

19 to attend town hall meeting

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Iran, energy top residents' concerns

by Cathy Stone

While some of the local people selected to attend President Jimmy Carter's town hall meeting have some hard questions in mind to ask, others want to attend just for the experience.

The names of 19 Federal Way residents were among the 1,200 randomly drawn by the League of Women Voters to attend the meeting this Friday at Rainier Beach High School in Seattle.

Of the seven persons contacted by The News, more than half said they had specific questions they wanted to ask the President, while nearly all the rest said they would be thinking about possible questions before Friday.

"I'm busy thinking about a question," Gene Brooks said. "I don't want to ask about Iran or energy. I don't want to ask a political question either. But I will be prepared with a question and will raise my hand with the rest of them."

Brooks will have to raise her hand high as only 24 questioners will be selected from the audience prior to the President's arrival.

While Brooks will steer her questioning elsewhere, the situation in Iran and the energy crises lead the list of other questioners.

"I want to find out what the President is planning to do with the hostage situation in Tehran. That's one of the biggest things," said Donald G. McMahon. "I'm also curious what he has in mind on the energy situation in the next four years."

Joseph Hilger is also concerned with energy and the future.

If he gets an opportunity, he said he "would probably ask him future trend-type questions."

"I would ask him what he foresees as the future of our economy and the overall impact of the oil crises on our economy. I would also like to ask what tools he plans to use to motivate the American people to conserve the energy that's available at this time."

Along the same lines, Maria Beurskens wants to know "why our country couldn't go to a round-the-clock warfare economy to really work on the oil resources in our country so we do not have to rely on the Middle East for oil and at the same time, put people on welfare and unemployment to work."

Ms. Beurskens originally wanted to attend the meeting because "there's a kind of mystique about going to listen to the President," she said, and like many of those selected, she was shocked to learn her name was drawn.

Hilger was also quite surprised, he said.

"I jumped up and down and screamed a lot. I'm definitely excited," he said, "but what I'm particularly excited about is that the President would take time out to come to Seattle to hold a meeting like this."

"The fact the President would get involved with the people on a personal level and listen to what we have to say is probably why I got involved in the first place."

Hubert Mommers, on the other hand, has mixed emotions about

the town hall meetings.

"A lot of it is politics, but so is everything else." And, he added, "I think it's neat for the area that he is taking time out to come to Seattle."

While Mommers plans to come up with a question, just in case, he's mainly curious to see what's going on, he said.

"You see so many things on tv," he said, "but you're never close enough to see what's really going on. This will give me a chance to get a closer look."

Another Federal Way resident hoping to get a closer look is Madelyn Mosley.

She wanted to go to the town hall meeting because "I thought it would be an opportunity to see the President. I had seen President Kennedy in 1960 and saw this as an opportunity to see another one."

Anthony Lonsdale will be attending the event mostly as an observer, he said.

"It's a great opportunity to be in his environment," he said. "I think President Carter is one of the best presidents we've ever had and I think he needs our support."



Donald McMahon



Madelyn Mosley



Anthony Lonsdale

Among the other Federal Way residents winning the opportunity to attend the town hall meeting are Terry Y. Cho, Fred Cordiano, Fred A. Jaber, Jr., Loyd Wesche, Carolyn Whitesel, Linda Cook,

Matt A. Fiske, Thomas Ray Howarter, Corey Masters, Debra Nakatani, Dana Nelson and Mark Stubstad. Those selected in the draw must pick up their tickets today at the desk in the 4th

Avenue lobby of the Municipal Building (Seattle City Hall), 4th Avenue and James Street, Seattle. Any tickets not claimed at that time will be made available to alternates.

Federal Way News

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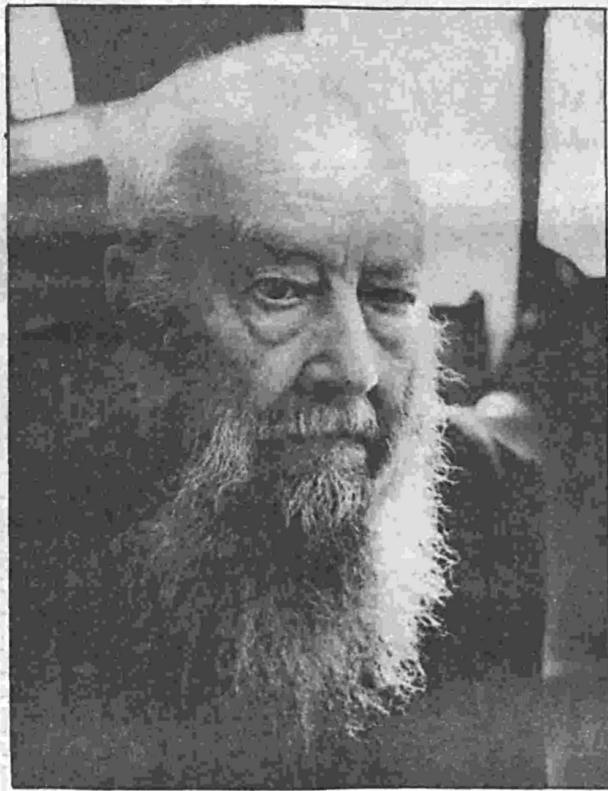
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Pop Warner: 'Hard to realize a 100 years gone by'



"Pop" Warner of Des Moines celebrated his 100th birthday. — Photo by Terrance Rodgers

by Terrance Rodgers

The eyes tell the story of triumphs, tragedies, and the sheer persistence that have spanned a century.

They are the eyes of William "Pop" Warner.

Although age has dimmed his vision, the eyes are not shielded with glasses. Their pearly-blue color competes for dominance with the sage-like crop of hair and a beard reminiscent of Walt Whitman. The crevassed face arches, and slanted lines frame the eyes when Pop Warner laughs.

There is good reason for his levity of spirit. It is November 20, and a landmark has been reached. Surrounded by a coterie of about 30 relatives and well-wishers, Pop Warner is celebrating a milestone most people can only fantasize about — his 100th birthday.

Unlike several of the celebrants gathered at the Des Moines Good Samaritan Center, where Warner has lived the past two years, the guest of honor has no tears.

"It's just the same as any other year," he says, admitting only that he "can hardly realize a hundred years have gone by already." A conversation with Pop is a lesson in understatement.

Although the eyes are serene, they also disclose the temperament of the man behind them. His biographical facts bear this out.

His is of Midwestern stock, born with a twin sister on a homestead near Oakdale, Neb.

Like his father, Pop Warner farmed the land and raised livestock. He was educated in Nebraska colleges and started teaching in 1908.

"I enjoyed working with young people who were looking for something better," he says. Warner was later elected county superintendent of schools, his first experience in politics. His next attempt at public office for the county auditor's seat was successful, as well as his subsequent election as state auditor in 1938.

"I never feared the outcome of any of my elections," he says with convincing certainty. Pop Warner never lost in politics, a vocation which, ironically, proved more secure than farming.

Pop's stint in public service helped the family get through the lean years of the Great Depression. His farm and livestock operation continued through those difficult years. Even when the crops failed for seven consecutive years in the 1930's, Pop did not give up.

The dust storms and invasions of grasshoppers did not dilute the man. He did not turn bitter, family members recall. He lived and coped, just as many other Americans did.

That solidarity is reflected in his eyes, even today, some 50 years later. "He was always stronger than we were," his daughters, Mrs. Ed Cadle of Des Moines and Mrs. Mary Marzahn of Cissna Park, Ill., agree. "He could face adversity."

For those searching for a longevity formula, Pop's temperament would seem to contradict the current popular wisdom. According to his daughters, Pop was always even-tempered — "firm," rather than "stern." He did not believe in "venting frustrations," which is today's frequently prescribed therapy for physical and mental health. "He never had time to get the midlife blues," Mrs. Cadle notes. "He was too busy."

He is the type of person who "would harbor insults," Mrs. Cadle says of her father. Pop's reaction to insolence would be to "burn them up with a look," she says, adding that profanity was foreign to his principles.

The eyes which could burn were also the same eyes that cried at her wedding, Mrs. Marzahn recalled.

Like the wheat he grew as a farmer, Pop Warner's humor has always been of the wry variety. Pop used to say that, during his tenure as school administrator, his periodic visits to the scores of one-room schoolhouses were somewhat of a blessing to those he reviewed. "After I did my inspection and left, (at that school) everything went fine for the rest of the year," Mrs. Cadle quotes her father as saying.

One of his favorite forms of literature was the pioneer story. "I think he liked them because he experienced a lot of the same vicissitudes those books describe

of the early pioneers and farmers," son-in-law, Ed Cradle, observed.

It is Pop Warner the former schoolmaster who speaks when he tells the interviewer: "I regret that I did not give the matter of reading more attention than I have." But it is clear that by today's standards, this man was a voracious reader. His daughters recall a long list of his favorite classics — prose, poetry...but especially music.

"Do ya like to sing," he asks, casting a furtive glance at a guitar case leaning in the corner. An answer is avoided by another question. "Sure," he says, "just pass that case over here."

"I toured with a male quartet back in 1904," Pop explains as he fiddles with the tuning pegs. "I sang tenor, you know," he notes. "Self-taught," are the words chosen by his daughters to describe his formal music training. "It (music) was his only hobby," they said.

The candles are now lit. Pop Warner is seated behind a large frosted cake. The eyes have an expectant look in them.

Husband, father, farmer, musician, schoolteacher...these are some of the categories Pop Warner could be made to fit into. But labels are a poor analysis of 100 years. Those who have survived history should not be remembered merely for their statistics. They should also be recognized for the quality of life they observed.

'Small riot' mars game at Federal Way stadium

by Loren Bliss

A near-riot erupted during the state high school football playoffs at Federal Way High School Stadium Friday night as about 100 adult Castle Rock High School fans battled stadium employees and local school district security officials, it was reported Monday.

Ray Shaw, assistant chief of security for Federal Way School District, said the mob was attempting to free a 21-year-old Castle Rockman who had been partially handcuffed.

The man escaped in the confusion, Shaw said, but was later

identified and has been cited to appear in King County Justice Court, Federal Way District, on charges of assault and criminal trespass.

A second man was nabbed by King County Police during the episode and was cited on the same charges, records at the 3rd Precinct in Kent showed.

Shaw said the trouble started early in the fourth quarter when a small group of Castle Rock rooters crossed to the Langley High School side of the stadium and attempted to provoke fights with Langley fans.

LANGLEY WAS ahead and went on to win the game by a lopsided 30-14.

"These were adults who made the trouble, not kids," an irate Shaw said Monday. "And before it was over it turned into a small riot — the first trouble like this we've ever had here."

Federal Way, he said, has hosted the playoffs for the last three years, to enable them to be played on neutral territory.

He said that he and other school security attempted several times

to talk the Castle Rock fans into behaving.

One Castle Rock partisan, he said, was ousted from the field for rowdiness but managed to sneak back in.

Shaw said that when he and two partners attempted to arrest one of the fans, "about 40 people" stood up and started "pushing, yelling and screaming."

"Probably five stadium employees were helping us by attempting to hold the crowd back," he said. "But by that time we were fighting about 100."

BY THEN, Shaw continued, King County Police had been summoned to the scene, but they took about seven minutes to arrive.

But when they got there, he said, they turned out in force — with five county cars, two cars from the Washington State Patrol and Federal Way Fire Department aid units.

The aid units were summoned, Shaw explained, because it was suspected that someone might have been seriously injured during the worst part of the confrontation.

"I'm really upset about the mentality of adults who attend high school football games and behave this way," he said.

Castle Rock is a small town near Longview in southwestern Washington. Langley is on Whidbey Island.

"The whole town of Castle Rock was there," said Shaw. "It was like the country boy who comes to the city and he's going to show the city folks how tough he is."

Only minor cuts and bruises resulted from the episode, reports indicated.

WEDNESDAY

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Starting young

Federal Way's Ryan Cox may just be the area's brightest young businessman. The five-year-old entrepreneur collects wood blocks from construction sights and sells them to neighbors for kindling. He's made a big \$30 since his entrance into the business world. See page D1



It's time to man the mats

Local high school wrestlers are gearing for the approaching season. Federal Way coach Wayne Sencenbaugh (left) teaches his pupil, Kolyn Adams, techniques for gaining leverage. For previews of the local teams, see the sports section.



Former junior high now 'college' for crimefighters

The curriculum at Glendale Junior High School is no longer standard educational fare.

Of course, Glendale is no longer a standard educational facility.

The Washington State Criminal Justice Training Commission leases it from the Highline School District, which closed the school's doors in 1978 because of declining enrollment.

"It's a college for people in the criminal justice system," explained Marv Brauns-tein, administrator at the busy Glendale training center.

Classes there include homicide investigation, gambling enforcement and basic hostage negotiations, just to name a few, and the old metal shop has been converted into a mock jail cell while the former wood shop is now the eerie scene of simulated shootouts.

Each year, hundreds of police, corrections, parole and probation officers, juvenile detention workers, group life counselors and other crimefighters from across the state pass through its halls, attending various classes, academies and seminars.

THE CRIMINAL justice training commission is responsible, by state statute, for the development and implementation of training programs designed to update the level of competency of criminal justice personnel.

The single biggest training program at Glendale is the Basic Law Enforcement Academy, which runs 11-week sessions almost continuously throughout the year.

The academy is designed to provide new law enforcement officers with basic knowledge and skills. Virtually every police officer in the state attends one of the academy sessions within 15 months of his joining the force.

Experienced officers from the Seattle Police Department are contracted to run the sessions and serve as instructors.

Rookies attending the academy receive guidance in areas such as accident investigation, crime scene investigation, first aid, pursuit driving, state laws and how to operate a breathalyzer. They practice their marksmanship at a practice range and learn when to shoot and when not to shoot with the help of slide scenarios.

THE FORMER wood shop where these scenarios are shown is perhaps the most fascinating part of the training center and was recently the subject of a television news spot.

Three screens are set up in the middle of the room. Eight projectors and several stereo speakers are used to create a sense of reality.

Each officer stands alone in front of the three screens, which curve slightly around him, while a narrator sets the scene over the speakers.

As a possible bank robbery, or ambush, or 7-11 holdup unfolds, complete with sirens and screams, each officer must decide if, and when, to shoot.

Harold Haley, who is in charge of this portion of the academy's training, said the scenarios are an exercise in "split second decision making under simulated conditions."

"I encourage them to get into the theatrics of the situation. Sometimes, they really get into it. They run around, they dive on the floor. I've had guys come out of there sweating."

It's Haley's job to critique each officer when the scenario concludes.

The scenarios may seem a bit theatrical, but they are valuable.

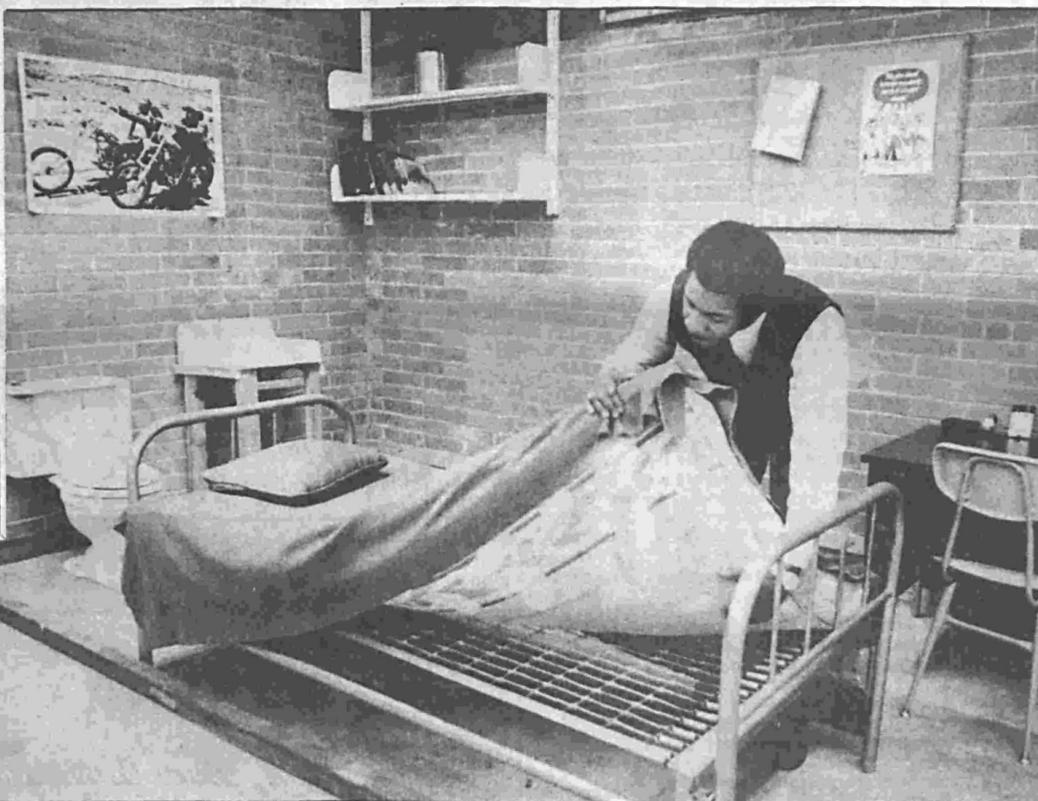
Haley said a Seattle police officer recently involved in a shootout told him the simulation training caused him to hesitate just long enough before firing to determine that his intended target was not the criminal he was after.



Patty Tabet puts a newly-learned hold on Jesus Marroquin during the self-defense portion of the correction officers academy.



Correction officers academy students Ron Binge (left) and Jesus Marroquin learn that meditation is a good way to relax after a stressful job.



Instructor Harold Haley demonstrates how corrections academy participants learn to search for hidden contraband in a mock jail cell.

photos by Gary Kissel
text by Brad Broberg



Seattle police officer Alan Carr, who previously completed the course, takes a second look at a slide scenario of a possible holdup.



Santa's debut

SANTA CLAUS MADE his annual grand appearance amid rain, not snow, Friday at the SeaTac Mall, and Heather Adams (left) and sister Stacey didn't waste any time telling St. Nick what they want for Christmas. Santa will be in the mall to visit with area youngsters during Mall Christmas hours, 9:30 a.m. to 9:30 p.m. Monday through Saturday, 11 a.m. to 6 p.m. Sunday.

—photo by Mike Bainter

368-acre purchase begins for Auburn 400 complex

by Nathalie Weber

Auburn 400 is finally going to become a reality.

That 368-acre site, which lost 32 of its 400 acres throughout the decade it took to finalize the project, will be purchased within the coming months by Quadrant Corporation, a subsidiary of Weyerhaeuser.

"We're going ahead. It's going to become a reality," Chuck Giinther, Quadrant marketing manager, said last week. "We're notifying owners that we'd like to go ahead with the purchase."

According to the plans for the complex, Auburn 400 will primarily contain light industrial and commercial business. Giinther said it would be similar to Federal Way's West Campus office park including office space and some retail such as banks and restaurants. Light industrial also will be included because the location affords easy access to rail transportation, he said.

THE SITE, which straddles SR 18 just east of the West Valley Highway, originally was named Auburn 400 when considered in the late 1960s as a shopping complex. Those plans, however, were delayed, possibly as a result of the construction of SeaTac Mall in Federal Way.

In the interim, the number of acres available for development was whittled to 368 when the interchange between SR 18 and the West Valley Highway was constructed.

No construction schedule has been established for the proposed Auburn 400. Giinther said Quadrant currently is attempting to concentrate on purchase of the property, the cost of which he declined to disclose pending negotiations.

Once the land is purchased, the next step will be to install complete basic site preparation, including street and utility installation. That fraction of the project alone carries a \$15 to \$20 million price tag for Quadrant, Giinther said.

FOLLOWING SITE preparation construction will begin according to a master plan that currently is being devised, he said. That plan also will dictate the quality of construction, just as the construction in West Campus is controlled by Quadrant.

Does the construction of this major complex threaten the future of SeaTac Mall? Giinther doesn't think so.

"It's not a mall we're constructing. We're a little unsure now of the land's highest and best use, but there will be some industrial

support," he said. "Besides, if it could compete with the (SeaTac) Mall, the land would have been developed years ago."

The land being purchased currently is owned by Emkay Development and Realty Co. of Newport, Calif.

District sets goals for 1979-80

After many years of levy failures, the Federal Way School District may again broach the subject with voters in the 1979-80 school year.

One of 16 goals adopted by the School Board on superintendent Milt Snyder's recommendation is to establish a plan to review the need for a maintenance and operation levy to meet the "extreme needs" of building maintenance.

The potential levy is among the phase I.I goals of the board, those that may be crucial to long range development of the district.

Among the Phase I goals, those that appear to need immediate action, is a thorough study of the senior high school's counseling programs.

Other phase I goals include the accreditation or re-accreditation of the junior high and high schools, improving communications, making changes in the district's organizational structure, including clarifying the role of school principals, and improving the appearance of district buildings and grounds within the limits of financial resources.

Other goals the school board adopted included developing standards for student behavior with input from students, parents and staff.

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County increases pet, building, swim fees

Builders, swimmers and pet owners will be paying more in fees to King County in the coming year after a move by the county council to balance the 1980 budget with higher or new fees.

County swimming pools will see rate increases to \$.50 a person for public swim sessions and \$.90 for adult only swims. Swim lessons will increase by about \$1 for the overall fee. School districts which use the pools will pay \$10 an hour through August when the rate will go up to \$12.50. Private groups of fewer than 50 persons can rent the pool for \$23.17 an hour while 100 to 150 persons will pay \$28.48 an hour.

Councilman Bob Greive disputed the contention of Dr. Eric Carson of Federal Way that the rates would not have to be raised if the water temperature was lowered between five and 10 degrees from the current 85 degrees. "It's a psychological thing," Greive said. "People just won't go in if the water isn't warm when it's cold outside."

Carson also asked that the county keep the pools open during Christmas and spring vacations "when the kids want to get out there and swim."

Greive said the increased rates will net the county \$88,000 in additional revenue in 1980.

Other \$553,000 will be added to the county coffers with the new rates for county work in approving drainage plans for land development and building permits. The rates are \$300 for a commercial building permit, \$600 for a short sub-division and \$900 for a regular sub-division. There will also be fees for resubmitted

plans if they are rejected by the county for applicant error.

Preliminary plat review will increase from \$50 to \$100 or \$11 per lot with a \$1,500 maximum fee. That will net the county \$49,000 new dollars in the coming year, Greive said.

Short subdivisions will increase from \$30 to \$50 for two lots with a \$10 fee for each additional lot for plans the county must examine. Greive said this will raise \$43,000.

The biggest chunk will come with building permit fees and services provided by the county. An estimated \$770,000 will be raised by the fee increases. The rate is based on the total valuation of the proposed construction. A minimum fee of \$32 covers values of to \$1000 ranging up to \$700 for \$100,000 valuation plus \$3.50 for each additional \$1,000 or fraction of it.

Licenses for hobby kennels, grooming parlors and redemption fees for errant pets were also increased. Dogs and cats who are picked up by the county animal control will be ransomed for \$15 instead of the current \$10 fee. Owners will also be charged \$5 for 24 hours boarding. Livestock owners will pay \$30 plus a variable boarding fee.

The animal business license doubled from \$75 to \$150. Hobby kennel, grooming parlor and pet shop also doubled to \$20, \$100 and \$50 respectively.

The first violation will cost \$25, the second within one year will be \$50 and the third will be twice that. Greive said the county will gain \$59,000 with the increases.

52 Units recommended for Sound View Manor

A county council land use appeal committee has rejected a community request that a townhouse development south of Twin Lakes be limited to 48 units.

Residents of Twin Lakes five and six who objected to a higher density development for Sound View Manor because the property contains steep slopes and the density is not compatible with the existing neighborhood.

Hearing Examiner Robert Eveleigh told the appeal committee Monday the "property is very rugged with two drainage patterns and steep 15 to 40 percent slopes." Eveleigh recommended that the land be developed at five units for each of the 9.5 acres. The Twin Lakes project is single

family and the property across Dash Point Road is one-half or one acre lots, he said. Most of the surrounding area is developed at less than RS 7200.

Community spokespersons said they are concerned with the drainage problems which might result from grading the slopes. Similar problems have plagued them because of other developments, they said.

Committee members Paul Barden and Ruby Chow voted to limit the development planned by Rodger Overson to 52 units and will make that recommendation to the full council. Councilwoman Bernice Stern opposed the recommendation.

"Ware Fair" scheduled

Area residents looking for that special Christmas gift can take their search to the "Ware Fair" Nov. 29, from 3 to 8 p.m. at the Mt. Rainier High School cafeteria.

Several booths will be set up featuring arts and crafts along with baked goods. Proceeds from booth rentals will be used for scholarships, according to a spokesman for the school's Future Business Leaders of America organization, which is sponsoring the event.

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<p>20%off</p> <p>Entire Stock! Ladies' Leather Gloves</p> <p>Ladies soft, supple leather gloves in assorted colors. A wide range of styles for the gals on your gift list.</p> <p>• Gloves</p>	<p>20%off</p> <p>First Lady® Standard Electric Blankets</p> <p>Twin Size, reg. \$25 \$20 Full, 1-Control, reg. \$30 \$24 Full, 2-Controls, reg. \$35 \$28</p> <p>First Lady electric blankets in fashion colors all with a 2-year guarantee.</p> <p>• Domestic</p>	<p>40%off</p> <p>Cosco® Folding Chairs</p> <p>reg. 13.95 8.88 ea 4/\$35</p> <p>Cosco folding chairs with safe positive lock seat, molded back rest and seat with enamel frame. Folds flat for easy storage.</p> <p>• Housewares</p>	<p>20%off</p> <p>Entire Stock! Kitchen Dinette Sets</p> <p>Our entire stock of dinette sets including maple...casual sets, pedestal or trestle tables and corner upholstered sets.</p> <p>• Housewares</p>



GEORGE MANSET, a Youth Service Bureau tutor, gives Kathy Coder from Totem Junior High School, help on her history and math.

Volunteer tutor gives kids more than his time

by Ann Hagen

Working with youth comes easily for George Manset. He said it's probably because he was the oldest of seven kids and "you have a responsibility to get along...at least, most of the time."

Manset, a Boeing engineer who works at Renton, has been helping students get a firmer grip on the basics at the South King County Multi-Service Center twice a week.

A 1977 graduate of the University of California Davis in mechanical and agricultural engineering, Manset tutors seven students between the ages of 10 and 15.

They meet at the center from 5:30-8:30 p.m. on Tuesdays and from 5:30-7:30 on Thursdays. Students are given help in math, reading, history, "whatever they are having problems."

Manset, a quiet, "laid-back" individual of 25, said that most of the kids have trouble with reading. "Even their math problems go back to it," he said referring to story problems and following directions.

Manset said he's able to relate easily to youngsters who have trouble in school. An avid tennis player, he said he never looked forward to studying or doing homework. In grade school and high school, he said college was

the "last thing on my mind."

However, tackling a difficult major, he said he forced himself to study in college. "All you need is discipline and incentive to make it."

"I hope some of these kids make it to college someday, if that's what they want to do. None of them are stupid," he said.

USING A SOFT-SELL approach, students are helped on a one-to-one basis. There is little problem with discipline, though newcomers often like "to goof around." "Maybe you look mean once in a while, but we're all friends, so they listen," he said.

Because volunteer tutors are scarce, (Manset was the...only volunteer tutor at the time of the interview) older students are encouraged to help the younger ones. Two 15-year-olds are tutoring in spelling and vocabulary. "They enjoy it," said Manset. "And it's a lesson for them."

Though Manset is modest about giving his time, Valerie Rempel, who coordinates the tutoring service from the Federal Way Youth Service Bureau said he's effective because he cares.

She said that it's not unusual for Manset to include his students on field trips such as soccer or basketball games, picnics or a trip to the zoo.

"He's easy-going and relaxed,"

she said enthusiastically. "He doesn't come on like a real authority figure. He's outside the parent relationship and he's not a teacher. He deals with them as a friend and the kids work well under that."

Rempel said there is a need for tutors who are willing to commit themselves to at least six months, once or twice a week. The hours are flexible.

The community service program offers free tutoring to any student who feels they need it, grades one through 12.

Requirements include that tutors be discreet, confident and regular in their appointments.

Applicants are screened to see if they have a willingness to work, if they're patient and knowledgeable about a subject.

"A lot of people think they don't know much about a subject," said Rempel. "But, a lot of it is just going through the material with students."

For Manset, it's a two-way street. It's a "change of pace" and it gives him a chance to "go back to basics," especially in math where his daily work calls for continual use of his calculator.

His best advice to students is to set a goal and be willing to do a little work for it. "If you don't have a motivator, you won't do well."

Those interested in volunteering are encouraged to call the YSB at 839-6555, Monday through Friday from 9 a.m. to 5 p.m.

FW crime report:

Loot tops \$24,000 in five local burglaries

King County detectives are investigating a rash of burglaries in which the combined loss amounts to about \$24,000, records at the 3rd Precinct in Kent showed Monday.

The burglaries, five in all, occurred last week at four local residences and a Pacific Highway South construction firm.

In three of the incidents, the thieves apparently concentrated on jewelry, cash and other small items, records indicated.

Investigating officers listed the losses, dates and the areas in which the three crimes occurred as South 308th Street, Friday, \$5,000; Southwest 323rd Street, Wednesday, \$6,825; and South 321st Street, Nov. 20, \$2,885.

The loss at the construction company included a go-cart, tools and a calculator worth a total of \$7,333. Police believe the firm was burglarized sometime Nov. 19 or 20.

Two motorcycles worth an estimated \$1,250 were recovered by police after someone took them from the garage of a South 346th Street residence, detectives said.

Five local youths aged 14, 15, 15 and 16 respectively have been named as suspects in the case, detectives said.

A larceny of tarps, citizens' band radio equipment and other items worth a total of about \$1,200 is also under investigation.

The incident occurred sometime Nov. 20 at the Evergreen Truck Stop, South 348th Street and 16th Avenue South. Police said the items were stolen from a cross-country truck.

Larceny differs from burglary in that the latter involves the forced or unauthorized entry of a building or residence.

TWO BOYS, both of them 15, have been arrested in connection with a number of local burglaries, County Detective

Doug MacDonald said Friday. He said the two will be charged in juvenile court with at least six counts of burglary.

The suspects are accused of using air guns to shoot their way into local residences, he said.

Most of the loot was liquor and change, MacDonald said, worth an estimated total of about \$2,000, including damage to houses.

Some \$300 worth of stolen goods were recovered during the arrests, he said.

A YOUNG MAN who told police he has a brown belt in karate turned the tables on a would-be robber last week, kicking a knife out of his hand in the restroom of a local discotheque, records showed.

An incident report said the man had gone to the restroom when another man walked in behind him and pulled a switchblade knife.

But the would-be victim whirled, disarming the suspect and then kicking him into un-

consciousness before running out of the restroom and calling a security guard.

When the guard returned, the report concluded, the suspect had fled.

A PROWLER with an unpleasant sense of humor has been harassing a Federal Way woman, entering her house and slashing her nightgowns, she told police on Saturday.

The woman said that she encountered the prowler on one of the occasions and was knocked down by him. She described him as a man about five feet, eleven inches tall with a face painted green.

She said that he also left a dagger stuck in one of her pillows.

The woman had no idea how the man had entered her house, she said. She also told officers that she and a friend had heard chanting coming from the woods to the rear of her house on several occasions.

ATTENTION Kmart SHOPPERS

In our Nov. 25th fashion gift ad section on page 20C, our women's slides were incorrectly advertised as leather. The correct description is polyurethane.

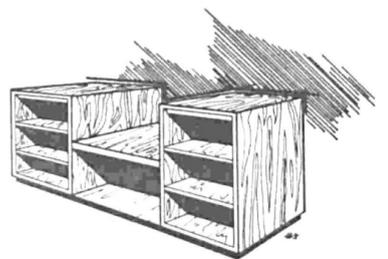
We regret any inconvenience this may have caused our customers.



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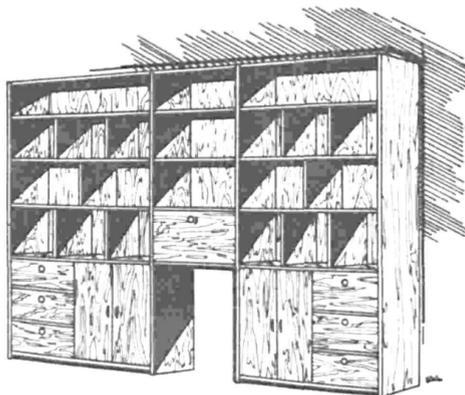
SALE
\$199⁰⁰

Reg \$239.00
#0100 T.V. CENTER
32" H X 60" W X 16" D



SALE
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Reg. \$1189
#0900 WALL SYSTEM
80" H X 156" W X 12" D



(72 cu. ft. STORAGE)

- ALSO-Book cases, Stereo Systems, Headboards, Storage Units Library Systems or custom designed wall systems.
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Hurry sale expires Dec. 2nd 1979

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HOURS: M-F 10-9, SAT 9-6, SUN 12-5

CHRISTMAS COLOR SPECIAL!
(Back in time for CHRISTMAS)



Wed-Sun
Nov. 28-Dec. 2, 1979

2-Poses, 18 Color Prints, One Fantastic Kmart Price!

That adds up to a Perfect Portrait Package
■ All ages welcome. ■ Groups \$1.00 extra per person. ■ Compare the value at less than 61c a picture. ■ Scenic and creative backgrounds available. ■ Fast delivery. ■ Satisfaction Always or full deposit cheerfully refunded.

"Ask about our exciting Echo Portrait"™

2-8x10's
2-5x7's
10-wallet size
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18 prints just

\$10.96
plus tax



Wed. & Sat. 10-1, 2-6
Thurs & Fri. 10-1, 2-5:30, 6-8
Sun 12-4
1207 So. 320th
Federal Way

Nutcracker ballet at Lindbergh High

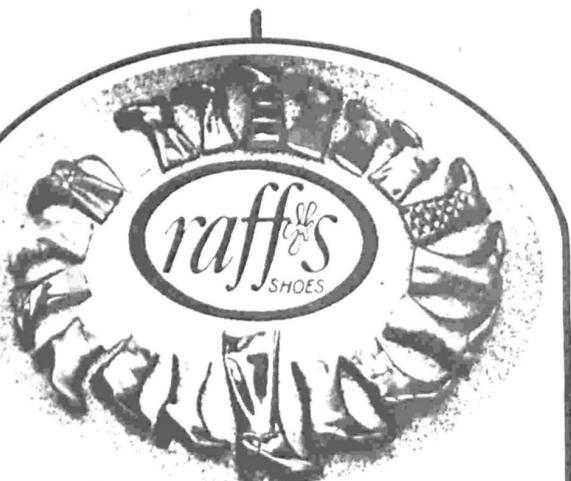
Ballet Les Jeunes' chairman, Jim Lyons, has announced that thony Sellars and Terri Hayes will dance the roles of the Cavalier and Sugar Plum Fairy in its annual production of

theallet Company. She has workedwith the American Ballet Theater and Joffrey Ballet.

The two performances of the Nutcracker will be held at the Lindberg High

School Auditorium at 8 p.m. on Friday and at 2:30 p.m. on Saturday.

Tickets are \$4.50, \$3.50 and \$2.50. Call 226-7272 or 631-5007 for details.



Ladies' and Children's Rain & Snow Boots

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- 100% waterproof
- Many styles & colors to choose from
- Open 7 Days a Week

Children's starting at \$8.95
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BURIEN 457 S.W. 152nd (across from Lamonts)
FEDERAL WAY Sea-Tac Plaza (next to Jafco)
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TOY & GAME SALE

KIDDIES PHONOGRAPH

The Patriot #SP20, has powerful speaker & amplifier in plastic cabinet.



19⁹⁹

BOYS OR GIRLS HOT CYCLE

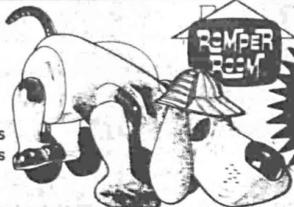
Your choice of Powder Puff Super Hot Cycle or Roaring Super Hot Cycle! Durable.



13⁸⁸

DIGGER THE DOG®

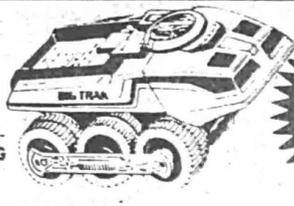
A kid's best friend! He walks beside you when you pull his leash. For ages 2-6.



6⁴⁴

BIG TRAK

Fully programmable electronic toy! #4955. Also get BIG TRAK TRANSPORT for \$9.99.



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BARBER OR PET SHOP

Fuzzy Pumper® Barber and Beauty Shop or Pet Shop. Includes the Play-Doh®



7⁹⁹

BIG LOADER®

Big Loader Construction Set with motorized trucks that really work hard! By Tomy.



12⁸⁸

INTERMEDIATE TOOL SET

The intermediate tool set is great fun. The set includes 9 pieces.



3⁹⁷

LINCOLN LOGS

This popular building set is still made of wood, and still fun! 72 pcs.



4⁸⁸

CLUE GAME®

The classic detective game from Parker Brothers. Ages 8 to adult.



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SORRY GAME®

Parker Brothers' slide pursuit game for 2 to 4 players, ages 6 to adult.



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FISHER PRICE RADIO

Tote-A-Tune music box radio: "Candy Man" or "Let's Go Fly A Kite."



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TRAC 4®

Match blocks designs to cards on the turning tower. Lakeside.



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SKIRRID OR FRANTIK

Skirrid is a game of Shapes and numbers! Frantik is fun and skill!



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MINI-WAVE™ OVEN

Betty Crocker Easy Bake® Mini-Wave Oven by Kenner®!



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LEARNING TOYS

Your choice of Learning Tower, Ch-A-Time Clock, etc. . . . Child Guidance.



1⁴⁹

PRICES EFFECTIVE WED. NOV. 28 THRU SAT. DEC. 1

STORE HOURS
WEEKDAYS 9 am to 9 pm
SUNDAY 10 am to 7 pm

SKAGGS

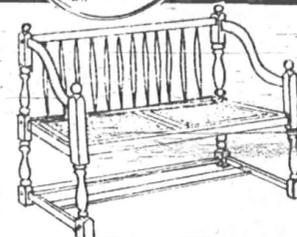
PHARMACY HOURS
WEEKDAYS 10 am to 7 pm
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Put warmth in your holidays with these values at SKAGGS

LOVE SEAT

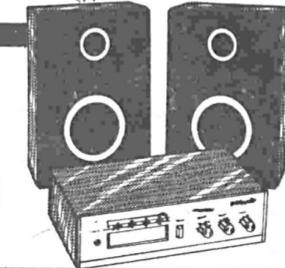
Wooden Love Seat bench in either the cane or the tapestry styles. Nice looking design.



49⁹⁹

8-TRACK STEREO

Soundesign® 8-Track stereo tape player with 2 wide range speakers. #5018-50.



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MIDLAND T.V.

Midland brand AC/DC black and white portable T.V. with a 5" screen. Take almost anywhere. #15-050.



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WARM-UP SUITS

Warm-up suits by Dolphin®. 100% Polyester or 100% Acrylic. Various color combinations and accent stripes.



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MR. COFFEE

Still the fastest way to brew truly delicious coffee. Brews 2 to 10 cups. #CB-600.



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COKE RADIO

It's a radio that looks like a bottle of Coca-Cola! Great gift.



6⁹⁹

DELUXE BACKGAMMON

Handsome 11" backgammon set. Attache case style.



8⁸⁸

BAG OF 50 BOWS

Large bag of assorted colors of bows. 50 count.



88¢

PAPER OR FOIL

Your choice of 7 rolls of paper (70 sq. ft.) or 7 rolls of foil (40 sq. ft.).



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BRACHS CANDIES

Your choice of either candies: Crimp Ribbon, or Gloria Mix.



59¢

FRUIT CAKES

1 1/2 lb. Capital Fruit Cake, in the beautiful blue and white tin.



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DIAMOND WALNUTS

The 1 lb. bag of Diamond brand shelled walnuts.



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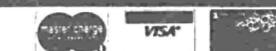
WHITMAN CHOCOLATES

Give a sweet gift. The Fairhill 3 pound box of chocolates!



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PRICES EFFECTIVE WED. NOV. 28 THRU SAT. DEC. 1



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15100 S.E. 38th at 148th Ave. S.E.
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9820 N.E. 132nd at 100th Ave. N.E.
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3023 - 78th Ave. S.E. at S.E. 32nd St.

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2131 S.W. 336th at 21st Ave. S.W.
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AZAR PECANS
Azar pecan halves in the 6 oz. bag, for holiday cooking.



99¢

STRAWBERRY PRESERVES
Sunny Jim brand delicious Strawberry preserves, 18 oz. jar.



79¢

BIRD SEED
Pretty Boy Wild bird food in the 5 pound bags.



2 FOR 100

DRY ROAST PEANUTS

The 12 oz. jar of Planters Dry Roasted Peanuts, for snacks!



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RED ROSE® TEA

Great tea in the box of 100 tea bags. Red Rose.



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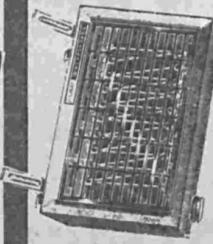
Electra Sol, in the 50 oz. box, for clean automatic dishwashing.



133

1320 WATT HEATER

1320 Watt space heater by Super-electric, to keep you warm. #627.



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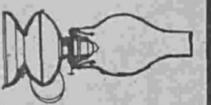
PRESTONE II

Prestone II anti-freeze for these very cold Winter days.



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METAL OIL LAMPS
Nice oil lamps with Pewter, Brass or Copper base.



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BOOSTER CABLES
12 foot size booster cables. Copper, and all-weather durability.



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TEA KETTLE
Heavy copper on anodized aluminum. Holds 2 qts.



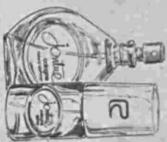
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MUSK FOR WOMEN
Set #7006 has the 3 oz. dusting powder and the 1 oz. spray.



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BEAUTIFUL COLOGNES
Beautiful Colognes by Jontue, in the 6 oz. spray and 2 1/2 oz. cologne.



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BRITISH STERLING
The 3.8 oz. after shave and the 6.5 oz. rope soap in case.



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OLD SPICE TRAVEL KIT
4 1/2 oz. A/S, 6 oz. shave cream & 2 1/2 oz. deodorant in Deluxe kit.



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BRUT 33® SET
Gift set of 3.5 oz. Cologne, 5.1 oz. A/S, 2.5 oz. Deodorant & 5 oz. Soap On A Rope.



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ANIMAL & PERFUME
Your choice of cute Koala bear or Raccoon, holding perfume.



599



For The Biggest And Best
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Toostmaster® waffle baker reverses to make a grill. #265.



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FOOD PROCESSOR
GE food processor plus blender and cookbook, Pp-2.



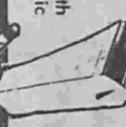
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PROMAX® 1000
Promax by Gillette, 1000 watt hair dryer, with 3 heats.



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LADIES RAZOR
Remington® Smooth and Silky electric shaver, WER-6000.



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CURLING IRON
Deluxe Electra Curl curling iron, by Standard, #190.



299

STEAM & DRY IRON
Special, budget, steam and dry iron #F-63, by G.E.



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POCKET PISTOL DRYER
Dryer by Northern. Heat and speed selections. 1200 watt.



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DIGITAL SCALE
Contemporary design in an easy-to-read digital scale by G.E.



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MAKE-UP MIRROR
Lighted make-up mirror with 4 light settings. #1M-1 by G.E.



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36 EXPOSURE DEVELOP AND PRINT



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COLORBURST 50 CAMERA
Kodak's great instant camera. Fixed focus and motorized print delivery.



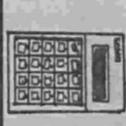
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EXTRA 1 CAMERA
Camera outfit by Kodak, with film, flash, and camera.



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SHARP CALCULATOR
Sharp brand basic function, small and handy. #EL-208.



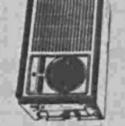
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CASIO® CALCULATOR
New mini card calculator #LL-791. Many functions!



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G.E. AM/FM radio. Solid state for good quality. #7-4110.



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ALARM WATCHES
Choice of either alarm watches by Nat. Semiconductor.



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PR-10 FILM
Instant print film from Kodak, in the package of 10.



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DUAL PACK FLASHBAR
Sylvania flashbar in the new two pack. 20 flashes.



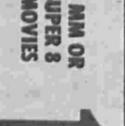
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REMINGTON® RAZOR
High performance cord shaver, designed for comfort. #PM-850.



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8 MM OR SUPER 8 MOVIES



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JUMBO PAPER
Quarter of Jumbo paper, by Carrington. 100 sq. ft.



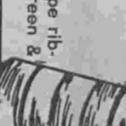
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LITE SET
Set of 100 midjet lights. Hi-Brite energy savers.



399

CURLING RIBBON
600' of curling type ribbon, with red, green & gold on drum.



57¢

GLASS BALLS
1 1/2" ornaments in sets of 12. 4 colors or assorted colors.



88¢

G.E. LIGHT SET
General Electric 35 light "String-A-Long" indoor/outdoor set.



599

PUSH STOCKING
16" plush stocking, in red and white, to stuff full!



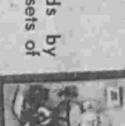
99¢

TABLE CLOTH
Poly table cloth, to use year after year. By Remnoc®



99¢

CHRISTMAS CARDS
Christmas cards by Grand Award, 3 sets of styles, for you!



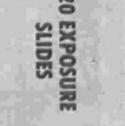
129

DECORATOR CANDLES
Glass cylinder candles to add to your holidays!



133

20 EXPOSURE SLIDES



119

CLIP THIS COUPON AND SAVE

465 pupils face shot ouster

by Loren Bliss
Stressing that he and his colleagues have no desire to exclude anyone from classes, a Federal Way School District official said Monday that as of early afternoon, 465 elementary pupils had yet to comply with Washington's new compulsory immunization law.

The official, Administrative Assistant Paul Chaplik, said that 10 pupils were scheduled to be excluded from Adelaide Elementary School on Tuesday morning.

Nine were scheduled to be ousted from Camelot on Wednesday, while 24 were scheduled to be excluded from Brigadoon on the same day.

But the principals of the schools were personally contacting the parents of the noncomplying pupils, Chaplik said, adding that he hopes the children's ousters can be avoided in all cases.

The law, passed last spring by the Legislature, requires that

elementary pupils be inoculated against tetanus, diphtheria, whooping cough, polio, Rubella, mumps and measles as a condition of their continued enrollment in school.

"ITS INTENT," said Chaplik, "is to get kids immunized, not exclude them. But it's the parents' responsibility, and thus far some parents simply haven't responded."

He said the difference between the 1,000-odd pupils who were originally out of compliance and Monday's figure resulted from the number of parents who finally responded to notices from both school officials and the Seattle-King County Health Department.

The law requires parents to attest either that their children have been immunized or are receiving the required shots.

It makes special exemptions for those parents who are religiously or philosophically opposed to inoculations, though it

requires those parents to notify school officials of their stances.

If children are excluded, Chaplik said, they could be charged with violating the state's truancy laws.

EXCLUSION DATES and the number of non-complying pupils at other schools, he said, are as follows:

Thursday: Lake Dolloff, 24; Lake Grove, 51. Friday: Lakeland, 38; Panther Lake, 25.

Dec. 3: Mirror Lake, 39; Nautilus, 44. Dec. 4: Olympic View, 22; Sunnycrest, 27.

Dec. 5: Star Lake, 20; Twin Lakes, 7; Valhalla, 41; Wildwood, 6.

Chaplik said the exclusion date for Woodmont pupils has yet to be ordered by health officials, who are responsible for enforcing the law.

Federal Way schools notified parents of the law's requirement last spring, and again sent out notices when classes began this fall.

GOP in council majority

The balance of power shifted Monday on the King County Council as 6th District Republican Bruce Laing was sworn in giving the GOP a 5-4 majority.

Laing defeated Democrat Pat Thorpe in the November election and took office as soon as the election was validated by the county elections division. The

early switch occurred because Thorpe was filling an unexpired term to which she was appointed last year replacing Mike Lowry.

Two other Republicans, Scott Blair and Lois North, will join the council the first week in January replacing Bob Dunn, a Republican, and Bernice Stern, a Democrat. The GOP majority

will then be 6-3, larger than either party has enjoyed since the council was formed in 1969.

Until the new councilmembers take office, the Republican majority will continue with a Democratic chairman. Ruby Chow, who was elected in January, will retain the gavel for the remainder of this year.

Earn \$15 by dialing

Heard a hot tip? Seen something unusual? Don't keep the news to yourself!

The Federal Way and Des Moines News will award \$15 for the best news tip of the month. That could buy 13 gallons of gas, a couple of nice lunches or maybe even pay the phone bill for the month.

So, if you know of a news maker, call the Federal Way News at 839-0700 between 8:30 a.m. and 5 p.m. Best news tip will be awarded on the first of each month.

WOODWORKERS, HOBBYISTS AND HOMEOWNERS GRAND OPENING PUBLIC SALE

SAVINGS UP TO 50%

9:00 am - 5:00 pm

IN CELEBRATION OF OUR NEW WAREHOUSE YOU ARE INVITED TO TAKE ADVANTAGE OF OUR WHOLESALE PRICES THIS WEEKEND ONLY. RETAIL PRICES ARE 30 TO 50 PERCENT HIGHER. BUY YOUR LUMBER AND BUILDING SUPPLIES AT WHOLESALE THIS WEEKEND ONLY. WHY PAY MORE?

*HARDWOOD DIVISION SPECIALS:

Brazilian Walnut (Imbuia) in 1 & 2 inch FAS from Tongue and groove paneling	\$2.00 bd. ft. 1.65 sq. ft.
1/4 inch hardwood plywood (walnut) 4x8	25.00 ea.
1/4 inch hardwood plywood for cabinets 4x8	49.00 ea.
Imported paneled and flush doors (hardwood)	From \$30.00
Unfinished parquet flooring	1.25 & up.

(ALL HARDWOOD SPECIALS AVAILABLE IN BEAUTIFUL BRAZILIAN WALNUT.)

*DOMESTIC DIVISION FEATURES:

1x2x4x36 Red Oak Shelving (Close-out)	2.50 ea.
1x8 T&G Redwood Paneling (clear heart)	.98 bd. ft.
1x3 Cedar Fencing (6 ft. & longer)	.30 ea.
4x4 Cedar Posts (pre stained)	.50 ln. ft.
2x6 T & G Cedar fencing & decking	.60 bd. ft.
4x6 Fir Beams	.80 ln. ft.
2x4 Redwood Decking	.35 ln. ft.

*SUPPLY DIVISION FEATURES:

"MULTI-PLY" Multi-purpose insulative paneling R-11 & R-19 Fiberglass Roll insulation (too low to advertise) (Some supplies are limited. Volume discounts available, cash or checks only.)

PAN AMERICAN HARDWOODS AND SUPPLY

2407 So. 200th Phone 824-0848 2 1/4 blocks west of Pacific Highway So. on South 200th

Des Moines crime

Burglaries and thefts keep local police busy

Personal items valued at more than \$2,000 were taken from a residence near 218th Ave. and 15th Ave. So. sometime Nov. 11, according to Des Moines Police.

Police said the occupant of the home reported the theft after receiving a phone call from his bank regarding the use of his credit cards in the Portland area. The occupant then discovered that several credit cards, a savings bond, a watch, and a coin collection had been taken from the house, according to police.

Burglars gained entry to the shack by breaking a hole in the structure's skylight, police said.

Items taken include three power saws, two power drills and a torch, according to police. Police are continuing their investigation of the incident.

A 1973 Honda motorcycle valued at \$500 was stolen from the parking lot of an apartment complex near the 216 block of 29th Ave. sometime after midnight Nov. 22, police said.

Des Moines Police are continuing an investigation into an incident at the 7-11 store off Kentes Road at approximately 3:30 p.m. Nov. 22. Police received a call that a black male was attempting to sell narcotics to the store's customers.

Upon arrival at the scene, police questioned two black males and a black female who were leaving the store parking lot in two separate cars. Police asked and received permission to search the trunks of the cars, but not narcotics were found, according to police.

However, a six-inch revolver was found in the trunk of one car. The gun was found later to be stolen from Renton, police said. No arrests have been made yet in connection with the incident, police said.

A 20-year-old male was cited for possession of alcohol after police observed the man drinking beer in the parking lot of a 7-11 store on Marine View Drive about 12:40 a.m. Nov. 22, according to police.

Operators of Rent A Dent on Pacific Highway South told

police that a 1971 Oldsmobile was not returned by a customer. The car, valued at \$1,200, was supposed to be returned Nov. 11, operators told police.

Four tires valued at \$75 were taken from a storage area of an apartment complex near 225th and 7th Avenues sometime between Nov. 21 and 22, according to police.

Obituary

Eric R. Jordan

Memorial services were held Nov. 26 at the Camelot Evangelical Free Church in Federal Way for Eric R. Jordan. He died Thursday, Nov. 22 in St. Francis Cabrini Hospital, at the age of 72.

Jordan was born April 16, 1907 in Lausanne, Switzerland. He came

to the United States in 1930. He was retired chef for United Airlines at the Sea-Tac airport, where he worked for 24 years. Jordan was member Camelot Evangelical Free Church, Oregon Chef's de Cuisine, Vatel Club of New York and Societe Culinare Philanthropique of New York. He was an army veteran of WWII.

Jordan is survived by wife, Helene; son, Dennis; brother, Yevs, Switzerland; and three grandchildren, Jeffrey, Joelle and Ryan Jordan.

Interment was at Mt. View Cemetery in Auburn. Memorials may be given to the Camelot Evangelical Free Church in memory of Eric Jordan.

FREE ONE MONTH KUNG-FU

OPPORTUNITY ENDS DEC. 1st

6 days a week Person to person Instruction

Complete weight-lifting facilities

Come in anytime between 10am - 9pm

FEDERAL WAY MARTIAL ARTS

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20% Discount on all Gift Certificates

Fun night

A variety of games will be available at Black Watch Fun Night on Saturday, Dec. 1.

The day's activities (from noon to midnight) will benefit the Black Watch Drum and Bugle Corps.

The amusements will take place at the Federal Way Elks Club, located at 31405 18th Ave. S.

QUIK TUNE

11203 1ST AVE. SO. (433-9200)

TUNE-UPS WHILE YOU WAIT

GRAND OPENING

ENDS DECEMBER 1st

Sooner or later you're going to try us ... Why not during our Grand Opening? Because if you do, you can have your choice of one of the following gifts with every full TUNE-UP:

- (1) RAY-O-VAC FLOATABLE HOME, AUTO or BOAT LANTERN, complete with battery
- (2) AIRGUIDE "VISI-DOME" AUTO COMPASS
- (3) "SPORT GRIP" DELUXE STEERING WHEEL COVER
- (4) 7 PIECE MECHANICS SCREWDRIVER SET
- (5) OR, IF YOU PREFER, WE WILL WINTERIZE YOUR CAR DOWN TO 5°

NO TUNE-UP OVER \$46.88 (Parts & Labor)

YOU CAN'T PAY MORE!

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ENDS DECEMBER 1st



Sears

SEARS, ROEBUCK AND CO.

BERGMAN

We're celebrating the opening of our new Federal Way store across from the Sea-Tac Mall...with the biggest luggage sale in Pacific Northwest history! Save on these and hundreds of other great buys. Specials in every department at all three Bergman stores. Buy now...for yourself or for gifts...and save!

ITEM	FACTORY LIST	BERGMAN SALE
Samsonite Concord Shoulder Tote	\$33.00	\$19.50
Amer. Tourister 2500 26" Pullman	\$85.00	\$63.75
Skyway O'Seas Pullman w/ wheels	\$175.00	\$87.50
Canvas Shopping Tote, Skyway Import	\$12.00	\$3.90
Samsonite 26" Cartwheel	\$96.00	\$59.50
Samsonite Envelope & Portfolios	to \$32.00	1/3 Off
Amer. Tourister 5500 Train Case	\$70.00	\$52.50
Amer. Tourister 5500 30" Pullman	\$115.00	\$86.25
Samsonite Concord 29" Pullman w/ wheels	\$78.00	\$52.50
Atlantic Val-A-Pak Garment Bag	\$75.00	\$37.50
Skyway Tennis Tote	\$27.00	\$13.50
Samsonite Concord Beauty Case	\$35.00	\$22.50
Amer. Tourister 2500 26" 2-Suiter	\$90.00	\$67.50
Skyway 21" Carry-on, Outdoor Twist	\$60.00	\$28.00
Amer. Tourister 2500 22" Carry-on	\$65.00	\$46.80
Samsonite Concord 3-Suiter w/ wheels	\$68.00	\$45.00
Skyway Tote Bag	\$35.00	\$17.50
Amer. Tourister 2500 Shoulder Tote	\$55.00	\$27.50
Samsonite Gadgeteer Flee Bags	\$36.00	\$18.00

Featuring top-quality, famous brands... Samsonite, American Tourister, Lark, Ventura, Skyway, Atlantic, Wings, Pegasus, Halliburton and more.

LUGGAGE

SEATTLE STORE: 2122 Third Avenue, Downtown
BELLEVUE STORE: N.E. 24th & 152nd N.E. in Overlake Square
FEDERAL WAY STORE: 2012 South 320th, across from the Sea-Tac Mall

To our valued customers

Pay Less

Of the 264 items in this week's MERRY CHRISTMAS FROM PAYLESS circular the following 9 items have not yet arrived:

- PG-1 1,000 WATT COMPACT FAIRD #410
- PG-2 BED SACK MATTRESS PAD CHOICE TWIN, FULL, QUEEN
- PG-2 CLOTH HOLIDAY NAPKINS
- PG-3 SPRAY FAME COLOGNE
- PG-4 7pc. REVERSE COOKWARE SET
- PG-4 WEXFORD 7pc. CONDIMENT SET
- PG-9 F-P WOODSEY LOG HOUSE #960

Rainchecks will be issued upon request

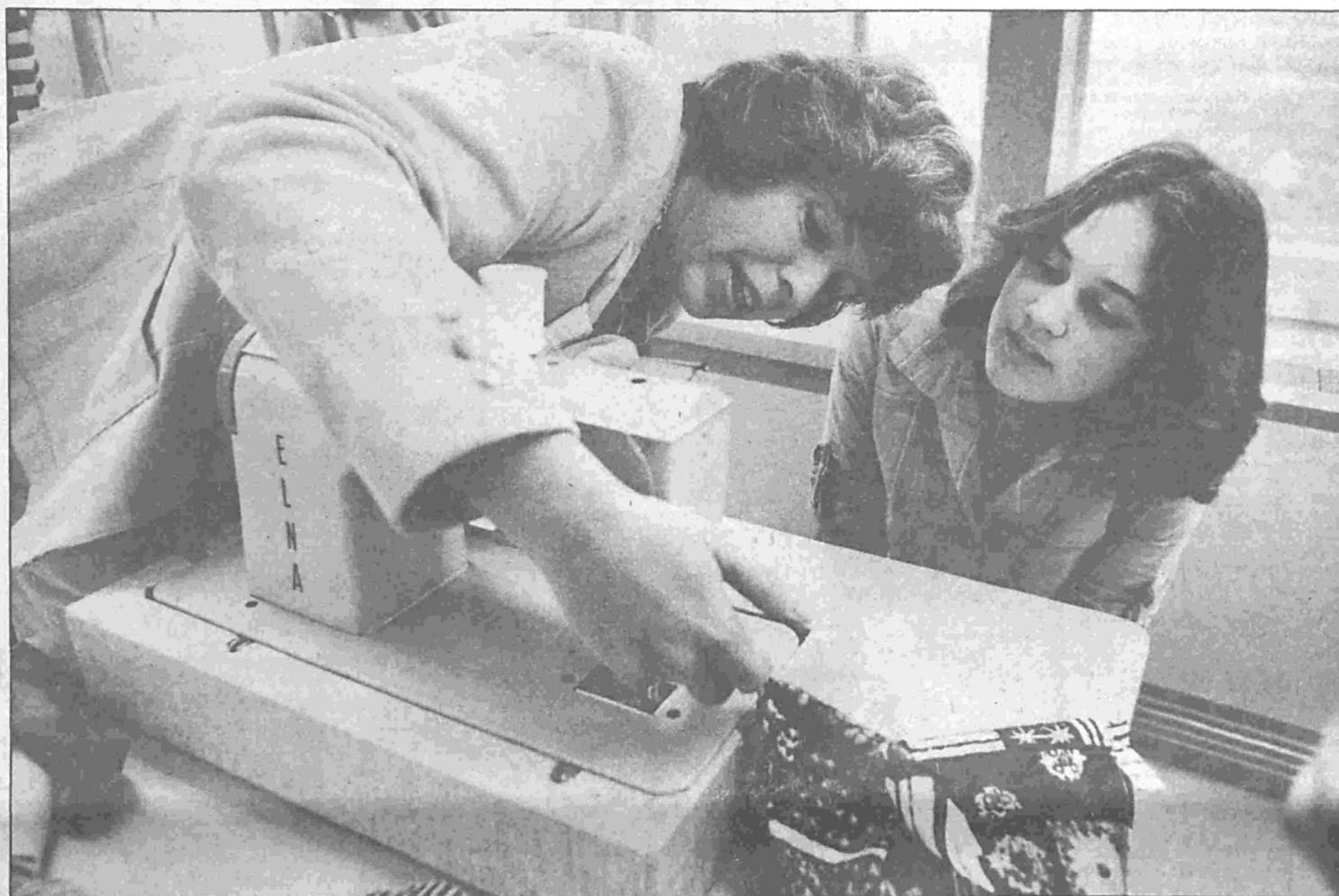
We sincerely apologize and hope this does not inconvenience you, our valued customers.

FEDERAL WAY
31401 Pacific Highway S



PARKSIDE TYPISTS Michelle Fletcher, April Funke and Brian Moore try their fingers on the machines.

Hands-on learning: Thumbs up for Parkside program



ALICE DOWDELL, Parkside Hands on Room supervisor, helps Michelle Fletcher learn the skills of sewing.



PARKSIDE GIRLS get down to work in the woodshop portion of class.

The Parkside Elementary students file noisily into the classroom, quickly expanding to designated areas of activity. It's not an arts and crafts period for the boisterous mob, nor is it a recess break.

The class is simply called the "Hands on Room," and that's exactly what goes on — the kids get their hands on everything — and it's perfectly all right.

The students at Parkside, ranging in age from six to twelve years old, indulge themselves in occupational skill activities, while under the watchful eyes of supervisor Alice Dowdell they are allowed to build, sew, bake and saw heart's content. There are certain safety restrictions and rules in the room, but imagination and curiosity are left to constructive means.

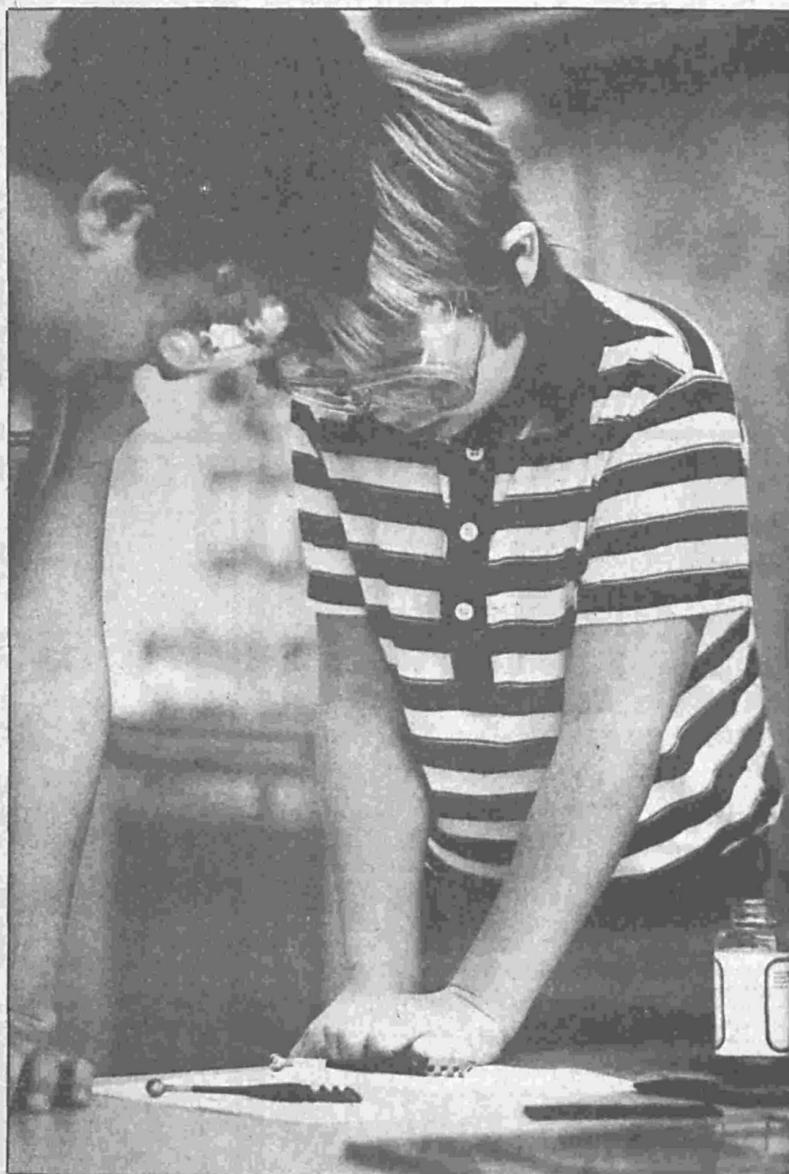
Projects such as producing and

acting in their own movie, and designing models of modern suburban homes are a few of the amazing feats of skill that result from the class.

The Hands on Room also does away with the conventional male-female roles that children come to accept. Girls are encouraged to work in the wood shop portion of the room, while the boys learn to cook, sew and clean dishes.

But regardless of their activities, the students receive quality education in the occupational skills area, while also gaining a working knowledge of themselves.

*Photos by Mike Bainter
Text by Brien Lautman*



BRIAN MOORE tests his glass cutting skill in preparation for his stained glass window project.



Mr. and Mrs. Darrell Phillipson

Wedding carries out Scottish tradition

An old Scottish tradition of giving a bride a wedding horseshoe for good luck was carried out at the recent wedding of Deborah Baumgardt, daughter of Mrs. Dorothy M. Baumgardt of Kent, and Darrell E. Phillipson of Kent, son of Mr. and Mrs. Orville Phillipson of Olympia.

The bride was given in marriage by her uncle, Robert Chapman of New York, and the ceremony was performed by Rev. James Finkbeiner in Federal Way United Methodist Church.

The bride designed her own gown of white qiana and wore her grandmother's cameo. Mrs. Karyn Johnson was her personal attendant.

Other attendants were Mrs. Doris Christian, matron of honor, Sandy Scott, Mrs. Pam Dunnachie and Sandy Scharmer, the bride's sister, bridesmaids. They wore qiana gowns in shades of rust, bronze,

chocolate brown and beige. The bride's nephews, Eric and Christopher Scharmer, carried her train. Bradley Phillipson and Melanie Mahaffey, nephew and niece of the bridegroom, lighted the candles.

Terry Phillipson of California served as his brother's best man, and Wayne Wimer, Ken Phillipson and Tom Dunnachie were the groomsmen.

The bride, a 1972 graduate of Federal Way High School, is a court clerk in Aukeen District Court in Auburn. Her husband graduated from Cheney High School and from Eastern Washington University. He received his doctorate in law from the University of California at Berkeley and is an attorney with the law firm of Wimer, Harpold and Phillipson in Tukwila.

The newlyweds honeymooned in Hawaii.

Christmas angels theme garden district floral show

Capitol Dist. Washington State Federation of Garden Clubs, will present its annual holiday show, "Christmas and the Angels Sing," at the South Park Community Center, 4851 S. Tacoma Way, Dec. 2 and 3.

Show hours will be from 2 to 7 p.m. Sunday and from 10 a.m. to 5 p.m. Monday.

Donation at the door will be \$1.25 for adults, with children under 12 admitted free when with a parent. Advance tickets can be purchased from any garden club member for \$1.

The show will be a standard show judged by National Council of State Garden Club accredited judges

using the standard system of judging. Ribbons will be awarded, and special awards of merit will be given in the horticulture section. Other special awards will be given in design and junior gardener sections.

Any member of a garden club or study group in the Capitol District, which

includes Browns Point and Dash Point, may enter the show. There will also be a section devoted to junior gardeners.

Holiday designs for use throughout the home, holiday table, settings and wreaths will be on display. Horticulture will include holly, berried shrubs, foliage and

flowering shrubs and potted plants in bloom.

The Sales Square will have swags, wreaths, evergreen and baked goods for a reasonable price.

Capitol District has 75 clubs in the Greater Tacoma area.

Garden club party Monday

"Around the World at Christmastime" will theme the annual Christmas party of the Des Moines-Zenith Garden Club to be held Monday, Dec. 3, at the Twin Lakes Country Club. A social hour will precede the noon luncheon.

Planning the affair are Mrs. Robert Pruin, Mrs. Merrill Sweley and Mrs. E. L. Enticknap. Mrs. Donald Fisher is club president.

Members are asked to wear costumes of countries they have visited and will also exhibit "Show and Tell" of the travels around the world and the United States.

A special feature will be an auction of homemade goodies, jams and jellies, baked and canned goods, crafts and Christmas decorations. Money raised will go to further the club's activities in scholarships and horticulture.

The club will also make a donation to the Griffen Home for Boys.

"I changed to Met One for a 20-foot Sloop."



Metropolitan Federal Savings
and Loan Association of Seattle
Des Moines, 22240 Marine View Drive South, 878-4600
and Federal Way, 1627 South 312th, 839-1300.



Animals on exhibit

The University of Puget Sound Museum of Natural History will open its doors to the public from 1 p.m. to 4 p.m. on Sunday, Dec. 2, for an exhibition of mammals in Washington habitats.

Displays will show visitors characteristic mammals to be found in a variety of environments — coastal lowlands, mountains and dry interior.

A repository for more than 50,000 catalogued specimens of birds, mammals, reptiles, amphibians and plants, the museum is located on the third floor of the south wing of the University's Thompson Hall at North 14th and Union streets.

Admission is free, and the public is welcome.

WICS bazaar on Saturday

Widowed Information and Consultation Service will hold its annual bazaar from 10 a.m. to 5 p.m. Saturday, Dec. 1, at St. Elizabeth's Episcopal Church, 1995 S. W. 152nd St. in Burien.

In addition to the various booths selling Christmas ornaments, plants, handicrafts and baked

goods, luncheon will be served. Hearty soups, Black Diamond rolls, hot dogs and homemade cake and pie will be featured.

All proceeds go to support WICS, which is a non-profit, non-denominational organization devoted to assisting the widowed people of the Puget Sound area.



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OVER 500 TO CHOOSE FROM AT THIS SPECIAL REDUCTION PRICE
All in a cavalcade of colors and patterns

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Guild making dance plans

MEMBERS OF the Clare E. Walker Orthopedic Guild got together last week to start planning for their annual spring benefit dance for Children's Orthopedic Hospital and Medical Center. Among the planners were, from the left, Doris Psenka, chairman; Teddy Isaacson, co-chairman; Marianne Buerger, food; Joan Lorentsen, invitations, and Pat Jeffery, publicity. The event will be held in the Paddock Club at Longacres in April.

Arboretum Christmas potluck

The South King County Arboretum Foundation's annual Christmas potluck dinner will be held at 6:30 p.m. Wednesday, Dec. 5, at Zion Lutheran Church, 25105 132nd Ave. S.E., Kent. Those attending are

asked to bring their favorite dish and their own table setting. Arboretum enthusiasts and interested persons are welcome to attend the dinner. Membership is open to the public. For more information, contact Mrs.

Jacob Wagner, president, 631-5316, or Mrs. Robert Bailey, publicity chairman, 852-5444. For further development of the arboretum, plans are being formed for a public plant sale to be held in the Spring.



Gift Peddlers

AN ARRAY of handcrafted gifts will be on sale at the Paint Peddlers annual holiday bazaar to be held from 10 a.m. to 4 p.m. Nov. 30 and Dec. 1. Leona Howard, one of the owners of the shop, poses with a few of the many gift items created by Paint Peddler students and owners. Signe Benson and Betty Bush are co-owners of the shop located at 1648 S. 310th St. The entrance is in the rear of the building.

Wedding planned

Mr. and Mrs. School in 1974 and will graduate from Washington State University in January. Her fiancé, to Michael Allen Mattern, son of Mr. and Mrs. Kenneth A. Mattern of 125 S. W. 307th Place. The bride-elect graduated from Federal Way High School in 1977. The couple will be married Jan. 26.

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"NORTHWEST HOME SEWING CENTERS"
**OPEN 7 DAYS A WEEK
 THE BEST PRICES
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 IN THE PACIFIC NORTHWEST**
 BELLEVUE, BURIEN, EVERETT,
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 SOUTHCENTER'S PARKWAY PLAZA

FABRICS FOR SAVING ENERGY ALUMINIZED MYLAR POLYESTER DRAPERY INSULATION

FROM: PROCEEDINGS OF SOLAR '79 NORTHWEST, SEATTLE WN 8-10-79

"The simplest, cheapest, and most cost effective window insulation technique is to add a layer of aluminized mylar polyester insulation to existing unlined drapes. Simply sew it to your drapes so that it lies flat when the drapes are closed".

45 INCHES WIDE, WHITE ONLY

1.99 YARD

THERE ARE MANY OTHER WAYS TO INSULATE YOUR WINDOW WITH THIS PRODUCT-PLEASE INQUIRE AT OUR STORES

PRICES GOOD THRU SAT. DEC. 2nd, 1979

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SeaTac Village 1816 South 220th St.

Benson's DISCOUNT APPAREL CO

GRAND OPENING

Of Our New Store
WEDNESDAY - NOV. 28TH

17837 - 1st Avenue South
 243-6222

Benson's DISCOUNT APPAREL CO

Yes it's true-
We have opened a new store!

This store features merchandise from our stock of Benson's in Des Moines plus special purchases from our regular resources of our famous label lines. 30% to 60% at this location.

Benson's DISCOUNT APPAREL CO

Due to the nature of our new operation we will accept cash, personal checks, and bank cards only!

Benson's DISCOUNT APPAREL CO

Features

**Women's Apparel
 In Sizes 5 to 15 - 6 to 20
 And Custom Sizes
 12½ to 20½**

Coats, Suits, Dresses
 Sportswear in separates and co-ordinated groups

Benson's DISCOUNT APPAREL CO

Also features a Children's Corner with boys and girls clothing from NEWBORN to 6X.

Benson's DISCOUNT APPAREL CO

**Our store hours -
 Monday thru Friday 10 AM to 9 PM
 Saturday - 10 AM to 6 PM**

Benson's DISCOUNT APPAREL CO

Has ample and convenient parking and is located between Fish and Cheeps and Four Star Cleaners - just two doors west of Manhattan Drug, across the parkway from Q.F.C. near Lamon's Hardware Co.

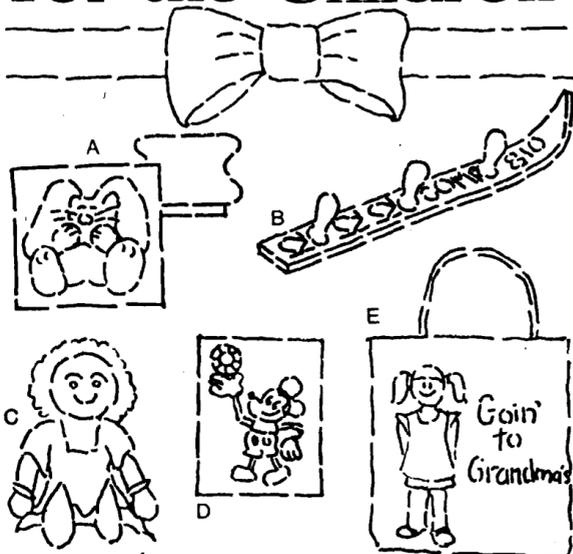
Benson's DISCOUNT APPAREL CO

We are pleased to be able to locate close to our mother store in such a convenient shopping area. Stop in and meet our new managers: Pearl See and Bernice Snider

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Please Give The United Way

For the Children



Christmas at THE GAZEBO

A. Wooden stamps and ink pads in various shapes from animals to space ships. \$3.25 to \$6.25. B. Solid oak coat rack skis. Choose your favorite brand of ski. \$17.50. C. Various stuffed dolls, including Shirley Temple rag dolls and antique paper dolls. \$2.50 to \$21.00. D. Mickey Mouse safe banks filled with 2 lbs. of candy. \$9.00. E. Assorted childrens canvas bags and packs. From \$5.50.

Twin Lakes Shopping Center, 2315 SW 336th, Federal Way 838-2636
 Open Weekdays 10 to 9, Saturdays 10 to 6, Sundays 12 to 5

WEST CAMPUS Florist & Gifts

You are invited to West Campus Florist's first

CHRISTMAS OPEN HOUSE

Sunday the 2nd of December 1979
 Refreshments 11:30 to 5:00

Come in and see our beautiful Christmas arrangements. We have a large selection for home decoration, gift giving and our designers will be happy to share ideas to make your holiday a Merry Christmas.



WEST CAMPUS FLORIST
 33525 Pacific Hwy. So.
 Federal Way
927-8911

Holiday celebration for seniors

A special holiday celebration for senior citizens, coordinated by the Des Moines Good Samaritan Center, will be held from 10 a.m. to 4 p.m. Dec. 4 and 5 at Southcenter.

All South King County seniors in retirement homes, nursing homes and convalescent centers, as well as private individuals are invited to take part in "Southcenter VIP Days."

During the two days, the seniors will be the "VIPs." Special VIP badges and programs will be given out when they register at the booth provided near the south entrance of the mall.

Bea Donovan, television personality and co-host of Channel 5's "It's About Time," will be the master of ceremonies for the

event. She will also be drawing names for the many free prizes donated by Southcenter merchants.

