



Soccer

Former pros coaching kids

B-1

Welfare

Job readiness breaks cycle

A-6

History

Group seeks memorabilia

A-3

Index

Comment	A-2
Living	A-6
Sports	B-1

Vol. 37 No. 11

Federal Way,
Washington 98003

25 Cents

Wednesday

January 25, 1989

Excellence
in Community
Journalism

TWIN LAKES

MARINE HILLS

REDONDO

MIDWAY

KENT WEST HILL

WOODMONT

NORTH LAKE

WEST CAMPUS

Federal Way News

Tax attack

Appeals invited if bill seems too high

By VALERIE DROGUS

When the King County Board of Equalization says its tax appeals are informal, it means it.

Federal Way residents Al and Karen Bruchal arrived for their property tax mini-hearing in front of Board Member Robert W. Dorn with their daughter, Trina, in tow.

Trina whipped out a spelling book while the Bruchals huddled over a table with Dorn to explain why they thought the assessment was too high on their \$200,000-plus home in the Ridge development of Federal Way's West Campus.

The Bruchals bought their home in October 1987. When they received a postcard the next January with their assessment, they were surprised to see King County valued it at nearly \$20,000 more than they'd actually paid for it.

That meant the Bruchals would pay about \$250 more in property taxes than they felt they should.

"At that point, I said, 'What can I do about this?'" Bruchal recalled.

He flipped the card over and found out he could appeal his property taxes to the Board of Equalization.

So he sent in an application, collected evidence to show his

property wasn't worth as much as the King County Assessor thought, and headed up to Room 510 in the King County Administration Building for an appeal.

THE BRUCHALS are not unusual of homeowners who decide to fight county hall over property taxes.

The rush to appeal begins after February 14, when tax notices are sent, said King County's chief tax advisor, Jan Davies.

Most taxpayers who appeal are either recent buyers who discover their assessments are more than what they paid for the property or long-time owners out of touch with what their property is worth, Davies said.

Davies, whose job for the past 13 years has been giving King County taxpayers free advice, said homeowners should ask only one question when a tax assessment arrives in the mail.

"Could I reasonably expect to get this amount if I went to sell the property?" she intones.

If the answer is yes, don't waste your time on an appeal, Davies advises. That's because property should be assessed at 100 percent of market value ac-

Continued on A-5



photo by Paul T. Erickson

Freezeway

SNOW, SLEET and temperatures dipping into the mid-20s snarled traffic for hours Monday morning. Icy road conditions nearly froze northbound traffic on Interstate 5 at the South 320th Street overpass and caused hundreds of traffic accidents all over South King County. The Washington State Patrol reported responding to 93 accidents countywide in the early hours Monday, most of them in the south county. Local King County police responded to fewer than 10 accidents large enough to warrant reports by officers, but estimate dozens more occurred in which the drivers involved merely swapped information and went on

their way. Neither agency reported any serious injuries as a result of the accidents. Weather forecasters are predicting more cold for the rest of the week, but cloudy skies won't produce the snow that caused Monday's problems. Roads in wet, dark areas should continue to be treacherous and it still wouldn't hurt to leave early for work. Metro reported delays Monday of 30-90 minutes on many south county routes. Local schools stuck to their regular schedules, although some buses were late because of the roads.

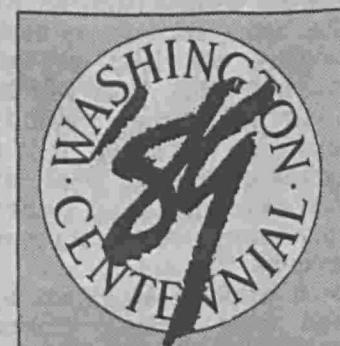
Indian myths: Celebrating man's links to nature

By DAVID BUERGE

Mount Rainier has been described in myth as a maid, driven from her home by an angry husband. She became a nurturing mother, raising edible plants in her alpine meadow gardens and giving life to the lowlands with the milky water from her glacial breasts.

But she is also a devouring hag, consuming animals and people in her violent rages and vomiting their bones over the earth — a graphic depiction of ash falls and mudflows...

A rock...rests somewhere at



Centennial

the westernmost point of what was once Des Moines Island

at a place called *tshai-YAHL-ko*, "hidden water," at Browns Point near Tacoma. According to Burnt Charlie, a Puyallup informant... there was once a woman here who was a dirty-talker until the Changer turned her into an open-mouthed stone. The rock had a hollow believed to be the woman's mouth, and if anyone wanted rain, that person took a stick and rattled it around the mouth, enabling the woman to "speak" and thereby call the rain.

Young told a similar, possibly related myth about

the origin of the seasons. A girl at Dash Point, one mile north, sat on the beach and let the waves lap over her body rather than go to her menstrual lodge. In this way she had intercourse with the spirit of the North Wind. This maid is not identified with any specific rock, but her proximity to Browns Point suggests that she may be related to the rock there.

BURNT CHARLIE claimed the rock was south of the home of a prominent Puyallup leader, Jerry Meeker, that stands today just south of the Browns Point

Improvement Club. Several years ago I searched but could not find the rock.

Among the beach boulders that had been dragged together to form the clubhouse sea wall, I did find a large rock that had a hollow

at one end large enough for one to rattle a stick in. Below this was another, smaller opening surrounded by red mineral crystals. The Browns Point rock was said to be a

Continued on A-3

Second of two parts

This is the second part of a two-part article recounting the native myths and holy sites of various Indian groups that populated an area along Puget Sound from Alki to Dash Point. Modern

historians have dubbed the area Des Moines Island.

Written by Seattle teacher and cultural historian David Buerge, the article first appeared in *The Weekly*, a Seattle publication.

Agency eyes military homes as emergency shelter



photo by Ralph Radford

THIRTY-TWO GOVERNMENT homes in Midway and another 28 on Kent's East Hill are looking attractive to Bill Shortt and the South King County Multi-Service Center as potential emergency housing for low-income families.

By LYNN KEEBAUGH

One agency's surplus housing may be another agency's emergency shelter.

The South King County Multi-Service Center has been busy "lining up our ducks" since the federal government announced late last year that 60 units of subsidized military housing on Kent's East and West Hills have been targeted for closure, said Deanna Dicomes, center director.

The local human services agency is eyeing the housing — built in the 1950s as part of two Nike missile sites — for use as emergency and transitional housing and is hoping the federal government will give the homes to the multi-service center for free.

Busily lining up those ducks has been Bill Shortt, an MSC board member who has spent much of the past week on the phone, building what he calls a "non-partisan unified coalition" of elected officials from South King County to support the agency's bid for the housing.

HE HAS had to work fast, because, "It didn't take long to realize that every agency as well as private contractor in the area will be after those sites."

So far he has gained support from the offices of Congressmen Rod Chandler (R-8th) and Jim McDermott (D-7th) and Senators Brock Adams (D) and Slade Gorton (R). Shortt also is

calling King County Council members and the mayors of South End cities and reports, "I have not had one 'no.' "

Continued on A-4



WALK INTO SYLVAN AND YOU MAY WALK ON TO "HEAD OF THE CLASS"

Win a trip to Hollywood for a visit with Brian Robbins on "Head Of The Class." If you're a student in grades 1-12, Sylvan Learning Center SM can make you a winner. That's why Brian's giving the word about Sylvan's S.M.A.R.T. Steps SM to better learning and better grades. We're offering reading, math, writing, study skills, algebra, SAT. Enter at your nearest Sylvan Learning Center® to win a visit with Brian Robbins on the "Head Of The Class" set.

No purchase necessary. Open to U.S. and Canadian students in grades 1-12. Void where prohibited. Sweepstakes ends 2/17/89. Only students in grades 7-12 are eligible to win a walk-on part on the show.

838-0507

Sylvan
Learning
Center 32717
1st Ave. So.
Federal Way

Comment

Park deal slights WD 56 residents

Editor:

Mike Robinson's column (Sunday, Jan. 15) dealt with the proposed purchase of the former Water District 56 watershed by King County.

Robinson suggested the customers of former WD 56 should be willing to accept less than fair market value for this land, to assure its preservation (as a park).

The people of Redondo are not opposed to the park. Indeed, we spear-headed the campaign to acquire and develop the old Redondo Marina for a public boat launch and fishing pier. But the issue here is fair market value.

King County has offered \$400,000 for the watershed property. A local developer (Andy Cratsenberg) has offered at least \$450,000.

The customers of the former WD 56 pay a surcharge (from \$7.50 to \$15 a month) for the next 15 years to meet obligations dictated by the Federal Way Water and Sewer District in the merger. The proceeds from the sale of the watershed will be applied to reducing the duration of the surcharge.

If the watershed is sold for \$400,000, those ratepayers will not only be contributing their share of the price through county tax dollars, but will be "contributing" \$50,000 by accepting less than fair market value.

Park proponents (from Marine Hills) magnanimously suggest that this will cost us "only about 16 cents per month for the next 15 years." Aren't they philanthropic with our money?

Council members should stick to policy

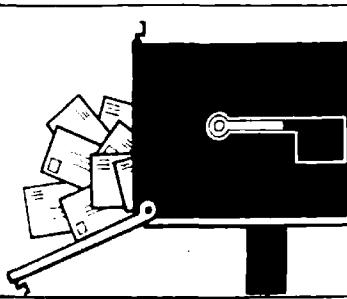
Editor:

King County Councilman Paul Barden's comments in the Jan. 15 Federal Way News touch on some of the problems I see in King County government.

I believe that the people were dealt a great disservice in 1968 when the executive-council form of government was established. This effectively created nine little principalities to compete for county service and CIP funds.

The 1960s idea of getting more citizens involved in government was a good idea, badly implemented. Citizens should rightly be concerned about policy, but they are generally not competent in critique of implementation matters.

Elected officials should manage the governmental organizations by statement of



Letters

Why doesn't all of Federal Way ante up to meet the fair market value?

For that matter, why doesn't Robinson (and the News) donate the \$50,000? The idea of a business that has taken millions of dollars out of the community over the years turning around and donating some of those profits for a worthwhile cause is not unprecedented. Indeed, the owner of Salty's (Gerald Kingen) has donated \$100,000 for the development of Wooten Park in Redondo.

If Kingen can do it, surely Robinson and the news can donate half that amount towards the purchase of a park for the Federal Way community.

To borrow from Robinson's own argument, his donation would offer him "a chance to tell Federal Way we are not entirely forgotten. The way the ground is being consumed out here, there won't be many more chances like this."

Gene Achziger
President
Redondo Community Club

Smart kids would see through columnist

Editor:

Wouldn't it be nice if Mike Robinson could get his wish that our kids will be better educated and our high school graduates could answer his ten questions (Robinson column, Jan. 11)?

I wonder if he really means it. For if our kids were able to answer these questions, no doubt their knowledge would also bring them to question the contents of news stories.

A good example: they may ask themselves why the Federal Way News (Jan. 11) runs an article on cityhood when it should be labeled as it really is, an editorial supporting Federal Way cityhood.

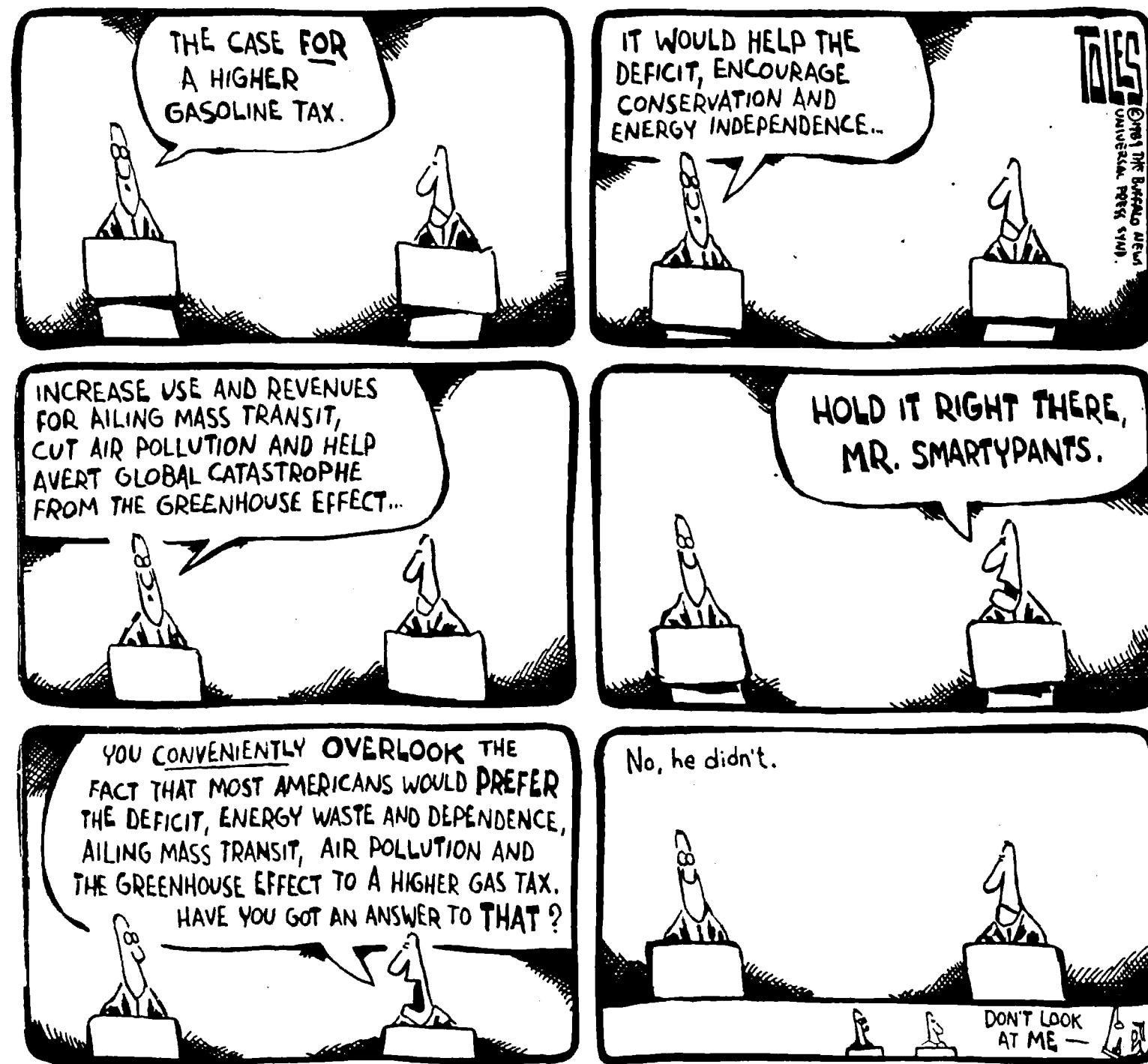
I also doubt that thoroughly educated young adults would see the real stories on South Viet-

nam, civil rights, homelessness, child abuse and other issues anything close to his view. No, I doubt that Robinson really wants educated and inquisitive young adults to emerge from our schools, because he and other promulgators of ignorance and half-baked ideas would go out or be laughed out of business.

Not to worry, kids coming out of school districts like Seattle's will be too busy learning about sex education, world peace, gay rights, the evils of majority rights and busying to be learning their history, math and ABCs.

Oh, by the way, if you miss that big mess in Seattle, vote Yes for cityhood on March 14.

Mitch B. Hughes
Mirror Lake



Arboretum makes sense at park site



Guest Opinion

by Al Wilson

Recently there has been a great deal of discussion about what should be done with the Water District 56 property which adjoins Marine Hills.

Should it be sold to a developer so that homes can be built on it or should it be sold to King County and turned into a park?

Quite reasonably some have asked whether this would be a park just for the benefit of those owning houses near the property or would it benefit the entire community? Everyone agrees that using taxpayer money to purchase land for a park that would benefit only a few would be improper.

Fortunately, that was never the intent of anyone who has been involved in the creation of the park. Shortly after it became clear that the Water District 56 property was going to be sold, the King County Parks Department became interested in acquiring it. They felt that this parcel could be combined with some adjacent properties to create a large park accessible to the entire community. A property like this, which combines excellent views, varied terrain and a good deal of old growth timber and its associated wildlife, is rare.

It was clear that some kind

of passive use park would be desirable, because the terrain of the property would not permit uses such as lighted softball fields and high traffic flows.

The idea was advanced that an arboretum would preserve the natural beauty of the property while making it available for the benefit of the entire community, both for pleasure and for its educational value. The arboretum would be run by a local organization whose directors would come from the community.

They would work with King

County Parks in developing the plans for the park and they would be responsible for actually building and running the arboretum once it was established.

Most importantly, this organization would be responsible for funding the development of the arboretum. Following the experience of other arboreta around the country, it would take a good deal of volunteer labor from Explorer troops and Boys and Girls Clubs, gardeners and bird-watchers.

The people most interested in the arboretum, not the taxpayers, would be responsible for raising funds and working for its development. All the taxpayers have to do is acquire the land at fair market value. This will be land that many county residents will share. It is a prime example of what can be accomplished when government works with communities.

In response to efforts by the King County Parks, several residents have formed a non-profit corporation, the Arboretum Foundation of Federal Way.

While each of us who created the corporation is willing to be active, we have no intention to remain as part of the governing body

unless that is the community's preference. Officers will be elected by members of the foundation, who will be local residents. To date the foundation has done nothing other than incorporate because, until the land is acquired by the county there is nothing for us to do.

How would the arboretum benefit you? Anyone who has tried to use any of our parks on a fine summer day knows that our existing parks are already being used to capacity. As the population of Federal Way has grown our parks have not kept up with demand. Why an arboretum? Most of us live in the Northwest because we love being surrounded by the natural beauty of the area. Who among us does not love the tall evergreens, the views of Puget Sound and the Olympics, and a walk through the woods on a foggy winter day?

We have a chance to preserve a piece of this for ourselves, for our children. Houses could be built on this land, and a few people would benefit. But all the rest of us would have lost an opportunity to provide a legacy at a reasonable cost. A few tax dollars invested today will pay dividends forever.

Al Wilson is a Marine Hills resident who lives near the proposed park site.

Natives are restless in NE Tacoma



Mike Robinson

If you look hard enough, cruising the shoreline along Dash Point and Browns Point, you can see what it was like here 80 years ago.

Sit on one of those beaches in the creamy dusk of late August and you know what drew the first residents here. They hammered up their summer cottages before the roads were paved, before there were schools or fire stations or stop signs or building codes.

