterans and widows pensions, education, burial and medical benefits.

All services are free. The visit is sponsored by the local VFW post #2886 and its ladies auxiliary.



Senior Center Calendar  
Federal Way Senior Center

- MARCH 15** — Jam session, 10-11:30 a.m.; AARP tax counseling, 10 a.m.-3 p.m.; traveling library, 11:15-11:45 a.m.; general meeting, 11:15 a.m.; Valentine music, 11:30 a.m.; luncheon, noon; needle arts, 1-3 p.m.; oil painting, 1:30-3:30 p.m.
- MARCH 16** — Centralia trip; walking at mall, 7-8 a.m.; beginning bridge, 10 a.m.-noon; soup lunch, 11 a.m.-1 p.m.; woodcarving, noon-2 p.m.; social bridge, 1-4 p.m.
- MARCH 17** — St. Patrick's Day; senior swim, 9 a.m.; bowling, 9:30-11:30 a.m.; cards, 9:30 a.m.-noon; Irish songs, 11:30 a.m.; luncheon, noon; foot care and health screening, 1-3 p.m.
- MARCH 20** — Hair care, 9 a.m.-noon; arts & crafts, 9:30-11:30 a.m.; crochet & knit, 9:30-11:30 a.m.; counseling, 10:30-11:30 a.m.; bingo, 11:30 a.m.-noon; luncheon, noon; tri chem, 1-3:30 p.m.; Scottish country dance, 7 p.m.
- MARCH 21** — Walk at mall, 7-8 a.m.; walking group, 9-11 a.m.; calligraphy, 9-11 a.m.; shuttle bus, 10 a.m.-4 p.m.; soup lunch, 11 a.m.-1 p.m.; writing group, 1-2:30 p.m.; AARP camera group, 1:30-3:30 p.m.
- MARCH 22** — Jam session, 10-11:30 a.m.; AARP tax counseling, 10 a.m.-3 p.m.; Easter celebration, 11:30 a.m.; luncheon, noon; needle arts, 1-3 p.m.; oil painting, 1:30-3:30 p.m.

**CAUTION DON'T LET THE LOW PRICE FOOL YOU**

Solid Oak Swivel BAR STOOLS  
Choice of Fabric in stock & ready to go!

**\$89.99**

30" w/brass footstool

BANK CARDS WELCOME

**DAK FOLKS**

318-B North Washington, Kent  
852-0660

Thank you for helping to build a better world for women and girls.

THE WOMEN'S FUNDING ALLIANCE

WWU GRADUATES

Two Federal Way area residents had their names left off of the fall graduates list sent out by Western Washington University (printed in the Jan. 18 edition of the Federal Way News).

They are: Julie Lynn Bruns, who received a bachelor of science degree, and Cynthia J. Dailly, who received a bachelor of arts degree.

OUTSTANDING HCC FACULTY

The Faculty Senate of Highline Community College recognized two instructors for outstanding efforts in their programs.

Nancy Plannstrom, a full-time instructor in the library program, and Chris Layhom, a part-time nursing instructor, were honored with plaques and flowers.



Local Heroes

**CRIMSON COMPANY CHOIR**  
Rob Simmons, a 1983 Thomas Jefferson High School graduate, will be touring with Washington State University's Crimson Company

show choir this spring. The group will be performing several times in Seattle at the Intiman Playhouse.

The Crimson Company is comprised of 16 singers and a nine-member instrumental ensemble. Simmons is a senior at WSU and is majoring in mechanical engineering. He is sound engineer for the group.

**GROUP HEALTH RELATIONS**  
Bill Moss, manager of Group Health Cooperative's Federal Way Medical Center, has been promoted to regional administrator of external relations.

He will be responsible for recruiting personnel in hard-to-fill positions, developing in-house programs that enhance recruiting, and will create and implement a community involvement program in the area.

"B" GRADE SALE

Overstock & Irregulars  
Stemware & Chandeliers  
**8 DAYS ONLY**  
Special Saturday Opening  
March 18-25  
Repairs Accepted  
**KUSAK CUT GLASS**  
1911 22nd Ave. S.,  
Seattle, 324-2931  
(Rainier Ave. S. just south of I-90)  
Additional parking in back

AMANA GE WHIRLPOOL SHARP SONY KITCHENAID SUBZERO FRIGIDAIRE HOTPOINT LITTON QUASAR NEC

**See It At Couch's** *Your Home Entertainment Center*

**"The oldest independent store serving Federal Way"**

**Join "The Couch Club"**

The oldest video club in Federal Way with over 5000 movies including

**2000 priced at 99¢**

We also have over 200 Nintendo games and over 150 CD's!!

Come join the best club in the area!  
Ask for Charlie, Carl, Wendy or Lil.

**DON COUCH**  
Owner/Operator

**CLUB HOURS**  
OPEN MONDAY - SUNDAY 10 AM - 9 PM

**VISIT OUR VIDEO DEPT.**

Over 5,000 titles with 2,000 at 99¢.

**Come join our club!**

**OUR "APPLIANCE" TEAM!**

Big name brands at big price savings!

Ask about the brother-in-law deal!

**Introductory Offer Good thru March**

One Rent Movie Get 2nd Rental FREE

Exp. 3/31/89 C.V. 1/20\*

VALUABLE COUPON

MOVIE 2 FREE RENTALS with Rental of VCR

3/31/89 COUPON C.V. 1/20\*

**MARCH MOVIE RELEASES**

Crocodile Dundee II  
Clean & Sober  
Iron Eagle II  
Punch Line  
A Fish Called Wanda  
Betrayal  
Platoon Leader  
Big  
Chocolate War  
Mac & Me  
Big Business  
Midnight Run

**Home Entertainment At Its Finest! From Fisher**

Turn ordinary television broadcasts into exciting television events with this new audio/video system from Fisher! The 20" stereo monitor television with MTS tuner lets you enjoy stereo TV with sound delivered through the 100-watt per channel stereo receiver and 3-way speakers! Imagine the thrill of hearing your favorite stereo television programs with this much power! And this system doesn't stop there! A dual cassette deck and semi-automatic turntable provided flexible playback options and the unified wireless remote control lets you operate this system from the comfort of your favorite chair!

**FISHER**  
Includes Unified Wireless Remote Control!

Just **\$999**

**Fisher 100-Watt per Channel Audio/Video System!**

**Fisher 8720V Features:**

- 20" (diagonal) monitor/television with MTS (Multichannel TV Sound) tuner for reception of stereo and bilingual broadcasts
- 100-watt per channel quartz digital synthesized receiver with 24 presets (FM + AM) and built-in 5-band graphic equalizer
- Dual cassette deck with Dolby™ Noise Reduction and high-speed dubbing
- Semi-automatic turntable
- 3-way 12" speakers with magnetic field compensation
- Unified wireless remote control for convenient operation of many audio, TV and optional Fisher VCR functions
- Custom unified cabinet for audio components, TV and an optional VCR and Dolby™ Surround Sound processor/amplifier
- 100 watts per channel minimum RMS power into 8 ohms from 20Hz-20kHz with no more than 0.05% THD.

**INCLUDES CD PLAYER**

ASR-875  
Add an extra dimension of sound to your audio/video system with Fisher's new optional Dolby™ Surround Sound processor/amplifier and speakers.

**Get the best deal around, we call it The Brother-In-Law Deal**

**ASK US ABOUT IT!!**

**Get a Free Nipper Dog with Purchase**

**RCA CAMCORDERS**

RCA "Small Wonder" Camcorder

JUST **\$799**

**RCA VHS Camcorder**

Model CPR250 VHS Camcorder

JUST **\$888**

**19NV68 (BK) (GY)**

**19" COLOR TELEVISION WITH RANDOM ACCESS REMOTE CONTROL**

**SHARP FROM SHARP PRODUCTS COME SHARP PRICES!**

Just **\$288**

- 19" Tinted, High Contrast Lyntron Picture Tube
- 22-Function Random Access Remote Control with 10 Key Access and Channel Scan, Volume, Mute, Channel Memory, Flashback and Sleep Timer.
- LED TV Channel Indicator
- 140 Channel Phase Locked Loop Quartz Synthesized Electronic Tuner
- Sleep Timer/Channel Memory
- Automatic Color Control System
- Automatic Fine Tuning
- Available in Black and Gray

**THIS FANTASTIC FISHER SYSTEM 8815 FEATURES:**

- 100-watt per channel quartz digital synthesized receiver with 24 station presets (FM + AM) and built-in 5-band graphic equalizer
- Dual cassette deck (for easy cassette-to-cassette recording) with Dolby™ Noise Reduction and high-speed dubbing
- 27-function wireless remote control (includes functions for optional Fisher programmable compact disc player or changer)
- Semi-automatic turntable with low-mass tonearm compensation
- Component cabinet with height-adjustable casters

100 watts per channel minimum RMS power into 8 ohms from 20Hz-20kHz with no more than 0.05% THD.

**Giant Savings \$565.00**

**100-WATT PER CHANNEL SYSTEM! 27 FUNCTION WIRELESS REMOTE CONTROL.**

**40" Diagonal Projection Stereo Monitor Receiver**

**RCA 1st in America**

Command Center remote control - will also control Dimensional audio/video components, as you add them.

Stereo sound from both broadcast and component sources.  
Connector panel with full in/out flexibility including RGB inputs and external speaker jacks.  
Liquid-cooled projection tubes for 200 footlamberts peak brightness.  
Bilingual audio channel reception capability.

**RCA 40" diagonal**

**\$1,399**

Limited to stock on hand.