Many special events are planned for both days of the celebration. Entertainment acts will be running

continuously from 10 a.m. to 4 p.m. on the stage near the south entrance.

The entertainment is scheduled as follows:

Dec. 4 - 10 a.m., Washington Old Time Fiddlers; 11 a.m., Kent Kountry Kousins; noon, Hit

Run Band; 1 p.m., drawing; 1:30 p.m., Live Embers Chorus Line, and 2:30 p.m., Renton Gymnasts.

Dec. 5 - 10 a.m., Virginia Reelers; 11 a.m., Jubilee Fiddlers Co.; noon, Whitey Johnson; 1 p.m., drawing; 1:30 p.m., Tukwila Elementary

Singers, and 2:30 p.m. Renton Gymnasts.

Bus transportation will be available for the residents of nursing and convalescent homes. For more information regarding transportation, contact Janet Nugent, 824-3663.

IDP is meeting topic

In any grouping of Business and Professional Women these days, the subject of IDP (Individual Development Plan) is certain to come up. Such was the case at the recent meeting of the Highline Business and Professional Women's Club at the

Black Angus in Burien.

Mrs. Karen King of the Capitol Hill club, state program chairman, assisted by Mrs. Mary Jones of the Sea-Tac club, state corresponding secretary, presented the program on the eight-week IDP

course now giving participants the opportunity to develop their leadership skills and public speaking ability.

Mrs. Naomi King presided at the business meeting which followed dinner, which was attended by several

prospective members and guests.

The group will hold its annual Christmas Party on Dec. 12 at the Black Angus, with Mrs. Millie Buchana as program chairman, and Mrs. Jean Daly and Dorothea Emery on the committee.

Police accepting applications

A recruiting drive for police officer candidates was begun recently by King County Police recruiters to fill an anticipated 90 vacancies through 1980.

Applications are being accepted through Dec. 7 and may be obtained from the King County Personnel Of-

fice, Room 214, King County Administration Building, 4th and James Street, Seattle. A written examination will be administered to all applicants on Saturday, Dec. 15. Women and minorities are being encouraged to apply.

The written examination will begin the screening process which also consists of oral and physical agility tests. Qualified candidates must pass a background investigation check, medical and psychological examinations.

Applicants must be United States citizens, able to read and write in English and possess

a valid Washington four and one-half State driver's license years' Educational prior to appointment. The starting monthly salary is \$1,350, addition to the base increasing to \$1,685 in salary.

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 West Campus-Parkway Center
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 927-8500 838-4142

Two-day cat show planned

Sea-Tac Feline Fanciers will hold a two-day cat show for purebred and household pet cats Dec. 1 and 2 at the Tacoma Bicentennial Pavilion, 13th and Market in Tacoma. Hours for the public are 10 a.m. to 5 p.m. both days.

Approximately 250 entries of more than 18 breeds are expected to compete. In addition to the regular show, there will be two breed specialty rings, one for Cornish Rex and one for Devon Rex. This will be the first dual-rex specialty ever held in the United States.

A percentage of the admission fees will be donated to Children's Orthopedic Hospital.

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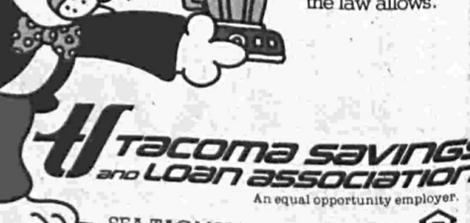
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Beacon Polyester Thermal Blanket (72" x 90" gold)	5.00	FREE	TWO
Sunbeam Bath Scale	5.00	FREE	ITEMS
Northern Electric Crepe Maker	5.00	FREE	FREE
Travel Alarm	5.00	FREE	
Cash		\$5.00 free	\$10.00 free
Black & Decker Electric Hq Saw	9.00	4.00	FREE
Slim Line LCD Pocket Calculator	10.00	5.00	FREE
G.E. Steam/Dry Iron with Teflon II	10.00	5.00	FREE
Steelcraft 40 pc. Metric/Inch Socket Tool Set	10.00	5.00	FREE
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Rival 3 1/2 Quart Crock Pot	10.00	5.00	FREE
Beacon Acrylic Thermal Blanket (102" x 90")	10.00	5.00	FREE
York FM Radio with TV1, TV2 and Weather Bands	10.00	5.00	FREE
Waring 6-Speed Stand Mixer with Glass Bowl	15.00	10.00	5.00
Waring 7-Speed Blender	15.00	10.00	5.00
G.E. FM AM Digital Clock Radio w Lighted Dial	20.00	15.00	10.00
Presto "PopCornNow" Hot Air Corn Popper	22.00	17.00	12.00
Bushnell 7 x 36 Wide Angle Binoculars	25.00	20.00	15.00
G.E. Deluxe Food Processor #FPL	43.00	38.00	33.00
Oster "Regency V" Kitchen Center	100.00	95.00	90.00
Poulan Super 25 Chain Saw w 14" Nose Bar	110.00	105.00	100.00
G.E. 10" Porta Color Television	205.00	200.00	195.00

Take a look at the two dozen savings premiums listed here, then come in and stash away more money in your Tacoma Savings account and take home the premium of your choice. As you can see, some are free and some are available at special low prices... depending on how much you deposit in your account. Remember, when you save at Tacoma Savings, you earn premium interest, too... the highest the law allows.



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 Bremerton Riddell Rd. at Wheaton Way 479-5980



Vicki and James Mick III

Wed in Maryland

St. John The Evangelist Catholic Church in Saverna Park, Md. was the scene of the recent wedding of Vicki Lynn Heinrich, daughter of Mr. and Mrs. John Heinrich of 1020 S. 245th Place, and Edward James Mick III, son of Mr. and Mrs. Edward J. Mick II of Saverna Park.

The bride's full-length qiana nylon and lace gown, made by the bridegroom's grandmother, Mrs. Annie M. Mick of Baltimore, was trimmed with 1500 hand-sewn pearls and an attached train and complimented with a lace-trimmed illusion veil. She carried an old-fashioned nosegay bouquet.

Margo Trueba, a former Des Moines resident now living in Dallas, Texas, was the maid of honor. Bridesmaids were Carmela Riley, Kathy Koegel and Shirley Murphy, all of Saverna Park. They wore matching gowns of rust colored nylon of rust colored nylon and carried old-fashioned bouquets. Edward Riley, nephew of the bridegroom, was the ringbearer.

Dennis O'Leary served as best man, and Raymond Murphy, William Riley III and Dennis Koegel were the ushers.

The reception which followed the ceremony was held in the Glen Burnie, Md., Elks Club and included a buffet dinner and dancing for 180 guests.

The bride, a 1972 graduate of Mt. Rainier High School, attended Highline College. Her husband is a 1976 graduate of Mount St. Mary's College in Emmitsburg, Md.

The couple honeymooned in Jamaica and St. Thomas in the Virgin Islands and are now at home in Glen Burnie.

Special guests at the wedding included the bride's grandparents, Mr. and Mrs. Peter Heinrich of Bremerton, and the bridegroom's great-grandmother, Mrs. Annie P. Smith of Baltimore.

A second reception for 80 guests was held Oct. 14 in the Huntington Park Community Hall in the Des Moines area.

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Births



Barker
Breanna Leigh, first child of James and Karen Barker of 4302 S.W. 322nd St., was born Nov. 5 in Riverton General Hospital. She weighed 6 pounds, 11 ounces and is the granddaughter of Mr. and Mrs. Danny Barker and Mr. and Mrs. Harold Drake, all of Seattle.

Long
Their second child was born to Barry and Geraldine Long of 1907 S.W. 309th Place Nov. 12 in Tacoma General Hospital. Barry Dale, who weighed 5 pounds, 8 ounces, is the brother of Tabitha Louise, 2.

His grandparents are Mr. and Mrs. Adrian Doble of Federal Way and Mr. and Mrs. George Long of Tukwila.

Dornberg
Robert and Susan Dornberg of 3909 S.W. 328th Place welcomed their first child Nov. 13 at Valley General Hospital. Michael Lawrence weighed 7 pounds, 1 ounce and is the grandson of Mr. and Mrs. Lawrence Dornberg of Inglewood, Calif., and Mr. and Mrs. Sidney Wilson of Los Osos, Calif.

Johnson
Craig Michael, first child of Dennis and Antonette Johnson of 29019 38th Ave. S., was born Nov. 14 in Valley General Hospital. He weighed 6 pounds, 6 ounces and is the grandson of Mr. and Mrs. Bill Johnson and Mr. and Mrs. Mike Cernich, all of Renton.

Heinzmann
Their second child was born to Dennis and Paige Heinzmann of 35805 12 Ave. S. W. Nov. 15 in Eastside Group Health Hospital. Seth Ryan weighed 7 pounds, 13½ ounces and joins a brother, Edward, 3.

His grandparents are Mr. and Mrs. Robert Lawler of Renton and Mr. and Mrs. Norman Heinzmann of Letcher, os South Dakota.

Scheinbein
A 9-pound, 2-ounce son was born to Thomas and Candyce Scheinbein of 2250 S. 208th St. Nov. 16 in Highline Community Hospital. Thomas James Jr., the Scheinbeins' first child, is the grandson of Mr. and Mrs. Elmer E. J. Schienbein of Seattle, James Lewis Chapman of Yakima, and Mrs. Norma L. Chapman of Denver, Colo.

Storkel
Bryan Alden, first child of Kenneth and Ruth Storkel of 1315 S. 245th St., was born Nov. 17 (his father's birthday) at Group Health Hospital.

He weighed 7 pounds, 15 ounces and is the grandson of Mr. and Mrs. Loren Storkel of Goldendale, Wash., and Mr. and Mrs. L. W. Tilden of Spokane.

Brown
Their third child was born to Rickney and Laureen Brown of 4012 S.W. 314th St. Nov. 18 in Overlake Hospital. Heidi Noel, who weighed 7 pounds, 2 ounces, joins a brother and sister, Jeffrey, 9, and Krista Anne, 6.

Grandparents are Mr. and Mrs. William Brown of Federal Way and Mr. and Mrs.

Marion Striker of Mercer Island.
Gauthier
Michael and Helen Gauthier of 22459 16th Ave. S. welcomed their third daughter Nov. 19 at Highline Community Hospital. Deanna Alexina, who weighed 8 pounds, 5½ ounces, is the sister of Erin Marie, 3, and Tara Renee, 2.

She is the granddaughter of Mr. and Mrs. Peter F. Gauthier of Seattle and Mrs. and Mrs. Lyle Bracken of Bothell.

Kennedy
Their third child was born to David and

Vicci Kennedy of 22650 12th Ave. S. Nov. 19 in Highline Community Hospital. John Wayne weighed 8 pounds, 13 ounces and has two sisters, Cheryl, 7, and Susan, 5.

His grandparents are Mr. and Mrs. Robert Hadway of Puyallup and Mrs. Kathryn Kennedy of Clarksville, Tenn.

Bouta
Kyle Franklin, first child of David and Charlene Bouta of 30638 38th Ave. S., was born Nov. 19 in Valley General Hospital. He weighed 8 pounds, 7½ ounces and is the grandson of Mr. and Mrs. Roy Bouta and Mr. and Mrs. John Humphrey, all of Auburn.

Togafau
Their second child was born to Etuale and Suzanne Togafau of 5703 S. 307th St. Nov. 14 in Valley

General Hospital. Ginger Marie, who weighs 6 pounds, 4 ounces, has a sister, Corina Rose, 4.

Her grandparents are Mr. and Mrs. Eugene Crow of Kent and Mrs. Elisapeta Lei Lau To'o, American Samoa.

Woodhouse
A 7-pound, 3-ounce daughter was born to Richard and Karla Woodhouse of 5047 S. W. Dash Point Road Nov. 18 at Eastside Group Health Hospital. Nicolette joins a brother, Aaron Richard, 2.

She is the granddaughter of Mr. and Mrs. Wendell Woodhouse and Mr. and Mrs. Vaun Larsen, all of Iona, Idaho.

Mulhorn
Brandon Elika, first child of Eric and Karla Mulhorn of 23453 30th Ave. S., was born Nov. 18 in Valley

General Hospital. He weighed 8 pounds, 2 ounces and is the grandson of Mr. and Mrs. Gene Buxton of Renton and Mrs. Pat Mulhorn of Seattle.

Padvorac
A 9-pound, 5-ounce son was born to Roger and Betty Padvorac of 1650 S. 308th St. Nov.

18 in Valley General Hospital. Daniel Montgomer is the Padvoracs' first child and the grandson of Mr. and Mrs. Donald E. Williams of Osburn, Idaho, Mrs. A. Viola Padvorac and Ruddy Padvorac, both of Kent.

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Santa coming to breakfast

Santa Claus will be sharing breakfast with area children and their parents from 9 a.m. to noon Saturday, Dec. 8 in the Parish Hall of St. Vincent de Paul

Catholic Church 30535 Eighth Ave. S. The annual event sponsored by South Star Guild for the Retarded is a fundraiser that benefits the retarded in the

Federal Way area. Santa Claus will have a gift for each child attending and will pose for pictures with the children, providing their parents bring their own

cameras. Ticket donations are \$2.25 for adults; \$1.50 for children ages 6 to 12, and \$1.25 for children five and under.

Reservations may be made by calling Carol Morehead, chairman, at 927-9247; Diane, president, 927-7950, or Marilyn Short, 838-3195.



Alice and Robert Millard

Rowland-Millard

Alice Jeanette Rowland and Robert Edward Millard were married on Oct. 13 at Seattle First Baptist Church. The bride is

the daughter of Mr. and Mrs. John Rowland of Burien. The bridegroom is the son of Mrs. Mary Miller of Belfair. The bride chose a traditional gown with empire bodice and bishop sleeves trimmed in venise lace accents. Her fingertip veil was caught to a floral tiara of yellow roses. She carried a bouquet of yellow roses and white carnations.

The bride was attended by her sister, Mrs. C.A. Balleaux as matron of honor. Her bridesmaids were Chris Coy, Bellevue; Kay Haaland, Burien; and Tracy Raglan, Portland. The flower girl was Lisa Balleaux.

The best man was Mike Becknell. Groomsmen were Randy Schnecko, John Rowland, Jack Neiman and Marc Manley.

A reception was held in Fellowship Hall of the church. A family supper followed in the Fridell Lounge.

Alice graduated from Highline High School and from Linfield College in Oregon. Millard graduated from North Mason High School and from Seattle University. He is a deputy sheriff in Kitsap County.

Special guests attending were Mr. and Mrs. Frank Vesco, the bridegroom's aunt and uncle; Mr. and Mrs. G.M. Van Horn, the bride's aunt and uncle; and Mr. and Mrs. Robert Stone, Pam and Janet, the bride's cousin and family.

The couple took a honeymoon trip to Lake Quinalt Lodge.

Omega OES planning potluck

Omega chapter 259, Order of the Eastern Star, will begin the celebration of its 11th birthday Dec. 5 at a potluck dinner at 6 p.m. at the Des Moines Masonic Temple.

Worthy Matron Gerry Brubaker and Worthy Patron Tom Brubaker invite all members to bring their fanciest salad or vegetable hot dish and join in the event.

Birthday cake and coffee will be served by the refreshment committee after the meeting.

Marie's ITALIAN GARLIC DRESSING

Top rated by a national consumer magazine

NO GUMS OR PRESERVATIVES

Christmas boutique scheduled at GRCC

Green River Community College is getting into the Christmas Boutique

designed to provide gifts for everyone on the holiday list.

The event is scheduled for 10 a.m. to 6 p.m. Saturday, Dec. 1, in Lindbloom Student Center on the Auburn campus.

Santa's bag is overflowing with many handcrafted items provided by local churches and non-profit organizations. Among them are candles, knitted wear, T-shirts, wall

hanging, wreaths, ornaments, pictures, stick horses, baked goods and many novelties.

A total of six free seminars will be offered throughout the day. Two seminars, "Sewing for the Holidays" and "Holiday Gift Wrapping" are planned from 10 a.m. to 2 p.m. "Flower Arranging and Wreaths" and "Microwave Cooking for the Holidays" will

be presented between noon and 2 p.m., and the final seminars, "Stained Glass" and "Tole Painting," will be from 2 to 4 p.m.

A special feature for dad and the kids, Football Bloopers and cartoons, will be shown throughout the day.

Free nursery services will be provided. Contact student programs, 931-3938 or 833-9111, ext. 337, to sign up for the seminars.

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Walnut finish wood or Gold-lack Baroque frames.
Choice of Seagrams, Budweiser, Heinekens, Coors, Southern Comfort, and Coca Cola designs.
Show off your preferred brands. Buy a wallful!

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PLUS 3.00 MAIL-IN REBATE YOUR NET - 9.99

In Harvest Amber color. Mealtime Magic recipe booklet included.

INCLUDES:
1 1/2 QT. COOKING WITH LID
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4 1/2 IN. 10 IN. 13 IN. WOODEN SPOONS
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struggle for her family's survival blinded her to Cindy and Mark's needs. She was not giving them sufficient care, attention or love, frequently leaving them alone for several days and nights, and without food.

Because of the situation, Cindy and Mark were being neglected by a mother who loved them, and they became withdrawn, listless and unable to achieve in school. A teacher finally saw the problem and led the

family to Children's Home Society for help.

Today, the youngsters live with foster parents, who have been trained through the society's foster parent training program and are able to give the children

the stability and warmth they need. Their mother is also receiving help through the society's parent-child counseling program. To help in the continued financing of programs such as these, Children's

Home Society is conducting its annual "Red Stocking" membership drive.

To find out how you can help the society help children and families through Red Stocking memberships, call 524-6020.



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Kenneth R. Gage, 22, Federal Way, and Marie L. Hanson, 17, Seattle.

Thomas L. Goner, Federal Way, and Elizabeth A. Schineke, Federal Way.

Van Allen Frazier, 26, 3109 So. 360th, Federal Way, and Sarah J. Potter, 28, 3109 So. 360th, Federal Way.

Robert Gonzales, 24, 3040 So. 224th, and Susan Lehto, 24, 221 So. 150th.

William P. Nell, 28, 4372 S. 347th St., Auburn, and Margy A. Koski, 37, 4372 S. 347th St., Auburn.

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State-tourney bound

BARBARA MOORES, (left) dives to the floor to keep the ball alive in Highline Community College's championship volleyball battle with Clark College at the Thunderbird Pavilion two weeks ago. Moores received a little more help retrieving errant balls (right) as teammates Sandi Stone (26), Becky Sturtz (14), and Sue Armstrong (24) helped out. The Thunderbirds won the match, 2-15, 15-12, 15-4, 15-17, 17-15.

Highline ended their season with a perfect 12-0 league mark and will travel to Walla Walla Community College this weekend for the state volleyball championships.

—photo by Mike Bainter

HCC, GRCC begin home schedules tonight

T-Bird hoops rise, Gators fall in season openers

by Harry Brooks

The men's basketball seasons at the two local community colleges, Highline and Green River, began in opposite directions.

The Highline Thunderbirds started their campaign on a high note by winning last weekend's fifth annual Skagit Valley Turkey Tournament. The T-Birds squeaked out two one-point victories, 83-82 over Spokane and 71-70 over Skagit Valley, to take the title.

While the Thunderbirds were making a successful effort in the title game Saturday night, the Green River Gators were absorbing a 106-83 loss at Lower Columbia CC.

Both teams will take the floor in home-openers tonight at their respective courts. Green River will meet Grays Harbor at 8 p.m., and Highline will host Ft. Steilacoom at 7:30 p.m.

Highline's success put coach Fred Harrison in a good mood.

NO PROBLEM; WE beat the hell out of them!" he joked about the narrow victories. "Really, I'm happy with the total team ef-

fort. I think the players saw the real dividends of their hard work.

After spotting Skagit a 43-42 halftime edge in Saturday's tourney final, Highline switch to a slow-down strategy formulated by assistant coach Karl Albrecht, who Harrison considers "invaluable" to the HCC cause. The plan, a four-corner patient offense, resulted in Highline being able to take a 52-49 edge with 15 minutes left in the game.

The T-Birds upped their lead to 59-52 at the seven-minute mark, but Skagit began a surge at that point.

With 40 seconds remaining, Highline's advantage stood at 70-67, and a Skagit free throw 11 seconds later brought the home club to within a field goal of HCC. Gilbert Moore hit the first end of a one-and-one free-throw opportunity to give Highline a 71-68 lead with 20 seconds remaining.

Skagit missed a long-range shot on the ensuing possession, and Highline's Mike Lopez snagged the rebound. However, Skagit forced a turnover, but the last se-

cond ticked off the clock as its final shot zipped through the basket.

Friday night's contest with Spokane had a similar character as the finale.

AGAIN, HIGHLINE found itself with a halftime deficit, 50-43. Harrison pointed to improved rebounding as the key ingredient in his team's ability to gain momentum in the second half.

"We weren't blocking off the boards in the first half," he explained. "In the second half, we only gave them one shot when they came down the court."

The T-Birds didn't gain the lead until Stan Lanier's free throw put them up 80-79 with 2:25 left to play. Spokane immediately countered with a tying charity toss. Mike Lopez canned another foul-line chance to give HCC a one-point edge, and Chris Locks' poise at the free-throw line clinched the win for Highline.

After being forced to think about the pressure-packed situation during a two-minute injury

time out, Locks stepped to the stripe and hit both one-and-one chances to extend HCC's lead to 83-80 with 8 seconds remaining. Highline freely allowed Spokane a last field goal as time ran out.

Locks led Highline scorers with 18 points against Spokane. Byron Crudup topped T-Bird scoring with 22 against Skagit. Gilbert Moore tallied 18 assists in the two games. Terrell Landry, who scored 15 points in each game, was named to an All-Tournament forward spot, and Crudup was picked as the tourney's Most Valuable Player.

GREEN RIVER coach Bob Aubert wasn't disheartened by his squad's downfall against Lower Columbia.

"It's typical to go one way or another in the first game," the 14-year mentor noted. "Either you play very poorly or very good, and we played very poorly."

Lower Columbia zoomed to a 12-2 early lead, but, late in the first half, GRCC lowered the spread to 4 points at 36-32.

However, at that point, Don Smith and Pat Church each were charged with a third foul and were forced to the bench. With the two regulars out, Lower Columbia zipped to a 61-40 halftime advantage and coasted through the second period.

SAYING that he'd rather forget about Saturday's season-opener, Aubert predicted that his Gators "will play better" tonight against Grays Harbor and again Friday when they host a rematch with Lower Columbia at 8 p.m.

John Bragg led Green River scoring Saturday with 19 points. Pat Church had 16, and Mike Abbott came off the bench to score

15. Lower Columbia's Bill Dunlap led all scorers with 26.

Highline 83, Spokane 82
Highline: Moore 11, Locks 18, Landry 15, Lanier 15, Beard 12, Crudup 12, Lopez 1, Hale 2.

Spokane: Buckenburger 12, Henderson 20, Brown 25, Failing 12, East 9, Clark 2, Rice 2, Hartman 4.

Highline 71, Skagit 70
Highline: Moore 11, Locks 2, Landry 15, Lanier 13, Beard 7, Crudup 22, Armstrong 1, Spokane: Darcy 7, Grogan 2, Kirk 20, Nunas 14, Terry 10, Elsby 2, Moss 6, Smith 8, Zyskowski 1.

L. Columbia 106, GRCC 83
Green River: Bragg 19, Smith 10, Henry 11, Muscatell 9, Church 16, Abbott 15, Aubert 8, Rhodes 8, Sommers 4, Thomas 2, Hammack 9, Knecht 5.
L. Columbia: Young 12, Langhill 8, Craddock 5, Dunlap 28, Ashley 18, Lane 8, Smith 10, Palmer 7, O'Dell 9, Woodben 8, Pelterson 8.

SPORTS NEWS?

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TJ grapples for turnaround

By Harry Brooks
The Jefferson Raiders should regroup somewhat from last year's winless wrestling season. "Our goal this year is to improve technique," coach Dan Sloan said. "We're a better team than last year's."

The major reason for TJ's better outlook for this winter is a bigger turnout. Now, 27 candidates are grappling for positions.

"Last year, we didn't have people fighting for spots, but it's different this time around," Sloan noted. "You need that competition to keep your people sharp."

Jefferson should be fairly strong in the middle weights and in the heavyweight

class, where senior Troy Franz toils. Franz finished third in the National Junior Olympics Greco-Roman competition and fifth in the freestyle portion. "He could battle for a state tourney spot," Sloan said. Lettermen seniors Scott

Christner and Dan Hyde will be stationed at 122 and 168 respectively. "Christner has good technique and all the tools to be a successful wrestler this season," Sloan remarked. "Dan Hyde has the potential to be a real surprise."

Steve Harrison, a sophomore, is opening some eyes around the Jefferson gym in early workouts. Sloan even gave the youngster a chance at making the state tourney at either the 135 or 141 class. Whichever weight

Harrison takes, Jack Mason a junior compete at the other. Duane Weiss and Ross Procter bring senior experience to the 148 class, and sophs Seth Bates and Chris Longston solidify 190. Sloan chose not to name any other performers as leading

candidates have yet to surface at other spots. Jefferson will begin its season with a home match against Mt. Tahoma Tuesday. It will begin at 1:30 p.m. The Raiders meet Rogers in the league opener Thursday, Dec. 13, with varsity matches starting at 7 p.m.

Local runners enter regionals

Bellarmine Preparatory School cross country runners will join runners from nine Western states competing Dec. 1 in the Western region qualifier of the Kinney Cross Country Championship, the first national championship for high school-age runners. Runners from

Federal Way include Bill Cammarano, Jeff Knowlton and Kathy Knowlton.

The western qualifier will be held on the 2.9-mile Crystal Springs course in Belmont, Calif., near the San Francisco International Airport.

The top seven male and top seven female

runners from five regional qualifiers held throughout the U.S. will be sent, all expenses paid, to the national championship Dec. 8 in San Diego's Balboa Park. The championship is sanctioned by the U.S. Track and Field Assn. and is sponsored by Kinney Shoe Corp.

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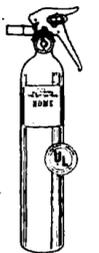
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Eagle matmen embark on a mystery season

by Harry Brooks
Federal Way coach Wayne "Butch" Sencenbaugh is miffed when trying to analyze the future fortunes of his Eagle matmen.

Federal Way finished last season with an 8-8 record and took seventh in the State AAA Tournament. But the major contributors to last season's success, Mike Hogaboam and Jay Wolf, graduated last spring. Hogaboam won the state title at 168 pounds, and Wolf was the state runnerup in the unlimited class.

"We're basically untested, but we have potential," Sencenbaugh said. "Our overall attitude is excellent; the best we've ever had."

Freestyle Tournament and won a chance to wrestle in Hungary last summer. He will step up to 122 this season.



Doug Phillips

Ricky Ross had a 12-4 mark at 101 last year and qualified for the regionals. He will move to 108 this season. Doug Phillips showed marked improvement toward the end of last season and is set for 135 competition, and Layne Crowston, a 168-pound senior, comes off a 50 percent winning record.

Federal Way has an ample number of candidates for each weight class.

Tim Phillips, a sophomore, appears solid at 101. Junior Rob Ortega and sophomores Wricky Bartroff and Andre Bell are competing at 115. Junior Dave Curtis and sophomore Dave Bell stand ready at 129. Doug Phillips is being pushed by Steve Crowder, a sophomore transfer from Renton, at 135.

Mark Phillips, a senior, was 12-3-3 last season at 115 pounds. He also finished second in the State AAU

Four lettermen return to the Federal Way mats.

Mark Phillips, a senior, was 12-3-3 last season at 115 pounds. He also finished second in the State AAU

Sophomore Tom Jingji and Dale Norris, a senior, are fighting for the 141 spot. Juniors John Juvinal and Ron Pearson and sophomore Doug Westman 148, Senior Jim Miller and junior Mike Monroe are at 158. John Robinett, a junior, supports Crowston at 168. Senior Tim Hansen and sophomore Dan Pauley grapple at 178. Todd Lockard, a soph, performs at 190, and sophomores Kolyn Adams and Terry Scott, who each tip the scale at 240 pounds, bulk up the unlimited category.

Sencenbaugh conceded that the once-awesome SPSL wrestling competition "has dwindled off some." He considers Clover Park and Curtis as top contenders for the league title.

Federal Way meets Clover Park in its first league match Thursday, Dec. 13, in the Eagle gym. Junior varsity action will begin at 6 p.m., and varsity matches start at 7:30 p.m.

In preparation for the league opener, the Eagles will host a match against Enumelaw Monday with JV's beginning at 6 p.m. and varsity at 7:30 p.m. Federal Way also will compete in a triple-dual meet with Kennedy and Renton at Kennedy Saturday, Dec. 8.



KOLYN ADAMS, Federal Way's heavyweight wrestler, practices a reversal on head coach Wayne Sencenbaugh during a recent workout.

Adams, a sophomore, is one of the untested performers that will compete on the Eagle varsity this season.

— photo by Harry Brooks

Bostrom directs Avon tournament

Trish Bostrom of West Seattle has been named tournament director for the 1980 \$150,000 Avon tennis championships of Seattle to be held between Jan. 28 and Feb. 3 at the Seattle Center.

A graduate of the University of Washington, Trish is well-known to local tennis fans. She won both the U.S. Amateur Clay Court Doubles and the Grass Court Doubles while at the University of Washington.

Joining the professional tour in 1972, Trish has played on every continent but Antarctica. Among

her accomplishments are reaching the semifinals of the U.S. Open Doubles in 1974 and 1977; the semifinals of the Australian Open Doubles in 1978 and the quarter finals of the French Open in 1979.

Her most memorable win came at Wimbledon in 1975, when she teamed with Mary Carillo to upset Billy Jean King and Karen Susman on Centre Court before 17,000 fans. Playing in the Seattle tournament in 1978, Trish reached the doubles finals with Marita Redondo. She played World Team tennis for

five years including the 1977 season with the Sea-Port Cascades.

As tournament director, Trish will be in charge of operations during the tournament week. In addition, prior to the tournament she will be in charge of group, corporate and box-seat ticket sales.

"Being on the tour, and having played in so many different places, I know what it takes to make a tournament successful. Sometimes the little details can make all the difference in the world. I'm really look-

ing forward to making this the best stop on the Avon tour for both the players and the fans," said Trish.

The Avon Championships of Seattle are sponsored by Old National Bank, Avon Tennis is a division of

Avon Products, Inc., the world's largest producer of cosmetics, fragrances and costume jewelry.



Mark Phillips

Four lettermen return to the Federal Way mats.

Mark Phillips, a senior, was 12-3-3 last season at 115 pounds. He also finished second in the State AAU

Mariners gifts available

With the holiday season approaching, the Mariners have two gift ideas.

The Mariners' Galley cookbook features favorite recipes from most of the Mariner team, as well as biographical information and pictures of each contributor. It was assembled by the Seattle Mariners' Womens Club, with all profits generated from the sale slated for athletic scholarships. The price of the cookbook is \$5.50, and

can be purchased by sending a check or money order to Mariners Cookbook, Seattle Mariners, P.O. Box 4100, Seattle, Wash., 98104.

The Seattle Mariners gift certificates will be on sale once again this season, in time for

holiday gift giving. The certificates are available in \$10 denominations, and are applicable to all ticket prices. They can be purchased in early December at the Mariners Kingdome Ticket office or at the Fidelity Lane Ticket office.

SPORTS NEWS?

call 839-0700

Federal Way Cooperative Preschool (meets Tuesday, Wednesday and Thursday, 12:30 to 2:30 p.m.) For registration information call Kiffanie Hein at 839-0769 or Marguerite Hayes at 892-9236, All Saints Lutheran Church, 27224 Military Road S.

Federal Way Jaycees (second and fourth Tuesdays, each month, 8 p.m.) Meetings held at Jaycee Clubhouse, Federal Way Shopping Center.

Federal Way Jaycees (second and fourth Tuesdays, each month, 8 p.m.) Meetings held at Jaycee Clubhouse, Federal Way Shopping Center.

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6.00-15	\$70.00	\$3.70
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G78-14	\$77.00	\$4.76
H78-14	\$84.00	\$5.22
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H78-15	\$85.00	\$5.32

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Stars shine on MR mats

by Harry Brooks
Mt. Rainier probably won't have a winning wrestling record in dual-meet action.

Big deal. However, Mike Mangrum will be back to defend his state championship in the 129-pound class, and Ken Zwick, a junior, will try to upgrade his fifth-place finish in last year's State AAA Tournament.

Now, that's exciting. And it's the way MR coach Dick Brenneman looks at the coming season.

"The dual-meet portion of the season is important to get ready for tournaments," the 18-year mat skipper noted. "If you go 20-0 in dual meets and lose out early in the tournaments, nobody remembers you. The state tournament is where all the marbles are at."

Brenneman doesn't remember Mt. Rainier's dismal record in dual-meet matches last year but recalls that the Rams

finished 12th in state. A low turnout will force Mt. Rainier to forfeit two or three matches in each of the regular-season outings, "but we have four or five tough kids," Brenneman noted.

Rob Nichols, a two-year letterman, stands ready for his senior campaign at 122. Letterman senior Val Blevins will be strong at 168, and junior Ycaza Williams, a returning letterman, is a top prospect at 141.

But Mangrum, a senior, is by far the top Ram grappler and possibly one of the best high school wrestlers in the country. The youngster, who last September received publicity for an unofficial scrap with Jack Cunningham, a former congressman, already is being wooed by college recruiters. Last year, Mangrum won the 'National Western Tournament.

Mangrum and the other Ram wrestlers

will get their first official action next Wednesday in a home match with Wilson. Junior varsity action will begin at 6:15 p.m. and varsity at 7:30 p.m. Mt. Rainier will join Highline in a double-dual match Friday, Dec. 7, at the MR gym. Glacier and Tyee will supply the competition.

The Mt. Rainier Takedown Tournament will be held Friday, Dec. 28. The annual event will include teams from Lakes, North Thurston, Auburn, Inglesmoor, Tyee and Central Kitsap high schools. The Rams will begin their NPSL schedule Friday, Jan. 4, at Hazen.

Bart Potter



It's finally time to talk about a subject and a man well-deserving of recognition. The man himself would never make a fuss about it.

When I talked with Evergreen football coach Jim Fortner in early October about a project he was involved with, he asked that publicized until after the Wolverine season.

It seemed a reasonable request, and after the interview, I said, "So, we can't do the story until after the Kingbowl, huh?"

Fortner laughed, said, "We hope so," and laughed again. But it was not the sort

of laughter that greets the mention of a long shot possibility. He believed, even at that early point, that his team could do it.

Well, the Wolverines finished up no more than a shanked punt and an ill-timed penalty or two from the Kingbowl. It was a great season, but it's over now. So we can do the story.

The story is that Fortner is the subject of an inspirational film being produced by Cinema Associates, a Seattle firm. The half-hour movie traces Fortner's early life, his athletic career and

eventual step into coaching. SO WHAT'S special about Jim Fortner? Nothing at all, to hear him tell it. The fact is Fortner was born without feet, and overcame that circumstance to become a standout baseball player at Sealth High School and, for one year, at the University of Washington.

I say circumstance, not handicap, because Fortner has never looked at the lack of feet as a hindrance. Growing up in his Seattle family simply meant coping, adjusting and doing. A handicap, he says, is a handicap only when it is allowed to become one.

"Never Look Down" was written by Cinema Associates' Ron Forsell, a long-time newsmen at KIRO-TV. Forsell said the film is in a "docu-drama" format, with narration by television's Raymond Burr.

After an early December private preview, the film will

be distributed nationwide as a motivational aid to schools, handicapped organizations and other groups.

"His life story in itself can motivate people," Forsell said.

A SERIES of actors, including Fortner's eight-year old son Paul, portrayed him in the different stages of his life, from his childhood to his Sealth days to the beginnings of his career at Rochester and Tyee High Schools. The film comes up to date with brief footage of an Evergreen-Kent-Meridian game played last November.

"They (Cinema Associates) think it's going to be a real big seller," Fortner said. "And they've had some big films."

Forsell said he will not know until the public sees the film and reacts to it if it will be a success. But he predicted it would.

As he put it, "It certainly has all the ingredients."

Pink geese seen

If you see a goose with a pink belly and rump, it's probably not a colorful new breed, but one of a select sample of geese dyed by the U.S. Fish and Wildlife Service. USFWS biologists color dyed 270 molting Canada geese on Nunivak Island National Wildlife Refuge this summer. The geese, popularly known as lesser Canadas, are likely to be observed in the Columbia Basin, lower Columbia River and Willamette Valley, Goose Lake and Klamath Basin and farther south in the Sacramento-San Joa-

quin Valley of California.

Sighting information should include the date, location, number of color-marked birds, total geese in the flock and the intensity and visibility of the dye. Bands from killed birds should be handled in the usual manner.

Report sightings to: Robert L. Jarvis, Department of Fisheries and Wildlife, Oregon State University, Corvallis, Ore. 97331 or Christian P. Dau, Clarence Rhode NWR, Box 346, Bethel, Ark. 99559.

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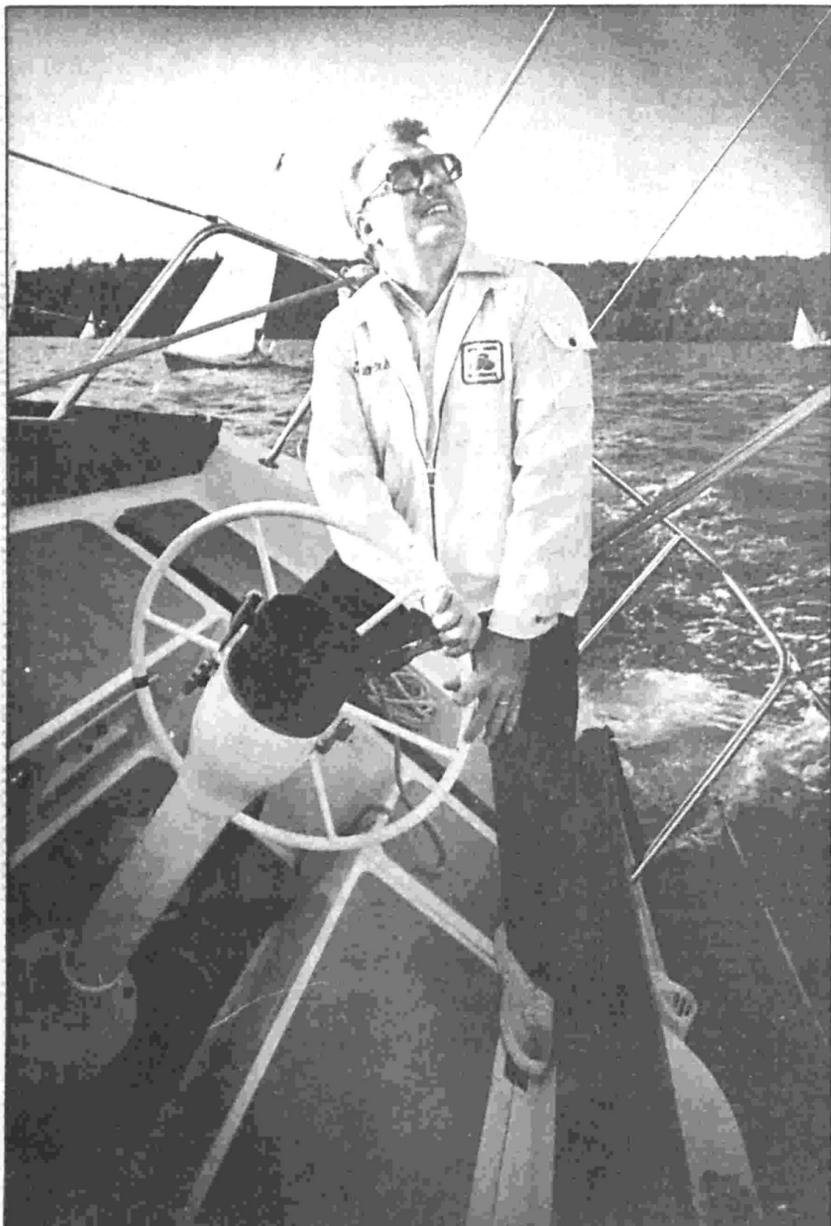
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Local sailor picked for Bahaman races



KEN SCHAITEL, Federal Way area skipper wheels his sloop around Puget Sound Waters. Schaitel was recently chosen at random by Sailing Magazine to compete as a crew member in several races taking place in the Caribbean beginning Dec. 6. The Federal Way resident has been sailing for 10 years and is currently Chairman of the Windseekers Sailing Club in Tacoma.

photo by Roy Musitelli

It was simple. The advertisement said in part: Looking for 32 people with some sailing experience to sail in Bahaman waters under the watchful eyes of world-famous skippers.

"All you had to do was clip the ad and send it in," Ken Schaitel, Federal Way resident and avid sailing buff recalled. "You had to have some sailing experience, but that was it."

But that wasn't all there was to it. Two weeks later Schaitel

received a call from Sailing Magazine, informing him that his name had been chosen at random to participate in the sailing event sponsored by their publication and Holiday Inn Caribbean Resorts.

Schaitel was suprised at the quickness of the announcement, but nonetheless pleased with his encounter with Lady Luck.

"I have no real background in racing competitively, but you didn't have to be a skilled racer," he said. "I usually just

received a call from Sailing Magazine, informing him that his name had been chosen at random to participate in the sailing event sponsored by their publication and Holiday Inn Caribbean Resorts.

Schaitel is not what one would call a novice on the open sea, however, as he is currently Chairman of the Windseekers Sailing Club and has "five years of low-key sailing" under his belt.

The Federal Way skipper is looking forward to his Bahaman experience as an avenue to see the Caribbean and also get a taste of all-out competitive racing. "It will be a new ex-

perience for me. The boats are pretty much the same as mine, but they are just all-out racing boats. They are made purely for racing crews," he said. "There are no cabins on board or anything."

Schaitel will be sailing on a Tartan Ten vessel, a 33-foot offshore one-design, diesel auxiliary sloop. The area skipper calls the boat "a hull with a flat deck on it. It's powerful and quick, too," he said.

Duties on the boat for the Windseeker Chairman will probably consist of one or two jobs. "I'm just one crew person out of twelve and probably will work a winch. But

Schaitel will leave Dec. 5 for the Caribbean and will compete in five races over a three-day period. The area sailor will have to provide his own transportation to and from the regatta, but will receive lodging and food for the duration of the race schedule.

Sailing Magazine will donate \$1,000 to the U.S. Olympic Committee in the winning skipper's name.

Featuring



Bob Plummer



Robert Wheeler

Bob Plummer, Thomas Jefferson senior harrier, cruised to the individual championship in the Jefferson Turkey Trot last week as he breezed to a 10:57 clocking. Plummer, the Raiders number one runner in the 1979 prep cross-country ranks, received a plaque and a Thanksgiving turkey for his efforts. The run was free to all competitors, and awards were given out in three categories.

Stan Lanier, former Federal Way High School hoop standout, turned in two solid performances in last weekend's Thunderbird Tournament held at Highline College. Lanier scored fifteen points in Highline's opening one point win over Spokane Community College and added thirteen more in the championship game against Skagit Valley C-C. HCC took that battle by an identical one-point margin.

In other top performances:
Robert Wheeler, a Federal Way resident captured first place in the Main Event at Spanaway Speedway recently, as he pushed

M's schedule exhibitions

The Seattle Mariners' 1980 spring exhibition schedule, the most competitive in club history, begins Tuesday, March 11, in Tempe, Ariz.

The ambitious schedule takes the Mariners to games in Las Vegas, Palm Springs, Tijuana, San Diego and home in Seattle, in addition to the usual games in Arizona.

The exhibition slate are the final two games, as the Mariners host the Los Angeles Dodgers in the Kingdome Monday and Tuesday, April 7-8, at 7:35 p.m.

The Dodger games mark the first baseball pre-season contests played in Seattle, as well as the first competition against the National League here.

Seattle opens the exhibition season with a pair of games against Japanese teams in Tempe. The Hankin Tigers will share the Tempe facilities with the Mariners, and play the first contest Tuesday, March 11.

The following afternoon, the M's host the Taiyo Whales. Those are the first of 13 games scheduled for Tempe Stadium, spring home of the Mariners since 1977.

Each of the seven other Cactus League teams will play at least one game in Tempe this spring. The "home" portion of the schedule includes a pair of games on March 20, as the Angels visit Tempe in the afternoon, and the Arizona State Sun Devils drive over for the first-ever night game played by the M's in Tempe.

Another night contest is set for April 3 in Tempe against the Cleveland Indians.

The M's will be on the road for two games against the San Diego Padres the weekend of April 5-6. On Saturday, the two clubs face each other at Tijuana, Mexico.

Federal Way News / Des Moines News

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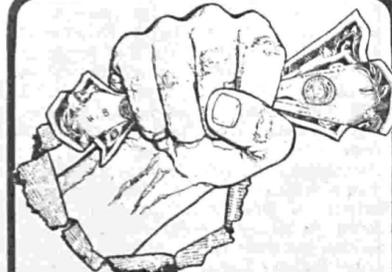
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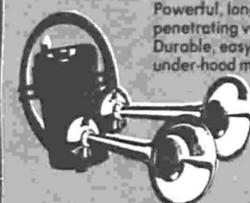


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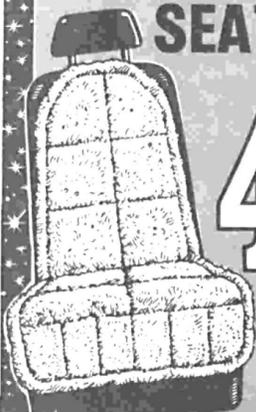
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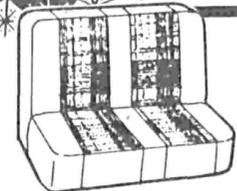
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MRS. SANTA CLAUS takes time out from her busy schedule to admire some of the craft items that will be sold at the Dec. 1 Christmas Holiday Fair at Federal Way United Methodist Church. Mrs. Claus and her famous husband will be visiting with children who attend the fair and will pose for pictures with the youngsters.

Methodist staging holiday fair

A Christmas holiday fair will be held from 10 a.m. to 6 p.m. Saturday, Dec. 1, at Federal Way United Methodist Church, 29645 51st Ave. S.

The fair will feature 24 local craftsmen who will be displaying a wide variety of handmade items for sale. Some of the participants will be D and M Candies, featuring candy tree ornaments, suckers and Christmas chocolates, Susie Braley, who will be selling pillows, pictures and ornaments in stitchery, and Jim Finkbeiner, who will display his stained glass Christmas items. Wooden toys and puzzles will be sold by Paul Jacobson, and Pat Woodey will be selling dried and silk flowers and wreaths.

Other craftsmen will be selling quilts, pebble jewelry, oil and toile paintings, ceramics, beaded baskets, macrame hangers and Raggedy Ann and Andy dolls. A special feature of the fair will be the Children's Activity Center which will be held from 10:45 a.m. to 4:30 p.m. Children, four and older, will be able to make Christmas ornaments, wrapping paper and simple presents. Each session will be for 30 minutes, and there will be a minimal charge for supplies.

The Tea House will feature beverages, such as hot spiced punch, along with a hearty beef soup, hot dogs, chili dogs and homemade desserts.

In keeping with the Christmas spirit, patrons may have their pictures taken with Mr. and Mrs. Santa Claus.

At 4 o'clock, there will be a special magic show for children and adults staged by Ron and Michael Hudspeth who are known as the Rainier Brothers. Admission will be 50 cents.

Proceeds from the fair will go to community service, missions pledge and funding of a new piano.

Domestic Violence Program gets funds

Over \$1.4 million is now available statewide to organizations providing shelter to victims of domestic violence. The Department of Social and Health Services (DSHS) Domestic Violence Program will distribute funds on a reimbursement basis to agencies with contracts to provide counseling and emergency shelter services.

A total of \$760,000 is available for the first 48 hours of emergency shelter care to provide such things as food, clothing, emergency services and crisis intervention. DSHS will pay up to \$60 for each family, and up to \$40 for a single adult.

Another \$700,000 is available for counseling as a result of the passage of the Domestic Violence Shelter Bill by the State Legislature earlier this year. DSHS will pay contracted agencies \$10 a day per individual for a maximum of seven additional days.

John Zinnikas, director of the DSHS Bureau of Community and Residential Care, said the funds are available through June 1981 on a 50-50 matchinb basis to community-based shelter organizations. Information on domestic violence services throughout Washington State is available 24 hours a day through a new toll-free phone line, 1-800-562-8194. A shelter directory is also available on request. Agencies interested in initiating contracts should phone (206) 753-4655, or write the Domestic Violence Program, Department of Social and Health Services, Mail Stop OB-42A, Olympia, Wash. 98504. Zinnikas said shelters will be required to meet certain health, safety and housing standards prior to contract approval.

Couple married at Our Saviours

Our Saviours Baptist Church was the scene of the recent wedding of Donna L. Wilson, daughter of Mr. and Mrs. Lee Wilson of 1708 S. 268th St., and Joseph A. App, son of Lucille App of Auburn.

The bride wore a and-a-line gown of white chiffon with long, sheer sleeves trimmed with lace and featuring a chapel-length train. Her long veil was bordered with lace and attached to a lace headpiece. She carried an old-fashioned nosegay bouquet of silk and lace roses, baby's breath and fresh stephanotis created by the maid of honor.

Bridal attendants were Jennie Lord, maid of honor, and Cheryl Walkden and Sandy Lord, bridesmaids. The maid of honor wore a blue qiana wrap-style dress with slit bell sleeves and carried blue and yellow silk roses, baby's breath and fern. Denise Wilson, the bride's sister, was the junior bridesmaid. She wore a yellow and white rose print dress and carried yellow silk roses.

The bride's blue and yellow color theme was carried out in the floral arrangements at the church social hall for the reception that followed the wedding. Assisting were Angi Smith, Roberta Smith, Mrs. Becky Wintler, Mrs. Sandy Traynor, Mrs. Nancy Doolittle and Larry Craig Walkden.

The bride graduated from Federal Way High School in 1978. Her husband is a 1972 graduate of Klamath Falls High School. The newlyweds are at home in Auburn and will take an extended honeymoon at Christmastime.

Out-of-town guests included the bride's grandmother, Mrs. Gertie Hunt of Yucaipa, Calif.; her aunt and uncle, Mr. and Mrs. Clarence Lord, also of Yucaipa, who were celebrating the 58th wedding anniversary; Her from Utah. Also attending were his great-grandmother, Anna Barnes of Washougal, Wash.; sister, Mary the bridegroom's Daugherty, and their families from California.



Mr. and Mrs. Joseph App



Groceries on the table

WINNERS of the grocery give-away sponsored by Delta Rho chapter of Beta Sigma Phi and held recently at the Federal Way Safeway are, from the left in front, Betty Hoffman of Ballard, winner of the \$25 third place certificate; Syd Courtright of Federal Way, who won the \$100 certificate, and Louise Langston of Kent, second place winner who won a \$50 certificate. In the back row, from the left, are Margaret Karlowski, chapter president, and Darlene Thompson, finance chairman. Funds from the event will be donated to the Birth Defects Center at the University of Washington.

Concert presented

The Church of Jesus Christ of Latter Day Saints combined choirs will present Mendelssohn's "Elijah" on Nov. 30 at 8 p.m. at 841 S. 308th.

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Starting 7:00 p.m. - November 27th (and continuing on each night)

Exciting Gospel Music By: "The New Version" Bible Teaching and Preaching by: Casey Treat

Rev. Felix Vandewey, Pastor Paul Bailey, Co-Pastor
Place: Evangelistic Chapel 137 SW 116th • 244-0632 or 246-2420
Time: 7:00 - 8:15 each night beginning November 27th
Sponsored by the Washington Drug Rehabilitation Center and Evangelistic Chapel

Jonson-Rowe

Deborah Joy Jonson, daughter of Mr. and Mrs. Robert M. Jonson of Kent, and Robert Merle Rowe, son of Mr. and Mrs. Charles L. Rowe of Seattle, were married Oct. 27 at St. Luke's Lutheran Church in Federal Way. The Rev. John C. Biermann officiated at the ceremony.

For her wedding, the bride wore a sheer woven acetate polyester gown with sweetheart neckline, long sheer sleeves, empire waistline and skirt falling into a chapel train. The gown was trimmed with lace appliques. Her matching waist length organza veil was caught to a pearl accented tiara. She carried a cascading bouquet of white and yellow daisies with yellow roses and baby's breath.

Nancy Bowers was the maid of honor. Bridesmaids were Tanya Smith and Mary Ishii.

Greg Fellman served as the best man. Groomsmen were Steve Jonson and Wade Staiger.

Deborah graduated from Seattle Christian School in 1979. Rowe graduated from Mt. Rainier High School in 1977 and attended Bates Vocational Tech in Tacoma. He is employed by King County Fire Dept. No. 2 in Burien.

The couple took a honeymoon trip to Disneyland.

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Calvary Lutheran to celebrate 25th anniversary this weekend

by Ruth Jurich
Calvary Lutheran Church will celebrate its silver anniversary this weekend, marking 25 years of spiritual growth and service to a growing community.

Nov. 28 of that year. Services and other activities were held in the Lutherland Chapel from 1954 to September 1956 when the first unit on the present site at 2415 S. 320th was completed and dedicated.

There will be greetings from former Pastor George Lusk, who is at present a Mission Developer at Gig Harbor and from Ed Flatness of Tacoma who served as lay pastor when Calvary Church was organized. There will be special music by well known tenor, Dr. Ed-

ward Palmason of Seattle, letters from former pastors and interns unable to attend and an evening of stories, anecdotes and memories of 25 years of progress.

A FESTIVE COMMUNION service at 10 a.m. will start activities Sunday, Dec. 2 and will be followed by a brunch. Sunday Church School on this day only will be held at 9 a.m.

Guest preacher at morning worship will be Dr. A.G. Fjellman, president of the Pacific Northwest Synod and the Liturgist and Communion Celebrant will be the present pastor, Rev. Norman B. Nelson. Former Pastor, Rev. Lester G. Olson, now of Olympia, will extend greetings.

The adult choir, directed by Jolene Hansen, will sing the anthem, "Awake My Soul" by Jane Marshall, and Karla Warnke-Flygare, who has a masters degree in music from Northwestern University, will play an offertory flute solo. Prelude and fanfare trumpet duet will be by Allen Hansen and Eric Oswald.

CALVARY LUTHERAN CHURCH has long been known for its involvement in the community life of Federal Way. It has hosted the Senior Citizens Evergreen Club, a Park Department activity, High School Baccalaureate Services, Federal Way Library events from the time the library burned until it was rebuilt, meetings of Alcoholics Anonymous and recently offered its parking lot for Park and Ride to Metro bus riders.

It sponsors a cub scout pack, a 4-H Club and the famous God's Creation Company, a 40-voice youth musical group.

Pastor Nelson said, "Calvary is now the down-town church of Federal Way. To be better able to serve where we are and focus our attention on what is important to us the following statement was formulated this past year as a guide to our mission in Federal Way.

REV. NORMAN NELSON, pastor of Calvary Lutheran Church, invites the community to join in the celebration of its 25th anniversary Dec. 1 and 2. Behind him is the distinctive steeple which identifies Calvary to all who pass the site at 2415 S. 320th.

—photo by Mike Bainter



CALVARY LUTHERAN CHURCH held its first services in the Lutherland Chapel in 1954, and of the original 113 members, 27 are still members of the congregation which is celebrating its silver anniversary this weekend, Dec. 1 and 2.

of God, we will identify, affirm and develop the unique talents of each member to provide a more effective ministry."

Other former pastors include Rev. Ronald R. Clutz, associate, 1967-1969 and Rev. Ned Landis, assistant, 1976-1978. Interns were Troy Beretta, 1964-65, now a missionary in Lima, Peru; Jim Borchert, 1966-67, in Ft. Worth, Tex.; Jack Ericson, 1966-67, now in Reno, Oh Nev.; Jack Lindsay, 1973-74, now in Sitka, Ak. and Stephen Larson, now in Edmonton, Alberta.

Forerunner of the church was a Sunday School at Lutherland, affiliated with Messiah Lutheran Church of Auburn and begun by Mrs. Clara

Barnett and other members of Messiah Lutheran. Fred and Vi Johnson, managers of Lutherland in 1954, were instrumental in the beginnings of Calvary Church.

The present sanctuary and adult education facility was completed and dedicated in 1967. The State of Washington recently purchased property from Calvary for the new Park and Ride lot which enabled Calvary to burn the mortgage on buildings in 1979.

Waring concert

Six decades of Fred Waring will be looked at in The Fred Waring Show: All About Love on Monday, at 8:05 p.m. on Channel 9.

The program features Waring's chorale, "The Young Pennsylvanians."

The two hour special is divided into four parts, covering a musical range from enduring classics to

modern compositions, all involved with love.

TEENAGE Driving Course
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It's a glorious, uproarious Let-it-all-hang-out Celebration of Sex!
Second Week HELD OVER

how sweet it is!

...it's so good you can taste it!

Starring Brigitte Maier and Jon Roy Jones
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CARL HEINE (right) rehearses the Chancel Choir of Trinity Reformed Church for the Christmas Festival of Music in which choirs from Trinity Reformed, St. Vincent de Paul and Steel Lake Presbyterian churches will join in a 100-voice choir. The festival will take place Sunday, Dec. 2 at 8 p.m. at Trinity Reformed, 3807 S. 260th where Heine is director of music, education and youth.

—photo by Roy Musitelli

Three choirs join for Christmas festival

A Christmas Festival of Music will be presented on Sunday, Dec. 2 at 7:30 p.m. at Trinity Reformed Church, one block east of Military Road at South 260th Street.

feature the adult choirs of Steel Lake Presbyterian, Marilyn Simmons, director; St. Vincent de Paul Catholic Church, Don Barrows, director; and Trinity Reformed Church, Carl Heine, director.

The 100-voice mass choir will present works by Handel, Holst, and Sleeth in addition to the choirs performing selected Advent and Christmas anthems individually. Handbell choirs from Steel Lake Presbyterian Church will also appear in concert. There is no admission charge for this community event.

It is suggested that those planning to attend arrive early, because in years past those arriving late have found standing room only.

The annual event sponsored by the Federal Way Ministerial will

she will take part in on Saturday and Sunday, Dec. 1 and 2, will feature performances by The Concert Choir, The Chamber Choir and The Women's Ensemble of Claremont Men's, Harvey Mudd, Pitzer and Scripps colleges.

Scripps College sophomore, Susan Ledger, daughter of The Rev. and Mrs. John T. Ledger of Federal Way, will sing in a Christmas concert at Pomona College in California.

Ledger singing

Christmas at Marymount

"Christmas at Marymount" will be held Saturday and Sunday, Dec. 1 and 2, in Tacoma.

Hours for the celebration and sale of crafts and fine arts, benefiting the Creative Dimensions

Library musicale scheduled

Federal Way Library has scheduled a special "St. Nicholas Day Celebration" for Dec. 6, at 8 p.m.

Students from the Rita Kucklack Music Studio in Federal Way will perform a variety of musical and dance numbers. Families and friends are invited to attend.

For more information call or visit the Federal Way Library, located at 848 S. 320th St. The telephone number is 839-0257.

Project, are noon to 6 p.m.

A soup parlor will be open during the Christmas sale providing soup, salads and all the fixings. Lunch will be served from 1 p.m. to 2:30 p.m., dinner from 4 p.m. to 6:30 p.m.

Advent Liturgy and Blessing of the Advent Wreath will take place on Sunday at 11 a.m.

Creative Dimensions is a project of the Dominican Sisters of Tacoma and is located at Marymount (423 East 152nd St.) in Tacoma.

For information, call 535-2553.

Arts and Crafts (Mondays, 11:30 a.m. to 1:30 p.m.) At center, bring sack lunch, fourth Monday luncheon out, 33324 Pacific Highway S. Bowling (Fridays, 10 a.m.) At SportsWorld. Cards (Poker) (Monday through Friday, 10 a.m.) At center, 33324 Pacific Highway S.

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Brand new 3 bdrm. bi-level home overlooking Tacoma, Olympics & Mt. Rainier. Beautifully built with 1 3/4 baths on main floor, lovely fireplace and family room. Downstairs is a possible fourth bedroom, 1/2 bath & rec-room. Call 941-3800 on AD #476.

SHY 1/2 ACRE 10% DOWN \$54,950
Conventional financing available on this brand new 3 bdrm. rambler. Features double wall construction, beautiful heatilator fireplace and a double car garage. Call 941-3800 on AD #A.

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Beautiful 5 acres of pasture & fruit trees surrounds this lovely 3 bdrm., two story home. Real Estate Contract terms with \$620 a month at 10 1/2% interest. Home features two fireplaces, family room, 1 3/4 baths, separate barn and a swimming pool. Call 941-3800 on AD #470.

SOUND VIEW 20% DOWN \$79,000
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Hospital bed shortage

Ailing patients find no room at the inn

by Ann Hagen

Unlike hospitals throughout the nation that often struggle to keep their hospital beds filled, the Puget Sound hospitals find themselves in a reverse situation — too few beds for their patients.

Patients are being turned away with increased frequency, according to a recent survey of 30 hospitals, coordinated through the Seattle Area Hospital Council (SAHC).

In fact, Seattle hospitals recently experienced a day when there were no available care beds in the downtown area, the report states.

Unfortunately as it is, that fact also applies to major hospitals serving South King County and Pierce County residents. Administrators from Valley General in Renton, Auburn General, and Tacoma General and Tacoma's St. Joseph's all admit to having to turn patients away occasionally.

Tacoma General administrator, Richard Metzger, executive vice president said they are working at an "extremely high rate" of occupancy, averaging 90 percent in medical, surgical and obstetrical areas.

He said it's been necessary to turn away an average of 10 patients per month, 85-90 so far this year. Patients are either referred to other hospitals for care or elective surgery is postponed.

"WE'VE BEEN DIVERTING maternity and child health care to Mary Bridge to free up our space and raise theirs," said Metzger. "The same is true for Doctor's Hospital."

To ease this problem, Tacoma General, Mary Bridge Children's Health Center and Doctor's Hospital are consolidating. As of the first of the year, they will be known as the Consortium of Hospitals.

Bill W. Erickson, administrator of Auburn Hospital said bed shortage

has been especially noticeable in coronary and intensive care units. This is true even though a \$3.2 million project increased bed capacity from 90 to 120 beds.

Administrators state that the 85-90 percent occupancy rates are misleading in that they suggest beds are still available. However, usable beds are often in specialized care units, leaving those with elective surgery needs out of luck.

When forced to postpone or call off surgery to save space for emergency use, Mark Clayton, public affairs director at Valley General said "It's disturbing to the patients and their doctors."

Hospitals all report an increase in number of patient days recorded over the past year. Valley General quotes a 4-5 percent increase and Tacoma General, a 8.3 percent increase. However, the length of hospital stays has decreased.

LOWER THAN THE national average, individuals stay in the hospital for approximately 5.3 to 5.5 days per confinement. The national average hovers near 7.7 days.

This, in part, accounts for the fact that Puget Sound hospitals now find it difficult to add bed space by reducing the number of days a patient is confined.

"We're already so low, we have to look toward other methods," said Erickson.

What are hospitals doing in response to a need that the SAHC says has been generated by population growth, aging of the population and the increased employment level.

Several are expanding their outpatient programs to leave more beds available. From July to October 1978, Auburn General has increased their outpatient load from 204 to 342 for an increase of 150 percent. Patients

with minor surgeries who need only local anesthetics are discharged after a few hours.

Erickson said it's taken some of the "load off the problem" as well as being more economical for patients.

At St. Josephs in Tacoma, administrators have recently filed a certificate of need with the state for a new out-patient care facility. Though the unit, if granted, is still a year-and-a-half away, Mike Faas, vice president said it could free up 10 beds per day in the intensive care unit.

Seniors rate VIP status in celebration

South King County senior citizens have the opportunity to be real VIPs in the Holiday Celebration for Senior Citizens on Tuesday and Wednesday, Dec. 4 and 5, from 10 a.m. to 4 p.m. at the Southcenter shopping mall.

A varied number of special entertainment is planned during the two-day celebration including the Washington Old Time Fiddlers, Kent Country Cousins, Hit and Run Band, Virginia Reelers, Jubilee Fiddlers and Co. and more.

Bea Donovan, TV personality on KING-TV and co-host of Channel 5's "It's About Time" will be master of ceremony for the event. She will also be drawing names for the many

free prizes donated by Southcenter merchants.

Special VIP badges will be provided for seniors when they register at the booth near the South mall entrance.

Free coffee, donuts and cookies will be provided for the seniors, courtesy of Mother's Cake and Cookie Co., Holiday Foods, Inc., Cory Coffee, Farmer Brothers, and Safeway Stores.

Bus transportation will be available for the residents of nursing and convalescent homes.

The event, coordinated by the Des Moines Good Samaritan Center, is open to all senior citizens.

For more information, call 824-3663.

VALLEY GENERAL, THIS year introduced a day-surgery that involves 20 patients daily. Director Clayton said it "did a lot to reduce the need."

"Nurses go to greater lengths to instruct patients on how to care for themselves and follow-up calls continue until they are no longer needed," said Clayton.

Though most hospitals are gearing up toward continued growth and additional strain on their facilities, the Puget Sound Health Systems Agency (PSHA)

says that the need may not be as critical as it seems.

The PSHA is one of 200 such organizations in the nation, made up of volunteer consumers and providers, with a Congressional mandate to assess an area's health needs and make recommendations on how to meet those needs while holding down costs to consumers.

In a recent survey that queried the relationship between total hospital use and total employment, Linda Styron, agency research analyst said the Puget Sound area hospitals are caught up in an economical boom.

The 1979 boom, Styron said in response to the 1978 Boeing induced economy, the national economy and a recovery from the 1975 recession.

"When economy is stimulated, the health rate of use per 1,000 goes up. In the metropolitan area, there's a one year lag in hospital use," she said. IN 1980, SHE PROJECTS a slight slack, "not a total ease of the problem, but it's not as bad as it seems," she said. "It's our feeling that, rather than rush out, hospitals might more wisely invest monies in outpa-

Continued on E2

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Money for Medics

MORE THAN \$2,200 was presented to Highline Medic I by the Huntington Park adult community this week. The group held a flea market and bake sale to earn a total of \$2,261.47. Participating in the presentation were (from left) Pauline Ptacek, Highline Medic I Administrator Ed Stuhlman, Louise Bennett and Vi Schweitzer. Stuhlman said the entire amount would go for the purchase of a new Medic I unit, which will be paid for entirely by donations.

—photo by C. Stone

PTSA members gather to determine state issues

Addressing special needs of students emerged as the number one issue at the recent Washington State PTSA Legislative Assembly in Ellensburg.

Two Highline Council PTSA officers, President Irene Jones and Treasurer Roberta Tate, attended the event, the first of its kind in the nation.

Its sole purpose was to determine the top five education issues that the PTSA should lobby the Legislature for.

The list of 167 issues brought to the assembly by PTSA representatives from across the state was pared to 79, then trimmed to 10 before debate and a final vote yielded the five proposals the PQSA will begin lobbying the Legislature for.

Addressing special needs with an emphasis on gifted education drew the most support and it was recommended that an amendment be made to the state's Basic Education Act to recognize and fund special needs of students, such as dropouts, and provide additional remedial programs for grades 5-12 and funding for programs for gifted

children in all school districts.

Next on the priority list was a measure calling for 100 percent state funding of transportation.

Third was a series of recommendations regarding the collective bargaining process between teachers and school districts. They are: meetings between parties to present initial proposals will be public; if settlement has not been reached by June 15, impasse shall be declared; if mediation does not settle the controversy within 10 days after it starts, the difference between the parties shall be submitted to fact-finding; fact-finding shall be public.

The fourth issue was the state funding ratio. Currently set at 50 certificated personnel for every 1,000 PTSA proposes that figure be raised to 53 per 1,000.

The last measure calls for tying the special levy lid, currently set at 10 percent of a district's budget, to the cost of living.

The second five issues included banning the sale of drug paraphernalia, requiring annual fire

and safety inspections of school buildings, insuring that all education programs are adequately funded, supporting legislation to fund a comprehensive health program, including sex education, alcohol and drug abuse and the stress of problem solving for grades K-12, and reaffirming the need for funding of gifted programs.

Now that the issues are identified, "The state PTSA lobbyist will be working to affect legislation in relation to these matters," said Mrs. Jones, who added that individual PTSA members will be asked to contact their elected representatives on these issues.

Mrs. Jones praised the notion of a PTSA legislative assembly because it keeps the organization from falling behind the issues.

However, she said she personally could not support two of the recommendations contained in the top five issues, the levy lid change and the June 15 impasse deadline for negotiations.

Mrs. Jones said ty-

ing the levy lid to the cost of living will generate larger and larger special levies and PTSA has worked hard to limit the amount of local money spent on education.

"It's so inconsistent with what we've done," she said.

Mrs. Jones said she fought the June 15 impasse date because it is unfair to the teachers, who after all are members of the PTSA.

"So many people there (at the assembly) had been in teacher strikes and they think this is the way to solve teacher strikes," Mrs. Jones explained.

The call for 100 percent state funding of transportation was a measure that had Mrs. Jones' full support, since Highline is very dependent on busing.

"We lobbied very, very hard for that," Mrs. Jones said because Washington's legislative assembly was the first of its kind in the nation, it may become an example for the rest of the country.

"We are being watched to see how it works."

Bed shortage...

Continued from E1
tient care and reserve inpatient care for the sick that need it."

According to Styron's survey, that she said is valid only for short term predictions, King County hospitals will experience a "cooling off" period. The predicted 1.185 million hospital days in 1980 represents a 3.3 percent increase, compared to a 4.1 percent growth this year and a 3.5 percent last year.

The report further states that Pierce County hospitals, which showed a 6.5 percent growth this year, will slow to a 4.4 percent

next year, based on Pierce employment trends.

The agency will undertake a patient origin study next March, with results expected by fall, to give a clearer picture on how hospitals are used and the kinds of predictions that can be made.

However, St. Joseph's Faas said he thinks the growth will continue. "There's a continuous flow of people moving into our area, the youth rate is low and our patient stays are below average. It doesn't make sense that we won't keep growing."

Servicemen

Kristi L. Nelson
Navy Cryptologic Technician Seaman
Kristi L. Nelson has reported for duty at the U.S. Naval Security Group Activity, Edzell, Scotland.

She is a 1976 graduate of Highline High School and the daughter of William M. and Marilyn B. Nelson of Southwest 164th.

Jay Mark Stewart
Jay Mark Stewart

has enlisted in the United States Air Force Delayed Enlistment Program in the field of Accounting and Finance.

Jay is a graduate of Tyee High School

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Methodists plan family fellowship

The Browns Point Methodist Church will have a special fun family fellowship on Tuesday, Nov. 27 at 6 p.m. They will be sharpening their wits and having some

assisted by Mary Moore, Dorothy Proctor, Margaret Bumbalow, Sue Dowell and Barbara Brockett.

The annual "Plum Pudding Festival" put on by the church, will be on Dec. 23 and will be combined this year with the Sunday School Christmas Pageant.



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THE HOMETOWN BANK

Gerry Andal fights tight money market

by Carolyn Logan

High interest rates claim another victim: Rates drive Gerry Andal out of traditional car sales into a new form of car business.

Andal, a major auto dealer, said Wednesday he will liquidate his Lincoln-Mercury stock, then run a "mail-order car business." He will also operate a car leasing business at his Federal Way and Burien showrooms.

He believes in survival of the shrewdest. When the economic environment changes, you adapt.

Andal, like other dealers, borrows money to finance an inventory, paying interest until the customer buys the car.

"But our interest rates have tripled — from 5.2 to 16.5 percent — in seven years," he declared. "We need a \$1-million inventory to represent the Lincoln-Mercury line. That prices out to \$15,000 to \$16,000 a month (interest), just to have cars sitting here.

"There's no question but that business is off. But that's not as big of a factor as the way overhead is going up." To cut overhead, Andal won't stock 1980 models.

INITIALLY, Andal was ready to resign his Lincoln-Mercury franchise.

Then he decided to keep his franchise to continue warranty work in the service department. Andal said he'll maintain the service department.

At the same time, he'll conduct the mail-order car business, in which a customer can place an order for a specific model, gaining delivery within a period of time.

He feels the trend in certain car businesses will be to switch for survival. Andal wants to switch to leasing, since his lease operation prospers, "even through rough times."

Leasing offers the bonanza of flexibility in the gas crunch: "Leasing opens up our market to non-Mercury cars. Ninety percent of our Federal Way leases



CAR DEALER Gerry Andal, also a TV country music singer, is singing a different tune these days. Andal fights the tight money market by in-

ventory reduction. He'll liquidate his present stock. Then he'll turn to a "mail-order car business" and a car lease operation.

—photo by Carolyn Logan

are non-Mercury products," Andal explained.

"The Lincoln-Mercury is a fine car, but it doesn't appeal to a large segment of the population at this time. A lot of people associate the line with large, gas-consuming cars, even though Lincoln Mercury makes a line of lower gas-consuming cars."

The federal government offered to bail out Chrysler, a line which suffers from a gas-guzzler image. Andal isn't critical of Chrysler because he said it takes time to adapt.

"WE'RE TRYING to find new and unique ways to make a living in the car business," he asserted. "We're using new ideas as a

means of survival."

One of his new methods is to take cars on consignment from other lots. Another is to "examine new lines of credit on leases. We're shopping around for the best interest rate. We used to be loyal to one source. Now we're dealing with five or six sources. General Electric Credit Corporation, for example, has more competitive rates.

"This keeps interest rates down for customers," he said. Some 75 percent of his lease customers, in the past two years, bought their leased cars, Andal found.

"With the tight money market, leasing offers an easier way for people to get in (buy) a car. It's

easier than putting one-fourth to one-third the price down to buy a car.

"We can get lease money for less interest than the prime rate which makes it more attractive," he said.

Toyotas, Datsuns, Hondas and other small cars dominate the lease business, according to Andal.

Motorists now drive 525 of Andal's leased cars, including 321 from the Burien business.

Andal finds that encouraging. "This has not been a fun year," admitted Andal, also a TV county music singer. Especially after he experienced his best sales year ever in 1978.



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VA pensions: report expires by Dec. 31

A number of elderly Veterans Administration pensioners may be short changing themselves because they haven't reported all their 1978 medical expenses, agency officials said recently.

And they have only until Dec. 31 to advise VA of these expenses or lose forever pension money to which they are entitled.

The pensioners are primarily veterans or their survivors who chose at the end of 1978 to remain under what is now called the "old" VA pension plan because it was to their

advantage to do so. Their pension rates were frozen at the end of the year.

A smaller group of pension recipients chose to switch to a more recent plan which offers higher rates to some pensioners, depending on individual circumstances.

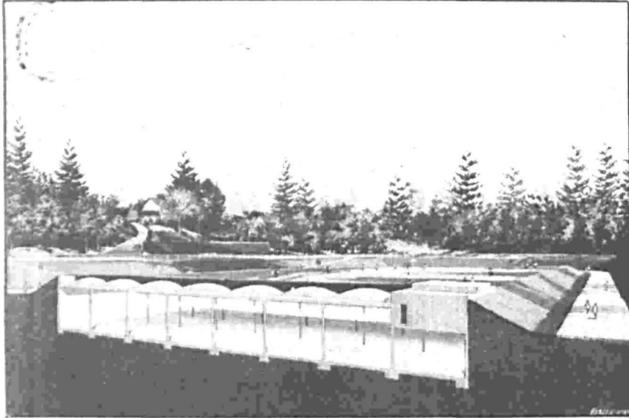
The law permits members of either group to advise VA by the end of 1979 of any previously unreported medical expenses they had during 1978. By taking these bills into account, VA can increase the amount

of pension the individual receives. The fact that approximately 15 percent of the 1.5 million veterans and survivors enrolled in the

old pension plan have neglected to report all their medical expenses for the last year was uncovered by a recent survey by the agency.

VA said it estimated the potential loss to a pension recipient could run as high as \$100 a month. The agency said persons enrolled

under the old plan who find they did not report all 1978 medical expenses may do so by contacting the nearest VA regional office.



AN ARTIST depicts what the proposed Highline neighborhood park could look like, in a cross section view that shows the underground reservoir. Water District 20 gave the county an easement for three acres for the park at 12009 14th S. About \$111,000 is anticipated for funding development, perhaps for tennis courts and a ballfield. The photo is courtesy of Gardner Engineers, Seattle.

A park and water reservoir? Yes

by Carolyn Logan

No doubt, you've heard of recycled bottles, davenos that double for beds and leftovers converted into compost piles. But, have you ever heard of land that serves both as a park and as a water reservoir site?

Yet that is precisely what Highline residents can expect: A park atop a water reservoir.

It all started with Water District 20's futuristic, underground water reservoir at 12009 14th Ave. S. Then the wheels began to turn, collectively concluding that a park would convert idle land into an asset.

Almost \$48,000 was put aside in county coffers for park development. In addition, the County Executive requested an additional \$63,000 in a 1980 federal bloc grant, a request that is before the County Council for consideration.

"I DON'T foresee any problem in getting the bloc grant," predicted Bob Jacobs, capital-improvements manager in the County Park Division.

Jacobs will put phase one of site preparation out for bid this month. "We're hoping for a small ballfield and-or tennis courts," he said. Jacobs expects the neighborhood park to be in operation this summer.

tion this summer.

The county figures it will get a good deal since it can shave land-acquisition expense off the cost of a park.

Water District 20 also believes it gets a good deal since the district won't have to spend money maintaining several acres of land. The district gave the county an easement for three acres, part of which covers the six-million gallon reservoir. The reservoir is already underground at 12009 14th Ave. S.

INGENUITY doesn't stop there.

The reservoir's roof has been designed into a series of domes to provide the maximum amount of strength.

"The roof design is the first of its type," said William Hosko, district general manager. Each dome-type piece is about a foot square and almost five-feet high at the highest point. The four-inch thick cement domes are covered with dirt, marks a first for the County Parks Division, too, according to Jacobs.

More than tennis players can keep score "on" this project: The taxpayers have apparently scored, too, in reducing park and water district costs.

Domestic Violence

Information on domestic violence services throughout Washington State is available 24 hours a day through a new toll-free phone line, 1-800-562-8194. A shelter directory is also available on request.

Agencies interested in initiating contracts should phone (206) 753-4655, or write the Domestic Violence Program, Department of Social and Health Services, Mail Stop OB-42A, Olympia, Wash. 98504. Zinnikas said shelters will be required to meet certain health, safety and housing standards prior to contract approval.

Another \$700,000 is available for counseling as a result of the passage of the Domestic Violence Shelter Bill by the State Legislature earlier this year. DSHS will pay contracted agencies \$10 a day per individual for a maximum of seven additional days.



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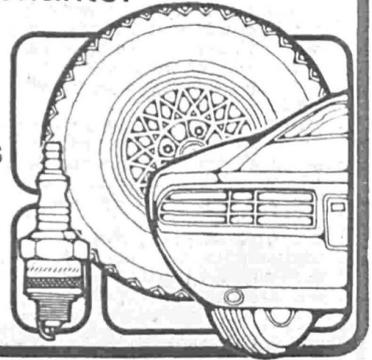
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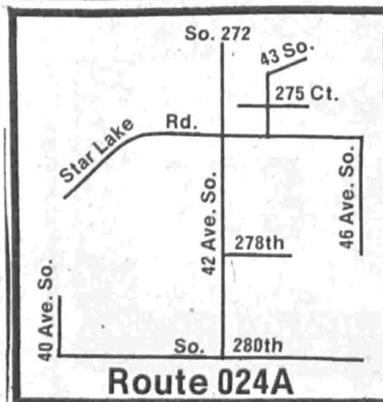
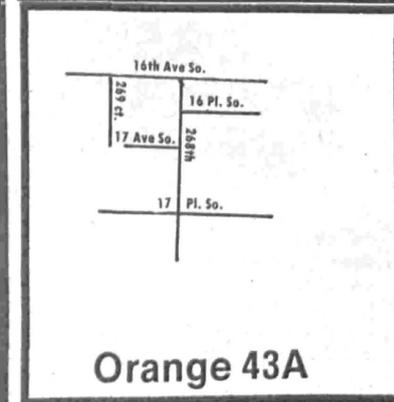
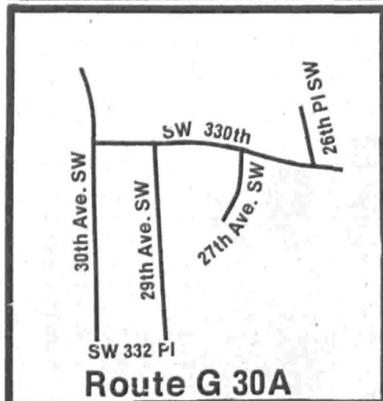
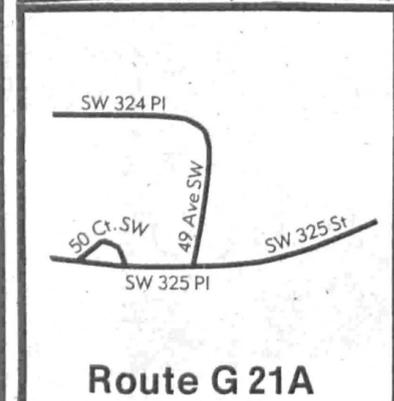
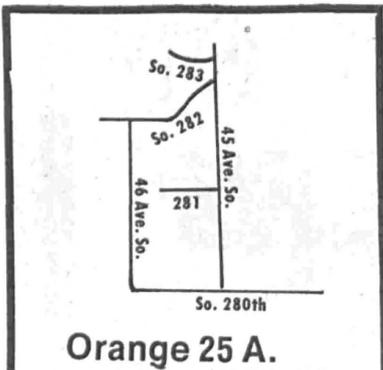
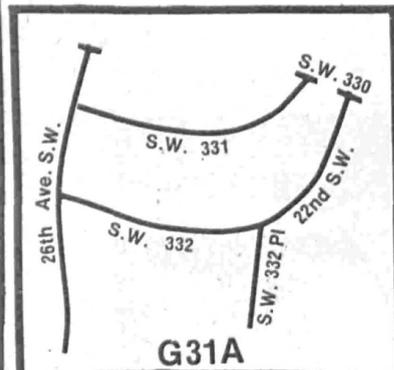
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THE TASTER'S choice, Jason Konieczka gives his seal of approval to the metric mousse.

Look Ma —
Metrics is
child's play



JUNIOR CHEFS, ages 8 to 11 years, put metrics to practical use by making pretzels.



LITERS REPLACE standard ounces and cups when measuring liquids with metric cookery.

Grown-up chefs and homemakers may be fighting the metric system with every measuring cup and teaspoon, the younger generation, on the other hand, whip up metric mousses and gram gingerbread loaves with ease.

Cooking with metric metrics instead of the measurements, became a simple task for five 8 to 11-year-old Federal Way junior chefs who participated in a cooking class sponsored by the Pan Handler kitchen shop.

Instructor Judy Cozine introduced the youngsters to European cookery with a metric conversion chart and equipment. She pointed out to the young people that with the convenient metric utensils and recipes, conversion would be eliminated.

"Many of the youngsters have had metrics in math and science classes, but cooking with it gives them practical experience," Mrs. Cozine said. "They will be the ones to cook with it in the future."

After a few instructions and a warning to carefully read the recipe directions, the cooks rolled up their sleeves and went to work. Instead of measuring out the flour and sugar mixture with the traditional cups, the students eagerly crowded around the metric scale to weigh out the ingredients and passed around the plastic liter container.

Unlike Americans, the European cooks do not use measuring spoons, Mrs. Cozine explained. Instead, they use regular kitchen teaspoons and soup spoons.

Giggling over their copper bowl of deflated egg whites, Kristen Moss and Susan Davis later discovered that chefs should never, ever over beat their mousse mixture, unless they want chocolate soup.

Meanwhile on the other side of the kitchen, the boys were displaying more boastful confidence in their culinary skills. Jason Konieczka brought his own apron to the class and professionally pointed out that he had cooked before, pancakes from a box that is.

However, the moment of truth came at last when the junior Julia Childs and James Beards could sample the fruits of their labor. Almost everyone's chocolate mousse turned out along with the hot buttered gingerbread and pretzels. The culinary judges consensus: cooking with metrics is child's play.



WITH A precise eye Jason Konieczka, left, and Trex Cozine measure dry ingredients on a metric scale.

Photos by Mike Bainter
Text by Sandra Thew

Treasured holiday traditions

Holiday time is America's best season of the year. Traditions are a part of the season and one treasured most is the family dinner of tender, juicy, golden brown roast turkey with all the trimmings.

Thoughtful planning can streamline the holiday meal. A Cranberry GINGERCAKE dessert that can be made ahead and frozen saves last minute fuss. Also, making the Pumpkin Pie Spiced Peaches the day before is wise planning.

Roasting the turkey unstuffed shaves a half to one hour from the total roasting time. Cooking the stuffing in a slow cooker or a casserole eliminates the time it takes to stuff the bird. Cooking a turkey large enough to provide turkey for another company meal saves time, energy and fuel.

OLD-FASHIONED BREAD STUFFING

(Yield: 8 cups)

1-1/2 cups finely chopped onion
1-1/2 cups finely chopped celery
1 stick (one-half cup) butter or margarine
1 teaspoon salt
1/2 teaspoon poultry seasoning
1/2 teaspoon ground sage
Pepper
8 cups dry unseasoned bread cubes
1/4 cup water or broth

Yields enough for a 12 pound turkey. Cook onion and celery in butter until tender. Mix seasonings together and sprinkle over bread cubes. Add onion mixture and water. Combine. Stuff thawed, rinsed turkey and roast immediately.

Casserole Stuffing: Prepare Old-Fashioned Stuffing increasing water or broth to one-half cup. Place mixture in one and one-half quart casserole. Cover and bake in 325 degree oven for 45 minutes.

Slow Cooker Stuffing: Prepare Old-Fashioned Stuffing decreasing onion to one cup, salt and sage to one-fourth teaspoon each, and increasing water or broth to one-half cup. Cook mixture in slow cooker on High setting for one hour, then turn to Low setting for one to one and one-half hours.

Note: Ten cups fresh bread cubes, dried overnight, yield eight to nine cups dry bread cubes.

PUMPKIN PIE SPICED PEACHES

(Yield: 6 servings)

1 can (29 ounces) cling peach halves
1/4 cup lemon juice
2 tablespoons honey
1/2 teaspoon pumpkin pie spice
1 teaspoon grated orange peel

1 cinnamon stick
5 whole cloves
Drain peaches and reserve syrup. Combine syrup, lemon juice, honey, spices and orange peel in two quart saucepan. Bring to boil, stirring until sugar is dissolved. Cover and simmer about 10 minutes. Pour hot syrup over peach halves in bowl. Cover and let stand one hour, turning occasionally.

CRANBERRY GINGERCAKE

(Yield: 12-16 servings)

2-1/2 cups sifted flour
One-third cup sugar
1-1/2 teaspoons baking powder
1 teaspoon baking soda
1/4 teaspoon salt
1-1/2 teaspoons ground cinnamon
Three-eighths teaspoon ground ginger
1/4 teaspoon ground cloves
1 tablespoon grated orange peel
1/2 cup shortening
1/4 cup orange juice
1/4 cup light molasses
2 eggs
1-1/2 cups whole cranberries
1/2 cup chopped nuts

TURKEY TETRAZINI

(Yield: 6 servings)

6 slices cooked turkey
1/2 stick (1/4 cup) butter
Two-thirds cup sliced onion
1/4 cup flour
1 teaspoon salt
1/4 teaspoon white pepper
1/2 teaspoon poultry seasoning
1/4 teaspoon dry mustard
2 cups milk
Two-thirds cup shredded sharp Cheddar cheese
2 tablespoons chopped pimiento
2 tablespoons sherry
4 ounce can mushrooms, stems and pieces, undrained
7 ounce package spaghetti, cooked, drained
One-third cup shredded sharp Cheddar cheese

Melt butter in saucepan. Sauté onion in butter until tender. Blend in flour and seasonings. Remove from heat. Gradually add milk. Stirring constantly, cook until mixture thickens. Add two-thirds cup cheese and pimiento, stirring until cheese melts. Add sherry and mushrooms and liquid to cheese sauce. Place a layer of spaghetti in a 12-by-7-1/2-inch (two quart) casserole. Cover with a layer of turkey and a layer of sauce. Repeat, finishing with a layer of sauce. Sprinkle one-third cup cheese over top. Bake in preheated 400 degree oven about 25 minutes.

Note: Casserole may be assembled in advance and frozen.

To serve: Heat, covered, in a 350 degree oven for one and one-half hours or until hot.

HOLIDAY DUMPLING WITH ROSY FRUIT

Warm through, rotating cake one-half turn after two minutes.

COCKTAIL SAUCE
(Yield: 6 servings)

SPARKLING CRANBERRY DESSERT SAUCE

(Yield: 2-3/4 cups)

2 cups cranberries
1-1/2 cups water
1 cup sugar
1-1/2 teaspoons grated orange peel
2-1/2 tablespoons cornstarch
2 tablespoons water

Mix together cranberries, water, sugar and orange peel in medium saucepan. Cook over medium heat, stirring occasionally, about five minutes or until about half the berry skins have popped. Combine cornstarch and water and stir into cranberry mixture. Bring to a full boil; cook one minute, stirring constantly. Remove from heat. Serve warm over Cranberry Ginger-cake.

CREAM CHEESE PARTY

1 recipe Cream Cheese Pastry (note recipe below)
1 can (29 ounce) cling peach halves
1/4 cup chopped walnuts
6 tablespoons brown sugar
1 teaspoon grated orange peel
1 teaspoon ground cinnamon

ROSY FRUIT COCKTAIL SAUCE

(see recipe below)

Prepare Cream Cheese Pastry and chill at least one hour for easier handling. Roll pastry out on lightly floured surface to one-eighth inch thick. Cut into six 5-inch squares. Brush with beaten egg whites. Prepare Peach Filling: Drain peaches. Combine nuts, brown sugar, orange peel and cinnamon.

ROSY FRUIT COCKTAIL SAUCE

30 ounce can fruit cocktail
2 cups cranberry juice
1/4 cup sugar
3 tablespoons cornstarch
1 teaspoon ground cinnamon
1/2 teaspoon grated orange peel

ROSY FRUIT COCKTAIL SAUCE

1/2 cup (one stick) butter
4 ounces cream cheese
2 cups flour
3 tablespoons sugar
1 teaspoon salt
2 egg yolks
2 tablespoons lemon juice
2 egg whites, beaten

Cream butter and cream cheese in food processor or with electric mixer. Stir together flour, sugar and salt. Add flour mixture to creamed mixture and blend until crumbly. Add egg yolks and lemon juices; mix until dough is firm. (Egg whites brushed over dough later.)

Dough may be prepared five days in advance and refrigerated or frozen.

RESERVED FRUIT COCKTAIL

reserved fruit cocktail, serve warm over Holiday Dumplings.

COCKTAIL SAUCE

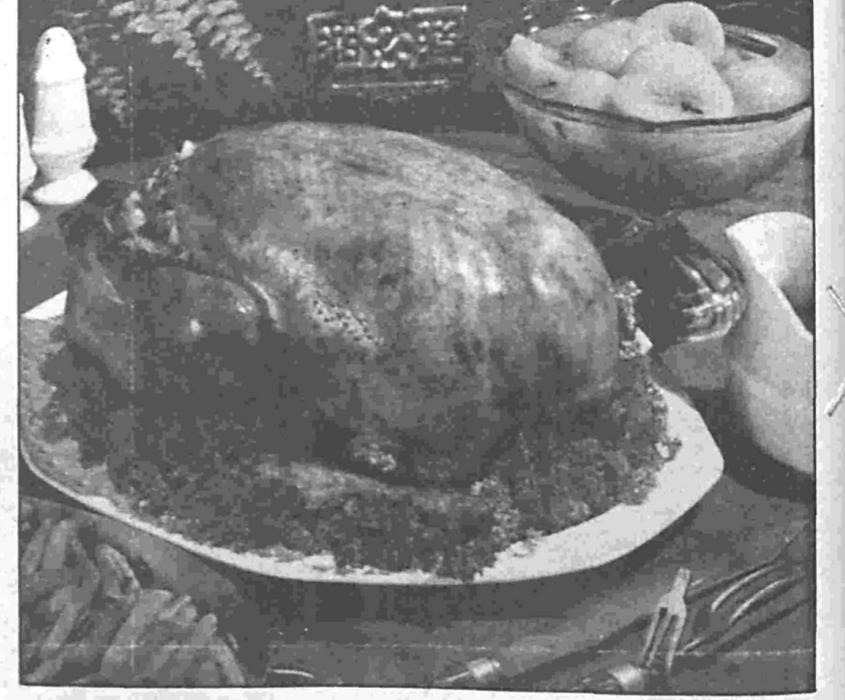
cocktail. Serve warm over Holiday Dumplings.

CREAM CHEESE PARTY

cream cheese party.

ROSY FRUIT COCKTAIL SAUCE

rosy fruit cocktail sauce.



Mexican finger food

America's favorite way to eat, a "meal in the hand," had its origin in ancient Mexico. Cortez reported the Aztecs munched tamales as they walked through the market place. Other conquistadors described how Pueblo tribesmen made tortillas from ground corn, filled the flat cakes with beans or meat sauces.

PHOTO SOUND & GIFT CENTER

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Special Savings

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14 Karat \$395
Each

Jade Life
Savers \$550
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Special Savings

14 Karat Gold Chains

Delicate Gold Chains - 15" to 24" YOUR CHOICE \$1 Per Inch

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Select the savings of your choice on our entire collection of 14 karat gold accessories!



<p>COUPON</p> <p>Credit Suisse</p> <p>\$5</p> <p>14 Karat Gold Savings on Normal \$12 to \$29 Retail</p> <p><small>Limited ONE Coupon per item. THREE Coupons per customer. Cash Value 1/20. Coupon Savings Expire Dec. 5, 1979. SAFE-WAY PHOTO/SOUND. Seattle Div. Coupon.</small></p>	<p>COUPON</p> <p>Credit Suisse</p> <p>\$10</p> <p>14 Karat Gold Savings on Normal \$30 to \$44 Retail</p> <p><small>Limited ONE Coupon per item. THREE Coupons per customer. Cash Value 1/20. Coupon Savings Expire Dec. 5, 1979. SAFE-WAY PHOTO/SOUND. Seattle Div. Coupon.</small></p>	<p>COUPON</p> <p>Credit Suisse</p> <p>\$15</p> <p>14 Karat Gold Savings on Normal \$45 to \$90 Retail</p> <p><small>Limited ONE Coupon per item. THREE Coupons per customer. Cash Value 1/20. Coupon Savings Expire Dec. 5, 1979. SAFE-WAY PHOTO/SOUND. Seattle Div. Coupon.</small></p>
<p>COUPON</p> <p>Credit Suisse</p> <p>\$30</p> <p>14 Karat Gold Savings on Normal \$90 to \$149 Retail</p> <p><small>Limited ONE Coupon per item. THREE Coupons per customer. Cash Value 1/20. Coupon Savings Expire Dec. 5, 1979. SAFE-WAY PHOTO/SOUND. Seattle Div. Coupon.</small></p>	<p>COUPON</p> <p>Credit Suisse</p> <p>\$50</p> <p>14 Karat Gold Savings on Normal \$150 to \$299 Retail</p> <p><small>Limited ONE Coupon per item. THREE Coupons per customer. Cash Value 1/20. Coupon Savings Expire Dec. 5, 1979. SAFE-WAY PHOTO/SOUND. Seattle Div. Coupon.</small></p>	<p>COUPON</p> <p>Credit Suisse</p> <p>\$100</p> <p>14 Karat Gold Savings on Normal \$300 to \$450 Retail</p> <p><small>Limited ONE Coupon per item. THREE Coupons per customer. Cash Value 1/20. Coupon Savings Expire Dec. 5, 1979. SAFE-WAY PHOTO/SOUND. Seattle Div. Coupon.</small></p>

SPECIAL ITEMS & PRICES EFFECTIVE AT THE:
2109 S.W. 336th AND
32057 PACIFIC HIWAY SO.
FEDERAL WAY SAFEWAY STORES ONLY



Everything you want from a store... and a little bit more.

Kiwifruit

As emeralds enhance the beauty of a woman, kiwifruit enhances almost any cuisine. Until recently, kiwifruit had been almost as scarce as emeralds, but now the lush New Zealand countryside is revelling in an abundance of orchards laden with this unique and enticing fruit.

In 1906, the "Chinese Gooseberry" was introduced from China to Wanganui, New Zealand. Over the years, the industry developed slowly and it wasn't until 1953 that the first fruit was exported to the United States under the name "Kiwifruit" in order to identify it with New Zealand instead of China. It grows in places with unlikely names such as Te Puke, Te Puna, Tauranga, Bay of Plenty and Poverty Bay! In just seven short years since 1972, exports went from about 200 thousand flats to nearly four million! But this is still a long way from filling the increasing demand around the world.

Perhaps your first exposure to kiwifruit was in a fine restaurant either in a salad, on a buffet, in a dessert or as a very special sherbet or mousse. Whatever, the kiwifruit stands out in exquisite color and flavor. If, after that, you were to look for kiwifruit in your favorite market, you would probably pass it right by, never dreaming that fuzzy, egg-shaped brown fruit concealed such a treat.

But just peel away the very thin skin and

cut in crosswise slices and you'll find a dazzling, brilliant green fruit with a creamy colored center and tiny black edible seeds exploding out in a spectacular design. Rather an extravagant description, but one with which you will agree after seeing it.

You may just want to cut the kiwifruit in half and serve with a spoon.

Kiwifruit is also used as a tenderizer and may be rubbed on steaks before broiling. In the old days, New Zealand cooks used to stuff chickens and turkeys with kiwifruit for juicy, tender birds. At current prices, however, they prefer to use the fruits in desserts and as accents to fish and fowl rather than hiding them inside!

UNCOOKED FROZEN KIWIFRUIT JAM

3-1/2 cups well-mashed kiwifruit
1/4 cup lemon juice
1 package powdered jam and jelly pectin
1 cup light corn syrup
4-1/2 cups sugar

In a large kettle, mix kiwifruit pulp and lemon juice thoroughly. Stir in pectin, stirring vigorously. Add corn syrup and mix well. Gradually stir in sugar, stirring until completely dissolved. Warming to 100 degrees (temperature you would use for baby's milk...no hotter) will help dissolve sugar. Jam is ready to eat when sugar is dissolved.

Put in glasses or containers with tight lids. Store in freezer. If you plan to eat the jam within a week or two, just store in the

refrigerator.

FESTIVE KIWIFRUIT CHICKEN SALAD

2 cups cubed cooked chicken or turkey
1 jar whole pimientos, sliced (four ounces)
1/2 cup thinly sliced celery

2 or 3 New Zealand kiwifruit, peeled and sliced
Kiwifruit dressing
Leaf lettuce or romaine

Chill all ingredients before assembling. In a large bowl, put chicken, pimientos, celery and kiwifruit. Pour dressing over and mix carefully. Serve in bowl lined with leaf lettuce or romaine.

KIWIFRUIT DRESSING

1/2 cup white wine vinegar
1/4 cup sugar
1/2 teaspoon Dijon mustard
1/2 teaspoon salt
Dash of pepper
1 cup salad oil
1 kiwifruit, peeled and cubed

Put vinegar, sugar, mustard, salt and pepper in blender. Turn on high and gradually add oil. Add kiwifruit and blend until just smooth. Chill before using.

KIWI MERINGUE TARTS

(Mini-Pavlovas)
(Yield: 6-8 servings)

4 egg whites, room temperature
1/2 teaspoon salt
1/2 teaspoon cream of tartar
1 cup granulated sugar
1 teaspoon vinegar
1/2 teaspoon vanilla
1 cup whipping cream
2 or 3 kiwifruit

Cover one or two cookie sheets, depending on size, with foil. Spray with non-stick product or grease well. Beat egg

whites with salt until foamy. Continue to beat, adding cream of tartar, until they stand in soft peaks when beater is removed. Add sugar gradually, beating constantly at high speed, until meringue is thick and glossy and sugar is dissolved. Beat in vinegar and vanilla.

If you have a pastry tube, fill it with the meringue mixture and make tart shells with a flat base and built up sides. If not, spoon meringue onto foil in evenly divided mounds and form into tarts.

Bake in preheated 250-degree oven for one hour. Turn off heat and cool in oven for two hours. Remove from oven. Just before serving, fill centers with whipped cream and top with slices of kiwifruit.

FILET OF SOLE KIWI

(Yield: 4 servings)

1 pound filet of sole (or other delicate white fish)
4 tablespoons butter
2 teaspoons lemon juice
1/2 teaspoon salt
2 kiwifruit, peeled and sliced

1 package herbed brown rice, cooked
Melt butter in a large heavy skillet. Carefully cook sole until delicately brown, turning once. Remove carefully to heated platter. Keep warm. Add lemon juice, salt and sliced kiwifruit to butter in skillet. Heat kiwifruit until just heated through. Put cooked brown rice on a platter, top with sole and spoon kiwifruit and butter sauce over the top. Garnish with parsley.



HELP!



HOLIDAY FOODS AND *Coca-Cola*
NEED YOUR HELP
TO FIND 60 NEEDY FAMILIES

\$50⁰⁰ IN FOOD
TO THE FAMILY OF YOUR CHOICE

Fill out the entry form below and attach it to a separate piece of paper stating in 100 words or less why you would like to see this family receive a \$50.00 Gift Certificate (for food only) from their local Holiday Foods or Holiday Market store. Drop off your entry form in the box by the Coca-Cola display in our store.

Holiday Foods and Coca-Cola join hands to make Christmas a little brighter for 60 families which you, our customers, can direct us to.

Names of recipients will remain confidential. If you wish to know if your entry was selected, fill in the information below and you will be contacted personally.

ALL ENTRIES MUST BE IN BY DECEMBER 9, 1979

NEEDY FAMILY

YOUR NAME

NAME _____

NAME _____

ADDRESS _____

ADDRESS _____

PHONE _____

PHONE _____

ALL ENTRIES WILL BECOME THE PROPERTY OF HOLIDAY FOODS AND PACIFIC COCA-COLA.

HOLIDAY MARKET, 11104 PACIFIC AVE. S., TACOMA
HOLIDAY FOODS, 2211 MAIN ST., SUMNER
HOLIDAY MARKET, 14300 FIRST AVE. S., SEATTLE
HOLIDAY FOODS, 15420 SE 128TH, RENTON

HOLIDAY FOODS, 1910 SOUTH 320TH, FEDERAL WAY
HOLIDAY MARKET, 7806 NE BOTHELL WAY, BOTHELL
HOLIDAY MARKET, 27241 132ND SE, KENT
HOLIDAY MARKET, 17415 BENSON ROAD, RENTON
HOLIDAY FOODS, 12000 DES MOINES WAY SO, SEATTLE

SAVE \$13⁰⁰

Polaroid "One Step"
Instant Camera
Each **\$26⁹⁵**

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Cameras, Photo Supplies, Stereo Equipment & Supplies, Radios, Televisions, Clocks, Watches, Calculators, Tape Recorders, Record Albums, 8 Track & Cassette Tapes, Electric Razors, Key Rings, Film Developing, Money Orders...

SX-70 Film
Polaroid
20 Print Twin Pack
Each \$10.89
\$5⁴⁹
10 Print Single Pack

RECORD ALBUM OF THE WEEK

"Bee Gees Greatest" 2 Record Set Each
\$8⁹⁹

5" Portable BLACK & WHITE T.V.

Samsung #BT-120
AC/DC With AM/FM Radio
Each **\$114⁹⁵**

SAVE \$15⁰⁰

TEXAS INSTRUMENT Calculator

#T-130-SP
With Math Book & Case
Each **\$12⁹⁹**

SAVE \$22⁹⁵

SX-70 Sonar LAND CAMERA
Polaroid
Each **\$167⁰⁰**

GREAT GIFT IDEAS

Conair Curling Iron
C-1M Mist
Each **\$7⁹⁹**

SAVE \$6⁰⁰

STYLEMASTER PROFESSIONAL Hair Dryer

1255 Watt #2575
Each **\$9⁹⁹**

SAVE \$21⁰⁰

Pronto Sonar "One Step"
Polaroid
Each **\$68⁹⁵**

Entex Electronic Soccer Game

#6003
Each **\$29⁹⁵**

SAVE \$4⁰⁰

35MM EVER FLASH Camera

Keystone With Built-in Electronic Flash
Each **\$44⁹⁵**

PHOTOFINISHING SERVICE

Christmas Enlargement Specials

8 X 10 with Christmas Folder & Mailer
Each **\$3⁷⁸**

SAVE \$10⁰⁰

EVER FLASH Camera

Keystone With Built-in Electronic Flash
Each **\$44⁹⁵**

SAVE \$15⁰⁰

G.E. Flashbar

10 Count
Each **\$1⁷⁹**

Prices effective Wednesday November 28th thru Tuesday December 4, 1979. Sales in retail quantities only.

SPECIAL ITEMS & PRICES EFFECTIVE AT THE:
2109 S.W. 336th AND 32057 PACIFIC HIWAY SO.
FEDERAL WAY SAFEWAY STORES ONLY

Everything you want from a store... and a little bit more.

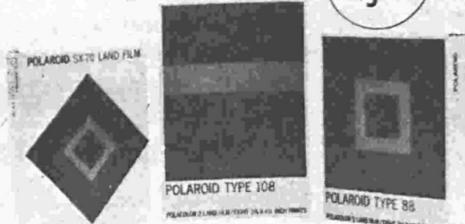
SAFEWAY

Safeway and Present . . .



**Buy three,
get a pack
free!**

Save
up to
\$5.99*



Buy three packs of Polaroid film (SX-70, Type 108, or Type 88) and get a fourth pack free, direct from Polaroid (include 50¢ for postage and handling). Stock up for the holidays!

Come in for details.

SX-70 Film	Type 108 Film	Type 88 Film
\$5.49	\$4.99	\$3.99
Single Pack	Single Pack	Single Pack
\$10.89		
Money Saving Two Pack		



Buy a OneStep from us now and get a pack of SX-70 film and a Sylvania Flashbar, free, direct from Polaroid! (for only 50¢ postage and handling). Come in for complete details.

\$26.95 You pay our low OneStep price
~~— \$7.28~~ Value of free film and flash
\$19.67 Your net value when you receive free film and flash from Polaroid.

Polaroid Film Promotion
P.O. Box 2533, Reidsville, NC 27322

Enclosed please find the colored end panels from three packs of Polaroid SX-70, Type 108, or Type 88 film (or one Two Pack and one single pack) and 50¢ for postage and handling.

- Indicate film type desired
- SX-70 (OneStep, Pronto, and SX-70 cameras)
 - Type 108 (rectangular color pictures)
 - Type 88 (square color pictures)

Mail film to:

Name _____
 Address _____
 City _____ State _____ Zip _____

Offer expires December 31, 1979. Allow 4-6 weeks for delivery. This offer is void where prohibited. Limited to residents of U.S. only.



Buy a Polaroid SX-70 Sonar or Pronto Sonar camera from us now, get 2 packs of SX-70 film and 2 Sylvania Flashbars free, direct from Polaroid (for only 50¢ postage and handling).

Plus, take a picture you don't like with a Sonar Land

Polaroid's Pronto Sonar Land camera
The light, little instant with Sonar automatic focusing.

\$68.95 You pay our low Pronto price
~~— \$14.56~~ Value of 2 packs of free film and flash
\$54.39 Your net value when you receive free film and flash from Polaroid.



camera and Polaroid will replace it, free! (for one year or up to 10 packs of film whichever comes first). See us for details.

Now's the best time to buy one of the world's smartest cameras!

Polaroid's SX-70 Sonar Land camera
The world's smartest camera

\$167.00 You pay our low SX-70 price
~~— \$14.56~~ Value of 2 packs of free film and flash
\$152.44 Your net value when you receive free film and flash from Polaroid.

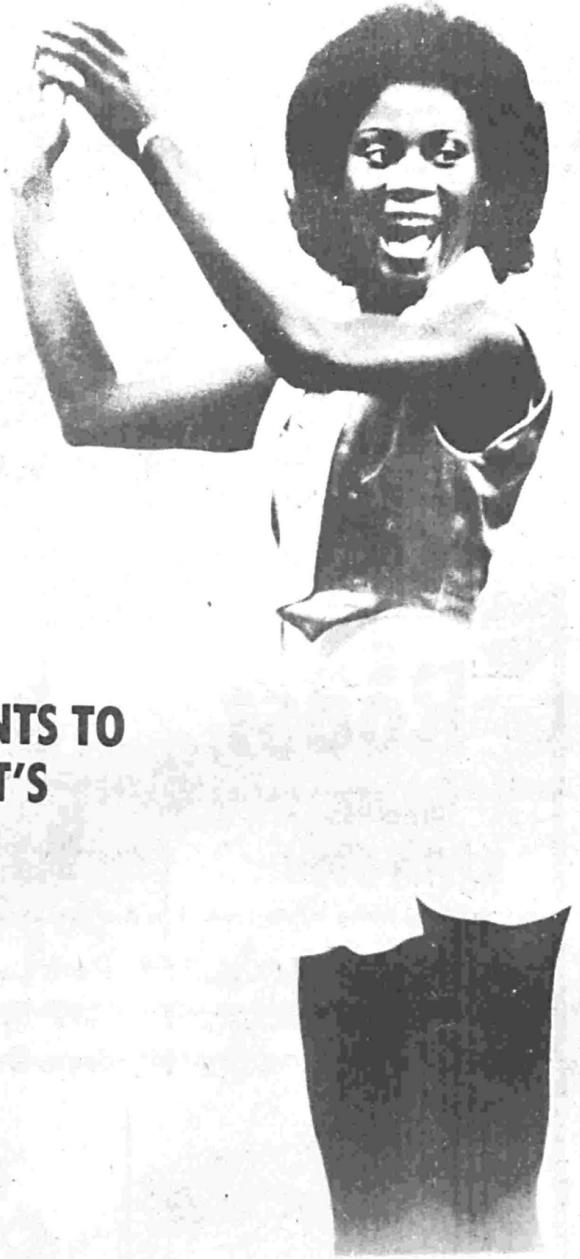
Come to any of the Safeway Stores Listed below and have your picture taken with one of the Seahawks Seagals

Special Items and Prices Effective at the following Safeway Stores Only:
 Guide-Meridian Ave., Bellingham; E. College Way, Mt. Vernon; Franklin St., Shelton;
 S. 56th, Tacoma; Cooper Pt. Rd., Olympia; S. Sound Center, Lacey; N. Proctor, Tacoma;
 Aurora Ave., 15 Ave. N.E., Calif. Ave. S.W., 17220 Way N.E., Seattle; Proctor Sq. Mall
 Bellevue; Overlake Village, Redmond; Bothell Way, Kenmore; S.W. 336,
 Pacific Hwy., Federal Way; Meridian Pl. Shopping Center, Puyallup; Roosevelt Ave.,
 Enumclaw; S.W. 148th Burien and Auburn Way S. Auburn.



Polaroid

Camera Clinic



● **New Polaroid Concept at Safeway**

GET YOUR CAMERA IN SHAPE FOR THE HOLIDAYS. POLAROID WILL CLEAN AND MAKE MINOR ADJUSTMENTS TO ANY POLAROID CAMERA, REGARDLESS OF AGE, AND IT'S FREE AT SAFEWAY! November 30 & December 1, 1979

1. FREE POLAROID CAMERA CHECK UP CLINIC
2. FREE INSPECTION AND CLEANING
3. FREE MINOR REPAIRS (As determined by Factory Technicians)
4. FREE ESTIMATES ON MAJOR REPAIRS

Here's the deal:

• If you have a broken or non-working Camera (except for totally destroyed) bring it in and Polaroid will exchange it for a refurbished camera, of same or similar model, for a small charge (\$14⁰⁰-\$35⁰⁰) (dropped or abused cameras exchange price run slightly higher.)

- Refurbished cameras have the same one year guarantee as a new camera.
- That's the story, in time for the Holidays!
- Stop in this week-end for a FREE check-up or exchange your non-working Polaroid for a fully guaranteed model, all with no delay!



CAMERA CLINIC SCHEDULE	
Friday, November 30, 6 p.m. to 9 p.m.	
Guide-Meridian Ave., Bellingham	Cooper Pt. Rd., Olympia
E. College Way, Mt. Vernon	S. Sound Center, Lacey
Franklin Street, Shelton	N. Proctor, Tacoma
S. 56th, Tacoma	
Saturday, December 1, 10 a.m. to 1 p.m.	
Aurora Ave., Seattle	17220 Way N.E., Seattle
15th Ave. N.E., Seattle	Factoria Square Mall, Bellevue
Calif. Ave. S.W., Seattle	Bothell Way, Kenmore
Overlake Village, Redmond	
Saturday, December 1, 2 p.m. to 5 p.m.	
S.W. 336, Federal Way	Roosevelt Ave., Enumclaw
Pacific Hwy., Federal Way	S.W. 148th, Burien
Meridian Pl. Shopping Center, Puyallup	Auburn Way S., Auburn

Save even more with our film discount coupon!

Buy a pack of Polaroid SX-70 Type 108 or 88 film from us now and get a refund directly from Polaroid!

Just mail the coupon to the address indicated, along with your sales receipt and film box end panel, and Polaroid will send you 50¢ for a single pack purchase, of \$1.00 when you buy a Two Pack.

\$50 OFF

Single Pack

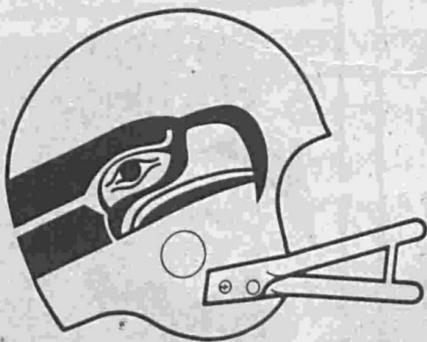
Polaroid SX-70
Type 108 or
Type 88 film

\$1.00 OFF

Two Pack

Polaroid SX-70
Type 108 or
Type 88 film

Expires Dec 4, 1979



Everything you want from a store



... and a little bit more.

SAFEWAY

Prices effective Wednesday, November 28th thru Tuesday, December 4, 1979. Sales in retail quantities only.

SUPER SAVERS MEAN



Meat Department

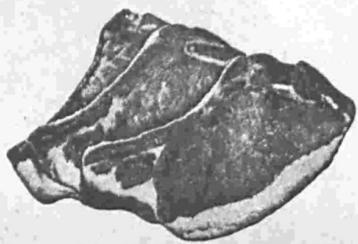


USDA CHOICE

Beef Chuck Roast
Boneless U.S.D.A. Choice **\$1.59** lb.

Because of staffing limitations some of the Meat items may not be available on Sunday.

- Beef Chuck Steak U.S.D.A. Choice \$1.69 Boneless, lb.
- Beef Cross Rib Rst. U.S.D.A. Choice \$1.99 Boneless, lb.
- Beef Stew Meat Lean Cubes, lb. \$1.89
- Pork Loin End Rst. 3-5 lbs., lb. \$1.19
- COUNTRY STYLE Spareribs lb. \$1.19
- Fryer Drumsticks or Thighs, 2-lb. Box \$1.69



Pork Rib Chops
From 14-17-lb. Loins Midwest Pork **\$1.19** lb.



Smoked Picnic
6-8 lbs. Bar S Water Added **75¢** lb.
If Sliced, lb. 95¢

- WHOLE HOG Sausage Safeway, 12 oz. 89¢
- CORN BEEF Brisket Safeway, lb. \$1.79
- Pork Loins Whole or Half, lb. \$1.19
- COCKTAIL SMOKIE Cheezers Hormel, lb. \$2.69
- Silver Salmon Rst. Frozen, lb. \$4.59
- Greenland Turbot Frozen Fillet, lb. \$1.59

DELI BOX

QUICK TO FIX

- Sliced Beef Ham or Turkey, Safeway . . . 3 oz. **49¢**
- Beef Franks Safeway, lb. \$1.49
- Sliced Ham 4"x4" Imported Safeway, 4 oz. \$1.29
- Ball Park Franks Hygrade, 1-lb. \$1.79
- BAR-5 THURINGER Chunk 12 oz. \$1.99
- Burritos (Beef & Beans) Safeway . . . 10 oz. **59¢**
- Steak Tonight Frozen, 1-lb. Pkg. \$2.79
- Beef Cube Steak lb. \$2.49
- Fish Sticks Frozen Capt. Choice, 14 oz. \$1.39
- SEA BASS Portions Capt. Choice Frozen, 12 oz. \$1.69

SAVE 50¢ on 6



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Maple Bars
6 For \$1

- Dutch Apple Pie Each \$1.89
- CHOC. CHIP Cookies Dozen \$1.19
- 8 Grain Bread 16 oz. 79¢

HONEY WHEAT **Ranch Rolls**
Freshly Baked **\$1.49**
3 Dozen

Everything you want from a store... and a little bit more.
SAFEMAY

FRESH LUCERNE Large AA Eggs **69¢** Doz. Medium Doz. 65¢

SAVE 16¢ BUMBLE BEE Chunk Tuna **69¢** 6.5 oz.

