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'Serving the community  
since 1953'

# Federal Way News

Federal Way,  
Washington 98003

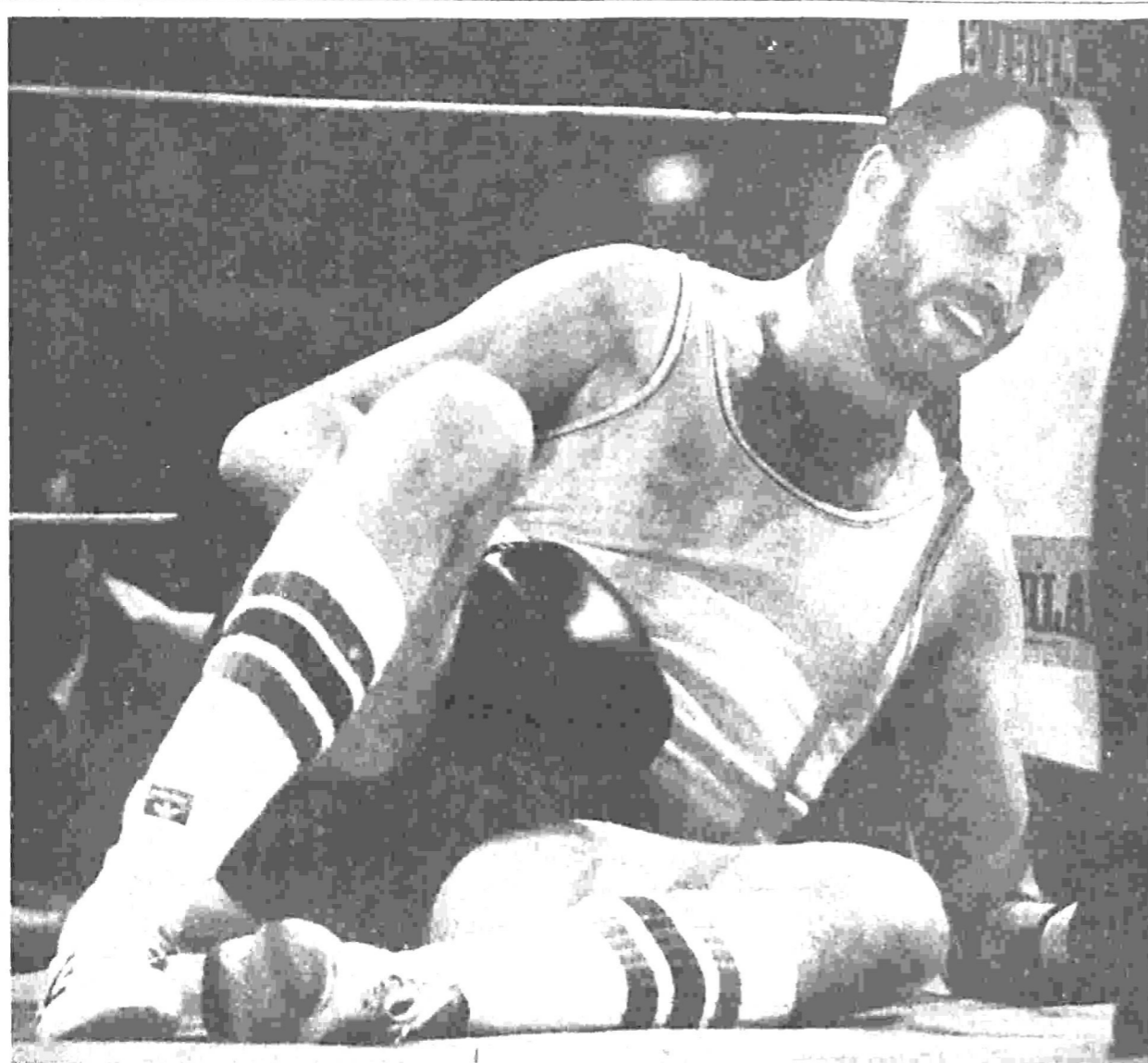
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## A grave story: 90 years' history

FEDERAL WAY'S cemeteries are a strong contrast of old and new, spanning nearly a century of the area's history. St. George's Cemetery, above, is barely recognizable as a burial ground, having fallen victim to years of neglect and vandalism. But just to the west of that small hillside cemetery of the early 1900's is Gethsemane, a new Catholic cemetery that opened less than a decade ago. Dennis Fairbank, pictured, is the superintendent of both Gethsemane and St. George's and says he has some hope of restoring the older graveyard. Both the overgrown St. George's and Gethsemane are situated on 142 acres that at one time served as an Indian missionary. MT. VIEW is the area's third cemetery, a burial ground on the slope overlooking Auburn. It has its roots in Pioneer Cemetery whose graves were moved to their present site after flooding of the Green River damaged the valley graveyard. At right Mt. View Superintendent Wil Nichols stands before one of the older tombstones. The maple tree in the background was a sapling planted when the French family purchased these plots and grew to such a magnitude that one of the plots was overgrown by the majestic tree's roots.

—staff photos



## Breather

RON OLSON of Federal Way was decidedly not taking a dive after absorbing a punch in Sunday's "So You Think You're Tough" boxing card in Tacoma. Olson fell victim to a second round

technical knockout in the event, which was designed to give non-professional fighters a chance to test their ring skills and a crack at \$1,000.

—photo by Roy Musitelli

## Arson suspected in Sat. Redondo apartment fire

Arson is suspected in the early Saturday morning blaze that destroyed the Redondo apartment belonging to Chris Palzer, a well-known Federal Way investor.

According to the Federal Way Fire Department, preliminary investigation into the damage places the loss at approximately \$100,000. Destroyed in that fire at 800 S. 281st St. were the apartment, a Cadillac, three motorcycles, a motor home, two

snowmobiles and a variety of tools.

Dan Lester of the King County Arson Squad said Monday that studies indicate the fire was started with a flammable liquid; the ignition source is undetermined.

Federal Way Fire Department responded to the fire at about 12:45 a.m. with three engines, a ladder truck, one medic unit and one aid unit. That department

received mutual aid from Fire District 30.

While the fire broke out in Palzer's apartment, he actually lives in the house east of the complex that burned. No one was home when the fire was reported, and there was some indication the Palzer home had been entered illegally. No injuries were reported in that fire.

The Arson Squad said it will continue its investigation into the blaze.



FIRE DESTROYED an apartment and several vehicles, including this motor home, belonging to Federal Way investor Chris Palzer early Saturday morning.

This is the motor home recognized by some for its inscription of "Foxy Lady Motel" across the side.

—photo by Jay Dean

## Wave goodbye to the waivers

by Jim Shahan

They waved goodbye to the waivers Monday.

This year the Federal Way School District can apply for state funds without seeking waivers from the newly enacted state Basic Education Act (BEA).

Assistant Superintendent Ron Johnson told the Federal Way School Board Monday night that with the increased state funding of education the district now complies with all major aspects of the law and need not seek waivers in order to receive state funding.

Last year, due to annual school levy failures, the district was unable to meet the stringent requirements of the act and had to seek waivers from the state board. The board approved some of the waivers but required the district to meet other aspects, straining the budget in some areas.

That's not the problem this year. Johnson told the board that the district has been able to increase course offerings by 107 hours this year, reduce the teacher to pupil ratio from 29 to 1 to 27 to 1 on a district wide average, and meet or exceed the required teacher to pupil contact time of 25 hours per week.

IN OTHER BUSINESS the board rejected a request by Superintendent Milton Snyder and three Kilo Junior High teachers to participate in a marathon race in New York City.

The trio of teachers had asked the board to provide for substitute teachers during their absence and to not dock their salary for the time off.

Snyder lost his first major confrontation with the board in supporting the unusual proposal. The teachers had submitted the request in the hopes that the board would recognize the educational value of such a program.

Board member Bill Miller said he was embarrassed that the question had ever reached the board. Snyder said that he was looking for "winning type things" that students and schools could identify with and that it was a symbolic thing. "Image is critical," Snyder said.

The only cost to the district would have been approximately \$252 in substitute teacher pay.

The three teachers had planned to pay for their own expenses to and from the marathon. The three indicated they will still attend the race.

The vote to approve failed on a 2 to 2 vote. Board members John Hickman and Miller were opposed and Dick Schoon and Nancy Ise were in favor. The fifth board member, Larry Van Sickle, was absent.

## Drug seminar set to begin tonight

Organizers of a three-part seminar entitled "Parents, Kids and Drugs" — the program begins tonight at Decatur High School — were still worried Monday about whether Federal Way parents would attend or not.

A spokesperson for Federal Way Organizations Serving Youth (FWOSY), the group that put the seminars together, said that recent publicity on the program seemed to have engendered some public interest.

But how much, the spokesperson said, was impossible to predict.

The seminar, which will begin at 7 p.m., will open with an introduction to the drug problem in Federal Way, with an emphasis on showing the participants how to identify various kinds of drugs, and how these drugs, alcohol included, affect their users. Subsequent sessions, at 7 p.m. Oct. 17 and at the same time on Oct. 24, will focus on the short and long-term symptoms of drug abuse and on what the public can do to help solve the problem.

NOTING THAT various opinion surveys indicate that Federal Way residents view crime as the community's number one problem, organizers have been stressing that the seminars offer the possibility of working with others to find solutions.

And Milton L. Snyder, Federal Way's superintendent of schools, has called the program one of the most important for parents.

The drug seminars are part of an ongoing schedule of discus-

sions and presentations called the Federal Way Family Forum.

As with other sessions, the drug seminars will feature a combination of films, panel discussions and small group activities that will give everyone who attends an opportunity to participate.

FWOSY members — they include local school officials, police officers, social workers and representatives of various other community interests and organizations — had hoped that the entire forum series would engender considerable community interest.

BUT THE turnout at the first session, held last month, was of only about 30 persons.

One member said later that the group "might just have to recognize the possibility that a lot of parents here don't really care."

The spokesperson said that by scheduling the drug seminar well in advance — the program was announced last summer and was publicized as early as August — FWOSY had hoped to give parents time to plan their schedules accordingly.

Additional family forum programs will include discussions on teen-parent relationships, teenage sexuality and a variety of other matters related to the topic of "families surviving change."

These will be presented later this year and early next, with one topic scheduled for discussion each month.

## wednesday

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### Weather forecast

Fair and warmer with early morning clouds. Highs will be in the low 70's and lows in the 50's. Winds northerly 5-15 mph. Chance of rain 0 percent.



Editorials

The good move on

Like competent people in any other profession, good city managers are always in demand.

Thus, it was no surprise when Doug Schmitz announced last week he is quitting as Normandy Park's chief administrator and will soon become the assistant city manager of Bellevue.

Normandy Park officials have raved about the work Schmitz has done during the year he has spent in their city. They have also kept in mind that Schmitz, at the age of 28, is a young man on the way up.

"It was just a matter of time," as city councilman Robin Little said, before another city would recognize that and make Schmitz an offer he couldn't refuse.

Bellevue is getting an administrator who has helped

invigorate Normandy Park employees, keep the city's parks and roads projects in gear, update city ordinances, and hire an apparently talented new police chief.

Of his accomplishments during his brief tenure, Schmitz is proudest of "taking the city organization and projecting it forward into the 1980s — getting it to look ahead to the future and not operate on a day-to-day basis."

Schmitz admits he will miss Normandy Park, but he is anxious to begin his new, prestigious duties.

We join with his coworkers of the past 12 months in wishing him luck.

We also wish Normandy Park luck in finding a new city manager who will match the sound management of Doug Schmitz.

Party-throwers should pay the bill

We agree with a recent court ruling which required the organizer of a party to pay the bill for county police intervention when the celebration got out of hand.

A King County Justice Court judge in Federal Way recently ordered a young woman to pay the county \$250 — the cost for police to break up her birthday party.

Initially, a single police car responded to the complaint of a noisy party, but when the officer attempted to quiet the partiers down they threw beer bottles at him.

Soon there were 10 police cars with 10 officers on the scene, a customary response

when there are at least 150 persons involved, police say.

Even though this incident involved juveniles, including the party organizer, the judge said his ruling should serve as a warning to adults and juveniles alike who throw large parties and allow them to become unruly.

The judge's ruling makes sense. Besides costing the taxpayers for the police time and vehicle use, such an incident takes officers away from their patrols and beats where they are really needed.

It's time for the troublemakers to start paying the bills themselves.

Fast track Congress

When there's a problem throw a bunch of bureaucrats at it or, better yet, create a new federal agency.

The U.S. Senate voted 68-25 last week to create a four-member Energy Mobilization Board aimed at cutting through red tape blocking construction of energy related facilities.

The board is the first and probably least controversial in President Jimmy Carter's energy program unveiled July 15.

Commenting on the Senate bill, Carter said the board could "cut through unnecessary procedural delays..." One can only ask that if those procedures are unnecessary why do they exist in the first place? We don't doubt the existence of red tape, or the need to "fast track" certain projects but the existence of a federal anti-red-tape bureaucracy is almost laughable.

Meanwhile, the meat of Carter's energy package — the cornerstone — is bogged down in committee hearings and a quagmire of lobbyist rhetoric. Carter's energy program is helpless without the windfall profits tax on the big oil companies.

At first such a tax was given little chance of success. Then, as the oil company rip offs became more flagrant, the mood in Washington D.C. shifted and Congress grew irritated with the oil company conglomerates. Then the high-powered lobbyists went to work and Congress backed off.

Now the price of gas exceeds \$1 a gallon and to the surprise of no one there's plenty available. Gas is available at all hours — even on Sunday — the lines have disappeared and gas station owners are packing away their red, green and yellow flags like so many Christmas decorations, to be dragged out at the next gas price increase season.

The American public is at the mercy not only of the oil exporting nations but our own domestic oil companies as well. Conservation can reduce the dependency on the former and the windfall profits tax will at least help control the latter.

Rather than an Energy Mobilization Board, what we need is a Congress Mobilization Board to "fast track" our elected officials in Washington D.C. into acting on the tough issues.

No' to sloppiness

Gov. Dixy Lee Ray took a tough and proper stand last week when she padlocked the Hanford nuclear waste facility after three shipments arrived either improperly packaged or in violation of transportation regulations.

In the wake of the Three Mile Island nuclear accident the safety of nuclear energy and the disposal of waste is being challenged in every

part of the country.

It's incidents such as those at Hanford that lend credence to the claim that "human error" makes the handling of radioactive material unsafe.

In closing the Hanford dumping ground the Governor has made it clear that sloppiness in the handling of radio active waste can not and will not be tolerated in this state.



Jeanne Sweeney



Long goodbye

To tell the truth, I'm a little mad at Summer.

First of all, it arrived just as Spring and I were really getting to know one another. Once Summer arrives on the scene, that's it. Summer takes over. It dominates. Spring, always a bit timid, excused itself and left town.

Rudely, I suppose, I forgot to say goodbye to Spring. Or say come again, or see ya' later.

Summer does that to people.

First you take off your shoes, when Summer arrives, then you put on your

play clothes and even when you are hard at work in some stuffy office, there is a feeling of vacation, of party time, of recreation, of fooling around.

It is very hard to be serious during Summer's visits.

People are more social in the presence of Summer. It's easier to smile at strangers when it isn't raining or freezing or snowing.

People are more relaxed, unless they are trapped in the West Seattle bridge traffic or in the 5 o'clock rush.

But Summer is not a reliable season. It comes and

The Gay Blade East-West dialogue

by Henry Gay



Evergreen State is green because it rains, and the trees grow because it rains. Rainfall is a natural process. So is catching cold, which is nature's way of making you stop talking through your nose.

Teng: It was most difficult to carry on diplomatic duties with a nose emulating a fountain, but I suppose a cold is preferable to cancer contracted from nuclear waste seeping toward the Columbia River from the dumping grounds in your inland Empire.

Ray: That's the most biased and prejudiced statement I've ever heard. Nuclear waste is not dumped, it's managed. And not one living thing has ever been harmed by the waste stored at Hanford, not even in the areas that are off limits because no living thing can live there.

Teng: A thousand pardons, but I am sincerely worried about this problem of radiation from nuclear waste. You would like us to buy your apples, but the Chinese people definitely have a prejudice against fruit that glows in the dark. Do you suppose this might cause a barrier to trade?

Ray: It wouldn't if you'll quit whimpering like an environmental extremist. You've been misinformed. There is more radiation in a Shanghai sidewalk than there is in a Washington apple. Given the worst that could happen at Hanford, the radiation ingested by eating a Yakima Valley apple would be the equivalent of two chest x-rays or ten seconds with your head in a microwave oven.

Teng: You will excuse me if I persist, but I am responsible for the health of 800 million people...

Ray: There is no such thing as a little bundle of love without a pile of dirty diapers, Buster. The

goes just any old time. And forgets promises. Summer breaks promises with ease. Just because it is scheduled to be here in June through September, doesn't mean that you can count on Summer to show up at any or even one of your special events.

Just plan a gigantic gathering at your home, several weeks in advance, of course. Lay out a bunch of cash for food and other items of festivity, count on the outdoors to play a major part in the success of your party, and Summer will forget the date. Summer often arrives a day before or a day after big, important parties.

Summer doesn't give reasons for leaving you and your guests out in the cold. That's Summer's secret.

This year Summer chose to spend a lot of time around town. Only a few disappointments were recorded. The Fourth of July, Labor Day, the Company Picnic...

This year, in fact, Summer

decided to hang around well past the opening of school, long after most vacations were over, and far past its expected departure time.

I felt a little sorry last week when it became evident that Autumn was due to arrive. There was old Summer still playing out there trying to fool people that there was still time to get a sun tan. But it was showing fatigue. Later sunrises, earlier sunsets.

In a friendly sort of way, showing my respect by not wearing a coat, I tried to remind Summer that it was time to go. But come again next year, Summer, I urged.

Next morning, there was old Summer, doing a one-two-three dance in the sun. Doing its best to get me to come outside and play. But I could tell that Autumn was on its way. Summer would have to go.

You must go now, Summer.

I really hate these long goodbyes.

vival of the fittest is the way to take care of overpopulation, and I'd say you are about 400 million overpopulated.

Teng: From each according to his abilities, to each according to his needs.

Ray: That sounds like a lot of commie bushwa to me. You wouldn't last in office ten minutes in the United States with that line. If you started giving to each according to his needs, you'd get a big zero in campaign contributions.

Teng: This has been a most memorable conversation. I regret that it must come to an end, but I am due to meet with

His Eminence, the City Clerk of Escondido, California, who is here on a tax-paid junket such as your own.

Ray: You must have wax in your ears. I told you I'm here with my sister and these other experts to foster goodwill and drum up some trade.

Teng: May the bird of dim sum deepiry my liver. I will be forever in your debt if you would tell your President Carter that I am deeply distressed about his spineless approach to the matter of Soviet involvement in Vietnam.

Ray: I'll tell him to send you a box of Kleenex.

In case of emergency

The following are emergency telephone numbers for the Federal Way and Des Moines areas:

- Federal Way FIRE Department 839-2121
- Des Moines FIRE Department 878-2111
- Medic I (MEDICAL EMERGENCIES) 839-2121
- Des Moines POLICE Department 878-3301
- King County Police Tacoma exchange 833-7000
- Seattle exchange 344-4080
- Washington State Patrol Tacoma exchange 593-2424
- Seattle exchange 464-6610

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# A century of history:



ONE OF THE last erect tombstones at St. George's is that of Robert Cassin, who died on Sept. 29, 1898. There is no way to determine whether Mr. Cassin was Indian or caucasian, or even whether the stone is in the right place.

—photo by Nathalie Weber



THIS IRON railing is one of the few remaining indications that St. George's Cemetery ever existed. Although most of the graves are believed to have been on the open hillside, this fence may have been reserved for a special family, or perhaps the nuns who taught at the Indian mission. The hollow in the ground just inside the fence is the result of vandals excavating the graves in search of Indian treasure.

—photo by Nathalie Weber

by Nathalie Weber  
Much history is embraced here. These acres of land tucked away on hillsides, camouflaged by towering trees, summon the past.

Here are the stone reminders of the pioneer Brannon family, several of whom were "murdered by Indians," the inscription reads. Here are the headstones that mark the burial grounds of Federal Way's Indian mission during the late 1800's.

These are Federal Way's cemeteries, two expansive grounds comprising three graveyards. All but one of those

cemeteries also are the burial grounds of the future. That one vanishing cemetery is the mission graveyard, St. George's.

Today there is little indication that a cemetery ever existed on the small slope in south Federal Way. Overgrown by ferns and blackberry vines, only a few headstones remain, most of them toppled by vandals. The cemetery now sits in a corner of the modern Gethsemane Catholic Cemetery, flanked by the freeway and its ceaseless noise, but 90 years ago it was Federal Way's only burial ground.

THE OLDEST grave identified in the mission cemetery is marked 1889, the year after Catholic Missionary Peter Hylebos opened St. George's Indian Mission near what now is South 373rd Street and Pacific Highway South. Records indicate that Indians, nuns and pioneers were buried in that cemetery until the early 1920's.

The exact burial plot and the identity of many of those interred at St. George's is sketchy at best. Often Indians assumed European surnames because the Indian names were too difficult for the white man to pronounce. Those European names frequently were inscribed on the gravestones, shading the identity of the person buried.

Burial identification also is difficult, according to Gethsemane Superintendent Dennis Fairbank, because most of the graves were moved to a Tacoma Cemetery dozens of years ago. Vandals have obscured whatever was left.

Today the small hillside is marred by gaping holes — the calling

card of trashers who excavated the graves in search of Indian treasures — and the mostly broken and toppled headstones. It is estimated some 250 persons were once buried there.

THE 142 ACRES that comprised the mission school were closed in 1936, apparently during a period when the Church had little money for clothing the students and staffing facility. During the Second World War, the land was used to build St. George's apartments, intended to help ease the post-war housing shortage.

The school building was razed in 1971. That same year the Catholic Church plotted the acreage for a cemetery, which today is the resting place for some 80 persons. The majority of that cemetery still is available for burial.

The third area cemetery is Mt. View, a 55-acre stretch of land overlooking Auburn. The property of the City of Auburn, Mt. View incorporates the elegance of the past with the practicality of the present. Its older corner is

decorated with erect tombstones, engraved with memories of those buried beneath. Its newer sections contain only markers flush with the ground.

"It's a matter of time," Mt. View Superintendent Wil Nichols said. "We just don't have the manpower to hand mow around the tombstones anymore."

Some of the 6,000 graves originally were set in the Auburn — then known as Slaughter — Pioneer Cemetery. Most of the cemetery was moved up the hill in the 1890's because high waters from the Green River frequently flooded the valley, including the cemetery. That was the birth of Mt. View.

BY 1946 the cemetery had been neglected, was overgrown and in a "deplorable state," Nichols explained. Interested residents then initiated a club to maintain the grounds, once again reviving the sagging cemetery.

Today Mt. View rests on the slopes east of Federal Way, a well-manicured acreage with a vista of Mt. Rainier. Nichols, a

soft-spoken man, has supervised the cemetery for more than 10 years and has overseen the burial of an average 250 persons each year.

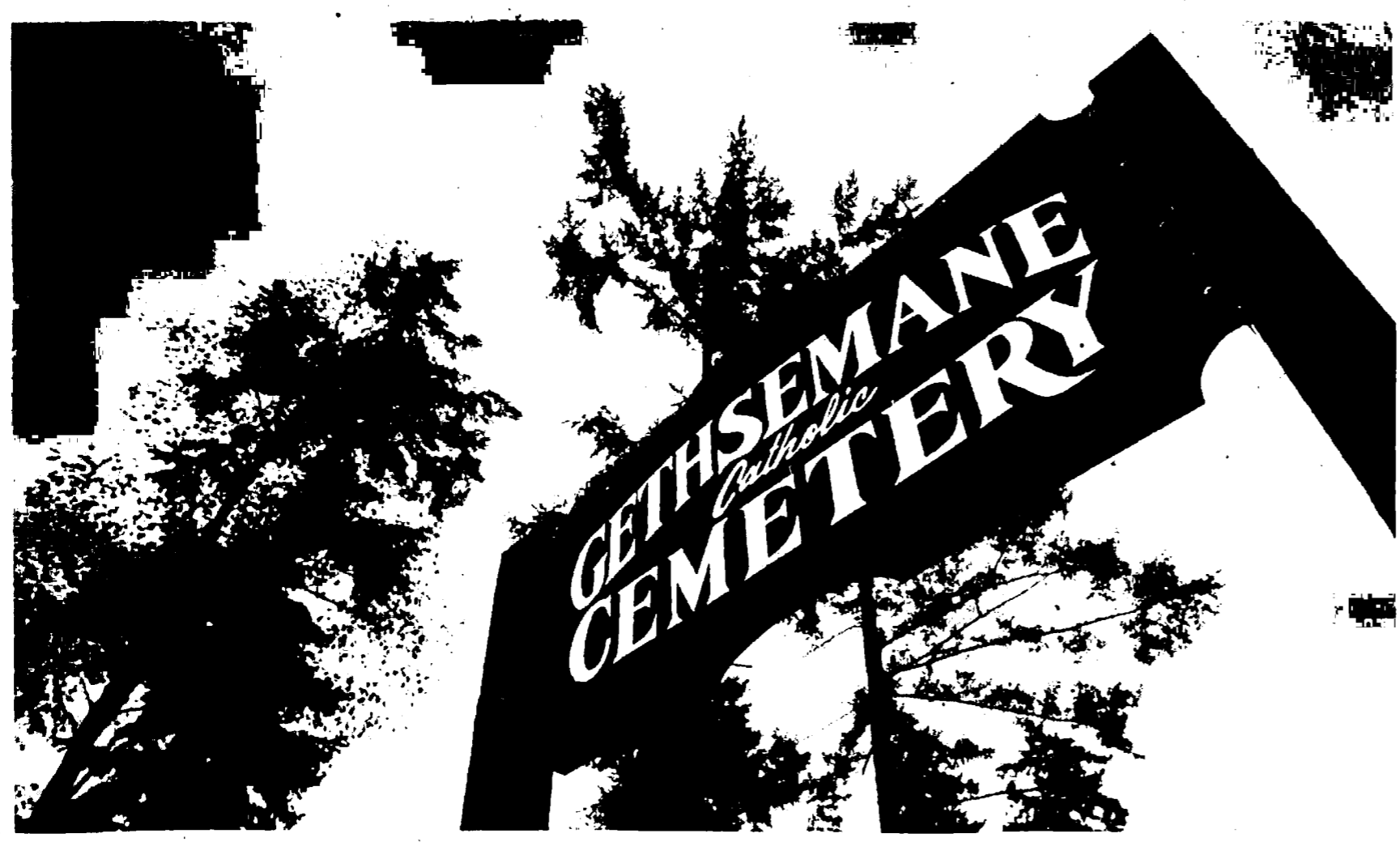
"I've seen more tears in a month than most people will see in a lifetime," he said. But it's a job that has to be done, and Nichols is proud of Mt. View.

Even though most of the markers are flush with the ground, they still are personal. Nichols pointed out the flat stone of a 19-year-old boy, decorated with a chalet and dog with "Fred" inscribed below the animal. The marker reads: "A precious one from us has gone out in our hearts he liveth on."

"See all you know about this person just from the marker?" Nichols asked.

The older burial grounds, which are today's living history, are contrasted with newer grounds like night and day. Black and white. But both are charming. And someday the new, as well as the old, will also be history.

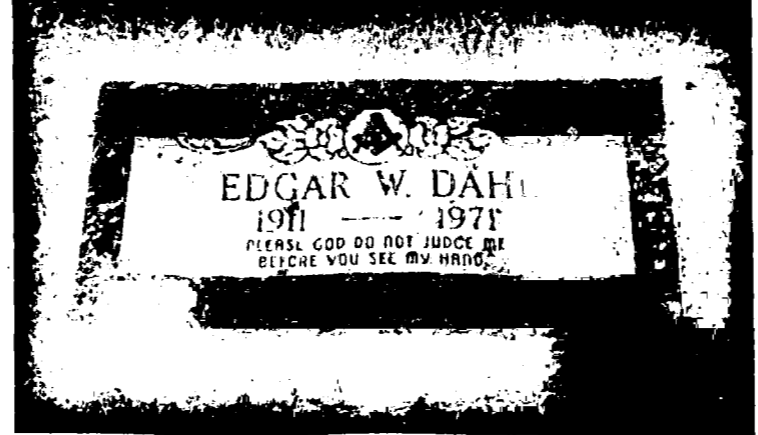
## The classic meets the modern



GETHESEMANE IS Federal Way's newest cemetery and is situated on 142 acres that served as an Indian mission in the late 1800's and early 1900's. Toward the back acreage of Gethsemane sits St.

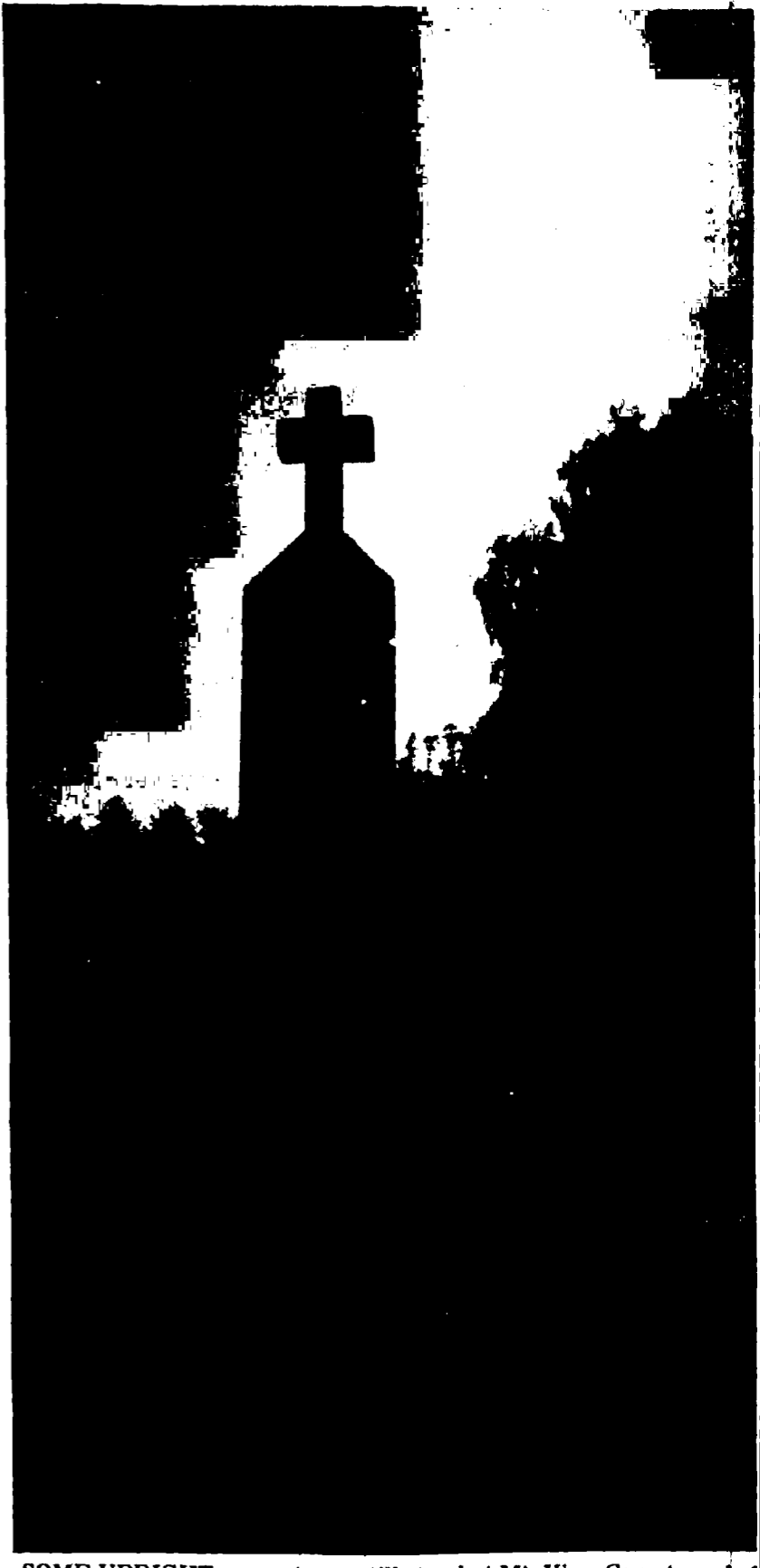
George's Cemetery, a burial ground for the mission. Today there is little indication the older cemetery existed.

—photo by Roy Mustelli



MODERN GRAVE markers may not be as impressive as the tall stones of the past, but they are just as personal. Often markers will tell the deceased's background, achievements and interests, as the stone upper left. On the right is the grave of a man who was a machinist, using his hands to earn a living.

—photos by Nathalie Weber



SOME UPRIGHT gravestones still stand at Mt. View Cemetery, but the erection of such stones no longer is allowed to accommodate maintenance. Mt. View's earliest tombstone dates in the late 1800's, but most of the early graves were moved to the hill from Pioneer Cemetery which was the frequent victim of flooding.

—photo by Mike Bainter

At local office:

# Work training cuts don't mean the end

by Loren Bliss

Despite appearances to the contrary, the Federal Way office of the King County Work Training Program isn't about to permanently close its doors.

In fact, one of its officials said Monday, the program is still looking high and low for qualified youths who want jobs.

The official, Service Specialist Jane Stark, said that a rather sudden reduction in the office's

staff recently was the result of personnel adjustments in a temporary program and nothing more.

Since Jan., 1978, the program has been involved in an experiment to determine whether there is a relationship between the length of time youths elect to stay in school and the number of job opportunities that are available.

As a result, said Stark, the Federal Way office received three additional staff members, swelling its ranks to five.

THE SAME thing happened throughout King County at that time, she said. But a few weeks ago, the extra staff members were laid off.

Stark said the reason is that the number of staff members is fixed by law to the number of kids who are participating in the program.

"And the bodies," she said, "just didn't walk through the door."

The experimental program — it is called the "Youth Incentive Entitlement Project" — is still under way, however, and there are still jobs available.

To qualify, a kid has to be from 16 to 19 years old and come from a low income or disadvantaged family.

The program's purpose is to find out if youth who are given full time jobs during the summer and part time jobs during the

school year are more likely to continue their education.

STARK SAID it's too early to know what the program has discovered. "There are a lot of factors," she said, "which influence whether someone stays in school or not, and the availability of work is only one of them."

"But if there are youth out there who are interested in finding jobs," she added, "we would love to serve them."

The staff members who were laid off, Stark said, were those who had worked on the experimental program, not persons employed on the work-training setup proper.

Jobs are also available, she

said, through the conventional program — and here the eligibility rules cover those from 14 to 21.

The program seeks to provide kids with "basic work skills" that will make them more generally employable.

It places youth in clerical, social services and community improvement type jobs, most of them in the public sector.

By contrast, the experimental program offers some on-the-job training opportunities and the possibility of working in private industry.

Persons who are interested should call 941-0100 and ask to speak with the work training program office.

## Spellman to deliver '80 budget message

by Carolyn Logan

County Executive John Spellman will present his proposed 1980 county budget to the County Council on Monday in courthouse council chambers.

It will include how much he wants to spend for police protection, the courts and park acquisition, as well as other capital improvements. And it will contain how much tax revenue is projected. Property taxes supplied almost half of this year's \$202.7-million budget.

Presumably, his budget message could call for more, less, or the same level of taxes.

Also expected is Spellman's announcement on what he proposes to do with the cash surplus from this year.

All \$14 million in cash reserves can't be considered a surplus, according to Mary Ellen McCaffree, director of the County Department of Budget and Program Development.

"Some \$7 million is needed (in reserve) for cash flow," she explained. Part of the remaining surplus could be used to buy land for the proposed county jail or for other items.

HOW does Spellman want to spend the surplus?

"Cash reserves are spent according to a plan that will limit the obligations that future revenues cannot support... (In short), King County cannot afford to live off its savings," he said in last year's budget message, referring to the \$13-million carryover from 1978.

Ms. McCaffree agrees. Surplus monies should be used for capital expenditures, like a district court

building, she explained.

Capital expenditures are a one-time expenditure, unlike funding a program, which demands repeated funding and consumes operating costs.

The surplus "should be used for one-time expenditures, so the county doesn't build up operating expenses," Ms. McCaffree added.

Since county capital expenditures are sometimes distributed between council districts, does this mean something is in store for Southwest King County?

Even though that hasn't been disclosed, a County Parks Division recommendation didn't contain anything for Highline or Federal Way, according to Mike Rice, parks capital-program specialist. Various departments submit recommendations to the executive.

Instead, Rice added, the division requested "two or three" projects, mainly regional in nature like trails, akin to the Marymoor Park or Burke Gilman trails.

HOWEVER, county councilmen can — and do — revise the executive's plan. Councilmen can substitute their own projects.

The public, too, can make suggestions through the hearing process. The first hearing is expected in November at the courthouse.

After Spellman presents his budget, the council begins weeks of work, accepting or substituting or deleting items. By law, the council must complete its work and adopt a balanced budget by Dec. 1, 1979.

## Still \$2 million in Forward Thrust

by Carolyn Logan

About \$2 million from Forward Thrust bonds remains to be spent in Southwest King County.

That tally will be presented to the Finance, Audit and Budget Committee of the County Council at a yet to be scheduled meeting. This committee will examine the itemized breakdown. Examining this updated Forward Thrust park list is a routine task.

Yet, the list is of interest to residents who wonder if their community is getting its fair share. Forward Thrust bonds were "sold" to voters in 1968 as a plan that had something for all parts of the county. Voters ap-

proved a \$118-million general-obligation bond issue for parks and an \$81.6-bond issue for road improvements.

Most of the money has been spent.

Federal Way residents who expressed concern on whether funding still exists for a Lake Geneva park will find \$134,809 in Forward Thrust coffers for acquisition.

However, acquisition hinges on whether the state supplies about \$400,000 in a 3:1 match, according to Mike Rice, capital-program specialist for the County Parks Division. He said the county has applied to the Inter-Agency Committee for Outdoor Recreation for matching money. The application is expected to be considered at the committee's Nov. 15 or 16 meetings.

ART connoisseurs may be

pleased that Forward Thrust funds contain \$247,500 for making Chelsea Elementary School into an art center. But the county can't establish the Burien center unless Highline School District sells or leases the old school to the county, Rice explained.

Money for Southwest King County boat-launch sites hasn't dried up, even though the site issue has dragged on for years.

About \$286,477 is available, in a combination of Forward Thrust and county funds, according to Rice. The county has applied to the Inter-Agency Committee for \$859,432 in matching money. This is a 3:1 match for a Redondo Marina site.

If the application is denied, the \$286,477 might possibly be used at Redondo, according to Rice.

County coffers also still hold \$262,500 for upgrading White

Center Park. This is a combination of Forward Thrust and Forward Thrust-generated matching money.

Another \$100,000 is available for Angle Lake improvements. It will be used to replace deteriorating piers in the swimming area. Design work is under way.

ALSO under way is construction of the Steel Lake athletic facility.

About \$828,204 from Forward Thrust funds will be spent on this facility, according to Rice.

Unspent Forward Thrust funds include:

- \$70,000 to acquire a Federal Way neighborhood park at an unspecified site;
- \$45,000 to improve existing facilities at the Des Moines Activity Center;
- \$40,000 to fence and improve drainage at Moshier Park.

### Youth sell rummage

The Des Moines United Methodist Church senior high group is holding a rummage sale on Friday and Saturday, Oct. 12 and 13, at the Des Moines Methodist Church.

Numerous items will be offered including clothing, games and books.

## CARPET EXCHANGE'S FAMOUS BRAND CARPET SALE

WHOLESALE-RETAIL NORTHWEST'S LARGEST CARPET INVENTORY Installation Available



WHOLESALE RETAIL 100,000 YARDS IN STOCK

WE HAVE MANY SALES-BUT THIS EVENT IS EXCEPTIONAL! THE SELECTION IS SO TREMENDOUS, IT'S IMPOSSIBLE TO DESCRIBE THEM ALL!

<p><b>COMMERCIAL CARPET</b></p> <p style="font-size: 2em;"><b>3<sup>99</sup></b> yd.</p> <p style="font-size: x-small;">Heavy-duty rubber back. Ideal for offices or family rooms, etc.</p>	<p><b>DECORATOR SAXONY PLUSH</b></p> <p>NOW</p> <p style="font-size: 2em;"><b>5<sup>00</sup></b> yd.</p> <p style="font-size: x-small;">Saxony Plushes from Gulistan, Galaxy &amp; Masland</p>	<p><b>SPECIAL GROUPING</b></p> <p style="font-size: x-small;">Plushes Cut &amp; Loop Saxonies</p> <p style="font-size: 2em;"><b>7<sup>99</sup></b> yd.</p>
<p><b>OUR BEST QUALITY</b></p> <p style="font-size: 2em;"><b>13<sup>90</sup></b> yd.</p> <p style="font-size: x-small;">\$25 VALUE Beautiful Luxurious Plush. 15 Decorator colors in stock.</p>	<p><b>ELEGANT TEXTURED DECORATOR PLUSH</b></p> <p>NOW</p> <p style="font-size: 2em;"><b>9<sup>95</sup></b> yd.</p> <p style="font-size: x-small;">Tremendous values in this grouping from Gulistan &amp; Masland.</p>	<p><b>REMNANTS ALL FAMOUS BRANDS</b></p> <p style="font-size: 2em;"><b>\$9-199</b></p> <p style="font-size: x-small;">SIZES 12' x 3' to 12' x 24'</p>

**25° COUPON SPECIAL 25°**

THIS COUPON GOOD FOR 25° PER YARD OFF ON ALL CARPET PURCHASED

Cash Value 1/20 of 1° EXPIRES 11/21/79

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1251 1st Ave. S. 2 Blocks South of Kingdome 624-7800

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**CARPET EXCHANGE**

South Showroom 30820 Pacific Hwy. S. Federal Way 839-2142



## 33rd Birthday SALE



33 years ago, K-G opened its first store. Since then, K-G has grown to 85 stores in 17 states. Customer response has been gratifying ... and every year our sales have increased. We want to thank our many customers for their business. These birthday sale values are to show our appreciation. Come in this week and save up to 50% and more on men's and boy's wear.

### Suits and Sport Coats

<p>Entire Stock! Men's famous brand suits. Reg. \$125 to \$250</p> <p style="font-size: 2em;"><b>20% to 50% off</b></p>	<p>Selected styles in plaids and solids. Reg. \$50 to \$150</p> <p style="font-size: 2em;"><b>20% to 50% off</b></p>
---	--

Sizes 36 to 52, Regulars, Longs, Extra Longs, Shorts. Not all sizes at all prices. Alterations extra.

Reg. \$25 to \$40 Better Knits & Wools

**DRESS SLACKS .. \$10<sup>00</sup> to \$24<sup>96</sup>**

Reg. \$15 to \$20

**DRESS SHIRTS .... 5<sup>00</sup> to 11<sup>96</sup>**

Reg. \$25 to \$50

**SWEATERS ..... 1/2 PRICE**

Reg. \$18 to \$23

**CASUAL PANTS ..... 11<sup>96</sup>**

Reg. \$16 to \$22

**SPORTS SHIRTS ..... 1/2 PRICE**

Reg. \$18 to \$29

**JEANS & CORDS .. 7<sup>96</sup> to 16<sup>96</sup>**

Many, many other items reduced up to 50% and more! Come, Shop, Save on timely fashions for Men and Boys.

VISA • K-G CHARGE • MASTER CHARGE • AMERICAN EXPRESS

Open Evenings. Sat. 9:30 to 6, Sun. 12-5.



**K-G MEN'S STORE**

Sea Tac Mall • 839-7510

### Pool lessons start for tots to seniors

Mt. Rainier Pool in Des Moines is beginning another session of swimming lessons for persons of all ages and skills. Tots, from six months to three years, to senior citizens may par-

participate. Classes will meet twice a week for five weeks with each class period lasting one-half hour long.

Class categories include tots, pre-school, 3 to 6 years, begin-

ners, 6 years and over, advanced beginners, 6 years and over, intermediates, 6 years and over, swimmers, 6 years and over, adult beginning and adult advances, both 17 years and

over. All classes except the pre-school costs \$9.50 or \$6 with a swim pass. Pre-school costs \$11.50 or \$8 with a swim pass. Registration may be done in person or by phone.

For more information, call the pool, 824-1728. The Mt. Rainier Pool, a King County Parks facility, is located at 22722 - 19th Ave. S., next to Mt. Rainier High School.