**TV-VCR 2 in 1**

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**PRO SERIES TELERECORDER™**

**FEATURES:**

- 110 Channel cable-ready frequency synthesized tuner - VHF/UHF plus cable stations A-W
- 14-day/14 event programmable
- 22-Key/25 Function unified wireless remote with: random access, volume up/down, mute
- Video/Audio input and output jacks
- VHS HQ designed circuitry
- Auto Functions: power-on, rewind, and play

**ZOOM IN ON THIS WE NOW FEATURE SONY.**

**CCD-F38 SONY 8MM HANDYCAM™ CAMCORDER**

WITH BUILT-IN DIGITAL SUPERIMPOSER

- Newly-developed "CCD" image sensor
- Low-light sensitivity (9 lux)
- \*11-power zoom lens with macro focusing
- TCL Auto-focus, Linear Auto White Balance, Auto Iris
- 3-page digital superimposer for titling and graphics
- Date/time data display system
- High-fidelity AFM sound recording
- Plying EraseTM head for superior editing/dubbing
- Advanced Edit SearchTM and Insert/ Edit functions

**Just \$999**

**CCD-SP7 SONY 8MM HANDYCAM™ VHS CAMCORDER**

- Rugged water-resistant sports body
- High-fidelity AFM sound recording
- Crystal-clear Freeze-Frame and Slow Motion
- 6:1 Power zoom lens with macro focusing
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- Date/time data display system
- High-fidelity AFM sound recording
- Plying EraseTM head for superior editing/dubbing
- Advanced Edit SearchTM and Insert/ Edit functions

**NEW!!!**

**KPR-46DX10 SONY 46" VIDEOSCOPE® REAR-PROJECTION TV**

- 46" image with 450 ft.-lamert brightness
- Luxurious furniture design, folding doors
- Advanced Digital Picture-in-Picture
- Two built-in TV tuners
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- Stereo speakers powered by 22 watts/channel
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DUE TO THE LOW PRICES OF THIS EVENT—NO PHONE QUOTES PLEASE!

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**TV HOME APPLIANCE**

**308th Federal Way Home Appliance 312th See-Tac Mail**

**\*SOME ITEMS LIMITED**  
**\*Convenient payment plan O.A.C.**  
**\*90 Days same as cash O.A.C.**

For nearly a decade... We have quietly been doing what everyone is promising

- 1. GUARANTEED SAVINGS**  
A member of one of the largest buying groups around. Yes, we always meet or beat any authorized dealer's price. Ask about our price guarantee.
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We offer one of the largest displays for home entertainment (big screens, cameras) and home appliances in the area.
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We have the best...with over 40 years combined experience.
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**\$5<sup>00</sup> OFF PERMS**

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**TANNING SPECIAL**

**\$30<sup>00</sup> for 1 Month**

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Call for an appointment today!  
And see what the Easter Bunny left you.

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Style Shop for Men and Women

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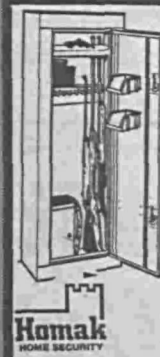
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Federal Way Schwinn..... 839-4632

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**HOME SECURITY CABINETS**  
only

**\$199<sup>99</sup>**

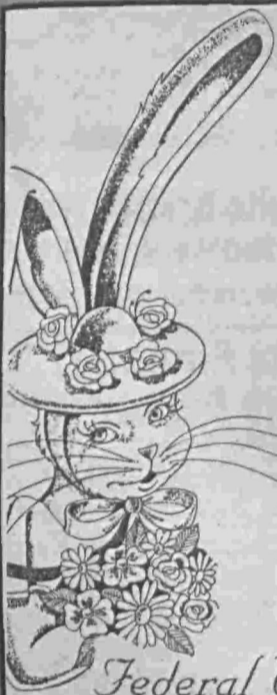
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3030 DELUXE UPRIGHT MODEL/12 GUNS  
21" x 16" x 55" H

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**THE REEL THING**

31211 Pacific Hwy. So.

Hrs: Mon.-Fri. 9-9, Sat. 9-6, Sun. 11-5 (near 3 Pigs Bar-B-Q) **941-0920**



**Guittards Candy Melts**  
for all your Easter Candy Creations.

- Flavorings
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- Boxes

**BUY 2 BAGS OF CANDY  
GET CANDY MOLD FREE**

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ENJOY OUR FAMOUS SUSHI

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**\$5<sup>00</sup> OFF**  
purchase of  
any 2 dinners  
1 COUPON PER TABLE  
EXCEPT SUSHI OR SASHIMI  
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**\$3.50**  
LUNCH  
SPECIAL!  
1 COUPON PER TABLE  
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**OPEN 7 DAYS:**  
Mon.- Fri. 11 to 10  
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FREE DELIVERY **3 PIGS BAR-B-Q** FREE DELIVERY

With \$10.00 Minimum Order Within Service Area.  
We Cater All Occasions

**1/4 Bar B Que Chicken**  
Served With Coleslaw & Texas Toast

**\$1.99**  
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Federal Way Shopping Center  
Corner of 312th & Pac. Hwy.  
Hours: 11-9 M-F, 12-9 Sat. & Sun. **941-6984**

**Oil Filter, Oil Change & Chassis Lube**

**\$14<sup>95</sup>**

Install new filter, lubricate chassis, drain oil and refill with up to five quarts of major brand motor oil.  
Note: special diesel oil and filter may result in extra charges. Brands may vary by locations.  
Coupon Expires 4-30-89 c.v. 1/20\*

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In the Federal Way Shopping Center  
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**Disc Brake Service**

**\$89**

New front disc pads, repack wheel bearings, resurface front rotors. Conventional rear wheel drive vehicles. Prices vary for front wheel drive. Caliper overhaul \$22.50 each if needed. Hydraulic service will be recommended if needed for safe operation.  
Limited Warranty for 12 months or 12,000 miles, whichever comes first.  
Metallic Pads Extra If Needed  
Coupon Expires 4-30-89 c.v. 1/20\*

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**LADIES ...**  
GET YOUR SHOES READY FOR EASTER OR SPRING WEDDINGS.

**DYE YOUR FABRIC SHOES!**

**\$5<sup>95</sup>**  
Only (with this coupon)  
Compare Our Prices. We're the lowest in town!

Federal Way **SHOE REPAIR**  
In the Federal Way Shopping Center  
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**FIX-IT**  
SERVICE SPECIAL  
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Call with estimate.  
**ONLY \$19<sup>95</sup>**  
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**REPLACE-IT**  
NEW OR RECONDITIONED  
**10% Off**  
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**BOB'S 839-7155**  
TV & Appliance  
In the Federal Way Shopping Center

**OFFICE FURNITURE SALE!**

**SIRCO COMPUTER CENTER**  
• 2 Roll-out Shelves  
• All-in-one Station  
Lists at \$177  
**\$89**  
\*Side Shelf Optional

**HON FILING CABINET**  
• Full suspension  
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Lists \$211  
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• 30" x 60" top  
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**CHAIR WORLD EXECUTIVE CHAIR**  
• 10 yr. guarantee  
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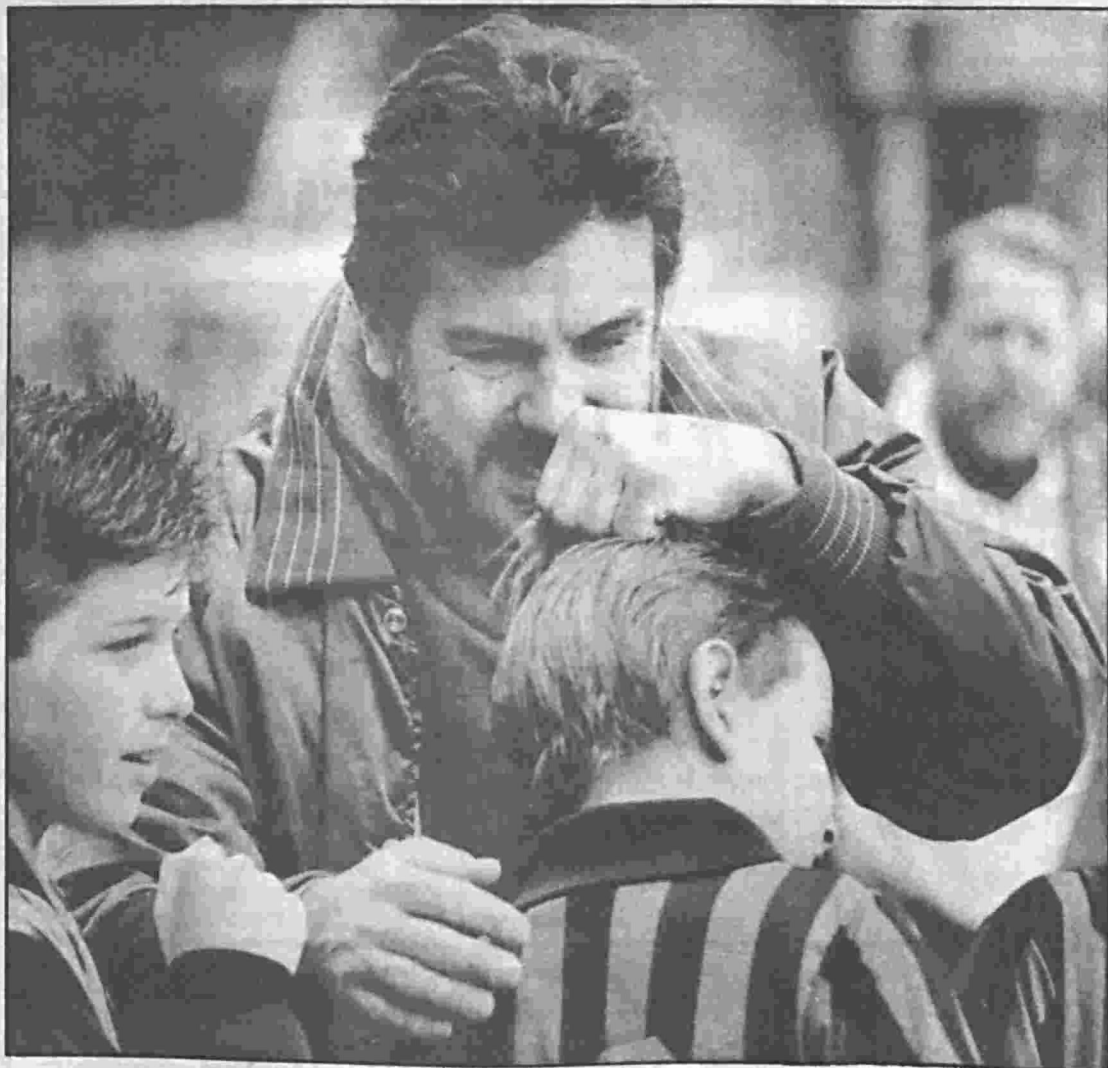
**MEREDITH'S Office Furniture**  
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**946-1101**



REGINA HEIDAL (left) of the Federal Way Storm and a Lake Washington Footloose player get their feet tied up on this play Saturday at Renton Stadium in girls' U-14 Championship Cup action.

photo by Paul T. Erickson

## Federal Way sweeps state foes



COACH MARVIN Smith gives a congratulatory noogie to Silver Bullet player Matt Stadudenraus after the Federal Way team earned a berth to regionals. Goalie Tom Cottle

photo by Rhonda Davis

Federal Way area soccer teams enjoyed a banner weekend capturing five state titles in Championship Cup action at Renton Stadium Saturday and Sunday.