Before those shacks grew up to become showplace homes, with picture windows that cost more than the first ramshackle cabins, they would sit on their rickety porches, savoring the sunsets over Maury Island, and the pleasure of a Sunday picnic without a bunch of louts tossing lawn darts over the campfire.

They liked it so much they often retired here, and then their kids drove out to spend a lazy summer, and then

years ago, you could get lost in thickets of alder and madrona on the bluff. Today a new road slices through there like a scalpel. Blink and three kids are doing wheelies in a cul de sac.

The view hasn't changed much, but the viewers have. Their grandparents came to get away from grime and crime. This generation wants it all: cable television and adequate police response time. Good wines at the store and a political voice they can hear all the way to Tacoma.

They're irked about the incinerator in the tideflats. It will rumble like a dump truck, they hear, dumping fly ash on their toddlers and their gardens. If the Port shuts down Blair Bridge as proposed, they'll be chased off a road they've used for 30 years.

At a typical meeting of the local improvement clubs, you'd hear talk of fishing derbies, softball games, what

color to paint the restrooms down at the Dash Point dock.

Lately, you could probably hear a motion to hang the port commissioners in effigy, or stick pins in a Doug Sutherland doll. That's just the first wave of resentment sliding by. If the political ears are finely tuned, they will hear the wheels of democracy turning.

In those rumors of annexation — either to Tacoma or the proposed city of Federal Way — they will hear a wish to be given a chance to participate. Born in the laid-back time of butter clams and shaped by years of dock dinners and seeing that heritage threatened, the families of this changing community are ripe for recognition.

Giving it to them is the best way for local officials to make sure they don't vote to put fences at either end of Marine View Drive and secede from the county.

Letters welcome

The Federal Way News/Community News welcomes your letters. Send them to 1634 S. 312th St., Federal Way, WA, 98003.

Federal Way News

Published every Wednesday, Friday, and Sunday

G.S. Robinson Publisher
Mike Robinson Executive Editor
Brad Broberg Editor
Chuck Mingor Sports Editor
Bruce McKnight Advertising Manager
Dean DiLoreto Circulation Manager

1634 S. 312th Federal Way, WA 98003

Editorial & Advertising

Seattle 839-0700

Tacoma 927-4353

P.O. Box 3007

Federal Way, WA 98063

SNA

Classified Advertising

Seattle 839-9520

Tacoma 927-2424

Circulation

Seattle 241-2507

Tacoma 927-0878

Advertising

Seattle 839-0700

Tacoma 927-4353

Executive Editor

Seattle 839-9520

Tacoma 927-2424

Editor

Seattle 839-9520

Tacoma 927-2424

Sports Editor

Seattle 839-9520

Tacoma 927-2424

Advertising Manager

Seattle 839-9520

Tacoma 927-2424

Circulation Manager

Seattle 839-9520

Tacoma 927-2424

Editorial & Advertising

Seattle 839-0700

Tacoma 927-4353

Executive Editor

Seattle 839-9520

Tacoma 927-2424

Editor

Seattle 839-9520

Tacoma 927-2424

Sports Editor

Seattle 839-9520

Tacoma 927-2424

Advertising Manager

Seattle 839-9520

Tacoma 927-2424

Circulation Manager

Seattle 839-9520

Tacoma 927-2424

Editorial & Advertising

Seattle 839-0700

Tacoma 927-4353

Executive Editor

Seattle 839-9520

Tacoma 927-2424

Editor

Seattle 839-9520

Tacoma 927-2424

Sports Editor

Seattle 839-9520

Tacoma 927-2424

Advertising Manager

Seattle 839-9520

Subterranean passages linked lakes to sound

Continued from A-1

menstruating rock; if so, this might be the stained vulva. Sadly we cannot now be sure this is the rock, because the Browns Point Improvement Club recently covered the sea wall with cement.

The description of this rock as a dirty-talker suggests that she personifies a springtime maid, offering her favors to passers-by. Her ability to bring forth rain suggests that she represents a nurturing mother as well, just like the hill at Riverton...

EVEN MORE significant, however, is Jack Smohallah's inference that this rock is also identified with the ogre, Snail Woman. If so, then it represents, like Mount Rainier, the three images of the fertile earth: fecund maid, nurturing mother, and devouring hag, making it one of the most potent supernatural landmarks in the Puget Sound region.

North of Dash Point, in the bight (bend) of Poverty Bay, is the mouth of Redondo Creek, site of another mysterious subterranean passage between the Sound and an upland lake, Steel Lake. The creek was called *TSOL-ko-bid*, "underground stream," and in the myth time was believed to drain Steel Lake...

Like Lake Dolloff, Steel Lake was called *Bis Kwah-dis*, "where there are whales," and it, too, was believed to have been visited by these creatures... Today, it is difficult to imagine this land as a place of mystery — a haunted world rising between the settled river valley and the well-traveled beaches of Puget Sound — now that it is home to 100,000 people...

After the subterranean passage was blocked, the lake overflow spilled into Puget Sound, creating Redondo Creek. A short distance from the creek mouth, Blanket Rock rises in the shallows. One version of its name, *ko-OI-It-sah*, derives from *skwol-kwol*, the name for the marmot from whose skin the blanket robe was made.

MOST VERSIONS of the myth describe a man of the *tai-ti-DAH-pahsh*, a group liv-

ing at the headwaters of the Cowlitz and Lewis rivers. He married a girl from White River and the two lived in this village

and *t-ah-le-yahqw*, "two canoes bound together." The boxes and baskets loaded on the canoes became rocks on the beach, and

The description of the rock as a dirty-talker suggests that she personifies a springtime maid, offering her favors to passers-by. Her ability to bring forth rain suggests that she represents a nurturing mother as well...

near what is now Morton. One day the girl grew homesick and without telling her husband decided to return to her parents. When he discovered that she was gone, he followed her, to the beach where Des Moines is now.

The girl's parents were leaving on a fishing trip; their boxes and baskets of gear and three poles were loaded on a plank platform borne on two canoes. This catamaran was typical of the way gear was hauled over water from camp to camp.

The girl's parents also took with them a slave, Crow, who carried a basket of water. Already out on the sound when they heard their daughter's cries, they went back and put the canoes up on the beach. Just then the world was transformed.

The pursuing husband became Blanket Rock. Private beaches, prevent us from getting close to him, but at no little risk, one can stand where Beach Road climbs the hill south of the center of Redondo and see his pyramidal form in the water. There may have been two white rocks; one is said to stand on the beach near Woodmont, but I could find nothing there.

The second rock, I believe, is located at Des Moines Beach Park. The name Qah-weils, "glistening white," describes the micaceous glitter of its granite surface. Native brides were often wrapped in beautiful blankets during the wedding ceremony, and the white stone may have represented the girl as bride, making the transition between maid and mother.

The bleached canoes became Three Tree Point. Annie Jack, a Green River informant born about 1880, gives two names for the point: *s-he-lahb*, "a load,"

the basket of water Crow carried became a nearby spring called *kah-kah-AHL-ko*, "crow's water." It was said to be poisonous, and Jack's interpreter claimed that at least 10 people, including one white child, had died drinking it. Jack's interpreter once offered \$500 to anyone who could find it, but none could (homeowners on the point, beware!)

WHAT WAS the purpose of this myth, in which the action is strung out over several miles of beach? Myths and legends often teach moral and social lessons, but none seems obvious here. The figures in myths often represent significant natural phenomena and places. Whales and cloven-headed snail women recall ancient catastrophes; a maiden taking the caress of waves (recalls) the teeming life of the littoral (shoreline). The white rock, a fearful woman in trouble with her husband, may mirror in her anguish the anxiety of seasonal change, as the world brings forth new life in groaning and travail. Perhaps the promise of her fertility, transformed into stone, communicates itself to the beach, rich with clams in the spring and summer, seasons of the maid and the mother.

It is possible that the beach rocks marked boundaries. We know that interior groups traveling by horseback came downriver in the spring to camp on the beaches at Redondo where Blanket Rock commands the beach. At the same time, the White River people and their riverine kin camped at Des Moines and Three Tree Point. Between them stands the white rock, a symbol of their sometimes hostile relations, but also of ties sealed by the bonds

of marriage and of the need to cooperate.

THE SERPENT lore associated with Three Tree Point and the white rock suggests a connection that centered east on the river. According to Waterman, the native people believed the point was inhabited by a huge snake whose movements caused sand and gravel to slide down the bluffs. The idea that earthquakes and avalanches are caused by a huge subterranean serpent is universal... Locally, the image of the Three Tree Point snake seems analogous to that of whales moving through subterranean passages.

FINALLY, WE come to our last stop on our circumnavigation of Des Moines Island, Brace Point, and the curve of Fauntleroy Cove, a stretch of shore...regarded as most mysterious.

BRACE POINT was called *ps-ai-YAH-hus*, "where there is an ai-YAH-hus," a supernatural creature like the one haunting Three Tree Point, an immense snake with the forelegs and antlers of a deer.

Midway between the point and the Vashon Island ferry dock there was a large reddish boulder that was regarded with great awe. Apparently the very embodiment of the creature, the rock was said to be able to change its shape, and looking directly at it meant having one's body twisted or one's head turned around.

Waterman wrote that those who told him about it never visited the site, never even looked in its direction, out of regard for its power. Today it sits higher up on the beach than it used to, on private property, after port officials winched it up to keep water-skiers from colliding with it.

These exotic myths have relevance for us, even though we are so far removed from nature, and the sites associated with them have a significance beyond the fascination they hold for antiquarians... First, they belong to an ancient and distinctive Indian heritage in this area. The interpretations I have given the myths are entirely my own...

That some of these landmarks associated with the myths have

been destroyed or vandalized makes it all the more important to protect them, particularly with Washington's Lasting Legacy program being so vigorously promoted in this centennial year.

An understanding and an appreciation of myths and myth sites puts us in touch with a reality that Indians have always proclaimed and that, more and more, they ask us to heed: that

the relationships human beings have with the natural world is supremely important; that it is, in fact, sacred.

As environmental problems here and around the world become increasingly critical, the truth of this perception becomes increasingly apparent. As we transform the world, we cannot forget that the land has its own life and that our lives grow from it.

This year I'm going to be
TANTALIZING.

10 visits for \$20
1 month unlimited for \$30
EXPRESSIONS HAIR DESIGN & TANNING
1500 S. 336th, Suite 17
Federal Way, WA 874-6019

EVERGREEN Retirement Manor

31002 - 14th AVENUE SOUTH
FEDERAL WAY, WA 98003

"CATERED RETIREMENT LIVING"
ONE MONTH ABSOLUTELY!!

FREE! FREE! FREE!

Limited Offer..... Call Now!!!

941-0156

SIDEWALK SALE

"Don't Get Soaked by High Prices"

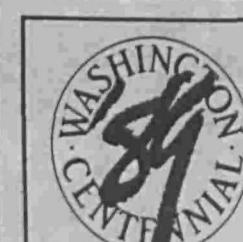
January 27, 28, 29



Great Winter Savings Throughout the Mall!
Get a free rain poncho with a \$25 purchase or more,
Jan. 27-29. While supplies last. One per person. Bring
receipts to the information booth.

Entertainment daily on stage in front of the Bon.

SeaTac Mall
320th STREET EXIT OFF I-5 IN FEDERAL WAY



The Celebration of the Century!

Show sows seed of local museum

By MELODIE STEIGER

The Historical Society of Federal Way hopes its week-long history display at SeaTac Mall will be the start of something big.

So, although the organization is now putting out an all-points bulletin for articles and photos from Federal Way's past, its president said donors should also think about permanent contributions to a museum here. "We're in the process of building archives for our museum, the one we hope to have here someday," said Shirley Charnell. "This (display) collection will be the beginning of our archives."

A substantial museum of Federal Way history could be some years away, although Charnell said the 70-member historical society has a lead on a small building for storage and is actively seeking property donations for its site.

"There are some rumblings going on," Charnell said. "We've got plenty of people looking."

FIRST, HOWEVER, comes the society's history display, to be exhibited in SeaTac Mall Feb. 20 to 28 as part of the state centennial celebration. The

Cavanaugh appeal rejected by court

Michael Allen Cavanaugh's convictions of first degree statutory rape and indecent liberties were upheld recently by the state Court of Appeals.

Cavanaugh, 40, was found guilty of molesting a 5-year-old Federal Way girl in September 1985 while he babysat her in her home. The girl spoke through the voice of her Cabbage Patch doll when she testified against Cavanaugh at the trial in January 1987.

After his conviction and sentencing to three years in jail, Cavanaugh skipped bail while he was free pending appeal and remained at large for a year. He finally turned himself in in March 5, 1988. Had he remained at large another day, he would have lost the right to appeal.

In appealing, Cavanaugh questioned whether testimony

pasts of several local services and businesses will be included in the display, including Puget Power, Fire District 39 (Federal Way) and the Federal Way School District.

The organization is seeking all photos, clippings and other items of historical interest for that display from individuals, businesses and organizations. Such items might include menus from old restaurants here, pamphlets from community events and membership lists from past clubs.

The deadline for submitting display items is Feb. 6. Items will be tacked onto display boards for mall patrons to peruse. Larger items, such as old household appliances or vehicles, can be photographed for the display.

Donations could become part of the club's permanent collection, with permission from the owners. The search for such memorabilia will continue after Feb. 6 for museum items, Charnell said.

THE HISTORICAL society is now interviewing longtime and past Federal Way residents for their memories of the community as it once was. An interviewing workshop will be held in late

"Losing 45 pounds was a cinch."

The Diet Center program transformed Liz Doggett from a depressed, overweight, stay-at-home into an attractive aerobics instructor.

"Diet Center makes it easy," Liz says. "I had investigated all the other 'diet' programs, but there was no comparison. Diet Center gives you personal attention and sound nutrition. Since I lost weight at Diet Center, every day is exciting and happy. I feel better physically as well as mentally."

Diet Center can change your life. Call today for a free consultation.

**30817-B Pacific Hwy. So.
941-1990**

© 1988 Diet Center, Inc. Weight loss varies with each individual.

Diet Center®
The weight loss professionals.

Closures of military sites could benefit low-income

Continued from A-1

But his greatest ally, he said, is Jim Wiley, head of the King County Housing Authority, which ironically may be the MSC's biggest competitor for the housing, Shortt said.

Wiley said his agency will support any effort to acquire more low-income and emergency housing in King County. He lauds the MSC's efforts, but said he hasn't ruled out his own agency as a possible rival for the houses.

He said it's still premature for the King County Housing Authority to start making plans to acquire the houses because Congress hasn't officially put them on the market. Even then it would remain to be seen if they would be sold or given away.

IF THE houses are to be given away, then Wiley would like to consider the housing authority in the running as a recipient.

"But we're interested in helping anyone trying to acquire low-income housing. The people are best-served when agencies like (the housing authority and the MSC) get together and cooperate," Wiley said.

An aide to Adams said the senator's office is "very much in favor of acquiring a facility to house low-income people," and is looking into the Kent sites as prospects.

Suzi Bridges, who works in Adams' Seattle office, said she is just getting started on what may prove a complicated research project. Like everyone else, she's waiting for Congress to pass the legislation closing the installations before making any promises.

The proposed legislation has stipulations concerning surplus housing being used for the homeless and low-income, but amendments and interpretations can alter the bill's intent by the time it becomes law, she said.

THE BIGGEST question right now is protocol, Bridges said. She isn't sure who will make the ultimate decision concerning the houses at South 240th Street and Military Road and at Lake Youngs. The Department of Defense and the General Services Administration share responsibility for the property,

she said.

"We're looking to do all we can to help," Bridges said. "The waiting list for HUD and Section 8 assistance for low-income is 1-3 years, and a lot of those people live in South King County."

That's not news to those at the Federal Way-based multi-service center, where officials have long noticed that the need for transitional and emergency housing in the South End by far exceeds the motel rooms and homes the center has available, said Sharon Atkin, emergency housing director.

"We turn away 50-75 families a month for emergency housing," she said.

The MSC leases motel rooms for emergency family housing and has three housing units available for transitional housing. Emergency housing is just that, Atkin explained.

Families are allowed to stay two weeks while the MSC tries to find other help. Transitional housing is for families on the rebound from tough times, such as unemployment or medical problems that have put them in financial straits. Families may stay up to three months in transitional housing.

But the MSC has just seven emergency and three transitional housing units, Atkin said, and the need keeps growing, especially for transitional housing.

"IT USUALLY takes people longer than two weeks to get their lives back together," she said.

The MSC's hopes of acquiring the housing is based on the sup-

position that Congress will approve the list of proposed base closures and that the government will award the sites to the agency.

If the sites are closed, families currently living in the Army-run houses will begin to leave through attrition in 1990. The Army has promised no one will be forced out. Residents are military families stationed at Army, Navy and Air Force installations around Puget Sound.

The delay is almost welcome. The MSC probably would find itself hard-pressed to furnish and supply 60 houses with linens and kitchen necessities, Atkin said.

"So far, we've had to furnish only three units, and we were able to do that with donations," she said.

The time lag will give the MSC time to prepare, Atkin said. Besides furnishings, the center would have to add some staff to administer the housing, and funding for both would need to be found. The maintenance of the houses probably could be contracted for with King County Housing Authority, which already has staff and equipment necessary for the job, she said. Wiley agreed, noting the housing authority has several similar contracts.

Congress has until the end of April to approve the list of proposed military installation closures. The list must be approved or denied as it's written, with no deletions or additions.

The two Kent sites are among 52 housing sites and 34 military bases and installations targeted for partial or complete closure.

SEARS
SAVE 25 to 50%
SALE
ALL SUITS! SAVE \$25 TO \$50!

HURRY! SALE ENDS JAN. 31!