I am a Counselor. I care. I can help!  
Call JoAnne - 941-2093  
-Reality Therapist-

# Pay Less

Prices Effective Now Through October 14, 1979

# CLEAN SWEEP clearance



**Whirlpool**  
**Automatic WASHER & DRYER**

Washer features 4 automatic cycles, permanent press cool-down care, 3 water temperature selections and 2 water level selections. Item #329-789

Dryer features 3 drying temperature selections, 5 cycles, cool-down care, for special fabrics and Tumble Press\* control to help smooth out wrinkles. Item #089-169

Both For Only

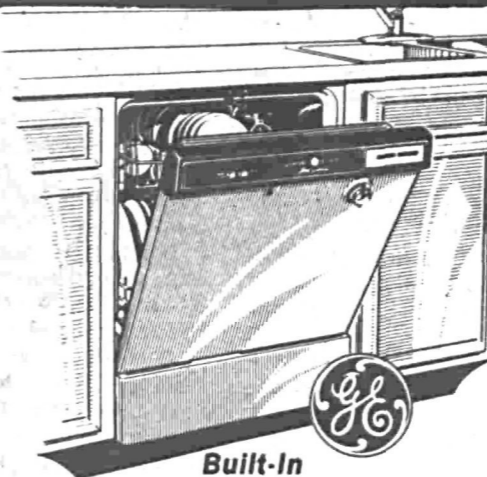
## \$499



**Admiral**  
**Life Style™**  
**13.2 Cubic Foot Capacity FREEZER**

"Circulating Cold Air" design, door lock with pop-out key, 4 full-width shelves, 4 door shelves and glide-out drawer. Item #013-839

## \$289



**Built-In DISHWASHER**

Features 2-Cycle Wash Selection, Energy Saver Dry, 2-Level Washing Action and soft food disposer. Item #311-621

## \$269



**Sharp Carousel MICROWAVE**

Extra-large 1.52 cubic foot capacity includes variable cooking control, two stage timer and automatic shut-off. Item #349-829

## \$329



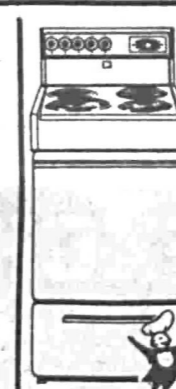
**12.2 Cubic Foot Capacity REFRIGERATOR**

Features eye-level full-width freezer with Easy Cube\* ice trays, chiller Drawer, 2 glide-out shelves, glide-out crisper and 3 package-deep door shelves. Item #296-319

Available in White

## \$289

**Admiral**  
**Life Style™**



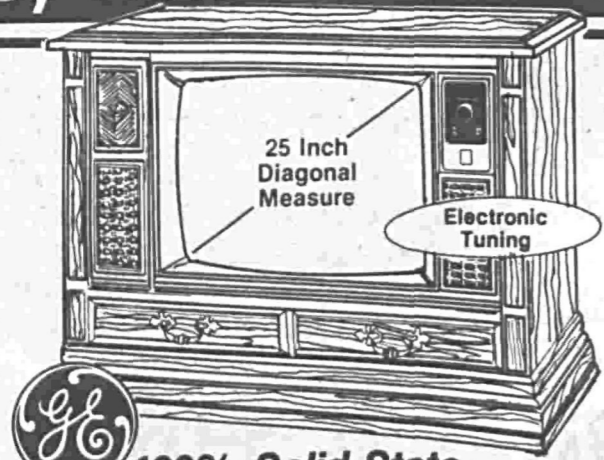
**Space-Saving 20 INCH RANGE**

Features infinite heat controls, removable surface units, lift-up cooktop, storage drawer and energy-saving insulation. Item #277-848

## \$199

**Magic Chef**

Easy Terms Available on Approved Credit Use Your Visa or MasterCard



25 Inch Diagonal Measure

Electronic Tuning



100% Solid State

## COLOR CONSOLE

Features Quartz precision Electronic Tuning and single knob, All-Channel Control. Bright, sharp color pictures from 100% solid state chassis and in-line black matrix picture tube. Traditional Mediterranean cabinet. Item #374-926

## \$599



**Vertical Front Load CASSETTE TAPE DECK**

Full features with 5 point L.E.D. signal level indicators, permalloy record/playback head, auxiliary input/line output jacks. Complete with audio patch cables. Item #403-295

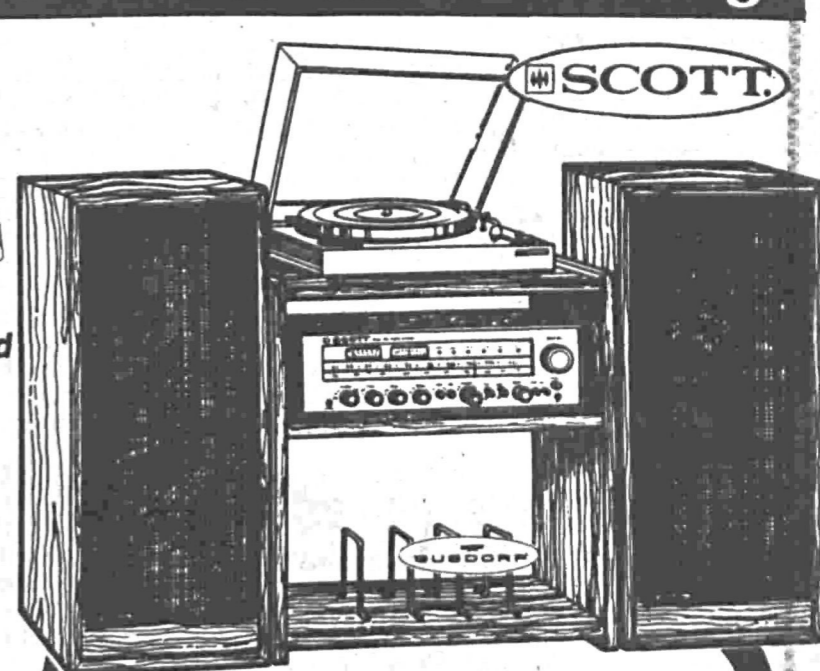
## \$99<sup>00</sup>



**8-Track/Cassette/Play/Record MUSIC SYSTEM**

Features cassette and 8-track player/recorders with full tape-to-tape transfer capability. AM/FM stereo receiver with 7.5 watts per channel and a 3-way Power Extender™ speaker system. Item #372-987

## \$379



## SCOTT MATCHED AUDIO SYSTEM

Featuring a big 75 watt per channel class G AM/FM stereo receiver with less than 0.2% THD and high/low filters, muting and tape copying are just a few of the extra features - deluxe belt drive, semi-automatic turntable with Shure magnetic cartridge for true reproduction, big 33-3/8" tall Tower cabinets house a 10" 3-way system that faithfully reproduces from 38 Hz to 20kHz. Complete with Gusdorf Audio Stand. Item #372-821, #372-839, #330-373, #109-132

## \$699



19 Inch Diagonal Measure

Compact

## COLOR TELEVISION

The Greenbrier table model features Tri-Focus Picture Tube, Triple-Plus Chassis, Electronic Power Sentry and Super Video Range Tuner. Item #374-637

## \$399



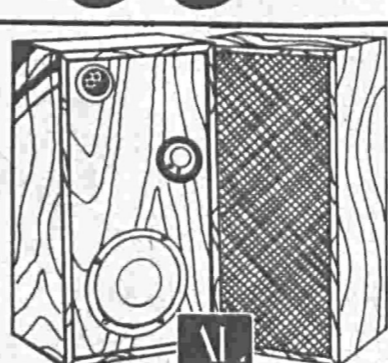
12 Inch Diagonal Measure

## Black & White AC/DC PORTABLE TELEVISION

Features 100% solid state chassis and positive detent tuning on UHF and VHF channels. Car cord, earphone and jack included. Item #296-251

## \$99<sup>00</sup>

With Car Cord



**Dynamic AUDIO LAB SPEAKERS**

Handsome, simulated walnut grain speakers feature an 8" woofer and 3" sealed back tweeter. Item #329-268

## \$24<sup>88</sup>



**Full-Size Semi AUTOMATIC TURNTABLE**

Attractive styling with hinged dust cover, belt drive system and two speed capability. Heavy diecast aluminum platter. Item #403-329

## \$89<sup>00</sup>

All items and prices in this advertisement available at:

**Pay Less**

**AURORA**  
13201 Aurora Ave. N.  
364-3660

**BELLEVUE**  
103-110th Ave. N.E.  
454-4905

**BURIEN**  
501 S.W. 148th  
243-5583

**FEDERAL WAY**  
31401 Pacific Hwy. S.  
839-9000

**KENT**  
24044-104th Ave. W.  
852-6180

**LYNNWOOD**  
19800-44th Ave. W.  
776-3172

**OVERLAKE**  
14880-24th St. N.E.  
883-3110

**RENTON**  
705 Rainier Ave. S.  
226-8950

Each of these advertised items is required to be readily available for sale at or below the advertised price in each PayLess store except as specifically noted in this ad

# ENCORE program offers support and exercise

by Ann Hagen

Last week, after struggling for two months with severe depression, pain and emotional upheaval, Nancy Sundes made up her mind to act. She sought support, not only for herself, but for others with the same problem. She called the Seattle YWCA to see if there was any chance of setting up an ENCORE program somewhere in South King County

that would be accessible to those in Federal Way, Auburn, Kent, Renton or Des Moines. An answer to her needs, ENCORE is designed to help women who have recently undergone a mastectomy. The initials stand for Encouragement, Normalcy, Counselling, Opportunity, Reaching Out and Energies Revised.

Nancy, who lives with her hus-

band and 14-year-old son in Federal Way said she faced the possibility of cancer when she felt a stab of pain in her breast while hugging her son before he left for summer camp.

She saw the doctor the same day, had x-rays and was told the cyst was "hard, suspicious, and in a dangerous area."

Within days, she was scheduled for surgery. The doctors were told to remove the breast if necessary. It was.

"I knew it might be necessary and it wasn't extremely traumatic, all-explosive, devastating news," she said calmly, a sense of strain stamped across her gentle features. "I was rational enough to know it was gone. I didn't go to pieces like some people do."

However, the biggest adjustment, she said is to "get your thoughts away from the possibility of death and recurrence."

Resigned to the physical scar, Nancy said she'll never be able to rid herself of the feeling the cancer was there. "The feeling may diminish in time, but I know it will never leave me."

"Knowing myself these 43 years, I just know that will be the case," she said.

Given a healthy prognosis, her lymph nodes were diagnosed cancer free, Nancy is trying to pull herself up from the pits of darkness and resume her life and hobbies.

Though her husband, son and friends are supportive, she said it's hard to relate to people who haven't gone through this.

"I can't imagine anyone going through this without some support unless they have a backbone of steel," she commented. She said she thinks ENCORE might be the answer.

ENCORE is designed to help post-operative Cancer victims get back on their feet both physically and emotionally. Divided into eight-week sessions, the program combines floor and swimming pool exercises with



NANCY SUNDES, who lives with her family at 3504 S. 293rd Pl. is interested in starting an ENCORE program for mastectomy rehabilitation in South King County.

## County expands police protection

by Carolyn Logan

The King County Council on Monday approved a \$460,562 new program that intends to beef up Federal Way police protection.

What will happen now is that the county will hire 11 call operators. They will take routine police reports over the phone, instead of sending a police officer to take reports at individual homes. This eliminates travel time to compile a report on a routine matter, like vandalism.

The program is designed to free up patrolmen for fighting crime.

"Hopefully, the program will save up to 40 patrolmen so they can perform other duties," said Councilman Bob Greive, a Democrat representing White Center and West Seattle. Police officials believe it will eliminate 40 percent of the in-person calls, he added.

"It does seem like a good idea," Greive said. "We have increasing pressure for more police (protection)."

MAJ. JERRY Burk, in charge of the police program, said he expects to have it in operation by the first of the year, if not sooner.

He must first hire the 11 operators, plus clerical help and a planner, then commence training them.

The program will zero in on the Federal Way and Kent areas. The police department intends that

the freed-up officers' time be spent fighting crime mostly in Federal Way and Kent, according to Sgt. John Murphy.

Greive said that this Criminal Apprehension Program will also bring other benefits.

"There is a horrible mess now in the Warrant Division. They're going to try to bring that up to snuff. They'll also open the Records Division for a longer period," he explained. The Records Division, which has accident and other police reports, will be open for 16 hours, instead of the present eight, according to Burk. The Warrant Division is responsible for serving warrants for arrest.

HOWEVER, Greive said, the council should be aware of the future financial burden the Criminal Apprehension Program will impose on the county.

This 18-month first phase will be funded by a \$400,000 federal grant, plus \$60,562 in county matching money. A federal Law Enforcement Assistance Administration (LEAA) grant has been awarded to the county. LEAA grants have been renewed for two more 18-month periods for the program elsewhere, according to police officials. Forty-two other cities use the LEAA program. King County is the first county in the nation to do so, according to police officials.

## \$1.50 plus appraisal equalled \$1,500.00

by Barbara Butts  
Using a \$1,500 silver antique urn for a wastebasket may seem rather frivolous.

But that is what Joe and Jody Shennum of Federal Way were doing before they attended last year's annual antique appraisal clinic sponsored by the Federal Way Community Council.

Although they suspected that the urn had value before it was appraised, the antique occupied a position of greater status in the household afterwards, Shennum said with a laugh.

The couple picked up the 18th century, handcrafted urn for \$1.50 after Mrs. Shennum spied it at an off-

the-tracks junk store in Montana.

"It reposed in the family depository, in the house, for a while," Shennum said. "We put it here and put it there."

"Finally, just for kicks, we took it to the community council clinic for appraisal. When it was valued at \$1,500, I almost had a heart attack."

Now the Shennums are getting ready for this year's appraisal clinic, which will be held on Friday, Oct. 12, from 1 p.m. to 8 p.m. at Federal Way's Calvary Lutheran Church. The building is located on 320th Street near Interstate 5.

In her travels, Mrs. Shennum has acquired an English fish

set and a French Provincial footstool for \$24.

And she appears quite ready to pay the \$3 per item charged at the clinic.

The non-profit community council sets a limit of five items per person and suggests that only part of large pieces be brought in for appraisal, or that a picture be used to lessen the risk of damage. Owners will be held responsible for their own antiques.

And appraisals will be done on a first-come, first-served basis.

The appraisers who are contributing their services at this year's event are: Mary Patterson of Mary Patterson Antiques in

Tacoma; Mike Wall of Antique Finders in the Midway area; Jean Nickerell of Abigail's Antiques in Tacoma; and Kathy Bailey of Antique Pleasures in Bellevue.

There are lots of rewards in having appraised those pieces that may have been lying around the house for a long time, Shennum said.

"It's enlightening, and it's good for in-

surance purposes," he said. "And plain old curiosity finally gets the best of some people."

But he warns against going in with high hopes.

"Some people are not aware that they have a diamond-in-the-rough," he said. "But then there also are those who are cherishing something that is not worth a dime."

### OKTOBER FEST!

OCT 12-13-14  
AT  
Federal Way Shopping Center

### FEDERAL WAY HOME APPLIANCE

"YOUR MICROWAVE HEADQUARTERS"

ENJOY CONVENIENT MICROWAVE COOKING WITH THE GENERAL ELECTRIC **SPACE MAKER** MICROWAVE OVEN

CABINET MOUNTED with BUILT-IN VENT and COOKTOP LIGHT

SAVES YOU VALUABLE COUNTER SPACE

WHY PAY MORE AT ANOTHER STORE??

**SHOP, COMPARE & SAVE!**

Federal Way HOME APPLIANCE

941-4522  
30817 Pacific Hwy S Federal Way

To our valued customers

### Pay Less

Of the 155 items in this week's SUPER BARGAINS circular, the following 7 items have not yet arrived:

- PG-3 PROCTOR-SILEX SUPER STEAM & DRY IRON #1515W
- PG-5 HIGH COUNTRY TRAIL BLAZER SLEEPING BAG #784
- PG-5 JON-E HAND WARMER PLASTH-DUK DUCK DECOYS #CD-5
- PG-5 CANADIAN GOOSE DECOY #WIG
- PG-5 HEAVY DUTY DEER BAG #WIG
- PG-5 THOMPSON'S SPORT SEAL 12 oz.

We sincerely apologize and hope this does not inconvenience you, our valued customers.

RAINCHECKS WILL BE ISSUED UPON REQUEST

FEDERAL WAY  
31401 Pacific Highway S

## Bible studies start

The Des Moines Gospel Chapel, 703 S. 219th St., is holding fellowship coffee hours through the spring every Wednesday beginning at 10 a.m.

The Bible study sessions are for men and women of all ages and will take place in the chapel fireside room where tea, coffee and pastries will be provided.

George Matthews, a

retired Boeing engineer who taught the class last year, is doing so again this year.

A nursery is being provided for young children.

James L. Roscetti, M.D. and Allen C. Alleman, M.D.  
of Federal Way Family Physicians are pleased to announce the addition of a new Family Physician:

## JOY L. ZIEMANN, M.D.

Residency Trained and Board Certified in Family Practice

Located in the Torquay Medical and Professional Center

34616 11th. Pl. So. (West of 348th. and Pacific Hwy.)

Phone 927-9460 By Appointment

### The meaning to life isn't in the dictionary.

Not the real meaning. It's in the Bible.

It tells why we're here and why we do the things we do. And it unfolds God's plan for our lives. That's what gives hope, purpose, and meaning to life. A life that doesn't end with death.

At the Free Methodist Church we believe in the Bible and what it says about this special kind of life. We believe in a personal God who really cares about you.

Why not visit us this Sunday and find out more about the Bible. It could make life a lot more meaningful.

WORSHIPPING AT  
DECATUR HIGH SCHOOL  
2800 S. W. 320th

the Light and Life Church

DR. LARRY E. JOHNSON, PASTOR 927-8138  
OFFICE 941-1130  
WORSHIP 9:30 A.M. FELLOWSHIP 10:30 A.M.

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## J. HERBERT HALL Jewellers

Established in 1898

### Our 81st Anniversary

"Oooo!"  
"Aaah!"  
"Oooo!"

Breathtaking diamond bridal sets, new additions to our large collection. Fourteen-karat gold mountings. Come see. Come sigh. a. 675. b. 395. c. 195. d. 1,295. e. 1,150. f. 550. g. 295. Regular and budget accounts. American Express, Master Charge, Diners' Club, Visa.

1004-79

SEA TAC MALL  
Phone: 941-0058

Other stores in Vancouver, Los Angeles area, San Diego, Phoenix, Las Vegas

FW crime report:

# Cars badly damaged in vandal attacks

Three automobiles, one of them belonging to a local restaurant owner, were badly damaged by vandals in separate incidents late last week and during the weekend, King County Police records showed Monday.

The restaurant owner's car, parked with another off Pacific Highway South, was severely battered and slashed in the incident.

Windows were broken; tires were cut and metal was dented, police records showed.

The car parked beside it, a vehicle that belongs to a person who was with the restaurant owner, was similarly damaged. The loss was estimated at \$1,800, or about \$900 per car.

Some \$800 worth of damage was done to a car parked at Federal Way High School between Thursday evening and Friday morning.

This car also was beaten and slashed, with its windows broken, tires cut and seat covers slashed. ANOTHER INCIDENT of destruction, this one cataloged as

a larceny, occurred late Saturday night and early Sunday morning at a 12th Avenue Southwest residence.

Persons at the scene of the crime said that a band of seven teenagers had attempted to crash a party Saturday night and when they were refused, started vandalizing vehicles parked in the yard.

The hoodlums were run off by the revelers, but later it was discovered that a camper vehicle parked in the driveway had been broken into.

A citizens' band radio was stolen from the camper, and its propane stoves had been turned

on, allowing explosive gas to leak out into the vicinity.

Vandals also hit a 24th Avenue Southwest residence, hurling rocks and striking a car parked in the driveway. Windows were smashed, costing about \$150 to replace.

Police have names of several suspects in the incident, they said.

**THIEVES HEISTED** a boat out of the yard of a lakefront residence on South 325th Place sometime during the past week, also stealing several tools.

The theft was discovered when the householders returned home after an extended absence. Police

set the loss at about \$500.

A camera and several other items were stolen from a Southwest 318th Place condominium last week, apparently by a thief who used a key to get in.

Police said the premises are still under construction even though many of the units are occupied, adding that a number of persons apparently have pass keys.

In all, nine larcenies, including the boat theft and the condominium job, were reported. Two burglaries were also reported, but in each of these incidents, losses were small.

DM crime report:

# Juvenile prank may lead to youths' arrests

A juvenile prank involving a gun may not seem quite as funny to four Mount Rainier High School students after they were stopped by the Des Moines Police last Monday afternoon at 218th and Marine View Drive South.

Police stopped the vehicle after an off-duty King County Police Officer spotted the vehicle at the Marina. A 15-year-old female passenger was seen pointing a gun at the head of the 17-year-old male driver. The car was also occupied by two other 17-year-old boys.

The gun, which appeared to be a revolver, turned out to be a B-B gun replica of the real thing.

The youths told police they were just "goofing off", however, the Police Department is taking it seriously. The youths are The Police are continuing their investigation into the possibility of charging the driver and his female companion with reckless endangerment, said Det. Bob Fox, noting such "pranks" can cause traffic accidents.

# Police issue caution on solicitations

King County police officials are advising businessmen who may have been called by a private phone solicitation and publishing firm that the firm and publication has no connection with the Department of Public Safety or King County.

Local 519, Public Safety Employees Union, the bargaining agency for county police employees, has entered into an agreement with the private firm to publish a crime prevention handbook selling advertisements to local businesses. When the solicitors call potential advertisers there may be some confusion as to the sponsoring organization.

King County police have worked closely

with the state attorney general's Washington Crime Watch program for the past five years. Washington Crime Watch pamphlets and handbooks are available to the public free of charge and are distributed through the department's own crime prevention program. According to Chief Donald Actor, in charge of the department's bureau of police operations, the union publication is strictly a private effort. "Whether or not a business person wishes to purchase advertisements is up to that person. Our only concern is that the person knows with whom he or she is dealing and recognizes that it's not the police department doing the soliciting."

## BATHTUB, SINK, TILE & APPLIANCE REFINISHING & CHIP REPAIR

**N.W. PORCELAIN REFINISHING COMPANY**

24 hrs. a day

- Worn, dull, chipped and hard to clean porcelain made new again.
- No removal necessary
- Any color of your choice
- Not an epoxy

ALL WORK GUARANTEED

Call for free estimate  
**839-4101**

## CUSTOM DRAPERY SAVE 34%

FABRIC, LABOR AND LINED  
SELECT FROM 53 FASHION COLORS

Average single window  
120" width  
84" long - Majesty  
2 ply luxury satin

\$150<sup>48</sup>

839-3686

PROFESSIONAL DECORATING SERVICE IN YOUR HOME. NO CHARGE. NO OBLIGATION.

The Colorful Store That Comes to Your Door

# Fall Harvest of SAVINGS

<p><b>MARINA BATH TISSUE</b></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">79¢</p>	<p><b>BRAWNY PAPER TOWELS</b></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">2 FOR 1<sup>00</sup></p>	<p><b>NORD FIRE LOGS</b></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">99¢ CASE</p>	<p><b>FYRELINE FIREPLACE SCREENS</b></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">39<sup>88</sup></p>
<p><b>MIDLAND 12" B&amp;W TELEVISION</b></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">66<sup>00</sup></p>	<p><b>COORS BEER 6 PACK</b></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">1<sup>69</sup></p>	<p><b>MICHELOB LIGHT BEER</b></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">2<sup>19</sup></p>	<p><b>ALKA SELTZER PLUS 36's</b></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">1<sup>44</sup></p>

PRICES EFFECTIVE WED. OCT. 10th THRU SAT. OCT. 13th

# SKAGGS DRUG CENTERS

A complete drug store...and so much more.

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POTATO SALAD  
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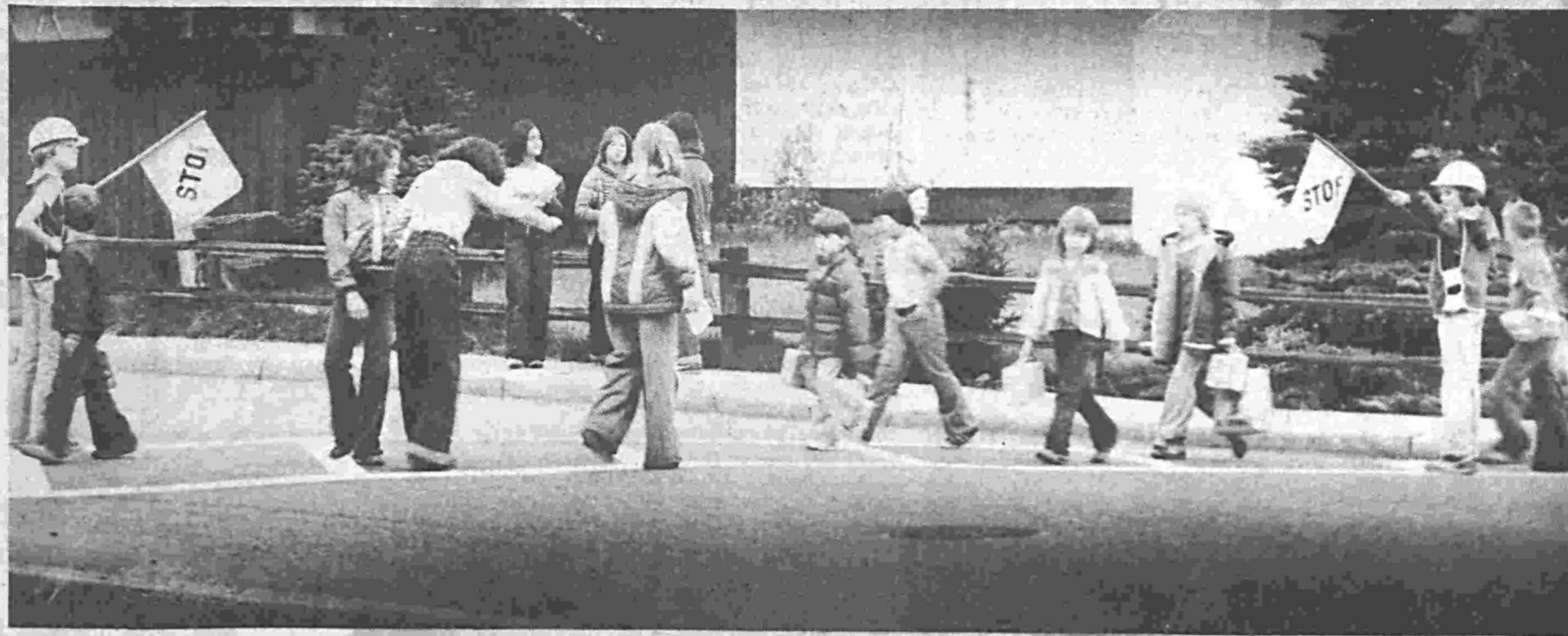
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THE STREETS NEAR the schools are patrolled three times a day to see that children make it safely to class.

## Safety comes first with school patrol

Rain, snow, sleet or sun, the school safety patrol are out there making it safe for other youngsters to cross the streets on their way to and from school.

Six elementary schools in the Federal Way School District use the services of 300 sixth-graders to help police the school grounds.

At each school, 20-70 kids are divided into squads responsible for duty on a weekly or daily basis. Coordinated by a teacher, they are directed to help youngsters cross the street and cars when children are crossing.

"When the flag is at a 45 degree angle, cars are obligated to stop," said State Patrol trooper Darryl Russell in charge of safety education for Federal Way, Auburn and Enumclaw. "If they don't it's a mandatory court appearance."

However, school patrollers are not expected to stop cars, said Russell. "They are supposed to wait for a normal gap in the traffic before flagging students across," he said.

The school patrols are made up of top-notch students, most of which have shown an aptitude for leadership. Dependability and high grades are also important.

At the beginning of the year,

the students are given intensive training prior to being sworn in by the state patrol. Back up programs are provided mid-year and in the spring.

On duty until June, students also assist with kindergarteners who arrive at noon; the bicycle rodeo that's usually held in the spring; at the lunchroom to maintain order and to patrol the grounds at recess. Their extra-curricular programs differ according to the needs of each school.

A selected captain and lieutenant take charge of the squads and also monitor tardiness, absenteeism and orderliness. If kids don't conduct themselves as they should, they are reported to the office. Sometimes for their own safety.

"Yesterday a kid ran into the street and almost got run over by a car," said John Hunsaker, lieutenant at Brigadoon Elementary. "We reported him."

At the end of the year, all the patrollers are treated to a special picnic or a full day at the Seattle Center with nominally priced rides.

Though the year is young, most of the patrollers say they really enjoy it and will stick it out to the end.



SIXTH-GRADER Lucas Wilson means business when his flag is extended.



SCHOOL PATROL CAPTAIN, Chong Se and John Hunsaker, lieutenant, keep track of those kids who ignore the safety rules at Brigadoon Elementary.

Photos and text by Ann Hagen



Mr. and Mrs. Allen Carl

## Peach and ivory theme wedding

Fauntleroy Community Church was decorated with peach and ivory glads, chrysanthemums and carnations for the recent wedding of Martha Jane Bates, daughter of Dr. Norman Bates of Auburn and Mrs. Helen G. Bates of Des Moines, to Greg Allen Carl, son of Mr. and Mrs. Allen E. Carl of Longview.

For her wedding, the bride chose a gown of ivory giana with a Queen Anne neckline, cap sleeves, pleated skirt and a fitted bodice trimmed with English lace. Her lace-trimmed veil was attached to bridal cap, and she carried a bouquet of gardenias, peach roses, stephanotis, baby's breath and ivy.

The wedding reception was held in Normandy Park Cove with Nancy Orcutt Thordarson, Kathy Beaulaurier, Mrs. Thomas Hamer, the bridegroom's grandmother, and Sherry Williamson were the hostesses.

The bride received her master's degree from Washington State University where she affiliated with Alpha Chi Omega sorority. The bridegroom graduated from WSU and is now studying medicine at the University of Washington. He is a member of Sigma Nu fraternity.

The couple honeymooned in Banff and Jasper, Alberta, Canada, and is at home in Seattle.

The presentation does not suggest a new wardrobe, but it does suggest some new combinations, coordinates and accessories. Committees, clubs and organizations

wishing to use the Sears fashion presentation may contact Elliott Sher, Sears SeaTac Mall merchandise manager. The youth edition is also available for school and campus groups.

Each year more than one million 15- to 19-year-old girls become mothers before they become adults. One-fifth of the births in the United States are to teenagers, and 75 percent of the teen mothers are under 17 years of age.

Statistics from 1975 show that a substantial and growing part of adolescent childbearing occurs out of wedlock, and two-thirds of the pregnancies are unintended. Half of all 19-year-olds have engaged in premarital sex.

To address this issue as a major concern for parents and communities throughout the state, the Washington State Parent, Teacher and Student Association (PTSA) in cooperation with the Puget Sound chapter of the March of Dimes, will

hold a conference from 9 a.m. to 3:30 p.m. Thursday, Oct. 25, at the Airport Hilton.

The conference is open to the public as well as to PTSA and PTA members. The keynote speaker for the conference will be Dr.

David Lynch, practicing Bellingham physician specializing in family medicine. Dr. Lynch has written articles on adolescent pregnancies which may be left at the COHMC warehouse underneath Mariner Square, 1900 Northlake Way, across from Gasworks Park.

Call the public relations office, 634-5050, for neighborhood donation stations or for pick-up of valuables or large items.

"Kids and Drugs" (10-10, 10-17 and 10-24, 7:30 p.m.) Presented by the Federal Way Family Forum, meetings held at Decatur High School. Adelaide Elementary School PTA General Meeting (10-11, 7 p.m.) In the library.

COMMUNITY EVENTS  
Federal Way Organizations Serving Youth (FWOSY) (10-10, 10-17 and 10-24, 7 to 9:30 p.m.) Three-session seminar to study drug abuse and what can be done about it, Decatur High School.

## Blood center needs donors

An early morning traffic accident put the Puget Sound Blood Center in a tailspin that prompted an emergency radio alarm throughout the area.

The A-positive blood type was drained dry when the victim of an accident requested 35 pints of blood. "We sent him what we had and we were down to nothing," said Deneva Flath, donor recruiter for the central area unit at Terry and Madison.

The doors were

opened early at 7:30 a.m. as donors lined up at the entrance. A hundred units were collected by 10 a.m. and there were more people waiting in line.

Not surprised, Ms. Flath said their blood supply in all types has been terrifyingly low. This past week has been especially poor as far as donors are concerned.

They are down to 10-15 units of O negative, a type that can be used by anybody. They try to keep 90 units on hand, said Ms. Flath.

They do have different counties that can be contacted for loans. However, she said when they borrow, it leaves outlying areas low.

Though there are no mobile units scheduled for the South end, Ms. Flath urges donors to come to the Southcenter office at 130 Andover Park E. Office hours are from 8:30 a.m. to 5 p.m. on Monday, Wednesday and Friday and from noon to 8 p.m. on Tuesday and Thursday. Their doors are

open on Saturday from 8:30 a.m. to noon. For further information, call 292-6557.

## Flu shots available to seniors

Flu shots for senior citizens will be given at two South King County Park facilities, Oct. 23 and Nov. 2, courtesy of the Seattle-King County Park Department.

The shots will be given between 10 a.m. and 2 p.m. Oct. 23 at White Center Park, 1321 S.W. 102nd St., and on Nov. 2 at Moshier Park, 430 S. 156th St. in Burien.

Appointments are required.

To make an appointment at White Center Park, call 762-8450. For an appointment at Moshier Park, call 244-1080. A \$1 donation is requested, but not required, for each shot.

Those who wish more information may call Breda Weatherford at 244-1080.

## Engagement announced

The engagement of Betty Hintze of Federal Way to Darrell E. Pierson, also a Federal Way resident, is announced by her parents, Mr. and Mrs. Rudolph Hintze of Muttontown, N. Y. Pierson is the son of Mrs. O. Benjamin Leigh of Turlock, Calif.

Both the bride-elect and her fiancé are employed in management positions at Weyerhaeuser Company's headquarters in Federal Way.

Miss Hintze is a graduate of Lasell College in Auburn-dale, Mass. Pierson is

## 'Shape-up' offered by Sears

"Fashion Shape-Up Fall '79" is the title of the fashion presentation presented locally by Sears, Roebuck and Co. It consists of 40 slides and a 12-page reading script which identifies and explains fashion direc-

tion this fall. The presentation does not suggest a new wardrobe, but it does suggest some new combinations, coordinates and accessories. Committees, clubs and organizations

wishing to use the Sears fashion presentation may contact Elliott Sher, Sears SeaTac Mall merchandise manager. The youth edition is also available for school and campus groups.

# PTSA conference on teenage parents

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OCT 12-13-14  
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**40% OFF** 20% - 30% OFF ON OUR BEST DRAPERY LININGS

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Good selection of shades!

**DECORATIVE ACCESSORIES**  
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LOCATED IN NEW CENTER PLAZA, BEHIND ABIGAILS 839-6166

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Mr. and Mrs. John Low

## Couple at home in California

At home in San Jose, Calif., are Mr. and Mrs. John Steven Low who were married recently in afternoon ceremonies at Des Moines United Methodist Church. The bride, the former Katherine Rose Winkler, is the daughter of Mr. and Mrs. Frederick Winkler of Normandy Park. Her husband is the son of Mr. and Mrs. James Low of Richland, Wash. The bride wore a gown of ivory lace with a scoop neckline and embroidered bodice accented with a net inset. The flutter sleeves fell to a waist-length capelet, and the ivory chiffon and organza skirt flowed into a chapel-length train. Her headpiece was a wreath of baby's breath and stephanotis, and she carried a bouquet of deep pink roses, ivory carnations tipped in

rose, stephanotis and baby's breath. Linda Dake was the maid of honor, and Carol Winkler and Denise Folsom were bridesmaids. They all wore blouson dresses of pink, ivory and violet print chiffon with matching shawl scarves. Brent Low served as his brother's best man, and Jeff Low, Brad Low and David Winkler were the ushers. Following a wedding reception at the Hyatt House, the couple left on a honeymoon trip to Maui, Hawaii. The bride, a graduate of Mt. Rainier High School, received her bachelor's degree in speech therapy from Western Washington University. Her husband is a graduate of Columbia High School and the University of Washington.

The Thomas Jefferson High School Class of 1970 is planning its 10-year reunion and looking for former members of the class. Those who have not been contacted or who know the whereabouts of other members are asked to contact Cindy Hanson Hutchison at 271-3560 or Sherrie Williams Lennox at 838-9741.

## TJ class planning reunion

Federal Way Community Council (10-12, 1 to 8 p.m.) Antique appraisal, Calvary Lutheran Church.

F.W. Christian Women's Club (10-1, noon) Luncheon, for reservations call 941-2616 or 839-7564, F.W. Elks Club.

## BPW dinner tonight

Mrs. Ella Reese of Tacoma, junior past president of the Washington State Federation of Business and Professional Women's Clubs, will be a special guest at the Highline club's monthly dinner meeting to be held this evening, Oct. 11, at the Black Angus in Burien.

The social hour will start at 6:30 p.m., and dinner will be served at 7 o'clock. Mrs. Naomi King will preside over the

business meeting that follows. Mrs. Flo Hammond, chairman of the ways and means committee, will report on the current sale of pecans, and Mrs. Ora Rowe will report on her special project, the recycling of Christmas cards into gift cards for the benefit of the Servicemen's Lounge at Sea-Tac Airport.

Other reports will include plans for National Business Women's Week Oct. 21-27 by Mrs. Zelda

Boulanger and Mrs. Jerry Farmer; the Canadian-American Friendship Banquet Oct. 20 at the Olympic Hotel at which Women of the Year are named by the various clubs, and plans for the naming of a Young Career Woman by Mrs. Frankie Anderson.

Mrs. Wendy Berinato, director of District 8, will pay her official visit, and Mrs. Reese will conduct initiation ceremonies for nine new members.

## Girl Scouts



Girl Scouts are now forming new troops throughout the Federal Way-Des Moines area and are welcoming new members to established troops.

Parents who would like to see their girls involved in activities that offer fun, adventure and values development are invited to get in touch soon with the local Girl Scouts, Barbara Shane, field executive working in this area.

says. Girls with disabilities are welcome.

Girl Scouts is a national organization open to all girls ages six through 17. National membership dues are \$3 and include activity insurance. Troops set their own individual dues based on plans made by the girls in the troop. The program is designed for four different age groups and relies on

volunteer leadership. Parent participation is encouraged.

Girl Scout elementary school representative have information about opportunities for girls in grades 1 to 6 to join troops nearby. Elementary school secretaries have names and phone numbers for these representatives.

Information about scouting for older girls, junior and senior high ages, is available from the Totem Girl Scout Council office in Seattle, 633-5600.

## Planning to wed

The following persons have expressed their intentions to wed:

Donald W. Culbertson, 43, 2906 S. 253rd St., Kent, and Jeanne L. Ferguson, 31, 2906 S. 253rd St., Kent.

James K. Pagett, 25, 31425 - 7th Pl. SW, Federal Way, and Nancie L. Stegman, 24, 31425 - 7th Pl. SW, Federal Way.

Ricky D. Ross, 25, 28623 Military Rd. S., Federal Way, and Diana M. Rogers, 17, 27906 Pacific Highway S., Federal Way.

William R. Seavers, 56, 3508 SW 342nd St., Federal Way, and Barbara A. Norris, 43, 9021 - 16th Ave. SW.

Ivan J. Warren, 21, 33416 - 22nd Ave. SW, Federal Way, and Yuen L. Chin, 22, 33416 - 22nd Ave. SW, Federal Way.

Lynn J. Witten, 25, 35614 - 4th Ave. S., Federal Way, and Cindy L. Hoskinson, 21, 35614 - 4th Ave. S., Federal Way.

Lawrence E. Olson, Federal Way, and Donna K. Nickerson-Wileys, Federal Way.

Timothy C. Murphy, Federal Way, and Lynne C. Treosti, Federal Way.

Mark Richardson, 19, 30602 Pacific Highway S., Kent, and

Victoria Graham, 18, Kent. Robert L. Dewell, Federal Way, and Sharon L. Corey, Tacoma.

Lawrence Cornelius, 22, 20612 Des Moines Way S., and Cinda Armstrong, 21, 1352 - 37th Ave. S. Dan Keown, 32,

23013 Marine View Drive S., and Marsha Waddington, 31, 23013 Marine View Drive S.

Willie D. McCracken, Federal Way, and Peggy J. Winkel, Federal Way. Adam J. Zangrillo, Kent, and Deborah A. Beckloff, Federal Way.



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6 week course  
Mon. thru Thurs.  
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OCTOBER 11 THRU 20 ONLY

SAVE 30% to 50%  
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Wallpaper over 350 books To choose from  
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## Planning to wed

Mr. and Mrs. George Blackwell of Anchorage, Alaska, announce the engagement of their daughter, Jackie Lee, to Ronald Bruce Fowler, son of Roy Fowler of Anchorage, Alaska, and Pat Fountain of Federal Way. Miss Blackwell is a graduate of Service High School in Anchorage and attended Anchorage Community College. Her fiancé was graduated from Federal Way High School. No wedding date has been set.

## Diabetes forum for young people

"Diabetes and floor balcony of the You," a youth forum center. Offered by the Informal discussion American Diabetes groups will meet in Association, the Indian Long Washington affiliate, House, with topic will be held at the choices of current Pacific Science diabetes research, Center in Seattle, food, sexuality and from 4 to 9 p.m. Tues- diabetes, day to day, day, Oct. 23. The forum is free. A film, "To Fly" for young adults, ages will be shown at 4 15 to 25. To register, o'clock in the Ames call Martha Bell at Theater on the second 624-5240.

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Jeans Oct. 16, 23, 30 Tues. 10-12, 7-9 \$15.  
Doll Lamps Oct. 13 & 20 Sat. 10-12 \$10.  
Intro. to Ultra Suede Oct. 24 Wed. 7-9 \$5.  
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Judy and Michael Bevers

### Rosaia-Bevers

Judy Rosaia, daughter of Gene and Ruth Rosaia of 25th Ave. S.W., and Michael Bevers, son of Del and Betty Bevers of Eighth Ave. S., were married Aug. 11 at the Glendale Lutheran Church. The officiating minister was the Rev. Robert Rieche. The bride wore a gown of ivory chiffon with accents of lace and seed pearls. Her veil matched her gown. The bridal bouquet was of cymindium and stephanotis.

Jan Wilde was the matron of honor. Bridesmaids were Barbara Janzing, Sherie Bevers, Pam Coplin and Paige Payne. The best man was Rick Jones. Seating the guests were Blair Losvar, George Itenberg, Paul Erickson and Rick Schwartz. Nathan Ianger served as ringbearer. The couple graduated from Washington State University, and are now at home in Spokane.

## Crisis residential centers help reunite families

Julie is 15 and has just run away from the third group home in which she has lived. She's afraid to return to her parents' home. She can't take any more beatings, but she needs a place to stay.

Jack, 16, has run away from his parents' home to join a carnival. It has happened three times before, and his parents are worried and angry. They call a police officer, who finds the boy.

Where can they go from here... If children repeatedly run away, have minor crime records or are in conflict with their family, they can find help from residential centers which offer a safe, temporary haven and a chance for counseling through the Department of Social and Health Services.

Parents and siblings are included in the intensive counseling which aims at reuniting the family.

That was the main purpose of recent legislation which entrusts certain children to DSHS and requires DSHS to provide crisis intervention services.

A child who is either on the run or has been kicked out of his or her home is screened by a DSHS caseworker, who determines if counseling can help the child successfully return to his or her family.

Children may be brought to the centers by law enforcement officers, parents or friends or come by themselves. Anyone needing this kind of help may contact a local Community Services office, where staff can make referrals for crisis intervention counseling.

Preserving the family is the priority goal of DSHS, according to Kathy Kuyper, treatment director at the Seattle YMCA center. Once the family can be helped to function better, home is the best possible place for "children in conflict."

The three types of CR centers — regopma; group and family — are semi-secure facilities, having a high ratio of three or four staff members to every eight children. The children are under no physical restraint.

So far, 28 regional, 31 family and 31 beds in group facilities are available in the state.

"Jack," the runaway, was referred, with his family, to a local contracted clinic for 15 hours of counseling for marital and sibling conflict, lack of communications and alcohol problems. They have worked things out and Jack is staying away from carnivals.

"Julie" secured the court order necessary for staying at the CR center for more than 72 hours. She and her parents got counseling and all agreed that she would find more happiness in a foster home.



Ray and Thelma Seeley

### Seeleys celebrate 50th anniversary

Ray and Thelma Seeley celebrated their 50th wedding anniversary at a reception hosted by their children at St. Bernadette's Catholic Church.

The Seeleys were married Sept. 20, 1929 in Seattle. Thelma's father was the late Dr. Jacob Benshoof, one of the first physicians in the White Center — South Park areas. Thelma graduated from Holy Names Academy. Ray is a graduate of the old Broadway High School. Both attended Western Washington State University. They have been White Center residents for 45 years. Ray retired 10 years ago from the Boeing Company. He was a supervisor for the company for 40 years. The couple have four children; Jack, Jill, Steve and Rita. All attended Holy Family Elementary School and graduated from local high schools. Their four grandchildren are also graduates of Highline District Schools.

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### Appraisers to judge antiques

Federal Way Community Council will hold its second annual antique appraisal from 1 to 8 p.m. Friday, Oct. 12, at Calvary Lutheran Church, 2415 S. 320th St.

Parking in the fellowship parking lot will be free and refreshments will be served. Eleanor Nordland and Sandy Babbitt are co-chairing the event.

The appraisal is not a commercial venture, and none of the items will be offered for sale. However, having articles appraised gives the owner a value to be used for insurance purposes. There will be a charge of \$3 per item appraisal.