Four of these teams are headed to the Far West Regionals in Pleasanton, Calif., in June.

The Silver Bullets, a boys' U-12 team, the Star Shooters, a girls' U-12 team, the Storm, a girls' U-14 team, and the Nitro, a

boys' U-19 team, are all headed south following their state titles.

The Flyers, a boys' U-13 team, won the state title but only U-12, U-14, U-16 and U-19 teams qualify to regionals.

The Silver Bullets, coached by Jerry Capoddano, won their state title. See page B-6 for further details.

The Star Shooters, coached by Steve Manderville, earned the berth to the regionals by

defeating the F.E. Lions, 2-1. See page 3-2 for further details.

The Storm, coached by Mary Baumgardt, whipped the Lake Washington Footloose, 7-0. See page B-3.

The Nitro, coached by Tim Duffy, edged The Highline News, 3-2, in a shootout. See page B-3.

And the Flyers, coached by Dan Kaiser, came back to defeat the Columbia Blast, 2-1. See page B-6.



SURROUNDED BY his teammates, Anthony Riggio of the Federal Way Flyers examines the U-13 championship trophy.

photo by Rhonda Davis

## SportsWatch

### Around Town

#### Sonics

The Seattle SuperSonics will host the Los Angeles Clippers at 7 p.m. tomorrow in the Coliseum, and they will be back in the same place at the same time Saturday playing the Chicago Bulls.

Monday the Sonics go on the road to play the Utah Jazz at 6:30 p.m. in a game that can be seen on KIRO-TV Channel 7. Tuesday Seattle is at Houston at 5 p.m. for non-televvised action. Sonics games are broadcast on KJR-Radio 950.

#### Stars

Friday the Kansas City Comets visit the Tacoma Stars in the Tacoma Dome for a 7:30 p.m. clash, and Saturday the same team will visit at the same time and place for a repeat performance. Both games will be carried on KTAC-Radio 850.

#### Seahawk hoop

Members of the AFC West Champion Seattle Seahawks football team will be coming to Kilo Junior High one week from today to play basketball against the Sea-Docs, a combined Federal Way School District and Group Health medical staff squad.

All proceeds from the 7 p.m. game will go to support the Marion Grambau Scholarship Fund, with tickets costing \$5 for adults and \$3 for students. Children under six get in free.

Playing for the Seahawks are Terry Taylor, Alonzo Mitz, Ron Mattes, Paul Skansi, Bryan Millard and Patrick Hunter.

The Sea-Docs are Decatur principal Duane Hammil, Federal Way principal Ron Montgomery, Thomas Jefferson principal Ann Gentle and Kilo principal Ken Olsson, while the "Docs" on the team are Ron Graff, Brad Lind, Larry Pogue, Jack Putnam, Ted Dorn, Kim Hoover, Joe Yankee, Alan Marshall, Rick Eskenazi, Manny Mkrtrichian and Dean Meade. The coach is Decatur's Greg Flynn.

### Home Teams

#### Softball

South Puget Sound League softball action is scheduled to begin today, as Thomas Jefferson hosts Puyallup at 3:30 p.m. and Decatur goes to Bethel.

Tomorrow Decatur hosts Puyallup and TJ visits Curtis, while Federal Way opens its season at home Monday against Rogers.

Also on Monday, TJ hosts Decatur in a crosstown battle. The Eagles host Spanaway Lake Tuesday.

#### Track

The South Puget Sound League track season opens tomorrow, as Decatur entertains Rogers for a 3 p.m. meet at Federal Way Memorial.

Thomas Jefferson opens on the road at Bethel Friday as Federal Way goes to Curtis.

# Star Shooters tame Lions for title

By GERARDO BOLONG  
 It took a little extra time, but they got the job done.  
 Kristina Heskin's goal with 3:18 remaining in the second half of the overtime mini-game gave the Federal Way Star Shooters a 2-1 victory over the F.E. Lions of Vancouver in the U-12 girls' Championship Cup state soccer title game Saturday at Renton Stadium.

The win earned the young booters a berth to the Western Regionals at Pleasonton, Calif., in June.

"I just explained to our players that we needed to eliminate mistakes," said Star Shooters head coach Steve Manderville. "If we did that, the game was ours. Their defense caused some problems for us. Our striker continually had two defenders on her so we needed to pass the ball to our outsiders."

After surviving an early case of jitters, the Federal Way girls settled into their vaunted passing attack. The Star Shooters completely dominated the game, but superb goalkeeping and defensive maneuvering kept them off the scoreboard.

With 3:12 remaining in the first half of regulation play, Heskin passed to Farrah Feist, who rammed the ball for a 1-0 Federal Way lead.

**IMMEDIATELY**, the Lions stormed back to mount an offensive. The last seven minutes of the half belonged to the F.E. Lions. Raelyn Adams broke up a Lion's solo breakaway from outside to save a goal, but the Star Shooters' goal remained under siege.

Tough defending sent the Star Shooters to intermission with a 1-0 lead.

For the first seven minutes of the second half, Federal Way seemed to form an umbrella around the Lions' end of the field.

Despite the constant pressure, the Star Shooters could not score. Federal Way controlled the action until just over nine minutes remained in the game.

Suddenly, Robyn Riedler's header from point-blank range tied the score for the Lions.

Both teams had chances to score, but regulation time ended with the score tied 1-1. This made a mini-game comprised of two 10-minute halves necessary.

**AFTER A** scoreless first half in overtime, the game developed into a war of attrition based on endurance. The coaches played a chess match, each adjusting

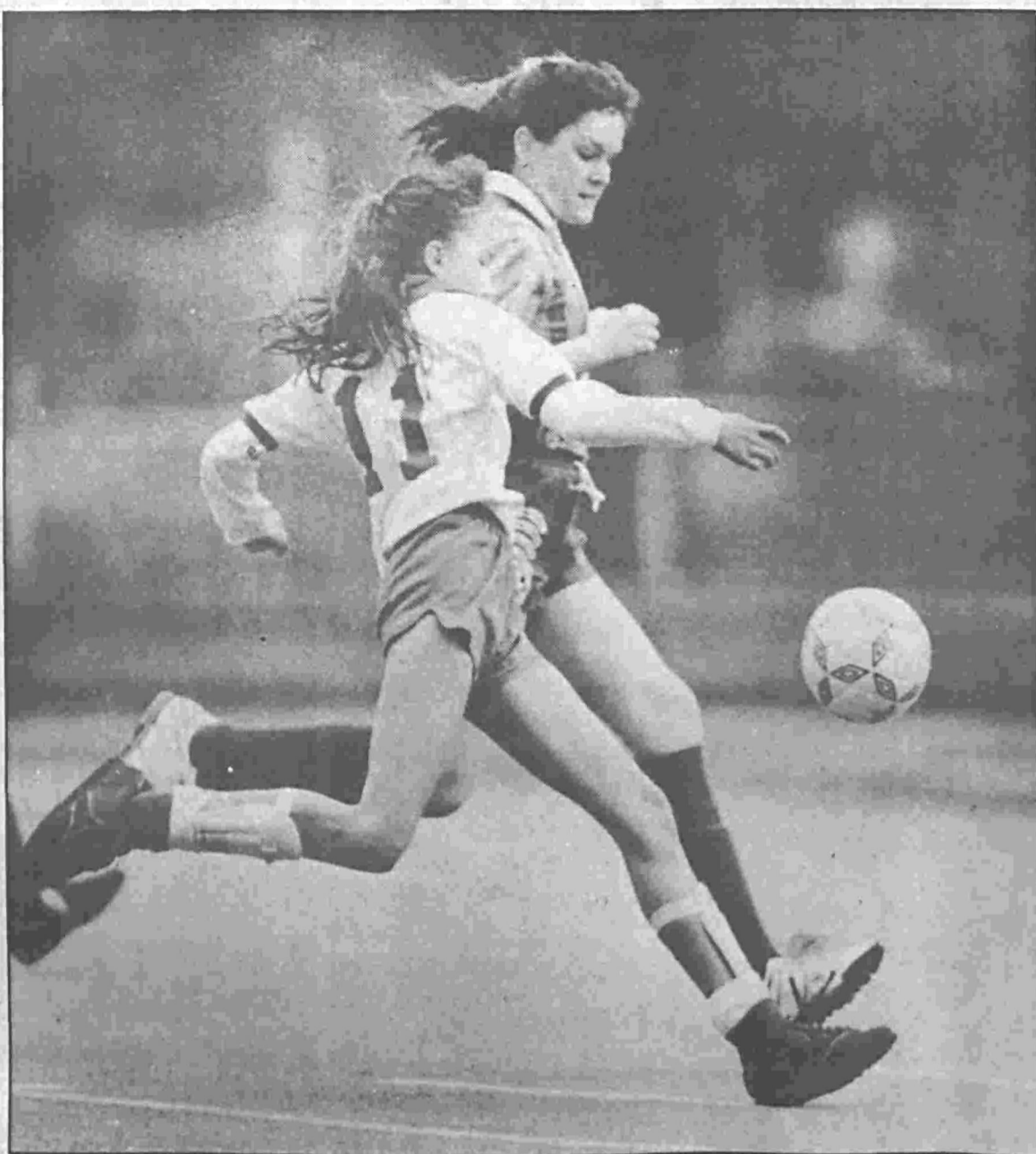


photo by Paul T. Erickson

FARRAH FEIST (11) of the Federal Way Star Shooters races an F.E. Lions player to the ball during girls' U-12 Championship Cup competition Saturday at Renton Stadium.

strategy or players in response to what the other coach initiated.

Federal Way goalie Kelly Whaley saved the game by coming 20 yards out of goal to smother a Lions' solo drive with 4:51 remaining in the second half of overtime.

This set the stage for Heskin's game-winning goal. The Star Shooters' passing game kept the offensive pressure on the F.E. Lions until the clock expired.

Michelle French inspired the Star Shooters with her leadership on the field. Farrah Feist, Christina Heskin and Judy Koenigs also contributed sterling performances.

## Hospital hosts program

The use and abuse of anabolic steroids in athletic training will be the topic of a free program presented by Good Samaritan Hospital from 7-9 p.m. Tuesday, March 28.

Steroid use is on the increase, but the risks and complications of using steroids far outweigh the benefits, Good Samaritan's Tim Conley said. Conley, a physical therapist and certified

athletic trainer with Good Samaritan's Summit View Physical Therapy Clinic, will speak at the program, as will Stuart Freed, M.D., team sport physician at the University of Puget Sound.

The program will be held in the Good Samaritan Hospital Education Center in Puyallup, 407-14th Ave. S.E. For more information, call 1-800-53LEARN (1-800-535-3276).

## NPSL stars announced

Basketball players Joe Shaw of Kennedy and Tyler Geving of Highline have earned spots on the second North Puget Sound League All Opponent team, by vote of league coaches.

Shaw, a six-foot two-inch junior, led the Lancers in scoring with a 16.8 average, fifth-best in the NPSL. Geving, a 6-2 sophomore guard, finished fourth in the NPSL scoring race with a 17.4 average.

They join Hazen senior Jeff Bernhardt, Kent-Meridian junior Paul Polk and Renton senior Jeremy Cook on the second team.

Lindbergh's Corey Lewis and Traman Palms, Auburn's Lance Westendorf, Kentridge's Ryan Pederson and Kentwood's Ryan Johnson — all seniors — comprised the first All-NPSL squad. Lewis was voted most valuable player, and Auburn's Tim Cummings was selected coach of the year.

Evergreen's Yun Choi and Kennedy's Pat O'Connor, both senior guards, earned honorable mention all-league honors. O'Connor finished eighth among NPSL scoring leaders with a 14.5 average.

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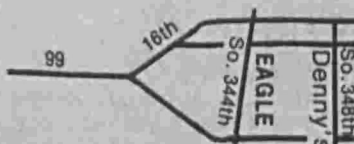
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# Nitro outlasts News in shootout

By CHUCK MINGORI

The team nobody expected to be there at the end came out on top.

The Federal Way Nitro outlasted The Highline News, 3-2, after a sudden-death shootout to win the boys' U-19 Championship Cup state soccer title Sunday night at Renton Stadium.

"Against all the odds we've done it," said Nitro coach Tim Duffy, who guided an unheralded team to an upset victory over a talent-laden News squad.

The Nitro, which earned a berth to the Far West Regionals in California in June with its dramatic victory, won the game when goalkeeper Andrew Szalay from Kennedy High School dove to his left to make a save on an attempt by The News' Chad Crithfield in the eighth round of the shootout.

The two teams went into a shootout after ending 90 minutes of regulation tied at 1-1 and two 15-minute overtime periods deadlocked at 2-2.

"We just didn't play our game. We started to play to the other team's level," said MVP Daryn Dittmore of The News, one of several Thomas Jefferson players recruited to play for The Highline News. "On paper we have a better team and overall talent, but when we get in big games, we play long ball when we should play short ball and short ball when we should play long ball."

"They played harder than we did. I guess they deserve to win, but hey I think we're the better team. You've got to give them credit, though. They sucked it up. They played 120 minutes of soccer and they won."

THE NITRO played as a Premier II team during the regular season, while The News played at the Premier I level. Ironically, some of the players on the Nitro were cut off The News team.

"I put the team together really from what was left over and

worked hard with them," said Duffy, who explained that his team came out on top because it worked well together. "Mainly that's why we got so far. We played well, we played strong as a team."

The News features such players as Dittmore, Jason Bowers, Lawrence Buckley, Brad Kolbo, Danny Parnell and Shannon Seeling from the defending Class AAA state champion Thomas Jefferson Raiders and Billy Colello of two-time defending Class AA champion Mount Rainier and former Ram standout Todd Haley, now playing at Seattle Pacific.

"We play these guys close every time," said Kolbo. "It's disappointing, but oh well, they came out on top. They're winners."

The News made the best of an opportunity late toward the end of the first half. Parnell hammered a long shot off the left goalpost and Dittmore was right there for the rebound to give the News a 1-0 lead in the 44th minute of play.

The Nitro applied heavy pressure in the second half, however, and finally scored the equalizer with 3:37 left in regulation on a goal by Kevin Gordon, who deflected a shot into the goal to knot the score at 1-1.

THE GAME was still tied at the end of regulation to send the contest into a mini-game featuring an overtime session of two 15-minute periods.

With 7:21 left in the first 15-minute overtime period, Scott Lee leaped high to knock in a goal on a cross from Brian Adkins to give the Nitro the lead at 2-1.

But The News answered with 11:01 left in the second overtime on a goal by Steve Stout. With the score deadlocked, the teams went into a shootout.

News goalkeeper Kenny Klein dove to his left to stop a kick by the Nitro's Rick Phillips to start

things off and Dittmore gave The News the upper hand in the shootout with a shot into the left corner.

From there Chris Scott, Jeff Hamling and Ken Urahawa all scored for the Nitro, but only Parnell and Kolbo hit the back of the net for The News to leave the shootout tied at 3-3 after five rounds.

The shootout then went into sudden death. Adkins and Donny Marshall each scored for the Nitro and Tommy Fuegmann

and Stout did the same for The News.

In the eighth round, Gordon fired a shot into the left corner for the Nitro. Crithfield aimed at the right corner for The News, but Szalay was there to make the game-winning save and Nitro players piled on top of their goalkeeper at the west end of the stadium for a celebration.

"They deserved it," said Duffy of his regional-bound team. "They've been underdogs since day one."



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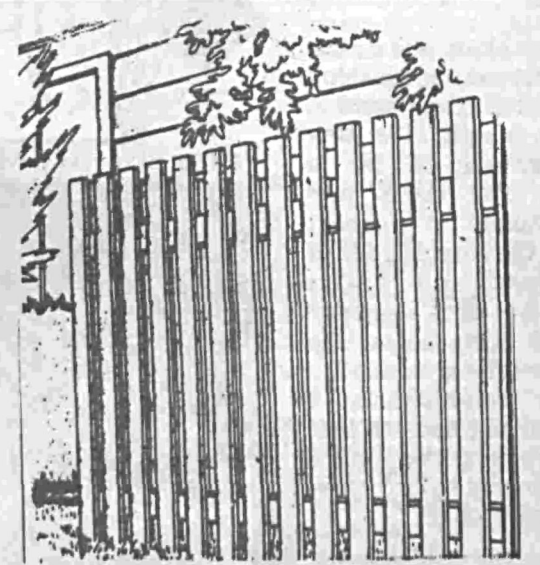
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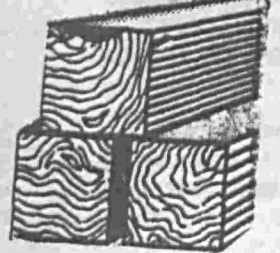
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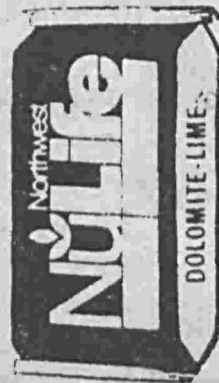
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## Tauscher takes second

Ryan Tauscher, a sixth-grader at Twin Lakes Elementary School, placed second in the Top Gun Three Point Shot Contest at the Feb. 28 Seattle SuperSonics game.

Tauscher, the Federal Way Boys' and Girls' Club and

Regional winner in the 13-15 age bracket, was awarded a trophy for his second place effort in the halftime contest.

The Top Gun Three Point Shot Contest is an event to raise funds in support of the KIRO-TV Variety Club Telethon.



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# Salt-water fishing in the rain results in fish, wet clothing

My buddy Tom's job keeps him deep in the Cascade Mountain woods and away from our favorite fishing haunts. So when he calls to say he can get half-a-day off, we go.

Now sometimes, this spontaneity creates some difficult choices about where to fish, as it did last Sunday afternoon. The Nisqually River was out, so winter steelheading was not an option. Lakes Sawyer and Fenwick would have required sitting in a boat in a driving rain. No thanks. That left the saltwater.

It was low slack tide by the time we arrived and sloshing over 20 feet of slimy sand to reach the mouth of a tiny creek proved to be a challenge. The creek was running muddy so we cast our jigs to the outside edge of the current and began fishing. We had worked maybe 50 feet down the beach when Tom noticed a fish break water nearby. I slipped and slid back to that spot and we pecked it for a good 10 minutes before moving on without a bite.

Alerted to the fact that fish were present, I began glancing quickly up and down the shore looking for signs of other fish. However, each time I turned my head the rain found places it could trickle along my hood and down into my neck. Depending on which way I leaned, water also would trickle down my jacket and flow down to hip boots and on down my leg. I was getting soaked fast.

Finally, I felt a hard tug on my line and was into a scrappy sea-run cutthroat trout. It jumped, it ran, it swirled and it pulled for all it was worth. I quickly played it in and released it. The last several years, studies have indicated that things are not all well with this species. Constant development of the fragile headwaters of tiny creeks are ruining many spawning grounds.

Tom walked up and watched the fish swim off. We both started fan casting the water and noticed several swirls of feeding fish. Soon Tom was into a fish of his own. After a good fight, Tom slipped the fish ashore for a quick release but found that the cutthroat was hooked in the eye. Quickly, we both wished things had been different. That's the problem with using jigs. The hook rides up, helping you avoid dulling contact with the bottom, but it does tend to cause more hooking injuries.

Because of this, I'm seriously considering returning to more exclusive use of fly fishing tackle. By tying a bit of leaded wire onto the fly at the base of the hook bend, it tilts the fly back and down

## Soccer slated

The Totem Skyhawks and the Southwest United Destroyers will play for the boys' U-11 American Cup state soccer finals at 10 a.m. Saturday in Renton Stadium.

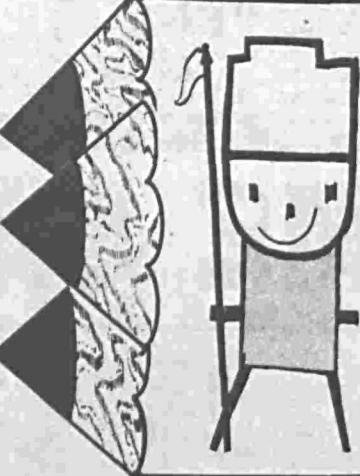
The Skyhawks have won the past two state titles and are coached by Gordy Shafflick. The Destroyers, also from Federal Way, are coached by Ron Kitleson.

## Dick Benbow

enough to lead the hook's entry into the lower jaw of the fish, thereby allowing an

angler to release more fish safely.

Interestingly enough, the fish Tom caught contained a bellyfull of nightcrawlers dumped onto the beach bottom by the creek.



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# Brittingham welcomed as club's program director

**By CHUCK MINGORI**  
The Federal Way Boys' and Girls' Club recently hired a new program director, Shelley Brittingham, who comes to Federal Way from the Highline Boys' and Girls' Club.

"I look at it in terms of a promotion," said Brittingham, who worked as the program director at Highline for the last two years. "It's a much bigger club and there's some real challenging opportunities in terms of programming."

Brittingham will be responsible for the programs in non-athletic areas, such as cultural enrichment, personal development, citizenship and leadership, outdoor and environmental and social recreation.

"I'm going to be focusing on all programs except health and physical education," Brittingham said.



Shelley Brittingham

Brittingham grew up in the Seattle area and attended the University of Washington, where she earned a degree in drama with an emphasis in dancing.

Brittingham moved to New York after graduating from the UW to continue her dancing career. She started out teaching dance and gymnastics at a YWCA in New York and then also got involved in programming and administrative work. The more she became involved in those areas, the more she enjoyed it, Brittingham said.

WHEN BRITTINGHAM moved back to the Seattle area after living in New York for eight years, she began working part time as a dance and gymnastics instructor for the Federal Way-Des Moines Recreation Office and also worked for Dance Unlimited in Federal Way.

"It's kind of neat to be back in the (Federal Way) community to see how much it's grown," said the single, 35-year-old Burien resident, who also worked as a program assistant for the Girls' Club of Puget Sound prior to being hired by the Highline Boys' and Girls' Club.

"One of the reasons Rick (Gillmore) hired me is he really wanted to see other programs developed," said Brittingham, mentioning cultural enrichment and personal development as examples. "I did a lot of that at the Highline club, so I'm really looking forward to getting the programming going here."

ONE OF HER immediate tasks is getting the summer day camp at Mirror Lake organized.

"It's time to start working on that right now," Brittingham said.

Since she came aboard March 1, Brittingham has been busy getting acquainted with people in the community, such as school administrators and the youth services administrator to "find out what the needs are of youths in this community," she said.

Rick Gillmore, the Federal Way Boys' and Girls' Club branch director, has been wearing two hats lately, as he also has been filling in as program director in the interim.

Gillmore initially was hired in April of 1987 as program director to replace Dave Street, who is now working for the Ken Parks and Recreation Department.

Then when Lynn Templeton, branch director, stepped down last June for an administrative position in Seattle, Gillmore filled in as club director until a new director was hired.

Chris Ganser came on as a branch director Oct. 1, but resigned suddenly on Nov. 21 for personal reasons and Gillmore took over as branch director the first of December.

THE FEDERAL WAY Boys and Girls' Club also hired Roy Sweeney full time as athletic director on Nov. 1. He had been working part-time as a program assistant since March of 1987.

All in all Brittingham is glad to be here.

"The Federal Way job is a good growth opportunity for me. There's going to be some challenging programs happening and I think I can grow with the position. I like to be challenged so I'm looking forward to the position."

## Edgewood forms new association

The new Edgewood Athletic Association has been formed with registration forms for Kinderball through ninth grade hardball available at neighborhood schools.

For more information, call Tom Vance at 863-6756.

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Job-search assistance is available at low or no cost through Highline Community College. Call Women's Programs, 878-3710, ext. 340.



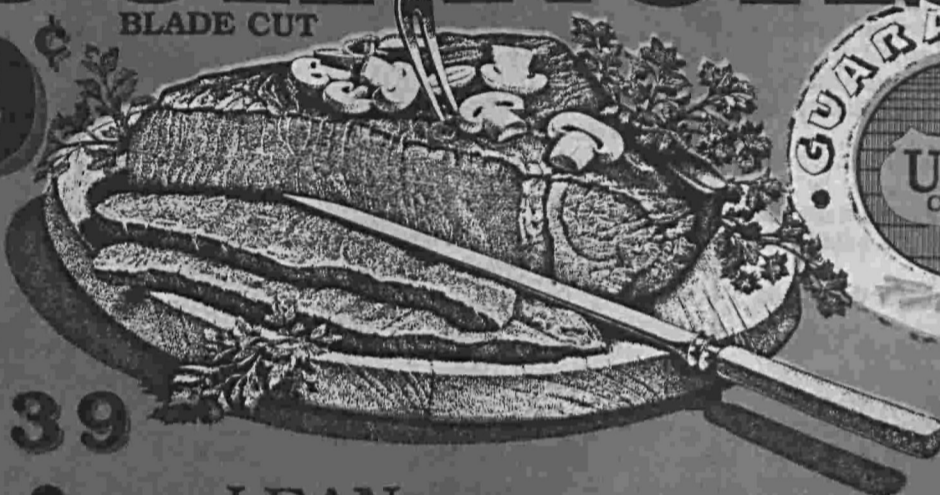
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## PORK SPARE RIBS

Lb. **1.59**

3# And Under

## LEAN GROUND BEEF

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Any Size Pkg.

## CORN KING SLICED BACON

Lb. **99¢**

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Lb. **79¢**

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7 BONE CHUCK STEAK	Lb. <b>1.29</b>	ROUND BONE CHUCK ROAST	Lb. <b>1.39</b>
7 BONE CHUCK ROAST	Lb. <b>1.29</b>	LENNONS PORK or ITALIAN LINKS	Lb. <b>1.79</b>
BAR-S BIGGIE FRANKS	Beef or Meat Lb. <b>1.59</b>	LENNONS SLAB BACON	Lb. <b>1.29</b>
CORN KING Any Size Chunk BRAUNSCHWEIGER	Lb. <b>89¢</b>	BAR-S SLICED BOLOGNA	1# Pkg. <b>1.09</b>
FOSTER FARMS TURKEY HAM 2-3# Avg.	Lb. <b>1.39</b>	FLETCHERS CANADIAN HAM Gourmet or Smoke House	Lb. <b>3.09</b>
FOSTER FARMS TURKEY BREAST Smoked, BBQ or Roasted	Lb. <b>3.19</b>	LENNON MINI HAMS 3# Avg.	Lb. <b>3.09</b>



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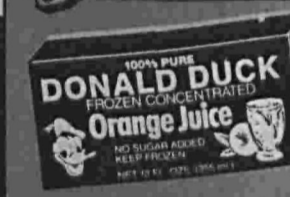
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# Silver bullets bag Cobras for championship

By GERARDO BOLONG

Second-half defensive adjustments aided a valiant effort as the Federal Way Silver Bullets downed the Renton Cobras 2-1 to win the U-12 Championship Cup state soccer title Sunday at Renton Stadium.

"We were getting burned in the middle because they spread our defense with crossing passes and sent their halfbacks through," explained head coach Jerry Capodanno. "We switched our lineup to control the middle of the field. By going into a 4-4-2 defense we gained more forward strength."

"Although we had eight defenders, we still had the ability to attack quickly."

The kids showed a lot of heart after the Cobras tied it," was assistant Marvin Smith's assessment.

By winning, the Silver Bullets captured a berth to the Western Regionals in June. The games will be held at Pleasonton, Calif. The victory also added to the many titles this team has captured in the last three years.

With under one minute elapsed in the game, Federal Way's Jeremy Capodanno fired in a free kick goal to give the Silver Bullets a 1-0 lead.

RENTON WAS stifled by Federal Way's aggression and passing game until 19 minutes remained in the half. The Cobras threatened for the next two minutes.

Goalie Tom Cottle made a great save on a five-foot Cobra shot to preserve the Federal Way advantage.

Paul Lara tied the score for the Cobras with a free goal kick after 17 minutes had elapsed.

The spirited battle of evenly

matched teams went to the half tied thanks to the Silver Bullets' defense which constantly backed off the Cobras' mounting pressure on the goal.

Tom Cottle peppered the Federal Way goal with shots until less than 20 minutes remained in the

game. At 19:05, Capodanno took a pass from Shawn Smith and bounced a shot past the Cobras goal and the Silver Bullets led 2-1.

Federal Way stayed on the attack to keep the Cobras off the

hip for the remaining minutes and victory ensued.

"I really wanted to score," said MVP Jeremy Capodanno about his game-winning goal.

Now the Bullets can fire their arsenal at regionals.

# Flyers soar past Columbia Blast

By CHUCK MINGORI

The Federal Way Flyers posted a 2-1 come-from-behind victory over the Columbia Blast of Vancouver, Wa., Sunday at Renton Stadium to win the boys' U-13 Championship Cup state soccer title.

The Flyers reached the state final by beating the Excalibur of Tri-Cities, 1-0, in a shootout on Saturday in Lynnwood. The Flyers found themselves matched up against a team they had lost to earlier this year when they reached the championship game.

"They (the Blast) beat us in the playoffs in Vancouver," said Flyers coach Dan Kaiser. "They really caught us off guard. They beat us soundly, 6-2."

"They're a very tenacious team. They hustle and they have a few really skilled players."

The Blast opened up a 1-0 lead over the Flyers with a goal by Damien Schilling with 8:38 left in the first half on an assist from James Schauer.

The lead held up until Federal Way's Leighton O'Brien fired a shot into the left corner from about 15 to 20 yards out in the 40th minute to even the score at 1-1.

THE FLYERS took the lead on an own goal by the Blast with 24:25 remaining as a Vancouver player sent a pass back intended for his goalkeeper, but the ball went into the net instead.

The Flyers dominated play for most of the game, but had to withstand some heavy pressure by the Blast in the waning moments. The Blast made one

final run only to see a shot hit the left side of the net to preserve a Flyer victory.

Goalkeeper Zack Gurney of the Flyers preserved his team's 2-1 victory by making an excellent save late in the game as a teammate passed the ball back to him, but didn't see a charging Blast player. Alertly, Gurney came out to smother the ball.

O'Brien, who was named the most valuable player in the game, said the Flyers were not about to let the Blast beat them for a second time.

"We were ready for them," he said.

THE FLYERS HAD to overcome adversity to win the state title this year. One of the team's star defenders, Yusuf Muhammad, suffered a broken leg in Saturday's semifinal victory over the Excalibur.

Also, another player was returning to the lineup Sunday for the first time after being out with a broken leg.

"We've had some unusual injury situations," said Kaiser, explaining he has had to mix up the lineup in the wake of the injuries. "This team is so solid. A third of the team was playing in positions it's not familiar with. They really came through."

For many of the Flyers this marked their third consecutive state title. The nucleus of the team played for Kaiser's old team, the Whalers, which went to regionals as a U-12 team a year ago. The Flyers will now be looking for number four next year with hopes of returning to regionals.

# Little Leaguers will meet

The Federal Way National Little League will be conducting a general parents meeting to announce the teams for the upcoming baseball season.

The meeting should be attended by all parents of Little League players. The agenda for the meeting includes an in-

roduction of the managers and coaches, and the team members of each individual team for 1989. Board members will be present to discuss playing rules and general items of interest.

The meeting is set for tomorrow at 7 p.m. at the Decatur High School field house.

# Ski information offered

Free ski reports from throughout the Pacific Northwest are available on 24-hour snow phones.

Weather, snow conditions and operating schedules are provided for ski areas in Washington, Oregon, Idaho, Montana and British Columbia. The information is updated daily and is compiled by Western Ski Promo-

tions, Inc.

Local snow phone numbers:  
NW destination — 634-0071  
Blackcomb/Whistler — 634-2226  
Stevens Pass — 634-1645  
Sun Valley — 633-4005  
Mt. Hood Areas — 632-7799  
Washington state — 634-2754  
Cross country — 632-7787

# Get with it

All people interested in boating are urged to attend. The only cost involved is for class materials. Registration will be at the first class. For additional information, contact Dick Hawley, 839-2118, or Bill Larson, 927-1472 or 838-4586.

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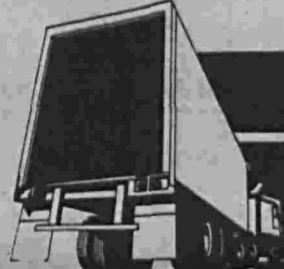
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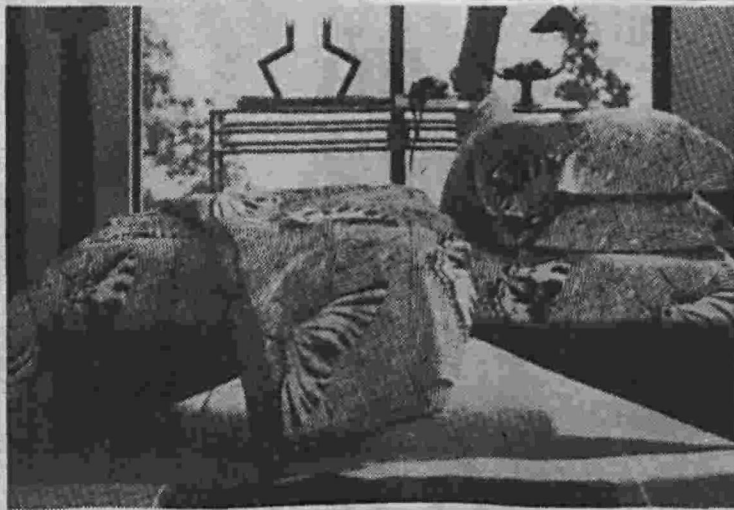
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Northern Feather® Comforter Covers Twin **24<sup>99</sup>\*** Compare to 38<sup>00</sup>

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- choose from 4 fashion colors.

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King	68 <sup>00</sup>	44 <sup>99</sup>

Dreamshape Plus® Foam Mattress Pad TWIN **14<sup>99</sup>\*** Compare to 30<sup>00</sup>

- Hospital tested convoluted foam mattress pad for pressure free soothing sleep.

	Compare To	Our Price
Full	39 <sup>00</sup>	19 <sup>99</sup>
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King	56 <sup>00</sup>	29 <sup>99</sup>

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- 100% cotton cover for softness and washability
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- Totally machine washable—Made in U.S.A.

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Federal Way, (Across from Target), 941-8085  
Tacoma, 5401-6th Ave, 756-2141  
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St. Patrick's Day Friday, March 17th

MARCH SPECIAL New Menu 2 For 1 Lunches Mon.-Fri. 11:30-4:00 p.m. 946-4122 28835 Pacific Hwy. S., Federal Way







photo by Paul T. Erickson

## Mighty Marshall

**DONNY MARSHALL** of Federal Way Nitro helped lead his team to a 3-2 victory over The Highline News Sunday evening at Renton Stadium in boys' U-19 Championship Cup play. The Nitro won the game in a shootout to earn a berth to the Far West Regionals in June.

### TALLMAN

Navy Seaman Recruit Christopher M. Tallman, the son of Scott Tallman of Auburn, has completed recruit training in San Diego. He graduated from Decatur High School in 1987 and joined the Navy last September.

### DeLAY

Gerald M. DeLay, the son of Mary and William Osborn of Federal Way, has been promoted in the U.S. Air Force to the rank of senior airman. He is an aircraft loadmaster with the 22nd Military Airlift Squadron at Travis Air Force Base, Colorado. DeLay graduated from Federal Way High School in 1985.

### SMITH

Marine Lance Cpl. Robert L. Smith, the son of Portia and William Smith of Auburn, recently reported for duty with the 2nd Force Service Support Group, Camp Lejeune, N.C. He is a 1983 graduate of Fife High School. He joined the Marines in January 1987.

### JURPIK

Marine Lance Cpl. Daniel A. Jurpik, the son of Maria and Miguel Jurpik of Auburn, was promoted to his current rank while serving with the 2nd Marine Division at Camp Lejeune, N.C. He is a 1986 graduate of Thomas Jefferson High School.

### DELLOSA



## In the Service

Navy Airman Recruit Joel P. Dellosa, the son of Ligaya Ting of Federal Way, has completed recruit training in San Diego. The eight-week training cycle included study of seamanship, close order drill, Naval history and first aid.

Dellosa graduated from Federal Way High School in 1988 and joined the Navy in October.

### SMITH

Pvt. Thomas E. Smith, the son of James L. Smith of Federal Way and of Judith Smith of Seattle, has completed basic training at Fort Dix, N.J.

He received instruction in drill and ceremonies, weapons, map

reading, tactics, military courtesy and justice, first aid, and Army history and traditions.

### BURBRIDGE

Adam C. Burbridge, a Continuation High School student, will train as a Navy Weapons Technician following graduation. Both basic training and weapons school are in San Diego.

Burbridge is the son of Charlotte Burbridge.

### ANDERS

Marine Cpl. Jeff E. Anders, the son of Doreen and Homer Anders of Federal Way, recently reported for duty at Marine Corps Air Station, Santa Ana, Calif. He is a 1985 graduate of Federal Way High School and joined the Marines in October 1985.

### ZEIGEN

Navy Airman Recruit Christopher C. Zeigen has completed recruit training at San Diego. During the eight-week training cycle, he studied seamanship, close order drill, naval history and first aid.

Zeigen graduated from Decatur High School in 1987 and joined the Navy in July 1988.

## Flock of doctors roosts at hospital

A number of doctors have become affiliated with St. Francis Community Hospital.

Dr. Michael Smith, a licensed obstetrician and gynecologist, has located his practice in the St. Francis Medical Building adjacent to the hospital.

A native of the Seattle area, Smith earned his medical degree at Universidad Autonoma de Guadalajara in Mexico. He worked as an intern at New York Medical College and did his residency at Prince Georges General Hospital in Maryland and at the Tripler Army Medical Center in Hawaii.

His office number is 838-1520, and one of his specialties is infertility.

Dr. Donna Millay, whose specialty is otolaryngology/head and neck surgery, has joined the medical staff of the hospital. Her emphasis is on facial plastic and reconstructive surgery.

Millay attended medical school at the Medical College of Virginia in Richmond. She did her internship and residency at the Oregon Health Sciences



## Business Notes

### University in Portland.

Her office is in the Virginia Mason Clinic South in Federal Way.

The Seattle partnership of Reproductive Health Specialists have opened a southern office in the St. Francis Medical Building. The partnership of Drs. Glen Hayden, Barbara Levy and Richard Soderstrom specializes solely in the health needs of women.

Hayden also treats cancer. Their office number is 838-3695.

## A Private Practice Offering Comprehensive Personal Care in:



Michael B. Smith, M.D.

### Obstetrics, Gynecology & Infertility

- In Office Fetal Monitoring
- Progressive Birthing
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Same Day Appointments

**St. Francis Hospital Medical Office Building**  
34509 9th Avenue So. Suite 208, Federal Way  
838-1520 • 927-4412

## Airport operates noise hotline

Sea-Tac Airport operates a 24-hour hotline for reporting unusual aircraft-related noise. The number is 433-5393.



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## PERM WAVE CERTIFICATE EVENT SATURDAY, MARCH 18

# \$25 ONLY

Purchase a **PERM WAVE CERTIFICATE** March 18, 1989. You'll have until May 20, 1989 to get your perm wave.

Certificate entitles you to a perm wave, shampoo, haircut and style. (Designer perms not included.)

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First Avenue 344-4884, Aurora 367-5472, Federal Way 941-5546

## IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON, KING COUNTY

In the Matter of the Estate of: **JEAN ELIZABETH MARSHALL**, Deceased.

NO. 89-4-00703-4  
**NOTICE TO CREDITORS**

The undersigned has been appointed and has qualified as personal representative (PR) of the estate of the above named deceased. Each person having a claim against the deceased must serve the claim on the undersigned PR or on the attorney(s) of record at the address stated below and must file an executed copy of the claim with the clerk of the court within four months after the date of first publication of this notice or within four months after the date of filing of a copy of this notice with the clerk of the court, whichever is the later, or the claim will be barred, except under those provisions included in RCW 11.40.011.

Date of filing copy of notice to creditors: 2/23/89.

Date of first publication: 3/1/89.

PR: **John Rodney Anderson**  
10837 Evergreen Terrace SW  
Tacoma, WA 98498  
**Gaylen E. Payne**  
of **PAYNE & VERZANI**  
Attorneys for Estate  
30640 Pacific Highway South  
Federal Way, WA 98390  
(206) 839-1730

Published in the Federal Way News on March 1, 8, & 15, 1989.

## Notice of Intention To Sell Realty (Water District No. 56 Watershed Property; 19 Acres Plus or Minus)

NOTICE IS HEREBY GIVEN that the Board of Commissioners of the Federal Way Water and Sewer District, King County, Washington, intends to sell, by public offering, pursuant to R.C.W. 56.08.080 and R.C.W. 56.08.090, under the terms herein stated, the following described real property situated in King County, Washington, to wit:

**PARCEL 1:**  
**TRACT A:**  
That portion of the South half of the Northeast Quarter of Section 5, Township 21 North, Range 4 East, W.M., in King County, Washington, lying Northerly and Westerly of the Plat of Marine Hills #3, according to the Plat recorded in Volume 62 of Plats, Page 75, in King County, Washington, EXCEPT the West 440.02 feet thereof.

**TRACT B:**  
That portion of the North half of the Northeast Quarter of the Southwest Quarter of Section 5, Township 21 North, Range 4 East, W.M., in King County, Washington, lying Westerly of the Plat of Marine Hills #3 according to the Plat recorded in Volume 62 of Plats, Page 75, in King County, Washington, subject to the reservation by the Federal Way Water and Sewer District of the following easements in addition to existing easements:

A twenty foot wide easement for ingress, egress and utilities across the North 1/2 of the N.E. 1/4 of the S.W. 1/4 of Section 5, Township 21

North, Range 4, E.W.M., whose centerline is more particularly described as follows:

Commencing at the Southwest corner of the North 1/2 of the NE 1/4 of the SW 1/4 of said Section 5; thence along the South line of said subdivision South 88°59'31" East 31.50 feet to the true point of beginning; thence North 10°15'29" East 71.71 feet; thence on the arc of a curve to the right, having a radius of 39.28 feet, through a central angle of 137°30'00", for a distance of 94.26 feet; thence South 32°14'31" East 102.83 feet to the South line of the North 1/2 of the NE 1/4 of the SW 1/4 of said Section 5.

A well protection easement consistent with state and/or county regulations for same, over a portion of the Northeast quarter of the Southwest quarter of Section 5, Township 21 North, Range 4 East of the Willamette Meridian, in King County, Washington, more particularly described as follows:

Commencing at the Northeast corner of the Southwest quarter of said Section 5; thence along the North line of said Southwest quarter South 89°56'17" West 667.85 feet to the true point of beginning of this description; Thence South 15°15'44" West 24.98 feet; thence South 20°02'16" West 24.32 feet; thence South 25°50'26" West 28.21 feet; thence South 37°57'12" West 28.66 feet; thence South 50°19'25" West 28.38 feet; thence South 62°28'53" West 28.28 feet; thence South 72°41'28" West 28.75 feet; thence South 84°21'41" West 30.30 feet; thence North 47°25'12" West 88.69 feet; thence North 30°33'57" West 89.84 feet to the North line of the Southwest quarter of said Section 5; thence along said North line North 89°56'17" East 260.36 feet to the true point of beginning.

A 30 foot wide easement for ingress, egress and utilities across a portion of the Northeast quarter of the Southwest quarter of Section 5, Township 21 North, Range 4 East of the Willamette Meridian, in King County, Washington, more particularly described as follows:

Commencing at the Northeast corner of the Southwest quarter of said Section 5; thence along the North line of said Southwest quarter South 89°56'17" West 901.21 feet to the true point of beginning of this description; Thence South 00°03'43" East 30.00 feet; Thence South 89°56'17" West 311.71 feet; Thence North 00°03'43" West 30.00 feet; Thence along said North line North 89°56'17" East 311.71 feet to the true point of beginning.

**PARCEL 2:**  
Lot 13, Redondo Hills, according to the plat thereof recorded in Volume 88 of plats, page 24, in King County, Washington, subject to the reservation by the Federal Way Water and Sewer District of the following easements in addition to existing easements:

An easement for ingress, egress, and utilities in two parcels across Lot 13 of the plat of Redondo Hills, as recorded in Volume 88 of plats at page 24, records of King County, Washington, in the Southwest 1/4 of Section 5, Township 21 North, Range 4 E.W.M., more particularly described as follows:

Parcel A: A twenty foot wide strip easement the centerline of which is described as follows:

Commencing at the Northwest corner of said Lot 13; thence along the North line thereof South 88°59'31" E 31.50 feet to the true point of beginning; thence South 10°15'29" West 118.45 feet to the margin of 4th Avenue South as shown on said plat of Redondo Hills.

Parcel B: Commencing at the Northwest corner of said Lot 13; thence along the North line thereof South 88°59'31" East 159.06 feet to the true point of beginning; thence South 32°14'31" East 40.56 feet; thence on the arc of a curve to the left, having a radius of 30.00 feet, through a central angle of 82°24'07", for a distance of 43.15 feet to the east line of said Lot 13; thence North 1°50'19" east 44.52 feet to the Northeast corner of said Lot 13; thence North 88°59'31" West 60.96 feet to the true point of beginning.

The total appraised value of the combined parcels 1 and 2 is Four Hundred Twenty Five Thousand and No/100 (\$425,000.00) Dollars.

No bid shall be considered which is less than 90% of the appraised value. For purposes of insuring access to Parcel 1, it is the intention of the Board of Commissioners that both properties be sold and that the sale be to the same buyer. Accordingly, the bid submitted shall be for the purchase of both properties and any bid containing a commitment to purchase either property separately will be considered unresponsive to this bid call.

Written appraisals are available at the office of the Federal Way Water and Sewer District, 31627 1st Avenue South, P.O. Box 4249, Federal Way, Washington 98063, for inspection by interested persons.

The purchase of the property shall be by cashier's check for the full price. The successful bidder shall have thirty (30) days from the date of award by the Board of Commissioners to make payment. Upon tender of payment in full, the District will deliver its quit claim deed to the buyer, along with the purchaser's bid guarantee referenced herein.

Sealed bids for purchasers, so marked, will be received by the undersigned until 2:00 pm, on the 17th day of April, 1989, at 31627 1st Avenue South, Federal Way, Washington 98063. Bids received by the District after the stated time will not be considered.

Each bid proposal shall be accompanied by a cashier's check made payable to the Federal Way Water and Sewer District, in an amount not less than 10% of the amount of the bid. The check shall be given as a guarantee that the bidder shall complete the purchase if award is made to such bidder.

Federal Way Water and Sewer District reserves the right to reject any and all bids and to waive irregularities in the bid or bidding.

Bid forms are available at the office of the Federal Way Water and Sewer District for the convenience of the bidders. Use of the bid form is not required. The bid form used shall be made to incorporate and be consistent with the bid and purchase conditions described herein.

No bidder shall withdraw its bid after the hour set for the opening thereof, or before the award of contract, unless award is delayed for a period exceeding sixty (60) days. In the event that the successful bidder does not complete the purchase as described, the bid guarantee shall be forfeited and the realty shall be retained by the Federal Way Water and Sewer District or, at the District's option, be sold to the next highest bidder. Following bid award or expiration of the sixty (60) days for same, whichever occurs sooner, all bid guarantees not forfeited shall be returned to the bidders at the address noted on the bid.

Notice is given to bidders that the District has executed an agreement, dated February 7, 1989, secured by the deposit of \$100,000.00, which provides that the party therein will agree to bid the sum of at least \$490,000.00 for the parcels subject to this bid offer.

Robert A. Piquette,  
Secretary of the Board  
Federal Way Water and Sewer District  
Published in the Federal Way News on March 15, 19 & 26, 1989.

## PUBLIC NOTICE 1.101 NOTICE TO PROSPECTIVE BIDDERS:

Sealed bids will be received by FEDERAL WAY SCHOOL DISTRICT NO. 210, and will then be publicly opened and read aloud in the Purchasing Office, 1066 South 320th, Federal Way, Washington, 98003, for:

**FWSD-0480 - P.E. UNIFORMS**  
BID OPENING: Tuesday, April 11, 1989

BID OPENING TIME: 2:00 P.M.  
ADVERTISING DATES: Wednesday, March 15, 1989; Wednesday, March 22, 1989

1.102 BID DOCUMENTS:  
Each bid shall be in accordance with specifications now on file in the Purchasing Office, Federal Way School District No. 210, 1066 South 320th Street, Federal Way, Washington 98003.

No bidder may withdraw his/her bid after the time set for opening thereof, unless the award of contract is delayed for a period exceeding 45 days.

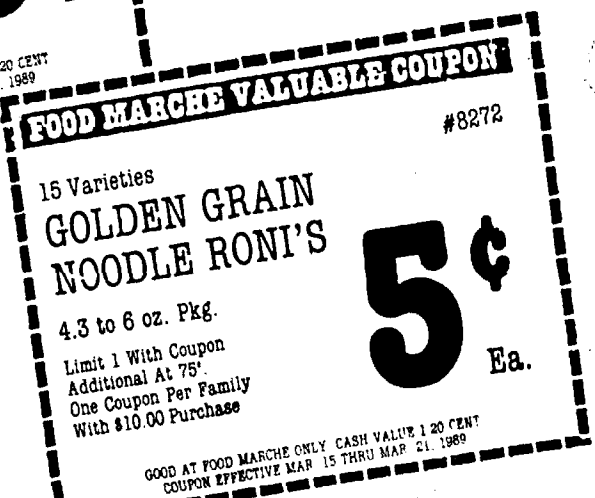
Copies of the bid documents may be obtained from the Purchasing Office. Prospective bidders who desire to have bid packets mailed to them may call the Purchasing Office, telephone (206) 839-3735.

BY ORDER OF:  
BOARD OF DIRECTORS  
FEDERAL WAY SCHOOL DISTRICT NO. 210  
G. Richard Harris,  
Superintendent

Published in the Federal Way News on March 15 & 22, 1989.

# SPECIAL COUPONS FOR THE 3RD WEEK OF ANNIVERSARY SALE-BRATION!

Ad Winners will be awarded at 3:00 p.m. on Sat., March 18th



## ◆ CHOICE MEATS ◆

Patrick's Irish Brand	
<b>Corned Beef</b> .....lb.	<b>\$ 1 39</b>
U.S. Choice Beef Boneless	
<b>Chuck Steak</b> .....lb.	<b>\$ 1 69</b>
Fletcher's Boneless	
<b>Pork Butt Roast</b> .....lb.	<b>\$ 1 29</b>
Gainer Regular or Thick	
<b>Sliced Bacon</b> .....lb.	<b>\$ 1 79</b>
Swift Butterball - Oven or Smoked Breast	
<b>Sliced Turkey</b> .....6 oz. Pkg.	<b>\$ 1 89</b>

## ◆ GROCERY SPECIALS ◆

16 Varieties Budget Gourmet	
<b>Frozen Dinner</b> .....10 oz. Pkg.	<b>\$ 1 29</b>
10 Flavors Fruit Flavored Drinks	
<b>Capri Sun</b> .....10-6.75 oz. Ea.	<b>\$ 2 69</b>
Windex	
<b>Sprayer Cleaner</b> .....22 oz. Ea.	<b>\$ 1 79</b>
3 Flavors Jollytime	
<b>Popcorn</b> .....10.5 oz. Ea.	<b>\$ 1 59</b>
Cache Valley Medium	
<b>Cheddar Cheese</b> .....32 oz. Ea.	<b>\$ 3 49</b>

## ◆ PRODUCE SPECIALS ◆

Green Texas	
<b>Cabbage</b> .....lb.	<b>19¢</b>
Small Pink	
<b>Grapefruit</b> .....4 For	<b>\$ 1</b>
Red, Green Leaf	
<b>Lettuce</b> .....ea.	<b>49¢</b>
Tomatoes	
<b>Tomatoes</b> .....lb.	<b>39¢</b>
Jade Green	
<b>Broccoli</b> .....lb.	<b>49¢</b>

## ◆ SEAFOOD SPECIALS ◆

Fresh Mexican	
<b>Bay Scallops</b> .....lb.	<b>\$ 4 29</b>
Fresh Fillets of Pacific	
<b>Red Snapper</b> .....lb.	<b>\$ 2 49</b>
Fresh Fillets of Pacific	
<b>True Cod</b> .....lb.	<b>\$ 2 49</b>

## ◆ BAKERY SPECIALS ◆

Fresh Rolls	
<b>Oat Bran</b> .....Dozen Ea.	<b>99¢</b>
8-Grain	
<b>Bread</b> .....22½ oz. Loaf	<b>\$ 1 29</b>
Swedish Delight	
<b>Cookies</b> .....6 For	<b>\$ 1 49</b>

## ◆ IN STORE DELI SPECIALS ◆

Home Made	
<b>Cole Slaw</b> .....lb.	<b>\$ 1 59</b>
Polish Kielbasa	
<b>Polish Kielbasa</b> .....lb.	<b>\$ 2 19</b>
Fresh Made	
<b>Crab Salad</b> .....lb.	<b>\$ 3 99</b>

## ◆ WINE SPECIALS ◆

Mickey	
<b>Malt Liquor</b> .....6 12 oz. N.R.	<b>\$ 2 99</b>
Irish Red	
<b>George</b> .....6-12 oz. N.R. Bottles	<b>\$ 3 49</b>
<b>Guinness Stout</b> .....6-12 oz. N.R. Bottles	<b>\$ 5 99</b>
Henry's	
<b>Ale</b> .....12-12 oz. N.R. Bottles	<b>\$ 6 99</b>
<b>Harp Lager</b> .....6-12 oz. N.R. Bottles	<b>\$ 5 99</b>

## ◆ FLORAL SPECIALS ◆

4 Inch Pot	
<b>Irish Shamrocks</b> .....Ea.	<b>\$ 3 49</b>
For Good Luck Irish	
<b>Green Carnations</b> .....6 Inch Potted	<b>\$ 9 99</b>
<b>Azaleas</b> .....Ea.	<b>\$ 1 00</b>

## ◆ VARIETY SPECIALS ◆

**Kodak Film**  
135x24 VR100 - 110x24 VR100

Your Choice **\$ 2.98**

## ◆ SPECIALTY FOODS ◆

Perfect solution when you're in a hurry. Truzzolino's are made up and ready to go... microwave or bake. Try them tonight for a hot, tasty, fulfilling meal!!

<b>Truzzolino Beef Enchilada</b> .....14 oz. Ea.	<b>\$ 1 99</b>
<b>Truzzolino Beef Tamale</b> .....11 oz. Ea.	<b>\$ 2 39</b>
<b>Truzzolino Turkey Tamale</b> .....11 oz. Ea.	<b>\$ 2 39</b>

## ◆ VIDEO SPECIALS ◆

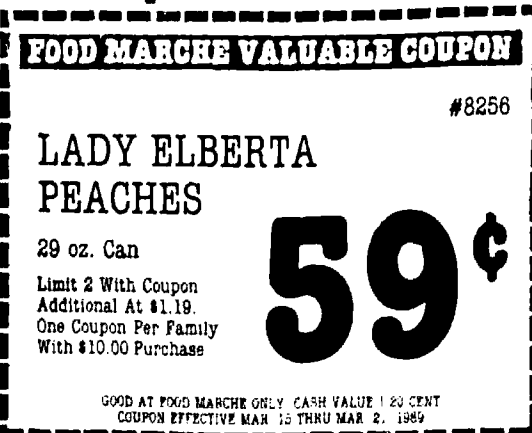
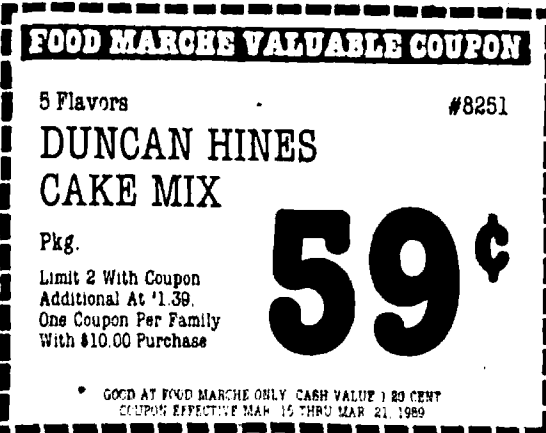
**FREE 99¢ VIDEO WITH \$50.00 GROCERY PURCHASE**

Get Details At Check Stand or Video Counter

This Offer Expires 5-31-89

## ◆ BULK FOODS ◆

M&M Plain & Peanut	
<b>Candies</b> .....lb.	<b>\$ 1 99</b>
Corn Curls	
<b>Corn Curls</b> .....lb.	<b>\$ 1 39</b>
Krusteaz Raisin Bran	
<b>Krusteaz Raisin Bran</b> .....lb.	<b>\$ 1 39</b>



PRICES EFFECTIVE MAR. 15TH THRU MAR. 21ST, 1989

*Jackman's*

**FOOD MARCHÉ**

OPEN 24 HOURS

1211 So. 320th, FEDERAL WAY ☐ Phone 941-9680