

# Federal Way News

## Best way to heat a home? Nothing's sure-fire here

by Nathalie Weber

The Department of Energy says to convert. Washington Natural Gas says convert to Gas, But You'll have to wait until next spring to do it.

Puget Sound Power and Light says don't convert to electricity — it doesn't have enough energy to supply the area. And oil companies say stick with oil and install a new oil retention burner.

Meanwhile, the homeowner is stumped over how to heat his home this winter, and do it as inexpensively as possible. Here's the options.

It's possible to switch to electric heat, a move that may or may not be advantageous, depending upon who is talking. Puget Power, which serves most of South King County, is asking customers not to convert to electric heat.

Currently there is not the power available to supply electric furnaces and, if the demand increases, Puget Power will be forced to purchase power from other areas at nearly twice the present cost per kilowatt hour.

"IT'S A VERY serious problem," Chris Curtis, spokesman for Puget Power said last week. "Even now we're looking at a definite possibility of brownouts."

The lack of hydroelectricity caused by the recent dry spell is only part of the problem. "We need added power sources," Curtis said. The largest of those sources being eyed by Puget Power is the Skagit nuclear project, but the proposal has been tangled in court litigation for some time, and power from any Puget Power nuclear projects will not be available for at least five years.

So, while Puget Power customers converting to electric heat may enjoy a cheaper heating bill for a while, they also are imposing a strain on the rest of the electricity supply. Curtis said. Eventually, too, if power must be purchased to supply the system, the cost of electric heat also will climb.

**WASHINGTON NATURAL Gas**, a heating fuel company also

becoming increasingly popular, contends that heating with gas is no more costly than heating with electricity, but the price of natural gas is continuing to rise.

Most of the spiraling gas costs are attributed to increases in the cost of gas from Canada, which supplies 62 percent of Washington Natural Gas's fuel. "Our government just entered an agreement with Mexico at a higher price than we're paying Canada, and Canada wants its fair share," said Bill Wortley, director of corporate communications at Washington Natural Gas.

But, Wortley said, the cost of gas still is comparable to the cost of electricity. The only hitch is that at least in this area homeowners who want their furnaces converted to natural gas will have to wait until next spring. Wortley said the reason for the delay is that the converter manufacturers cannot meet the current demand.

The remaining fuel is oil, the resource that probably has dropped the most in popularity throughout the past several months. But, unlike electricity, there will be plenty of oil to last the winter. And, unlike natural gas, homeowners don't have to wait until next spring for installation of an oil furnace.

**BUT IT WILL** cost this winter per gallon of oil more. Prices are expected to reach an all-time high of 90 to 95 cents per gallon this year. The cost already is hovering at 85 cents per gallon.

Oil companies maintain — and the Department of Energy agrees — that homes with oil furnaces would do well to retain those furnaces and install the new retention burners. Those burners, which have been introduced on the market within the past five years, serve to make a furnace more efficient by retaining more of the heat that previously was lost up the chimney.

Glendale Oil Company, a local



**WHAT'S THE MOST** efficient way to heat a home? Reports differ depending upon who's talking, but none of the conventional electricity, natural gas or oil alternatives stand out as the number one choice in South King County. While

oil prices are climbing, electricity is becoming more scarce and installation of natural gas converters before next spring does not look promising for those who have not already made arrangements to convert.

—staff photo

firm that installs furnaces and delivers oil, has been installing the retention burners at a rate of three to four per week. "With that burner oil can be as efficient as gas," Glendale Vice President Dave Fulton said.

He added that the burner also can be as efficient as electricity, depending upon how the electricity is generated. If it is hydroelectricity, the electricity is very cheap, but if it is generated by coal or oil, the electricity becomes more expensive and therefore less cost efficient, Fulton said.

**THE OTHER** heating option, and the one favored by many of the area's independent furnace

dealers, is the heat pump. Operating on the principle of the air conditioner, the heat pump takes heat out of the outside air and places it in the home. Although it operates on electricity, the heat pump does not require the volume of power that the electric furnace does.

"It's more efficient than the standard electric furnace," Bob Corey, part owner of Puyallup Heating and Airconditioning, said. The only deterrent appears to be the price.

One furnace dealer reports that while it costs \$1,700 to install a gas furnace, a heat pump costs from \$1,000 to \$1,200 per ton to in-

stall, and that pump could weigh from two to five tons. Many agree, however, that the savings over time make the additional installation costs worth the price.

Electricity, natural gas, oil, or heat pump. The conversion decision is the homeowners', but the Department of Energy encourages no hast moves. "It's only a guess as to what's going to happen to energy in the future. There's no way to know," Lee Johnson, DOE spokesman said. "We suggest homeowners improve the efficiency of what they've got and pay more attention to insulating their homes. That could make the difference."



**RED TIDE** closed King County beaches to the clam digging and collection of other edible shellfish last week as the toxin in those fish reached a dangerous level. The Red Tide is caused by an organism that rapidly reproduces during extended warm periods. Large amounts of that causes the shellfish to become poisonous and in severe cases can cause respiratory paralysis.

—photo by Roy Musitelli

## Red Tide in, clamming out

Consuming shellfish found on King County beaches once again is hazardous to your health.

The ban on collecting shellfish, which was lifted only a few months ago, was imposed again last week when the level of toxin found in those fish reached dangerous levels.

According to Dr. Ray Watkins' food program coordinator for Seattle and King County, the toxin is caused by an organism in the shellfish. Although that organism is constantly present in Puget Sound, it does not create a threat unless it reproduces to unusual levels.

The organism tends to rapidly

reproduce largely during prolonged warm weather, causing a reddish tinge in the water known as "Red Tide." Watkins said that although the reddishness is an indication of the organism, it nevertheless can be present in waters that appear clear.

**THE SYMPTOMS** caused by ingesting the toxic shellfish include tingling of lips and fingertips, Watkins said. Severe cases can result in respiratory paralysis.

The ban was effective last Friday and includes all shellfish that are largely immobile. This includes all clams and mussels, but does not pertain to crabs, Watkins said.

by Carolyn Logan

More than half of County Executive John Spellman's proposed 1980 budget is for public safety, including the funding of 30 new police officer positions.

Some of those officers could be assigned to Federal Way. It depends on the local crime rate and the number of crime reports from citizens at the time that officers complete their training, according to Sheriff Lawrence Waldt.

Spellman's budget, unveiled to the County Council on Monday, included several items for Federal Way. In line with his focus on public safety, he recommended spending \$110,000 for microwave equipment and an antenna to improve police radio reception. Called the Brown's Point Communications Facility, it would be located on an existing commercial radio station site near Dash Point State Park. Current police radio reception is very poor, according to the budget report.

Spellman also asked the council for \$1.4 million to alleviate traffic congestion on Southwest 320th Street, between First Avenue South and 21st Avenue Southwest. This would allow road reconstruction, permitting a four-lane roadway with a continuous left-turn lane and an extra-wide sidewalk.

The executive's budget also called for \$80,000 for a county contribution to a Road Improvement District at Southwest 336th and 340th streets; \$971,520 for a Steel Lake addition; \$300,784 for a boat launch site, possibly at Redondo Beach; \$134,809 for acquisition of Lake Geneva park; and smaller amounts for various

neighborhood parks. Matching money would be necessary for many of the projects.

**SPELLMAN** hammered away at public safety in his budget message. His emphasis is four-fold: Improving police protection, building a County Jail and pumping money into juvenile detention and the courts.

"It is now time to establish a new goal and commitment for 1.5 officers per 1,000 people," he said, adding that the county has exceeded an earlier goal of 1.1,500.

However, there have been lags in hiring when Waldt's department has had vacancies, but could not get lists of potential officers from the Civil Service Commission. The commission tests and rates job applicants; Waldt's department hires officers.

When Spellman was asked later about the lag, he replied, "There is new blood, new cooperation at the commission."

He said the officers will be assigned to new patrol districts, as identified later by Waldt.

Regarding the jail, Spellman recommended buying an \$8-million councilmanic bond by paying the first year's interest — \$393,000 — from the 1980 budget. Councilmanic bonds, which don't require a public vote, may be used to acquire a site for the new jail; the state is expected to pay most of construction costs.

**AS AN INTERIM** measure, Spellman asked the council to convert storage space in the existing courthouse jail into cells for 60 work-release prisoners. His budget contains an increase of \$244,945 for work release.

He also asked for about \$4.2

million to enforce the Juvenile Code, enacted by the 1977 Legislature. "The cost is high, but the benefit should be increased accountability," Spellman explained.

He expects the Legislature to increase the number of King County Superior Court judgeships. One way to ease the caseload might be a mandatory arbitration program. While details were not available on Spellman's \$75,168 arbitration program, arbitration generally aims to resolve issues through discussion, rather than courtroom confrontation.

The court caseload also prompted him to ask for money to fund 10 new District Court clerk positions.

**GROWTH MANAGEMENT** continues to be one of Spellman's top priorities. For example, he proposed several expenditures to speed up processing of building permits.

Growth is outpacing supply of low-cost housing. So the County Executive proposed spending \$2 million in federal bloc grants to build 1,000 modest-rent apartments for senior citizens. This money would be combined with revenue bonds and donated land, in a public-private project, if it succeeds.

Spellman's current-expense budget is \$97,690,647, which is up 13.7 percent over the 1979 level. When federal and state grant type money is added, the total budget is \$227,834,861, up 12 percent from this year. Property tax supplies 32.6 percent of the revenue.

The county will enter 1980 with a cash carryover of \$14 million from this year. Spellman favors

## Spellman's budget focuses on crime

## Trailer destroyed in fire

Arson is suspected in the Saturday morning blaze that destroyed a construction trailer at a development site near Southwest 317th Street and 47th Avenue Southwest, Federal Way Fire Department reported this week.

The fire, which broke out at about 6 a.m. Saturday, caused an estimated \$25,000 damage to the trailer. No one was present at the scene when firefighters arrived; security patrol reported the fire, according to the fire department.

No injuries were reported. One engine and a ladder truck responded to the blaze. It was under control in five minutes.

# wednesday

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### Weather forecast

Dry and cool. Temperatures will range from a high of 57 to a low of 49. Winds will be south-southwesterly from 10 to 20 mph. Chance of rain: 30 percent.



Editorials

A bitter pill

It's a bitter pill, but it's supposed to be good for us. In a bold move to cool inflation and stabilize the U.S. dollar, the Federal Reserve Board last week boosted the discount rate to a record 12 percent.

The short term reaction was soaring interest rates on consumer loans and a wildly fluctuating stock market.

Local national banks reacted by using an obscure federal footnote to boost the interest rates above the state 12 percent limit, and some financial institutions announced a moratorium on all consumer loans.

Most folks don't understand "discount rates," or "prime rates," or "tight money markets." What they do understand is that the new car or dream home is rapidly becoming just that — a dream.

The Federal Reserve Board and, ultimately the Carter administration, doesn't want us borrowing or spending a lot of money right

now. So, they're making it impossible.

At the same time, President Carter is promising the unions that jobs won't be lost, and his chief economic advisors are down-playing the prospect of a recession.

How can there be anything but a recession and a rise in unemployment? Developers don't use out-of-pocket cash to build new homes. They borrow the money. Even those who qualify for the "prime" rate are looking at 15 percent. And, why build the homes if nobody can afford to purchase them. And if you're not building, you don't need the laborers.

On the other hand, something has to be done about the 13 percent per year inflation rate. We hope "Dr." Carter is on the right track this time because he is putting his political career on the "bitter pill."

If the patient isn't feeling better soon, he may scream malpractice and bring in a new doctor — perhaps from Massachusetts.



KELLIHER ROBINSON NEWSPAPERS

CBS handled it right

The New York author who caused near panic last week when he buzzed the United Nations building in a light airplane to publicize his book certainly made his point.

"Maybe now the book will sell," the author said when he finally landed his plane.

He's right. The book will probably hit the best seller list because his name and the book's title appeared in newspapers throughout the country. Why? Not because his works are anything special, but because he jeopardized lives and property with a maniacal publicity stunt and made the front pages.

Newspaper editors who let the story run in their papers are to blame, we feel.

But they had a tough decision to make. Surely it's news when some madman nearly crashes into the U.N. building, and they can't ignore it. However, when the nut is risking human lives just to publicize himself, how do you handle the story?

First, we feel, you don't play the story up and include the man's name and his personal cause. This makes a newspaper a part of the overall story and newspapers are supposed to report the news, not become part of it.

When newspapers publicize every detail of some dangerous publicity stunt, they're playing into the hands of every nut who's out to make a name for himself. They're just asking for more such incidents which could be tragic.

Newspaper editors should take some lessons in restraint as demonstrated by at least one television network, CBS.

The CBS Evening News reported the incident in a lead story, but purposely left out mention of the man's name and the name of his book.

We applaud the network for its sound judgment and hope it will serve as an example.

Reflections

by Jim Shahan



I strolled into the posh, all window edifice with the immaculately landscaped parking lot and went directly to the manager.

"I'd like to open an account," I said.

The manager, a young but portly built man in a three piece gray pin-striped suit, smiled and said, "Great, checking or savings?"

"Both," I answered.

"Well, well, that's just fine," he said. "Which kind?"

"Both," I repeated.

"No, no you don't understand," he smiled patiently.

"We have accounts to fit every individual's own personal needs. We're a full service bank, a member of FDIC, S.P.E.B.- S.Q.S.A., and SCREW."

"Wait a minute," I said. "FDIC is the Federal Deposit Insurance Corporation, but isn't SPEBSQSA that group that promotes barber shop quartet singing?"

"Yeah, well one of our big stockholders sings alto," he explained.

"And what about SCREW? What's that an acronym for?" (For what is that an acronym, I know, I know.)

"It's not an acronym for anything," he sniffed.

"That's the name of the national banking fraternity."

"Oh, well, getting back to the account," I said.

"Yes, well, we have accounts where if you keep a \$1,000 balance, you receive free checks every other month, provided you don't

use more than three per day. Or, if you prefer, we have our account where for a \$500 balance we only charge 10 cents on even numbered checks and 20 cents on odd numbered checks drawn on Wednesday and Friday."

"On the savings side, we have all kinds of plans. You can save for college for the kids, for the orthodontists, for a divorce (no fault), to pay your attorney if it's contested, or for the vacation you've been planning."

"What kind of interest do you pay?"

"Here, let me give you our new depositors kit. Notice it contains four rain bonnets, two coin purses, a calendar, pen, a couple of sponges (the pens leak), and an outdoor thermometer."

"Now, depending upon how much you deposit, you will receive either a bun warmer, electric blanket or a set of dishes left over from the days when gas stations

used to give them away." Having been ignored on the subject of interest, I plunged ahead with the next request. "Also, I'd like to take out a loan," I said.

The manager gasped, coughed and sputtered. "There's been a terrible mistake," he said "We don't loan money. I understand banks used to do that, but that was before my time. We take money in, not the other way around."

"Well, if you don't loan it out, what do you do with it?" I asked.

"We invest it in things that pay a much higher rate of return than the 20 to 30 percent we can squeeze out of the consumer. We go after the really big money makers."

"Like what?" I asked. "Like oil company stock, power companies, gold, stuff like that," he said.

"What did you say the name of your banking fraternity is?" I asked.

The Gay Blade Queries answered

by Henry Gay



It's time for more questions from readers. If yours is not included, it's probably because it never arrived at this office before we threw it out.

Q — When is the United States Senate going to quit fooling around with this Cuban thing and get down to important business?

A — When Senators were home for summer recess, they all reported that constituents expressed concern about inflation and energy but showed little interest in foreign affairs. This meant, rumbled the pompous asses of the Potomac, that they would return to Washington and attack domestic problems with

renewed vigor. Since they have neither the stomach nor the brains to tackle vital issues, they latched onto the Cuban molehill and built it into a mountain of demagoguery. Jingoism is alive and well in the United States Senate.

Q — Could it be that you have a sacred cow? Since you see humor in everything else, how come you never say anything funny about women's lib?

A — Pure cowardice. Wouldn't you be uneasy if you thought some zealous Ms. might sic a Doberperson on you?

Q — During Governor Ray's just-completed trip to the Orient, the businessmen traveling with her put the arm on their hosts to buy Washington products. What was the governor's contribution to this corporate blitz?

A — According to one of the industrialists who made the trip, Governor Ray took Polaroid photographs of "little Chinese children" and then handed them their pictures. This seemingly insignificant act was probably the most important of the journey. As every graduation speaker points out, the children of today are the adults of tomorrow. As the twig is bent, so goes the nation. When those little Chinese children attain maturity, they will remember the nice lady who took their pictures and will send all their nuclear waste to Washington.

Q — Could it be that you have a sacred cow? Since you see humor in everything else, how come you never say anything funny about the Pope?

A — Pure cowardice. Wouldn't you be uneasy if you thought you might be run over by a \$250,000 Mercedes Benz?

Q — I know this makes me sound like a hard nose, but don't think if the voting rights of all persons on welfare were removed while they were on welfare, the

legislators would not be nearly so eager to give them benefits and would tighten the purse strings more?

A — It would be unconstitutional. You can't suspend the voting rights of stockholders of Boeing, Lockheed and Northrup just because those companies are receiving government welfare. It would be unfair to penalize farmers, scientists, doctors, professors, publishers, oilmen, artists, and officeholders' relatives just because they are receiving government handouts. If your proposal were adopted, there would be no one left voting except poor people, who know very little about how their government operates.

Q — Could it be that you have a sacred cow? Since you see humor in everything else, how come you never say anything funny about the Gray Panthers?

A — Pure cowardice. Wouldn't you be uneasy if you thought you might be trapped in your office by one of the powerless — a 240-pound retired logger carrying a five-pound cane?

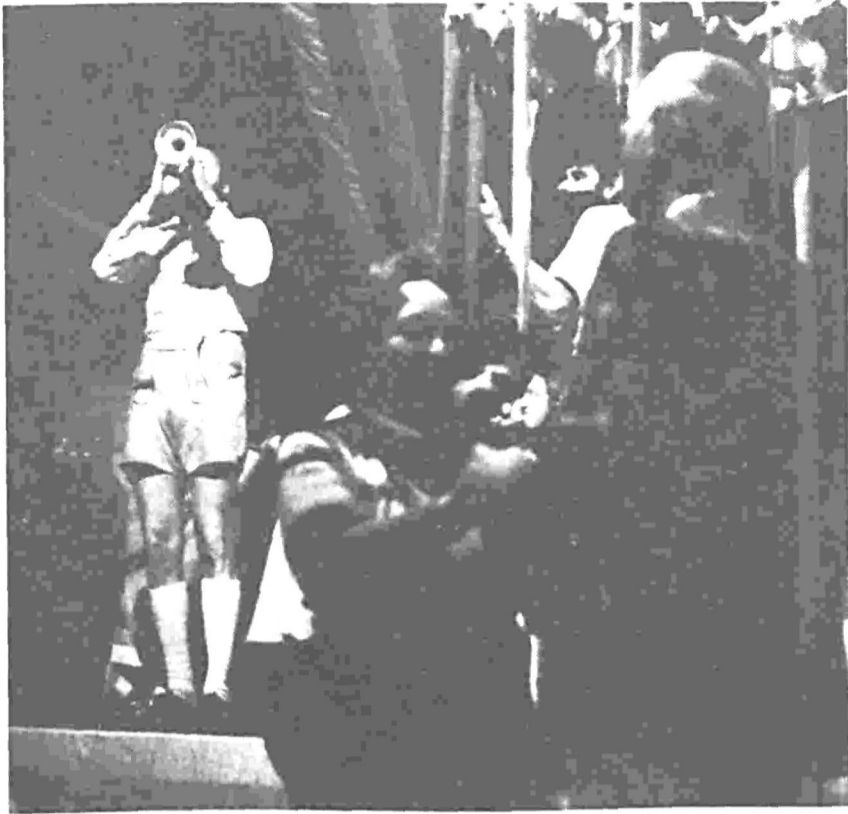


KELLIHER

Advertisement for Federal Way News and Des Moines News, including contact information and publication details.

Advertisement titled 'In case of emergency' listing emergency telephone numbers for various departments like Fire, Police, and State Patrol.

Advertisement for Federal Way News offering a \$15 reward for a hot tip, with details on how to claim it.



BRISK POLKAS and lilting waltzes were the music of the hour at the Oktoberfest in Federal Way on Friday and Saturday evenings. Couples such as this one crowded onto the dance floor under the big tent at the Federal Way Shopping Center to re-enact the old Bavarian festival.

# OKTOBER FEST!



MUSIC ON Saturday night was provided by this horn player and his cohorts in Happy Hans' Trio Plus.

The big tent at the Federal Way Oktoberfest last weekend was packed with revelers who dined, drank and danced in a big way.

Between 1,000 and 1,500 persons attended the annual event at the Federal Way Shopping Center on Friday and Saturday, said a festival spokesperson.

It was estimated that about \$1,000 was raised for the Pacific Northwest Festival in the Forest Association from door receipts of \$1 per person and from profits on the liquid refreshments.

Some of the merrymakers came during the day to see demonstrations of spinning, woodcarving, doll-making and other crafts.

But the big crowds turned out for the evenings of Austrian music, polkas, beer and boisterous fellowship over tables

laden with German cuisine prepared by Federal Way's Cafe Patisserie.

The tent, which had a maximum capacity of 300 seated celebrants, could not hold the numbers who wanted in at times, and some had to be turned away, at least temporarily.

Last year's event, the first Oktoberfest to be sponsored by the Federal Way Shopping Center Merchants Association, reportedly fell far short of this year's success. Attendance was said to have been less than half of this year's figure.

About the only complaint to be heard above the joyful din last weekend was that Oktoberfest comes only once a year.

And that, said more than one, is not nearly often enough.



THE MERRYMAKING at Oktoberfest was contagious. This woman was only one of a full house that joined in the fun, singing and clapping hands to the festive music.

Text by Barbara Butts  
Photos by Bob Butts

# Most County Jail escapees captured

by Carolyn Logan

Seven County Jail inmates — including two charged with murder and one convicted murderer — escaped from the jail Sunday night. Only one remained at-large after the breakout, however.

The toll included one escapee shot to death and one wounded police officer.

Escapees had "taken over the whole county jail. They had locked custodial officers behind bars," said Jack Meduna, Seattle police officer involved in the cross-town chase and capture.

The reason why the escape was successful was that someone smuggled a gun to one of the prisoners, according to police authorities.

Inmate Gary Pilon, armed with a gun, began by locking up three guards and releasing inmates in his cell, according to Seattle Police Chief Patrick Fitzsimons.

In the well-engineered escape, inmates "had looted the cash registers in the jail ... Cash bail is there, so it is not unusual to have large sums of money," said Meduna, a County Jail guard until 1971. Pilon and a suspect had about \$2,500 when captured, police said.

The main jail door to the outside was unlocked because a guard had been getting equipment, according to police.

SO ESCAPEES rushed from the top floors of the county cour-

thouse jail, down the public elevators and out the front door.

On the way, they dragged a woman working at the lobby information desk to the door "so she wouldn't be able to call and alert anyone," said Wanda Thompson, building manager. This woman was treated and released from Providence Hospital, reportedly without serious injuries.

Then two officers noticed a group of about 10 persons, some in prison overalls, at 400 Cherry Street, apparently about to make a getaway in two cars. The cars each contained at least one automatic rifle and some high-powered shotguns, Fitzsimons said.

An officer handcuffed Pilon, who was wearing jail overalls, according to Meduna. There was the sound of gunfire; the second officer, Frank Alexander, slumped to the ground and Pilon jumped into the Mustang and was driven away, according to Meduna. Alexander was reported in serious and stable condition at Harborview Medical Center on Monday night.

BACK at the raid, Meduna and officer John Barnes had been

cruising nearby when they heard about the jail break on the police radio. As soon as they arrived at 400 Cherry Street, "we were being shot at," Meduna recalled.

"Everything blew loose then." Officers chased the Mustang north on Fifth Avenue. The Mustang was going the wrong way, dodging nars, on the one-way southbound lane, but officers succeeded in stopping the running gun battle.

Pilon and a suspected accomplice, both wounded, were in the car Meduna brought to a halt, Meduna said. Pilon had been jailed on investigation of first-degree robbery, assault — and escaping.

Another escapee, Don Martin, in jail on a charge of murder, was captured when he got off a bus on Jefferson Street, Fitzsimons said. A third escapee, Pierre Parent, convicted of murder, was captured after a citizen's tip that men were taking a cab at gunpoint near 14th Avenue and Union Street, according to Fitzsimons.

Roger Raynor, jailed on first-degree robbery charges, was found dead of a gunshot wound in the second Mustang, the police chief said, and a suspect in that car was taken into custody.

Still at large on Monday morning was David Edward Warringer, 26. He had been in jail on charges of burglary and assault.

Also back in custody are Randy Williams, who was in jail on second-degree burglary charges; and Artie Ray Baker, who was held in jail on charges of slaying a U.S. agent at the border between this country and Canada.

Fitzsimons said several police agencies are investigating as to whether the jail break was the

work of a terrorist group or the organized work of criminals hoping free particular prisoners.

James Coughlin, director of the County Rehabilitative Services Department, said county security measures will be checked. He replied that he will not change the procedure where inmates have face-to-face contact with their lawyers.

There were 974 inmates in the jail at 8:50 p.m. when the jail break occurred.



THERAPIST-turned-writer, Jo Loudin will be discussing her first self-help book, "Act Yourself" at the Federal Way Library on Oct. 24 at 7:30 p.m.

—photo by Ann Hagen

## Role playing can be valuable tool

by Ann Hagen

Role playing can be a valuable tool in developing a new self image, said Jo Loudin recently published author of "Act Yourself" now on the bookstands.

"You need a new attitude of self and the image in your head in order to make it work," she said.

In a self-help book that took four years to write, Loudin attempts to help people get more out of life. The 195-page volume, published by Prentice Hall, Inc. in New Jersey as part of the Transformation Series deals with topics such as power of choice, survival through roles, role therapy, the marriage myth and heroes and hero makers.

She bases her conclusions on years of experience garnered from teaching human relations courses for government, private industry and colleges and through her experience as a therapist in private practice.

Loudin has taught classes in personal growth and assertiveness for men and women at the Tacoma Community College and the University of Washington. She has also worked at the Comprehensive Mental Health Center in Tacoma and as a recreational social worker for the YWCA in Seattle.

HER BACKGROUND INCLUDES a BA and MA in English from the Universities of Washington and Oregon and a Phd in drama from the University of Washington. Her doctorate dissertation centered on drama as a therapeutic tool.

Though Loudin said there have been many self-help books written in the last 10 years, there has been little printed about the value of role therapy.

In her book, she uses methods that have proved effective in the past to steer people onto a new self image. She encourages them to write a brief characterization paragraph and insert positive phrases for negative ones. The person is then encouraged to act out this new role, understanding that they have no obligation to keep those attitudes that aren't comfortable.

She cites several case histories where clients became more in-

involved in life after changing their attitudes.

With words of caution, she recommends that people experiment with their new roles and let their feelings decide if their new image fits.

"Passive women, playing a more aggressive role were eventually able to do what they wanted to do rather than what somebody else wanted," said Loudin.

Elated with the success of her book that is now selling nationwide, Loudin said she thinks it is partly due to her relaxed style of writing. "People have told me 'it's just like you're talking to me."

She said she thinks it's also due to a willingness to share her own trauma while experiencing doubt and insecurity in her childhood, an unsettling divorce and eventual search for independence.

"It's putting yourself down and gradually growing out into a healthy self concept," she said. "People read that and think, 'if she's been there, maybe I can make it too.'"

TAKING A LEAVE of absence from teaching Loudin recently finished her second 300-page book on romantic mythology. The book deals with the notion of how romantic traditions can "destroy us as creative individuals."

Always working several books ahead, Loudin said she recently outlined her third book that will deal with adapting to parental training. The book will show what "parental training does to us and how it destroys many people."

"When you try to live up to other's limitations, it destroys creativity and sense of self worth," she said. "In the past, I've tried to stay away from solutions, but there are certain things that can be said to put the problem in perspective."

Involved and active, Loudin said she expects to be writing books and counselling the rest of her life. Happily married with a seven-year-old daughter, she said it's interesting because everybody is different and every experience is new.

"I've really developed an appreciation for people and their ability to survive."

## Lions urge donors to give blood unit

It will be all hands on deck this week as the Federal Way Lion's Club and the Puget Sound Blood Center work to increase the supply of blood available for emergency use.

The blood bank's mobile unit will be set up at the lower west entrance to the Federal Way Elk's Club on 31405 18th S. from 2-8 p.m. on Oct. 17.

Lion's Club chairman Jim Olson, said they've got 80 bona fide donors listed and are hoping for even more. "It was demonstrated two weeks ago that it doesn't take much for the blood bank to run out of blood. Who knows. You might be the next person who needs it."

The Puget Sound Blood Center found it necessary to send out

a radio alarm recently when an accident victim required most of their available O-positive supply.

Though donors poured in to offer help, so that inventory leveled off to a safe number of units, Sylvia Hornfher, recruiting donor service supervisor said "you never know what can happen."

"All it take is one bleeder to take 50-60 pints and you're in trouble," she said.

Mobile unit-one, equipped with five nurses will be in service. Depending on the flow, they can handle 150 people in the six-hour time span.

The Lion's Club is providing four or five volunteers to assist with registration and see that juice and cookies are available.

Auburn's KASY radio station will be

presenting live programming, complete with interviews to help publicize the event.

The Lion's Club drive, according to Olson, is an effort to beat the Blood Center's all-time high collection of 186 pints per day.

## TJ schedules homecoming

The Thomas Jefferson Senior Class of 1980 announces that Homecoming Festivities are in full swing.

On Oct. 19, a formal assembly will be held where the names of this year's Homecoming Court and Queen will be announced.

The Homecoming game will be held


later that day. The TJ Raiders will battle the Curtis High School football team. The game starts at 8 p.m.

The Homecoming Dance will be held on Oct. 20 from 9 p.m. to midnight, featuring the band, Taurus. Pre-ticket sale cost is \$7 with student body card; \$7.50 without and \$8 at the door.

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**33rd Birthday SALE**  
LAST 4 DAYS  
Ends 10/20

33 years ago, K-G opened its first store. Since then, K-G has grown to 85 stores in 17 states. Customer response has been gratifying ... and every year our sales have increased. We want to thank our many customers for their business. These birthday sale values are to show our appreciation. Come in this week and save up to 50% and more on men's and boy's wear.

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Entire Stock! Men's famous brand suits. Reg. \$125 to \$250  
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Selected styles in plaids and solids. Reg. \$50 to \$150  
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Sizes 36 to 52, Regulars, Longs, Extra Longs, Shorts. Not all sizes at all prices. Alterations extra.

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**DRESS SLACKS .. \$10.00 to \$24.96**

Reg. \$15 to \$20  
**DRESS SHIRTS .... 5.00 to 11.96**

Reg. \$25 to \$50  
**SWEATERS ..... 1/2 PRICE**

Reg. \$18 to \$23  
**CASUAL PANTS ..... 11.96**

Reg. \$16 to \$22  
**SPORTS SHIRTS ..... 1/2 PRICE**

Reg. \$18 to \$29  
**JEANS & CORDS .. 7.96 to 16.96**

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PLAYING THE ROLE of dangerous felons, these men are participating in a training program for reserve police officers administered by King County. A class of 27 people recently graduated

from the three-month course, which included simulated arrests and traffic stops at Sunset Junior High in its curriculum. — photo by Gary Kissel

## Reserve officers learn by doing

by Brad Broberg

It was a startling sight. Searchlights from several King County police squad cars blazed across the Sunset Junior High School parking lot. A man lay face down in the grass with his hands clasped behind his back while another stood near a car, arms high above his head.

"Open your hands wide," shouted a police officer from behind the door of his patrol car. "Wider," he hollered more urgently, weapon drawn.

For a group of newspaper reporters who stumbled on to this bizarre scene on their way to a basketball game, it looked like the real thing — a drug bust or maybe even the capture of a band of escaped convicts.

A sense of tense drama filled the night air as the action unfolded.

But drama was all it was with King County reserve officers playing the roles of both criminals and cops in a routine training session.

"IF THEY know what's expected of them, they'll perform better when the time comes," said training officer Joe Frank of the simulated situations at Sunset.

A group of 27 candidates recently completed the three-month, three times a week, three hours a night reserve officer training program, with 18 becoming volunteer county reserve officers, four becoming reserve officers in other departments and five joining campus security at Highline Community College.

Besides the field experience offered at Sunset, the reserves attended classes at the King County Courthouse and were tested on the firing range before they graduated.

"When they are on duty, they will have all the powers of arrest of a regular officer," said Frank.

However, their training is not quite as thorough. Regular officers receive 425 hours compared to 140 for the reserves.

THE MOST important function fulfilled by the county's 71-member reserve force is transporting prisoners from the scene of their arrest to the county jail, said Frank.

That allows the regular officers to spend more time on patrol, he explained.

Nevertheless, Frank said in the last five years reserves have responded to every type of call except for a major crime like a homicide.

"We have one fellow who has been a reserve for 25 years and he can function as well as any full-time officer."

Just answering the call doesn't

## Metro fines two companies

Two area firms have been charged with fines for industrial pollution violations during the third quarter of 1979.

The fines, levied by Metro, are against the Boeing Company and the Central Pre-mix Concrete of Kent.

Boeing was fined \$250 for a chrome-nickle spill at its development center in Seattle. Central Pre-mix Concrete was fined \$200 for discharging material that

obstructed the sewer system.

Metro is the agency responsible for regulating the discharge of industrial waste into the sewer system and local waters. To enforce regulations, Metro issues compliance schedules, pretreatment standards and orders to stop discharging. Levy fines also are used to enforce regulations.

**FREE KUNG-FU DEMONSTRATION**  
AND REGISTRATION FOR FALL CLASSES

**TONIGHT • OCT. 17 • 7:00 PM**  
**SATURDAY • OCT. 20 • 2:00 PM**

- Karate & Kung-fu fist forms
- Street Survival: Simple, multiple & weapons attack
- Weapons Forms: Staff, spear, saber (single, double) 3 sect. staff
- Board Breaking
- Tai Chi Chuan: Internal Martial Art; Moving Meditation

Presented by **SIFU JOSEPH CLARKE & FEDERAL WAY MARTIAL ARTS ACADEMY**

30835½ PACIFIC HWY. SO. (below Budget Tapes) **839-4551**

Clerical Employment Opportunities

**SAFECO IS DROPPING IN ON FEDERAL WAY.**

SAFECO's Mobile Employment Office will be visiting your area to discuss:

- Attractive clerical employment opportunities for both men and women
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If you have been thinking of a change or a return to work, you should consider SAFECO. It's a great place to work, and work up! We hope you'll stop by to see us between 10 AM and 3 PM to find out more about what a job with SAFECO might mean for you.

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Safeco Plaza, Seattle, WA 98185



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Skin Lotion	6 oz. 6.50
Condition	
Swiss Performing Extract	7/8 oz. 10.50
European Performing Creme	1.75 oz. 18.50
Maximum Care Eye Creme	1 oz. 18.50
Maximum Care Body Lotion	8.5 oz. 12.00

### MAKEUP

Polished Performance Makeup	1.25 oz. 18.50
Cool Beige	Sunlit Beige
Blushing Beige	Wild Honey
Tender Blusher	8.50
Apricot Gleam	Fresh Plum
Nutbrown Apple	
RE-NUTRIV Rich Rich Lipstick	6.00
Sherry Apple	Rosewood
All-Day Frosted Apricot	
Pressed Eyelid Shadow (dual pan)	7.50
Roman Peach/Terracotta	
Starlight Silver/Starlight Blue	
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### Lustrous Roll-On Mascara

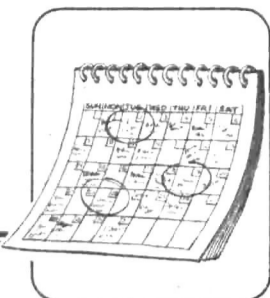
Black/Brown	7.00
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Fragrance Spray	1.75 oz. 12.50
Fragrance	2 oz. 10.00
Estée	
Pure Fragrance Spray	2 oz. 15.00
Daytime Fragrance Spray	1.85 oz. 12.50
Aliage	
Sport Fragrance Spray	45 oz. 8.50
	2 oz. 13.50
White Linen	
Parfum Spray	2 oz. 20.00
Purse .5 oz. 8.50	
Celadon	
Parfum Spray	2 oz. 15.00
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Pavilion	
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• Cosmetics

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# Community Calendar

what's happening



### PUBLIC MEETINGS

**Sewer District Meeting** (10-17, 7 p.m.) Meeting dated 10-24 is cancelled, 22620 Seventh Ave. S.

**Des Moines City Council** (second and fourth Mondays, each month, 7:30 p.m.) Regular meeting at Des Moines City Hall.

**Des Moines Planning Commission** (first Monday, each month, 7:30 p.m.) Meeting at Des Moines City Hall.

**Federal Way Community Council** (each Thursday, 7:30 p.m.) Regular meeting in the Lakeside Professional Building, 30819 14th S. (Lower Level).

**Federal Way School Board** (second and fourth Mondays, each month, 7 p.m.) Regular meeting at Educational Services Center, 31455 28th S.

**Water District 54** (first Monday each month at 6:30 p.m. and third Monday of each month at 8:30 a.m.) Regular meeting, 922 S. 219th St.

### COMMUNITY EVENTS

**Federal Way Organizations Serving Youth (FWOSY)** (10-17 and 10-24, 7 to 9:30 p.m.) Second part of three-session seminar to study drug abuse and what can be done about it, Decatur High School.

**Food Stamp Outreach** (10-17, 9:30 a.m. to noon) Information on food stamp program, Multi-Service Center, 2450 Star Lake Road.

**United Ostomy Assn., Tacoma Chapter** (10-17, 7:30 p.m.) Sgt. John Murphy from the Urology Clinic at Madigan Hospital will be the speaker, all ostomates and other interested persons are invited to attend, for information, call 759-4828, Allenmore Hospital Cafeteria in Tacoma.

**Welcome Wagon Club of Federal Way** (10-17, 11:30 a.m.) Luncheon, cost \$5.95, for reservations call 838-2965, Sebastian's.

**Decatur High School** (10-18, 7:30 p.m.) Open house.

**Auburn Area Democratic Club** (10-19, 7:30 p.m.) Meeting, Senator Peter Von Reichbauer and Rep. George Walk and a representative from Save Our Farmlands Committee (Prop. No. 3), will be the guests, Aero-Mechanics Office, 203 Auburn Ave. N., Auburn.

**Star Lake Elementary Newspaper Drive** (To 10-19) For additional information call Gayle at 246-7115.

**Parents Without Partners, Chapter 66, South King County** (10-19, 9 p.m. to 1 a.m.) Alumni night-ballroom dance, Normandy Park Cove, 1500 Shorebrook Drive, for information call Bob at 246-5150; (10-21, 2 to 4 p.m.) Family potluck and birthday, 30012 Third S., for information call Josephine at 941-4159, prospective members call 854-2780.

**Parents Without Partners, Chapter 66, South King County** (10-26, 9 p.m. to 1 a.m.) Halloween dance, Normandy Park Cove, 1500 Shorebrook Drive, Burien, call 228-1249 for directions and additional information; (10-27, 7:30 p.m.) Dine out and pinocle party, Torero's Restaurant for dinner, 25735 Ambaum Blvd S.W., Burien, after dinner pinocle invitation at 911 S.W. 124th St., Burien, for additional information call 242-1637, prospective members call 854-2780.

**Northwest Opal Assn.** (10-20 at 10 a.m. to 9 p.m. and 10-21 at 10 a.m. to 5 p.m.) Opal show, Sea-Tac Hilton, 17620 Pacific Highway S.

**South King County Literacy Council** (10-20, 10-27 and 11-3) Laubach workshop for volunteer tutors, St. Luke's Lutheran Church, 515 S. 312th St.

**South Seattle Begonia Society** (10-23, 7:30 p.m.) William Gibb will conduct the evening's program on "Winter Care and Storage of Begonias and Fuchsias," held at the Burien Arts Center.

**Welcome Wagon Club of Federal Way** (10-25, 10 to 11:30 a.m.) Get acquainted coffee hour, call 838-9708 for information.

**Adelaide Elementary PTA Carnival** (10-26, 4 to 10 p.m.) Proceeds for playground equipment, fun, food, games, raffles, crafts and prizes for all ages, held in the school gym.

**Brigadoon Elementary PTA Halloween Party with Arts and Crafts Bazaar** (10-26, 3:15 to 9 p.m.) Special guest is KIRO's Count Dracula, public is welcome, 3601

S.W. 336 St., contact Karen Edwards, 838-4589 for additional information.

**South End Singles** (10-26, 9 p.m.) "Halloween" dance, all being held at Crestview Center, 16200 42nd Ave. S., phone 839-5151 evenings for additional details.

**Huntington Park** ((10-27, 10 a.m. to 4 p.m.) Flea market, Clubhouse, 1016 S. 248th St.

**Square Dance Lessons** (Began Sept. 11, Tuesdays, 7 p.m.) Sponsored by The Buckskin Kids, for ages 8 to 12, Southgate School, 4101 S. 131st St., for more information call 722-5362.

**Adelaide Elementary School PTA General Meeting** (second Thursday of each month 7 p.m.)

**Alcoholics Anonymous** (Tuesdays and Thursdays, each month, 10:30 a.m.) Ancient Mariner, 31140 Pacific Highway S.

**Altura Club of South King County** (first and third Tuesdays, each month, 6 p.m.) Dinner meeting at the Fog Cutter South.

**Alpha Delta Kappa, Alpha Theta Chapter** (second Thursday, each month 6:30 p.m.) For additional information call Margit Larson at 927-2195.

**Centerstage Actor's Workshop** (every Thursday night, 8 p.m.) Federal Way Elks Lodge, 31405 185th Ave. S.

**Chapter No. 937 of the American Assn. of Retired Persons** (every second Tuesday, 1:30 p.m.) Regular meeting at the Senior Citizens Center, 33324 Pacific Highway S.

**Dee-Cee Toastmasters International** (Wednesday evenings, 6 p.m.) Dinner meeting, Mulligan's Old Place Restaurant, SeaTac Mall, for additional information call Ken Willard, 773-98, 255-039 or 839-1755.

**Des Moines Garden Club** (first Monday each month, 10:30 a.m.) Meeting, Des Moines United Methodist Church.

**Dale Leroy Watkins Auxiliary for Children's Orthopedic Hospital** (fourth Monday, each month) Meetings in members' homes, contact Terry Engelstad at 839-7175.

**Des Moines Lodge 245 F and AM** (second Thursday, 8 p.m.) Des Moines Masonic Temple, 2208 S. 223rd St., William Exley - 878-4387, Richard Neal, secretary - 824-1485.

**Des Moines - Zenith Orthopedic Auxiliary** (first Thursday, each month) Board meeting in homes; (third Thursday, each month, noon) General meeting at Des Moines United Methodist Church.

**Diet Center's Nutrition and Food Behavior Modification Seminar** (begins Sept. 11 for six weeks, Tuesdays, 7 to 9 p.m.) Cost \$25, for additional information call Marilyn at 941-1990.

**Evergreen Bridge Club** (every Thursday, 10 a.m.) Open franchise duplicate, 1346 S.W. Dash Point Road, call 927-0244 for additional information.

**Evergreen Conestogas 4x4 Club** (second Wednesday, each month, 7:30 p.m.) Meeting, Auburn Park, for additional information call Sandy McKee at 927-7188.

**Experimental Aircraft Assn.-Green River Chapter 441** (third Thursday, each month, 7:30 p.m.) At hangar at 17603 S.E. 292nd Place, Crest Air Park.

**Federal Way Aerie 3812 FOE** (first and third Tuesdays, 8 p.m.) Lakeland Community Club, 4016 S. 352nd St., new meeting place.

**Federal Way Auxiliary FOE** (first and third Wednesdays, 8 p.m.) Regular meeting held at Lakeland Community Club, 4016 S. 352nd St.

**Federal Way Cooperative Preschool** (meets Tuesday, Wednesday and Thursday, 12:30 to 2:30 p.m.) For registration information call Kifanie Hein at 839-0769 or Marguerite Hayes at 852-9236, All Saints Lutheran Church, 27224 Military Road S.

**Federal Way Evenings Lions Club** (first and third Wednesdays, 7 p.m.) Held at the Fog Cutter

South.  
**Federal Way Jaycees** (second and fourth Tuesdays, each month, 8 p.m.) Meetings held at Jaycee Clubhouse, Federal Way Shopping Center.

**Federal Way Noon Lions Club** (every Tuesday, 12:15 p.m.) Meeting held at the Fog Cutter.

**Federal Way Women's Aglow Fellowship** (third Tuesday, each month, 9:30 a.m.) Steel Lake Grange Hall, one block east of 298th and Military Road.

**Foxgloves, University of Washington Arboretum Foundation Study Unit 77** (second Thursday each month, September through May) Membership now open, call Carol Fox, 941-1273, or Audrey Isaacson, 839-8671, for information.

**Green River Chapter Barbershoppers** (Tuesdays, 7:30 p.m.) Tryout prospects - singing quartets, held at Star Lake Improvement Club, South 272nd and Military Road, Kent-Federal Way.

**Heritage Toastmistress Club** (second and fourth Tuesdays, each month, noon) Meeting held at the Royal Fork, 31845 Pacific Highway S.

**Highline Business and Professional Women** (first Wednesday, 7:30 p.m.) Board meeting in homes; (second Wednesday, 6:30 p.m.) Dinner meeting at Black Angus in Burien.

**Hi-Way Toastmasters** (Thursdays, 7 p.m.) Visitors and guests welcome, Pacific Junior High, 22705 24th Place S.

**Jaycees** (second and fourth Tuesdays, 7:30 p.m.) At Jaycee Clubhouse.

**Kiwanis of Federal Way** (every Wednesday, noon) New location, The Dynasties.

**Lakeland Community Club** (first Thursday, each month, 8 p.m.) Regular meetings; (9-20, 6 p.m.) Potluck, 4016 S. 352nd St.

**Marine Hills Garden Club** (third Tuesday, each month, 7:30 p.m.) Meeting held at Mrs. Maurice Pratts, 914 S. 293th St.

**Mary Bridge Speech and Hearing Center** (Monday and Wednesday, by appointment) Free speech and hearing screening, call 839-3470 for appointment, 2450 Star Lake Road.

**Omega OES 259** (first and third Wednesdays, 8 p.m.) Stated meeting, J. Smith, secretary, for information call 878-8166, Des Moines Masonic Temple.

**Outriders Off-Road Vehicle Club** (second Wednesday, each month, dinner at 6:30 p.m., meeting at 8 p.m.) Fog Cutter South, 31211 Pacific Highway S., for additional information call Dick Luzznick at 839-1234 or Don Emerson at 839-2459.

**Overeaters Anonymous** (each Monday, 12:30 p.m.) King County Multi-Service Center, 2450 Star Lake Road; (each Thursday, 7:30 p.m.) Trinity Reformed Church, 3807 S. 260th St., call Betty at 878-3027 for additional information.

**Women's Aglow Fellowship** (every

third Tuesday, 9:30 a.m.) Steel Lake Grange, one block East of 298th Street and Military Road.

### DES MOINES LIBRARY

**Banjo Music** (10-17, 7:30 to 9 p.m.) At the library.

**Halloween Programs** (10-23, 4 p.m.) Puppet Show, "Jack the Giant Killer," recommended for children first grade and up; (10-27, 10 a.m.) Movie, "The Devil and Daniel Mouse;" (10-29, 10 a.m.) Stories, songs, and games will be featured, children are welcome to wear costumes without masks and parents are invited, call the library at 824-6066 for additional information, 22815 24th S.

**Childbirth Education Films** (10-24, 7:30 p.m.) At the library.

**Pre-School Storytime** (Mondays, 11 a.m.) For 2½ to 3-year olds with parent; (10 a.m.) For 3- to 5-year-olds.

**FEDERAL WAY LIBRARY**

**Toddler Sharing Time** (six week series, began 9-17, 10 a.m.) Will continue on Mondays through

Oct. 22, at the library, 848 S. 320th St.

**Four free films for preschoolers** (10-17, 1 p.m.) "Goliath II," "The Big Red Barn," "The Mole and the Green Star," and "Chicken Soup with Rice," 848 S. 320th St.

**"Learn Signed English" Program** (10-20 to 11-10, held on consecutive Saturday mornings from 10 to 11 a.m.) Led by Sue Wright, a former teacher of deaf preschoolers, registration required, call 839-0257 for additional information, at the library.

**"Act Yourself: An Introduction to Role Therapy" Program** (10-22, 7:30 p.m.) Federal Way writer Jo Loudin, author of the book entitled "Act Yourself," will teach participants how to stop playing roles in their daily lives and unmask their true feelings, at the library, 848 S. 320th St.

**"Christmas Crafts" Program** (10-24, 10 a.m.) Crafts expert Sharon Stauffel will discuss and demonstrate a variety of easy to do holiday ornaments and decorations, 848 S. 320th St.

### CHAMBER OF COMMERCE

**Council of Organizations** (10-17, 7:30 p.m.) Federal Way Library; **Political Action Committee** (10-17, 8 a.m.) Gee Gee's Restaurant; **Ambassadors** (10-24, 11:30 a.m.) Sebastian's Seafood Restaurant.

### MULTI-SERVICE CENTER

**Foot Care** (10-17, 10 a.m. to noon) \$2 charge, sign up at apartment building, Plaza 17, 1007 17th S.E., Auburn.

**Foot Care** (10-17, 2 to 4 p.m.) \$2 charge, sign up at apartment building, Wayland Arms, 307 S. Division, Auburn.

**Well-Child Clinic** (10-17, 8 a.m. to 4 p.m.) By appointment only, call 833-8400, Multi-Service Center.

**Blood Pressures** (10-18, 10 a.m. to noon) Federal Way Senior Citizens Center, 33324 Pacific Highway S.

**Blood Pressures** (10-18, 2 to 4 p.m.) Auburn Senior Citizens Center, 910 Ninth S.E., Auburn.

**Blood Pressures** (10-19, 1 to 3 p.m.) SeaTac Mall by the information booth.



## 1st Birthday Party TODAY thru Saturday, Oct. 20th

- FREE Balloons for all Kids!
- SAVE 1/3 on special groups of Boys' and Girls' fashions—ALL SIZES

Girls—newborn thru 6x  
Boys—newborn thru 7

**My, how our Baby has grown!**

We have included some fine new lines and extended our range of sizes to double our selection of fine children's wear and gifts. Now at its peak—our collection features Holiday Dress-Ups, play clothes and warmwear for the coming season.

## Benson's BABY BOUTIQUE

Just downstairs from Benson's Apparel in Des Moines  
21907 Marine View Drive South • 878-3120

### Lodge sets Oktoberfest

The Slovenian Lodge of Auburn, SNPJ 11, will host a Gala Bavarian-Style Oktoberfest to celebrate the 75th anniversary of their Society.

The event will be held on Saturday, Oct. 20, at 7 p.m. at the Filipino-American Community Hall in Algona. Algona is located just south of Auburn off the west valley road.

Traditional "ethnic" foods will be served consisting of home-made smoked sausage and sauerkraut dinners with apple strudel. Dancing will be to the music of the Steiermark Band.

Special floor shows will be performed by the Enzian Bavarian Schuplattler Dance Group.



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-Reality Therapist-

# New at Herfy's!

Try our three new sandwiches before the end of October and take advantage of our "Mix or Match October Sandwich Special!"

**HOT CHICKEN Sandwich...\$1.20**  
Delicious deep fried chicken patty with lettuce, mayonnaise on a toasted sesame bun.

**COLD TURKEY Sandwich...\$1.20**  
Sliced turkey with lettuce and mayonnaise on a toasted sesame bun.

**HOT ROAST BEEF Sandwich...\$1.55**  
Sliced roast beef with lettuce and mayonnaise on a toasted sesame bun.

**"Mix or Match October Sandwich Special!"**

## 2 for \$1.99

Mix or Match a chicken or a turkey sandwich—your choice of two new Herfy's sandwiches for just \$1.99!

Mix or match special ends October 31, 1979.

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Offer good only at Kent, Auburn, Federal Way, Puyallup and Bremerton Herfy's stores.



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**OFFICIAL NOTICE:** The following proposed constitutional amendments are to be submitted to the voters at the state general election to be held on November 6, 1979. The ballot titles and explanatory statements were prepared by the office of the Attorney General. This is a legal publication as required by law from the office of the secretary of state.

**Senate Joint Resolution 110**  
PROPOSED CONSTITUTIONAL AMENDMENT  
Official Ballot Title:  
Shall the legislature meet in regular sessions, and shall special legislative sessions be authorized each with specific time limitations?  
Vote cast by the members of the 1979 legislature on final passage: YES [96 members]; NO [0]; ABSENT OR NOT VOTING [0].  
SENATE [96 members]; YES: 40; NO: 4; ABSENT OR NOT VOTING: 5.  
The law as it now exists:  
At the present time the Constitution provides that the legislature shall hold regular sessions, commencing on January 1 of each year, and that special sessions may be called by the governor for any purpose, or by a two-thirds affirmative vote of both houses of the legislature solely for the purpose of overriding the governor's veto. Regular sessions may not last more than 60 days, but there is no time limit on the length of any special session called by the governor. Legislative committees may not conduct official business while the legislature is not in session.  
The effect of SJR 110, if approved into law:  
The amendment would require that a regular session of the legislature be convened each year. The regular session during each year would not last longer than 103 consecutive days, and any special session would not last longer than 60 consecutive days. The amendment would also allow for special legislative sessions. The governor by proclamation would be allowed to convene a special legislative session, which would be limited to thirty consecutive days. The governor could certify a purpose for convening the special session, but this proclamation would not be binding on the legislature. Special sessions may also be convened by legislative resolution upon a two-thirds affirmative vote by each house. Any special session

**Senate Joint Resolution 120**  
PROPOSED CONSTITUTIONAL AMENDMENT  
Official Ballot Title:  
Shall municipal utilities be permitted by the constitution to assist owners of residences in financing energy conservation measures until 1990?  
Vote cast by the members of the 1979 legislature on final passage: YES [96 members]; NO [0]; ABSENT OR NOT VOTING [0].  
SENATE [96 members]; YES: 40; NO: 4; ABSENT OR NOT VOTING: 2.  
The law as it now exists:  
Under the state constitution, municipal corporations, such as counties, cities, and public utility districts, may give or lend, or be authorized by the state legislature to give or lend, any of their funds or credit to assist private businesses, which are not power or utility financing purposes or services, such as home insulation.  
The effect of SJR 120, if approved into law:  
If approved SJR 120 would permit the legislature to authorize counties, cities, public utility districts, and other municipal corporations and political subdivisions of the state, which sell or distribute energy, to assist owners of residential structures to finance the acquisition and installation of materials and equipment, such as home insulation, for the conservation of energy in their residences. Financial assistance would include the use of funds or credits, such as loans or guarantees of funds. The source of funds available for such assistance would be limited to operating revenues derived from the sale of energy.  
Persons other than power and utility would be required to pay appropriate charges for this assistance.  
The amendment would be automatically required January 1, 1980, except as to contracts entered into before that date.

**Senate Joint Resolution 112**  
PROPOSED CONSTITUTIONAL AMENDMENT  
Official Ballot Title:  
Shall legislators be allowed to assume other civil offices without receiving any increases in compensation passed during their legislative terms?  
Vote cast by the members of the 1979 legislature on final passage: YES [96 members]; NO [0]; ABSENT OR NOT VOTING [0].  
SENATE [96 members]; YES: 40; NO: 4; ABSENT OR NOT VOTING: 2.  
The law as it now exists:  
In the present time the constitution prohibits a legislator, during the term for which he or she is elected, from being elected or appointed to any civil office, the compensation for which was increased during the term for which he or she was elected.  
The effect of SJR 112, if approved into law:  
The amendment would remove the prohibition against appointment of a legislator to any civil office if the compensation for that office had been increased during his or her term of office as a legislator. The legislator shall be compensated for the total term of the civil office at the level which existed prior to the increase in compensation.



### Campbell wins

CAMPBELL BUILDING Supply which operates stores in Des Moines and Federal Way area, won a \$1000 savings bond and 20 shares of Palmer G. Lewis Company common stock during a grand prize drawing held at the Lewis Company Annual Dealer Buying Show in September. Kip Kronenberg, Campbell stores manager, received the savings bond and shares from Richard E. Lundgren, Palmer G. Lewis president. Others pictured from, left to right, are Philip Harris, Palmer G. Lewis sales manager and Mike Carlisle of Campbell Building Supply.

### Gifted programs discussed

Robert Sealey, superintendent of the Highline School District, and Iris Knapp, Highline school board member, will attend a meeting of the Phoenix Association Tuesday, Oct. 30 at 7:30 p.m. in the Burien Public Library meeting room.

The topic of their discussion will be, "Education for Gifted and Talented Students: Philosophy and Programs at the Present and for the Future."

The Phoenix Association is a local non-profit organization made up of parents, teachers and administrators with the goal of providing enrichment opportunities beyond those available in the public school setting and offering parent training that focuses on the needs of able students.

The group offers two periods of classes — a spring session from February until

May and a summer session from June through August.

A total of 118 children from 92 families were enrolled in the 18 classes of the 1979 spring period. These students represented 19 schools in South King County.

Phoenix classes offer small classes with an average of 10 students each. In-

struction is offered in such fields as astronomy, electronics, foreign languages, creative writing, marine life and nutritious foods.

Further information about the Phoenix Association and its classes is available by contacting Gladys Baxter between 10 a.m. and 3 p.m. at 244-7287.

### Textbooks approved

The Highline School Board Wednesday night adopted two sets of language arts textbooks.

Series E English, published by McMillan, will be used by grades one through six and Language for Meaning, published by Houghton Mifflin, will be used by grades

seven and eight. Those texts are scheduled for mid-year implementation.

### Surplus vehicles for sale

King County's surplus vehicles will be on the auction block Nov. 3, starting at 10 a.m. at the county parks shop, 3005 N.E. Fourth St., Renton.

For sale will be 115 sedans, 12 pickup trucks and a van. Engines will be started about one hour prior to the auction.

Pat Cooper, King County maintenance supervisor, said this year's selection shows lower mileages than those sold in past King County auctions.

The vehicles are between 3 and 6 years old and were used in the county motor pool and by the Public Works Department.

Citizens may view the vehicles the day before the auction. The site is reached from the north by taking the Enumclaw-Renton cutoff from Interstate 405, and from the south by taking the Bronson Way-Sunset cutoff.

Engines will not be started prior to the day of the auction.

### To our valued customers

### Pay Less

Of the 250 items in this week's SPOOKTACULAR BARGAINS circular, the following 1 items have not yet arrived:

CLAIROL "SON-OF-A-GUN" HAIRDRYER 1250 WATT. #TD2

We sincerely apologize and hope this does not inconvenience you, our valued customers.

RAINCHECKS WILL BE ISSUED UPON REQUEST

FEDERAL WAY 31401 Pacific Highway S.

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## Airwest, strikers agree on contract

by Pat Jenkins

Thirty-six days after they walked off their jobs, striking Air Line Employees Association workers late Monday reached a tentative contract agreement with Hughes Airwest.

The accord was announced by National Mediation Board member Robert Brown in Miami Beach, Fla., where negotiations had been underway since Oct. 9.

The pact must be ratified by a vote of the ALEA members before they return to work and put Airwest back in the air. The airline was forced to cease operations when the union of clerical workers, reservation agents, loading ramp personnel, and baggage handlers went on strike Sept. 10.

No details of the conditional contract were revealed by Brown or Airwest officials. ALEA representatives were unavailable for comment Tuesday morning.

It was learned last week, however, that the latest round of bargaining had resolved all but one major area of difference — wage increases.

ROBERT HASKIN, an ALEA vice president, said last Monday the union was demanding increases over a three-year period of 10 percent, 7.9 percent, and 7.4 percent, respectively. Airwest was countering with offers of 8 percent, 2.7 percent, and 6.3 percent, according to Haskin.

Haskin, who did not rule out the possibility a settlement could be reached within a week, said the

union was seeking only to be paid according to industry standards.

The latest talks between negotiators and mediator Harry Bickford were the first since early discussions broke off shortly before the ALEA struck Sept. 10.

Airwest agreed to pay ALEA members retroactively based on gross earnings without excluding overtime labor, thus settling one major grievance and apparently leaving only the issue of wage increases.

ALEA has 2,200 members, including 250 in Seattle.

BEFORE THE STRIKE, Airwest had 23 daily flights from Seattle-Tacoma International Airport and 32 from Pasco, Spokane, and Yakima. Passenger boardings in Seattle reportedly averaged about 40,000 a month.

To pick up the slack in in-state and regional flights caused by the Airwest grounding, other airlines accepted passengers with prior reservations on Airwest flights, and Cascade Airways added six round trips a day for the Seattle-Yakima and Yakima-Pasco routes.

Airwest, which operates in 12 western states, Canada, and Mexico, was idled once previously by a strike. Mechanics brought the airline to a standstill for the first week of their four-month walkout seven years ago.

Airwest is the second large airline incapacitated by a strike this year. United Airlines machinists struck for 55 days, before returning to work May 26.

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### RUGGED RED QUARRY TILE

- GREAT FOR HEARTHES, PATIOS, SUN ROOMS, ENTRYWAYS!
- RESISTS FROST, HEAT, MOISTURE!

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- LIGHT, MEDIUM, OR DARK!
- PRE-FINISHED!

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- MESH MOUNTED!

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- CUSHIONED COMFORT!

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OUR PRICE **39¢** SQ. FT.

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- DRAMATIC ACCENT FOR WALLS!
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OUR PRICE **3.29** CTN.

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# Council committee hears testimony on annexation

by Dan Williams  
 "To annex or not to annex? That was the profound question last Wednesday night before a special committee of the Seattle City Council.

The four committee members listened to a parade of citizens alternately praise and denounce the city's proposed annexation of the South Park area, with its large corporations and consequent tax revenue windfall.

The stated purpose of the hearing was to take testimony on whether the City Council should accept or reject a 13-signature petition asking that annexation be put to a vote of the residents of South Park. But the arguments generally were directed not toward the petition, but toward annexation itself.

The evening's most colorful testimony came from Lloyd Ragan, head of the 35th District Democratic organization, and Bob Gogerty, a consultant who represents Boeing and four other big South Park businesses.

RAGAN ASSERTED that Boeing and other companies have long enjoyed Seattle's reputation and services without paying fair share of taxes. "When I was a kid I learned the saying, 'When the milk's free, why pay for the cow?' So I think it's time to get the old

shotgun and have a wedding," Ragan said.

Gogerty said that Ragan's argument amounts to a charge that the city is subsidizing Boeing and the rest of the "big five" industries. There is no subsidy, Gogerty claimed, adding that the companies in fact do pay for the services they receive.

He likened Seattle's annexation proceedings to the old definition of Southern justice: "You give them a fair trial, then you hang them."

Carol Anderson, a South Park resident, lashed out at the businesses for trying to "legislate

what happens to us". She urged the council members to accept the petition and let residents decide the issue.

ANDERSON ALSO complained about the services provided by the county. She leveled a general charge of incompetence against Fire District 11

Another resident, Marian Crawford, asked the City Council to "remember the old people". She said annexation would result in new and higher property assessments, thus hurting those on fixed incomes.

Clark Snure, an attorney representing Fire District 1, rip-

ped the city's environmental impact statement (EIS), calling it "misleading, incomplete, and inaccurate". He pointed out that annexation will take three-quarters of that fire district's operating revenue. The EIS, he claimed, offers no suggestions as to how the district's 3400 residents will continue to receive adequate fire protection after annexation.

The EIS was also the target of Mike Fagin, representing an association of small businessmen. Among the "numerous inaccuracies" in the EIS, Fagin said, was the calculation that small businesses in

South Park would pay an average of \$782 to meet new city building codes. Fagin claimed that the cost of annexation to small businesses would be more than \$5,000, based on an actual survey in South Park.

REPRESENTATIVES FROM several Seattle community organizations also testified at the hearing, and most favored annexation as a good way for the city to expand its tax base and increase revenues. One exception, however, was the Seattle Chamber of Commerce, whose representative said that annexation did not jibe with the interests of its members.

The committee, composed of John Miller, Jeanette Williams, Norm Rice, and Randy Revelle, will make a recommendation to the full council, which will probably vote on the issue sometime next month.

If the City Council approves of a South Park vote, the annexation question will go to the county Boundary Review Board for final approval that the question be placed on the 1980 ballot.

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 Registration for  
**MIRROR LAKE CRAFT FAIR**  
 Nov. 30 - \$7.50/booth  
 Call Barb 839-7716

## Obituaries

### John A. Seel

John A. Seel of Federal Way died Oct. 14 in Puyallup Manor following a lengthy illness. He was born in Germany May 18, 1900 and had lived in Federal Way for the past four years.

Mr. Seel had been a restaurant manager for 20 years and was a member of St. Vincent de Paul Catholic Church and the AARP.

Survivors include a daughter, Mrs. Michael (Mary Joan) Olason of Federal Way; four sisters,

Mrs. Margaret Hayden and Mrs. Emma Graichen, both of Methuen, Mass.; Mrs. Anna McHale of Lawrence, Mass., and Mrs. Laura Jackson of Newington, Conn.; two granddaughters, and several nieces.

Rosary was held at 7:30 p.m. Monday at ahn and Son Funeral Chapel in Auburn. Mass of the Christian Burial was at 9 a.m. Tuesday at St. Vincent de Paul with Father Harold Quiq officiating. Interment was at Mt. View Cemetery, Auburn.

### Elmer Bellah

Elmer Bellah died Oct. 12 in his home in Auburn. He was born Oct. 14, 1892 in Huntsville, Ark. and had been a carpenter all his life, working for Howard Wright Construction Co. until his retirement in 1966.

Mr. Bellah was a member of Carpenters Local 131 and an old-time square dance caller.

He is survived by a son, Lloyd of Auburn, six grandchildren and 16 great-grandchildren.

Services were held Tuesday, Oct. 16 at Yahn and Son Funeral Chape, Auburn. Interment was in Evergreen Cemetery, Seattle. The family suggests memorials to the American Diabetes Association.

**Outriders Off-Road Vehicle Club** (second Wednesday, each month, dinner at 6:30 p.m., meeting at 8 p.m.) Fog Cutter South, 31211 Pacific Highway S., for additional information call Dick Luznick at 839-1234 or Don Emerson at 839-2459.

**Overeaters Anonymous** (each Monday, 12:30 p.m.) King County Multi-Service Center, 2450 Star Lake Road; (each Thursday, 7:30 p.m.) Trinity Reformed Church, 3807 S. 260th St., call Betty at 878-3027 for additional information.



## Is life tearing you apart?

It can do that. Maybe it already has. And the pain caused by marital problems and divorce can be almost unbearable. It takes more than time to heal the wounds.

It also takes love and understanding from others. From people who know a personal God who really cares about you. From people who can introduce you to a better life. A life filled with quality, hope, and purpose. A life that doesn't end with death.

You'll find that problems are a lot easier when you don't have to face them alone. Why not visit us this Sunday and find out for yourself. It could be the start of a better life.

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**The Light and Life Church**

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Regency non-dairy coffee creamer gives your coffee a rich, creamy flavor. Low in calories. 22 oz.



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Coats & Clark Red Heart worsted wintuk yarn. For beautiful, hand-knit articles. Assorted colors. 3 1/2 oz. skein.



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Delicious & light Heidelberg beer. Everything premium except the price. 12 oz. cans. 6 pack.



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Assorted colors, with elastic strap. Plastic vinyl.



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New giant blow-up costume kits in 6 styles.



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**PUMPKIN**  
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Plastic pumpkin tote to carry Halloween treats.



**89¢**

**HERSHEY'S**  
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Hershey's snack size chocolate candy bars. 10.15 oz.



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**TOOTSIE**  
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Your choice of 1' tootsie rolls, squares or pop drops. 320 pieces.



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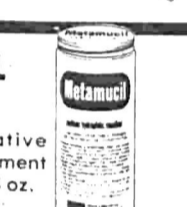
Contact capsules for 12 hour relief of cold symptoms. 10's.



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Metamucil laxative powder for treatment of constipation. 14 oz.



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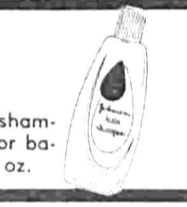
Crest with fluoristan fights cavities and prevents decay. 7 oz.



**88¢**

**BABY**  
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Johnson's baby shampoo is not just for babies anymore. 11 oz.



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**NIVEA**  
**LOTION**

Nivea lotion is an ideal hand & body moisturizer. 13 oz.



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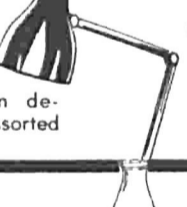
Large capacity humidifier lasts 12 to 20 hours. Holds 1 1/2 gal. #240.



**12.88**

**ELBOW**  
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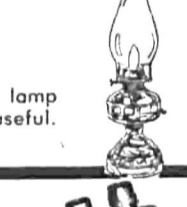
Adjustable arm designer lamp in assorted colors. #AL100.



**10.99**

**GLASS**  
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Kaaden glass oil lamp is attractive & useful. #1450.



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Bushnell Ensign® all-purpose 7 x 35 binoculars with Insta-Focus. #13-7355.



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Deluxe Trim Lite flashlight with two "C" cell batteries. #3131X.



**99¢**

**PLASTIC**  
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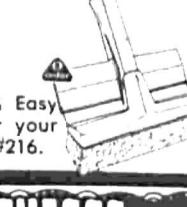
32 gal. green plastic trash can. Won't rust or crack.



**5.99**

**O'CEDAR**  
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O'Cedar Light & Easy sponge mop for your cleaning needs. #216.



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**BELLEVUE** 15100 S.E. 38th at 148th Ave. S.E.  
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**MERCER ISLAND** 3023-78th Ave. S.E. at S.E. 32nd St.  
**RENTON** 3208 N.E. Sunset Blvd. at 12th St.  
**AUBURN** 1509 Auburn Way S. at "M" St.  
**TWIN LAKES** 2131 S.W. 336th at 21st Ave. S.W.  
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**STORE HOURS**  
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A complete drug store...and so much more.

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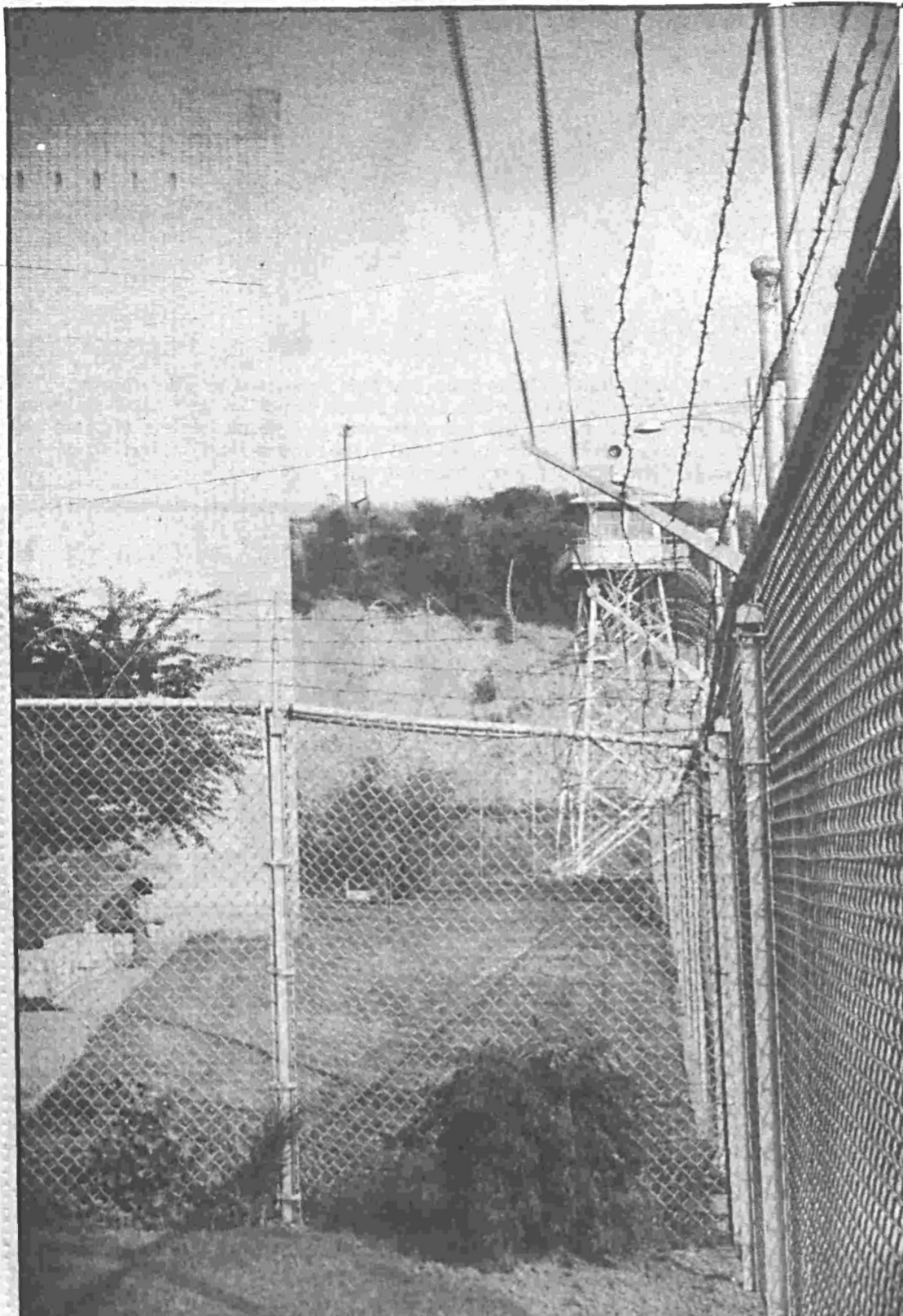
**KODACOLOR FILM**  
**12 EXPOSURE**  
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**1.88**  
 per roll

Without coupon \$2.69  
 Coupon good through Tues. Oct. 23, 1979.  
 Redeemable cash value 1/20 of one cent.

**CLIP THIS COUPON AND SAVE!**





AN INMATE sits alone in the prison yard at McNeil Island.

## What's that tap, tap, tapping behind those prison walls?

The inmates at McNeil Island filed into the prison's theater on a gray Sunday afternoon recently until the large auditorium was fully two-thirds full.

Some of the theatergoers — about 400 in all — had left behind card rooms, television sets or sports fields. Others had just left the loneliness of a solitary Sunday afternoon in the prison yard.

They had come to see the LeRoy Hintz Variety Show "kids," six of whom are Federal Way youngsters. Although they range in age from 10 to 74, about half of the 35- to 40-member company is under 18.

At least once a year for two decades, the Tacoma-based troupe has boarded a ferry at Steilacoom and has taken the 20-

minute ride across the often foggy, windblown passage to the remote island.

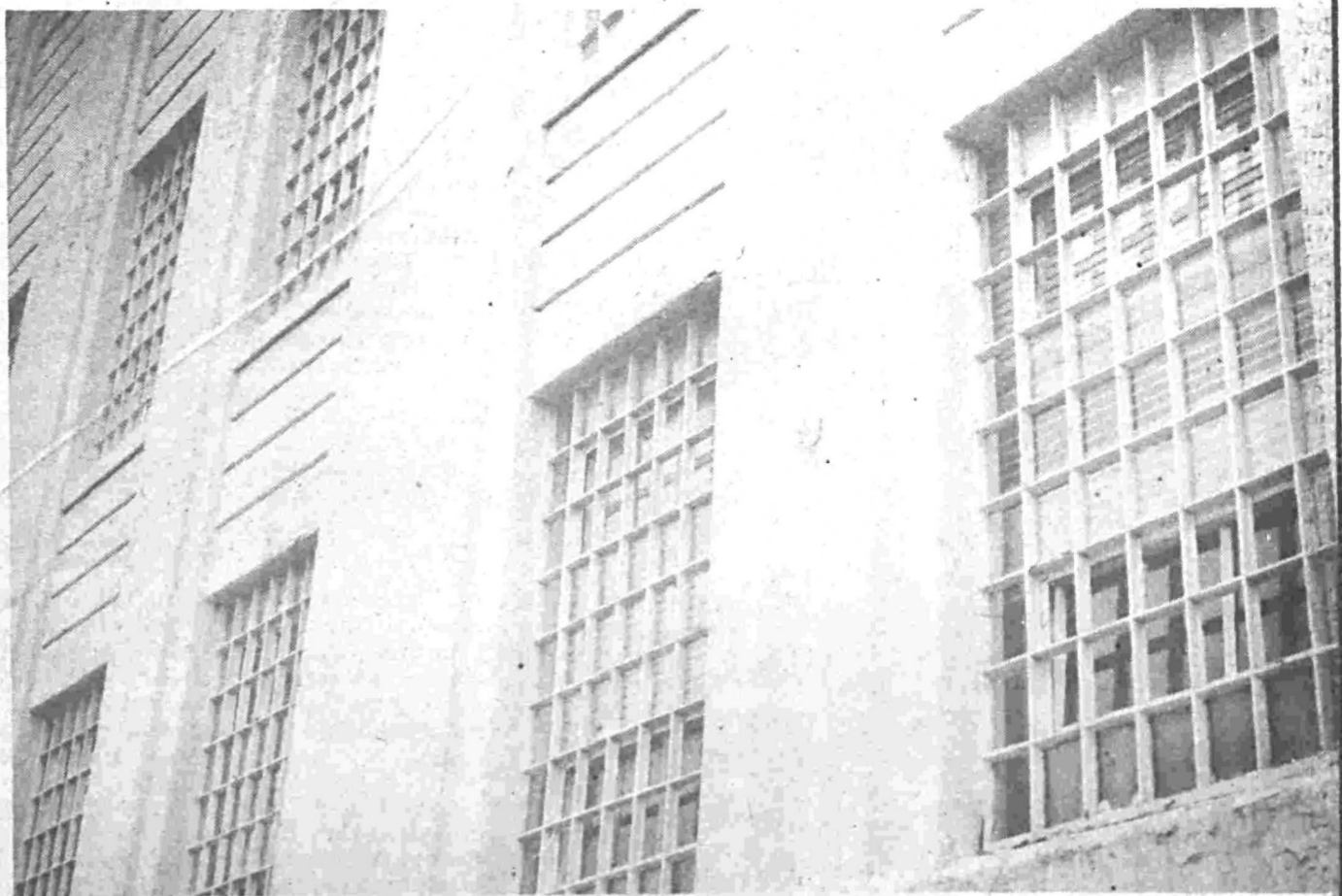
They have dipped into their own pockets to bring entertainment to the prison, receiving no pay for their performances.

But the inmates and the staff reward them with a warm, familiar reception, coming back year after year to see the youngsters perform.

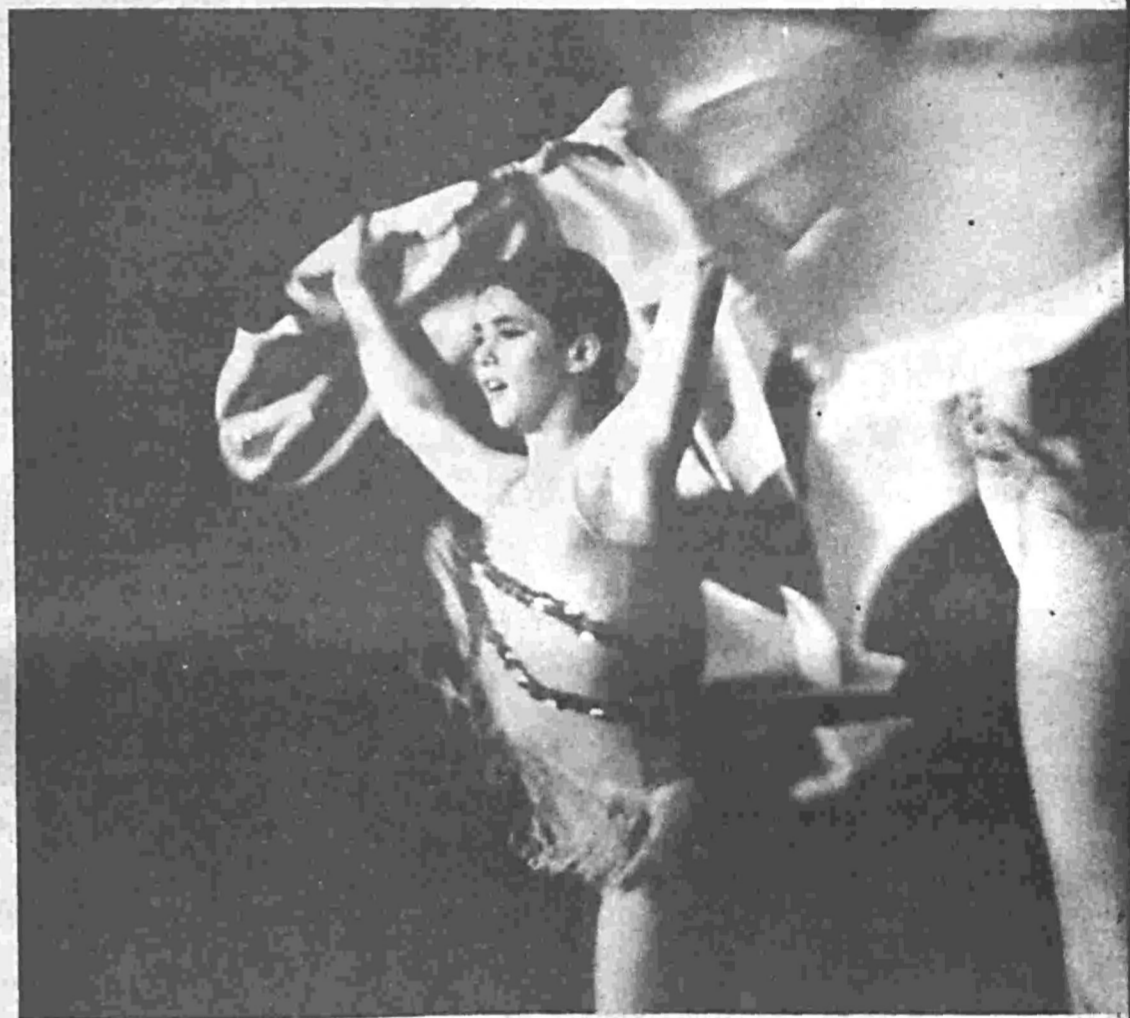


TAPPING THEIR ways across the McNeil Island stage are two of Federal Way's Kaiser Brothers, Kenny (left) and Danny. Russell, the 13-year-old third member of the team that day, had been bumped off the stage by his hammy brothers.

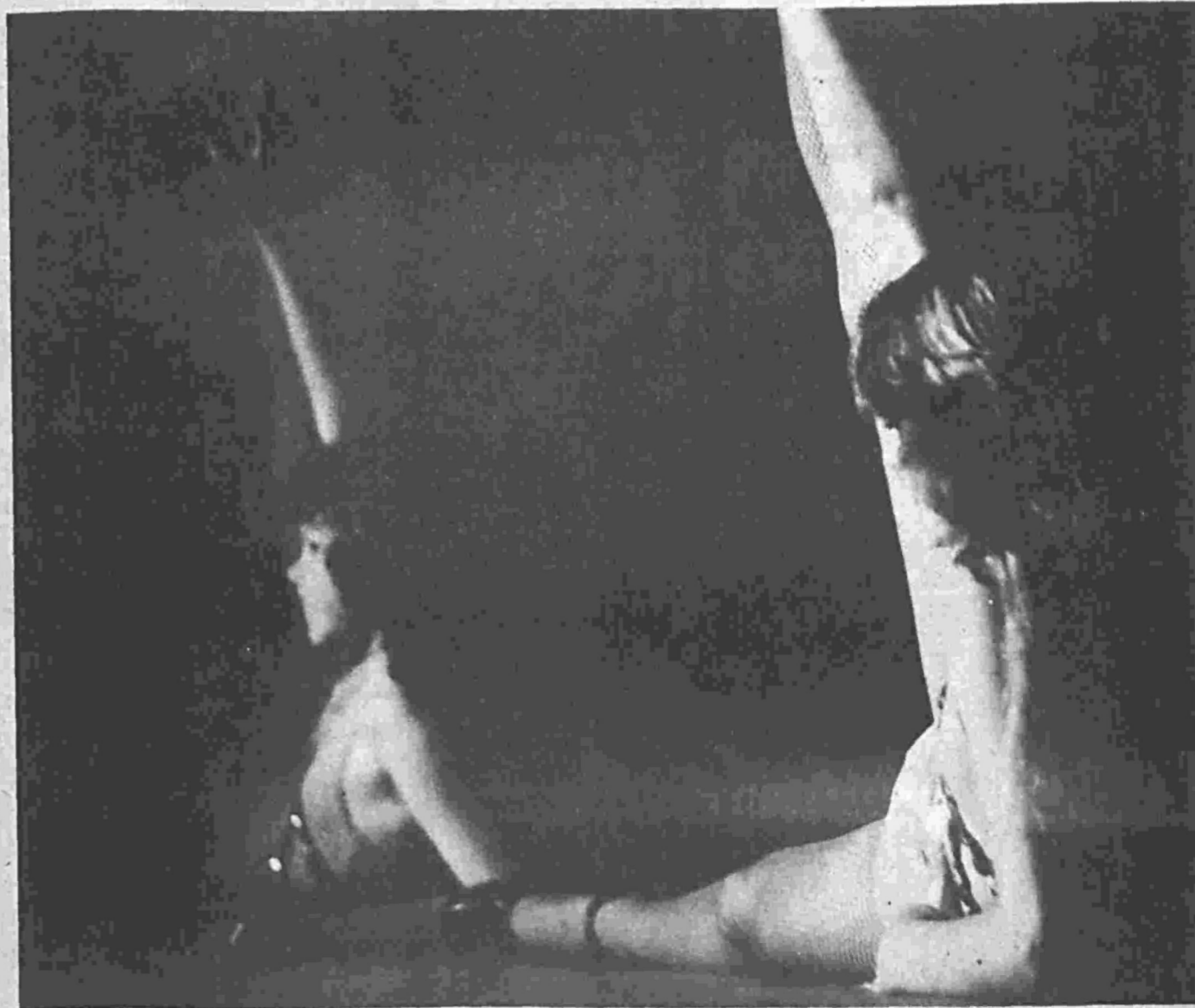
Text by Barbara Butts  
Photos by Bob Butts



BARS LOOMED above the heads of the variety show performers as they were escorted into the prison's theater.



ANNETTE DAVIS of Spanaway is one of the 35 to 40 members that make up the LeRoy Hintz Variety Show. She and other members of the Keller Dancers performed a cape dance at McNeil Island on a recent visit to the institution.



TWO OF the "kids" that the inmates at McNeil Island came to see in a recent performance by the LeRoy Hintz Variety Show at the prison's theater were Tracey Starr (left) and Heidi Fijalka. Both performers live in the Tacoma area.



### Watchful sentry

ON A COOL FOGGY morning, Matt Thatcher of Brigadoon Elementary takes his turn protecting walkers against traffic hazards. He is one of 300 sixth-graders standing watch at six elementary schools in Federal Way.

— photo by Ann Hagen

### Show and sale for antique buffs

Antique dealers from throughout Western Washington will have their merchandise on sale and display at the fourth annual antique show and sale, "Fanfare From The Past," sponsored by the Women of The Church of The Good Shepherd.

The event will be held Oct. 20 and 21 at the Browns Point Clubhouse, 5125 Tok-A-Lou Ave. N.E., and will be preceded by a reservations-only pre-sale and champagne dinner from 7:30 to 10 p.m. Oct. 19.

Show hours will be

from 10 a.m. to 8 p.m. Saturday and from 11 a.m. to 5 p.m. Sunday.

In addition to the dealers, representatives of Refinishing and Woodcrafters Unlimited will be on hand to demonstrate the care of fine antiques. Refreshments will be sold, and there will be a number of door prizes.

Show tickets at \$1.50 each may be obtained by calling Susan Maury, ticket chairman, at 839-1588. Dinner reservations may also be made with Mrs. Maury or with Candi Johnson, show chairman, at 941-5060.



GETTING READY for the annual Antique Show and Sale sponsored by The Women of The Church of the Good Shepherd are, from the left, Linda Potter, Candi Johnson, show chairman, Sherrie Bebach and Diane Sonnenburg, who are show with an antique sled and old cast iron teakettle. The show and sale will be held Oct. 20 and 21 in the Browns Point Clubhouse and will be preceded by a reservations-only preview dinner Oct. 19.

### Boys' Club changes name

The Sea-Tac-Des Moines Boys' Club recently voted to change the corporate name of the facility to Boys' Club and Girls' Club.

According to club coordinator Doug Brown, the change is being made to reflect the services that have been provided for girls as well as boys in recent years. The club will remain a member of the Boys' Clubs of

Seattle and Boys' Clubs of America, while responding to increased girls membership and the closure of the South King County Girls' Club.

The Clubhouse, located at 22202 8th ave. south is open Monday through Friday 2:30- 9 p.m., Saturdays 10 to 4 p.m. and almost all holidays and school vacations. Volunteers are always needed.

### Zeta Phi meeting

Zeta Phi chapter of Beta Sigma Phi will hold its meeting at 7:30 tonight, Oct. 17, in the home of Pat Redling, 3665 S.W. 318th St.

The program on

speech-private will be presented by Pat Redling and Marilyn McKune. Those who wish more information may call Donna Benson, chapter president, at 952-3276.

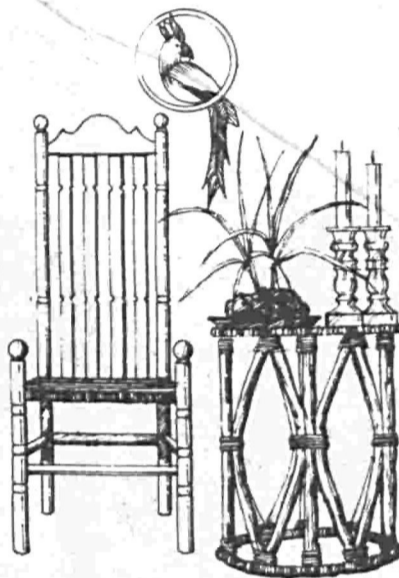
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## DRAPERIES & FABRICS

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Mr. and Mrs. Anderson

## TJ graduates repeat vows

St. Philomena Catholic Church in Des Moines was the scene of the recent marriage of Jan Elaine Gregory, daughter of Mr. and Mrs. Charles Emerson of 25915 14th Place S. and Mr. and Mrs. Richard Gregory of Jerome, Idaho, to Timothy Bruce Anderson, son of Mr. and Mrs. Darrel Gray of 31047 10th Ave. S. and James Anderson of Seattle.

The bride wore a gown of white organza with a ruffled neckline and cap sleeves trimmed in lace. Her veil was attached to a lace headpiece, and she carried a bouquet of orchids and stephanotis.

Bridal attendants were Judy Emerson, sister of the bride, maid of honor, and Cindi Grill, bridesmaid. They wore orchid gowns and carried bouquets of orchids and white

and pink carnations. James Anderson Jr. was his brother's best man. Thomas Strain served as groomsmen, and Steve Grill and Vic Colacurcio were the ushers.

The church reception was followed by a reception at the Emersons' home. Hostess assistants were Edith Grim, Lois Emerson, Cathy Emgebo, Dawn Baker, Betty Grill, Francis Schmitz and Lisa Hystad.

The bride graduated from Thomas Jefferson High School in 1975. Her husband, a 1972 graduate of the same school, is currently attending Highline College.

For their honeymoon, the newlyweds traveled to Reno and Lake Tahoe, returning on Highway 101 along the Oregon Coast. They are now at home at 1216 S. 258th St.

## Couple at home in Bellingham

Mow at home in Bellingham are Mr. and Mrs. Gregory Dean Borland who were married recently in Fauntleroy Community Church.

The bride, the former Lori Kay Jump, is the daughter of Mr. and Mrs. George A. Jump of 23021 19th Ave. B. The bridegroom is the son of Dr. and rs. Lyle D. Borland of 23391 19th Ave. B.

The bride wore a floor-length gown of chiffon with fitted bodice and long bishop sleeves trimmed in Venice lace and accented with seed pearls. Her fingertip chiffon veil was attached to a pearl-beaded headpiece, and she carried a cascade bouquet of stephanotis and red roses laced with the pearl necklace her grandmother wore on her wedding day.

Leslee Goetz served as her sister's matron of honor, and Cathy Allen, Barb Slack and Joy Borland were the bridesmaids. The attendants wore peach gowns trimmed in lace and carried nosegays of yellow daisies and peach carnations with baby's breath. Jan Borland, sister of the bridegroom, was the flower girl, and Gregg Jump, brother of the bride was the ringbearer.

The bridegroom was attended by Lon Snope as best man. Carey Goetz, David Borland and Dan Bertrand were the ushers. Peach gladioli and yellow and white chrysanthemums and daisies were used at the Doubletree Inn in Southcenter for the reception which followed the ceremony. The bride's great-aunt, Miss Evelyn Franklin, kept the guest book. Other assistants were Mrs. Leta Terrell and Mrs. Ruth Murch who were assisted by the bridesmaids.

On their wedding trip, the couple spent two weeks on the islands of Oahu and Kauai in Hawaii.

The bride is a 1976 graduate of Mt. Rainier High School and attends Western Washington University. Her husband is a 1975 graduate of the same high school.

Out-of-town guests included the bride's grandparents, Mr. and Mrs. Cecil Huntley and Mrs. Clyde Jump, all of Colorado; the bride-groom's grandparents, Mr. and Mrs. Kenneth Borland of Longview. The bride's great-aunt, Miss Evelyn Franklin of Colorado; Mr. and Mrs. Hal Terrell of London, England; Terry Haeger of Kailua, Hawaii, and Mr. and Mrs. Jim Clayton of Monrovia, Calif.

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Mr. and Mrs. G. Borland

## Rape Relief plans symposium

A symposium on "Medical Response

— rape and battering" will be conducted on Oct. 27, from 9 a.m. to 5:30 p.m. at Highline Community

College. The symposium, sponsored by King County Rape Relief, has a \$5 registration fee.

Representatives from Harborview

Hospital, Valley General Hospital, the Prosecutors office and police departments will be in attendance.

The main goal of the symposium is to assist hospitals in delivering quality service to victims of rape and battering. Interested medical, legal and law enforcement personnel are invited to attend.

For more information, call the King County Rape Relief office at 226-0210 or 226-RAPE.

## Omega OES meeting

Omega chapter 259, Order of the Eastern Star, will hold its stated meeting Oct. 17 in the Des Moines Masonic Temple.

The meeting will be Honor Night for matrons, patrons,

associate matrons and associate patrons.

Refreshments will be served by Edith Butler and her committee in the dining room following the meeting.



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## Library offers varied programs

"Learn Signed English" is the title of a free four-part program to be offered at the Federal Way Library, 848 S. 320th St., on consecutive Saturday mornings beginning Oct. 20.

Led by Sue Wright, a former teacher of deaf preschoolers, the 10 to 11 a.m. classes will continue through Nov. 10.

Registration is open to children over age six and to adults. Families are encouraged to participate.

Participants must pre-register by visiting the library or calling 839-0257.

**Act Yourself**  
"Act Yourself: An Introduction to Role Therapy" is the title of the free public program scheduled at the library at 7:30 p.m. Monday, Oct. 22.

Federal Way writer Jo Loudin, author of a book entitled "Act Yourself," will teach participants how to stop playing roles in their daily lives and unmask their true feelings.


## Mum show scheduled

Evergreen Chrysanthemum Association will present its 32nd annual show at Southcenter Mall during shopping hours on Friday, Saturday and Sunday, Oct. 26, 27 and 28.

About 1,500 exhibition mums will be on

display, ranging from basketball size to thumbnail size. The flowers are divided into 30 groups for show purposes. Specimens of most groups will be shown.


Call Dan Raymond at 283-9802 for more information.



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<p><b>Springmaid QUILTED CHRISTMAS STOCKINGS</b></p> <p style="font-size: x-small;">2 stockings per panel</p> <p style="text-align: right;"><b>\$1.99</b> per panel</p> <p><b>Springmaid CHRISTMAS WREATH</b></p> <p style="font-size: x-small;">you can deck the halls with this one!</p> <p style="text-align: right;"><b>\$2.99</b></p> <p><b>Springmaid HOLIDAY DECORATOR FABRICS</b></p> <p style="font-size: x-small;">100% cotton, 54" wide suitable for table cloths solids - White - Green - Red</p> <p style="text-align: right;"><b>\$2.99</b> yd.</p> <p style="font-size: x-small;">prints - with themes of Christmas and Thanksgiving!</p> <p style="text-align: right;"><b>\$3.29</b> yd.</p> <p style="font-size: x-small;">72" Christmas Table cloth print</p> <p style="text-align: right;"><b>\$4.49</b> yd.</p>	<p><b>WISSMAS Special</b></p> <p style="font-size: x-small;">Two pair of fine Wiss scissors with tortoise shell look handles. Lightweight Dressmaker shears &amp; needle-croft scissors plus a free Miss Wis doll pattern—a \$16.99 value</p> <p style="text-align: right;"><b>\$8.99</b></p> 	<p style="text-align: center;">Every Christmas Needs <b>VELVET</b></p> <p style="text-align: center;"><i>J.B. Martin</i></p> <p style="font-size: x-small;">famous machine washable velvet</p> <p><b>MATINEE VELVET</b></p> <p style="font-size: x-small;">40" wide, poly/cotton blend, ameraude green, meteor rust, tereador red, chocolate brown, marine navy, brilliant blue, black, ruby, plum</p> <p style="text-align: right;"><b>\$8.99</b> yd.</p>
<p style="text-align: center;"><b>SPECIAL GROUP POLYESTER DOUBLE KNITS</b></p> <p style="font-size: x-small;">solids, jacquards, stripes, kimono prints all first quality, full bolts, reg. \$1.99-\$4.49 yd. save now</p> <p style="text-align: right;"><b>99¢</b> yd.</p>	<p style="text-align: center;"><b>COATS &amp; CLARK'S</b></p>  <p style="text-align: center;"><b>RED HEART YARN WINTUK YARN</b></p> <p style="font-size: x-small;">3 1/2 oz. skein/4 ply reg. \$1.39</p> <p style="text-align: right;"><b>79¢</b> skein</p> <p style="text-align: center;"><b>HONEY BUN YARN</b></p> <p style="font-size: x-small;">4 ply 4 oz. skein 100% acrylic reg. 99¢</p> <p style="text-align: right;"><b>59¢</b> skein</p>	<p style="text-align: center;"><b>Check Out Our Selection of WOOLENS!</b></p> <p style="font-size: x-small;">Woolens from Stevens, Peters, Anglo to just name a few. Coatings, Suitings, Flannels — all beautiful, all first quality, all current fashion goods!</p>
<p style="text-align: center;"><b>Don't miss these super savings at Fabricland where Fashion and Quality come First!</b></p>		<p style="text-align: center;"><b>S-T-R-E-T-C-H DENIM</b></p> <p style="font-size: x-small;">from Cone Mills, 65% cotton/31% polyester 48" wide, built in stretch for fitted jeans! Indigo only reg. 14.99 yd</p> <p style="text-align: right;"><b>\$3.99</b> yd.</p>

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Mr. and Mrs. Jean-Pierre Mavunga from Zaire, Africa, with Rev. and Mrs. Colvin Caughey.

## U.S. ceremony reaffirms absentia rites in Zaire

When Jean-Pierre Mavungu left Kimshasa, Zaire, Africa a year ago to attend Highline College, he left his fiancée, Lutete Mazinge behind.

Shortly after his departure, a tribal ceremony was performed in his native country and, after many problems were overcome, Lutete was allowed to join him in this country where he had been living with Rev. Colvin Caughey, pastor of First Baptist Church of Des Moines, and his wife.

There was much joy when Lutete arrived last month, but Jean-

Pierre told his friends, "I have a legal document from my government saying I am married. But I was not at the tribal ceremony in person, and I just don't feel married."

Word spread among his friends at First Baptist, and everyone agreed that something should be done about it. So, the congregation got together and decided to give the couple a Christian wedding. Everyone got busy — a ceremony was arranged, the church was decorated, and a reception was planned,

and before the week was over, Jean-Pierre "felt like a married man."

Rev. Caughey performed the ceremony on Sunday evening, Sept. 30, and the kiss that followed the ceremony indicated the bridegroom's happiness and feelings about marriage.

The reception that followed gave the congregational "parents of the groom" an opportunity to meet the new bride.

The newlyweds will live in the Midway area while Jean-Pierre continues his studies.

## Grass Roots Gardening

by Ginna Koontz

The tulip has an intriguing history but so much crossing and recrossing figures in the background of modern tulips it is nearly impossible to track down the original parents. Although wooden shoes and tulips are symbolic of Holland most tulips are native to Turkey. Tulips have been cultivated in the west since the 16th century. Tulipa, the Latin name, comes from the Turkish word "dulband", the turban of Turkey's native costume. The genus contains over a 100 species, few of any importance. Even the Dutch, who are the largest bulb growers of the world cannot accurately state the number of tulip varieties produced today.

Three that are important both in breeding and garden

culture today are T. greigii, T. fosteriana and T. Kaufmanniana. Greigii have mottled or brown stripes on wide green leaves. Flowers may be red, rose red, yellow, cream, and red and yellow combined. They are low growing and usually planted in rock gardens.

Fosteriana is the famous Red Emperor tulip that can also be pink or white. The Kaufmanniana or water lily tulip is widely used in borders and rockeries. Noted named varieties include Heart's Delight, rosy-red with white stripe, Shakespeare, red; Gold Coin, golden yellow with red stripe and Red Riding Hood.

Other species to be included in the garden are T. tarda with three to six star-shaped flowers with golden centers and

white tipped segments; T. praestans, blooms are cup shaped; Fusilier is rosy red with four or five flowers per stem; and T. clusiana, the candy stripe tulip.

Cottage tulips are an old form that was cast aside by fashion years ago but thrived in old cottage gardens of Great Britain and Europe. Irish horticulturists came along and resurrected them for our everlasting pleasure. Their orb-shaped forms are exquisite with long, pointed petals and colors ranging in tones of scarlet, cherry, yellow, mauve, purple and purest white. The regal blooms appear in late April atop long slender stems. As one tulip enthusiast stated, "There are no bad cottage tulips."

Darwin tulips are the tallest of all hybrids. They can be

distinguished by bloom form which is cup shaped with a squarish base. The stems are extremely sturdy. Darwin hues are striking, mostly scarlet, pink, mauve, purple to almost black and a few yellows and whites. Look for the unusual streaked rosy red-gold toned "Gudoshink" Blizard, white, Ace of Spades and Black Magic, nearly black, Margaux, deep maroon, and Jewel of Spring, clear yellow. Most Darwin tulips bloom in early May.

Breeder tulips are self-colored and very similar to Darwins. Gardeners either hate or rave of the bronze, brown and fawn tones found in this group. May brings the graceful lily-flowering tulips. Petals are longer than other tulips and have fluted, pointed tips. Parrot tulips with flowers that are flamboyant, glistening with pure hues in ruffled blooms, and each petal edged with stripes, feathering and or deep fringe. This brilliant variety merits a mass planting by itself. Double late or

peony flowered tulips have extremely large heavy blooms in late May. Look for Yellow Surprise, Mount Tacoma (white), Temptation, deep rose; Eros, old rose and Orange Triumph, brownish-orange margined with yellow.

Bizarre tulips are a class comprised of "broken" breeder or cottage tulips. The flowers have a yellow background suffused with bronze, brown-maroon or purple, thus their name 'Bizarre'.

Bybdoems are "broken" breeder tulips with white backgrounds and rose, lilac or purple markings.

In their native en-

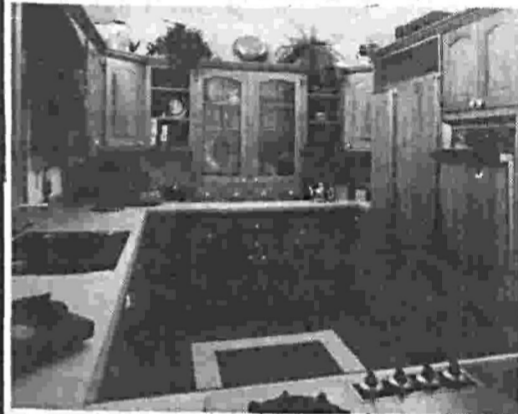
vironments tulips endure long severe winters, short springs and hot arid summers. In spite of these conditions, which this area does not generally have, tulips grow exceptionally well here.

They grow in a wide range of soil if drainage is good. The addition of humus, compost and sand to create a rich sandy loam is worth the effort. Also add 5-10-5 fertilizer and a tablespoon of treble superphosphate to planting bed before setting bulbs. Set bulbs three times as deep as they are wide, four to eight inches apart depending on the kind and general effect desired.

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## Opera to offer special discounts

The Seattle Symphony Orchestra is offering some special discounts on ticket prices for its 1979-80 season.

Senior Citizens, with appropriate identification, will pay \$3 for a \$4.50 ticket to the Sunday Matinee "Stars of the Future" Concerts when purchased at the box office on the day of a performance.

Children under the age of 12 will receive the same discount

when accompanied by an adult who pays the regular price.

Students with identification cards may take advantage of a special "two for one," or two tickets for the price of one when purchasing a series ticket for the Wednesday night Subscription Concerts.

This enables students to save from \$25.50 to \$60.50 on the price of two tickets. Student rush tickets of

\$3.50 each are still available 15 minutes before each subscription concert or the "Miedel at Meany" concerts.

Music educators will be eligible to purchase two tickets for the price of one for the Sunday Matinee Con-

certs by presenting a special "gold card" at the box office on the day of a performance. The cards will be mailed directly to the educators.

For additional information, call the symphony ticket office at 447-4736.

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Mr. and Mrs. Fred Miller

## Millers mark 50th year

Fred and Pauline Miller of 1403 Vine St. in Milton will celebrate their 50th wedding anniversary at an open house to be held from 2 to 6 p.m. Sunday, Oct. 21, at Lakeland Hall, 4016 S. 352nd St.

The Millers, she is the former Pauline Braden, were married Oct. 19, 1929 in Tacoma. The couple has lived in this area for 41 years. Mrs. Miller has been a member of the Milton Breakfast Club for 30 years. Both are members of the R. V.

Sno-Birds. He is a retired longshoreman.

They are the parents of Mrs. William (Janet) Stearns of Milton, Fred Miller of Milton, Jim Miller of Jovita, Tom Miller of Federal Way and Tim Miller of Vaughn, Wash. Twelve grandchildren and three great-grandchildren will share in the celebration.

Also sharing the event will be Everett Braden, Mrs. Miller's brother from Milton, and Mrs. General Jones of Tacoma, both

of whom were present at the wedding.

The classes will last


for about 10 minutes each. Time limitations will not permit discussion of individual problems and concerns, school officials said, but parents are encouraged to get acquainted with the teachers.

Refreshments will be served in the cafeteria. The school is located at 1101 S. Dash Point Road in Federal Way.

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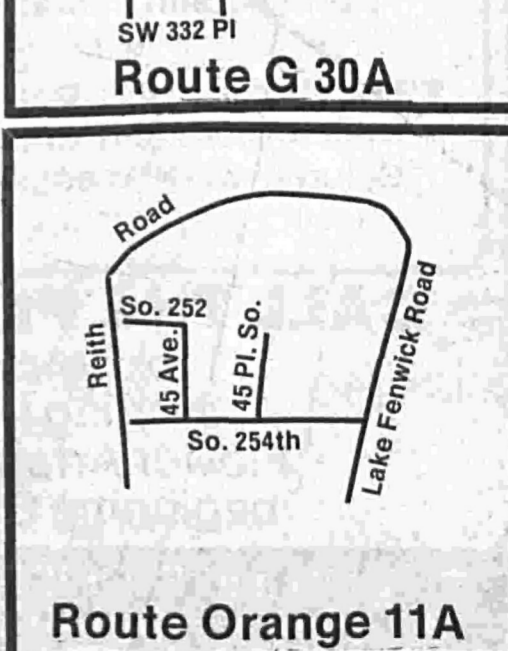
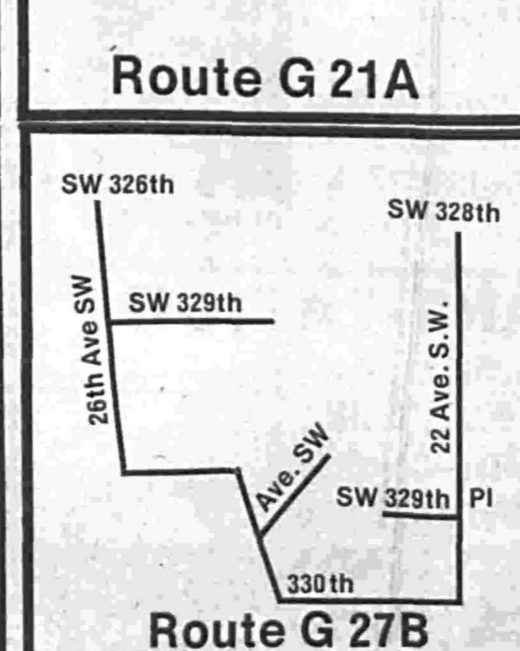
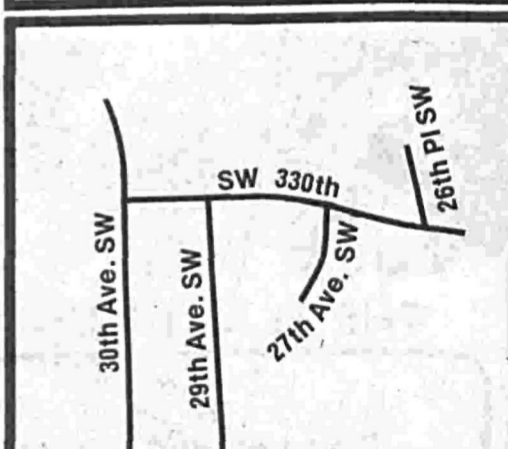
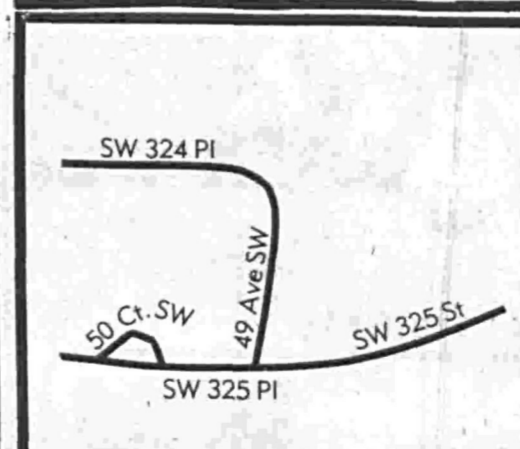
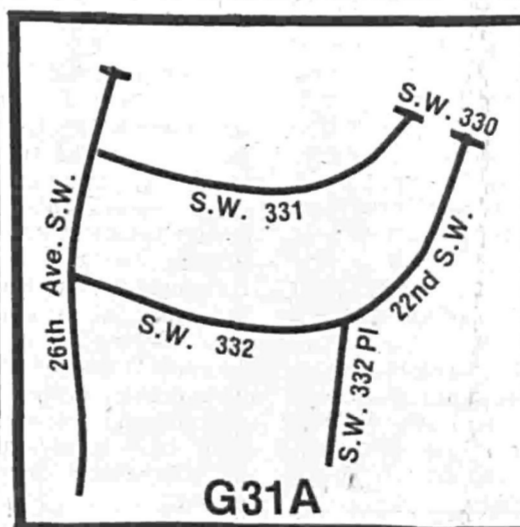
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# The Modern Mom

by Betty Woolley



## The great pill prop

Each morning, now that I am picking up speed on the less frivolous side of 50, I begin my day with a profusion of pills. A brigade of brown bottles line the kitchen counter, testament to the fact that I'm trying to hang in there with the aid of every synthetic concoction known to man.

I can't help but wonder if there isn't something akin to mass confusion internally as all these pills go galloping down my gullet. I can almost hear the hub-bub. I like to think that Theragran M, by virtue of having seniority in the vitamin line up, supervises the whole operation.

As the other pills, one by one, make their appearance I visualize him directing traffic.

"Vitamin C," he yells, "head for her nose. She's got the sniffles and she's trying to catch cold. Get up there and do something about it."

"Ferragon," he asks, "What are you doing here again? She's taken so much iron every pipe in the place is rusty. Just take a tour and check things out. Every joint along the line needs galvanizing."

"B-Complex - upstairs you go. Her hair's getting thin on top. We don't want the old girl to be bald, so burrow in and go to work."

"B-6, you get up there and help Complex out. If he can save her hair you're supposed to keep

it from turning gray."

Just then Premarin comes down the esophagus tube. Theragran M, always the gentleman, says, "Good Morning, Ma'am, nice to see you." He doesn't need to tell her where to go. She sweeps by on her way to the ladies hormone haven.

Vitamin A arrives next. "Boy, am I glad to see you," sighs Theragran M shaking his head. "She thinks she's still a kid and can sit out in the sun all day. She doesn't seem to realize she's getting as wrinkled as an old prune."

"Vitamin E?" he explodes. "At her age? That's ridiculous. You just go and park over there by her appendix. In my opinion you're both unnecessary items."

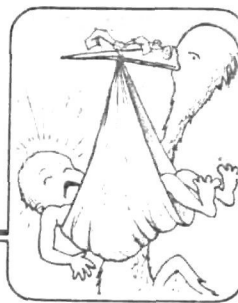
A stream of Geritol rushes down the canal, dousing Theragran M in the process.

"Watch it," he yells, "are you trying to drown me?"

But Geritol ignores him and swishes on its way, spreading out like the ocean at high tide. After Geritol hits things perk up, because it always leaves an afterglow. Theragran M mellow a little, relaxes and says, "Well, I guess that's it for today."

"It's comforting to believe that my old friend Theragran M is in charge. Imagine what could happen if some joker took over and sent everything to the wrong department!"

# Births



**Tweet**  
Andrea Lasara, first child of Jim and Bonita Tweet of 21807 32nd Place S., was born Sept. 29 in River-ton General Hospital. Andrea, who weighed 7 pounds, 10 ounces, is the granddaughter of Rev. and Mrs. Glen L. Tweet of Seattle and Mr. and Mrs. Lennie Hogeland of Pilot Rock, Ore.

**Pilemalm**  
Their second son was born to Gert and Sue Pilemalm of 27425 Eighth Ave. S. Oct. 1 in Swedish Hospital. Kevin Olov weighed 7 pounds, 6 ounces and is the brother of Roland, 2.

He is the grandson of Mr. and Mrs. James Webb of Kent.

**Wilmsmeyer**  
A 9-ounce son was born to Joel and Christi 7-pound ne Wilmsmeyer of 4624 S. W. 325th St. Oct. 1 in Valley General Hospital. Joshua Kim joins a brother and sister, Justin, 9, and Tiffany, 4.

**Speer**  
His grandparents are Mr. and Mrs. Earl Wilmsmeyer and Henry T. Sommers, all of Belleville, Ill.

**Byron Eli**, first child of Nathan and Sherry Speer of 22621 Sixth Ave. S., was

born Oct. 5 in River-ton General Hospital.

He weighed 9 pounds and is the grandson of Mr. and Mrs. Leland J. Speer and Mr. and Mrs. James Springer of Burien. His great-grandparents are Mrs. Ruby Speer of Port Orchard and Mr. and Mrs. Burton Garrett of Ridgeland, Wash.

**Faylor**  
Their third daughter was born to Mark and Karen Faylor of 3423 S. 261st St. Sept. 29 in Group Health Hospital. Valerie Suzanne weighed 8 pounds, 3

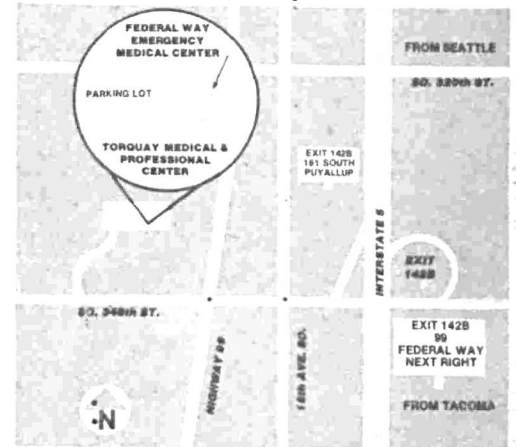
ounces and is the sister of Darcy, 3, and Melinda, 18 months. Her grandparents are Mr. and Mrs. Edward Hruby and Cora Faylor, all of Seattle.

**Clark**  
Steven and Gay Clark of 21814 Pacific Highway S. welcomed their first child, a 7-pound, 3-ounce son, Sept. 30 in Highline Community Hospital.

Ryan Dean is the grandson of Mr. and Mrs. Richard Clark of Spokane and Mr. and Mrs. Glee Sullivan of Loomis, Wash.

**Noffke**  
Aaron Jacob, first child of Andrew and Linda Noffke of 31732 Sixth Ave. S., was born Oct. 3 in Highline Community Hospital. He weighed 8 pounds, 4 ounces and is the grandson of Mr. and Mrs. Russell Noffke of Seattle, and Jerry Haynie and Hershel Haynie.

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**Men's SPORT SOCKS**

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## 'Fair' to acquaint women with trades

A "Women in Trades Fair" to acquaint women with job opportunities in the skilled trades and other "non-traditional" fields will be held from 10 a.m. to 4 p.m. Saturday, Nov. 10, at the Seattle Labor Temple, 2800 First Ave.

The fair will give women, especially those engaged in more traditional work, information on what the trades are and how to get into them. Trade women will have a chance to share information and support with each other.

The unusual event will feature "hands-on" skills workshops. Participants will see

and use tools and materials from various trades, including forklift, carpentry, welding and machinist equipment. Women already working in the trades will describe "what it is really like" and answer questions.

Other workshops include: physical preparation for trades work, how to survive on the job, overcoming mathematics anxiety, and legal rights of women workers. Employer, labor union and vocational school representatives will be present to explain job and training opportunities for interested women. Admission is a \$1

donation. Call 632-4747 for more information or to arrange for childcare.

Sponsors include Mechanical, Alternatives for Women, King County Office of Women's Programs, National Electrical Contractors Association, South Seattle Community College Women's Programs, Seattle Central Community College Women's Programs, Seattle-King County YWCA, University of Washington, Seattle Office of Women's Rights, Women in Trades and Region X Women's Bureau of the Department of Labor.

Des Moines Lodge 245 F and AM (second Thursday, 8 p.m.) Des Moines Masonic Temple, 2208 S. 223rd St., William Exley - 878-4387, Richard Neal, secretary - 824-1485. Des Moines - Zenith Or-

thopedic Auxiliary (first Thursday, each month) Board meeting in homes; (third Thursday, each month, noon) General meeting at Des Moines United Methodist Church.

Federal Way Women's Aglow Fellowship (third Tuesday, each month, 9:30 a.m.) Steel Lake Grange Hall, one block east of 298th and Military Road.

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## Cederberg earns Eagle award

In ceremonies held Oct. 3 in St. Luke's Lutheran Church, Matthew Cederberg, son of Mr. and Mrs. Douglas Cederberg of 221 S.W. 304th St., received his Boy Scout Eagle Award.

Matthew began his scouting career in October of 1969 when he joined Cub Scout Pack 246 under the direction of Laird Davidson, cubmaster. In September of 1971, he entered Webelos, led by Larry Thomas, and earned his Arrow of Light.



Matthew Cederberg assistant scoutmaster. In addition to earning his Eagle Award, Matthew has also received the Pro Deo Et Patria as a member of St. Luke's Church, the World Conservation Award, 50-miler Award, has helped with the Handicapped Scout Committee and is a member of the Order of the Arrow.

He joined Troop 346 in November of 1972, with Aubrey Meadows, Walt Zadurski, Dale Erickson and Clifford, scoutmasters, later transferring into Troop 70 led by Ross Tabor. In Troop 70 he held the positions of scribe, assistant patrol leader, patrol leader and assistant senior patrol leader.

Currently, he is under the direction of Scoutmaster Tom Spear and has served as librarian, senior patrol leader and is now serving as junior

## Recital planned

Mrs. June Hendrix will present her piano, organ and guitar students in a musicale on Sunday afternoon, Oct. 21, at her home at 1021 S' 194th St. The program will include solos and duets of classical, modern and religious selections. Refreshments will be served following the program.

Students are Joni Sanders, Pat Mayer, Kay Robbins, Mitch Kellogg, Raymond Best, Dina Pupera, Jenny Buchan, Mary Olson, Laura Fox, Jean Vukovich, Gary Bernard, Lee Olson, Tayna Harmon, Teresa Opstad, Nancy

Hoyt, Lisa Montague, Kit Stappes, Joelle Hitchcock, Jane Hoyt, Wendy Swele, Gary Beatovich, Steve Kennedy and Mary Hoyt.

Others are Lori Kindem, Deanna Sechrist, Mary Short, Edna Cory, Michele Predmore, Barbara Ferris, Marilee Smith, Vera Grahn, Sue Juhasz, Greg Bonus, Tory Halstensen, Lisa Edling, Gay Hagge, Arnie Grambush, Joe Copehaver, JoAnn Ibuki, Angie Balzarini, Julyn Smith, Debbie Clark and Matt Copenhagen.

## Added funding given for meals

Charles Reed, director of the Bureau of Aging, Department of Social and Health Services, has announced the receipt of an additional \$225,000 from the Federal Administration on Aging to be used for the meals for the elderly program. The money is this

state's share of a supplemental appropriation approved by Congress for the program, which provides home delivered meals as well as meals in congregate settings. The program is aimed at correcting nutritional deficiencies common among the aging.

## Accountants plan student dinner

Seattle chapter of the American Society of Women Accountants will hold its annual student dinner meeting Wednesday, Oct. 24, at the Sherwood Inn, 400 N.E. 45th St., Seattle.

The social hour will start at 5:30 p.m., and

dinner will be served at 6:30.

The speakers, Marlene Bennett of Jensen and Bennett, Shirley Kolm of Seattle City Council Audit Department; Julie Ryan of Nordstrom's and Madeleine Thomas of Price Waterhouse, will

discuss "Roads Less Traveled By."

The objective of the society is to promote women in the field of accounting through professional affiliation, knowledgeable speakers and study sessions. Members include women in public, private,

governmental and educational accounting.

Anyone interested in accounting is invited to attend. Reservations should be made by calling Teddy Sherman, 525-2055, during working hours. Students call Linda Wendell, 747-9724.

# Births



**Pottle**  
Heidi Rae, first child of Steven and Candace Pottle of 4414 S. 263rd St., was born Oct. 4 in Valley General Hospital. She weighed 7 pounds 3 1/2 ounces and is the granddaughter of Mr. and Mrs. Raymond Christensen of Olympia, Hugh Pottle of Ferndale and Maxine

**Ferry of Ferndale.**  
Larrieu  
Lloyd and Lee Ann Larrieu of 21225 31st Ave. S. welcomed their first child Oct. 3 in Swedish Hospital. David Michael, who weighed 5 pounds, 4 1/2 ounces, is the grandson of Mr. and Mrs. Daniel Kalter of Tucson, Ariz., and Mrs. Edith Larrieu of New

**Pavlik**  
A 7-pound, 8-ounce daughter was born to Mike and Julie Pavlik of 32720 36th Ave. S.W. Sept. 29 in Tacoma General Hospital.  
Marissa Irene is the granddaughter of Mr.

and Mrs. James Smith of Hoodport, Wash. and Mr. and Mrs. George Pavlik of Pittsburgh, Pa.  
**Huffman**  
Their second child was born to Neil and Pamela Huffman of 20638 Occidental Ave. S. Oct. 3 in Riverton General Hospital. Stacie Rae weighed 6 pounds, 5 ounces and is the sister of Christopher, 2.  
Her grandparents are Mr. and Mrs. Leonard Oebser of Des Moines and Mr. and Mrs. Cleo Huffman of West Seattle.



FOUR MEMBERS of the Federal Way Junior Woman's Club displayed the handmade quilt created by club members that will be awarded in a drawing at the King County district meeting of GFWC Junior Women's Club Oct. 25. From the left are Sherry Cox, Laura Chuschcoff, Judy Eckhardt and Linda Butcher.

## Quilt is meeting feature

Final touches are being added to the handmade quilt that the Federal Way Junior Woman's Club

will award to some lucky person in a drawing to be held Oct. 25 at the meeting of the King County

district of Junior Women's clubs at the Golden Steer restaurant in Kent.

The club started working on the quilt more than a year ago and has more than 300 hours into the project. Proceeds from the sale of tickets will be used for a beautification project on the grounds of Federal Way District Court. Those interested in tickets may contact Mrs. Laura Chuschcoff, 927-4126, or Mrs. Linda Butcher, 927-6636.

## Free tutoring offered

The Youth Service Bureau (YSB) offers tutoring services to students in grades 1 to 12 who need help with their classwork.

Students are paired on a one-to-one basis with qualified volunteer tutors. One-hour sessions are held twice weekly on week-

day afternoons or evenings.

Tutoring services are free, and anyone interested in receiving them may call the YSB at 839-6555 for more information.

YSB, a non-profit organization, is located at 2450 Star Lake Road.

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 "I just quit smoking"  
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 "I'm depressed"  
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## Diabetes offices moved

Headquarters for the Washington affiliate of the American Diabetes Association has been moved to the Sorrento Hotel at Madison and Terry in Seattle.

Under the direction of Jim Neidigh, WDA will maintain its basic services, including a reading

center and a weekly detection program each Tuesday. One large room will be used by volunteer workers.

The phone number (624-5240) for the United Way agency will not be changed. The new mailing address will be 1001 Terry, Seattle, 98104.

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## Wright Academy potlatch

The annual Potlatch Harvest Festival, patterned after the festive customs of Northwest Indians, will be held at the Charles Wright Academy on Friday, Nov. 2, from 5 p.m. to 9 p.m.

A variety of carnival games and a honey-glazed chicken dinner (served from 5 p.m. to 7 p.m. for \$3.50) will be available at the festival.

Handicrafts, soccer, campfire tales, computer games, thumb b-print art and face painting also will be offered.

Charles Wright Academy is a coeducational, college-preparatory day school serving

students in kindergarten through the 12th grade.

Located at 7723 Chambers Creek Road in Tacoma, the school is attended by students from many communities, including Federal Way.

All proceeds of the festival will go to the school library for equipment.

## Fashion luncheon scheduled

The Burien Emblem Club will hold its annual fall fashion luncheon Saturday, Oct. 27 at the Burien Elks Lodge, 14006 First Ave. S.

Cocktails will begin at 11 a.m. followed by lunch from 12-1 p.m. and a fashion show sponsored by The Fig Leaf Shop in Burien. There will be door prizes and a silent

auction. A donation of \$5 is being requested.

Reservations are available by calling 244-7582 or 762-2026.

## Sigma Tau chartered

Epsilon Sigma Alpha International officially welcomed Sigma Tau as its newest chapter Thursday evening, Oct. 4, in the home of Leslee Rasmussen. During the formal chartering and installation ceremonies, Sigma Tau became the sixth chapter of Tacoma Area Council.

The chartering ceremonies were conducted by Jane

Crawford, Washington State Council president, and pledge ceremonies were conducted by Jeanne Haase, first vice president of the council. Marge Ankenman, the chapter's advisor, conducted the installation of officers.

The charter officers are Leslee Rasmussen president; Linda Mamala, vice president; San-

dra Murphy, secretary; Karen Cox, parliamentarian, and Patti Sheets, treasurer.

The theme for the new chapter will be "Learning the Way of ESA." Philanthropic projects will include Epsilon Sigma Alpha's international project, St. Jude's Children's Hospital and Research Center; the Multiple Sclerosis Foundation, and the University of Washington Birth Defects Clinic.

The first official meeting of Sigma Tau will be held Oct. 17 in the home of Sandra Murphy.

## Brand-Anderson rites solemnized

St. Vincent de Paul Catholic Church in Federal Way was the scene of the recent wedding of Cynthia Marie Brand, daughter of Mr. and Mrs. William J. Brand of 30213 21st Ave. S., and Brian Gregory Anderson, son of Mr. and Mrs. Roy E. Anderson of 26805 33rd Ave. S.

The bride wore her mother's wedding gown of lace and tulle styled with a fitted lace bodice and a scoop neckline. Sprays of lace were inset in the top tier of the full three-tiered

tulle skirt. Her fingertip illusion veil was attached to a small cap of lace and tulle embroidered with seed pearls. Her bouquet was an arrangement of gardenias, gladioli, baby's breath and greenery.

The bride's sister, Mary Brand, was the maid of honor, and Mrs. Sheila Winter, sister of the bridegroom, and Liz Wolfe were the bridesmaids. Cathy Wilks served as flower girl. The attendants wore floor-length gowns of pale dust blue crepe ac-

cented with pale rose and white flowers. Their bouquets were pale rose and white daisies, carnations and baby's breath.

The wedding reception was held at Normandy Cove where guests danced to the music of The Jesters, who also accompanied the bridegroom when he sang "I Love You Just the Way You Are" to

his bride. Sharon Nelson was in charge of the guest book.

The bride graduated from Thomas Jefferson High School in 1976 and attended Highline College. Her husband, a 1974 graduate of Thomas Jefferson, attended Highline College and Green River Community College.

The couple honeymooned on the islands of Kauai and Oahu in Hawaii and are now at home in Des Moines.

Special guests included the bride's grandparents, Mr. and Mrs. Peter Gray of Vacaville, Calif., and Mr. and Mrs. Gene Cox of Inglewood, Calif., and the bridegroom's grandparents, Mr. and Mrs. Al Powell and Mr. and Mrs. Ralph Conklin. Traveling from out-of-town for the wedding were Mr. and Mrs. William Wilks of West Covina, Calif., Mr. and Mrs. Pete Pearson of Wofford Heights, Calif., Mrs. Frances Martin, Milwaukee, Wisc., and Mrs. Carol Maholius, Greendale, Wisc.



Mr. and Mrs. Anderson

## Fr. Thomas to speak at healing service

Fr. Leo Thomas, O.P., Spiritual Director for the Dominican Sisters at Marymount in Tacoma, will be the featured speaker at a service of healing to be held at the Episcopal Church of the Good Shepherd, 345 S. 312th St. tonight, Wednesday, Oct. 17 at 7:30.

The service is jointly sponsored by the King County Chapter of the Order of St. Luke, St. Vincent de Paul Catholic Church and by the host Church of the Good Shepherd. It will take place on the Eve of the Feast of St. Luke the Physician.

Fr. Thomas is also

the representative of the Archbishop of Seattle to the Catholic Charismatic Renewal Movement. He has taught both philosophy and pastoral theology at the seminary level and for five years served as Director of the Department of Religion and Psychiatry at the Menninger Clinic in Topeka, Kans.

The Order of St. Luke the Physician is a non-denominational Order for anyone who is involved in the healing ministry as a doctor, nurse, clergyman or intercessor, and affirms the gift of healing is as present today through the Holy

Spirit as it was in our Lord's day through the touch of His hand.

The healing service is open to the public, and a nursery will be provided. It will feature primarily the preaching of the word and the opportunity for those seeking healing of the body, mind and soul to receive the Laying on of Hands with prayer as a means of receiving the Holy Spirit.

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## Fund raising topic of two-day seminar

Members of non-profit organizations in the area will learn how to run a successful fund-raising campaign in a two-day seminar to be held Tuesday and Wednesday, Oct. 23 and 24, at the University of Puget Sound's downtown Seattle campus near Pioneer Square.

The seminar will

cover all aspects of a fund-raising campaign, from initial planning to final wrap-up. Participants will learn how to establish goals, set up an office, recruit leaders, coordinate publicity, make solicitations and collect pledges.

The seminar leader, Michael Warlum, has had more than eight

years of experience in working with government agencies and foundations in program development, community organization and administration.

He has acted as development director for Seattle Preperatory Theater

Call 682-0210 for more information.

## Cancer guild formed

As its first fund-raising event, the newly formed Edel Peterson Baker Cancer Guild will hold a roller skating party at the Tiffany Inn in Kent at 7:30 p.m. Tuesday, Oct. 23.

Tickets may be obtained by calling 878-2720.

Officers of the new guild, founded in honor of the late Mrs. Baker, wife of Seattle businessman,

Frederick E. Baker, are Cheri Farley,

president; Sharon Parrott, vice president; Carol Goodwin,

secretary, and Rosemary McDowell, treasurer.

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Reynolds Aluminum Mobile Recycling Unit at Albertson's Supermarket 21815 Marine View Drive South 3:00 p.m. - 4:00 p.m. Every Saturday



Call this toll free number anytime 1-800-542-7868

## November date

David and Phyllis Norton of Puyallup announce the engagement of their daughter, Marla Kay, to Dennis LeRoy Cole, son of Grace Cole of Federal Way. Miss Norton is a 1978 graduate of Rogers High School in Puyallup. Her fiancé graduated from Federal Way High School in 1976. A Nov. 16 wedding is planned at Trinity Lutheran Church in Tacoma.

## Huntington sale set

The community of Huntington Park will hold its annual Flea Market from 10 a.m. to 4 p.m. Saturday, Oct. 17, in the community's clubhouse, 1016 S. 248th St. Features will be

drawings for a hand-knit afghan, a Raggedy Anne doll and a food basket. There will also be a bake sale and a coffee bar.

Proceeds will go to Medic I.

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\$15<sup>41</sup>



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- Arabia dinnerware from Finland, starter sets ..... 20% off
- Arabia glassware from Finland ..... 25% off
- Dansk Kobenstyle enameled cookware ..... up to 35% off
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- Le Creuset Contemporary French cookware ..... 25% off
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Mr. and Mrs. James Holley III

### Bauer-Holley writes in Malibu

The home of the bride's parents in Malibu, Calif., was the scene of the September wedding of Rosemary Elizabeth Bauer, daughter of Mr. and Mrs. Paul Irving Bauer, and James William Holley III, son of Mr. and Mrs. James W. Holley Jr. of 1614 S. 257th Place.

The bride's white embroidered gown with deep shoulder ruffle and hem flounce was worn with a matching cap with a short, dotted veil. Her all-white bouquet was composed of rubrim lilies, white roses, spathiphyllum lilies and carnations and accented with fern.

Her only attendant, Ann Leah Schwab of Bellingham and Los Angeles, wore a blue embroidered cotton dress with spaghetti straps and a deep hem flounce and carried a bouquet of burgundy rubrim lilies, deep red and white carnations and fern.

### Didomi in concert

The First Baptist Church, 30029 16th Ave. S. is presenting a Didomi concert on Oct. 17 at 7:45 p.m. Didomi is comprised of a group of Christian young adults who stage a instrumental program that includes singing, musical presentations and scripture sharing. Biblical illustrations are enacted in full costume. For more information, call 941-7600.

### Churches join in bazaar

Five churches in the Browns Point area are busy preparing items to be sold at the ninth annual "Ecumenical Bazaar" to be held from 10 a.m. to 8 p.m. Tuesday, Oct. 30, at the Browns Point Clubhouse.

A salad luncheon and a spaghetti dinner will be served.

Participating churches are Browns Point Methodist, Marine Biew Presbyterian, Olympic View Friends, Resurrection Lutheran and St. Matthews Episcopal.

### Ceremony held in Oak Harbor

In a recent evening ceremony in Oak Harbor Lutheran Church, Janice Elizabeth Bakke, daughter of Mr. and Mrs. Oscar Bakke of Oak Harbor, was married to Martin Edward Eckes, son of Mr. and Mrs. Edward Eckes of 35603 Military Road S.

For her wedding, the bride chose a Victorian style of imported candlelight satin and lace edged in Venetian lace. The a-line skirt, designed with Point d'esprit lace featured a flounced hemline and flowed to a chapel-length train. Her fingertip veil was trimmed with lace appliques, and she carried a bouquet

of silk candlelight roses, baby's breath and ivy.

Cathy Bakke was her sister's maid of honor, and Jayne Bakke, Sue Eckes and Jennifer Dickinson were the bridesmaids. All wore gowns of peach, dusty blue and rust chiffon trimmed with ivory satin and lace. Their flowers were bouquets of silk phlox, forget-me-nots, fruit blossoms and ivy. Wendy Bakke was the flower girl and Chad Bakke served as ringbearer.

Max Stadel attended the bridegroom as best man. Ushers were John Bakke, Tom Micklethwaite and Gary Robinson.

Serving as hosts at the wedding reception at the Whidbey NAS Officers' Club were Mr. and Mrs. Norman Rollag. Others assisting were Lennie Crosby, Sue Stadel, Diane Weberg, Nancy Bakke and Kris Rollag.

The bride is a 1975 graduate of Oak Harbor High School and graduated from Capitol Business College in 1977. Her husband graduated from Decatur High School in 1974 and from Central Washington University in 1978.

The newlyweds are now at home in Othello, Wash., where he is employed as director of Othello Community Schools.



Mr. and Mrs. Martin Eckes

Star Lake Elementary Newspaper Drive (10-15 to 10-19) For additional information call Gayle at 246-7115.

Youngchild Post 232, American Legion and Auxiliary (10-15, 8 p.m.) Joint meeting, 31455 28th Ave. S.

United Ostomy Assn., Tacoma Chapter (10-17, 7:30 p.m.) Sgt. John Murphy from the Urology Clinic at Madigan Hospital will be the speaker, all ostomates and other interested persons are invited to attend, for information, call 759-4828, Allenmore Hospital Cafeteria in Tacoma.

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**Crystal Gayle to visit area**

CRYSTAL GAYLE, popular country-rock singer, is scheduled to appear at the Seattle Opera House on Sunday, Nov. 11, at 7 p.m. Tickets for \$6, \$7 and \$8 are now on sale at Fidelity Lane in Seattle. To order tickets send a self-addressed, stamped envelope to Fidelity Lane Tickets, 1622 Fourth Ave., Seattle 98101, or call 624-4971.

**Acting classes**

The Tacoma Little Theater is offering theater classes for the 1979-80 school year. The sessions in the fundamentals of acting will be held on Saturday.

The classes will be for students from the third grade through high school for a fee of \$7 per month.

For further information, come to the theater, located at 210 North I St. or phone

272-2481 Tuesday through Saturday between 1 p.m. and 5 p.m.

**Several cultures feted at Auburn Oktoberfest**

The Slovenian Lodge of Auburn will host a Bavarian Oktoberfest to celebrate the society's 75th anniversary on Saturday, Oct. 20.

**Birds as art form subject of meeting**

Gordon Alcorn will discuss "The Bird as an Art Form" at a joint meeting of the Tacoma Art Museum and the Tacoma Zoo Society at 7:30 p.m. on Thursday, Oct. 18, in the art museum's auditorium. The meeting is open to the public. Following the lecture, there will be a guided tour of the new exhibit in the museum's childrens gallery, "Strictly for the Birds." The exhibit features live birds and bird specimens as well as birds represented in various art media. Alcorn has taught in the University of Puget Sound's biology department for about 40 years and is director of the Natural History Museum there. The museum is located at 12th Street and Pacific Avenue in Tacoma.

**Masquerade dance at GRCC campus**

A masquerade dance is scheduled for Friday, Oct. 26, at Green River Community College in Auburn. Providing the music at the event will be the group, Rail.

Admission will be \$2.50 for those in costume and \$3.50 for all others.

The dance will kick off in the student center on campus at 9 p.m.

Sixth Ave. N.) at 7 p.m. Algonia is located just south of Auburn off the West Valley Road. Traditional ethnic foods will be served, including homemade smoked sausage and sauerkraut dinners with apple strudel. Dancing music will be provided by The Steiermark Band. As a special attraction, floor shows will be performed by The Enzian Bavarian Schuplattler Dance Group.

Music and dances of several European cultures will be featured at the festival. The event is open to members of the lodge and guests.



**NEW DANCE CLASSES**  
Beginning in November

- Pre-school Acrobatics Class Wednesday 3:00 PM
- Pre-school Combination Class Tuesday 10:00 AM
- 1st. thru 3rd. Grade Combination Class Thursday 3:30 PM
- Children's Jazz Class Wednesday 3:45 PM

Some available openings in other classes

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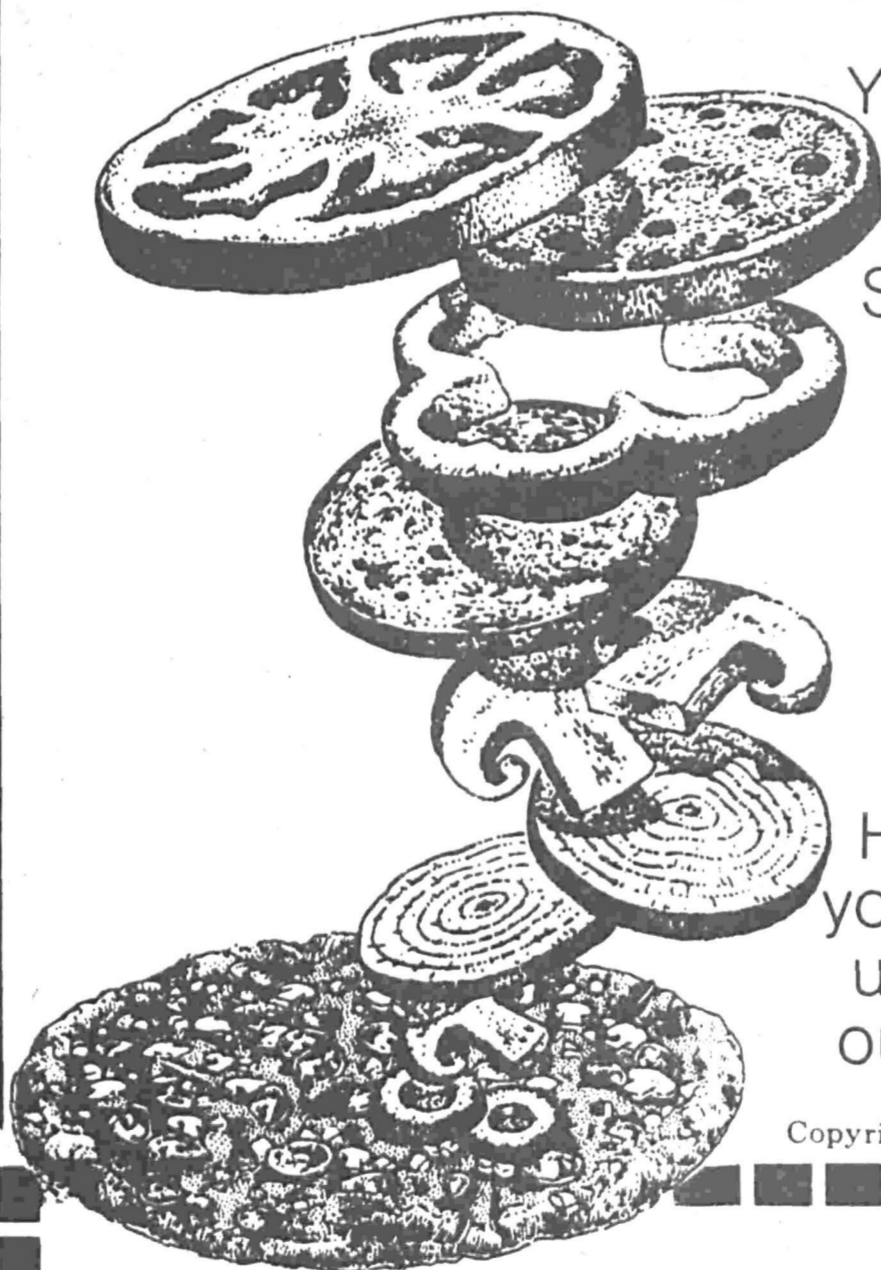


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### Auction to benefit hospital

A FEW of the items that will be available at the Dale Leroy Watkins Orthopedic Auxiliary's Oct. 20 auction are displayed by, from the left, Terry Engelstad, left, auxiliary president, Carol Henselman, Karen Marsyla and Cecilia Curtis, auction chairman. Included are a quilt that was handmade by auxiliary members, a painting by Hazel Dickinson and a basketball autographed by the NBA World Champions, the Seattle Sonics. The auction will start at 7 p.m. and will be held in the Antler Room of the Federal Way Elks Club. Tickets for the quilt drawing are on sale now. All proceeds go to the hospital. Those who wish to donate sales items are asked to call Mrs. Curtis at 939-1948.

### Heirloom ring used

The wedding ring of the bride's grandmother, the late Mrs. John Scherueble, was used when Lisa Scherueble was married to Douglas Branham in a recent candlelight ceremony in First Baptist Church in Everett.

The bride is the daughter of Mr. and Mrs. Jack Scherueble of Everett. Her husband is the son of Mrs. Dan Branham of 2602 S. 138th St.

The bride's gown was fashioned with an Alencon lace bodice touched with seed pearls and sequins and a crystal pleated chiffon skirt. Her sheer chapel-length veil was caught to a floral headpiece of stephanotis and baby's breath, and she carried a cascading bouquet of garlandias, stephanotis and ivy.

Kathy Pickering, the bride's sister, served as matron of honor, and Tracy Martinis was the maid of honor. Dawn Cornell, Kathy Branham



Mr. and Mrs. Branham

The bride is a graduate of Everett High School and attends the University of Washington where she is a member of Sigma Kappa sorority. The couple honeymooned in Hawaii and is now at home in Seattle.

### Tour of service lounge to highlight BPW Week

Oct. 21 through Oct. 27 has been proclaimed "National Business Women's Week" by the National Federation of Business and Professional Women, and more than 2,000 Washington State BPW members will be observing the week with special events.

As its special event, the Highline BPW Club will honor the Servicemen's Lounge at Sea-Tac Airport, which has been a special project of the group for more than 12 years. The club will visit and tour the lounge Wednesday evening, Oct. 24, bringing much needed gifts of coffee, tuna, tooth paste and brushes, homemade cookies and breads. Mrs. Velma Mason, lounge liaison chairman, will be in charge of the tour. Mrs. Zelda Boulanger and Mrs.

Jerry Farmer are co-chairmen for BPW Week.

Through the years, Mrs. Nell Woerner, Mrs. Frances Shook and currently Mrs. Mason have coordinated activities and programs for the lounge, and, along with other area clubs, have furnished needed supplies to the lounge each month.

The club has one special "money making person," Mrs. Ora Rowe, who throughout the past 12 years has collected Christmas cards to recycle into individually hand-crafted gift tags which are sold in various stores throughout the area. Mrs. Rowe usually has around 20,000 tags ready each year, all packaged in plastic bags and identified by the trademark "Originals by

Highline BPW" The tags net about \$400 yearly, all earmarked for needs at Servicemen's Lounge.

According to information from the USO-PSA Airport Lounge Operating Committee, the lounge has provided a place for military travelers to rest and relax between flights since 1966. More than one million people have taken advantage

of the facility. In 1978, 113,032 soldiers and their families have used the lounge, consuming 753 pounds of coffee, 6,482 dozen cookies and 6,870 sandwiches. So far in 1979, the average use has been 9,860 servicemen per month.

To conclude the week's activities, a group of Highline members will be on hand for the Washington State Federation seminar "Decade for Decision - Opportunities for Tomorrow's Woman" at the Olympic Hotel and will attend the Canadian-American Friendship and Woman of the Year banquet in the hotel's Spanish Ballroom. On Sunday morning, club members will attend Glendale Lutheran Church and afterward share a Sunday brunch.

The Rosary (Throughout the month of October, 7:30 p.m. nightly) St. Theresa's Catholic Church, Dash Point.

Woodmont Christian Church (Thursdays, 9:30 to 11 a.m.) Bible study, prayer and fellowship, 26419 16th Ave. S.

Browns Point United Methodist Church (Church school at 9:30 a.m. and worship at 11 a.m.) 5339 Browns Point Blvd. N.E.

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 Friday, October 26th - Copper Tea Strainer - Betty Grable  
 Monday, October 29th - The Noose Of Coincidence - Ronald Coleman  
 Tuesday, October 30 - Murder In Black & White - Edmund Gwynn  
 Wednesday October 31 - The Pit & The Pendulum - Raymond Burr

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**Business fashions**

Washington-Evergreen chapter of the National Secretaries Association will present "Focus on Fall," a luncheon with wine and a presentation of fall fashions for women in business Oct. 20 in the Top of the Inn at Sea-Tac Holiday Inn, 17338 Pacific Highway S.

The affair will take place between 11:30 a.m. and 2:30 p.m. and is open to the public. Fashions will be by the Fig Leaf, coordinated by Marilyn Nemeth; hair styles will be by Adam and Eve.

Cost is \$10.50 per person. For reservations, call Diana Hennings at 433-3163, or stop by the Fig Leaf at 19039 Pacific Highway S. for a reservation form.

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Kennedy 48, Mt. Rainier 13

# JFK levels Mt. Rainier to setup showdown

by Harry Brooks  
What was a typically "frustrating" outing in the words

of Mt. Rainier football coach Jerry Dotson was a satisfying tuneup for the Kennedy Lancers.

The Lancers celebrated their homecoming by breaking the game open early and coasting to

a 48-13 victory over the winless MR Rams Saturday at Highline Memorial Stadium.

Further zest was added to Kennedy's celebration when senior running back Brenno DeFeo broke the North Puget Sound League career rushing record. DeFeo entered the game needing 156 yards to break the record set by Tyee's Randy Jacobsen but surpassed the old mark with 2:28 left in the first half.

His 37-yard burst through the middle surpassed Jacobsen's total of 2,324 yards. DeFeo (6-0, 185) had tied the record on his previous carry with a 12-yard run. After piling up 190 yards — including a 50-yard touchdown scamper — in 16 first-half carries, DeFeo was content with participating on Kennedy's punt coverage well satisfied with his NPSL running mark of 2,358 yards. He will add to that in Lancers' final three games of the regular season.

THOSE THREE contests are crucial tests in JFK's drive toward an NPSL playoff berth.

Kennedy, 5-1, will meet Renton, 6-0, in a showdown for the Cascade Division lead Friday at Renton Stadium. The game will begin at 7:30 p.m. The Lancers then battle powerful Kentridge and end their season against dangerous Highline.

"I was happy Brenno broke the record in the first half (Saturday)," JFK coach Tom Merrill said. "Now, our kids can really turn their minds completely to winning the rest of our games."

"Brenno and the rest of our kids don't look at individual records as the most important thing. Winning is more important, and records automatically come with success."

Before DeFeo opened up his record surge, Kennedy had opened a 19-0 lead in the game's first six minutes. Junior quarterback Mike Velling, who had five pass completions in 10 attempts for 160 yards, set up Kennedy's first touchdown with a 55-yard connection with Darryl Stone and hit Willie Jackson with a 34-yard strike for the Lancers' second TD.

ON THE ensuing kickoff, Mt. Rainier's Scott Miller was stripped of the ball at the JFK 17. Kennedy's Tinker Lambert made a snag in full stride and continued unmoored to the end zone.

"We just got all the hot breaks," Merrill said of the Lancers' early stampede. "It was nice for us because we got to play everybody in a homecoming game."

It was not so pleasant on the opposite side of the field.

"We gave 'em two touchdowns, and they started setting us back out of it," Mt. Rainier coach Jerry Dotson lamented. "It's frustrating because we do so many things right on films and in practice but then make mistakes in games. It's a sign of the inexperience on our team."

However, the Rams retaliated with a 70-yard drive after JFK's third touchdown, but the march ended at the JFK 14 as Kennedy stopped a Mt. Rainier sweep for a yard loss on a fourth-and-two play.

Both coaches lauded the Ram effort in the lopsided contest.

"We're young, and we don't quit," Dotson said. "The kids have a lot of pride in themselves and, actually, they're playing right up to their capability."

"They certainly didn't quit," Merrill agreed. "They came out after us all day. It's tough to step into a program and change things right off, and they've had a lot of head coaching changes lately (three in five seasons)."

Merrill was particularly impressed with Mt. Rainier's two junior quarterbacks, Bryan Forsloff and Craig Maley. They combined to complete seven of 15 passes for 122 yards. Forsloff found a wide-open Larry Pruitt for the game's final score with 3:16 left to play. His 29-yard pass to Bill Dickerson aided the 79-yard drive. Forsloff showed a strong arm by spiraling a 46-yard pass to Pruitt on the game's final play.

THE RAMS scored their first touchdown with just moments to go in the first half after Kelly Johnson intercepted a Velling aerial at the JFK 28 and returned to the 1. Val Blevins piled over right guard for the TD.

Kennedy found paydirt for the third time midway through the second quarter on DeFeo's 50-yard run. He took a pitch on an option play, zoomed around the left corner and weaved past two MR defenders on his way to the end zone. DeFeo kept mounting yardage, but his efforts were countered by numerous penalties against the Lancers, who were flagged for 161 yards.

After Mt. Rainier's third fumble turnover, Velling passed for a 12-yard TD to Lambert at 10:24 of the third quarter. A 45-yard Velling-to-Stone aerial and Tom Ambrozic's extra-point kick upped JFK's edge to 38-6 three minutes later.

Reserve quarterback Dan Kain passed to Jerome Jackson for a 59-yard touchdown early in the fourth quarter, and Kennedy put its final points on the board when a Mt. Rainier center snap flew over the punter's head and through the end zone for a safety with 8:23 left on the clock.

So, Kennedy's homecoming was blessed with excitement for the home team, but the Lancers will be the visitors in Renton's homecoming game. Merrill sees advantages in the situation.

"We kept our heads in our's," he said, "but it's easy for the guys start thinking about flowers and girl friends and dancing, and it becomes a matter of 'gee, we have a game I guess.'"

Indeed, the Lancers had their priorities straight last Saturday.



DAN KANE, Kennedy Lancer quarterback dives headlong into the Mt. Rainier Ram defense trying to pick up extra yardage during last Saturday's afternoon North Puget Sound League encounter. Combining on the stop for Mt. Rainier is guard Tim Katzinski (no. 63) and

Roger Otto (no. 55). The Rams eventually lost the contest 48-13, dropping their season ledger to 0-6, while the Lancers were boosted to 5-1. — photo by Roy Musitelli

## Karate Master opens studio

by Brien Lautman  
Joeong Sook Lee, part-owner and head instructor of the new International Martial Art and Fitness Center at 24811 Pacific Highway South, is not what one would call an imposing man to look at or talk to.

Lee speaks slowly and quietly through a slightly heavy Korean accent, giving the impression of confidence and quiet security. He is controlled in words and actions.

This description of Lee is essential to anyone interested in enrolling in his Martial Arts programs at the Kent facility. Lee's school is by no means a facility that deals only with experienced people of the art. The internationally accredited Master Instructor wants those people interested in receiving high quality instruction, regardless if they are beginners or experienced.

Lee, however, requires one thing from all his students. That they themselves in return work very hard.

Lee compares this "work hard philosophy" with those people who take piano lessons from a prominent instructor.

"You pay more for the quality instruction, but you get more out of it," he said. "But the student must also work hard or the lessons are useless."

But Lee stresses that his Martial Arts Center is also a great way for people to just stay in

shape both physically and mentally.

"Karate is an excellent way to stay fit. We have a very good weight system for those who need to add weight to their bodies," he



Joeong Sook Lee

said. "It is also a great way to stay in shape mentally. 80 percent of Karate is mental or maybe even more."

The Martial Arts Center programs are designed so that people who have very little time to stay in shape can obtain schedules to fit their own, or for people interested in full-time Karate training there are six-

class-a-week schedules in traditional Korean Karate. The center also offers a shorter fitness program that enables people with little free time to stay in shape with a compacted Karate program.

Lee's background in the Martial Arts is obviously extensive, receiving 25 years of instruction in the Martial Art of Tang Soo Do under Grandmaster Hwang Kee in Korea. Lee arrived in the United States in 1967, and graduated from the University of Washington in 1967 with a degree in chemistry. After graduation the Tang Soo Do Master was hired as the chief self-defense instructor for the Idaho State Police Academy, while also instructing at local YMCA's and park Department. In 1976 Lee put together his first Martial Arts Studio in Santa Barbara, Calif. and then added another in Pocatello, Ida.

Lee is definitely excited about his newest business venture in the Kent-Federal Way area saying that he and his associates could not find a better area to teach the Martial Arts.

"This area has such a tremendous potential for growth so we decided on this part of Seattle," he said.

According to Lee, he hopes to also dispel some of the connections that are made between health spas and martial arts centers.

"We have everything and more

than a health spa has," Lee said. "We can develop a specific muscle that is essential to someone's training, and we also work on the mental aspects."

Lee also commented that the degree of success that health facility of any kind achieves has to do with the quality of instructors present.

"We have very qualified instructors here that have helped design the program with me, and they have gone through that program themselves so they know how to teach it," Lee said. Quality instructors insure the success of a studio and I am sure this one will be successful too."

Lee will be available for class instruction three weeks out of each month at the new Pacific Highway location. One week out of each month he will be required to visit his two other studios.

The Master Korean-born instructor will teach mostly intermediate and advanced classes at the facility, but commented that he will also teach some beginning classes as well.

According to Lee, Karate is an excellent way for the community to get in and stay in shape and enjoy physical activity.

"Everywhere you go people need physical activity. Any state anywhere needs it."

For more information about the center, call 941-5515.

## DeFeo logs 190 yards to crack NPSL mark

The Kennedy Lancers held a team meeting before their game against Mt. Rainier Saturday. From that meeting came two objectives: first, to win the game, and second, to get Brenno DeFeo the North Puget Sound League rushing record.

"I appreciated that," DeFeo said of the team's gesture.

The 6-0, 195-pound running back responded well, picking up the necessary 156 yards and a good bit more to shatter Randy Jacobsen's mark with three games left to play this season.

DeFeo sprinted for 190 yards on 16 carries, all in the first half, to lead the Lancers to success in their first objective: a 48-12 win over the Rams. DeFeo now has run for 2,358 yards in 24 NPSL games over three seasons.

His day's work done, Brenno



could be seen in the second half playing a cheerleader role as the Lancers cleared the bench. Ac-

ording to Kennedy coach Tom Merrill, being a team player is not just show for DeFeo, even in the face of his amazing individual accomplishments.

"He's a class human being," Merrill said. "Brenno and the rest of our kids don't look at individual records as the most important thing. Winning is more important. Records automatically come with success."

In keeping with that, DeFeo pointed a praising finger at the offensive line that operates in front of him: center Robert Keller, guards Dave Bernert and Rick Standard, and tackles Marty Thuringer and Steve Jacobson. Only one member of that group had any experience heading into the season.

"They've improved 100 percent," DeFeo said.

DeFeo tied Jacobsen's mark of 2,324 yards late in the first half with a 12-yard run. On his next carry he became number one all-time in the league with a 26-yard burst up the middle.

En route to the record, DeFeo also passed up Bob Hill, assistant football coach at Thomas Jefferson High School, who compiled 2,215 yards in his career at Kentridge.

Brenno has now set as his goal the nice round figure of 2,700 yards for a career total. That would average out to 100 yards per game played.

Deeo needs 342 yards in the final three Lancer regular season games to reach that figure. But the ground will not be easily gained, as Kennedy finishes up with three tough opponents: Renton, Kentridge and Highline.

Kennedy 48, Mt. Rainier 13					
	1	2	3	4	T
Mt. Rainier	0	6	0	7	13
Kennedy	19	6	14	9	48
JFK: DeFeo, 2 run (Ambrozic kick).					
JFK: W. Jackson, 34 pass from Velling (run fail).					
JFK: Lambert, 17 return of fumble recovery (kick failed).					
JFK: DeFeo, 50 run (kick failed).					
MR: Blevins, 1 run (kick blocked).					
JFK: Lambert, 12 pass from Velling (Ambrozic kick).					
JFK: Stone, 45 pass from Velling (Ambrozic kick).					
JFK: Jackson, 59 pass from Kain (Ambrozic kick).					
JFK: Safety, ball snapped over punter.					
MR: Pruitt, 35 pass from Forsloff.					
	MR	JFK			
1st downs	15	14			
Rushing	34-43	32-210			
Passing	7-15-2	8-18-2			
Passing yds	122	242			
Total yds.	165	452			
Fumbles-lost	6-3	2-0			
Penalties-yds. Indiv. Stats	4-4014-161				
Rushing: DeFeo (JFK) 15-190, Miller (MR) 12-37.					
Passing: Velling (JFK) 5-10, 160 yds.; Forsloff (MR) 7-14, 122 yds.					

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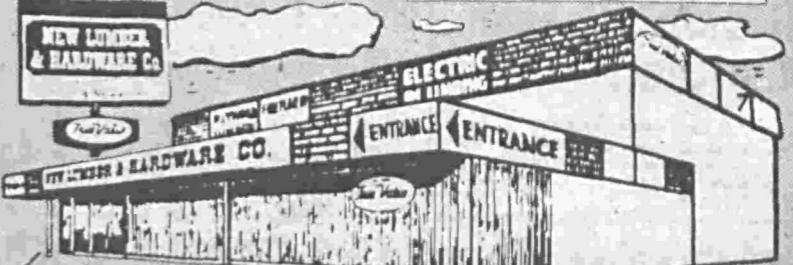
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# Brien Lautman



## The Rams are o.k.

Strange things happen in rather sober years, funny things happen in sad years, and very good things can occur in very bad years. This last example describes accurately the Mt. Rainier Ram football situation. The Rams are currently 0-6 in North Puget Sound League play, and have been outscored 198-27 by their gracious opponents.

Pretty bad, huh? Not so says Mt. Rainier Head Coach Jerry Dotson. The Ram mentor is not ready to pronounce his grid squad dead by any stretch of the point spread. With Dotson it's just the opposite. The first-year coach says his kids are improving with each week and obtaining more confidence with every practice.

"We are just now finding out what we can do on the football field," Dotson said. "For the kids to see improvement every week is really helping our confidence."

Confidence is a funny word to hear uttered in a winless football team's camp, but Dotson has worked to shed the loser's image with a "look ahead" attitude.

"We are looking ahead, we are learning from our defeats, but we are looking forward," he said. "If we win that's icing on the cake. Not that we don't want to win, but we are looking for improvement. That's what keeps us going this year."

The improvement is starting to show for the Des Moines club as sophomores begin to gain the needed game experience to play varsity football.

A perfect example of the Ram step forward comes in the form of 6-foot, 175-pound junior Scott Miller. He is what Dotson's improvement philosophy is all about. Miller got the Rams on the scoreboard for the first time against Kent-Meridian two weeks ago as

he rambled 87-yards from scrimmage for a third quarter score, and then returned a fourth quarter kickoff a NPSL record 97-yards down the sidelines to score the Rams' final points of the evening.

"He has improved every week," said Dotson of his long gain specialist. "He's that 110-percent center that works hard every day and every week of the season. And you know he's had a lot of practice returning kickoffs this season."

Because of an injury his sophomore year Miller was forced to wait until the 1979 season to begin his prep grid career.

Miller's patience in waiting out a year with an injury is a theme the Rams seem to be running on now. Patience. Mt. Rainier football is still a year or maybe even two years away from playing dominant NPSL football, but the players and the coaching staff are aware of this fact, and are willing to climb slowly, but surely.

Dotson has shown his willingness to stick by his players in times that could have dictated other coaching actions. In post-game interviews Dotson has never rested on his club's shortcomings, but instead he has talked about the things his team did well, and the things they had to work on. The Ram head coach reveals an attitude that values personal improvement as a key to personal and team success, and if the win column becomes fat or the losses pile up as they have this year, you know he's still looking for the same thing—improvement.

"We're still enthused out here at Mt. Rainier," said Dotson, "so please don't forget about us."

How can anyone forget about the Rams? They're leading the league in improvement.

# FW tanks victory; Viks splash TJ

The Federal Way Eagles and the Jefferson Raiders swam in opposite directions in SPSL action last week.

Federal Way easily washed out Rogers 118-46 Thursday, while the Raiders lost a 111-61 decision to Puyallup.

"It was a super meet for us," Federal Way coach Al Hoppenrath said. "We mixed our lineup so our slower swimmers could score, and they came through really well."

The Eagles took six first places in the 11-event meet, and solidified a meet win with consistent

second- and third-place efforts.

The Eagles, now 3-1 in SPSL action, will host Clover Park today at 3:30 p.m. at the Federal Way Pool. Hoppenrath classed the meet as "a tough one" for his Eagles, who are being constantly hit with illnesses this season.

"We haven't been at full strength yet," the FW skipper lamented. "It's the worst year for sickness that I've ever seen."

Federal Way's first place winners against Rogers were Gretchen Ise in the 50 freestyle (34.22), Kippi Lundgren in the 100 butterfly (1:12.6), Liz

Bailey in the 100 freestyle (1:06.57), Karen Smiley in the 100 backstroke (1:12.72) and Stacy Kragh in the 100 breaststroke (1:30.72).

The Federal Way 200 medley relay team of Donna Deighton, Michelle Neely, Shannon Blakeley and Tracy Thomas posted a win in 2:08.95. Lundgren, Blakeley, Deighton and Thomas combined for a 400 freestyle relay victory in 4:11.68.

DEANNA CRABTREE brought Jefferson its only event wins against Puyallup. She won the 200 individual medley in 2:35.05 and the 100

backstroke in 1:09.6.

Jefferson meets a strong Lakes team Wednesday at the Lancer pool with little hope of posting a win.

"We'll try for regional qualifying times," TJ coach Jennifer von Doehren said. "on our team, we have to break down our goals and make them realistic. We succeeded in our goal to score at least 60 points against Puyallup."

FW 118, Rogers 46  
200 Medley Relay: 1, FW (Pam Deighton, Michelle Neely, Shannon Blakeley, Tracy Thomas) 2:08.95; 2, FW 2:09.3; Rogers 2:50.71. 200 Freestyle: 1, Gran (R) 2:35.31; 2, Kragh (FW) 2:45.37; Harlan (FW) 2:46.62. 200 IM: 1, Meyer (R) 2:41.85; 2, Neely (FW)

2:48.98; 3, DeSpain (FW) 2:49.05.  
50 Freestyle: 1, Gretchen Ise (FW) 34.22; 2, Roper (FW) 38.54; 3, Collins (R) 40.04. Diving: 1, Jeffrey (R) 187.5; 2, Call (FW) 181.35; 3, Kocheil (FW) 1:16.95. 100 Butterfly: 1, Kippi Lundgren (FW) 1:12.6; 2, DeSpain (FW) 1:15.32; 3, Blakeley (FW) 1:16.6.

100 Freestyle: 1, Liz Bailey (FW) 1:06.57; 2, Gran (R) 1:11.65; 3, Hadan (FW) 1:13.73. 500 Freestyle: 1, Meyer (R) 6:21.59; 2, DeSpain (FW) 6:24.78; 3, Bowle (FW) 6:36.5.

100 Backstroke: 1, Karen Similey (FW) 7:12.72; 2, Deighton (FW) 1:13.54; 3, Thomas (FW) 1:14.8. 100 Breaststroke: 1, Stacey Kragh (FW) 1:30.72; 2, Ise (FW) 1:43.64; 3, Roper (FW) 1:46.75. 400 Free Relay: 1, (Lundgren, Blakeley, Deighton, Thomas) 4:11.68; 2, FW 4:14.49; 3, FW 5:47.87.

Puyallup 111, TJ 61  
200 MR: 1, Puyallup 2:17.58; 2, TJ 2:22.13; 3, Puyallup 2:28.17. 200 Freestyle: Darwin (P) 2:34.21; 2, Olson (P) 2:40.78; 3, Puyallup 3:07.39; 4, Jones (TJ) 3:07.7. 200 IM: 1, Crabtree (TJ) 2:35.05; 2, Lindsey (P) 2:44.65; 3, Puyallup 3:00.58; 4, Robinson (TJ) 3:28.68.

50 Freestyle: 1, Dolph (P) 29.76; 2, Karl (TJ) 31.86; 3, Dawn (P) 32.99; 4, Walker (TJ) 33.9. Diving: 1, Clark (P) 196.05; 2, Layton (TJ) 191.90; 3, Yatsuey (P) 158.1; 4, Owens (TJ) 116.5.

100 Butterfly: 1, Puyallup 1:22.61; 2, Walker (TJ) 1:29.85; 3, Puyallup 1:31.07; 4, Robinson (TJ) 1:35.91. 100 Freestyle: 1, Puyallup 1:06.60; 2, Puyallup 1:12.10; 3, Karl (TJ) 1:14.13; Owens (TJ) 1:21.44.

100 Backstroke: 1, Crabtree (TJ) 1:09.6; 2, Dolph (P) 1:14.26; 3, Puyallup 1:38.29; 4, Murry (TJ) 1:42.38. 100 Breaststroke: 1, Puyallup 1:21.48; 2, Darwin (P) 1:23.94; 3, Layton (TJ) 1:35-13. 400 Free Relay: 1, Puyallup 4:56.7; 2, TJ 5:40.03; Puyallup 5:59.11.

# Warmuth takes You Pick 'Em victory

Barbara Warmuth, a Spanaway housewife, survived through an upset weekend of gridiron action to top a 79-participant field in the Federal Way News You Pick 'Em football forecasting contest.

Barbara hit seven correct predictions in the nine-game slate (the Stanford-USC tie, 21-21, was eliminated in the judging). Four other entrants also missed just two outcomes, but Barbara took first prize, a \$15 gift certificate from Scott's Athletic Equipment in Federal Way, by tabbing the Los Angeles Rams to lose by 13 points against Dallas last Sunday. The Rams dropped a 31-6 decision. Others, involved in the tie-breaker picked the Rams to be defeated by slim margin.

Barbara missed two major upsets, Jefferson's 12-7 win over Clover Park and Washington State's 17-14 win over UCLA. She predicted Arizona State's win over Washington and was four-for-four with her NFL selections.

Barbara, a native of Kanilworth, England, admitted not knowing much about American football.

"I listen to my husband (Bob)," she said. "I went the other way on a few games, because I thought most people would tend toward the favorite."

Fortunately for her sake, she ignored her husband's choice of San Francisco over the New York Giants, which put her one up on Bob.

Federal Way residents Chris Sullivan, Todd

Fosness, C. H. McLaughlin and Russ Hancock of Tacoma also had seven correct in last week's contest. Three upsets — TJ over CP, ASU over UW and WSU over UCLA — knocked 52 contestants from the running.

Fosness, Ron Anderson of Kent and Nancy Snider of Federal Way were the only forecasters to choose WSU's shocker over UCLA.

Barbara received her chance to enter the contest when Bob picked up copies of the Federal Way NEWS at the Tacoma U.S. Oil plant where he's employed. She noted that she will continue entering the contest this season.

She predicted that this weekend Seahawks will not bounce back this week against Houston,

Federal Way will be knocked out of the SPSL playoff race by Rogers and the Huskies will take "a close win" over Pittsburgh.

An entry blank for

this week's You Pick 'Em contest is included in this issue. Entries must be postmarked or hand delivered to the NEWS office by tomorrow midnight. A

drop slot by the office is available after office hours. The winner of this week's contest will receive a \$15 gift certificate from Scott's Athletic Support tomorrow midnight. A

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# FW area harriers clash this Friday

by Brien Lautman  
The Federal Way Eagles, the Thomas Jefferson Raiders and the Decatur Gators will forget about the rest of the cross-country world this week as they embroil themselves in a star-studded, three-way meet this Friday at the Jefferson school course.

For the girls the meet should be especially interesting with Decatur's Kerry Johnson, Jefferson's Tracy Honsinger and Federal Way's Michelle Valentine headlining the action as favorites for the individual crown.

Both Johnson and Valentine warmed up for this week's encounter with meet wins last week. Johnson outran the entire Curtis-Clover Park field to cruise home first in 13:07, while Valentine grabbed her win in a very fast 12:12.5 against Puyallup. Honsinger's only action of the week was at the Rollercoaster Relays held in Auburn last Saturday. The TJ number one runner finished seventh in the top class of runners with a 14:56 clocking on a lengthened course.

According to Decatur Coach Joe Anderson the girls' portion of the meet Friday should be an extremely good race between all three girls.

"Kerry Johnson will be going head to head with Valentine and Honsinger, and we're hoping she'll win it," he said. "It should be a very exciting race, and everybody's real-

ly looking forward to it." Federal Way Coach Bill Harris echoed Anderson's feeling about the girls' matchups, labeling the race as a "good one," but also giving support to his runner Valentine.

"Michelle has been running well for us throughout her career, and I am sure she will continue to run well this week," he said. "It will be a good race between Johnson and her. Honsinger from Jefferson has been doing quite well too," Anderson added.

The boy's portion of Friday's area harrier showdown, however, does not promise to be as close as the girls', as Federal Way's Darrin McKuen should have things well in hand.

"There is only one person that Darrin has not beaten this year," said Harris. "Darrin is running very well, and should finish very strong on Friday." In meet action last week at Federal Way McKuen coasted to a new course record 15:17.7 as he completely demolished the Puyallup Viking field of runners. The senior runner also performed well at the Rollercoaster Relays, finishing second in the top flight of competition with a 12:07 clocking.

The Decatur boys will challenge McKuen with a closely bunched group of runners. Richard Vanderwouden, Sean Minehan and Rich McMonigal head the list. For Jefferson, Bob Plummer and

Albert Frank will pose possibly the biggest threat to the Federal Way runner. Plummer finished twenty-first in the top flight at the Rollercoaster Relays with a time of 13:12, while Frank finished the same in the number two flight with a 13:39 finish.

Depth-wise, the Raiders will definitely have a shot the team title says Coach Bill Hansen. "We've definitely got a shot at it," said Hansen. "It's on our home course and the kids have been waiting all year for this one. We're excited for this meet." IN DUAL MEET action last week Federal Way swept to boys and girls' wins over the Puyallup Vikings. The boys grabbed a 23-32 victory with McKuen heading the field with his 15:17.7 course record run, while Dan Wedeman was third in 16:35, Barth Merrill fourth in 16:37 and Kevin Systad was fifth with a 16:43 clocking.

The Eagle girls posted a 23-36 margin of victory as Valentine led the way with her 12:12.5 tour of the course while being followed in second by Tracy Calhoun in 12:52.5 and Lisa Tyler in fifth at 13:18.

Harris praised his girls' efforts in the meet saying "they have been running very well the last couple of meets, and have been establishing themselves on the courses well."

The Decatur Gators travelled to Curtis to meet the Vikings and Clover Park, coming away with a split for

the girls, and a double-loss for the boys.

The Gator girls were led by Johnson with her 13:07 first-place finish, while Lori Morgan

cruised home in 14:06 for a supporting fourth place showing.

The Decatur boys, however, did not fare as well as the girls as they dropped identical 15-50 decisions to the

Vikings and Warriors. Vanderwouden was the top finisher for the Gators with 15:50, fifteenth place showing, followed by Minehan in sixteenth at 15:54, McMonigal seven-

teenth at 15:56 and Todd Grossman eighteenth with a 16:05 time.

"We just got zipped," said Gator Coach Anderson. "Clover Park has not

been beaten this year, so we kind of expected that, but the boys did run well together and one pushes the other pretty well."

The Jefferson Raiders were idle last

week in South Puget Sound League but will return to the track, along with the Eagles and Gators for the area clash on Friday. That meet will begin at 3:30 p.m.



## Do-it-yourself Paneling Values



### PREFINISH 4X8 PANELS

- ACRY-TUFF CEDAR ..... \$8<sup>49</sup>
- ACRY-TUFF PECANS ..... \$8<sup>49</sup> ea.
- UMBER FLUSH ..... \$6<sup>99</sup> ea.

### UNFINISHED REAL-WOOD PANELING

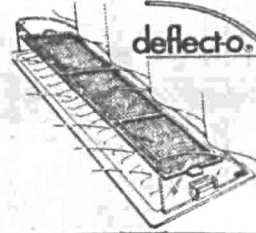
- 1X6X8' T & G REDWOOD ..... \$3<sup>64</sup> pc.
- 1X6X8' T & G SPRUCE ..... \$2<sup>16</sup> pc.
- 1X4X8' T & G CEDAR ..... \$2<sup>88</sup> pc.

Add beauty and value to your home with the rich-looking grain in wood paneling! And by doing it yourself, you'll save money on installation costs. No special tools are required - just nail or glue up. Choose from a large selection. Panels are prefinished and impervious to most kinds of dirt - so they wipe clean for easy maintenance.



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Directs filtered air into the middle of your room. Clear plastic. 02/52  
**\$1<sup>77</sup>**

**PLASTIGLAS**  
36" X 150"  
Seals Cold Weather Out  
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**WRAP-ON® QUALITY INSULATION**  
• Save On Fuel Costs • Conserve Heat

Insul-Foil Duct Insulation. Aluminum foil on PVC vinyl foam. With self-adhesive backing. 12 in. x 15 ft. 5/16750. .... 7.77  
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8-in. wide 5/W0140 ..... 3.77  
Bulk Roll Fiber Glass Insulation. 1 in. x 24 in. x 50-ft. /16550 ..... 26.99

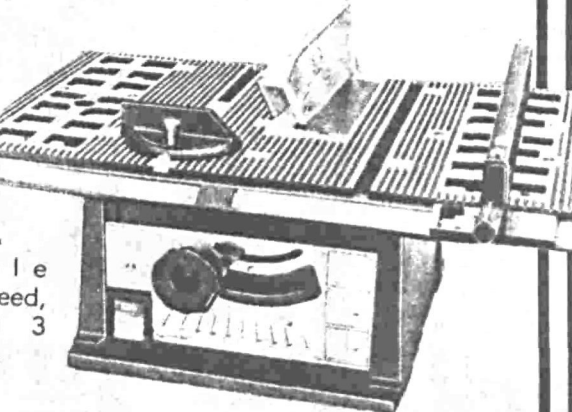


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**DRILL PRESS BY ROCKWELL**  
Portable variable speed, powerful 3 Amp. motor.

Only **\$86<sup>95</sup>** ROCKWELL **\$117<sup>95</sup>**



**8" MOTORIZED TABLE SAW**  
Portable - Mitre gauge powerful 9.5 amp motor #31205  
**9" CONTRACTOR TABLE SAW WITH STAND #34618**

### FIRE ESCAPE LIFE LADDER

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Steel brackets hang from window sill to make almost any two-story window into an instant fire escape. Fifteen-foot ladder with all-steel construction and strong 1-inch rungs. 06/2-D



Large Capacity  
**FIRE EXTINGUISHER**  
**\$22<sup>95</sup>**

UL rated 2-A; 40-B-C. Powerful, all-purpose unit for household fires. W/bracket. Refillable. 06/FA240



**5-Bar FIRE GRATE**  
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**FIRESCREENS**  
Custom Made  
**FREE ESTIMATE**  
**FREE MEASURE**

**STORM WINDOW KITS**  
36 X 72 Plastic **69¢**

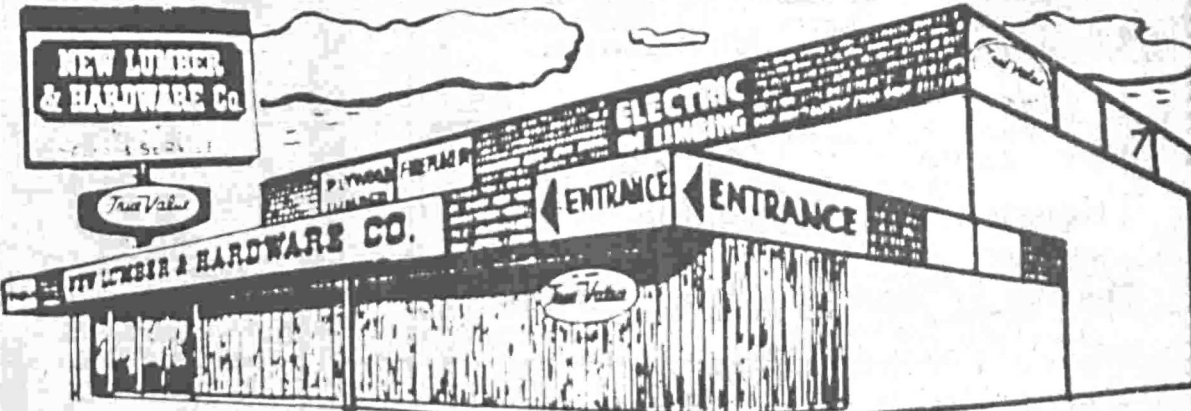
25 Lb. **FIX ALL**  
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Across From Federal Way High School

### Locals in New York marathon

Three men from the Pacific Northwest will be among the 14,000 runners in the New

York City marathon this year on Sunday, Oct. 21. Taking part will be Richard E.

Bacon, Federal Way; Lee R. Anderson, Puyallup, and Ronald H. Nilson, Tacoma.

*The Peoples Store*  
SEATAC MALL FEDERAL WAY

Salon: Mon.-Fri. 8:30-9:30  
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**Introductory Offer**

**Men's Haircut Special!**

**Just \$5** Expires Oct. 31st.

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# Losses linked to TJ and Decatur

The Decatur Golden Gators and the Jefferson Raiders absorbed South Puget Sound League golf defeats in Thursday's divisional play. Decatur, which was blessed with consistently strong play prior to meeting Clover Park Thursday, suffered its first slump of the season in an 81-59 loss. The Gators, who had beaten CP earlier in

the year, were in a three-way deadlock for second place after Thursday's play. The Gators, Clover Park and Bethel each have 7-3 records. Jefferson took a 64-43 defeat by Rogers to drop its SPSL mark to 2-8. Like Decatur, the Raiders lost to a foe they had defeated earlier in the season. "That made it a little disappointing," TJ coach Ed Erikson

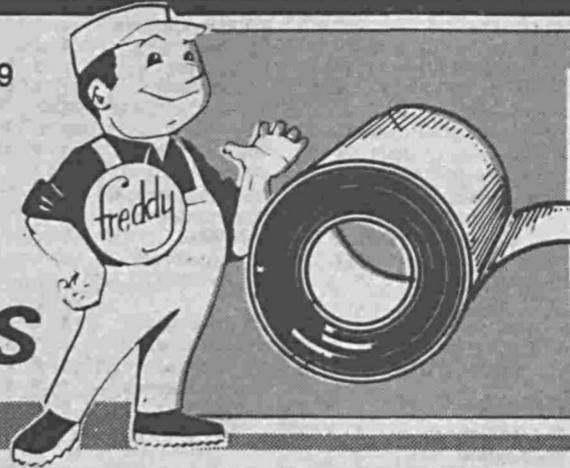
noted. "The scoring wasn't too good either. We thought we could be in the high 50s by this time." Decatur coach Terry O'Donnell looked at his team's slip as an eventuality. "I'd been saying all along that we were the one team that hadn't had a bad match...until last Thursday," he said. "Then we all decided to have a bad match at the same

time." "It's hard to figure who's going to take second place," O'Donnell pointed out while weighing possibilities. "If Bethel doesn't win down here, they're about out of it, but we have to win two of our last three to have a chance. Federal Way even has a good shot at overtaking the rest of us." Federal Way, 6-3, a bye Thursday.

The Raiders would with 12, Lane DeBriee be considered a favorite against with 5, Tim Griffith Sumner, but their chances of posting a win are lessened by the absence of the talented Mark Nygren, who won Thursday match medalist honors against Rogers last Thursday with a 40-stroke total and 14 points. Other Raider Anderson with 10, and were Brian Myers Dave Utz with 6.

Prices Good Today thru Sunday, October 21, 1979

# Fred Meyer HOME IMPROVEMENT CENTERS

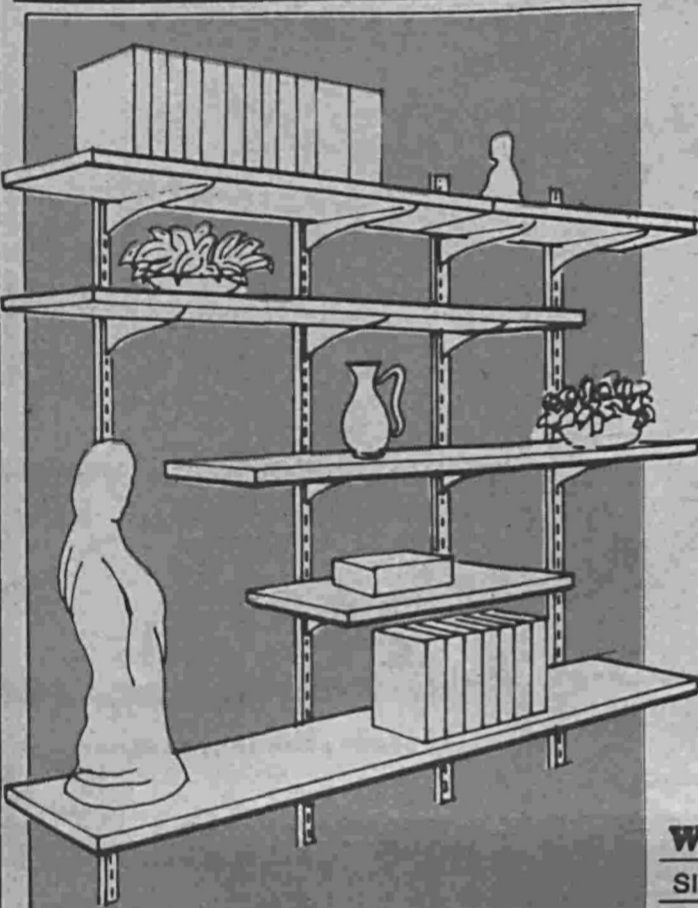


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8"x36"	\$4.39	<b>\$3.51</b>
10"x24"	\$3.99	<b>\$3.19</b>
10"x36"	\$5.29	<b>\$4.23</b>
12"x24"	\$4.99	<b>\$3.99</b>
12"x36"	\$5.89	<b>\$4.71</b>

#### PECAN FINISH SHELVES

SIZE	REGULAR	SALE PRICE
8x24"	\$3.29	<b>\$2.63</b>
8"x36"	\$4.39	<b>\$3.51</b>
10"x36"	\$5.29	<b>\$4.23</b>
12"x36"	\$5.89	<b>\$4.71</b>

#### FRED MEYER VALUABLE COUPON

### Metal Shelf Standards & Brackets

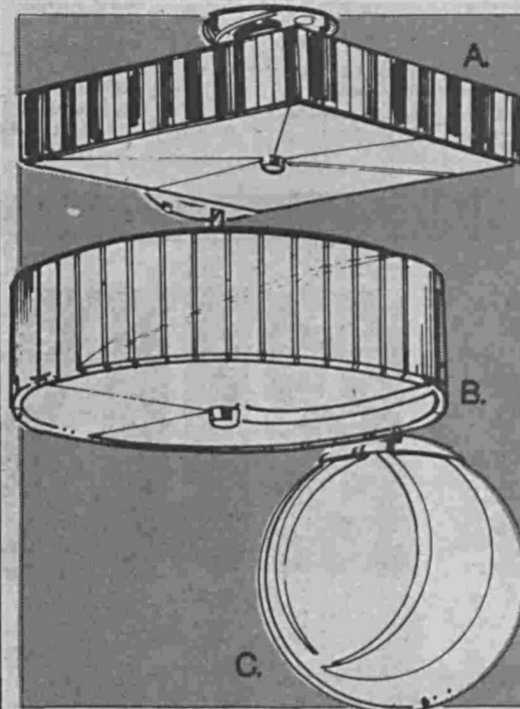
1', 2', 3', 4' and 5' standards. 8", 10", 12" brackets.

**15% OFF** REG. PRICES

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• Home Improvement Centers

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TOTAL REGULAR PRICE **\$13.35**

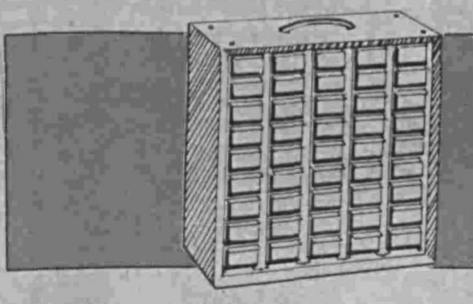
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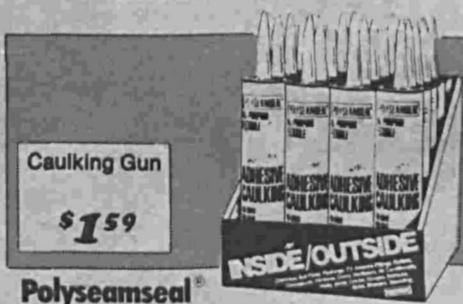
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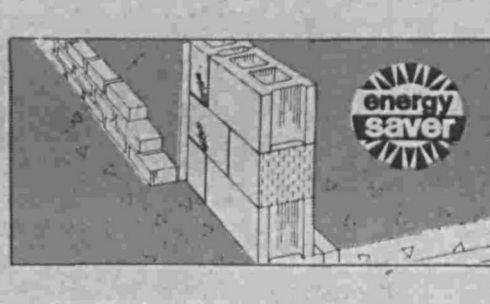
**45 Drawer Organizer**  
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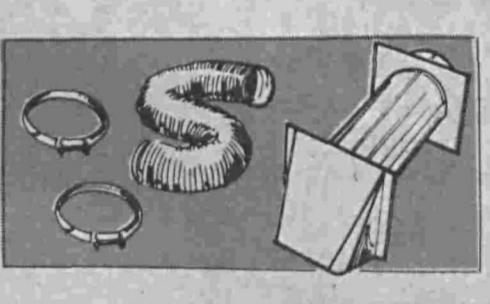
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• Kit includes: dryer vent, flexible tube 4", clamps. Installs easily.  
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**6' Wood Step Ladder**  
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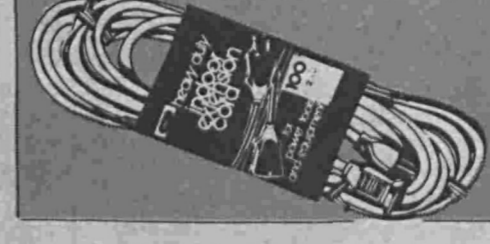
**Steel Work Bench Legs**  
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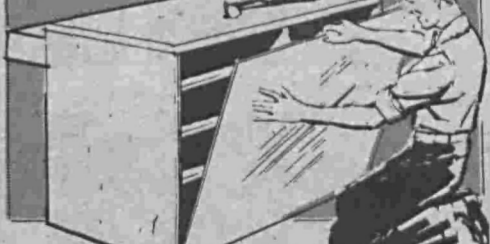
**Black & Decker 1/2 Sheet Finishing Sander**  
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# Highline Soccer Association standings

GIRLS' SCORES			U-8 White Div: Bullets 0, Rugrats 0; Iceberg 0, Chargers 0; Strikers 3, Star-warrors 0.			U-8 Blue Div: Bearcats 1, Wolfpack 1; Pirates 1, Scramblers 0; Gents 1, Quarter Pints 1.			U-9 Gold Div: Sounders 2, Wee Sounders 0; Hulks 2, Tarantulas 0; Bombers 2, Stingrays 1.			U-9 Silver Div: Hotshots 1, LI' Squirts 0; Pounders 1, Cobras 0.			U-9 Bronze Div: Trojans 3, Hot Pints 3; Big Foots 1, Mighty Mites 0.			U-10 Gold Div: Thunder 6, Spurs 2; Jets 1, Bobcats 0; Moanrchs 4, Roofers 2.			U-10 Silver Div: Strikers 3, Tigers 2; Superstars 3, Baracudas 0.			U-10 Bronze Div: Wildcats 1, Badgers 0; Sharks 1, HI-jackers 0; Braves 4, Dribblers 1.			U-11 Gold Div: Cosmos 1, Monsters 1; Raiders 0, Tigers 0; Chargers 1, Strikers 0.			U-11 Silver Div: Bears 0, Roughnecks 0; Pirates 5, Bulldogs 1.			U-11 Bronze Div: Braves 3, Roadrunners 0; Rockets 3, Hurricane 2.			U-12 Gold Div: Wolverines 4, Tigers 2; Sharks 3, Sweathogs 3; Rookies 1, Clippers 2.			U-12 Silver Div: Rockets 0, Knights 8; Drivers 2, Sounders 2; Hornets 4, Rangers 0; Raiders 0, Bisons 4.			U-13 Gold Div: Wolverines 3, Wildcats 0; United 3, Tigers 3, Wildcats 0.																		
U-9 Gold Div: Angels 0, Daisys 7; Go Getters 1, Wee Wonders 0.	U-9 Silver: Crafty Ladys 3, Mermalds 0; Panthers 4, Pebbles 0; LI' Strikers 5, Missiles 0.	U-10 Gold Div: Stingers 1, Silver Streaks 0; LI' Chargers 2, Beetles 3.	U-10 Silver Div: Mudbugs 2, Hotstuff 0; Kickers 5, Crickets 0.	U-11 Gold Div: Little Truckettes 1, Strikers 0; Rockets 2, Blue Angels 0; Hustlers 1, Coyotettes 1; Yellowjackets 3, Stealers 1.	U-11 Silver Div: Cougars 4, Flyers 1; Sweetfoots 0, Purple Pandas 0; Ladybugs 5, Green Hornets 1.	U-12 Gold: Goaldiggers 3, Tuff Stuff 1; Jitterbugs 3, Tic-Tacs 0.	U-12 Silver Div: Pizza Kicks 4, Roadrunners 1; Hotstuff 2, Miss-Fits 1.	U-13 Gold Div: Cedar Canyon Shepard Goaldiggers 2, Wildcats 0; Golden Eagles 2, Starlets 1.	U-13 Silver Div: Kickers 2, Chargers 1; Superstars 3, HI Kickers 2.	U-14 Gold Div: Tigerettes 3, Slurpees 0; Thunder 3, Breakers 1; Gab's Angels 4, Starstrikers 1.	BOYS' SCORES	U-8 Red Div: Jaguars 2, Cobras 0; Tornados 6, LI' Squirts 0.	U-8 White Div: Bold & Guts 0.	U-13 Silver Div: Power Pake 3, Tornado 0; Cobras 1 Hawks 7; Stingrays 4, Jets 3.	U-14 Gold Div: Tigers 4, Roadrunners 2, Gunners 5, Falcons 0.	U-14 Silver Div: Rowdies 7, Cougars 2.	U-15 Gold Div: Chickers 9, Dragons 0; Sixtiers Sizzlers 5, Hawks 0; Bullets 4, Strikers 0.	U-19 Gold Div: Cyclones 1; Bankers 0; Yellowjackets 5, Bombers 4.	U-8 Tibbids 2 1 0	PS Silver Streaks 2 1 0	Oly Beetles 2 1 0	U-10 SILVER DIVISION:	Enum Mud Bugs 2 0 0	MV Kickers 2 0 0	Sumn Hotstuff 1 3 0	Oly Crickets 0 3 0	U-11 GOLD DIVISION:	Oly Hustlers 3 0 1	Enum Coyotettes 3 0 1	HI 6 Rockets 3 1 0	406 L. Turckettes 1 2 1	Z-3 Yellowjackets 1 2 1	PS Blue Angels 1 3 0	MV Strikers 1 3 0	Mid Stealers 1 3 0	U-11 SILVER DIVISION:	Oly Ladybugs 3 0 1	Kent Cougars 3 0 1	Mid Green Hornets 2 2 0	Ced Purple Pandas 1 2 1	HI 6 Flyers 1 3 0	MV Sweetfoots 0 3 1	U-12 GOLD DIVISION:	MV Goaldiggers 3 0 0	Mid Jitterbugs 2 1 0	HI 6 Lovebugs 0 3 0	U-9 GOLD DIVISION:	PS Daisys 3 0 0	HI 6 Go Getters 2 1 0	MV Starlets 1 1 1	Oly Wee Wonders 1 2 1	Enum Angels 0 3 0	9 SILVER DIVISION:	WH Crafty Ladys 2 0 1	Sumn Panthers 2 1 0	406 LI' Strikers 1 1 1	Ced Pebbles 1 2 0	PS Missiles 0 4 0	U-10 GOLDDIVISION:	U-13 Gold Div: Wolverines 3, Wildcats 0; United 3, Tigers 3, Wildcats 0.

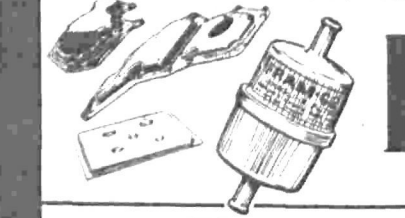
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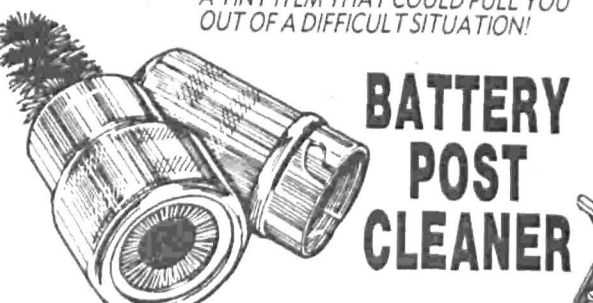
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'WAY BELOW OUR REGULAR PRICE, AND 'WAY BELOW SERVICE STATION PRICE!  
REG. 94¢  
30 HD  
**59¢**  
10/40 REG. 99¢  
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**BATTERY POST CLEANER**  
A HANDY BATTERY POST AND TERMINAL BRUSH CLEANER. A STRONG, LONG-LASTING STEEL TOOL WITH SHAPED METAL BRUSH THAT FITS IN TERMINALS AND OVER BATTERY POSTS. REMOVES POWER-ROBBING DIRT, GREASE AND CORROSION. INSURES A CLEAN, SNUG ELECTRICAL CONTACT!  
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U-HAUL  
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**2X4 GRN, 2 & BTR 10'-20'** 20¢ f.  
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TJ remains unbeaten

# Strong play highlights local volleyball



DARCI VALLALA (3) and Jamie Nix (12) huddle up with their teammates during last Wednesday's South Puget Sound League volleyball action at Federal Way. The Eagles volleyed to a 15-8, 15-12 win over the Sumner Spartans. Their record to date is 3-0. Federal Way will meet the Decatur Gators Friday at Decatur. Game time is 3:30 p.m.

— photo by Roy Musitelli

by Harry Brooks

The Jefferson Raiders probably raised their undefeated string to nine in a row by defeating the Decatur Gators 15-10, 13-15, 15-11 in SPSL volleyball action Thursday.

The official outcome of the match hangs on the question of a protest by Decatur coach Toshiki Kamakura. It stems from a decision by referee Dick Firman in the deciding third game of match.

Firman cited a Decatur substitution error in granting Jefferson the game-winning 15th point; however, the violation occurred two points before his decision.

"If he would have caught it when it happened, I wouldn't have minded, but it was a bit late when two points had been scored," Kamakura said.

After debating the issue for 10 minutes, Kamakura and Firman finally began going through the official protest steps in a calm, business-like fashion. It included a lineup of players on both sides of the net, so the substitution error could be re-enacted. The violation occurred when Karen Cornell entered the game in place of Anita Suss. Earlier in the match Cornell subbed for Vicki Melin. Under high school volleyball rules, a player, who replaces another in a game, can't be substituted for a different player later in the same game.

Both Kamakura and Jefferson coach Nancy Thompson were "disappointed" that the hard-played match ended with the final point awarded off the court.

"It was a good game for both teams," Kamakura said. "All I ask of my players is to play well. If they do that, it really doesn't matter too much whether we win or lose."

Thompson agreed that both teams exhibited a strong performance. "Both teams showed a lot of determination," she said. "I was very proud of our girls' determination in the third game."

Conservatism and hesitation were evident on both sides of the net in the deciding third game. Jefferson broke to a 9-2 lead, but Decatur rallied back to knot the score at 9-9 and 11-11. The Raiders recaptured momentum and moved to a 14-11 edge when Decatur's substitution miscue was detected.

The win, if it stands up, left Jefferson with a 3-0 South Puget Sound League record, while Decatur's dropped to 1-2. Jefferson travels to Sumner today and hosts Clover Park Friday. Decatur visits Lakes today and hosts Federal Way Friday. All matches will begin at 3:30 p.m.

Jefferson controlled the first game against a noticeably tense Decatur club, but the Gators awoke to take a 10-2 lead in game 2. Jefferson began a late comeback surge and tightened its deficit to 14-13, but Decatur hit the final point.

Kamakura's protest of the match's final point will be reviewed by the SPSL Volleyball Committee. Should it hold up, Decatur and Jefferson will again take the

court and play the final game from the point where it was previously stopped: TJ 14, Decatur 11.

Thursday's play was highlighted by talent on both teams. TJ's Peggy Halwachs and Decatur's Cindy Suss led the spiking game. Setters Teri Erickson and Donna Wilson, from Decatur, and Jefferson's Michelle Ogata displayed consistency. Sophomore Marcie Smith played well at the TJ net, and Kim McGlothlin and Dawna Carnagey contributed to the Raider effort.

Thompson is somewhat surprised by her team's undefeated streak.

"I thought this was going to be a building year, but it isn't turning out that way," she said with a glee.

Jefferson appears to be in prime contention for an SPSL berth in the West Central District Tournament. This year, the top three teams in the league gain entry, and the fourth-place finisher enters a one-match playoff for an

additional seeding.

FEDERAL WAY is another team in the hunt of a playoff spot. The Eagles, who finished third in state last season but suffered graduation losses, are raising eyebrows around the SPSL with their fast start.

Federal Way won its first two league matches. The Eagles overpowered Sumner 15-8, 15-12 Wednesday but absorbed a tough 7-15, 16-14, 15-6 loss to a strong Curtis team Thursday.

"I'm really satisfied," FW coach Kathy Harris said. "We're certainly not the power of the league, but we'll win our share. We'll do well; we'll probably end up in the top three or four."

Federal Way meets a sometimes dangerous Puyallup Viking team today at the Eagle gym, but Harris is wary of Friday's inner-district contest with Decatur Friday at the Gator court. Both matches will begin at 3:30 p.m. After controlling the entire match against

Sumner, Federal Way continued carrying its momentum against Curtis.

The Eagles used strong serving and took advantage of early Curtis errors to win the first game 15-7 and post a 12-9 lead in the second contest.

Then the breaks — the ball rolling off the net, the service just out of bounds — began going against Federal Way. Curtis tied the second game at 12-all and took it in extra-point competition.

"I knew they were a good team," Harris said. "I was waiting for them to wake up after their slow start, but we almost got them before they did. We played well for one-and-three-fourths games."

But Curtis won the deciding third game handily.

Federal Way beat Sumner without the services of veteran Dani Hunter, but her replacement, Toni Spira, played well in that match and again against Curtis. Also, Jamie Nix brightened FW's play in both matches.

## K-M sinks Mt. Rainier

The Mt. Rainier Ram girls' swim team had its record drop to 1-4 with a 107-63 loss to the Kent-Meridain Royals Friday.

Mt. Rainier took four first places and registered a state qualifying time in the 200 medley relay. The Ram 200 medley relay team consists of Karen Luschei, Serene Watson, Erica No Nordean and Lesley Fallon.

Nordean took the 200 freestyle in 2:03.4. Lani Gray won the 50 freestyle in 28.4, and

Deena Barrett posted a diving victory with 166 points.

The Ram girls met Kennedy yesterday (results unavailable at press time) and travel to Hazen Pool for a 3:30 p.m. meet with Renton. Stokke predicted a MR win in that meet.

2:41.0; 3, Boyd (K-M) 2:48.5. 50 Freestyle: 1, Lani Gray (MR) 28.4; 2, Linehan (K-M) 28.7; 3, Eddy (K-M) 28.8. Diving: 1, Deena Barrett (MR) 166; 2, Hamilton (K-M) 165; 3, Luschei (MR) 145.7. 100 Butterfly: 1, Beadle (K-M) nfg; 2, Watson (MK) 1:15.0; 3, Boyd (K-M) 1:25.0.

100 Freestyle: 1, Dale (K-M) 57.3; 2, Linehan (K-M) 1:02.5; 3, Fallon (MR) 1:03.8. 500 Freestyle: 1, Meyer (K-M) 6:16.5; 2, Dunscomb (K-M) 6:38.5; Lee (MR) 7:21.0. 100 Backstroke: 1, Stewart (K-M) 1:07.2; 2, Nordean (MR) 1:09.0; 3, Fallon (MR) 1:16.0. 100 Breaststroke: 1, Kristoferson (K-M) 1:17.0; 2, Luschei (MR) 1:20.9; 3, Dana Beadle (K-M) 1:20.8. 400 Free Relay: 1, K-M 4:59.0; 2, MR 4:59.0; 3, K-M 6:12.0.

## Featuring



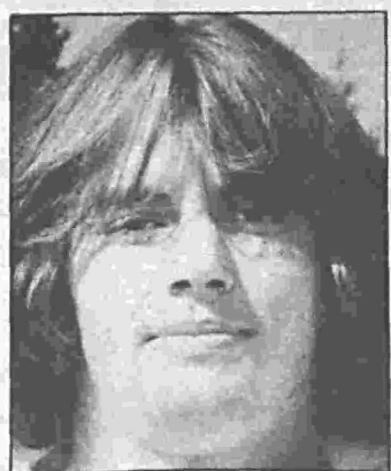
Dean Youngblood, a Federal Way senior, intercepted a pass against Decatur and returned it 60 yards for a Federal Way touchdown in the Eagles' 12-3 win Friday night. Youngblood also can grasp the ball when Federal Way has possession. In the past three games, he's caught 13 passes.

Other top performances:

Darrin McKeown, a senior harrier for the Federal Way Eagles, placed second in last weekend's Roller Coaster Relays at Auburn. His clocking over the 2.41-mile course was 12:07, five seconds off the winning mark.

The Mt. Rainier girls' 200 medley relay swim team of Karen Luschei, Serene Watson, Erica Nordean and Lesley Fallon recently qualified for state with a 2:02.2 time.

Jay Gard, of Jefferson, completed five of nine passes in TJ's



Dean Youngblood

upset win over Clover Park. His aerials accounted for 140 yards, a 28-yard average, and included a 77-yard touchdown connection with Greg Joshlin.

## SPSL Standings

	W	L
Puyallup	6	0
Rogers	6	0
Federal Way	4	2
Sumner	3	3
Clover Park	3	3
Jefferson	2	4
Bethel	2	4
Lakes	2	4
Curtis	1	5
Decatur	0	6

SCORES  
Federal Way 12, Decatur 3; Jefferson 12, Clover Park 7; Rogers 17, Lakes 0; Sumner 13, Curtis 12; Puyallup 25, Bethel 0.

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# Sports FOCUS

by Harry Brooks



*Hell hath no fury like witnessing a long, dull, lopsided ball game.*

When the element of woman's scorn is added, the ferocity of boredom and discomfort escalates in geometric proportions.

For the past five months, I've rallied my male-dominant spirit to coax my woman-friend, Gertrude (a necessary alias to insure my future good health), to accompany me on numerous game-coverage adventures.

I have found that a strong, forceful approach like — "Gee, come on, it'll be fun. It won't last long. It'll be better than the last one," coupled with a few whimpers and coo-coos, works best. It forces Gertrude's "NO WAY" attitude into a state of compromise. A straight forward — "You're going, and that's it!" — definitely would prompt the ire of an avid feminist like Gertrude.

Oh, but the price I pay for companionship.

"Well, I'll go with you this time," she'll say, "but you're taking me out to dinner tomorrow, and then we're going to that new disco, and then..."

I MURMUR "OK" as she ticks off each part of the

bargain, knowing full well that F. Lee Bailey couldn't get me out of the rigorous social schedule.

However, Gertrude may have a case against me for cruel and unusual punishment. When the two of us attend any sporting event, it will turn into a long-term rout or will feature the action and excitement of a stagnant pond; or Gertrude's significant comfort zone will be tested.

On her first adventure into the local sports scene, Gertrude learned a hard lesson: Human posteriors, not accustomed to wooden bleachers, may emit pain. The poor girl had to squirm through a double-header at White Center Stadium as Peterbilt ho-hummed its way to a couple easy wins.

On another baseball outing, I assured Gertrude that the game would begin promptly at 8 o'clock and be over by 10. Because the preceding contest went into extra innings, it didn't begin until 9:30, but Federal Way won an American Legion victory...at 12:15 a.m.

The Sun God was definitely with us last summer, but Gertrude became the victim of his solar rays. Her fair skin

## Creating a non-sports fan

doesn't tan worth a damn, but it burns with gusto. Her most crimsoning experience happened during a July fastpitch tournament. She endured three games during one 90-degree-plus day. Finally she gave in, probably through a tad of heat exhaustion, donned a Westside Federal Way baseball cap, and became one the Fed's most vocal fans as the uncovered portions of her body glowed like a stop light.

**GERTIE LIKES** football because she likes football (unfortunately, sometimes as a participant), so I thought she'd accompany me through the fall season without a whim. Her first exposure to the local high school football began her slide toward revulsion. Federal Way dumped Curtis 17-13, the score being closer than the actual game, and amassed 179 yards of total offense or about a yard and a half per minute for the time we spent in the stands. Even FW coach Doug Adkins tabbed the game as "not too entertaining from the spectator's standpoints."

Recently, I entered a stab at getting Gertrude interested in Husky football by taking her to see the UW battle Oregon State. The OW battle; Washington cruised by the Beavers.

I should have known we were going to have a typical spectator outing before the game began.

I GOT a real thrill out of the air raid siren that howls when the Huskies take the field. It usually brings the fans to a frenzy, or at least it did in past years. Apparently, the new Husky followers are spoiled by recent success and do not get excited with such gimmicks.

Gertrude waited in a concession line for a bag of peanuts, but I nagged her into the stands so she wouldn't miss the siren blast and the fans' reaction. I found, when the siren goes off and the people start cheering, a concert of revelry almost makes the stadium shake. But, as was the case that Saturday, when no one reacts to the siren's blare, the uncontested shriek is extremely disconcerting. After looking at me with a wrinkled forehead as the siren alone pounded our eardrums, Gertrude sweetly growled, "Can I get my peanuts now?"

Last week, I asked Gertrude if she'd come with me while I cover a high school game.

"NO, I'm going to the pool and swim 10 laps," she quickly replied.

"Swim laps. That sounds pretty boring to me. Come on..."

I dropped the subject as her eyes narrowed.

## Motorcycle race to aid Pat Jacobson

The Pat Jacobson Motorcycle Race, a benefit event to aid injured racer Pat Jacobson (of Edgewood) in quest to overcome paralyzation, will be held Oct. 27 and 28 at Spanaway Speedway.

Jacobson, 18, suffered serious spinal injuries during the Aug. 5 Houston stop on the National Motocross Series. The Fire High grad was one of 39 riders, who packed tightly into the first turn of a heat race. Pat's 125 cc Suzuki flipped when the bike's front wheel was jarred by an adjacent rider. That initiated a 12-motorcycle collision. Several bikes ran over Pat during the melee.

He was rushed to Houston Medical Center where X-rays showed that his 11th

and 12th vertebrae were badly broken. His spinal cord was damaged but was still intact.



Pat Jacobson

Pat underwent immediate surgery, which involved fusing five vertebrae together. He now is undergoing therapy in the center's rehabilitation section. "The future will remain unknown for another year," said Pat's mother, Shirley,

from Houston during a Tuesday phone conversation. "He's doing really good; he's medically stable, and he's got a lot of enthusiasm."

"He's got some movement in his lower back but none in his legs yet."

Pat is scheduled to arrive in Seattle Wednesday, Oct. 24, and will continue therapy here.

"He's going to try to make it to the (benefit) race, but we're not sure he'll be able to," Shirley said.

The benefit race, which will feature the U.S. Suzuki Team, is being held to offset medical expenses of Pat's lengthy treatment. For further information, phone Wanda Buhl at (206) 927-4851.

### NPSL Standings

North Puget Sound League Football Standings Olympic Division			
	W	L	Pts.
Evergreen	5	1	6
Hazen	3	3	5
Auburn	1	5	1
Kent-Meridian	1	5	2
Mt. Rainier	0	6	0
Cascade Division			
	W	L	Pts.
Kennedy	6	0	8
Kentridge	4	2	5
Highline	3	3	3
Lindbergh	2	4	2
Last week's games			
Hazen 39,	KM 12		
Evergreen 53,	Auburn 6		
Kent 28,	Lindbergh 27 (OT)		
Kentridge 12,	Highline 0		
Kennedy 48,	Mt. Rainier 13		

### Salmon closures

Due to low stream and river flows in several areas in western Washington, nine rivers will not open to sport salmon fishing as scheduled on Oct. 15, a spokesman from the Washington Department of Fisheries announced recently.

The rivers to remain closed to salmon angling are: Duckabush River,

Dungeness River, Elwha River, Hamma Hamma River, Big Quilcene River, Samish River, Washougal River (upstream from the Steel Bridge), and the Willapa River (upstream from Highway 6 bridge).

These closures are necessary to protect migrating chinook and coho salmon and will remain in effect until further notice.

## Rams golf past Renton

The Mt. Rainier Rams upped their North Puget Sound League golf record to 43 with a 47-37 win over Renton at a tough Fairwood Golf Course.

"We haven't been scoring very well, but we're happy with the wins," Ram links mentor Mel Command said. "We have some people shooting their game, while others aren't."

Mt. Rainier began its bid for a winning golf season yesterday against Highline (results unavailable at press time). The Rams close their regular season against talented Kennedy Thursday at Tye Valley Golf Course. The match will begin at 3:30 p.m. "Kennedy would have to shoot poorly, and we'd have to shoot our very-very best to

beat them," Command conceded.

The two top MR golfers will compete in the NPSL Medalist Tournament Friday at High Cedars. Mark Fickes is assured a spot, but the other Ram position is "hanging in the air," Command noted, adding that it will be decided in this week's matches.

Fickes led the Ram effort against Renton

with a medalist stroke total of 38, three over par. The round brought MR 15 points.

John Finigan scored 10, Keith Wise 7, Steve Fickes 6, Darren Kawabata 5 and Jerry Unser 4.

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## Straw Hat in U-10 boys soccer win

Strong defensive play by both teams kept the contest close between the S.W. United Straw Hat Piza Hawks and the Totem Strikers in Boys' Under 10 "A" competition on Saturday.

The Hawks front line, consisting of Stephen Crabtree, Danny Martinez, Will Ledger, Derrell McDougald and Doug Jenkins pressured the Strikers defense early in the game, but Striker goal keeper, Damon Nakagawa, held firm and with the help of his fullbacks,

Sean Bonneville, Terry Hornbuckle, Darren MacDonald, Chris Maifeld and Rodney Ray kept the Straw Hats scoreless in the first half.

The Hawks halfbacks, Danny McDonnell, Tommy Simonson, Keith Smith and Ky Steincipher controlled their midfield with Steincipher early in the second half booting the ball up to forward, Ledger, who took it in for the first score of the game.

The Strikers pushed back immediately

with two good shots by Leif Jonson who was thwarted in his aggressive attempts by the ever-present Hawk defense. Other Striker midfielders, Marc Johnson, Tony Lyon, Weston Ott and Steve Ragan helped control the middle with excellent man-to-man coverage and power kicking.

The game ended with the Strikers making a strong offensive press, but Hawk goalie, Mattiesen, stayed tough maintaining the shut-out, for the Straw Hat Piza Hawks 1-0.

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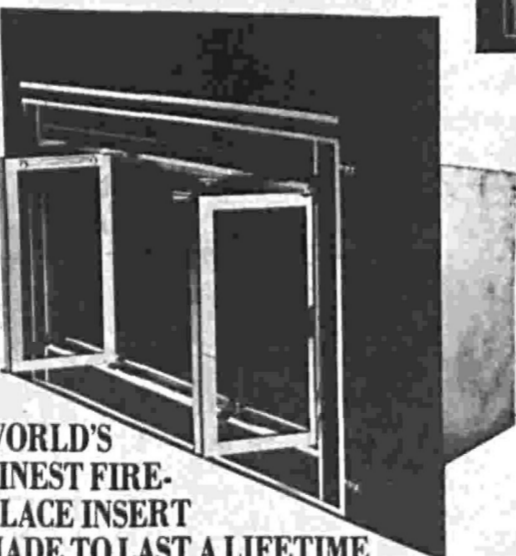
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FEDERAL WAY Fire Marshal Dave Crossen (left) and Smokey the Bear presented certificates to Marguerite Ro and Jerry Johnson last weekend in recognition of their outstanding essays on fire prevention. The two sixth graders each received \$80 in prizes and gift certificates and were named Junior Fire Chiefs.

—staff photo

## When it comes to preventing fires, ask 6th graders

Sixth graders Jerry Johnson of Lake Grove Elementary and Marguerite Ro of Olympic View were each awarded \$80 in prizes and gift certificates last weekend for their essays on fire prevention.

Sponsored by the Federal Way Fire Department, the two winners were selected for their essays from among nearly 1,000 sixth graders in the Federal Way School District.

In addition to the prizes, the two received the title of Junior Fire Chiefs, will attend a Federal Way Chamber of Commerce lunch with Fire Chief Bud Thorson, and will be driven to school in a fire engine one morning. chief at the scene of a recent fire, said he got his idea "just by thinking about it." He already had learned most of the fire prevention tactics, Jerry said, and it took him about an hour to write his essay.

MARGUERITE said she came up with her fire prevention ideas in about a half hour. "And I used the encyclopedia a little, too," she said.

The essay contest, an annual event, was part of the activities sponsored this week and last for national Fire Prevention Week. Federal Way Fire Department also operated fire prevention displays in the SeaTac Mall last week.

This week both Federal Way and Des Moines fire districts are touring area elementary schools to teach fire prevention tactics.

## HOME FIRE SAFETY

by Jerry Johnson

Hello, my name is Chief Hord. I'm a volunteer fireman for Federal Way. Right now I'm at a house that burned down. I'm talking to the family who lived in that house. "How did the fire start, Mr. Bobblefish?"

"Well," said Mr. Bobblefish, "our family was in the living room watching television when our son smelled some smoke. We searched our house when we found out the furnace was on fire. We ran to the telephone and called the Federal Way Fire Department."

They all walked into the pantry. Chief Hord said, "Hey!! I think I found out what caused the fire!!!" "What?" asked Mr. Bobblefish.

"The gas can that was next to the furnace. See the gas can, Mr. Bobblefish."

"Yeah, I see it. We should have never put it there. It was all my fault."

"Well," said Chief Hord, "you should have talked fire safety with your family."

Fire safety is a special thing. It can be prevented when you talk it over with your family. The right safety procedures include several objects such as fire alarms, no cords under rugs, etc. Keep matches away from your boy or girl and the rest, if you have more.

"I hope you obey these rules for the sake of you and your home. Well, I have to respond to a call, see ya later," he said as he walked out.

## FIRE PREVENTION IN THE HOME

by Marguerite Ro

I think fire prevention is important because each year it takes many lives, and damages property. Every year fire causes 6,000 deaths and property damage is more than \$1,100,000,000 in the U.S.

I think most fires are caused by cigarettes and matches in the home. Fire caused by cigarettes are by forgetting to put them out.

Don't let children play with matches. Make sure that you always keep matches in a safe place where children can't reach them. If you use matches make sure you blow them out.

Make sure you have at least one fire extinguisher in your house. Keep fire extinguishers where they are easy to reach.

Rubbish is one of the many great fire hazards. When you do store rubbish, make sure you store it properly so it can't catch on fire.

Throwing cigarette butts in the trash can be hazardous. Always make sure that the butts are put out or it may start a fire.

You should have a smoke detector in your house because when a fire starts and smoke gets to the alarm it will make a sound.

If there is a fire in your home, do not panic. Go to the nearest telephone and call the nearest fire station. If you don't know the number, do not take the time to find it. Call the operator, tell the operator that there is a fire at your house. Give the operator your name, address and phone number. Or ask the operator to give you the fire station. Don't leave the phone until you are sure that they have the correct information.

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to 3 p.m. A local poet and artist, her works have been displayed in several Puget Sound galleries.

She will be autographing her latest book of poetry, "Confetti." Refreshments will be served.

The Circuit Rider Bookstore will be hosting an autograph party for Opal Stolberg on Thursday, Oct. 18, from 10 a.m.

Federal Way Jaycees (second and fourth Tuesdays, each month, 8 p.m.) Meetings held at Jaycee Clubhouse, Federal Way Shopping Center.

## Lions schedule rummage sale

The Auburn Noon Lions Club will be sponsoring a fall clean-up and rummage sale on Oct. 19 and 20. They will accept all those unwanted items that clutter up the garage, basement, or clothes closet such as outgrown clothes, fur-

niture, appliances, games and toys. Donations are tax deductible.

The rummage sale will take place at the Auburn Building, west of the Ben Franklin Store. The sale items are needed by Oct. 18.

## Democrats set meeting

The Auburn area Democratic Club has scheduled a meeting for Oct. 19 at the Aero-Mechanics office, 203 Auburn Ave. North at 7:30 p.m.

## HL Board to meet

The Board of Directors of Highline School District will meet on Wednesday, Oct. 24, at 7:30 p.m. at Sylvester Junior High School, 16222 Sylvester Road SW.

Peter Von Reichbauer, senator and George Walk, representative plus a representative from the Save Our Farmlands Committee will be guests.

## YOUR RIGHT TO KNOW

**ECKANKAR** is not a secret society. Its doors are wide open to the general public. SEE FOR YOURSELF AT THE AFTER-NOON WITH ECK at Kennydale Memorial Hall, Renton Highlands, 2424, NE. 27th Saturday, Oct. 20, 1-5. Free Introductory program with movie, followed by short lectures on various topics, poetry, music, songs, refreshments. Donations accepted For Information call Renton 228-1991 or 772-6361 Evenings



## News tip winner

WITH WATCHFUL eyes, News Tip Winner of the Month James Shook, 35701 28th Ave. S. spotted a high-flying balloon sailing above Federal Way on Sept. 28. He received \$15 for his observant story which appeared in the Sept. 30 edition of the NEWS.

—staff photo

**MIDWAY DRIVE-IN SWAP AND SHOP**  
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SAT. & SUN. 9 A.M. - 4 P.M.  
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SEE AND HEAR SEVEN STARS OF THE LAWRENCE WELK SHOW...  
NOV. 2, 3, & 4  
BOBBY BURGESS and ELAINE NIVERTSON  
**FREE!** (while tickets last!)

GAIL FARRELL GUY and RALNA KEN DELO

GET YOUR FREE TICKET TO SEE THE STARS OF LAWRENCE WELK AT THE MUSIC HALL IN SEATTLE WHEN YOU OPEN A NEW ACCOUNT OR ADD \$100.00 TO EXISTING ACCOUNT AT PIONEER FIRST FEDERAL SAVINGS & LOAN.

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Everett, Arlington, Edmonds, Federal Way, Bellevue, Marysville, Redmond, Snohomish, South Everett, Freeland, Factoria Square, Lynnwood

## GIVE OUR COUPONS THE "NOD"

Winters on the way and soon those long, cold nights are going to set in. This year "smile" those woes away by surrounding yourself with a brand-new Bedroom Set! We have a good variety in every style imaginable—and with this coupon you'll save even more on these "quality" sets! Come pick one out!

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Your Money

by John Weaver, Jr.  
Dean Witter Reynolds, Inc.



Readying for a peak in interest rates

The time when interest rates reach their peak is fast approaching and many shrewd investors are seizing this opportunity to make small fortunes. This magic moment occurs at the peak of the interest rate cycle and lasts for only a few months. While it is almost impossible to determine the precise moment when a peaking occurs, those investors who wish to take advantage of the interest rate peak should start their investment planning now.

In looking back at the last major turn in rates, we are reminded of how quickly this event can take place. Within one month from mid-September to mid-October 1974, interest rates dropped one and one-half percent; and in nine months the bank prime rate dropped from 12 percent to 7 percent. This same phenomenon could happen again with the next year, especially considering the major presidential election coming up in 1980.

Long-term yields are historically high and generous current income is available. Bond prices are very depressed allowing for selected purchases that could result in generous capital gains.

Owning Government National Mortgage Assn. (GNMA) pass through certificates is an excellent way of locking up a high current yield. These bonds currently pay close to 11 percent per year interest and they are guaranteed by the full faith and credit of the United States government.

GNMA bonds are the fastest growing new investment security. They are purchased by individuals, credit unions, corporations, commercial banks, pension funds and insurance companies.

These bonds represent an ownership of a pool of FHA and VA guaranteed mortgages. They provide a regular monthly income of principal and interest to meet individual financial needs. Or, the income can be reinvested monthly to compound growth. Another important factor is the large and active secondary market available to purchase bonds in the event that funds are quickly needed.

There are two means of purchasing GNMA bonds. One is to buy the minimum \$25,000 certificate with \$5,000 increments. The other is to purchase them from a National Investment Brokerage firm through a unit trust in increments of \$1,000 each.



SAFECO'S MOBILE employment office travels through King County communities recruiting for clerical positions.

Employment office comes to job hunters

Who ever heard of a mobile personnel office that a job seeker can stop by while on the way to the grocery store?

With a shortage of clerical workers, Safeco Insurance Co. has taken to the road in a 28-foot van to recruit clerical workers in the King County area.

The travelling employment office is believed by the com-

pany to be one of the first of its kind and was implemented to alleviate the insufficient number of clerical employees.

No appointments are required and the application process can be completed in one stop. An experienced personnel recruiter will interview applicants for jobs in the company's University District headquarters.

For convenience, the transportable office will be parked in areas of easy access. For the Federal Way area, the Safeco van will be located in the Century City Safeway parking lot from 10 a.m. to 3 p.m., on Friday. The unit will also visit Burien and West Seattle among other stops from Edmonds to downtown Seattle and the east side of Lake Washington.

Civic leaders to meet

A meeting for leaders of all local service and volunteer organizations, to become acquainted with each other, will be held tonight, at 7:30, at the Federal Way Library.

Intended to be an annual event, the meeting will allow officers and other interested members of community groups to explore how their effectiveness could be enhanced by coopera-

tion with other organizations.

Each group is invited to bring flyers or other information concerning events they are sponsoring. A listing of officers of many local organizations will be available for distribution. The public is invited to attend.

Panelists at the meeting will include Dorothy Sprague of Totem Girl Scout Council, Jim Erickson

of the Federal Way Lions Club, Lyle Starkey of the Kiwanis Club, Faye Clerget of Soroptimists International, and Laura Chuschoff of the Federal Way Junior Women's Club.

The meeting is sponsored by The Federal Way Chamber of Commerce. For more information contact Bill Davis at the Chamber of Commerce office, 838-2605.

Remodeled store brings students in

Frank W. Woolworth started small, but his five and dime stores soon mushroomed into a multi-million dollar business.

The distributive education club at Mount Rainier Mt. Rainier high school may never top Woolworth's enterprise, but the students are proud of the new improvements to their small school store.

According to Larry Snyder, club president and store manager, the remodeling of the student store has been a successful move.

"We used to have a walk-up window where the students would have to ask for the merchandise and the clerk would select the article," he said.

Now students can walk into the small store and browse. Snyder says the new arrangement also helps the business students obtain an authentic feel for merchandising and dealing with the public. At the lunch hour, the



BUSINESS IS brisk at the newly remodeled Mt. Rainier high school student store.

store's regular hours the quarters are filled with students buying candy and school supplies.

The school store has the same duties and problems as the larger department stores. Snyder and his

staff are responsible for the merchandising, planning work schedules, training employees and book-keeping.

The young store manager proudly said that the store's \$700 inventory included

everything from pencils to posters. Business is brisk, in fact, on the first day of school the store made \$16.

However, like other stores, the student business also has its problems with shoplif-

ting, so Snyder and his staff must keep a watchful eye on the customers.

The store employees do not earn a salary, instead payment comes from the practical experience that cannot get from school books.

United Way executives named

Two Federal Way residents have been chosen by their employers to serve as "loaned executives" in this year's United Way fund appeal.

The residents and their sponsoring organizations are Philip E. Caron of Weyerhaeuser Co., and Kathi Willis of Pacific Northwest Bell. Also to serve as United Way executives are Zenith residents Leo P. Ketten of The Boeing Company and Mark D. Spenny, Unigard Insurance Group.

Forty companies and organizations have loaned 87 men



Philip E. Caron



Kathi Willis

and women to work with United Way for the full 10 weeks of the appeal. The loaned executives are responsible for securing 55 percent of total contributions sought.

Loaned executives

help organize and conduct fund drives in cooperation with company representatives. Goal of the fund appeal, which will end Nov. 13, is \$15,915,000. This year's theme is "Let's take care of one another."

Company	Dividend	Bid	Net Chg.
SELECTED QUOTATIONS			
UTILITIES			
Washington Natural Gas	1.40	14 3/4	-2 3/8
Pacific Power & Light	1.92	18 7/8	-3/8
Portland General Electric	1.70	15	-1/4
Puget Sound Power Light	1.64	15 3/4	-1/2
OTHER			
Albertsons	1.20	42	-2 1/2
Palmer G. Lewis	.28	10 3/4	-1 3/4
Chem-Nuclear	.05	19 3/4	-2 3/4
Heath Techna	0	19	-2 3/8
Fred Meyer	.50	29 5/8	-1 1/2
Pacific Gamble Robinson	1.50	21 1/4	-
Pay 'n Pak	.60	15 5/8	-2
Pay 'n Save	.72	27 7/8	-
IBM	3.44	65 1/8	-2 3/8
Texaco	2.16	29	2 1/4
FINANCIAL			
Seattle First National	1.12	26 1/2	-1 1/2
Peoples National	.88	14 3/4	-2 1/4
Rainier Bank	1.08	27 3/8	-2 1/8
Crocker National Bank	2.00	28 1/4	-3 3/8
FOREST PRODUCTS			
Bosie Cascade	1.50	36	-3 1/2
Weyerhaeuser	1.00	30 7/8	-3 1/2
Scott Paper	.92	16 3/4	-2
Georgia Pacific	1.10	26 1/8	-3
Evans Products	1.30	21 1/4	-3
TRANSPORTATION			
Boeing	1.33	44 5/8	-4 1/8
Northwest Airlines	.80	36 1/8	-4 1/2
Western Airlines	.40	8 7/8	-1 3/8
PACCAR, Inc.	3.05	57 3/4	-3
Airborn Freight	1.20	21 3/4	-1 1/4

GRCC president resigns

Dr. Melvin Lindbloom, president of Green River Community College will resign his position on June 30, 1980 after serving 14 years as one of the college's major educational architects.

Dr. Lindbloom has been involved with every aspect of GRCC's functions from student programs to the instructional area since coming to the presidency with the school's opening in September 1965. With 30 years in the

education field, Dr. Lindbloom has held the positions of superintendent of the Quincy School District and assistant superintendent of the Auburn School District. He will also review the process for finding a replacement.

Everybody's Business

by Mary Gilmore



For women interested in owning a business at the YWCA at Fifth and Seneca on Oct. 10 from 9 a.m. to 3:30 p.m. The workshop is co-sponsored by the Small Business Administration and includes speakers on marketing and promotion, legal considerations, management techniques and more.

A variety of free publications and management aids will be available. Use this opportunity to meet with other businesswomen to share ideas and information.

Registration fee is \$5. Call the YWCA at 447-4865 to register.

Knapp College of Business is constantly reviewing its curriculum to see that it is fulfilling the needs of the business community and the students. In so doing, programs are created and expanded, resulting in faculty openings.

Three new instructors have recently joined the Knapp College of Business staff, bringing the total number of teaching personnel to 24. New instructors who have assumed full-time duties this fall include Jennell Coughlin, Terri Dubel, and Christine Klein.

Another staff member is Tana Blumhardt, who has assumed the position of admissions counselor at the school's Auburn campus.

Lambuth, Sill and Sprague, Inc., Seattle industrial and commercial realtors since 1915, has been acquired by Bullier and Bullier, Inc., a half-century old Portland firm also specializing in industrial real estate.

The Board of Directors of Home Savings and Loan Assn. declared a five cent dividend to stockholders of record Sept. 28, payable Oct. 15.

The Washington State Liquor Control Board announced applications for retail liquor licenses have been filed by David Lewis Porter for Class A-C-E-F licenses, to sell beer and wine for on-premises and home consumption at The Port Hole Restaurant, 22307 Dock St., Des Moines. (Added Class C-F).

Anyone wishing to support or oppose these applications may write to the State Liquor Control Board in Olympia.

The Washington State Liquor Control Board has issued a Class A-C license, to sell beer and wine for on-premises consumption, to The Green House Sandwich Shop, Inc. at The Green House Sandwich Shop, 900 S. 336th St., Federal Way.

Foster and Marshall Inc. is holding an open house from 4 to 7 p.m. today at the new Federal Way office located at 32123 First Ave. S. suite A1

Peoples National Bank reported net income for the first nine months of 1979 of \$9,547,648, up 37.2 percent over the first three quarters of 1979. Net income for the third quarter was \$3,546,397 an increase of 35.1 percent over the third quarter of 1978.

Compared to a year ago, total deposits on Sept. 30, 1979 were \$1,168 million, an increase of \$142 million, or 13.7 percent; demand deposits reached \$521 million, a gain of 7.9 percent; savings deposits totaled \$308 million, up 8.3 percent from a year ago. Other time deposits grew 30.4 percent to \$339 million.

The bank's total loans on Sept. 30 were \$822.7 million, gaining \$95 million or 13.0 percent.

Dental care seminar

A one day seminar to increase the level of dental care in long-term facilities will be held from 8:30 a.m. to 5 p.m., Oct. 26. The Seattle-King County Dental Society, in conjunction with the University of Washington Department of Community Dentistry and Prosthodontics are sponsors.

It will be held Room 316 of the South Campus Center on the University of Washington campus. The course is designed for dentists and dental personnel, as well as facility administrators and directors.

The course fee is \$20.

For registration and further information, contact the Seattle-King County Dental Society at 624-4912.



Winning deal

CAMPBELL BUILDING Supply which operates stores in Des Moines and Federal Way area, won a \$1000 savings bond and 20 shares of Palmer G. Lewis Company common stock during a grand prize drawing held at the Lewis Company Annual Dealer Buying Show in September. Kip Kronenberg, Campbell stores manager, received the savings bond and shares from Richard E. Lundgren, Palmer G. Lewis president. Others pictured from left to right, are Philip Harris, Palmer G. Lewis sales manager and Mike Carlisle of Campbell Building Supply.

Foxgloves, University of Washington Arboretum Foundation Study Unit 77 (second Thursday each month, September through May) Membership now open, call Carol Fox, 941-1273, or Audrey Isaacson, 839-8671, for information.

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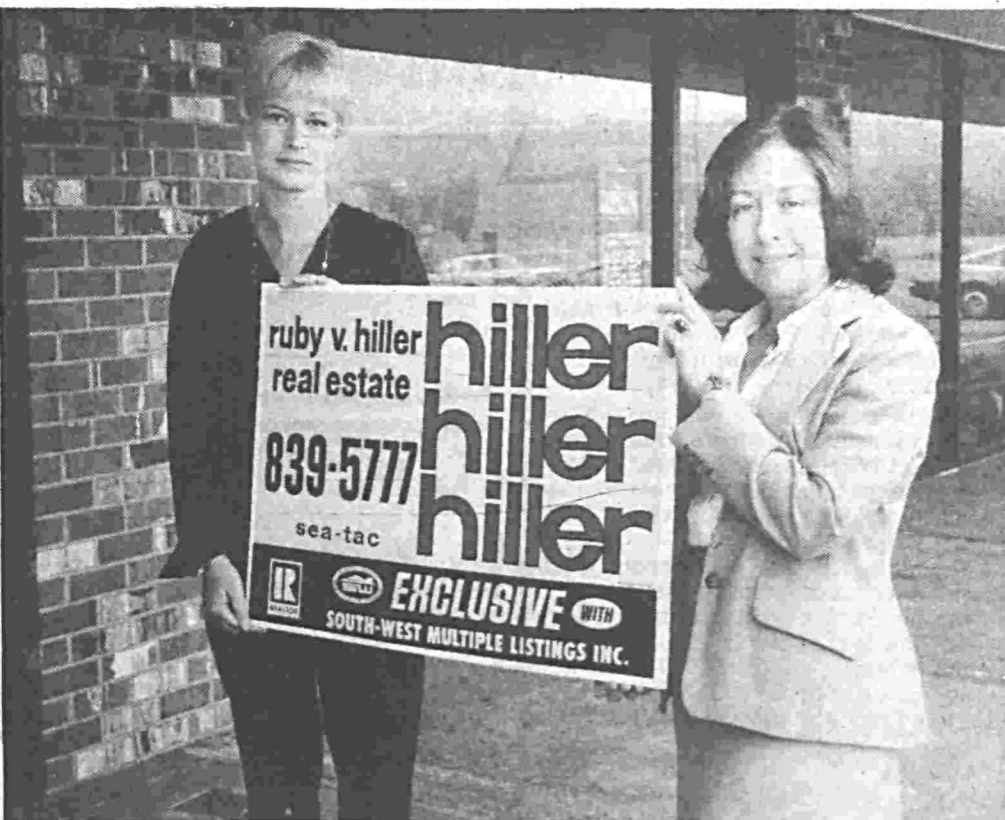
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Bev Sugawara and RUBY HILLER admire the new Ruby V. Hiller Real Estate sign.

## HILLER IN NEW OFFICE

Ruby V. Hiller Real Estate has moved to a new, larger office at 31260 Pacific Highway S. in Federal Way. That address is a row of attractive new shops and services: Hiller has suite number 3. Hiller has been licensed since 1967 and a broker since 1968. She worked with other firms until going on her own in November of 1974 as a one-person office. "My most important service is my personal attention. I hand-carried everything," she says. "I worked out of an office in my home, and many of my clients never even saw it, because I took everything to them. It was this personal service that got my firm started and I plan to continue it." It was Hiller's mother who got both her and her sister started in the real estate field with encouragement. Hiller says she was always selling something as a child, flower seeds, magazines, something. When her job as a service representative for the telephone company began to pall, her mother suggested she get started in real estate. With two sons to raise, she decided to try and has never regretted it. "Real estate has changed from the man's world it was in the sixties to a more open field now," Hiller says. "In some ways I think women have all the

advantages in real estate." With many courses in management and marketing behind her, Hiller is ready to welcome associates for the first time. Fred Kichuchi and Gail Duffy will be joining her, but there is room for a few more. An important addition to the firm is Bev Sugawara, the receptionist, now in a prelicensing course. Hiller has taught for the Seattle-King County Board of Realtors and at Bellevue Community College. She has been a speaker for the Small Business Administration, most recently in Wenatchee. Hiller is a notary and a voter registrar. She is a member of the League of Women Voters, Toastmistresses and the Chamber of Commerce. She is a management broker for the Veterans Administration. "What do I see coming up in real estate?" Hiller asks. "A slump has been forecasted, but I think it will end by spring. It's caused by the tightening money market. But the picture for real estate is certainly positive in the long run and I look forward to continued success and achievement for the profession." The phone number of the new office in Dana Plaza is 839-5777 or from Tacoma, 952-4141. Do stop in to congratulate this growing firm on its new location.

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These 8 unit townhouse condominiums are brand new. 2 Bdrs, 1 1/2 bath. All appliances. Only 1/2 block walk to the Green River. Semi seclusion. Call now on Ad F124.

**BRIGADOON \$78,950**  
A perfect family home. Unique floor plan. 4 Bdrs. 3 bath, rec room and family room. Easy maintenance yard. Sound View from a covered lanai. Storm windows thruout. Ad F118.

**SHOREWOOD \$79,950**  
Shy 1/2 acre with a super clean house. 3 Bdr. 2 bath, finished rec. room, 2 fireplaces. Separate dining room with eating space in kitchen. For more info call on Ad F127.

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3 Bedroom rambler is a dream come true for you gardeners, gaze at Mt. Rainier over the manicured beauty of flower beds & fruit trees, live high atop Puyallup in quiet splendor, \$67,000, MLS 56148-PY. Call Sandee Bordman.

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One acre landscaped grounds & lots of trees hides spacious ranch style rambler, pool table size game room, 2 crackling fireplaces, basketball court & room to romp, \$74,500, MLS 54201-PY. Call Doug Luthi.

**5+ BEDROOMS**  
4660 Sq. Ft. on 3/4 acre in So. Hill. Rec room, steam bath, 964 sq. ft. hill room, kitchen w/elec. gas & micro ovens, BBQ too, Terrazzo floors, private road, it keeps going, \$155,000, call Wayne Emery, MLS 51212-PY.

**LOW INTEREST & ASSUMABLE**  
Always wanted a home w/style unique & one-of-a-kind? 3 bdrms., 2 1/2 baths, formal dining, MB suite, bay windows, all high on a hill on 1 acre in one of Puyallup's newest areas \$94,500, MLS 56118-PY. Call Rosella Selden.

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**70' WATERFRONT LAKE TAPPS**  
4 bdrm. rambler with spacious eating area - private living rm. w/corner frplc., 2 car gar. could be used as rec. rm., lovely landscaped lot with patio and deck. \$84,500.

**TRI-LEVEL-PARK PRIVILEGES**  
This home has 4 bdrms., 2 baths, formal dining, lg. liv. rm. w/Franklin frplc., lovely landscaped lot next to park. \$77,900.

**OWNER WANTS TO SELL NOW!!**  
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**10 1/2 % INTEREST**  
Buy this 1470 sq. ft., 3 bdrm., 1 1/2 bath, with Family room in beautifully landscaped rambler. On a contract. Walk to Schools & Shopping.

**FINISH IT YOURSELF**  
And save yourself some money. Split level with unfinished basement. It will give you room to grow and save, a new listing, and now offered at \$60,500.

**DES MOINES WITH A VIEW**  
A daylite Rambler with lovely deck for entertaining. Also has lots more room for additional finishing, \$75,500.

**CHEAP, CHEAP, CHEAP!!!!!!**  
Don't be chicken! Rush out for this 2 bdrm. house with garage & detached shop. Only \$40,000!!!!

**THIS WEEK'S BEST BUYS!**

**SELL YOUR CAR!** No need to drive! This nifty starter home w/lg. fenced yd. is close to Sea-Tac Mall, churches, schools! Bus stops in front! \$57,200.

**BEAUTY WHERE IT SHOWS,** quality where it counts! Exquisite Twin Lakes home offers formal entry, dining and living rooms, fireplace, cptd., kitchen, more! Lovely landscaping! \$89,900!

**THE RAINS ARE COMING!** Better house hunt now! We have a super 3 bdrm rambler w/Franklin fireplace to cozy up to! Huge backyard! Bring your checkbook - it's priced at a low \$58,500!

**NO TIME FOR LOOKERS** - we need a buyer for this excellent lgr. than average 4 bdrm, 1 1/2 bath tri-level! Lots of storage, landscaped! FHA, VA, assume! \$79,950!

**\*\*CALL FOR YOUR APPT. TO SEE TODAY!!\*\***  
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838-2800 927-7313

**"Quality Street"**  
**John L. Scott, Inc.**

**FAUNTLEE HILLS \$189,500**  
Quality 3 bedroom, 3 bath VIEW home is designed for gracious living and entertaining. Many extras add to your comfort and to that of your guests. Call Richard Motter 937-9000 for a VIDIO PREVIEW appointment.

**ALKI \$135,000**  
Easy care living is the key to this well-maintained brick and cedar home. For the executive who is looking for a prestigious neighborhood, Olympic and Sound view, look no farther. Call Cyndy Berry 937-9000 for a VIDIO PREVIEW appointment.

**CHALET SOUTH CONDO \$80,000**  
Unique modern 2 bedroom quad-level condo with kitchen built-ins, microwave oven, dining room and carpeted throughout. Call Barbara Bull 937-9000 for an appointment.

**WEST SEATTLE \$44,950**  
Super investment, or starter home. All brick, 3 bedroom, full basement, zoned for duplex. EXCLUSIVELY! Call Jeanne Capeloto 937-9000.

**NORTH ADMIRAL \$85,000**  
Charming older home that has been tastefully remodeled to add all the modern amenities. Formal dining room, large kitchen, finished basement and more. EXCLUSIVELY! Call Doris Szabo 937-9000.

**BONNEY LAKE LOT \$10,000**  
Ideal for a mobile home. Perc test approved. Water and utilities in. Nice wooded lot. Call Norma Jean 937-9000 for more information.

**WEST OF BENSON \$64,950**  
FHA - TERMS. Better than new 3 bedroom home in excellent condition. 2 fireplaces, spacious bright kitchen, daylight basement, recreation room and space for hobbies or bedrooms. Attached insulated double garage, fenced level lot. Call Jerrie Gronning 246-0344.

**RAINIER BEACH \$130,000**  
Immaculate quality 5 bedroom, 2 1/2 baths. Partial view of Lake Washington. Well landscaped, low maintenance yard. RV parking and lots of storage. Complete kitchen in daylight basement. Many custom features. Call Herb Roberts 246-0344.

**West Seattle 3221 California Ave SW 937-9000**  
**Burien 16000 1st Ave S 246-0344**  
**Federal Way 30640 Pacific Hwy S 839-6650**  
**Kent 25052 104th SE 854-9523**

**YORKSHIRE \$69,950**  
Splendid split level in great neighborhood. 4 bedrooms, 2 1/2 baths, spacious living & dining room. Knotty pine kitchen with eating space. Large deck and private back yard. Call Mary Ann Scott 246-0344 for VIDIO PREVIEW.

**ALDER GROVE \$75,950**  
Let's make a deal! If you buy the stove, refrigerator and kitchen aide, dishwasher we'll also include this sensational 4 bedroom, 3 bath, 2 car garage with shop, tri-level home. Call 839-6650/927-7600.

**HOLIDAY PARK \$52,000**  
Rambler - Federal Way area! 3 bedrooms. Large lot, back yard fenced. Neat home for a starter home for young couple. Call 839-6650/927-7600.

**EDGEWOOD \$84,500**  
Mini farm! 1.39 acres. Great remodeled farm house, barn, oversized garage, 220 wiring, fenced pasture, dog run, fruit trees. Call 839-6650/927-7600.

**TWIN LAKES \$103,000**  
\$25,000 down, contract terms at 10 1/2 % interest, view of Puget Sound, excellent location professionally landscaped, 3 bedrooms, 2 1/2 baths. Call 839-6650/927-7600.

**HUNTINGTON PARK \$86,950**  
A special 2 bedroom, 2 bath home in perfect condition for the couple who wants community living for the retired active adult. Security, recreational facilities, public park and close to all shopping. Call 839-6650/927-7600.

**MARINE VIEW ESTATES \$96,500**  
Sound view from this Northwest contemporary home, large yard, beach rights, 4+ bedrooms, large family kitchen with fireplace, many cupboards, library den, double garage and work shop. Call 839-6650/927-7600.

**TROUT LAKE AREA \$82,500**  
Every room oversized in this stone and cedar 3 bedroom tri-level on large landscaped lot. Beautiful heat-producing fireplace, gracious bay window, formal dining room. VIDIO PREVIEW. Call 839-6650/927-7600.

**"Quality Street"**  
"20 offices serving the greater Puget Sound area!"



# REAL ESTATE NORTHWEST



FEATURING: HOMES, CONDOMINIUMS, COMMERCIAL INVESTMENTS, INDUSTRIAL SITES, RECREATIONAL PROPERTY, WATERFRONT, FARMS & ACREAGE, REAL ESTATE TRADES, BUSINESS OPPORTUNITIES, REAL ESTATE LOANS & MORTGAGES, INSURANCE, COMMERCIAL & RESIDENTIAL BUILDERS

## Wendy's Opens Restaurant in Federal Way

Construction is at the midway point in the Sea-Tac Plaza in Federal Way on what will become the 19th Wendy's Old Fashioned Hamburgers restaurant in the Puget Sound area.

The new Wendy's will cost more than \$200,000 and will have up to 50 full- and part-time employees. The restaurant will seat 84 customers and feature take-out and drive-up services.

The restaurant is scheduled to open in mid-December.

When completed, it will be the sixth Wendy's in the area. Nearby locations include Auburn, Kent, Fife and two in Tacoma.

The architectural firm of Balzhiser, Longwood, Smith, Paul and Anderson of Seattle and the McNeil Construction Company of Burien are responsible for the design and construction of all Wendy's restaurants under construction in the Puget Sound area.

The northwest Washington franchise is operated by Merle Roberts, president of Seatawa Foods, Inc., who plans to open a total of 50 restaurants in the area by 1982.

### CAN'T BELIEVE IT

Large rambler, terrific sound view, large lot, fruit trees, green house - all at yesterday's price. Call 839-6370 ad #362

### MT. RAINIER VIEW

Spacious 4 bedrm, 2 3/4 baths, 2 brick-wall fireplaces. Large living room, formal dining room, 2 car garage. Located on corner lot. Call 839-6370 on ad #415.

FEDERAL WAY OFFICE  
BENTON-McCARTHY REALTY, INC. **Better Homes**

## SOUTH KING REALTY

### WEST CAMPUS NEW HOMES "0" DN. VA OR FHA TERMS

Quality brand new daytime basement homes. From \$75,550 to \$84,950. Offered to discriminating home buyers by United Homes in the Pacific Northwest's prestigious West Campus. These 3 and 4 bedroom homes feature deluxe oak veneer cabinetry, plush wall to wall carpeting and upgrade appliances. 10% conventional rates also available. Model home open every day from noon til 8:00 p.m. From I-5 or Pac. Hwy. So. Drive west on So. 320th to 6th S.W. and turn left.

### REDUCED \$6,750 TWIN LAKES - NOW \$592,000 "THE SPACEMAKER"

The authentic Spacemaker by United Homes built in 1974 with 2500 sq. ft. finished on main floor with 1200 sq. ft. unfinished up. Features 3 gigantic bdrms., large formal dining, plus a stretch-out-in family room situated on a 10,000 sq. ft. site with concealed R.V. parking - was listed at \$98,750. Now way below market at \$92,000.

### FIVE MILE LAKE 3 BEDROOMS \$63,750

Beautifully kept rambler near Five Mile Lake State Park features a large level, fully landscaped lot with extra parking, 3 bedrooms, family room, separate dining, kitchen with eating bar plus a gorgeous stone fireplace. 5% down or assume FHA loan.

33100 PACIFIC HWY. SO.  
927-2641 838-3136

WANT ADS REACH THOUSANDS DIAL 839-9520

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Wallace & Wheeler has recently expanded its southeast marketing area to booming Burien with astounding success. Now is the time for you to join the winning team. For the cure to the 50/50 blues, call Randy Beck at 248-0664.

WALLACE & WHEELER, INC.



401 S.W. 153rd  
248-0664

### SWEEPING VIEW

Large 3 bedroom home, rec. room with wet bar, 2 baths, large deck. On magnificent Pickering Passage. Good salmon fishing, water skiing, boat launch, bike trails, hunting, etc. Near Shelton. Only \$89,500, for more information call Connie, 939-6416 after 5:30 weekends, or 1-426-4139.

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TACOMA SEATTLE  
572-6824 624-3440

## Marine View Properties Inc. 248-2722

### TREMENDOUS NEW HOME

Normandy Pk. - in a country setting w/view of Snd & mtns. The design is Colonial w/all the warmth & charm of this period. 3 bdrms + study, 2 1/2 bath incl. powder rm, formal dining + family room - a breezeway connects the large dbl. garage. There is still time to select interior colors. \$179,500 Call AGNES SNYDER 244-6915 or 248-2722.

### NEW CONTEMPORARY

Beautiful territorial & Snd. view from this 3 level home w/3 bdrms., 3 baths, 2 frpls. & rec. rm. All levels open onto outside decks. Looking for something different? This could be it! \$132,500 Call MARY KOZELISKY 243-3387 or 248-2722.

### WHERE PEOPLE CARE

Mstr landscaper blends w/custom designer on this 1/2 acre of velvet. The garage & ample guest parking area are unobtrusive. Stone frpl, full insulation & a cable TV outlet in every rm for every family member to enjoy his or her own "Masterpiece Theater" - & this is only a start. \$159,500 Call LANELLE ZENGER 246-7593 or 248-2722.

### GREGORY HEIGHTS

Being nearly 2000 sq. ft. & situated on shy 1/2 acre, this large family home has much to offer: huge deck, dbl. garage, 2 frpls & some view (4 bdrms & 3 baths) \$120,000 Call SHARY FRANKFURTER 246-5719 or 248-2722.

### INVESTMENT POTENTIAL

Hidden away, this close-in country style home features huge family kitchen, formal dining & 5 bdrms + large patio w/fieldstone BBQ. Home & separate apt. now rent for \$650 total. \$97,500 Call MERLE BLONDINO 941-5278 or 248-2722.

### 180° VIEW - LOWER WOODMONT

2 bdrms, living rm., dining, kitchen w/BBQ, rec rm. on lower level w/wet bar, fenced yard, 3 car garage for storage or hobby work. \$95,000 Call BARB DICKSON 246-7919 or 248-2722.

### ZONED MULTIPLE

Beautifully remodeled 1 bdrm. home in the heart of Burien, featuring a designer bath & sunken living rm. Perfect 1st home w/investment potential. See to appreciate! \$56,000 Call BETTY PARRISH 244-4207 or 248-2722.

### NEW CONDOMINIUMS

A 7 unit bldg. being built in Seahurst. Check with us today. Call KATHLEEN HAGGARD 243-9662 or 248-2722.

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## Poverty Bay Real Estate, Inc.

"The Waterfront People"



### ZERO BANK WATERFRONT STOP DREAMING-- THIS IS FOR REAL!

Enjoy tranquility and seclusion of this designer home w/soaring cedar ceilings and clerestory windows. Sweeping sound and mt. view from both levels. Direct auto access w/privacy assured by dedicated park surroundings. Beach club w/tennis courts and boat ramp. Don't miss this opportunity to invest in rapidly vanishing waterfront! Call Poverty Bay R.E. 878-1960, eves. 824-5271.

### INVESTOR'S DELIGHT

Des Moines area. House needs some repairs, but this 2 story, 3 bedroom, 1 1/2 bath, priced in the 50's could be something special. Call Bryan Dickinson, 878-1960 for an appt. We also have some good bldg. lots available - call for details!

CALL US FOR EXCLUSIVE WATERFRONT LISTING!  
PHONE: (206) 878-1960  
22770 Marine View Dr. So.

## DO YOU KNOW WHAT YOUR HOME IS WORTH ON TODAY'S MARKET?

NAME	PHONE
ADDRESS	
CITY	STATE ZIP

Call us -- we'll tell you the fair price!

### FHA OR VA \$52,950

Beautiful large 2+ BR home in a very private setting. Mostly finished garage could be used as a 3rd BR. Chain link fenced yard for kids or pets. Close to bus. ZERO DOWN FOR VETS! Call 243-8400 on Ad #S-33

### SOUND VIEW \$69,500

Beautiful view of Puget Sound from this older but better 3 br. 2 story home, walk to beach, only a block away. Pride of ownership reflected thruout, remodeled with lots of upgrades. Call 839-5300 on ad F-787

### MINI FARM \$94,500

Enjoy country living close in. Immaculate 3+ br. older home on 3/4 acre overlooking Kent Valley. Numerous cherry and apple trees, berry patches, and grape arbor. Double car garage and full basement. Call 243-8400 to see Ad S-34

### ELEGANT 2 STORY \$94,000

Beautiful 4 br. on large treed lot in super area, 2 1/2 baths, gorgeous fam. rm. fireplace with heat exchanger, dbl. gar. Lots of extras and upgraded features. Close to shopping and freeway access. Call 839-5300 on ad F-788

AIRPORT OFFICE  
16015 Pacific Hwy. So.  
243-8400

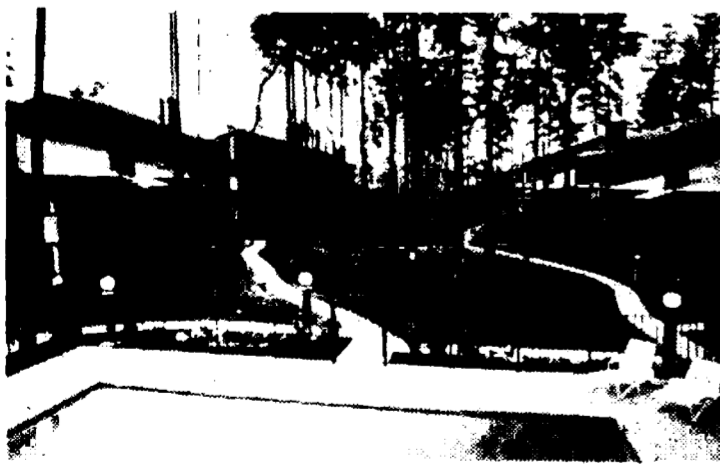
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31811 Pacific Hwy. So.  
839-5300

## BENTON'S REALTY INC.



## Builder Close Out

New 2 Bedrooms From Only \$35,950

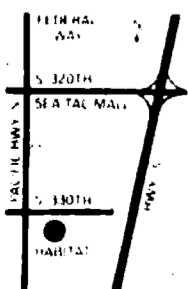


There's only a few two bedrooms left at the exciting new Habitat Condominium in Federal Way. Enjoy the beautiful courtyard complex, pool, clubhouse, saunas and jacuzzi. Habitat has a full energy efficient insulation package, pass-through kitchen design, washer/dryer hook-up and more!



1800 South 330th  
Federal Way, WA  
838-4350

5% DOWN AVAILABLE  
Immediate occupancy.



Driving South on I-5 take the South 320th Street, Federal Way exit. Drive West on 320th to Pacific Highway South, drive ten blocks South to South 330th Street, turn left approximately one block to the Habitat



### 2-STORY COLONIAL \$139,950

This beautiful Sound view colonial is being sacrificed due to transfer. Two years old, quality construction, 8 year HOW warranty. 3400 sq. ft. of elegance and livability. 4 bdrms, den, family rm, kingsize rec rm. Set like a jewel on quiet elevated cul de sac. Turn right off of SW 320th to 42nd SW, take next left to SW 315th, right into SW 315th Pl. and follow the SPARTUS signs. Or call Nelda Griffin 838-9933, 927-3280.

### START IN STYLE \$64,950

Mirrored closet doors, lovely wallpaper, trash compactor and a hot water dispenser are a few of the extras that add class to this neat condo in Quail Run. Priced right. Call Vivian Potter 838-9933, 927-3280.

### SOUND VIEW \$155,000

Most glamorous house in Twin Lakes! Four levels of luxury and livability. Four bedrooms, rec rm, elegant in the extreme! Owner leaving area, will consider real estate contract terms. Call Nelda Griffin 838-9933, 927-3280.

### CAMBRIDGE AREA \$74,950

Move right in, neat and clean, in area of good homes. Freshly painted outside, new carpets inside. Fenced back yard and nicely decorated. Call Gertrude Scott 838-9933, 927-3280.

### RAMBLER \$92,500

Fantastic 1900 sq. ft. rambler on the most beautiful secluded acre in Federal Way! This 3 bdrm, 2 1/2 bath jewel has a large country kitchen and is nestled among large fir trees. Driving directions: Turn west off of Pac. Highway So. on SW 356th, go to 6th Ave. SW and follow SPARTUS signs. Or call Ray Jensen 838-9933, 927-3280.

### OWNER RETIRED & MOVING! \$76,500

This lovely Twin Lakes split level has never heard the patter of little feet but it would love to! It offers your kiddies a large fenced backyard, 3 bdrms, oversize rec rm and an elementary school 2 blocks away. Don't you think you should let them see it? Call Nelda Griffin or Jim Payne 838-9933, 927-3280.

### NEW CONSTRUCTION VA TERMS \$74,500

Brand new, this lovely 3 bdrm, 2 bath rambler awaits your inspection. On a large wooded lot, convenient to a new shopping center, it offers oversized windows, vaulted ceilings, huge master bdrm, terrific family rm with brick fireplace and quality construction. See this and other new homes by Precision Builders Inc. Go West on 320th from SeaTac Mall to 21st SW, then left 1 mile to new Safeway store and follow SPARTUS signs. Or call Susan Jones 838-9933, 927-3280.

### CONTEMPORARY!! \$99,500

Step up into this distinctive home in elite Twin Lakes. The wide staircase invites you into an impressive living room with large windows that bathe the room in light. Enjoy the sound view from the back deck and large kitchen area. Call Vivian Potter 838-9933, 927-3280.

### ELEGANCE PLUS! \$145,500

This tri-level is one you would select above all others. Walk-in closets, 3 bdrms, a fantastic bar in the family rm that looks out on to the green, green golf course. An unobstructed Sound view in the distance and a master bdrm that would hold 2 king sized beds. Call Vivian Potter 838-9933, 927-3280.

WE HAVE ACCESS TO OVER 1,000 PROPERTIES CALL US NOW!  
838-9933 3400 S.W. 320th 927-3280

# SPARTUS



# REAL ESTATE NORTHWEST



FEATURING: HOMES, CONDOMINIUMS, COMMERCIAL INVESTMENTS, INDUSTRIAL SITES, RECREATIONAL PROPERTY, WATERFRONT, FARMS & ACREAGE, REAL ESTATE TRADES, BUSINESS OPPORTUNITIES, REAL ESTATE LOANS & MORTGAGES, INSURANCE, COMMERCIAL & RESIDENTIAL BUILDERS

## INSPECTION TIPS FOR HOUSE BUYERS

The American Society of Home Inspectors, (ASHI) a newly formed organization of professional Home Inspectors gives the following suggestions when purchasing a home.

There are several high-priority items to look for when buying a house. Leaky basements (or wet crawl spaces) and worn or damaged roofs are two that can be placed high on the priority list.

Other priority items are adequate security measures, relative freedom from cracks in the foundation walls, efficiently operating furnaces and boilers, or water heaters with proper guarantees.

First, about wet basements and crawl spaces. When inspecting a house - new or resale - look at the lawn or grade to see if it slopes away from the house. Is there proper water drainage from downspouts? Long splash blocks or underground piping are the usual ways to carry rain water away from the foundation walls.

If the grade doesn't slope away and there are no splash blocks or underground pipes to carry the water, make a rough calculation of the cost of making the correction before closing the deal on the house.

Two or three loads of ground-fill, costing about \$100.00 at today's prices may do the job. Long splash blocks are about \$6.00 apiece. But underground pipes may run into a few hundred dollars if you hire the labor to dig the necessary trenches.

When you inspect the basement of a resale house, look first to see if piles of magazines, boxes with books or pictures are sitting around carelessly on the floor. This is a good sign. On the other hand, if the basement floor has been freshly painted, objects stored up off the floor, beware. To determine if there has been previous flooding, look under the furnace. The owner often forgets to paint here and water leaves tell-tale signs of former flooding. Look for water signs on the wall or baseboard. Continued dampness and repeated flooding may be indicated by whitish markings on the joints of the floor tiles.

Basements or crawl spaces in new homes, under construction, before the drainage system has been completed

(gutters, downspouts and landscaping) will often fill up with water. Although this is no help to the basement floor or foundation walls, it might be expected. Cracks in houses can be a sign of foundation sinking. Stepped cracks, which run horizontally, then vertically, are danger signals...especially if they are in evidence from the basement to the roof. However if the house is an older house and has settled and the cracks do not appear to have enlarged in the last few years, there may be no need to worry. About the roof, tile is the best, but rare nowadays. A tile roof will last a lifetime unless it has been traumatized by earthquake, falling trees, giant hailstones, etc. Cracked or broken tiles could be a sign of trouble.

The most common roof application is cedar shakes. A shake roof will last anywhere from 25 to 50 years depending on the thickness of the shakes, how it is applied, and how it is cared for. The most serious damage comes from moss. Any build-up of moisture over an extended time allows bacteria to start growing and dry rot to set in. Watch for damp shakes on a dry day, moss on the roof, pine needles stuck in or under the individual shakes, or a buildup of pine needles or leaves in the gutters which causes water to back up under the shakes adjoining the gutter. The best shake roof will have thick shades laid over 1x4's covered with tar paper. Shakes laid over plywood tend to retain moisture and shorten the life span of the roof.

Composition roofs are fairly common. Their lifespan is considerably shorter than either tile or shake roofs. The roof should be smooth with no bumps or lumps. A lumpy roof indicates moisture beneath the surface and major problems ahead! The granular surface should not be smooth or have granules missing. Once the granular surface is gone, deterioration is rapid. Shingles should not have cracks or tears and should be free of moss and debris such as pine needles, small twigs or leaves. If there is any doubt about the condition of the roof, a licensed roofer should be consulted.

Water heaters should last about 10 years. Adequate capacity is important. A good rule for estimating required sizes of gas water-heaters is: 30 gallons for a family of three; 40 gallons for a family of four and 50 gallons for a family of five. Electric heaters need to be half again as large because the recovery rate is less. If after your own investigation you still feel this house is the one of your choice, ASHI recommends you then have it looked at by a professional Home Inspector. For information about ASHI write, the American Society of Home Inspectors, Suite 520, 1629 K Street N.W., Washington, D.C. 20006

### FRIEND TELLS FRIEND TO BUY OR SELL REAL ESTATE CALL BENTON MCCARTHY REALTY,



BUCK BUCHOLZ

Buck Bucholz, 246-8033 or 243-6541. Tell a friend to call Airport Branch 246-8033

BENTON-McCARTHY REALTY, INC.

EXCELLENT STARTER. Sharp brick home, large yard, fruit trees, double garage in Boulevard Park. Have to see interior to appreciate. Call

Better Homes and Gardens

### NEW IN REAL ESTATE?

Free training, trips & bonuses. Lots of professionalism, floor time, enthusiastic co-workers and more referrals than anyone in town. Call Ed Ledger for confidential interview.

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## Unruh Realty, Inc.



### Sea Tac Office

19333 Pac. Hwy. So. Seattle, WA 98188 246-1234 or 878-8070

### Federal Way Office

32020 1st Ave. So. Federal Way, WA 98003 878-1000 952-2131 TACOMA



#### TAME YOUR TENSIONS!

If you have a growing family you know that being packed together in a TOO SMALL house can really be tense! We have just listed a spacious home with both a Family Room and a Rec-room! The home has a fenced backyard, multiple baths, and it's just a few blocks to school! \$74,500 FHA VA. Ad #196



#### MAKE A WISH!

Do you wish you could find a real bargain on a quality home? Your wish has come true! We have just listed a one year young home in the lovely Cambridge area. It's quality constructed by Finer Homes and still has nine years left on the Homeowners Warranty. The home features three bedrooms, multiple baths, spacious kitchen, Formal Dining and a price you can live with! Just \$77,950. Ad #202



#### ONE LIFE TO LIVE!

Why not spend it in this unique Twin Lakes Home? It's a decorator's dream with vaulted ceilings, Earth Tone carpets and vinyl, and Entertainment Loft PLUS a Rec-room! The Master Suite has its own sitting room! Add a view of the Lake and you have the kind of home you can make memories in for a lifetime! Just \$99,500 Ad #94

## SEATAC OFFICE 246-1234 OR 878-8070

#### VIEW - \$58,500!

When was the last time you heard of a view home with a price like that! This one has three bedrooms, huge kitchen, Formal Dining, multiple baths, and a partial view of the Sound and a good view of the Olympics and City Lights! It's in excellent condition, has a covered patio and the rest of the homes in the neighborhood are in the \$100,000+ range! Call fast, it won't last! Ad #182

#### EDGEWOOD ESTATE!

Located on approx. 1/2 acre of woody beauty this home offers everything you could ask for! A lovely view of the valley and city, two HUGE view decks, a quiet secluded location, THREE car garage with automatic door openers, and the list goes on and on! If you're looking for something cool and green you will surely find this exquisite home a treat! Ad #201

#### TAKE ADVANTAGE!

The owners have received their transfer and are sacrificing this charming and immaculate home! Located close in and convenient to everything, this home features three bedrooms, Formal Dining, an outdoor Greenhouse and HUGE fenced lot! There's a cozy Family Room for the kids to play in on rainy days, too. Don't miss this opportunity to 'take advantage' of the best buy on the market today! Just \$68,500! Ad #177

#### WEIRDO

Different...but re-saleable!! A Hotel called home. Modern, well designed family home with a multi-optional living configuration. 7 Bedrooms (2 utilized as Family Rooms) Pool Room, Dart Room, Ping Pong Room, 4 bathrooms? (we lost track!) Sunken Formal Living Room, Formal Dining, kitchen eating space, Pantry, Work Shop- Contract Terms...Only \$7000 down and easy owner terms! Ad #187

#### IDEAL INVESTMENT!

For the investor we offer this Triple located on approx. 15,000 sq.ft. of property. Per Zoning the site will bear a total of 16 Units or would find its highest and best use as a Commercial Building site due to the excellent access to Pacific Highway South. Call now for further information on this prime site! Ad #180

#### HIGH ANXIETY!

Those noisy Teenage parties about to send you up the Wall? Then maybe this is the home your family needs! It has a DETACHED Rec-room! They can make all the noise they want and you won't hear a peep! Inside you will find a HUGE Master Suite with double closets, a Family Room off the kitchen, an impressive fireplace and fresh paint in and out! Here's a price that won't give you an 'Anxiety Attack' either, just \$63,500! Ad #212

## FEDERAL WAY OFFICE 878-1000 OR 952-2131

#### MOVE RIGHT IN!

This one is vacant and the owners are anxious for a sale! Impressive year old Split in the prestigious Twin Lakes area that features three bedrooms, multiple baths, soaring Cathedral Ceilings, spacious kitchen and Formal Dining. There are two lovely fireplaces and an entertainment area on the lower level! A 'must see' at just \$83,500! Ad #181

#### LAKEHAVEN MODEL!

This one was the 'Model Home' for the area so you know that the builder put his best into it! It's tastefully decorated and the proud owners have already fenced and landscaped but now they must sell. What luck for you! It features three bedrooms with room for a fourth on the lower level, multiple baths, a charming Bay Window in the living room and two stunning fireplaces! This could be the home you've been waiting for! Just 78,950 Ad #149

#### UNSURPASSED ELEGANCE!

Wait till you feast your eyes on this elegant new construction by Executive Homes! Located in the prestigious Marine Hills area this home features an outstanding Sound and Mountain view! The builder has spared no expense to build the kind of home you will be proud to call your own! From the Gourmet Kitchen to the 14x27 Master Suite with its own walk-in closet, this a must see! Call now for a showing! Ad #160

#### THE PRICE IS RIGHT!

The price is right on this immaculate basement Rambler! With a total of 2400 sq.ft. and a spectacular view of the valley and Mt. Baker you will also get a spacious Rec-room multiple baths, a kitchen with built-in Butcher Block and a fenced yard with fruit trees and garden! You know the PRICE IS RIGHT at \$64,500! Ad #209

#### OLD ENGLISH CHARM!

From the Stained Glass Entry to the outdoor deck and patio you'll be truly impressed with this charming Colonial Tudor! It's just a year old and better than new! It features three bedrooms with a fourth roughed-in downstairs for your out of town guests and three baths. The interior is immaculate and tastefully decorated in 'Earth Tones'. The owners have received their transfer and are offering FHA-VA terms so don't delay! Just \$84,400. Ad #128

#### HOLIDAY TREAT!

Think of the fun you will have entertaining your Holiday guests in this immaculate 2500 sq. ft. LAKEFRONT home! It's located close-in on private Lake and features FIVE bedrooms; plenty of space for those out-of-towners! When the weather turns wintery you'll be snuggled up to one of two impressive fireplaces. Mom will enjoy cooking your holiday feast in the spacious Country Kitchen! Call now, the anxious owners have lowered the price to \$15,000! Ad #117



#### BREAKING AWAY?

If you have arrived at that point in your career when it's time to 'break away' from the average and step up to the sublime, we have YOUR home! Inside you will find soaring Cathedral Ceilings with Skylights, a Formal Dining Loft, Billiard Room with Wet Bar and truly exquisite Decorator Touches throughout!... Just \$129,950 Ad #110



#### OLYMPIC VIEW!

Nothing lends more elegance to a home than a lovely view! You'll spend many serene hours looking out to the snow-capped Olympics from this impressive year old Triple-level! The home features three bedrooms, including a HUGE Master Suite, two full baths, Formal Dining and a stunning Fireplace. It's double paneled constructed and has Thermopane Windows for energy efficiency too. An outstanding buy at \$76,650! Ad #145



#### AMAZING GRACE!

Wait till you see this outstanding almost new home! Located on approx. 2 acres of gorgeous fir trees this home has every custom feature you could ever desire! From the Formal Dining Room to the impressive Attached SOLARIUM a unique and exciting home! Call now for further information! Ad #176



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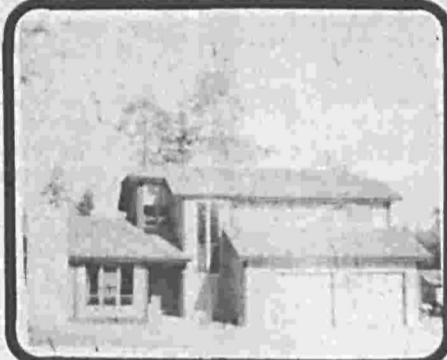
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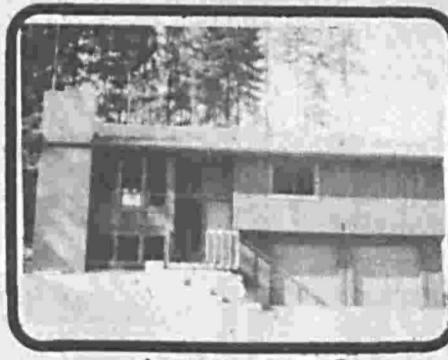
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\$78,950

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Spacious 4 bedroom fashionable home in exclusive area near Dash Point. Sunken living room, large family room with fireplace, nicely landscaped, fenced yard & MORE, \$81,500. Call 941-2651. #666

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Near new, 3 bedrooms, 2 baths, family room, fireplace and many luxury features near Twin Lakes Shopping Center, \$69,950 - assume present VA Loan, low payments & low interest rate. Call 941-2651. #667

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Over 2000 square feet of fine living. 4 bedrooms, 1-3/4 baths in quality area. Appraisal already done so ready for fast closing. Call us on this good buy at 941-2651. Listed at \$64,900. #668

**CLOSE IN PARADISE**

Enjoy the peaceful atmosphere in this 6 bedroom, 3 bath home on small private lake. Almost an acre of complete privacy, also includes a heated pool, intercom security, an extra lot and much more. All this for \$169,500. Act now! Call 941-2651 #669

**LAKEFRONT SECLUSION**

A beautiful lot that runs from the street and slopes down to a lovely beach and dock area with over 80 feet of frontage. The house is charming with 3 bedrooms and much room for expansion. The full deck takes advantage of the view and the sunsets. Owner says "Make us an offer". Call 941-2651. #670

**TRYING TO PLEASE!!!**

Here is what you said you wanted. Extra large living room, formal dining, huge master, plus 3 other bedrooms. With detached mother-in-law unit or could be very large recroom with full bath and small kitchen. Asking just \$94,950 or offer. Call 941-2651 #671

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**OWNER ANXIOUS \$69,500 FHA/VA TERMS**  
Large 3 bdrm split level near Redondo Beach. Located on quiet cul-de-sac featuring 2 full baths, two beautiful fireplaces, rec room & large deck & a fenced backyard. Call 941-3800 on AD #435.

**SPANISH ESTATE \$103,000**  
Elegant spanish 3 bdrm home on a large landscaped lot. Exquisite home features a gourmet's kitchen with Oak cabinets, arched brick and stucco fireplace, 3/4 bath in master suite, thermopane windows throughout and a shake roof. For more info on this exciting home call 941-3800 on AD #457.

**SWEEPING SOUND \$74,950 & MT. VIEW**  
Move right into this super older 3 bdrm daylight basement home. Features 1 1/4 baths, large rec-room with heatolater fireplace, second fireplace up & detached two car garage. Located on large corner lot close to Dashpoint State Park. Call 941-3800 on AD #371.

**REAL CHARMER \$24,950**  
Real Estate contract terms on this 1 bdrm mobile home near Bonney Lake. Situated on a large wooded lot with loads of fruit trees and features a fireplace, deck & workshop. Call 941-3800 on AD #453.

**NEW BI-LEVEL \$62,990 FHA TERMS**  
Exciting new 3 bdrm home with view of Mt. Rainier. Lovely stone fireplace, large deck off dining room, roughed in rec-room & full bath down. Roughed in spot for second fireplace & double car garage. Call 941-3800 on AD #385.

**SPIC-N-SPAN \$59,950**  
Burien 3 bdrm home close to schools and shopping. Loads of storage with roughed-in extra 1/2 bath, family room and lovely brick fireplace. All of this plus a private backyard. Owner has just added FHA/VA terms so call 941-3800 today on AD #447.

**TRI-LEVEL \$65,950 FHA/VA**  
Spic-n-span 4 bdrm home on quiet cul-de-sac. Lovely family room with a Brick fireplace, roughed in full bath down, beautifully landscaped and backs up to a greenbelt. Call 941-3800 on AD #437.

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**RELAX AND ENJOY**  
Fantastic White River view. Three bedroom Townhouse Condominium with fireplace, two car garage, and its own private back yard. \$76,950.

**FHA-VA TERMS**  
Excellent home featuring three bedrooms, den, brick fireplace, custom drapes, covered concrete patio and much more. Well located. \$57,990.

**FHA-VA TERMS**  
Immaculate three bedroom Rambler, nestled in the trees, all new carpet, new paint, just waiting for a new family. \$55,000.

**McMICKEN HEIGHTS**  
FHA-VA Terms, Four bedroom Cape Cod, with Huge detached Garage with Shop, Large fenced yard, Excellent location, New quality carpet, Fireplace, Rec. Room. \$65,900.  
952-2223 or 838-4131

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- 001 Open House
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  - 003 Homes-Auburn
  - 004 Homes-Burien
  - 005 Homes-Des Moines
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  - 007 Homes-Kent
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  - 019 Lots & Acreage
  - 020 Cemetery Lots
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**002 Homes-General**

BY OWNER. Livable fixer upper, 1 1/2 acre. Between 5 & 9 p.m. Call 863-9493. Principles only.

FOR SALE BY owner. 4 bedroom, daylight basement, w bath, 2 fireplace, rec. room, wet bar, fenced yard, Burien area. By appointment only. \$89,500. 242-3550.

NEW 4 Bedroom, formal dining room, gourmet kitchen, fireplace, many added features throughout. Ad 503, Conlin Realty, 242-7982.

**002 Homes-General**

FOR SALE BY owner. Newly remodeled cozy 2 bedroom home. Kitchen has eating space, separate dining room, fireplace in living room, newly carpeted and painted, laundry room with washer, separate garage, good location, conventional only. 244-2168 or 852-6994. \$44,500.

REDUCED OVER \$7000 custom 3 bedroom 3 bath, split, 2400 sq. ft. 2 fireplaces, oak cabinets, wrap around deck. Heatkeeper Home So. Hill, Payroll by builder. No agents. \$79,750. 927-7792.

**002 Homes-General**

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23800 Pac. Hwy. So.

**SPECTACULAR VIEW**  
Elegant spanish decor, 3000+ sq. ft., 3 bedroom suites, formal dining, 2 fireplaces, lots of oak, financing available. Don Harps, Ad #271

**UNDER \$50,000**  
Burien area. Spacious 3 bedrooms, remodeled home. New carpet, attached garage and large lot. Jeff Dozier Ad #272

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Everyone can do their own thing! Four exceptionally large bedrooms-Private Honeymoon master suite, complete with fireplace and walk in closet. Fabulous new quality home! \$91,250. Federal Way Land & Homes, Inc. 824-7600.

**BROWNS PT. \$16,000 DOWN**  
Owner will carry contract at 10 1/2% interest. Sharp rambler, Alum. siding, 3 bedrooms, 2 baths, sunken living room with fireplace, double garage. Lovely yard, hurry. \$64,500. FZ3202.  
**ST. BERNADETTE \$79,950**  
Very unique family home on 4 levels. Features 5 bedrooms, 3 baths, 2 fireplaces, lovely rec room, double garage. Fenced yard. Call to see. FB566.

**SHOREWOOD**  
FHA With partial view of sound. This family home offers 3 bedrooms, fireplace, family room, large detached garage. Plus a nice size lot with fruit trees. FB551.

**OWNER/CONTRACT 10% INTEREST**  
And 25% down. Lots of new ideas. 2 king size bedrooms, 3 baths, complete kitchen in rec room for easy entertaining. Extra large double garage. Must see. \$74,950 TW568.

**WHY RENT? \$52,500**  
When you can buy a 3 bedroom 1 1/2 bath home at such a low price. Plus alum siding and large lot. Call now! FF576.  
878-1422  
john p. nagle inc. of north seattle

**MONEY AVAILABLE**  
For this beautiful 4 bedroom home in Kentwood Hills. Completely finished, landscaped, and only a few minutes from I-5 and Boeing. Kent. Owners have been transferred and needs someone to move in this lovely home. For more information please call home 226-4100 or 271-1685. \$82,500.  
**SPARTUS CORP.**

**UPGRADED 3 bedroom Rental.**  
Tacoma area, contract terms. \$46,300  
**SEALAND PROPERTIES**  
838-0700 927-0966

**PUYALLUP \$39,500**  
Very well kept 2 stories, 2 bedroom newly remodeled kitchen, 2 car detached garage. Western Land Resources, 927-2296.

**ENUMCLAW**  
Super 4 bedroom home, 2 fireplaces, 2 level acres, fence, pasture, perfect for horses or cattle. Terms available, \$115,000 Northwest Community Brokers, Lake Tapps Office 854-6810.

**006 Homes-Burien**

BY OWNER \$63,500 BURLEN Sechart area. 1626 S.W. 152nd Close to stores, 3 bedrooms, 1 1/2 baths, separate dining, pitched backyard, large fruit trees, stove & refrigerator. Open house Sunday, 14th. 1-5. 246-0761.

**BURIEN MINT COND.**  
\$63,500-10 1/2% Int.  
Located close to St. Bernadette. This one is now offered on real estate contract terms with 10% down and interest at 10 1/2%. Call to see.

**SOUND SIDE HOMES**  
824-3403

**NORMANDY VISTA**  
3 bedroom, large family room offered under appraisal for quick sale. Newly redone kitchen, bath. Walk to shopping, metro bus handy. Good value at \$63,500. Dolman Real Estate, 939-4600.

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In Des Moines. 4 bedroom Ranch style Dream Rambler. Horrendous Super Country kitchen. 2 car garage. You won't find many Homes like this one! \$76,900. CALL NOW!

**\$72,450\* STEEL LAKE**  
Immaculate inside and out! Sparkling 4 bedroom, 1 3/4 bath, 2 fireplaces, Rec Room (Pool table size) and Hobby room. Absolutely gorgeous! Fha or Va-Seller will EVEN consider a Real Estate Contract. \*\*0\*\* Down VA

**LATE AGAIN?**  
Your own office, at home, should be the answer! 3 bedrooms, 3 baths, 2 Fireplaces! 3 Car garage. Rec room Features Built in Bar, refrigerator, and Beer tap. Relaxing wooded view on quiet culdesac. \$72,500

**ALL NEW CONTEMPORARY TRI LEVEL**  
Like the unusual? How about trees-1/2 Acre of them! 3 bedroom, 2 1/2 bath, Rec room, 2 Car garage. DES MOINES location, Just 5 blocks to schools, 4 blocks to Metro buslines. Still time to pick your colors, IF YOU HURRY! Priced right at \$82,500.

**FEDERAL WAY LAND & HOMES**  
22760 Marine View Drive South  
**CALL 824-7600**

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**ENTERTAINMENT**  
Large rec rm with frplc - large patio and wood deck to show off with. 3 bdrms with private setting, \$69,500. FHA & VA Terms.

**TACOMA FIXER-UPPER**  
Contract Terms available. 37,500.

**DES MOINES**  
4 bdrms are upstairs in this 2 story home. The main floor has a circular floor plan for convenient entertaining with frplc in the cozy living rm. Full basement. Sits on an oversized lot, FHA, VA Terms. \$75,000.

**EXECUTIVE 5 BEDROOM**  
Large colonial placed in a 1/3 acre, private wooded country setting. Energy saving features and contract terms available. \$117,000.

**IMMEDIATE OCCUPANCY**  
3 bdrm, 2 frplcs, full basement home is located on wooded ravine affording a quiet private atmosphere, yet close to bus, schools, shopping. Storm windows & loads of storage with room to expand. FHA & VA terms available, \$65,950.

**\$51,000.**  
Lovely 3 bedroom rambler on private landscaped lot.

**JOHN L. HALE REALTY**  
29233 Pacific Highway So.  
**CALL 839-4800**

**FIXER UPPER \$40,950**  
**3 BEDROOMS full bsmt GARAGE**  
Ad #365 Call 246-3293  
**HAS EVERYTHING**

3 bdrms, formal entry and dining, rec room, 2 fireplaces, 3 baths, heat saver home, garage wired with 220, cyclone fenced yard, much more. \$75,000. Ad #382 Call 246-3293

**"MR. CONTRACTOR" OFF STREET PARKING**  
Room for equipment and vehicle storage with easy access. Fenced with detached 900 sq ft garage. Lge contp 3 bdrm home with family rm, 2 frplcs and sep dining. High assumable 9 1/2% VA Loan \$99,000. Ad #361 Call 246-3293

**CITY ACRE LARGE COUNTRY HOME**  
Great for growing family 4 bdrms, Sun porch, frplce, shop & rainy day rooms. Potential: possible 3 bldg. sites. \$95,000. REC Call 246-3293

Complimentary market evaluations. Call 246-3293.

**FRAZIER REALTY INC.**  
15031 Military Road South  
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**CONVERSATION STOPPER**  
on extra large lot. Quality construction from heavy shake roof to thermo windows all cases in wood. Balcony overlooks huge living room with cathedral ceiling. Heat-o-lator fireplace in the family room. Big kitchen with real oak custom cabinets. Eating space plus formal dining, plus thick carpeting. Partially landscaped, and builder will pay some of your closing costs. Discover the Great Edgewood Schools. \$109,000. Call JOY MARCH 838-3310, 927-3451 or after hrs 927-8717.

**OVER 1/2 ACRE**  
Surrounded by stately evergreens. Step thru your double door entry to gracious living. Roomy kitchen with special features and breakfast area adjacent, plus separate more formal dining. Family room with masonry fireplace for added winter warmth. 3 BRs, 3 baths and oversized handymans garage, and those Great Edgewood schools! Ask for JOY MARCH 838-3310, 927-3451 or aft hrs 927-8717.

**"0" DOWN "0" CLOSING VA**  
Seller will pay YOUR closing costs or allowable costs on FHA or Conventional terms. Shows pride of ownership. The kind of home that says a warm welcome to family and friends. 4 BRs, 2 baths, rec room, 2 masonry fireplaces with glass doors, large work area in garage. Discover the South Hill. \$73,500. Call JOY MARCH 838-3310, 927-3451 or aft hrs 927-8717.

**CIRCLE THIS**  
Immaculate 1 yr old, full bsmt home on super treed lot. Features 3 large BRs, kitchen w/eating space, 2 FPs, plus carpets & custom drapes. Other bonuses include semi-finished rec rm, expandable 4th BR & 3rd bath. Only \$75,950. Call BOB NOEL 838-3310 or aft hrs 852-3017.

**R.E.C. AVAILABLE**  
Owner will take R.E.C. with \$18,000 down on 10 room split on large lot with double attached garage. Wooded area. Close to everything. \$82,500. Call LEE JOHNSON 838-3310 or aft hrs 839-0270.

**LARGE TRI LEVEL ON 1/2 ACRE**  
3 BRs, 2 1/2 baths, only 6 yrs old, landscaped. Many trees. Executive home area. Minutes from Federal Way. Call JOHN CASSERLY 838-3310 or 927-3451.

**2 STORY - \$69,500**  
Sharp 3+ BRs, 2 baths, family rm, 2 FPs, 2 car garage, privacy fenced, excellent area. Possible assumption. Call MILLIE KACHMAN 838-3310 or aft hrs 941-2721.

**FHA/VA TERMS**  
make this 4 BR, 2 bath rambler a super buy. Owner will include refrigerator, custom drapes & decorator features. Call CAROL SABOTKA 838-3310 or aft hrs 927-6031.

**IDEAL FAMILY HOME**  
3 large BRs, 2 full baths, fenced backyard & workbench in garage highlight this Federal Way home. Call CAROL SABOTKA 838-3310 or aft hrs 927-6031.

**WEST SEATTLE**  
3 BRs, 1 1/2 baths, den or extra BR, new carpets, bsmt, carport & garage, RV parking. Close to all schools. View of Sound & Olympics. \$70,000 FHA appraised. Call 838-3310 or 927-3451.



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006 Homes-Burien
CUTE & CLEAN 3 bedroom, garage, fireplace, fenced back yard, basement, plus more. \$47,500. 244-5492.

3 BEDROOM, full basement home, formal dining room, 2 frp's., nice neighborhood, asking \$68,000. 762-7781.
BURIEN 3 bedroom rambler, with floor to ceiling stone fireplace, unfinished rec. room, stove, refrigerator, washer and dryer, included, at just \$54,950. Hal Realty 243-3793.

\$64,000 by OWNER
4 bedrooms, view home, large corner lot, patio, upstairs master bedrm. with skylight, double garage. 246-6937.

008 Homes-Des Moines
CHOICE AREA + acre treed lot, 3 bedroom home, super investment. Contract terms, only \$52,000. Ad#501. Conlin Realty, 242-7982.

NORTH HILL
3 bedroom, 2 bath, full basement home, has been built to maximize the view and still have privacy. It has dining room, kitchen with eating space, two fireplaces, large master suite, room for expansion and is located near Des Moines Marina. \$86,500. Call 839-4800 John L. Hale Realty.

010 Homes Federal Way
BY OWNER, 5 bedroom, Exc. cond. Many extras. \$69,500. 941-4380.

FOR SALE In Federal Way, 3 Bedroom house, 1 bath, storm windows, lifetime siding, huge fenced back yard. Will sell on contract. 352-0117, Work 753-0229. Message 352-0406.

EXECUTIVE 5 bedroom, large colonial place in a 1/3 acre private wooded setting. Energy saving features. \$117,000. Call 839-4800 John L. Hale Realty.

FOR SALE large custom quality spanish heat keeper home in area of like homes. Elegance throughout. Price reduced \$15,000 to \$99,950. Call Kay Ross, North Campus Realty, Inc. 838-4131 ext.23 or evenings, 927-8582.

BRAND NEW, 3 bedroom home is set for back on a wooded lot in a quiet area near Sea Tac Mall. Has bsmt, double garage, fireplace, and is super well built. \$64,900. Call John L. Hale Realty, 839-4800.

3 bedroom 1 1/2 bath, double garage, family room, fireplace, fruit trees, garden large lot FHA Assumption consider \$58,500, 927-4732.

FHA VA Terms, nice home, featuring 3 bedrooms, rec room, brick frp., covered patio, \$58,500. 941-4913.

HOME YOU Must see 4 bedroom, den, 2 baths, large rec. room, kitchen, nice landscaping, fenced, covered patio, & double garage. \$39-5345. Open house Sat. 10 am to 3:00.

FEDERAL WAY new 3 bedroom, 2 bath, energy saver home, frp., dishwasher, disposal, bsmt, dbl. garage \$525 mo. no pets 722-6488.

BY OWNER: Twin Lakes rambler, 3 bedroom 1 1/2 bath, 2 frp's., formal dining \$74,900. 453-8896, 838-3356 evenings.

SHY 2 ACRES
Secluded, minutes from SeaTac Mall. 4 large bedrooms, plush shop or guest room, extra large living room with heater/lair fireplace. Formal dining room, bath with new carpet, country kitchen with adjoining dinette. Separate laundry room, 2 bathrooms. Study, dark room, or whatever, AMWF interior throughout. Stove, refrigerator and dishwasher included. chimney for woodburning stove space. 2 car garage, plus 2 carport. Mature trees, grass, straw berries etc. Even ground swimming pool for the kids. A delightful place to raise a family. \$125,000 by appointment. Owner, 839-2656.

WOODED PRIVACY
Tucked away back among the trees in this 3 bedroom large with luxurious master suite. Also has 2 baths, double garage, and located near Federal Way. \$66,500. Call 839-4800 John L. Hale Realty.

\$59,500
3 bedroom, super insulated rambler. Fireplace, extra large 2 car garage & shop. Freshly carpeted inside & out. Walking distance to schools, Metro Transit & shopping. \$11,000 plus closing cost, assume existing FHA loan. Call 941-6035 or see at 810 So. 30th.

GOOD CLEAN DIRT
4 acres of it 4 bedroom you can't see from the street. \$121,500. Call 839-4800 John L. Hale Realty.

DOLL HOUSE
\$53,000 full price on this immaculate 3 bedroom rambler in paneled living room. Large deck in private yard. Lovely kitchen with eating space. Immaculate, just listed, hurry. 839-2220. Land & Homes Inc.

FHA-VA MUST SELL
Comfortable 4 bedroom, walk, 4 bedrooms, family room, level, 3 schools and 2 parks. 5 min. to Mall. Priced at \$61,500. Ad #916. Call 228-2545 24 hr phone

INTERNATIONAL Real Estate Services Inc.
\$51,500
LOVELY 3 bedroom rambler on private lands lot. Call 839-4800 John L. Hale Realty.

SECLUSION
Approximately 2 acres in excellent area. Featuring 2000 sq. ft. rambler, 3 bedrooms, 2 baths family room & double garage. Heavily wooded with superb view possibilities. \$125,000. Call 839-2220. Land & Homes Inc.

012 Homes-Kent
FAMILY HOME for sale. 4 bedroom, 2 bath, large rec. room, new kitchen, nice landscaping, fenced. Covered patio and double garage. 839-5345. Open House Sat. 3-7.

BY OWNER moving, Kent West Hill split level, Double garage, 3 bedroom, 3 baths, finished basement, Black Sunny Crest, 2 fireplaces, 879-950 839-7568.

MT. RAINIER View, Below Appraisal. West Hill. Beautiful 2 yr old, in area of fine homes. Spacious entry with large closets, formal living & dining with custom drapes, 2 frp., raised brick hearth across family room, 2 bedrooms, 2 baths, deluxe kitchen with pantry, 3 linen closets, utility room, storage room, huge garage with auto opener. Part fenced. \$96,950. 854-9828.

020 Homes-Pierce Co.
BEAUTIFUL, CUSTOM Contemporary Rustic Home. 2700 sq. ft. Open-beam ceiling throughout, 4 bedrooms, 2 frp's., 2 large decks, patio, full daylite bsmt., large rec. & family room, 2 frp's., huge laundry room. Nice 90x140' lot, 24x28' attached garage & much more. \$98,000. 537-7723.

\$15,000 REBATE
Builder offering rebate on 4 new homes in the city of Milton. \$74,000-\$84,000. VA Terms available. Call Steve at 839-8496 McLean & Associates, Inc.

032 R.E. Trades
TRADE: Certified Investment Grade Diamonds for Lot. Prefer Normandy Park. 878-8414.

050 Condos, Townhouses
CONDOMINIUM, SUPER deluxe, all the extras. Setting in tall trees, \$31,500. Towne or Country Homeowners of Sea Tac. 824-3600 or 244-3626.

070 Lots, Acreage
20 BEAUTIFUL ACRES Near Goldendale. Full price, \$9,950. Cash. 229 West Main St., Goldendale, WA. Area code 509-773-5279.

20 LEVEL Farm Acres in Klickitat County. Good soil. Trailer ok. Electrical, Country road frontage. \$17,950, \$1,000 down, \$170 mo., 10% APR. See Tom Clark, 229 West Main St., Goldendale, Wa. anyday, area code 509-773-5255.

FIVE ACRES near Federal Way, contract terms available. \$59,000. Call 839-4800, John L. Hale Realty.

1/2 ACRE BUILDING Lot. Wooded with view of sound. Telephone. 425-2150. Business hours 9-5.

VACANT LOTS, with water and sewer, from \$11,000. Hal Realty 243-3793.

MOBILE LOT-80x240, Jovita area, perk approved, \$16,500.

DUPEX LOT, \$16,500, Algonia. TRIPLEX LOT, \$21,000, Algonia.

VIEW LOT, TACOMA, GOOD INVESTMENT, Ruston area, 2 each \$11,000.

SEALAND PROPERTIES
838-0700 927-0966

PUYALLUP
Duplex zoned lot on sewers, \$16,500. Western Lotus Resources. 927-2296 or Mrs. Richter 941-3655.

074 Recreation, Vacation
MALI CONDOMINIUM on Melele Bay, (located between Knappton, Lahana and Kihia). Deluxe 2 bedroom waterfront apartment. 2 full bathrooms. Fully equipped: Color T.V., Lanai washer & dryer, dishwasher, bar. Perfect for 2 couples 839-9345 evenings.

\$16,750<sup>00</sup>
RUSTIC RETREAT
Pacific County
Five + Acres, five miles from the city of Raymond with 700 feet of frontage on Mill creek. Complete with old log cabin built about 1910. \$16,750<sup>00</sup>, owner will sell for \$3,000<sup>00</sup> down and carry with low rate estate contract at 10%. Located in the heart of some of the state's best fresh and salt water fishing and close to ocean beaches. Call Al at Allstate Properties 852-2063, Evenings at 834-8481.

RENTALS
100 Wanted To Rent
102 Rentals To Share
116 Multiplex
134 Houses-Federal Way
152 Commercial Rentals
332 Found
406 Bldg., Remodeling
408 Carpentry

100 Wanted To Rent
PROFESSIONAL Female wants to either share my apartment with some or share coed house in Highline area. PO Box 334, Seahurst, WA 98082.

FAMILY SEEKS rental with yard in So. King County. 2 small children and well behaved outdoor Collie. Need by Oct. 15th. 824-2375 anytime.
HIGHLINE TIMES News Photographer, married with no children no pets, Wants house to rent. Call evenings, 242-9814.
WANT TO RENT 3 bedroom house, SeaTac, North Hill or Des Moines area. Call 243-2643.
CARPENTERS Family of 3 would like to rent small house Des Moines area. 824-3928 days.
DRY GARAGE for winter storage of antique car. Phone 242-3201.
2 BEDROOM Cottage or House, Auburn or Lake Tapps area. Prefer garage & yard. Evs., 1-776-7453.

102 Rentals To Share
RESPONSIBLE, Employed female wants to share my apartment with some or share co-ed house in Highline. Write PO Box 334, Seahurst, WA 98082.

WILL SHARE my home with retired Senior Citizen, meals and laundry, \$225 per month, call after Oct. 14th, 927-0987.

WOMAN wanted to help care for invalid woman 2-3 days a week, live-in 244-3813.

RESPONSIBLE ROOMMATE wanted to share quality home, N.E. Federal Way. 839-5477.

110 Apts.-Burien
ONE BEDROOM apt. \$185 a month. \$100 damage deposit. South Burien. Ask for Terry. 248-2900.

BRAND NEW EXECUTIVE TERRACE CLOSE IN - half way between SeaTac Airport and downtown. 1 and 2 bedrooms with view of skyscrapers. Also complete Health Spa facilities including Jacuzzi, Sauna, Exercise room, rec. room, tennis court and swim 365 days a year in indoor pool. Sorry, Adults only! 767-3806 323-3481 762-3199

SPACIOUS VIEW
1 & 2 Bedrms. 1 1/2 Baths
Swim pool, sauna, rec. room, self-cleaning oven, garbage disposal, dishwasher, self-defrost refrigerator, fireplace, washing facilities on all floors.

AMBERGLOW APTS.
1223 S.W. 128th
(next to Standing Hospital)
246-2096

111 Apts.-Des Moines
FURNISHED STUDIO, \$170. 244-1853 after 4 p.m.

112 Apts.-Federal Way
SINGLES OVER 30, one bedroom furnished. \$225. Federal Way Apartments, 31010 18th Ave South. 839-4993.

FURNISHED, 3 bedroom, Waterfront Condominium. Security gates, pool, sauna, 2725. 839-1503 days. 839-4505 evs.

ONE AND TWO BEDROOM apartments. Unfurnished. 1450 S. 308th. 839-9168.

BEAUTIFUL AZALEA gardens, large 2 bedroom townhouse, frp., garage, all appliances, washer & dryer in building, \$325 a month, 838-1308.

2 BEDROOM EXECUTIVE APT. now available to qualified applicants, featuring frp., carport, all appliances, air conditioning, etc. Must see to believe. 2113 S.W. 318th #A.

NEW 3 BEDROOM, in Campus Woods, \$550/mo. 827-0344, 862-1957.

TACOMA, VINTAGE building, 1+ bedroom. 1st month free for minor repair. \$120. 329-8116.

MAPLEWOOD TWO BEDROOM \$300
We feature, appliances, dishwasher, and disposals. Closed entry, storage pool and tennis courts.
Office hours 9 a.m. to 5 p.m. daily, and 12 p.m. to 4 p.m. on Saturday. Closed on Sundays.
Federal Way,
4519 S.W. 320th St.
838-3969 or 927-8550

114 Apts.-General
COZY, PRIVATE, basement apt. Furnished or partially so, if needed. Fireplace, heat utilities & TV cable paid. Suitable for over 30 working lady. \$230. 824-4754.

NORTHEAST AUBURN, one bedroom \$235, utilities & cable incl. No pets. 939-2420.

MIDWAY 1 bedroom apt. \$230. 2 bedroom apt. \$280. First, last, & \$150 deposit. 941-4427.

THIS COULD BE YOUR CHANCE to live in Auburn's exclusive adult apartment community.

WILDWOOD APARTMENTS
A few immediate openings for 1 and 2 bedroom apartments, just minutes from shopping and freeway.
1409 30th SE 833-2918

116 Multiplex
2 BEDROOM DUPLEX, Kent, no pets, references. \$270. 852-7218.
PROPERTY MANAGEMENT Services available. Single family residence on up to small apartment. Call Mike Langdon, South King Realty, 838-3136.
NEW DUPLEX Milton, 922-0114.

130 Houses-Burien
4 BEDROOM BRICK Rambler, fireplace, 1 bath, rec. room, appliances, carpets, drapes, large yard. \$425 a mo. first last & deposit. 878-2051.

SEAHURST partly furn. 2 bedroom, den, frp., w/w carpet, utilities paid except heat \$350 plus deposit. 242-0369.

SEAHURST. Attractive 5 bedroom, 2 baths, 2 frp's., carport, detached garage, mortar-in-law apt. will carry contract with substantial down. \$82,250. 244-3576.

OWNERS
If you like tenant hassles, that's your problem! If not, that's our business. Full time management service for homes, apartments. Satisfied owner referrals available. WESTSIDE SERVICE CORP., 246-3950.

134 Houses-Federal Way
NEWER 3 bedroom: \$325. Also 2 and 3 bedroom townhouses and duplexes from \$275. Hours 10 - 6 weekdays. 838-3497 or 927-6880.

SOUND VIEW newer 3 bedroom, 2 1/2 baths, rec. room, formal dining, kitchen eating space, 2 car garage, all appliances, on golf course, Twin Lakes, references. \$338-1586.

SKYLARK APTS. Quiet Court Complex, electric fireplaces, dishwasher, garbage disposal, free frer refer, self cleaning, range, cable T.V. game room. 1 bedroom \$230, 2 bedroom \$270, 2 bedroom 1 1/2 bath \$300, 839-8338 or 839-7655 for appointment, no children or pets.

3 BEDROOM RAMBLER, frp., carpet & drapes, double car garage, Federal Way area. \$395 a month. Call Vicki 941-2640. Mon. thru Fri. 8-5.

3 BEDROOMS, 1 1/2 bath rambler near Brigadon Elementary. Large fenced yard, \$425. Helix Spatus Corporation, 838-9933 or 927-3280.

EXECUTIVE 4 BEDROOM, 2 1/2 baths, family room, frp., & wet bar, fenced back yard. 927-1380.

2 YEAR OLD 3 bedroom, 1 bath, 1 car garage, near Sea Tac Mall. \$375, first last, Ask for Rhonda, 941-3800 days, 839-9360 evenings.

4 BEDROOM, large livingroom, formal dining, new carpet, fireplace, study, shop, country kitchen, 2 bathrooms, laundry, appliances, garage carport, Kids pool, fruit trees, secluded near Sea Tac Mall. Very unusual. See to appreciate \$125,000. Appointment owner 839-2656.

IMMACULATE, 3 bedroom rambler. Rec. room, frp., large fenced yard. Available Nov. 1st. \$475. 839-5600, Don. 878-1400.

SMALL HOUSE on lake near Federal Way, \$300. After 6. 839-2890.

NEWER 2-3 bedroom Townhouses plus 3 bedroom Houses for rent. Please call for appointment, 838-3497.

CUTE COTTAGE on lake, Quiet, non-drinking couple. Immediate occupancy. \$275+ Utilities. Give references: write to Box P. 14 c/o Federal Way News, 1634 So. 312th, Federal Way, WA 98003.

ATTRACTIVE RAMBLER, 3 bedrooms, rec. room, fireplace, all appliances, no pets. References, deposit. \$395. 927-0377. Evenings.

3 bedroom, fenced, carpeted, range, refrigerator, no pets, references, 1st last and damage, \$325. 839-3740.

FEDERAL WAY, Extra large 2 bedroom, 4plex, 2 baths, all appliances, garage, no pets, \$330 a mo. 941-2368.

TWIN LAKES, 3 bedroom, carpet, fenced, near bus, school. \$400, 226-9318.

BRAND NEW 3 bedroom, all appliances, some utilities paid, first/last, \$150, deposit, \$425 per mo. 746-0987, evenings.

134 Houses-Federal Way
BY OWNER, split level, 4 bedroom, large lot, wooded area, 2 years, 2 fireplaces, assume loan 9 1/8 call mornings. 941-1574.

NICE 3 bedroom, fenced yard, Federal Way. No pets. \$410. 839-8715.

3 BEDROOM, 1 1/2 baths, appliances. \$450, first, last plus deposit. 941-1560 after 4.

IDEAL, SeaTac Mall. Large executive split level, 3 bedroom, 2 bath, white brick frp., drapes, garage, nice yard. Available Oct. 28. \$510. 329-8116, 1-377-6775.

MODERN SPLIT level house in Federal Way, 3 bedroom, 2 baths, double car garage, basement, good neighborhood, \$460 per month. 746-5560.

3 BEDROOM, frp., large fenced backyard, \$380 a month, 854-5744 after 6 p.m.

EDGEWOOD New tri-level 1/2 acre 4 bedroom, 3 baths, quality home. 10% contract 927-1125.

3 BEDROOMS, family room, double garage, w/w carpet, drapes fenced yard, near schools, \$440 month, one year lease, references required. 463-9877 or 924-2966.

2+2 Bedrooms, 1 bath, washer-dryer hook-up, range, refrigerator, large fenced back yard, near schools, bus & shopping. Deposit and references required. \$285 a mo. After 6 p.m. 857-4734, 582-8866.

COZY 2 BEDROOM. Yard, remodeled interior, \$275 a mo. plus deposit, in No. Tacoma. Call Scott, 941-2956.

PROPERTY MANAGEMENT Services available. Single family residence on up to small apartment. Call Mike Langdon, South King Realty, 838-3136.

2 bedroom house, full basement, \$350 a mo. first and last rent, \$200 damage deposit, no pets, call 244-5823.

FOR RENT Large 4 bedroom house in Edgewood area, family room, 2 fireplaces, very secluded, \$550 a month, call Marie or Nancy, Edgewood Realty Inc. 927-5900, evs. 927-8208 or 927-7404.

RENTALS
We have Homes, Apartments and Condominiums for rent. In all areas and all price ranges.

RON TURNER
Property Management
4310 S.W. Oregon
932-5300

PRICE REDUCTION!
The price has been reduced \$500 on this 3 bedroom rambler near Highline Community College, Des Moines Marina, Midway, Stove, refrigerator, dishwasher, drapes, glass fireplace screen included for only \$62,950. Very good assumption. Call Susan Crane at 226-4100 or 833-4461.

SPARTUS CORP.
226-4100

140 Condos, Townhouses
DES MOINES, 2 bedroom luxury condo. \$360. 932-0500.

LARGE 2 BED ROOM Townhouse, quiet area, washer-dryer, carport, \$360. 952-5289.

DELUXE TOWNHOUSE, 3 bedroom, 2 1/2 bath, 1st and last month rent, \$100 damage deposit, \$450, available Nov 1st, 308 St. and 13th Pl. S. Federal Way, 863-3010.

DELUXE TOWNHOUSE, 2 bedrooms, 1 1/2 baths, fireplace, self cleaning oven. \$350. 839-3362.

FOR RENT 2 bedroom house available now. 244-3476, 242-9658.

152 Commercial Rentals
4500-6000 SQUARE FEET. Warehouse and office. Between Midway and Airport. 6 years old lease or rent. 878-7457.

154 Storage Space
DRY BOAT & Trailer Storage. 852-5942.

SECURITY ANNEX Mini-Storage, \$9 mo. and up, 18041 Des Moines Way South, Phone 248-1197.

MOBILE HOMES
200 Mobile Homes Wanted
202 Mobile Homes-Sale
214 Mobile Homes-Rent
220 M.H. Sites-Sale
230 M.H. Sites-Rent
240 Supply Service

202 Mobile Homes-Sale
1970 HILLCREST 20x40, 3 bedrooms, one bath, w/w carpet, \$14,500 or best offer. Fully landscaped. After 5 p.m. 927-2820.

DELUXE DOUBLE WIDE, 1140 sq. ft. 2 bedrooms, all elect., air cond., carpet, washer, dryer, frp., included. Many extras. Deluxed, Adult park. Southern. \$22,900. Dealer. Ask for Harold or Bob, 243-1200.

1975 Tamerack 14x56, 2 bedroom, 4 appliances, mint condition, \$13,500. First Mobile Home Court, Space 34.

1978 GIBALTER 3 bedrooms, 2 baths, family room, all kitchen appliances, best offer. 941-5508.

MOBILE HOME, large lot, private setting, 3 bedroom, 2 bath, 28x25 rec. room, garage, fireplace, contract terms, \$46,000. Towne or Country Homeowners of Sea Tac. 824-3600 or 244-3626.

ON GOLF COURSE 2 bedroom, 2 bath, fireplace. Call after 5 p.m. 838-1559.

AT PRICES YOU CAN AFFORD
We have several homes, Kent, Auburn and Federal Way. Waiting for you to move into.

LOOKING TO SELL YOUR MOBILE HOME
Call Val or Bill
Modern Listings
824-4370

LOOKING!!!
For used mobile homes set up in local parks, dial listing, purchase from the mobile home owner (We are not a dealer).

271-7522 or 833-2880

220 M.H. Sites-Sale
MOBILE HOME PARK
Own and operate your own mobile court, over 60 spaces, 21 trailers, included in sale, Good cash flow, runs low for area, can easily be raised 10-20%, \$500,000 terms, 25% down 10% interest, call John Prestilli, Edgewood Realty Inc. 927-5900 or 863-4954 evs.

ANNOUNCEMENTS
306 Happy Ads
310 Legal Notices
320 In Memoriam
322 Card of Thanks
324 Funeral Notices
325 Funeral Directors
326 Lost
327 Found
328 Births
329 Deaths
330 Notices
331 Personal
332 Entertainment
333 Travel Opportunities
334 Carpooling

330 Lost
REWARD: Up to \$500, for tips-leads-clue information which helps lead to conviction for Oct. 5 burglary of office & safe from SeaTac Home Center, 243-1200.

FIFE AREA, Part Sawmoy, light beige & white named Sandy, Has choker chain & tag

# CAREERS...start with CLASSIFIED

## 417 Garden, Landscape

**TOPSOIL**  
Rich, black (former farm) Plain, 10 yards, \$66.30 Mixed, 10 yards, \$69.65 Tax included CH2-6295 or 537-3664 (Tacoma)

**FOR SALE**  
**Railroad Ties**  
**T & H TIES CO.**  
34720 Pacific Hwy S  
Federal Way  
838-1033

**TOPSOIL**  
Picked up or delivered  
**LLOYD'S**  
**FEDERAL WAY**  
**SAND & GRAVEL**  
839-7666

## MANZO LANDSCAPE PRODUCTS

**SPECIAL FALL PRICES**  
Quality Landscape Bark  
8 yards \$39.50  
10 yards \$47.50  
12 yards \$54.50  
15 yards \$59.50  
Valley Topsoil  
8 yards loam \$53.50  
10 yards loam \$62.50  
Delivered Prices  
Call anytime 623-2266

## D & V LANDSCAPING & CONSTRUCTION

Specializing in low maintenance yard and remodels.  
Licensed  
Free estimates.  
878-3511 after 6 p.m.

## VALLEY TOPSOIL & DOZING SERVICE

\*CUSTOM SCREENING  
\*LANDSCAPE MATERIALS  
\*YOU Haul/Wash/Deliver  
West Valley Highway between Auburn and Kent  
839-4915 939-7631

## MT. VIEW LANDSCAPING

Excavating - Land Clearing  
Rockeries, New Lawns - Driveways, Backhoe Loader & Dump Truck - Complete Yard Design.

## No Job Too Big or Small

Free Estimates  
**762-5346**

## VINING BROS. LANDSCAPED GARDENING

Year Around Lawn & Garden Care  
**PRUNING**  
Landscape Design & Construction  
838-4139 811-5

## LANDSCAPE & DESIGN by JOE CAVDENR

General Landscape & Construction Contractor  
Complete Landscaping needs.  
927-2038  
Also, after 6 p.m.

## LANDSCAPING

Full clean up/leaves  
Tree/shrub removal  
Lawn Maintenance  
Sod Lawn/Bark  
R/R Ties & Rock work  
Rototilling  
Competitive prices  
**941-2721**

## 418 Handyman

HANDY MAN Plumbing, electrical carpentry. Installation of garbage disposals and dishwashers. Shampooing carpets and upholstery. 824-7852

## 420 Hauling

WASTE PICK UP, hauling, and clean up work. Call Dennis, 854-3366.  
GENERAL HAULING, Call 762-6164.

## LIGHT HAULING

Odd jobs, clean up. Dependable, reasonable rates. 938-4262, 937-6506.

## ONE TON FLATBED dumptruck

haul anything. 838-4070.

## LIGHT HAULING and general clean up plus glass service.

244-4111.

## FRONT END loader, dozing and dirt clearing service.

243-2622.

## 422 Home Repair

FOR THOSE SMALL PLUMBING jobs electric repairs. Call Jim at 824-1511 or 246-7168. Evenings.

## ACOUSTICAL CEILING SPRAYED

\$25 an average room \*FREE GLITTER  
Estimates 631-4414

## KEANAN ACOUSTICS

LADY DELL DEVELOPMENTS  
Brickwork, blocklaying, carpentry, siding & additions.  
Licensed  
FREE ESTIMATES  
244-4603

## CEILING SPRAY

937-1927  
24 hr. phone  
Living Room Dining Room & Hallway  
\$50.00-50.00 FT. \$120  
FREE GLITTER  
SKIT CONSTRUCTION, INC.

## HOME REPAIRS

No need for a lot of words. Home Repair and remodeling says it all and we do it all.  
20 yrs. Experience  
Banded  
839-5863

## 422 Home Repair

DRYWALL TAPING done reasonable. Larry 952-4051.  
HOME REPAIR, Remodel, JNR SERVICES. 255-6396.

## 423 Insulation

CUT HEATING Bills up to 40%. Blown in or Blanket. Walls, ceilings, and under floors. Free estimates. 878-7154.

## 426 Masonry

D AND J MASONRY. Repair, remodel. New construction. Licensed, and bonded. Call 248-1784.

## 428 Painting

SPANNS HOME SERVICES. All types painting. Free estimates. Reasonable rates. 246-6303.

## ANDERSON DRYWALL

Acoustic spraying with sparkle. Wall texture painting, nailing and taping. No job too small. Free estimates. 246-0269.

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Residential, Commercial. Licensed, Bonded. Free Estimates. 839-8515.

## CONDOS & SONS - Painters

Interior, exterior. Free estimates. Licensed. Bonded. 838-3446, 927-5331, 838-2497.

## PAINTING, INTERIOR, exterior

Call anytime. Free estimates. R. Christopherson. 248-1777.

## PETERSON QUALITY PAINTING

Licensed, bonded, insured. Satisfaction guaranteed. 839-6161.

## OLD PAINT? Free estimates on interior and exterior quality painting.

Nicolay Painting. 246-1451.

## PAINTING, INTERIOR, exterior

Ceilings textured. Call 248-0551, 243-1778.

## ARTCO PAINTING

Licensed, bonded, insured. Free estimates. 938-4528.

## SOUTH END PAINTERS

Licensed, bonded. Free estimates. 839-4760.

## FLAWLESS PAINTING

First rate exteriors and interiors. Excellent locater and enamel finishing. Excellent references. Extremely reasonable free estimates provided. 246-0718.

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Remodeling, Restoration. 25 yrs. exp. Free estimates. No job too large or small. Licensed Bonded-Insured. 941-3554.

## Painting

Interior & Exterior. 10 yrs. experience. Fred Ward Construction. 932-6180, 246-9631. After 5 p.m.

## 429 Plumbing & Heating

PLUMBING, REMODEL, Repair. New. Free estimates. Licensed. Call 243-8520.

## 430 Roofing, Gutters

CALL DAN'S Roofing & Repairing. Hot and 3 tob. Specialize in small hot tar jobs. 242-0691.

## HENRICKSON GUTTERS

Continuous Seamless Aluminum Gutters. Call 927-7147 for estimate.

## RESIDENTIAL ROOFING

839-2592.

## ROOFING

Have a sad roof? We'll make it smile again! All types Licensed Bonded

## PATRICK AKI

838-1673

## DES MOINES ROOFING

20 years experience. Personal workmanship. Bonded Self-Employed. Free estimates. 839-3345  
Kay, 824-3519  
Dave, 939-3345  
Auburn

## YBARRA ROOFING

HOT TAR SPECIALIST  
RESIDENTIAL & COMMERCIAL  
FREE ESTIMATES  
Licensed Bonded  
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LEAK REPAIR SPECIALIST  
Re-roofing all types  
Work Guar. Free Est.  
Personal work  
Licensed, Bonded  
24 hr. service 839-5205

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Roofing Gutters  
Repairs  
Self-Employed  
Banded  
FREE EST. 772-2635

## 432 Tree Serv., Spray

TREE TOPPING, Felling, pruning. Reasonable prices, insured. 927-7805, evenings, weekdays.

## ROGER'S SPRAYS & TREE SERVICE

\*POWER SPRAYING  
\*CECILIAS/Aphids  
\*DANGER TREES  
\*Top, Trim, Remove  
\*BRUSH CHIPPING  
\*HEDGE TRIMMING  
\*FRUIT TREE PRUNING  
\*STUMP GRINDING  
LICENSED - INSURED  
FREE ESTIMATES  
244-1717

## AAA TREE EXPERTS

Specializing in danger tree removals and topping. Stump removal by power stump grinder. Complete tree care. Hedges, vine clearing. Shrubs and fruit trees. For 24 hour service, call 839-7216.

## LITTLE JOE'S TREE SERVICE

\*DANGER TREES  
Topping? Removal  
\*HEDGE TRIMMING  
\*PRUNING  
\*BRUSH CHIPPING  
\*STUMP GRINDING  
\*STUMP DEBRIS AND LOG HAULING  
Hourly or by job. Also clearing and small crane service.  
Licensed - Bonded  
Free estimates - Insured  
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## 434 Upholstery

CUNNINGHAM'S UPHOLSTERY. Quality, not quantity. 854-9039, Kent.

## CUSTOM UPHOLSTERY

Choice of fabrics. Re-built downs. \$75. Tuckler Upholstery 18075 Des Moines Way South. 244-3953.

## 436 Sewers, Plumbing

**Lee's Sanitation Service**  
\*SIDE SEWERS  
\*DITCH DIGGER  
\*SEPTIC TANKS PUMPED  
REPAIRED AND INSTALLED  
\*CLOGGED DRAINS  
CLEARED  
242-6911 242-1452

## C.W. OPSTAD BACKHOE SERVICE

Septic Tank Systems  
New Installations  
and Repair  
Custom Digging  
Drains/Waterlines etc.  
824-3690

## 438 Wallpapering

EXPERIENCED WALLPAPER Hanger, guaranteed work, free estimates, reasonable rates. Call 643-1059.

## THE WALLPAPER Hangers

Banded, Licensed. Call Bonnie 246-0536 or Sandy 752-1639 Tacoma.

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450 Alterations, Sewing  
452 Beauty Care  
454 Child Care, Schools  
456 Tax, Bookkeeping  
458 Home Parties  
460 Instruction, Schools  
470 Weddings  
480 Printing  
490 Misc. Services

## 450 Alterations, Sewing

SEWING IN Own Home. All types. Reasonable prices. 927-9629.

## DRESSMAKING AND ALTERATIONS

BE A Beautiful Bride - Custom Gowns by Kathy. Reasonable. 9 a.m. - 6 p.m. 246-8290.

## DRESSMAKING & Alterations

839-8617. Linda Fraley.

## 452 Beauty Care

FREE FACIALS. Mary Kay Cosmetics. call Jan 927-9163.

## BEAUTICIAN

Are you a precision haircutter? Do you like a modern and exciting atmosphere? Excellent pay & benefits! New Great Expectations Precision haircutting salon opening Federal Way approx. first Nov. 1st. Call Great Expectations At Tacoma Mall, 474-0000. Collect calls accepted.

## 454 Child Care, Schools

DAY CARE, Christian Life Assembly. Ages 2 to 6. 839-8644.

## LICENSED HOME, Loving care.

Fun activities. 244-1297.

## CHRISTIAN DAY-CARE

Preschool for your child, hot meals, reasonable. 838-0406.

## LICENSED, Shirley Child Care

Boulevard Park. Any hour, 246-2565.

## LAND OF OZ Day Care

Licensed Creativity school. 854-9628.

## 24 HR. CHILD CARE \$6 to \$7 per shift.

24-43-2625.

## AUKEEN WAY Day Care Referral.

Call 839-9037.

## BABYSITTING my home, fenced yard.

Days or nights. 838-4271.

## LICENSED CHILDCARE

my home 1 1/2 to 12 years. Riverton. 242-2762.

## NEED A TEMPORARY SITTER?

Christian mother of infant and 3 year old available to sit in your South Federal Way home. Prefer 3 year old girl, may need transportation. References. Fee negotiable. Call Laura, 952-8036.

## CHILD CARE IN my home, anytime day or night, hot meals, fenced yard, in Federal Way.

Brigodoun School area 838-1315.

## CLEAN LICENSED Reliable babysitting, my home.

For no more than 6 children. Near Military and 253rd-Yorkshire area. Please call JoAnn 839-4854.

## BABYSITTING My home, Riverton Heights.

323-8347.

## LICENSED DAYCARE with Christian family.

Lots of love & attention. Des Moines, 878-1781.

## TRIKE SETIEVERGREEN HEIGHTS SCHOOL

Now accepting enrollment for 1 year olds-6th grade. Field trips. Our own swimming pool & pony. 941-2119 6 a.m.-7 p.m.

## FEDERAL WAY DAY CARE

"A home away from home" FEATURES  
\*3/4 acre play area  
\*Nutritious meals  
\*Qualified Staff  
\*Before & after school care  
\*Preschool  
\*Whole Child Concept

## SPRING VALLEY MONTESSORI SCHOOL

(Since 1960)  
Preschool Kindergarten, Grades through sixth. State Licensed DAY CARE for children from 3 to 12 years of age. Write to 38605 Pac. Hwy. So. Federal Way, Wa. 98003 or phone 927-2557.

## 460 Instruction, Schools

PIANO-ORGAN Lessons  
accredited teacher, 927-6525.

## MUSIC INSTRUCTION by Joe

Carbonatto. Piano, organ, accordion, guitar, bass guitar. 824-6057.

## REAL ESTATE EXAM CLASSES

Free Placements  
**AMERICAN SCHOOL OF REAL ESTATE**  
838-0493 927-0800

## Real Estate SCHOOL

Licensed preparation for Nov. Exam  
SAVE  
Only \$75 for fully accredited, guaranteed placement school. Convenient student classroom. Cascade School of Real Estate. Limited enrollment-call now. Barbara Dees, 246-1234

## 460 Instruction, Schools

MUSIC LESSONS, Saxophone, Clarinet, Flute, Beginning & Advanced. Burien, Federal Way. 824-6741, 243-4800.

## PIANO LESSONS

beginners, and intermediate. 762-1998.

## 470 Weddings

PROFESSIONAL PHOTOGRAPHER will do your Wedding. For information, call Guy Kissel: Days, 242-0100. Evenings, 242-9814.

## 480 Printing

1,000 BUSINESS CARDS \$14.95 up. 250 noteheads \$6.25; letterheads, programs, & announcements. Instant Printing. 17038 Pacific Hwy, So SeaTac Airport, opposite Hyatt House). 242-3864, 244-8990.

## CAR RADIO & car tape decks

REPAIR. Res. rates. 762-7367.

## EMPLOYMENT

502 Jobs Wanted  
504 Temporary, Part-time  
506 Domestic Jobs  
507 Trainee Jobs  
508 Babysitters  
509 Trades-Labor  
510 Medical, Dental  
511 Maintenance  
512 Office  
513 Sales  
514 Tutoring, Professional  
515 Miscellaneous Jobs  
516 Employment Agencies

## 502 Jobs Wanted

EXPERIENCED LEGAL Secretary with para legal degree desires employment in South End. Call after 6. 246-5326.

## HOUSE SITTING

we're remodeling our home from Aug. thru Oct. & would like to house sit during that period. Working couple with no children. References available. Call 941-2510.

## BOOKKEEPING OR general office work to do in my home.

Call weekends or after 6. 839-8024.

## MATURED RELIABLE Exp., and best reference, own car, cleaning A.M., babysitting evenings at 927-9987.

## HOME TYPING, 70 w.p.m., IBM selective, I will pick up and deliver, Or your office, 7:30 a.m. to 11:30 a.m. 244-0533.

## 504 Temporary, Part-time

ONE DAY A WEEK Housekeeper in lower Woodmont. 838-3949.

## ENTHUSIASTIC and outgoing men and women, 19 years or older, with clean driving record.

Part time. Good pay. Inquire at SeaTac Mall Pizzzo Haven.

## HELP WANTED Part time 4 days a week, 9.5. Receptionist. Typing, 30-50 wpm, accurate, busy telephones. Good Appearance, \$3.25 per hour to start. For Highline Times Newspaper. 242-0100.

## EXPERIENCED PART TIME, Cocktail Server, must have good references. Apply in person: Fogcutter Restaurant, Federal Way.

## MOTEL-PART TIME maid work plus live in position for over all general assistance.

Apartment plus compensation, Fide, Federal Way area. Call 922-7000 for appointment.

## LIGHT DELIVERY car necessary. Part time. 852-1553.

FABRICLAND, is accepting applications, for part time help must be personable, knowledgeable of fabrics, and have previous retail experience, apply at 32065 Pacific Highway S.

## LIKE TO walk in the morning? Why not get paid for it. We need responsible adults for morning door to door paper delivery in the Des Moines area. Excellent pay. 3 days per week. Prefer persons living in Des Moines area. Call 824-4470, ask for Jay.

## ADULT CARRIERS WANTED

Deliver the Highline Times, part time on Wednesdays and Saturdays. Good pay plus mileage. Call 767-3900 to apply.

## Maintenance Engineer RETIRED OR SEEKING PART TIME WORK? Exc. opportunity for a person with mechanical or electrical skills & ability to repair equipment. Be a productive part of our organization. Burien & Tacoma areas. Call for appointment. 1-747-9559 or write for interview. Baye Realty Corp., 1932 132nd Ave NE, Bellevue,

522 Miscellaneous Jobs

DELIVERY, LIGHT. Radio station promotion needs drivers for Bellevue, Redmond, Kirkland areas. Must have economy car, be neat, fast, & able to read a map. Make from \$30 to \$60 a day. Apply from Thursday, Oct. 9, 9, 15203 Military Rd. South.

NEED IMMEDIATELY 3 typists to work in local area newspaper. Swing shift and graveyard hours available. Apply in person at 10033 13th S.W., White Center.

MECHANICS, Heavy Equipment Operators & Medical Training available to qualified High School students & grads. Call 839-6900. WA. ARMY NAT'L GUARD.

RECEIVE free toys and gifts! Have your party! Fun raiser programs available also. 839-1931.

TEACHERS ASSISTANT for Highline Headstart, 6 hrs. EOE 762-6070.

PERSON WITH Camera knowledge, join National Retail Firm, for interview, call 941-3820.

THRIFT STORE manager, CETA qualified, 40 hrs. per week, Tues-Sat, 9:30-5. No. of merchandise, financial record keeping & supervision. \$700 monthly. Call Diane 246-6142.

WE NEED nice and women for part time marketing research work. NO SELLING, car necessary. 937-9292.

RIVERTON HEIGHTS BURGER KING for 11:30 to 2:00. Part Time Only. Apply in person, 15036 Pacific Highway South.

Early Christmas Shoppers Need extra money? You can earn good extra income as Amway Distributor for one hour a day. For interview, phone 248-2559 or 246-6511, after 4.

WANT TO: get into a regular pattern of exercise - earn extra money? - get to know your neighborhood? - all at the same time?

TAKE A WEEKLY HIGHLIGHTS TIMES ROUTE. It gives you an excuse to get out of the house or break twice a week for a good brisk walk. AND PAYS YOU FOR IT. It has more to offer than you think - Get started today by calling 767-3900 for Adult Highlights Times delivery.

PART TIME GUYS & GIRLS Earnings \$300-\$400 per mo. 3 hours each day, 3 a.m. to 6 a.m. car necessary. Must be reliable. Mr. Short 5 p.m. to 7 p.m. 285-1697.

FINANCIAL 800 Mortgage Wanted 800 Mortgage-Sale Money to Loan 612 Insurance 620 Bus. Opp. World 822 Bus. Opportunities

622 Bus. Opportunities. WOULD YOU Like a Business of your own? You don't need an office to start. Begin at home, full or part time. Ideal for husband & wife team. Call Lemke Enterprises, 927-7180. No obligation, no information on the telephone - Let's have coffee & talk.

EARNING OPPORTUNITY. \$6.00 to \$8.00 per hour. Car and phone necessary. Fuller Brush, 248-1747.

AMWAY DISTRIBUTOR is helping many people earn money working 2-4 hours a day. We can help you. For interview, call 226-6217.

HAVE A highly profitable and beautiful Jean Shop of your own. Featuring the latest in Jeans, Denims and Sportswear. \$15,500.00 includes beginning inventory, in as little as 15 days, call anytime for Mr. Loughlin (612) 835-1304.

FOUNDING SPONSORS. 8 ways to make money: Multi-level Plan; Superior products; Enhance Marketing; D. Box 832, Sumner, WA 98390 or call 939-1136.

MERCHANDISE 700 Office Equip-Supply 710 Auction 712 Antiques 714 Flea Markets 716 Garage Sales 718 Swap, Trade 720 Wanted To Buy 722 Food 724 Plants, Supplies 726 Fuel, Heating 728 Hobbies, Crafts 730 Sporting Goods 732 Musical Instruments 734 Building Materials 736 Appliances 738 Furniture 740 Moving Services 742 Machinery, Tools 744 Miscellaneous 746 Merchandise Rentals 748 Kids' Ads.

710 Auctions. SECOMA AUCTION Fri. Oct. 19, 7 p.m. Some old, some new, Wuritzer, multimatic percussion organ. New & used sofas, chairs, conversation pieces, dinette tables, primitive dining room sets, TV's, several oil paintings, lamps, some office furnishings and lots of misc. 34233 Pacific Hwy., S. Federal Way 838-0231.

SECOMA AUCTION Every Friday 7 p.m. 838-0231. We buy or sell on consignment. 34233 Pacific Hwy. S. Federal Way.

Caldwell Health Center 23620 Marine View Dr South (A Church sponsored, Medicare approved Nursing Facility) NURSE AIDE-DAY SHIFT

\*Salary ranges \$3.45 & up. D.O.E. \*Certification Training \*Attendance incentive \*2 week paid vacation \*9 paid holidays

We are looking for a Nurse Aide for the day shift, full time. We will train or provide salary differential if already trained. Call MRS. HAUGLUM, Staffing Coordinator, for more information.

824-4600 EOE/MFH

712 Antiques

ANTIQUE ARTISAN. Collections, glass, refinishing. 839-5030. ANTIQUE OAK roll top desk, 5 curve, large, perfect condition. \$200. 852-2019.

716 Garage Sales

SALE 104 S.W. 140th, 242-4866. Daily 10-5 Oct. 17-26. Ladies clothes size 16, shoes 7 1/2 AAA, 7AA, gloves, purses, jewelry. Mens suits 5-40, shoes 5-9. Call luggage, dishes, silver, misc.

FIVE FAMILY sale, skis, boots, 4 burner cooktop, baby carriage, Bundy fluke, XR 75 Honda, misc. items, auto accessories 3626 S.W. Dosh Pt. Rd. Oct. 18 & 19.

FOUR FAMILIES, baby & toddler clothes galore. Drapes, bed spreads & decorator items. Good adults clothing & misc. Oct. 19th & 20th 10-4. 2020 S. 100th off Des Moines Way So.

GIANT SELECTION power & hand tools, furniture, carpet, household items, games, toys, sporting goods, bikes, 9-6 Sat & Sun, Oct. 20 & 21. No early birds. 29-603 22nd Ave So. Federal Way.

DECK SALE, play pen, bar stools, 10 speed, stereo receiver 8 trk. cassette, mirror, tiles, clothes & much more. 313 S. 216th, 17-20, 10-3.

GARAGE SALE, Fri. Sat. 19th & 20th. Furniture, clothes, and misc. 32521 36th Ave S.W. Twin Lakes.

POOL TABLE, carpet remnant and ect. Sat. and Sun. 20th and 21st 3440 30th Ave. S.W. Federal Way.

RUMMAGE SALE. Glendale Rehoboth Lodge #312. White Center Park, 1321 SW 102nd. Oct. 19, 20. 9:30 to 5 pm, Fri. 9:30 to 4:30 pm, Sat.

MOVING. 2x12 Anglo Persion, A/V, cabinets, foam playground, TV, chairs, new clothing, more. Fri., Sat. 10-5. cash. 2655 S. 29th St.

ESTATE SALE. antique chair, vanity, trunks, small appliances, apples, grapes, misc. Thurs., Fri., 10:35-5. 112th.

GARAGE SALE. 10 a.m. to 6 p.m. Fri. & Sat. 12.5 pm. Sun. Oak furniture, draperies, baby clothes & furniture, misc. 28502 50th Ave. S., near T.J. Highway School.

GARAGE SALE. October 18 & 19. 5 blocks West of Illehee Jr. High, off 721-S.W. 365.

MOVING. Man's Garage Sale. Automotive engines, tools, tires, paint, wood, more. Fri., Sat. 10-5. Cash 2655 S. 29th St.

GARAGE SALE, at 11242 5th Ave S. Sat. and Sun. Oct. 20 and 21st.

YARD SALE, misc., 9x12 tent, Oct. 18 through 20th, 9:30, 11411 26th Ave. S.W.

MOVING SALE. Sat. 20th Sun. 21st, 9 a.m. to 6 p.m. 2212 S. 251st off Pacific Highway, near Fred Meyers, furniture, toys, and misc. come rain or shine.

MOVING SALE. Sat. 9:55, 20437 9th Ave. S. Des Moines.

MULTI-FAMILY, sale Friday Oct. 19th, 9:55, 16326 19th S.W.

GARAGE SALE. 9 by 12 early American Anglo-Persion, 1250 21 in black & white console TV, \$60. Numerous foam pieces, solid wood mattress, 36 by 70 by 4, \$15. 2 occasional chairs, need upholstery, 10 each 1 am 3 side dining chairs, need attention, \$15 each. Numerous misc. items. 2655 S. 29th Federal Way.

ESTATE SALE. Too much for the garage, so we are in THE WHATEVER SHOP at 17837 1st Ave. S. (Manhattan Village) Wed-Sun, noon to 4 p.m. Furn., glass, ceramics, collectibles, whatever.

GARAGE SALE. Available at local offices of the Federal Way News, Highline Times and Des Moines News. Garage Sale Kits are free when you place a garage sale ad. If you want your kit before writing for the kit, pay \$3.00 (plus tax) for the kit at the local office and tell the advisor your receipt number when you place the ad. The cost of the kit will be deducted from the total price of the ad. These kits sell for \$3 (plus tax) without a classified ad in Robinson Newspapers.

718 Swap, Trade. COLOR TV, 25 IN. console, trade for microwave oven, wood stove, guns. 878-4094.

720 Wanted To Buy. WANTED: CLASS rings any condition. Will pay up to \$15 metal. \$8 women. Free pickup, 722-5109.

WANTED: KUSAK Crystal Water Goblet - Thistle pattern. 242-6415.

WANTED - Kusk Crystal Water Goblet - Thistle pattern. 242-6415.

WANTED-Non-Working color television. 246-0137.

722 Food. HUCKLEBERRIES, \$7.00 gallon. 927-9195.

RABBIT SIRES, ready for freezer, \$3 ea. 854-2326. 852-8674.

722 Food

APPLES RED DELICIOUS. GOLDENS, JONATHANS \$8.50 BUSHEL BOX. 244-7165.

724 Plants, Supplies

RICH VALLEY Top Soil. 8 yds. Delivered. \$60. 863-3757.

728 Fuel, Heating. ALDER \$75 a cord, fast delivery, dry wood available, 833-0312.

WOOD STOVE Timberline Fireplace Insert. Heats 1800 sq. ft., \$450. (New \$625) 952-3086.

\$75 for green alder, \$85 for dry alder, per cord, split, and delivered 939-3032 or 939-5628.

ALDER WOOD for sale. Call 824-1699.

KILN DRY Planer ends. 2 1/2 cords, delivered. \$55. 927-4260. Call anytime.

Firewood for sale split and delivered \$60 839-5629.

STOVE OR Fireplace Wood. All kinds, de-livered. 927-1911.

ALDER FIR \$80, Maple \$85, cord delivered 839-2578.

A-1 FIREWOOD. Best in area, delivered. Delivered. 838-4948.

732 Hobbies, Crafts. LEADED Stain Glass classes. Beginning & Advanced. Stain Glass Art & Supply. 242-2860.

740 Sporting Goods. 22 CAL LUGAR with holster, call evenings 838-4455-885.

K2 3's, 200 c.m. Like new. Allspg Bindings. \$100. 243-2427 or 243-2428.

744 Musical Instruments. BUNNY CLARINET, like new. \$150. 839-5162.

PIANO TUNING AND REPAIRING. Call David Atherton, 248-0265. Member Piano Technicians Guild.

12-String Yamaha Guitar, used 6 times. Comes with case, colorful strap, picks and towel. New 2275, am selling for closest offer to \$200. 839-0700 or 848-4065, ask for Dick Forster, if not in-line message. I'll call back. First come, first serve.

BUNNY CLARINET \$125. Bundy Alto Sax, \$225. 839-9048.

USED PIANOS. Upright \$499 Console \$999 Grand \$1899 Sherman Clay 2604 So 38th 473-0700

746 Stereo, TV, Radio. TV Tape Recorder, used once. Moving. RCA - Records up to 4 hours at a time, while you are gone. 367-3498, 365-3883. Carol.

4 CHANNEL Pioneer Decored Amplifier, 45 watts per channel, QL600A. \$100. 941-0814 evenings after 6 p.m.

At a loss for words? Let an Advisor put maximum pulling power in your want ad. Call classified direct: 839-9520 or 927-2424 (Tacoma).

STEREO COMPONENT. Someone to make the 6 payments of \$19 or \$14. 8 piece component stereo system. Garrard diamond stylus 4 speed automatic record changer with dust cover and base. AM FM solid state stereo receiver. 8 track tape recorder and cassette, pair of large walnut speakers and headphones, practically new. 682-2115. Credit Dept.

744 Musical Instruments. BUNNY CLARINET, like new. \$150. 839-5162.

PIANO ORGAN. Featuring THOMAS TOMBYE. Two key board, deluxe spinet, with auto rhythm, color-glo, one finger chord etc.

Featuring IVERS & POND. Deluxe Spinet Keyboard Cover Quality Construction

Similar to Illustration. BUY NOW & SAVE. Due to special promotion stock is limited. All items are subject to prior sale. Bench and delivery extra. OPEN HOURS TIL 9 FRI., SAT., SUN. TIL 5

FEDERAL WAY. 31503 A Pacific Hwy. SO Federal Way Shopping Center. 612 SW 152nd. Near Lamonts. RENTON. 800 So 3rd. Downtown Renton.

Similar to Illustration. BUY NOW & SAVE. Due to special promotion stock is limited. All items are subject to prior sale. Bench and delivery extra. OPEN HOURS TIL 9 FRI., SAT., SUN. TIL 5

746 Stereo, TV, Radio

FUTABA FFAFN, 4 channel radio, S-18 servos. New, never used, \$185. 246-9386.

752 Furniture

FRENCH PROVINCIAL bedroom set. \$100. 952-4591.

QUALITY FURNITURE, couch, Dineel Queen Ann chairs, desk, bedroom suite, other items. Everything like new. Excellent buy. 852-8545.

GE PORTABLE Dishwasher. Like new, for \$100. 246-9386.

DINING ROOM set, French Provincial, fruitwood, four cane back upholstered chairs, lighted china cabinet, \$1000 when new one year ago. Best offer. 244-1915.

EARLY AMERICAN dining room, 8 piece including China hutch, solid oak, coffee and end tables. Cedar chest by Lane, English tea cart, w/ h.p. electric motor. All excellent condition. 878-1204.

SMALL DROP LEAF table and 4 chairs, \$50. 244-7346, evenings. DAVENO good condition, tan Olefin upholstery, phone 244-1412-335.00.

QUEEN SIZED hide-a-bed \$50. chair. \$10. 941-7879.

SOFA EXC. Condition, \$200. Duncan Fire drop leaf table, \$100, maple chest and head board \$35, dinette \$35, and misc. 243-3931 or 242-9759.

DANISH MODERN Teak Dining Table (no chairs), \$150. Buffet, \$200. 838-0372.

OAK center/room dining table and four caneback armchairs, \$225, coffee table, conference glass top, 63x31, \$50, phone 245-3779.

BLACK recliner, \$35, good cond. 941-9081.

SPANISH dining room set, tables, 7ft. by 3ft. 6 chairs, buffet China cabinet, all \$500. 242-8540.

756 Machiney, Tools. TABLE SAW, 10 in. with 6 foot Rockwell bars and fence. 833-7921.

HEARING AIDS. Used with warranty. Call My. Used, 284-4628.

SHAKLEE QUALITY PRODUCTS, food supplements, pro-mo-bility, 242-5658.

DRAPES, DRAPES, DRAPES. Manufacturer has many unclaimed custom made draperies. End of lot, mismatched, etc. Great Bargains, 226-5920. 852-2161.

NEED YOUR Driveways repaired? We have crushed driveway rock. U Haul or we haul. Weekdays 8-5 and Saturday 9-12. 839-7666 or 927-0416.

SHOFF'S Coins, Trade, Buy, Sell. 406 W. Meeker St. 852-4796.

ALUMINUM FRAME windows with screens, all sizes, good cond. garage door, alum. with hardware, standard single, make offer 854-1678.

RCA TV Tape Recorder, hardly used. Records programs while you're gone. Call Carol, 367-3498.

FOR SALE, full use family membership Pacific West Sport & Racquet Club. Make offer. Call Dave 858-2348 evenings.

PHOTOGRAPHER, WILL do portfolio design for amateurs & professional models. Call Danielle at 941-5533.

FOR SALE 3 month old kids, 927-4942.

ENGINES NEW, USED, and overhauled. Overhauls, \$249, most 6 cyl. \$349 most V-8's. Call, We Can Help! 631-7613

INSTANT CASH TOP PRICES FOR Mfg. Builds solid oak. Buy direct and save \$\$. Dart boards Furniture-Antiques-Tools & Collectibles. Don't give it away. CALL US! 246-9151 941-5699

752 Furniture. WATER BED, like new mattress liner, head board, frame, and antique \$169. 838-3047.

PEDESTAL Mace Scourie Roll-top Desk, best offer. After 5, 241-0392.

MUST SELL IMMEDIATELY. 2 Colonial dovens, colonial lamp tables, long Sleep Air twin bed set, regular bed set & mattress, king size head board, loveseat. Radical arm sow. All exc. Call 927-3113.

756 Machiney, Tools

TABLE SAW, 10 in. with 6 foot Rockwell bars and fence. 833-7921.

760 Miscellaneous

DOES YOUR Neighbor have a new dog? Is it a 2 year old Golden Lab? Did they get him about Labor Day? We lost one. Call 838-1573. Reward for information leading to recovery.

4 UNITED AIRLINES discount coupons. \$50 each. 927-7924.

REWARD: Up to \$500, for tips-cue-leads-information which leads to conviction for Oct 5 burglary of office & safe from SeaTac Home Center, 243-1200.

UTILITY TRAILER, New Courier Longbed, 6,000 lb axle. 700R. 838-4139.

12 WINDOWS, sizes 100x54 to 24x19. Some with storm windows. Good condition. 878-4635.

55' GAL. AQUARIUM & Stand with extras, \$165. 246-2599.

CONTRACTOR HAS beautiful solid vinyl siding left from large job. 3 colors, insulated, installation & financing available. 839-7330. Mr. Stone.

ALUMINUM AWNINGS 8 foot long 30 in. wide, 55 in. long. 18 in. wide \$50. both Camper tie downs \$40. 242-6457.

HERCULES STUDIO Studio Couch-brand new, mediterranean black leather couch, stereo with cabinet. Call 952-2885 after 6 p.m.

PACIFIC WEST tennis membership, make offer. 927-6351.

2 CAR GARAGE. You move or tear down. Make offer. 14133 S. 114th, White Center.

LARGE NEW Dog House, \$35. 1967 Chev Van, \$400. Call 927-1179.

TENNIS WORLD single membership, \$700, unlimited all sports, life time, call 242-5966 after 6 p.m.

FOR SALE, EX lift trailer hitch, crib, twin beds, stereo, old refrigerator, tires, 4 dinnette chairs, 244-6893 after 5 p.m.

SPORTA CHARGER used 50 hours. Gas powered \$200. 878-8479.

ORGANIC BEEF, range and grain fed, charolais, Steer, will sell to 3 quarters, 927-6694.

SACRIFICE. Responsible party to make 10 payments of \$38.80 or \$388 cash. Beautiful sofa with 1.8 55 mm lens \$150. Soligor 2.8 wide angle lens \$40. 246-0536.

3 unit 1/2 fare, coupons, \$45, each or best offer 839-4236.

60 YDS OF Mohawk, all wool Riviera carpet with pad, \$27.75 square yard. 824-6579.

TENNIS MEMBERSHIP. For \$3300 you get a lifetime no-dues, family, facility membership at Pacific West. Bob, 839-5477.

780 Kids' Ads. 10 INCH Bike, good cond., basket. \$30. Call 824-8213.

HONDA 50, \$70 or best offer. 838-0458.

PETS-LIVESTOCK. 800 Pets, Pet Needs 810 Farm Animals 812 Feed & Pasture

800 Pets, Pet Needs. AKC GERMAN SHEPHERDS. Quality guaranteed, male and female, puppies, adults, stud. 839-0726.

REGAL PET GROOMING big or small I do them all. 927-6525. 838-1294.

RESIDENTIAL/MERCHANT security. Do you need "night protection"? A dollar a night. 627-1237 24 hrs.

FREE ADORABLE kittens. 839-5640.

DOG GROOMING, flexible hours, reasonable rates, Patti's Place. 246-1025.

760 Miscellaneous

REFRIGERATOR LIKE NEW \$65. Other items. Call after 1 p.m. 242-4859.

910 Boats, Supplies

1962 DORSETT Pleasure boat, 17 ft. cabin. Sleeps 4, good condition. \$1200 or best offer, includes trailer. Johnson 75 motor. 839-2996.

JET DRIFT BOAT. By Eastside including motor, trailer, oars, gas can. Ready to go \$1100. 242-1735.

21 FT. Hesselberg Hardtop with OM Fiberglass, just overhauled. D5 trim-cab new canvas top, AM-FM radio, E-Z Load Trailer. \$5400 or best offer. 824-0965.

FAMILY FORCES Sale. 18 ft. Ski/Drift Boat. 427 Ford balanced blue printed Casale. V-drive with trailer & extras. \$6000. 863-9229 Summer, after 5 pm.

920 Motorcycles. 1978 HONDA 750FSS 5000 miles \$2300. 1965 VW engine & trans axle \$150. 244-3402.

FOR SALE Suzuki 50, only 2000 mi., need work \$75 or best offer. 941-3348.

1977 YAMAHA Yz-250, low hours, very clean, \$850. 242-4591.

1977 SUZUKI PE 250 300 miles. Excellent condition. Licensed and legal for street. \$1000 or best offer. 9 a.m. 5 p.m., 941-4887 After 6 p.m. 941-5177.

1979 SUZUKI G550 E. Low mileage, excellent condition. Windshield, Kurker exhaust, custom seat. \$2200. 941-4887, 941-5177.

1976 Suzuki RM250, \$650, 244-2248 offer 5 p.m.

940 RV's-Sale. 1973 OPEN ROAD Camper, 11 1/2 feet, exc. cond., \$1700. 941-1538.

1977 HOLIDAY RAMBLER, 32 ft. Like new. 838-2094.

10 1/2 ft. Camper. Stove, refrigerator, sink, sleeps 4 comfortably. Lots of storage space. \$1000. 941-4448 days. 824-3728 evenings.

1973 TOYOTA Chinoak Mini. Motorhome sink, stove, toilet, heater. \$3



# School lunches designed with the choosy judge in mind



CHOOSY STUDENTS have a variety of entrees to select from at lunch time.



PREPARING 6,000 lunches begins early for Wanda Grant, Federal Way School District food service director (left) and her assistant Pat Malan.

Remember those good old school days when cafeteria lunches were indifferently dumped into the garbage can? Or, what first grader could resist baked squash? Student tastes still haven't changed, but school lunches have.

Designed to appeal to a student's finicky palate, today's lunches must pass a pretty tough taste test before they are accepted by the scholarly crowd.

However, Wanda Grant has accepted the challenge and is determined to entice the students back to the cafeteria with nourishing foods that they will eat.

As the Federal Way School District's new food service director, Mrs. Grant can cite several reasons why many students reject school lunches.

"Elementary students dislike the lunches because once upon a time one of the food servers was a 'grinch' and mean. In junior high, the cafeteria is just not the place to go. High school students are a little more demanding, they have the you-better-give-me-what-I-want attitude," she said.

Knowing students will eat only what they like, Mrs. Grant is determined to change their stubborn beliefs.

Students like the fast foods because they are "in." Although they could eat hamburgers everyday, Mrs. Grant says it just isn't possible. When it is hamburger day, the central kitchen cooks up 1150 pounds of the popular meat alone.

When preparing 6,000 lunches a day, variety soon becomes the spice of life. Students can become can lose interest in a lunch menu fast, she said. Therefore the cafeteria offers four entrees, "Two that are very nutritious and two that are popular, and only slightly less nutritious than the others," she said. Lunch options may include a hot casserole dish, sandwich and "turkey dogs" or hamburgers.

"I don't believe in empty foods," Mrs. Grant said. "Dieticians are concerned with putting as much 'nutritional density' as possible for the food."

This means a piece of cake, for example,

will contain healthy fruit and eggs. Mrs. Grant says that she is anxious to try a new recipe for a delicious Cranberry-Chocolate Cake. She has also served the students a spice bar that has a surprise ingredient — sweet potatoes. No one can tell the difference.

Mrs. Grant has many ideas that she is ready to try out.

Commenting on other school districts' attempts to disguise nutritious foods in "junk food", she agrees that the students are eating healthy foods, but they are not being educated to eat the right foods. "If a milkshake is filled with all the vitamins and proteins at school, students will think the chocolate shake at the hamburger stand will be good for them also," she said. "It doesn't teach students to eat properly."

She said she hopes the school lunches can be used in the education process as one example of good eating habits. "Many students are already aware of good foods, especially those involved with sports," Mrs. Grant said. "They know a well-balanced meal will help them perform better."

To get the lunches out to the schools on time, a staff of 94 employees start work at 6:30 a.m. baking fresh bread, slicing fresh fruit and vegetables and cooking the entrees.

"Students can always count on fresh vegetables and fruits and homemade bread,"

Looking to the future of school lunches, Mrs. Grant sees several changes such as a salad bar that is becoming a popular item in many restaurants. "It's surprising that many of the boys are going more for the salads."

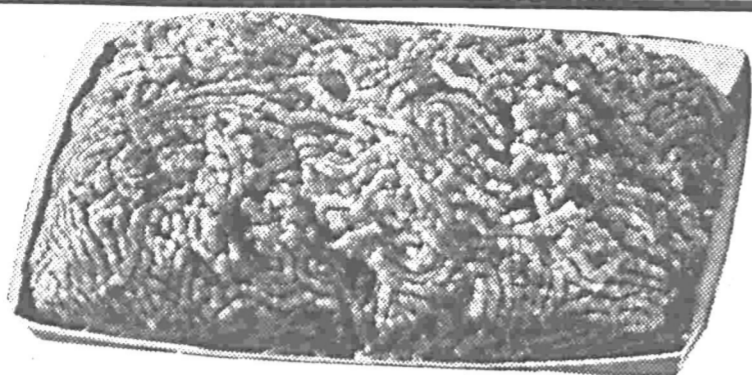
Pleased with the beginning success of lunch menus, Mrs. Grant said that on occasions the only leftover food dumped in the garbage cans was carrot sticks.

This week the schools are celebrating National School Lunch week with an emphasis on "Nutrition with Love." Today's lunch menu includes one of the foods youngsters love the most — fish sticks and french fries with chilled fruit and corn bread.

# Everything you want from a store



**Meat Department**



**Fresh Ground**

**Beef** **\$1.19**  
Any Size Package lb.

Because of staffing limitations, some fresh meat items in this ad may not be available on Sunday.

- Pork Shoulder Butt Boneless lb. \$1.09
- Pork Blade Steak lb. \$1.19
- Beef Oxtail lb. 89¢
- Smoked Picnic Bar 5 or Roth, lb. 79¢
- Cut Up Fryers Fresh, Washington or Fryers 'W Half, lb. 69¢
- Medium Oysters Fresh, 10 oz. \$1.59



**Beef Rib Steak**  
5" Cut U.S.D.A. Choice lb. **\$2.99**



**Bacon, Sliced**  
Smok-A-Roma 2 lbs. \$1.77 1-lb. **89¢**

- Beef Spencer Steak U.S.D.A. Choice, lb. \$4.69
- Beef Sirloin Tip Bulk Pack, 8 to 12 lbs. U.S.D.A. Choice, lb. \$1.89
- Beef Rib Roast Large End U.S.D.A. Choice, lb. \$2.79
- Smoked Ham Hocks lb. 79¢
- Manor House Duck Grade A Frozen, lb. \$1.09
- Beef Bun Patties Baron, 2-lb. \$2.99

**SWIFT'S FINE FOODS**

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- Beef Strips Firebrand, 12 oz. **\$1.59**
- SIZZLEAN BREAKFAST Strips 12 oz. \$1.49
- Ham Patties Boneless, 10.5 oz. \$1.89
- BROWN & SERVE Links 8 oz. \$1.29
- BROWN & SERVE Patties Beef, 8 oz. \$1.29
- Bologna Scotch Buy, 1-lb. **99¢**
- SCOTCH BUY Franks 1-lb. Pkg. \$1.29
- Sliced Bologna Scotch Buy, 1-lb. Pkg. \$1.49
- Variety Pak Safeway, 12 oz. \$1.98
- BALL PARK Knockwurst Hygrade, lb. \$1.79

**WALLA WALLA**  
Corn or Green Beans **3.89¢**  
15.5 oz.  
Cs. of 24, \$7.12

**SCOTCH BUY**  
Bathroom Tissue **69¢**  
Pkg. of 4 Rolls  
SUPER SAVER

Don't Forget These!

- Nestle's HOT COCOA Mix 24 oz. \$2.39
- Zest BATH SOAP 4 Bars 7.75 oz. \$1.98

- Pillsbury Flour 5-lb. 99¢
- Safeway Tasteos 15 oz. 99¢
- Zee COUNTRY GARDEN Napkins 140 ct. 59¢

**Libby's Pumpkin**  
16 oz. 45¢  
29 oz. **59¢**

**SCOTCH BUY**  
Tomatoes Good Quality **4 \$1**  
Cs. of 24, \$6.00 16 oz.

**Nestle's SEMI SWEET Morsels**  
Real Chocolate **\$1.69**  
12 oz.

**Joy Detergent**  
Liquid **99¢**  
22 oz.

**GOOD QUALITY**  
Scotch Buy Tomatoes **39¢**  
28 oz.  
Cs. of 24, \$9.36

**CHICKEN OF THE SEA**  
Chunk Tuna **69¢**  
6.5 oz.

- LIBBY'S PUMPKIN Pie Mix 30 oz. 79¢
- GREEN GIANT Mushroom 2.5 oz. 49¢
- Hamburger Helper 5 oz. 59¢
- Dermassage Liquid, 32 oz. \$1.29

**Kraft Velveeta** 2-lb. **\$2.49**

**Miracle Whip** Kraft Pint **79¢**

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Homestyle White or Honey Cracked Wheat or Sesame White or Wheat **65¢**  
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  - Sugar Cookies Dozen \$1.19

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3 Dozen

- Wine & Beer Too!**
- Christian Bros. LaSalle Red 750 ML \$1.99
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  - Gallo Hearty Burgundy, Red Rose or Chablis Blanc, 1.5 Liter \$3.19
  - Cella Lambrusco 750ML \$2.89
  - Cella Lambrusco 1.5 Liter \$5.39
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  - Hamm's Beer Twenty Four No Return, 12 oz. Bottles \$5.99

**Nalley Value Days**

**NALLEY'S Chili & Beans** **55¢**  
15 oz.

- LUMBER JACK Syrup Nalley's 24 oz. 99¢
- NALLEY'S BEEF Tamales In Sauce 15 oz. 55¢

**Imit. Mayonnaise** Nalley's Quart **99¢**

**Refrigerated Foods**


**NATURAL LOAF CHEDDAR OR MONTEREY Lucerne Cheeses**

- Medium 2-lb. **\$3.29**
- Mild 2-lb. **\$3.09**
- Sharp 2-lb. **\$3.39**
- Monterey 2-lb. **\$3.09**
- Diet Imperial Soft Margarine Two, 8 oz. 72¢
- Cube Butter Dorigold, 1-lb. \$1.59
- Cottage Cheese Lucerne, Small or Large Curd, Also Low Fat 1-lb. **59¢**

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**SAFEWAY**

# ...and a little bit **SAFEWAY** more

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**Spam Lunch Meat**  
  
**\$1.09**  
 12 oz.

**KVI 570 MUSIC BINGO**  
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**TOWN HOUSE** Popcorn 2-lb. **49¢**  
**Nalley's Chips** Sour Cream & Onion or Picadilly, 6 oz. **69¢**

**ORVILLE REDENBACHER** Popcorn 30 oz. **\$1.69**  
**9-Lives** DRY CAT Tuna & Egg or Beef & Cheese, 22 oz. **65¢**  
**FRITO LAYS** Tostitos 4.5 oz. **79¢**

**ERA Detergent**  
 For Laundry **\$5.89**  
 128 oz.

**Tide Detergent**  
 For Laundry **\$2.69**  
 84 oz.

**Cheer Detergent**  
 For Laundry **\$2.69**  
 84 oz.

**Cold Power**  
 Laundry Detergent **\$4.69**  
 171 oz.

**SAVE 40%**  
**PURE VEGETABLE Crisco Shortening**  
  
**\$1.99**  
 3-lb.

**SAVE 41%**  
**WALLA WALLA Sweet Peas**  
 Also Peas & Carrots or 15 oz. Bite Size Spinach  
  
**\$3.17**  
 17 oz.

**SELECT PITTED** Ripe Olives Town House, 4 oz. **73¢**  
**Chopped Olives** Town House, 4.5 oz. **35¢**

**C & H Sugar** 5 lbs. **\$1.29**  
**Yuban Coffee** 2-lb. **\$6.75**

**GRAPENUTS** POST CEREAL 24 oz. **\$1.27**

**KITTY DIGGINS** Cat Litter 8-lb. **79¢**

**SAVE 76%** **Frozen Foods** **SAVE 36%**

**BANQUET Fried Chicken** 2-lbs. **\$1.89**

**SAFEWAY QUALITY Lucerne Ice Milk** Half Gal. **79¢**

**Orange Juice** Scotch Treat Frozen 6 oz. **3.16**

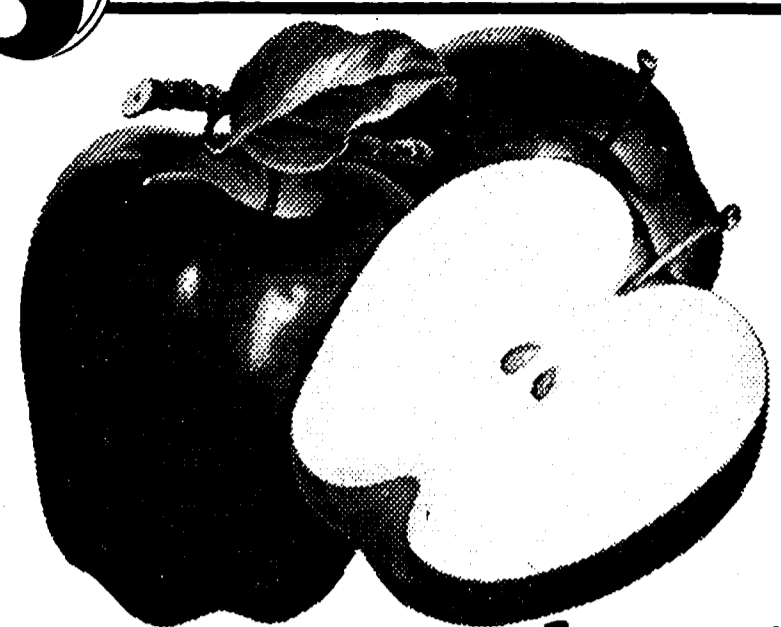
**Gourmet ICE CREAM** Lucerne Half Gal. **\$1.99**

**U TOP IT Pizza** Jen's Frozen 30 oz. **\$3.99**

**Niblet Corn** IN BUTTER SAUCE or Sweet Peas Green Giant 10 oz. **65¢**

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**Produce Department**

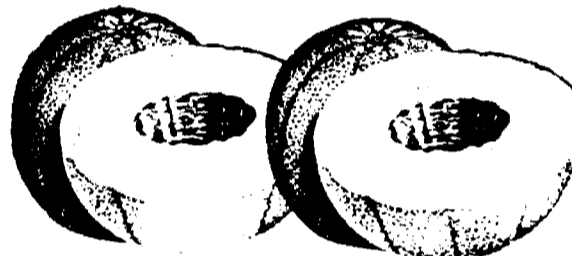
## Delicious Apples

Red or Golden Extra Fancy

# lb. 29¢

- Bartlett Pears Extra Fancy, lb. **39¢**
- Green Bell Peppers 5 for **\$1**
- Baking Squash Local Grown, lb. **10¢**
- No. 1 Yams 3 for **\$1**

- Pink Grapefruit Each **39¢**
- Caramel Apples With Nuts, Each **39¢**
- Zahidi Dates 1.5 lb. **\$1.98**
- Green Cabbage Local Grown, lb. **16¢**



**Cantaloupe**  
 Large Each **59¢**


**Sunkist Oranges**  
 Valencias Large Size lb. **23¢**

**Florida Avocados**  
 Large Size Each **59¢**

### Floral Department

<b>STARTER SOIL Mix</b> Daisy Prep 4 Quart Each <b>99¢</b>	<b>Fertilizer</b> Alaska Fish 16 oz. <b>\$1.98</b>	<b>Sansevieria</b> Plant Each in 6" Pot <b>\$3.98</b>	<b>Fresh Cut Baby Roses</b> Asst. Colors Dozen <b>\$3.98</b>
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**Variety Department**



**SAVE 66%**  
**Aqua Net** Hairspray 10 oz. **79¢**

**SAVE 60%**  
**Suave Shampoo** or Conditioner 16 oz. **79¢**

**Columbia Encyclopedia**  
 VOL. 1 Each **49¢**  
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**SAVE 40%**  
**EASY OFF WINDOW Cleaner**  
 Trigger Bottle 22 oz. **69¢** Refill Bottle 32 oz. **59¢**

**SAVE 40%**  
**TOILET BOWL Cleaner**  
 Depend-O 12 oz. **59¢**

**GEORGIAN BEVERAGEWARE Collection**  
 Juice Glass Each **59¢**

**Photofinishing Specials**  
**CHRISTMAS PHOTO CARDS & Envelopes**  
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 • 288th & Military Rd. S. & • 216th & Pacific Hwy. So.

# Frozen crab adds elegance to menu

Today, snow crab meat is gaining more and more popularity because it can be used interchangeably instead of king crab and is more economical. Chunks of sweet, delicate snow crab meat add easy elegance to a variety of menu ideas.

## NEPTUNE'S FAVOR (Yield: 4 to 5 servings)

1 package (6 ounces) king crab or snow crab, thawed and drained  
2 packages (10 ounces) frozen chopped spinach, thawed  
1/4 cup mayonnaise  
1/4 cup flour  
1/4 teaspoon salt  
1/4 teaspoon paprika  
1/2 teaspoon ground rosemary  
1/2 teaspoon whole thyme  
2 tablespoons grated onion

1 can (2 ounces) sliced mushrooms, drained  
2 cups milk  
2 hard cooked eggs, chopped  
1/2 cup shredded Swiss cheese

Gently press spinach to remove excess moisture. Place spinach in bottom and around edge of well buttered 8-inch square baking dish. Combine mayonnaise and flour to make a paste in medium saucepan. Add salt, paprika, rosemary, thyme, onion and mushrooms. Cook over medium heat until bubbly. Gradually add milk.

Cook over medium heat, stirring constantly, until thickened. Stir in eggs. Pour sauce into center of baking dish. Top with crab and cheese. Bake in preheated 350 degree oven for 20 minutes or until bub-

bly and cheese is melted.

## COMPANY CRAB

1 package (6 ounces) frozen Alaska snow crabmeat  
1/4 cup butter or margarine  
1 cup sliced mushrooms  
3 tablespoons mushrooms  
3 tablespoons flour  
1 1/4 cup half-and-half  
1/2 teaspoon salt  
2 egg yolks  
1/2 sour cream  
2 tablespoons sherry  
Dash nutmeg  
Hot cooked rice, noodles, or patty shells

Thaw and drain crabmeat, reserving liquid. Melt butter in saucepan; add mushrooms and saute until tender. Stir in flour until smooth, add half-and-half, crab liquid and salt. Cook until thickened. Beat egg yolks into

sour cream and stir in one-half cup of the hot mixture. Return to remaining hot liquid, and continue to cook over low heat for three to four minutes. Stir in crabmeat, sherry and nutmeg. Serve over rice, noodles or patty shells.

## CRAB AVOCADO COCKTAIL (Yield: 4 servings)

1 package (6 ounces) frozen Alaska king crabmeat  
1 avocado, peeled and cubed  
1 tablespoon lemon juice  
1/4 cup sour cream  
1 teaspoon chopped parsley  
1/2 teaspoon horseradish  
1/2 teaspoon salt

Thaw and drain crabmeat, reserving liquid. Sprinkle lemon juice over avocado. Combine sour cream, parsley, horseradish,

1 clove garlic has been pressed

1 1/2 cups ricotta cheese  
One-third cup grated parmesan cheese  
1 clove garlic, pressed  
1/2 teaspoon oregano  
1 egg  
Salt and pepper to taste

Peel eggplants and cut lengthwise into one-half-inch slices (7 to 9 slices per eggplant). Arrange them on a baking sheet, brush them with olive oil and brown slightly under broiler. Turn slices, brush with olive oil and brown reserve sides. (approximately two to three minutes on each side). Allow to cool.

In mixing bowl, combine and blend

one clove garlic has been pressed

2 cans (8 ounces each) tomato sauce  
1 can (6 ounces) tomato paste  
1/4 cup beer

Combine tomato sauce ingredients and pour over eggplant rolls. Bake in preheated 350-degree oven for 20 minutes.

first five filling ingredients. Add salt and pepper to taste. Spread cheese mixture (approximately one and one-half tablespoons) evenly over eggplant slices. Starting at narrow end, roll up each slice as you would a crepe. In lightly oiled oven proof serving dish arrange eggplant rolls in single layer and cover with tomato sauce.

**TOMATO SAUCE**

2 cans (8 ounces each) tomato sauce  
1 can (6 ounces) tomato paste  
1/4 cup beer

Combine tomato sauce ingredients and pour over eggplant rolls. Bake in preheated 350-degree oven for 20 minutes.

Combine sour cream, parsley, horseradish,

one clove garlic has been pressed

2 cans (8 ounces each) tomato sauce

1 can (6 ounces) tomato paste

1/4 cup beer

Combine tomato sauce ingredients and pour over eggplant rolls. Bake in preheated 350-degree oven for 20 minutes.



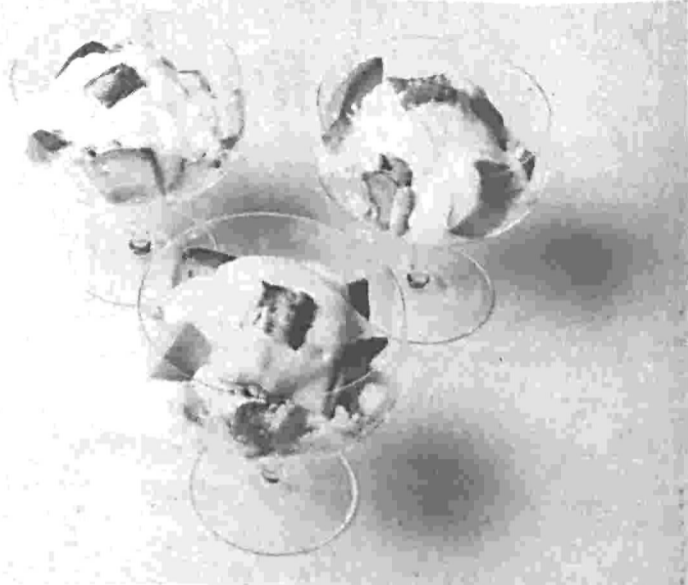
Crab Saute



Company Crab



Neptune's Favor



Crab Avocado Cocktail

## Hearty meatless entree includes Eggplant Rolls

There are nutritious and appealing main courses that are also meatless. Eggplant Rolls are one of them.

This Italian favorite may be served as a main course or in small portions as a side dish. Slices of eggplant enclose a seasoned cheese filling. These little rolls are then placed in the oven and covered with a tomato sauce and baked until bubbly.

If served as a main course simply add a garden salad, sparkling glasses of beer and your meal is complete.

**EGGPLANT ROLLS**  
(Yield: 5 to 6 servings)  
2 (one pound each) eggplants  
Olive oil, into which

one clove garlic has been pressed

1 1/2 cups ricotta cheese

One-third cup grated parmesan cheese

1 clove garlic, pressed

1/2 teaspoon oregano

1 egg

Salt and pepper to taste

Peel eggplants and cut lengthwise into one-half-inch slices (7 to 9 slices per eggplant). Arrange them on a baking sheet, brush them with olive oil and brown slightly under broiler. Turn slices, brush with olive oil and brown reserve sides. (approximately two to three minutes on each side). Allow to cool.

In mixing bowl, combine and blend

first five filling ingredients. Add salt and pepper to taste.

Spread cheese mixture (approximately one and one-half tablespoons) evenly over eggplant slices. Starting at narrow end, roll up each slice as you would a crepe. In lightly oiled oven proof serving dish arrange eggplant rolls in single layer and cover with tomato sauce.

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1/4 cup beer

Combine tomato sauce ingredients and pour over eggplant rolls. Bake in preheated 350-degree oven for 20 minutes.

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Prices Effective at the 2109 S.W. 336th Street Federal Way Safeway Only!



**SAFEWAY**

Everything you want from a store... and a little bit more.



# Alluring aromas from kitchen predict fine dining

Ah, the delicious aroma of a tasty stew simmering on the back burner; the soft bubbling of a fish chowder up front; and crisp cabbage wedges ready to slip into a skillet—get ready for some elegant dining.

## INDIAN LAMB

**CURRY**  
(Yield: 4 servings)  
1 pound lean lamb cubes (one and one-half inch)  
2 tablespoons shortening  
1 can (12 fluid ounces) vegetable juice  
1 large clove garlic, minced  
1 teaspoon curry

powder  
¼ teaspoon salt  
Generous dash pepper  
8 small whole white onions (One-half pound)  
¼ pound fresh mushrooms, quartered (about one cup)  
½ medium green pepper, cut in one-inch

squares  
1 tablespoon flour  
Cooked rice  
In skillet, brown lamb in shortening; pour off fat. Reserve one-fourth cup vegetable juice, add remaining juice, garlic, and seasonings to skillet. Cover; cook over low heat 45

minutes. Add onions, mushrooms and green pepper. Cover; cook 45 minutes more or until meat and vegetables are tender. Stir occasionally. Gradually blend reserved juice into flour until smooth; slowly stir into sauce. Cook, stirring until

thickend. Serve with rice.  
**GARDEN-PATCH CABBAGE**  
(Yield: 4 servings)  
1 can (12 fluid ounces) vegetable juice  
½ teaspoon dill leaves, crushed  
½ teaspoon sugar  
½ teaspoon salt

Generous dash pepper  
1 medium head cabbage, cut in six wedges  
¼ cup water  
4 teaspoons flour  
In skillet, combine vegetable juice, dill, sugar, salt, and pepper. Add cabbage. Cover; cook over low heat 15 minutes or until tender. Remove cabbage to serving dish.

Meanwhile, gradually blend water into flour until smooth; slowly stir into sauce. Cook, stirring until thickened. Serve with cabbage.

**CHICKEN CACCIATORE**  
(Yield: 4 servings)  
1 can (12 fluid ounces) vegetable juice  
2 pounds chicken

parts  
2 tablespoons shortening  
½ cup chopped onion  
1 medium clove garlic, minced  
½ teaspoon oregano leaves, crushed  
½ teaspoon salt  
1 small green pepper, cut in one-inch squares  
2 tablespoons flour  
Reserve one-half cup vegetable juice.

In skillet, brown chicken in shortening; pour off fat. Add remaining juice, onion, and seasonings. Cover; cook over low heat 30 minutes. Add pepper; cook 15 minutes more. Stir occasionally. Gradually blend reserved juice into flour until smooth; slowly stir into sauce. Cook, stir-

ring until thickened.  
**SEASIDE CHOWDER**  
(Yield: 4 servings)  
½ cup chopped onion  
2 tablespoons butter or margarine  
1 can (24 fluid ounces) vegetable juice  
1 package (9 ounces) frozen cut green beans  
1 teaspoon salt  
½ teaspoon hot pepper sauce  
1 pound fillets of white fish, cut in 2-inch pieces

In large saucepan, cook onion in butter until tender. Add remaining ingredients except fish. Bring to boil; stir to separate beans. Cook five minutes; stir occasionally. Add fish; cook 10 minutes more or until fish is done.

## Greek casserole fit for the gods

Travel to the Mediterranean in this "potatoed" version of a traditional Greek casserole. The dish tastefully combines the potatoes with an old favorite, ground beef. The result is an elegant dinner entree with an ethnic flair.

The preparation of Potato Moussaka may seem complicated, but it can easily be broken down into three parts. First, the potatoes are sliced and kept in cold water until ready to use. The next part is the well-seasoned meat filling that can be easily prepared in advance. The third part is a custar mixture which

is poured over the layers of potatoes and meat near the end of the casserole's baking time.

**POTATO MOUSSAKA**  
(Yield: 6 servings)  
2 pounds potatoes  
¼ cup butter or margarine, divided  
1 large onion, coarsely chopped  
1-½ pounds ground beef  
1 clove garlic, crushed  
2 tablespoons chopped parsley  
¼ teaspoon thyme  
1 teaspoon salt  
½ teaspoon pepper  
2 tablespoons flour, divided  
One-third cup dry white wine  
4 eggs  
1 cup light cream,

divided  
Fine dry bread crumbs

Peel potatoes and cut into one-fourth-inch slices. Place in cold water. Melt two tablespoons butter in skillet. Saute onion in butter until tender. Add ground beef and cook, stirring, until browned. Stir in garlic, parsley, thyme, salt and pepper. Blend in one tablespoon flour. Add wine and simmer five minutes. Cool.

Separate two eggs. Blend yolks with two tablespoons cream. Stir into meat. Beat the two egg whites until stiff and fold into meat mixture.

Sprinkle buttered two and one-half quart shallow baking dish with crumbs. Drain potatoes thoroughly. Arrange potatoes and meat mixture in alter-

nate layers, beginning and ending with potatoes. Dot with remaining two tablespoons butter.

Bake in preheated 375-degree oven for

one hour. Combine remaining eggs, cream and flour. Pour over top of dish. Bake an additional 15 minutes, or until potatoes are tender.



## Spaghetti's beginning based on legend

The most renowned and one of the best loved pasta treasures anywhere in the world is spaghetti. Although its true origin is lost in antiquity, several legends lend color to its beginning.

One of the most well-known, of course, is that Marco Polo introduced spaghetti to Italy. It is invested with romance. One of Polo's sailors was courting a lovely Chinese maiden. Entranced by his advances, she ignored the dough she was making into bread. The bread dough spilled from the pan and formed strings along the sides of her table. The Italian sailor, feeling sorry for her, gathered up the strings and carried the evidence back to his ship.

When the ship's food supply began dwindling, the sailor remembered his find. So, "Spaghetti," the sailor's name, handed it over to the cook. Seeing that it was too dry to bake, the cook immersed the "strings" into boiling water. The results so delighted both the sailor and cook that they immediately served a bowl to Marco Polo. His enthusiasm led him to introduce the new food to the gourmets of Italy upon his return.

**SPAGHETTI CON-DUE FROMAGGI**  
(Yield: 6 to 8 servings)  
1 pound enriched durum spaghetti  
¼ cup butter, melted  
¼ cup enriched flour

1 tablespoon seasoned salt  
2 teaspoons dry mustard  
¼ teaspoon white pepper  
3-½ cups milk  
1 cup (4 ounces) shredded Swiss cheese  
1 cup (4 ounces) shredded Cheddar cheese  
1 tablespoon parsley flakes  
1 tablespoon Worcestershire sauce  
1 jar (4 ounces) pimiento, drained and chopped  
1 can (4 ounces) sliced mushrooms, drained  
½ cup sliced green onion

Cook spaghetti in boiling salted water (one gallon plus two tablespoons salt) until not quite tender, four to five minutes. Drain. In large saucepan blend butter, flour, seasoned salt, mustard and pepper. Gradually stir in milk. Cook over medium heat, stirring constantly, until mixture thickens. Stir in remaining ingredients. Fold in spaghetti. Place mixture in greased 2-quart glass baking dish. Bake in preheated 350 degree oven for 45 to 50 minutes, or until thoroughly heated.

**SPAGHETTI AND MEATBALLS**  
(Yield: 8 to 10 servings)  
½ cup fresh minced onion  
1 clove garlic, crushed  
2 tablespoons olive oil  
1 can (one pound, 28 ounces, or three and one-half cups) tomatoes  
3 cans (6 ounces)

tomato paste  
2 cups water  
2 tablespoons chopped parsley  
2 teaspoon salt  
½ teaspoon pepper  
1 teaspoon sugar  
1 teaspoon dried oregano  
1 bay leaf, crushed  
Meatballs  
¼ cup grated parmesan or romano cheese  
1 pound spaghetti noodles

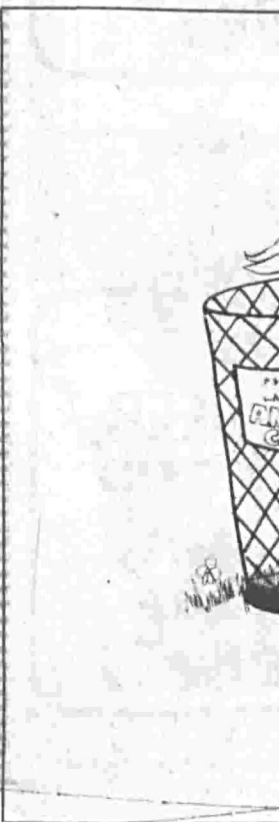
In large saucepan or Dutch oven, saute onion and garlic in olive oil. Add tomatoes (undrained), tomato paste, water and seasonings; bring to a boil. Reduce heat, cover and simmer 40 to 50 minutes.

Prepare meatballs. Add meatballs to tomato sauce. Cover and continue simmering 40 to 45 minutes, stirring occasionally. Stir in cheese until it melts.

Cook spaghetti in boiling salted water (one gallon plus two tablespoons salt) until tender, yet firm, six to eight minutes. Serve sauce over spaghetti

**Meatballs**  
(Yield: 20 to 25 meatballs)  
1 pound ground beef  
½ pound mild Italian sausage  
1 egg  
2 tablespoons enriched dry bread crumbs  
2 tablespoons chopped parsley  
1 teaspoon dried parsley  
1 teaspoon salt  
¼ teaspoon pepper

Combine all ingredients; mix thoroughly. Shape into meatballs.



## PHOTO SOUND & GIFT CENTER

Cameras, Photo Supplies, Stereo Equipment & Supplies, Radios, Televisions, Clocks, Watches, Calculators, Tape Recorders, Record Albums 8 Track & Cassette Tapes, Electric Razors, Key Rings, Film Developing, Money Orders . . .

**"Wizard" Electronic Game**  
Waddington's  
Each **\$32.88**  
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Only **\$119.95**  
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CHRISTMAS  
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SAVE \$1.00

**PRE-RECORDED Stereo Tapes**  
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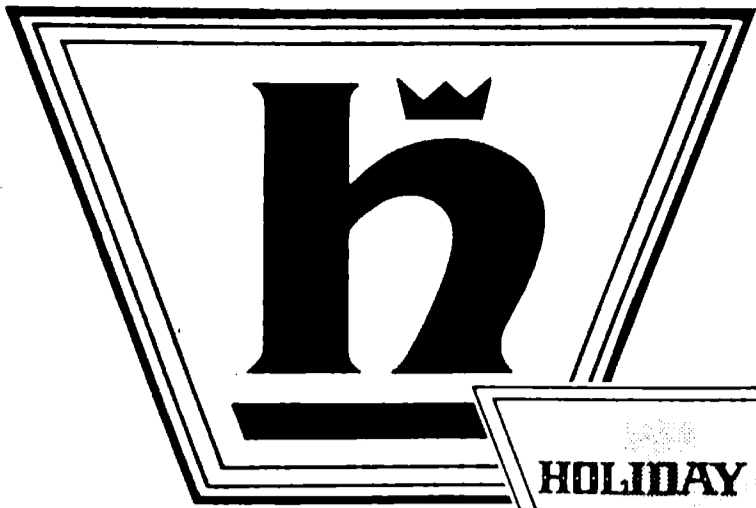
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Only **\$39.99**  
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**Memorex HIGH BIAS CASSETTE**  
2 Pack, 90 Min. 2HB905P  
Each **\$3.99**  
SAVE \$1.20

Prices effective Wednesday October 17th thru Tuesday October 23, 1979. Sales in retail quantities only.  
**PRICES EFFECTIVE SEPT. 5 WED; Thru SEPT. 11, TUESDAY AT 32057 Pac. Hwy. So. & 2109 S.W. 336th St.**  
**SAFEWAY**  
Everything you want from a store... and a little bit more.



**HOLIDAY FOODS**

A WASHINGTON COMPANY  
SERVING WASHINGTON  
PEOPLE



**STORE HOURS**  
9 AM - 10 PM  
7 DAYS A WEEK

# HOLIDAY GREAT MEAT &

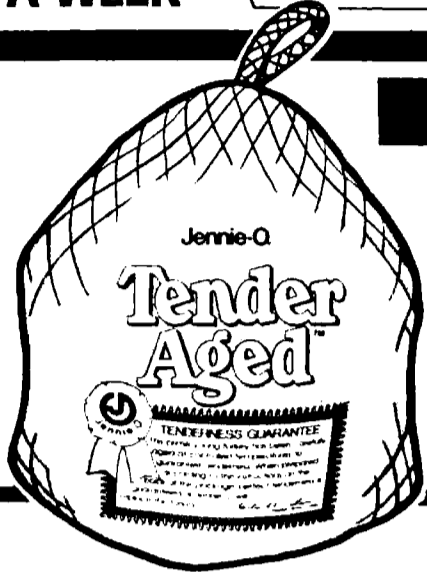
AD PRICES  
EFFECTIVE

**OCTOBER 17 thru 23**

LIMIT  
RIGHTS

## HOLIDAY MEATS!

**Tender  
Aged™**



**TENDER AGED  
TURKEYS**

JENNIE-O  
GRADE A  
10-14 LB. BIRDS

**79¢**  
LB.



**BEEF  
T-BONE STEAK**

USDA  
CHOICE  
PERFECT  
FOR  
BROILING

**\$2.98**  
LB.



**FRESH AA  
LARGE EGGS**

WESTERN  
FAMILY  
FRESH

**59¢**  
DOZ.

**BEEF CUBE STEAK** ... Lb. **\$2.69**

**LINK SAUSAGE** Lennon's Pork 8-Oz. Pkg. ... Ea. **69¢**

**PIERCE HAM** Gala Boneless 1-2 Lb. Avg. ... Lb. **\$2.79**

**LUNCH MEATS** Hygrade's 12-Oz. Pkg. ... Ea. **\$1.09**

**WRANGLERS** Hormel Meat Franks 1-Lb. Pkg. ... Ea. **\$1.79**

**BEEF BONELESS STEAK** Choice Chuck ... Lb. **\$1.89**

**SPECIAL CUTS OF MEAT  
CUT TO YOUR NEEDS**



**BEEF BONELESS ROAST**  
BOTTOM ROUND

USDA CHOICE  
ROLLED AND  
TIED, LB.

**\$1.89**

**CUT-UP FRYERS**

FRESH  
WASHINGTON  
GROWN, LB.

**69¢**



**PORK SPARE RIBS**

FRESH  
FOR BBQ  
3-5 LB. AVG. LB.

**\$1.39**



**S&W CANNED  
VEGETABLES**

C.S. OR  
W.K. CORN,  
CUT OR  
JULIENNE  
BEANS,  
PEAS, 16 TO  
17-OZ.

**399¢**  
FOR

## SEAFOODS

**READY TO COOK  
PRAWNS**

**\$4.69**  
LB.

**TURBOT  
FILLETS**

**\$1.39**  
Lb.

**BREADED  
FISHSTICKS**

**\$1.09**  
Lb.

**LOBSTER  
TAILS**

**\$8.49**  
Lb.



**VERA BRAND  
FACIAL TISSUE**

134  
COUNT  
BOX

**59¢**

## WINES



**ALMADEN MTN. WINES**

RED BURGUNDY,  
RHINE, WHITE CHABLIS,  
NECTAR VIN ROSE,  
1.5 LITER

**\$3.45**



**ITALIAN SWISS COLONY**

CHILLED LIGHT  
BURGUNDY,  
1.5 LITER

**\$3.29**

## DAIRY



**COTTAGE CHEESE**

WESTERN FAMILY  
LARGE OR SMALL  
CURD, 24-OZ.

**79¢**

**CHOCOLATE MILK** Darigold Lo-Fat, Qt. ... **47¢**

**BALLARD BISCUITS** Buttermilk or Sweet Milk, 7.5-Oz. ... **23¢**



**MUG ROOT BEER,  
7-UP or DIET 7-UP**

TWO  
LITER  
BOTTLE

**99¢**

# FOODS PRODUCE

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FEDERAL WAY  
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WAY S.**

**GROCERIES**

**HOLIDAY PRODUCE**



**HI-C ASST'D.  
FRUIT DRINKS**  
CHERRY, PEACH,  
PUNCH, CITRUS,  
BERRY, GRAPE,  
TANGERINE OR  
ORANGE,  
46-OZ. CAN

**55¢**



**DELICIOUS  
APPLES**  
EXTRA  
FANCY  
RED AND  
GOLDEN

**3 LBS \$1**



**HEAD  
LETTUCE**  
FRESH,  
CRISP

**39¢**  
EA.



**FLORIDA  
TANGELOS**  
SEASON'S  
FIRST

**49¢**  
LB.



**TREE TOP  
APPLE CIDER**  
HALF  
GALLON

**\$1.19**

**CARAMEL APPLES** ..... Ea. **49¢**  
**YAMS** No. 1 ..... Lb. **39¢**  
**CUCUMBERS** English ..... Bunch **19¢**

**RADISHES** & GREEN ONIONS ..... Bun. **19¢**  
**SPINACH** Fresh, Tender Bunches ..... Ea. **39¢**  
**RUTABAGAS** & TURNIPS ..... Lb. **4/\$1**



**OREO CHOCOLATE  
SANDWICH  
COOKIES**  
15  
OZ.  
PKG.

**89¢**

**FROZEN FOODS**

**TOTINO CRISP CRUST PIZZA**  
CANADIAN BACON,  
PEPPERONI OR  
SAUSAGE, 12-OZ. SIZE **89¢**

**PEAR APPLE CIDER** TREE TOP 16-OUNCE **96¢**  
**BANQUET DINNERS** ASSORTED 11-OUNCE **69¢**  
**MRS. SMITH APPLE PIE** 8-INCH 26-OUNCE **\$1.35**  
**FISH PORTIONS** GORTON'S 12-OZ. **\$2.29**

**BAKERY**

**FRENCH ROLLS** PETITE **12/89¢**  
**APPLE PIE** DUTCH, 8-INCH **\$1.89**

**BROWNIES** Chocolate ..... **6/99¢**  
**RYE BREADS** Snack, Russian or Plain, 15-Oz. .... **65¢**  
**HOT SLICES** White or Sesame, 15-Oz. .... **75¢**



**COLD POWER  
DETERGENT**  
171-OZ.  
PKG.

**\$4.39**

**SPECIAL BUYS**

**WELCHADE GRAPE DRINK** 46-Oz. Cans... **66¢**  
**DARIGOLD BUTTER** ..... Pound **\$1.55**  
**LIQUID PALMOLIVE** Detergent 22-Oz. Bottle ..... **89¢**  
**APPLE BUTTER** Smuckers Dutch Girl, 29-Oz. .... **\$1.13**  
**KITTY LITTER** Lowes 10-Lb. .... **\$1.64**  
**GINGERBREAD MIX** Dromedary 14-Oz. Pkg. .... **73¢**  
**CHOC. FLICKETTES** Ghirardelli 12-Oz. Pkg. .... **\$1.25**  
**BORDEN'S CREMORA** 16-Oz. Jar ... **\$1.63**  
**MJB INSTANT RICE** 28-Oz. Pkg. .... **\$1.49**  
**SUDSY AMMONIA** Parson's 28-Oz. .... **45¢**  
**BORATEEM** Concentrate, 3-Lb. .... **\$1.13**  
**BEEF STEW** Dinty Moore, 24-Oz. .... **\$1.39**

**GENERAL MERCHANDISE**

**VO-5 HAIR SPRAY** ASST'D. VARIETIES 7-OUNCE **\$1.49**  
**LIFE CONDITIONER** REG. OR EXTRA BODY 6-OUNCE **\$1.49**  
**BABY LOTION** JOHNSON'S 9-OUNCE **\$1.79**

# What's Cookin' in Ruth's Kitchen

by Ruth Jurich



What's cooking in Ruth's kitchen? Right now it's a special formula for a convalescent cat.

We found our beautiful 13-year-old gold and white kitty, Sullivan, bleeding by the side of the road one morning more than a week ago, the victim of a hit-and-run speeder. Yes, we originally had two kittens, Gilbert and Sullivan, and Sullivan is the sole survivor.

We rushed him to the vet, and now he's home, doing fine but still requiring spoon-feeding, because his tongue is too sore to lap milk or eat cat food.

Doc Gustafson said, "I think you can do a better job of getting food into him than we can."

We discussed what would be nourishing and decided that any mixture of meat or fish and finely cut up cooked vegetables would do. Doc handed me a bottle with a special vitamin formula and a medicine dropper to squirt milk in Sullivan's mouth.

**O U R** REFRIGERATOR always contains a fair assortment of leftovers, and we came up with a blend of finely minced baked rock cod and juices, minced zucchini and cooked cabbage and a spoonful of rich chicken cream gravy. Diluted with a spoonful of hot water, it made a rich soup. I tasted it, liked it and decided that if it was good enough for me it was good enough for Sullivan.

He's thriving on it, but it takes two of us to feed him. One to secure his paws under a bath towel and another to pop food into his mouth.

Some people may think this is too much to do for "one of the least of these" but to us, Sullivan Cat is one of God's most perfect expressions of life.

**FOOD FOR PEOPLE** is probably of greater concern to most of you, and one question is how to keep the cookie jar full while giving due thought to nutrition.

Our cookie jar was always full when our children were at the age of burning up unlimited amounts of energy, and it usually contained an oatmeal cookie that offered some nourishment along with flavor. I devised variations on

my original oatmeal drop cookie recipe so that sometimes it was moistened with chopped apple, with thick applesauce or with mashed banana instead of milk. We also varied the spices. I

think the applesauce version was most popular; so here it is: **Oatmeal Applesauce Cookies**  
 1 cup brown sugar, packed tight  
 1/2 cup thick applesauce

1 teaspoon vanilla  
 2 eggs  
 1/2 cup oil  
 1 cup flour  
 1/2 teaspoon soda  
 1/2 teaspoon salt  
 1 teaspoon baking powder  
 1 teaspoon cinnamon  
 1/2 teaspoon nutmeg  
 2 cups oatmeal  
 1 cup raisins  
 1 cup walnuts  
 1/2 cup crushed wheat chex or grapenut flakes  
 1/2 cup wheat germ  
 In a large mixing bowl, add applesauce and vanilla to brown

sugar. When sugar is moistened add eggs and oil, and mix well. Sift flour, soda, salt, baking powder and spice together, and add to first mixture. Stir in oatmeal, raisins, nuts, crushed cereal and wheat germ. Wheat germ is optional.  
 Drop from a teaspoon onto a well oiled cookie sheet, leaving an inch or more of space between cookies. Bake at 375 degrees, a moderately hot oven 12 to 15

minutes or until cookies are a golden brown. Remove to a wire rack to let cool thoroughly before storing.  
**MY CHILDREN**, when they were very small, decided that they didn't like nuts, which seems to be the case with many small children. That's when I started adding crushed cereal to the cookie dough to add texture. When they decided they liked nuts, I used them too. I've used a large ap-

ple, diced to moisten the brown sugar instead of applesauce, and it was very good, both as to texture and flavor, and I've sometimes added the grated rind of an orange or a lemon. I've also used 1/4 cup evaporated milk instead of applesauce for moistening. In fact that was in my original recipe which the neighbor kids referred to as "Ruth's Cookies" which were more than once made for 4-H

Club competition. Another good variation is to moisten the mixture with a mashed banana instead of applesauce, apple or milk. Use chopped dates instead of raisins, leave out the spice and add a 1/2 teaspoon of maple flavoring, and you'll have a good flavor combination.  
 Once I used a half cup of orange marmalade instead of applesauce to moisten the brown sugar. The cookies were sweeter

but very good; so you see, you do all sorts of things to a drop cookie recipe.  
 I might add that our cookie jar was never full until our children were 4 or 5 years old. My older brother, a wise old M.D. said, "If they don't have sweets they won't know what they're missing." So they were deprived kids, but one result was that they both grew up with far better teeth than either of their parents.

JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50



# Oktoberfest

# FOOD FAVORITES

**LETTUCE** \$1



CALIFORNIA LARGE HEADS

3 FOR 1

FRESH LOCAL CELERY 3 FOR \$1.00  
 No. 1 RED or WHITE POTATOES 5 LBS. \$1.00  
 SWEET RIPE CASABA MELONS LB. 13c  
 LOCAL GREEN CABBAGE 3 HDS \$1.00  
 ARBACOLA PLANT 6 INCH POT \$4.19

SLICED BEEF LIVER 1 LB. 98c

MORRELL SLICED BACON #1 SLICED LB. PAK. \$1.19

BONELESS CHUCK U.S. CHOICE BEEF

SWEET JUICY SUNKIST ORANGES 5 LBS. \$1

LARGE SIZE ARTICHOKE EA. 49c

BECAUSE OF SOME FRESH MAY NOT BE FRESH SMALL OYSTERS FRESH FILLET SOLE FRESH RAINBOW TROUT

G.E. LIGHT GLOBES SAVE \$1.27 ON 4 \*60-75-100 WATT 4 PAK \$1.89

CORONET BATHROOM TISSUE SAVE 26c 4 ROLL PAK \$1.79

KRAFT PURE MAYONNAISE SAVE 46c 48 OZ. \$1.89

KRAFT MEDIUM CHEDDAR CHEESE SAVE \$1.24 NATURAL CUT 2 LB. BLOCK \$3.49

9-LIVES ASSORTED CAT FOOD SAVE 65c ON 5 TINS 5 6 OZ. TINS \$1  
 PURINA DOG CHOW 50 LBS. BAG SAVE \$2.00 50 \$9.59

WILD BIRD SEED SAVE 30c 10 LB. BAG \$1.49  
 GOLDEN GRIDDLE PANCAKE SYRUP 36 OZ. \$1.83  
 CRESCENT BEEF AU-JUS MIX 1 OZ. 29c  
 3 PAK CRACKER JACK 3 3 OZ. PAK 65c  
 GHIRADELLI COOKIE-ETTES 12 OZ. \$1.25  
 18"x12" SIZE COOKIE SHEET EACH \$1.59  
 GALLON DISTILLED WATER GAL. 56c  
 36 COUNT EXCEDRIN 36 CT. \$1.16  
 MRS. SMITH FROZEN APPLE PIE 8 INCH PIE \$1.29  
 MRS. SMITH FROZEN PIE SHELLS 8 INCH 2 FOR 49c  
 GREEN GIANT FROZEN SWEET PEAS w/BUTTER 10 OZ. 57c  
 GREEN GIANT FROZEN NIBLETS CORN w/BUTTER 10 OZ. 57c  
 GREEN GIANT FROZEN MIXED VEGETABLES w/BUTTER 10 OZ. 57c  
 BANQUET FROZEN ASST. COOK-N-BAG 5 OZ. 3 FOR \$1  
 GORTON FROZEN BATTER FRIED OCEAN SNACKS 8 OZ. \$1.59

## So. Central lunch menu

Here are lunch menus for students in the South Central School District:

**WEDNESDAY**  
 Chili  
 Relish Cup  
 Apple Wedge  
 Cheddar Bread  
 Milk

**THURSDAY**  
 Hamburger  
 French Fries  
 Buttered Green Beans  
 Cake  
 Milk

**FRIDAY**  
 Wiener Wink  
 Buttered Mixed Vegetable  
 Chilled Peaches  
 Pumpkin Square  
 Milk

**MONDAY**  
 Homemade Soup  
 Cheese Zombi  
 Chilled Pears  
 Milk

**TUESDAY**  
 Submarine Sandwich  
 Tossed Green Salad  
 Jello, Fruit  
 Milk

QUART LISTERINE ANTISEPTIC SAVE 80c \$1.99

HEAD & SHOULDERS SHAMPOO SAVE 70c \$2.39

SKIPPY DOG FOOD SAVE 32c ON 6 6 15 OZ. TINS \$1

KRAFT PLAIN CHEESE WHIZ SAVE 30c 16 OZ. \$1.69

BANQUET ASSORTED COOK-N-BAG SAVE 47c ON 3 3 5 OZ. PKGS. \$1

TREE TOP PEAR-APPLE CIDER SAVE 30c 16 OZ. 73c

SLICED AMERICAN CHEESE SAVE 50c WESTERN FAMILY 12 OZ. \$1.19

JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50

# There's nothin' like Mom's cookin'



Spiced Dream Bars

What is most appreciated by kids away at school? Money, you say. Perhaps. But what they really crave is food. Mom's cooking. Something sweet. Spiced Dream Bars fill the bill perfectly.

The all-natural ingredients start with coconut, nuts and brown sugar. The

flavorful difference is the warm, rich aroma of allspice - the single spice that tastes like a blend of flavors with cloves the top note. Dream bars don't need any refrigeration -- provided they're wrapped tightly in foil - and they travel beautifully.

SPICED DREAM

**BARS**  
(Yield: 24 bars)  
1 cup sifted all-purpose flour  
1-1/4 cups firmly-packed light brown sugar, divided  
1/2 cup butter or margarine  
2 eggs, well beaten  
1 tablespoon flour  
1 teaspoon ground allspice  
1 teaspoon baking

powder  
1/2 teaspoon salt  
1 cup shredded coconut  
1 cup chopped nuts  
In a large bowl combine one cup flour with one-half cup of the brown sugar. Cut in the butter. Mix to form a ball. Turn into an ungreased 9-by-9-2-inch baking pan. Pat uniformly over the

bottom. Bake in preheated 350 degree oven for 30 minutes. Meanwhile, combine remaining three-

fourths cup sugar with eggs, one tablespoon flour, allspice, baking powder and salt. Stir in coconut and nuts.

Spread over the baked layer. Return to oven and bake until brown, 20 to 25 minutes. Cool in pans. Cut into bars.

## Simple 'Roll-Arounds' made in minutes

**PINEAPPLE ROLL-AROUNDS**  
(Yield: 8 pastries)

Only five ingredients are needed to make these flaky

sweet topped pastries.

1 can (8-ounces) refrigerated crescent dinner rolls  
2 tablespoons sugar  
1/2 teaspoon cinnamon  
1/4 cup pineapple topping or preserves  
1/4 cup coconut  
Separate crescent dough into two long rectangles, sealing perforations. Combine sugar and cinnamon; sprinkle over dough. Starting with shorter side, roll up; seal. Cut each roll into four slices. Place slices in ungreased 10-inch pie pan or on cookie sheet.

Bake in preheated 375-degree oven for 10 to 15 minutes or until light golden brown. Remove from oven. Spoon one tablespoon topping onto each pastry; sprinkle with coconut. Return to oven five to six minutes or until coconut is toasted.

### Highline lunch menu

Here are lunch menus for students in the Highline School District:

**WEDNESDAY**  
C h i l i

Relish Tray  
Fruit Cup  
Corn Bread, Butter Milk

**THURSDAY**  
Pizza  
Seasoned Green Beans  
Italian Salad  
Chilled Pears Milk

**FRIDAY, ELEMEN-TARY**  
Hamburger on Bun  
Relish  
Whole Kernel Corn  
Apple Wedge  
Chocolate Mint Parfait  
Milk

**FRIDAY, SENIOR & JUNIOR HIGH**  
Students' Choice  
Type A Lunch

**MONDAY**  
Taco, Cheese  
Shredded Lettuce  
Seasoned Rice  
Chilled Applesauce  
Coffee Cake  
Milk

**T U E S D A Y , ELEMEN-TARY**  
Corn Dog  
Cheese Stick  
Fresh Vegetable Tray  
Sliced Peaches  
Spice Cake  
Milk

**TUESDAY, SENIOR & JUNIOR HIGH**  
Turkey Dip  
Fresh Vegetable Tray  
Sliced Peaches  
Spice Cake  
Milk

### Last minute dinner

If you're like most cooks, chances are you've arrived home on occasion to a dinner you forgot to defrost. But there's no need to panic with this handy way to defrost hamburgers.

Just place frozen patties in a skillet, searing on both sides over moderate heat until browned. Add a sliced onion, sprinkle with seasoned salt and cover. Lower heat and cook, shaking pan occasionally, until burgers are thawed. Inside they'll be pink and juicy.

7 DAY AD EVERY WEEK



# Johnny's



**LESS BEEF STEAK**  
**\$1.69**

**NOTICE—**  
STAFFING LIMITATIONS  
MEAT ITEMS IN THIS AD  
AVAILABLE ON SUNDAY

10 OZ. JAR \$1.89  
LB. \$2.29  
LB. \$2.39

★ KENT East Hill Shopping Center 10245 S. E. 254th  
★ COVINGTON Covington Park Shopping Center 17236 S. E. 272nd  
★ FEDERAL WAY West Fair Shopping Center 31035 Melby Road  
★ DES MOINES 22705 Marine View Dr.  
★ RENTON Cascade Shopping Center 17036 116th S. E.

PRICES EFF. WED. THRU TUES. OCT. 23, 1979  
RIGHT TO LIMIT QUANTITIES

## SMOKED HAM

SHANK PORTION DOLE WATER ADDED  
**lb. 89¢**

BLADE CUT U.S. CHOICE LAMB STEAKS LB. \$2.39  
DOLE BUTT CUT SMOKED HAM LB. 98¢  
JENNIED GRADE A TURKEY BREASTS LB. \$1.49  
ARMOUR STAR 5-7 LB. AVG. BONELESS TURKEY LB. \$1.89  
HYGRADE BALLPARK FRANKS LB. \$1.63  
OLD FAITHFUL DINNER FRANKS LB. \$1.39  
OLD FAITHFUL FRESH PORK LINKS 8 OZ. PAK. 69¢  
SWIFT BROWN & SERVE LINK SAUSAGE 8 OZ. PAK. \$1.19  
HORMEL LITTLE SIZZLER SAUSAGE 12 OZ. PAK. \$1.19

DANOLA CHIPPED MEATS 2 OZ. PK. 39¢  
KAHN BAVARIAN BRAUNSCHWEIGER LB. 99¢  
BAR-S SLICED BOLOGNA OR SALAMI LB. \$1.49  
ARMOUR SLICED HAM 12 OZ. PAK. \$2.19

## FRESH PORK SPARE RIBS

5-8 LB. AVG.  
**lb. 78¢**

**WISCONSIN MEDIUM CHEESE** BULK LB. \$1.98

**BUMBLE BEE LIGHT CHUNK TUNA** 6 1/2 OZ. TIN **73¢** (SAVE 14¢)

**JIF PEANUT BUTTER** 18 OZ. JAR **98¢** (SAVE 39¢)

**LIBBYS TOMATO JUICE** 46 OZ. TIN **57¢** (SAVE 22¢)

**TOTINO CRISP PARTY PIZZA** 12 OZ. **98¢** (SAVE 48¢)

**leKampa's Bakery**

CORNS 4 FOR \$1.09  
MUFFETS 15 PAK 93¢  
MUFFETS 15 PAK 93¢  
ROLLS 8 PAK \$1.19  
BREAD 24 OZ. 89¢  
CAKE \$3.69

## LUMBERJACK SYRUP

SAVE 56¢  
NALLEYS 24 OZ. **89¢**

KRAFT ROUND MOZZARELLA CHEESE 8 OZ. \$1.19  
KRAFT SHREDDED SHARP CHEESE 8 OZ. \$1.39  
FARMAN'S GENUINE DILL PICKLES 48 OZ. \$1.35  
FARMAN'S KOSHER (or) GERMAN DILLS 48 OZ. \$1.35  
WESTERN FAMILY RED RASPBERRY PRESERVES 18 OZ. \$1.49  
CAMPBELLS TOMATO SOUP 26 OZ. 52¢  
NESTLES HOT COCOA MIX 24 OZ. \$2.49

MAXWELL HOUSE INSTANT COFFEE 10 OZ. \$4.79  
YUBAN ALL GRINDS COFFEE 2 LB. TIN \$6.39  
GREEN GIANT SLICED (or) WHOLE MUSHROOMS 2 1/2 OZ. TIN 48¢  
WALLA WALLA CUT ASPARAGUS SPEARS 14 1/2 OZ. 89¢  
GORTON CHOPPED (or) MINCED CLAMS 6.5 OZ. 79¢  
NALLEYS FRENCH (or) ITALIAN DRESSING 8 OZ. 59¢  
NALLEYS BUTTERMILK (or) 1,000 ISLAND DRESSING 8 OZ. 59¢

## BETTY CROCKER STIR-N-FROST CAKE MIX

SAVE 29¢  
13 1/2 OZ. **76¢**

## TREE TOP PURE APPLE CIDER

SAVE 40¢  
1/2 GAL. **\$1.25**

**NALLEYS POTATO CHIPS** 8 OZ. PKG. **59¢** (SAVE 30¢)

**DUNCAN HINES BLUEBERRY MUFFIN MIX** 13 OZ. **79¢** (SAVE 26¢)

**JELLO INSTANT PUDDING** 4 3/4 OZ. PKGS. **1.19** (SAVE 32¢ ON 4)

**WESTERN FAMILY STRAWBERRY JAM** 10' OFF LABEL 18 OZ. **79¢** (SAVE 38¢)

**PILLSBURY BUTTERMILK BISCUITS** 7 1/2 OZ. PKG. **19¢** (SAVE 10¢)

**PARKAY SOFT MARGARINE** 16 OZ. TUB **69¢** (SAVE 20¢)

**CRISCO PURE SHORTENING** 3 LB. TIN **1.89** (SAVE 50¢)

JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50

*Peanut butter bread avoids three-ring circus confusion*

There's no fuss or muss with the peanut butter jar and knife.

**PEANUT BUTTER CIRCUS BREAD**  
6 to 6-1/2 cups all-purpose flour  
2 packages dry yeast  
2 cups milk  
1/4 cup water  
2 tablespoons sugar

2 teaspoons salt  
1/2 cup peanut butter, chunk or creamy

Stir together two cups flour and yeast. Heat milk, water, sugar and salt until very warm, stirring to blend.

Add liquid ingredients to flour-yeast mixture and beat until smooth, about two

minutes on medium speed of electric mixer or 300 strokes by hand.

Blend in one-fourth cup peanut butter. Add one cup flour and beat one minute on medium speed or 150 strokes by hand. Stir in enough flour to make a moderately stiff dough.

Turn out onto lightly floured surface and knead until smooth and satiny, five to eight minutes. Shape into ball and place in lightly greased bowl, turning to grease all sides.

Cover and let rise in warm place until doubled, about one and one-half hours.

Punch down. Divide dough in half; shape into balls. Let rest 10 minutes.

Roll each half into a rectangle 9-inches wide. Dot remaining peanut butter over dough.


Starting at 9-inch end, roll up jelly roll fashion. Seal seam. With side of hand,

press ends to seal, fold under loaf. Place in greased 4-1/2-by-8-1/2-inch loaf pans, seam side down.

Let rise in warm place until doubled, about one hour. Bake in preheated 400-degree oven for 25 to 30 minutes. Remove from pans immediately.

# Albertsons® Bonus Buys

**BONELESS HAM**  
Bar-S Whole



5 to 7-Lb. Avg. Water Added (Halves, Lb. \$1.89)

**14.9** LB.

A NICE DEAL ALL AROUND

**3 LB. COFFEE**  
Chock Full O' Nuts



One Grind For All Coffee makers!

**79.9**

A NICE DEAL ALL AROUND

**ZEE TOWELS**  
Assorted Colors



120 Count

**39**¢

A NICE DEAL ALL AROUND

**GUARANTEED MEATS**

**BEEF RIB ROAST**  
Large End, 5" Cut, U.S. Choice



**21.9** LB.

USDA CHOICE

A NICE DEAL ALL AROUND

- |                                                                   |                                                                 |
|-------------------------------------------------------------------|-----------------------------------------------------------------|
| Fresh <b>Pork Blade Steak</b> Lb. <b>1.29</b>                     | Washington Grown <b>Fresh Fryer Breasts</b> Lb. <b>1.59</b>     |
| Country Style <b>Pork Sausage</b> Lb. <b>1.09</b>                 | Washington Grown <b>Fresh Fryer Thighs</b> Lb. <b>1.49</b>      |
| Bone In, 5" Cut U.S. Choice <b>Beef Rib Steak</b> Lb. <b>2.59</b> | Fresh, Washington Grown <b>Fryer Drumsticks</b> Lb. <b>1.29</b> |
| Boneless, U.S. Choice <b>Beef Spencer Steak</b> Lb. <b>3.99</b>   | Washington Grown <b>Fresh Fryer Wings</b> Lb. <b>79¢</b>        |

**PORK BUTT ROAST** BONELESS!  
Bar-S Fresh, Rolled and Tied **1.19** LB.

**CUT UP FRYERS** Fresh, Economy pack, Washington Grown **59¢** LB.

Bonus Buy!

**MEAT DELI SPECIALS**

**JANET LEE SLICED BACON** Regular or Thick **1.19** LB.

Bonus Buy!

- |                                                                                       |                                                                |                                                               |
|---------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------|
| <b>LUNCH MEATS</b> Janet Lee Bologna, Salami or Spiced Lunch 12 Ounce EA. <b>1.59</b> | <b>WIENERS</b> Janet Lee Meat or Beef 12 Ounce EA. <b>1.19</b> | <b>BAR-S RINGS</b> Bologna or Polish 12 Ounce EA. <b>1.59</b> |
|---------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------|

**WINE SHOPPE**

- |                                                 |                                                    |                                                 |                                                        |
|-------------------------------------------------|----------------------------------------------------|-------------------------------------------------|--------------------------------------------------------|
| <b>SEBASTIANI CHABLIS</b> 1.5 Liter <b>3.39</b> | <b>LIGHT BURGUNDY</b> Colony 1.5 Liter <b>3.49</b> | <b>INGLENOOK RIESLING</b> 1.5 Liter <b>6.19</b> | <b>MOUNTAIN BURGUNDY</b> Almaden 1.5 Liter <b>3.69</b> |
|-------------------------------------------------|----------------------------------------------------|-------------------------------------------------|--------------------------------------------------------|
- Bonus Buy!

**IN-STORE BAKERY BUYS**

**GLAZED MAPLE BARS**  
Fresh! Red Hot Price! REGULAR 4/99¢



**12**¢ EA.

A NICE DEAL ALL AROUND

**CAKE of the WEEK**  
ASSORTED GLAZED PUDDING CAKES



Vanilla, Cherry, Lemon, Orange, Almond or Poppy seed **1.89** EA.

EVERYDAY LOW PRICE

**BANANA NUT LOAF** 16 Ounce Regular 1.19 EA. **85¢**

**ASSORTED BREADS** Large Apache, Buttertop White, Oatmeal, Potato, Buttertop Wheat, Cracked Wheat, Dutch Crunch or Sesame Seed 1 Lb. 8 Ounce EA. **69¢**

EVERYDAY LOW PRICE

**PUMPKIN PIES** 8 Inch Size, Regular 1.99 Made fresh in our own bakeries! **1.39** EA.

Bonus Buy!

**FARM FRESH PRODUCE**

**DELICIOUS APPLES**  
Red or Golden Extra Fancy, Hard and Crisp, Lunch Box Size



**3** LBS. FOR **1** \$1

A NICE DEAL ALL AROUND

- |                                                                      |                                                                           |
|----------------------------------------------------------------------|---------------------------------------------------------------------------|
| Sno White Heads <b>Cauliflower</b> Lb. <b>39¢</b>                    | Green, Thick Walled, Stuffing Size <b>Bell Peppers</b> 7 for <b>1</b> \$1 |
| California, Long shank <b>Crisp Celery</b> 3 for <b>1</b> \$1        | Vitamin Rich <b>Clip Top Carrots</b> 4 Lbs. for <b>1</b> \$1              |
| Royal Purple, A great meat substitute <b>Eggplant</b> Ea. <b>49¢</b> | New California Crop, Large <b>English Walnuts</b> Lb. <b>98¢</b>          |

**HEAD LETTUCE** Crisp, Solid Heads **49¢** EACH

Bonus Buy!

**Our low prices bring you in.**

After the harvest --  
a pleasing dessert

A warm apple dessert is pleasing to eat anytime - serve it for snacks or with meals.

**APPLE SWIRL DESSERT**  
(Yield: 9 servings)

- 1 can (21-ounces or 2 cups) apple fruit filling
- 1/2 cup white or seedless raisins
- 4 cup firmly packed brown sugar
- 1/4 teaspoon cinnamon
- 1/4 cup margarine or butter, softened
- 1/2 cup chopped nuts
- 1 can (8 ounce) refrigerated crescent dinner rolls

1 package (8-ounce) cream cheese, softened

Spread apple filling in ungreased 9-inch square or 12-by-8-inch baking dish; sprinkle with raisins. Heat in oven until hot and bubbly around edges, about 10 minutes.

Combine brown sugar, cinnamon and margarine; stir in nuts.

Separate crescent dough into two long rectangles. Overlap long sides to form 13-by-9-inch rectangle; firmly press edges and perforations to seal. Spread dough

with cream cheese. Crumble sugar mixture evenly over cream cheese. Starting at shortest side, roll up; seal. Cut into nine one-inch slices.

Arrange slices on hot apple mixture. Bake in preheated 375-degree oven for 20 to 25 minutes or until

deep golden brown. Serve warm with whipped cream, ice cream or light cream, if desired.

Tip: To reheat, cover loosely with foil; reheat at 375 degrees for 10 to 12 minutes.

# Are A Nice Deal

**3 LB. CRISCO**  
Vegetable Shortening  
It's Digestible!



**1.89**

**CHUNK TUNA**  
Chicken of the Sea

Water or Oil  
6-1/2 Ounce



**65¢**

**ORANGE JUICE**  
Janet Lee Frozen

Concentrate  
12 Ounce



**69¢**

**GROCERY SPECIALS**

**SOFT DRINKS 1.39 EA.**  
Pepsi-Cola or Diet Pepsi 12 Ounce Tins  
6 PACK, YOUR CHOICE:

- Regular, Cheese/Bacon, Barbeque or Sour Cream Onion
- Assorted Flavors, 14-1/2 Ounce
- 26 Ounce
- 100 Foot Roll
- Heavy Duty Foil, 18 Inch x 100 Ft.
- Pillsbury, 12 Ounce
- Grade "AA" Cubes One Pound
- Maxwell House Automatic Drip Coffee, 2-Lb. 6.49
- 2 Lb. Tin Yuban Coffee 6.89

**Top Ramen 4 for \$1**  
3 Ounce

**Facial Tissue 49¢**  
Coronet, 2 Ply

**Layer Cake Mix 89¢**  
Duncan Hines, 18 1/2 Ounce Assorted

**Crisco Oil 2.39**  
48 Ounce

**Meow Mix Cat Food 3.69**  
Purina's 7 Lb.

**Purina Dog Chow 10.99**  
50 Lb. Bag

**Imitation Mayonnaise 1.15**  
Nalley's 32 Ounce

**Spaghetti Sauce 1.55**  
Ragu's Plain With Meat or With Mushrooms 32 Ounce

**Tea Bags 83¢**  
Magic Mountain Red Mint, Orange Spice, Morning Sun, Peppermint Spice or Cinnamon Spice 16 Count

**FROZEN FOODS**

**Stouffer's DISHES 75**  
Macaroni and Cheese, Corn Souffle, Spinach Souffle or Noodles Romanoff 12 Ounce EACH

**Ice Cream 1.49**  
Carnation 1/2 Gallon Assorted

**Popsicle Jr. 89¢**  
12 Pak

**Pumpkin Pies 1.25**  
Mrs. Smith's 26 Ounce

**Whipped Topping 59¢**  
Janet Lee 9 Ounce

**French Fries 79¢**  
Albertson's Regular or Crinkle Cut 32 Ounce

**FRIED CHICKEN BANQUET 4.59**  
Fully Cooked Frozen 60 Ounce

**FRESH START 5.69**  
84 Ounce

**PALMOLIVE LIQUID 99¢**  
13¢ Off 22 Ounce

**COLD POWER 2.47**  
40¢ Off 84 Ounce

**4.75**  
1.00 Off 10 Lb. 11 Ounce

**DELI SHOPPE FEDERAL WAY ONLY**

**16-PIECE CHICKEN 4.99 EA.**  
Pressure-Cooked, Tender and Juicy, Reg. \$6.99, Save \$2.00!

**Turkey Ham 2.69**  
Reg. \$3.49 Lb., Save 80%! Tavern

**Havarti Cheese 2.99**  
Reg. \$3.69 Lb., Save 70%! Creamy

**Cole Slaw 79¢**  
Reg. \$1.09 Lb., Save 30%! Fresh

**SLICED BACON 1.39 LB.**  
HORMEL Reg. \$1.79 Lb. Save 40%!

**BUTCHER BLOCK FEDERAL WAY STORE ONLY**

**STUFFED PORK CHOPS 2.09 LB.**  
READY TO BAKE

**SOLE 2.29 LB.**  
FRESH FILET OF DINNER TREAT

**HALLOWEEN TRICK OR TREAT DONUT COUPONS ON SALE AT ALBERTSONS!**

Each coupon is redeemable for one free glazed, raised or sugar donut at any Albertson's in-store bakery after November 1, 1979.

**15 \$1**  
IN A BOOK FOR

**COUPON ROYAL GELATIN 5.1**

Strawberry/Banana, Lime, Peach, Orange, Lemon, Cherry, blackberry, Strawberry, Raspberry 3 Ounce

SAVE 25¢ WITH THIS COUPON

Cash Value 1/20 of 1 Cent

Good thru October 23, 1979

**Albertsons**

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**AVAILABILITY**  
Each of these advertised items is required to be readily available for sale at or below the advertised price in each Albertson's store, except as specifically noted in this ad.

**RAIN CHECK**  
We strive to have on hand sufficient stock of advertised merchandise. If for any reason we are out of stock, a RAIN CHECK will be issued enabling you to buy the item at the advertised price as soon as it becomes available.

PRICES EFFECTIVE OCTOBER 17-23, 1979 Right to Limit Reserved.

Our people bring you back.

# Flavorful heritage inspires America's meals

Peek into the recipe box of America and you'll see an adventurous, on-the-move food history. Squash sweetened in the New England Indian manner. Pork loin glazing to golden brown on Texas barbecue spits.

This is food well seasoned by cooking traditions of many countries.

## MONTEREY PORK LOIN

(Yield: 10 servings)

- 7-1/2-pound pork loin
- Salt
- Pepper
- 1 cup barbecue sauce
- 1 cup orange juice
- 1/2 cup syrup
- Season meat with salt and pepper.

Place on rack in shallow baking pan. Roast in preheated 325-degree oven for two hours or to an internal temperature of 160 degrees. Meanwhile, combine barbecue sauce, juice, and syrup; blend well. Continue roasting meat about one hour longer to 180 degrees, basting frequently with the sauce, then with pan drippings.

## GLAZED CARROTS

(Yield: 4 to 5 servings)

- 1/2 cup maple syrup
- 3 tablespoons butter
- 1 pound small carrots, cooked (see note below)
- Combine syrup and butter in skillet; simmer about two

minutes. Add carrots. Cook slowly 10 minutes, turning frequently to glaze. (Recipe may be doubled).

Note: Or use one pound large carrots, cooked and cut into 3- or 4-inch pieces.

## CLOVE-STUDDED ONIONS

(Yield: 4 servings)

- 16 small white onions, peeled (see note below)
- Boiling salted water (see note below)
- Whole cloves
- 1/4 cup maple syrup
- 1 tablespoon butter
- Cook onions in salted water about 15 minutes or until tender. Drain. Place a clove in each onion and place in a shallow

baking pan. Pour syrup over onions; dot with butter. Bake in preheated 350-degree oven for 30 minutes, basting onions several times.

Note: Or use canned small white onions, drained, and eliminate parboiling.

## NEW ENGLAND BAKED SQUASH

- (Yield: 6 servings)
- 3 medium acorn squash
- Boiling water
- One-third to 1/2 cup maple syrup
- 3 tablespoons butter
- Salt
- Nutmeg
- Cut squash in half; remove seeds. Cover bottom of shallow baking dish with boiling water. Place

squash, cut side down, in water in dish. Bake in preheated 400-degree oven for 30 minutes. Turn squash cut side up in pan. Place one to one and one-half tablespoons syrup and one-half tablespoon butter in center of each squash half. Sprinkle with salt and grated nutmeg. Continue

baking, basting once with syrup mixture, about 30 minutes or until squash is tender.

One-third cup maple syrup  
Salt and pepper  
Place turnips in enough boiling salted water to cover. Cook 15 to 20 minutes, or until tender. Drain. Melt butter with syrup in a skillet. Add turnips and saute until glazed, turning occasionally. Season to taste with salt and pepper.

## HARVEST GLAZED TURNIPS

- (Yield: 5 to 6 servings)
- 3 medium white turnips, diced (about 3 cups)
- Boiling salted water
- 3 tablespoons butter

## Child-proof kitchen for pint-size chefs

What combines the speed and agility of an all-pro running back, the destructive force of a hurricane and the energy reserves of all the Arab oil emirates?

Why, a 2-year-old, of course. Especially a 2-year-old unleashed in a kitchen.

Pots and pans become drums. Lids become cymbals. Suddenly the toddler is transformed into a pint-size version of Buddy Rich. But the fun doesn't stop there. Drawers hide fascinating objects and magic potions and powders are lined up behind closed cabinet doors.

And, there too, lurks danger, according to Jan Grant, Washington State University's King County extension agent.

Household cleaning products pose a definite danger, Mrs. Grant says. Knives and electrical appliances do, too.

All of these items, plus expensive utensils and breakables should be stored high out of reach of little ones or behind doors they cannot open.

Perhaps now would be a good time to think about storing infrequently used cookware elsewhere to make room for

items you must have available every day. Some items such as expensive pots can be hung from the wall or stored on shelves.

Don't consider the kitchen counter safe. Many youngsters can scale them. If not, they often can reach items left near the edge. Electrical cords left dangling off the counter can prove to be an irresistible temptation.

If potentially dangerous items must be stored in a cabinet, consider tying the doors shut with a strong cord. String it through the handles or around the knobs of twin doors to hold them together. Be sure to tie a strong knot.

To mollify the youngster, let him (or her) play with a few old pots and pans which you can pick up at a garage sale. However, be sure they are safe to play with. Don't buy chipped porcelain pots and pans or cookware showing signs of rust.

You will find also that a few old tin cans make marvelous stacking toys. Remove both ends, check for sharp edges, and clean. They make a fine noise and roll across the kitchen floor, too.

## HOW HIGH IS YOUR E.Q.?

(Economics Quotient)

### CAN YOU ANSWER BASIC ECONOMIC QUESTIONS LIKE THESE?

True False

- (1.) Producers of goods outnumber producers of services in our economy.
- (2.) The value of all U.S. goods and services produced in one year is called Gross National Product (GNP).
- (3.) Inflation reduces the standard of living of people on relatively fixed incomes.

If you found these questions tough, your Economics Quotient, your E.Q., could probably stand some improvement.

A special booklet on our American Economic System can help you do just that. It's fact-filled, easy reading and free.

For your copy, just mail the coupon.

ANSWERS: 1 C 2 F 3 T

### The American Economic System We should all learn more about it.

"Economics," Pueblo, Colorado 81009

I want to improve my E.Q. Please send me a free copy of the booklet about our economic system.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Ad Council

# Guaranteed Low Meat Prices

### Survey Proves Lower Prices!

No supermarket can guarantee you the lowest price on every one of the hundreds of cuts of meat, fish and poultry it carries. But week after week, an independent price survey of supermarkets in the Seattle/Tacoma area proves that Lucky's meat prices are lower on an average of 80% of all meat items!



### Every Cut Guaranteed!

Savings are important, but's what more important is quality. That's why Lucky guarantees your satisfaction with every cut of meat we sell. If for any reason you're not satisfied, just return the label with proof of purchase for a full refund! When it comes to tender, flavorful meat at low everyday prices — **LUCKY HAS IT!**

Here are a few examples of Low Meat Prices from Lucky

<b>Beef Blade</b> USDA Choice .....lb. <b>1.18</b>	<b>Fresh Ground Beef</b> 1 lb. pkg. - lb. 1.33) 3 lb. pkg. and over.....lb. <b>1.28</b>	<b>Beef Round Steak</b> Full Cut, Boneless, USDA Choice.....lb. <b>1.98</b>
<b>Harvest Day Frozen Turkeys</b> 16-22 lb. avg., Grade A Self Basting.....lb. <b>.79</b>	<b>Bar-S Fully Cooked Boneless Hams</b> Water Added, 5-8 lb. avg. .....lb. <b>1.68</b>	<b>Beef Top Round Steak</b> Boneless, USDA Choice .....lb. <b>2.38</b>
<b>Beef Cube Steaks</b> USDA Choice.....lb. <b>2.48</b>	<b>Beef Top Sirloin Steaks</b> Boneless, USDA Choice .....lb. <b>3.64</b>	<b>Washington Grown Frying Chickens</b> Fresh (Cut Up lb. .79) Whole Body.....lb. <b>.69</b>
<b>Fresh Frying Chickens</b> USDA Grade A (Cut Up lb. .63) Whole Body.....lb. <b>.49</b>	<b>Hormel Slab Bacon</b> Any size piece, cut from 8-10 lb. slabs.....lb. <b>.89</b>	<b>Cross Rib Roast</b> Boneless, USDA Choice .....lb. <b>2.38</b>
<b>Beef Bottom Round Steak</b> Boneless, USDA Choice .....lb. <b>2.28</b>	<b>Beef Chuck Steaks</b> USDA Choice.....lb. <b>1.39</b>	<b>Beef Flank Steaks</b> USDA Choice.....lb. <b>2.98</b>

The Meat Ad is not effective on Sunday, October 21, 1979 due to staffing problems. However, all available items are priced as advertised.

### Compare ... Fresh Fish at Low Everyday Prices!

<b>Whole Pink Salmon</b> Frozen, Head On, 2-4 lb. avg.....lb. <b>1.78</b>
<b>Medium Oysters</b> .....10 oz. jar <b>1.58</b>
<b>Red Snapper</b> .....lb. <b>1.48</b>
<b>Shrimp Meat</b> Frozen.....lb. <b>4.98</b>
<b>Kipperd Salmon Snacks</b> .....lb. <b>1.58</b>

Compare these Low Food Prices and Save Every Time You Shop at Lucky... **LUCKY HAS IT!**

<b>Heinz Ketchup</b> .....24 oz. <b>.75</b>	<b>LIBBY'S SLICED PEACHES</b> Juice Pack - Yellow Cling.....16 oz. <b>.56</b>	<b>SEGO LIQUID DIET FOOD</b> Very Vanilla or Very Chocolate.....10 oz. <b>.59</b>	<b>Sunshine Crackers</b> Cheez-Its 10 oz. or Wheat Wafers 12 oz. .....pkg. <b>.59</b>
<b>NABISCO RITZ CRACKERS</b> .....16 oz. <b>1.05</b>	<b>GOLDEN GRAIN PATNA RICE</b> (5 lb. 2.23).....48 oz. <b>1.46</b>	<b>MJB BLACK TEA BAGS</b> .....100's <b>2.15</b>	<b>WELCH'S GRAPE JUICE</b> Frozen.....12 oz. <b>.88</b>
<b>NABISCO OREO CREMES</b> .....15 oz. <b>1.11</b>	<b>LADY LEE RAISINS</b> .....15 oz. <b>1.55</b>	<b>FRISKIES MEOW MIX</b> .....7 lb. <b>3.50</b>	<b>SARA LEE CAKE</b> Butter Pound - Frozen.....10.75 oz. <b>1.29</b>
<b>TONY'S PIZZA</b> Frozen - Sausage/15 oz. or Pepperoni 14 oz. .....16 oz. <b>1.63</b>	<b>BARTLETT PEAR HALVES</b> Libby's - Juice Pack.....16 oz. <b>.62</b>	<b>NESTLE'S COOKIES</b> Chocolate Chip.....14 oz. <b>1.25</b>	<b>MACARONI &amp; CHEESE</b> Kraft - Deluxe.....14 oz. <b>.87</b>
<b>S &amp; W TOMATO JUICE</b> .....46 oz. <b>.73</b>	<b>BETTY CROCKER POTATOES</b> Instant AuGratin, Creamed or Scallop Julienne.....reg. <b>.69</b>	<b>GENERAL MILLS CHEERIOS</b> Cereal.....20 oz. <b>1.55</b>	<b>BORATEEM PLUS</b> .....48 oz. <b>1.15</b>
<b>FOREMOST FROZEN DESSERT</b> Weight Watchers.....1/2 gallon <b>1.66</b>	<b>NALLEY'S MAGIC BLEND DRESSING</b> .....32 oz. <b>.95</b>	<b>Nice'N Soft Facial Tissue</b> 2-Ply.....150's <b>.39</b>	<b>MAZOLA SPRAY COOKING OIL</b> .....9 oz. <b>1.08</b>
<b>Walla Walla Vegetables</b> Whole Kernel or Cream Style Corn, Peas or Peas & Carrots 17 oz., Cut Green Beans or Sliced Carrots 16 oz., or Spinach 15 oz. ....can <b>.35</b>	<b>NALLEY'S SYRUP</b> Lumber Jack.....24 oz. <b>1.15</b>	<b>Nalley's Potato Chips</b> Regular 7 1/2 oz., Dipper 7 oz., Piccadilly or Sour Cream & Onion 6 oz. ....pkg. <b>.63</b>	<b>Tree Top Frozen Apple Cider</b> Frozen, Pure.....12 oz. <b>.69</b>
<b>LAND O FROST MEATS</b> Chopped.....3 oz. <b>.53</b>	<b>NALLEY'S BEEF STEW</b> .....15 oz. <b>.94</b>	<b>Garden Fresh Fruits &amp; Vegetables ... LUCKY HAS IT!</b>	<b>GHIRARDELLI FLICKETTES</b> Chocolate Chips.....12 oz. <b>1.18</b>
<b>LIBBY'S FRUIT COCKTAIL</b> Juice Pack.....16 oz. <b>.60</b>	<b>Nalley's Chili</b> Regular, Hot or Thick.....15 oz. <b>.56</b>	<b>Delicious Apples</b> Red or Golden, Extra Fancy.....lb. <b>.29</b>	<b>NALLEY'S BEEF TAMALES</b> .....14.75 oz. <b>.62</b>
<b>NALLEY'S DRESSINGS</b> Italian, Buttermilk, Creamy Cuke, or Liquid 1000 Island.....8 oz. <b>.63</b>	<b>Hubbard Squash</b> Whole or Cut.....lb. <b>.09</b>	<b>Green Onions Red Radishes</b> Great garnishes or in salads! bunch <b>.19</b>	<b>Mikado Tea Bags</b> .....48's <b>.69</b>
<b>KRAFT MIRACLE WHIP</b> .....16 oz. <b>.80</b>	<b>New Crop, Florida Tangelos</b> Really sweet, fine for juicing! lb. <b>.39</b>	<b>Tomatoes Large Size</b> .....lb. <b>.49</b>	<b>Van De Kamp Bakery Items</b> Silver Nuggets.....8 1/2 oz. <b>.88</b>
<b>IMITATION MAYONNAISE</b> Nalley's.....32 oz. <b>1.05</b>	<b>Ponds Lotion Polish Remover</b> .....3 oz. <b>.79</b>	<b>No. 1 Yams</b> Serve your favorite way!.....lb. <b>.33</b>	<b>Gold Nuggets</b> .....10 oz. <b>.85</b>
<b>Carnation CoffeeMate</b> .....16 oz. <b>1.29</b>	<b>Ponds Cold Cream</b> Regular.....3.5 oz. <b>1.46</b>	<b>Right Guard Roll-On Deodorant</b> Regular.....1.5 oz. <b>1.17</b>	<b>Cinnamon Rolls</b> .....12 oz. <b>1.13</b>
<b>Chapstick Lip Balm</b> Regular or Cherry.....each <b>.46</b>			<b>Van'Choc Royale AF Cake</b> .....36 oz. <b>3.51</b>

Prices effective Wednesday, October 17th thru Tuesday, October 23, 1979. COPYRIGHT © 1979 by Lucky Stores, Inc. All Rights Reserved.

We Gladly Accept **FOOD STAMPS**

# Lucky

DISCOUNT SUPERMARKETS



Key Buys are exceptional purchases or a manufacturer's temporary promotional allowance... and Lucky passes these savings on to its customers as Key Buys. Look for the Key Buys tags on the shelves... they're the signal for added savings!

**FEDERAL WAY STORE**  
1211 So. 320th Street



Thrifty meal has class



Instead of hamburgers your family might enjoy ground beef for dinner in a tasty new guise - Savory Stuffed Cabbage Rolls that take less time to make than meatloaf.

Mixed with economical rice and piquant tomato soup, this low-cost dish is especially tasty and it's fun to prepare.

**SAVORY STUFFED CABBAGE ROLLS**  
Yield: 4 servings)

8 large cabbage leaves  
1 can (10-3/4 ounces) condensed tomato soup

1 pound ground beef  
1 1/2 cups cooked rice  
1/4 cup chopped onion  
1 egg, slightly beaten  
1/4 teaspoon pepper

Cook cabbage in salted water a few minutes to soften; drain. Mix three tablespoons soup with remaining ingredients. Season with salt, if desired.

Divide meat mixture among cabbage leaves; fold in sides and roll up (secure with toothpicks, if necessary).

In skillet, place rolls seam-side down; pour remaining soup over. Cover; cook over low heat for 40 minutes. Spoon sauce over rolls several times while cooking.

Soup surprise

Homemade soup gets compliments when coupled with Garlic Muffins. Split four bakery English muffins in half, using a fork. Toast until slightly brown. Blend three tablespoons garlic spread concentrate with three tablespoons butter and spread on each muffin half. Sprinkle lightly with grated Parmesan cheese and broil until golden brown. Makes eight muffin halves.

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U.S.D.A. Choice Full Cut **\$1.89** lb.

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## Fresh Pork Spare Ribs

Country Style **\$1.29** lb.

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Paper Towels Zoo Assorted ..... 120 ct. **64¢**

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Bathroom Tissue Cliffon Print ..... 2 Pack **55¢**

Facial Tissue Nice'n Soft ..... 150 ct. **2/\$1**

Gorton's Clams Chopped, Minced ..... 6 1/2 oz. **88¢**

Hot Cocoa Mix Carnation Assorted Varieties 12-1 oz. Pkgs. **\$1.33**

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Large Stalks Celery ..... ea. **39¢**

Bell Peppers Large Green ..... **6/\$1**

Green Cabbage Fresh ..... lb. **19¢**

Crisp Carrots ..... 1 lb. Pkg. **29¢** ea.

Jumbo Yellow Onions ..... lb. **15¢**

Apples Extra Fancy Golden Delicious ..... lb. **39¢**

Calmeria Grapes New Crop ..... lb. **69¢**

## LETTUCE

Fresh Western Iceberg ea. **39¢**

## Ruby Red Grapefruit

New Crop Texas **3/\$1**

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**MERIT smokers rate  
low tar MERIT satisfying taste  
alternative to high tar brands.**

New national smoker study results prove it.

**Proof:** The overwhelming majority of MERIT smokers polled

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# MERIT

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Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

Kings: 8 mg "tar," 0.6 mg nicotine—  
100's: 11 mg "tar," 0.7 mg nicotine av. per cigarette, FTC Report May '78

# Last minute meal no problem with microwave oven

It's easy to serve a high protein entree at the last minute by combining the time saving qualities of your microwave with

convenient canned tuna or salmon. Tuna Noodle Casserole, a

family favorite, is the perfect standby when you're short on time.

For a slight change of pace, try Salmon Pie for a luncheon or light supper idea. A frozen pie shell makes this recipe especially easy to prepare.

1 egg, beaten  
¼ cup seasoned bread crumbs

Cook noodles according to package directions, drain. In one and one-half quart glass casserole, combine noodles, tuna, hard-cooked eggs, soup and cheese. Combine milk and beaten egg, add to noodle mixture. Cook, uncovered, five minutes on Full Power. Stir casserole and sprinkle top with bread crumbs. Cover and cook an additional four minutes on Full Power. Let stand

three minutes before serving.

**SALMON PIE**  
(Yield: 6 to 8 servings)

1 9-inch deep dish pie shell  
1 (15-½ ounce) can salmon  
Milk  
3 eggs  
1 cup soft bread cubes  
1 tablespoon butter  
One-third cup chopped onion  
1-½ tablespoons lemon juice  
1 tablespoon chopped parsley  
1 teaspoon salt  
Place pastry shell in

9-inch glass pie plate. Prick uncooked shell to prevent bubbles. Cook, uncovered, four minutes on Full Power. Cool.

Drain salmon liquid into measuring cup. Add milk as needed to make one cup liquid. Bone, skin and flake salmon. In large glass bowl, combine eggs and milk mixture, beat slightly. Add bread cubes, combine thoroughly. Set aside.

In shallow glass dish, melt butter 30 seconds on Full Power. Add onion and cook one and one-half

minutes on Full Power. Add onions, salmon, lemon juice, parsley and salt to egg mixture, mix well. Pour into prepared pastry shell. Cook, uncovered, 18 to 19 minutes on Simmer-Defrost or until center is cooked.

Note: A Simmer-Defrost setting is equivalent to 50 percent power.

Cooking times given are based on the use of a 650 watt oven. For use in ovens of different wattages, consult your cookbook.

## Perfect party appetizers

Mushrooms are a perfect party food. They're so neat to eat - whether they're served raw with dips, or stuffed and baked. In this recipe for Surprise-Stuffed Mushrooms you'll get the first surprise when you taste how good they are. The second one comes when nobody can guess what's inside. Discover the magic

formula by making them yourself. But don't be surprised when there are no more left.

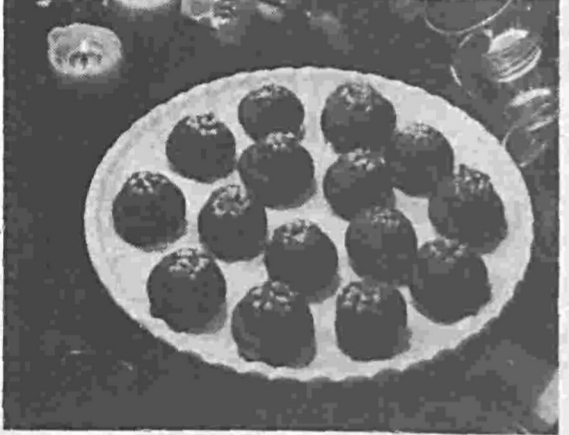
**SURPRISE-STUFFED MUSHROOMS**  
(Yield: 15 to 19 mushroom caps)  
1 pound large-sized mushrooms (15 to 19)  
1 can (4-½ ounces) deviled ham  
¾ cup fresh bread crumbs

4 tablespoons finely chopped walnuts, divided  
1 tablespoon dry sherry  
1-½ teaspoons prepared horseradish  
Rinse and pat dry mushrooms; remove stems (use in soups, stews, etc.). In a small bowl combine ham, bread crumbs, two tablespoons of the walnuts, sherry and horseradish; set aside.

tender and filling is hot, about five minutes.

Serve as an appetizer, hors d'oeuvre or with a salad as a luncheon dish. The mushrooms can be partially baked and stuffed early in the day, refrigerated, and baked until hot just before serving.

1 (8 ounce) package egg noodles  
1 (7 ounce) can tuna  
2 hard-cooked eggs, finely chopped  
1 can cream of mushroom soup, undiluted  
1 cup shredded cheddar cheese  
¼ cup milk



## Coffee ring wins hands down at bridge gathering

Elegant enough to serve for a party; simple enough to serve often for family and friends.

**ORANGE NUT COFFEE RING**  
(Yield: 8 to 10 servings)

2 tablespoons sliced almonds or chopped nuts  
One-third cup orange marmalade or apricot preserves  
6 cup sugar  
1 tablespoon grated

orange peel  
2 cans (10-ounce) cans refrigerated flaky biscuits  
¾ cup margarine or butter, melted  
Using one tablespoon solid shortening, generously grease two and one-half quart ring mold or 12-cup fluted tube pan. Sprinkle sliced almonds evenly over bottom and sides of greased pan. Spoon marmalade over nuts in bottom of pan. Combine sugar and

orange peel; set aside.  
Separate biscuit dough into 20 biscuits. Dip each biscuit in melted margarine, then in orange mixture. Stand biscuits on edge, slightly overlapping around prepared pan. Sprinkle any remaining sugar mixture over biscuits.  
Bake in preheated 375-degree oven for 25 to 30 minutes or until deep golden brown. Turn onto serving plate.



## Menu of cooking classes scheduled

With the holiday season right around the corner, The Pan Handler and Poverty Bay Wine Co. are jointly sponsoring a fall schedule of cooking classes ranging from cheese cookery to French regional cooking.

French Regional Cooking I is the first class in a series outlining the different provinces of France. Judy Cozine recent who recently returned for a week's study at La Verne Cooking School in Paris, will offer background information and instruct students in the preparation of selected dishes from the French cuisines. Food and wine are included. Classes are scheduled for Oct. 18 7 to 9 p.m. and Nov. 15 10 a.m. to noon. Fee is \$17.50 for one session. Metric Mousse is designed for young

cooks ages eight and above. They will learn the use of metrics as applied to cooking. Students will also learn to make chocolate mousse and other foods. Classes are offered Oct. 13 noon to 2 p.m. Nov. 10 noon to 2 p.m. Fee is \$10 for one session.

Cheese Cookery Two will teach ways to incorporate cheese into the meal and instruct students on the various types of cheese and uses. Classes are offered Nov. 6, 13 and 20 from 7 to 9 p.m. Fee is \$45 for three sessions.

Make Ahead Gifts offers holiday gift ideas. One class is offered from 7 to 9 p.m. Nov. 8. Fee is \$17.50.

Holiday Baking Series will feature baked goods from Europe and America. Gisela Hohendorf teaches the four-session class.

Students bring own ingredients and take home the finished product. Classes offered Nov. 7, 14, 28 and Dec. 5 from 7 p.m. to 10 p.m. Fee is \$42.50.

"What's Cookin' Cuisinart?" is designed for those who own a food processor or are considering purchasing one. Christi Williams will demonstrate the use of the kitchen appliance. Each class will feature a complete dinner with wine. Class offered Oct. 17 and Nov. 5 from 7 to 10 p.m. Fee is \$17.50 for one session.


Advance reservations may be made at the Pan Handler, 31407A Pacific Highway S. or Poverty Bay Wine Co., 31205 Pacific Highway S. Fees must be paid in advance.

**APPLE CHUTNEY SOUP**  
(Yield: 6 to 8 servings)  
2 cans (10-¾ ounces each) cream of asparagus soup

1 can (10-¾ ounces) cream of celery soup  
½ teaspoon curry powder  
3 soup cans water  
2 teaspoons chopped chutney

1 cup chopped apple  
In saucepan, blend soups and curry powder; gradually stir in water. Add chutney and apple. Heat; stir



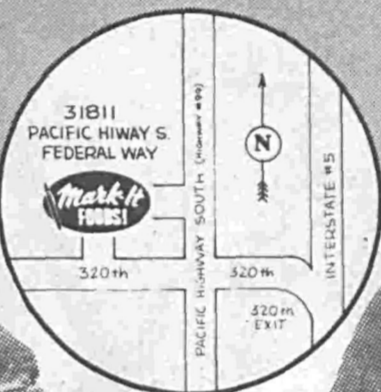
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6 TO 8-LB.  
AVERAGE,  
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ADDED  
LB. **69¢**

  
**PORK LOIN  
ROAST**  
ARMOUR  
VERI-BEST,  
LOIN END,  
3 TO 4-LB. AVG.  
LB. **\$1.19**

  
**PORK  
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LB. **\$1.39**

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<b>PORK LOIN CHOPS</b> ..... Armour Veri-Best, Lb.	<b>\$1.79</b>	<b>LUNCH MEATS</b> ..... Assorted, 12-Oz. Pkg., Ea.	<b>Hygrade, 98¢</b>
<b>LINK SAUSAGE</b> ..... Lennon's, Lb.	<b>\$1.69</b>	<b>WIENERS</b> ..... All Beef, 12-Oz. Pkg., Ea.	<b>Hygrade, 89¢</b>
<b>SLICED PICNICS</b> ..... Hygrade, 6-8 Lb. Avg., Water Added, Lb.	<b>79¢</b>	<b>SIZZLEAN</b> ..... Breakfast Strips, Swift's, 12-Oz. Pkg., Ea.	<b>\$1.19</b>

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FOR YOU!**

# Coffee treat for break time

Friends and family will praise the baker who serves this maple cream coffee treat fillee with caramel topped dessert.

## MAPLE CREAM COFFEE TREAT

(Yield: 8 to 10 servings)

1 cup firmly packed brown sugar  
 1/2 to 3/4 cup chopped nuts  
 One-third cup maple flavored syrup or dark corn syrup  
 1/4 cup margarine or butter, melted  
 1 package (8 ounce) cream cheese, softened  
 1/4 cup powdered sugar

2 tablespoons margarine or butter, softened  
 1/2 cup coconut, if desired  
 1 can (8 ounces) refrigerated flaky biscuits

In ungreased 12-by-8-inch or 13-by-9-inch baking pan, combine first four ingredients. Blend cream cheese, powdered sugar and two tablespoons margarine until

smooth; stir in coconut. Separate dough into 20 biscuits; press or roll each to a 4-inch circle. Spoon one tablespoon cream cheese mixture onto center of each biscuit. Overlap dough over filling forming finger-shaped rolls. Place rolls seam side down, in rows of 10 over syrup mixture in pan.

Bake in preheated 350-degree oven for 20 to 30 minutes or until deep golden brown. Cool three minutes; turn onto serving plate or waxed paper. (Refrigerate any leftovers.)

For a delicious combination of flavors, peaches and cream dessert will spark compliments galore for this dessert.

## PEACHES AND CREAM CRESCENT DESSERT

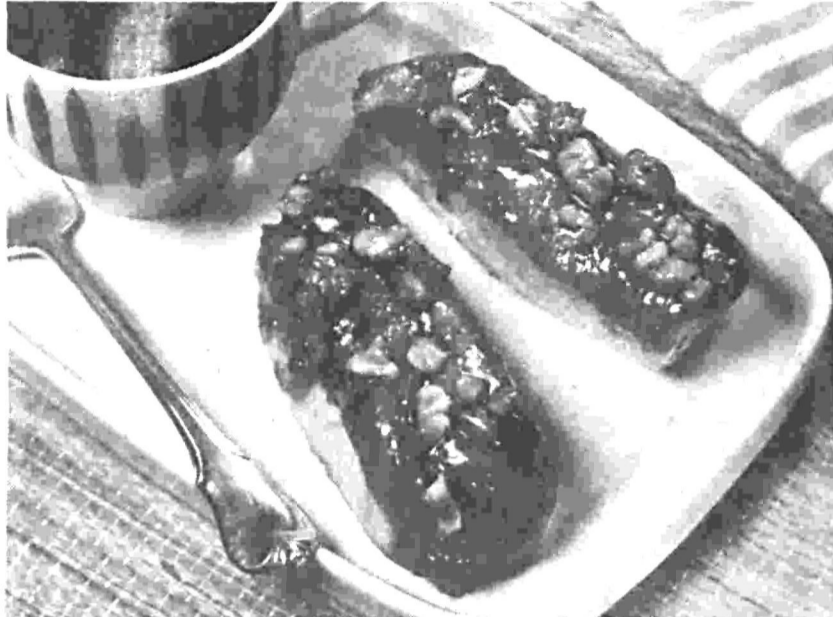
(Yield: 12 to 15 desserts)

1 can (8 ounces) refrigerated crescent dinner rolls  
 1 package (8 ounces)

cream cheese, softened  
 1/2 cup sugar  
 1/2 to 1 teaspoon almond extract  
 1 can (21-ounces or two cups) prepared peach fruit filling  
 1/2 cup all-purpose, unbleached or self-rising flour  
 1/4 cup firmly packed brown sugar  
 3 tablespoons margarine or butter, softened

1/2 cup sliced almonds or chopped nuts  
 Separate crescent dough into two long rectangles. Place in ungreased 13-by-9-inch pan; press dough to cover bottom of pan, sealing perforations. Blend cream cheese, sugar and almond extract until smooth; spread over dough. Spoon fruit filling evenly over cream cheese mixture. Com-

bine flour, brown sugar and margarine; mix until crumbly. Stir in almonds; sprinkle crumb mixture over fruit filling. Bake in preheated 375-degree oven for 25 to 30 minutes or until golden brown. Cool cut into squares. (Refrigerate any leftovers.)  
 Tip: Cherry or apple fruit filling may be substituted.



# Glazed puffs recall tropical flavors

Banana and coconut make a tasty filling for these pretty glazed pastries.

## HAWAIIAN PUFFS

(Yield: 8 pastries)

1 can (8-ounce) refrigerated crescent dinner rolls  
 1 large ripe banana, peeled and cut into eight 3/4 to 1-inch slices  
 1/4 cup coconut  
 1/4 cup pineapple or apricot preserves

banana slice on wide end of each triangle. Combine one-fourth cup coconut and one-fourth cup preserves; spoon about one and one-half teaspoons over each banana slice. Fold corners over filling and roll toward opposite point, completely covering filling; seal well. Place in eight ungreased muffin cups.

Bake in preheated 375-degree oven for 15 to 20 minutes or until deep golden brown. Remove from pan; cool. Combine powdered sugar, one tablespoon preserves and water until smooth; drizzle Glaze over rolls. Sprinkle each with coconut. Serve warm or cool.

**Glaze**  
 1/2 cup powdered sugar  
 1 tablespoon pineapple or apricot preserves  
 1 to 2 teaspoons water

Coconut  
 Separate crescent dough into eight triangles. Place a



# So you're planning dinner?

Preparing a meal for your new relatives can be a frustrating experience, especially when you haven't been married very long. Rather than trying elaborate dishes, plan a simple meal using familiar, convenient foods.

Avoid timing problems by serving a one-dish meal like the Sweet and Sour Boiled Dinner suggested here. Pork loin, sweet potatoes, onions, green beans and cabbage are simmered in a seasoned sauce and served piping hot.

For dessert serve a luscious Strawberry Shortcake. This

recipe makes good use of readily available convenience foods like frozen strawberries.

## SWEET AND SOUR BOILED DINNER

(Yield: 6 to 8 servings)

4 pound pork loin  
 3 cups white grape juice  
 2 cups water  
 1 cup ketchup  
 1/4 cup garlic flavored wine vinegar  
 1 tablespoon dry mustard  
 2 teaspoons salt  
 1/4 teaspoon pepper  
 8 small yellow onions, peeled  
 6 medium sweet

potatoes, peeled and halved  
 1 pound fresh whole green beans  
 1 medium purple or green cabbage, cut in wedges  
 Horseradish

Place pork in a large kettle. Add white grape juice, water, ketchup, vinegar, mustard, salt and pepper. Bring to a boil, cover and reduce heat. Simmer for two to two and one-half hours until pork is tender. Add onions and sweet potatoes for last 40 minutes; green beans and cabbage for last 15 minutes.

Serve pork on large platter surrounded by vegetables. Pass sauce and garnish with horseradish.

## STRAWBERRY SHORTCAKE

(Yield: 4 servings)

1 package (16 ounces) frozen whole strawberries in syrup, thawed  
 1/2 cup strawberry jam  
 1 tablespoon cornstarch  
 1 tablespoon fresh lime juice  
 1/4 cup dairy sour cream  
 1 package (3 ounces)

cream cheese, softened  
 1 teaspoon grated lime peel  
 4 prepared heat 'n serve biscuits  
 Drain strawberries; reserve syrup. Combine one-half cup syrup with strawberry jam, cornstarch and lime juice. Heat, stirring until thickened. Cool. Add strawberries.  
 Combine sour cream, cream cheese and lime peel. Split biscuits; fill with strawberries. Close biscuits. Garnish with cream cheese mixture.

# Fondue inspires instant party

For an instant party, heat up the fondue pot and let your guests dip right in. This recipe for Lobster Fondue calls for cooked or canned lobster pieces, shrimp soup and shredded sharp cheddar cheese. Serve with a loaf of fresh French or Italian bread, cut into cubes and a favorite bottle of wine for a fun evening.

**LOBSTER FONDUE**  
 (Yield: 4 servings)  
 2 cans (10 ounces each) frozen condensed cream of shrimp soup, thawed

1-1/4 cups milk  
 1 cup (4 ounces) shredded sharp cheddar cheese  
 1 cup cooked or canned lobster pieces  
 Dash paprika  
 Dash cayenne  
 2 tablespoons sherry  
 1 loaf French or Italian bread cut in cubes with crust on each

In a fondue pot, combine soup with milk and heat slowly until mixture steams. Gradually add cheese, stirring often, until melted. Stir in lobster, paprika, cayenne and sherry. Heat until bubbly.

Tops Chapter 642 (each Monday, 7 p.m.) Babysitting will be available, call Jackie at 927-8544, Federal Way United Methodist Church, 29645 51st S.

TOPS Chapter 780 (each Thursday, 10 a.m.) Des Moines United Methodist Church, call 878-8107 or 878-3410 for information.

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 (cut from 17/20 # Loins)  
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 Patti Jean **GAME HENS** 25 oz. avg. frozen **68¢** lb.

**SPARERIBS** 1.09 lb.  
 Fresh Pork 3/5 lb. Avg.

Due to staffing limitations, some fresh meat items may not be available on Sun.

<b>KITCHEN QUEEN FLOUR</b> 1 49 10 lb.	<b>C &amp; H GRANULATED SUGAR</b> 2 18 10 lb.	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;"><b>MISSION MACARONI &amp; CHEESE DINNER</b> 3/1 7 1/2 oz.</td> <td style="width: 50%;"><b>KRAFT GRATED PARMESAN CHEESE</b> 1 79 8 oz.</td> </tr> <tr> <td><b>KRAFT AMERICAN SINGLES CHEESE</b> 1 39 12 oz.</td> <td></td> </tr> </table>	<b>MISSION MACARONI &amp; CHEESE DINNER</b> 3/1 7 1/2 oz.	<b>KRAFT GRATED PARMESAN CHEESE</b> 1 79 8 oz.	<b>KRAFT AMERICAN SINGLES CHEESE</b> 1 39 12 oz.	
<b>MISSION MACARONI &amp; CHEESE DINNER</b> 3/1 7 1/2 oz.	<b>KRAFT GRATED PARMESAN CHEESE</b> 1 79 8 oz.					
<b>KRAFT AMERICAN SINGLES CHEESE</b> 1 39 12 oz.						
<b>NALLEYS LUMBERJACK SYRUP</b> 89¢ 24 oz.	<b>NALLEYS CHILI</b> 59¢ 15 oz. REG. HOT, THICK..... EA.	<b>KRAFT MIRACLE WHIP</b> 69¢ 16 oz.				
<b>NALLEYS PICKLES</b> 22 oz. 63¢ GARLIC, FRESH KOSHER, HAMBURGER CHIPS..... EA.	<b>NALLEYS CORNED BEEF HASH</b> 79¢ 15 oz.	<b>NALLEYS POUR DRESSINGS</b> 8 oz. 49¢ FRENCH CHUTNEY 1000 ISLAND ITALIAN BUTTERMILK CREAMY CUCUMBER..... EA.				
<b>NALLEYS PORK &amp; BEANS</b> 59¢ 31 oz.	<b>SMUCKERS STRAWBERRY PRESERVES</b> 1 19 18 oz.	<b>BUMBLE BEE SOLID PACK ALBACORE TUNA</b> 7 oz. WATER OR OIL PACKED..... EA. 99¢				
<b>REDS CORN TORTILLA</b> 14 oz. 39¢	<b>REDS FLOUR TORTILLA</b> 16 oz. 59¢	<b>PARADE PEARS</b> 2/89¢ 1/2's 16 OZ.				
<b>4 ROLL Soft 'n Pretty TOILET TISSUE</b> wht, assorted col. <b>79¢</b>	<b>SMUCKERS RASPBERRY PRESERVES</b> 1 49 18 oz.	<b>PARADE YELLOW CLING PEACHES</b> 1/2 or Sl. 16 oz. 2/89¢				
<b>RED OR YELLOW DELICIOUS APPLES</b> 3/1 00 lb. WASHINGTON GROWN EXTRA FANCY	<b>Van Camp PORK &amp; BEANS</b> 59¢ 31 oz.	<b>SUNKIST ORANGE JUICE</b> 12 oz. 69¢				
<b>US #1 CARROTS</b> 25¢ 1 lb. Cello Bag EA.	<b>REDS CORN TORTILLA</b> 14 oz. 39¢	<b>POLAR VEGETABLES PEAS, PEAS &amp; CARROTS MIXED, CUT CORN</b> 20 oz. 2/89¢				
<b>Right Guard Bronz</b> 10 oz. \$1.58	<b>Assure Tampons</b> 30's \$1.67	<b>BANQUET MEAT PIES</b> 8 oz. 3/1 00 BEEF, CHICKEN TURKEY				
<b>Our Prescription Department</b> is open on Sundays and holidays 11 AM to 3 PM for your convenience		<b>CRISP GREEN STALKS CELERY</b> 39¢ EA.				
		<b>SCOPE MOUTH WASH</b> 1 73 18 oz.				
		<b>HEAD &amp; SHOULDERS SHAMPOO LOTION</b> 2 89 11 oz.				
		<b>—VAN DE KAMP'S— Cinnamon Rolls</b> 89¢ 12 oz.				
		<b>Silver Nuggets</b> 89¢ 8 1/4 oz.				
		<b>Chocolate Angel Food Cake</b> 3.69 36 oz.				

# Food King

**NORTH SHORE VILLAGE SHOPPING CENTER**  
 SOUTH 356th & 21st S.W. FEDERAL WAY  
 PRICES EFFECTIVE 7 DAYS  
 SUN 10:7 MON - SAT 9-9  
 Oct. 17-23

We Reserve The Right to Limit