A number of experts in the field will be present to study and appraise the items, among them Mary Patterson, member of the American Society of Appraisers, from Tacoma; Mike Wall of Midway Antique Finders; and Kathy Bailey of Antique Pleasures in Bellevue.

Instead of aggravating the pressures and conflicts of a family in crisis, as prolonged separation might do, the new law gives families a way to survive intact.

"Rather than ignoring the roots of the problem and sending a kid off to detention, we get the family working together so it can stay together," a DSHS spokesman said.

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### Luncheon featuring auction

Handcrafted items will be sold during the Country Fair auction that will highlight the Federal Way Christian Women's Club's luncheon at noon on Thursday, Oct. 11 in the Federal Way Elks Club. Ardith Jobse, special feature chairman, is in charge of the auction which will benefit the mission program.

S t a r Asimakoupoulis, a former chairman of the Wenatchee Christian Women's Club, will be the guest speaker.

### Arts position open in Tacoma

Tacoma-Pierce County Civic Arts Commission is accepting applications for the position of Neighborhood Arts program coordinator. Applicants should have graduated from a four-year college with specialization in arts management, fine arts or business administration or any equivalent combination of experience and training. Interested applicants should submit their applications no later than 5 p.m. Nov. 7. Employment will begin Dec. 1.

Applicants should address their correspondence to: Tacoma-Pierce County Civic Arts Commission, 4th floor, Medical Arts Building, 740 St. Helens Ave., Tacoma, 98402. More information concerning the position may be obtained by call the commission office at 593-4754.



### They're engaged

Mr. and Mrs. Robert G. Patterson of 2419 S.W. 322nd St. have announced the engagement of their daughter, Suzanne M., to Kerry I. Kusak, son of Mr. and Mrs. Nick Kusak of 159 S. 293rd St. The bride-elect is a 1979 graduate of Federal Way High School. Her fiancé graduated from the same high school in 1977. Both are attending Washington State University. No wedding date has been set.

This is the Day in which God's most excellent favors have been poured out upon men, the Day in which His most mighty grace hath been infused into all created things. It is incumbent upon all peoples of the world to reconcile their differences, and, with perfect unity and peace, abide beneath the shadow of the Tree of His care and loving kindness. Baha'u'llah

### Baha'i Faith

Tuesdays 1426 S.W. Dash Point Road 839-5822  
 7:30 p.m. Federal Way

Wednesdays 22511 25th Ave. So. 824-0663  
 7:30 p.m. Des Moines

Thursdays 18153 Riviera Pl. S.W. 242-6608  
 7:30 p.m. Normandy Park

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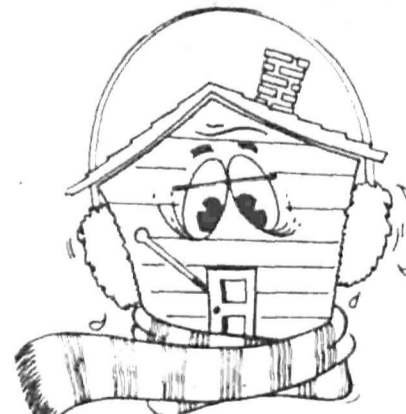
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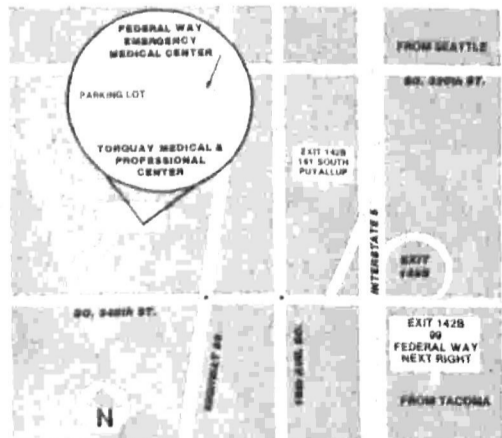
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Mr. and Mrs. William E. Bailey

Sandra J. Cole and William E. Bailey were united in marriage by Garth Smith at 6:30 p.m., August 25 in the garden of the groom's sister's home. The bride is the daughter of Mr. and Mrs. Juel N. Cole of Marysville and the groom is the son of Mr. and Mrs. Willie B. Bailey, 29806 21st Ave. S., Federal Way.

For her wedding, the bride chose a floor-length gown with a round neckline, flowered lace bodice and elbow-length sheer taffeta sleeves. Flowered lace also trimmed the sleeves and skirt of the gown and edged the elbow-length veil. She carried a bouquet of blue and white carnations with baby's breath and fern.

Sharon Manske served as matron of honor and bridesmaids were Debi Cole and Jan Nedrow, sister of the groom. All the women carried a single white rose trimmed with baby's breath and fern and wore blue, floor-length sundresses of dotted swiss. Flowergirl Jamie Nedrow also wore a full-length dotted swiss sundress and carried a tiny white wicker basket of daisies and light blue carnations.

Dana Kimmel was the best man and Tom Marsh and Russ Powell served as ushers. The men wore evergreen-colored tuxedos and the groom wore white tails.

Garden wedding for Sandra Cole

A reception followed the wedding at the home of the groom's parents. His mother and grandmother, Mrs. Bailey, prepared the food and decorations. Assisting were Debi Cole, Jan Nedrow and Sharon Manske.

Following the reception, the couple flew to California for a honeymoon trip to Disneyland, Knotts Berry Farm, Universal Studios and other destinations in the state. They are making their first home in Federal Way.

The bride is a 1976 graduate of Federal Way High School and a 1978 graduate of American Medical Record Association. She is employed at Cabrini Hospital. Her husband is a 1974 graduate of Thomas Jefferson High School currently employed as a Seattle firefighter.

Out-of-town guests included Tom and Emiko Kaku and Ellen Kaku from Palo Alto, Cal. and Frank and Nel Blakeney from Phoenix, Ariz.

China is topic of COH luncheon

Mrs. Ralph Shook, who visited China this summer with her husband, will present some of the highlights of their trip during the

afternoon program at the Des Moines-Zenith Orthopedic Auxiliary luncheon meeting at Des Moines United Methodist Church Thursday, Oct. 18.

Co-hostesses for the noon luncheon will be Mrs. Paul E. Benson and Mrs. Robert L. Moss, co-chairmen, Mrs. Bruce Noll, Mrs. J. Beeler, Mrs. B.

Varnell and Mrs. Velma Deckabaugh. Mrs. Johnston Pero will preside at the business meeting which will include committee reports by Mrs. W.O. Ramsey and Mrs. Cyrus Var-

Genealogy workshop at library

Federal Way Library will present a free Beginning Genealogy Workshop from 10 a.m. to 2 p.m. Friday, Oct. 12.

The Seattle Genealogical Society will be present to lecture, answer questions and provide charts and instructions for ancestral research.

Participants should bring pencils, notebooks and a brown bag lunch. For more information, call or visit the library at 848 S. 320th St.; 839-0257.

Attention Glacier alumni!

Glacier High School, which will be closed at the end of this school year, will stage its final

Homecoming the weekend of Oct. 19 and 20. Friday activities will include a

homecoming assembly at 1:30 p.m. in the school gymnasium, 2450 S. 142nd St., and the homecoming football game against the Mt. Si Wildcats at 8 p.m. at Highline Memorial Stadium.

The homecoming dance is scheduled from 8:30 to 11:30 p.m. Saturday in the Seattle Center Alki Room. The cost is \$8 per couple.

Clipped Wings set meeting


Clipped Wings, the organization of former United Air Lines flight attendants, will hold its regular monthly meeting Thursday, Oct. 11, at the Rice Paddy restaurant, 707 148th Ave. N.E. The social hour begins at

6:30 p.m. with dinner to follow at 7:30. All former and present UAL flight attendants are invited to attend. For information and reservations, contact Mrs. Jeanne Gasper, 641-8660, or Mrs. Gloria Methvin, 747-4942.

Dance club offering lessons

The Hoot n Holler square dance club of Burien will offer a series of round dance basic classes starting at 7:45 p.m. today, Oct. 10, in the Ruth School gym, 1033 S.W. 152nd St.

Jack Leicht, caller-instructor, will teach the classes which will be followed by an hour of square dance workshop. For more information, call Leah Hatling, 242-2666



**43<sup>rd</sup> birthday celebration and sale**

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# Births



**Adams**  
Julie Rachel, first child of William and Pamela Strothers of 23255 27th Ave. S., was born Aug. 23 in Valley General Hospital. She weighed 9 pounds, 9 ounces and is the granddaughter of Mr. and Mrs. William Adams of Des Moines and Mrs. Norma Lintwed of Seattle.

**Her great-grandparents** are Pauline Adams and Edna De Mars, both of Tacoma.

**Muttart**  
Their third son was born to Patrick and Elizabeth Muttart of 37909 51st Ave. S. Sept. 20 in Auburn General Hospital. Joseph Donald weighed 5 pounds, 14 ounces and is the brother of Garrett, 4, and Michael, 21 months.

**He is the grandson** of Mrs. Monnette Groff of Auburn, George Muttart of Kent and Mrs. Sally Wood, also of Auburn.

**Carson**  
Scott and Linda Carson of 29912 Fourth Ave. S. welcomed their third daughter, Sandra Joy, Sept. 22 at Valley General Hospital. Sandra, who weighed 8 pounds, 5 ounces, is the sister of Kristina, 4, and Kelly, 2.

**Her grandparents** are Mr. and Mrs. Thomas Hazzard of Federal Way and Mr. and Mrs. H. C. Carson of Mercer Island. Her great-grandparents are Mr. and Mrs. Karl Reaher of Grants Pass, Ore., and T. R. Hazzard of St. Cloud, Fla.

Their second child was born to Floyd and Pamela Strothers of 29918 48th Place S. Sept. 22 in Swedish Hospital. Brienne Carol, who weighed 6 pounds, 8 ounces, joins a brother, Christopher, who is four years old.

**Grandparents** are Mr. and Mrs. Harold Rennaker of Kent and Mr. and Mrs. Wilbert Strothers of Seattle.

**Anderson**  
An 8-pound, 4-ounce son was born to Loren and Barbara Anderson of 3507 S. 260th St. Sept. 24 in Providence Hospital. Jason Douglas joins a brother, Jeffrey, 8.

**He is the grandson** of Mr. and Mrs. John Halvorson of Glenfield, N.D., and Mr. and Mrs. Norman Papenfuss of Hamilton, Mont.

**McCarty**  
Their second child was born to Fred and Norma McCarty of 30320 Sixth Ave. S.W. Sept. 21 in Eastside Group Health Hospital. Jessica Ann weighed 6 pounds, 13 ounces and has a brother Russell, 4. She is the granddaughter of Mrs. Gladycie McCarty of Emporia, Kans.

**Collins**  
Their first child was born to David and Cheri Collins of 21623 30th Ave. S., Des Moines, on Sept. 21 at Swedish Hospital in Seattle. Christopher David weighed 7 pounds, 14 ounces at birth. His grandparents are Mr. and Mrs. Doyle Barnes of Seattle, Mr. Arthur McNamara, also of

Seattle and Mr. and Mrs. Robert Collins of Huntington Beach, Calif.

**Vukelic**  
Rudy and Jerie Vukelic, 3503 So. 192nd, welcomed their fourth child, Michele Rae, on September 14. The 7-pound, 10-ounce baby girl was born at Eastside Group Health Hospital. Her brothers are Gregg, 11, Joel, 5, and Nicholas, 1½. Grandparents of the Vukelic children are Mrs. Ray Johnson of Kent and Mr. and Mrs. Rudy Vukelic of West Seattle.

**Carlisle**  
A third child was born to Michael and Brenda Carlisle of Federal Way on September 14 at Riverton General Hospital. Jamie Lynn weighed 5 pounds, 14 ounces and joins Jeff, 12, and Jennifer, 5, in the Carlisle family. Grandparents are Mr. and Mrs. Don Carlisle of Redono.

**Davis**  
Alana Joy is the second child born to Jerry and Joann Davis, 2328 So. 302nd in Federal Way. The 7-pound, 5-ounce baby girl was delivered September 15 at the Highline Community Hospital. Her brother Matthew is 17 months old. Grandparents are Norval Husky of Boise, Idaho, Mrs. Homer Bonham of Wichita, Kansas and Mr. and Mrs. Charles A. Davis of Normandy Park.

**Waller**  
Stephen Scott, first child of Doug and

Snaron Waller of 31715 46th Ave. S. was born Sept. 26 in Valley General Hospital. He weighed 8 pounds, 4 ounces and is the grandson of Mr. and Mrs. Vernon Tieratt of Sumner and Mr. and Mrs. John Waller of Hoquiam.

**Maxwell**  
Their second son was born to Merrell and Ginger Maxwell of 24033 13th Place S. Sept. 26 in Group Health Hospital. Seth Abraham weighed 8 pounds, 7 ounces and is the brother of Peter, 8.

**His grandparents** are Florence Maxwell of Enumclaw and Barbara Trefry of Seattle.

**Nance**  
An 8-pound, 1-ounce daughter was born to Shawn and Sheila Nance of 20411 Fourth Ave. S. Sept. 28 in Valley General Hospital. Michelle Lynnette is the granddaughter of Mr. and Mrs. James D. Jackson of Seattle, Russell Nance of Tacoma and Claudette Stolty of Renton.

**Saxwold**  
Their second child was born to James and Cindy Saxwold of 20828 Third Ave. S. Sept. 18 in Group Health Hospital. Kelby Lynn, who weighed 9 pounds, 10 ounces, joins a sister, Megan, 5.

**Her grandparents** are Mr. and Mrs. Thomas Schatz of Milton and Mrs. Kay Saxwold of Seattle.

**Carlson**  
Thomas and Jerrie Carlson of 29216 18th Ave. S. welcomed their second daughter Sept. 26 in Riverton General Hospital. Trisha Rene weighed

5 pounds, 14½ ounces and is the sister of Angela, 3.

**She is the granddaughter** of Mr. and Mrs. Myron Carlson of Port Angeles, Helen Eichman of Redmond and Carl Eichman of Seattle.

**Bjorn**  
Their fourth child was born to Andrew and Arleen Bjorn of 26507 18th Place S. Sept. 25 in Valley General Hospital. Anja, who weighed 6 pounds, 11 ounces, joins two brothers and a sister, Andrew, 5, Inger, 3, and Erik, 2.

**Her grandparents** are Mr. and Mrs. Frank Bjorn of Federal Way and Mr. and Mrs. Calvin Price of Ogden, Utah.

**Mills**  
An 8-pound, 11-ounce daughter was born to Douglas and Vickie Mills of 2317 S.W. 346th St. Sept. 26 in Highline Community Hospital. Nicole Lee is the sister of Jeremy who is 23 months old.

**Grandparents** are Bob Mills of Burien, Helen McBride of Burien and Reid McBride of Lakewood.

**Walz**  
Lori Lynn, second daughter of Robert and Pauline Walz of 26104 14th Place S., was born Sept. 24 in Highline Community Hospital. Lori weighed 5 pounds, 14 ounces and is the sister of Kristine, 3.

**She is the granddaughter** of Mr. and Mrs. Robert Jorgenson of Ypsilanti, N.D. and Mrs. Chris Walz of Jamestown, N.D.

**McCormack**  
Charles and Raynette McCormack of 2832 S.W. 302nd Pl. in Federal Way,

welcomed their fourth child, Joy Lynn at Valley General Hospital on Sept. 22. Joy Lynn weighed 7 pounds, 10½ ounces at birth and has two sisters, Joah, 14, and Jamie, 2. She also has a brother, John, who is 14 months old. Joy Lynn's grandparents are Mr. and Mrs. Woodrow McCormack of Jacksonville, Ore.

**Ingram**  
Their first child, Michelle Lynn, was born to Eugene and Theresa Ingram, 21614 29th Ave. S., on Sept. 22 at Riverton Hospital. Michelle Lynn weighed 6 pounds, 15 ounces at birth. Her grandparents are Mrs. Mary Barton of Renton, Mr. Robert James of Kennewick and Mr. and Mrs. Louis Ingram of Seattle.

**DeBond**  
David Charles, born on Sept. 24, at Providence Hospital, is the second child of Duncan and Rowena DeBond of 29915 Third Ave. S. in Federal Way. He weighed 7 pounds, 9 ounces at birth and has a sister, Melanie Mary, 4½. David's grandparents are Mr. and Mrs. S. Fernando of Federal Way and Mrs. Marchitto, also of Federal

Way. Dorothy DeBond of Los Angeles, Calif.

**Kartchner**  
Daniel and Debra Kartchner, 3001 S. 288th St., welcomed their second child, Adam Douglas, born Sept. 21 at Auburn General Hospital. Adam has a sister, Eva, 4, and is the grandson of Mr. and Mrs. Varro J. Murodock of Auburn, Mrs. Geri Kartchner of Seattle and Mr. Dean Kartchner of Ravensdale.

**Estrada**  
Angela Catherine, first child of Alfred and Cathie Estrada of 2027 S. 285th St., was born Sept. 19 in Eastside Group Health Hospital. Angela, who weighed 6 pounds, 10 ounces, is the granddaughter of Mr. and Mrs. Filomeno Estrada of Seattle and Mr. and Mrs. Roger Walters of Bellevue.

**Marchitto**  
Ronald and Becky Marchitto, 231 S.W. 208th St., welcomed their first child Sept. 19 at Swedish Hospital. Jessica Lee weighed 7 pounds, 6 ounces. Her grandparents are Mr. and Mrs. Verlie Balko of Federal Way, and John and Betty Marchitto, also of Federal

Way. **Barnes**  
Christopher Lynn is the second child born to Gregory and Julia Barnes of 33407 24th Ave. SW. The baby weighed 10 pounds when born Sept. 19 at Valley General Hospital in Auburn. Christopher has one brother, Jesse Allen, 2½. Grandparents are Mr. and Mrs. Jesse Harrell of Imperial Beach, California and Mrs. Dorothy Barnes, also of Imperial Beach.

**Prestella**  
Gary and Judy Prestella, 1029 So. 262nd Pl. in Kent, welcomed their first child, Tamura Marie, on Sept. 16. The 8

pound, 7 ounce baby girl was born at Riverton General Hospital. Her grandparents are Mr. and Mrs. W.C. Snook of Seattle and Millie Prestella, also of Seattle.

**Powell**  
Roger and Mary Powell welcomed their third child, Carin Marie, born Sept. 21 at Riverton General Hospital. Carin Marie weighed 5 pounds, 13 ounces and has a brother, Greg, 16 and a sister Suzanne, 22 months old. Her grandparents are Mr. and Mrs. Wayne Natling of Kent, and Mr. and Mrs. Richard Powell of Gig Harbor.

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## DAR schools topic of meeting

Mrs. Kenneth Schaitel of Federal Way, organizing regent of the Daughters of the American Revolution, will address members of the Elizabeth Bixby chapter of Seattle when they meet at 12:30 p.m. Saturday, Oct. 13, in the home of Mrs. Helen Harris, 634 Olympic Place, Seattle.

The program theme for the meeting is DAR Schools - Little Known Schools. Members will give reports on the backgrounds of Berry

College and Berry Academy founded in 1919 in Mount Berry, Ga.; Crossnore School, founded in 1917 in Crossnore, N.C.; Hindman Settlement School, founded in 1902 in Hindman, Ky., and Hillside School, founded in 1901 in Marlborough, Mass. Mrs. Schaitel will report on Hillside School.

Under its charter from the Congress of the United States, one of the major objectives of the national society is educational

training. As early as 1903, the DAR formed a committee on patriotic education. In 1932 this committee was discontinued, and the schools are now directed exclusively by the DAR School Committee. To qualify as an approved school, a school must be for underprivileged boys and girls; it must maintain high scholastic standards and teach patriotic American principles.

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Highline Business and Professional Women (first Wednesday, 7:30 p.m.) Board meeting in homes; (second Wednesday, 6:30 p.m.) Dinner meeting at Black Angus in Burien.

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\*Glimmering Seas, Dreamspun Trustmark™ Carpet, Sculptured Touch™ Collection

**Bonus #2**  
**Free Carpet Care Kit**

Just buy 25 square yards or more of any of the dozens of carpets featured in this sale\*\*—that's enough for a 15' x 15' room—and get this professional carpet care kit—FREE. A \$14 retail value, this kit provides everything you need to clean 55 common carpet and upholstery spotting problems. Visit the retailer listed below... for a great carpet deal and a great carpet care kit.

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☆ Accommodations for singles private status starting at \$675 per mo.  
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Store Hours: M-F: 10-5:30  
Sat: 10-4  
Closed Sundays



**The art of Ikebana**

Toshiko Kawata, flower arranging expert, is shown as she prepared one of her delicate Japanese arrangements. Mrs. Kawata will start a series of ongoing classes Oct. 10 in her home at 29808 Marine View Drive S. They will be held from 10 a.m. to noon, with the possibility of an evening class being added. Mrs. Kawata is a member of Marine Estates Garden Club and Seattle chapter 19 of Ikebana International and has given demonstrations at the Federal Way and Burien libraries. She is currently teaching at Jefferson Community Center in Seattle. For more information, call her at 839-2353.

**Puyallup reunion set**

The Puyallup High School Class of 1929 is planning a 50 year reunion in December. chairman Mrs. Ethel Larson Wargo of Puyallup has been able to locate only 40 of 105 members of the her graduating class. Anyone with clues to married names and/or addresses of the following is invited to contact Mrs. Wargo: Robert Bates, Ida Bennett, Selma Brown, Pansy Collier, Marie Cook, Armand Fancher, Dorothy Fisher, Margaret Gunning, Bernice Haase, Jessie Hanicker, Viola Harn, Viola Humphreys, Donald Jones, Joe Landis, Gerald Larson, Doris Lohr, Ella Luckow, Lorne Miller, Della Nickles, Willie O'Dell, Jack O'Neill, Josephine Parks, Pearl Rall, Edward Shaffer, Ethel Shepherd, Genevieve Simpson, Arthur Skreen, Maxine Smith, Mable Wilson, Roberta Woodman, Fay Christian and Earl Bentley.

Mrs. Wargo may be reached at 6706 56th St. E., Puyallup, 98371, phone, 845-9121.

**Early start for board**

Highline School Board meetings will now begin at 7:30 p.m. on a permanent basis. They previously started at 8 p.m.

The board approved the earlier starting time at a recent meeting.

Wirth. "This is an opportunity to memorialize Harry Wirth for all he has done for our Federal Way youth."

Good News Bible Club (Wednesdays, 6 to 7:30 p.m.) Bible discussions for children, ages 4-14, for additional information call 941-1151, 3512 S. 293rd Pl.

**Scholarships to be offered**

Graduating seniors at Decatur, Federal Way and Thomas Jefferson high schools soon will be able to apply for scholarships offered by the Harry C. Wirth Memorial Scholarship Fund.

Aid will go to one student from each school. Federal Way Branch of the Pacific National Bank are encouraging us to plan ahead," said Betty Warnock, chairman of a local committee dedicated to memorializing



**Engaged**

Mr. and Mrs. David Wickersham of Enumclaw announce the engagement of their daughter, Margo Denise, to Thomas Bykonen, son of Mr. and Mrs. Jack Molenda of Federal Way. Both Miss Wickersham and her fiance are attending the University of Washington.

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One days notice required on trays for up to 50 people

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Booster booths available

Mirror Lake Booster Club is now accepting reservations for booths at its craft fair to be held Friday, Nov. 30, at Mirror Lake Elementary School. The fee is \$7.50 per booth.

Call Pam Reichardt, 839-3692, or Barbara Bangert, 839-7716, to sign up.

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costs every year. Your house will be more comfortable to live in. And worth more when you sell it.

We'll be glad to check your home for areas of energy waste and tell you what improvements would be cost effective. That way, you'll know how soon the improvements would pay for themselves in reduced energy costs. There's no charge or obligation.

Then, if you want the improvements made, we'll arrange financing for those that are cost effective, and a Puget Power approved contractor will do the work.

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**We've still got it. Let's conserve it. PUGET POWER**

# The Modern Mom

by Betty Woolley



Americans are on a water kick. The latest fad at cocktail parties is the ordering of a glass of bottled water, which is sometimes a fancy mineral water but more often than not nothing more special than the

product of a local source. This trend will make cocktail party preparations much easier. No more trekking to the liquor store for expensive items for the bar. The host can just scamper over to the local river

or lake, fill a few buckets, dash home and strain the water into interestingly shaped bottles, slap a fancy label on same, and be in business.

And poor Betsy Flanagan will probably roll over in her grave. Who, you ask, is Betsy Flanagan? When George Washington and his men were fighting the Revolution, Betsy Flanagan was staging one of her own. History credits her with inventing the cocktail.

Betsy had a tavern near what was then the old Albany Post Road, not far from the Sawmill Parkway in Elmsford, N.J.

Assorted Colonial and French officers from General Washington's army beat a pathway to Betsy's door in their free time between battles.

Mistress Flanagan served them efficiently and well, keeping their glasses filled to the brim, but during one of the war engagements when the Army was off fighting, she found herself with nothing to do. Searching for a hobby she took up pottery painting. Her first artistic piece was a white crockery pitcher, on which she painted, in colorful detail, the tail feathers of a cock that had

been stolen from a Tory farmer's barnyard and left at her tavern.

The paint was scarcely dry when the gentlemen soldiers began to arrive, haggard and worn from a hard day at the war. Betsy, ever inventive and sensitive to their needs, took one look at them and decided they needed something special to revive them. She poured an assortment of the alcoholic beverages on hand into her newly decorated pitcher, added a dash of this and a touch of that, stirred it vigorously and concocted a strong potion that was

an instant success. Betsy refused to reveal the secret recipe of the contents of the "Cocktail Pitcher," as the vessel came to be known, but whatever it contained it proved effective. The men perked up, went out and won the war, and the tide of history was turned.

Now just suppose for a moment Betsy had served those disheartened Americans a glass of Poland Sparkling Water from Maine, or Deer Park Water from a babble of springs in Pennsylvania.

Just where do you think this country would be today?



TROOP 15 - Debbie Gahloff, Cindy Hartl, Wendi Rudzinski, Annette Syrstad, Mindy Dederick, Cindy Dederick and Jo Dederick, troop leader.



TROOP 1538 - Patty Goldsmith, Avril Lore, leader, and Michelle Uliasz



TROOP 1229 - Shirley Treiber, Barbara Wamba, leader, and Caryn Line.

## Girl Scouts earn awards

Eleven girls from Troop 755; Patty Goldsmith, Michelle Dederick, Cindy Uliasz, Troop 1538; Debbie Gahloff, Cindy Hartl, Wendi Rudzinski, Annette Syrstad, Mindy Dederick, Cindy Dederick and Jo Dederick, troop leader.

The award, given in recognition of completion of a three-year program of skill development and service, is the highest one a Cadette can receive.

Girls who received the awards were: Margaret Morris,

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## Films set

On Oct. 5 and 6, the Auburn Avenue Theater, will begin a series entitled "Rediscovering the American Cinema."

Groups of films will be presented in conjunction with the live entertainment that has been featured at the theater recently.

The first of these presentations will be "Lassie." And with that feature will be Shirley Temple in "Dimples."

## APPROXIMATELY 160 VEHICLES

U.S. Government Sale by Auction

### TO THE PUBLIC

INSPECTION: October 18 & 19 - 9:00 a.m. to 3:30 p.m. October 20 - 8:00 a.m. to 10:00 a.m.

LOCATION: GSA Motor Pool - Sales & Storage Area 4900 E. Marginal Way S. (South of Spokane St.) Seattle, Washington

SALE DATE: October 20, 1979 - 10:00 a.m.

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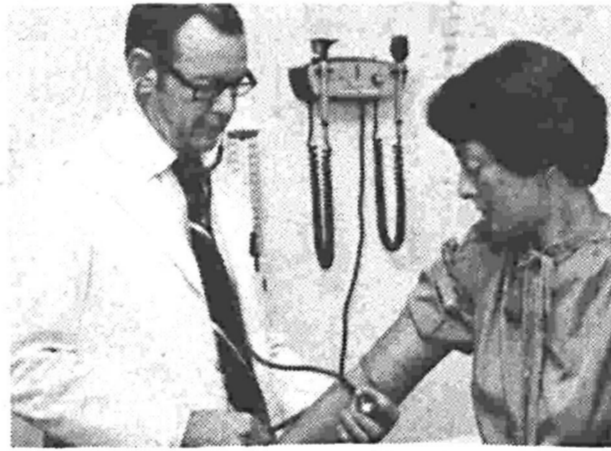
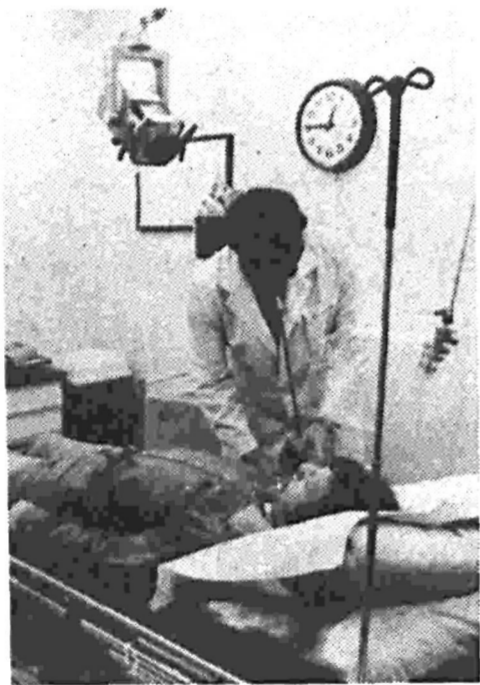
## Nursing law seminar offered Oct. 12-13

Nursing law will be the topic of a special seminar scheduled for October 12 and 13 at Virginia Mason Hospital. The program, sponsored by Virginia Mason and Swedish Hospital Medical Center, be taught by nationally recognized authority on nursing, hospital and medical law, William A. Regan, J.D.

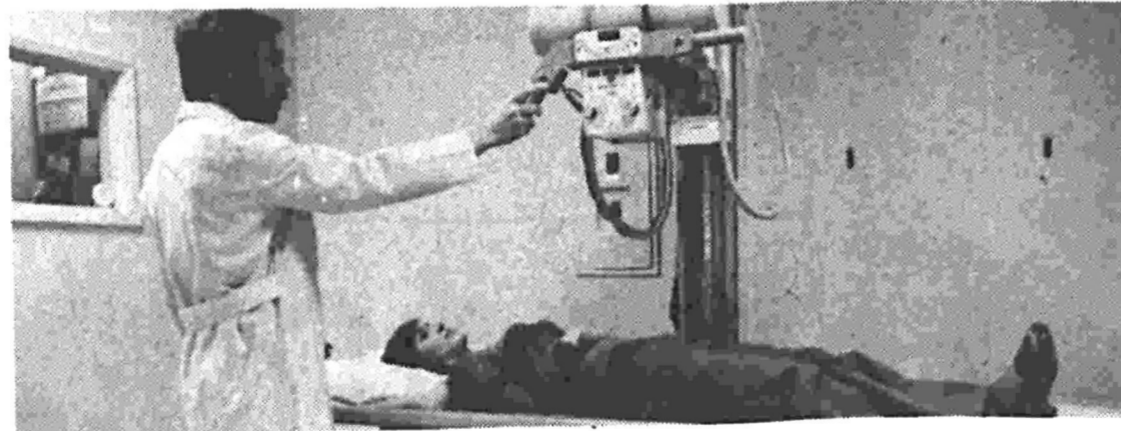
Topics of discussion at the seminar will include "The nurse and professional liability", "Current problems in nursing" and "Critical care nursing and the law". Registration information is available from the Nursing Education Department at Virginia Mason Hospital, 624-1144, ext. 293. Registration closes Sept. 30.

## PUBLIC MEETINGS

Des Moines City Council (second and fourth Mondays, each month, 7:30 p.m.) Regular meeting at Des Moines City Hall.  
Des Moines Planning Commission (first Monday, each month, 7:30 p.m.) Meeting at Des Moines City Hall.



No Appointment Necessary



Federal Way's Emergency Medical and Family Care Center offers a full range of medical services, on a walk-in basis, at reasonable cost, all in one convenient location.

No appointment is necessary. You can walk right in and see a doctor without an appointment, 7 days a week, 365 days a year. We can treat minor emergencies from common colds, sore throats, fevers, burns, slivers and blisters, to cuts, sprains, fractures, and other pains, at less cost and greater convenience than a hospital emergency room.

We can also perform routine physical examinations, lab tests, x-rays, prescribe medication, and provide medical consultation for your entire family.

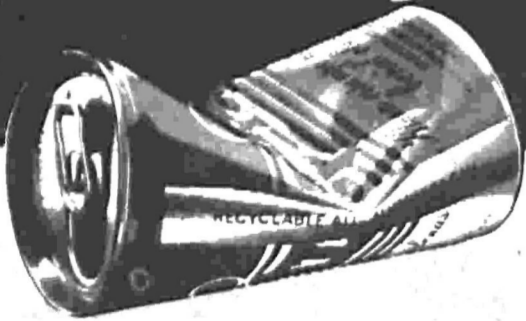
We are here to serve you on a walk-in basis, and can continue that service for as long as you need us.

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Until November 3rd, if you bring in the largest or second largest amount of aluminum to this location, you can earn \$15.00 or \$10.00 extra cash.

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Watch for extended community news and pictorial coverage, fascinating feature articles and an exciting new look to the Religious Directory.



## Airwest, strikers talking again

Negotiations resumed yesterday between Hughes Airwest and striking Air Line Employees Association members, with renewed hope among the latter for an end to the walkout that began Sept. 10.

The National Mediation Board notified both parties last Friday that it would send a mediation team to Miami Beach, Fla. to reopen the talks that broke off shortly before the strike began.

No comment was available from Airwest on the latest development, but an ALEA vice president in Seattle called the return to the bargaining table a "good sign" and did not rule out the possibility a tentative contract agreement could be reached this week.

The company

(Airwest) has come off its position on retroactivity, and there is only one major area of difference left," Robert Haskin said. "We in turn can show them a little movement on our part."

Concerning speculation the negotiators could agree to a contract by this Friday, Haskin said "that's possible."

THE NATIONAL Mediation Board has assigned mediator Harry Bickford and board member Robert Brown to the bargaining in Miami Beach. Haskin said the first two days of negotiations "will probably be a feeling-out process."

"But I've been in sessions with Bickford, and he's the kind of mediator that once he gets things rolling, he'll keep

them going around the clock three or four days at a time."

Haskin said Airwest, claiming a misunderstanding, has relaxed its stand on retroactive pay and agreed to make the payments to employees based on gross earnings. The airline had wanted to exclude overtime from retroactivity, Haskin said.

The sides must now resolve their differences over wage increases, he said.

In bartering over a three-year contract, Airwest is offering increases of 8 percent the first year, 2.7 percent the second year, and 6.3 percent the third year. The ALEA is demanding 10 percent, 7.9 percent, and 7.4 percent, respectively.

"Obviously, we're far apart on the se-

cond year," Haskin said.

BUT, HE SAID, the union members (clerical workers, reservation agents, loading ramp personnel, and baggage handlers) want only to be paid according to industry standards, which he said their contract demands would accomplish.

Part-time employees are also an issue in the work stoppage that has halted all Airwest operations. The airline wants 90 such workers, while the ALEA is offering 60. Haskin, however, said "this is not an area that can't be resolved."

## Sale promotes jogging circuit

The second annual Auburn Noon Lions light bulb sale will be held throughout the Green River Valley area on Oct. 10-11.

Presented in conjunction with their World Service Project in which Lions Clubs around the world participate in community service projects, members of Auburn Noon Lions will be selling six-bulb packages at \$3 each.

Proceeds will go towards the development of a physical fitness — jogging trail in a heavily wooded

environment on the Green River Community College campus. The 1.2 mile circuit designed after the European "par-course" exercise concept, will be open at all times to the general public.

Co-chairman for this year's sale are Joe Giliberto and Rich Porter. They will direct a membership of 50 whose organizational purpose is to take an active interest in the civic, cultural, social, and moral welfare of the Auburn community.

JUNQUE or PRICELESS ANTIQUE?

Bring your family heirlooms and flea-market finds to an

## ANTIQUÉ APPRAISAL

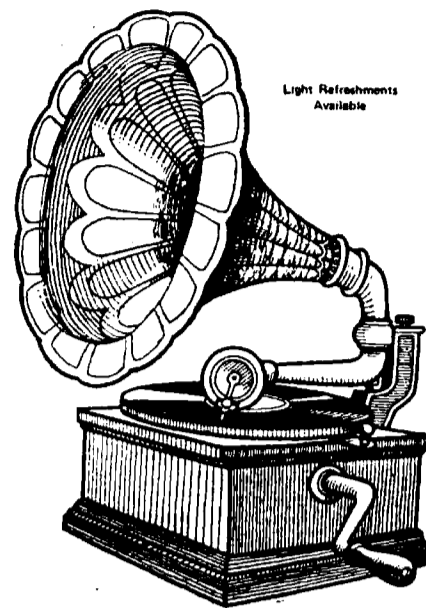
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Friday, Oct. 12  
1:00 p.m. - 8:00 p.m.

CALVARY LUTHERAN CHURCH  
2415 South 320th  
Federal Way  
(Across from McDonald's, near I-5)

Have your treasures appraised by experienced antique appraisers in various fields such as:  
Furniture • Art Prints • Clocks  
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Glassware • Bric-a-Brac • Misc.

\$3.00 per item  
(Limit 5 items per person)



Light Refreshments Available



### Youth of month

ROBERT BLANCHARD, 12, tests his skill on the slot car layout at the Des Moines Boys and Girls Club. Robert, a seventh-grader at Pacific Junior High, has been named Youth of the Month at the Club. Robert was the winner of the Most Fish prize at the recent fishing derby for the Club, and is active in the games room and Hot Shot competitions. — staff photo

Adelaide Elementary PTA Carnival (10-26, 4 to 10 p.m.) Proceeds for playground equipment, fun, food, games, raffles, crafts and prizes for all ages, held in the school gym.

2nd Annual Antique Appraisal (10-12, 1 to 8 p.m.) Experienced antique appraisers, cost \$3 per item, limit of five items per customer, Calvary Lutheran Church, 2415 S. 320th St.

Dale Leroy Watkins Auxiliary for Children's Orthopedic Hospital (fourth Monday, each month) Meetings in members' homes, contact Terry Engelstad at 839-7175.



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### 1/2 PRICE SALE Women's boots

Were \$17.99  
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8<sup>88</sup> pr.

6-inch quilted low boot. Tan color.

### SAVE \$7 High chair

Was \$19.88  
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Folding high chair features metal footrest. Yellow and white gingham checked vinyl covers seat and back.

36019

### SAVE \$7.11 Craftsman® 9-piece flaring tool set

Was \$19.00  
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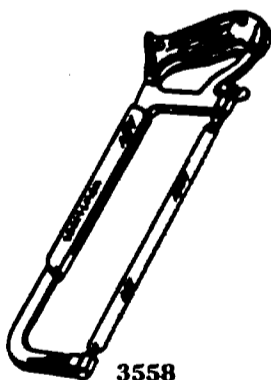
For copper, aluminum or brass thinwall tubing. Includes tubing cutter. #55272

### SAVE 46% Craftsman® hack saw

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3<sup>44</sup>

Flush and standard cutting adjustable steel saw.



3558

### 46% to 57% off Misses' peasant-style tunics

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5<sup>88</sup>

Pullover-style tunics in print and solid colors. Of soft, smooth double-knit polyester. With scoop neckline and long raglan sleeves.

### SAVE \$4.11 Sears Best men's Perma-Prest® knit jeans

Were \$11.99  
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100% Fortrel polyester knit for comfort. Trim cut for slim builds.



### 1/2 PRICE SALE Men's cardigan sweater

Was \$11.99  
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100% acrylic long-sleeve sweater. Machine wash warm, tumble dry.

### SAVE \$14 Children's pedi-brake bike

Was \$38.88  
Reduced from our '79 Spring and Summer Catalog

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Pedi-brake bike comes to a stop by pushing front brake pedal down. Chrome-plated handlebars, enameled fenders. Convertible crossbar for girls' or boys' model.

### SAVE \$4.55 Girls' baseball jacket

Was \$10.99  
Reduced from our '79 Spring and Summer Catalog

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Satin-look baseball jacket woven of 100% nylon.



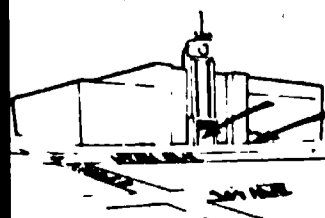
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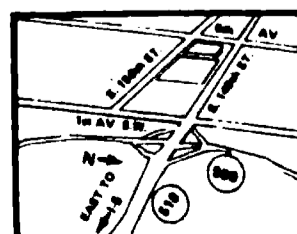
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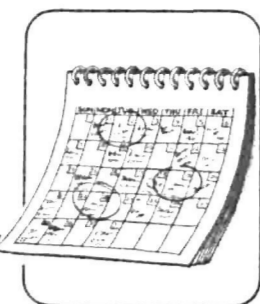
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344-3140

# Community Calendar

what's happening



### PUBLIC MEETINGS

**Des Moines City Council** (second and fourth Mondays, each month, 7:30 p.m.) Regular meeting at Des Moines City Hall.

**Des Moines Planning Commission** (first Monday, each month, 7:30 p.m.) Meeting at Des Moines City Hall.

**Federal Way Community Council** (each Thursday, 7:30 p.m.) Regular meeting in the Lakeside Professional Building, 30819 14th S. (Lower Level).

**Federal Way School Board** (second and fourth Mondays, each month, 7 p.m.) Regular meeting at Educational Services Center, 31455 28th S.

**Water District 54** (first Monday each month at 6:30 p.m. and third Monday of each month at 8:30 a.m.) Regular meeting, 922 S. 219th St.

**COMMUNITY EVENTS**  
**Federal Way Organizations Serving Youth (FWOSY)** (10-10, 10-17 and 10-24, 7 to 9:30 p.m.) Three-session seminar to study drug abuse and what can be done about it, Decatur High School.

**"Kids and Drugs"** (10-10, 10-17 and 10-24, 7:30 p.m.) Presented by the Federal Way Family Forum, meetings held at Decatur High School.

**Adelaide Elementary School PTA General Meeting** (10-11, 7 p.m.) In the library.

**F.W. Christian Women's Club** (10-1, noon) Luncheon, for reservations call 941-2616 or 839-7564, F.W. Elks Club.

**2nd Annual Antique Appraisal** (10-12, 1 to 8 p.m.) Experienced antique appraisers, cost \$3 per item, limit of five items per customer, Calvary Lutheran Church, 2415 S. 320th St.

**Federal Way Community Council** (10-12, 1 to 8 p.m.) Antique appraisal, Calvary Lutheran Church.

**Oktober Fest** (10-12 to 10-13, 10:30 a.m. to 5:30 p.m. daily) An Old World Exhibit with artists and entertainers; (6:30 to 11:30 p.m. nightly) Authentic Austrian music and yodeling, Federal Way Shopping Center, 312th and Pacific Highway South.

**Seattle Christian School** (10-12 and 10-13, 5 to 8:30 p.m. and 10 a.m. to 4 p.m.) Brand name shirt sale, 19835 Eighth Ave. S.

**South End Singles** (10-12, 9 p.m.) Dance; (10-26, 9 p.m.) "Halloween" dance, all being held at Crestview Center, 16200 42nd Ave. S., phone 839-5151 evenings for additional details.

**Oil Painting Workshop** (10-13) Based on the technique of William Alexander, Trinity Center, 15820 6th Ave. S.W., call Ollie Vandusen for additional information, 878-7298.

**Parents Without Partners, Chapter 66, South King County** (10-12, 9 p.m. to 1 a.m.) The Cove, 1500 Shorebrook Drive, Normandy Park, for more information call Jim at 228-1249, prospective members call 854-2780. (10-13, 10 a.m.) Saturday Family Breakfast, Ancient Mariner, 31140 Pacific Highway S.

**Star Lake Elementary Newspaper Drive** (10-15 to 10-19) For additional information call Gayle at 246-7115.

**Youngchild Post 232, American Legion and Auxiliary** (10-15, 8 p.m.) Joint meeting, 31455 28th Ave. S.

**United Ostomy Assn., Tacoma Chapter** (10-17, 7:30 p.m.) Sgt. John Murphy from the Urology Clinic at Madigan Hospital will be the speaker, all ostomates and other interested persons are invited to attend, for information, call 759-4828, Allenmore Hospital Cafeteria in Tacoma.

**Welcome Wagon Club of Federal Way** (10-17, 11:30 a.m.) Luncheon, cost \$5.95, for reservations call 838-2965, Sebastian's.

**South King County Literacy Council** (10-20, 10-27 and 11-3) Laubauch workshop for volunteer tutors, St. Luke's Lutheran Church, 515 S. 312th St.

**Adelaide Elementary PTA Carnival** (10-26, 4 to 10 p.m.) Proceeds for playground equipment, fun, food, games, raffles, crafts and prizes for all ages, held in the school gym.

**Welcome Wagon Club of Federal Way** (10-25, 10 to 11:30 a.m.) Get acquainted coffee hour, call 838-9708 for information.

**Square Dance Lessons** (Began Sept. 11, Tuesdays, 7 p.m.) Sponsored by The Bucksin Kids, for ages 8 to 12, Southgate School, 4101 S. 131st St., for more information call 722-5362.

**Adelaide Elementary School PTA** (second Thursday of each month, 7 p.m.)

**Alcoholics Anonymous** (Tuesdays and Thursdays, each month, 10:30 a.m.) Ancient Mariner, 31140 Pacific Highway S.

**Altrusa Club of South King County** (first and third Tuesdays, each month, 6 p.m.) Dinner meeting at the Fog Cutter South.

**Alpha Delta Kappa, Alpha Theta Chapter** (second Thursday, each month 6:30 p.m.) For additional information call Margit Larson at 927-2195.

**Centerstage Actor's Workshop** (every Thursday night, 8 p.m.) Federal Way Elks Lodge, 31405 185th Ave. S.

**Chapter No. 937 of the American Assn. of Retired Persons** (every second Tuesday, 1:30 p.m.) Regular meeting at the Senior Citizens Center, 33324 Pacific Highway S.

**Dee-Cee Toastmasters International** (Wednesdays, 6 p.m.) Dinner meeting, Mulligan's Old Place Restaurant, SeaTac Mall, for additional information call Ken Willard, 773-98, 255-0394 or 839-1755.

**Des Moines Garden Club** (first Monday each month, 10:30 a.m.) Meeting, Des Moines United Methodist Church.

**Dale Leroy Watkins Auxiliary for Children's Orthopedic Hospital** (fourth Monday, each month) Meetings in members' homes, contact Terry Engelstad at 839-7175.

**Des Moines Lodge 245 F and AM** (second Thursday, 8 p.m.) Des Moines Masonic Temple, 2208 S. 223rd St., William Exley - 878-4387, Richard Neal, secretary - 824-1485.

**Des Moines - Zenith Orthopedic Auxiliary** (first Thursday, each month) Board meeting in homes; (third Thursday, each month, noon) General meeting at Des Moines United Methodist Church.

**Diet Center's Nutrition and Food Behavior Modification Seminar** (begins Sept. 11 for six weeks, Tuesdays, 7 to 9 p.m.) Cost \$25, for additional information call Marilyn at 941-1990.

**Evergreen Bridge Club** (every Thursday, 10 a.m.) Open franchise duplicate, 1346 S.W. Dash Point Road, call 927-0244 for additional information.

**Evergreen Conestogas 4x4 Club** (second Wednesday, each month, 7:30 p.m.) Meeting, Auburn Park, for additional information call Sandy McKee at 927-7188.

**Experimental Aircraft Assn.-Green River Chapter 441** (third Thurs-

day, each month, 7:30 p.m.) At hangar at 17603 S.E. 292nd Place, Crest Air Park.

**Federal Way Aerie 3812 FOE** (first and third Tuesdays, 8 p.m.) Lakeland Community Club' 4016 S. 352nd St., new meeting place.

**Federal Way Auxiliary FOE** (first and third Wednesdays, 8 p.m.) Regular meeting held at Lakeland Community Club, 4016 S. 352nd St.

**Federal Way Cooperative Preschool** (meets Tuesday, Wednesday and Thursday, 12:30 to 2:30 p.m.) For registration information call Kif-fanie Hein at 839-0769 or Marguerite Hayes at 852-9236, All Saints Lutheran Church, 27224 Military Road S.

**Federal Way Evenings Lions Club** (first and third Wednesdays, 7 p.m.) Held at the Fog Cutter South.

**Federal Way Jaycees** (second and fourth Tuesdays, each month, 8 p.m.) Meetings held at Jaycee Clubhouse, Federal Way Shopping Center.

**Federal Way Noon Lions Club** (every Tuesday, 12:15 p.m.) Meeting held at the Fog Cutter.

**Federal Way Women's Aglow Fellowship** (third Tuesday, each month, 9:30 a.m.) Steel Lake Grange Hall, one block east of 298th and Military Road.

**Foxgloves, University of Washington Arboretum Foundation Study Unit 77** (second Thursday each month, September through May) Membership now open, call Carol Fox, 941-1273, or Audrey Isaacson, 839-8671, for information.

**Green River Chapter Barbershoppers** (Tuesdays, 7:30 p.m.) Tryout prospects - singing quartets, held at Star Lake Improvement Club, South 272nd and Military Road, Kent-Federal Way.

**Heritage Toastmistress Club** (second and fourth Tuesdays, each month, noon) Meeting held at the Royal Fork, 31845 Pacific Highway S.

**Highline Business and Professional Women** (first Wednesday, 7:30 p.m.) Board meeting in homes; (second Wednesday, 6:30 p.m.) Dinner meeting at Black Angus in Burien.

**Hi-Way Toastmasters** (Thursdays, 7 p.m.) Visitors and guests welcome, Pacific Junior High, 22705 24th Place S.

**Jaycees** (second and fourth Tuesdays, 7:30 p.m.) At Jaycee Clubhouse.

**Kiwanis of Federal Way** (every

Wednesday, noon) New location, The Dynasties.

**Lakeland Community Club** (first Thursday, each month, 8 p.m.) Regular meetings; (9-20, 6 p.m.) Potluck, 4016 S. 352nd St.

**Marine Hills Garden Club** (third Tuesday, each month, 7:30 p.m.) Meeting held at Mrs. John Sawyers, 806 S. 295th Place.

**Mary Bridge Speech and Hearing Center** (Monday and Wednesday, by appointment) Free speech and hearing screening, call 839-3470 for appointment, 2450 Star Lake Road.

**Omega OES 259** (first and third Wednesdays, 8 p.m.) Stated meeting, J. Smith, secretary, for information call 878-8166, Des Moines Masonic Temple.

**Outriders Off-Road Vehicle Club** (second Wednesday, each month, dinner at 6:30 p.m., meeting at 8 p.m.) Fog Cutter South, 31211 Pacific Highway S., for additional information call Dick Luznick at 839-1234 or Don Emerson at 839-2459.

**Overeaters Anonymous** (each Monday, 12:30 p.m.) King County Multi-Service Center, 2450 Star Lake Road; (each Thursday, 7:30 p.m.) Trinity Reformed Church, 3807 S. 260th St., call Betty at 878-3027 for additional information.

**Puget Sound Kiwanis Club** (every Tuesday, 7:30 a.m.) Meeting held at Denny's Restaurant, 2130 S. 320th St.

**Pyramid Assembly 152, Rainbow Girls** (first and third Thursdays, 7 p.m.) Pyramid Temple.

**Pyramid Court No. 88** (fourth Friday, each month, 8 p.m.) Regular meeting, Pyramid Masonic Temple.

**Pyramid OES 257** (second Thursday, each month, 8 p.m.) Pyramid Masonic Temple, 1700 S. 340th St.

**Recovery Incorporated** (every Thursday, 7:30 p.m.) Self-help mental health group, Auburn YMCA, for information call 631-8518.

**Shufflers Four Square Dance Club** (first and third Saturday, 8 p.m. workshop, 8:30 p.m. dance) Edgewood Grange, 55th and North Meridian, Puyallup, lessons start on Sept. 6, for information call 927-1837er 941-0662.

**Soroptimist International of Federal Way** (each Wednesday, 7:30 a.m.) Fog Cutter South, 31211 Pacific Highway S., no meetings on fifth Wednesday of

the month.  
**South King County Genealogy Society** (every third Saturday, of each month, 10 a.m.) Public welcomed, Kent Library, 232 S. Fourth St.

**Sweet Adelines Puget Sound Chapter** (every Monday, 7:30 p.m.) St. Elizabeth's Church, 10th and 152nd Street.

**TOPS (Take Off Pounds Sensibly), No. 158** (each Thursday, 7:30 p.m.) Steel Lake Presbyterian Church, 1829 S. 308th St., use lower parking lot, for information call 927-4628, 839-8148 or 852-8919.

**Tops Chapter 555** (each Thursday, weigh-in at 6 p.m.) Meeting held at Des Moines First Baptist Church, 22415 19th Place S., call Jan Keener, 824-5751 or Mona Downes, 824-1290 for information.

**Tops Chapter 642** (each Monday, 7 p.m.) Babysitting will be available, call Jackie at 927-8544, Federal Way United Methodist Church, 29645 51st S.

**TOPS Chapter 780** (each Thursday, 10 a.m.) Des Moines United Methodist Church, call 878-8107 or 878-3410 for information.

**Washington State Chapter of National Association of Retired Federal Employees** (every third Tuesday of month, noon) Sixth Avenue Baptist Church, Sixth and Fife in Tacoma.

**Widowed - New Life Group** (every third Tuesday, 7 p.m.) For all widowed persons, regular meetings held at the White River United Presbyterian Church, 526 12th St. S.E., Auburn, for additional information call 927-6287, 939-1000 or 833-2990.

**DES MOINES LIBRARY**  
Movie: "The Thing" (10-10, 7 to 9 p.m.) Des Moines Library, 22815 24th S.

**Calligraphy Workshop** (10-12, 10 a.m. to 4 p.m.) Sponsored by the King County Arts Commission, includes introductions to Italic, Intereediate Italic and Roman

alphabets, preregister by calling the Des Moines Library at 824-6066.

**Banjo Music** (10-17, 7:30 to 9 p.m.) At the library.

**Pupet Show** (10-23, 4 p.m.) At the library.

**Childbirth Education Films** (10-24, 7:30 p.m.) At the library.

**Pre-School Storytime** (Mondays, 11 a.m.) For 2- to 3-year olds with parent; (10 a.m.) For 3- to 5-year-olds.

**FEDERAL WAY LIBRARY**  
"Miniatures" Slide show and discussion (10-10, 7:30 p.m.) Conducted by Dena Mellott of Dena's Dollhouse Supply, at the library.

**CHAMBER OF COMMERCE**  
**Environmental Development** (10-11, 8 a.m.) Cafe Patisserie.  
**Board of Directors** (10-15, 11:30 a.m.) Fogcutter South.  
**Business Development** (10-16, noon) Maverick Family Steak House.

**MULTI-SERVICE CENTER**  
**Blood Pressures** (10-10, 3 to 4:30 p.m.) Camelot Square, 3001 S. 288th St.

**Well-Child Clinic** (10-10, 8 a.m. to 4 p.m.) By appointment only, call 833-8400, Multi-Service Center.

**Foot Care** (10-11, 10 a.m. to noon) By appointment, call 838-3603, \$2 charge, Federal Way Senior Center, 33324 Pacific Highway S.

**Foot Care** (10-11, 2 to 4 p.m.) By appointment, call 931-3016, \$2 charge, Auburn Senior Citizens Center, 910 Ninth S.E., Auburn.

**Blood Pressures** (10-12, 1 to 3 p.m.) SeaTac Mall by the information booth.

**Immunizations** (10-12, 1:30 to 4:30 p.m.) Multi-Service Center Clinic.

**Immunizations** (10-15, 9 to 11:30 a.m.) Multi-Service Center Clinic.

**Foot Care** (10-15, 2 to 4 p.m.) \$2 charge, Pacific Neighborhood Center, Pacific.

**Well-Child Clinic** (10-16, 8 a.m. to 4 p.m.) By appointment only, call 833-8400, Multi-Service Center.

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## Ballet dancers selected

Several young dancers from the Federal Way-Des Moines area have been selected to work with the Ballet Les Jeunes, which is based in Renton.

Rayanna Cannon of Des Moines was chosen after recent auditions to be one of 14 girls in the ballet's senior company.

Kerrie Rhoades of Federal Way will work with the 21-member junior com-

pany. Also selected for the senior company were Sarah Bley, Monica Lee, Liz Starmer and Carolyn Walker of Kent.

Other area dancers picked to perform with the ballet's junior company were Laurie Anderson, Tina Bentley, Karen

Durham, Daira Falpens, Mandy Hyatt, Tammy Smith and Senath Tangen of Kent and Vickie

Walsh of Auburn. Company members will head the cast of "The Nutcracker" to be held at Lindberg High School auditorium near Renton on the evening of Friday, Dec. 7, and in the afternoon on Saturday, Dec. 8.

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Pattern shears	11.95	10.95			
All diamond tools		20% off	CHEMICALS	WAS	NOW
1/8" Breaking plier	7.75	6.20	Black patina	11.50	11.00
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Corvial jaw grating plier	7.25	5.80	Flux	1.50	1.00
5" Lead nippers	8.95	7.15	Cutting fluid	1.25	.80
Grazing plier	6.25	4.95			

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# Excuses...

"Some people can't lose weight"  
"I'm at a desk all day"  
"I have a glandular problem"  
"I can't stick to a diet"  
"I just quit smoking"  
"My husband likes me this way"  
"I'm depressed"  
"No time to exercise"  
"There's more of me to love"

## what's yours?

Thinking of excuses for being overweight can bring out the creativity in all of us. But in spite of it all, deep down inside you know you really should do something. What you need is a program to help you lose that excess weight quickly and safely, without the danger of regaining.

Weight Loss Clinic is the answer. No fad diets. No harmful drugs. No strenuous exercise. Nutritional guidance. And most important of all... results that will amaze you. If you call right now we'll arrange for a complimentary consultation with no obligation. Go ahead... pick up the phone, after all, there's no excuse not to!

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# Grass Roots Gardening

by Ginna Koontz



Autumn gardening is not complete until the spring flowering bulbs are planted. The general rule reasons, first to bloom in spring, first to be planted in the fall. The minute gems of spring gardens are known as minor bulbs. Minor only because most do not fit into any of the major bulb classifications. But their spring blooms certainly play a major role even though their flowers are diminutive and daintier than the daffodils, tulips and hyacinths.

It is advisable to purchase bulbs as soon as they arrive in garden centers as the longer they remain in the store the greater tendency for bulbs to deteriorate. Purchase "good" bulbs that are plump, solid, clean and free of blemishes. In most instances the

size of the bulb has a decided bearing on the size of the flower produced in spring. The larger bulb usually produces a larger bloom.

Bulbs are not particular about soil type but improve heavy soil structure by adding peat moss, rotted compost and/or sand to planting areas. The beds should be cultivated to a depth of at least 10 inches and good drainage is absolutely essential. Drain tile can be laid under poorly drained areas before planting bulbs or plant bulbs in raised beds. Work in five pounds per 100 square feet, 5-10-5 fertilizer. Use a trowel or bulb planter tool to dig holes for each bulb. Bulbs are set at a depth three times their diameters, with pointed end up.

Some gardeners ex-

cavate entire beds to the proper planting depth, arrange all bulbs in artistic patterns and then cover with soil. Set minor bulbs about three inches apart. However, for a large colorful display they may be planted an inch apart. For a lovely carpet of color use 25 to 100 inexpensive minor bulbs.

Plant bulbs in rockeries, in front of evergreens, in pockets by steps and paths and always in full sun. Immediately after planting water well and if the fall season remains dry, further watering will be required.

Minor bulbs that remind us spring is just around the corner, blooming in February and early March are: Chionodoxa (glory-of-the-snow) with blue

white centered star like flowers; Galanthus (snow drop), white nodding, bell-like flowers with bright green inner segments; Eranthis (winter aconite) like a golden buttercup; leucorum (snowflake) with drooping bell flowers of white; hardy anemones (windflowers), St. Bridget a favorite type with semi-double blooms in a variety of colors; Scillas, or squills have bell-shaped, sometimes star-like flowers in blue, purple or pink shades and white, borne in terminal clusters on leafless stems, S. hispanica, Spanish bluebell, is the most widely grown and blooms in late spring, S. sibirica has dainty flaring intense blue bell flowers on three to six inch stems;

Muscari (grape hyacinths) are everyone's favorites having urn shaped tiny flowers covering the stems, on close inspection, are urn-shaped bells. Muscari foliage appears in autumn, is hardy and rarely damaged by

cold. By properly staggering, gardeners can achieve crocus flowering seven months of the year but most settle for the spring harbingers. Crocus blooms are white, yellow, purple, lavender, blue and striped variations of these colors. Don't overlook planting drifts of species crocus. They have smaller blooms but often produce many more flowers per corm than the large Dutch crocus.

There are about 500 species of allium, part of the onion family. Ornamental allium bear their flowers in compact or loose, roundish clusters at the tips of leafless stems. The most popular allium include: A. afghanense, May blooming species with sturdy two foot stems topped with a dense spherical cluster of lavender flowers; A. albopilosum (stars of Persia) with a round cluster reaching a foot in diameter, metallic deep lilac color; A. Giganteum, a giant with dense bright lilac

flower heads over a foot in diameter; A. karataviense, (Turkestan allium) a unique species with large dense round flower head in varying colors from pinkish-beige to reddish lilac; A. moly, shining yellow blooms on one to two foot stems and A. ostrowskianum with loose clustered rose hued flowers on 12 inch stems.

Minor bulbs may be planted up into late October but the sooner the better for a versatile jewel-like rainbow of hues and forms announcing suddenly it is spring.

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## American Legion to host officers

A joint meeting of Robert Paul Youngchild Post 232 and auxiliary of the American Legion will be held at 8 p.m. Oct. 15, in the School Administration Office, 31455 28th Ave. S.

The purpose of the joint meeting is to honor David Tomlinson, 11th District commander, and Joan Kessell, district president. Other district officers will also attend.

Prior to the joint meeting, Max Roadhouse, post commander, will conduct a short business meeting, and at the same time Mrs. Ralph Francis, auxiliary president, will conduct a session on pro-

jects for the coming year.

The post commander and auxiliary president invite any prospective members

in the area to attend. They particularly urge members to attend so a full turn-out will greet the district officers.

## Shirt sale scheduled at school

Seattle Christian School has scheduled a sale of new, slightly damaged, brand name shirts for Oct. 12 and 13 in the elementary campus gymnasium at 19835 Eighth Ave. S. (formerly North Hill Elementary School.)

Hours of the sale will be from 5 to 8:30 p.m. Friday and 10 a.m. to 4 p.m. Saturday. Funds raised will be used by the Parent-Teacher Fellowship for school projects.

## Boys cited in gas nab

Normandy Park police cited two teenage boys for attempting to siphon gasoline from a vehicle last Thursday.

A patrolman was driving through a neighborhood when he saw the youths, 15 and

17 years old, hiding near an automobile. The gas cap was off the auto and a gas can was sitting next to the car.

The boys were cited and released to their parents, police said.

## Life insurance for the working woman?

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A very special sale on Armstrong FFC® Solarian floors as featured in the October issue of Redbook magazine

Present this coupon to your local participating Floor Fashion Center dealer... get great savings on a beautiful Armstrong FFC Solarian no-wax floor.

### SOLARIAN SAVINGS COUPON

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DR. EUGENE HAMBURGER (right) holds the Book of Golden Deeds Award, presented to him recently by the Exchange Club of Highline. Doug Moreland (left), club vice president, said the award is given annually to a resident of the White Center-Burien area for significant contributions to fellow citizens.

## Exchange Club lauds doctor's 'golden deeds'

The Exchange Club of Highline held its annual awards dinner recently and presented its Book of Golden Deeds Award to Dr. Eugene Hamburger, Burien resident and physician. The award is presented each year to a member of the White Center-Burien community whose significant contributions to his fellow citizens have gone unwarded.

Dr. Hamburger came to Burien in 1954 from his native Philadelphia. He immediately offered his services, at no charge, to Burien's volunteer fire department. Over the next 20 years, the doctor con-

tributed countless hours of his time to the Highline Exchange Club, conducted the meeting. The award was presented to Dr. Hamburger by Ron Christenson, club secretary.

Dr. Hamburger also donated his time as team physician for the Evergreen High School football team from 1966 to 1977. He attended every game during that time period, plus one practice session per week (on his day off). Thirty club members and their guests attended the ceremonies at the Hyatt House, in-cluding Frank Hauser, retired Burien fire chief, and Dr. Paul Wallen, Burien optometrist and past president of the Washington Optometric Association.

Doug Moreland, service president of the

## Wallenda guilty of shoplifting

Steve Wallenda, highwire performer formerly of the Highline area, was found guilty last Thursday of third degree theft in connection with an incident at a White Center grocery store.

Wallenda was fined \$50 for shoplifting at an Albertson's store Feb. 6.

His case, originally scheduled for a jury

trial, was heard instead by Roxbury District Court commissioner Richard Barney Jr.

An outstanding warrant for Wallenda's arrest for the incident was discovered — along with three other warrants for other offenses — after the daredevil took a tightrope walk on the suspension cables of

the Tacoma Narrows Bridge Aug. 6.

Wallenda pleaded guilty to the other charges and was fined.

His maximum sentence in the shoplifting case would have been a six-month sentence in King County jail and a \$500 fine.

## Sign language taught

Sign language classes will again be offered by the Highline School District to anyone interested in learning this mode of communication with the deaf or hard of hearing.

Parents, relatives, friends and neighbors of hearing impaired children who use sign language are encouraged to join a class.

Classes will be held weekly beginning Oct. 9 and 10 and run eight to 10 weeks. Course content will range from beginning to intermediate levels. Maximum cost to participants will be \$5 a textbook.

Classes will be offered at:

Valley View School, 17622 46th Ave. S. (Maureen Stein, 433-2377). Beginning level, Wednesdays, 7-8:30 p.m. Intermediate level, Wednesdays, 7-8:30 p.m.

Bow Lake School, 18237 42nd Ave. S. (Helen Cheney, 433-2336). Beginning level, Tuesdays, 3:30-5 p.m.

Riverton Heights School, 3011 S. 148th (Karen Krebs, 433-2240). Beginning level, Tuesdays, 3:30-5 p.m.

Tyee High School, 4424 S. 188th (Joyce Kuznetz, 433-2240). Beginning to advanced levels, Tuesdays, 2:45-4:15 p.m.

For additional information, call 433-2353.

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**ADVERTISING CORRECTION**  
On page 3T of today's Sears circular, we have advertised our Homestead Dining Suite. The correct information and illustration for the table and chairs should state the table as a 42" round table with one 12" leaf and 4 mate chairs.  
On page 7 of the same Sears circular, we have advertised our #28161 and #19151 Freezers. The correct price for these freezers should be... Your Choice at \$279.  
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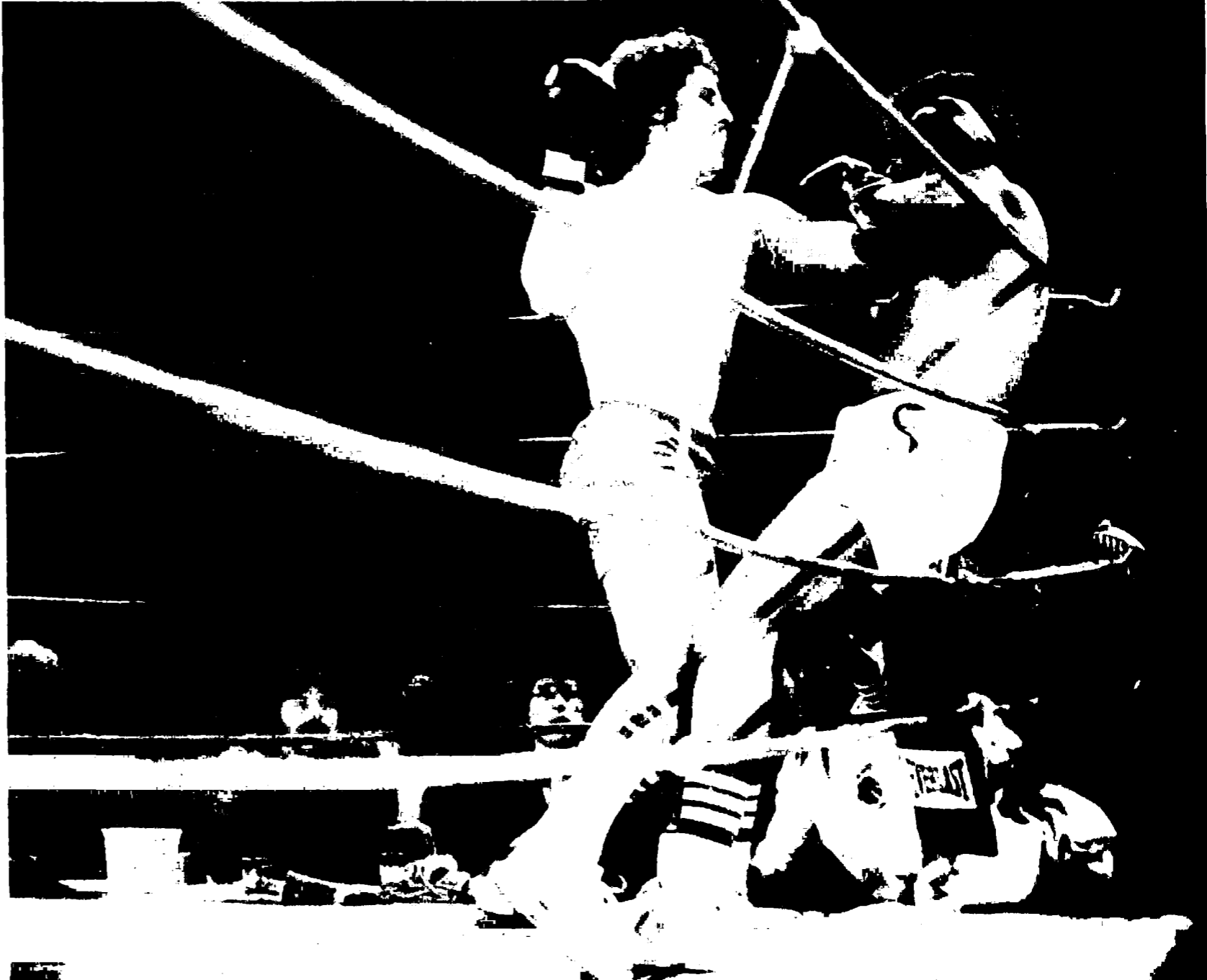
Lamonts Policy: Our firm intention is to have every advertised item, as described in this ad, available for sale. If an advertised item is not available for purchase due to any unforeseen reason, we will issue a raincheck on request, so you can purchase the item at a later date. Our policy is to satisfy our customers.

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# So you think you're tough



ROUND ONE, indeed. Playboy's April 1977 Playmate Lisa Sohn serves a necessary function.



JIM HARMAN, the pride of the Schooner Tavern, has James Womack on the ropes.

If the best punch you've ever gotten in was on your old man when he took you out to the garage to teach you the manly art, then "So You Think You're Tough" was probably not for you.

But if you figure you can give as much as you'll take in any scuffle, then the Sunday night fight program in Tacoma's Bicentennial Pavilion would have been tailor-made.

The 20-bout card was set up for people off the streets, who, quite simply, think they're tough. Or at least think they used to be and wonder if they still have it.

RON OLSON of Federal Way had not boxed since he was in the service. Fifteen years ago. So he welcomed the chance to climb back into the ring.

"I had fun, you can put that on my gravestone," the 35-year old Olson said after suffering a technical knockout in the second round. "I'm just too damn old."

Olson admitted that a punch

from his 260-pound opponent stung him, sending him to the canvas and precipitating his early exit. The damage was not all one-sided, as blood on his shirt front attested.

"He walked into a couple," James Martin of Federal Way also found his ring time short, losing on a TKO in the midway through the first round.

"I don't know why he stopped the fight," the exhilarated but still somewhat disappointed fighter said. "He wasn't hurting me."

Martin, who was billed as having Boys' Club boxing experience, admitted he had none. But brightened considerably when his opponent came up to him, embraced him and pointed to a welt on his forehead.

"Got me with an overhead," his friendly foe pointed out.

"Man," said Martin, his grin splitting wide, "I did!"



RON OLSON of Federal Way takes one on the chin from opponent Don Jernigan.

photos by Roy Musitelli  
text by Bart Potter



JAMES MARTIN of Federal Way gives a long stare across the ring just before his lightweight bout.

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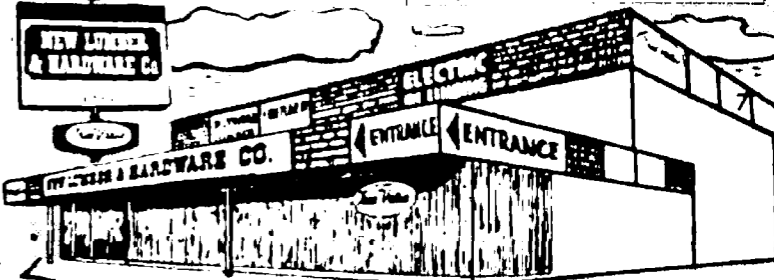


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**KIM MCGLOGHLIN**, of Jefferson, leaps forward while placing a successful spike and avoiding a collision with the net against the Puyallup Vikings Friday. Hard hitting like this enabled TJ to score its seventh straight win of the season. The 15-7, 11-15, 15-8 victory over Puyallup was Jefferson's first in league competition. The Raiders will battle the Gators at Decatur High tomorrow at 3:30 p.m. Decatur lost its SPSL opener to Curtis but played well during the match. Federal Way also scored a volleyball win Friday. — photos by Mike Bainter

# MR, Decatur fall Raiders, Eagles volley SPSL-opening wins

The Thomas Jefferson Raiders remained undefeated in high school volleyball action last week, and the Federal Way Eagles opened their South Puget Sound League campaign with a victory over Lakes. But the Mt. Rainier Rams and the Decatur Gators suffered setbacks in league matches.

Jefferson, 6-0 in pre-season, began its SPSL slate with a 15-7, 11-15, 15-8 victory over Puyallup Friday. Federal Way, 1-5 in pre-league warmup matches, outlasted Puyallup 15-11, 5-15, 15-12 Friday. Mt. Rainier had its North Puget Sound League record lowered to 0-2 with a 15-6, 13-15, 15-9 loss to Hazen Thursday, and Decatur absorbed an SPSL-opening loss to Curtis, 15-10, 15-9.

Jefferson's victory over Puyallup was blemished by the loss of senior spiker Lisa Hackett, who was topped by a knee injury. "With Lisa possibly out for the season, it leaves us with a hole in our lineup," Raider coach Nancy Thompson admitted. "We only carried six players on varsity (the on-court limit), so we'll need help from our JVs."

SOPHOMORE Marcy Smith replaced Hackett in the TJ lineup and performed well, but Thompson noted that the 5-9 soph needs seasoning to fill in for the experienced Hackett. After losing Hackett's services in a first-game win, the Raiders had problems adjusting their lineup, which resulted in a second-game loss. However, TJ bounced back with good serving from Teri Keller and Kim McGloghlin to take the decider. The match featured long rallies. Peggy Halwachs, a senior, produced a strong spiking punch, and the Raiders exhibited good floor coverage in the third game.

Although Hackett's absence will weaken Jefferson's net play, Thompson flatly stated, "We're definitely a threat for the league title. There's no doubt about that." The Raiders will attempt to bolster her optimism in matches at Bethel today and at Decatur tomorrow. Both will begin at 3:30 p.m.

**THE FEDERAL** Way Eagles proved their comeback ability against Lakes. After trailing 8-2 in the deciding third game, the young Eags scored 13 of the game's 20 final points to take the match victory.

"We hoped that we'd get our losing out of the way in our pre-season," coach Kathy Harris said of her inexperienced squad, which has only two players returning from the team that took third in state last season. However, the two returning players, Patty Davidson and Dani Hunter, keyed the Federal Way win. Hunter served the matches' final four points and added a spiking punch. Davidson also contributed strong spikes via the well-placed sets of Darcy Vallala.

Lakes suffered serving errors in the first and third games, while Federal Way strengthened its service line by implementing soph Gretchen Hughes in the second and third games. The Federal Way junior varsity was beaten by the Lakes JVs, 15-8, 15-9. The Eagle varsity and JV teams will play hosts this week. Sumner visits the FW gym today, and Curtis comes

in tomorrow. Both games begin at 3:30 p.m.

**DECATUR** coach Toshiki Kamakura wasn't distressed with his team's loss to Curtis Friday. "The score (15-10, 15-9) doesn't reflect the closeness of the match," he noted. "There were good rallies between the teams. Curtis is a good team, and we're at their level, but we can't make fundamental errors against teams of Curtis' ability and expect to win."

The fundamental error that plagued Decatur concerned errant serving. The Gator offerings were strong but too often landed in the net.

The first game was tied at 8-8, but, when the score reached 10-10, Curtis broke through with a five-point rally. Decatur hosts Rogers today and Jefferson tomorrow. Both contests begin at 3:30 p.m.

"Our girls should be excited about playing Jefferson because it's a town rivalry," Kamakura said. "They're a tall team and could hurt us at the net. Cindy Suss (5-9) is our tallest player, but she is one of the best around for her size, so that may

offset a little of their height advantage. It should be interesting. **MT. RAINIER** "forgot to spike the ball in the third game" of its match against Hazen was how MR coach Neil Hutchinson explained Thursday's loss.

"In the second game, we started setting and spiking, but we didn't carry the momentum into the third game," he said. After service-line troubles duped the Rams in the first game, they stormed back from a 7-1 deficit to take game 2. They tied the game at 13-13 and rallied for the win. However, in the

decisive game, Mt. Rainier never attained the lead. The Rams closed to a 12-9 deficit before Hazen retaliated with its final three points. "We played good

defense," Hutchinson said, pointing in particular to the outstanding play of junior Lori Clark. "But the name of the game is spike the ball. In this league, you can't

bump it over the net and expect to succeed, you have to hit it hard. We had our opportunities but let them go."

The Rams met powerful Kentridge yesterday (results unavailable at press time) and travel to Evergreen today for a 7 p.m. contest.

## Sportclinic offered

Seattle will have a new Sportclinic, a hospitalbased sports medicine facility designed to serve the medical needs of the city's recreational athletes and amateur and professional sports teams.

Providence Medical Center will begin operation of the clinic on Nov. 1, as part of its continuing effort to meet the needs of the community. Dr. Larry Pedegana, orthopedic surgeon, will direct the clinic.

Pedegana is team physician for the Seattle Mariners and for the Seattle Smashers professional volleyball team, as well as orthopedic consultant for the Seattle Seahawks.

Complementing the staff is Richard Elsner, a registered physical therapist and certified athletic trainer, previously of Rehabilitation Systems of Illinois, who has experience in athletic training at high school, college

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## FW Little League meeting

The Federal Way Little League Coordinating Council will hold its first meeting for the 1980 baseball season tomorrow at 7:30 p.m. at the Federal Way School Administration Building.

On the agenda will be a discussion of the changing role of the council, and addressing the problem of lack of representation by the Evergreen Chapter.

One of the major concerns of the council is the apathy of the parents with young kids in the program when it comes to get-

ting volunteers. At the present time the council has board positions that have not been filled. The vacant positions are: Senior Coordinator, Field Coordinator, Ways-and-Means, and Sponsorship.

Parents may wonder why a council is necessary. While it is true that the four charters can operate independently, it is also true that the Federal Way Little League is a unique organization bound to unity, if for no other reason, than the necessity of using Stoneway fields.

The council, must exist to administer the expenditures and various problems related to the operation of that complex. An additional benefit of the council is the advisory capacity that keeps Federal Way Little League unified on matters such as player fees, sponsorship procedures, season schedules and fund raising activities.

Parents interested in volunteering for a council board position can do by calling Carol Sabotka (927-6031) or Carol Heath (927-1720).

The U-9 Gold teams Wildpack and Missiles played last Saturday in a game featuring end to end action, with the LaSac Wildpack prevailing 3-1.

The Pack's scoring was started by LeRoy

Goodwin in the first half.

The Pack scored their second goal when Kenny Harnden placed a shot in the upper left hand corner of the Missile net. The Totem's then came back with Lawrence

Buckley getting the goal.

The final tally was scored by Chris Scotti.

Members of the Missiles are as follows: Wayne Bolton, Lawrence Buckley, Serrell Col-

ins, Matt Dillon, Joe Giampapa, Guy LaTurner, Del Luna, Todd Lytle, Danny Parnell, Mauri Severse, Marcus Smith, Brian Tar, Cale Tolmich, Scott Zimbelman. The

coaches are Jim Bidon and Jim Dillon.

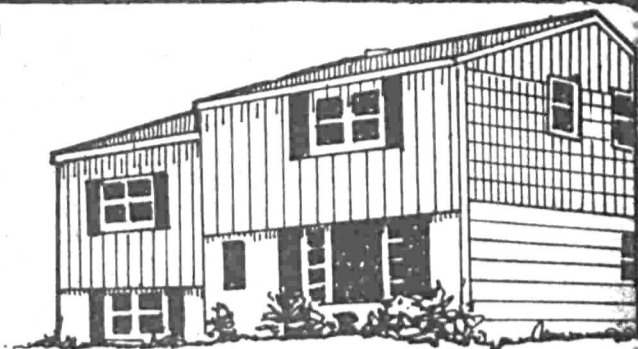
Wildpack members are: Kenny Brecky, Craig Britten, Jason Carl Matt Castle, LeRoy Goodwin, Ken Harnden, Brent Hickley, Preston Lar-

son, Marty Mogensen, Brady Nelson, Sam Peters, Greg Richards' Chris Scotti, Bob Sherman, Ricky Stafford, Jeff Wagner. The coaches are Billy Richards, Del Carl and Rick Stafford.

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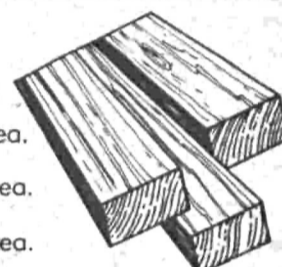
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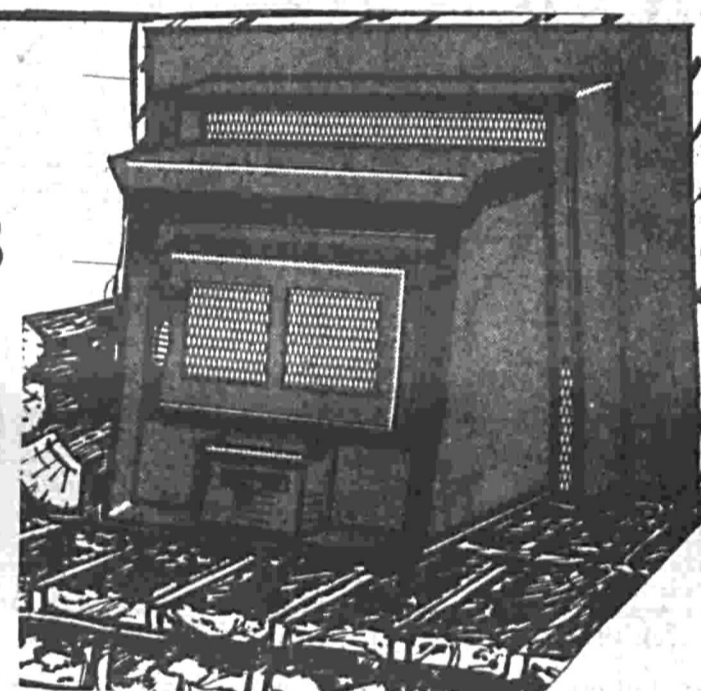
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RULES: All entries must be mailed or delivered to Federal Way News office 1634 S. 312th, Federal Way, 98003, or Des Moines News, 22307 Marine View Drive, Des Moines, 98188, by 5 p.m. Thursday following this publication. Mail Entries must be postmarked on or before Thursday. Anyone can enter, but only once per week. Other late entries will not be accepted. Robinson Newspaper employees are not eligible (except paper carriers). Judges' decisions are final.

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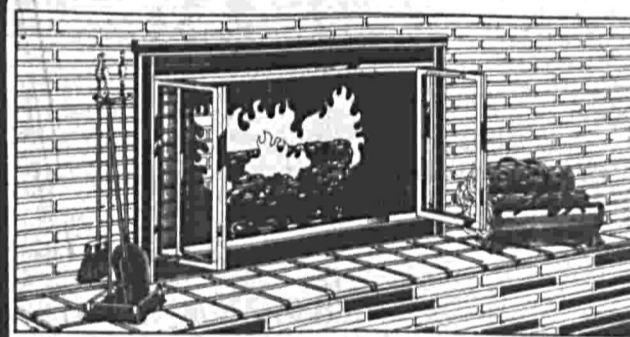


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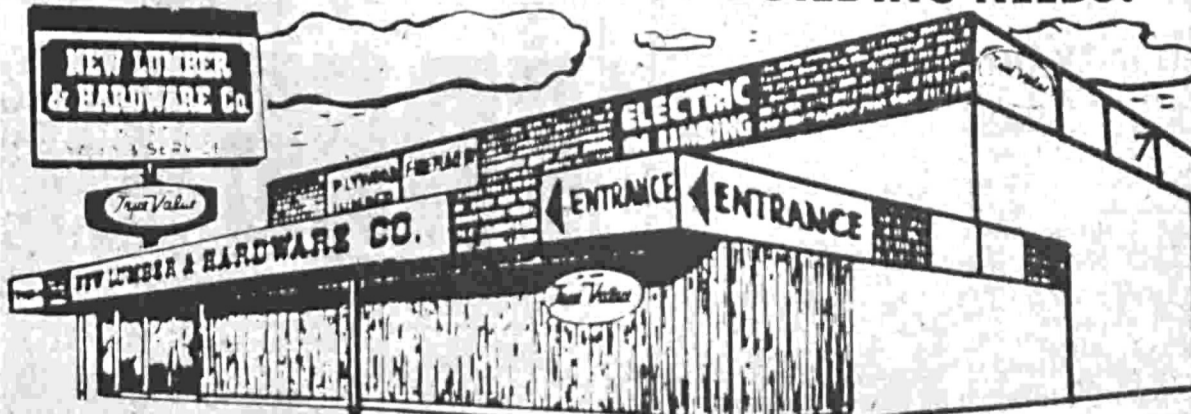
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# Thomas Jefferson harriers sweep to double-win week

The Thomas Jefferson Raiders led the way in a productive week of running for the area high school harriers.

The Raiders, hosting Sumner and Bethel on their 2.5 mile course Friday completely outran their guests as both the boys and girls squads captured wins.

The TJ boys, led by the second place finish of senior Bob Plumber in a time of 12:44, dominated Sumner 20-36. Plumber was supported ably in his effort with sophomores Albert Frank and Pete Hauglum cruising to third and fourth

places respectively, with Frank touring the course in 13:05 and Hauglum close behind in 13:07. Doug Cox managed to grab a sixth place 13:24 effort, while Jim Vaughn came home in 13:36 to finish seventh for the tightly bunched Raiders.

The Raider boys topped off their afternoon of activities by crushing Bethel 17-42. The Raiders took five of the top ten places with Plumber grabbing the top spot followed by Frank and Hauglum in the second and third place positions respectively.

The Raider Girls did not exactly let the

boys grab all the honors last Friday as they topped Sumner 27-30 and the Bethel Braves 23-38.

Tracey Honsinger was the leader for the TJ girls as she led a Raider sweep of the first three places with a time of 12:03. Honsinger's quick jaunt over the 2.0 mile course prompted praise from TJ harrier boss Jim Dillon.

"Tracey really ran well, she was running very well Friday, and has been running very well all season."

Honsinger was followed in the race by Linea Puaa in 12:27 and Theresa Palett with a 12:57 clocking. The three girls finish-

ed 1-2-3 against both visiting teams, while Lynn Cox gave ample support with a ninth place 14:57 time versus the Spartans and a seventh place showing against Bethel. DeAnna Akers also contributed to the Raider cause with a 16:55 clocking, good for 12th and 10th place finishes.

"This was the first time in a long time that we have swept both the boys and girls," said an elated Dillon. "We are running a lot tougher now, and we're going to be looking for great things in the coming weeks."

The Federal Way Eagles girls' harriers

managed to pull off a double win last Friday at Rogers as the Eagle runners swept past the Rams 18-40, and squeaked by Curtis 26-29. Michelle Valentine was nothing short of sensational as she led all finishers with a 9:49 tour of the course, while team-mate Kris Calhoun ran a strong third for the Eagles with a 10:08 time. Curtis's Julie Thomas was runner-up to Valentine in 10:07. Other strong finishes by Federal Way girls included Lisa Tuler's 10:43 sixth place run and Jennifer Adair's 10:49 eighth place finish.

The Eagle boys did not fare as well as their female teammates, losing to a powerful Curtis team 27-19, but the FW harriers managed to edge Rogers 27-37.

Darrin McKuen was the top finisher for Federal Way with a 13:51 second place time behind winner

Zane Pruitt of Curtis who came home in 13:47.6. McKuen's time, however, was good enough for a first place showing against the Rams. Federal Way, according to Head Coach Bill Harris, had trouble "filling the gap between our good runners against Curtis," but versus Rogers the Eagle boys took seven of the top ten places. Following McKuen's lead for Federal Way was Jim Konop in fifth at 15:11, Barth Merrill seventh at 15:19 and Pat Crawford eighth at 15:22.

McKuen's loss to Curtis's Pruitt was the classiest runner's first loss of the season Coach Harris said.

"Darrin got caught off guard, and Pruitt passed him, then he could not get by him," Harris said.

The Decatur Gators split their week's activities last Tuesday with a 26-31 win over the Bethel Braves,

and a 32-27 loss to Rogers in a meet held at Spanaway Park. The Gator girls raced to two forfeit wins in the meet as Bethel and Rogers did not run enough people to qualify the event.

Richard McMonigal was the Gator's top runner as he finished sixth in 18:04 while being chased closely by teammates Roger Johnson in seventh in 18:16, Rich Vanderwouden eighth in 18:18 and Todd Grossman ninth in 18:19.

Decatur Head Coach Joe Anderson expressed some disappointment over his harriers Tuesday performance.

"I thought we might be closer to the leaders than we were, but we are not running as fast as I thought we would be."

The Decatur girls, who swept two forfeit wins, followed the example of Kerry Johnson's 11:58 first place run as she was

followed by Lori Morgan in second at 13:06, Mary Grady in fourth at 13:17 and Ann Gross who was sixth at 14:13.

The Mt. Rainier Rams met the Lindbergh Eagles last Friday in a dual meet that saw the Des Moines harriers drop both the boys and girls competitions 40-19 and 47-15.

For the Rams Bruce Stobie finished second in 17:09 behind Linbergh's John Hansen who covered the 3.0 miles in 16:21. Darrell Godfrey was the only other Mt. Rainier runner in the top ten as he finished in eighth with a 18:10 clocking.

The Ram girls also had their problems against the stronger Lindbergh runners

with Gina Gerlitz running a 13:26 to finish sixth and lead the Mt. Rainier girls.

According to Mt. Rainier Head Coach Don Powelson his club was a little rundown following a tough week of training.

"We looked a little tired and worn out. We have had a heavy training schedule for two weeks now, but we are making improvement."

The Federal Way high school harrier schedule will swing back into action tomorrow with Decatur meeting Clover Park at Curtis. Puyallup will be at Federal Way, Mt. Rainier will travel to Kent to meet Hazen and Kent-Meridian, while Jefferson will be idle until next week.

## MR and TJ get splashed

The Thomas Jefferson and Mt. Rainier girls' swim teams were overwhelmed by the opposition last week, the certain members of the local teams turned in strong performances.

Jefferson suffered setbacks to Sumner, 119-46, and Clover Park, 124-48. Mt. Rainier fell to Evergreen, 101-58, and Kentridge, 107-61.

Against Sumner, Theresa Layton, a junior, won the diving

competition with 160.25 points, a region meet qualifying total. Deanna Crabtree also qualified for regionals with a 1:11.6 clocking while taking first in the 100 backstroke.

Deanna continued her success by winning the 100 butterfly and 100 backstroke events against Clover Park. Her times of 1:12.64 in the fly and 1:10.78 in the backstroke met regional qualifying standards.

Jefferson hosts Puyallup today in a 3:30 p.m. meet at Federal Way Pool.

"Realistically, that's one we could have a good meet with," Raider coach Jennifer von Doehren said of Puyallup.

MT. RAINIER swim coach Paula Stokke and her counterpart at TJ suffer from the same element — a severe depth problem.

"We have some

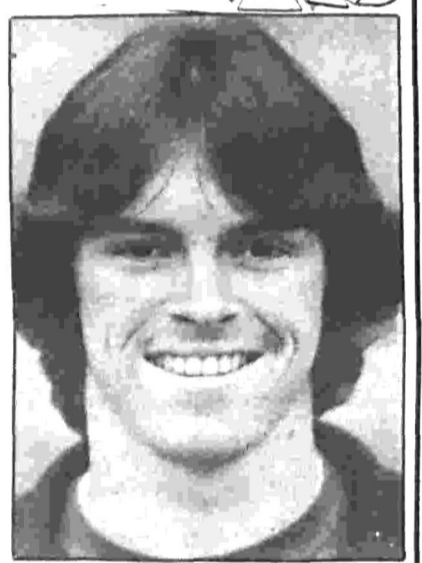
good swimmers," Stokke noted. "But we need more people to be competitive with most of the other teams."

Sophomore Karen Luschei won the 50 freestyle event against Evergreen with a time of :26.6. Deena Barrett, a senior, took the diving competition against Evergreen with 163 points. Lesley Fallon capped MR wins in the Tuesday meet with a first place finish in the 100 freestyle, 1:04.6.

In Thursday's meet with Kentridge, Mt. Rainier's 200 medley relay team of Luschei, Serena Watson, Erica Nordean and Lani Gray took its event in 2:06.0. Barrett won the diving competition with 198.85 points, and Nordean touched first in the 500 free at 5:29.0.

The Ram girls met Highline yesterday (results unavailable at press time) and host Kent-Meridian tomorrow at the Mt. Rainier Pool. That meet will begin at 3:30 p.m.

## Featuring



**Erica Nordean**

**Greg Joshlin**

Erica Nordean, a Pacific Junior High ninth grader, took first place in the 500-yard freestyle and contributed Mt. Rainier High's 200 medley relay victory during Thursday's meet against Kentridge. Her time in the 500 free was 5:29.0, and the relay clocking was 2:06.0. She also finished second in the 200 individual medley, 2:19.6.

Greg Joshlin, a Jefferson High senior, recently broke the South Puget Sound League one-game record for yardage by a pass receiver. He had 198 yards in four grabs.

Other top performances:

Mark Nygren, of Jefferson, shot a one-under-par 35 in Jefferson's 59-58 golf win over Sumner Thursday.

Tracy Andre, a Jefferson sophomore, won two No. 3 singles matches in straight sets in TJ's girls' tennis victories over Bethel and Puyallup.

Dave Utz, seeded as Decatur's No. 6 golfer, and Mark Scuderi, seeded No. 5, paved Decatur's way to a startling victory over traditional powerhouse Clover Park. Utz led the Gators with 15 points, and Scuderi followed with 14. The Decatur win knocked Clover Park from its undefeated perch.

## Badminton Tourney

Competitive badminton players are invited to participate in the eighth annual King County Invitational Badminton Tournament to be held Oct. 19, 20 and 21 at Green River Community College, 12401 S.E. 320th St., Auburn.

Pre-registration is required by Oct. 12. Entry fees for this drop flight badminton tournament are \$7 for the first event and \$4

for each additional event. Tournament T-shirts will be given to each entry and awards given to the winner and runner-up in each flight.

The tournament is jointly sponsored by King County Parks, the Washington State Badminton Association and Green River Community College.

For more information call Kent Morrill at 344-3982.

## Charity bowling

Sportsworld Lanes is sponsoring a charity bowling tournament this Saturday and Sunday, October 13 and 14. All proceeds from the tourney will go toward the purchase of physical therapy equipment for Frances Haddon Morgan Children's Center.

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## Decatur, Federal Way and Jefferson

# Local high schools post impressive golf victories

The Decatur Gators, Jefferson Raiders and Federal Way Eagles took golf victories last week, but the Mt. Rainier Rams suffered an 81-51 loss to Auburn Thursday.

Decatur took "the biggest win the school ever had in golf" last Monday, according to Gator links coach Terry O'Donnell. The Gators knocked Clover Park from the undefeated ranks with an 80-78 victory at Twin Lakes Golf Club.

"It's the first time a Federal Way area team ever beat Clover Park," O'Donnell proudly stated.

The Decatur coach noted that his players are similar in ability levels, so the seeding of his lineup has little to do with a descending ladder of performance.

"I place my players in confort zones where I think they'll perform the best," he explained.

Dave Utz and Mark Scuderi were very comfortable as the No. 6 and 5 golfers, respectively, in the Gator lineup against CP. Utz scored the

best of the Gators with 15 points, and Scuderi was second high with 14.

"Our last two golfers scored 29 points, and theirs scored 20; that was difference," O'Donnell noted.

Dave Edwards, Mike O'Donnell and Mike Anderson each contributed 13 to the Decatur cause, and Richard Price came through with 12. Clover Park's Roger Nelson was the match medallist with a two-over 38 score.

DECATUR continued its success by "performing the best that we've done all year," O'Donnell said of the Gators' 85-63 victory at Linden.

"We really put it all together," he continued. "A point production like 85 away from your home course is very-very good."

Edwards highlighted the Gator showing with a medalist-winning par 36 score and 18 points. Anderson had 14, Utz 15, Price and O'Donnell 13 and Scuderi 12.

The Gators ended the day by being over-

powered, 92-75, by awesome Lakes Friday at Oakbrook.

"I thought that if we scored 80 to 85 points we'd be in the ball park with them," O'Donnell recalled. "But they played extremely well. When you score 92 on a course like Oakbrook, you can beat anybody in the state."

Chris Highsmith and Steve Leonard, both of Lakes, shared medalist scores of 38, two over par.

Edwards and Price led Decatur with 16 each. O'Donnell had 14, Anderson 12, Utz nine and Scuderi eight.

DECATUR, 6-2 in SPSL play, will enter the first division of the league's second-round of competition. Other members of the first division include Lakes, Clover Park, Federal Way and Bethel. Jefferson, Sumner, Curtis, Rogers and Puyallup compose the second division.

FEDERAL WAY, with two wins in three matches last week, moved its record to 5-3. The Eagles beat Puyallup, 67-48, and

Bethel, 79-78, but lost to Clover Park, 65-58.

Monday, Federal Way played its "most consistent golf of the season," according to coach Dick Ternes, while nipping Bethel.

Bill Eichholtz, a junior, took medalist honors with a one-over 37 and 17 points. Bart Turchin followed with 16; Garth Savage 14; David Schoon 13, and Mike Seitz 13.

However, The Eagles suffered a lapse Tuesday and missed a chance of upsetting Clover Park at Tacoma County Club.

"It was a day where we could have beaten them; they weren't playing very well either, but we had a breakdown in scoring," Ternes said. "It was disappointing to us."

The Eagles didn't loom in disappointment long as they came back for a win against Puyallup Thursday.

Against Puyallup, John Venta and John Tate shared medalist point totals of 13. Turchin had 12; Savage and Eichholtz 10, and Schoon nine.

Garth Savage won the medalist honor against CP with a three-over 40 and 15 points. Turchin and Venta had 11; Eichholtz 10; Schoon seven and Seitz four.

Ternes predicted that Federal Way will have to score in the 70s and 80s to do well in the first division competition. The FW mentor is looking forward to possible wins over Decatur and Clover Park at North Shore, the Eagles' home course.

THE JEFFERSON Raiders nailed their first golf win of the season with a 46-41 decision over Rogers Tuesday at North Shore. The Raiders kept the momentum going with a 59-58 victory over Sumner Thursday. An 86-46 loss to Lakes opened TJ's golf action last week.

"Every year it seems like we improve about this time," Raider skipper Ed Erikson noted.

Mark Nygren highlighted Thursday's match with a one-under 35 score and 19 points. Brian Myers had 14; Terry Cash 10; Tim Griffith

six, and Lane DeBriave and John Thompson five each.

Nygren also had a medalist total, a three-over 39, Tuesday at North Shore. DeBriave had nine; Cash eight; Myers seven; Griffith four, and Thompson three.

Brian Myers led the Raider effort against Lakes with 15 points. Nygren had 13; Thompson and Griffith six; Cash four, and DeBriave one.

Jefferson will begin second-division play tomorrow.

MT. RAINIER had its North Puget Sound League record evened at 3-3 with an 81-51 loss to Auburn Thursday at Auburn Golf Course.

Steve Fickes led the Ram linksmen with 13 points. His brother, Mark, had 12; Ron

Averill nine; John Finigan eight; Jerry Unser five, and Keith Wise five.

Mt. Rainier met Renton yesterday (results unavailable at press time). The Rams met Highline Tuesday at Foster Golf Course.

The Decatur coach noted that his players are similar in ability levels, so the seeding of his lineup has little to do with a descending ladder of performance.

Dave Utz and Mark Scuderi were very comfortable as the No. 6 and 5 golfers, respectively, in the Gator lineup against CP. Utz scored the

## Tennis Gators split 2 matches

The Decatur Gator-girl's tennis team earned a split last week by edging Rogers 3-2, and falling to a superb Clover Park team 5-0.

The Gator girls squeaked by a tough Rogers net squad last Tuesday on the strength of the singles play of Lisa Fisher and Kelley Holland, with Fisher pulling out a 6-1, 6-3 win and Holland cruising to an easy 6-1, 6-0 victory.

The Decatur doubles team of Diane Mazelowsky and Michelle Dye pulled out the deciding win of the afternoon, defeating Roger's Marianne Picha and Diane Wade 6-1, 6-1.

The Gator Netters found some trouble in their home confrontation with first place Clover Park sweeping to five straight set victories.

Decatur Head

## TJ netters nab first two wins

The Jefferson High School girls' tennis team took advantage of warm sunny weather and two South Puget Sound League opponents to highlight last week's area high school tennis action.

The Raiders began their week in shutoff fashion by blanking the Bethel Braves 5-0, before continuing to Puyallup on Thursday where they squeaked by a determined Viking net squad, 3-2.

The Raider's number-one singles player, Bonnie Nygren, started things off for Jefferson on Tuesday as she stroked to a 6-1, 6-1 victory over Bethel's Stephanie Holton. Nygren's straight-set example was followed by teammate Tracy Andre who slipped by Cheryl Bruner 6-4, 6-3, while Mary Lounes was stretched to three sets before pulling off a 6-4, 2-6, 6-1 win.

In doubles action the TJ girls did not alter their game-plan as Kathy Tanta and Gina Beckel fought to a 1-6, 6-0, 6-4, win while Hillary Garrett and Carol Oas came back

to take a 3-6, 6-3, 6-0.

"We played extremely well against Bethel," said Jefferson Coach Jack Shepard. "Tracy Andre and Mary Lounes did a really good job for us. Andre has been playing consistently for us lately."

The Raider girls did not have it so easy in their Thursday match with Puyallup, however, as Nygren dropped her match 6-4, 0-6, 0-6 to Gillian Barnes, and Garrett and Connie Howard dropped their doubles encounter 6-4, 5-7, 4-6.

TJ rallied back into the match with singles wins from Lounes and Andre, while the cooperation of the Tanta-Beckel combination produced a 7-5, 1-6, 6-4 doubles victory. Lounes was forced three sets, 5-7, 7-5, 7-5 before notching the win, and Andre was an easy 6-1, 6-1 winner.

The pair of victories evened the Raiders record at 2-2 and sets up key confrontations with Curtis yesterday (results available in Friday's NEWS), and Lakes tomorrow in Tacoma.

## Karate champ at HCC

For the second time in U.S. history, Master Eizo Shimabuku, 10th Dan, will be visiting the States from Okinawa. Master Shimabuku will be the special honored guest at the annual West Coast Regional Karate Championships.

The Regionals will be held on Saturday, Oct. 20, at the Highline Community

College Pavilion. Eizo Shimabuku is the last of a few remaining active 10th degree's in the world.

For those interested, a special four hour seminar with Master Shimabuku will be held during the week prior to the tournament. The seminar is designed to be informative and instructional.

Coach Barbara McGavick, however, saw many good things in her girl's play despite the lopsided margin of victory.

"The girls are really improving. They played pretty well against Clover Park," she said. "They (Decatur girls) just won't give up. They just stay in there and keep on going. I think they played brilliantly

Thursday."

In the closest match of the afternoon No. 1 singles player Renee Fohn lost to CP's Penney Miller, 2-6, 2-6.

The Gators travelled to Eatonville on Monday, and Puyallup yesterday, results will appear in Friday's NEWS. Decatur will meet Curtis tomorrow at Decatur. Matches will begin at 3:30 p.m.

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# Federal Way junior soccer scores and standings

FEDERAL WAY GIRLS' SOCCER		Boys U-9 A		Boys U-10 A		Boys U-11 A		Boys U-12 A		Boys U-13 A		Boys U-14 A		Boys U-15 A			
LaSac Firebirds	2 1 0	LaSac Wildpack	2 0 0	LaSac Honeybees	3 0 0	LaSac Tigers	2 0 1	LaSac Strikers	2 0 0	LaSac Cobras	2 0 1	LaSac Strikers	2 0 0	LaSac Cobras	2 0 1	LaSac Strikers	2 0 0
SL Strikers	2 1 0	SL Tigers	1 0 0	S.L. Gators	2 0 1	SL Strikers	2 0 0	SL Strikers	2 0 0	SL Strikers	2 0 0	SL Strikers	2 0 0	SL Strikers	2 0 0	SL Strikers	2 0 0
Auburn Angels	2 1 0	Totem Misles	1 1 0	SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
WM Lynx	2 1 0	7-11 Sharks	0 1 0	SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
Jump's Union	2 1 0	WM. Hawks	0 2 0	SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
LaSac Cutlers	1 2 0	Wildpack 3, Missles 1;		SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
W.W. Whippets	0 2 0	Tigers 2, Hawks 0.		SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
Strikers	0 2 0			SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
Totem	2 0 0			SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
Southlake Bobcats	2 0 0			SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
SWU Cheetahs	2 1 0			SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
LS Honeybees	0 2 0			SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
WW Sneakers	0 3 0			SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
Cheetahs 3, Sneakers 2;				SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
Snoopy's Gang 7,				SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0
Honeybees 0.				SWU Bobcats	1 0 1	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0	W.W. Lynx	2 1 0

## FW jr. gridders stumble on Talbot Hill gridiron

by Judy Laws  
The Talbot Hill Tigers proved they were no pussycats last weekend, clipping the local Hawks in five out of six contests.

After three scoreless quarters in 89er action, the Tigers took advantage of a fumbled punt late in the fourth, executed an 80-yard sweep for the score and held on to win, 6-0.

Federal Way's second loss came in an outstanding Sweetpea defensive duel.

Despite being on the receiving end of three fumbles and a pass interception in the first half, the Hawks could not capitalize and the score stood 0-0 at the midway point.

The game-breaker came on Talbot Hill's final offensive play of the third quarter - an

off-tackle surge for 50 yards and six points. The point after attempt was no good but the 6-0 edge held to the final gun.

In the longest game of the season, the FW Bantams lost a heart-breaker to the Tigers in triple overtime.

It was nip-and-tuck in regulation as Talbot Hill came up six yards short of the endzone at game's end.

Both teams scored on their first possession but neither could convert.

The Tigers found paydirt and victory in the third series with an off-tackle plunge from the three. Final: 12-6, Talbot Hill.

In Sunday's opener, a sweep over left end late in the second quarter and an off-tackle run for 84 yards with one and one-half minutes to go earned

the Talbot Hill Midgets a 12-0 win.

Displaying some new offensive and defensive maneuvers, the fired-up Peewee Hawks decided enough was enough as they set out to snap the Talbot Hill winning streak.

Starting off with verve, a hustling Hawk kickoff team stopped the Tiger return effort at Talbot Hill's own 22.

Unable to move the ball, TH went into punt formation only to have a threatening Hawk defense force an over-hike that FW retrieved at the 12. Two plays later, the orange and black bulld- in from the two, converted and led 7-0.

Talbot Hill once again was unable to move the kickoff ball turning it over on down at the FW 47.

Combining in and out runs, sweeps and passes, the Hawks marched the pigskin with authority and drove in from the 22. The point after was thwarted but the quick 13-0 lead held at the quarter.

Late in the second, FW was once again threatening at the Talbot Hill 25 when a no-nonsense Tiger defense took charge and forced the ball over on downs.

On the next play from scrimmage, the inspired Tigers broke through on an off-tackle power surge for 75 yards and the score. The point attempt was stopped short.

FW covered the on-side kick attempt but could initiate no offensive prowess and turn-

## Todd Snider tops his dad and 78 others for 'You Pick 'Em' victory

Todd Snider proved to be the best football forecaster in the Snider family last weekend, and that made him a winner in the Federal Way NEWS You Pick 'Em football contest.

The 12-year-old Twin Lakes Elementary School student was one of five entrants who missed just one prediction in last week's 10-game contest slate, but he beat his dad, Nick, by a field goal in the tie-breaker Federal Way-Puyallup point spread to take the forecasting laurels. Todd pegged Federal Way to lose by 10 points. Nick, who also missed the Stanford-UCLA outcome, tabbed the Eagles' deficit at 13. Federal Way lost a 20-19 squeaker Friday night.

Last week's You Pick 'Em contest attracted 80 entries, 62 more than the opening-round total a month ago. The record total included entries from Mt. Vernon, Mercer Island and Spanaway. Four



Todd Snider

Todd, who is a Federal Way NEWS delivery boy. "I didn't know too much about either team."

Besides the two Sniders, other entrants with one miss included Scott Sampson, Sean Ryan and Robert Warmuth of Spanaway.

Todd, who received a \$15 gift certificate to Scott's Athletic Supply via his contest win, figures the Huskies will beat the Arizona State Sundevils Saturday but, alas, conceded the Seahawks will take their second loss to San Diego Sunday. Ironically, Todd isn't a football player but competes in soccer, baseball and basketball.

An entry form for this week's contest is included in today's sports section. Persons, who wish to enter this week's You Pick 'Em competition, must have entries postmarked by tomorrow to be eligible. The winner will receive a \$15 gift certificate from Scott's Athletic Supply.

## Custom Car Show in Coliseum

The 11th annual international custom car show, the "Auto Rama," presented by Pepsi will be held in the Seattle Center Coliseum, Nov. 9, 10 and 11, according to Ben Sebastian, show manager.

Over \$1 million worth of custom cars, hot rods, motorcycles, boats, vans and trucks will be on display during the three day show.

Special attractions at the 1979 Auto-Rama include the hot rod egg, "The Mork Machine" and the "Beer Wagon"; its design is a combination of yesterday's antique commercial street vehicle and today's contemporary street rod. The body was fabricated from white oak wood. The tail lights, headlights, sidelights and radiator are all early vintage 1910 Ford brass Components. Other attractions include the Budweiser Unlimited Hydro and the "Supervette Zinger," which features a completely hand built body that is one-half the size of a regular Vette, yet houses a Chrysler Hemi engine.

Show hours will be Friday, Nov. 9, 5 to 11 p.m., Saturday, Nov. 10, noon to 11 p.m. and Sunday, Nov. 11, noon to 10 p.m. Tickets will be available at the door. Adults \$4.50, children 6-12, \$1 and children under 6 free. Contact Ben Sebastian for further information at 5600 N.E. 190th St., Seattle, Wash. 98155 or call 486-0695.

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# 'I Remember Adamick's'

by Barbara Butts  
Remembering Adamick's Famous Museum and Tavern, aka Vagabond Villa, is not a requirement for attending "I Remember Adamick's" night at the Federal Way Library on Tuesday, Oct. 16.

But those who patronized the unique museum-tavern on old Highway 99 between Federal Way and Fife during its rollicking existence through the 1930s, 1940s and 1950s until it closed in 1960 are especially welcome.

And they are encouraged by members of the Poverty Bay Historical Society, which is sponsoring the event, to bring their photos, memorabilia and

recollections of the relic-filled pub.

Those memories may be of the wonderful "stuff," hundreds of artifacts, tacked to the wooden walls or hung from the crossbeams, some with small notes explaining the importance of the objects.

The tavern apparently was an adventure from the moment a thirsty customer walked through the entrance looked over by the skulls of two Flathead Indians.

In the middle of the room, according to reports by old-timers, was a single post graced by the splendid head of a 14-point elk decorated with blinking Christmas tree lights.

The collectors of these curios, of the tavern's proprietors, were Adam and Annis Adamick, and they were the greatest attraction of all.

Mrs. Adamick, it is said, wore a red wig, long dress and pince-nez. According to a Tacoma columnist, she also wore a magnifying glass on a chain around her neck with which she carefully checked the identification of those suspected to be under the drinking age.

The delinquent ones were "excused" along with others who became raucous or could not carry a tune adequately during audience participation numbers.

The serving of refreshments by the barmaid, Mrs. Adamick, some say, came to an abrupt end when the show began.

Adamick started off the entertainment with a lively performance on a set of bones, backed up by a tune on the jukebox.

And then Mrs. Adamick would bring in her accordion and accompany herself to such songs as "Make

Someone Happy," lecture or lead the customers in some vocalizing.

Both of the Adamicks are gone now. She died in December 1965, and according to her wishes, was given a funeral service in the tavern.

Her husband followed her later. And the building, situated on the east side of Highway 99 near the site of the Coffee Cup Tavern, has vanished also.

But the memories of those fun-filled evenings in the crowded tavern are the raw materials of history.

And although the historical society will have a business meeting at 7:30 p.m. preceding the general meeting, those memories will be the main order of business on "I Remember Adamick's" night at 8 on the 16th.

## Mime theater set at FW Library

The Seattle Mime 7:30 p.m. Theater will offer a free performance and are invited to attend workshop at the both at the library, Federal Way Library located at 848 S. 320th on Tuesday, Oct. 16, at St.

## Rudy Vallee scheduled for a week at Griffin

Frederick Knott's murder mystery, "Wait Until Dark" will be on stage at the Griffin Dinner Theater until Oct. 27.

Performances Thursday to Saturday at 8:15 p.m. follow dinner at 6 p.m.

On Oct. 30, a special one-week engagement of Rudy Vallee and his one-man comedy musical revue will open at the dinner theater. The theater's

## Space available for school bazaar

Craftsmen and hobby enthusiasts will have an opportunity to display and sell items at the Adelaide Elementary School

PTA Carnival on Friday, Oct. 26.

The sale of craft and bazaar items will be held at the school library in conjunction

with the carnival. Spaces will be assigned on a first-come, first-served basis.

For more information, call 927-6351 or 838-3638.

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## Opera House hosting Soviet pianist, Gilels

Upon hearing Soviet pianist, Emil Gilels, Arthur Rubinstein reportedly said: "...if he ever comes to America, I might as well pack my bags and go."

The master pianist did come to this country in 1955 and has had many return engagements since then. Gilels, who made his last Seattle appearance in 1964, will be back on Thursday, Oct. 25, in an 8 p.m. performance at the Seattle Opera House.

He was born in 1916 in Odessa, on the Black Sea, a city which has

also produced many other celebrated musicians.

Gilels began studying music at the age of 5 at the Odessa Conservatory of Music and Drama. A child prodigy, he created a sensation with his first public recital at the age of 13. He went on to study at the Odessa Conservatory and the Moscow Conservatory, from which he graduated with high

honors. At 17, the pianist was sent to Moscow as Odessa's entry in the first all-Soviet contest. He walked away with the top prize, the first of many honors he was to receive.

Good seats are still available for the performance, said an Opera House spokesman. Tickets are \$15, \$10, \$7.50, \$5. Call 447-4736 to make reservations.

## Sign-up for space

Registration for booth space at the Highline Community Center Arts and Crafts Sale and Bazaar will begin on Oct. 22.

A great variety of craft items will be on sale at the annual event this year on Dec. 1 at the center in Burien.

Seventy spaces will be available for artists and craftsmen interested in participating. Spaces will

be assigned on a first-come first-served basis.

There is no registration fee or rent. However, 10 percent of gross sales will go to the center for special populations instruction. All sales items must be hand-painted or handmade by the registrant.

The center is located at 425 S.W. 144th St. For more information call 242-3172.

## Indian Art Mart at Discovery Park

On the second Saturday of each month beginning Oct. 13, an Indian Art Mart will be held at the Daybreak Star Art Center in Seattle's Discovery Park.

Indian arts and crafts will be sold by the artists who fashioned them from 10 a.m. to 4 p.m. Admission will be free. In conjunction with the mart, a salmon

bake will be held from noon to 2 p.m. Price for the lunch will be \$4.

Call the park at 285-4425 for further information.

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REG. 14.95 **12.49** ROLL

**MARKSMAN SCOPES**

- Excellent for hunting big game
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3x9 Variable Power REG. 54.99 **44.99**

4 Power Scope REG. 39.98 **29.99**

3/4" x 4 Power Scope Fits 22 rifles **11.49**

**FALL MUMS**

- Produces showy, colorful blossoms that prefer sunny locations
- In 6" pots

REG. 2.49 **1.88**

**MECO**

### TABLE AND CHAIR SET

- Table has 34"x34" top, legs that fold under for easy storage
- Chairs have padded seats and strong tubular metal legs
- In Chestnut/Tan Russet color combinations

#8483 Table Reg. 23.95 **18.99** #3783 Chair Reg. 19.99 **15.99**

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### 2' FIXTURE WITH LAMPS

- Standing fixture with two 20-watt Gro-Lux bulbs
- Adjustable height
- Switch included
- Excellent indoor plant light
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- 3/8"x25"
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- Easy to assemble, ready to paint
- Attractive, low cost, durable units
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#514-15 4-Shelf Storage Cabinet REG. 25.99 **19.99**

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- Controls against insects and disease
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- 1 lb. size

REG. 3.49 **2.49**

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### HOUSEPLANT SPIKES

- Pre-measured plant food
- Won't burn plant's roots
- Good for all house plants

**63¢** LIMIT 2 REG. 98¢

WITH THIS COUPON One coupon per customer. Cash value 1/20 of 1¢. Prices effective thru October 13, 1979.

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### POLYESTER FLOWERS

Autumn Harvest colors

Long lasting, realistic looking varieties

LIMIT 9 REG. 69¢ EA. **3/99¢**

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### RED EMPEROR TULIP BULBS

- Early blooming
- Most popular of tulips

**8/1.29** LIMIT 16 REG. 8/1.79

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**ERNST**

### WILD BIRD FEED

- 10 lb. bag
- Attract birds to your feeder

LIMIT 2 REG. 2.00 **1.47**

WITH THIS COUPON One coupon per customer. Cash value 1/20 of 1¢. Prices effective thru October 13, 1979.

**COUPON**

**ERNST**

### WIDE SPECTRUM BULBS

- 40 watt replacement bulbs
- 48" long

**1.99** LIMIT 2 REG. 3.15

WITH THIS COUPON One coupon per customer. Cash value 1/20 of 1¢. Prices effective thru October 13, 1979.

**COUPON**



### Tiny treasures

DENA MELLOTT, owner of Dena's Doll House Supply and Display points out the detail in one of her tiny projects. She will be presenting a slide show-discussion program at the Federal Way Library on Oct. 10 at 7:30 p.m. Her slides give a detailed account of White House miniatures. —photo by Roy Musitelli

### Midway students receive awards

Ten students at the Midway Elementary School received awards on Universal Children's Day Monday for their entries in a poster contest commemorating World Peace Day. First prize winners, who received a plaque, were Kathy Brown, 6th grade, Deborah Obermiller, 5th grade, Stephen Baumgart, 4th grade, and Kristi Kivela, 3rd grade. Craig Hinz, 4th, and Tia Luckey, 3rd, received honorable mention awards. Anna Fox, 3rd, and Tyrone Bandy, 5th, also received awards.

### Lessons offered

The Des Moines Baha'i Assembly, which sponsored the event, will display the posters in various business throughout Des Moines. Rita Kucklack's madolin and voice Music Studio is now open for enrollment available. Rental guitars are available. For information, call 838-2980 or 927-3474.

OFFICIAL NOTICE: The following proposed constitutional amendments are to be submitted to the voters at the state general election to be held on November 6, 1979. The ballot titles and explanatory statements were prepared by the office of the Attorney General. This is a legal publication as required by law from the office of the secretary of state.

#### Senate Joint Resolution 110

PROPOSED CONSTITUTIONAL AMENDMENT

Official Ballot Title:

Shall the legislature meet in regular annual sessions, and shall special legislative sessions be authorized each with specific time limitations?

Vote cast by the members of the 1979 Legislature on final passage: HOUSE (98 members): Yes, 89; No, 7; Absent or not voting, 2. SENATE (49 members): Yes, 40; No, 4; Absent or not voting, 5.

The law as it now exists:

At the present time the Constitution provides that the legislature shall hold regular sessions, commencing in January of each odd-numbered year. In addition, special sessions may be convened by the governor for any purpose or for a two-thirds affirmative vote of both houses of the legislature. Regular sessions may not last more than 60 days, but there is no time limit on the length of any special session called by the governor. Legislative committees may not conduct official business while the legislature is not in session.

The effect of SJR 110, if approved into law:

The amendment would require that a regular session of the legislature be convened each year. The regular session during each odd-numbered year may not last longer than 303 consecutive days, and in even-numbered years, not more than 303 consecutive days. The amendment would also allow for special legislative sessions. The governor, by proclamation, would be allowed to convene a special legislative session, which would be limited to thirty consecutive days. The governor could specify a purpose for convening the special session, but this specification would not be binding on the legislature. Special sessions may also be convened by legislative resolution upon a two-thirds affirmative vote of both houses. Any special session convened by the legislature would be limited to the purposes set forth in the resolution convening the legislature, unless additional purposes were approved by a two-thirds affirmative vote of each house during the special session. The amendment would also allow standing and special legislative committees to meet and conduct official business, pursuant to such rules as the legislature might adopt.

#### Senate Joint Resolution 112

PROPOSED CONSTITUTIONAL AMENDMENT

Official Ballot Title:

Shall legislators be allowed to assume other civil offices without receiving any increases in compensation passed during their legislative terms?

Vote cast by the members of the 1979 Legislature on final passage: HOUSE (98 members): Yes, 98; No, 0; Absent or not voting, 0. SENATE (49 members): Yes, 45; No, 0; Absent or not voting, 4.

The law as it now exists:

At the present time the constitution prohibits a legislator, during the term for which he or she is elected, from being elected or appointed to any civil office, the compensation for which was increased during the term for which he or she was elected.

The effect of SJR 112, if approved into law:

The amendment would remove the prohibition against appointment or election of a legislator to any civil office if the compensation for that office had been increased during his or her term of office as a legislator. The legislature shall be compensated for the actual term of the civil office at the level which existed prior to the increase in compensation.

#### Senate Joint Resolution 120

PROPOSED CONSTITUTIONAL AMENDMENT

Official Ballot Title:

Shall municipal utilities be permitted by the constitution to assist owners of residences in financing energy conservation measures until 1990?

Vote cast by the members of the 1979 Legislature on final passage: HOUSE (98 members): Yes, 70; No, 23; Absent or not voting, 3. SENATE (49 members): Yes, 36; No, 11; Absent or not voting, 2.

The law as it now exists:

Under the state constitution, municipal corporations, such as counties, cities, public utility districts, and other municipal corporations and political subdivisions of the state, which sell or distribute energy, to assist owners of residential structures to finance the acquisition and installation of materials and equipment, such as home insulation, for the conservation or more efficient use of energy in their residences. Financial assistance would include the use of funds or credits, such as loans or guarantees of loans. The source of funds available for such assistance would be limited to operating revenues derived from the sale of energy.

The effect of SJR 120, if approved into law:

If approved SJR 120 would permit the legislature to authorize counties, cities, public utility districts, and other municipal corporations and political subdivisions of the state, which sell or distribute energy, to assist owners of residential structures to finance the acquisition and installation of materials and equipment, such as home insulation, for the conservation or more efficient use of energy in their residences. Financial assistance would include the use of funds or credits, such as loans or guarantees of loans. The source of funds available for such assistance would be limited to operating revenues derived from the sale of energy. Persons other than poor and infirm would be required to pay appropriate charges for this assistance. The amendment would be automatically repealed January 1, 1990, except as to contracts entered into before that date.

### Residents benefit from United Way aid

United Way is once again on the campaign wagon drumming up funding for a variety of programs. They are seeking \$15,915,000 this year.

Funds contributed will benefit 101 human-care agencies offering services at more than 250 locations in King County.

The theme of this year's appeal is "Let's take care of one another."

If you've ever wondered where the money goes, United Way recently sent out a detailed accounting of the number of people served through 112 agencies.

Benefitting last year were 1,552 Federal Way residents and 15,797 residents of Burien, Highline and Des Moines.

Nursing, therapy, home health care, fitness programs, hot meals and information to senior citizens were provided to 269 local residents by: Community Services for the Blind - 4; Hearing and Speech Center - 80; King County Multiple Sclerosis Assn. - 1; Visiting Nurse Services - 87; Senior Services and Centers - 39; Kent Area Activities Council - 50; and CAPRI (Cardio-Pulmonary Research Institute) - 8.

Day care, camping, recreation, delinquency prevention and social development services were provided to 2,925 area young people by: ACAP Day Care Assn. - 8; Chief Seattle Council of Boy Scouts - 1,050; Seattle-King County Council of Camp Fire - 484; Catholic Youth

Organization - 40; Totem Girl Scout Council - 868; Jewish Community Center - 10; and YMCA - 465.

Emergency assistance such as food, clothing and temporary shelter were provided to 2,326 local people by: Federal Way Community Council - 2,286; Salvation Army - 21; and Travelers Aid Society - 19.

Adoption, counseling, foster care and family planning services were given to 697 local people by: Family and Child Service - 59; Kent Valley Youth Services - 4; Medina Children's Service - 24; Planned Parenthood Center - 608; and YES (Youth Eastside Services) - 2.

Alcoholism education and treatment, counseling and rape relief help was given to 195 persons from this area by: Asian Counseling and Referral Service - 6; Council of Alcoholism - 32; University of Washington YWCA - 47; and Valley Cities Mental Health Center - 110.

Camping for low-income children and CPR training were provided to 24 local residents by: Community Campership Program - 11; and Medic II - 13.

The Seattle-King County Chapter of the American Red Cross provided disaster relief, nursing, safety and first aid education, volunteer assistance to older people and hospital patients, and services to military families to 428 persons.

Counseling, psychiatric care, help for abused and dis-

turbed children and their families, and emergency shelter for children, were provided to 134 local persons by: Catholic Children's Services - 10; Children's Home Society - 19; Friends of Youth - 3; Lutheran Social Services - 65; Ruth Dykeman Center - 20; Ryther Child Center - 12; and Seattle Children's Home - 5.

Help for mentally and physically handicapped children and adults, and protective services for developmentally disabled persons were provided for 57 local people by Foundation for the Handicapped - 13; and King County Assn. for Retarded Citizens - 44.

Job finding and special help for disadvantaged people went to 15 persons in the Federal Way area from: Seat-

le Indian Center - 11; and Seattle Urban League - 4.

Help for troubled youth, delinquency prevention services, social adjustment and

development services were provided to 1,492 area residents by: Big Brothers - 8; Boys Clubs - 1,481, and Puget Sound Big Sisters - 3.

### College photo contest sponsored

College students and faculty who think they have photographic expertise might win some big bucks by entering their favorite photo.

Nikon Photographic, Inc. has announced its seventh annual photography contest for college students and faculty. The contest, co-sponsored by Nutshell Magazine will give away \$11,250 in cash and prizes.

Black and white or color prints, or color transparencies will be accepted with no limit to the number of en-

tries allowed. Entries from students will be judged only against entries from other students. Faculty members compete with one another.

An independent panel of judges will select the winners based on composition, creativity and overall technical quality. Entry deadline is Jan. 24, 1980.

Prize lists, rules and entry forms are available at Dick's Camera and Sound in Burien 15421 1st Ave. S. and in Federal Way at the Sea-Tac Mall.

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Federal Way

# Leadership training boosts group power

**By Ann Hagen**  
Handicapped individuals often send off attitudinal vibrations that make the able-bodied uncomfortable.

"We can go a long way to correct this by being approachable, outgoing, and good-natured," said Eleanor Tennant in her final leadership lecture at Green River Community College recently. "We can usually set the tone of a relationship by making the first move."

Ms. Tennant of Bellevue lost the use of her legs and partial use of her arms and hands when stricken with polio over 24 years ago. Her three children were then under 6.

Now that her family is grown, she has become an active member of the Washington Coalition of Citizens with Disabilities. She was recently given a grant to write a manual on leadership for the disabled through the King County Office of Women's Programs. The grant included six speaking engagements.

Ms. Tennant emphasized that the disability can be minimized if the handicapped individual adopts an attitude of this is the way I am and I'm going to do the best I can regardless of my problem. The straight forward ap-

proach puts people at ease and makes everybody feel more comfortable, she said.

Attitude, she cautioned, is most important. Often posture, clothes and expression make the difference between whether people listen to what you've got to say or not.

**AS AN EXAMPLE**, she cited an instance where a man was hired to walk around the city with a "don't walk" sign on his bank. It was found that when he was nicely dressed, people followed him across the street. When he was dressed shabbily, no one paid any attention to his sign.

Ms. Tennant also cautioned the handicapped to consider their resources and skills when making a commitment to group work. Since group work often goes hand-in-hand with stressful situations, she suggested that some people would be more comfortable doing research or writing reports. However, she strongly recommends that the handicapped become involved and active to effect necessary change.

She mentioned specifically working towards transportation and architectural laws that will give the handicapped the op-

portunity to live a more normal life.

When working on a task force or advisory group, Ms. Tennant said it's extremely important that the problem be well researched and presented.



**Eleanor Tennant**

To get ideas on the complexity of the organization, she recommends that people visit the city council and see how they operate, watch televised Issues and Answers and Meet the Press, and observe the difference be-

tween politicians and non-politicians. "They're a past master at the hidden agenda," she said referring to the latter approach.

**WHEN TALKING TO** legislators, she recommends using short, direction questions. "If they're loaded, it turns them off," she said. When you're going in with a series of complaints, "don't lay the guilt on them," she added. "You'll get a lot farther with a well thought out question."

Ms. Tennant said she owes much of her present activism to a ramp-hinged Volkswagon van that has enabled her to travel around in comfort the last few years.

The revamped van has room for two wheel chairs and has the middle seats removed and the floor lowered nine inches. It was purchased with her needs in mind by her brother three years ago.

Now in her second van, she will soon travel to Spokane and put her experience to use as the handicapped vehicle representative to speak at the Washington Dept. of Transportation convention. "It's a good tin-Charlie and I'm going to have fun," she said.

Public Notice  
CITY OF DES MOINES  
NOTICE OF APPLICATION  
FOR SHORELINE  
MANAGEMENT  
SUBSTANTIAL  
DEVELOPMENT PERMIT  
NOTICE is hereby given that the Des Moines Marina Center (Jack Samuelson), who are the owners of the below described property, have filed an application for a substantial development permit for the development of a 67 unit condominium located south of the Des Moines Marina on the following described tract:

That portion of vacated Blocks, 80, 81, and 82, City of Des Moines, according to Plat recorded in Volume 4 of Plats, Page 33, Records of King County, Washington.

TOGETHER WITH that portion of vacated streets and alleys adjoining.

TOGETHER WITH that portion of Government Lot 2, Section 17, Township 22 North, Range 4 East, W.M. and

TOGETHER WITH 2nd class tidelands adjoining described as follows:

Commencing at a point on a line connecting the stone monument marking the quarter section corner on the north boundary line of said Section 17 with that certain stone monument marking the quarter section corner between Sections 17 and 20, said Township and Range, which line forms and is coincident with the centerline of the Des Moines-Zenith County Road from which point of commencing the North quarter section corner of said Section 17 bears North 0° 38'00" West 1488.76 feet; Thence South 86°54'10" West 92.11 feet to the West margin of said County Road; Thence continuing South 86°54'10" West 518.00 feet to the true point of beginning; Thence continuing South 86°54'10" West 362.00 feet; Thence North 2°24'00" West 297.43 feet; To the South margin of South 227th Street; Thence North 87°36'00" East along said South margin 372.49 feet; Thence South 2°34'00" East 139.95 feet; Thence

North 87°26'00" East 12.50 feet; Thence South 2°34'00" East 31.00 feet; Thence South 87°26'00" West 23.00 feet; Thence South 2°34'00" East 121.21 Feet to the true point of beginning.

Development of a portion of a paved parking lot, valued in excess of \$1,000, located within 200 feet of the shoreline of Puget Sound is proposed to be within Puget Sound "Wetlands" region. Any person desiring to express his views or to be notified of the action taken on this application should notify Stan E. McNutt, City Manager, in writing of his interest within thirty (30) days of the last notice given pursuant to WAC 173-14-020. The final publication and posting of notice will be October 10, 1979.

Written comments must be received by November 10, 1979.

Published in the News Oct. 3, 1979 and Oct. 10, 1979.

Lodi, CA. 95240  
Petitioner  
(209) 369-8212  
Published in The News  
October 3, 10, 17, 24, 1979

SUPERIOR COURT  
OF WASHINGTON  
FOR KING COUNTY  
Estate of  
VERNAL R. DYER  
Deceased  
Probate No. 79-4-00936-6  
NOTICE TO CREDITORS  
(RCW 11.40.010)

The undersigned has been appointed and has qualified as personal representative (PR) of the estate of the above named deceased. Each person having a claim against the deceased must serve the claim on the undersigned PR or on the attorney(s) of record at the address stated below and must file an executed copy of the claim with the clerk of the court within four months after the date of first publication of this notice or within four months after the date of filing of a copy of this notice with the clerk of the court, whichever is the later, or the claim will be barred, except under those provisions included in RCW 11.40.011.

Date of filing copy of notice to creditors September 26, 1979.

Date of first publication October 3, 1979.

PR: Diana R. Michaelson  
30640 Pac. Highway S.  
Federal Way, Wa. 98003  
Robert J. Verzani of  
PAYNE & VERZANI  
Attorney(s) for the Estate  
30640 Pac. Highway S.  
Federal Way, Wa. 98003  
(206) 839-1730  
Published in the News  
October 3, 10, 17, 1979.

Public Notice  
CITATION PROBATE  
NO. 141550  
SUPERIOR COURT  
OF CALIFORNIA,  
COUNTY OF  
SAN JOAQUIN  
222 East Weber Avenue  
Stockton, CA 95202  
Matter of the Adoption Petition of DOREEN BETTY PAAGA, Adopting Parent.  
TO PEOPLE OF THE STATE OF CALIFORNIA,  
To (name): MALO SAGIAO  
You are hereby cited and required to appear at a hearing in this court on (date): November 23, 1979 at 8:45 a.m. in Department, Rm. No. 1, 222 E. Weber Avenue, Stockton, CA. 95202 and to give any legal reason why, according to the verified petition filed with this court; Petitioner should not be granted the relief prayed for in her Petition to Determine Parental Rights of Alleged Natural Father and to Determine Necessity of Consent.  
Dated September 24, 1979.  
RALPH W. EPPERSON  
COLLEEN MANWARING  
Deputy Clerk  
STEVEN J. COTTRELL  
Attorney at Law  
321 N. California Street,  
Suite 5

Federal Way Community Council (each Thursday, 7:30 p.m.) Regular meeting in the Lakeside Professional Building, 30819 14th S. (Lower Level).

Federal Way School Board (second and fourth Mondays, each month, 7 p.m.) Regular meeting at Educational Services Center, 31455 28th S.

Water District 54 (first Monday each month at 6:30 p.m. and third Monday of each month at 8:30 a.m.) Regular meeting, 922 S. 219th St.

# County redistricting helps disabled kids

**by Ann Hagen**  
A recently revised county program will now give Federal Way's physically and mentally disabled kids and adults the opportunity to become involved in a range of activities.

As of July 1, the county was divided into three areas so that suburban districts could be more easily accommodated. Three recreation specialists were hired to replace the existing staff.

Each specialist is responsible for directing the activities in their area. Irene McPherson will have the responsibility of coordinating programs in Federal Way, Des Moines, Burien, Auburn, Maple Valley and Kent.

She emphasizes that most of her efforts will be directed toward the unincorporated areas that do not have the support of municipal parks.

Working out of her office at the Highline Community Center, McPherson said she hopes to provide programs that will enable handicapped people to have extra-curricular activities that most people take for granted. "Everyone wants to be normal and do what everybody else does," she said referring to the disabled school-age population.

Working with mentally disabled youngsters, 6-12, a program was recently implemented at Mirror Lake Elementary. Held from 3:30-5 p.m., children take part in games, crafts and music.

**THE PROGRAM IS SUPERVISED** by two instructors plus numerous volunteers from local high school programs such as the Kiwanis youth Sky Club.

A second program, this time for teen-agers is scheduled on Oct. 19. Students will be bused to Sportsworld where they will be involved in a bowling league. A year-long program, students will be encouraged to practice their bowling skills in order to go to a Special Olympics at Fort Lewis in the summer.

A first for Federal Way youth, McPherson said that the Special Olympics are a great opportunity. "Besides the Olympics themselves, kids stay overnight at a dorm, meet other people and can really get involved in a social activity with others like themselves."

For the future, McPherson said she's hoping to offer skiing instruction, possibly in January.

That, too, could culminate in attending a Special Winter Games program that is held in March. She's now looking into skiing instruction, equipment, lifts and transportation, she said.

When considering various functions for inclusion on the agenda, McPherson said she looks for activities that can't be easily provided by the parents; that are challenging; fun; and provide new experiences.

Finding programs for the physically disabled is often a problem. The only existing program offered is a county-wide bowling league offered in Georgetown, south of Seattle. Participants bowl in groups of four; two able-bodied bowlers with two physically disabled bowlers. They meet weekly for 30 weeks. Georgetown has one of the few bowling alleys that is accessible to wheelchairs.

Anxious for community support via a volunteers program and an adult forum, McPherson has been drumming up interest by speaking at high schools in the area.

"We need to know what the needs are and the direction parents would like to see the program take," she said.

**THE PROGRAMS INITIATED** so far, have been the result of a combined effort on the part of the school district and the King County Parks Department.

A year ago, Jerry Anderson, program supervisor for special education for the school district coordinated a survey to determine the needs of the approximately 850 Federal Way students affected by learning and developmental disabilities.

Questionnaires, sent through the schools and bus drivers probed the needs of elementary-aged, and junior and senior high-aged youngsters. Of 300 copies sent home, there was a 29 percent return.

After school activities were defined for elementary aged kids as swimming, physical skills and arts and crafts. Older students specified an interest in bowling, dancing and disco for their second-rated physical skills activity.

Anderson said they also met with the King County Parks Department and complained that Federal Way was being ignored though other areas were receiving adequate programming.



**Irene McPherson** — staff photo

The sessions spurred the first day-camp for disabled that was held about the same time McPherson took over, at Sacajawea Elementary this past summer.

A great success, McPherson said she received many calls from parents concerning the camp. Most of them wanted to know how long it would take to see more of the same, she said.

Pleased with the community interest, McPherson said the key to a successful program is coordination with the school. "Together we'll make this program work."

However, she cautions parents to have patience. "We want parents to know that it takes a while to get these things going," she said. "We don't want to lose anybody, but these things take time."

**100,000 sweet treats**

AMONG THE 1,400 John F. Kennedy Memorial High School students who will be selling over 100,000 Heath Candy Bars starting Oct. 19 are (from left) Jane Lamar, Marilyn Daoust, Patty Waltner and Theresa Jones, all of the Des Moines area. The candy bars, at \$1 each, are sold to help offset the difference between tuition charges and actual cost-per-student at the school.

Altrusa Club of South King County (first and third Tuesdays, each month, 6 p.m.) Dinner meeting at the Fog Cutter South.

Des Moines Garden Club (first Monday each month, 10:30 a.m.) Meeting, Des Moines United Methodist Church.

Welcome Wagon Club of Federal Way (10-25, 10 to 11:30 a.m.) Get acquainted coffee hour, call 838-9708 for information.

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Listen shopper, before you go to the store check our paper for the grocery ads. We feature most major grocers in your area. Every week these leading supermarkets display their top bargains and specials for your shopping convenience. Take time to compare the savings, you're the best inflation fighter you've got. Shop wisely and stop eating your heart out.

*The News*

Your Money



by John Weaver, Jr.  
Dean Witter Reynolds, Inc.

Planning an investment can be fun and very rewarding financially. First, sit down and determine what funds you have to work with and what your goals are for investing. Having your investment objectives clearly in mind makes it easier to achieve your goals.

Points to consider before starting your investment program are:

1. Be sure you have adequate medical and life insurance.
2. Be sure you have enough funds in a liquid account (e.g. bank savings, liquid asset fund, etc.) to meet emergency needs.
3. Be sure you have made ample provision for retirement.

If you are well established in these three areas, then you are ready to invest.

The first step would be to choose a broker, one who is responsive to your goals and objectives. Finding a broker that you feel comfortable with is worth a little investment of your time.

If you have no idea of a firm or broker, you could start by consulting the yellow pages or by asking friends who invest for a referral.

You would benefit by talking with executives at several different firms about your investment goals in general. If you are interested in a specific type of investment such as commodities, request someone who specializes in that type of investment. It is possible to work with more than one broker at more than one firm at the same time. This would necessitate your own careful control of your portfolio as none of your brokers would have access to your total investment picture.

Choosing a single broker has the advantage of consolidated bookkeeping and better overall knowledge by your broker of your total investments. He can more readily advise you on how to diversify your investment portfolio.

A good broker will be responsive to your goals and desires. He should be ready at anytime to provide you with information and facts to help you in your decisions. Also, he should be willing to process your orders and discuss his commissions openly. A good broker will not make you feel that your investments, however small, are unimportant. Most investors start conservatively and expand as their experience and money resources increase.

The important thing is not to procrastinate. Choose a broker and begin NOW to reap the benefits of your investments.

SELECTED QUOTATIONS				
Company	Dividend	Bid	Net Chg.	
<b>UTILITIES</b>				
Washington Natural Gas	1.40	17 1/8		+1/8
Pacific Power & Light	1.92	19 1/4	Unchanged	
Portland General Electric	1.70	15 1/4	Unchanged	
Puget Sound Power Light	1.64	16 1/4		+1/8
<b>OTHER</b>				
Albertsons	1.20	44 1/2		-1/2
Palmer G. Lewis	.28	12 1/2		-1/2
Chem-Nuclear	.05	22 1/2		-1/4
Heath Tanco	0	21 3/8		+7/8
Fred Meyer	.50	31 1/8		+2 1/4
Pacific Gable Robinson	1.50	21 3/4		+1/4
Pay 'n Pak	.60	17 5/8		+1 3/8
Pay 'n Save	.72	29		+1 3/4
IBM	3.44	67 1/2		+1 1/4
Texaco	2.16	31 1/4		-5/8
<b>FINANCIAL</b>				
Seattle First National	1.12	28		-1/2
Peoples National	.88	17		+1/4
Rainier Bank	1.08	29 1/2		-1/4
Crocker National Bank	2.00	31 5/8		+1
<b>FOREST PRODUCTS</b>				
Bosie Cascade	1.50	39 1/2		+1 3/8
Weyerhaeuser	1.00	34 3/8		+5/8
Scott Paper	.92	18 3/4		-1/2
Georgia Pacific	1.10	29 1/8		+3/4
Evans Products	1.30	24 1/4		+1 1/8
<b>TRANSPORTATION</b>				
Boeing	1.33	48 3/4		+1/4
Northwest Airlines	.80	30 5/8		+1/8
Western Airlines	.40	10 1/4		-1/4
PACCAR, Inc.	3.05	60 3/4		+3/4
Airborn Freight	1.20	23		-1/2

Women engineers to meet

Tobie Wolf, U.S. Office of Personnel Management, regional training center associate director, will speak to the Pacific Northwest section of the Society of Women Engineers Oct. 17, at a 6:45 p.m. dinner meeting at Ivar's Salmon House, Seattle.

Ms. Wolf presents a variety of training courses throughout the Northwest and is affiliated with the Puget Sound Chapter of Federally Employed Women. She will speak following the dinner on the topic "Have Briefcase, Will Travel."

A social hour at 6 p.m. will precede the meeting. Non-members may attend. For reservations call 828-5132 before noon, Oct. 15.

Doces opens condo shop

A new concept in displaying home furnishings will be introduced at Doces Southcenter store Saturday, with the opening of "The Condominium Shop."

A small department area consisting of two bedrooms, living and dining room plus den, has been created on the main floor, and decorated with space saving, attractive furnishings to make the most of limited space.

Interior designer Bobbi Pamnanni created the setting. Saturday store hours are 10 a.m. to 6 p.m. The store is located at 180th and Southcenter Parkway, a mile south of Southcenter.

Seminar aids small businesses

Business and inflation will be the seminar topic held by the Independent Business Assoc. from 7 to 10 p.m. Thursday, at the Sea-Tac Red Lion Inn.

The seminar is designed to assist small-business owners in becoming proficient at reviewing key financial statements, preparing cash flow statements, budgeting, keeping accounts receivable current, pricing and reviewing financial ratios.

There's a new look to dentistry

You enter a plush room filled with oak bookcases and lie on a couch and doze off to the musical strains of a Puccini aria. It's not someone's living room, but instead Dr. Billings' dental office.

"Going to the dentist doesn't have to be painful," says Dr. Billings, a Federal Way dentist who recently opened her new practice in the Centennial building on 320th Street.

A recent graduate of the University of Washington Dental School, the likable dentist has combined the new dental teachings and techniques with her own basic philosophy to create a pleasant method of caring for teeth.

"I believe in talking with the patients and giving attention to the individual," she said. "It is important to understand them. I want to make them comfortable and let them know that a trip to the dentist doesn't have to be traumatic."

Even while patients are having their teeth worked on, they can doze off to the melodies of opera, jazz or rock that play through headphones.

For an apprehensive patient, Dr. Billings' casual office is an inviting first glance at her personality. The walls are covered with warm wormwood paneling, and decorated with oak antiques. The office is designed with an open-space concept with plush pumpkin colored carpets. She's opposed to the cold look of chrome and plastic.

Excited about her profession, she is concerned about the bad publicity denistry gets. She explained that a new philosophy is geared towards the patient solely not just oriented towards teeth.

"Many dentists are now taking medical histories, taking blood pressure, and performing head and oral examinations for cancer," she said. With these extra examinations, dentists may detect signs of disease that once went undetected.

In addition to consulting with the patient, Dr. Billings said the patient should be involved in the decision process considering restorative work. There are many complaints from consumers that they are advised on needless expensive work. Through consultation, with the dentist the patient can look at the options open to him or her. "The patient is as valuable to the team effort as I am," she added.

One of the biggest emphasis in denistry is preventive care, says Dr. Billings. "You want to save the teeth you already have by taking proper care of them, since dentures can be miserable," she said. Daily care should be tailored to the individual which depends on eating habits and the condition of the teeth.

However, brushing and flossing are still very important procedures. As a former Thomas Jefferson high school teacher, denistry became a second career for the energetic woman who took interest in denistry while performing research work during her summer vacations. With the two careers coupled, Dr. Billings enjoys teaching young people about good dental care. She said that she is impressed at their awareness of dental health. "Kids are interested and will listen and ask questions," she said.

For older students interested in the health profession, she says she gladly invites them into the office to watch her work and learn about the dental profession.

Although the number of women in private practice is small, Dr. Billings believes she is the only one in the Federal Way area, the community and the profession are very supportive of them.

"The children love it and the older patients feel more comfortable with a woman. They can tell their problems and the women are a little more willing to listen," she said observing her patient's reactions to her. "Women also tend to be supportive."

She notes there is no prejudice in the profession and that the men are very encouraging.

There's a new look to denistry, says Dr. Billings, "Patient's should enjoy coming in. The office can be restful and quiet. They should know that there is someone there who is interested in their health who is willing to teach them about their teeth."

Dr. Barbara Billings, dentist, tries to make her patients comfortable with music and "painless" treatment.

—photo by Roy Musitelli

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Everybody's Business

by Sandy Thew  
Monier Co., manufacturer of roofing tile, has begun shipping from its Tacoma plant this week.

This newest of Monier's facilities, located at 10920 Steele St., will serve the entire Pacific Northwest with a roof tile.

Other Monier plants are located in Stockton, Gilroy, Camarillo, Corona, San Marcos, Phoenix, Ariz. and Dallas, Tex. and Lakeland, Fla.

Dr. Robert Bockoven previously associated with the Valley Eye Clinic and Dr. Wellington, has now located his practice at Doctor Place, 17800 Talbot Rd., Renton.

Dr. Bockoven is now associated with Dr. Richard Lomas, office phone number is 235-1200.

Dan Wulick, Jr. was among 28 managerial and supervisory personnel of the John Hancock Mutual Life Insurance Co. who recently attended a technical workshop at John Hancock Institute, the education facility of the company's home office.

Wulick is associated with the insurance company's Federal Way District Agency.

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Don't open without a plan

by Ann Hagen  
Business teacher Pete Southgate believes that the main reason so many small business operators fail is that they often lack the one essential ingredient necessary for success...an adequate plan.



Pete Southgate

"There's not enough planning done," he said emphatically. "If people had a comprehensive plan, there would be less failures."

Southgate who has an engineering degree plus a MBA in business from the University of Washington will be teaching a Small Business Management course offered by Columbia College.

He will discuss the economic and social problems involved when setting up a new business at classes held at 1414 South 317th on Thursday evenings for five hours.

The eight-week session costs \$195 and is a three-credit course. The 40-hour class begins on Nov. 1. Class size is limited to 18 students.

Southgate said that the interest in starting your own business is growing. He estimates that one in 40 attends at least one meeting each year. In the Tacoma-Seattle-Everett area, alone, 2,000 new businesses will be formed in 1980.

A TEACHER FOR THE past three years, Southgate first lectures on business management, stressing such points as legal partnership and consignment forms; understanding your market; deciding on a location and developing a financial plan.

Then, students are expected to actually decide on a hypothetical or actual business and develop a plan accordingly. Working in small groups of two or three, they develop a plan that would actually allow them to open shop.

Southgate said one student interviewed thousands of people with the help of his wife and friends. He took his plan to a bank, to ask the banker's opinion and was told that he could easily qualify for a loan. The banker's actual comment was "it's the best business plan to cross my desk in 11 years."

Another student wrote up a plan for an actual tavern in Seattle on Green Lake. The owner was so impressed, said Southgate, that she purchased the plan for \$1,000. He added that the plan, if purchased through a reputable business would cost several thousand dollars.

Southgate said he encourages students to devise a plan that would fit into the Federal Way-Des Moines area. As a public service, the college has placed selected reference literature on file in the Des Moines and Federal Way Public Libraries.

The class, according to Southgate, takes work and requires that a lot of time be spent out of class. However, he estimates that 25 percent of his students actually put their plans into force and get started in business. When you consider what you could lose, it's a good investment, said Southgate. For inquiries that a lot of college at 623-4987.

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# REAL ESTATE NORTHWEST

## Catholics Build Church in Twin Lakes

(Editor's Note: This column is a monthly feature designed to inform our readers of new construction in the area.)

The following building permits were issued by the King County Building and Land Development Division during the month of September:

Corporation of Catholic Archbishop, 3939 S.W. 331st Street, church, 17,699 sq. ft., estimated cost of construction is \$573,480.

Masonic Home of Washington, 23660 Marine View Drive So., remodeling bedrooms, estimated cost of construction is \$200,000.

Prometheus Development Corp., 33030 1st Way South, apartment complex, 190 units, estimated cost of construction is \$3,308,250.

G.E. Sengstock, 17520 99th Ave. S.W., retail sales and office space, 4,452 sq. ft., estimated cost of construction is \$115,000.

O. Crabe, 615 South 96th Street, office and truck service, 8,100 sq. ft., estimated cost of construction is \$170,000.

Seventh Day Adventist Church, 808 South 312th Street, auditorium for church, 5,105 sq. ft., estimated cost of construction is \$141,280.

Eugene Thom, 11454 Military Road So., fourplex, 6,361 sq. ft., estimated cost of construction is \$112,236.



**UNDER CONSTRUCTION**  
4 bdrm, 3 bath, formal dining, lg. eat-in kit., 2 frplcs., fam. rm., lg. 2 car gar., life time tile roof, HOW. \$95,500.

**4 BEDROOM RAMBLER**  
This beautiful home has 2 1/2 baths, fam. rm., 2 frplcs., covered storage, Patio, completely fenced backyard. 7/10 acre wooded lot. \$85,000.

**70 FT. WATERFRONT-LAKE TAPPS**  
4 bdrm. Rambler with Lg. dining area, lg. living rm. w/corner frplc., 2 car gar., Patio, beautifully landscaped, and dock. \$84,500.

**SPLIT COLONIAL LAKE TAPPS**  
5 bdrm., 2 baths, extra lg. rec. rm., lots of storage, 2 frplcs., lg. dining area, Super wooded lot. \$79,950.

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**WE GOT IT "YOU'LL LOVE IT"**

This lovely 4 bdr., 2 bath split level is ready to move into. Early possession on credit approval. Nice landscaping, room for R.V. parking. Finished basement, walking distance to school. FHA/VA terms. Ad. 122 \$68,950.

**TENSION HEADACHES**  
can be caused by too large a family in too small a house. With this well cared for 4 bdr., 2 bath rambler, that won't happen. Formal living & dining room with family room off kitchen. Close to golf course. Ad 121. \$79,500.

**DON'T SMOTHER MOTHER**  
You won't with this 4 bdr., 3 bath, immaculate home. Family room, rec room, 2 fireplaces, low maintenance yard. Sound view from covered deck, storm windows thruout. Ad 118. \$79,600.

**REAL ESTATE SALESPeOPLE**  
We are now in a NEW location and have room for 2 new full time salespeople. Complete sales training program and free schooling for unlicensed people who are looking for a new rewarding career in Real Estate. For more information and a private interview, call and ask for Judy, 839-4700.

**839-4700 or 927-5252**

**B&M REALTY HOT!!**

New 2 bdrm. rambler, partial mountain view, dbl. glass windows, super energy efficient, a steal at only \$42,950. Hurry, this won't last.

**PRICE REDUCTION**  
Beautiful contemporary 3 bedroom tri-level, quiet park-like setting. Price reduced \$2,000. Previous sale of this house failed and builder wants quick sale. His loss can be your gain. Call today for details and to arrange showing. At only \$57,950 this home won't last long.

**FAMILY PLANNING**  
This home is truly planned with the young family in mind. Situated on quiet street yet close to shopping and only minutes to freeway. Potential of almost 2,000 sq. ft., 3 bedrooms, 3 baths and 2 car garage. Priced to fit family budget too, at only \$62,950. WE CAN HELP ARRANGE FINANCING ON ALL OUR HOMES!  
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**Crescent REALTY, INC.**  
3430 S.W. 320th

**OPEN OCT. 11th**  
35116 - 28th South, will be open 11 to 2. This 10 room split with double garage on large lot is a "sleeper" at \$82,500.

**OWNERS ANXIOUS ASKING \$53,900.**  
Clean, neat, freshly painted outside, patio, fenced, 3 BRs, garage FP. Call JOHN CASSERLY 838-3310 or 927-3451.

**LARGE TRI LEVEL ON 1/2 ACRE**  
3 BRs, 2 1/2 baths, only 6 yrs old, landscaped. Many trees. Executive home area. Minutes from Federal Way. Call JOHN CASSERLY 838-3310 or 927-3451.

**2 STORY - \$69,500**  
Sharp 3+ BRs, 2 baths, family rm, 2 FPs, 2 car garage, privacy fenced, excellent area. Possible assumption. Call MILLIE KACHMAN 838-3310 or eves 941-2721.

**4-PLEX AUBURN**  
Newer 2 BR units. \$27,000 down on REC, 10 1/2% parklike grounds, terrific potential. Absolutely won't last. \$169,950. Call BOB NOEL 838-3310 or eves 852-3017.

**FHA/VA TERMS**  
Make this 4 BR, 2 bath rambler a super buy. Owner will include refrigerator, custom drapes & decorator fixtures. Call CAROL SABOTKA 838-3310 or eves 927-6031.

**LET'S TALK DOLLARS**  
Invest your dollars where they will return more dollars to you. The Builder will pay some of your closing costs so you can reduce your mortgage amount. This large home is on 1/4 acre with use of another 1/4 acre and tall trees. It's a good financial move. \$109,000. Call JOY MARCH 838-3310 or 927-3451.

**MOUNTAIN VIEW FROM TWIN LAKES HIGHLANDS**  
Super spacious 4 BR, 2 bath home with formal dining plus eating space in kitchen, 2 FPs - room for expansion. Shake roof. Good assumption. Call ELMER HICKEL 838-3310 or eves. 927-4777.

**MAKE YOUR DOLLARS WORK FOR YOU**  
As this 4 BR nearly new home increases in value, you will watch your investment grow, and you enjoy the gracious living this quality home affords you. Call JOY MARCH for more details. \$73,500. 838-3310 or 927-3451.

**WEST SEATTLE**  
3 BRs, 1 1/2 baths, den or extra BR, new carpet, bsmt, carport & garage, RV parking. Close to all schools. View of Sound & Olympics. \$70,000. FHA appraised. Call 838-3310 or 927-3451.

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**COLONIAL CHARM!**  
Here's your opportunity to own one of the most popular homes built in Twin Lakes! This is a spacious Chancellor with four bedrooms, multiple baths, and expansive Roughed-in Rec-room. The home has enjoyed the very best of care and it shows in every inch! The owner has landscaped to perfection right down to the built-in Sprinkler System. Just a short walk to the school or park. This is the ideal home for the young Executive and his family! Just \$107,950 Ad #102

**SEATAC OFFICE**  
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**WONDERFUL WEST WOOD!**  
A rare find in West Seattle! Beautiful and spacious family home nestled in a wooded rustic setting on a quiet dead end street. The home features four bedrooms, multiple baths and Formal Dining with adjoining view deck! A very warm and inviting home for just \$69,950! Ad #115

**THIS ONE'S HOT!!**  
This has got to be the best buy on the market in Kent! An immaculate 3000 sq. ft. two year old home with all these Custom Features: Thermo windows, Gourmet Kitchen, wired for Sound and TV, Utility plus Sewing Room, TWO brick fire places, Rec-room with Bar plus a Family Room and a 1/3 acre lot that's cyclone fenced! Call now, it's priced to move at \$81,990! Ad #172

**FEDERAL WAY OFFICE**  
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**COMING HOME!**  
Coming home will be a pleasure when you come home to this delightful three bedroom rambler! It's just been freshly painted in and out, the owners have installed new Earth Tone carpeting, there is spacious Rec-room with Cedar Shake accent wall and a lovely patio in the fenced backyard. And those are just a FEW of the outstanding features! Now here is a price you can live with, just \$53,950! Ad #193

**OLYMPIC VIEW!**  
Nothing lends more elegance to a home than a lovely view! You'll spend many serene hours looking out to snow-capped Olympics from this impressive year old Tri-level! The home features three bedrooms, including a HUGE Master Suite, two full baths, Formal Dining and a stunning Fireplace. It's double wall constructed and has Thermo-pane Windows for energy efficiency too. An outstanding buy at \$76,650! Ad #145

**TRUE VALUE!**  
Here's "True Value" in a home! It's just three years old, located within walking distance of a Lakeside Park with all these features! Full basement with carpeted and paneled Rec room, TWO fireplaces, beautiful kitchen and the appliances stay including the refrigerator. There's plenty of room to expand in the future making this a spectacular buy. Call now to view this impressive home! (\$67,950) Ad #152

**BRIARWOOD BEAUTY!**  
Located on a quiet cul-de-sac in this most desirable area this one is sure to please the whole family! It features three bedrooms, multiple baths, Gourmet kitchen with handy breakfast bar, spacious Entertainment area and unique heat-exchanger efficiency! The price has just been lowered \$5,000 for a quick sale! Easily the best buy in Briarwood at just \$73,950! Ad #174

**BIG VALUE!**  
There are approx. 2000 sq.ft. in this home! That includes FIVE bedrooms, two fireplaces, multiple baths, and a Rec-room. If you have a big family and a small budget this could be the home you have waited for! Sure, it needs some paint; but if you can do the work you can have a real dream home at a "Bargain Basement" price! Just \$60,000! Ad #171.

**THAT TOUCH OF CLASS...**  
shows throughout this exquisite family rambler! Located on 1/2 acre this home features a spacious Family Room off the Country Kitchen, extra insulation, Thermo-pane windows, Top Quality carpet and appliances, lots of Fir trees, a Creek and a Pool and the list goes on and on! Call now for a showing on this outstanding home ... Just \$87,000 FHA-VA! Ad #211.

**LIKE ANTIQUES?**  
You and your antiques will find this the ideal setting! A lovely older two-story home located close-in on approx. 3/4 acre! This classic features four bedrooms, country kitchen, formal dining and charming fireplace. Outside there's a huge detached garage. It's a see to appreciate home at just \$98,500! Ad #204

**ON A CLEAR DAY....**  
you can see forever! Or at least to Mt. Baker! We've just listed this incredible basement rambler in the convenient McMicken area and we're sure you won't want to miss seeing it! It has three bedrooms with a fourth roughed in downstairs and an impressive Rec-room too! There's a fenced yard and fruit trees and a kitchen a Mother will love. A lot of home for the money, just \$64,500! Ad #209

**SELL IT NOW!**  
The owners say "Sell it now!" and have priced their adorable starter home to move quickly! It features a large corner lot, three bedrooms, Formal Dining freshly painted and is ready for the new owners! Just \$49,250 and they will consider FHA-VA offers. call right away! Ad #207

**WE'VE GOT LOTS!**  
If you're looking for a site to build that dream house, look no further! We have just listed several prime sites with Lake and Mountain View! All are over-sized and will accommodate practically any home design! Call us now for further information. Ad #VL-26-32

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"Hi! I joined the staff of Unruh Realty, Inc. about a year ago after two years in the Real Estate Industry. I find my position as Advertising Co-ordinator very challenging and fortunately it also blends well with my desire to stay active in Real Estate. Unruh Realty Inc. has one of the most ambitious advertising programs of any of the firms in the County. I'm proud of the service we can offer! In my position I am responsible for the Ads you see each week in this and other major Newspapers as well as a monthly "Homes for Living" magazine which features our current listings and is distributed on a national level. I invite questions and suggestions from the public and can be reached at the Federal Way office."

## CONGRATULATIONS, JANET!

"We have been very pleased with the job Janet has been doing with our advertising program! Before joining our staff Janet background includes attending the University of California-womens fashion industry. She lives in Edgewood with her husband Larry, her son Scott and daughter Anna. We feel that she is an excellent addition to our staff of professionals and will continue to make a valuable contribution to the top quality service we provide to our Clients and Customers!"

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Thurs. for Sun.  
Private Party Ads  
and Cancellations Only

**COMMERCIAL DEADLINES**  
**2 p.m.**  
on above days

**Classified Hours**  
Monday-Friday  
8:30-5:00  
Saturday  
9:00-12 noon

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**DIAL CLASSIFIED DIRECT**  
**839-9520 TACOMA**  
**927-2424**

**NOTICE**  
Ads must run one time before changes or cancellations may be made. Copy changes will be treated as new copy placement. Error Corrections: Please check your ad the first day it runs. Robinson Newspapers are responsible for only one incorrect insertion.

**AGREEMENT**  
It is agreed by the advertiser requesting space that the liability of the paper in event of failure to publish any advertisement or in the event that errors occur in the publishing of an advertisement shall be limited to the amount paid by the advertiser for that portion of the advertising space occupied by the incorrect item only, and there shall be no liability in any event beyond the amount paid for such advertisements.

Display ads will be stacked from the bottom of the page. Every effort will be made to place them near their classification, but position is not guaranteed.

Robinson Newspapers reserve the right to properly classify any advertisement, edit or delete any objectionable wording or reject advertisements.

**Parade of Bargains in the WANT ADS**  
Publisher's Notice  
All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, or national origin, or an intent to make any such preference, limitation, or discrimination."  
This newspaper will not knowingly accept any advertising for real estate which is a violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

**ROBINSON NEWSPAPERS**  
P.O. Box 3007  
Federal Way, Wa. 98003

#### REAL ESTATE

001 Open House  
002 Homes-General  
003 Homes-Burien  
004 Homes-Des Moines  
005 Homes-Federal Way  
006 Homes-Kent  
007 Homes-Seattle  
008 Homes-White Center  
009 Homes-King Co.  
010 Homes-Pierce Co.  
011 Homes-Renton  
012 R.E. Traders  
013 R.E. Listing Wanted  
014 Condos/Townhouses  
015 Multiplexes  
016 Buildings/Property  
017 Lots & Acreage  
018 Cemetery Lots  
019 Recreation/Vacation  
020 Waterfront  
021 Timber

#### 002 Homes-General

**GREAT STARTER.** Clean and sharp 3 bedroom, large kitchen, family room combo. Fireplace & fenced yard. Only \$56,950. FHA/VA Terms. Ad#502. Con- tin Realty, 242-7982.

\$56,950  
Super value, deep lot, fireplace, 3 bedrooms, rec. area and 2 car garage. Call Northwest Community Brokers Summer office at 854-7800.



#### BEAUTY \$68,500

Large family rambler, 3 bedrooms, 1 1/2 baths, family room, fireplace, large deck with barbeque. Garage, fenced yard. FF573.

\$52,950 ONLY ONE  
Large fenced yard, with patio. Steam windows, double garage, fireplace, 3 bedrooms. Hurry it won't last! FF543.

**BURIEN \$65,960**  
Excellent family home. 3 bedrooms, 1 1/2 baths, 2 fireplaces, full basement, rec. room, large backyard with plum, apple, cherry and pear trees plus a view of sound and Mount Rainier. FB570.

**SHY 2 ACRES**  
20 fruit trees, plus wooded area, with own firewood, 4 bedroom, 2 1/2 bath home, 2 fireplaces, full basement. Larger rec. room, double garage. FF538.

**180 DEGREE - SOUND & MTN.**  
Beautiful Fountains area of West Seattle. Underground power, sewer. Only \$49,500. R.E.C. FW564.

878-1422  
john p. nagle inc. north seattle south seattle branch

**VIEW! VIEW! VIEW!**  
Enjoy best watching - or just love water? 4 bedroom, 3 baths, family room, plush carpeting. Spectacular home, \$105,000. Seller will consider VA terms. Federal Way Land & Homes, Inc. 824-7600.

**PUYALLUP 9 1/2% INTEREST**  
Deluxe 3 bedroom duplex on 1 3/4 acres. 3 fireplaces, patio with grill, approximately 2,000 sq. ft. in each. Corral, 2 barns, orchard, berries. Ideal for small business. Close to Meridian. Call June 848-4286. 627-1115. United Pacific Land Company.

**MOVING?**  
Need Housing Information from anywhere in the U.S.A.?

**CALL TOLL FREE**  
(Not on rentals).  
**NO COST OR OBLIGATION**  
1-800-527-9568 Ext. 1206  
Evergreen Realty.

**SOUND SIDE HOMES**  
824-3403

**SELL THOSE UNWANTED ITEMS IN THE CLASSIFIEDS**

**SEE THE PARADE OF BARGAINS in the WANT ADS**

**30837 Pac Hwy So.**  
941-2651  
927-3518  
OPEN 9-9 DAILY

#### 002 Homes-General

**SOUND VIEW,** sharp spacious, 3 large bedrooms, formal dining room, country kitchen, brick fireplace, garage, \$64,950. Towne or Country Homefinders of Sea Tac. 824-3600 or 244-3626

**BY OWNER,** 3 bedroom rambler, large fenced lot, 2 1/2 baths, fireplace, 2 car garage, near schools, financing available near Mall. \$92,500. 833-4916.

**ANGLE LAKE area,** 2 story chamer, with 4 big bedrooms, brick fireplace, luxury features throughout. Big garage, private backyard. \$90,950. HALL REALTY, 243-3793

**HOME PLUS ACRE**  
Skylights, fireplaces, loads of room for all your needs. \$95,000. Call Northwest Community Brokers Lake Tapps Office at 854-6810.

#### 006 Homes-Burien

**NORMANDY VISTA**  
3 bedroom, large rec. room, custom made cabinets-garage, etc. Fruit trees.  
Appraised and ready for immediate occupancy. \$67,500; 941-6769/939-4600-no agents.

#### 006 Homes-Burien

1700 Sq. ft. Tri-Level. Storm windows, electric heat, insulated. South 147th near 8th S. FHA terms. \$69,950. Call Mark at Triad Properties. 839-9666

**ALL BRICK** 3 bedroom rambler, with family room, brick fireplace. Absolutely immaculate! Covered patio, R.V. parking fenced tree lot. \$58,500. HALL REALTY, 243-3793.

**\$64,000 BY OWNER**  
4 bedrooms, view home, large corner lot, patio, upstairs master bedrm. with skylight, double garage. 246-6939.

**Monopoly Realty Inc.**  
23800 Pac. Hwy. So.

#### BURIEN AREA

Spacious 3 bedroom remodeled home. New carpet, large kitchen. Utility/play area. Attached garage and large yard.  
**ELEGANT HOME**  
View, 3 bedroom executive home 3 bathrooms, 2 fireplaces, 2966 square feet of elegant living. This home is a must to see. At only \$76,000.  
"Service is Our Game" 878-1880

#### 006 Homes-Burien

**CUTE 3 BEDROOM.** Exc. starter, \$44,950. 762-2231.

#### 008 Homes-Des Moines

**CHOICE AREA.** 1/3 acre treed lot, 3 bedroom home, super investment. Contract terms, only Contin Realty, 242-7982.

#### NORTH HILL

3 bedroom, 2 bath, full basement home, has been built to maximize the view and still have privacy. It has dining room, kitchen with eating space, two fireplaces, large master suite, room for expansion and is located near Des Moines Marina. \$86,500. Call 839-4800 John L. Hale Realty.

#### 010 Homes Federal Way

3 BEDROOM 2 baths, large lot, near mall. \$62,950. FHA, 246-5397.

#### BRAND NEW

3 bedrm home is set far back on a wooded lot in a quiet area near Sea Tac Mall. Has built-in double garage, fireplace, and is super well-built. \$64,900 Call John L. Hale Realty 839-4800.

#### 010 Homes Federal Way

3 bedroom 1 1/2 bath, double garage. Family room, fireplace, fruit trees, garden large lot FHA Assumption consider \$58,500. 927-4732.

#### BY OWNER, clean 6 bedroom home, 2 fireplaces, 2 baths, shake out, storage shed, private landscaped yard, grapes, take fence, fruit, trees, garage, near Thomas Jefferson High School. Reduced from \$79,990 to \$69,500. 3955 S. 293rd. 839-2937.

#### SECLUSION

Approximately 2 acres in excellent area. Featuring 2000 sq. ft. family room, 3 bedrooms, 2 baths, family room & double car garage. Heavily wooded with sub-division possibilities. \$125,000. Call 839-2220. LAND & HOMES INC.

#### WOODED RAVINE

3 bedrm. 2 fireplaces full bsmt. home is located on wooded ravine affording a quiet and private atmosphere very close to shopping, schools and bus. Storm windows and loads of storage with room to expand. \$65,950. Call 839-4800 John L. Hale Realty.

#### 010 Homes Federal Way

**IMMACULATE 3 BEDROOM** rambler fireplace, double garage, large yard on cul de sac. \$58,950 by owner. 927-6311.

**BOUGHT ANOTHER.** Brown's Point, 3 bedroom, 1 1/2 baths, 2 car garage, utility room, 2 year old roof and carpet, 1250 square feet, \$59,500. Conventional or assume. \$41,600, 10 5/8%, owner is agent, evenings, 927-7927.

#### DOLL HOUSE

\$53,000 full price on this immaculate 3 bedroom rambler on cul-de-sac lot. Beautiful frpic, in paneled living room. Large deck in private rear yard. lovely kitchen with eating space. Immaculate, just listed, hurry. 839-2220.  
LAND & HOMES INC.

#### BUYERS AGENT

Guaranteed satisfaction. Pre-selection & negotiation service. 878-1823 after 7 p.m.

#### 010 Homes Federal Way

**NEW FHA**  
3 Bedroom Rambler  
Mountain View,  
Treed Lots  
**\$50,150**

New area of quality homes, some with wooded settings, some with Mt. Rainier views. Double wall construction, heavy insulation. Model featured is a super rambler with spacious living room with stone fireplace, modern kitchen to include range, dishwasher and disposal. Handy finished utility room, vanity bath, large double garage. Pick interior colors now. Low down FHA and FHA/VA terms. Modern family home to beat the inflation crunch. Hurry on Ad F-926.

#### MacPHERSON'S

Federal Way Seattle 839-5282  
Open 9 to 9 Tacoma 927-7733

#### 010 Homes Federal Way

**GOOD CLEAN DIRT**  
4 acres of it! 4 bedroom you can't see from the street. \$121,500. Call 839-4800 John L. Hale Realty.

#### ENTERTAINMENT

Large rec room with fireplace, large patio and wood deck to show off with. 3 bedroom with private setting. \$69,500. Call 839-4800 John L. Hale Realty.

#### 010 Homes Federal Way

**SUPER FIXER.** 3 bedroom, fireplace, and large lot. All appliances including w-d. Contract terms, only \$53,900. Ad #503. Contin Realty, 242-7982

#### EXECUTIVE 5 BEDRM.

Large colonial place in a 1/3 acre private wooded country setting. Energy saving features. Terms \$117,000. Call 839-3800 John L. Hale Realty.

#### SWEET VIEW

Large 3 bedroom home, rec. room with wet bar, 2 baths, large deck. On magnificent Pickering Passage. Good salmon fishing, water skiing, boat launch, bike trails, hunting, etc. Near Shelton. Only \$89,500, for more information call Connie, 939-6416 after 5:30 weekends, or 1-426-4139.

### Ron Turner Realty, Inc.

1425 South Puget Drive  
228-2000

#### FAMILY MINDED \$66,950

Room for every member of your family. 3 bdrs, 2 baths with 1/2 roughed in, rec room, 2 fireplaces & lovely fenced back yd. Call to see Ad 102.

#### SHOREWOOD \$95,000

Beautiful contemporary in secluded setting. 3 bdrs, 2 baths with an unusual master suite with private deck. Call for an appt. to see Ad 107.

#### SECLUDED ESTATE \$210,000

Step into your own world in this 2/3 secluded acre estate, complete with beach rights, sound view, beautiful pool with fully furnished cabana. The elegant home has all the charm of yesterday with carved railings, French doors & so much more. Call for an appt to see Ad 108.

### WE'VE GOT OCTOBER'S BEST BUYS!

**BACK TO SCHOOL SPECIAL!** Super rambler in excellent area! Fenced yd, 4 bdrms, 1 1/2 baths, fireplace, walk to schools and St. Vincent de Paul Church! ... Only \$65,000!  
**IN SIMPLE TERMS,** it's simply great! This large 'n' lovely Twin Lakes home w/3 bdrms, fireplace, more offers FHA, VA terms and is priced at only \$70,500!  
**REGULATION SOCCER FIELD** included in lg. lot of this outstanding family home! Lots to offer inc. 5 bedrms, 3 baths! ALL TERMS AVAILABLE! \$83,950!  
**HIGH UTILITY BILLS** getting your temperature up? Cool down see this fabulous new home in Normandy Park highlighted by a "Heatkeeper Package," and it promises low heating bills this winter! Call to see this perfect combo. of beauty and efficiency! \$117,950.

☆ **DON'T WASTE GAS BY GETTING LOST!**  
**STOP BY OUR OFFICE FOR FREE AREA MAP!** ☆

### EVERGREEN REALTY, INC.

33427 Pacific Hwy. S.  
838-2800 927-7313

### Poverty Bay Real Estate, Inc.

"The Waterfront People"

#### WATERLAND FANTASY

Designer home with soaring cedar ceilings and clerestory windows. Sweeping sound and Olympic view from both levels. Direct auto access with zero bank waterfront. View and privacy assured by dedicated park surroundings. Beach club with tennis courts, boat launch. Call Poverty Bay Real Estate, 878-1960, eves. 824-5271.

#### EASY ASSUMPTION NORTH HILL - DES MOINES

Loads of room. 4-bdrms., 2 baths, lovely fenced yard, 2 fireplaces, rec room. Call to see. Poverty Bay Real Estate, 878-1960, eves. 824-5271.

#### CALL US FOR A FREE MARKET ANALYSIS.

Let us tell you what your home is worth today!

#### CALL US FOR EXCLUSIVE WATERFRONT LISTING!

PHONE: (206) 878-1960  
22770 Marine View Dr. So.

### Wallace & Wheeler, Inc.

941-2651

#### "Excellence in Performance" RIVERFRONT HOME WITH CLASS

3 bedrooms, 2 baths, sunken living room, cozy fireplace, thermopanes and more! Exclusive area where neighbors maintain THEIR homes and YOUR privacy! Asking \$92,500 - accepting offers. Call 941-2651 #656

#### LAKE FRONT HOUSE

Three bedrooms plus a loft for a private hide-away. Knotty pine kitchen overlooking the lake. Full length covered deck, lots of room for expansion. This could be your dream home just waiting to be enjoyed. Call today at 941-2651. #657

#### VIEW THE LAKE

From your private wooded acre, platted, perked and ready to build on. Only six of them so privacy is assured. Call for your showing at 941-2651. #658

#### CLOSE - IN PRIVACY

Could this be what you have been seeking? It has 4 bedrooms, extra large living room, formal dining, dream kitchen, view deck plus a complete Mother-In-Law apartment separate from the house. Lots of parking for extra cars or RV's. Call today at 941-2651. #659

#### FHA/VA TERMS \$77,500

Immaculate Twin Lakes home, price just lowered. Two story with 4 bedrooms, 2 1/2 baths, brick fireplace, huge garage and a completely fenced yard with beautiful landscaping. Only 5 years old. Call 941-2651 #660

#### ALMOST NEW TRI-LEVEL THE "IDEAL" HOME

The most sought - after style, 4 bedrooms, 2 baths, sunken living room, family room, fireplace, large deck and so much more. Quiet area of fashionable homes. Call 941-2651 Listed at \$81,500 - need offers! #661

#### RAZOR SHARP

This 3 bedroom has the edge on the competition. Only a year old, very bright and clean. 2 car garage, fireplace and a pretty front yard. FHA/VA terms - \$56,500. Call 941-2651 #662

#### PRIVACY AND SECLUSION

In this immaculate 3 bedroom, 2 bath split. Extended garage for possible 4th bedroom, professionally landscaped, deck facing treed lot. This home offers complete privacy. Act NOW! Call 941-2651. #663

### Coldwell Banker

MEMBER NATIONAL BROKERAGE COMPANY  
FORMERLY Henry O'Grady

#### ALL YEAR VACATIONS \$39,950

**MT. RAINIER AREA:** Beautiful octagon Cedar shake cabin 32' in diameter, with circular stairway to loft bedroom. Wooden deck surrounds. 110' frontage on Big Creek. Ideal for fishing, hiking, skiing; all winter & summer activities. EXCLUSIVELY. Mildred Mees, 878-3500, eves. 927-5407.

#### IMPECCABLE \$59,500

Flawlessly decorated, immaculately clean. Beautiful decor expresses tasteful simplicity, understated elegance. A unique & spacious rambler of 3 bedrooms & den, separate double garage & workshop. Set well back on large lot with southern exposure. EXCLUSIVELY. Mark Clirehugh, 878-3500, eves. 838-4160.

#### CLOSE TO ALL SCHOOLS \$76,950

A sturdy home with finished basement and lovely Sound VIEW. Large living room, separate formal dining, & kitchen eating space too. 3+ bedrooms, 2 baths, 2 fireplaces, and large rec room. Fenced yard. Short walk to all schools & community college, public pool, library, and shopping. Won't it be nice not having to drive the kids to everything! EXCLUSIVELY. Mark Clirehugh, 878-3500, eves. 838-4160.

#### NEW HOMES 9.9% INTEREST

**CAMPUS WOODS:** We are pleased to offer a special financing opportunity while it lasts. Special low-interest home loans are available to qualified buyers on 9 new L.B. Nelson homes; situated on wooded lot with winding streets & underground utilities, in one of the Northwest's finest residential communities. Prices start at \$75,500. Stop by our model home today at 32502 2nd Ave. S.W. or call Roger Umbdenstock 878-3500, eves. 839-5085.

#### HIGHLY DESIRED LOCATION \$149,950

**JUST LISTED!** Superb setting of evergreens and magnificent rhododendrons on double size lot in finest Gregory Heights area. Custom built home with formal dining, 2 bedrooms, and space for 3rd bedroom or family room. Basement rec room, 2 fireplaces, oak floors, double garage, huge covered patio. Peaceful, beautiful, and very private. EXCLUSIVELY, Virginia Redfield, 878-3500, eves. 242-3382.

#### COLDWELL BANKER

Residential Brokerage Co.  
17308 Southcenter Parkway

878-3500

### "Quality Street" John L. Scott, Inc.

#### ALKI \$159,500

Four bedroom 3 bath house has breathtaking view. Comes complete with appliances, 3 view decks, 2 fireplaces and low maintenance yard. VIDEO PREVIEW with Chris Hiller by calling 937-9000.

#### GATEWOOD \$112,500

Two year old 3 bedroom 2 1/2 bath split level home nestled in the trees on this secluded street. Numerous custom features including solid oak cabinets in the kitchen. VIDEO PREVIEW by calling Norma Jean 937-9000.

#### NORTH ADMIRAL \$90,000

Charming older home that has been tastefully remodeled to add all the modern amenities. Formal dining room, large kitchen, finished basement and more. VIDIO PREVIEW with Doris Szabo by calling 937-9000.

#### CEDARHURST \$67,500

Four bedroom split level entry house is near busline, schools, shopping making it a choice location for a growing family. Many extras. VIDIO PREVIEW with Richard Motter by calling 937-9000.

#### WEST SEATTLE \$44,950

All brick, 3 bedroom, super starter or investment home. Zoned for duplex. Near South Seattle Community College. EXCLUSIVELY! Call Jeanne Capeloto 937-9000 for an appointment.

#### MANHATTAN \$62,500

Super beginners home completely furnished, if desired. 3 bedrooms open beam ceilings, floor to ceiling fireplace, family room. Peek-a-boo view. Walking distance to bus and shopping Call Emilie Stretch 246-0344.

#### BURIEN \$86,000

Picturesque orchard is setting for easy care 3 bedroom brick home. Beautiful top grade carpeting throughout living room, dining room & bedroom wing. Call Liz Armstrong 246-0344 for a VIDIO PREVIEW.

#### NORMANDY PARK \$110,000

Spacious family rambler with 5 bedrooms. Hidden among the trees-ultimate in seclusion. Living room, formal dining, family room, double garage. Close to tennis courts and beach. Call Patricia Stamets 246-0344.

West Seattle 3221 California Ave SW 937-9000

Burien 16000 1st Ave S 246-0344

Federal Way 30640 Pacific Hwy S 839-6650

#### LAKE KILLARNEY \$125,000

Unusual 4 bedroom contemporary home nestled among trees on quiet peaceful lake. Living room with 2 story fireplace, formal dining room, detached triple garage with heated

**010 Homes Federal Way**

BY OWNER Beautiful split entry rambler, Redondo, trees, shrubs, absolutely private back yard. Complete brick fireplace wall, 3 bedrooms 1 1/2 bath, double garage. \$58,000. Call after 5 p.m. 839-0793.

**EXECUTIVE GETAWAY**

Large 3 bedroom Finished Basement \$86,950  
Enjoy the view, improve your game, overlooking Twin Lakes Fairway. Spacious family home with extra large rooms. Super deluxe kitchen with delightful cabinet surprises. Huge sundeck, elegant master suite, three unique baths. Disco in your own rec room with wet bar. Refreshing utility room. Carefree type yard. On quiet dead end street, yet a stone throw from the Sound. Dreams are made on this! Ad no FZT.

MacPHERSON'S  
Federal Way Seattle 839-5282  
Open 9 to 9 Tacoma 927-7733

**010 Homes Federal Way**

BY OWNER Beautiful split entry 4 bedroom, 2 1/2 baths, 2 fireplaces, finished rec room with storage, new remodeled kitchen with new appliances, upstairs & downstairs shutters & drapes. Our park-like landscaped yard with flowers, shrubs & trees. You can put in an indoor swim pool & still have your park. Schools, shopping close by, also golf club one minute away. Almost 1/2 acre, all fenced in R.V. parking & double garage. In a cul de sac. Sold by owner. Principals only. All freshly painted. Make appointment to see, \$87,900, assume. 927-1703.

**MOVE IN Nov. 1st, SeaTac Mall**  
Executive split level. 3 bedroom, 2 baths, white brick floor to ceiling fireplace, garage, nice yard, near school. \$82,500 possible low interest R.E.C., for small balance, owner, 329-8116

**WOODED PRIVACY**  
Tucked away back among the trees in this 3 bedroom home with luxurious master suite. Also has 2 baths, double garage, and located near Federal Way. \$66,500 Call 839-4800 John L. Hale Realty.

**010 Homes Federal Way**

Dial Want Ads direct: 839-9520 or 927-2424 (Tacoma)

**9 1/2% Assumption**  
Beautiful colonial split entry, 3 bedrm, 1 1/2 bath, LARGE family room, 2 trpic, new carpeting, hardwood floors, double garage. Nicely landscaped, 70 x 110 lot. Comm. park nearby. Easy to assume, 9 1/2% mortgage with approx. \$15,300 cash or conv. terms. Asking price \$69,950. 29008 23rd Ave. S. 839-8288 owner.

**FREE APPLIANCES**  
Cute 3 bedroom rambler comes with a range, refrigerator, dishwasher, washer-dryer. Also has fireplace, rec. room, and 2 car garage. You can buy this house today on FHA or VA terms for only \$64,950. Call Dennis Rieger at 839-1473.  
MCCLEAN & ASSOCIATES

**4 BEDROOM**  
Sharp 4 bedroom home is located on a beautifully landscaped corner lot. Huge rec. room is on 2nd floor away from other living areas for quiet and privacy. Has 2 baths, garage and is available on your terms. \$66,950 Call 839-4800 John L. Hale Realty.

**012 Homes-Kent**

BY OWNER moving, Kent West Hill split level, Double garage, 3 bedroom, 3 baths, finished basement, Block Sunny Crest, 2 fireplaces. \$79,950 839-7568.

**020 Homes-Pierce Co.**  
EDGEWOOD 1/2 acre new tri-level 2860 sq. ft. 4 bedroom, 3 bath. Owner contract 318 57th Ave. N.W. Puyallup, 927-1125.

**030 R.E. Wanted**

**HAVE CLIENT**  
Who wants a good old home, but prefer a new home around \$60,000. FHA Terms, in the Federal Way area or Tacoma. GILL REALTY 839-0543

**050 Condos, Townhouses**

**WATERFRONT CONDO**  
Beach plus pool, 2 bedroom, one bath, patio, walk to Marina & shopping. \$57,500. 878-4237, 824-0799.

**WANT ADS REACH THOUSANDS!**

**ONE OF A KIND**  
This custom 1 3/4 bath rambler will charm your socks off. The quality appointments just flow together - so many extras - garden window & earth stove - Sear's best appliances. \$59,950. 839-6370 ad #398

**NICE NEIGHBORHOOD**  
One of the most desirable homes in this price range. 3 bedrms & 3 baths on a large lot with view - RV parking. \$73,950. 839-6370 ad #397

**050 Condos, Townhouses**

**CONDOMINIUM, SUPER DELUXE**, all the extras. Setting in tall trees, \$31,500. Towne or Country Homefinders of Sea Tac. 824-3600 or 244-3626  
2 bedroom condo, appliances, fireplace, interior decorating 10 blocks from SeaTac Mall, call 927-5404 after 6 p.m.

**070 Lots, Acreage**

**FOR SALE** Out of state owner. Fourteen 25 ft. wooded lots. Split Water Park area. After 8 p.m. 878-3732

3.27 ACRES, adjacent to Dash Point State Park on 2 sides. Zoned residential. Attractive, secluded location \$85,000. People's First Real Estate 838-2352, 927-7666.

4.5 ACRES near Lake Morton, \$115,000.  
OR  
5 ACRES near Federal Way. Call 839-4800 John L. Hale Realty

**070 Lots, Acreage**

**VIEW LOTS/Dash Point** 1/3 acre and larger. Park ok & City water. 622-9917, Victor.

**WOODED cul-de-sac building lot** in area of finer homes. Water, power, sewer available. Located in S.W. Federal Way, \$15,500. People's 1st Real Estate, 838-2352, 927-7666.

20 BEAUTIFUL ACRES Near Goldendale. Full price, \$9,950. Cash. 229 West Main St., Goldendale, WA. Area code 509-773-5279.

**SOUND VIEW lots**, 3 Tree Point area. Also Highland Park lot on sewer, \$12,000. Hall Realty 243-3793

20 LEVEL Farm Acres in Klickitat County. Good soil. Trailer ok. Electrical, County road frontage. \$17,950, \$1,000 down, \$170 mo., 10% APR. See Tom Clark, 229 West Main St., Goldendale, Wa. onwyd, area code 509, 773-5255.

**070 Lots, Acreage**

**ADJACENT** to West Campus 163x250, 40,750 sq. ft., potential for rezoning to multi family. Zoned residential. House on property included in price \$75,000. People's 1st Real Estate. 838-2352, 927-7666.

**072 Cemetery Lots**  
WASHINGTON MEMORIAL Choice lots, \$350 each. 243-4786.  
Sell your car or truck fast with a classified ad. Our Ad-Visors will help you put more pulling power in your want ad. Call 839-9520 or 927-2424.

**VACATION AT Ocean Shores** on your own lot. Priced to sell \$5500. Call Jo Sturm, Golden Crest Realty, 582-3021 after 5 p.m., 839-3380.

**CLASSIFIEDS GET RESULTS**

**074 Recreation, Vacation**

**MAUI CONDOMINIUM** on Maalaea Bay. (Located between Kaanapali, Lahaina and Kihei). Deluxe 2 bedroom waterfront apartment. 2 full bathrooms. Fully equipped. Color T.V., Leno's washer & dryer, dishwasher, bar. Perfect for 2 couples 839-9345 evenings.

**074 Recreation, Vacation**

**VACATION AT Ocean Shores** on your own lot. Priced to sell \$5500. Call Jo Sturm, Golden Crest Realty, 582-3021 after 5 p.m., 839-3380.

**CLASSIFIEDS GET RESULTS**

**CASH NOW**  
We buy 1st and 2nd Real Estate contracts and mortgages  
**PACIFIC COAST INVESTMENT CO.**  
TACOMA 572-6824 SEATTLE 624-3440

**FRIEND TELLS FRIEND TO BUY OR SELL REAL ESTATE**  
CALL BENTON MCCARTHY REALTY, EXCELLENT STARTER. Sharp brick home, large yard, fruit trees, double garage in Boulevard Park. Have to see interior to appreciate. Call BUCK BUCHOLZ Buck Bucholz, 246-8033 or 243-6541. Tell a friend to call Airport Branch 246-8033  
BENTON-McCARTHY REALTY, INC. Better Homes and Gardens

**RED CARPET REAL ESTATE**

**HOME + COMMERCIAL**  
2 bedroom brick home with fireplace, 1 1/2 baths, basement and garage, plus commercial building in front of home with 2 commercial spaces of 900 square feet each and 2 baths. Contract terms. \$75,000.00 Call 932-0500.

**FHA/VA**  
Quality remodeled home located on dead end street. 2 + bedrooms, den, formal living and dining rooms, custom oak cabinets in kitchen with eating space, full basement with large attached garage. RV parking. \$69,950.00. For appointment call 932-0500.

**RAMBLER**  
Immaculate 3 bedroom home with 1 3/4 baths, large rec room with separate entrance. Spacious fenced yard with huge storage area attached. Owner's anxious. \$67,500.00. Call 932-0500 for preview.

**NORTH ADMIRAL**  
Lovely older home sits on large lot in heart of North Admiral District. 3+ bedrooms, den, 1 1/2 baths, fireplace, garage. \$62,500.00. Call 932-0500 for exclusive showing.

**RED CARPET AVALON REALTY, INC. CALL 932-0500**

**JUST LISTED! HOT!!**  
3 bdrm., 1 bath rambler with family room, very clean, well kept home with nice yard, double garage and in super Des Moines area, \$58,500. Phone 242-0707 for an appt., 937-0548 eves.

**NEW LISTING BURIEN**  
Nice 3 bdrm., 1 bath rambler in prime area of Burien: RV parking and garage and double carport as well, lots of privacy, fenced yard with large patio, appliances available, \$72,500. Phone 242-0707 or 937-4403 eves.

**FHA-VA BURIEN**  
2 bdrm. home on large lot in prime Gregory Heights area. Detached garage, good condition. See it today, \$49,500 FHA-VA. 242-0707 for an appt. or 243-9889 eves.

**OWNER SAYS SELL FHA-VA TERMS**  
Beautiful 3 bdrm., 3 bath rambler in Gregory Heights area. Double garage, family room, sewing room and more. New roof, insulation, exterior paint a year ago. Super nice! \$87,500 FHA or VA. 242-0707 or 243-9889 eves.

**CONDOS**  
If you want a condo call Stu at 242-0707. We have some from which to choose. Priced from \$47,500 to \$125,000.

**RED CARPET REAL ESTATE PLAZA CALL 242-0707**

**YOURS FOR KEEPS!**  
Super clean tri-level in one of Federal Way's sharpest areas. 4 bedrooms, 2 1/2 baths, family room, fireplace and large 2 car garage. All these and more for only \$89,740. Call 941-3300.

**TRULY DELIGHTFUL \$69,900**  
Very lovely 4 bedroom, 2 story home that has been decorated with taste and handled with kid gloves. Sparkles from floor to the top of the cathedral ceiling. 2 baths and 3 fireplaces round out this spectacular buy. A must to see. Call 941-3300.

**TOO HOT FOR WORDS! \$69,000**  
Fantastic 5 bedroom, 3 bathroom, 2 story home that is built for the growing family. Loads of storage space! Beautiful garden area with covered patio. Double garage. Already VA appraised, just waiting for a family to move in.

**RED CARPET SEA-TAC MALL REALTY, INC. 941-3300 927-2012**

**Marine View Properties inc. 248-2722**

**SUBURBAN ESTATE**  
A tree-lined circular drive takes you to the entrance of this charming old home on 1 1/4 acres. Secluded setting w/year around creek, rolling green lawns surround this modernized 2 story home w/6 bedrms, 3 baths, spacious family rm off kitchen, huge rec rm lower level. Guest or caretaker cottage comes fully equipped w/blt-in appliances \$189,500 Call JANET MARTIN 246-7990 or 248-2722.

**NEW HOMES - NORMANDY PARK**  
The first of 5 new homes is now under construction - Traditional 2 story whose freshness of character adds a unique touch to any neighborhood. 4 bdrm, almost 3000 sq. ft. Call today to view & choose colors & tiles. We are proud to present this new addition to Normandy Pk. \$179,500 Call KATHLEEN HAGGARD 243-9662 or 248-2722.

**HUMAN BEING**  
Answering today from 7:30 to 12 noon & 3:00 to 8 p.m. to discuss large & lovely home for sale. 8 min. west of Sea-Tac Airport, but no noise. You are welcome to drop in by dial, push button or in person. Call LANELLE ZENGER for directions 246-7593 or 248-2722.

**BELOW APPRAISAL**  
Quality, VIEW home in SHOREWOOD has been reduced \$4500 for quick sale. Move right in to this 3 bdrm immaculate contemporary. Carpets are like new & all appliances stay in this up-to-the-minute kitchen. Chandelier in dining rm, all drapes & curtains stay. A must see - priced now at \$110,000 Call BETTY PARRISH 244-4207 or 248-2722.

**PICTURE PRETTY!**  
On a quiet street in one of the south end's finest neighborhoods, this newly redecorated home has everything going for it! Large cheery kitchen, w/many cabinets, new gas furnace & hot water heater, good-sized flat yard. Large immaculate rooms are complimented by lush new carpets, drapes, new tile & counter tops. 4 bdrm & 3 baths. \$99,500 Call SHARY FRANKFURTER 246-5719 or 248-2722.

**GREGORY HEIGHTS**  
Lots of wood, clean & neat, rec rm, completely fenced, undercover RV parking. Ideal for a first home. \$65,000 Call BARB DICKSON 246-7919 or 248-2722.

**MAKE OFFER**  
Owner anxious to sell this 3 bdrm, 1 1/2 bath house. Lifetime tile roof, cedar shake, Mt. Rainier view. Needs decorating & landscaping. \$67,950 Call MARY KOZELISKY 243-3387.

**VACANT LAND**  
2 Lots for \$92,500 total price - underground wiring - some view - both just under 1/2 acre. Impossible to replace at this price once they are sold. Call AGNES SNYDER 244-6915 or 248-2722.

**Member UNITED REFERRAL SERVICE - Call 248-2722 - 24 Hrs.**

**SPARTUS CORPORATION**

**SWEeping VIEW \$112,000**  
Beautiful Brown's Point! Words won't do it on this one...you'll have to see this home yourself to appreciate all the value that goes with the quality in workmanship. This beautiful, custom daylight basement home sits right on top of picturesque Brown's Point. Features 3 bedrms, 2 1/2 baths, all levels beautifully finished, lovely kitchen appliances, thermopane windows, and more! All this plus a sweeping view of Vashon Island, Puget Sound and the Olympic Mountains! Your host will be Russ Deuel or call 838-9933, 927-3280 for a private appt.

**WOODRIDGE PARK \$79,950**  
Lovely one year old mid-entry on beautifully wooded cul-de-sac lot. Gorgeous yard, landscaped to perfection, automatic sprinkler system, electric garage door opener and intriguing tudor exterior await you. Featuring 4 bedrms, 3 baths, large open beamed rec rm, 2 brick frpics and more. For an exclusive showing call Susan Jones 838-9933, 927-3280.

**REFLECT YOUR SUCCESS \$99,500**  
Step up into this distinctive contemporary home in elite Twin Lakes. The wide staircase invites you into an impressive living room with wide windows, that bathe the room in light. Enjoy the sound view from the back deck and large kitchen area. Designed for the young family. Call Vivian Potter 838-9933, 927-3280.

**WOODSY \$81,950**  
Almost new split level. 4 bedrms, 2 1/2 baths, living rm, family rm. Large deck runs length of the back of house, patio. Greenbelt provides privacy in the back and on the side. Call Russ Deuel 838-9933, 927-3280.

**TRADITIONAL AND IMMACULATE \$85,000**  
This is the house you've dreamed of but wondered if you could afford. Situated in one of Twin Lakes loveliest areas this gracious home has 4 bedrms, luxurious master suite, family rm, living rm with cathedral ceilings. Owner has purchased another home and has this one priced accordingly. Call Nelda Griffin 838-9933, 927-3280.

**WE HAVE ACCESS TO OVER 1,000 PROPERTIES CALL US NOW!**  
838-9933 3400 S.W. 320th 927-3280

**TWIN LAKES SOUND VIEW \$139,500**  
Transfer forces sale of 2 year old executive dream home, 4 bedrms, den, kingsize family room plus oversize rec rm! Thick luxurious carpets, glamorous "grass" wallpaper, custom draperies every "extra" in the book! 3,400 sq. ft. of charm and livability in quiet elevated cul-de-sac. Call Nelda Griffin 838-9933, 927-3280.

**HOT! HOT! HOT! FHA-VA TERMS \$68,950**  
We guarantee you won't find a better buy in a new home on the market today! Spacious 3 bdrm, 2 bath mid-entry on large wooded lot in established neighborhood adjacent to Twin Lakes. Features double pane glass, greenhouse window in kitchen, 2 brick fireplaces, large unfinished rec rm and more. See it today! Call Susan Jones 838-9933, 927-3280.

**IF ROLLS ROYCE BUILT HOMES... \$145,500**  
then this is the one you would select. Walk-in closets, 3 bedrms, an elegant bar in the family rm that looks out on to the evergreen golf course. An unobstructed sound view in the distance and a master bdrm that would hold 2 king sized beds. Call Vivian Potter 838-9933, 927-3280.

**SUPER SPACEMAKER \$108,950**  
Exclusive Twin Lakes, over 3400 sq. ft. of gracious living. Large panelled entry hall, living rm, formal dining, family rm and 3 super bedrms with 2 large baths. Walk-in closets, pantry, 2 frpics, and a large bright kitchen!! Upstairs has huge finished rec rm, bdrm, and 1/2 bath. Outstanding! Call Russ Deuel 838-9933, 927-3280.

**STARTER HOME \$48,950**  
Located in Fife, this home is adjacent to green pastures and still within walking distance to stores and bus line. 2 bedroom, ranch rambler features a separate utility room and brick fireplace. Nicely landscaped. Call Roy Gage 838-9922, 927-3280.

**CHARMER! \$68,950**  
This 4 bdrm rambler is perfect for the growing family. Features spacious living rm, white brick frpic, dining rm, sunny kitchen and a large family rm. All of this plus a large deck and beautifully landscaped yard make this home exceptional in quality and value. Call for your private showing. Russ Deuel 838-9933, 927-3280.

**GLORIOUS ACRE WITH... \$92,500**  
Fantastic 1900 sq. ft. rambler on the most beautiful secluded acre in Federal Way. This 3 bdrm, 2 1/2 bath jewel has a large country kitchen and is nestled among large fir trees. Abounds with wild raspberries and Oregon grapes. Call Marlene Stice or Ray Jensen for appt. 838-9933, 927-3280.

**PUGET SOUND CALLS... \$103,950**  
Count the sailboats by day from one of three decks on this glorious view home...by night revel in the lights of Des Moines and Vashon Island. 8 years remaining on the Home Owner Warranty plan for this 3 plus bdrm Twin Lakes house. Includes custom-drapes, professional landscaping, vaulted ceilings, huge master suite and more. Transfer forces sale. Vacant and ready for immediate occupancy upon credit approval. Call Susan Jones 838-9933, 927-3280.

**FHA-VA TERMS TWIN LAKES \$76,500**  
Charming split level in beautiful Twin Lakes. One owner home, 3 bedrms, rec rm, deck, pleasantly shaded and fenced back yard. Refrigerator stays. Elementary school within 2 blocks, near to parks and shopping. Call Jim Payne 838-9933, 927-3280.

**SPARTUS**

**EASTVIEW** - Our new CUSTOM BUILT Homes are going fast and the Builders are now putting the beautiful finishing touches on them. If you haven't seen them yet, put them on your tour this weekend. EASTVIEW 292nd & 61st S. Open Noon to Dusk  
**VIP NATIONWIDE SERVICE**  
Relocating.. You need a friend who knows the territory. So, if you're moving in North America or Hawaii to Alaska - we have over 7,000 offices at your service. For a free market estimate or free V.I.P. relocation service, call 941-3000.  
941-3000 30390 PACIFIC HWY SO. 927-9300

**RENTALS**  
 100 Wanted To Rent  
 102 Rentals To Share  
 104 Rooms For Rent  
 106 Room and Board  
 110 Apts.-Burien  
 111 Apts.-Des Moines  
 112 Apts.-Federal Way  
 113 Apts.-W. Seattle  
 114 Apts.-General  
 115 Multiplex  
 116 Waterfront Rentals  
 117 Recreation, Vacation Rentals  
 118 Motels, Hotels  
 119 Houses-Burien  
 120 Houses-Des Moines  
 121 House-Federal Way  
 122 Houses-W. Seattle  
 123 House-Center  
 124 House-General  
 125 Condos, Townhouses  
 126 Office Rentals  
 127 Commercial Rentals  
 128 Storage Space  
 129 Hall Rentals

**102 Rentals To Share**  
 NEW BEACH condo. Many extras. 941-1058 or 839-5966.  
**110 Apts.-Burien**  
 1 and 2 bedroom in new 4-plex, all appliances, \$250 and \$315 plus deposit, on bus line, adults only, no pets 824-6983  
**SPACIOUS 1 BEDROOM**, new carpets & drapes, older adults, no pets or children. \$220. 839-3840  
**LOG HOUSE** Burien, 2 bedroom, 2 baths. \$375 month. First, last & deposit. References required. 244-0471 after 3 p.m.  
**ONE BEDROOM apartment** Burien \$175 month. First, last & deposit. References required. 244-0471 after 3 p.m.

**112 Apts.-Federal Way**  
 FEDERAL WAY 1 Bedroom. \$240+ \$150 deposit. 932-6902.  
**FURNISHED**, 3 bedroom, Waterfront Condominium. Security gates, pool, sauna, \$725. 839-1503 days. 839-4505 evens.  
**SINGLES OVER 30**. One bedroom furnished. \$225. Federal Way Apartments, 31010 18th Ave South. 839-4993.  
**SPACIOUS NEW 2 bedroom**, 2 baths, fireplace, all appliances, recreation. One year lease. Federal Way. Call Tacoma 752-0490.

**114 Apts.-General**  
 COZY, PRIVATE, basement apt., furnished or partially so, if needed. Fireplace, heat utilities & TV cable paid. Suitable for over 30 working lady. \$230. 824-4754.  
**AUBURN MANOR** Convenient full maintenance, 1 bdrm. apt., utilities paid 939-6491 or 546-2267  
**116 Multiplex**  
 EDGEWOOD 2 BEDROOM Duplex. Dishwasher, range, refrigerator, sunken living room, no pets. \$295 a mo. 839-1480.  
**130 Houses-Burien**  
 2 BEDROOM, full basement. \$350 mo., first, last, \$200 damage deposit. No pets. 244-5823.  
**SEAHURST**, furnished. Middle & upper of tri-level home. Living room, dining room, kitchen, 2 bedrooms, den, patio. \$375. Includes electricity, water, sewer & garbage. 242-0369.  
**2 BEDROOM \$350**, first, last & \$150 deposit. 723-6476  
**OWNERS**  
 If you like tenant hassles, that's your problem! If not, that's our business. Full time management service for homes, apartments. Satisfied owner referrals available. WESTSIDE SERVICE CORP., 246-3950.

**134 Houses-Federal Way**  
 3 BEDROOM TRI LEVEL, new, close to North Shore Golf Club. \$425 month. Call Vivian Potter, 838-9933 or 927-0467 evenings.  
**SOUND VIEW newer 3 bedroom**, 2 1/2 baths, rec room, formal dining, kitchen eating space, 2 car garage, all appliances, on golf course. Twin Lakes, references. \$530. 838-1586.  
**3 BEDROOM 1 1/2 bath**, fireplace, garage, immediate occupancy, large fenced yard, excellent neighborhood, close to bus & shopping. Federal Way, \$375. First, last, deposit. No pets. 839-2780, 838-9779, after 6 & weekends.  
**Twin Lakes Golf Course**  
 Enjoy the beautiful scenery in this charming 3 bedroom 2 bath home. Many amenities. \$500 month.  
**Have Fun Entertaining**  
 This Federal Way home, featuring huge rec. room, with fireplace, 2 bedroom, plus Den and min. care yard. \$400 month. \*For information, call MARY JANE WOODS, Red Carpet SeaTac Mall Realty, 941-3300 home, 941-5186 free fee to call anytime.

**134 Houses-Federal Way**  
 SKYLARK APTS. Quiet Court Complex, electric fireplaces, dishwasher, garbage disposal, frost free refer, self cleaning, range, cable T.V. game room. 1 bedroom \$230, 2 bedroom \$270, 2 bedroom, 1 1/2 bath \$300, 839-8338 or 839-7655 for appointment only, no children or pets.  
**NEWER 3 bedroom \$325**, Also 2 and 3 bedroom townhouses & duplexes from \$275. Hours 10-6 Weekdays. 838-3497 or 927-6880.  
**2 BEDROOM \$275**, first, last, deposit. No pets. References. 927-2974.  
**FEDERAL WAY 3 bedroom**, Appliances, \$350, first/last/deposit. 927-7788.  
**3 BEDROOM HOUSE**, car port, fenced yard, close to Sea Tac Mall. \$365 month. 878-3148  
**TWIN LAKES 6 bedrooms**, Sound View, 4231 S.W. 314th \$600 838-2010  
**NEAR BUS**, schools, 3 bedroom, 2 baths, family room, fireplace double garage, large work shop, \$450. 838-4585  
**3 BEDROOM HOUSE, 2 CAR GARAGE** \$345 a month. 927-1178  
 Shop classifieds for bargains. 839-9520.

**134 Houses-Federal Way**  
 3 BEDROOM, executive rambler, private yard, \$525, 246-1650.  
**138 Houses-General**  
 AVAILABLE OCT. 15th, small 3 bedroom with garage, one child only, no pets please, no appliances. \$275 monthly, first, last & \$200 deposit required. 6312 18th St. N.E. Puyallup. Edgewood Puyallup area. 863-5568.  
**RENTALS**  
 We have Homes, Apartments and Condominiums for rent. In all areas and all price ranges.  
**RON TURNER**  
 Property Management  
 4315 S.W. Oregon  
 932-5300  
**140 Condos, Townhouses**  
 2 BEDROOM REDONDO Waterfront Condo. 941-1616.

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 NEW, LUXURY Condo, 2 bedroom, 2 bath, carpet, frplc, all appliances. \$425. 320th & 21st. 952-4021, evens & weekends.  
**DELUXE TOWNHOUSE**. 2 bedrooms, 1 1/2 baths, fireplace, self cleaning oven. \$350. 839-3362.  
**BRAND NEW Condominium**, 12 sq. ft. all appliances included, 2 full baths, in Federal Way with swimming pool & clubhouse. \$395 per mo. 839-2471.

**140 Condos, Townhouses**  
 DELUXE TOWNHOUSE, 3 bedroom, 2 1/2 bath, 1st and last month rent, \$100 damage deposit. \$530, available Nov. 1st, 308 St. and 13th Pl. S. Federal Way, 863-3010.  
**BRAND NEW condo**, 2 bedroom, 2 full bath, all appliances, car port, frplc, w/w carpet, pool, tennis, jacuzzi, club house in Federal Way. \$425 mo. 927-1104  
**WANT ADS REACH THOUSANDS!**

**100 Wanted To Rent**  
 FAMILY SEEKS rental with yard in So. King County, 2 bedroom plus, have 2 small children and well behaved outdoor Collie. Need by Oct. 15th. 824-2375 anytime.  
 PROFESSIONAL Female wants to either share my apartment with same or share coed house in Highline area. PO Box 334, Seahurst, WA 98062.  
 HIGHLINE TIMES News Photographer, married with no children-no pets. Wants house to rent. Call evenings, 242-9814.

**BRAND NEW EXECUTIVE TERRACE**  
 CLOSE IN - half way between SeaTac Airport and downtown, 1 and 2 bedrooms with view of skyscrapers. Also complete Health Spa facilities including Jacuzzi, Sauna, Exercise room, rec. room, tennis court and swim 365 days a year in indoor pool. Sorry, Adults only! 767-3806 323-3481 762-3199

**MAPLEWOOD TWO BEDROOM \$300**  
 We feature, appliances, dishwasher, and disposal. Closed entry, storage pool and tennis courts.  
 Office hours 9 a.m. to 5 p.m. daily, and 12 p.m. to 4 p.m. on Saturday. Closed on Sundays.  
 Federal Way, 4519 S.W. 320th St. 838-3969 or 927-8550

**114 Apts.-General**  
 IMMACULATE, LARGE 1 bedroom, on busline. \$225. 3455 So. 144th St. 246-2489.  
**ADULTS**, Lovely 2 bedrooms, no pets. \$225. 244-1188, 232-0579.  
**2 BEDROOMS**, Adults, no pets, all appliances, 6 mo. old, on busline, \$325 plus \$150 deposit. Call 244-3539.  
**BRAND NEW 3 Bedroom**, all appliances, some utilities paid, first/last, \$150 deposit. \$425 per mo. 746-0987, evenings.

**132 Houses-Des Moines**  
 HOUSE FOR Rent. 3 bedroom, 2 baths, 2 frplc., sauna, in Des Moines area, \$650 a mo. No dogs. 243-6329.  
**134 Houses-Federal Way**  
 1 1/2 YEAR OLD 4 bedroom, 2 story, 2 1/2 baths, lovely, \$475. Call Vivian Potter, 838-9933 or 927-0467 evenings.  
**3 BEDROOM RAMBLER**, both 1/2, fenced yard, frplc., carpet. \$425. 839-8674, 301 S. 301, Federal Way, Wa.

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**FEDERAL WAY 3 bedroom**, Appliances, \$350, first/last/deposit. 927-7788.  
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**TWIN LAKES 6 bedrooms**, Sound View, 4231 S.W. 314th \$600 838-2010  
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**102 Rentals To Share**  
 RESPONSIBLE, Employed female wants to share my apartment with same or share co-ed house in Highline. Write PO Box 334, Seahurst, WA 98062.  
**ROOMMATE WANTED**, furnished condominium on lake, share rent expenses. 941-5035.  
**WOMEN NON-smokers**, non-drinkers, share 4 bedroom home. 852-4209.  
**FEMALE WISHES** to share house with same. 839-2666.  
**WORKING FEMALE** wishes same to share house in Twin Lakes area. \$160 a mo. Call 839-4784

**SPACIOUS VIEW**  
 1 & 2 Bedrms. 1 1/2 Baths  
 Swim pool, sauna, rec. room, self-cleaning oven, garbage disposal, dishwasher, self-defrost refrigerator, fireplace, washing facilities on all floors.  
**AMBERGLOW APTS.**  
 1223 S.W. 128th (next to Standing Hospital) 246-2096  
**111 Apts.-Des Moines**  
 2 BEDROOM large apartment over garage. \$300. 838-0161  
**112 Apts.-Federal Way**  
 ONE AND TWO BEDROOM apartments. Unfurnished. 1650 S. 308th. 839-9168.

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 Shop classifieds for bargains. 839-9520.

**134 Houses-Federal Way**  
 SKYLARK APTS. Quiet Court Complex, electric fireplaces, dishwasher, garbage disposal, frost free refer, self cleaning, range, cable T.V. game room. 1 bedroom \$230, 2 bedroom \$270, 2 bedroom, 1 1/2 bath \$300, 839-8338 or 839-7655 for appointment only, no children or pets.  
**NEWER 3 bedroom \$325**, Also 2 and 3 bedroom townhouses & duplexes from \$275. Hours 10-6 Weekdays. 838-3497 or 927-6880.  
**2 BEDROOM \$275**, first, last, deposit. No pets. References. 927-2974.  
**FEDERAL WAY 3 bedroom**, Appliances, \$350, first/last/deposit. 927-7788.  
**3 BEDROOM HOUSE**, car port, fenced yard, close to Sea Tac Mall. \$365 month. 878-3148  
**TWIN LAKES 6 bedrooms**, Sound View, 4231 S.W. 314th \$600 838-2010  
**NEAR BUS**, schools, 3 bedroom, 2 baths, family room, fireplace double garage, large work shop, \$450. 838-4585  
**3 BEDROOM HOUSE, 2 CAR GARAGE** \$345 a month. 927-1178  
 Shop classifieds for bargains. 839-9520.

**138 Houses-General**  
 AVAILABLE OCT. 15th, small 3 bedroom with garage, one child only, no pets please, no appliances. \$275 monthly, first, last & \$200 deposit required. 6312 18th St. N.E. Puyallup. Edgewood Puyallup area. 863-5568.  
**RENTALS**  
 We have Homes, Apartments and Condominiums for rent. In all areas and all price ranges.  
**RON TURNER**  
 Property Management  
 4315 S.W. Oregon  
 932-5300  
**140 Condos, Townhouses**  
 2 BEDROOM REDONDO Waterfront Condo. 941-1616.

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**140 Condos, Townhouses**  
 2 BEDROOM REDONDO Waterfront Condo. 941-1616.

**140 Condos, Townhouses**  
 NEW, LUXURY Condo, 2 bedroom, 2 bath, carpet, frplc, all appliances. \$425. 320th & 21st. 952-4021, evens & weekends.  
**DELUXE TOWNHOUSE**. 2 bedrooms, 1 1/2 baths, fireplace, self cleaning oven. \$350. 839-3362.  
**BRAND NEW Condominium**, 12 sq. ft. all appliances included, 2 full baths, in Federal Way with swimming pool & clubhouse. \$395 per mo. 839-2471.

**140 Condos, Townhouses**  
 DELUXE TOWNHOUSE, 3 bedroom, 2 1/2 bath, 1st and last month rent, \$100 damage deposit. \$530, available Nov. 1st, 308 St. and 13th Pl. S. Federal Way, 863-3010.  
**BRAND NEW condo**, 2 bedroom, 2 full bath, all appliances, car port, frplc, w/w carpet, pool, tennis, jacuzzi, club house in Federal Way. \$425 mo. 927-1104  
**WANT ADS REACH THOUSANDS!**

**WESTFAIR 90**  
**NEW APARTMENTS**  
 1, 2 & 3 Bedrooms  
 Starting at \$240  
 No Pets  
 Call today for details!  
**838-9230**  
 2.3 miles west of Pacific Hwy on 312th

**A CLASSIC ERA**  
 is depicted in this 1928 home situated on panoramic Stadium Way. A perfect setting for your antiques awaits you in this 3 bdrm., 1 1/2 bath, den, spacious living room, accented w/oak hwd. flrs. For apptmt. call Rosella MLS 58398.  
**FINISH FIXING IT**  
 It won't take much more to finish fixing up this neat older 2 bdrm., into 3 or 4 bdrms., new siding already done, big lot on quiet street near the Mall, \$32,500, MLS 54080, Call Jo Massey.  
**BRING YOUR HORSE**  
 Great home for a family, 4 bdrm., 2 1/2 baths, huge country kitchen, formal dining, fun rec. room, one plus acres, perfect location on South Hill. Potential building sites on wooded lot, VA terms offered \$79,500 Call Shirley MLS 58470.  
**VA/FHA \$63,500**  
 Picture a quiet Spanaway area enveloped by tall firs yet near shopping, schools & park, spacious 3 bdrm., 2 bath rambler w/stone fireplace, well landscaped yard & large patio. To see call Rosella Selden, MLS 55622.  
**SPLENDOR**  
 3 bedroom rambler is a dream come true for you gardeners. Gaze at Mt. Rainier over the manicured beauty of flower beds & fruit trees, live high atop Puyallup in quiet splendor \$67,000 MLS 56148. Call Sandee Bordman.  
 CALL PUYALLUP 848-8771  
 Seattle No. 852-7652  
 9920 112th St. East  
**SPOT REALTY INC.**  
 Multiple Listing Service/Equal Housing Opportunity

**SOUTH KING REALTY**  
**SWEEPING SOUND VIEW 3 BDRM. BROWN'S POINT CUT AGAIN NOW \$89,950**  
 Absolutely spotless, 2 year old, 3 bdrm., daylight basement home perched high on Brown's Pt. Featuring a completed lower level with charming floor to ceiling arched adobe fireplace and wet bar in rec room, a distinctive raised formal dining room with a magnificent view, 2 1/2 baths plus decorator draperies and professional landscaping. A truly affordable view home.  
**1/3-ACRE EDGEWOOD 4 BDRMS., \$74,500**  
**IMMACULATE** Edgewood rambler, beautifully landscaped with secluded backyard. Features a leg stretching family room, 2 full baths, homemaker kitchen, separate dining, plus a convenient location to schools and shopping. 10% down, conventional financing available, or owners would consider a Real Estate Contract.  
**FAMILY ROOM RAMBLER 3 BDRM. CAMBRIDGE \$64,900**  
**SPOTLESS** one year old rambler, vacant and available for immediate occupancy. Features a family room, sunken dining room, 2 baths, plus a convenient location to schools and shopping. 7% down conventional financing available.  
**FIVE MILE LAKE 3 BEDROOMS \$63,750**  
 Beautifully kept rambler near Five Mile Lake State Park features a large level, fully landscaped lot with extra parking, 3 bedrooms, family room, separate dining, kitchen with eating bar plus a gorgeous stone fireplace. School bus stops in front and financing available at 5% down or assume FHA loan.  
**BROWN'S POINT 3 BDRMS. \$52,500**  
 Neat and clean describes this 3 bedroom rambler with large double car garage with energy saving electric heat plus fireplace in quiet no traffic street within 4 blocks of grade school and junior high. This perfect starter home can be purchased with only 5% down and owner can offer quick occupancy.  
**33100 PACIFIC HWY. SO. 927-2641 838-3136**



**RHODES REALTY INC.**  
 30800 Pacific Hwy. So. Federal Way, Wa. 98003  
 Rhodes Professional Plaza Building  
**941-3800 or 927-5020**  
**REDUCED \$5,000 \$74,500**  
 Beautiful two story home on large corner lot. Exceptional family home featuring 4 bdrms, pool table size rec-room, & two fireplaces. Park-like backyard with patio & fruit trees. Call 941-3800 on AD. #439.  
**TRI-LEVEL FHA/VA \$65,950**  
 Spic-n-span 4 bdrm home on quiet cul-de-sac. Lovely family room with a brick fireplace, roughed in full bath down, beautifully landscaped and backs up to a green belt. Call 941-3800 on AD #437.  
**IT'S TIME!! \$56,000**  
 To move into this huge 3 bdrm rambler. Large living room with an exceptional fireplace. Also featuring new carpets, new roof, fenced backyard with apple & cherry trees. Call 941-3800 on AD #444.  
**5 BDRM FHA/VA TERMS \$72,500**  
 Family oriented daylight basement home on quiet cul-de-sac. Spacious house featuring 1 1/2 baths up with 3/4 bath down, two fireplaces, rec-room & two decks with a distant Olympic view. Call 941-3800 on AD #432.  
**SOUND VIEW CONDO \$49,950**  
 Outstanding Sound, Mountain & city view from this lovely 2 bdrm condo. in Des Moines. Full beach rights, swimming pool & electronic gates are available with super condo. Call 941-3800 on AD #450.  
**LARGE FAMILY HOME \$72,950**  
 Huge 5 bdrm home convenient to schools & shopping. This lovely, family oriented home features two full baths, two beautiful fireplaces, family room, energy saving storm windows & a fenced backyard. Call 941-3800 on AD #448.  
**COUNTRY SETTING FHA TERMS \$62,990**  
 Exciting new 3 bdrm split entry with a view of Mt. Rainier off large deck. Lovely stone fireplace in spacious living room, roughed in rec-room & full bath down with a spot for second fireplace. Call 941-3800 on AD #385.

**REAL ESTATE TIRED OF 50/50 SPLIT?**  
 It's no fun splitting 50% of 50% is it? At Wallace & Wheeler, we pride ourselves on an in-house inventory second to no one. As a Wallace & Wheeler sales agent, you will reap rewards beyond commissions, like Hawaii trips and the Gold Triangle Club.  
 If you're a novice we will provide, at our expense, 30 hours of real estate training, to prepare you for your career. For the experienced and successful, we will supply the tools to make 50/50 a thing of the past.  
 Wallace & Wheeler has recently expanded its southend marketing area to booming Burien with astounding success. Now is the time for you to join the winning team. For the cure to the 50/50 blues, call Randy Beck at 248-0664.  
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**Wallace & Wheeler, Inc.**  
**"Excellence in Performance"**  
**CONVENIENT LOCATION**  
 Walk to West Seattle shopping and be back in minutes for a garden party in the backyard of this immaculate home. \$62,950. Call 248-0664 for driving directions.  
**FRIENDLY NEIGHBORS!**  
 Large home on one acre gives in-town convenience with country atmosphere. Could be a minifarm. Call now for more information. 248-0664.  
**JUST COMPLETED**  
 Sweeping sound view ready for you and your family to enjoy. 4 bedrooms, 3 baths, intercom, central vacuum system and much more. For private showing call 248-0664.  
**TRANSFERRED - HELP!**  
 The owners have been transferred and need to sell their new home quick. The price had just been reduced on this spacious 4 bedroom home featuring 3 sparkling bathrooms, huge family room with a custom fireplace, and a large deck for outside entertaining. This elegant home has all the extras for truly affordable family living. Call now, 248-0664. \$88,500.  
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**NEW IN REAL ESTATE?**  
 Free training, trips & bonuses. Lots of professionalism, floor time, enthusiastic co-workers and more referrals than anyone in town. Call Ed Ledger for confidential interview.  
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 Residential & Commercial  
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 Federal Way, Wa. 98003  
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**REAL ESTATE NETWORK**  
 EVERY OFFICE INDEPENDENTLY OWNED & OPERATED  
**ENTERTAINMENT**  
 Large rec rm with fireplace - large patio & wood deck to show off with. 3 bdrms with private setting, \$69,500.  
**DES MOINES**  
 Over 2,00 sq ft of living area plus full basement. Come see this 2 story house with living rm done in original knotty pine and a huge brick fireplace, and formal dining rm. Top it all off with 4 lg bdrms upstairs, all this and more at a price you can afford, \$75,000. Call now.  
**EXECUTIVE - 5 BEDROOM**  
 Large colonial placed in a 1/3 acre, private wooded country setting. Energy saving features, terms, \$117,000.  
**GOOD CLEAN DIRT**  
 4 acres of it!!! 4 bdrms you can't see from the street, \$121,500.  
**WOODED RAVINE**  
 3 bdrm, 2 frplc, full basement home is located on wooded ravine affording a quiet, private atmosphere, yet close to bus, schools, & shopping. Storm windows and loads of storage with room to expand, FHA & VA terms, \$65,950.  
**JOHN L. HALE REALTY**  
 29233 Pacific Highway So.  
**CALL 839-4800**

**IT'S DIFFERENT**  
 Full basement contemporary. 3 bdrms, possible 4th, big living room, fireplace, big kitchen, breakfast area, sliders to sundeck, fan room, bar room with bar, separate utility, huge dble garage with workshop. Nice. \$55,950 Ad #360 Call 246-3293  
**COUNTRY CHARM**  
 1/3 acre, close to everything. Older home, 4 bdrms, full bath, country size kitchen, huge living room, full basement, close to schools, bus, shopping. Opportunity to purchase shy 1/2 acre attached property for additional sum. \$60,000 Ad #343 call 246-3293  
**WANTED-SALESPeOPLE**  
 We are designing a new company expansion program to try to give you the best of everything. Training, equipment, good commission program. We are growing, grow with us. Feel free to come in and talk. See "DOUG JOHNSON", or "LEE CORBIN".  
**FRAZIER REALTY INC.**  
 15031 Military Road South  
**CALL 246-3293**

**The Mueller Group**  
**Builder Close Out**  
 New 2 Bedrooms From Only \$35,950  
  
 There's only a few two bedrooms left at the exciting new Habitat Condominium in Federal Way. Enjoy the beautiful courtyard complex, pool, clubhouse, saunas and jacuzzi. Habitat has a full energy efficient insulation package, pass-through kitchen design, washer/dryer hook-up and more!  
**5% DOWN AVAILABLE Immediate occupancy.**  
**HABITAT CONDOMINIUM**  
 1800 South 330th Federal Way, WA  
**838-4350**  
 Driving South on I-5 take the South 320th Street, Federal Way exit. Drive West on 320th to Pacific Highway South, turn left blocks South to South 330th Street, drive ten approximately one block to the Habitat.  


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# REAL ESTATE NORTHWEST

**150 Office Rentals**  
SMALL, MEDIUM offices, central Federal Way. Attractive, reasonable. 839-2947.  
**OFFICE SPACE** Available, 10-1-79, new complex, 900 to 3200 square ft. 838-1301 or 927-6069.  
HIGH VISIBILITY Office & retail location. Kent Des Moines Rd. at Pacific Hwy. 5,800 to 10,000 sq. ft. for lease. Call Mark at Triad Properties, 839-9666.  
**OFFICE SPACE** For Lease, Sea-Tac location, 1680 sq. ft. plus 4000 sq. ft. outside fenced storage. Lease all or part. Call Doug or Chuck, 824-7878.  
**CLOSE HIGHWAY** 99/310, 2 offices at 700 sq. ft. each, one at 530 sq. ft. Attractive. 839-2927.  
**NEW OFFICE SPACE** Available Fall 1979  
All Services Building  
336th & 9th South  
In West Campus  
Suites 750 sq. ft. & up. Call  
927-6010 or 682-8100  
ALL SERVICES REALTY  
Commercial Brokerage Co. Inc.

**152 Commercial Rentals**  
MFG./WHS. BLDG.  
3,600 to 22,800 sq. ft.  
Available Federal Way  
20' ceilings, sprinklers  
WESTERN PACIFIC  
PROPERTIES  
624-1259  
**154 Storage Space**  
DRY BOAT & Trailer Storage.  
852-5942.  
**SECURITY ANNEX** Mini-Storage, \$9 mo. and up, 18041 Des Moines Way South, Phone 248-1197.  
**MOBILE HOMES**  
258 Mobile Homes Wanted  
214 Mobile Homes Rent  
228 M.H. Sites Sale  
228 M.H. Sites Rent  
249 Supply Service

**202 Mobile Homes-Sale**  
OLDER 30 foot, trailer, furnished, \$1800 good condition, 824-3074, 833-3931.  
FOR SALE 1976 Canthian Mobile Home, 14 by 60, 2 bedroom, appliances, carpeting, storm windows, skirting, awning, deck, large shed. Camelot square Space. 348-941-4237, \$16,500.  
1970 HILLCREST, 20x40, 3 bedrooms, one bath, W/W carpet, \$14,500 or best offer. Fully landscaped. After 5 p.m. 927-2820.  
FOR SALE 1978 Silver Crest, 24 by 56, all electric, 2 bedrooms, 2 baths, located in Heather Hills. By owner. 927-2320 or 927-1070.  
ON GOLF COURSE 2 bedroom, 2 bath, fireplace. Call after 5 p.m. 838-1559.  
**LOOKING TO SELL YOUR MOBILE HOME**  
Call Vance or Bill  
Modern Listings  
824-4370

**202 Mobile Homes-Sale**  
MOBILE HOME, large lot, private setting, 3 bedroom, 2 baths, 28x25 rec room, garage, fireplace, contract terms, \$45,000 Towne or Country Homefinders of Sea Tac. 824-3600 or 244-3626.  
**214 Mobile Homes-Rent**  
71 Brookdale, 14x60 electric, 2 bed rm, washer dryer, private lot, Summer, \$325, 838-9608.  
2 BEDROOM MOBILE HOME. Double carport, some utilities. \$235, 762-4112.  
**ANNOUNCEMENTS**  
389 Happy Ads  
319 Legal Notices  
322 Card of Thanks  
324 Funeral Notices  
328 Funeral Directors  
339 Lost  
332 Found  
340 Births  
348 Notices  
348 Personal  
350 Entertainment  
360 Travel Opportunities  
382 Carpooling

**330 Lost**  
6 YR. OLD Tabby Cat, female. West Campus area. Turquoise rhinestone collar. 838-0675.  
5 MONTH OLD German Shepherd mix, male, mostly black. If found call 941-6461 or 628-6341.  
SPAYED SIAMESE female, child's pet, licensed, call 255-2902 evenings. \$10 reward.  
SMALL DIAMOND on gold chain. October 5th, keepsake. Reward \$24.  
REWARD FOR wallet lost at Sunset Park on Oct. 7, no questions asked. 244-9129.  
LOST YOUNG female Siamese, near Fred Meyer in Midway 941-1702.  
LOST GRAY & White Bouvier, age 7 months, heights 26 in., weight 65 pounds, clipped ears, no tail, shaggy hair, looks like a large Scottie. Lost in vicinity of Marine View Estates. Federal Way. Reward offered. Call 838-9521 before 4 p.m. After 4 839-3085.  
GOLD WEDDING band. Ernst parking lot or Johnny's Grocery, reward offered. 924-2374, 927-2799.  
REWARD! Gray Blue point Siamese, name Samantha. Lost 9/27 Blvd. Park area. Call 248-1940, evenings.  
**332 Found**  
MANS WATCH found at 31014 Pacific Way. So. 941-0782.  
FOUND 2 Bicycles, owner identity, 246-6265.  
BLACK WHITE tabby male, Tukwila area. 243-5232.  
FOUND: Set of keys, Sat. or Sun. 6th Ave S.W., Federal Way, in the middle of the street. Call & identify. 839-9520.  
FOUND LONG Haired A Siamese, 839-0709.  
FOUND SATURDAY TWIN LAKES AREA. Year old Afghan female. 927-1788.  
FOUND TAWNY kitty, found at Highline Community Hospital Sept. 30, young 8 months old. 935-8839.  
FOUND: COMPRESSOR, call 941-2093.

**402 Appliances**  
JIM'S FIX IT SHOP small and large appliance repair. Reasonable rates. Free estimates. Excellent work. 244-9726, 13247 4th Ave. South.  
**404 Asphalt, Concrete**  
LA. KEYES, COLORED PATIOS DRIVEWAYS, STEPS, AG GREGATE Estimates. 878-4717.  
MITCHELL BROS. CONSTRUCTION. Quality concrete work. Residential and commercial. Days or evenings. 838-9089.  
K.I.N.G.C.O. ASPHALT DRIVEWAYS, parking lots. Free estimates. 838-3884.  
ASPHALT PAVING Drive-way, parking areas, sealing. 242-8767, 242-6317.  
DRIVEWAYS, patios, sidewalks, free estimates. 13 H years, exp. Jerry 941-4577.  
CEMENT set up and finishing, free estimates, 228-1729.  
CONCRETE DRIVEWAYS, cellar floors, patios, sidewalks, licensed, bonded, insured. 15 years experience. Call 939-6593.  
R & G Asphalt. Driveways, parking lots, patchwork. Free estimate. 242-0840.  
ASPHALT PAVING  
Free estimates. No job too large or small. We specialize in private courts, parking lots, tennis roads, driveways, and patchwork. Call 839-6644.  
Federal Way Asphalt  
Asphalt paving, repair work, crushed rock & grading. Free estimates. Call Ron Carlen. 839-8410

**406 Bldg., Remodeling**  
HOUSE PLANS drawn to your specifications. Highest quality. All codes. Reasonable. 824-0675.  
REMODELING Rec rooms, custom cabinets, additions. References Work guaranteed. Lowest prices. 952-2962.  
SMALL CARPENTRY, repair, or remodel? Can't get a carpenter? Call Ralph, 244-5413 after 5 p.m.  
ACOUSTICAL CEILINGs, wall texturing, free estimates. 839-8879, 759-3331.  
KELSEY CONSTRUCTION  
Remodels. Sun deck additions, licensed, bonded, free estimates. 244-4615  
WORKING CONTRACTORS will help you change your present home into your dream home. Call now for free estimates. Steve Tinsley, 839-8359, John Hom, 531-6577.  
B & J CUSTOM SPRAYED Acoustical ceiling. Free glitter, free estimates. Have carpeted looking ceilings. 631-2356, 631-2355.  
FORMICA CUSTOM installation. Free estimates. 878-3417.  
CALL DAN FOR BIDS For new construction, home repairs of all kinds. House leveling, dry rot, painting home and industrial. 3 tab roofing, hot tar roofing. 242-0691.  
ADDITIONS, GARAGES, kitchens, rec rooms, sheet rock carpets, doors, windows. 25 years experience, licensed. Schoner Construction. 878-7474.  
BEST PRICE AND QUALITY. rec rooms, baths, and kitchen etc. 839-2262.  
NEW CONSTRUCTION - additions - remodeling. Free estimates. Licensed. Bonded. Frank Heady Construction. 878-2968.  
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TEXTURED CEILINGs TRICO LTD.  
Professional Experienced Occupied home and Remodel Specialists  
Seattle 762-2364 Tacoma 475-8132  
REMODELING All types DAVID M. TAYLOR  
Commercial/Residential Lic. 246-6174  
Call Leon For Bids Additions - Save 50% New Kitchens, appliances wholesale. Roofing, decks, rec rooms, garages, carports, house leveling. 244-1550  
408 Carpentry  
CALDERON'S CARPENTRY - Painting, siding, remodeling Repairs. Free estimates. Licensed, Bonded. 242-4562, 722-6655  
410 Clean, Maintenance  
PROFESSIONAL WINDOW Cleaning 12 years, reasonable. 854-4759.  
CHIMNEY SWEEP AND REPAIR. Call Stephen Barbe, 242-3015 or 242-1823.  
GUTTERS CLEANED, Call Dennis, 854-3266.  
DAVE'S WINDOW Cleaning. Residential, Commercial. 941-2388.  
HOUSECLEANING Professional. Husband-Wife Teams with commercial equipment. Rugs & upholstery steam-cleaned. Walls, windows, floors, ovens, showers, etc. Johnson's, 839-8812 or 282-6166 except Sat.  
GARAGES, BASEMENTS, Attics Cleaned. Cheap rates, 824-4040.  
Call Leon For Bids Additions - Save 50% New kitchens, appliances wholesale. Roofing, decks, rec rooms, garages, carports, house leveling. 244-1550  
MINI MAIDS Residential Cleaning 941-7408 anytime  
KREIN'S HOMECARE Complete house cleaning from top to bottom. One time or regular service by professionals. Rugs and upholstery steam cleaned. No calls on Saturday. We furnish equipment. 839-8899.  
412 Electrical  
ECONOMY ELECTRIC WIRING Commercial, residential repair. Rewire service, old and new. 244-7542 243-4001 24 hour answering service.  
414 Bulldoze, Rototill  
J. D. 450, combination, track loader backhoe. Lots cleared, foundation excavation, ditch work specialty. 243-8304.  
ALL EXCAVATING AND hauling done. Backhoe, loader, dozer, dump trucks. Denny McPhan, 255-0325.  
DIG-IT EXCAVATING, Inc. Land clearing, foundations, roads, bulldozing, site development. 838-3220

**414 Bulldoze, Rototill**  
KEN'S BULLDOZING. Fill dirt & Crushed Rock. 941-2996.  
BULLDOZING, Custom grading and excavating. Roads, yards, driveways, foundations, etc. Quality work at a competitive price. 20 Years experience. Schomburg's Bulldozing. 824-7212.  
KCR BULLDOZING. Land clearing, mobile homes set. 839-1692.  
DIRTY WORK - Dozer, loader, backhoe, dumper - fill dirt, crushed rock. Anything. Free estimates. Low bids. 242-3237.  
GENERAL BULLDOZING Landscaping, clearing, foundations, Backfilling, driveways, etc. Reasonable. 927-8274.  
C.W. OPSTAD, Backhoe Service, Backhoes and dumptrucks, & septic systems. 824-3690.  
WALSH BROS. EXCAVATING  
Land Clearing, mobile home sites, foundations. 255-7162.  
416 Fences  
CEDAR FENCING. Materials only or complete installation. 535-1497.  
B & B FENCING. Wood, chain link, & dog kennels. 4 ft., \$2.90 a foot installed. Free estimates. 838-2535.  
NEED A FENCE? Chainlink or Wood. Call Secoma Fence, 839-8600 or 927-5614. Free Estimates.  
417 Garden, Landscape  
LAWN THATCHING, fertilizer, lime, overseeding. 631-4900.  
GENERAL LANDSCAPING, Sodding, Planting, yard maintenance. By the mo. 42 yrs. experience. 833-8471, evenings.  
RICH VALLEY Top Soil, 8 yds. Delivered. \$60, 863-3757.  
CLEAN FILL dirt wanted, Federal Way Shopping Center. 839-6130.  
HARD WORKING Horticultural does lawn mowing, landscaping, edging, all phases yard maintenance. Quality work. Dependable service, competitive rates. Call Jim, 938-3196.  
FALL GARDENING CHORES! Let us tackle them. Sod laws, mowing, thatching, weeding, leaf clean up, ornamental and fruit tree pruning, landscape design and installation. Call for free estimate. 246-5584.  
LANDSCAPING - TRACTOR Work. Dozing, rockeries, sodding. 922-6024.  
ROBBINS & CO. Excavating contractor. Reliable, reasonable. 244-1023.  
TOP SOIL  
Rich, black (former farm) Plain. 10 yards, \$66.30. Mixed, 10 yards, \$69.65. Tax included. CH2-6295 or 537-3664 (Tacoma).  
MT. VIEW LANDSCAPING  
Excavating - Land Clearing Rockeries, New Lawns - Driveways, Backhoe Loader & Dump Truck - Complete Yard Design.  
No Job Too Big or Small Free Estimates 762-5346  
FOR SALE Railroad Ties T & H TIES CO.  
34720 Pacific Hwy 5 Federal Way 838-1033  
TOP SOIL Picked up or delivered LLOYD'S FEDERAL WAY SAND & GRAVEL  
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MANZO LANDSCAPE PRODUCTS  
SPECIAL FALL PRICES Quality Landscape Bark  
8 yards \$59.50  
10 yards \$67.50  
12 yards \$76.50  
15 yards \$89.50  
Valley Topsoil  
8 yards loam \$53.50  
10 yards loam \$62.50  
Delivered Prices  
Call anytime 623-2266  
D & V LANDSCAPING & CONSTRUCTION  
Specializing in low maintenance yard and remodels. Licensed Bonded. Free estimates. 878-3511 after 6 p.m.  
VALLEY TOPSOIL & DOZING SERVICE  
\*CUSTOM SCREENING  
\*LANDSCAPE MATERIALS  
\*YOU HAUL/W/WE DELIVER  
West Valley Highway between Auburn and Kent 839-4915 939-7631  
FEDERAL WAY LANDSCAPING  
\*Decks, Sod Lawns  
\*Design, Restoration  
\*Custom Roto-Tilling  
\*Complete Landscaping  
\*Rockeries, Retainer Walls  
839-5373  
LANDSCAPE & DESIGN by JOE CAVENDER  
General Landscape & Construction Contractor Complete Landscaping needs. 927-2038 Also, after 6 p.m.

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587 Trainee Jobs  
588 Babysitters  
589 Trades, Labor  
518 Medical, Dental  
511 Maintenance  
514 Sales  
518 Techn., Professional  
512 Miscellaneous Jobs  
535 Employment Agencies

## 502 Jobs Wanted

HOUSE SITTING - we're remodeling our home from Aug. thru Oct. & would like to have someone sit during that period. Working couple with no children. References available. Call 941-7510.

## HOUSE SITTING

Responsible Couple will take care of your house yard, plants, for unlimited time. Local references available. Normalcy days 824-1098, evenings 878-3518.

## 504 Temporary, Part-time

HELP WANTED, Part time, Daytime & nighttime. Apply in person at 119 S.W. 148th Burien Arthur Treachers.

LIKE TO walk in the morning? Why not get paid for it. We need responsible adults for morning drop to door paper delivery in the Des Moines area. Excellent pay, 3 days per week. Prefer persons living in Des Moines area. Call 824-4470, ask for Jay.

## SEATAC AREA MOTEL, requires full time and part time, maids, experienced preferred, \$3.75 an hour, call 244-3551.

## ENTHUSIASTIC and outgoing men and women, 19 years or older, with clean driving record. Part time. Good pay. Inquire at Sea Tac Mall Pizza Haven.

## HELP WANTED part time 4 days a week, 9-5. Receptionist, Typing, 30-50 wpm, accurate, busy telephone. Good Appearance, \$3.25 per hour to start. For Highline Times Newspaper: 242-0100.

## TUKWILA

Robinsons Newspaper Inserting, part time machine work, irregular hours. Ideal for the active retired person. Apply in person Mon. & Fri. 1:00 p.m. at 18215 Andover Park West, Tukwila WA

## Live better-feel better-LIFE WORK THE NEO LIFE WAY

Nutrition Aids Nest Foods Full or Part time distributorships Free Training Classes 838-3859

## ADULT CARRIERS WANTED

Deliver the Highline Times, part time on Wednesdays and Saturdays. Good pay plus mileage. Call 787-3900 to apply.

## RECEPTIONIST PART TIME

\$5.00 hour to start, 4 hours a day, the employer pays the fee for the right person. Call 248-1806 or drop by at 236 S.W. 153rd Placements.

## COOK

Experienced broiler cook, references, 838-0664, Diana.

## CABIN FEVER?

Want to get out of the house a few hrs a day? Why not join us at the Tukwila, as a Waitress or Hostess. 248-2663.

## ASSISTANT MANAGER Auburn Brown Bear Car Wash

1501 Auburn, Way North Needs assistant manager, for car wash and gas pump attendants. Some days and some night shifts, phone E. McElhenny 939-0880, E.O.E.

## SEWING FACTORY

Cascade West Sportswear has openings for experienced industrial sewers. We sew the same type of work all year on new machines in our air conditioned factory. Call us in Puyallup at 845-7549 for our unique pay and benefit plan.

## WAREHOUSE \$9400

Earn while you learn and keep in shape! Hurry! Call Joyce, Burien Snelling & Snelling Personnel.

## SEATAC INT'L AIRPORT

Part time openings for pre-departure screeners. Housewives, retired persons. Medium size machine shop for weekends. This is a minimum wage position. Apply Tuesdays, Friday, 9-4, 542-Industry Drive, Southcenter, E.O.E.

## 504 Temporary, Part-time

EARLY CHRISTMAS Shoppers. Need extra money? Good extra income available working as Arway Distributor a few hours per day. For appointment phone 839-9439.

POSITION OPENED for hairdresser, at our Federal Way Salon, paid medical and dental insurance, call 927-1600.

DISHWASHER part time full time, apply in person Filiberto Restaurant, 248-1944.

BARTENDER PART TIME, night shift, Filiberto 248-1944.

COOKS helper, dishwasher, for afternoon shift, apply in person 21202 Pacific Highway S.

COUNTER PERSON wanted, 18 & over, part time, 878-8140.

PART TIME Receptionist, \$3.50 an hour, easy access bus or car, Apply by 10 a.m. Lela, Acme Personnel Service, Kent Meeker Mall, 854-2820.

COOK FOR Pink Tower Day Care, Federal Way, 10:30 to 2:30, 941-7245.

LEARN BAKING, food preparation, 5 a.m. to 1 p.m. Monday through Friday, experience not necessary, The Kerner Kitchen, 15225 1st Ave. S.

EXPERIENCED PART TIME, Cocktail Server, must have good references. Apply in person Fogueter Restaurant, Federal Way.

## PART TIME TELLER

Saturday and vacation relief Federal Way area, Prudential Mutual Savings Bank, Mrs. Purgaley, 382-7537.

## E.O.E. M/F

## 506 Domestic Jobs

EXPERIENCED housekeeper let me clean your house for you, 242-0867.

SCHICK SHADEL Hospital needs full time housekeeping help, 12101 Ambaum Blvd. S.W. Phone 244-8100.

## HOUSEKEEPERS

Openings now available, full time-day shift. Contact Jerry Heeden, Glen Terrace Nursing Center, 10344 14th Ave. S., Seattle. 762-8481 E.O.E.

## 507 Trainee Jobs

PART TIME Office/Sales trainee; also typesetting trainee. Southend Printers, Box 68340, Seattle, 98188.

MANAGER TRAINEE, consumer finance, requires ability with figures & considerable contact with the public. Job offers variety & challenge. Salary plus benefits. 244-5992.

COMPUTER MACHINE TRAINEE \$850. FEE PAID. P.M. shift. See, Acme Personnel Service, 1410 S. 320th St. Federal Way, 941-0300.

CLERICAL TRAINEE \$550. No exp. needed, will consider you to work person. Call Gertra at Acme Personnel Service, Kent Meeker Mall, 854-2820.

WELDER MACHINIST Trainee. Possible permanent position. Experience not necessary. Apply at 631 S. 96th St.

## 508 Babysitters

BABYSITTING my home, Twin Lakes, Bridgdon area. Infants welcome. 927-9629.

MATURE LOVING babysitter needed 3-6 pm, for 2 school age children in Normandy Park, 941-4792 days, 242-8013 after 6.

RELIABLE BABYSITTER Wanted, Daily, 6 a.m. to 4:30 p.m., 1 child, Five Mile Lake area. Prefer my home, \$50 per week, 833-3545.

SITTER NEEDED my home, for 9 month infant, light house keeping, own car, references please, \$75 per week, 838-3154.

BABYSITTING, my home any age, reliable and experienced reasonable. Twin Lakes, 838-5213.

BABYSITTING NEEDED, Woodmont District, 6 a.m. to 11 a.m. Tuesday through Friday, your home or mine, 941-0914, after 3 p.m.

LOVING WOMAN to care for 18 month old twins & 4 yr. old. Our Home, thru Fri. 8-5. Des Moines area. Must drive, lovely family. Need immediately, 824-4771.

## 509 Trades-Labor

FULL TIME Service Station Attendant wanted, Apply ARCO, 15th SW & SW Roxbury.

IMMEDIATE FULL and part time positions available on all shifts in the Bellevue, Kent, Renton, Snoqualmie, and Seattle areas. No exp. necessary, all uniforms and equipment furnished at no cost. Competitive wages, major medical and life insurance, paid vacation, and rapid advancement potential. Apply in person at Burns International Security Services Inc. Seattle or call 682-2306, E.O.E.

HOSTESS, NIGHTS, Apply in person, Diamond Jim's, Federal Way, 1616 So. 325th.

PAINTER-WANTED, Call Evenings or weekends 839-0868.

PRODUCTION WORKERS needed, no experience necessary, apply at 5438 S. 228th Kent, WA.

HELP WANTED to do gas piping and duct work. Prefer experience, 248-2333.

## COOK

Experienced broiler cook, references, 838-0664, Diana.

## CABIN FEVER?

Want to get out of the house a few hrs a day? Why not join us at the Tukwila, as a Waitress or Hostess. 248-2663.

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1501 Auburn, Way North Needs assistant manager, for car wash and gas pump attendants. Some days and some night shifts, phone E. McElhenny 939-0880, E.O.E.

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## SEATAC INT'L AIRPORT

Part time openings for pre-departure screeners. Housewives, retired persons. Medium size machine shop for weekends. This is a minimum wage position. Apply Tuesdays, Friday, 9-4, 542-Industry Drive, Southcenter, E.O.E.

## 509 Trades-Labor

FULL AND PART Time help wanted. Apply in person between 9 a.m. and 1 p.m. Burien Arco 148th & 1st.

RESTAURANT NEEDS utility persons, exp. cooks, waitpersons, able to work morning or graveyard shifts. High pay, good benefits. Healthy insurance & vacation. Apply in person Vip's Restaurant, 5700 Southcenter Blvd, Tukwila.

EXPERIENCED HOUSE Cleaner wanted. Part or full time, \$4.00 per hour to start. 244-5788.

ROOFERS HELPER, will train \$4 an hour, over 18. Call before 9 p.m. 878-2105.

GODFATHER'S PIZZA, Accepting applications for day time counter person. Must be 21, exc. working conditions and opportunity to advance within fast growing company. Apply in person at 2120 S. 320th. (Jafco Plaza) Federal Way.

LUNCH COOKS, Experience necessary, shift Mon.-Fri., start date, immediately. Apply within Key Restaurant, 32724 Pacific Hwy. S. 24 Mon.-Fri. E.O.E.

PIZZA HUT is looking for full and part time cooks, waiters, & waitresses. Flexible hours. Apply at 32521 Pacific Hwy. S. Federal Way, 28815 S. Military Rd., or 23241 Pacific Hwy. S. Kent, E.O.E.

LOT MAN Des Moines area, experienced preferred, 824-2422, 22441 Pacific Highway S. 98188.

BUS PERSON, 5 days, apply in person, Diamond Jim's Federal Way.

YOUNG AGGRESSIVE individual to work in wire rope fabrication shop. Experience preferred but will train. Full time, 762-3700.

MATURE CASHIER Needed, experience necessary. Full time. Apply in person, ask for Alice or Gail, Wilson's House of Suede & Leather, SeaTac Mall.

DISHWASHER/UTILITY Person. Expanded duties with opportunity to learn and advance. Excellent hours, Mon. - Fri. 9 a.m. to 5 p.m. Call 852-6270 for interviews.

EXPERIENCED Drapery Seamstress, at Designer's Draperies 9134 E. Marginal Way, S. 762-4782.

PART TIME (days) press person, 3 years A.B. Dick experience, 248-1700 between 3 and 4 p.m.

COCKTAIL WAITRESS with bartending experience, call for interview, Block House Restaurant, 878-2727.

PART TIME bindery person for printing company, will train flexible hours, \$3.50 an hour, 248-1700 between 3 and 4.

FULL TIME help needed Marhant Dairy Queen, 17827 1st Ave. S.

KITCHEN HELP, Jack's Deli, Des Moines. Hours 9 a.m. to 2 p.m. Mon. thru Fri. 824-2833.

SOUTHCENTER Turkey House, now accepting applications for all positions, under new ownership, E.O.E.

PORTER DISHWASHERS & Port-washers needed for Boeing plant II cafeteria. To apply call Marlene 773-0510.

## FORKLIFT OPERATOR TRNLEE

\$737 month to start, no experience necessary, South end street, Call 248-1806 or drop by at 236 S.W. 153rd Placements.

## AUTO PARTS TRNE

Super beginning job for the bright beginner. \$693 month plus excellent advancement potential. Call 248-1806 or drop by at 236 S.W. 153rd Placements.

## MECHANIC

\$1692 month to start in this south end union shop. Must have knowledge of fabrication. Call 248-1806 or drop by at 236 S.W. 153rd Placements.

## HELP WANTED

Expansion in electric industrial furnace manufacturing & research needed.

ELECTRICIAN/ELECTRICAL ENGINEER for experimental work. Must have practical exp. connecting single/three phase transformers & control instruments plus at least 1 yr electrical engineering study or equal. Theoretical not required. Interesting & varied work, opportunity to grow in capability. BUSINESS MANAGER. Must have 3 yrs successful exp. in small industrial business office. Comprehensive work including export shipping, personnel, business planning & strategy advising. Ideal place to grow in business stature.

MECHANIC/MACHINIST, Medium size machine shop for prototype & production furnaces. MECHANICAL ENGINEER, including practical shop work on prototypes of equipment just designed.

CHEMICAL TECHNICIAN, junior or intermediate. Good grade in at least high school chemistry & physics, plus aptitude & energy to learn more about glass technology, metallurgy & chemical test methods. Send resume first & we will then arrange for interview.

PENBERTH ELECTROMELT CO., South Park Dist. No traffic problems. 631 So. 96th St., Seattle, WA 98108

## SEWING FACTORY

522 Miscellaneous Jobs

ASSISTANT To help teacher in care of elementary age children. 7 a.m. to 9 a.m. More hours possible. \$2.90 hourly. West Seattle Y.W.C.A. program. 935-6770.

FLORAL Designer. Must have exp. in all phases of floral work. Full & part time. Apply Burien Floral, 646-5W 152nd.

LOOK NO further if you are a mother or housewife who wants a profitable part time position. We have it. No obligation. For personal interview 762-2866 or 762-8364 or 722-2283.

RECEIVE free toys and gifts! Have toy party! Fun rater programs available also. 839-1931.

NEED IMMEDIATELY 3 typists to work in local area newspaper. Swing shift and graveyard hours available. Apply in person at 10033 13th S.W., White Center. TFN

MECHANICS, Heavy Equipment Operators & Medical Training available to qualified High School students & grads. Call 839-6900. WA. ARMY NAT'L GUARD.

AUDITIONS in October for regular and substitute soloist and organist for Christian Science Church, Auburn. 839-4405, 833-9111 extension 225.

DELIVERY, LIGHT Radio station promotion needs drivers for Bellevue, Renton, Kirkland areas. Must have economy car, be neat, fast, & able to read a map. Make from \$30 to \$60 a day. Apply Mon. Through Sat. 9 to 9, 15203 Military Rd. South.

RESIDENCE COUNSELOR, with Youth Services Agency Foster Home. Must be King County C.E.T.A. eligible. Submit resume to Youth Advocates, 2317 East 19th St. Seattle WA 98112. 322-7838.

FINANCIAL 800 Mortgage Wanted 812 Money Loan 812 Insurance 814 Investments 820 Bus. Opportunity 822 Bus. Opportunities

622 Bus. Opportunities ALOE VERA products earning opportunity buy/sell 838-4589. EARNING OPPORTUNITY \$6.00 to \$8.00 per hour. Car and phone necessary. Fuller Brush, 248-1747.

AMWAY DISTRIBUTOR is helping many people earn money working 2-4 hours a day. We can help you. For interview, call 226-6217.

MEN & WOMEN Make \$1300 a mo. with the best Aloe Vera Cosmetic Line. Get in on the ground floor. Come to our Oct. 16 Sales Meeting at Royal Park Restaurant 7 p.m. to 9:30 p.m. 31845 Pacific Hwy. S. Federal Way.

HAVE A HIGHLY Profitable and beautiful Jean Shop of your own. Featuring the latest in Jeans, Denims and Sportswear. \$15,500 includes beginning inventory, fixtures and training. You may have your store open in as little as 15 days. Call anytime for Mr. Laughlin (612) 835-1304.

MERCHANDISE 708 Office Equip. Supply 710 Auctions 712 Antiques 714 Flea Markets 716 Garage Sales 718 Shows/Fairs 720 Wanted To Buy 722 Food 724 Plants, Supplies 726 Fuel, Heating 728 Home Crafts 730 Sporting Goods 732 Hobbies, Crafts 734 Musical Instruments 736 Stereo TV, Radio 738 Appliances 740 Building Materials 742 Machinery, Tools 744 Miscellaneous 746 Merchandise Rentals 748 Kids Ads.

710 Auctions SECOMA AUCTION Every Friday 7 p.m. 838-0231. We buy or sell on consignment. 34233 Pacific Hwy. S. Federal Way.

712 Antiques ANTIQUE ARTISAN Collectibles, glass, ref. 839-5030.

716 Garage Sales MOVING SALE, furniture, plants, etc. 4231 S.W. 314. morning.

NEW FIREPLACE, ski equipment, bed, chest, toys, games, clothes and misc. Fri., Sat., Sun. 10:5. Dash Point Rd. to 44th. Road signs to 4450 S.W. 313th.

GIGANTIC BLOCK SALE, On Oct. 12, 13, & 14. From 9 a.m. to 5 p.m. S. 183rd Seattle.

GARAGE SALE, Saturday and Sunday 10-6, glass ware, toys, clothing, books, etc., 13608 28th Pl. S.

GARAGE SALE, 11242 S. Sat., & Sun. Oct. 13, 14.

LARGE VARIETY from dimes to dollars. Some things old, some things new. There is sure to be something for you. Fri., Sat., Sun. Oct. 12, 13, 14. 10 a.m. to 6 p.m. 37255 188th Pl.

ESTATE SALE, 13 and 14th, 10 a.m. to 5 p.m., no prior sales, Edison phonograph and records, music boxes, and tools, 13745 34th Ave. S. Seattle.

MOVING SALE, Twin Lakes, Fri., Sat., October 12, 13, 104. Twin bedspreads, hanging lamps, drapes, pottery, glassware, fine crystal, Queen mattress set, towels, variety. West on 320th, left on S.W. 323rd, right on 29th to 2804 S.W. 324th Pl.

APARTMENT SALE, double bed, dresser, dinette set, dishes, living room furniture, lamps, bedspread & misc. 2132 Collier on Apt. 302, Thurs 9-3.

EVERYTHING GOES SALE Starts Oct. 12 - 7 Furniture, sick room equipment, 1976 Honda ATC-bored 110ccs work. New guitar, women's clothes large sizes 40-50, misc. 2666 So. 298th. 941-0194.

3 family garage sale, Avon collection, Oct 12th, 13th, 14th, 10:5-3:14 S. 184th St. Seattle. Oct. 12 & 13th, 10-4, 2129 S.W. 170th.

MINNOKOTA CRUISING CLUB Annual Garage Sale, high quality items, bargain prices, 18585 Marine View Dr. S.W. Saturday and Sunday Oct. 13th and 14th.

SUPER RUMMAGE sale, super buys, Crown Chapter Eastern Star. Fri. Oct. 12th 9:30 a.m. - 4 p.m. Sat. Oct. 13th 9:30 a.m. - 3 p.m. White Center Field House. Corner 102nd & 14th S.W.

Garage Sales

2 power mowers, edger, 10 speed bike, dryers, steno-type machine, instruction course incl. house hold items, clothes, fridge, Saturday 10 a.m. to 6 p.m., Twin Lakes 319th and 42nd Ave. S.W.

REMODELING SALE, Sofa, tables, card table & chairs. etc. 244-3300 or 243-8782.

GARAGE SALE, garden tools, fireplace wood, dishes, clothing, misc., Saturday Oct. 12th, 10-6 p.m., 2016 S. 301st Pl.

GARAGE SALE KITS Available at local offices of the Federal Way News, Highline Times and Des Moines News. Garage Sale Kits are free when you place a garage sale ad. If you want your kit before writing on the ad, pay \$3.00 (plus tax) for the kit at the local office and tell the advisor your receipt number when you place the ad. The cost of the kit will be deducted from the total price of the ad. These kits sell for \$3 (plus tax) without a classified ad in Robinson Newspapers.

EVERYTHING GOES GARAGE SALE Furniture, appliances, carpet, clothing, bedding, kitchen, bath and furniture, everything from soups to nuts, from 4,000 sq. ft. home, Johnathon's Storage, Unit No. 33, 32615 Pacific Highway South, Federal Way, 8 a.m. to 8 p.m. Sunday Oct. 7 through Sunday Oct. 14.

720 Wanted To Buy CLASS Rings, gold pieces, 64 & older, silver coins, 226-4171.

WANTED: CLASS rings any condition. Will pay up to \$15 mens, \$8 womens. Free pickup, 722-5199.

WANTED: KUSAK Crystal Water Goblet - Thistle pattern, 242-6415.

WANTED 3 or 5 speed Raleigh or Schwinn mens bicycle, good condition, days 938-5475 even. 937-6274.

WANTED - Kusak Crystal Water Goblet - Thistle pattern, 242-6415.

722 Food APPLES, RED DELICIOUS, GOLDENS, JONATHANS \$8.50 BUSHEL BOX 244-7165.

NUTRITION Nutrition Aids rest Foods full or part time food distributors, or for own health.

NEW LIFE PRODUCTS 838-3859

724 Plants, Supplies RICH VALLEY Top Soil, 8 yds. Delivered \$60. 863-3757.

LARGE BEAUTIFUL Jade plant for sale 243-4050, \$35.

728 Fuel, Heating ALDER FIREWOOD, split, delivered \$80 full cord, 432-1116.

ALDER \$75 a cord, fast delivery, dry wood available, 833-0312.

ALDER WOOD for sale. Call 824-1699.

KILN DRY Plyer ends, 2 1/2 cords, delivered \$55. 927-4260. Call anytime.

CENTENNIAL WOOD Stove, list for \$469, paid \$350. Sell for \$200. 246-7153.

APPROX. 2 cord load plyer ends, kiln dried. \$50. 833-1532.

FREE U-CUT, 4 tall trees, 2 firs. 2 alders. Federal Way, 952-3676.

A-1 FIREWOOD Best in area, \$70 per cord, delivered. 838-4948.

732 Hobbies, Crafts LEADED Stain Glass classes. Beginning & Advanced. Stain Glass Art & Supply, 242-2860.

CRAFTSMAN & HOBBYISTS Rent Space at Adelphi School. Carnival to sell your items. Call 927-6351 or 838-3638.

740 Sporting Goods #2 3's, 200 c.m. like new. Allspg Bindings. \$100. 243-2427 or 243-2428.

744 Musical Instruments WURLITZER Electric Organ, good condition, with external Leslie, \$950. 244-7503.

12 String Yamaha Guitar, used 6 times. Comes with case, colorful strap, picks and tools. New \$275, an selling for closest offer to \$200. 839-0700 or 848-4065, ask Dick Foster, if not in-leave message 181 call back. First come, first serve.

PIANO TUNING AND REPAIR. ING. Call David Athearn, 248-0265. Member Piano Technicians Guild.

A BRIGHT PIANO, \$150. 927-4633.

KINGS CLEVELAND trumpet & case \$125. Call 838-4840 ask for sale.

FOR SALE full size Cello bow & case \$500. Burdy student flute. good condition \$125. 244-0592 evenings.

USED PIANOS Upright \$499 Console \$999 Grand \$1899 Sherman Clay 2604 So 38th. 473-0700

746 Stereo, TV, Radio 19 INCH GE COLOR TV \$10 down \$17 per month. 939-2694 Dealer.

AM/FM 8 track stereo system with turntable. Pay off balance of \$95. 939-2694 Dealer.

Tape Recorder, used once. Moving RCA - Records Up to 4 hours at a time, while you are gone. 367-3498, 365-3883. Carol.

ZENITH 25" color TV, console combination, AM/FM radio and record player, \$250. 244-5470.

STEREO COMPONENT Someone to make the 6 payments of \$19 or \$114 cash for our 8 piece component stereo system. Garrard diamond stylus 4 speed automatic record changer with dust cover and Bose AM/FM solid state stereo receiver. 8 track tape recorder and cassette, pair of large walnut speakers, and headphones, practically new. 682-2115 Credit Dept.

746 Stereo, TV, Radio

4 CHANNEL Pioneer Decored Amplifier, \$50 w/amp on channel. Q1600A. 415 941-0814 evenings after 6 p.m.

RCA 19 in. remote control color TV, less than 1 year old, best offer. 839-6737.

LIKE NEW MAGNAVOX CONSOLE COLOR TV Repressed 25 inch console TV, beautiful wood cabinet, on casters. Under warranty. Original price \$849 or pay balance owing \$346 or make payments of \$14 per month. Call Credit Dept. between 10 a.m.-9 p.m. 244-6966.

PANASONIC GARRARD STEREO Repressed stereo system includes AM/FM Stereo Receiver, Deluxe Garrard 4-speed turntable with diamond dust cover. Also includes 8 track tape player plus two solid wood bass reflex speakers. Under full warranty. Pay \$116 cash or make payments of \$9 per month. Call Credit Dept. between 10 a.m.-9 p.m. 244-6966.

750 Appliances HOTPOINT DRYER, working condition. 838-4179.

KENMORE REFRIGERATOR, 3 yrs. old, exc. cond. \$275 or offer 927-2914 or 939-7211.

USED Washers and Dryers. Some with new warranty. From \$10 down. \$12 per month. Dealer 939-2694.

RECONDITIONED FREEZER, Under warranty. \$10 down \$12 per month. 939-2694 Dealer.

DELUXE SELF-CLEANING GE range. \$10 down \$19 per month. 939-2694 Dealer.

NORGE AUTOMATIC Built-in Dishwasher, approximately 5 yrs. old. Color brown. 240-0536. 852-5983.

DELUXE 40 INCH Frigidare Stove, \$100. Excellent condition. 852-5983.

KENMORE WASHER \$75. Dryer \$75. Good condition. 246-5579.

LEASE WITH OPTION T.V., and appliance. Low as \$12 month. Federal Way Home Appliances. 941-4522.

WILL BUY REPAIRABLE Kenmore Washers and dryers. 246-5599.

REFRIGERATOR, RANGE, Washer & Dryer. Reasonable, can deliver. Lee's, 244-1381.

FROST FREE GE refrigerator \$10 down \$15 per month. Dealer 939-2694.

REPOSESSED SHARP MICROWAVE OVEN Large capacity, deluxe model with stainless interior and famous carousel. This oven has been used 1 year and is in excellent condition. UNDER WARRANTY. Originally \$489.95 you only pay balance owing \$278 monthly or make payments of \$16. Call Credit Dept. between 10 a.m. and 9 p.m. 244-6966.

SEARS HEAVY DUTY WASHER & DRYER Responsible party to take over payments on Kenmore deluxe heavy duty washer & dryer set. It's a large capacity 18 lb. washer and dryer including normal and permanent press cycles. Set only 6 mos. old, under warranty. You take over payments of \$14 mo. or pay off contract of \$342. Call Credit Dept. between 10 a.m.-9 p.m. 244-6966.

REPOSESSED FREEZER Responsible party wanted to take over balance owing on a 19 cu. ft. white, upright Whirlpool Freezer. It's only 1 mo. old, under warranty. Cost \$469.95. You either pay off contract in full of \$234 or make the balance of payments of \$14 per month. Call Credit Dept. between 10 a.m.-9 p.m. 244-6966.

752 Furniture AVACADO GREEN Valvet swivel rocking chairs, 2 years old. \$225. 941-1073.

WATER BED, like new mattress linen, head board, frame, and pedestal \$169. 838-3047.

CUSTOM ROMAN and Austrian shades, large fabric selection. The Quilting Patch. 762-1119.

7 FOOT SOFA, \$235. Call 927-6727.

ROYAL BLUE living room ensemble. Couch, loveseat, chair, coffee table and end table. All pieces \$300. 839-0426.

STURDY GREEN Hide-a-bed. Exc. to recover, must sell, \$65. 952-4695.

G.E. PORTABLE Dishwasher. Like new, for \$100. 246-9386.

DINING ROOM set, French Provincial, fruitwood, four cane back upholstered chairs, lighted ching cabinet, \$1000 when new one year ago. Best offer. 244-1915.

FURNITURE FROM 1 bedroom apt. Bedroom, dining room & living room. \$150 for all. 839-3840.

LOVELY MAPLE dinette table with 4 chairs. \$295. 824-2439.

QUALITY FURNITURE, couch, Dresser Queen Ann chairs, desk, bedroom suite, other items. Everything like new. Excellent buy. 852-8545.

MATCHING COUCH & chair. Good condition \$150 best offer. 927-9018.

EARLY AMERICAN dining room set, 8 piece including china hutch, solid oak, coffee & end tables. Cedar chest by Lane, English tea cart, 1/2 hp. electric motor. All excellent condition. 878-1204.

754 Building Materials CONTRACTOR HAS beautiful solid vinyl siding left from large job. 3 colors, insulated, installation & financing available. 839-7330, Mr. Stone.

756 Machiney, Tools 10 in. RADIAL ARM saw, Sears, cabinet, casters, drawer, dust catcher, \$275. 839-6137.

760 Miscellaneous HEARING AIDS. Used with warranty. Call Mr. Wall, 284-4628.

INSTANT CASH. TOP PRICES FOR - Mfg. Builds solid oak. Buy direct and save \$ Dart boards. Furniture-Antiques-Tools & