Virginia V

ship Virginia $V$. For more views of the sam

## ill a spry old lady

| den pier in the gray Lake | in 1922. Inside she's paint and | and down am |
| :---: | :---: | :---: |
| ion drizzle and her name is | polished wood and gleaming | roaring boilers, Chief Engineer Dutch Schleitweiler rings back |
| inted in neat black letters near | brass, and parts of her still show | Dutch Schleitweiler rings back, acknowledging the order as he |
| sas, | the telltale raw grain of recent | acknowledging the order as he |
|  | carpentry. Her oldest equipment, | opens the throttle valves. Steam |
| gg on Puget Sound. Years | a three-cylinder steam engine | hisses. The giant brass driving |
| O she made three round trips a | that dates from 1898, is so well | rods begin to move, and the |
| y between Seattle and Tacoma, | maintained it could have come | Virginia V shudders as she feels |
| uling passengers, carto and | from the factory last week. | he |
|  | Departure is still a few |  |
| leisurely; people look her up in | ates distant. Because you're | government locks at Ballard it's |
| e telephone directory and book | covering this trip, because it's | dusk and even the seaguls are |
| r for cruises. | more than just a pleasure ride, | hiding from the rain. But you |
| you walk toward her, you |  | out on the weather deck |
| ce at the high wheelhouse | an ope There you meet | anyway; she's building up speed |
| the tall stack with its hint of | Capt. Earl Sugden of Seattle, an | to 12 knots, and your face |
| rolling smoke and sudden- | old-time salty dog with a curly | welcomes the wind as your legs |
| ther | black: beard, twinkling eyes and a | growing pitch and roll. |
| re a kid and watched a big |  | Later you go below and join |
| m locomotive roll out of the | MeMahon |  |
| ds somewhere, or now when | of Federal Way and Alternate | ere you sit drinking and jok |
| you hear a fine poem or a good run of music. | First Officer Bob Ganung, | laughing while a band plays |
|  |  |  |
| scending a narrow gangplank | $14$ |  |
| a cargo hatch on her port | on | th this ship, and you could sta |
| As you step aboard, you sti- | wears a visored cap and a brass- | oard her for days, dreary |
| a fleeting urge to salute. | buttoned peacoat like a union | eather or not. As you leave, |
| ething about her size and | naval officer's jacket, and for an | toward |
| ape and the fresh hot scent of | instant you think of the gunboats | desover lo |
| e steam and the watery smells |  | constant roc |
| the moorage remind you a little | THEN IT'S time to head out for | he throbbing pulse |
| the Civil War, of those ironclad | The whistle wails its | e. For a few perp |
| nboats that patrolled the | huge white cloud, echoing off the |  |
| ississippi and the Tennessee. | rrounding docks. Deckhands | and strangely solid. |

## Federal Way Wews

Happy holidays

Traders barter at bank for deeds and services

> Sitting by An piano at Sunnycrest Elementary,
Vera Hoffman put her fingers to the black and white ivories and
began to play. began to play. the sound of holiday echoed with the sound of hollday tunes as stie
was joined in song by 38 cub
scouts, their families and leaders who were attending the fes The scouts and Mrs. Hoffman are involved in the South King
County Senior Barter Bank where County Senior Barter Bank where
people trade services, not cash. people trade services, not cash.
For each hour of service, they return.
The pilot project, a subsidiary of the King Count in Multi-Service ing is located in the May. I-service
Center in Federal Way is
to help senior citizens obtain serto help senior citizens obtain ser-
vices they might not otherwise be able to afford.
> tion cards that lists their needs and their talents. A barter bank employee keeps track of hours, matches people to jobs, keeps the
files in order and interviews pro-
> spective traders.
Mrs. Hoffman, a resident of Algona and a lifetime member of said she heard about the barter bank and put in a call.
SHE VOLUNTEERED HER ability as a musician and her hus-
band offered to haul with his truck. In exchange, they asked for help building a deck.



tention as she plays accompanyiment for songs Senior Barter Bank in Federal Way.
during a cub scout pack meeting. She and the

## School Board head reviews past, looks to future


at the secondary level and to ex-
pand curriculum.
But, Hickman said, "the board
should not fall prey to restoring
curriculum that existed in the
past simply because it was there
prior to levy failure.. Each pro-
gram and each addition to the
curriculum ladder must be ex-
amined on its own merit.".
Hickman also noted full state
funding carries with it some
hazards. The distritt may find
the legislature will exact more
control in exchange for dollars,
he said.
"A second problem may be the
10percent levy limit," he said.
"It seems reasonable to me to
allow districts who want to tax
themselves for education to do so
. Refusing to permit people to wish to tax themselves will not mediocrity," A second major change,
Hickman said, was the retire ment of former superintendent Vic Heinlen and the selection of
Milton Snyder to replace him Commenting on Heinlen, said "his foresight, his effort and guidance took the district through Of sin he will provide the dynamie leadership needed in education and in personnel support to push Federal Way ahead to a position
of excellence in education."

## WEDNESDAY

Inside:


## Swamped by flooding

 for soveral hitreet was clased King County hours lasmpted to pump Water from land at about SecondAvenue South. The water, Whlch
was more than eight feet deep, Was more than eight feet deep,
reached nearly to the top of the
garage doors of a house on that garage doors of a house on tha
property. A full afternoon of property. A furl afternoon of ches. For story and photo eight in-

Piquette tops gymnastic field
$\qquad$ Way, wears a confident smille bitcer completing the bslance meet at Decatur, but the host Gators came through with see the sports section.


## Editorials

## Can't we be normal?

When Diana Newton, a second grade teacher at Wood-
mont Elementary in Federal Wont Elementary in Federal write a letter to the Iranian ambassador, most of them
focused on the fundamental issues. "Dear Iran," wrote one student. Fease let our peoTheir familys(sic) miss them. How would you like if your family was being one of the hostages? Would you feel bad? We might have war tion. I'm mad because we free on the holiday Christmas. I think that's fair. Christmas is for love. Would you please? I think you would
Jennifer S
Notice the crystal clarity with which Jennifer has
identified the critical factors in the hostage situation. She moves immediately to the
human dilemma, seeking some sort of common bond. She sees the potential for
conflict. She struggles over
the angry feelings that are evoked. She surges to a of Christmas. Notice, too that fairness and love are calm conclusion is inspiring. Is her faith in humanity justified We don't know. In come true, she may seem simply naive. We don't think so. Rather, we suggest that
her message is directed at her message is directed at of us. If you find yourself
thential innocence in al
one moved by her simple faith, as we are, you are, as she suggests, 'normal.' As Jennifer suggests, to be normal
is to drop the political shetoric, to put aside religion, zeal, and the feve of the mob, in favor of simple solutions.
In Jennifer's picture of the orld, when you realize that ay ' have hurt someone, you laying in and go back to will accept your sincerity The letters will be mailed We hop Iranian Ambassador

## Are basics enough?

Basic education is the cry of parents and teachers alike these days, who share in the
belief that our children must have more adequate
preparation to live in the workaday world, or to enter the competitive market of ollege
That philosophy got support last week when Milton
Snyder, Superintendent of Federal Way Schools, recommended to the board that graduation re-
quirements here be tightened in a series of changes that would be phased in by 1983 . Competency testing, in creases in the number of credits required for gradua-
tion, and four years of high tion, and four years of high
school attendance were among his recommendations.
We wonder if it's enough.
Not that basic education isn't Not that basic education isn't critical. Rather, we don't
believe that believe that fundamentals
will make the difference for students in our
kindergartens now. Other themes, such as career $\square$

## Letters

Big government stands in the way of progress

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|  |  | and they produced billions of While we are on this subject, do

you know that the secretary of
Health, Education and Welfare Health, Education and Welfare
admitted to a loss of over $\$ 7$
billion in one year to billion in one year to fraud,
misuse and plain unaccountability while his hoard of assistants tional policy? Do you know that this amounts to $\$ 19.5$ million a
day for every day of a 365 day day for every day of a 365 day
year that you and I do not now
have available to us to promote have available to us to promote
economic growth and job security
in this country? Our "national in this country? Our "national The only sensible "national
policy" is to reduce government, at all levels, untilit it is too smanl to stand in the way of progress. We
can again dream the "American Dream" and believe me it was never a fantasy. It has been a continuous flow of thoughts and
ideas that brought to this country undreamable goodies. Whereever undreamable goodies. Whereever
our youthful, energetic, popula-
tion has been tion has been stimulated by its
message a multitude of good message a multitude of good
things happened. Policies formings happened. Policies in government lead to
rationing shortages, as history rationing shortages, as history
clearry shows. If we can
reinstitute "The Dream" we will reinstitute "The Dream" we will
soon need a few million salesmen to sell the surplus.

William Pike
Des Moines
work-study, also aim to
prepare our children to live prepare our children to live The theory is, we're getting difficulty is, real life keeps changing on us. Like the blacksmiths whose anvils the wake of the automobile, will our teachers be made gradually irrelevant by
home computers, video home computers, video
discs, and other electronic paraphernalia? Will basic ed become one
at the sky?

America has bet a bundle on education in its history,
and some would say the bet and some w.
has paid off.
We'd like to ask whether it's fair to expect the schools to do it all. Basic education sounds good. We just hope it includes a recognition that part of education must be provided by the traditional where tbese same children will have to live: in the churches, in the families, in the political arena.

## Jeanne Sweeney

## 9

## Unfinished business

## I have been hearing a lot of talk that 1979 is about to quit.

 That's bad news, for me. 1979 might be through with me but1979 .
painted t As a matter of fact, some of the things left over from 1978 and rescheduled for 1979 are on the
The Christmas presents began making last April will no doubt be ready for Christmas 1980. But the trip to San Francisco we promis-
ed to make during 1979 ed to make during 1979
doesn't seem to fit in our vacation plans for 1980 .
At the beginning of 1979 we pledged to see more of our riends, and make regula Wits to beloved relatives. We also said that we would once in 1979.
The bulkhead in the yard isn't finished, and we didn't even begin on the
greenhouse idea we picked

There's the big cardboard 1978 trip to the collected on plans weren't definite about what we'd do with the drift wood but we certainly plann ed on doing something with the stuff in 1979.
Thad vowed that before sk season began I would begin a
series of exercises that
would give me the stamina would give me the stamina energy, the strength needed didn't happen the slopes. It didn't happen. Forget the in
termediate slopes. This

## beginner

One of wanted to do in 1979 really learn how to fix my own car mechanics had it with auto description who question my malfunctions. Maybe car's able to learn more about my car in 1980.
We missed seeing some of year's top movies and I reruns missed in '78, last chance in '79.
We agreed to waterproof
the basement last the basement last spring. We put it on our list of smart,
preventive house care ideas for 1979.
1979 went too fast for us to
include that on our list of accomplishments for the yearOn the other hand, we did give a lot of time to drying ing things on our downstairs storage shelves, and clean-
ing the braided rug after the ing the braided rug after the basement flooded.
We didn't fix the lawn furWe didn't fix the lawn fur-
niture, or paint the kitchen, niture, or paint the kuidenen, days weren't long enough. We did play with the
grandchildren and we spent grandchildren and we spent
a lot of hours looking at some a lot of hours looking at some
beautiful sunsets. We read beautiful sunsets. We read
some of the books we were saving for rainy days...even when it wasn't raining. And we grew some great
tomatoes, tasted some special wine and we greeted old friends and met new The 1979 "things to do 1980, I guess.

## Letters welcome

ters to the editor. All letters must be signed and must include the author's address. We reserve the right to editit letters. Send your letter

Federal Way News Des Moines News

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Published every Wednesday, Friday and Sunday


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## Loren Bliss

Larry Merlino the hard-
working prinipipal at Federal Way's Continuation High School, told me several weeks ago that
some of his 180 students wouldn't ee allowed to have a traditional Christmas dinner this year. A few their parents' been tossed out of some of them had been forbidden to return.
"That's why we have our own year," Merlino said. "The evids make their own decorations out of paper and tin cans and things, and they trim some trees in the
cafeteria, and then we all eat together like a big family.
said. "You should us, Loren," he said. "You should come over and
have Christmas dinner with us. We'll be having ham and turkey, and you'll be able to meet the teachers and most of the
students."
er friend and

She told me I had to make a choice, and she said that I would be judged by God.


## On boared the Virgininia

A trip on the steamship Virginia $V$ is one of the many ways that Puget Sound area residents can celebrate the holidays or any other occasion and get a good look at the sound in the bargain.
The ship's cruises are usually limited to a few hours, but sometimes the vessel goes all the way to Vancouver, B. C., for overnight excursions.
And once the Virginia V has cleared the government locks at Ballard, there's an unusual view of the Seattle waterfront and the many islands that are in the vicinity.
The cruise on which these photos were taken was scheduled to raise money that will go into maintaining the 57 -year-old ship, or as an advertisement said, to "keep up the steam" in her 80 -year-old engine.
Tickets were bought by 179 persons at $\$ 8$ apiece for this Dec. 16 journey, around Bainbridge Island and eventually back to the Seattle moorage.
As a result, the Virginia V, which has been designated by the U. S. government as a national historical site, now boasts an additional $\$ 1,432$ in her maintenance fund.
The ship, the last steam-powered passenger craft on local waters, is docked at the Fishermen's Terminal in Seattle. Reservations are available by telephoning 282-8787.



TOP RIGHT: several passengers, among hem a member of the band that played during the cruise, boarding the Virginia $\checkmark$ at her Seattle dock
LOWER RIGHT: Chief Engineer Dutch Schleitweiler inspects the ship's steam engine shortly before departure time. Fireman Loren Herrigstad was below tending the boilers when this picture was made.
CENTER: a blast of the steam whistl signals that the Virginia V is on her way.
T. passengers on the rainswept bow watch as the ship passes through the government locks at Ballard

UPPER LEFT: First Officer Do McMahon, Federal Way, mans the bridge as the vessel steams into open waters.

## Boeing HQ rezone, helipad approved

by Darlene Himmelspach
The Port of Seattle has been granted a rezone for property in
Burien it plans to sell to the BoeBurien it plans to sell to the Boeporate headquarters. The King County Council approved the controversial rezone
for 30 acres on the westside of Sea-Tac Airport Friday along with an unclassified use permit that will allow the Boeing Company to locate a helicopter pad on
the site. (Pending court litigation against the county and Boeing
could nullify the council's acThe 6-1 vote came after a coun-
y deputy prosecutor told the council it was her opinion the council members who had received campaign contributions from
Boeing should not be disqualified from voting. Bill Reams, Bob Greive, Tracy Owen and Paul Barden all received contributions
from employees of the company through its Civic Pledge Program before December, 1977 . The funds anged from $\$ 200$ to $\$ 775$. old the council that, although she did not feel such contributions should keep them from voting on
evaluaters, the fach member must for him or
eerself." Previous for herself." Previous action of the council to amend the Highline Communities Plan to ac-
commodate the Boeing developcommodate the Boeing develop-
ment in what had been
designated open ment in what had been the airport is being challenged in
court by residents of the area west of 12 th Avenue South.
Plaintiffs in that case contend that the campaign contributions
created an appearance created an appearance of
fairness problem for the coun-
cilmen who had received cirmen who had received the
money. Judge Barbara Rothstein is expected to
late this week.
Not voting on the rezone and
heliport permit were Col Not voting on the rezone and
heliport permit were Councilmen
Bruce Laing and Paul Barder Bruce Laing and Paul Barden.
Laing, who was the zoning ex-
miner who heard Laing, who was the zoning ex-
aminer who heard the Port of
Seattle rezone matter Seattle rezone matter, was excus-
ed at his request from the vote. Barden, who voted as a member
of the land use of the land use appeals committwo items then changed bis vote in written form, left the meeting oattend a Christian meeting, according to his secretary.
Councilman Gary Councilman Gary Grant voted
against passage of both the
rezone and heliport permit because a late amendment to the rezone requiring the Port to leave
5 acres in open space along the westside of the spare along the
further examinatiod further examination, he said. Port Attorney Carol Dohert told the council the Port objected
to the restriction and submitted ano restriction and submitted to the restriction and submitted
another amendment that would
have exempted changes in the
build its headquarters on five of
the 30 acres on the condition that the 30 acres on the condition that
the Port provide about five acres for a neighborhood park to be
developed by the county. It will developed by the county. It will
be located adjacent to 12th Avenue South and south of the Avenue South and south of the
proposed building north of South 176th Street. An additional condition would
preclude the Port from developpreclude the Port from develop-
ing the 55 acre greenbelt located on the westside of the airport
north of the proposed Boein complex for at least t o years. Any
change at the end of that 10 -yea period would have of that 10 -year county council for to come to tho

Conflict over access roads to the development would be con sidered during the Highline areà Loning process.
Landings and takeoffs from the Landings and takeoffs from the
proposed helipad would
limited to

Residents of the Burien and
Federal Way areas Federal Way areas, hardest hit cording of 1975 and 1977, acby recent flooding, could become manager of the department of
eligible for government relief public safety's eligible for government relief
funds. King County Executive John Spellman declared the county a
disaster area Friday and urged disaster area Friday and urged
Governor Dixy Lee Ray to take similar action "as a preliminary to seeking state and federal relief funds for county homeowners Who suffered storm damage."
South King County was hardest hit by the rain-caused floods but the damage was generally not as severe as the

Strol Stockham said "There has been because of rain runoff ratber than
 ederal flood damage assessment checking the damage or the dage. een estimated in the county has been estimated at $\$ 379,000$ "but
that figure is expected to climb"
considerably," Stockham said. considerably," Stockham said

Councilwoman Bernice Stern refused, however, to introduce
the amendment. "We are fighting the amendment. "We are fighting
for the responsibility to protect the people of that area. While Thave great respect for the Port
of Seattle, I would feel better if the countty council had control' the county council had control',
over use of that land, Stern said. over use of that land, Stern said.
Doherty labelled the restriction "an inroad on our authority.".

## STARTS FRIDAY

Our guarantee: Each and every fiem is reduced a minimum of $1 / 3$ from the price it was in our stocks just prior to this storewide clearance. Charge and save! - quantities limited - MANY ONE-OF-A-KIND - ALL ITEMS SOLD AS-IS - NO MAIL OR PHONE ORDERS

| DRESSES |
| :---: |
| 3 Crystal PleatCockail Dresses, were 67.00 then $13.99 \ldots 8.99$ | 3 Crysta Plear Cocktail Dresses, were 67.00 hien 13.99 ....99 4 Solid Diana Cocktail Dresses, were 38.00 then $14.99 \ldots$

6 Print Petite Dresses, were 28.00 then $15.99 \ldots . .9 .99$ 4 Print 2-pc. Petite Dresses were 32.00 then $21.99 \quad 13.99$

## WOMENS WORLD

6 Pint Dresses, were 27.00 then 7.99 .............. 4.99
B Rejicice Print Blouses, were 32.00 then 21.99 ... 13.99
6 BlackCheck Poly Suits, were 56.00 then 25.99 .. 16.99

## MAIN FLOOR SPORTSWEAR

10 Take 1 Skits wer 1600 wn 199
5 Judy Bond Blouses, were 18.00 then 4.99 ........ 2.99
5 Ms. Paquette Skirts, were 17.00 then 4.99 ........ 2.99
5 Leo Paley Blouses, were 24.00 then 5.99 ........ 3.99
8 Striped Pullover Velours, were 21.00then 5.99 . 3.99
8 Ms. Paquette Blouses, were 16.00 then $11.99 \ldots . .7 .99$
6 Millay Sweaters, were 28.00 then 13.99 ........... 8.99
32 FritzBlouses, were 21.00then 13.99 ............. 8.99
10 Catalina Print Shirts, were 25.00 then 16.99 .... 10.99
12 Catalina Print Skits, were 26.00 then 17.99..... 11.99
4 Catalina Suede Skits, were 32.00 then 21.99 ... 13.99
8 Catalina Suede Pants, were 32.00 then 21.99 ... 13.99
9 Catalina Suede Jackets, were 34.00 then 22.99. 14.99

## MISSES SPORTSWEAR

2 Lee Mar Shells, were 15.00 then 1.99 .
4 White StagTurtlenecks, were 1500 then 599.309
3 Alex Coleman Tops, were 26.00 then 7.99 ......... 4.99
4 Alex Coleman Blouses, were 27.00 then 8.99 .....5.99
7 Mantessa Sweaters, were 30.00 hten 8.99 ........5.99
10 Plaid Flannel Shits, were 24.00 then $14.99 \ldots . . . .9 .99$
8 Silk Vests, were 27.00 then $17.99 \ldots . . . . . . . . . . . .11 .99$
8 Black VelvetVests, were 32.00 ihen 24.99 ...... 15.99
1 Sabra Wrap Sweater, was 49.00 then 38.99 .... 25.99

| ACCESSORIES |  |
| :---: | :---: |
| 20 Strapy Sandals, were 1.99 then. 99 | . 59 |
| 20 Knithats, were 5.00 then 2.99 | 1.99 |
| 7 Scarves, were 4.99 hen 2.99 | . 1.99 |
| 9 G.Wheels Tights, were 4. 95 then 3.99 | 1.99 |
| 15 Knit Mutfiers, were 8.00 then 4.99 | 2.99 |
| 20 Sandals, were 9.00 then 6.99 | 3.99 |
| 55 Cardigan Sweaters, were 12.00 then 9.5 | 5.99 |



| TIGER SHOP |
| :---: |
| 5 Token Bleached White Jann, were 18.00then 3.991 .99 | 10 Asst. Bittania Pants, were 18.00 then 5.99 ....... 3.99 20 Metro Dresses Slacks, were 23.00 then 5.99 ...... 3.99 8 Forum Flannel Shirts, were 22.00 then 8.99 ........ 5.99 2 Shrink-to-Fit Levi's (as is), were 17.00 .......... 10.99

## STATIONERY <br> 13 PocketSize Address Books, were 1.50 then . 99 ..... 69

 46 Asst. Lucite Picture Frames, were .994 Guest Books, were 1.99
15 Asst. Envelope Packets, were 2.50
11 Ast. Packets of Invitations, were 3.50
13 Setot Asst. Sationeny, were 6.00.
1.99

| BOYS 4-7 |  |
| :---: | :---: |
| 3 Shirts, were 5.50 \%ithenus | . 1.99 |
| 7 Shirs, were 8.00 then 7.19 , | 3.99 |
| 2 Shits, were 8.756.99 | 3.99 |
| 3 Jeans, were 12.00 then 8.99 | . 5.99 |

MONTH-END

## CLEARANCE

 SHOP FRIDAY 9:30-9:30| GIRLS 4-6X | CHINA/SILVER/GLASSWARE |
| :---: | :---: |
| 2 Tops, were 6.00 then $4.79 . . . . . . . . . . . . . . . . . . . ~ 2.99 ~$ | 7 Asst. Durand Stemware, were 6.00 ea then 3.99 .. 1.99 |
| 4 Jumpers, Were 4.99 ........................ 2.99 | 3 lrish Coftee Stemware, were 3.75 ............. 1.99 |
| 6 Tops, were 7.00 then 5.59 ................... 2.99 | 1 Cake Stand, was 20.00 then 12.99 ..........7.99 |
| 10 Sweater Vests, were9.00 then 7.79 ............ 4.99 | 1 Wine Decanter Glasses Set, was 29.99then 19.9912.99 |
| 12 CordPants, were 10.00 then 7.99 .............. 4.99 | 2 CutCystal Salad Bowls, were 38.00then 24.99 15.99 |
| TODDLERS | 1 Whiskey Decanter Glasses Set, was 40.00 then26.99 .................................. 17.99 |
| 2 Plaid Jumpers, were 13.00 then $9.99 \ldots . . . . . . . . . .5 .99$ | DRAPES |
| 4 Boys 2 -Pc. Jog Sets, were 10.99 .............6.699 | 1 Custom Bilt Levolor, was 96.67 hen 5.99 _.... 3.99 |
| 6 Girls Jackets, were 30.00 then 19.99 . ......... 12.99 | 5 Chair Cushions, were 15.00 then5.99..........3.99 |
| BOYS 8-20 | 1 Champagne Sheer 118x84, was 33.99 then8.99. 5.99 |
|  | 10 Blinds, were 20.00-29.99 then 7.99-12.99 .. 4.99-8.99 |
|  | 1 Brown/Rust Reversible Comforter, was 60.00 then27.99 |
| 13 Spider Mant-Shirts, were 1.99 .................. 99 |  |
| 25 prs. 1-ZOD Boy's Shorts, were 5.99 ...........3.99 | 3 BrownCreamRust Drapes, were 42.00-71.70 <br> then 17.99-37.99 ............... 11.99.24.99 |
| 10 prs. Student Size Britania Jeans, were 10.99 ...6.99 |  |
| 10 pr. Hastuarueans, Were 2.99 | GIFTS |
| GIRLS 7-14 |  |
| 35 Tops, were 7.00then 3.99................... 1.99 | 3 Ceramic Cats (asis), were 21.00 ........9.99 |
| 9 Tops, were 10.00 then5.99 ................... 2.99 | 13 Ashtray, were 1.99-299 ..............19.199 |
| 27 Flannel Shirts, were 10.00 then 4.99 ............ 2.99 | 2 Brass \& Glass Hurricanes, were 16.50 theng.99 5.99 |
|  | 1 WoodChamberstick, was 1400 . 899 |
| 6 Flannel Tops, were 14.00 then9.99 .............5.99 | 1 Myrtiewood Dish, was 17.00 then 6.99 ......... 3.99 : |
| LAMPS | LINENS |
| 3 Stain Glass Mirrors, were 28.00 then 18.99 .... 11.99 |  |
| 1 Oriental Lamp (noshade), was 79.99then 32.99 21.99 | 48 Cloth Napkins, were 99 ....................... $699^{\circ}$ |
| 1 Gold Frame Mirror, was 49.99 then 32.99 ..... 21.99 |  |
| 1 Beige CeramicLamp, was 60.00 then $39.99 . .25 .99$ | 21 Blender Covers, were 3.99 ................... 2.99 |
| 4 H. John Original Watercolors, were 125.00 | 11 PillowShams, were 5.99 ..................... 3.99 : |
| then82.99 ............................... 54.99 | 7 King Size Sheets, were 7.99 .................. 4.99 |
| HOUSEWARES | 21 Standard Size Pillows, were 7.99 .............. 4.99 |
| 1 Pyrex 3.Pc. Casserole, was 11.95 then 6.99 .....3.99 | 27 PillowShams, were9.99 ................ 5.99 |
| 5 Corring Casseroles, were 12.50 then 7.99 .......4.99 | 4 ComtorSacks, were 19.99................. 12.00 |
| 4 Corring Tea Pots, were 13.50 then $8.99 \ldots . . . . . .5 .99$ | 5 ComfortSacks, were 23.99...............15.99 |
| 5 Smoke Alarms, were 21.99 then 9.99 ........... 5.99 | 2 Double-Up Comforters, were 44.99 ........... 29.99 ? |
| 5 Burgaralarms, were 24.99then 9.99 ...........5.99 | 2 Double-Up Comforters, were 54.99 .......... 35.99\% |
| 1 Osterizer Blender, was 35.00 then 22.99...... 16.99 |  |
| 1 Osterizer Blender, was 37.00 then 25.99 ...... 16.99 | FABRICS, ART, NEEDIEWORK |
| 1 Electric Griddle, was 44.99then 30.99........ 19.99 | FABAICS, ART, NEEDLEWORK. |
| $19 . P \mathrm{Pc}$ C Club Aluminum Sett, was 89.99 then 41.9927 .99 | All Remnants, .............. $50 \%$ Off |
| 1 Wet-Dry Vacuum, was 599.99 then 44.99 ...... 29.99 | 2 SticherkKits, were 1.99.............. $90 \%$. 99 : |
| 1 Food Processor, was 69.99 then $46.99 \ldots . . . .30 .99$ | 4 Stithery Kits, were 6.99 ....................3.99 ${ }^{\text {a }}$ |

CHINA/SILVER/GLASSWARE
7 Asst. Durand Stemware, were 6.00 ea. then 3.99 .. 1.99
3 lishh Coffee Stemware, were 3.75 ................ 1.99
1 Cake Stand, was 20.00 then $12.99 \ldots \ldots \ldots . . . . . . . . .99$
1 Wine Decanter/Glasses Set, was 29.99then 19.9912.99
2 Cut CystalSalad Bowls, were 38.00then 24.99 15.99 Whiskey Decanter Glasses Set, was 40.00 then 26.99 .
17.99

## FABRICS, ART, NEEDLEWORK

All Remnants,
2 Stichery Kits, were 1.99
4 Stitchery Kits, Were 6.99

1 9.Pc. Club Aluminum Set, was 89.99 then 41.99 27.99
1 Wet-Dy Vaccum, was 59.99 then 44.99 ....... 29.99
1 Food Processor, was 69.99 then 46.99 ....... 30.99

## Dixie over eager, puts crisis center in panic


then it would be
cording to need. cording to need.
The situation was further com plicated by the fact that the MSC administrator, Maggie Ellis, was given as the contact person.
"They (office receptionists) were having to field all the questions," said Allingham. "It's been a real
mess," he said estimating that mess," he said estimating that
calls were coming in, one a minute. ARTICLE INFERRED that people would receive $\$ 400$ directly, resulting in confusion. never given to the recipients and that all contracts are handled paid, by che ck, to vendors via the mail system.
Allingham Allingham said that callers
were also puzzled over the issue of eligibility. The article stated that no assistance would be
available to those whose income exceeded 125 percent of the federal poverty level.
Eligibility is based on family
size and income. For example size and income. For example, a
family of four must have an income of $\$ 8,375$ or less. For each additional family member, $\$ 1,375$ can be added.
However, Allingham said that
each situation is considered each situation is considered
separately. The crisis is evaluated and money, from $\$ 20$ to $\$ 400$, is authorized accordingly. Allingham emphasized that the
crisis center does not have a freeflowing supply of money. "People think we can just give out money withou
said. said.
Once grants are received, the money is placed in a reserve and the center is given a two months
advance to get the program advance to get the program
started. After that, they are reim-

DOUG THOMPSON, D.D.S. is pleased to annaunce
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December, 1979 Pnone 824-2804
Servicemen

## -David Montgomery

 Marine SergeantMagine O. Mon-
350 th St, has 1601 S.W meritoriously promoted to his present Tank while serving E1
Toro, Marine Corps Ai
Station Station, Santa Ana
Calif
He received the accelerated promotion in ding performance, duty proficiency and demonstrated
sional abilities

## Pacific Iron's <br> Fabric World

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 STARTS TODAY $1 / 20$ FF-POPLINS

- PIANA KNITS
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-DECORATOR PRINTS
- METALLCS
-SATINS
bursed for vouchers that list
already paid bills. They are reaiready paid bills. They are reand their files are audited at the year's end by a state official. Epilepsy outreach available Those who have epilepsy and are hav-
ing a difficult time fin ing a difficult time fin-
ding a job may find help through th Vocational Outreach
Program or the vocational services or the University of Washington Epilepsy
Center.
Vocational services at the epilepsy center can be reached at $223-$ 3264, and the voca-
tional outreach is tional out
$447-9790$.