- CRANBERRY COCKTAIL Juice Town House 48 oz. 89¢
- Peanut Butter Old Fashioned Shippy 16 oz. 99¢
- Grape Juice Welch's, 40 oz. \$1.49
- Mushroom STEAK SAUCE 6 5.75 oz. \$1
- Hunts PRIMA SALSA 32 oz. \$1.09
- Tomato Sauce Hunts, 29 oz. 75¢
- WHOLE PEELED Tomatoes Hunts 28 oz. 59¢
- Hot Cocoa Mix Nestles 24 oz. \$2.19
- Mazola Corn Oil 48 oz. \$2.39
- Mayonnaise Nalley's, 48 oz. \$1.99

SAVE 28¢ on 3 OVENJOY Bread **3.89** 22.5 oz. White or Wheat

SAVE 29¢ GOLD MEDAL Flour **\$1.69** 10-lb. All Purpose

Cup O Noodles Nissin **2.89** 2.5 oz.

DELUXE II Cake Mixes DUNCAN HINES **69¢** 18.5 oz. Moist 'N Easy Cake Mix. 13.5 oz. 89¢

HEINZ Ketchup **\$1.25** 44 oz.

C & H Sugar **\$1.19** 5-lbs. Pure Cane

Refrigerated Food Buys!

FRESH LUCERNE Cottage Cheese **59¢** 1-lb.

SAVE 23¢ NUCOA Cube Margarine **49¢** 1-lb.

- Cream Cheese Lucerne, 8 oz. 59¢
- Darigold Butter Cake 1-lb. \$1.65
- American TRAY PACK Lucerne, Sliced 3-lb. \$4.99

- AUTUMN NATURAL Margarine 1-lb. 87¢
- Margarine Soft, Fleischmann's Two 8 oz. Tubs 99¢
- SOFT MARGARINE Imperial Two 8 oz. 85¢

SAVE ENGLISH MUFFINS Mrs. Wright's Honey Bran or Raisin **59¢** Pkg. of 6

SAFEMAY GIFT CERTIFICATES
The best gifts ever to give and get!
Safeway is more than a food store! Folks will welcome the chance to custom-select their gifts from our wide assortment. Gift Certificates... so easy to give.
HOW YOU CAN GET GIFT CERTIFICATES
Our friendly employees will be glad to explain! We have Gift Certificates for friends, relatives, etc. (For business use, too! Call (206) 455-8957 for complete details.)

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Pick up your FREE Bingo Card at Safeway in King, Pierce, Kitsap & Snohomish County.
Listen to KVI Radio

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SAVE 44¢
INFLATION FIGHTER
TOWN HOUSE
SEMI-SWEET
Real Choc. Chips
\$1.49
12 oz.
SUPER SAVER

SAVE 33¢
INFLATION FIGHTER
TENDER CHUNKS
KENNEL RATION
Dog Food
\$8.99
40 lb.
SUPER SAVER

SAVE 36¢ **Frozen Foods** **SAVE 32¢**
SAFeway QUALITY
Lucerne Ice Milk
79¢
Half Gal.
SCOTCH TREAT
Orange Juice
3 \$1
6 oz.
SUPER SAVER
PEAR GRAPE JUICE
CRANBERRY JUICE
Lenders Bagels
Jeno's Pizza Rolls
Gourmet Ice Cream
Celeste Pizza
Lucerne
Half Gal.
20 oz.

Banquet Dills 22 oz. **69¢**
Crispy Rice 13 oz. **79¢**
ROYAL BURGER Dog Food 36 oz. **\$1.29**
Cucumber Chips 22 oz. **69¢**
Pearson COFFEE NIPS 5.5 oz. **59¢**

BABY RUTH Nuggets or Butterfinger Chips, 7 oz. **69¢**
Wisk Detergent Liquid, Half Gal. **\$2.89**
Purex Bleach Half Gal. **49¢**
Tone Bath Soap 4 4.75 oz. **\$1.69**
Coast Soap 3.5 oz. Bar **29¢**

SAVE 18¢
INFLATION FIGHTER
Fritos Corn Chips
or 9.5 oz. Fritos light
89¢
10.5 oz.
SUPER SAVER

SAVE 31¢
INFLATION FIGHTER
Wesson Oil
Pure Vegetable
\$1.99
48 oz.
SUPER SAVER

Dawn Detergent
Liquid
99¢
22 oz.
SUPER SAVER

Calgonite
Dishwashing Detergent
\$1.79
50 oz.
SUPER SAVER

Bold 3 Detergent
For Laundry
\$2.79
84 oz.
SUPER SAVER

Paper Napkins
Northern
59¢
140 ct.
SUPER SAVER

Variety Department

SAVE \$1.00
Revlon Flex Shampoo
\$1.39
16 oz.
SUPER SAVER
EVEREADY ALKALINE Energizer Car D Battery **99¢**
9 Volt ALKALINE ENERGIZER Eveready Battery, Each **\$1.09**

Cricket Lighter
Disposable
39¢
Each
SUPER SAVER **SAVE 60¢**
Eveready ALKALINE ENERGIZER
AA Size
\$1.99
4 ct.
SUPER SAVER **SAVE \$1.00**

Georgian Beverageware
Last Week to Complete Set
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With Folder and Mailers
8" x 10" **\$3.78**
Each
5" x 7" **\$4.95**
3 For

Reader's Digest
CHECKOUT SPECIAL
ONLY **79¢**
DECEMBER

Produce Department

Russet Potatoes
Wash. Grown No. 2
15 lb. 89¢

Anjou Pears Extra Fancy, lb. **39¢**
Green Cabbage Tender, lb. **23¢**
Fresh Lemon 4 for **\$1**
Fresh Broccoli Bunches, lb. **49¢**
Egg Plant Large, Size Each **39¢**
Green Bell Peppers 5 for **\$1**
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Special entree for company



When company is coming and a special dish is in order try Sweet and Sour Meatballs. This dish looks like it took hours to prepare but it's easy and delicious when made with prepared sweet and sour stir-fry entree.

SWEET AND SOUR MEATBALLS
 2 slices white bread
 1/2 cup milk
 1 1/4 pounds ground chuck
 1/2 cup finely chopped onion
 1 garlic clove, minced
 2 1/2 tablespoons soy sauce
 1/2 teaspoon allspice
 1/4 teaspoon nutmeg
 1/4 teaspoon pepper
 1 egg, slightly beaten
 1 tablespoon peanut or salad oil
 1 box (19 ounces) sweet and sour stir-fry entree
 1/2 cup water
 2 teaspoons cider vinegar
 Carrot curls and scallion fringes for garnish (optional)

In mixing bowl, combine bread and milk, breaking up the bread with a fork. Add chuck and mix well. Add onion, garlic, soy sauce, allspice, nutmeg, pepper and egg. Mix lightly until well blended. Shape into 30 meatballs.

In large skillet, heat oil and saute half the meatballs until browned on all sides. Remove meatballs to plate and repeat with remaining meatballs. Pour off drippings. Add glaze mix from entree and water to skillet. Cook, stirring constantly, until glaze thickens.

Add meatballs and continue to cook until meatballs are well glazed, stirring occasionally. Add sweet and sour sauce from entree and vinegar; heat thoroughly. Place in serving dish and garnish with carrot curls and scallion fringes, if desired.

Holiday dip for weight watchers



Entertaining can be a mouth-watering, low-calorie affair with our zesty curry-flavored Indienne Tuna Dip. Serve it with crisp wheat snack crackers.

Calling only for low-calorie ingredients, the dip totals about 16 calories per tablespoon. It combines water-packed tuna, lowfat yogurt and chicken-flavored broth with curry powder for a true Indian taste treat.

INDIENNE TUNA DIP
 (Yield: 1-3/4 cups)

1 can (7-ounce) tuna, packed in water
 One-third cup chopped tomato

1 container (8 ounce) plain lowfat yogurt
 1/4 cup minced celery
 1 envelope instant chicken flavored broth
 2 teaspoons sweet pickle relish
 1 teaspoon curry powder or to taste
 1/4 teaspoon ground ginger
 1/4 teaspoon garlic powder
 Wheat snack crackers

Drain and flake tuna. Reserve one tablespoon tomato; combine remaining tomato with tuna, and next seven ingredients until blended. Chill one hour, or until serving time. Garnish with reserved tomato. Serve with wheat snack crackers.

Let 'em eat ice cream

The birthday cake has been such a long-standing tradition that many people feel it's almost compulsory whether they really want a cake or not.

Here's an ice cream cake that's a little more intricate in design and would be a sure hit at a child's party:

HAPPY BIRTHDAY ICE CREAM CAKE
 (Yield: 8-inch cake)

1 package (15.5 ounces) brownie mix
 3 pints vanilla ice cream, softened
 1/2 cup whipping cream, whipped
 Red food color
 1 sugar cone
 Strawberry ice cream
 Cake decorating confetti

Prepare brownie mix according to

package directions. Bake in 8-inch round layer cake pan. Cool in pan.

Line 8-inch round layer cake pan with foil. Spread vanilla ice cream smoothly into pan. Freeze until firm. Turn out ice cream onto plate; pull off foil.

Color whipping cream. Pipe "Happy Birthday" with whipped cream onto ice cream. Place generous scoop strawberry ice cream on ice cream layer; top scoop with cone for clown hat. Press confetti into sides of ice cream and make clown face. Return to freezer until ready to serve at least one hour.

To serve: Place brownie layer on serving plate. With spatula lift ice cream layer onto brownie.



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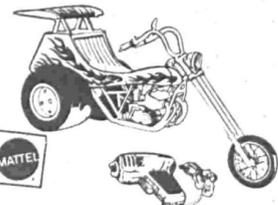
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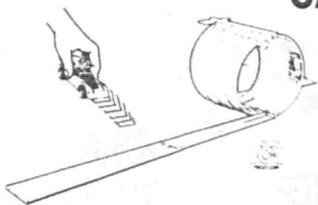


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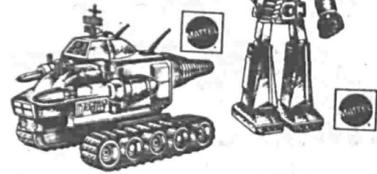


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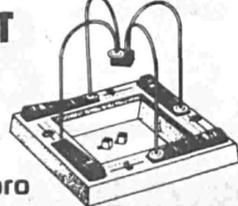


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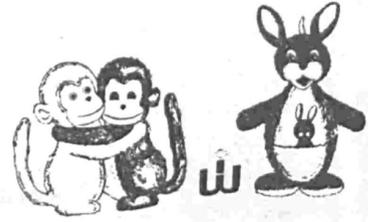
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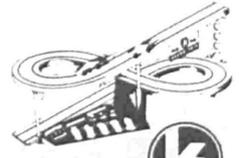
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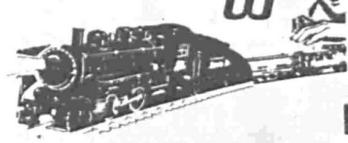
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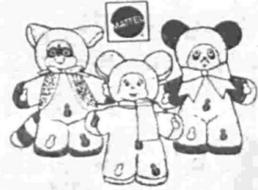
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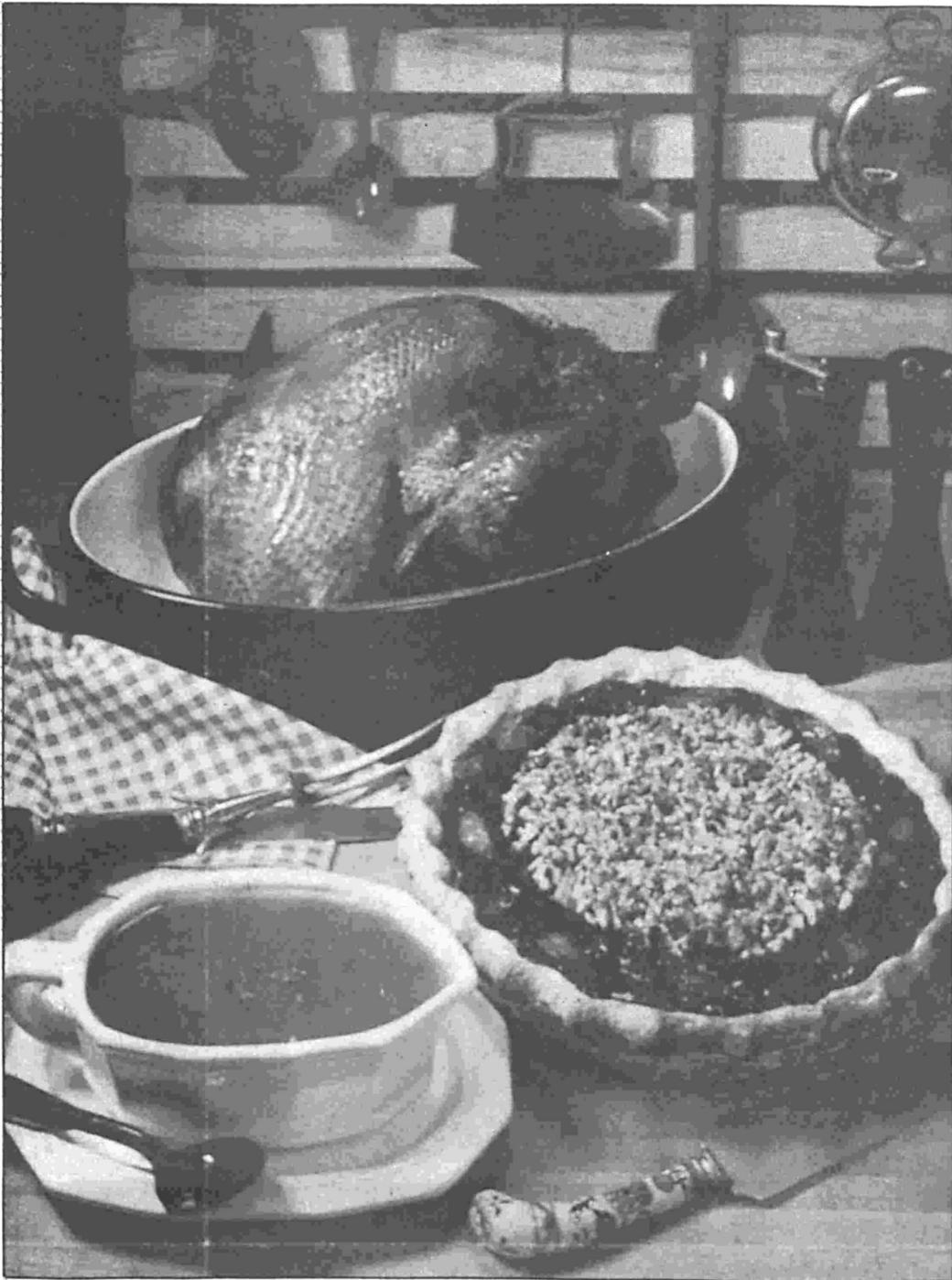
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Classic foods reign for holidays



The holiday turkey takes center stage along with a stuffing recipe probably handed down from generations past. And the gravy that tops the accompaniments reigns essential to the feast.

The Turkey Gravy recipe given below is tasty and easy to prepare. It's thickened with corn starch which lets the flavor of the pan drippings and giblets come through, unmasked by a pasty aftertaste. The resulting translucent gravy is smooth and attractive.

PUMPKIN SOUP (Yield: 6-8 servings)

2 tablespoons margarine
 1/2 cup finely chopped celery
 1/2 cup finely chopped onion
 2 cups milk
 1 can (16 ounces) solid pack pumpkin (2 cups)
 2 cans (10-3/4 ounce each) chicken broth (two and one-half cups)
 1/4 teaspoon ground nutmeg
 1/2 teaspoon pepper
 2 tablespoons corn starch
 1/4 cup water
 In three-quart saucepan melt margarine over medium heat. Add celery and onion. Stirring occasionally, cook about five minutes or until

tender. Gradually stir milk into pumpkin. Add to saucepan. Stir in chicken broth, nutmeg and pepper. Stirring occasionally, cook over medium heat about 10 minutes. Stir together corn starch and water until smooth. Stir into pumpkin mixture. Bring constantly to boil and boil one minute.

TURKEY GRAVY (Yield: 6 cups)

Turkey giblets and neck
 7 cups water
 2 onions, peeled and halved
 2 stalks celery, halved
 2 teaspoons salt
 bay leaf
 6 tablespoons turkey pan drippings
 1/4 cup corn starch
 1/4 cup water
 3 chicken-flavored bouillon cubes

In large saucepan place turkey giblets and neck, water, onion, celery, salt and bay leaf. Bring to boil; cover and simmer 30 minutes or until giblets are tender. Drain broth; reserve. Chop giblets and reserve. Pour pan drippings into large measuring cup. Allow to stand several minutes until fat separates from turkey juices. Return six tablespoons fat drippings to pan; discard remaining fat dripp-

ings. Add reserved gilet broth to turkey juices to equal six cups; return to roasting pan. Stir together corn starch and water until smooth; add to roasting pan. Add bouillon cubes. Stirring constantly, bring to boil over medium heat, stirring up brown bits from bottom of pan and boil one minute. If desired, add giblets to gravy and reheat.

CREAMED CELERY (Yield: 12 servings)

6 tablespoons margarine
 6 cups celery sticks (One and one-half-inch lengths)
 1/4 cup sliced almonds
 Two-thirds cup coarsely chopped onion
 2 cups chicken broth or bouillon
 1/4 teaspoon pepper
 1/4 cup corn starch
 1 cup milk
 1/2 cup grated Parmesan cheese

In large skillet melt margarine over medium heat. Add celery, almonds and onion; cover. Stirring occasionally, cook 15 to 20 minutes or until tender-crisp. Add broth and pepper. Stir together corn starch and milk until smooth. Stirring constantly, bring

to boil over medium heat and boil one minute. Turn into broiler-proof 2-quart casserole dish. Sprinkle with cheese. Broil three minutes or until cheese browns. **C R A N B E R R Y CHEESE PIE** (Yield: One 9-inch pie)

2 cups cranberries
 1 cup orange juice
 1/2 cup sugar
 1/2 cup light corn syrup
 One-third cup corn starch
 One-third cup water
 1 cup orange sections, cut in half
 1 package (8 ounces) cream cheese, softened
 2 tablespoons sugar
 2 teaspoons grated orange rind
 1 unbaked (9-inch) pastry shell
 1 cup coarsely chopped walnuts

In medium saucepan stir together cranberries, orange juice, sugar and corn syrup. Bring to boil over medium heat; reduce heat and simmer five minutes or until cranberry skins pop. Stir together corn starch and water until smooth. Stir into cranberry mixture. Stirring constantly, bring to boil over medium heat and boil one minute. Remove from heat. Stir in orange sections. Cover; refrigerate un-

til cool. In small bowl stir together cream cheese, sugar and orange rind until smooth and creamy. Spread cheese mixture evenly over bottom of pastry shell. Spread cranberry mixture over cheese layer; sprinkle with walnuts. Bake in preheated 375 degree oven 45 minutes or until center of pie is firm. Serve warm or chilled.

TURKEY AND STUFFING CASSEROLE (Yield: 4-6 servings)

3 eggs, well beaten
 3 cups cubed cooked turkey
 Two-thirds cup cold Turkey Gravy
 1/2 teaspoon pepper
 1-1/2 cups shredded Swiss cheese
 2-1/2 cups prepared stuffing
 2 tablespoons chopped parsley

In medium bowl stir together eggs, turkey, gravy and pepper. Turn into well-greased 12-by-8-by-2-inch (2-quart) baking dish. Sprinkle with cheese. Top with stuffing. Cover. Bake in preheated 325 degree oven 25 minutes or until heated through. Sprinkle with parsley. Let stand five minutes. Serve with turkey gravy.

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Belgian favorites for brunch

Have you started brunching yet? Served anytime from mid-morning to mid-afternoon, brunch is a wonderful -- and economical -- way of weekend entertaining. These Belgian waffles make an ideal offering.

Bake these extra-thick and crisp waffles on a special Belgian waffle iron.

BASIC BELGIAN WAFFLES
(Yield: 6 waffles)

2 cups all-purpose flour
1 teaspoon salt
8 eggs, separated

1/2 cup butter or margarine, melted
1 teaspoon vanilla extract
2 cups milk
In a small bowl, mix flour and salt; set aside. In a large bowl, beat egg whites with electric mixer on high speed until stiff peaks form.

In another bowl, beat yolks until thickened and lemon-colored, about five minutes. Stir in melted butter or margarine and vanilla. Alternately add flour mixture and milk to yolk mixture, beating well after

each addition. Fold egg whites into yolk mixture.

Prepare Belgian waffle iron according to manufacturer's directions. Using one and one-fourth cups batter for each waffle, bake on preheated waffle iron 30 to 60 seconds. Turn waffle iron; continue baking two to three minutes or until steaming stops and waffle is golden brown.

ORANGE SUNSHINE WAFFLES
(Yield: 10 servings)

1/2 cup sugar

1/4 cup cornstarch
1-3/4 cups orange juice
1/4 cup maple-flavored syrup
4 oranges, peeled and sectioned
1 carton (4-ounces) frozen whipped topping, thawed
1 carton (8-ounces) plain yogurt
1/4 cup maple-flavored syrup

Basic Belgian Waffles
Toasted slivered almonds

In a medium saucepan, mix sugar and cornstarch. Stir in orange juice and one-fourth cup maple

syrup. Stir constantly over medium-high heat until mixture thickens and bubbles. Stir in orange sections. Cool only until warm.

In a small bowl, beat whipped topping, yogurt and one-fourth cup maple syrup until fluffy. Chill until serving time. Prepare Basic Belgian Waffles.

Serve waffles topped with whipped topping mixture and warm orange sauce. Garnish with toasted, slivered almonds.

Tempting appetizer

Having company for dinner?

Make the occasion seem especially elegant by serving these exotic appetizers, made with cocktail wieners: **TERIYAKI FRANKS** (Yield: 8 appetizers)

1 can (13-1/4 ounce)

pineapple chunks
1/4 cup soy sauce
1/4 cup honey
1 tablespoon sugar
1 package (5-1/2 ounces) cocktail wieners
1 can (6 ounces) whole mushrooms, drained
Combine pineapple chunks and juice, soy sauce, honey and

sugar. Make two cuts from the top of each wiener, three-fourths of the way through; turn wiener over and make cuts between the cuts on opposite side. Arrange wiener and mushrooms in oblong dish (10-by-6-inches) and cover with pineapple mixture.

Cover dish and refrigerate overnight. Alternate pineapple chunks, mushrooms, and wieners on small skewers. Broil 10 minutes, turning once and brushing with soy sauce mixture.

Lunch menu for Fife schools

FIFE SCHOOL DISTRICT

with meat sauce, chilled pears, tossed green salad, hot french bread, milk.

WEDNESDAY, NOV. 28: Beef and macaroni casserole, carrot and celery sticks, fruit cup, hot rolls, milk.

TUESDAY, DEC. 11: Wiener wink, crisp vegetable tray, baked beans, Jello cubes, plain or chocolate milk.

THURSDAY, NOV. 29: Hot dog on bun, french fries with catsup, relish tray, chilled pears, milk.

WEDNESDAY, DEC. 12: Beef stew on rice, fresh fruit, hot rolls, milk.

FRIDAY, NOV. 30: Oven brown fish, steamed rice, green salad, apricots, hot rolls, milk.

THURSDAY, DEC. 13: Birthday Lunch: Hot dog on bun, french fries with catsup, green salad, applesauce, birthday cake, milk.

MONDAY, DEC. 3: Sloppy Joe on bun, fresh vegetable sticks, potato chips, pineapple chunks, milk.

FRIDAY, DEC. 14: Fish sticks with tartar sauce, steamed rice, fresh fruit, buttered peas, hot rolls, milk.

TUESDAY, DEC. 4: Oven fried chicken with cream gravy, mashed potatoes, buttered mixed vegetables, apple wedge, cranberries, hot rolls, plain or chocolate milk.

MONDAY, DEC. 17: Vegetable beef soup, assorted sandwiches, crisp vegetable sticks, fruit crisp, milk.

WEDNESDAY, DEC. 5: Grilled cheese, tomato soup with crackers, fresh vegetable sticks, fruit cup, milk.

TUESDAY, DEC. 18: Surprise day.

THURSDAY, DEC. 6: Hamburger on bun, carrot and celery sticks, potato chips, fruit Jello with topping, milk.

WEDNESDAY, DEC. 19: Christmas dinner.

FRIDAY, DEC. 7: Macaroni and cheese, protein salad, chilled pears, cinnamon roll, milk.

THURSDAY, DEC. 20: Hamburger on bun, potato chips, relish tray, green salad, fresh fruit, milk.

MONDAY, DEC. 10: Spaghetti

FRIDAY, DEC. 21: Tuna noodle casserole, buttered mixed vegetables, apple wedge, cinnamon roll, milk.

You can add variety to morning meals by taking advantage of leftovers. Cold sliced chicken, a fruit salad, warm dinner rolls with butter and a glass of milk meets all the nutritional requirements of a balanced breakfast.

Just keep in mind that the foods should be selected from each of the major food groups: meat, poultry, eggs; bread and cereal; fruits and vegetables; and milk and milk products.

F.W. Christian Women's Club Luncheon (12-13, 12:30 to 2:30 p.m.) Reservations required, call Pauline Long at 941-2616, complimentary child care available, Royal Fork Restaurant in Federal Way.



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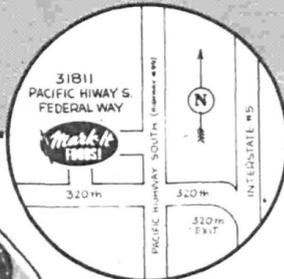
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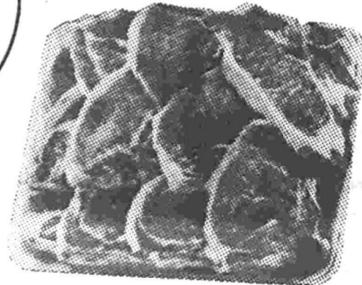
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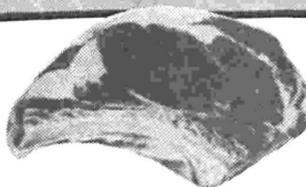
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Iranian students victims of a bad situation

by Terry Finn

For two Iranian students enrolled in South Seattle Community College (SSCC), life has become a little tense, even fearsome, these days.

Hamid K., 25, and Shahriar K., 24, (they asked that their last names be omitted), have been studying in this country for the past two and three years respectively. All of a sudden, however, they find themselves the victims of circumstances beyond their control.

The overthrow of the U.S. embassy in Tehran, the taking of 62 Americans hostage (plus 30 foreign embassy workers) by student supporters of Ayatollah Ruhollah Khomeini and their demand that the U.S. return the ailing, deposed Shah Mohammed Reza Pahlavi to Iran have whipped up American public opinion against Iranians living in this country.

Hamid and Shahriar are feeling the heat. They sometimes find themselves the objects of catcalls and insults as they move about the city. School acquaintanceships have cooled and intimidating stares from students are more frequent.

"We walk into a class, people stop talking," acknowledged Hamid. Both he and Shahriar are taking pre-engineering courses in the hopes of going on to become design engineers or architects. Many of Shahriar's relatives—nearly 80 of them live in the Seattle area, he says—are engineers.

WHAT WORRIES them the most, however, is whether they will be able to continue their education here. Hamid already has been interviewed by officials from the U.S. immigration office which is trying to assess the



SHAHRIAR, LEFT, and Hamid, Iranian students at South Seattle Community College, are caught between a rock and a hard place. American reaction to events in Iran have made life tougher for Iranians in this country, but for Shahriar and Hamid, it's still better than having to go back to Iran.

status of the more than 60,000 Iranians who are ostensibly attending American colleges. Deportation looms as a threat to Hamid and Shahriar, who are just two out of 31 Iranians enrolled at SSCC.

Hamid is a Kurd, one of a nomadic people in northern Iran and southeastern Turkey who traditionally have fought against government. The Kurdish people struggled against the Shah; they continue to fight against "The slogan of the Kurds is, 'Autonomy for Kurdistan, Democracy for Iran,'" notes Hamid. "Khomeini is an enemy of Kurdish autonomy and of democracy."

Hamid was himself imprisoned briefly last summer, during a visit to Iran, for participating in a

demonstration in protest of press restrictions under the Khomeini regime. As a Kurd resisting Khomeini's rule, Hamid is certain his name and picture are sandwiched somewhere in a secret police file.

According to Hamid and Shahriar, SAVAK, the Shah's dreaded secret police organization, has been taken over by Khomeini who continues the practice of using it to repress dissenters.

Although the two students are opposed to Khomeini's rule and consider the embassy takeover a terrible error, they flatly consider the Shah to be a criminal responsible for the deaths of thousands of people during his 25-year reign. Shahriar's own father, once a professor at the University of Tehran, spent 10 years in prison

for speaking and teaching against the policies of the Shah.

THE SHAH, SAY Hamid and Shahriar, should be returned to face criminal charges in Iran. "But our hate for the Shah should not be interpreted as support for Khomeini," states Hamid.

About the American hostages, Hamid says, "It's terrible; most of them are just innocent people." However, he believes the embassy has served as a U.S. spy operation. "Most Iranians are innocent people, too," he says. "It is the governments which are bad."

Hamid and Shahriar believe the U.S. made a big mistake in allowing the Shah to come here for hospital treatment. Much of the Iranian reaction, they say, is due more to the people's hatred of the Shah than to popular support for Khomeini.

"They (American officials) didn't think enough about what would happen when they let the Shah in," states Shahriar. "He's just a holy man; he is no good at running a government." Shahriar and Hamid believe that the Ayatollah's religious fervor can not hold the country together in the long run. He is not a political man, they say.

They believe that one of the most difficult problems for themselves is the tendency of many Americans to lump all Iranians together, Khomeini supporters and non-supporters alike. There are many Khomeini supporters, they concede, including some at SSCC, but Shahriar and Hamid are not on friendly terms with them.

The two worry about the new crop of Iranian students now arriving in U.S. colleges. "Some of them are here to spy on us and report back to Iran," thinks Shahriar. Khomeini's government, they say, is very worried about any Iranian attending a foreign university.

Although he has many relatives residing permanently in the United States, Shahriar hopes someday to return to Iran if, somehow, an end can be brought

to political repression there. Hamid, perhaps with a more traditional antipathy for the Iranian government, is uncertain about the possibility of a real future there.

The one certainty right now in the lives of the two SSCC students is: their clear preference for the cold stares, the indignant anger of Americans, to deportation back to what they fear much worse—life in the Ayatollah Khomeini's Iran.



Senior Portraits

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Servicemen

Robert L. Walters
Airman Robert L. Walters, son of retired Army Sergeant First Class and Mrs. Robert E. Walters of 3825 S. 292nd Place, has been assigned to Kessler Air Force Base, Miss., after completing Air Force basic training.

During the six weeks at Lackland Air Force Base, here, the airman studied the Air Force mission, organization and customs and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree in applied science through the Community College of the Air Force.

The airman will now receive specialized training in the personnel field.

Airman Walters is a 1979 graduate of Thomas Jefferson High School.

John L. Watson
Navy Seaman Apprentice John L. Watson, son of Mr. and Mrs. Richard L. Watson of 2903 S. 269th St., recently departed for a deployment in the Western Pacific.

He is serving as a crewmember aboard the aircraft carrier USS Kitty Hawk, homeported in San Diego.

While deployed, the Kitty Hawk will operate as a unit of the U.S. Seventh Fleet.

During the cruise, the Kitty Hawk is scheduled to participate in training exercises with other Seventh Fleet units and with ships of allied nations. Additionally, port visits are scheduled in Japan, South Korea, Thailand and the Republic of the Philippines.

A 1977 graduate of Thomas Jefferson High School, Watson joined the Navy in January 1978.

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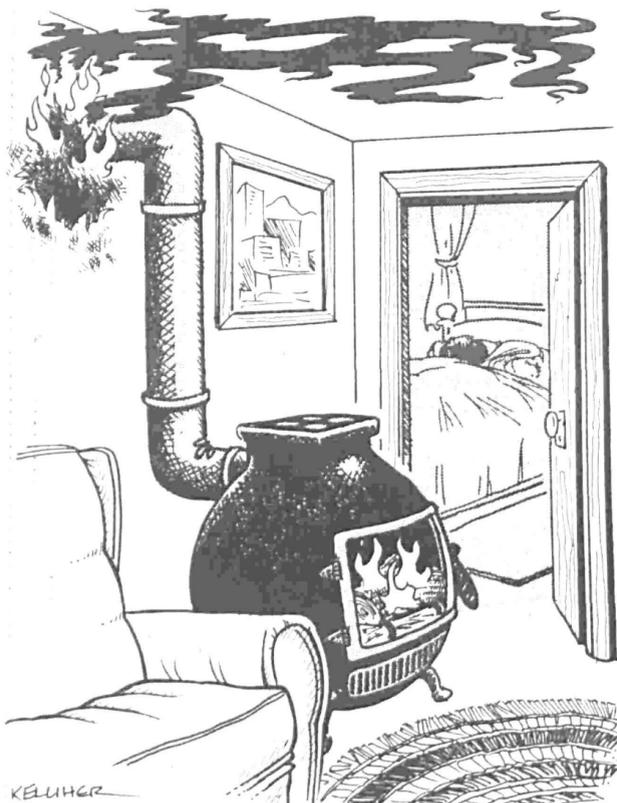
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Keeping fire in place harder than it looks



by Kevin Patterson
 Burning wood to heat homes is not new. The chance of homes catching fire from fireplaces or wood-burning stoves is not new either but it is happening with increasing frequency.
 The shortage of cheap electricity and natural gas has turned many people toward finding alternative energy sources during the last couple of years.
 One of the more popular alternatives to conventional home heating is wood, burned either in conventional fireplaces or free-standing wood-burning stoves.
 This seemingly simple alternative has brought with it a number of problems which have

their roots in people not being as knowledgeable about fire as they might think.
 "It's not as simple as one might think," commented Jim Adsley, chief of fire districts 23 (McMicken Heights) and 24 (Angle Lake).
 Misuse of wood stoves and fireplaces has led to a number of local fires, Adsley noted.
 "ONE THING people should be aware of is their fireplace is designed for 'cosmetic' heating; convenience heating. It's not designed to heat the whole house," he said.
 Adsley said there are several problems in trying to heat a home with a conventional fireplace.

Most home fireplaces are apparently not designed to handle a large fire for long periods of time. Surrounding walls can become extremely hot when exposed to extreme fireplace heat.
 Another problem involves using the wrong kind of wood or improperly using alternative fuel, such as sawdust logs and wax coated logs.
 Adsley said wood should be dry before it is burned in a fireplace. Wet or green wood produces a build-up of creosote in the chimney which is easily combustible.
 Adsley said he has seen chimneys which were nearly sealed shut by a creosote build-up.

Alternative solid fuel has its own set of rules, Adsley explained.
 He cautioned against combining wax coated logs with real wood or sawdust logs because of the extreme heat which can result.
 He had special caution about the use of wax and sawdust logs in small apartment fireplaces.

"They can actually explode if you put too many in there and build up too much heat," he said.
 He said only one wax log should be burned at a time.

WOOD BURNING STOVES, increasing in popularity, pose different dangers than fireplaces; primarily because of improper installation. King County requires building permits be obtained before a wood-burning stove is installed.

Bob Hash, assistant chief for the Federal Way fire department, said he thinks few people are aware a building permit and inspection is required before a wood-burning stove can be installed and then used.

"Probably our biggest problem has been with improper installation," Hash said.
 He said people who have had wood stove-related house or chimney fires feature one, or more, of the following characteristics: Installation procedures are not properly followed; stoves are of poor design and

do not carry testing laboratory (such as Underwriters' Laboratories) approval; and the stoves are overloaded, producing too much heat.

STOVES WHICH carry a testing laboratory label have undergone tests to see what their capabilities and limitations are.

A Seattle laboratory, Northwest Laboratories, conducts tests on some wood-burning stoves.

Ron Weisel, Northwest Laboratories engineer, said stoves are tested to determine their limits based upon their particular design. Thus, no two wood stoves are necessarily alike.

Stoves are tested according to Underwriters' Laboratories standards which then qualify the stoves to come under International Conference of Building Officials (ICBO) qualifications as well.

Once a stove has successfully passed UL and ICBO standards it receives a stamp of approval usually indicated by a metal tag affixed to the stove and instruction procedures written and approved by the testing laboratory, Claude Myrick, county building inspector said.

"It's a matter of ensuring to the buyer that the stove is safe," Myrick said.

Servicemen

Coast Guard Electrician's Mate 3rd Class James M. Davis, son of Doris L. Davis of South 252nd Street, Des Moines, recently departed for an Alaskan Fisheries patrol.

He is serving as a crewmember aboard the Coast Guard cutter Boutwell, homeported in Seattle.

During the two-month patrol, Boutwell will conduct surveillance operations with Coast Guard aircraft to enforce international treaties and U.S. laws, including the 200-mile fisheries conservation zone.

A 1971 graduate of John F. Kennedy High School, Davis joined the Coast Guard in June 1971.



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Seven zoning hearings planned

A hearing will be held Dec. 13 on seven separate requests for rezoning local property.

Duane Triplett requests rezoning from duplex to RM 1800 (high density multi-units) for his property on the south side of South 146th Street, approximately 240 feet west of Military Road South. The hearing is set for 9 a.m. in the King County Administration Building, room 215.

At 10 a.m. in the same location, the zoning examiner will take testimony on a rezone sought by Kitty Endert. She seeks to rezone property on the north side of South 146th Street, approximately 240 feet west

of Military Road South, from single family to RM 1800.

An 11 a.m. hearing is planned for the Pasqualina Palermo property on the southwest corner of Des Moines Way and South 176th Street. Palermo wants to upzone property now zoned for RM 2400 (medium density multi-dwelling) and manufacturing park to light manufacturing. This would permit warehouses and light industrial use.

At 1:30 p.m., testimony will be taken on the application by James Mull. He seeks RM 2400 (medium density multi-dwelling) for property now zoned suburban residen-

tial. The property is located on the north side of South 336th Street, 271 feet west of 20th Avenue South.

Scheduled for 2:30 p.m. is an application by Clem Lavoy, doing business as the Safe Investment Co., for a rezone on the southwesterly side of Southwest Dash Point Road, approximately 165 feet north of Southwest 312th Street.

Lavoy seeks to convert single family residential to RM 900 (maximum density multi-dwelling restricted service). This would permit professional business offices and apartments.

In the County Courthouse, room 402, a 10

a.m. hearing is set for the application by Floyd Galloway and Wallace Taylor. They want to rezone neighborhood business and single family zoned property to RM 900 (maximum density multi-dwelling, restricted service). Their property is east of 59th Avenue South, between South 118th and 120th streets.

At 3:30 p.m., the Leo Kuntz application will be considered. Kuntz wants to rezone single family to RM 1800 (high density multi-dwelling). His property is on the west side of 14th Avenue Southwest, 110 feet north of Southwest 112th Street.

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Golf and teaching unique in Nepal

by Brad Broberg
When Lou Fagnon arrived in Nepal in 1967, he discovered a poor, primitive, illiterate kingdom — and one of the strangest golf courses in the world.

Fagnon, now a teacher in the Highline School District's English as a Second Language program at Southern Heights Elementary School, went to Nepal as part of a small educational team from Southern Illinois University that was under contract to "live in Nepal and help them write textbooks, set up teacher training, set up schools, teach teachers to teach and children to learn."

Fagnon's chief diversion from his challenging job was the Royal Nepal Golf Course, where he was club treasurer.

"It was really a cow pasture," he chuckled.

THE COURSE was situated in the capital city of Kathmandu, a mountain municipality of 250,000 people where Fagnon lived, high in the isolated Himalayas.

By traditional standards, it was a short course, only nine holes and 1,780 yards long.

But although the distance may not have been very imposing, the Royal Nepal Golf Course sported hazards that even Jack Nicklaus has never seen — and probably never wants to.

The greens were actually "browns," said Fagnon, and the course was criss-crossed by yawning, ball-swallowing chasms known as nullahs. These narrow,

sloping canyons often dropped down into small streams, where native women could be seen washing their clothes on the rocks.

One hole, a par 3 of just over 100 yards, was actually just a 100-foot wide peninsula surrounded by nullahs 300, 800 and 1,000 feet deep.

No allowances were made for the unusual terrain. Competition at the Royal Nepal was governed by strict British rules and hand-mashes out of the nullahs were not considered cricket.

You took a penalty or played your ball as it lay, which could lead to some awkward stances when trying to execute a near vertical shot.

FAGNON recalled spotting a golfing partner walking down the street on crutches.

"What happened to you?" Fagnon asked.

"I fell off number four," he replied.

Animals were frequently herded across the fairways at the Royal Nepal and one of Fagnon's other buddies once hit a shot that struck and killed a goat.

No penalty was assessed for such a shot, but you did have to pay the owner of the animal you killed.

Fagnon also played golf at another city in Nepal, Dharan, which is located in the lowlands. Deadly cobras made the rough there tougher than at any United States Open tournament. Cobra-killings were as highly-



Lou Fagnon

regarded as sub-par rounds and were recorded in a special book.

"If you killed a cobra, you had to measure it and say what club you used."

FAGNON didn't spend his entire four years in Nepal on the golf course.

The compound where he lived was the center for the writing, printing, artwork and distribution of virtually every book produced in Nepal, not just golf texts.

"Can you imagine being the English expert for a whole bloody

nation?" Fagnon asked.

Being the resident English expert meant editing textbooks written by some of Nepal's top scholars, often a frustrating, but comical task.

One author of an English book posed a simple question to his readers and then supplied them with what he thought was a proper answer.

"Are you going to town?"

"I ain't a gonna go nohow."

It turned out the man was using a pocket dictionary of American slang as his reference.

A science author wrote this explanation of how birds fly.

"Birds fly because they have hollow toes, are short below the knees and sing sweetly."

Needless to say, Fagnon wore out many red pens.

DESPITE their lack of modern sophistication (a dubious quality anyway), Fagnon found the Nepalese to be "beautiful people" with an ancient culture and an ambitious king eager to educate his subjects and propel them into the 20th century.

Still, in the 1960s, Nepal was virgin territory for Western-educated teachers.

"They were so eager for education. Teachers were God there. It's like being, for an educator, in a Garden of Eden," said Fagnon.

"I'm just glad I got there before too many tourists."

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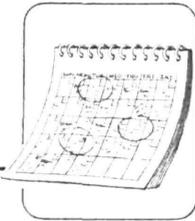
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Community Calendar

what's happening



PUBLIC MEETINGS
 King County Water District 54 (12-3, 6:30 p.m.) Meeting, 922 S. 219th St.
 King County Water District 124 (12-4, 5 p.m.) Meeting, 31627 First Ave. S.
 Lakehaven Sewer District (12-4, 6:30 p.m.) Meeting, 31627 First Ave. S.
 King County Water District 56 (12-5, 7 p.m.) Meeting, 28700 Fifth Place S.
 King County Fire District (12-5, 7 p.m.) Meeting, 27010 15th Ave. S.
 King County Water District 75 (12-5, 7:30 p.m.) Meeting, 19863 28th Ave. S.

COMMUNITY EVENTS
 Homemakers Clubs of Federal Way (11-28, 7:30 p.m.) Self-defense and burglary prevention clinic, Federal Way Library.
 South Star Guild for Retarded (12-8, 9 a.m. to noon) Santa Breakfast, tickets \$2.50, \$1.50 and \$1.25, call Marilyn Short at 838-3195 for additional information, St. Vincent Parish Hall, 30525 Eighth S.
 United Ostomy Assn., Tacoma Chapter (11-28, 7:30 p.m.) Regular meeting, all ostomates and other interested persons are welcome, call 759-4828 for additional information, meeting held at Allenmore Hospital Cafeteria, Tacoma.
 South King County Formerly Married Catholics and Christian Singles (11-28, 7 p.m.) Family swim, Federal Way Pool, 30421 10th S. (12-1, 8 a.m. to 6 p.m.)
 Bus Outing to Snoqualmie, bus leaving from St. Vincent's parking lot at 8 a.m., \$5 fee, bring own lunches and snow equipment; (12-1, 8:15 p.m.) USAG dance, car pools leave St. Vincent's at 8:15 p.m. sharp; (12-4, 7:30 p.m.) Rap session, Dale Dietrick's home, 5812 S. 296th St., no babysitting available, for additional information call 941-3218.
 Federal Way Convalescent Center (11-29, 10 a.m. to 4 p.m.) Annual holiday bazaar, at the lounge, 1045 S. 308th St.
 Welcome Wagon Club (11-29, 10 a.m.) Prospective participants please call 927-4681.
 Annie Wright School (11-30, 1 to 9 p.m.) Christmas carnival and bazaar, at the school, 827 Tacoma Ave.
 Black Watch Drum and Bugle Corp. (11-30, 6 to 9 p.m.) Spaghetti Christmas bazaar event, advance tickets sale, call Louise Fish at 833-1697, Knight of Columbus Hall, 18 "E" St. S.W., Auburn.
 Oak Grove Elementary School (11-30, 8 to 10 p.m.) Craft fair, more table space available, 303 S.W. 200th St.
 Mirror Lake Booster Club (11-30, 4 to 10 p.m.) Craft fair, at the school, 625 S. 314th St.
 Friends Without Partners, Chapter 9, South King County (11-30, 9 p.m. to 1 a.m.) Ballroom dance, Normandy Park, The Cove, 1500 Shorebrook Drive, Burien, prospective members call 854-2780; (11-28, 8 p.m.) "How to Build Your Self-esteem," group discussion, 21030 97th Place S., Kent, for additional information call 852-2186.
 Christmas Holiday Fair (12-1, 10 a.m. to 6 p.m.) Various activities: magic show, bake sale, children activity center, lunch at noon, Federal Way United Methodist Church, 29645 51st Ave. S.
 South End Singles Dance (12-1, 9 p.m.) Crestview Center, 16200 42nd Ave. S., phone 839-5151 evenings for additional information.
 Olympic View Elementary School Holiday Bazaar and Winter Carnival (12-4 through 12-7, 11 a.m. to 2 p.m. and continuing on Dec. 7 from 6:30 to 8:30 p.m.) Presented by the P.T.A., various items for sale, carnival booths and refreshments, at the school, 327th Street Southwest.
 TOPS Chapter WA 35 (12-4, 7:30 p.m.) Second annual auction bazaar, Christmas gifts and white elephant items to be auctioned, call 938-1992 or 762-3339 for additional information, St. James Lutheran Church, 9421 18th Ave. S.W.
 Overeaters Group for Women (began 12-4) Groups will include therapy, exercise, bodowork, nutrition and physiological information, for registration and additional information call Lindsay Cobb at 324-9818.
 Woodmont Elementary School Christmas Book Fair (12-6 at 10 a.m. to 8 p.m.; 12-7 at 10 a.m. to 4 p.m.) New and used books and games for sale, 26454 16th Ave. S.
 Webster Academy (12-7 at 3 to 5 p.m. and 12-8 at 10 a.m. to 5 p.m.) Christmas bazaar, free coffee and cookies, 22816 30th S.
 Life City Council (12-11, 8 p.m.) Business and Industrial Development Controls meeting and public hearing; (11-27 and 12-15) Meetings previously scheduled for these dates are cancelled.
 Melodele Elementary School PTA (second Thursday of each month, 7 p.m.)
 Alcoholics Anonymous (Tuesdays and Thursdays, each month, 10:30 a.m.) Ancient Mariner, 31140 Pacific Highway S.
 Altrusa Club of South King County (first and third Tuesdays, each month, 6 p.m.) Dinner meeting at the Fog Cutter South.
 American Assn. of Retired Persons (AARP) Chapter No. 937 (second Tuesday of each month, 1:30 p.m.) Regular meeting, Steel Lake Presbyterian Church, 1829 S. 308th St.
 Alpha Delta Kappa, Alpha Theta

Wednesdays, 8 p.m.) Stated meeting, J. Smith, secretary, for information call 878-8166, Des Moines Masonic Temple.
 Outriders Off-Road Vehicle Club (second Wednesday, each month, dinner at 6:30 p.m., meeting at 8 p.m.) Fog Cutter South, 31211 Pacific Highway S., for additional information call Dick Luznick at 839-1234 or Don Emerson at 839-2459.
 Overeaters Anonymous (each Monday, 12:30 p.m.) King County Multi-Service Center, 2450 Star Lake Road; (each Thursday, 7:30 p.m.) Trinity Reformed Church, 3807 S. 260th St., call Betty at 878-3027 for additional information.
 Poverty Bay Historical Society (third Tuesday of each month, 7:30 p.m.) Public invited, Federal Way Library.
 Puget Sound Kiwanis Club (every Tuesday, 7:30 a.m.) Meeting held at Denny's Restaurant, 2130 S. 320th St.
 Pyramid Assembly 152, Rainbow Girls (first and third Tuesdays, 7 p.m.) Pyramid Temple.
 Mirror Lake Craft Fair (11-30, 4 to 10 p.m.) Various items for sale including Christmas decorations and ornaments, toys and other creative crafts, also a food booth, proceeds will be used to enrich the students extra curriculum activities, at the school, 625 S. 314th St.
 Pyramid Court No. 88 (fourth Friday, each month, 8 p.m.) Regular meeting, Pyramid Masonic Temple.
 Pyramid OES 257 (second Thursday, each month, 8 p.m.) Pyramid Masonic Temple, 1700 S. 340th St.
 Recovery Incorporated (every Thursday, 7:30 p.m.) Self-help mental health group, Auburn YMCA, for information call 631-8518.
 Shufflers Four Square Dance Club (first and third Saturday, 8 p.m. workshop, 8:30 p.m. dance) Edgewood Grange, 55th and North Meridian, Puyallup, lessons start on Sept. 6, for information call 927-1837 or 941-0662.

CHAMBER OF COMMERCE
 Ambassadors (11-28, 11:30 a.m.) Forum Restaurant.
 Membership Luncheon (12-3, 11:30 a.m.) Forum Restaurant.
 Political Action (12-5, 8 a.m.) Gee Gee's Restaurant.
MULTI-SERVICE CENTER
 Foot Care (11-28, 1 to 4 p.m.) \$2 charge, sign up at the center, Enumclaw Senior Citizen Center, 1730 Wells St.
 Well-Child Clinic (11-28, 8 a.m. to 4 p.m.) By appointment only, call 833-8400, Multi-Service Center.
 Arthritis Club Meeting (11-29, 2:30 p.m.) Auburn Senior Citizens Center, 910 Ninth Ave. S.E., Auburn.
 No Immunizations at the Center (11-30).

Domestic Violence hotline

The Department of Social and Health Services (DSHS) Domestic Violence Program recently established a statewide 24-hour toll-free phone line to give information about programs for victims of domestic violence.

People needing information about shelters, counseling and other support services for violent families who want to stop the cycle of battering, can call 1-800-562-8194 (in Tacoma 593-2993)

In addition, a directory listing shelter programs throughout Washington State is also available by phoning (206) 753-4655, or writing the DSHS Domestic Violence Program, Mail Stop OB-42A, Olympia, Wash. 98504.

ARE YOU CAUGHT IN THE MIDDLE WHEN IT COMES TO AUTO INSURANCE?

Dangerous drivers drive up insurance costs. If you're a careful driver who's tired of paying for the other guy's mistakes, see us about SAFECO. The people they don't insure make SAFECO a good deal for those they do insure.

SAVE WITH SAFECO
 SAFECO Insurance Company of America
 Home Office - Seattle, Washington

POLLOCK INSURANCE AGENCY
 15027 MILITARY ROAD SO.
 244-3566

Sears Quantities and assortments are limited, so hurry in!

SURPLUS STORE

We sell first quality and discontinued merchandise from Sears Retail and Catalog Distribution. "Was" prices quoted are the regular prices at which the items were formerly offered by Catalog or in many Sears Retail stores around the country.

<p>SAVE \$6 Pizza Mite mini-baker</p> <p>Heats an 8-in. pizza or other frozen convenience foods. Measures 15" square, 5 1/2" high. Gold color.</p> <p>was \$13.99 7⁸⁸</p> <p>Reduced from our Fall retail store price</p>	<p>SAVE 1/3! Plush pile bath rugs, carpets, accessories</p> <p>6x8 ft. carpet was \$24.99</p> <p>16⁴⁴</p> <p>5/8 in. thick pile in many decorator colors. Machine washable. Carpet sizes range from 4x6 ft. to 6x10 ft.</p> <p>Reduced from our 79 "TB" Supplement</p>	<p>\$20 OFF Zodiac™ astrology computer</p> <p>When used in conjunction with the Zodiac™ manual, Zodiac™ can help you learn more about yourself, your friends, your past and future. Manual and astrological charts included.</p> <p>was \$44.99 24⁸⁸</p> <p>Reduced from our 79 Christmas catalog</p>
<p>31% OFF Craftsman® 6 pc. screwdriver set</p> <p>Craftsman® screwdriver set includes 3 slotted, 3 Phillips screwdrivers.</p> <p>was \$7.97 5⁴⁴</p> <p>Reduced from our 79 "BR" Supplement</p>	<p>SAVE \$3⁵⁵ Toughskins® jeans for girls</p> <p>Perma-Prest, pre-washed, navy Toughskins® jeans have elastic waist, boot leg. Girls regular sizes.</p> <p>were \$9.99 6.44</p> <p>Reduced from our 79 Fall and Winter catalog</p>	<p>HALF PRICE SALE Craftsman® miter box</p> <p>Use to make accurate cuts, with Kromedge® saw blade. 1-piece base and back of aluminum alloy.</p> <p>was \$76.99 38⁴⁴</p> <p>Reduced from our 79 Fall and Winter catalog</p>
<p>SAVE \$5 on Creepy Crawlers® Thingmaker II®</p> <p>Casts 24 weird, wiggly creatures...fun to make, fun to touch. Comes with electric cauldron, 3 molds, 4 Goop colors and accessories.</p> <p>4 color Goop refill, was \$4.97..... 2.88</p> <p>Reduced from our 79 Christmas catalog</p>	<p>SAVE \$20⁹⁹ .30-30 caliber lever action rifle</p> <p>Smooth lever-action ejects on downstroke chambers on upstroke. Solid walnut stock and forearm. Blued steel receiver and barrel.</p> <p>was \$119.99 \$99</p> <p>while 20 last Reduced from our 79 Fall and Winter catalog</p>	<p>SAVE \$20! Toughcord™ fabric bean bags</p> <p>Colorbright beanbags with a rugged polyester, rayon blend Toughcord™ fabric shell. Assorted solid colors available.</p> <p>were \$26.95 6⁶⁶</p> <p>Reduced from our 78 Christmas catalog</p>

SORRY, BUT WE CANNOT ACCEPT PHONE ORDERS

Satisfaction Guaranteed or Your Money Back

Sears SEARS, ROEBUCK AND CO.

Seattle Basement Surplus Store
 First South and Lander

Burien Surplus Store - 500 S.W. 150th

Store Hours:
 Mon. thru Fri. 9 a.m. to 9 p.m.
 Saturday 9 a.m. to 6 p.m.
 Sunday 12 noon to 5 p.m.

New Hours
 M, T, W. Sat 9:30 to 6
 Tu. & Fri. 9:30 to 9
 Closed Sundays

Apples adapt to work day meals

Quick week-night dinners benefit from the intrigue of international flavors and the appealing color, flavor and texture of Golden Delicious apples.

Adapting to a variety of flavor treatments, apples are a "natural" with robust German cookery - a delicate accent to an Oriental stir-fry - a crisp refreshing addition to an American baked ham and cheese salad.

For cooking purposes, the apples have many advantages - a full, sweet flavor that is complemented by numerous seasonings, juicy firm flesh that cooks quickly and holds its shape without becoming mushy when cooked.

BAVARIAN APPLES AND FRANKS

(Yield: 4 servings)
 3 tablespoons butter or margarine
 1 medium onion, cut in wedges
 2 stalks celery, sliced
 2 Golden Delicious apples
 1 pound frankfurters
 1/2 cup water, divided
 1/4 cup brown sugar
 1/4 cup cider vinegar
 1 teaspoon caraway seeds
 3/4 teaspoon salt
 1 tablespoon cornstarch

Melt butter or margarine in skillet. Add onion and celery; saute three minutes. Core apples and cut into wedges. Slice frankfurters crosswise in half;

score diagonally. Add apples and franks to skillet. Saute for another five minutes. Add one-fourth cup water, brown sugar, vinegar, caraway seeds and salt.

Cover and simmer gently until apples and vegetables are tender. Dissolve cornstarch in remaining one-fourth cup water. Stir into liquid in skillet. Cook until thickened and clear.

CANTONESE SHRIMP AND APPLES

(Yield: 4-5 servings)
 2 Golden Delicious apples
 1 bunch green onions
 1 green pepper
 1 tablespoon soy sauce
 One-third cup brown sugar
 1/4 cup vinegar
 1/2 cup water
 1/2 teaspoon ginger
 1/2 teaspoon monosodium glutamate
 3 tablespoons oil, divided
 12 ounces frozen peeled and deveined shrimp, thawed
 1 package (6 ounces) frozen pea pods, thawed
 4 teaspoons cornstarch
 2 tablespoons water
 Rice or chow mein noodles

Core apples and cut into wedges. Cut onions into one-inch pieces. Wash and seed green pepper; cut into strips. Combine soy sauce, brown sugar, vinegar, one-half cup water, ginger and

monosodium glutamate. Set aside.

Heat one tablespoon oil in heavy skillet or wok. Add shrimp. Stir fry over high heat until pink. Remove from pan. Add remaining oil, apples, onions, green pepper and pea pods. Stir fry two or three minutes. Remove.

Pour soy sauce mixture into skillet. When boiling, add cornstarch dissolved in two tablespoons water. Cook until thickened. Return shrimp, apples and vegetables to skillet. Stir until sauce coats all ingredients. Serve immediately with rice or chow mein noodles.

BAKED APPLE HAM SALAD

(Yield: 4 servings)
 1 Golden Delicious apple, cored and diced
 1/4 cup chopped onion
 1/2 cup diced celery
 1/4 cup diced green pepper
 2 cups diced cooked ham
 1 cup shredded sharp Cheddar cheese
 3/4 cup mayonnaise
 2 teaspoons prepared mustard
 Combine apple, onion, celery, green pepper, ham and cheese. Blend mayonnaise and mustard. Toss with ham mixture. Spoon into individual baking dishes. Bake in preheated 400 degree oven for 10 to 12 minutes, until heated through.

CARBONNADE OF PORK AND APPLES

(Yield: 6-8 servings)
 3 pounds boneless pork, cubed
 3 tablespoons oil
 12 to 15 boiling onions, peeled
 1 clove garlic, minced
 1/4 cup flour
 3 cups beer
 1 large Golden Delicious apple, cored and grated
 4 carrots, peeled and cut in chunks
 1/2 teaspoon oregano
 1/2 teaspoon thyme
 1 teaspoon salt
 1/2 teaspoon pepper
 3 Golden Delicious apples, cored and cut into wedges.

In Dutch oven, brown pork cubes on all sides in oil. Remove. Add onions and garlic; brown lightly. Remove. Blend in flour. Gradually add beer and cook until sauce is thickened. Stir in grated apple. Return pork and onions in pan. Add carrots and seasonings. Cover and bake in preheated 350 degree oven for one and one-half hours. Add apple wedges. Cover and bake 20 to 25 minutes longer.

Hot cooked rice
 Golden Ginger apples
 Saute onion and garlic in butter or margarine with curry powder until tender. Add chopped apples and celery; cook two or three minutes longer. Blend in flour. Add broth, milk and salt. Cook, stirring constantly, until thickened and smooth. Add chicken and heat through. Serve over rice, with Golden Ginger Apples.

GOLDEN GINGER APPLES
 2 tablespoons butter or margarine
 3 tablespoons sugar
 1 teaspoon ginger
 3 tablespoons water
 1 tablespoon lemon juice
 Dash salt
 3 large Golden Delicious apples, peeled, cored and cut in wedges

Melt butter in large skillet. Add sugar, ginger, water, lemon juice and salt. Add apples and toss to coat thoroughly. Cover and cook about five minutes. Uncover and cook until apples are tender, about five minutes longer, stirring gently now and then. Place around platter of Chicken Curry.

CHICKEN CURRY

(Yield: 6 servings)
 1/2 cup chopped onion
 1 clove garlic, minced
 3 tablespoons butter or margarine
 2 teaspoons curry powder
 1 cup cored and finely chopped Golden Delicious apples
 1/2 cup chopped celery



Why drive alone, when you can take a friend or two along? All across the country, folks are finding that carpooling pays. It saves effort. It saves fuel.

And it sure saves money. So carpool America! Share a ride with a friend.



A Public Service of This Newspaper, the U.S. Department of Transportation & The Advertising Council

We care for kids.. JOIN US!



HOLIDAY CARPET CLEANING SPECIAL

25% OFF

carpet magic "steam" machine

for the most dramatic carpet cleaning results you've ever seen!
 • Professional Results at a Low Do-It-Yourself Price!
 • Loosens and lifts the deepest dirt!
 Restores color and brightness to any type carpet!
 Cleans, Rinses, and Vacuums all in one!
 Dries your carpet as it cleans!



\$300 OFF COUPON

This coupon entitles the bearer to \$3.00 OFF the regular \$12.00 rental of a CARPET MAGIC "STEAM" MACHINE

RENTER'S NAME _____
 SIGNATURE _____
 DATE RENTED _____
 REPTAL / RECEIPT NO _____

OFFER EXPIRES 12-31-79 AT ALL WESTERN WASHINGTON ALBERTSON'S STORES EXCEPT LONGVIEW & VANCOUVER

FALL DINING GUIDE

Bumble Bee Chunk Light Tuna 6 1/2 oz. can **69¢**

Dole Pineapple Crushed, Sliced, Chunk 20 oz. can **59¢**

Bumble Bee RED Salmon 15 1/2 oz. can **\$2.89**

PET FOOD

FIGARO TUNA CAT FOOD 6.25 oz. **4/\$1**

FROZEN FOODS

WESTERN FAMILY WHIPPED TOPPING 13 1/2 oz. ea. **59¢**

WESTERN FAMILY 100% NATURAL ORANGE JUICE 12 oz. ea. **59¢**

WESTERN FAMILY BEEF, CHICKEN, TURKEY MEAT PIES 8 oz. ea. **29¢**

BEVERAGE

DOLE Pineapple Pink GRAPEFRUIT JUICE DRINK 46 oz. can **68¢**

PRICES EFFECTIVE THRU DEC. 1ST.

Johnny's

★ KENT East Hill Shopping Center 10245 S. E. 256th

★ COVINGTON Covington Park Shopping Center 17236 S. E. 272nd

★ FEDERAL WAY West Fair Shopping Center 31035 Maltby Road

★ DES MOINES 22705 Marine View Dr

★ RENTON Cascade Shopping Center 17036 116th S. E.

Hickory Farms Gifts of Ohio

Handmade, Fresh and Delicious

Big Round
 3 lb. BEEF STICK® Summer Sausage, 7 oz. Plain Gouda, 8 oz. Edam Stick, 12 oz. Mild Midget Longhorn, 7 1/2 oz. Belle Fleur (a natural French type semi-soft cheese), 5 oz. Smoky (smoked cheese bar) and Strawberry Bonbons. **\$28.98**
plus guaranteed delivery charge if shipped

Dutch Trio
\$7.98
plus guaranteed delivery charge if shipped

Half-Time
 1 lb. BEEF STICK® Summer Sausage, 8 oz. Medium Cheddar Stick, two 2 oz. Cheese Spreads, 8-count Yankee Trader® Tea Bags, 3 oz. Jar of Sweet-Hot Mustard, Lit' Oval Waters and Strawberry Bonbons. **\$13.98**
plus guaranteed delivery charge if shipped

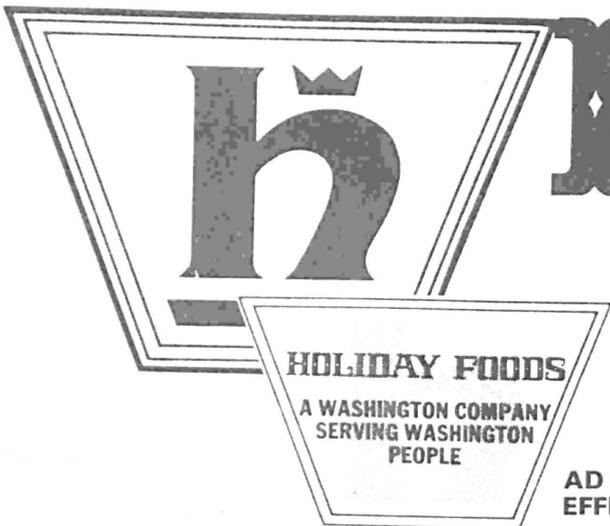
See these and many other fine gifts at...

Hickory Farms OF OHIO

126 different CHEESES
 World famous BEEF STICK

Big Red Barn by SeaTac Mall

VISA®
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HOLIDAY

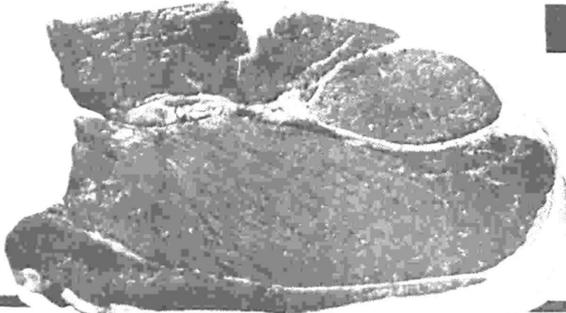
GREAT WESTERN



AD DATES EFFECTIVE

NOV. 28 thru DEC. 4 LIMIT RIGHTS

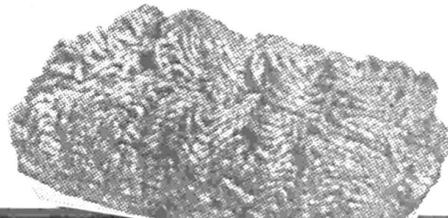
HOLIDAY MEATS!



BEEF BONELESS ROUND STEAK

USDA CHOICE, FULL CUT

\$1.89
LB.



OUR OWN GROUND BEEF

FRESHLY GROUND

\$1.29
LB.



BUMBLE BEE CHUNK TUNA

OIL OR WATER PACK, 6 1/2-OZ.

69¢

HOLIDAY

- PORK SPARERIBS** Under 3-Lbs. Lb. **\$1.39**
- FRYER BREASTS** Washington Grown Lb. **\$1.69**
- BACON** Rath Black Hawk Lb. **\$1.19**
- FRANKS** Hygrade Ball Park Lb. **\$1.59**
- BOLOGNA** Hygrade, 12-Oz. Pkg. Ea. **\$1.09**
- BEEF CUBE STEAK** Lb. **\$2.69**
- PORK LOIN CHOPS** Lb. **\$1.69**
- PORK RIB CHOPS** Lean & Meaty Lb. **\$1.49**

SPECIAL CUTS OF MEAT CUT TO YOUR NEEDS

BEEF T-BONE STEAKS



USDA CHOICE

\$2.98
LB.

BEEF SIRLOIN TIP ROAST



BONELESS USDA CHOICE

\$1.98
LB.

WHOLE FRYERS



GRADE A, WASH. GROWN

59¢
LB.



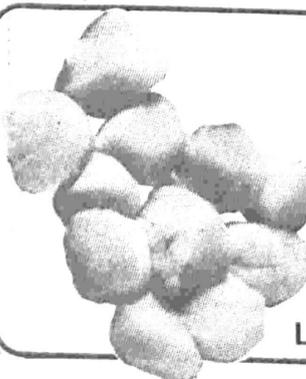
DARIGOLD YOGURT

ASSTD. FLAVORS 8-OZ.

4/\$1

SEAFOODS

SCALLOPS FROZEN



\$5.19
LB.

TURBOT FILLETS FROZEN
DIETER'S DELIGHT



\$1.39
LB.

RED SNAPPER FILLETS FROZEN



\$1.69
LB.

KIPPERED SALMON CHUNKS GOURMET DELIGHT



\$2.39
LB.

COKE, TAB, FRESCA SPRITE & MR. PIBB



REG. OR SUGAR FREE
6 PACK, 12-OZ. CANS
\$1.39

WINES

SEBASTIANI WINE
MOUNTAIN CHABLIS,
MOUNTAIN BURGUNDY,
MOUNTAIN VIN ROSE, 750 ML

\$1.89

JACARE WINE
WHITE ROSE, CRYSTAL BLANC,
HEARTY ROSE, 750 ML

\$2.29

DAIRY

CHEESE SLICES



KRAFT & KRAFT DELUXE ASST. FLAVORS 12-OZ. SIZE

\$1.59

MARGARINE Fleischmann Soft 2/8-Oz. Tubs **99¢**

SOUR CREAM Darigold, 8-Oz. **39¢**

PILLSBURY PLUS CAKE MIXES



5 FLAVORS, 18.75 TO 20.25-OZ.

69¢

FOODS

BEEF SALE

FOUR LOCATIONS 

**HOLIDAY FOODS
FEDERAL WAY**
1910 SOUTH 320TH
SEATAC VILLAGE

**HOLIDAY FOODS
RENTON**
16420 S.E. 128TH
CEMETERY ROAD

**HOLIDAY FOODS
SUMNER**
2211 MAIN STREET
HOLIDAY CENTER

**HOLIDAY FOODS
BLVD. PARK**
12000 DES MOINES
WAY S.

GROCERIES

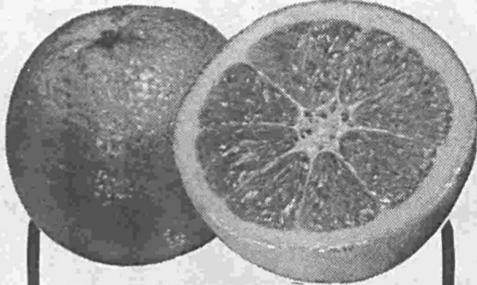
HOLIDAY PRODUCE



**FRESH AA
LARGE EGGS**

WESTERN
FAMILY
DOZ.

69¢

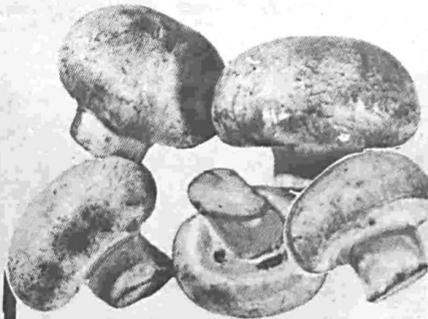


**NAVEL
ORANGES**

SUNKIST
SEEDLESS

LB.

29¢



**FRESH
MUSHROOMS**

8-OZ.
PKG.

89¢



**TENDER
BROCCOLI**

CALIFORNIA
GREEN

LB.

39¢



**JELL-O
GELATIN**

ASSTD.
FLAVORS,
6-OZ.

39¢

D'ANJOU PEARS Lb. **39¢**
SPINACH Young, Tender Bunch **3/\$1**
BELL PEPPERS Ea. **5/\$1**

CARROTS 2-Lb. Cello Bag Ea. **39¢**
POTATOES Russet, Baking Size Lb. **19¢**
HONEYDEW MELON .. Lb. **25¢**

FROZEN FOODS

BAKERY

ORANGE JUICE
WESTERN FAMILY
12-OZ. CAN **69¢**

ORE-IDA POTATOES CRINKLE CUT OR TATER TOTS, 16-OZ. 49¢	FISH STICKS GORTON'S BATTER-FRIED, 14-OZ. \$1.89	FRUIT JUICE TREE TOP PEAR-GRAPE, 12-OZ. 86¢	ON-COR DINNERS BEEF STEW OR MEAT LOAF, 32-OZ. \$2.39
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**CREAM
HORNS**
2/89¢

**CINNAMON
ROLLS**
SWEET
6/89¢

**NISSIN
CUP-O-NOODLES**
5 VARIETIES, 2.5-OZ.
49¢

SPECIAL BUYS

**FIGARO
TUNA
CAT FOOD** Tuna, 6-Oz. **4/\$1**

CONCENTRATED ALL 3B, 20-Lb. **\$8.19**
INSTANT COFFEE Hills Bros., 10-Oz. **\$4.99**
HILLS BROS. COFFEE Auto/Drip, Reg., 39-Oz. **\$7.89**
TOFFIFAY CANDY 1.16-Oz. **4/\$1**
VELAMINTS 3 Flavors, .96-Oz. **29¢**
FROSTING Pillsbury, Ready-To-Spread 4 Flavors, 16.5-Oz. **\$1.09**

MUFFINS Cheese, Wheat or White, Pkg. of 6 **55¢**
WHEAT BREAD Cracked, 22½-Oz. Loaf ... **57¢**
KAISER ROLLS Crusty **6/99¢**

**PURINA
DOG CHOW**
25 POUND BAG
\$5.99

**HILLS BROS.
COFFEE** Reg., Auto. Drip, 3-Lb. **\$8.99**
**CARNATION
COFFEE MATE** Powd., 22-Oz. **\$1.99**

GENERAL MERCHANDISE

**READER'S
DIGEST** EACH
79¢

**CREST
TOOTHPASTE** REG. OR MINT, 5-OZ.
89¢

**SCOPE
MOUTHWASH** 24-OZ.
\$1.69

How do you make stuffing? Let me count the ways

To some people the stuffing almost makes the bird, and stuffings are as varied as the tastes of the people who eat them. The following is a tried and tested savory stuffing for a 15 to 20 pound turkey. It lends itself well to variations:

TURKEY STUFFING

Giblets, neck and wing tips
 3 cups water
 2 teaspoons salt
 ¼ teaspoon pepper
 2 teaspoons poultry seasoning (optional)
 1 medium onion
 3 cups celery, finely chopped
 6 cups toasted bread cubes (not packed)
 Put giblets, neck

and wing tips in covered saucepan with salt and water, and simmer slowly at least three hours. Spread bread cubes in shallow pan, and toast them in the oven. If you use the broiler, watch them.
 Lift turkey parts from hot broth, add finely chopped onion,

and bring to boil. Remove from heat, add celery, pepper and poultry seasoning, then bread cubes. Mix lightly, and if you plan to roast the turkey immediately, fill with warm stuffing. If roasting later, possibly for the next day, cool stuffing thoroughly before fill-

ing bird.
 If you want oyster stuffing only in the neck cavity, one half cup oysters, sauteed in butter and sliced will be plenty for one to two cups stuffing.
 To add sausage to half of the rest, use about a half pound. Brown it thoroughly, and pour off surplus

fat.
GIBLET STUFFING
 Slice the boiled giblets which were cooked tender to make broth. Add them to the stuffing. Turkey giblets can often be found wrapped separately at meat counters for those who want more giblets than come with one

turkey.
CORNBREAD STUFFING
 Use the above basic recipe substituting cornbread, broken or diced, for the bread cubes. Cornbread may be either made from "scratch" or from a package, but if making it especially for stuffing bake it in

a large, shallow pan so that it will be thin and crisp.
WALNUT OR PECAN STUFFING
 Add one cup either walnuts or pecans to basic recipe. Chopped cashews are good too, and the flavor added by any of these is delicious.

MUSHROOM STUFFING
 Thoroughly wash, dry and slice one-half pound of fresh mushrooms. Saute in butter or margarine, and add to basic stuffing recipe.

Service honors helpers

The King County Cooperative Extension Service recently honored 35 Master Canner Volunteers for service in providing food preservation information to the residents of King County.

Master Canners are trained volunteers who are available to answer food preservation questions between June 1 and mid-October each year. More than 9,000 callers were assisted on the hotline which operated from 9 to 9 daily during the season. Another 6,000 people were helped at clinics in local consumer cooperatives, fruit stands, and fairs, and also in food preservation workshops held in public libraries and local churches.

Those honored completed more than the required 50 hours of volunteer service. According to residence and number of years of service, they are as follows:

Kent: Nancy Streifert, three years; Elsie Hall, two years; Jeanne Zink, one year.

Auburn: Amanda Graham, one year.

Renton: Grace Fisher, two years; and Susan Miller, one year.

Enumclaw: Jackie Johnson, four years and Linda Fisher, one year.

Bellevue: Vickie Larson, three years and Marsha Williams, one year.

Kirkland: Shirley Lindahl, four years and Eloise Schroege, four years.

Woodinville: Barbara Hollerbach, one year.

Seattle: Alice Bladin, three; Joanne Burton, one; Sharon Feucht, one; Maxine Gorsline, one; Maggie Haines, one; Patty Howell, one; Joyce Klaport, one; Jim and Mary Rose Meehan, two; Frank and Kathryn Mellott, one; Jerene Morford, one; Martha Moulton, one; Geneva Norton, three; Lee Sparks, one; Irene O'Neill, three; Jacky Pecotee, one; Becky Perbix, three; Marla Reynolds, three; Pam Sovold, one; Tom Tsutakawa, one.

JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50

BAR-S SMOKED PICNICS

68¢ LB.

6-8 LB. AVG. WATER ADDED

MORE MEAT VALUES

SWIFT HAM PATTIES 10 1/2 oz. PKG.	1.59	TENDER MAID PORK FRITTERS BULK PKG. LB.	1.49
SWIFT BROWN & SERVE LINK SAUSAGE 8 oz. PKG.	1.19	BALL PARK FRANKS HYGRADE LB. PKG.	1.69
BAR-S THICK OR THIN SLICED BACON LB.	1.39	ARMOUR DINNER FRANKS 2 LB. PKG.	3.29
BOY BLUE CORN DOGS BULK PKG. LB.	1.49	DANOLA CHIPPED MEATS 2 OZ. PKG.	39¢
TENDER MAID BEEF FRITTERS BULK PKG. LB.	1.49	BAR-S SLICED BOLOGNA OR SALAMI LB.	1.49

SEAFOOD SAVINGS

FLASH FROZEN, HEAD OFF SALMON ALASKA SILVER 6-9 LB. AVG. **3.49** LB.

SHRIMP MEAT OREGON **5.69** LB.

LOBSTER TAIL RED ROCK 4 TO 6 OZ. **7.19** LB.

ELK BEEF STEAKS LB.	\$1.69	PORK TENDER LOINS FARMLAND FRESH LB.	\$2.39	ALL VEAL STEAKS USDA CHOICE PROVIMI DELFBLE LB.	\$2.29
SHORT CHOICE LB.	\$1.49	BEEF CUBED STEAKS USDA CHOICE BONELESS LB.	\$2.29	ARMOUR CANNED HAM 3 TO 5# ZIP TOP CANS LB.	\$1.89

PORK SPARE RIBS

5 TO 8 LB. AVG.

78¢ LB.

Food Stock-Up Sale

PURINA HIGH PROTEIN DOG MEAL

50 LB. **\$10.49**

SAVE \$2.00

DEL MONTE TOMATO CATSUP

32-oz. **79¢**

SAVE 34¢

NALLEY WHOLE EGG MAYONNAISE

48 oz. **\$1.79**

SAVE 36¢

BUDGET SAVERS

LIBBY LITE FRUIT COCKTAIL 16 OZ.	63¢
LIBBY CHUNKY MIXED FRUIT 17 OUNCE	63¢
LIBBY LITE PEACHES, SLICED 16 OUNCE	59¢
LIBBY LITE BARTLETT PEAR HALVES 16 OUNCE	68¢
C & C FRENCH FRIED ONIONS 3 OUNCE	55¢
BIG TATE MASHED POTATOES 28 OUNCE	\$1.45
SMUCKERS SWEET ORANGE MARMELADE 18 OUNCE	99¢
SMUCKERS MINT FLAVOR APPLE JELLY 10 OUNCE	67¢
JOHNSONS EX. ABSORBENT DISP. DIAPERS 18 PK.	\$2.45
NATURE VALLEY GRANOLA BARS 5 FLAVORS, 10 OUNCE	\$1.13
BETTY CROCKER PIE CRUST STICKS 22 OUNCE	\$1.25
GRAHAM CRACKER REDY CRUST 6 OUNCE	75¢
FIRESIDE GRAHAM CRACKERS DELUXE CHOC. 11 OZ.	82¢
FIRESIDE VANILLA WAFERS 12 OUNCE	62¢
FIRESIDE SNACK & PARTY CRACKERS 11 OUNCE	67¢
PILLSBURY BEST BREAD FLOUR 10 POUND	\$2.25
CHIFFON ASSORTED NAPKINS 60 COUNT	63¢
VERNELL BUTTER MINTS PARTY MIX OR REG. 7 OUNCE	59¢
M & M CHOCOLATE CANDY PLAIN, PEANUT, 15 OZ.	\$1.95
REALEMON LEMON JUICE 24 OUNCE	99¢
FARMANS CUCUMBER CHIPS 22 OUNCE	79¢
EARLY CALIFORNIA OLIVES MED. PITTED, 6 OZ.	83¢
MISSION EGG NOODLES WIDE, EX-WIDE, MED. 12 OZ.	69¢
DROMEDARY CHOPPED DATES 8 OUNCE	\$1.03
DROMEDARY PITTED DATES 8 OUNCE	99¢
DEL MONTE PITTED PRUNES 12 OUNCE	\$1.13
PENNANT BRILLIANT FRUIT CAKE MIX 16 OUNCE	\$1.15
PENNANT CHERRIES GREEN, RED, 8 OZ.	\$1.15

WESTERN FAMILY REAL CHOC. CHIPS

12 OZ. **\$1.39**

SAVE 54¢

PILLSBURY FUDGE BROWNIE MIX

22 1/2 OZ. **\$1.19**

SAVE 30¢

SIX PACK CANS COCA COLA

12 OZ. **\$1.39**

SAVE 50¢

NALLEY'S CHILI W/BEANS

40 OZ. **\$1.49**

SAVE 40¢

MRS. FILBERT'S, GOLDEN QUARTERS MARGARINE 1 LB.	53¢	WESTERN FAMILY CREAM CHEESE 8 OZ.	65¢
DARIGOLD, MEDIUM CHEDDAR LOAF 2 LB.	\$3.89	GOLDBACH SWISS FONDUE 14 OZ.	\$2.09
KRAFT ORANGE JUICE 64 OZ.	\$1.49	LAUGHING COW CUBES 6 OZ.	99¢
KAUKAUNA SHARP, SWISS CHEESE LOG W/ALMONDS 12 OZ.	\$1.89	DUKE DANISH CAMEMBERT CHEESE 4 1/2 OZ.	\$1.29

CLASSIFIED ADS have come a long way



Classified ads as we know them have been found in the papyri of ancient Egypt, mostly advertising for the return of run-away slaves. And from the ancient Egyptian papyri to today's computerized printing, the Classified ad has been used to buy, sell and announce.

Call **Classified 839-9520 927-2424**

JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50

These Hush Puppies aren't for walking

Ask most people what Hush Puppies are and they'd tell you that it's a well-known brand of walking shoe, but that's not true of the sunny Southland. Hush Puppies are a kind of deep fat fried corn bread that may be seasoned a little

differently in North Carolina or in Georgia, but whatever the seasoning, they are universally popular and not too much bother to make if you are deep fat frying fish or chicken anyway. Northerners have been known to enjoy them

just as much as people south of the Mason-Dixon Line. Here is a recipe:

ONION HUSH PUPPIES
 1/4 cup flour
 1 teaspoon baking powder

1 teaspoon salt
 1 1/4 cups white cornmeal
 1 1/2 cups boiling water
 1 egg, beaten lightly
 One-third cup minced onion
 Sift dry ingredients together into a bowl. Stir in water, then egg, stirring until smooth. Stir in onion,

and drop by tablespoons into hot deep oil (360 degrees) and fry to golden brown, three to four minutes. Drain on paper towel.
 Since the article suggests that hush puppy seasonings vary from one region to another and that

the thickness of the dough varies from one you can drop from a spoon to one that can be formed into oval shapes or balls, I don't think you could go far wrong to use a cornbread mix adding only enough water or milk to make a reasonably stiff dough.

Albertsons® Our Meat Specials

BONELESS HAM
 Maple River
 Water Added, 5-7 lb. Average

1.59 LB.
 Bonus Buy!

LARGE EGGS
 Grade 'AA'
 Albertson's One Dozen

69¢
 Bonus Buy!

CHUNK TUNA
 Bumble Bee
 In Water or Oil, 6.5 Ounce Tin

69¢
 Bonus Buy!

GUARANTEED MEATS
BEEF ROUND STEAK

 Bone In, Full Cut U.S. Choice
1.99 LB.
 Bonus Buy!
 USDA CHOICE
 U.S. Choice
BEEF ROUND STEAK BONELESS \$2.09 LB.
 U.S. Choice
 Not exceeding 23% fat
Lean Ground Beef 1.69 LB.
 Parade
Pork Link Sausage 1.59 LB.
 Bar-S, 4-8 Lb. Average
Smoked Picnics 79¢ LB.
 Sliced and Tied
Smoked Picnics 85¢ LB.

HEAT 'N' EAT BREADED SEAFOODS!
FILLETS **WHITING** **SHRIMP**

1.79 LB.
 Bonus Buy! Breded Sole, Perch or Turbot

1.59 LB.
 Bonus Buy! Breded, Fully-Cooked

3.69 LB.
 Bonus Buy! Breded, Fully-Cooked

FRESH CUT-UP FRYERS

 Grown in WASHINGTON
 Economy Pack, Washington Grown
69¢ LB.
 Bonus Buy!

MEAT DELI SPECIALS

JANET LEE SLICED BACON 1.09 LB.
 Regular or Thick, Lean and Flavorful!
 Janet Lee, 7 Varieties, 8 Ounce
Lunch Meats 95¢ Ea.
 Meat or Beef, 12 Ounce
Janet Lee Wieners 1.09

WINE SHOPPE
JACQUES BONET CHAMPAGNE 2.49 750 Milliliters
LANCERS ROSE 3.99 750 Milliliters
MOUNTAIN CABERNET 4.69 1.5 Liter
CARLO ROSSI BURGUNDY 3.99 3 Liter
 Bonus Buy!

IN-STORE BAKERY BUYS
RAISED DONUTS

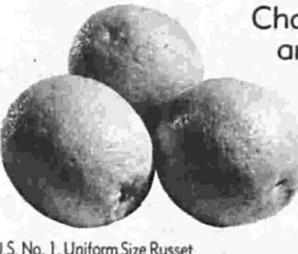
 Glazed or Sugared, Made fresh daily in our own ovens!
10¢
 Bonus Buy!
 Reg. 6/ \$1.29 EACH ONLY
GLAZED CINNAMON PULL-APARTS

 Regular \$1.29
89¢ EA.
 Bonus Buy!
CAKE OF THE WEEK: "ROCKY ROAD"

 7 Inch, 2 Layer cake
 Delicious family favorite!
3.49 EA.
 Bonus Buy!
PLAIN or SEEDED FRENCH BREAD 2.19 FOR
 Un sliced White or Wheat, 15 Ounce, Regular 69¢

cookie credit cards
 They're free... Get one for your child. Works like any credit card - but the cookies are free too when accompanied by an adult. Ask us.

 Albertsons

FARM FRESH PRODUCE
NAVEL ORANGES

 Choice Grade, Sweet and Full of Juice!
5 LBS. FOR **\$1**
 Bonus Buy!
Baking Potatoes 5 Lbs. \$1 For
 U.S. No. 1, Uniform Size Russet
CITRUS PUNCH 1.29 EA.
 Sunny Delight Florida, 64 Ounce Plastic Decanter
Bulk Carrots 29¢ LB.
 Crisp, Tender, Vitamin-Rich
Hubbard Squash 12¢ LB.
 Bake With Butter and Cinnamon!
Unpitted Dates 1.79 Ea.
 Holiday Favorite! 1 1/2-Lb. Bag California
GOLDEN DELICIOUS APPLES 3.19 LBS. FOR
 Fancy Washington, Hard and Crisp!
 Bonus Buy!

WE JUST CAN'T WAIT

On a budget?
Give a wine-tasting party

If you enjoy entertaining, but your budget doesn't allow for lavish parties, here's an idea for hosting a relatively inexpensive get-together; have a wine-tasting party!

Invite each of your guests to bring a bottle of his or her favorite wine to be "judged" by a panel of "experts" and possibly, awarded a certificate of merit or a prize. Everyone will want to sample the contending wines, of course, and will have a good time in the process.

A successful wine-tasting party will take some organizing, but is worth the effort.

If you have any self-styled wine experts in your group, appoint them as judges and have them sample the different wine varieties first, while everyone gathers around. They can select the best wines in three categories: red, white and rose.

Compose an amusing certificate of merit for each category, to be presented and accepted with flourishes and speeches, along with prizes, such as bottles of champagne. Serve a variety of cheeses to complement the many wines that will be sampled during the evening. Have mild cheeses such as Muenster and mozzarella to go with the roses; cheddar and blue cheeses will complement red wines, while Swiss, gouda, and provolone can accompany the white varieties. (If you have a fondue set, this is a good opportunity to enjoy it.)

While your wine-tasting party will undoubtedly be all in the spirit of fun, it can provide an opportunity to learn more about wines at the same time.

Trim Your Budget!



CANNED CORN

Janet Lee

Whole Kernel or Cream Style, 17 Ounce Tins

41 FOR

Bonus Buy!

PAPER TOWELS

Coronet

125 Count Roll

55¢

Bonus Buy!

LOWFAT YOGURT

Albertson's

Boysenberry, Strawberry, Cherry, Blueberry, Peach, Raspberry, Plain or Blackberry, 1/2 Pint

41 FOR

Bonus Buy!

GROCERY SPECIALS

BLUE MOUNTAIN BRAISED CHUNKS 10⁹⁹

Beef Flavor Dog Food, 50-Lb. Bag

TABLE MAID CUBES SPREAD 39¢

20% Less Calories Than Margarine! One Pound

Assorted Flavors, Quart	1 ²⁹	Coronet 2-Ply, 200 Count	65¢
1880 Ice Cream		Delta, 8-Roll Pack	1 ⁷⁹
Six Pack	99¢	Bathroom Tissue	
1880 Ice Cream Bars		Disposable Diapers, 30 Count	2 ⁸⁹
Puritan, 48 Ounce	2 ⁶⁹	Pampers Daytime	
Vegetable Oil		Disposable Diapers, 12 Count	1 ⁵⁹
11 Ounce Bottles, 4-Pack	1 ⁹⁹	Pampers Overnight	
Perrier Water		Janet Lee, 8 Pack	1 ⁰⁹
Creamy or Crunchy, 28 Ounce	1 ⁹⁹	Chocolate Sticks	
Jif Peanut Butter			

DELI SHOPPE

FEDERAL WAY ONLY

9-PIECE CHICKEN 2⁹⁹ EA.

Pressure-Fried, Tender and Juicy, Reg. \$3.99, Save \$1.00!

Bonus Buy!

Smoked, Reg. \$2.79 Lb., Save 50%!
Rope Sausage Lb. 2¹⁹

Cooked, Reg. \$3.49 Lb., Save 70%!
Turkey Pastrami Lb. 2⁷⁹

Fresh, Reg. \$1.09 Lb., Save 30%!
Cole Slaw Lb. 79¢

SWISS CHEESE Lorraine, Reg. \$4.29 Lb.
2⁹⁹ LB.
Bonus Buy! SAVE \$1.30!

FROZEN FOODS

JANET LEE ORANGE JUICE 69¢

12 Ounce Frozen Concentrate

12 Ounce Concentrate

Snow Crop 5-Alive 79¢

Frozen Potatoes, 16 Ounce

Ore-Ida Tater Tots 49¢

Mrs. Smith's Frozen 9 Inch, 46 Ounce

Natural Apple Pie 1⁹⁹

Frozen Carrot or Chocolate Zucchini, 15 Ounce

Oregon Farms Cakes 1⁴⁹

WAKEFIELD SNOW CRAB MEAT 2⁹⁹

ALASKA SNOWS Crabmeat Frozen Cooked, 6 Ounce

Bonus Buy!

BUTCHER BLOCK

FEDERAL WAY ONLY

Fresh Filet of **RED SNAPPER** Lb. \$1⁵⁹

Reynolds Aluminum Recycling Pays 27¢ a lb.

CASH FOR ALUMINUM CANS

AND OTHER CLEAN HOUSEHOLD ALUMINUM AT ALBERTSONS/REYNOLDS MOBILE CENTER

PHONE (TOLL FREE): 1-800-542-7868

FOR PICK-UP LOCATIONS

Give the gift that fits everyone.

Albertsons Gift Certificate

Available in any amount up to \$25 for any kind of food, including turkey, ham or trimmings for a holiday dinner!

Here's a gift you know will be appreciated and used by everyone on your list.

Order Gift Certificates today from your Albertsons Store Director.

GLAD PRODUCTS SALE!

GARBAGE BAGS Glad, 30 Count 99¢

PLASTIC WRAP Glad, 200 Ft. 99¢

SANDWICH BAGS Glad, 150 Count 89¢

Deck the Halls with m&m's PLAIN CHOCOLATE CANDY 15 Ounce 1⁸⁹

IVORY LIQUID 32 Ounce Detergent 1⁴⁹

Bonus Buy!

Albertsons

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PRICES EFFECTIVE NOVEMBER 28-DECEMBER 4, 1979

Right to Limit Reserved.

AVAILABILITY
Each of these advertised items is required to be readily available for sale at or below the advertised price in each Albertson's store, except as specifically noted in this ad.

RAIN CHECK
We strive to have on hand sufficient stock of advertised merchandise. If for any reason we are out of stock, a RAIN CHECK will be issued enabling you to buy the item at the advertised price as soon as it becomes available.

TO SAVE YOU MONEY.

Favorite holiday traditions

Every family has its favorite holiday traditions, all designed to make the last of the year a most memorable season. There's the preparation of cheese treats, cookie or candy tempters or little fruitcakes, some to give, some to keep. Whatever your pleasure, these will help you celebrate the merriest holidays of the year!

CONFETTI CHEDDAR LOG

(Yield: 1 serving)

1 package (3 ounces) cream cheese, softened
2 cups (8 ounces) shredded cheddar cheese
¼ cup pitted chopped ripe olives
2 tablespoons chopped pimiento, drained
2 tablespoons chopped green pepper
1 teaspoon worcestershire sauce
Chopped slivered almonds
Beat cream cheese until fluffy. Beat in cheddar cheese. Stir in olives, pimiento, green pepper and worcestershire; blend well. Shape into rolls on waxed paper. Coat well with almonds.
Cover and chill several hours to allow flavors to blend. Allow to stand at room temperature about 30 minutes before serving with assorted crackers.

CHEESE RAREBIT

(Yield: 8 servings)

¼ cup (one-half stick) butter
¼ cup chopped onion
4 cups (one pound) shredded cheddar cheese
1 can (10-¾ ounces) condensed cream of mushroom soup
½ teaspoon

worcestershire sauce
¼ teaspoon curry powder
1 egg, slightly beaten
Melt butter in a heavy skillet; saute onion until tender, about five minutes. Add cheese and cook over low heat, stirring constantly, until cheese is melted and it blends into butter. Blend in soup, worcestershire, and curry powder until well combined. Add egg slowly, stirring constantly, until well blended.

Serve over sliced turkey or ham, or buttered toast points. Garnish with green pepper rings and pimiento cut into star shapes, if desired.

OYSTER STEW

(Yield: 6 cups)

¼ cup (one-half stick) butter
2 tablespoons flour
1 teaspoon salt
Dash pepper
1 pint fresh oysters with liquor (see note below)
3 cups milk
Melt butter in a 3-quart heavy saucepan; stir in flour, salt and pepper until smooth. Add oysters with liquor; simmer until edges of oysters begin to curl. Stir in milk. Bring to serving temperature over low heat, stirring constantly.

Note: If fresh oysters are not available, two cans (10-ounces each) frozen oysters with liquor, thawed, may be substituted.

CINNAMON NUT BREAD

(Yield: 1 loaf)

¼ cup (one-half stick) butter
¼ cup chopped onion
1 can (10-¾ ounces) condensed cream of mushroom soup
2 eggs
2-½ cups all-purpose

flour
1-½ teaspoons cinnamon
1-½ teaspoons baking soda
¾ teaspoon baking powder
½ teaspoon salt
1-½ cups dairy sour cream
1-½ cups chopped nuts
Cream butter; add sugar gradually and

beat until light and fluffy. Beat in eggs, one at a time, beating well after each addition. Combine flour, cinnamon, baking soda, baking powder and salt. Add to creamed mixture alternately with sour cream; beat well after each addition. Stir in nuts. Spread

batter evenly in a well-buttered 9-by-5-inch loaf pan.
Bake in preheated 350 degree oven until wooden pick inserted in center comes out clean, 65 to 70 minutes. Let cool in pan 10 minutes. Remove from pan and cool completely on wire rack. Wrap

tightly in plastic wrap and store 24 hours before serving.
CHRISTMAS ORNAMENT COOKIES
(Yield: 6 dozen)
½ cups (one stick) butter
Two-thirds cup firmly packed brown sugar
1 egg

One-third cup molasses
2-¾ cups all-purpose flour
1 teaspoon baking soda
1 teaspoon salt
2 teaspoons cinnamon
1 teaspoon ginger
½ teaspoon nutmeg
Cream butter; gradually add sugar, beating until well

blended. Beat in egg and molasses. Combine flour, soda, salt and spices. Add to creamed mixture; blend well. Chill one to two hours.
Use about one-third of dough at a time. Roll on lightly floured surface to one-eighth inch thickness. Cut into assorted shapes.

Make hole in top of cookie with a straw, for threading yarn through after baking. Bake on un buttered cookie sheets six to eight minutes in preheated 375-degree oven. Cool completely on wire racks. Decorate as desired. Thread with yarn and hang on tree.

Everyday Low Discount Prices

Variety, Selection and low, discount prices in every department...



Over 200 Cuts of GUARANTEED meats!

Lucky gives you more than low, everyday prices on over 200 cuts of meat, fish and poultry. Lucky gives you a guarantee of satisfaction on every cut of meat you choose. If for any reason you're not satisfied, just return the label with proof of purchase and Lucky will give you a FULL REFUND! More meat for your dollar...with satisfaction guaranteed - Lucky Has It!



Over 100 varieties of Fresh Produce!

Whatever the season, you'll always find a tempting selection of succulent fruits and vitamin-rich vegetables at your neighborhood Lucky store...over 100 varieties! And winter, spring, summer or fall...there's never any season to Lucky's year-round savings. Lucky puts the crunch on your table-not on your budget!

All your favorite cuts of meat at Low Prices!

 Beef Round Steak Full Cut USDA Choice lb. 1.98	 Frying Chickens Grade A (Cut Up, lb. .87) Whole Body...lb. .53
Pork Shoulder Butt Roast Fresh - Boneless lb. .98	Beef Blade Chuck Roast USDA Choice lb. 1.18
Fresh Ground Beef lb. 1.29	Fresh Spareribs 3 lbs. and Under lb. 1.28
BEEF FLANK STEAKS USDA Choice...lb. 2.78	BEEF TOP ROUND STEAKS Boneless...lb. 2.58
BEEF CUBE STEAKS USDA Choice...lb. 2.58	BEEF BOTTOM ROUND STEAK Boneless...lb. 2.48
CORNED BEEF BRISKET Boneless, Mortons Brand...lb. 1.88	BEEF CHUCK STEAKS Bone In...lb. 1.49
BEEF STEW USDA Choice...lb. 1.98	PORK BLADE STEAKS lb. 1.38
SLICED BACON Hygrade West Virginia or Fiesta, 1 lb. Pkg...lb. 1.39	PORK LINK SAUSAGE lb. 1.69
CORN DOGS & BEEF BURRITOS Senior Blue...lb. 1.19	QUARTER PORK LOIN CHOPS & STEAKS Chops and Steaks cut from 17-20 lb. Avg. Loins...lb. 1.54
FRESH BEEF HEARTS lb. 1.28	HYGRADE BONE-IN HAMS Butt End or Shankless Half Hams, 5-7 lb. Avg...lb. 1.38
FRESH BEEF LIVER Sliced...lb. .98	LEG OF LAMB USDA Choice...lb. 2.39
WHOLE PINK SALMON Frozen, 3-5 lb. Avg...lb. 1.78	SHOULDER LAMB STEAKS Bone In...lb. 2.39
KIPPERED SALMON SNACKS lb. 1.78	LAMB SHANKS USDA Choice...lb. 1.39
RED SNAPPER lb. 1.69	<small>The meat ad is not effective on Sunday, December 2, 1979 due to staffing problems. However, all available items are priced as marked.</small>
FILLET OF SOLE lb. 2.49	
FRESH MEDIUM OYSTERS 10 oz. jar...jar 1.78	

Key Buys mean added savings ... Compare & Save!

Del Monte Fruit Cocktail 17 oz. .49	Del Monte Apricot Nectar 46 oz. .89
FISHERS ZOOM CEREAL 16 oz. .59	Del Monte Cut Green Beans Regular 16 oz. .39
CRISPY RICE CEREAL Lady Lee 13 oz. .92	SOFT MARGARINE Lady Lee 1 lb. .64
RAISIN BRAN CEREAL Lady Lee 20 oz. 1.28	DESSERT TOPPING Reddi Whip 7 oz. 1.09
BIRDSEYE TINY PEAS Frozen 10 oz. .58	HUNT'S KETCHUP 14 oz. .42
Del Monte Stewed Tomatoes 16 oz. .39	STEA SAUCE Heinz 57...10 oz. 1.29
TOMATO SAUCE Hunt's 29 oz. .76	Del Monte Corn Whole Kernel or Cream Style 17 oz. .35
RED CHILI BEANS Hunt's 15 1/2 oz. .42	CARNATION POTATOES Frozen-French Fried or Tater Pops 32 oz. .97
SWISS MISS COCOA Regular, Lite or with Marshmallows, 12 Envelopes 1 oz. 1.39	MINUTE MAID LIMEADE Frozen 12 oz. .59
SAFFLOWER OIL Saffola 24 oz. 1.35	LADY LEE MARGARINE Quarters 1 lb. .53
Del Monte Spinach 15 oz. .39	Nissin Cup-O-Noodles Beef/Onion, Chicken, Beef, Shrimp or Pork 2 1/2 oz. .47
RASPBERRY PRESERVES Lady Lee 18 oz. 1.29	Minute Maid Frozen Orange Juice 12 oz. .89
NATURAL APPLESAUCE Seneca 24 oz. .67	Van De Kamp Bakery Items
POTATO BUDS Betty Crocker 18 1/2 oz. 1.13	APRICOT/PINEAPPLE DANISH 13 oz. 1.51
PEELED TOMATOES Hunts - Whole 28 oz. .79	PLAIN CAKE DOUGHNUTS 10 1/2 oz. .98
Glad 3 Mil Trash Bag 15 Ct. 2.29	VANILLA CHOCOLATE ROYALE Angel Food Cake 36 oz. 3.60
SALT-PEPPER SHAKERS Morton 5 1/2 oz. .75	POULTRY DRESSING - BAG 7 1/2 oz. .66
PANCAKE SYRUP Mrs. Butterworths 24 oz. 1.29	C & H SUGAR 10 lb. 2.39
Lady Lee Cereal Raisin Bran 20 oz. 1.15	SLICED FRENCH BREAD Harvest Day 15 oz. .39
DIAL SOAP Gold Bar 3 1/2 oz. .31	Pepsi Cola Mountain Dew Regular, Diet, Light Non-Returnable 2 Ltr. 1.13
PAPER TOWELS Lady Lee-Green, White, Yellow or Decor, 1 Ply 125a. .62	GREEN 3' TREE Artificial Each 5.99
WASTE BASKET BAGS Hefly 20s. 1.19	CHRISTMAS CARDS pg. .94 to 4.97
Oregon Farms Carrot Cake 17 oz. 1.55	4 ROLL 30" PAPER pkg. 1.77
APPIAN WAY PIZZA MIX 12 1/2 oz. .65	4 ROLL 30" FOIL/FOILTONE pkg. 1.77
GOLDEN GRAIN DINNERS Stir N Serve-Lasagne, Spaghetti or Beefy Rice 7 oz. .74	13 RIBBON TRAY pkg. .97
PILLSBURY FLOUR 5 lb. 1.15	36 JEWEL BOW BAG bag. .84
BEEF RAVIOLIS Chef Boy-Ar-Dee 40 oz. 1.56	30" PAPER pkg. 1.57
LADY LEE ICE CREAM Assorted Flavors 1/2 gal. 1.09	30" PRINTED & SOLID FOIL pkg. 1.57

Pumpkin desserts with microwave

The colors of Autumn are deep and golden, so, what flavor is more appropriate at this time than pumpkin? The versatility of this seasonal favorite is evident in the unique recipes that follow.

"Pumpkin Cheesecake" offers a change of pace from the traditional pumpkin pie, a change that your family is sure to enjoy! The graham cracker crust compliments the rich pumpkin filling and proves to be a winning combination.

PUMPKIN CHEESECAKE

(Yields: 6 servings)

One and two-thirds cups graham cracker crumbs
¼ cup butter
¼ cup sugar
3 (three ounce) packages cream cheese
¾ cup sugar
1 (16 ounces) can pumpkin
1-½ tablespoons flour
1 teaspoon cinnamon
½ teaspoon ginger
¼ -teaspoon ground cloves
3 eggs
½ teaspoon vanilla
In medium glass bowl, melt butter one minute on Full Power. Add graham cracker crumbs and one-fourth cup sugar and combine thoroughly. Pour crumb mixture into 9-inch glass pie plate. Set an 8-inch pie plate on top of crumbs and press firmly. Remove 8-inch pie plate. Cook crust four minutes on "Simmer-Defrost." Cool.

In large glass bowl, cream three-fourths cup sugar and cream cheese. Add pumpkin and beat until well-blended. Add flour, cinnamon, ginger and c l o v e. Mix thoroughly. Add eggs, one at a time, and

beat well after each addition. Add vanilla. Cook mixture six minutes on "Simmer-Defrost," stirring twice. Pour into prepared pie crust and cook eight to nine minutes on Simmer Defrost. (If your microwave does not have a carousel, rotate one-fourth turn every two minutes.) Allow pie to cool before serving.

COLD PUMPKIN SOUFFLE

(Yield: 6 servings)

1 envelope unflavored gelatin
¼ cup light rum
1 cup sugar, divided
¼ cup water
4 eggs, separated
1 cup pumpkin
¼ teaspoon cinnamon
½ teaspoon ginger
¼ teaspoon mace
¼ teaspoon cloves
¼ teaspoon cream of tartar
1 cup whipping cream, whipped
In medium glass bowl, combine rum and gelatin. Add three-fourths cup sugar and water. In separate bowl, beat egg yolks until thick and lemon colored, about five minutes. Stir into gelatin mixture. Cook, uncovered, 6 minutes on Simmer-Defrost, stirring twice. Stir in pumpkin, cinnamon, ginger, mace and cloves. Chill one hour.
In large mixing bowl, beat egg whites and cream of tartar at high speed until foamy. Add remaining one-fourth cup sugar, one tablespoon at a time, beating constantly, until sugar is dissolved and whites are glossy and stand in soft peaks.
Gently fold chilled pumpkin mixture and whipped cream into egg whites. Carefully pour into one and one-half quart souffle dish. Chill until firm.

Garden-Fresh Fruits & Vegetables ... LUCKY HAS IT!

 Potatoes U.S. No. 1 Russets 10 lb. bag .67	 Head Lettuce each .39
 Florida Oranges Hamlin lb. .19	 Lemons each .15
GREEN CABBAGE lb. .19	RED POTATOES lb. .18
CALIFORNIA AVOCADOS each .49	YELLOW ONIONS lb. .15
BEAN SPROUTS lb. .59	HUBBARD SQUASH lb. .10
PAPAYAS each .78	WALNUTS lb. .98
D'ANJOU PEARS lb. .39	GRANNY SMITH APPLES lb. .69

Health & Beauty Aid Items at Low Discount Prices!

Aqua Fresh Toothpaste 10¢ Off (25¢ Off, 6.4 oz. 1.04) 2.7 oz. .69	Revlon Flex Balsam Shampoo or Conditioner Regular, Oily, Tint, Conditioner Regular, Body, or Light...16 oz. 1.66
Head And Shoulders Shampoo Tube (Lotion 4 oz.) 2 1/2 oz. 1.33	PEPTO BISMOL (12 oz. 1.99) 8 oz. 1.48
	SUAVE BABY SHAMPOO 16 oz. 1.14
	SUAVE SHAMPOO Assorted Types 16 oz. 1.33

We Gladly Accept FOOD STAMPS

Prices effective Wednesday, November 28 thru Tuesday, December 4, 1979
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FEDERAL WAY STORE
1211 So. 320th Street



A Gift to Please Every Taste!
Lucky Gift Certificates offer the perfect way to solve your holiday gift problems quickly and easily. The recipient can select whatever item most enjoyed by his/her family, whether it's a succulent turkey, traditional tender ham, lean juicy roasts or fine wine and cheese.
Ask at any checkstand for full details.

Baked custard flan

Mexico's favorite dessert provides a sweet counterpoint to the traditionally spicy main course. It's a baked custard flan crowned with sweet caramel glaze. The custard is poured into regular custard cups or large mold coated on the inside with caramelized sugar, placed in a pan of hot water, and baked in the oven. After baking the flan is chilled, then unmolded just before serving.

The big 'C'

Three C's in South of the Border cooking have a special affinity for each other. They're cheese, chilies and corn. Without them, tacos, tamales, tostadas or enchiladas wouldn't exist.

Mexican turnover

Try a Quesadilla (Mexican cheese turnover) for a tasty variation on the cheese sandwich. Place a slice of mild, meltable cheese, such as colby, on a heated soft corn tortilla and dust the combination slightly with chili powder. Fold the tortilla and fasten with a wooden pick. Bake on buttered cookie sheet in a preheated 350 degree oven, or fry in a bit of melted lard in a heavy skillet until the cheese melts and the outside becomes crisp and brown.

Tempting tortillas

Fry them in butter for tenderness and ease of folding. Tortillas that is. It takes only about 30 seconds fry time on each side to make them warm and pliable. Butter gives the tortillas special flavor and leaves them flexible enough to fold around your favorite filling.

Ole

Little edible plates make an interesting alternative to conventional cocktail crackers. Tortillas cut in wedges and lightly browned in butter until crisp are versions of the corn chips so popular in the U.S. These crisp fried tortilla wedges can support almost anything not too juicy. Sprinkle bits of seasoned meat, chopped onion, chilies and plenty of shredded cheese on small fried tortillas to make tostadas. Serve as canapés at your next party.

Chocolate was a royal drink in pre-Columbian Mexico, taken only by the nobility. Today it's a nationwide favorite. To sample this "beverage of the kings," combine one quart of chocolate milk, one-third cup firmly packed light brown sugar, and one teaspoon cinnamon in a heavy saucepan. Heat to serving temperature, stirring occasionally, and pour into heavy mugs.

T WHEN YOU BUY & WE SELL, WE BOTH TRADEWELL!!

<p>LEAN GROUND BEEF</p> <p>Fresh</p> <p>\$1.59</p> <p>lb.</p>	<p>FRESH CUT-UP FRYERS</p> <p>Acme Brand Grade A Washington Grown</p> <p>69¢</p> <p>lb.</p>	<p>PORK BUTT ROASTS</p> <p>Fresh Boneless Shoulder</p> <p>\$1.09</p> <p>lb.</p>	<p>BEEF ROUND STEAKS</p> <p>U.S.D.A. Choice Full-Cut</p> <p>\$1.89</p> <p>lb.</p>
<p>Jimmy Dean Patties or Links Pork Sausage... 12 oz. Pkg. \$1.39 ea.</p> <p>Sliced American Cheese Deluxe, Kraft . 12 oz. Pkg. \$1.59 ea.</p> <p>Fresh Fillet Of Snapper lb. \$1.79</p> <p>Fresh Fillet of True Cod lb. \$1.89</p>	<p>Fresh Shoulder Pork Blade Steaks lb. \$1.39</p> <p>Fresh Pork Cube Steaks lb. \$1.69</p> <p>Fresh Bulk Country Style Pork Sausage lb. \$1.09</p> <p>Thick Sliced West Virginia Bacon 1 1/2 lb. Pkg. \$2.29 ea.</p>	<p>Beef Rump Roasts or Bottom Round Roasts</p> <p>U.S.D.A. Choice Boneless lb. \$2.09</p> <p>Sliced Beef Liver</p> <p>Skinned & Deveined lb. \$1.09</p>	<p>Sirloin Tip Steaks</p> <p>U.S.D.A. Choice Boneless BEEF lb. \$2.29</p> <p>Beef Cube Steaks</p> <p>U.S.D.A. Choice Boneless lb. \$2.39</p>

<p>PEANUT BUTTER</p> <p>FRESHIE Creamy or Krunchy</p> <p>\$1.59</p> <p>36 oz.</p>	<p>COTTAGE CHEESE</p> <p>VITAMILK-Small or Large Curd or VITATRIM 1st 2; Mix or Match; All Addit. at Reg. Price</p> <p>54¢</p> <p>Pint</p>	<p>LARGE EGGS</p> <p>BROADVIEW FARMS Grade AA Cartoned</p> <p>66¢</p> <p>Dozen</p>
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<p>Lipton Egg Noodles With Chicken, Beef, Cheese, or Butter Sauce 4 1/2 oz. to 4 3/4 oz. 58¢</p> <p>Welch's Grape Jelly 32 oz. \$1.19</p> <p>Noodle Chicken Dinner Lyndon 29 1/4 oz. \$1.25</p> <p>Nalley Chili W/Beans Reg. or Hot 30 oz. \$1.39</p> <p>100% Natural Applesauce Seneca 24 oz. 68¢</p> <p>Tidy Cat Litter 10 lb. 89¢</p> <p>Krusteaz Baking Mix 40 oz. \$1.05</p> <p>Ralston Breakfast Cereal Crispy Rice 13 oz. 83¢</p> <p>Nalley Beef Ravioli 30 oz. \$1.18</p> <p>Crave Dry Cat Food 22 oz. 69¢</p>	<p>Golden Griddle Pancake Syrup 24 oz. \$1.29</p> <p>Liquid Dish Detergent Sweetheart Pink 22 oz. 55¢</p> <p>Pam Dry Fry 6 oz. \$1.55</p> <p>Snow's Clams Minc'd or Chopped 6 1/2 oz. 88¢</p> <p>Sunshine Hi Ho Crackers 16 oz. 88¢</p> <p>Noodle-Roni Golden Grain; Parmesan, Romanoff, or Stroganoff 6 oz. 68¢</p> <p>Banquet Dill Pickles Nalley 48 oz. \$1.38</p> <p>Dole Juice Drink Pineapple Pink Grapefruit 46 oz. 69¢</p> <p>Nalley Cucumber Chips 48 oz. \$1.39</p> <p>Dianne's Taco Shells 4 oz. 65¢</p>	<p>☆ FROZEN FOODS ☆</p> <p>Van de Kamp's Mexican, Beef Enchilada, or Cheese Enchilada Dimers 12 oz. 83¢</p> <p>Fish Sticks Van de Kamp's 10 oz. \$1.18</p> <p>Tater Tots Ore-Ida 1 lb. 48¢</p> <p>White Bread Dough Rhodes 1-lb. Loaves 5 Pack \$1.59</p> <p>Coffee Rich Rich's Non-Dairy Coffee Creamer 16 oz. 35¢</p> <p>Pear-Grape Juice True Top 12 oz. 79¢</p>
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<p>BALLARD BISCUITS</p> <p>Refrigerated Buttermilk or Sweetmilk</p> <p>16¢</p> <p>7 1/2 oz.</p>	<p>MAYONNAISE</p> <p>NALLEY 1st 1; All Addit. at Reg. Price</p> <p>\$1.09</p> <p>32 oz.</p>	<p>PANCAKE MIX</p> <p>Krusteaz Complete Buttermilk, or Wheat & Honey</p> <p>\$1.19</p> <p>56 oz.</p>
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<p>ICEBERG LETTUCE</p> <p>Western Grown</p> <p>39¢</p> <p>ea.</p> <p>Hawaiian Fresh Pineapples lb. 39¢</p>	<p>Fresh Mushrooms lb. \$1.98</p> <p>Clip Top Carrots lb. 29¢</p> <p>Danish Squash Flavorful lb. 19¢</p> <p>Texas Grapefruit Ruby Red 4/\$1</p> <p>Delicious Apples SNOBOY Extra Fancy Golden lb. 39¢</p> <p>Sweet Emperor Grapes lb. 59¢</p> <p>Medium Yellow Onions lb. 15¢</p> <p>Russet Potatoes U.S. No. 1 Baking Size lb. 25¢</p>	<p>NAVEL ORANGES</p> <p>California Grown</p> <p>4/1</p> <p>lbs./\$1</p> <p>Tender Fresh Broccoli lb. 49¢</p>
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SALE PRICE GUARANTEE (Raincheck): Each of these advertised items is required to be readily available for sale at or below the advertised price in each Tradewell store, except as specifically noted in this ad. We strive to have on hand sufficient stock of advertised merchandise. If for any reason we are out of stock, a SALE PRICE GUARANTEE (Raincheck) will be issued enabling you to buy the item at the advertised price as soon as it becomes available.

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