ALL WINTER AND YEAR 'ROUND SPORT-COATS! SAVE 25% TO 50%

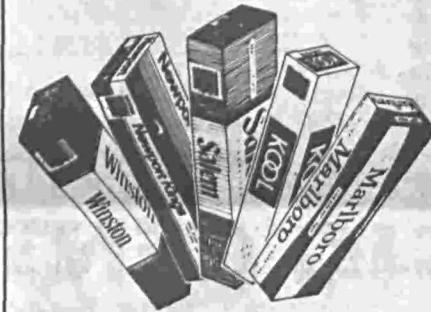
Men's Store 2-pc. suit Seasons Spanner 2-pc. suit Oakton Ltd. suit.....	\$74 Reg. \$99 \$99 Reg. \$140 \$129 Reg. \$180
Men's Store sportcoat.....	5625 Reg. \$75 \$70 Reg. \$100

SEARS GIVES YOU MORE—
• Basic alterations FREE! • Our policy is satisfaction guaranteed or your money back

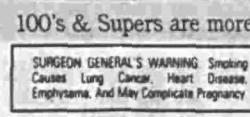
SEARS
Your money's worth and a whole lot more.

Smokin' Deals!!

Carton Cigarettes



\$12.99
Plus Tax
100's & Supers are more



Get the good things easy.™

Many 7-Eleven Stores are franchised and operated by local residents.

Prices effective at participating 7-Elevens.

The Southland Corporation

Top Fast

Diet Plan
Free Delivery
839-3100

Satisfaction Guaranteed or your money back

NOTICE UNCLAIMED LAYAWAY SALE

At 9:55 a.m., Friday, Jan. 27th, all UNCLAIMED LAYAWAYS will be sold for the amount due, at a fraction of the retail value. Over 100 jewelry items will be sold on a first come first serve basis. Numbers will be given out approximately 30 minutes prior to opening. Payment must be by personal check, cash, VISA, Mastercard, Discover or American Express. Unclaimed repairs, used, discontinued, surplus and repossessed jewelry will be included in this disposal.

Note: More than 200 people attended our UNCLAIMED LAYAWAY SALE at our Seattle store, all items were sold in less than two hours! Please come early and get a number to insure you get waited on.

FRIDAY
JAN. 27th, 9:55 A.M.

Kluh & Co. Jewelers

SeaTac Mall Store

839-3939

STEEL METRIC RADIALS 40,000 Mile Limited Warranty

\$21.99

155R-13 23.99 175/70R-13 28.99
165R-13 25.99 185/70R-13 30.99
175R-14 32.99 185/70R-14 30.99
185R-15 30.99 195/70R-14 32.99

STEEL RADIAL WHITEWALLS 40,000 Mile Limited Warranty

\$19.99

P165/80R-13 22.99 P215/75R-14 33.99
P175/80R-13 23.99 P205/75R-15 29.99
P185/80R-13 24.99 P215/75R-15 30.99
P195/75R-14 27.99 P225/75R-15 33.99
P205/75R-14 28.99 P235/75R-15 35.99

ULTRA PREM. STEEL RADIALS 60,000 Mile Limited Warranty

\$35.99

P175/80R-13 38.99 P205/75R-15 47.99
P185/80R-13 39.99 P215/75R-15 48.99
P185/80R-14 45.99 P225/70R-15 52.99
P195/75R-14 46.99 P225/75R-15 51.99
P205/75R-14 47.99 P235/75R-15 52.99

PERFORMANCE RADIAL RWL Lifetime Limited Warranty

\$36.99

P195/70R-13 41.99 P215/60R-14 53.99
P195/70R-14 45.99 P245/60R-14 57.99
P205/70R-15 47.99 P235/60R-15 57.99
P225/70R-14 54.99 P245/60R-15 61.99
P225/70R-15 55.99 P275/60R-15 65.99

ALL SEASON STEEL RADIALS 40,000 Mile Limited Warranty

\$23.99

P165/80R-13 26.99 P215/75R-14 34.99
P175/80R-13 27.99 P205/75R-15 33.99
P185/80R-13 29.99 P215/75R-15 34.99
P195/75R-14 32.99 P225/75R-15 36.99
P205/75R-14 33.99 P235/75R-15 38.99

TRUCK & RV Lifetime Limited Warranty

\$38.99

750x16/8 49.99* 78.99
235x16/8 50.99* 83.99
875x16/8 57.99* 78.99
950x16.5/8 60.99* 88.99
10-15 59.99* 83.99
11-15 63.99* 87.99
12-15 71.99* 99.99

BFGoodrich MICHELIN PIRELLI YOKOHAMA

DISCOUNT
TIRE CO. OF WASH. INC.

Hours
Mon.-Fri. 8:30-6
Sat. 8:30-5

FREE CUSTOMER

- MOUNTING*
- ROTATION*
- FLAT REPAIRS*
- NO Trade-in Required
- NO Appointment Necessary
- Your Personal Check Welcome

SORRY, NO SPLIT RIMS

Everett
309 East Casino Road
N.E. Corner of Casino & Evergreen
355-2455

Seattle-Lake City
14713 Bothell Way N.E.
365-1614

Seattle-Burien
14328 First Ave. S.
In front of Fred Meyer
248-3832

Kirkland
12410 N.E. 124th St.
Totem Lake
823-3759

Bellevue-Overlake
1925 140th Ave. N.E.
643-0860

Renton Highlands
3123 N.E. 4th
226-6706

Tacoma
1029 N. Pearl St.
Just north of Hwy. 18
759-8899

Tacoma
2410 84th Street S.
Wards Lake Plaza
582-1814

Bellingham
918 Lakeway Drive
In front of Fred Meyer
647-0583

MERCANTILE
Automobile Service Center
CREDIT INSTITUTE

McMURRAY SYSTEM

200 Stores Nationwide

• Arizona
• California
• Nevada
• Utah
• Colorado
• Texas
• New Mexico
• Michigan

• Oklahoma
• New Jersey
• Connecticut
• Rhode Island

Preparation helps win tax appeals

Continued from A-1

cording to state law.

If the answer is no or you are uncertain, it pays to check into an appeal, Davies said.

The first step is a quick market study to determine the market value of your home. Local realtors may offer free advice, or citizens can check public records on the seventh floor of the King County Administration Building to see what comparable homes sold for, Davies said.

SHOULD YOU decide to file an appeal, the tax advisor's office will do a computerized market study in a few minutes, she added.

The Bruchals used personal knowledge of the market to make their case to Dorn. A house similar to theirs across the street had been on the market more than six months, they told him. It was priced less than the amount King County had assessed them.

Appeals often begin when neighbors start comparing their assessments, Davies said. But unless you have facts to back up your claim, an appeal based on the next-door property value will fail, she warned.

You may play bridge with your neighbor, but you might not get down in his basement to see the leaks, said Herbert Stevenson, the board chairman.

Similarly, the assessor may never get inside your neighbor's home to see his spiffed-up rec room or newly tiled bath.

Assessments are made on the "footprint" of the house, Dorn said. Square footage alone counts. If the perimeter of your house matches your neighbor's, the houses will be assessed the same, even if he added a sunken bath last year — unless the improvement needed a permit. A remodeling permit triggers an automatic assessment review.

IF TENANTS wreck the inside of your house or water causes serious damage, though, Davies urges taxpayers to contact the assessor for a special review.

If the assessor enters a home and changes the assigned property value, it can save you an appeal, Davies points out.

Dorn recommended a special review for the Bruchals because they disputed the square footage the assessor figured for their home.

Even if there's something inside the house the assessor didn't know about, you can't change your 1989 taxes any



photo by Paul T. Erickson

AL AND KAREN BRUCHAL of Federal Way did not think it was fair that the vaulted ceiling in their living room counted as living space in their property-tax assessment, so they filed an appeal with the King County Board of Equalization.

more. Appeals for 1989 taxes closed last July 15.

However, there is still plenty of time to make sure your 1990 tax assessment is fair.

If you disagree with the value of your house indicated on your tax statement, you should request a special assessment review before May 31, Davies said. That is the last day the assessors can change the tax rolls for 1990.

If you still dispute the valuation of your home after the review, you have until July 1, 1989 to file an appeal with the Board of Equalization for next year.

The board can assign a new assessed value to the home depending on the evidence.

Assessments are reviewed automatically every two years, and change of valuation notices

are mailed. The next automatic review will be in 1990.

DESPITE THE strict rules and regulations, the Board of Equalization likes to maintain a friendly atmosphere.

"The board is here to try to be fair, to both the county and the taxpayer," Dorn said.

Both Dorn and Davies stress-

ed neither the board nor the tax advisor's office is on the county payroll, so there is no conflict of interest with the assessor's office.

The seven-member board is appointed by the county executive and approved by the county council for a four-year term. Most members have experience in real estate or have been community activists.

Taxpayers who decide to appeal after a thorough market study and help from Davies' office are extremely successful, she said.

Last year, the board heard a total of about 9,000 commercial and private appeals, said board clerk Kate Hemer.

Taxpayers won about two to one.

While commercial property owners often hire lawyers and accountants to help, the average homeowner can appeal his own taxes, Dorn said. A convincing market analysis and pictures of the comparable houses help.

THE BRUCHALS said they'll be satisfied with the appeal if they can be there when the assessor comes to review their home, show him around and talk about the basis of the assessment.

If he agrees their property is valued too high, the valuation change will be reflected in their 1990 taxes.

But if he doesn't change the assessment, they can continue the appeal. More evidence can be given in another mini-hearing with one board member, who will then take the evidence given by the Bruchals and the assessor to the full board for review.

If the Bruchals don't like that decision, they can take their case to the state board for review.

Whether or not it's worth going that far depends on how much money a taxpayer will save, but the decision is very individual, Davies said. Some people even file on principle alone.

"Everyone has that right," she added.

Airport operates noise hotline

Sea-Tac Airport operates a 24-hour hotline for reporting unusual aircraft-related noise. The number is 433-5393.

HIGHLINE HEALTHLINE®

By 24-NURSE

Reye's Syndrome

Reye's Syndrome is a rare but serious disease in which there is inflammation of the brain and changes in liver function. It affects children under 18 years old, particularly between the ages of 5 and 12.

Reye's Syndrome most often appears as a child is recovering from the flu or other viral diseases, such as chicken pox. Symptoms include sudden vomiting, unexplained drowsiness or hyperactivity, and confusion. Convulsions and coma may follow. There is no known cure for Reye's Syndrome, but in many of the cases the symptoms may be relieved with proper medical attention. If the child survives the first two or three days, recovery will follow.

Since there seems to be a relationship between aspirin and Reye's Syndrome, most physicians recommend that aspirin not be used in children with viral diseases, including the flu and chicken pox. For more information or referral to a physician, please call 246-8773 or dial

24-NURSE

A Public Service Provided By Highline Community Hospital

Next week's HealthLine: Fever

Buy Where the Contractors Buy®

Al Meier's BUILDING CENTERS

INTERIOR

HOME IMPROVEMENT SALE! HOME IMPROVEMENT STARTS HERE!



INTERIOR

E-Z KARE LATEX FLAT FINISH

• Top of the line
• For walls and ceilings
• Ideal for bedroom and more

\$998

Gal. Reg. 14.98

NO MORE FROZEN PIPES

• Better pipe protection
• Better economy
• Better safety
• Easy to install

99c

L.F. Reg. \$1.33 L.F.

PELONIS DISC FURNACE

- The Original Ceramic Disc Furnace
- Heats large room
- Thermostatic comfort control

1500 W

\$139.95

CDX PLYWOOD

4'x8'x1/2"

\$698

Each

Cash & Carry

• Mill certified
• Ideal for the do-it-yourselfer

(AT FIFE)

Exit 137 Off I-5

TAC. 922-8770

SEA. 236-9455

(SOUTH HILL)

Behind Willow Shopping Center

845-7530

GIG HARBOR

By Dick Boyles Chevrolet

G.H. 859-0959

TAC. 279-7200

FEDERAL WAY

342nd & Pac. Hwy. So.

TAC. 927-8304

SEA. 872-8700

GRAHAM

208th & Meridian E.

847-2900

BONNEY LAKE/BUCKLEY

22816 Hwy. 410

862-5800

VISA

MasterCard

DISCOVER

PRE-FINISHED PANELING "A" GRADE

4'x8'

\$4.99 Each

Reg. 6.66

PLASTER BOARD

4'x8'x1/2" "A" GRADE

\$2.99 Each

Reg. \$95.00 each

FAN FORCED
WALL HEATER

Built-in thermostat

Designer style grill

100% efficient

Easy to install

Full 1-year warranty

\$6995 Each

Reg. \$95.00 each

CertainTeed H
FIBER GLASS INSULATION

R11 X 15" KRAFT FACED

\$695 50 sq. ft. Roll



Help Us Celebrate Al Meier's
Night with the

Tacoma Stars

SATURDAY NIGHT, FEBRUARY 4TH

TACOMA vs SAN DIEGO

COME INTO ANY AL MEIER'S BUILDING

CENTERS LOCATION BETWEEN JANUARY

16TH & FEBRUARY 4TH & PICK UP YOUR

FREE
TICKETS

Limit 2 Free Tickets Per Family.

For Saturday Night
February 4th

A helping hand helps women to get off welfare

By WENDY CULVERWELL

Toni Price is a single mother with three daughters, ages 13, 11 and 5. She lives in a house in Federal Way. It's not large, she says, but has a good yard for the children to play in and for the pets.

She works as a computer clerk for the downtown Seattle investment firm of Murphey Favre. She recently completed company-sponsored training as

a marketing secretary, which opens the door for a promotion in the future. The marketing training demonstrates that her employers are happy with her work. She was only hired in September.

By all appearances, Toni Price is a middle-class mother, struggling but succeeding in supporting her family by herself after two marriages didn't work out. That may be the case now,

but it hasn't always been. Price was on and off welfare for 10 years. Her job pays about \$1,100 per month — not quite enough to cover the cost of feeding, clothing and housing herself and her children.

She still gets some financial aid, but since participating in a job-readiness program through Washington Women's Employment Education (WWEE), she feels like she's taken a giant step

toward independence.

WWEE is a privately-funded, non-profit organization in King County. It provides job-readiness training to low-income women and follows them through their first year of employment.

PRICE HAD been working while still married to her second husband. At the time, she was supporting the entire family. When they divorced, she quit her job to spend time with her girls.

When the time to go back to work arrived, Price wasn't sure where to start. Her previous job had been secretarial and she wasn't sure if her skills had kept up with the market.

At the Federal Way Food Bank, she saw a notice from WWEE, advertising its job-readiness program for low-income women.

"I got tired of being broke and not being able to provide for my

kids," she remembers.

She called WWEE and made an appointment. WWEE took it from there.

The Seattle program (there is also one in Tacoma) is modeled after a national one that originated in San Antonio, Texas, in 1973. Its aim is to get low-income women the job skills they need to stay off welfare.

THE SEATTLE/KING County WWEE opened in July 1987 and has graduated nearly 200 women to date.

Its successes speak for themselves: Of the women who go through the program, 80 percent gain jobs and 90 percent of those are still employed a year later.

The WWEE curriculum includes a three-week course that teaches women how to be interviewed, dress, present themselves and prepare their resumes. It also delves into

developing what skills they already possess. If a woman is lacking entry-level job skills, WWEE gets her into the training programs she needs to be in.

For Price, WWEE recognized that she needed to deal with child care and with transportation to the classes. It provided \$60 toward child care and also gave her a Metro bus pass to get

Continued on A-7

Hairlines . . .

by Mary Jo Peacher Cresco



Brighten your winter.

We, at Quadwest, would like to brighten your winter by coloring your hair! Whether you are covering grey or just enhancing your natural color.

We use non-peroxide color agents and peroxide replacements that keep your hair in great condition. It can actually improve hair condition.

20% Off Any Service

with Don or Karen

Quadwest Beauty Salon

952-3434

TUES.-THURS. 9-8 Located in the Quad Shopping Complex in West Campus across the street from Pacific West Sports Club.
FRIDAY 9-5
SAT. 9-4



photo by Paul T. Erickson

Slick trick

RICKY ROBUCE, 9, was flirting with disaster when he decided to try some fancy downhill sliding Monday in front of his SeaTac Village area apartment. Despite the tumble, Robuce managed a smile and resumed his ice gliding.

CLIP THIS AD
FREE FRAME
WITH PURCHASE OF SECOND PAIR OF LENSES (ZYL*)
Must be for same person, same RX, same time, does not apply to any other promotion. *TRADE VALUE

SAVE \$5

ON COMPLETE PAIR OF ADULT GLASSES WHEN YOU BRING IN THIS AD!
Cash Value 1/20 of 1*

Does not apply to previous purchase or previous promotion.

Econoline Optical

We gladly make arrangements for your eye exam.

For your convenience we're open Mon.-Fri. 9-6, Sat. 9-5

TOP QUALITY GLASSES • SENSIBLE PRICES • BOUTIQUE FAST SERVICE • SELECTION AVAILABLE



COUPON COUPON COUPON

FEDERAL WAY
32700 Pacific Hwy. S.
Next to Keg Restaurant
838-8250

OLYMPIA
3530 Martin Wy.
Lilly Road
456-2020

E. BREMERTON
4181 Wheaton Wy.
Across from Captain K's
373-9595

PUYALLUP
4183 Meridian So.
Next to Ken's Meats
848-0377

TACOMA
4820 Pacific Ave.
Behind Skipper's
473-3443

TACOMA
8409 8th Ave.
Behind Flake Jake's
565-7040

LAKWOOD
8415 Stellacoom Blvd.
1 bl. to Oakbrook Plaza
584-6556

Race over to the Red Robin® for our Half Yearly Sale

FREE... BURGER OR ENTREE

WITH PURCHASE
OF BURGER
OR ENTREE
OF EQUAL OR
GREATER
VALUE

NOT VALID WITH ANY
OTHER COUPON OR OFFER.
VALUE 1/20C
PLEASE PRESENT COUPON.
OFFER EXPIRES MARCH 6, 1989

RF



BRIDAL AFFAIR

Robinson Newspapers invite you to come and join our Bridal Affair Special Edition published Wed., Feb. 8th. You can advise the new bride and groom with the specialties from your firm that will make for the perfect wedding.



DEADLINE:
Proof Wed., Feb. 1
No Proof Thurs., Feb. 2
Published Wed., Feb. 9
Call Your Sales Representative Today
West Seattle Herald
White Center News
932-0300
Federal Way News
839-0700
Tac. 927-4353
Highline Times
Des Moines News
242-0100

Employment service gets women off welfare

Continued from A-6

to their location. When she was ready to go out for her first job interview, she wore clothes from its business clothing closet. She got the job and was able to keep some of the outfits to get her through the first few paychecks at Murphay Favre.

IN PRICE'S case, she had more job skills than she originally thought and required no remedial education.

The location of Murphay Favre, in downtown Seattle, isn't exactly convenient, but

Price is happy with her job. Murphay Favre, she says, is a firm where you can really build a career. And the benefits, which include discounted Metro bus passes, are great, she says.

It costs WWEE about \$970 to put one woman through the pro-

gram and participants are asked to return as volunteers, helping out with chores around the office.

To keep in touch with its alumna, WWEE holds a monthly get-together in Seattle. Price said she hasn't made it yet because

she'd rather spend her weekends with her daughters.

She thinks WWEE's program is great, and is trying to get some of her friends to enroll.

"They really encourage you to be your best," she said.

Price had most of her welfare

payments suspended in November, a sign of her growing independence. One of her ex-husbands pays a small child-support bill as well.

For more information about WWEE, call the office at 447-9786.

SOUTH END
Janitorial Service Inc.

FREE ESTIMATE

941-4394

we're #1

in serving

commercial & residential
satisfaction guaranteed

SEJ



Just for You

SIDS LECTURE — British pediatrician and researcher David Southall will discuss Sudden Infant Death Syndrome at an open meeting of the National SIDS Foundation, 7 p.m., Jan. 30, in Wright Auditorium at Children's Hospital. For more information, call 526-2110 or 1-800-533-0376.

BONSAI WORKSHOP — A workshop in evergreen bonsai will be held from 12:30 to 3 p.m., Wednesdays, Feb. 1 to March 1 at Moshier Art Center, 430 S. 156th St. The fee is \$27.50 and pre-registration is required by Jan. 27. Call 296-2956 for information.

PRE-SCHOOL TUMBLING — Classes for 3-to 5-year-olds will be held from 9:30 to 10:15 a.m., Fridays, beginning Jan. 27, at Kent Commons. The 10-week program costs \$25. Call 859-3599 for information.

CHOCOLATE MAKING — Two classes for teens and adults have been scheduled by Kent Parks and Recreation. Beginners will meet from 10 a.m. to noon, Feb. 4 at Kent Commons. More advanced students will gather from 7 to 9 p.m., Feb. 7, also at Kent Commons. The fee for both classes is \$8 plus a supply fee. Call 859-3599 for registration information. Kent Commons are at 525 Fourth Ave. S., Kent.

DISCOVERY SOUTH — The singles' group will experience firewalking with Julius and Virginia Mink beginning at 7:15 p.m., Jan. 27, at the Kent Commons, 525 Fourth Ave. S., Kent. Call 839-5445 for information. A \$3 donation is requested.

INTRODUCTION TO ADOPTION — The Children's Home Society will focus on the steps necessary to begin the adoption process from 12:30 to 5 p.m., Jan. 29, at 3300 N.E. 65th St., Seattle. The cost is \$30 per person. For more information or to register, call the Adoption Resource Center at 524-6020.

FRIENDSHIP SKILLS — A peer proofing class offered by the Seattle/King County Council of Camp Fire will be held from 7 to 8:30 p.m., Thursdays, Feb. 2 to 16, at the Kent K-Mart Center, 329 S. Washington Ave., Kent. The class is offered to children in grades 4 to 6 and the cost is \$13. Call 461-8550 for details.

Class of 1969 still seeks peers

The Federal Way High School Class of 1969 still has not contacted all of its members for its upcoming 20-year reunion activities.

If you have not heard from the reunion committee or know the whereabouts of any classmates, contact Christine Sleeman-Sullivan at 946-1326.

Cancer patients need volunteers

The Special Oncology Service of Community Home Health Care needs hospice volunteers in Federal Way. Volunteers provide respite and emotional support to patients and families in the cancer care program.

Training by professional staff will begin Feb. 6. Call 285-4044 for more information.

Local pageant seeking entrants

Applications for Miss Federal Way Scholarship Pageant entrants are now available. They must be returned by Feb. 10.

Entrants in this Miss American Pageant preliminary must be female, unmarried, and between the ages of 17 and 26 as of Labor Day, 1990. They must also have graduated from high school by that date.

Contestants are judged on talent, evening gown, swimsuit and interview. The winner of the local pageant goes on to compete in the 1990 Miss Washington pageant.

For more information, contact Dan Beckwith at 824-7232 or 824-4795, or write to: Miss Federal Way Pageant, 122 S.W. 207th St., Seattle, Wash. 98166.

Lamonts
THE FAMILY CLOTHING STORE

GIGANTIC PRE-INVENTORY SALE-A-THON!



Sportswear Spectacular

Save an Extra
10-25% On
Entire Stock*
of Sportswear

- Entire Stock Misses Sportswear
- Entire Stock Junior Sportswear
- Entire Stock Petite, Womens World Sportswear

Buy Any

- Regular •
- Sale •
- Clearance •

Priced Merchandise
and Save 10-25%

Total Purchase: You Save
an Extra:

\$20.00-39.99	10%
\$40.00-74.99	15%
\$75.00-99.99	20%
\$100 or more	25%

Plus... Storewide Pre-Inventory Savings

For Ladies

- 20% Off Entire Stock Warner's Bras, Camisoles, Full and Half Slips
- 20% Off Entire Stock Olga, Maidenform, St. Eve, Warner's, Vanity Fair Panties
- 19.99 Ladies Miss Elaine, Brandywine Sleepwear
- 50% Off Ladies Warm Sleepwear, Robes
- 25% Off Victoria Fashion Jewelry
- 30% Off Trina, Celebrity Travel Goods
- 25% Off Vinyl Handbags
- 50% Off Ladies Palm Gloves, Mufflers

- 13.99 Oscar de la Renta Ties
- 16.99 Young Men's Levi's Shrink-to-Fit Jeans

For Kids

- 40% Off Entire Stock Childrens Blanket Sleepers and Sleepwear
- 25-40% Off Newborns/Infants/Toddlers, Girls 4-14, Boys 4-7 Winter Playwear by Carter's, Buster Brown, Health-tex
- 40% Off Boys 8-20 Nike, Hobie Fleece Separates
- 40% Off Boys 8-20 Bugle Boy, Cotler Casual Pants

For Men

- 19.99-39.99 Mens Jantzen, Lord Jeff Sweaters
- 30% Off Mens Van Heusen, Arrow, Levi's Sportshirts
- 24.99 Levi's Two Horse Denims
- 21.99 Haggar Expand-O-Matic Pants
- 21.99 Levi's Action Slacks
- 19.99 Arrow Bradstreet and Brigade Dress Shirts

Shoes

- 27.99 Womens Quoddy and Harbor Town Jazzy Tie Oxfords
- 25% Off Mens Hush Puppies Campus and College Walker Comfort Casuals
- 23.99 Boys Kangaroo Velcro Nylon Mesh Uppers Shoes

*Does not include Liz Claiborne, Value Priced Items, Misses and Petite dresses.

All merchandise selected unless otherwise noted.



Visit Our New Stores At: Alderwood Mall, Crossroads Mall, Everett-Green Tree Plaza, Factoria Square, Marysville Mall, Northgate Mall, Puyallup-South Hill, Sea-Tac Mall, Silverdale-Kitsap Mall, Tacoma-Highland Hills and Totem Lake Mall
Other Convenient Locations: Burien, Lake Forest Park, Capital Mall, University Village, Westwood Village

Feed the birds now and they'll eat your bugs later

If you've got a few crumbs of generosity in your heart, then remember to feed the birds this month. Many of the berries and seeds that supplied food all winter have been consumed by now, and because the insects are still hibernating, the birds are looking for a food bank.

You don't have to be kindhearted to enjoy laying out a bird buffet. Lazy gardeners need to encourage birds to do the dirty work of pest control.

Sprinkling bird seed is a lot easier than mixing pesticides and spraying for bugs all summer. Even the noisy nuisance birds such as starlings eat thousands of bugs as they hang out waiting for a handout in your garden.

Q. We have a problem with shamrock clover invading our lawn and greenhouse. This little plant has yellow flowers and new plants appear just as soon as we weed out the old plants.

S.M., Tacoma.



Marianne Binetti

A. You are fighting a losing battle if all you do is hand pull the notorious yellow oxalis. Control of this weed is difficult. It helps to remember that oxalis spreads itself around by shooting seeds about the yard from little capsules that explode

like popcorn. This is why digging the plants up only encourages more new weeds.

In your greenhouse, you can spray all the paths and beds with Round-up or Knock-Out. These are both weed killers that are absorbed by the plant so that even the roots are destroyed.

You could also smother the plants with black plastic. This will prevent the seed pods from exploding new seeds all over the area before they die. Let the greenhouse heat up on a sunny day so the black plastic will absorb extra heat and bake the oxalis to death.

In your lawn, this weed can be controlled by watering less in the summer. Oxalis has shallow roots and will die out during a dry spell. Water your lawn very deeply and then go several weeks without any water at all. This spring, be sure to fertilize your lawn.

A healthy, growing lawn will choke out oxalis during rainy

spring weather. The little shamrock loves the sunshine, but has terrible luck trying to compete with the grass and moss during our rainy springs here.

Q. We have a low wet spot in our yard and would like the names of some trees and plants that will survive in wet soil. We have been told that the weeping willow loves marshy ground, but want to avoid using this tree because it gets too large.

S.W.G., Puyallup.

A. The poor weeping willow is just so misunderstood, no wonder it's constantly crying. Willows belong to the family of trees called Salix, which also includes the pussy willows.

These trees will *survive* in wet soil, but actually do better in soil that drains well. The same is true for most of these other trees and shrubs. If you can build a mound or add sand to improve the drainage, you and your plants will all live happily ever

after.

Trees for wet soil

Pear, magnolia, willows, tulip, occidentalis, poplar and red maples.

Shrubs for wet soil

Andromeda (lily of the valley bush), red twig dogwood (not the fancy flowering dogwood) and chokeberry.

Flowers for wet soil

Astilbe, candelabra primrose, Siberian iris, ferns and calla lilies.

Real Life Home Gardens:

Speaking of wet soil, we have a few spots in our yard where the sprinkler system over waters the soil. The earth stays more than moist for most of the year. We've found that the scotch and iris mosses will carpet the area and keep down the weeds in these wet places.

Creeping thyme is another low-spreading ground cover that is supposed to be drought tolerant and enjoy a hot sunny spot. That may be so, but the

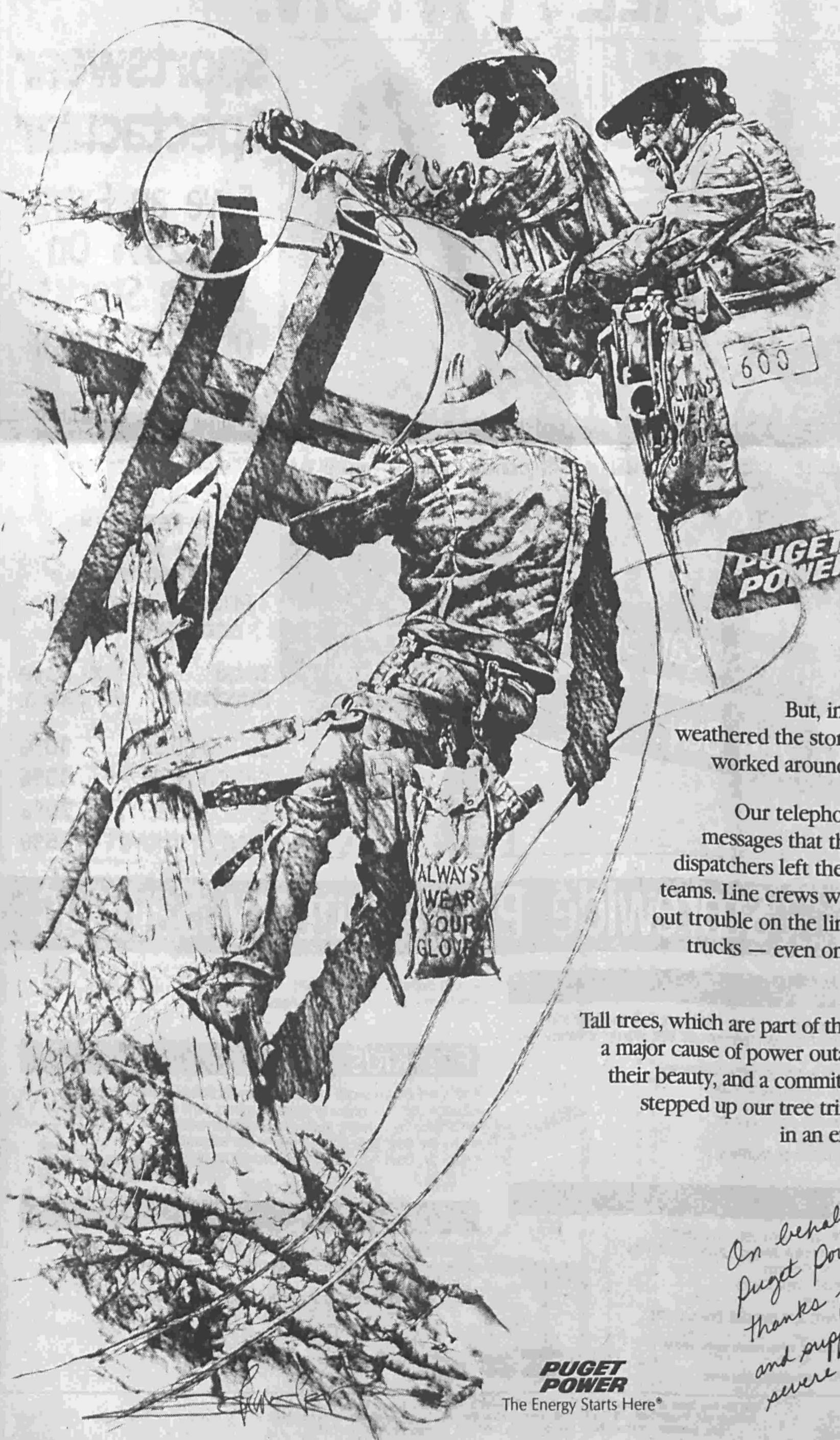
creeping thyme in our yard does just as well in the low wet areas of our garden as it does in the hot spots.

Mother Nature just refuses to put every plant in a neat little category. Plants break all the rules about where they should live every chance they get. For problem areas, it works out best if you try a little bit of everything and then add more of whatever does the best.

Address questions on home or garden to: The Compleat Home Gardener, Marianne Binetti, P.O. Box 872, Enumclaw, Wash. 98022.

Quit smoking.

American Heart Association
WE'RE FIGHTING FOR YOUR LIFE



When Your Power Goes Off We Go On

And on and on.

Heavy snowfall and high winds have challenged us all recently. Power lines have been knocked out, and repair work has been difficult and dangerous.

But, in valiant Northwest fashion, you've weathered the storms while Puget Power employees worked around the clock to restore your power.

Our telephone representatives passed on your messages that the power was out. Supervisors and dispatchers left their dinner tables to mobilize repair teams. Line crews worked through the night to search out trouble on the lines with helicopters, snowmobiles, trucks — even on foot. Whatever it took to find the problem and fix it.

Tall trees, which are part of the beauty of the Northwest, are also a major cause of power outages during storms. With regard for their beauty, and a commitment to customer service, we have stepped up our tree trimming program along power lines in an effort to reduce tree-related outages.

*On behalf of all
Puget Power employees,
thanks for your patience
and support during these
severe winter storms.*

*John W. Ellis
CEO, Puget Power*

**PUGET
POWER**
The Energy Starts Here®

Former Stars get their kicks coaching



JIMMY MCALISTER (left) and Jeff Stock have taken up coaching a Federal Way youth soccer team, which plays

Saturdays indoors at the Tacoma Soccer Centre.

photo by Ralph Radford

By CHUCK MINGORI

Jimmy McAlister and Jeff Stock may no longer get paid for playing or coaching soccer, but they still get a kick out of the game.

The two former Seattle Sounders and Tacoma Stars have taken up coaching the Federal Way Hurricanes of the Southwest United Soccer Club, an under-8 boys' soccer team that captured first place in its outdoor season in the fall and is now 2-0 in an indoor winter league at the Tacoma Soccer Centre.

"Jimmy and I didn't start (playing) until we were about 10 or 11," said Stock, a Federal Way resident who graduated from Stadium High School. "Look at the advantage that these guys have that we didn't have."

Stock and McAlister both signed pro soccer contracts with the Sounders right out of high school. McAlister, a graduate of Kennedy High School who grew up in West Seattle, now lives in Federal Way.

"I've made a change in my life," said McAlister, who also coached the Tacoma Stars' indoor pro team for part of last season. "The professional game is not what I wanted to do."

McAlister, now vice-president of Best/Partners, a promotional agency that will specialize in special events, has devoted his spare time to youth soccer.

"I owe something to the soccer community," said McAlister. "Basically, my concerns are for the Federal Way youth soccer."

McAlister's and Stock's sons,

Bobby and Jeffrey, are among the players on the Federal Way Hurricanes team. Their wives are among the enthusiastic spectators who come to root the team on.

"I'm used to it now," said Jimmy's wife, Hope. "It's a lot easier being a kid coach's wife than a professional coach's wife. Not as much pressure."

Bobby McAlister and Jeffrey Stock have been playing soccer together for about three years now.

One parent, Thomas Terreau, Sr., whose 7-year-old son, Thomas "Hunter" Terreau Jr., is a member of the team, has been delighted to have McAlister and Stock as his son's coaches.

"He (his son) has just absolutely loved playing this year for coach McAlister," said Terreau. "They've learned so much this year."

Terreau said that the coaches have made learning skills and having fun their top priorities this year.

"For 7 year olds, that ought to be the priorities," said Terreau. "Have some fun and learn some skills."

TERREAU ADDED that McAlister has taught the youngsters to be "gracious, whether you won the game or lost the game. He's so patient with the youngsters, he really demonstrates a lot of patience and understanding."

McAlister, who was the North American Soccer League Rookie of the Year in 1977, played four seasons with the Sounders, one with Toronto and

Continued on B-2

Gator girls top Sentinels, take on Eagles next

By TIM CLINTON

The Decatur girls' basketball team used a strong second half to outlast Spanaway Lake Saturday, 47-46.

The game was actually safer in the final seconds than the score would indicate, as it took a three-point shot at the buzzer by the Sentinels' Kim Georgia to make it that close.

The time it was in doubt was earlier, as the homestanding Gators trailed by as much as a 27-18 score in the third quarter before coming together.

"The key was we cut down on the turnovers the second half," said Decatur head coach Gary Baker. "And Spanaway Lake is a good team (4-5 league, 8-7 overall and tied for second in the South Division)."

The Gators will face a really good team tomorrow, as they host crosstown rival Federal Way at 7:30 p.m. The Eagles were 13-1 overall and ranked ninth in the state going into this week.

Federal Way is playing stronger right now than the rest of the league, and that includes us," said Baker. "I'm not sure that we'll be able to stop all of

their weapons. Jenny Mahlstedt is an incredible shooter. It's a question of making them work for what they do get."

The two teams last met in the SPSL opener Dec. 12, with the Eagles edging Decatur, 59-54.

"We've been kicking ourselves since the first time when we didn't play stronger down the stretch," said Baker. "I hope we respond to an exciting situation for us, and I hope the excitement raises our level of play just a little bit."

THE GATORS got off to a perfect start against Spanaway Lake Saturday, as senior forward Tanya Fischer took the opening tipoff from Shannon Barrett and sped across the court for an easy basket three seconds later.

The rest of the first half was far from perfect, however. Aside from the turnovers, Decatur also had its problems

shooting, making only six of 24 shots from the field.

The Gators found themselves down, 12-9, at the end of the first quarter and 23-18 at the half.

Spanaway Lake also scored the first two baskets of the third quarter for a 27-18 lead.

Decatur then started its comeback on back-to-back shots by Fischer and Kathy Laky.

Center Shelley Richter sandwiched an inside shot between two Sentinel scores to make it a 31-24 ballgame, before igniting an eight-point Gator surge.

She scored from underneath and drew a foul, making her free throw to complete a three-point play.

Laky made one of two free throws with 1:27 to play in the quarter, and Kim Houston stole the ball right back and got it to Laky for a score three seconds later.

Richter hit a turn-around shot for a 32-31 Decatur lead,

although Georgia scored for the Sentinels to give them a 33-32 advantage going into the fourth quarter.

THAT WAS short-lived, however, as Jana Medges sank an outside shot to open the final period.

After Spanaway Lake's Michelle Story came up empty on two free throws, Laky banked one in from the right side. A double-dribble call on the Sentinels was followed by a Houston score, and the Gators were taking control at 38-33.

Decatur was up, 47-41, with 1:23 to play to allow a Laky free throw, before Spanaway Lake's Lynn Williams cut it to 47-43 with a hoop with 58 seconds remaining.

Three Gators missed the front end of one-and-one opportunities in the time that was left, but the Sentinels could not score again until Georgia's three-pointer at

the buzzer.

Laky had a big night for Decatur, scoring a game-high 23 points while hauling down 17 rebounds and picking up four steals. Her point totals could have been even higher, but seven close shots in the second quarter just wouldn't go down.

Richter scored seven, all in the third quarter, and Houston and Fischer hit six each. Medges had five.

SPANAWAY LAKE (46)

Story 3-0-6, Geer 2-0-4, Williams 3-0-0

6, Gruber 3-0-8, Evans 0-1-2, Smith 0-0-0

0, Georgia 3-0-7, Pate 2-0-4, Turner 4-2-2

10, Totals: 20-3-9-46.

DECATUR (47)

Barrett 0-0-0, Laky 7-17-23, Houston 3

0-2-6, Fischer 3-0-6, Richter 3-1-2, 7,

Medges 2-1-3, Adkins 0-2-0, Beckett 0-0-0

0, Totals: 18-11-26-47.

Spanaway Lake 12 11 10 13-48

Decatur 9 9 14 15-47

FG-Spanaway Lake 20-76 (26 percent),

Decatur 18-59 (31 percent). Three-point field goals-Gruber, Spanaway Lake 2 and Georgia, Spanaway Lake 1.

SportsWatch

Home Teams

Girls' hoop

Tomorrow a big showdown in the South Puget Sound League North Division title chase will take place on the Decatur court, as the Gators host crosstown rival Federal Way at 7:30 p.m.

Also tomorrow, Thomas Jefferson will be getting a visit from Rogers.

Monday Federal Way is home against Sumner, as TJ goes to Puyallup and Decatur to Rogers.

Boys' hoop

The boys' version of the Federal Way-Decatur game will be played at the home of the Eagles Friday at 7:30 p.m.

Thomas Jefferson is on the road at Rogers that night.

Tuesday TJ comes home to face Puyallup as Decatur hosts Rogers, while Federal Way travels to Sumner.

Gymnastics

The grand finale of the regular South Puget Sound League gymnastics season will take place today, as Decatur hosts crosstown rivals Thomas Jefferson and Federal Way at 7 p.m.

Federal Way hosts the SPSL Sub-District meet next Friday.

Other action

The South Puget Sound League wrestling season also wraps up this week, with action tonight, tomorrow and Friday.

At 7:30 p.m. today Thomas Jefferson hosts Clover Park, with Decatur at Sumner and Puyallup at Spanaway Lake.

Tomorrow Federal Way entertains TJ in the finale for both teams, and Friday Decatur finishes at home against Curtis.

In boys' swimming tomorrow Decatur is home against Rogers and TJ home against Sumner with Federal Way at Puyallup. Tuesday Decatur visits TJ and Federal Way entertains Clover Park.



photo by Ralph Radford
SHELLEY RICHTER and the Decatur girls' basketball team will play host to crosstown rival Federal Way tomorrow night at 7:30 in a South Puget Sound League showdown.

Around Town

Sonics

The Seattle SuperSonics will be playing two games in the Kingdome this week and one at the Seattle Center Coliseum.

They will entertain Atlanta in the Kingdome at 7 p.m. Friday, and play on the same court at the same time Sunday against Milwaukee.

Tuesday the Sonics go back to the Coliseum for a 7 p.m. clash with New Jersey.

Seattle games are carried on KJR-Radio 950.

Stars

The Tacoma Stars' only action of the week is Saturday, when they visit Los Angeles for a 1:35 p.m. Major Indoor Soccer League match.

Stars games can be heard on KTAC-Radio 850.

Pac-10 hoop

Both the Washington and Washington State men's basketball teams will be playing at home this week.

The Huskies entertain USC at 7:30 p.m. tomorrow at Hec Edmundson Pavilion, and UCLA pays a visit at 3 p.m. Saturday. Monday Pacific drops in for a non-conference game at 7:30 p.m.

Over in Pullman, WSU hosts UCLA at 7:30 p.m. tomorrow, and Sunday the Cougars entertain USC at 1 p.m.

Community colleges

Green River is home today taking on Centralia, with the women's game at 6 p.m. and the men's at 8 p.m. Saturday the Gators visit Clark at the same times.

Highline goes on the road today to play Olympic, also at 6 p.m. and 8 p.m., before entertaining Everett Saturday.

Eagle girls turn opportunities into 58-47 win

By GERARDO BOLONG

When opportunity knocks, you let it in.

Taking advantage of presented situations, the Federal Way girls' basketball team turned back the tenacious Bethel Braves, 58-47, in South Puget Sound League action at home on Saturday night.

"Our shooting was off tonight, and Federal Way took advantage of it," said Braves coach Rick Guenthen. "We had too many lapses during the game."

"Bethel took Cyndi (Shahan) away, so we tried to run away from their pressure," said Federal Way coach Chuck Czubin. "They (Bethel) have a fine team. They're short and scrappy. That's very effective in a closely called game."

"Our kids maintained their composure, especially in the second half."

Czubin also credited Bob

France and the student training program for keeping the Eagles soaring.

"Shannon (Sehlin) and Shahan were back quickly from the Lakes injuries, thanks to our trainers," he said.

Molly McGraw's and Brooke Edwards' statuses remain day-to-day situations.

EARLY ACTION was helter-skelter with the hustling Bethel team staying right with the state's ninth-ranked Eagles.

Shahan opened the game's scoring by tallying two points on a lay-in. After Kim Leifson's baseline jumper tied the game for Bethel, Federal Way went to work.

Junior guard Jenny Mahlstedt stole an inbounds pass and drove for two points. After Kelly Czubin raced in for a goal, she was fouled on the break moments later. The 5-11 post player dropped in two free

throws to give Federal Way an 8-2 lead at 5:30 of the first quarter. Bethel was shooting wildly while the Eagles were slipping players downcourt ahead of the Braves' defense.

A five-point Bethel spurt cut Federal Way's lead to 8-7 as the quick Braves got second and third shots at the basket to beat the Eagles to the ball time and again.

Mahlstedt stopped the run by scoring on a full-length drive for a 10-7 Federal Way lead. Consecutive baskets by Becky Nicolet and Nicole Miller gave Bethel an 11-10 advantage at the quarter.

"We came in taking Bethel lightly," said Mahlstedt. "Coach told us to take it easy and just play our game."

"We reversed our offense and got easy back-door baskets, because Bethel was still playing our regular offense. It was a real team effort."

FEDERAL WAY picked up the tempo in the second quarter.

The Eagles took the lead for good at 12-11 when Mahlstedt beat the defense for a crippe. Free throws by Heidi Saheli and Sehlin stretched Federal Way's lead to 18-12 with 2:10 in the half.

Nicole Miller's outside bomb brought Bethel back within four before Kelly Czubin capped a 6-1 Federal Way scoring streak with a basket from underneath with one second left in the quarter.

In the third quarter, the Eagles were still unable to put Bethel down for the count. Each time that Federal Way was ready to deliver the knockout punch, Bethel countered with flurries.

The ever-present Mahlstedt converted a driving lay-in with a Brave on her back and knocked down the free throw for a 31-21 Eagle lead. The Braves went on a five-point run to close within

five, 31-26, before Mahlstedt's back-door lay-in ended the quarter at 37-30 Federal Way.

THE FOURTH QUARTER featured similar punches and counterpunches. Behind 41-30, Bethel gamely rallied to 44-36 on two charity tosses by forward Erin McCoy.

Federal Way guard Janelle Oakeley swished an outside rainbow with 1:59 left to give the Eagles their biggest lead at 52-39. This finally put Bethel on the hip for good.

The game produced continuous free throw action in the waning minutes as several players were whistled to the bench with five fouls. At the end, Federal Way had a 58-47 decision.

Mahlstedt had another stellar game, scoring 25 points with nine rebounds, three assists and five steals. Shahan muscled for 11 boards to lead the rebound-

ding. Kelly Czubin and Sehlin each had 12 points and seven rebounds. Sehlin's 12 points all came on free throws.

For Bethel, 5-8 forward Anna Risse grabbed 20 rebounds and scored 16 points.

BETHEL (47)

Leifson 2 4-8 9, Kirmse 0 0-0, Newlin 2-2, McCoy 2 4-4, Nicolet 4 0-0, Miller 0 0-1 0, Wright 0 0-1, Risse 6 4-6 16.

Totals: 16 14-22 47.

FEDERAL WAY (58)

Saheli 0 1-2 1, Sehlin 0 12-16 12, Mahlstedt 10 5-12 25, Oakeley 1 1-3, Shahan 2 1-2 5, Evans 0 0-0, Czubin 4 4-4 12, Chany 0 0-0. Totals: 17 24-40 58.

Bethel 11 4 15 17-47

Federal Way 10 14 13 21-68

Three-point goals-Bethel, Leifson, 1. Fouled out-Bethel, Kirmse, Nicolet, Leifson. Federal Way, Sehlin, FG-Bethel 16-46. Federal Way 17-55.

CAUTION
DON'T LET THE
LOW PRICE FOOL YOUOak
4 Ft. Computer Desk
and Hutch

\$229.00

No particle board here
choice of finishOAK FOLKS, INC.
310-B North Washington, Kent
852-0660

Former Stars take shot at coaching

Continued from A-1

three with the Golden Bay Earthquakes in outdoor soccer and then two seasons in the Major Indoor Soccer League — one with Buffalo and one with the Earthquakes — before coming to the Stars.

McAlister played with the Stars for three seasons before retiring two years ago. He moved into front office work for a

year and also did radio broadcast work of Stars' games with KTAC. He took over as coach last year when Hinton was released from the team.

Now that he is coaching youngsters and out of the professional game, McAlister can draw a parallel.

"To me, professional soccer is just a bunch of kids who have physically grown up," he commented.

STOCK WAS with the Sounders for seven years, including the year they went to the Soccer Bowl in 1982. He played outdoor soccer with Vancouver and Golden Bay prior to joining the Stars. Stock, whose father, Wes, is a former Seattle Mariners pitching coach, also has a real estate license and is owner of a development and investment company in Federal Way. He also is an assistant

coach with F.C. Seattle.

"We got interested (in coaching) because our kids play," said Stock. "But what's real rewarding, is to see the kids that are improving. The ones that are coming up that aren't as gifted as the others and are starting to improve a lot more."

"That's what we really like to see. There's a few guys out there that could hardly kick the ball last year."

The Gators really went dry for a time in the third quarter, when the Sentinels charged back to within four points.

"We let them get back in the game," said Anderson. "The ball just wouldn't go down."

KENNY LESTER stepped to the fore at that time, however,

nailing two long shots from the corner and drawing a charging foul.

"He provided a spark for us," said Anderson.

Hentschell scored 19 points to lead the Gators and shot 7-for-14 from the field.

Joey Roni had 11, shooting 5-for-8 from the field, and Gregg Landskov had seven, Lester six and Chris Brauer and Dann Black two each.

Black led in rebounds with eight and Brauer had six.

MCALISTER SAID he doesn't mind spending his spare time with the youngsters helping them learn how to play the game of soccer.

"It's my responsibility, as somebody who the game has been good to, to help in any way I can," he said.

The two are enjoying themselves so much that they even plan to coach a Little League baseball team this year.

"If I can get my way through soccer, I can get my way through baseball," said McAlister.

TOYOTA

SAVE ON OUR
QUALITY SERVICE!COMPLETE
DISC/DRUM
BRAKE SERVICE

Value 1/20*

\$159.95

Not Valid With
Any Other
Coupon• Toyota quality
Parts & Service.
• Install front
disc brake
pads and rear drum brake shoes.
• True front rotors and turn rear drums.
• Inspect front calipers and rear brake
cylinders.
• Add brake fluid and road test vehicle.
• Repack wheel bearings.
* Semi Metallic lining *Four wheel & front wheel drive slightly higher.
Expires 1-31-89

ENGINE TUNE-UP

\$64.95

Platinum Tip Plugs
Fuel Injected
6-Cylinder Slightly Higher

Value 1/20*

• Toyota quality Parts & Service.
• Install new spark plugs and, if
necessary, new points &
condenser.
• Check timing and ignition system.
• Adjust carburetor.
Not Valid With Any Other Coupon or Advertised Special
Expires 1-31-89COMPUTER
FRONT END ALIGNMENT

\$39.95



Value 1/20*

• Toyota quality Parts & Service.
• Check and adjust toe-in.
• Check and adjust
steering linkage.
• Examine shock absorbers
for leaks, worn bushings.
• Road test vehicle.
• Check caster and
camber.
Not Valid With Any Other Coupon or Advertised Special
Expires 1-31-89TOYOTA QUALITY
WHO COULD ASK FOR ANYTHING MORE!
Also: American Express and Diners ClubSERVICE, BODY & PARTS DEPT. HOURS
8:00 A.M.-6:00 P.M. MONDAY-FRIDAYBurien TOYOTA
15025 1st Avenue S. 243-0700Steel Belted Strength...
All Season Tread29.99 * TIEMPO
(WW)WHITE
WALL*P155/80R13
P165/80R13
P185/80R13
P185/75R14
P195/75R14
P205/75R14
P205/75R15
P215/75R15
P225/75R15
P235/75R1539.99
45.95
47.99
49.99
52.95
54.95
56.99
58.95
59.99OVER 75 YEARS OF EXPERIENCE
CHECK THESE
SERVICES FOR
YOUR CAR OR
LIGHT TRUCKWheel Alignment
Engine Tune-Up
Computerized
Maintenance
Shock, Struts
Belts, HosesBatteries
Transmission
Maintenance
Shocks, Struts
and SpringsExhaust System
Cooling System
Brake ServiceWE DO
IT ALL!• Free Tire Mounting
• Free Tire Rotation
• Lifetime Guarantee
• Wheel Balance
• Mileage Guarantee
• Shuttle Service• Most cars
• Most light
trucks

• Improve Gas Mileage

• Minor Engine Tune-Up

• Most vehicles

• Heavy Duty
• Diesel Vehicles

• Most vehicles

Tourney, award keep Whitney's memory alive

By CHUCK MINGORI

Tracy Whitney may be gone, but she's not forgotten.

The Federal Way Soccer Association has named a soccer jamboree and started a sportsmanship award in her honor.

The Tracy Whitney Memorial Jamboree, which is a new U-8, U-9 and U-10 jamboree that will be held each year as part of the John Campbell Memorial Tournament, started this year.

In addition, a team sportsmanship award will be handed out each year during the jamboree with the coach receiving a permanent trophy and the team a perpetual trophy.

Whitney, an apparent homicide victim whose body was found Aug. 28 in the Puyallup River, is remembered well by the soccer community, having played here from 1977 to 1987.

"I loved her dearly, she was one of my team," said Pam



Tracy Whitney

Casbere, who coached Tracy when she was a member of the Totem Soccer Club Pink Panthers.

Tracy played soccer in the Federal Way Soccer Association beginning at age nine with the Southwest United Burger King Stompers, coached by Dana White.

IN 1979, she played for the Mustangs out of Woodmont. The following year, she went back to SWU and played for the Hotsocks, coached by Ron Erickson.

From 1981 to 1983, Tracy played for the SWU Sundowners and was coached by her mother, Wendy Whitney, and Joyce Chalcraft.

In 1984, the Sundowners folded and Tracy joined the Panthers and played with Casbere's team until she was the age of 17. Her last season was 1986-87. Tracy also played for Decatur High School and participated in the John Campbell tournament every year she played youth soccer.

During her last year with the Panthers, the John Campbell Committee awarded the Panthers the tournament sportsmanship award.

The FWSA held a special ceremony Saturday evening at Federal Way Memorial Field during halftime of one of the

John Campbell tournament games.

One plaque was presented to tournament director Bill Avery by FWSA president Wendy Francis to later give to the team that is named the recipient of the sportsmanship award. Another plaque was given to Tracy's parents, Wendy and Ron Whitney, and her sister, Robin.

"It was a very nice presentation," noted Joyce Chalcraft, a close friend of the family. "The parents are very pleased. They really appreciate the community's support."

THESE HAVE been difficult times for the parents of Tracy Whitney, whose daughter was murdered.

"Tracy was a sweet kid," said Chalcraft. "They (the police) are very actively investigating it (the murder), but at this point, no arrests have been made."

Chalcraft said that the Whitney family is very grateful that the community has taken action on their daughter's behalf.

"To remember Tracy as a happy soccer playing, athletic girl has really meant a lot to them," said Chalcraft. "That's

the true Tracy.

"That's why they are as thrilled and pleased with the dedication of this tournament as they are."

Included on the plaque presented to the family Saturday was a poem, which read:

Time and space can never divide or
Keep your loved one from your side
When memory paints in colors true
The happy hours that belonged to you.

Campbell tourney champions named

Championships were decided in seven more divisions at the John Campbell Memorial Tournament last weekend, leaving only one more title game to be played.

In the boys' Under-11 F bracket age division, the Sumner Champion Chargers scored a 2-1 championship victory over the Southwest United Sting in goals by David Turner and Drake Romeo. Jason Meyers scored the only goal for the Sting.

The LaSac Cougars claimed a 3-2 championship win over the Totem Scorpions in the boys' U-11 A bracket age division on two goals by Dean Kois and one by Paul Shelton. Carson Welch and Cody Herman scored the goals for the Scorpions.

In the boys' U-11 E age bracket, the Southcrest Enforcers posted a 3-1 victory over the Highline Bullets. Chris Gregory netted two goals for the

Enforcers and Jim Hoover tallied the other, while Ryan Cole scored for the Bullets.

In boys' U-11 B bracket competition, the Highline Blue Angels were 1-0 winners over the Southwest United Missiles on a goal by Cory Olson.

The Highline Chargers registered a 1-0 victory over the Totem Marauders, 3-2, in a shootout to force a rematch this Saturday at Steel Lake (time yet to be decided) to determine the championship in the girls' U-11 A bracket.

The LaSac Goalbusters lost to the Totem Marauders, 3-2, in a shootout to force a rematch this Saturday at Steel Lake (time yet to be decided) to determine the championship in the girls' U-11 A bracket.

THE TOTEM TIGERS posted a 7-0 shutout over the Kent Hydros to win the boys' U-15 A division title, while the Highline Jalisco were 3-0 winners over the Totem Cobras in boys' U-11 D division championship action.

TJ boys fall to Warriors

Steve Johnson had another big night for the Thomas Jefferson boys' basketball team with 27 points Saturday, but the Raiders still lost to the Clover Park Warriors on the road, 69-56.

TJ fell to 1-8 in South Puget Sound League play and 2-12 overall with the loss, while Clover Park improved to 6-3, 12-4 for second place in the South Division.

The Warriors did it by getting off to a quick start, leading 18-9 by the end of the first quarter.

Cancer questions answered

Washington residents can now get fast and accurate information about cancer by calling the American Cancer Society's toll-free information line at 1-800-ACS-2345.

IF YOU KNOW WHAT'S GOOD FOR YOUR HEALTH... SAVE THIS AD*

- Now you can remove chlorine and other chemicals, bad taste and odor from your drinking water.
- Reduce undissolved particles, sediment, discoloration, etc. from your tap water.
- You can do this for 3¢ per gallon, out of your tap (Bottled water typically is 25 times as expensive).
- If you would like a free demo and home trial, call the Aquaphilter Company, (206) 244-8170.

* Free installation on most models with this ad.

True Value Home Center

True Value Days

<p>548 Gallon Flat Latex Wall Paint has a soft finish for interior walls and ceilings. White. YF-12</p>	<p>99¢ Net. Wt. Spray Enamel is ideal for furniture, tools. Fast drying. Colors. SVS</p>	<p>2.88 3-Pc. Orl Brush Set has poly bristles to spread paint smoothly. 1, 1½, 2 in.</p>	<p>1.39 Your choice Alkaline Batteries provide long-lasting, reliable power. 2-pk. C or D or one 9-volt for many uses. TV141300B1604B</p>
FORMBY'S <p>9.99 Furniture Face Lift shines without refinishing! 3 simple steps take less than one to do. 30907</p>	<p>4.67 5-In. Locking Pliers put a ton of pressure on your work! With wire cutters, micro-adjustment wcs</p>	<p>2.59 1½-In. Laminated Pad-Lock offers a chrome-plated, hardened shackle. 375147</p>	<p>9.99 25-Drawer Nut & Bolt Center offers a variety of screws, bolts, washers, etc., in clear trays. SG2101</p>
<p>99¢ 48-In. Fluorescent Shop Light puts out 40 watts for up to 12,000 hours of economical illumination! F40CW</p>	<p>1.99 Full-Range Rotary Dimmer comes with leads and mounting screws. 618256</p>	<p>5.88 Batt. Tester W/Meter instantly measures the power left in used batteries. 48864</p>	ELECTRIPAK <p>5.99 7-Outlet Multi-Switch is ideal for electronic equipment. With built-in circuit breaker, 3-wire cord. MOC-7CUTP</p>
<p>16.88 Child Locator Smoke Alarm flashes a bright red light in window to alert rescuers to children. W/batts. CSO-1</p>	<p>4.49 Workhorse Flashlight offers krypton bulb for brighter light. Rugged housing defies any weather! Includes 2 D batts. WHS</p>	<p>2.19 Your choice Heavy-Duty Batteries in the convenient Smart Pack! Choose a 6-pk. of C or D's, or 8-pk. AA's. 4C-66D-65AA-6</p>	<p>2.69 Pair Iron Duke Grips Lined Gloves are precurved to better fit your hand. With snug-fitting wrists. Large. 625L</p>
<p>149.95 Keepsafe Security System incl. base unit and 2 transmitters with sensors. 71-102</p>	<p>22.95 Keepsafe Transmitter W/Sensor monitors additional doors and windows. 71-100</p>	<p>4.77 Enameled-Wood Seat with top-mounting hinges for easy attachment. Wipes clean with damp cloth. Ast'd colors. M100</p>	<p>OUR "35th" YEAR SERVING YOU!</p>

NEW LUMBER HARDWARE CO.

30854 PAC. HWY. SO.

(Across From Federal Way H.S.)

Federal Way

839-1313

927-4301



OUR "35th" YEAR SERVING YOU!

Most Items
FREE DELIVERY
FREE ESTIMATES
CHARGE ACCOUNTS
WELCOME

TJ cruises by CP

The Thomas Jefferson girls' basketball team dribbled its way to a 51-33 victory over Clover Park Saturday night to even its record at 7-7 on the year.

The Raiders are tied for fifth place with Sumner in the South Puget Sound League's North Division standings at 3-6, one-half game back of fourth-place Rogers (4-5) and three games back of third-place Decatur (7-2).

Joni Weiss led the Raiders in scoring with 12 points Saturday, while Karen Mingus pulled down 11 boards to lead Jefferson in rebounding.

Jefferson held a 13-2 lead after

Eagle boys lose by one at Bethel

The Federal Way boys' basketball team is one point shy of being in a tie for the third and final playoff spot in the South Puget Sound League North Division standings.

Saturday's 60-59 loss at Bethel dropped Federal Way to 3-6 in the SPSL and 4-10 overall, one game back of Sumner (4-5, 5-9).

Federal Way was coming off a 79-40 victory over Spanaway Lake on Friday, while Sumner lost 54-44 to Clover Park on Friday and 59-41 to Curtis on Saturday.

The Eagles were led in scoring Saturday night by the 13 points each of Jason Schmidt and Ed Miller, followed by Darrin Albright 11, Dan Aefework eight, Donny Marshall six, Andy Jerald five, Lake Dawson two and B.J. Miller one.

Bethel (5-4, 7-8), which beat Jefferson 51-48 in overtime on Friday night, held a 17-15 lead at the end of one quarter and was on top 30-27 at halftime. The Braves increased their lead to 44-39 after three quarters, but were outscored by the Eagles 20-16 in the final quarter.

The one-point loss was Federal Way's second of the SPSL season. They also lost by one to Rogers, 63-62, on Jan. 3.

Federal Way resumed league play last night (after press time) against Clover Park (6-3, 12-4) and will host crosstown rival Decatur (2-7, 3-11) at 7:30 p.m. on Friday.

SPSL BOYS' BASKETBALL

North Division	League	Overall
Puyallup	9-1	11-4
Rogers	8-1	13-1
Decatur	7-2	7-6
Rogers	4-5	6-7
Thomas Jefferson	3-6	7-7
Sumner	3-6	8-6
South Division	League	Overall
Bethel	5-4	8-7
Spanaway Lake	4-5	8-7
Lakes	4-5	7-8
Curtis	3-6	4-9
Clover Park	0-9	1-13

the first quarter and was on top, 24-9, by halftime. Clover Park (0-9, 1-13) cut the lead down to 34-23 after three quarters, but the Raiders outscored the Warriors, 17-10, in the last period of play.

Barb Beesley also reached double figures scoring for TJ with 10 points, followed by the eight each of Shannon Skorupa and Julie Kikuchi, five of Mingus, four for Nancy Oswald and Darcy Neil and Devon Alderman each added two.

The Raider girls traveled to Curtis on Monday (after press time) and host Rogers at 7:30 p.m. tomorrow.

FASHION FLOORS ETC.

Call for an Appointment
336th & Pacific Hwy. So.

874-9695

WHY PAY MORE?

Ask For:
Margaret
or
John

★ We will match or better any written quote! (Excluding 2nd's and Closeouts)

★ BUY at Builders/Contractors' prices!

★ FREE measurement and price quote!

★ Licensed and bonded installers!

★ Convenient in-home shopping.

CARPET, VINYL, TILE, FORMICA, HARDWOOD FLOORS, MINI-BLINDS, WOVEN WOODS, VERTICAL BLINDS, AND PLEATED SHADES.

Save
Up To
60% OFF
Regular
Prices

Johnny's "Home of the Friendly Folks" LOCALLY OWNED

MONTH END SAVINGS

**SWEET JUICY GREEN
SEEDLESS GRAPES**

From Chile **79¢** Lb.

**EXTRA FANCY
NAPPA OR BOK CHOY** Great For Stir Fry **39¢** Lb.

**ROYAL
Mandarin Oranges** **59¢** Lb.
**WASHINGTON GROWN NO. 1
Baking Potatoes** **39¢** Lb.

**SWEET FANCY
Comice Pears** **49¢** Lb.
**FRESH CRISP
Carrots** **59¢** 2 Lb. Cello Bag
**FANCY
Brussel Sprouts** **59¢** Lb.
**HOODY
Sunflower Kernels** Fresh Roasted or Salted **98¢** 16 Oz. Bag

SMOKED MEATS
Not available at East Hill and Federal
Hickory Deli fresh **\$2.00** Lb.

Johnny's SUPER SAVINGS

FRENCH FRIES
Not available at East Hill and Federal
Baked fresh at 10:30 a.m. and 4:30 p.m. daily **16 Oz.**

Johnny's SUPER SAVINGS

CHEDDAR CHEESE
GREENBANK FARMS Medium **\$3.69**
Greenbank Farms Natural Cheese 2 Lb.

BATHROOM TISSUE
MARINA **89¢** 4 Roll
Marina Unprinted 4 Roll

TOWELS
ZEE **59¢** Ea.

Johnny's SUPER SAVINGS

GROCERY DELI BUYS
MARGARINE IMPERIAL **59¢** 1 Lb.
Imperial Margarine

FROZEN FOOD BUYS
VEGETABLES GREEN GIANT 5 Varieties
Green Giant Brussels Sprouts
Green Giant Mashed Cauliflower Butter Sauce

RICE SUCESS
Success Rice Chicken Almondine, Beef Oriental **99¢** 4 Oz.

CEREAL
POST Super Golden Crisp Honeycomb, Raisin Bran **\$2.29** 14-20 Oz.

OAT FLAKES
POST **\$1.99** 12 Oz.

SYRUP
SUNNY JIM **\$1.79** 24 Oz.

SPREAD
DANISH ORCHARD 4 Varieties **\$2.49** 2 Lb.

MAYONNAISE
SAFFOLA **\$1.59** 24 Oz.

CANDIES
BRACH'S Non-Chocolate Hanging Bag 2-10 1/4 Oz. **89¢**

Prices Effective January 25-31

Junior high wrestlers to meet at Kilo

All five Federal Way junior high school wrestling teams will take part in the Federal Way Junior High District Wrestling meet at 4 p.m. tomorrow at Kilo Junior High.

Admission to this event is free for everyone.

The Cougar Cafe will be open throughout the evening serving sandwiches, hot dogs, chips, drinks and candy.

This is the fourth year that this meet has been held between Kilo, Illahhee, Lakota, Sacajawea and Totem junior high schools.

For further details call Kilo at 839-8550 and ask for Doug Bouskey.

Trek announces admission fees

Northwest Trek Wildlife Park has announced new admission fees effective now.

Adults get in for \$5.75, seniors for \$5.25, children 5-17 for \$3.50 and tots for \$1.50. Admission fee includes the tram tour and walk-through exhibits. Group rates are available for parties of 12 or more with one week's advance notice.

Northwest Trek will begin daily operations on Friday, Feb. 10. Until then, there will be regular Friday, Saturday and Sunday openings.

Trek opens at 9:30 a.m. and the first tram tour is at 10 a.m. Tram tours run on the hour until closing, which varies for the season. Call 847-1901 or 832-6116 for exact times.

Give us the score

To report local sports results call 839-0700 or 927-4353.

CHEDDAR CHEESE
GREENBANK FARMS Medium **\$3.69**

JOHNNY'S SUPER SAVINGS

GROCERY DELI BUYS
MARGARINE IMPERIAL **59¢** 1 Lb.



59¢ 1 Lb.

SINGLES

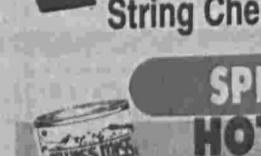
KRAFT

4 Varieties 12 Oz.

\$1.69



ALA MODE SPREAD 1 Lb. **99¢**



**MINUTE MAID CHILLED
Orange Juice** Country Style, Calcium Fort. Reg. 64 Oz. **\$2.29**

69¢ 4 Oz.



HOT COCOA MIX SWISS MISS 30 Oz. **\$3.59**

STORE COUPON

Save \$1.00 on a 30 oz. Canister of Swiss Miss® Cocoa

Redeemable on at Johnny's Food Centers

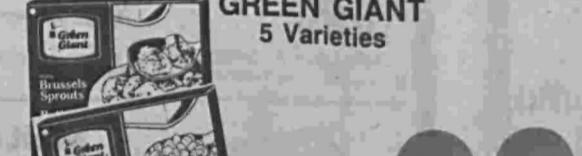
Coupon Expires 1/31/89 Coupon Code 89898

To Retailer. This coupon will be redeemed at face value plus 8¢ handling if used in accordance with the offer stated herein. Coupon is void if taxed, prohibited or restricted by law. Cash value of 1/100 of a cent. Valid only in U.S.A. This coupon is not assignable or transferable. Customer pays any sales tax. Mail coupon to Bechtel-Hunt-Wesson, Inc., P.O. Box 880304, El Paso, TX 79988-0304. © 1988 Bechtel-Hunt-Wesson, Inc. Offer limited to one coupon per purchase. This offer may not be used in combination with any other offer.

BATHROOM TISSUE
MARINA **89¢** 4 Roll

JOHNNY'S SUPER SAVINGS

FROZEN FOOD BUYS
VEGETABLES GREEN GIANT 5 Varieties



98¢ 10 Oz.

MICRO HAMBURGER JR. SIMPLOT Cheeseburger 4-4.75 Oz. **\$1.09**

MICRO FRENCH FRIES J.R. SIMPLOT 3/3 Oz. **\$1.09**

MILKSHAKE J.R. SIMPLOT Chocolate, Strawberry, Vanilla 2/11.5 Oz. **\$1.59**

LE MENU

Light Style Dinners 5 Varieties 9.25-10.5 Oz. **\$2.59**

GORTON Fish Sticks 32 Oz. **\$3.99**

EGGO Waffles Buttermilk 16.5 Oz. **\$1.59**

ORE-IDA Tater Tots 64 Oz. **\$2.99**

ZEE **59¢** Ea.

JOHNNY'S SUPER SAVINGS

RICE SUCESS Success Rice Chicken Almondine, Beef Oriental **99¢** 4 Oz.



2.29 14-20 Oz.

OAT FLAKES POST **\$1.99** 12 Oz.



1.99 14-20 Oz.

SYRUP SUNNY JIM **\$1.79** 24 Oz.



2.49 2 Lb.

SPREAD DANISH ORCHARD 4 Varieties **2.49** 2 Lb.



1.59 24 Oz.

MAYONNAISE SAFFOLA **\$1.59** 24 Oz.

89¢ 2-10 1/4 Oz.

A Private Practice Offering
Comprehensive Personal Care in:



Michael B. Smith, M.D.

Obstetrics, Gynecology & Infertility

- In Office Fetal Monitoring
- Pre-Pregnancy Counseling
- Progressive Birthing
- In Office Lab Work
- Vaginal Birth After Cesarean
- Major and Minor Gynecologic Surgery
- High Risk Obstetrics

Same Day Appointments

St. Francis Hospital Medical Office Building
34509 9th Avenue So. Suite 208, Federal Way
838-1520 • 927-4412

Cancer questions answered

Washington residents can now get fast and accurate information about cancer by calling the American Cancer Society's toll-free information line at 1-800-ACS-2345.

Try Puget Sound when rivers are high

When the rivers are out of shape and steelheading is not an option, I turn to the salt water to get in my winter fishing.

Over the years I've driven to most state parks and public lands and nosed around to learn what kinds of fish are available. What I've found are some excellent places to fish for sea-run cutthroat trout and trout-size silver salmon with ultra-light tackle. Prior to our seal population explosion, I'd also found good numbers of nice perch. Now, however, large concentrations of fish are gone and what fish there are average about half the size.

By concentrating on trout and salmon, though, I can usually find enough action to keep me busy. When I first started fishing for these little battlers, I used standard



Dick Benbow

equipment — spoons, spinners and attractor hardware. Then I discovered jigs and enjoyed great success. Late I've used my fly rod and some new, innovative patterns.

All of the silver salmon are

at a size at which they are feeding on tiny shrimp. A number of patterns that imitate them in green or pink "flash-abou" material work well. I like to find where a good tide rip works the current and concentrates the fish and their food. Often you can discover the schools by their jumps and splashes. I like to use a long, light leader on floating fly line and a fast strip/twitch.

Although about half of the available cutthroat are up the streams to spawn, the other half is still cruising the shallows in search of food to grow on. I find a bigger fly seems to work better with the trout. I like to use small streamers to imitate the baitfish that they like to feed on. Trout cruise much closer to shore and offer the bankside angler a much better op-

portunity to catch them than the salmon. Many times I look for a tree down or small creek coming into the salt to concentrate my fishing on.

A bonus to this type of fishing is the relative seclusion that winter affords on public beaches. While I tolerate the crowds along steelhead streams out of necessity, I really enjoy the peace and quiet of the beach.

As in most saltwater fishing, the tide plays a giant role. Although I've caught fish during all stages of the tide, I like outgoing the best.

Next time you find your favorite steelhead stream is out, try Puget Sound. During warm spells later on in March, I like to try for trout on year-around lakes. Fishing is good and lakes are still deserted.

Highline men take first loss

The Highline Community College men's basketball team took its first league loss of the year at Bellevue Saturday, 88-68, after defeating Skagit Valley Wednesday, 93-72.

The Thunderbirds now stand at 4-1 in league action, and are 15-4 overall.

Bethel graduate Trent Menees was Highline's leading scorer in the win over Skagit Valley with 24 points, backed up by the 20 points and nine rebounds of Federal Way graduate Jerry Bush.

Tom Turcotte, who hails from Washougal, swished in 18 points and led in assists with 10.

Stadium's Eric Christiansen scored eight and Kennedy graduate Paul Clark seven, as Kentridge's Jeff Colston had six points and 10 rebounds.

Phil Feliciano and Mark Schelbert scored three each and Chief Sealth graduate Rod Graviett had two along with Eric Weber.

Turcotte was the Thunderbirds' leading scorer with 15 points in Saturday's loss to Bellevue, and Clark was right behind with 14 while getting six rebounds to lead in that department.

Menees also reached double figures with 10 and Colston scored nine followed by Bush with eight. Graviett had four and Christiansen, Schelbert, Weber and Feliciano all hit two.

Highline goes to Bremerton to play Olympic at 8 p.m. today, before hosting Everett at the same time Saturday.

T-Birds win one, lose one

The Highline Community College women's basketball team lost a 67-65 heartbreaker to Skagit Valley last Wednesday, but came back to defeat Bellevue, 73-50, on Saturday night.

Jill Fetrow's 21-foot bomb at the buzzer gave Skagit Valley a two-point victory over Highline in a battle for first place in the NWAACC Northern Division standings. The Cardinals raised their season record to 15-0 and 4-0 in league play with the win at Highline.

The Lady T-Birds came back to beat Bellevue on Saturday, though, to raise their season mark to 12-8 and 4-1 in league play.

Kelly Anderson scored 14 points and had 10 rebounds to lead Highline over Bellevue, followed by Mary Force with 13 points, Nancy Geisler and Sherri Johnson 10 each, Missy Reimer eight, Angie Pellecchia seven, Kris Foster five, Marci four and Marylyn Walbaum two.

Highline was 28 of 62 from the floor and 13 of 24 at the free throw line, while Bellevue was 17 of 40 from the field and 14 for 21 at the charity stripe. Force was 4 of 7 from three-point range to lead the T-Birds in that department.

PELLECCHIA'S 25 points led the T-Birds against Skagit Valley, while Johnson added 13, Anderson 11, Force nine and Geisler two. Johnson's 11 boards led Highline in rebounding.

The T-Birds made 21 of 62 field goal attempts and were 19 for 26 at the foul line, while the Cardinals were 25 of 60 from the field and 2 for 5 at the line.

INGS AT JOHNNY'S!

CORN KING

BONELESS HAM

\$1.29
Lb.

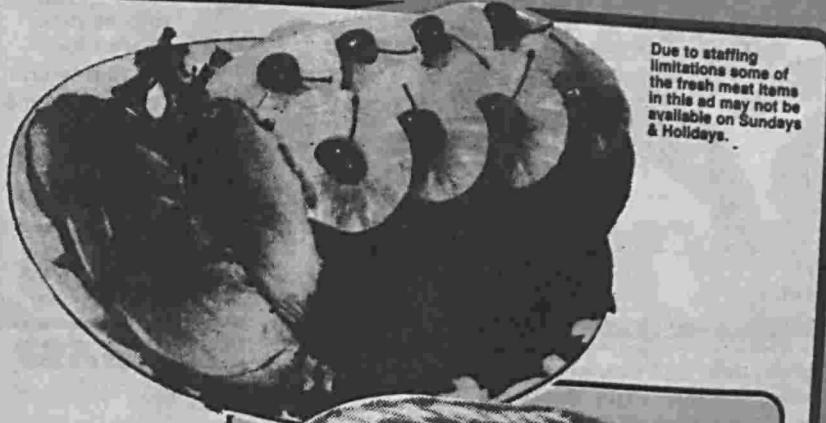
Water Added
5-7 Lb. Avg.

PORK	
Shoulder Steak	Blade Cut.....\$1.59
BEEF BONELESS	
Chuck Steak	USDA Choice.....\$1.79
BEEF	
Spare Ribs	USDA Choice.....\$0.99
Cubed Steak	USDA Choice.....\$2.39
FLETCHER PORK LINK	
Sausage or Italian\$1.59

PORK
SPARE RIBS
Country Style
Butt Cut
Lb. \$1.59

NORBEST
TURKEY BREAST
4-5 Lb.
Avg. Lb. \$1.19

CORN KING
SLICED BACON
USDA
Choice
1- Lb.
Pkg. 99¢



Due to staffing limitations some of the fresh meat items in this ad may not be available on Sundays & Holidays.

7 LOCATIONS TO SERVE YOU!

JOHNNY'S FOOD CENTER EAST HILL 25605 104th Ave. S.E. Kent, WA 98031	JOHNNY'S PX PLUS COVINGTON 17230 S.E. 272nd Kent, WA 98042	JOHNNY'S GRAND CENTRAL FEDERAL WAY 1515 S.W. Dash Point Rd. Federal Way, WA 98003
JOHNNY'S FOOD CENTER DES MOINES 22705 Marine View Dr. Des Moines, WA 98188	JOHNNY'S PX PLUS SMOKEY PT. MALL 3131 Smokey Pt. Dr. Arlington, WA 98223	JOHNNY'S PX PLUS CASCADE CENTER 17038 116th Ave. S.E. Renton, WA 98055

We Reserve Right
to Limit Quantities.

BEEF BONELESS CHUCK ROAST
USDA
Choice
Lb. \$1.69

CAKE MIX
BETTY CROCKER
Asst. Varieties
18-20 Oz. 69¢

CAT FOOD

FRISKIES BUFFET

Asst. Varieties

4/\$1



CHILI
WITH BEANS
NALLEY'S
4 Varieties

KEEBLER ZESTA
SALTINE
Crackers 16 Oz. 89¢ 15 Oz. 79¢

Johnny's SUPER SAVINGS

JUICE DRINK

WHITE ROCK

Cherry, Grape, Orange,
Fruit Punch

59¢
3/8.45 Oz.

POTATO CHIPS

LAY'S
6 Varieties

99¢
7-8 Oz.

BETTY CROCKER

RTS Frosting

5 Varieties

\$1.59
16 Oz.

ZEE POP UP

Facial Tissue

Assorted

69¢
150 Ct.

ROMAN MEAL

Bread

Wheat Berry, Oat Bran n Honey;
7 Grain; Wheat, Light

99¢
16 Oz.

CRESCENT

Seasoning Mixes

Beef Au Jus, Chili, Taco,
Spaghetti, Brown Gravy

4/\$1
Ea.

PEPSI SPECIALS

PEPSI & 7 UP
Reg. & Diet
6 12 Oz.
Cans

\$1.89
2 Liter \$1.19

Pepsi & 7 Up Reg. & Diet
Cans

\$1.19

DAIRY DEPT BUYS

BAG O POPS

DARIGOLD
Sugar Free

18 Ct. \$1.99

WEIGHT WATCHERS
Grand Collection

Neopolitan, Chocolate,
Vanilla, ½ Gal.

\$2.79

WEIGHT WATCHERS
Choc. Mousse

Choc. Dip, 12 Pak

\$2.39

NESTLE SPECIALS

NESTLE Candy Bars

Asst. Varieties.....1.4 Oz.

3/89¢

TASTER'S CHOICE

Instant Coffee

Decaf., Reg.8 Oz.

\$5.59

Nestle Quik

32 Oz. \$2.99

Quik

Workshops to cover vote-by-mail election

A "Vote By Mail" workshop will be held at 7:30 p.m., Feb. 1, and again at 10 a.m., Feb. 4, for voters who will take part in upcoming vote-by-mail elections.

Several mail-in annexation and incorporation elections, including Federal Way's March 14 incorporation election, are being held in King County this spring.

The workshops will be held in Room 854 of the King County Administration Building, 500

Fourth Ave., in downtown Seattle.

According to county elections officials, mail-in elections are usually decided by a very small margin.

The agenda for the workshop includes the voting process, dates and deadlines, records and elections services, a voters pamphlet, ballot mailing and election certification.

For more information or to make reservations call 236-1565.

Visiting students will need hosts

Host families are needed in the Federal Way area for foreign exchange students coming from around the world. The students, ages 15 to 18, will be attending high school here in the coming school year.

The students will arrive shortly before the school term starts. They have their own insurance,

spending money, and expect to bear their share of household responsibilities. They also speak English fluently.

For more information about becoming a host family, or becoming an exchange student, call Robert Pfaff at 852-8244. Or call the International Student Exchange at 1-800-333-3802.

Vandals run amok inside elementary

Vandals broke into Twin Lakes Elementary School in the early morning hours Saturday and caused considerable damage to four classrooms.

King County police report that they were alerted shortly after 5 a.m. by school district security that a building alarm had been tripped. A security officer investigated and found a window had been broken to gain entry and discovered the vandals were still in the building when he heard a door close. Despite a search by police, the vandals escaped.

Bicycle tracks and small-ish footprints in the mud, as well as an empty carton of chocolate milk and a full box of Ritz crackers indicate the vandals were youths, reports state. A clerk at a nearby convenience store told police he remembered



Police

selling the milk and crackers to two white youths, 12-14 years old, shortly after midnight.

While inside the school, the vandals tore maps and projection screens, smashed an overhead projector and computer terminal and damaged televisions and other equipment with the spray from fire extinguishers.

Speed sends man to jail for drugs

What would have been a speeding ticket turned into a ride downtown and a trip to the King County Jail for a Federal Way man.

King County police report that at 2:45 a.m. Friday an officer pulled the 27-year-old man over for speeding and a check of his name through county computers showed he was wanted on a \$10,000 felony warrant for drug

charges.

During a pat-down search of the man, the officer discovered an ounce of cocaine and a double-edged knife. Reports say the man admitted the cocaine was his and that his intent was to sell it.

He was booked on the warrant and investigation of drug violations.

Western escapee returns peacefully

A Federal Way woman called King County police when her stepson arrived at her front door Thursday afternoon.

It wasn't that she didn't want company, but the 24-year-old man was supposed to be elsewhere — Western State Hospital in Steilacoom. He ap-

parently walked away from the hospital Thursday morning and arrived in Federal Way by bus, police reports say.

A private ambulance was called to take the man back to Western State. He went without incident. The report did not say why the man was a patient at the hospital.

TOLOVANA INN
on the Ocean's Edge,
CANNON BEACH, Oregon

Next to
The Ocean,
We're the
Main Attraction!

The Pounding Pacific
at Your Doorstep!

The ideal rendezvous for people in love with the Oregon Coast. Luxurious suites, fully equipped. Whale-watching from your window.

- Kitchens, fireplaces and balconies
- Indoor heated pool
- Relaxing sauna and jacuzzi
- Recreation room for all ages

Plus, nearby: golf, fishing in sea or stream, miles of sandy beaches, hiking trails, Cannon Beach artists' colony.

THE PERFECT OCEANSIDE SETTING!

***Two Nights for the Price of One!**
Bring this ad, and stay in a beautiful suite for two nights, Sunday through Thursday, for as little as \$71 (U.S.). Offer not valid statutory holidays and during school vacations. Expires May 31, 1989.

Toll-free reservations in the U.S.:
1-800-333-8890
Phone: (503) 436-2211,
Box 160, Tolovana Park, OR 97145

Visit these other Luxurious Coastal Resorts: The Breakers, Long Beach, WA; The Harbor at Depoe Bay, OR.

Network looks at finances

Ten financial principles that can greatly increase financial security will be the focus of a talk by Muriel Van Housen at the Jan. 30 meeting of the Federal Way Women's Network.

Van Housen, a certified financial planner, is executive vice president and director of financial planning for Sheppard and Associates. She was the only Seattle financial planner recently named one of the country's best by "Money" magazine.

Van Housen regularly talks of what she learned as a business consultant and as financial planner for the past 14 years in seminars throughout the Nor-

thwest. She will tell Federal Way Women's Network members and guests about gaining control of finances through a carefully planned strategy.

The meeting will begin at 5:30 p.m. in the Federal Way Executive lobby with refreshments and networking. Van Housen's talk will begin at 6.

The group's new officers will also be introduced at the meeting, and the organization will note its fifth full year then.

Tickets to the meeting are \$10, and are available to members and non-members alike. For ticket information, call Don Eiler at 838-6210.



1 MUFFLER
2 BRAKE
3 RADIATOR

BRAKE SPECIAL

Free Pickup and Delivery

FEDERAL WAY

30924 Pacific Hwy. S.
(next to 60 Minute Tune)

839-5918

MIDWAY

23898 Pacific Hwy. S.
(next to Midway Drive-in)

824-4955

BRAKE

44.95

Brake special - front
or rear - includes new
brake pads or shoes,
repack bearings, turn
drums or rotors, most
cars & light trucks.

Free inspection and
local pick up and
delivery.

SEARS

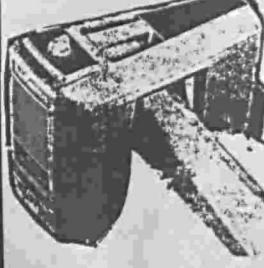
SURPLUS STORE

Quantities and assortments are limited, so hurry in!

EACH OF THESE ADVERTISED ITEMS IS READILY AVAILABLE FOR SALE AS ADVERTISED

We sell first quality and discontinued merchandise from Sears Retail and Catalog Distribution. "Was" prices quoted are the regular prices at which the items were formerly offered by Catalog or in many Sears Retail stores around the country.

SAVE \$61.99 DAZEY® 3/4 H.P. WHIRLPOOL BATH



- Double barrel jet spray nozzle rotates 205 degree for max. massage
- Low, medium & high settings

#2270

Was \$199.99 NOW \$138

SAVE \$101.99 RACK STEREO SYSTEM



- 3-band equalizer
- Five-inch full range speakers
- Semi-auto turn table

#91861 Was \$199.99 Then \$133.99 NOW \$98

SAVE \$10.99 KENMORE® SPRAY/STEAM IRON



#6276

•Self-cleaning
•SilverStone® non-stick surface

Was \$29.99 NOW \$19

SPECIAL PURCHASE SEARS' MICROWAVE POPCORN



- 6-3.5 oz. bags
- Butter flavor
- Natural flavor

NOW

\$3

SAVE \$5.99-\$14.99

RIBBON GESE® PORCELAIN, DINNERWARE, AND COOKWARE



- 2 styles to choose from: Dinnerware for 2, or 2-pc. casserole set
- Ideal for microwave, dishwasher safe

Were \$19.99-\$28.99

#9400 #9401 NOW \$14

SAVE \$42-\$77.99 ASSORTED STYLES LADIES WINTER COATS



Large assortment of styles and colors

Were \$60-\$149

NOW

\$18-\$72

SAVE \$56.00 WOMEN'S SLICKER JACKET



- Polyurethane outer
- Nylon over polyester fiberfill lining
- Colors: Red, yellow

Was \$70 Then \$35

NOW

\$14

SAVE \$27-\$44 LADIES EVENING DRESSES



- Many elegant and fun styles and colors to choose from.

Was \$55.00-\$89.00

NOW \$28-\$45

SAVE \$12.99 TIGER BAY® BOY'S RUGBY SHIRT



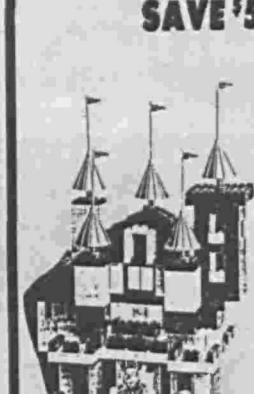
- Pigment dyed
- Oversized
- Boy's sizes: S, M, L, XL

Was \$16.99 Then \$8.00

NOW

\$4

SAVE \$5.00-\$8.00 WALT DISNEY™ INTERLOCKING BLOCK PLAY SETS



- 3 different sets to choose from: Magic Kingdom®, Dumbo Circus Train, or Winnie-the-Pooh Gas Station

Was \$13.00-\$20.00

NOW

\$8-\$12

© Walt Disney Productions

SAVE \$4.34 LADIES BLUE DENIM SHIRTS



- Button front
- Long sleeve
- Sizes Small, med and large

Were \$8.34

Then \$7.00

NOW

\$4

SAVE \$21-\$71 MEN'S WOOL OAKTON® SPORT JACKETS



- Assorted styles & colors
- Reg. and big/tall sizes

Were \$60-\$110

NOW

\$39

SAVE \$7.99 MEN'S CASUAL SLIP-ON'S



- Leather uppers
- Colors: Bone, tan and black

Was \$19.99

NOW

\$12

SAVE \$4.99-\$22 ASSORTED UNIFORMS



- Huge assortment of 1 pc. or 2 pc., or separates
- White and assorted colors
- Dresses, tops, skirts or slacks

Were \$9.99-\$40.00

NOW

\$5-\$18

SEARS
Surplus Store

Satisfaction Guaranteed
or your money back

County's bid for Marine Hills may reopen

Money for King County park purchases may soon be back in the 1989 county budget, including \$400,000 to buy Marine Hills from the Federal Way Water and Sewer District.

King County Executive Tim Hill sent an appropriations ordinance to the county council Monday for \$8.7 million to restore parks funds penciled out

by his line-item veto last month and \$400,000 for Marine Hills council Democrats removed during the budget process.

Councilmember Paul Barden introduced the ordinance, which received bipartisan support from Democratic Councilmembers Gary Grant and Audrey Gruger and Republicans Bruce Laiing and Bill Ream.

JOHNSON

Linda and Jeffrey Johnson, Federal Way, welcomed their fifth child Dec. 9 at St. Francis Community Hospital. Luke Jeffrey weighed 8 pounds and 7 ounces at birth. He joins Angela, 8, Justin, 6, Jenessa, 5, and Ashley Rose, 20 months. His grandparents are Rosalie Deresch, Federal Way, Frank Wefel, Fridley, Minn., Barb and Ken Johnson, Des Moines, Iowa.

HANSON

Justin Ryan, second child of Debbie and Kenneth Hanson, Federal Way, was born Dec. 30 at Valley Medical Center. Justin weighed 8 pounds and 3 ounces at birth. He joins a sister Jami, 2. His grandparents are Joann and Jerry Emmons, Federal Way, Lori Hanson, Burien. His great-grandmother is Nora Walzer, Des Moines, Iowa. His great-great-grandmother is Ella Emmons, Knoxville, Iowa.

EGGEE

A daughter was born to Kim and Steve Egge, Federal Way, Dec. 14 at St. Francis Community Hospital. Caitlyn May weighed 5 pounds and 14 ounces at birth. Her grandparents are Bonnie Williams, Olympia, Doug Williams, Alberta, Canada, Leneta and Wayne Egge, Olympia. Her great-grandmother is Devera Egge, Edmonds.

HEATH

Barbara and Kelly Heath, Auburn, welcomed their third child Dec. 11 at Highline Community Hospital. Kelly Jr. weighed 9 pounds and 11 ounces at birth. He joins Erin, 15, and Christa, 6. His grandparents are Norma Heath, Auburn, Charles Heath, Seattle.

HALE

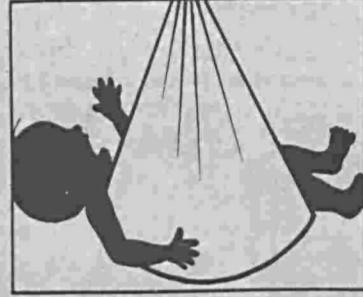
Aimie Marie, second child of Linda and Wayne Hale, Federal Way, was born Dec. 11 at St. Francis Community Hospital. Aimie weighed 5 pounds and 10 ounces at birth. She has a sister Aarber, 2. Her grandparents are Margie and Pat Rupp, Whitefish, Mont., Cecil Hanchett, Federal Way. Her great-grandparents are Eula Hopper, Kalispell, Mont., Mary Rock, Whitefish, Mont.

HASSLER

A son was born to Julie and Carl Hassler, Federal Way, Dec. 6 at St. Francis Community Hospital. Nicholas James weighed 7 pounds and 2 ounces at birth. He has a sister Katharine, 7. His grandparents are Lois and Andy D'Andrea, Des Moines, Shirley and Howard Bryan, Auburn. His great-grandparents are Phoebe and James Neighbors, Auburn.

CRAWLEY

Jerilyn and Chris Crawley, Federal Way, welcomed their first child Dec. 10 at St. Francis Community Hospital. Tristan Taylor weighed 6 pounds and 5 ounces at birth. His grandparents are Melba Jo and Donald Willis, Plainview, Texas, Anne and Drury Crawley, Sharon, Tenn. His great-grandparents are Mrs. D.B. Crawley, Memphis, Tenn., Maerine Roberts, Plainview,



Births

Texas, Beatrice Willis, Plainview, Texas.

VANDERHOOF

Gail and Ernie Vanderhoof, Auburn, welcomed their second daughter on Dec. 17 at St. Joseph Hospital. Kady Marie weighed 7 pounds and 7 ounces at birth. She has a sister Kelsey, 17 months. Her grandparents are Peggy Johnson, Burien, Florence and Harold Vanderhoof, Burien. Her great-grandmother is Hilda Simpson, Burien.

BRADLEY

Bonnie Marie, third child of Marie and Richard Bradley, Auburn, was born Dec. 25 at Swedish Hospital. Bonnie weighed 6 pounds at birth. She joins Richard Jr., 6, David, 4½. Her grandparents are Barbara and Michael Kotschegarow, Renton, Geri and Richard Bradley, Auburn. Her great-grandparents are Florence and Herman Black, Bellevue, Walter Green, Portland, Ore., Audley Bradley, Crestview, Fla.

BIXLER

Lori and Rod Bixler, Federal Way, welcomed their first child Dec. 17 at Valley Medical Center. Sarah Nicole weighed 6 pounds and 11 ounces at birth. Her grandparents are Arlene and Paul Falco, Renton, Gloria and Glen Bixler, Yakima.

WALTON

Mary and Vincent Walton, Federal Way, welcomed their first child Dec. 23 at Valley Medical Center. Charlene Marie weighed 7 pounds and 9 ounces at birth. Her grandparents are Veronica McGuire, Philadelphia, Pa., Elsie and Norman Walton, Bremerton.

ELLISON

Bree Jordan, second child of Lily and Leif Ellison, Federal Way, was born Dec. 20 at St. Joseph Hospital. Bree weighed 6 pounds and 12 ounces at birth. She has a brother Drew, 4. Her grandparents are Rose and Andrew Carino, Auburn, Rose and Alfred Ellison, Auburn. Her great-grandmother is Lillian Ellison, New London, Minn.

STEVENSON

Shelley and David Stevenson, Federal Way, welcomed their first child Jan. 1 at Community Memorial Hospital. Kyle David weighed 8 pounds and 14 ounces at birth. His grandparents are Gerri and Jerry Pierce, Auburn, Judy Stevenson,

The ordinance now goes to committee for review.

The move to put back parks money will keep negotiations for the Marine Hills property open between the county and the water district, Barden said.

The county's option should have lapsed January 17, but the water district had not thrown the property open to bids as of

Monday. General Manager Jim Miller was to deliver a status report on negotiations with the county at last night's water district meeting.

If the deal with the county falls through, private developer Andrew Cratsenberg has already offered \$450,000 for the property.

GESINGER

Jackie and Stephen Gesinger, Federal Way, welcomed their first child Jan. 15 in Westminster, Colo., Shaun Stephen weighed 8 pounds and 4 ounces at birth. His grandparents are Marge and Don Scogings, Federal Way, Oleta and Ben Gesinger, Renton. His great-grandparents are Mrs. Lena Dodge, Auburn, Mrs. Myrtle Scogings, Vancouver.

DOTSON

A daughter was born to Dawn and Danny Dotson, Jan. 2 at Valley Medical Center. Kelsey Dawn weighed 7 pounds and 4 ounces at birth. Her grandparents are Judy and Dennis Capponi, Kent, Linda Dotson, Federal Way, Richard Dotson, Federal Way. Her great-grandparents are Oma and Walter Simms, Sumner, Carli and Jack Capponi, Enumclaw, Dorothy Gano, Elma, Eva Dotson, McLeary.

WHITCOMB

Renate and Darrel Whitcomb, Auburn, welcomed their first child Jan. 3 at Valley Medical Center. Jennifer Cheilan weighed 7 pounds and 4 ounces at birth. Her grandparents are Maggie and Nick Sheehan, Kent, Joan Whitcomb, Federal Way.

FORD

Aaron Titus, second child of Cheryl and Stephen Ford, Auburn, was born Jan. 4 at Valley Medical Center. Aaron weighed 7 pounds and 3 ounces at birth. He has a sister Jessica, 3½. His grandparents are Jean Brockway, Grundy Center, Iowa, Elsie and J.C. Ford, Lawrence, Kan.

HEALTH

An article in the Friday Federal Way News ("Council to vote on parks purchase") incorrectly stated the size of a park that could be created if the Water District 56 watershed and two other parcels surrounding it were purchased by the county. The proposed park would be 65 acres.

Correction:

Proposed park would be 65 acres

An article in the Friday Federal Way News ("Council to vote on parks purchase") incorrectly stated the size of a park that could be created if the Water District 56 watershed and two other parcels surrounding it were purchased by the county. The proposed park would be 65 acres.



JUMP START YOUR HOME LOAN AT CONTINENTAL MORTGAGE

Be ready when your dream home finally shows up. With Continental's Jump Start pre-approved home loan, once you find your new home, you've already been approved and are ready to buy.

And you've cut weeks off your processing time, so you can move in fast!

Get the jump on your dream house now. Visit Continental Mortgage Company today for a Jump Start. It gets you on the road to your new home fast.

CONTINENTAL MORTGAGE COMPANY

A subsidiary of Continental Savings Bank

Bellevue: 455-4888 • Edmonds: 771-2500 • Lynnwood: 776-9143
Mount Vernon: 424-7414 or 1-800-821-1249 • Olympia: 754-6305
Federal Way: 838-0200 or 927-7551 • Tacoma: 565-4664 or 838-9190
Silverdale: 692-1721 or 622-9288 • Seattle: 625-9640

*This pre-approved mortgage loan is subject to restrictions and may be terminated at any time. It should not be viewed as a commitment or an interest rate lock-in and is subject to an acceptable property appraisal.

Health Happenings

Celebrate Healthy Heart Month with Us!

—Attend Free Classes & Forums

—Get Your Blood Pressure & Cholesterol Checked

—Lose Weight —Learn CPR

—And Much More!

Heart Month Forums

In recognition of Heart Month, HCH will be providing a number of community forums on heart disease issues. These forums will include "Healthy Heart" Screenings of cholesterol levels, blood pressure, diabetes, and a health risk appraisal. Cost for the screenings will be \$3.00. Forums are free to the community. Call 431-5324 for more information on the following:

Heart Disease Prevention and Nutrition

Barbara Lembersky, R.D., Chief Dietitian at HCH, and cardiologist Dr. Curtis Burnett will discuss ways to prevent heart disease, and the role nutrition plays in causing or preventing heart disease. Wednesday, February 8. Screenings: 5:00 - 7:00 p.m. in the HCH lobby. Speakers: 7:30 - 9:00 p.m. in the first floor auditorium.

Stress

Glenn Bean, Cardiac Rehabilitation and Wellness Coordinator, and Freicia Kelly, Director of Highline's Behavioral Medicine Clinic, speak on the ways in which stress can contribute to heart disease. Wednesday, February 15. Screenings: 5:00 - 7:00 p.m. in the HCH lobby. Speakers: 7:30 - 9:00 p.m. in the first floor auditorium.

What's New in the Care And Treatment of Heart Disease

Highline Cardiologists Drs. Bert Green and Kent Kreisman speak on the most recent advances in cardiac care. Wednesday, February 22. Screenings: 5:00 - 7:00 p.m. in the HCH lobby. Speakers: 7:30 - 9:00 p.m. in the first floor auditorium.

Other Heart Month Events

Healthy Heart Screening

Screenings for cholesterol levels, blood pressure, diabetes, and a health risk appraisal. \$3.00 charge. Saturday, February 25, 10:00 a.m. to 2:00 p.m. Call 244-9970, ext. 146 for information.

Heartsaver CPR Class

Medics from Medic I will teach a CPR certification class at Highline on Saturday, February 25, 9:00 a.m. - 12:00 noon. Free to the community. Pre-registration required. Call 431-5324 for registration and information.

General Classes

Living With Cancer: "I Can Cope"

This 6 week community education course is for persons with cancer, their families and friends. Participants can study and share problems and concerns encountered when living with cancer, and use a learning resource center containing materials related to cancer. Wednesdays, April 12 - May 17, 6:30 - 8:30 p.m. Free to the community. For information and registration, call 431-5324.

Intervention Class

Intervention is a tool for you to help a loved one who may have a problem with alcohol or drugs. Northwest Treatment Center and Residence XII South offer free intervention classes every Tuesday from 7:00 - 9:00 p.m. For more information call Northwest Treatment Center at 789-5911.

Managing Stress

The goal of this 4 part class is to provide information on the causes, symptoms and management of stress. Mondays, February 6, 13, 20, March 6, and May 1, 8, 15, 22 from 7:30 - 9:00 p.m. For price information and pre-registration, call 431-5324.

First Aid and CPR for Children's Emergencies

Paramedics and nurses teach adults simple, effective emergency care for small children. Two, three-hour evening sessions are held on Friday and Thursday, Feb 24 and March 2, or Tuesday and Thursday, April 25 and 27 from 6:00 - 10:00 p.m.

Biofeedback Therapy

A therapist will design an individual treatment plan for patients with chronic pain (headache, back pain, etc.) or other disruptive symptoms of stress such as ulcers, high blood pressure or anxiety. For more information call the Behavioral Medicine Department at 244-9970, ext. 172.

Hearing Screenings

HCH Speech and Hearing Center offers free hearing screenings and hearing aid checks. Conveniently located at 14245 Ambaum Blvd. For appointment, call 246-8677.

Hydrostatic Weighing

Underwater weighing to determine your most accurate assessment of body fat percent, lean muscle weight, body composition and ideal weight. By appointment. \$28. Call 244-9970, ext. 146.

Individualized Stress Management

An individual comprehensive program that includes consultations and classes for a personal stress management approach. Techniques include relaxation training and lifestyle management to reduce the amount and effects of stress. Call for information and cost, 244-9970, ext. 146.

Living With Diabetes

An evening series to help diabetics learn more about management of diabetes. Medicare will pay for patients referred by physicians. Some private insurances may also provide partial or full coverage for this class. February 27, 28, March 6, 7, 13, 5:00 - 9:00 p.m. \$275. Pre-registration required. Call 431-5324.

Food for a Healthy Heart

February 10, 10:00 - 11:30. Pre-registration required. For registration and information call 431-5324.

Cholesterol: The Good, Bad, and Ugly Facts

February 24, 10:00 - 11:30. Pre-registration required. For registration and information call 431-5324.

Senior Adult

February 10, 10:00 - 11:30. Pre-registration required. For registration and information call 431-5324.

Diabetes

February 10, 10:00 - 11:30. Pre-registration required. For registration and information call 431-5324.

Grief Support

February 10, 10:00 - 11:30. Pre-registration required. For registration and information call 431-5324.

Support Groups

February 10, 10:00 - 11:30. Pre-registration required. For registration and information call 431-5324.

Caregivers

February 10, 10:00 - 11:30. Pre-registration required. For registration and information call 431-5324.

Alzheimer's

Stop-work order lifted from Costco

By KURT HERZOG

King County officials have lifted a conditional stop-work order earlier placed on site work for the Costco Superstore being built in Federal Way.

Developers of the store at South 348th Street and 16th Avenue South have completed erosion-control measures county building officials required, according to county inspectors.

The county had received complaints that fine silt from the store site had been running into the West Hylebos Creek, a salmon-spawning stream that runs through the southeast corner of the 25-acre store site.

That silt threatened to suffocate salmon and steelhead eggs that already have been laid in the stream, according to a fisheries biologist with the Puyallup Indian Tribe.

Because of the stream's importance, the tribe plans to visit the stream and see if any permanent damage has been done, according to Tom Demming, a tribe biologist.

"We're trying to get a sampler out there," said Demming.

Developers of the store say claims that silt from the site may have damaged salmon eggs are irresponsible. According to experts hired by developers Armada/Lagerquist, only 5 percent of the silt entering the creek is coming from the store site. The rest is coming from Interstate 5, said Gary Tusberg, spokesman for developers.

"To say that silt from our site was discoloring the creek all the way to the Port of Tacoma is ludicrous," Tusberg said.

THE DEVELOPERS are acting responsibly and have spent a great deal of money studying the stream and trying to protect it from damage, Tusberg said.

After the 125,800-square-foot store is completed, the runoff entering the creek will be even cleaner than before the project, Tusberg said. Now, runoff from Interstate 5, State Route 18 and State Route 161 enters the creek unfiltered. The Costco site will filter that runoff, Tusberg said.

The finished store site will include oil/water separator tanks and a grass-lined swale to filter out materials.

Despite developers' assertions that little silt from the site is entering the creek, county inspectors disagree.

A COUNTY grading inspector threatened developers with a stop-work order three times before another county inspector posted the conditional stop-work order on Feb. 9.

The order required developers

to complete siltation control measures by Jan. 20 or face fines up to \$450 a day. No other work was allowed on the grounds, although work was allowed to continue on the building.

Developers completed control measures such as laying plastic over much of the dirt and spreading gravel and mulching to help filter out the fine silt, according to Craig Comfort, development inspector for the King County Building and Land

Development Division (BALD). Developers were not fined, but will be charged \$45 an hour for Comfort's inspection time. Comfort did not know just how much time they would be billed for.

"The water looks better," Comfort said. However, county inspectors will be checking the site during heavy rains to see that the measures are keeping silt from entering the creek.

Developers estimate Costco should be open for business by March 1.

SERVING YOU IN FEDERAL WAY!

FEDERAL WAY FUNERAL SERVICE

Division of Price-Helton Funeral Chapel, Inc.

"Since 1911"

941-0770

- Traditional
- Memorial
- Cremation

Merrill Lynch Bldg.
320th and 1st Ave. S.
Suite 100
Federal Way



Gary Klontz

PAY-N-PAK HOME CENTERS

SUPER SAVINGS!

Quality Lighting at GREAT SAVINGS

EUROTEK 37" MILANO 3-TUBE HALOGEN DESK LAMP
REG. \$99.99 303-627
79.99 BULB INCLUDED

EUROTEK 78" MILANO 3-TUBE HALOGEN FLOOR LAMP
REG. \$139.99 303-626
99.99 BULB INCLUDED

16" SOLID BRASS BANKERS LAMP
REG. \$29.99 303-619
14.99

17" MARBLE & BRASS DESK LAMP
REG. \$34.99 303-621.618
24.99

20" DELUXE MARBLE & BRASS BANKERS LAMP
REG. \$44.99 303-616.817
29.99

NEW EUROTAK DESIGNER LIGHTING
for home and office,
now made affordable
and available
exclusively at Pay 'N Pak

REG. \$12.99

REG. \$15.99

REG. \$10.99

REG. \$14.99

REG. \$3.99

REG. \$8.99

REG. \$19.99

REG. \$49.99

REG. \$19.99