Red Cross offers course for teens A Red Cross course
teen-aide volunteers
covering some basic $\begin{aligned} & \text { A Red cross course } \\ & \text { covering some basic } \\ & \text { nursing skills will beal hospitals and }\end{aligned}$
nursing homes. nursing skills will be
offered
during the nursinghomes.
 tion for young people and obtain additional 14 to 17 who are in- information by calling
terested in service as


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THE BANCLUB AT Puget Sound National Bank ( ${ }^{5}$

Juror recalls murder trial

It was a hot day and a man had been drinking beer. Late in the dispute, a phone call to an ex-wie the man dying of a gaping wound in his chest. ty Superior Court jury listened as the dead man's family told one story about the day and the family of the pistol-packing defendant ruled that the death of the man was not murder but the lesser ofmanslaughter. replete with holes, as was the proecution's case against a 35 -year d West Seattle shipfetter, acserved on the jury. Valerie Poole not her real name) said the key uestion in the jurors minds was on's case ""They didn't tell us which bullet killed him," Poole

Jack Ferneau, who wears a 45
caliber handgun in a shoulder holster as a matter of course,
went to the White Center home of his wife's former husband after
the man's wife called and said the man was beating his children. As Ferneau came up the walkway, Ron Estabrook came to
the door and threw a glass bowl at the door and threw a glass bowl at
him. Poole said because the testimony of such witnesses as the county medical examiner in-
dicated Estabrook had dicated Estabrook had been
drinking and because he threw the bowl rather than talking, "we
felt he was the instigator of the felt he was the instigator of the The two men wrestled and scuffled inside the house until Ferneau drew his gun and fired twice. Poole said there was inadequate evidence about those two
shots. Could one of them have hit Estabrook? When Estabrook fled the house,
Ferneau followed him and fired Ferneau followed him and fired
again. Although indications were again. Although indications were
that this is the bullet that entered Estabrook's back and tore away
his chest as he was running
around the house, the evidence cording to Poole, to prove it to according to Poole, to prove it to the
jury. "If they had proved that the jury. If they had proved that the ed him, the verdict probably would have been first-degree
manslaughter," manslaughter," she said.
Another crucial point in th Another crucial point in the
case, Poole said, was defense allegations that Ferneau drew his
gun because Estabrook was bran gun because Estabrook was bran-
dishing a butcher knife. Although dishing a butcher knife. Although
no knife, was found near
Estabrook's body Estabrook's bady or along the
path he travelled from the front path he travelled from the front of the house to the spot where he
fell dying, poole said the jurors fell dying, poole said the jurors Poole said the lifestyle of the
Estabrook family Estabrook family was alien to the
experiences of the jurors. "It was experiences of the jurors. "It was
much rougher than enyone on the jury was accustomed to. Like hitting a spouse. It was such a dif-
ferent type of lifestyle." Some of ferent type of lifestyle." Some of
that feeling may have colored the jury's sympathies enough to save
Ferneau from a long stretch in
"We felt he (Estabrook) was so
involved in involved in the assault. He was drunk, in all likelihood. He was
ornery when drunk and I believe he initiated the assault."
On the witness stand, the widow maintained that Estabrook was not prone to violence and denied that she ever sought refuge in a
center for battered wives or that center for battered wives or that
she had summoned police earlier she had summoned police earlier
on the evening of the July 14
shooting. Poole shooting. Poole remembered,
however, that "police however, that "police said
Estabrook was not Estabrook was not cooperative
when they came out for the
dispute. She had dispute. She had contradictory
testimeny." testimony."
Poole, who works for a major
international company international company, said she
enjoyed jury duty but was enjoyed jury duty but was
"scared" by the Estabrook famiy. After the verdict was
delivered, Poole said, the deal man's mother threatened her because "You let him get away with killing my son and you'll
pay."

FW board oks CETA contracts The Federal Way chool Board approvCETA contracts at heir special meeting The first tract, in an amount of ditional maintenance personnel funded
Title VI-b funds. The second contract, for $\$ 55,660$,
funds four employees funds four employees
through Title II. The funds will provide an educational aide at North Lake Continua-
tion program, two clerk typists at Thomas Jefferson
Senior High Schol Senior High School,
and one clerk typist and one clerk typist
for the Educational Service Center Personnel office.




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## Flood pumping closes 312th

## PLACE TWO

 MEN'S SALE OF CLOTHING AND SHOES STARTS WEDNESDAY, DECEMBER 26 SHOP 9:30-9:30shop our semi-annual sale for men and find fantastic savings on famous maker pants, jeans, sport shirts, knits outerwear, suits, sport coats, dress shirts and shoes. not all styles in all sizes and colors, so shop early for bes selection. alteration fees charged on items reduced over $40 \%$. PLACE TWO, SEA TAC MALL, FEDERAL WAY


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ASSORTED PANTS REG. TO 25.00. a great selection of washable slacks in assorted styles and colors.
9.90-15.90

JEANS AND CORDS REG. 20.00-28.00. choose denim, corduro and other casual fabrics from brittania, a. smile, desperado and other famous makers.

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A. SMILE CORDUROY PANTS, REG. 25.00.
their popular cinch waist style in a washable cotton/polyester blend. choose came., black charcoal or navy.

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ASSORTED SPORT SHIRTS, REG. 21.0029.50. a fantastic selection of styles, sizes and colors from loren scott, john henry, levi and

### 12.90

FLANNEL SPORT SHIRTS, REG. 19.50 choose assorted plaid styles in easy-care polyester/cotton blends.

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KNITS, REG. 17.00-24.00. an outstanding group in a variety of styles and fabrics.

109.00169.00

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11.90-16.90

LONG SLEEVE DRESS SHIRTS, REG. TO 25.00 A great selection of styles from john henry and don robbie.


CLOTHING CONT
6.90-9.90
selected neckwear, REG. TO 15.00. wool, wool blends and silk designs from our regular stock.

## OUTER WEAR

14.90109.90

JACKETS, REG.55.00155.00. a good choice of fall and winter styles from william barry, upiter and others.

## MEN'S SHOE SALE 15.90-31.90

reg. 23.95-48.95 choose from many, many dress, casual and active shoes and find exceptional savings. a fantastic selection of styles from famous makers. not all styles in all sizes and colors. here are just four from our wide assortment.
15.90

CONVERSE 'STAR' RUNNING SHOES REG. 27.95. in blue and white; assorted sizes.

### 31.90

BASS © '100' CASUAL SHOES REG. 48.95. leather uppers with unit sole. in tan or burgundy; assorted sizes.

### 21.90

OUR OWN CLOG REG. 31.95. designed exclusively for us with leather uppers on a comfortable wooden sole. in tan or brown assorted sizes.

### 24.90

DEXTER 'FEVER' DRESS SHOES REG 37.95. leather uppers on a medium-high stacked heel. in brown or black; assorted sizes.



#  

## GREAT WINTER SALE \& CLEARANCE!!

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IT's that time of year when floor samples, one of a kinds and last year's stock is cleared for new or-
rivals. You save from 10 to $50 \%$ thru out many departments. From the Dining Room department, rivals. You save from 10 to $50 \%$ thru out many departments. From the Dining Room department.
featuring famous names like Broyhill, American Drew and Burlington House and so it goes thru-out the store. Classic leather gallery clearance priced too!



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ton fobric. Both pcs only
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Reflected at children's party


Kick up your heels on New Year's Eve! at the Gala New Years Eve Party at the
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8212 River Rd•Puyallup•Minutes from Tacoma \& Federal Way
by Ann Hagen
In a small partitioned room at North Lake Elementary that now District's Early Childhood
Development Unit, a group of . bright-eyed youngsters sat in a circle singing holiday tunes. Now, when we get to the part about Rudolph's shiny nose, let's
all squeeze OUR nose," said high all squeeze OUR nose, said high talking merrily to the seven smiling faces.
There wa
There was no lack of response group as the youngsters followed her with motions and gestures through Rudolph's Christmas Eve excursion.
said Tracy Till, sitting nience, Iittle eirl who leaned comfortably on a tom-tom drum. "But, when
you see how much the kids enjoy you see how mucel good." A group of Decatur home economics students organized an for the 60 children who attend daidy classes at the school at 3405 S . - 336 th.

Many of the children are mill retarded, afflicted with Down's syndrome, and some need special attention for communication non-handicapped also a class of who are included as role models. The children's ages range from three to 12, though their physical age doesn't necessarily parallel their chronological years.品
the thought and care that went in to making the party a success. "Were tried to design activities that were easy to understand so that
the children would have fun," the children would have fun,
said Debbie, who is said Debbie, who is considerin
teaching handicapped children in her future.
Children played pin the tail on the Christmas tree, iut out sugar cookies from prepared dough felt stockings and accompanied themselves on musical in-
struments while struments while they sang holiday tunes.
Tpent two economics students spent two weeks in class plus evenings at home in preparation,
but they say it's been well worth but they say it's been well worth
the effort. After the fun, children were treated to home-made peanut butter cookies, fudge and punch.
Though they were able to respond Though they were able to respon
little verbally, the expression on their faces reflected their genuine delight. Cathi Sagstad, Early Childhood
Unit supervisor said the children really look forward to parties. "It's a good chance for the children and students to better said. Important in another way, she
said parties help the community said parties help the community
become aware of the needs of the become aware of the needs of the
handicapped. handicapped.
"These child
tle beings," she said warmly, her devotion to them obvious in every word. "They have the same needs and wants as everybody else."

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The excremeneris boathine



David $P$ Thompson
Presiont

## CITIZENS

Silent alarm alerts police: K-9 dog nabs youthful burglars

Navisw

Mr. Wizard headlines Science Circus '79

$\qquad$ CENT (Vital Informa-
tion Necessary sion's "Mr. Wizard," tralized) from Walt will head up the Disney's new space clude exhibits ranging
Science Cen er's production, "The from annual Science Cir- Black Hole," will be nature and clowns.
 $\begin{array}{ll}\text { Theater on the theme galactic adventure. } & \text { prom.; the a.m. to } \\ \text { pox office }\end{array}$ A special discount ticket also includes earlier.
Get more out of life


Sometimes 55 mph is too fast, says expert
Should motorists duties is also a direc- stopping on slippery ing. Locked wheels turn your wheel in the brakes when the rear ing the brake pedal faces, in the order of wheels reduce brak

national 55 miles an any posted speed for
that matter? An affirmative tion from a national enforcement authority might be expected; Driving League, head- ing your brakes. An car into a skid. quartered in Chicago, intermittent pumping, If you misjudge ding. When you feel
reviewed recom- on-off action helps stopping or cornering the car start to mended personal maintain steering ability and your car the car start to driving techniques: during those times does go into a skid, your front wheels.
When slowing or your wheels are roll- steer into the skid - Above all, don't hit the


## SUPER YEAR-END SAVINGS

Save 25\% on Custom Draperies, 1" Blinds, Woven Woods and Louver Drapes From now until January 31, do something beautiful to your home and save money at the same time. All gorgeous custom window coverings you or call for an appointment and let our Interior Fashion Consul tants guide you to an exciting new look for the 1980's. on Witner Driving Hazards skid tests: 55 At the legal speed of ideal road and weather conditions the average car can
bé braked to a stop in $\frac{b e}{}$ braked to a stop in feet. In contrast, it takes almost this same distance to stop on glare ice from a
speed of only 20 miles an hour
Darwick, who in ad-
dition to his IACP
when all four wheels available, Reduce TIRE CHAINS on the to pegulartires. rolling. Get the "feel" of the distance accordingly. ice by 50 percent as CONVENTIONAL road whenever there Darwick quoted compared with SNOW TIRES
is any question as to NSC skid-test finding is any question as to NSC skid-test findings. regular tires.
how slippery the pave- related to traction STUDDED SNOW no advantage over ment is. By gunning aids when trying to TIRES (where per- regular tires in stoppthe engine or by jabb- stop on ice slick sur- mitted) on the rear ing onice.


December 26, 1979 through January 8, 1980 Stores open New Years day, 10:00 a.m. till 6:00 p.m.


To name just a few of the great fabrics that you will find for $20 \%$ off - broadcloth, woolens, drapery, upholstery, pile fabric, eyelet, quilts, qiana, velour, suede cloth, flannels, terry, vinyl, coatings, shirtings, seersucker, satin, calicos, crepe de chine, burlap, batiste, chiffon, plus thousands of yards more! Far too many to name every type of fabric you will find. *This includes every yard of fabric and every yard of interfacing in the store!

## Don't miss this incredible sale!

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 blazers ......Jan 15, 22 \& 29 BLAZERS.......an 15, 22 \& 29QUIITING...........an 24, 31 JEANS …............eb 5, 12 \& 19 UITRA SUEDE.....Feb. 6 \& 13

## Fubrictand

B. 4 Wedenestor, Oeeember 26, 1979 . The ovews

spells success "Morphographic"" had some positiv
may sound like a com- results, Rivers said. plicated mouthful of etters, but the with the kilds," she simplifies thingribe spelling. The method, exElementary minutes a day, fou aide in basic skills, One sixth grade stuwith a workable students ules which may be
used in the student's Used in the basi teaches the meaning and usage of
numerous suffixes ample, "ing," when you are doing
something "re" youare doing it again.
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more inforr
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## It Starts December 26th 9 it

 GATH GHRISTMAS Glearance

Snyder reassigns three in school reorganization

Three assignments in the reorganization
of the Federal Way of the Federal Way assistants for the divi- Way High School and ministration were an- Lee Woodworth wand of personnel for firetor nounced by Ted Gartner. Daniel past two and one-half superintendent Milton Clements was named
Snyder discal af Snyder during a director of insal af- Woodworth will speciar larsday.
last Thur

## HAPPY NEW YEAR!

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LIVE MUSIC-DANCING
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areas of inservice tors of curriculum,
education, accredita- special education, education, accredita- special education,
tion, the basic educa- career-vocation, ac-
tion act, the building tivities and Title Ition act, the building tivities and Titte I-
work plan, graduation basic skills, the Indian requirements and Studies consultant school-student-home and the coordinator conflict resolution for the English as a
while Gartner will Second Language prowhile Gartner will Second Language pro-


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 18220 Pacific Highway So. 246-5535
it
 the top priority for us. ed as administrative training experience and assistant for operatraining in dealing tions support since Juwith classroom learn- ly 1977 .
 tions of purchasing,
data and operation data and operation
analysis, and accounting. "Dan Clements is an excellent fiscal said, "and will now be able to concentrate
his undivided atten-
tion to the fiscal fairs of the fiscal af

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| RENTON |  |
| AUBURN | 1509 Auburn Woy S.ar me S. |
| TWIN Lakes 21 | S.W. 336th et 21 |
| FEDERAL WA |  |

STORE HOURS WEEKDAYS 9 am to 9 pm SUNDAY 10 am to 7 pm
SUM SUNDAY 10 am fo 7 pm
PHARMACY HOURS WEEKDAYS 10 cm to 7 pm JUANITA 10 am to $9 \mathrm{pmm}-\mathrm{M}$
10 am to 6 pm SA PHARMACY CLOSED SUNDAYS
of the district's financol needs and will
continue to give strong support to the Wheodict.".
Worth, who
has taught at the has taught at the
junior high level in both California and
South Carolina, servbefore becomin Federal Way High's Danial Clements cluding a procedira cluding a procedural ing in 1961 from
specialist in the Eastern Montana Col specialist in the Eastern Montana Col-
special services
degartment, a super-
visings.
Before coming to
 psychologist, basic Clements was city
skills, resource room clerk and treasurer skills, resource room clerk and treasurer
and prevocation for the city of Fife
educationteachers education teachers.
She received her the city of Fife
from 1975 to 1977. He She received her from 1975 to 1977. He
master's degree in ing director for thanneducation administra- M et $r$ op o 1 it an
tion from the Univer-
sity of Washington in
in Tacomant, wancil a sity of Washington in $\begin{aligned} & \text { Development Tacoma, was a a } \\ & \text { 1977. }\end{aligned} \begin{aligned} & \text { market analyst for }\end{aligned}$ Before coming to Mrigard Insurance
the Federal Way Group, Seattle, and School District in 1963 Group, Seattle, and assistant
as a counselor at wanager for Forentco Lakota Junior High manager for Forentco mais ma master of interna-
tional management degree from the
American Graduate American Graduate
School of Business in School of Business in
Phoenix, a BA degree from the University of Puget Sound and
spent one academic year studying eastern and foreign policy at
the Austro-American Institute in Vienna. Ted Gartner reassignment
become effective of taught in schools in Jan. 1, 1980. Montana and Cle Snyder previously
Elum, Wash. He announced the apbecame vice-principal pointments of Ronald at in 1967 and in 1970, Johnson to the posi-
was made principal. tion of assistant was made principal. tion of assistant
In 1974, Gartner superintendent for the Lakota was named division of learning principal at Federal Donald L. Deterick as in 1977, he assumed dent for operations
his position as direc- division, and Paul tor of personnel. Chaplik as assistant Gartner earned his superintendent for
master's degree in personnel and pupil guidance and counsel- services.

Licensing office closes
Licensing's Auburn ing hours on Wednes office will be closed on fay, Jan. 2 . m . until 5 vance of New Year's p.m. Tuesday through Day. The office will Saturday, except resume regular work- holidays.

## (4) Pinter Pl 1 onsioge m COMEBACK S.BIG SECOND $\left\{\begin{array}{l}\text { Friday and Saturday } \\ \text { at } 8 \text { p.m. and Sunday } \\ \text { at } 7 \text { p.m. through Jan. }\end{array}\right.$ LOVE DEITVERY $\left\{\begin{array}{l}\text { HIT.. The production will } \\ \text { be staged at }\end{array}\right.$ 8:35-10:40 $\left\{\begin{array}{l}\text { Joseph's Per- } \\ \text { formance }\end{array}\right.$ located at 720 18th Ave. E. For reserva-  $\xrightarrow{134.296}$

Continental Dining at it's finest Reservations $433 \cdot 5622$ SEA-TAC INTERNATIONAL AIRPORT

Health agency revamp is OK



Unitarians plan children theme Michideron and mhe ris will give everal the annual candlelight selections from a suite Christmas service at of Alfred Burt Carols. First Unitarian There will be other
Church. The Sunday musicians performing will begin at 7p.m. Following the serand children will be informal gathering involved in the pro- for sharing Christmas
gram which has been treats brought by planned to appeal to women of the church. everyone. Church Church is located near

Game night to end ACTS year
Singles group will see ried ther unmargame night out at a dew denominational and Year's Eve party at Some activities are mont, Dec. 31 starting included and others Members are in- are for adults only.
vited to bring their wanting furchildren and a favori ther information
te game they wors may like to share with membership chairothers. Call 838-1311 man at 927-2798.
for information or Some of the ACTS stands for are planning to go tea


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## Vikings Iull past Eagles, 39-27

| by Harry Brooks | but the E agles ed its goal of slowing |
| :---: | :---: | :---: |
| Coach Gary Brines |  |
| managed only 27. |  |



FEDERAL WAY coach Bev McIrvin and her pupil, Michelle Piquette jubilation after the Eagle gymnast completed the final performance of an event sweep in last Wednesday's gym-
nastics meet. Federal Way took a tri-meet split as the Decatur Gators topped the scoring with 117.19 points.

## Decatur's gymnastic depth overpowers Federal Way

The Decatur Gat girls overcam Gator outstanding per-

formance by Federal Way's Michelle Pitory in an intradistrict gymnastics the Decatur gym. Decatur scored
i17.19 points, while 117.19 points, while with 113.29. Both win over Betheet which scored 97.45 . good," said a conMelanie "We're pretty thrilled about it."
Piquette swept first places in the fourevent schedule and
the all-around competition. She took the floor exercise with
8.15 points, the vault with 8.35, the uneven bars with 8.0; the 7.85 balance beam with scorind we all-around average. powered by Kathy Crotty and Kathy White, consistently placed just below the
quette to take team scoring. "Not only our first ${ }^{\text {girl }}$ was doing a good and burd girls were coming through," 'and tham pointed out, 'and they're young.
We should have strong


PARISH gave avenge the Gators' onFederal Way a second avenge the Gators' on-
on the floor with of the season in $\begin{array}{ll}\text { on the floor with a } 7.95 & \begin{array}{l}\text { the second go-around } \\ \text { score. }\end{array} \\ \text { with the CP Warriors. }\end{array}$ score.
Both teams will Both teams will
compete in optional meets, those that inmeets, those that in- "If we perform the
volve a choice of volve a choice of best we canform the could
routines, after the beat routines, after the beat Clover Park,"
Christmas vacation Christmas vacation Brigham stated. break. The pre- "We're going to be
Cristmas portion of strong in and we have the SPSL involved a lot of depth. Beating the SPSL involved a lot of depth. Beating
compulsory competi- Clover Park is our tion, set routines for all performers.
Federal Way, $6-2$ in the SPSL, will travel to Lakes Jan 9 to compete against Lakes
and Puyallup. McIr-
vin considers it vin considers it" "a warmup meet" as
neither of the opponents of tan match Federal Way's
strength. Decatur strength. Decatur, $7-1$ meet undefeated Clover Park and
Sumner the same Sumner the same day
at Sumner, and at Sumner, and
Brigham and her Crew are looking to
Docatur 117,19, Fw 113.29 Docatur 117.19, FW 113.29
Bethol
Fi.45




 Uneven Bars.:. Plauetio
(FW) e.0; 2, Crotty (D) 7.7; 3 .



 All-Around: 1. 1, Plquetto
(FW) 8.03 ; 2 , White (D) $7.35 ; 3$, (FW) $8.03 ; 2,2$ Whit
Crotty ( 0 D 6.33.

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Pizzainn 31406 Pacific Hwy So. 941-3720

Sports suffers shrinkage
EDITOR'S NOTE: Because of normal Wednesday section. $\begin{array}{ll}\text { press configuartion, today's sec- } & \text { Therefore, numerous } \\ \text { tion is four times smaller than a } & \text { must be held until Friday. }\end{array}$


From the crew at New Lumber \& Hardware

Phil Eichholtz Larry Cooper Ray Cooper Jim Eichholtz Rick Bailey Bob Butler Bob Holme Joyce Kelly Blanche O'Brien John Sellers Linda Seibert Darlene Henson Dean Vanderhoff Andy Webb Peggy Eichholtz Dan Hodgson Glenn O'Berg Wally Pulley Linda Bowers Bob Derrick Bill Eichholtz Joe May Terry Soderlind Jefferson, with a 5-3 "We've improve pete in the optional year," time out this portion of the season Clover Park's Reginning Jan. 9 at the Warrior paved will join TJ and taking all events - meet. Opptional balance beam, vault, routines leave the foruneven bars and floor mat choice to the com-
exercise. Her winning petitor. Jefferson's all-around average past meet of been of was 8 28. Ross took seconds in pant is judged on a set Ross took seconds in
the uneven bars ( 7.7 )

We will be closed New Years

839.1313

927-4301

C-2 Wednesday, December 26, 1979 The Tews

## Chargers end Ram string despite Fickes' tallies

by Kevin Stauffer
The ingrodients: early foul
trouble on Ram big men Dave
Rencher and Dan Ernissee, the
absence of guard Craig Maley,
and an inability to take ad-
vantage of Kentridge mistakes in
the closing minutes.
The result: the end of Mt.
Rainier's two-game winning
streak in North Puget Sound
League play, a 45-42 win for the
Cargers on their home court,
and a basketball defeat which
tasted bitter to the Rams and
coach Merre Duncan.
"We just didn't play very
well," Duncan said. "We wwere
juist lethargic; golly, we didn't
play with muchintensity.
"Maley was injured (a sprain-
ed ankle in last Tuesday's win
over Kennedy, $67-55$ ). We only
had Fickes scoring, and they
overloaded onhim."

## Loss to Lakes ups Gator hoop hopes

It wasn't an artistic Bame,

Duchholz, coach of the
Decatur Gators, shied
on the satisfied side. on the satisfied side.
In fact, it wasn't even a
Decatur 35 .
 The Gators, despite
having several key
players sidelined with
injuries or drifting on injuries or drifting on
vacation, played a
game which left Buchholz with op
timism in his eyes. Two costly lapses
turned the game in the Lancer's favor, one 10 quarter with the score
tied at four, and a $13-2$ quarter. lapses, the kids
played an outstanding game,"' Buchholz better play in several aspects of our game."
Buchholz cited bet ter positioning on
defense, which subsequently leading
to more reb improved ball-

## Raider cagers rebound to beat Sumner

| Kevin Patterso |
| :---: |
| Playing like they |
| had taken a cha |
| m Dr Jekyll |
| Mr. Hyde, Thomas |
| Jefferson's Raiders |
| turned a 15 - |
| icit into an 11 |
| South Puget |
| ague |
| Sumner Friday |
|  |
| The Raid |
| game |
| late third-q |
| as the |
| straight points |
| ended the quarter |
| points at 43-41. |
| The lead see-sawed |
| until midway throu |
| fourth quarter |
| en the Raiders' |
| arming half-court |
| forced the h |
| into commit |
| st of its 14 tur |
| ers and allowed |
| ferson to run off 9 |
| answered po |
| iel holding Sum |
| reless |
| minuted, 20 |
| the game. |
| Raider coach |
| Erikson said |
| ider press keyed |
| team's comeback. |
| We hadn't used |
| this year, |
| ne was righ |
|  |
| The Raiders, wh |
| aned their thir |
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| SPSL Girls' |
| Basketb |
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| 46, Lakos |
| ur 46, Lakos |
| lup 47, Foderal Way 37: |
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$\qquad$

## Chokers

 stop GR win streak The Green River men's basketbal streak halted a fourstraight Wednesda as the Grays Harbor
Chokers handed the Gators a handed th
the opening round in the opening round of
the Bellevue CC Tour
 third place in the the
tourney with an $89-75$ win over Olymp.
lege Thursday. The Gators will
compete in the Big Bend College Tourna-
ment tomorrow and
Friday at the Eastern Tandimesenstional

for traveling twice on Ram
s pressure in the closing minutes,
e and Jeanson missed an op-
portunity at the charity stripe
d with a minute remaining and the
Lancers up by one. Jeanson
redeemed himself seven seconds
later with two free throws; a
Steve Edmiston jumper gave the
Rams hope, but Bendfelt took the
game away from M. Rainier in
the last 20 ticks of the clock.
"Fickes had a good all-around
game; I'm very happy with
him,", Duncan said in praise of
the 6 -3 senior who kept the Rams
tough untit the end. 'I don't think
he'shad a bad game this year."
While Fickes scored, the
Featuring

 Mike Mangrum, last year's
state champion wrestler yar state champion wrestler at 122 senior grappler now is wrestling pounds, remained undefeated down to the 129 catagory by State
the clamps on the remaining
Rams. "Kentridge did dan outstanding job keeping our big
men down," Duncan said


# SEA-COMA LUMBER 

Wishes you all the very BEST of Holidays!

We will be closed new year's
$\sqrt{4 \text { at }}$

## The Tews

Your Money by John Weaver, Jr.
Dean Witter Reynolds, Inc. As we all know, the government collects
capital gains taxes on a wide variety of our incapital gains taxes on a wide variety of our in-
vestment and personal assets gains. This tax exposure can be lessened if you are holding bonds currently selling at a discount from
where you originally bought them at a time of where interest rates.
Tax swapping is the sale of a bond at a price
lower than you paid, and the application of the resulting proceeds to purchase another bond,
distinctive from the first as to coupon, maturity or issuing municipality.
. Except in the case of a bond bought at a
premium, the difference between the price premium, the difference between the price
originally paid and the price received for the originally paid and the price received for the
bond being sold is the amount of the tax loss.
Step two of the swap, the purchase of difStep two of the swap, the purchase of dif-
ferent bonds, preserves fixed income interest receipts (which are exempt in the case of
municipal bonds from Federal income taxation); and generally, maintains the quality level and the par value of bonds held, all at
either very nominal cost or with a net credit to either very nominal cost or with a net credit to
the individual account.
SUPPOSE YOU OWN $\$ 50,000$ State of Washington 3.4 percent general obligation
serial bonds due Nov. 1, 1985, rated "Aaa" by serial bonds due Nov. 1, 1985, rated "Aaa " by
Moody's. You purchased hem in 1965 at $\$ 1,000$ per bond. This month you received a bid of
8812.40 per $\$ 1,000$, meaning you have a poten tial loss of $\$ 9,380$ ( $\$ 50,000-\$ 40,620$ ).
If you sell at this price, you will have
established a loss which may be used, first to eftablished a loss which may be used, first to
ofains; then 50 percent of these long term losses may be used to offset your ordinary income (up to a limit of $\$ 3,000$ in 1979.).
Now let's assume you wish to preserve your Now let's assume you wish to preserve your
existing coupon and quality rating, but perhaps lengthen the maturity of your new bond holdings.
You purchase $\$ 50,000$ Aaa rated Washington
Public Power 3. percent bonds due Feb. 1 Public Power 3. percent bonds due Feb. 1,
1988, at a price to yield 6.7 percent tax exempt - approximately $\$ 813.90$ per $\$ 1000$ bond or $\$ 40,695$ for the 50 bonds.
Note that in this swap, you obtained a $\$ 9,380$ (from $\$ 1,700$ to $\$ 1,875$ per year), and no dilu tion in quality of par value - for a small out of the pocket cost $\$ 40,695-\$ 40,620$ equals $\$ 75$.) THIS IS A simplified example, of course. In
fact when medium quality bonds are owned fact when medium quality bonds are owned, a
good case exists for upgrading the quality of holds through the "swap." This of course would tend to increase costs, as would buying The "right" swap depends on your. individual Also, the most workable and satisfactory swaps usually involve working with a number f different bonds. Again, be sure to refer the idea of the swap, and the example cited to your own qualified beneficial application in your particular case. would be happy to answer your investment questions. Send a card with your name and ad-
dress to John Weaver, $\mathrm{c}-\mathrm{o}$ of the Federal Way NEWS.
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Mortgage loans down in November says savings group tgage loans made by from the Washington sharp credit restricthe savings and loan sta9e law Wetting a 12 The savings and associations in the percent ceiling on loans in the state
state in November home mortgages. The made 2,199 mortgages was in percent less than the number
made in October made in October, 1979,
the Washington Savme Washington Sav- home mortgages has pares with 3,487 morAngs League reported. higher since October million wade $\$ 203.4$ According to the when the federal tober, 1979. The dollar
league, the sharp drop government imposed volume in November


## compare

Doug Grimm Gale P. Ansell has tant vice president/analysis and control, at the Seattle branch of the Federal
Reserve Bank of San Francisco.
He joined the Federal Reserve Bank at the Seattle
Branch in April 1965 and has had various
assignments in the Check Processing, Ac-


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\end{aligned}
$$

$$
\begin{aligned}
& \text { rooms w/big windows to take advantage of the woodsy setting \& Snd view. Wrap- } \\
& \text { around deck off all rms on top level. Truly a lovely family home. } \$ 169,000 \text { Call } \\
& \text { MARY KOZELISKY } 243-3387 \text { or } 248-2722 \text {. }
\end{aligned}
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## SELIING YOUR HOUSE



By Doug Fields

## NEW YEAR'S RESOLUTIONS

 ne beginning of a new year is always a iew leaf, starting fresh. Even good hings seem to get better. Now's the me for important resolutions. Besolved: this is the year to do thingstight. No more do-it-yourself on jobs that should be left to a professional (ilike that tile floor that never did lie smoothly. When it comes to selling a
house, with all the hassles involved, House, with alt the hassles
this is the year to list with a real estate, qroker.
Resolved this is the year to maximize
every asset. When you sell property, you want to get the very best price, top dollar. It takes a professional to set the Optimum market price- and then get it.
takes knowledge of the local market, recent comparables, and current trends. And then it takes an astute salesperson to match the right buyer
with the right property.耳ith the right property. health. Don't raise your blood pressure trying to keep up with the problems that arise (and they do) when you try to
sell your own house. sell your ownived: this is the year to list with.
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## REAL ESTATE NORTHWEST


Published every Wednesday and Sunday

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PUTTING ON the finishing touches, Rose Weimes prepares a do-

With half of the season's festivities behind With half of the season's festivities behind
us, there remains that one last, big bash of the year. However, th last is doesn't mean rushing into the next decade with complicated party plans that may leave you worn out by yourself.
That's how the Des Moines Yacht Club members feel about their New Year's Ev dinner dance for 160 party goers.
expensive," said Nancy Mann. Mrs. and her husband, Jim the club's rear com odore, are in charge of the 24 member enter Instead of a buffee.
t-down dinne
"Wown dinner for this year's party.
"We wanted to serve the dinner in style,"
Mrs. Mann explained.
The festive menu includes: a seaworthy Crevette Salade a la Diable (shrimp salad), Jambon a la Bourguignonne (baked ham (parsley potatoes), Petit Pois Vert a la

Allemande (cream peas) and Creme de MenTo prepare the simply elegant fare, Mrs. Mann said the committe will divide up the in their pawn preme since the club's kitchen cannot handle a large group.
Many of these dishes can be prepared ahead of time, such as the 20 pies, salad greens and ${ }^{45}$ pounds of potatoes, which give the membe
party.
"We' "We'll decorate and set up the tables the day before," Mrs. Mann said. "Then we'll meet again early Monday to prepare the last minore dinner time at $7: 30$ p.m." Club members children
Club member's children will serve the
meal, leaving the parents time to kick off their shoes and enjoy the new year's merriment. On a smaller scale, this type of planning with simple, do-ahead foods can help the in-
dividual host or hostess relax with a small group of friends as well.



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Tip Roost

Because of staffing limitations some fresh meat items in this ad may not be available on Sunday.
 Beef Rump Roast.


 (2acon Bits.....ansin 89، (1) onvilicin Popcorn son. ${ }^{59}$


| $\begin{aligned} & \text { Wine } \\ & \text { Cellar } \end{aligned}$ |  | $\begin{array}{\|c\|} \hline \begin{array}{c} \text { Le Jon } \\ \text { Chompogne } \\ \\ \text { 750 m } \end{array} \\ \hline \end{array}$ |  |
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Variety Department



No. 1 Bananas

Fresh Lemons. (umantart) 5 trs ${ }^{\text {s }} 1$ Cucumbers

Green Cabbage ... Tmatrit. 19، Cherry Tomatoes. .... .1. 69،
Bean Sprouts. ... teactaemen . 59،


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## Plan a progressive dinner - French country - inn style



Salad makes quick and easy holiday fare Most of us schedule with sour cream, mushrooms, sliced
so many gatherings of lemon juice, chicken Core, rinse an family and friends stock base and thoroughly drain let
during the holidays seasonings. An elec- tuce. Reserve oute that it's often difficult tric blender or food leaves and chill in food preparation re- work in seconds. or plastic plastic bag quired from one party Gelatin is mixed into Coarsely chop enough The more you cook the liquid salad is to meaining lettuce in advance of a party, chilled in a mold until combine with one cup of course, the more firm. Serve this shinq water in blender or
breathing room you'll mering delight on a food processor and have just before the bed of iceberg lettuce whir until fairly valuable time that you with a few fresh cream, lemon juice
can use to check the $\begin{array}{ll}\text { can use to check the mushrooms. } & \text { chicken stock base } \\ \text { floral arrangements }\end{array}$ and the table settings, ASPIC powder and pepper put on candles, and (Yield: 8 servings) whir to blend. records to set the $1^{1 / 2}$ cups water withbine gelatin If a salad is on your ${ }^{3 / 2}$ cup dairy sour water; stir over low buffet jenu but you're $\quad 1 / 4$ cup lemon juice dissolved. Mix into too many last-minute seasoned stock basen lettuce puree; chil things to do, the $1 / 2$ teaspoon salt on spoon. Turn into 4 Lettuce Calia Iceberg $1 / 4$ teaspoon thyme mold or 8 ( suggests an easy, but powder
mpoon onion ounces) individua
molds; chill until impressive, molded $1 / 6$ teaspoon white pep- firm. Unmold onto
salad. 'spicy Iceberg Aspic", is made hours 2 envelopes plain reserved lettuce in advance by blen- gelatin $\quad$ in a ves a $n$ d

When the feast is over
Glorious though the 1 tablespoon oil
holiday meal was, one and two-thirds $\begin{aligned} & \text { on absorbent paper. }\end{aligned}$ Serve hot with Apple reality sets in a few cups regular or butwayted and needed is waffle mix a light easy-to- 2 cups finely diced Melt five tablespoons evening meal. Look to Fat for frying $\quad$ butter or margarine maple syrup for a tas- Apple Syrup Sauce four cups skiced peel ters with Apple Syrup (see recipe below) ed apples and cook Sauce. Crispy and and boiling water in or until tender golden, they're ready bowl. Blend in eggs, one cup pancake and the fritters are an ex- pancake mix and beat ingfle syrup and br cellent way to use up until smooth. Add one-fourth Combine leftover holiday ham. ham. For each fritter, juice and one tables HAMFRITTERS drop about one-fourth poon cornstarch. Stir
(Yield: 8 servings) meal yellow cornmeal cup boiling water 2 eggs, beat
1 cup milk
 $1 / 4$ cup golden raisins teaspoon grated

temon peel ding water with lemon juice and Tert. Tart Shell: Combin th lemon peel brated necessary to keep one tablespoon sugar. one and one-half cups thoroughly P i ck t/4 teaspoon cinnamon from sticking. Stir in Arrange slices flour and three tables- preheated 400 degree. 1/4 teaspoon nutmeg one-fourth cup sugar, over filling. Sprinkle tablespoons butter or minutes, until to 12.
Tart shell 2 cups cored and slic- margarine butter or with one tablespoon margarine. Add one browned. ed golden apples juice
jemon and nutmeg. Continue
oven for 25 to 30 two to three tables- preserves with one Glaze
Place six cups slic-
$\begin{aligned} & \text { stantly, until mixture } \\ & \text { resembles a thick ap- }\end{aligned}$ are tender. Glaze tart Cover and cook over baked tart shell. Toss whipped cream, if to 11 -inch tart a 10 baked tart while still


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First course: an elegant salad

give or to gobble lettuce into beds for crisper or disposable quid, and turn livers - chicken liver pate your pate on in- plastic bag. Prepare into blender. Add one from-the-kitchen shallow bowls. Add an and chill. Prepare fourth teaspoon each impressive as it is ice cream scoop of Wine Vinegar Dress- allspice and pepper delicious. And, sur- pate and garnish with ing. Shortly before and one-half cup liprise! It makes a hard-cooked eggs and serving, line six quid from cooking walloping good salad, green onions, shallow chilled serv- livers, and blend unti course, is the high you might save your with small lettuce cup soft or melted butnutrition it adds to the Chicken Liver Pate leaves. Finely shred ter, and blend again. For giving: Mix up the main course is less toss with dressing. and chill. Yields about the chicken liver pate than inspired, and Spoon into salad two cups. recipe and pack into then who'll notice dishes and top with a Wine Vinegar jars or pottery when the meal starts scoop of pate. Garnish Dressing: In a smal For cobbs.ing: Make in such an elegant with egg siices and cup corn oil, one and up an extra batch of CHICKEN LIVER Green onion. Chicken Liver Pate: one-half tablespoons the pate and hide it PATESALAD Cut one and one-half red wine vinegar, oneaw a y in the (Yield: 6 servings) pounds chicken livers fourth teaspo $\begin{array}{llll}1 \text { head iceberg lettuce } & \text { in halves. Saute light- } & \text { n each } \\ \text { When dinner }\end{array}$ rolls around, take Wine Vinegar Dress- butter with one-half and one-eighth teasyour chilled head let- ing cup finely chopped poon each sugar, refrigerator of the 2 hard-cooked eggs, onion. Add one-half curry powder, lemon about a quart of it, Sliced green onion wine and chicken Cover jar, and shake and toss with tangy Core, rinse and broth, and simmer un- together well. Yields
Wine Vinegar Dress- thoroughly drain let- til cooked through. about one-half cup Heap shredded tuce. Chill in plastic Drain, reserving li- dressing.

## Bar cookies, moist and rich

Bar cookies are coconut; add cocoa mixture evenly and into one and one-hal made with a stiff, soft mixture. Pack evenly firmly on bottom of 13 - inch squares or dough that is spread in pan; spread with by-9-by-2-inch pan; diamonds; drizzle
or pressed evenly into
frosting. Chill until spread with date mix- w it h melted a pan, baked, cooled frosting is firm. ture. Sprinkle remain- chocolate. Cool in pan slightly and cut into Melt chocolate; ing crumb mixture on wirerack. bars, squares or spread over frosting. over top; press down HONEYDROPS diamonds. These When partially
cake-like cookies are cut into small (ap- Bake 30 minutes, $3 / 4$ cup (One and on moist with a rich proximately one and cool in pan on wire half sticks) butter flavor and a thin, one-fourth by three- rack. Cut into 1 cup sugar
delicate crust.
$\qquad$
 CREAM BARS
(Yield: 6 dozen)
cup chopped filberts
or almonds 1/2 cup (one stick) but1/4 cup sugar 2 teaspoons vanilla tract
$1 / 2$ teaspoon salt
1 egg, beaten
$1 \% / 4$ cups vanilla wafer crumbs (about 45) $1 / 4$ cup flaked coconut semi-sweet chocolate
$\qquad$ shalow pan; toast
five to 10 minutes, stir occasionally, until lightly browned.
Combine butter, sugar, cocoa, vanilla, salt and egg. Cook over low heat until mixture thickens and
becomes glossy Com bine crumbs, nuts and
no-fourth by three
fourth) bars Refrigerate unti ready to serve. ENGLISH TOFFEE 1 teaspoon grate Frosting: Cream but- BARS $\quad \begin{aligned} & \text { orange peel } \\ & 1 / 2\end{aligned}$ ter, add egg and ex- (Yield: 5-6 dozen) $\quad \begin{aligned} & 2 \text { cups all-purpose }\end{aligned}$ tract; beat well. Beat 1 cup ( 2 sticks) butter in sugar until smooth 1 cup sugar
and creamy. Spread 1 egg yolk
$\begin{array}{ll}\text { and creamy. Spread } \\ \text { over chocolate base. } & \begin{array}{l}13 / 4 \\ \text { 13/4 cups all-purpose }\end{array} \\ \text { flour }\end{array}$ D A TE -N U T 1 teaspoon cinnamon SQUARES 1 egg white, slightly (Yield: 2 dozen) 3 cups (one pound) cut-up dates 1 cup water
$1 / 2$ cup sugar 1/2 cup chopped walnuts $3 /$ cup (one and one1 cup firmly packe light brown sugar 11/0 cups all-purpos flour
1 teaspoon salt $11 / 4$ cups quick oats, uncooked
Combine dates, Combine dates, water and sugar; bol thickened. Cool slightly; add nuts; set aside. Cream butter,
gradually add sugar and continue beating until blended. Add flour, salt and oats.
(Mixture will be crumbly.)
Pack two-thirds of
teaspoons baking powder $1 / 2$ teaspoon salt 1 egg white, slightly beaten
Shredded shredded (see not below) sugar and continue beating until blended Beat in egg yolk orange peel; blend in
honey. Sift together honey. Sift togethe
flour, baking powder mace and salt; gradually add t creamed mixture. fuls onto bakin sheets about 2 -inches apart; flatten with fork dipped in flour
Brush with egg white Brash wie with coconut Bake in preheated 350
degree oven for $10-14$ degree oven for 10-1
minutes. Remove minutes. Remock to cool. wire rack
Note: Tint cool baked, cut until evenly tinted.

## An old favorite revised

Do-ahead recipes extract have seperated into tangerine slices, slic are always popular. Dissolve gelatine in two layers. Garnish ed peaches, raspbe
When the recipe is one-half cup of the with orange slices, ries or blueberries. easy, good tasting, milk. Beat egg yolks,
low in calories and salt and one-fourth ow in calor's and sup and one-fourth nutritious it's even Cream is an old recipe dating back to grandmother's day. It's a
simple, yet elegant, simple, yet elegant,
gelatinized dessert garnished with y garnisised wit fruit.
SPANISH CREAM Beat egg whites unenvelopes beating, slowly ad unflavored gelatine 1 quart milk
3 eggs, separate
Dash salt
1/2 cup sugar $\quad \begin{aligned} & \text { mold and refrigerate } \\ & \text { until }\end{aligned}$
1 cupsugar
itablespoon vanilla until set. Remove mold. This will

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by Ruth Jurich
"Absence makes many times that your
family has ceased to relish it' the best thing to do is to forget about it for a while. I think my family had grown tired of
chili until I let it rest for several months. I made a batch the other day, and it was
greeted with old time enthusiasm.
Chili is a great cold weather main dish but it's equally welcome
at a hot weather picnic when a
companied by a coo crisp salad, truly
dish for all seasons There are few peo ple, male or female, who cook who don't ways of making chilli, and most of them claim that theirs is the know some world. definitely disagree with. But naturally I dine is good. If ferently That's it dif bably the way mos people reason.
SOME thrown CHILIS are quickly. People who assumethat everybody is always in a hurry. We ma time, but there ar home when we are a simmered dish may can be the east of all. It almost forgotten about with only occa-
sional stirring until sional stir long chili is of the long, slow simmered red/brown color and a Whily blended flavor mers in sauce simno trouble at all to simmer dried beans in another pan. They're same time bout the you'd rather open cans of red kidney against it In any case, beans and.thelongsimmered sauce together or stander low heat an hour or two to blend the
flavors. Yout that this rouip notice added fat or oil. so it comes out quite lean,

a quality that many us are looking for: My Favorite Chill | kidney beans |
| :--- |
| kied red | cold water to 1 pound lean ground beef

1 large onion
2 stalks celery and leaves
115 -ou
${ }^{115 \text {-ounce can tomato }}$ sauce
1 small can tomato paste
2 teasp 2 teaspoons salt
2 teaspoons mild powder 1/2 teasp
1/2 teaspoon oregano
Sort and wash

For a brighter future.


$\square$ the heart grow with cold water to ground beefinalarge fonder," is as true of cover, plus approx- saucepan or dutch
foods as with anything imately an inch of oven, and mash with a else. If you've served water. Bring to a boil, fork while browning a favorite dish so and let simmerslowly over medium heat.
 then tomato sauce and I'm sure I've publish- sweet basil leaves. best ways to take the basil leaves tender. Add parsley tomato paste. Rinse ed recipes that were a Garlic is optional chill off a cold day, $1 / 4$ cup chopped 3nd more salt it
each can witha can of
little different from too, and if you don't and let's begin by sim- parsley water and add. Add this.
salt, chili powder, I have used less leave it out, or include the Christmas turkey been used almost more five minutes salt, chili powder, I have used less leave it out, or include the Christmas turkey. been used almost more, and serve pip
cumin and oregano. tomato at times, and a large clove of garlic, Here's an easy down to the bone, cut ing hot cumin and oregano. tomato at times, and a large clove of garlic, Here's an easy down to the bone, cut ing hot.
Cover, and let simmer you can use a small minced or garlic recipe: $\begin{array}{lllll}\text { at least two hours } & \text { you can use a small minced or tomato sauce if } & \text { powder to taste. } & \text { arlic recipe: } & \text { Turkey Soup } \\ \text { away all possible re- } & \text { There are many } \\ \text { maining meat, and Christmas leftovers }\end{array}$ $\begin{array}{llll}\text { over very low heat, you wish. 've started } \\ \text { stirring occasionally. } & \text { I've listed all the } & \text { Turkey carcass } & \text { maing meat, and Christmas leftovers } \\ \text { breaks so that that could be added to } \\ \text { it will fit into a large this with good results }\end{array}$ Adirring occasionally. the sauce by first essential herbs and 2 quarts water it will fit into a large this with good results Add cooked dried browning a small spices, but the final 1 cup finely chopped kettle. Add water, and such as buttered peas,
beans or two 15 -ounce lump of country result is a matter of celery cans of red kidney sausage, and country rits good result is a matter of celery 1 large carrot, sliced three hours or until of diced or mashed and
beans and let stand but not essential. I us-
WINTER IS beans and let stand but not essential. I us- wiNTER IS HERE thin
tharrot, sliced three hours or until of diced or mashed
over very low heave a rich broth. potatoes and a cup or over very low heat an ed to always add a even though, on the $3 / 2$ cup chopped onion Strain out bones, and two of the turkey
hour or two to blend sprig of rosemary brighter side, the days
2 teaspoons salt or to the broth add itself. You'll have a
 I'VE MADE IT before our bush was are starting to get more celery, carrot, onion, soup that will make

 MAY NOT BE AVAILABLE ON
SUNDAY AND HOLLD BUDGET SAVERS
or. $77^{\circ}$ HEAVY DUTY DETERGENT ${ }^{\text {pand }}$, 1.89
.0277 ${ }^{\circ}$ PUREXBLEACH
WISH-BONE DRESSING ${ }_{\text {ruw }} 75^{\circ}$ SCOTTIES 2-PLY
$\qquad$ s1.93 REACH-IN TISSUE newargan
$43^{\text {c }}$ MARSHMALLOWS ${ }_{\text {ne }}{ }^{\text {s }} 2.09$ INSTANT COFFEE wan wn 5.19 LIPTONTEABAGS weme w $73^{c}$ NOODLEROMANOFF masuan ı $67^{\circ}$ THCX CRUST PIZZA min ${ }^{\text {nn }} 19.59$ NOODLERONI $\qquad$

 LARGEMANCOTI|monan $\quad 79^{\circ}$ REAL LEMON NUCE Emm
 TOSSNSOFSOFTVER Ruman si. 69 MUSHROMS LOW LOW PRICES



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 Vandskamp bakery y

| minu | .790 mivicum |
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 51.19 wisitu s4. 79 mituc ${ }^{5} 1.49$ \#uiticeion

## ${ }^{4} 4.79$

 prissuls mag $69^{\circ}$

## e

解ilitus s2.79
hlbutrantriday WINES! Pany Eme

| nematis | mexis ${ }^{3}$ |
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|  |  |
| Luicens |  |
| Hecous |  |

DEL MONTE PEAR HALVES


 CALLIFIOVER 49' pepperas Whole or half manalian Pineaple290

- plant buyASSORTED 4" HOUSEPLANTS
COPYRIGHTO 1979 Associated ghocens, inc., sEA
JOHINNY'S P5 JOHNNY'S P5
$s 1^{19}$


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EROZEN FOODS


TOTINO'S CRISP CRUST PIZZA
CANADIAN BACON
PEPPERONI PEPPERONI
SAUSAGE, 12-OZ


SPEGAL BUYS

VIENNA SAUSAGE $52^{6}$
 FOLCERS COFIE \$5. 69
 CANADA DRY MIXERS ${ }_{2020}$ siso. $3 / 51$ HOT BUTTERED RUM ${ }^{\text {tidaze }}$ tasp


COLD POWER DETERGENT

## FOR LAUNDRY

LAUNDRY DETERGENT



TEXAS PINK GRAPEFRUIT




GENERAL MERCHANDISE


Tea bread is named after colonial shop girl
$\begin{aligned} \text { The following recipe } & \text { originally a bun made } \\ \text { for "Sally Lunn" from } & \text { in a bake shop of Bath, } 115 \text { to } 115 \text { degrees) }\end{aligned} \quad \begin{aligned} & \text { warm. water in large greased tube pan, }\end{aligned}$ the new cookbook has England. Some say milk (scalded then remaining ingre- to within one inch of
appeared in many appeared in many the bread was named cooled) (scalded then remaining ingre- to within one inch of
cookbooks beginning
dients. Beat until top of pan, about 45
 $\begin{array}{llll}\begin{array}{lll}\text { with the "Gold Medal } \\ \text { Flour Cook Book" of }\end{array} & \text { worked in the shop. } \\ \text { SALLY LUNN }\end{array} \quad \begin{aligned} & \text { 113/ teaspoons salt } \\ & \text { 2eggs }\end{aligned} \quad \begin{aligned} & \text { rise in warm place un- } \\ & \text { In preheated } \\ & \text { til double, about one degree oven bake for }\end{aligned}$
 A popular tea bread 2 packages active dry $51 / 2$ cups all-purpose Stir down batter by loaf is golden brown in Colonial America, yeast anges active dry flour cups all-purpose beating about 25 and crusty. Remove


CUARANTIEEDITEATS
© QUARTER

PORK LOINS ..... 3.9





RADISHES OR GREEN ONIONS

| Cherry Tomatoes $699^{\circ}$ | Cucumbers | $4{ }^{\text {s }} 1$ |
| :---: | :---: | :---: |
| FLORIDA LIMES | Tangelos. | $3{ }^{3} 79^{\circ}$ |
|  | Patastayas | 6.69 |

Cherry Tomatoes $\quad 1 . \quad 69^{\circ}$


WVE لUST and the palate, this frosting and the $1 \frac{1 / 2}{}$ cups boiling water the mix before gelatin until slightly between cake layers.

Here's a cake with a magic formula

Double strawberry
Cake is made easily
druited glaze.
withkitchen-handy inwith kitchen-handy in-
gredients. A package
STRAWBERRY strawberries, partial- Cool cakes in pans 10 syrup to measured ped topping, spooning
 gelatin and a packag- size) white cake mix frozen whipped topp- cooling on cake racks. and separates. Let top layer. Sprea ed cake mix provide or pudding-included ing, thawed the magic formula. cakemix ard of the gelatin is 2 packages (3-ounces as directed on gelatin in boiling thicken. Blend inside the border
added right to the each) or one package package, adding three water. Measure two- thickened gelatin into Chill until glaze is set dian


Margarine
Sour Cream
 Carnation Egg Nog


GROCERY SPECIALS



89 ${ }^{\circ}$ Hi Ho Crackers
$89^{\circ}$
876 Delmone Chunk, Custed ofsiced
605 Suntie 320 unce
s. $55^{\circ}$ $55^{\circ}$ 19 $17^{\bullet}$ 9

Instant Coffee $2^{59}$
$69^{6}$ Hills Bros. Coffee $9^{49}$ FiO2ZNIFOODS JANE VEGETABLES $\$$
F
O
R




Albertsons
PRICES EFFECTIVE DECEMBER 26 -JANUARY 1, 1980 Right to Limit Reserved



Cache Valley


Sea Snack Shrimp Cocktail ...............40. $59 \%$ Fresh Medium Size
Oysters ............... ineran $\$ 189$

## WE WISH TOU ALL A

 MAPPY NEM TEAR|  |  | Mimions Suak=1 TaMs |  |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
| Cache Valley <br> Swiss Cheese tamen. .t. $\${ }^{5}{ }^{99}$ |  | Beef Sirloin Tip Steaks | Beef Sirloin Tip Roust |
| Sea Snack Shrimp Cocktail ............... 59 | $\begin{aligned} & \text { Thighs.... } \$ 1^{49} \\ & \text { Drumsticks...... } \mathrm{s} .1^{29} \end{aligned}$ |  |  |
| Fresh Medium Size Oysters ................0. $\$\rceil_{\text {on }}^{89}$ |  |  | $\begin{array}{\|l\|} \hline \text { Armour Turkey Boneless } \$ 769 \\ \text { Roasts sle. to blb. Averge .......b. } \end{array}$ |





Sliced Mushrooms neon ...........6er.89
Marshmallows suthtro ....... Wiono. $39^{\circ}$


Ritz Crackers waso...............120. $88^{\circ}$


## 动 FROZEN FOODS

## Totino's Pizzo simsious.

Toter Tots orioth 88


Gorton's Clams inem ........ Sobro. $88^{9}$
 Grapefruit Juice ocans spon .........4ar. ${ }^{5} 1^{39}$



## Soup Mix 2 thation

ko. $59^{9}$Chip Dip hationtam: ..... o. $49^{\circ}$
Dish Detergent scrath hitamit ..... sor $5^{5} 2^{18}$
 ..... 0.4/88
Paper Napkins twithou ..... 5 ont 5109
$5.49^{4}$
Olives


| Flavorful <br> Yams | Red Leaf, Green Leaf Or Butter Lettuce .en $55^{\circ}$ <br> Long Green Cucumbers. ……es $55^{\circ}$ Clip Top Carrofs. Baking Size Russef Poitafoes ... lib. | E1UMYELOM |
| :---: | :---: | :---: |
| Fresh Hawaitan |  | 119 |
| Pineapples... |  |  |
| Fresh Sunkist |  | Firm |
| Lemons.... |  |  |
| Fresh Tart Limes |  |  |
| SNOBOY Orange $1 / 2$ |  | Firm Medium |
| Juice frest Pre. . . . . . . . . Gallon |  |  |

Tempting salads will please family and guests

GLAZED HOLIDAY 1 envelope plain homemade spiced plastic crisper or tuce lengthwise into lemon juice, pepper- creamed cottage $\quad$ dis cup heavy or whip- heat, stirring, over SALAD
(Yield: 8 servings)
gelatin 2 heads iceberg lettuce ( $1 / 2$ ounces)
1 can (
sliced pineapple

## Cookies

Few seasonal
touches evoke a a
Christmas mood more
than trays and jars
full of home-baked,

## dough can be baked as directed on package

 des BIG BEAR(Yield: 3-4 cookies)
Materials needed: Mield: 3-4 cookies)
1 roll (18 ounces refrigerated sugar or chocolate chip (16 or
27 ounces) slice and bake cookies Pressurized
decorated frosting or pastry tube and tips pastry tube and tips Candy-comt ed
chocolate, gum drops chocolate, gum drops,
raisins, if desired raisins, if desired
For easier cutting For easier cutting
and shaping, work
with part of the dough with part of the dough
at a time and
refrigerate the rest refrigerate ed. Slest
until needed
cookie dough into cookie dough into
seven slices 2-inches
thick and seven slices thick and seven slices
one-half inch thick. one-half inch thick.
For each cookie use
one 2-inch thick one 2-inch thick slice
and one one-half-inch and one one-half-inch
thick slice. Let 2-inch thick slice. Let 2 -inch
thick slice stand five On ungreased cookie sheet, press
down 2-inch thick slice to about three and one-half inch circle to
form head. Cut form head. Cut one-
half-inch thick slice in half. Place two
halves, curved sides out, about one-fourth
inch from head on inch from head on Bake in preheated
350 -degree oven for 14
to 19 minutes or to 19 minutes or until
evenly brown and evenly brown and
firmin center. (Do not
overbake.) If using overbake.) If using
candy or raisins for eyes and nose, place
on warm cookies. Cool five minutes; remove
from cookie sheet. irom cookie sheet.
Cool completely on wire rack.
Decorate cookies Decorate cookies
with frosting using decorator tip. Any re-
maining cookie dough maining cookie dough
can be baked as can be baked as
directed on package directed on package
and decorated, if
desired


| Beef Top, Sirloin Steaks Boneless USDA Choice | Beef |  | Beef Sirloin Tip Roast Boneless USDA Choice | Boneless <br> Hams <br> Hygrade <br> Water Added. . . . . . . . Ib. $\quad(8)$ <br> $5-8 \mathrm{lb}$. Avg. Water Added |
| :---: | :---: | :---: | :---: | :---: |
| Fresh Frying Chickens | FRESH CHICKEN BREASTS <br> Ribs Allached, USDA Inspected $1.39$ |  | FRESH LENNONS LINK SAUSAGE | Bone In |
|  | FRESH CHICKEN DRUMSITHIGHS USDA Inspected ..........................1B. . 99 HORMEL CURE 81 HAMS |  | (e) | Hams <br> Lennons, 16.19 lb . Avg. <br> Water Added. |
|  |  |  | HRIMP MEAT |  |
| FROZEN GRADE A TURKEYS (Riverside Brand, 18.22 ib. Avg., ib. .85) Jonnib-o brond. 0 -14. 10 avg. | hormel cocktail smokies Regular or Cheesers. |  | HILLSHIRE ROPE SAUSAGE <br> Beef, Smoked or Polish $2.09$ | The Meat Ad is not effective on Sunday, December 30, 1978 due to staffing problems. However, all ivallable items are priced as marked. |
|  | bAR-S HOT SMOKED LINKS . .i.ib. 1.78 |  |  |  |
| Key Buys and Low Everyday Prices throughout the store assure you of a Lower Total Bill. |  |  |  |  |
| Zee Country Garden Napkins 2 Ply |  <br> STYRO FOAM CUPS <br> 6.6oz. 69 |  | Banquet Frozen Fried Chicken Wing Portions ${ }_{27} 02.1 .77$ | - VIVA PAPER NAPKINS Decorator, 1 Ply |
|  |  |  | Imo Plain Dressing |  |
| OTE HUNT'S TOMATO SAUCE $\quad 11502$ | Lady Lee |  |  | FLAVORITE SLICED STRAWBERRIES Frozen. |  |
| 0 O= LADY LLE APPLE JUICE | Traco Torilia arips or Nacho Toritla Chips 47 <br> Corn chips |  | Kraft Whipped Cream Cheese | REAL CREAM DESSERT TOPPING <br> Lady Lee- 6.5 oz .82 |
| Dole <br> Pineapple <br> Crushed, Chunk or <br> Sliced. | OTE MJB PLUS STUFF-N-MIX <br> Herb \& Butter <br> sor. 72 |  |  | Nabisco Snack Crackers Buttery <br>  Vegetabie Thins ordipin $A$ Chip Dxes Diumsiok, 68 |
|  |  |  | Van fe kames sEASONED FILLETS 14 oz 2.05 |  |
|  | Hash Brown Potatoes Lynden, Frozen |  | Wres SNOW CRAB CLAWS | LADY LeE Soft Margarine 16 oz tub. 64 |
| O- SARGENTO CRACKER SNACKS 6 or 1.19 |  |  |  | Coca Cola, Tab, Fresca, <br> Mr. Pibb, HI-C <br> (Hi.C. All Flavors) |
| - Fafarmans pickles |  |  | Cheese....................11.75 oz 1.29 |  |
| Starkist | Bikdseye awake orange drink |  | Totino's Classic Combo Pizza <br> Frozen <br> 20 oz. 2.29 |  |
|  |  |  |  |  |
|  | Lady Lee Potato Chips Regular: Dippe |  |  |  |
| $\square=$ NESTLES HOT COCOA MIX 24 oz 2.55 |  |  | Applerdithpre.................2602 1.41 |  |
| 0 SWIFTNING SHORTENING 42 or 1.53 |  |  |  |  |
| O- LOG Cabin syrup 36 oz 1.85 |  |  | RAINIER CRUSHED ICE |  |
| AF RED ROSE TEA BAGS $\quad 3.75$ oz. 1.28 | On Popcorn |  | bumble bee chunk light tuna <br> in oil or In Water $\qquad$ |  |
| Fleishmann's | Figaro Tuna Cat Food |  | Reser's Tray Pack Salads Macaroni or Potato |  |
| Margarine 7 |  |  |  |  |  |





Garden Fresh Fruits \& Vegetables


We Gladly Accept
FOOD STAMPS
crabapples
1 cup dairy sour
cream
3 tablespoons spiced crabapple syrup or other canned fruit syrup
1/2 teaspoons lemon
juice
$1 / 2$ teaspoon dried pep $1 / 2$ teaspoon dried pep-
permint, crumbled Core, rinse and
drain lettuce; chill in
plastic crisper or tuigh wedges; ar- mint and one-fourth
disposable plastic enght
bag. To make glaze, range on sides spoke- teaspoon salt. Spoon 1/4cup whiter 1/4 cup white vinegar 2 tablespoons
maraschino cherry syrup One-third cup chopped natural almonds,
roasted
One-third One-third cup chopped maraschino cher-
ries
One-third cup diced Core, rinse and
drain lettuce; chill in
disposable plastic bag ed. heat until dissoly Mix in all remainin Mix in all remaining
gredients except disposable plastic bag ingredients except
or plastic crisper. Cut cream. Whip cream or plastic crisper. Cut cream. Whip cream head lengthwise into. until stiff; fold into halves, place cut- salad. Turn into 4-cup
sides down on board mold. Chill until firm. sides and shred enough to Unmold and garnish yield two cups. Com- with additional
bine gelatin, sugar, iceberg lettuce and bine gelatin, sugar, iceberg lettuce and
salt and water in stemmed cherries if
medium saucepan; you wish.


FEDERAL WAY STORE 1211 So. 320th Street

## Area school lunch menus

TACOMA SCHOOL DISTRICT THURSDAY, JAN. 3: Beefburger on buttered bun, mustard, cat-
sup, relish, seasoned green
beans, tator rounds, chilled sliced
peaches, milk.
FRIDAY, JAN. 4: Spaghetti with salad with 1,000 Island Dressing hot buttered french bread, orange wedges, fruit bar cookie, milk. MONDAY, JAN. 7: Brown beef with gravy over whipped
potatoes, carrot sticks, yummy muffin and butter, chilled apricots, milk. hips, catsup, tartar sauce, grain bread and butter, orange vedges, peanut butter cookie, WEDNESDAY, JAN. 9: Taco with meat and cheese, lettuce and
omato, chilled pears, Kitchen Made maple bar, milk. tandwich, pickle slices, shredded lettuce, baked beans, apple Wedges, milk. sandwich, chicken noodle soup,
strawberries in Jello, chocolate cake with fudge frosting, milk. MONDAY, JAN. 14: Wiener in buttered bun, relish, mustard, cocktail, Sutered carrots, fruit TUESDAY, JAN. 15: Barbecued beef and rice, carrot sticks, corn-
meal yeast roll and butter orange Jello with topping, milk. WEDNESDAY, JAN. 16: Tacoma pecial: Ham bun sandwich hredded lettuce, pickle spear, builered peas, chilled pineapple

THURSDAY, JAN. 17: Pizza with means, petite banana, Betsy Ros JAN. 18: Chili con carne, relis tray, chilled sliced peaches, Kit chen Made cinnamon roll, milk. MONDAY, JAN. 21: Salisbury steak with gravy, whipped wheat muffin and butter, chilled pears, milk.
TUESDAY, JAN. 22: Baked beans with wiener rings, celer
sticks and turnip rings, spoon roll and butter, apple wedges, milk. WEDNESDAY, JAN. 23: Tac with meat and cheese, lettuce an diced tomato, Mother's raisin THURSDAY, JAN. 24: Bee burger on bur catsup, relish, tator rounds, bu with strawberry sauce, milk.

FIFE SCHOOL DISTRICT WEDNESDAY, JAN. 2: Hot dog on hot bun, potato rounds, THUR. THURSDAY, JAN. 3: Hamburger on bun with onions, gree
salad, Jello with fruit, chips, milk.
FRIDAY, JAN. 4: Oven brown fish, steamed rice, buttered peas milk. MONDAY, JAN. 7: Taco salad, lettuce and cheese, buttere
green beans, chilled pineapple green beans, chilled pineapple
hot french bread, milk.

TUESDAY, JAN. 8: Spaghet wruit meat sauce, protein salad plain or chocolat french bread WEDNESDAY, JAN 9. Frie chicken, mashed potatoes with fravy, buttered peas and carrots, THURSDAY rolls, milk. THURSDAY, JAN. 10: Hot dog
with mustard, french fries with catsup, crisp vegetable sticks pumpkin pudding, milk
FRIDAY, JAN. 11: Macaroni and cheese, buttered mixed
vegetables, chilled vegetables, chilled peaches,
homemade cinnamon rolls, milk MONDAY, JAN. 14: Breaded beef and gravy, mashed potatoes, hot rolls milk TUESDAY, JAN. 15: Pizza with cheese, crisp vegetable salad plain or chos, hot french bread plain or chocolate milk. chunks in gravy, mashed potatoes, cranberries, mixe
vegetables, fresh fruit, hot rolls THURSDAY, JAN. 17: Ham burger on bun with onions, cris vegetable tray, potato chips, fruit FRIDAY, JAN 18: Grille cheese, tomato soup with crackers, carrot and celery sticks, cream pudding, milk. MONDAY, JAN. 21: Taco with
meat, cheese and lettuce, but tered peas, chilled pineapple, hot french bread, milk. TUESDAY, JAN. 22: Surprise WEDNESDAY, JAN. 23: No THURSDAY, JAN. 24: Hot dog with mustard, potato rounds green salad, apple wedge, birth
day cake, milk

Fast French food-ooh, la! la! French food needn't Use a blender to (Yield: $6^{1 / 2}$-cup mold ( saucepan. Stir in deep. Pour hot water
take hours of prepara- chop all vegetables (Yis


 American working processor to prepare $1 / 4$ teaspoon pepper stantly, until mixture $\begin{aligned} & \text { Cool } 10 \text { minutes. } \\ & \text { Cook mushrooms in }\end{aligned}$ clever mind, it makes all of the vegetables, 3 cups liquid instant comes to a boil and remaining butter and convenience foodsand mushrooms and the 2 slightly beaten eggs thickens. $\begin{gathered}\text { Gradually stir one sherry; stir into }\end{gathered}$ pliances. The result is $\quad$ Bake in a regular $\begin{aligned} & 3 \text { cups (about one cup }\end{aligned}$ continental elegance minutes, or cut taking $23 / 2$ cups ground cookcreated in record time in half with the ed turkey 1 chopped celery
time. rice are combined turkey and $\begin{aligned} & \text { aid of } \\ & \text { oven. }\end{aligned}$ with vegetables walnuts and a proteinrich cream sauce is an entree you'll be ped walnuts calories than you'd cooking time is right, pound) (one-fourth expect from a French and the flavor is fanrecipe - thanks to in-
stant nonfat dry milk
Green Goddess salad At holiday time, appetites. But in the something that's crisp
there is a tendency to middle of all the and simple to refresh prepare overly-rich feasting, it's a nice the palate.


Simple salad for gala holiday fare


## A pyramid of fruits

 for the holidays$\begin{aligned} & \text { Bright colors and especially the lettuce. inch-thick slices } \\ & \text { - The California ("rafts"), and place }\end{aligned}$
$\begin{aligned} & \text { lots of excitement - The California ("rafts"), and place } \\ & \text { that's what the Iceberg Lettuce Com- on chilled salad }\end{aligned}$
$\begin{aligned} & \text { that's what the Iceberg Lettuce Com- on chilled salad } \\ & \text { holidays are all about. mission suggests a plates. Pile salad mix- } \\ & \text { Now you can have fun "spring }\end{aligned}$
$\begin{aligned} & \text { hoidays are alr about. mission suggests a } \\ & \text { Now you can have fun "springy-firm" head } \\ & \text { creating a salad that in center of each } \\ & \text { ture }\end{aligned}$
fits this holiday mood. one that gives just and pears; peel
Start by building a slightly to the touch. If oranges. Cut fruits in-
on an iceberg lettuce tuce within a day or Pyramid fruit slices
spoon some turkey thoroughly rinse and around salad. Serve
salad. Now turkey thorourghy drain the with Cranberry
it Now smother head, then refrigeraty Dressing.
cranberry dressing preserveits crackling Cranberry Dress-
"oohs" wait "for the freshness and crun- ing: Cook one-half cup
Because tahs." chy goodness.
short during the will only have the last
holidays, prepare sec- few tasks to perform
$\begin{aligned} & \text { coffee perks or the so they won't have } \\ & \text { bacon broils in the discolor, cut- }\end{aligned}$
morning, cook up the rafts, and assembling
cranberries and give
with lemon juice, oil, HOLIDAY PYRAMID
honey and season- (Yield: 4 servings)
$\begin{aligned} & \text { ings; then set the } 1 \text { head iceberg lettuce } \\ & \text { dressing aside to cool. }\end{aligned}$
Wressing aside to cool. Cranberry dressing
dressing cards or sen- ham) Salad (chicken
ding out party invita- 2 fresh red skinned ap-
iilns, chop the turkey
or other left-over
t with the other ingre
Wht the cher ingre- 2 oranges
Refrigerate in thoroughly drain and
overed bowl until tuce. Prepare
When you shop, be and Turkey Salad; naise, one-half teas-
$\begin{aligned} & \text { choosy about the pro- serve, cut lettuce poon prepare } \\ & \text { duce you select, head and one }\end{aligned}$

## Pudding-Wiches will

## surprise youngsters

When youngsters one envelope whipped 12 graham cracker arrive with their topping mix with one- or chocolate wafers good to know you have directed on the cracker or wafer something delicious package. Add one cup pressing lightly and ready to serve. Best of milk along with one smoothing around alis a frozen snack package (4-serving edges with spatula. Wiches, Just reach in- and pie filling, any about three hours. to the freezer and br- flavor. Blend; then Wrap individual sandIng them out to serve beat at high speed for wiches for storage.
immediately. You can two minutes, scraping Younget pake 12 of these bowl occasionally, kind of special-for frozen pudding sand- Spread filling about them pudding snack



## GRCC registers for winter quarter

| for | alt |  | GRCC fall | y |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| inter quarter at | many are full, since | located in the Lind- | The dean encourag- | '"Many people si | eligible," he caution- |
| een River Com- | classes begin Jan. 2 . | bloom Student Center | ed potential students | ly do not realize |  |
| nity College is |  |  | onsider | they're eligible |  |
| heduled for Dec. 28. | Registration hours |  | possibility of som | aid. All too often they | For more informa- |
| ose interested | are 8 a.m. to 5 p.m. <br> (Monday - Friday) | pects a large port of the student body | type of financial aid | feel their income is such that they would | tion on registration |
|  | and evenings from 6 to | inter quarter will | He explained there | not qualify for | ial aid's ext. is 317 . |
| titude of conti | p.m. (Monday | returning students. | are six financial aid | assistance. And often | Phone numbers for |
| n |  | Approximately 7,600 | lab | they | GRCC are Auburn, |
| grams are enc |  | students, |  |  |  |
| o register early to |  | 4, | from the basic grant |  | 6133; or Tacoma, 924- |



WELCOME TO FEDERAL WAY! insure
availability.



## Obituary Harry

 L. Brown Des Moines died De
5. He is survived by Wis wife, Alphs, suggest memoramily Club-Art Wiatary Youth Fund.

Centralia, Ill. He moved to Tacoma at the age of nine with his family. He was a Gardens for Wesley He was married for 72

He was president of the Brown \& Haley and was a former president of the Commerce, Tacoma YMCA, and was for many years
$\qquad$ of Puget Sound, and Puget Sound National Bank.He was also a
past president of the Western Confectioners' Association.

Donations sought

The Des Moines afAid of South King dounty is seeking repair the local office damaged by fire on

## Services provided

 through the Des Moines clinic include tional education practical help, and assistance via theWIC (Wo fants (Women, In food program.
The agency is sta ed entirely by volunteers from Sout King County. spokesman
agency said.
"We are appealing help us meet this unexpected expense, the spokesman said. Donations may de sent to: Pregnancy Ald of South King
County, 1810 S . 216th County, 1810 S . 216 th
St., Des Moines, Wa 98188. For further in formation, those interested may call

## Area men study under WICHE

|  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | and | terstate Commission |  | gton col- |  | University of | , forestry, | n learning |
| ating in | Federal Way, | her E | i- | e received | . | uget Sound received | ate nur | bout the |
| ating in | dying optometry | E) |  | 5 students through |  | a total of $\$ 301,300$. | on, |  |
| hange progra | Pacific <br> Forest | the program' students | standard tuition. at |  | Washington and |  |  | state's certifyin |
|  |  |  | private schools, while | states. The amount is |  |  | , occupational |  |
| nd | The students are | professional pro- | theirstate | \$613,000 more than | glon |  |  |  |
| 13 |  | g |  |  |  |  |  |  |
|  | Professio | western states when |  |  | S |  |  |  |
| th men, | Exchange Program of | fields |  |  |  |  |  |  |

Stress
without distress Stress without
distress during the
 at the Highline Senior Center,
136 tr
1210
S.W. Meske. elderly
specialist with the specialist with the
Harborview
Community Mental Health
Center, will conduct workshops at $10 \mathrm{a} . \mathrm{m}$. on self-hypnosis and
relaxation techniques. relaxation techniques. This is just one of
many classes at the many classes at the a. $\mathrm{m} \ldots \mathrm{Micki}$ Carpenter, an
audiologist with the audiologist with the
North West Hospital
Speech and Hearing Speech and Hearing
Center, teaches a class in lipreading skills for those with hearing loss.
On Mondays and
Fridays at 10:30 a.m., Kay Osborne, a nutri-
tionist, and teach classes in food management, nutrition, exercise
weight control. These classes are free for all
citizens age
55 older. For details,


Scout earns
honor
Adrian Dale
Jenkins, a member of Post 333 sponsored by
the Federal Way First the Federal Way First Jesus Christ of LatterDay Saints, received his Eagle Scout award at a Court of Hon
held Dec. 16 . Mr. and Mrs. Vernon Jenkins of 29726 Third Ave. S.; has been an
active member of Troop 333 holding the position of patrol leader, senior patrol
leader, Den Chief and church leadership positions. Presently,
he is secretary of his post. In 1978, he was Honor" religious award.
He has participated in several scouting ac-
tivities, including Encampment ' 76 in Portland, Ore. In the post made 15 kayaks, which they took on a reek-long, 60 -mile trip down the Colum-
fathers. ject, he organized placement of a cehe edge of the lawn and the evergreen plantings at the Church.
Adrian is a junior at ederal Way High chool, a former carrier and is mployed part-time at local restaurant.

Grass Rocs $\underset{\text { brdeinazolz }}{\text { Garders }}$ Without meaning ed to eat or even louch sound like a Scroog some of them.
the trees, boughs, be Holly berries cause ries and specifi nausea, vomiting, plants traditional diarrhea and setere
used for cheerful ho abdominal pain. Cay decor could tul Greenish white to decor aster mistletoe berries, if
youngsters are allo eaten, create acıte
testinal distress. The regal poinsettia
can be lethal if can be lethal if leaves
or flowe or flowers are con-
sumed. cause .They not only diarrhea but also irritate the mouth and stomach. The poinsettia plant sap is toxic and can actually raise painful blisters if not painful blisters if not
quickly washed from
the skin.

Jerusalem cherry havetoxic member of the notoriously poisonous nightshade family,
eating the cherry-lik eating the cherry-like
fruits or leaves afects the heart adversely. Not too often iden-
tified, but often in dri i ed used rangements is the
lethal Jequirity Bean lethal Jequirity Bean.
The black tipped
called Seminole bead, manent garden spot terior of the house. It a cold air humidifier.
rosary pea and Indian or kept in containers does not need to be I was appalled to
 sively used the several years before is semi-dormant and tion magazine where
needles, bark, twigs outgrowing the pot.
one week indoors the author sughested and seeds within the Never Nring a live should not affect using lights on the live
berries of the yew can tree indoors before and berries of the yew can tree indoors before growth. Never place Yuletide tree. He
when eaten cause Christmas eve and the tree near heal when eaten cause Christmas eve and the tree near heat qualified his state-
vomiting, trembling remove to it's outside vents or a fireplace. met vomiting, trembling remove to it's outside vents or a fireplace. ment by saying "Us-
and breathing difficul- location no later than Keep the root ball ing B lights which ty. $\begin{aligned} & \text { New Year's Day. Pre- moist and if possible ing B lights which } \\ & \text { Many families pur- tend the living tree is provide additional in }\end{aligned}$ He even Many families pur- tend the living tree is provide additional in- burn cool." He even
chase live evergreen a house plant and door humidity with tree with marting the
trees for Christmas, chase live evergreen a house plant and door humidity with
treee with warm water,
trees for Christmas, gradually introduce it open pails of water
later planting to a per- to the warm arid in- behind the tree or use
ree and none of my electric tree mix andmisting! lights Special treatment is Christmas for cut both safety and long asting indoor beauty you cut your own
ree quickly get it ome into a pail of
water set in a Th spot outdoors. Associatimas Tre a few tips on how choose a cut tree. You
can determine a tree's can determine a tree's
freshness by running your finger down a
branch. The branch no needles drop off Bounce the tree stump
on the ground, if on the ground, if
needles fall, also a
sign cut quite awile. The fresh cut tree stump
will be moist and
sticky and the tree sticky and the tree
foliage should be green and fragrant.
After bringing the tree home, cut a one
inch diagonal slice stump before placing in a bucket of water. If the stored tree is lean ing against a wal
rotate it daily to allow rotate it daily to allow
bent branches to regain their shape.
Cut evergreen tree and boughs are ex
tremely combustible so should never be placed near a heat
source. Use a stand with a tray that holds
water, replacing water, replacing
evaporated water dai-

The Christmas tree
should be discarded should be discarded
the minute it com-
mences shedding needles. Never burn it in the fireplace. Saw into sections and
discard in the garbage. Many com-
munities have tree burning bonfires
under the supervision of local fire depart
ments. This provide safe disposal of highly flammable trees,
cheerful community gatherings and a
lesson if fire safety for
youngsters, and even youngsters, and even
some adults to
some futer assume future safe
and sane Holiday and sane
decorating.

Planning to wed The following per-
sons have expressed Sons have expressed
their intentions to wed:
Earl Tripp, 36,28839 - 40th Ave. S., Auburn and Cynthia A.
McFall, 23, 28839-40th Ave. S., Auburn. Michael D. Lub
bers bers, 23, 19018 Pacific
Hwy.,.S., and Laura C Bouther, 18m 19018
Pacific Hwy. S. Jack E. Judd, 30
2440 , 24440 Russell Rd. S.,
Kent, and Lynn S.
Ste Steinberg, 23,2444
Russell Rd. S., Kent. Richard J. Repac,
$30,28120-45$ th Ave $30,28120-45$ th Ave. S.,
Auburn, and Maredith Auburn, and Maredith
E. Denton, 30, 11731 C. Denth Ave. N.E.
Patrick M. Burton Patrick M. Burton,
Seattle, and
Carole Arnold, 37, Federa Way.
Eyelander, 25
Federal Wey, Federal Way,
Deborah J. Willia Deborah J. Willia
22, Federal Way.

Hospital support asked The Federal Way Community Counci
and the Fedefal Wa Chamber of Con
merce currentily ar merce currently ar
soliciting support $f$ f
the the proposed stur
for a hospital Federal Way.
Those willing to su
mit letters of endor: ment, or co
mitments of money time to the support
such a study are a such a study are a ed to write to cc munity coun
member Debl
Ertel, 30819 14th $\beta$

| $\square$ |  | + | ' $\mathbf{n}$ |  |  | $\nabla$ |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

## Winter Treatment Specials



Jeannaticoncentrated Colgne Spray Moisturizng Body Lotion


## 



[^3]Infant program offered at Trike Set
Montessori Day Care Montessori Day Care effective Jan. 2, infant care will be provided for children ranging
to sixth grade.
The Infant "Toddler" Program will focus on the comprehensive
development of each
child including small
and large muscle program will be entered into a "Potty Training Program"
development, walking skill coordination, students without as they are ready. The mal individualized perceptual develop- regard to race, creed, average child is con- pre-school program vocabulary enrich- color, sex or national sidered ready at age ment, creative play origin. two and is normally activities and lots of gresses through this month period. $\begin{array}{cl}\text { tender loving care. } & \text { program, each in- Children com- } \\ \text { Enrollment into this } \\ \text { dividual child will be pleting the "Potty }\end{array}$

Planning to wed
The following per-
sons have expressed sons have expressed 22, Federal Way. their intentions to Whitaker, 48 , Seattle, wed:
$\begin{array}{ll}\text { Federal Way, and } & \text { Stephen Trimmier, } \\ \text { Margaret } & \text { D. Miller, } \\ \text { Kent. }\end{array}$ Margaret D. Miller, $\begin{aligned} & \text { Stephen Trimmier, } \\ & \text { Kent. }\end{aligned}$ Federal Way, and
Kimmy L. Hemphill,
 and Mei Yonk Cheng, Jouransson, Seattle,
and Mei Yonk Cheng, $\quad \begin{aligned} & \text { David Wilcox, 23, } \\ & \text { Des Moines. } \\ & \text { Carl A. Reiten, 24, } \\ & \text { (and S. } 28 \text { Linethe St., Kent, M. Bon } \\ & \text { Federal Way, and } \\ & \text { Vicini, 18, } 6209 \text { S. } 287 \text { th }\end{aligned}$ Federal Way, and Vicini, 18, 6209 S. B. Bon


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| :---: |
|  |  |

Library continues stcytimes
The Federal Way library. The sessions meet Library is starting a storytimes for tod-
 indergarten and 14. grade school pro- Registration for the free storytime ses-
For information, sions is in-person, $\begin{array}{ll}\text { For information, sions is in-person, chill } \\ \text { call } 941 \text {-2117. } & \text { starting Jan. } 8 \text { at the fiv }\end{array}$

Toddler sessionsir one-half hour 10 a.m. for two-year- ekly. olds and mothers. or schoorytime Preschoolers will iildren will be held m . and 7 ays at 11 morrow, Thursday. Thesdays at 1 p.m. and foryteller Sylvia five. five.

WED. THRU SK. SALE

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curls cascading to the
shoulder shoulder. Kanekalon ${ }^{\text {® }}$
modacrylic. Save at K mart.


## 73

Oureg. 8.88 Easy-are Wiglet For heit and fullness:
2-oz. hnan hair wiglet.



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\text { Cash Value } 1 / 20 \text { of } 1 .
\end{array}
$$

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Filling up
SURPLUS matel from sewage treatment plant expansion is being filled in at this＂spoil＂ site owned by thDes Moines Sewer District．This picture looks north from South 223 rd Street．
Sewer district ofials say a new trunk line is also buried underneath the area． Sewer district ofials say a new trunk line is also buried underneath the area．

## Boy：＇and Girls＇Club activities

The Sea Taces February．A special Classes in Judo be given on Fridays Girls＇Club has n－will be at Midway given on Thursdays Saturday from 10 to
 special and conting Des Moines for third Fridays from 5 to 7 necessary． $\begin{array}{lll}\text { programs for yout } & \text { through sixth graders．} & \begin{array}{l}\text { p．m．by } \\ \text { The winter progm }\end{array} \text { A } \$ 10 \text { fee is required．} \\ \text { Rogers．The fee is } \$ 5 \text { Bob }\end{array}$ The club will also be events and actives Dancing instruction per month．holding its annual include：Special $0^{-}$will be available from Instruction in sail－$\$ 10,000$ sweepstakes include：
grams－creative ts classes every in－children three and a 24 foot sailboat，will will be able to win
day，Wednesday， 1 ld half years old and up be held twice a month prizes，Sonic tickets， Friday from $3: 305$ on Monday and Tues－at the Explorer Sail－trips，and other items p．m．；cooking claes day．A fee is also ing Post clubhousa．A by selling the raffle
every Tuesday ad charged for these $\$ 5$ fee is required．This tickets．The tifket every Tuesday 1 ld charged for these $\$ 5$ fee is required．This tickets．The ticket
Thursday from 3：to classes．For more in－program is for 14 to sale lasts from Thursday from 3：to classes．For more in－program is for 14 to sale lasts from $\begin{array}{ll}\text { room tournamts } & \text { 9442．} \\ \text { very Moncy } & \text { Ski instruction will }\end{array}$ through Friday 4 be held on Tuesday
and 7 p．m．andn and Saturday nights and 7 p．m．andn
Saturdays at 130 at 7 ．A fee of $\$ 48.50$ is a．m．and 2：30 p．m required for equip－ Athletics－th ment rental，lessons， through eighth－gle and lift tickets，
programs out of te Transportation is not programs out of te Transportation is not
Highline ememen＇y included． and junior high gys．Fencing instruction Sign－ups and pc－will be conducted by ticesstartn Bill Kullman
 January ad quired．
Cash ped for aluminin items
Area recyclers $n$ foil，snack，dip，pud－
receive 23 cents $: r$ ding，and meat con－ pound for a－tainers．Certain other aluminum discardy all－aluminum items， taking these prods including storm door jng unit parked ate siding，guttering， Albertson＇s mart，lawn furniture tubing， 21815 Marine and aluminum Drive，from 3 to 4 p ．castings，are also each Saturday．worth the same price Reynols under three feet． Co．，which spons exempt from the the weekend visif three－foot length the also awards prizef pany sent，a com－ $\$ 10$ and $\$ 15$ to thep ed． two recyclers of e The company has week，according a collected approx－
company spokesm
imately 6.6 million The company ：－pounds of recyclable cepts all－alumin materials during the
beverage cans，e first nine months beverage cans，e first nine months of
pans，TV dinnertri，1979，headded
What＇s appened to class）＇60？
Members of
Mount
1960 graduating class Mount Rainier B
Alumni Associat asked to write the
school with updated are $100 \mathrm{king} \mathrm{f} \mathrm{names} \mathrm{and} \mathrm{addresses}$. members of the cl
of 1960 to celebr
marked：＂ 1960 Reu－ their 20－year reur nion，＇，in care of sometime in 1980．Mount Rainier High Alumni and any：S．，Des Moines，Wa．，
with knowledge of

## Барp万万人iday <br> A Posososos Nen vear to all ouiends and cusmers

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watt． －RCATs＇s＂New Vista 200＂VHF tuner provides excellent reception 200 VHF tuner provides
tringe sional
tin many weak or －Tringe signala aroas．

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player／recorders．Speaker cabinets are $21 \times 131 / 2 \times 8^{\prime \prime}$ ．der，and record changer．Includes mikes，five meters，
With headphone and speaker jacks．

|  | $\begin{aligned} & 1515 \text { muis st } \\ & \text { BELTVIE } \end{aligned}$ | $\begin{gathered} 3401-1000 \mathrm{SW} \\ \text { UKWW000 } \\ \hline \end{gathered}$ |  | $\begin{aligned} & \text { BIOZ EVERGGEEN WIY } \\ & \text { EVERETI } \end{aligned}$ | 5132． <br> thicomar ave |  | 1320 AUMOA AVE． SUAME |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $4 \mathrm{Hf} \text { Rer AVE. } 30 \text {. }$ |  | $\begin{aligned} & 1287 \text { 50. } 32001 \\ & \text { FEDERLL WAY } \end{aligned}$ | G21 RIVER ROAD puyallup | $\begin{aligned} & \text { T2m a portuno } \\ & \text { TACOMA } \end{aligned}$ | TMS DELRIDGE WAY WEST SEMTE | 1001 E SUMSE DR BELILIGHAMM | Chenals |

Church commissions Nelson missioned by the sine its beciniming in home meeting where
Church of Christian late 1975. Prior to his students of many Fellowship, Federal
Graduate work at church cenominations
Way. The church has Denver, he attended or no church relation officially recognized
Western Conservative ship meet to discuss
Don and Val Nelsonas missionaries to the Portland, Ore. and issues may include
youth of Federal Way. graduated from San sex, or peer pressure Having come to the Diego State Universi- The Campus Lifestaff
coderal Way area ty.
 Baptist Seminary in Decatur, Federal Way principles that relate
Denver, Colo., Don and Thomas Jefferson to the issue has been Youth for High Schols with a Many other ac-
Christ-Campus Life
director for Fedior high ministry tivities make up the Way since 1974 and a to begin in the next $\begin{aligned} & \text { program of Campus } \\ & \text { few months. Campus } \\ & \text { Life in Federal Way. }\end{aligned}$
Libraries will open on Sunday Beginning Jan. ${ }^{6,}$
four additional King
County libraries, including Federal Way, p.m. on Sundays. Bethers joining the
Library,
which has had Sunday years, are Kent,
Burien and Shoreline. resource", "regrional will operate nine full
months of the year and close on Sundays during June
"We are trying to
reach those people who tell us they can't week, especially amilies,", Griswold, deputy librarian for publes, said.
services
The move to hours was made to tie losely to service more and social patterns in munities. It will par tudarly benefi cess to research weekend and adults Who want to visit the All normal library Scouts collect papers The Boy Scouts are ing old newspapers Feb. 2 and 3 (S day and Sunday) ar nual newspaper drive for the Chief Seattle The scouts hope newspapers and us port scouting tivities such as camp port. The scouts also
want to Councll area clean and encourage recycling b
groups.
Crocker the to Kirby added bonus is a every 5 feet of old anyone brings in they McDonalds."
For information
concerning this paper
concerning this pape
drive and for the
location call the sco

Exercise classes at pool
Mount Rainier Pod
is offering "Swim an Trim' classes for adults at $10 \mathrm{a} . \mathrm{m}$. and noon Monday throug
Friday, and at $8 \mathrm{p} . \mathrm{m}$ Monday and Wednes day. The cost is just the regular admittanc
fee for adults. Senio citizens rece reduced rate. Mount Rainier Poo
is located at 19th Ave. S., in De Moines.This is right next to Mount Rainie High School. For fur ther informatio

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Classes focus on business
The University of associate with the law management process Puget Sound's Seattle firm of Short, The course will cover campus credit pro- Cressman and Cable laws regulating the courses taught by in Seattle, will con- enterprise, with three Seattle profes- duct a graduate special emphasis on sionals. $\begin{aligned} & \text { course on the legal corporate law. } \\ & \text { Andrew Maron, an aspects of the }\end{aligned}$ Andrew Maron, an aspects of the Timothy Daly, a C.P.A. and staff actle accounting firm of Laventhol and Horwath, will teach a graduate class in and control. Daly's course will examine the application of ac-
counting information, services, and systems to the solution of management pro
blems in business. Repistration for al Registration for all
winter term courses will continue through Friday, Jan. 10, at th U.P.S.-Seattle cam pus at 315 Yesler Way

Course on parenting offered "Parenting," a new designed to help parents understand vide an environment conducive to thei healthy growth, is now available through ty chapter. classes is scheduled Tuesday evenings Jan. 7 trrough Feb. 25
at Red Cross headat Red Cross head-
quarters, 2515 S . quarters, Holgate $\begin{aligned} & \text { Day } \\ & \text { Dasses are } \\ & \text { scheduled from }\end{aligned}$ $\mathrm{a} \cdot \mathrm{m}$. to noon Tuesdays, Feb. also at headquarters. The course, which
concentrates on parenting of the child
from birth to two years of age is a "Preparation for parents.
The course em phasizes group discussion in a relaxed atguidance of a skilled
group leader. Topics group leader. Topics
to be covered include the meaning of paren-
ting, safety, nutrition and health, sen-
sorimotor sorimotor
development, language develop-
ment and providing sent and providing
stimul/ion and in-
tellectual growth. tellectuargrowth.
The only charge for the course is $\$ 2$ for Interested parents
may register by calling Red Cross nursing 323-2345,

Service
available to seniors

Information on pro-
grams that can assist senior citizens with day necessities it
available by callin Information and Assistance Service at
$593-4800$ (Tacoma) or
$1-800-562-0332$ toll-free in outlying areas. The service has in
formation on senior activities, social and recreational faciities nutrition, housing legal assistance
volunteer programs counseling an medical program

Sometimes 55 mph is too fast, says expert



[^0]:    

[^1]:    17690 So. Southcenter Parkw
    TUKWiLA $-575 \cdot 1810$

[^2]:    KENT STORE

[^3]:    
    SOUTHENO
    ALDutrm
    Auburn Norty

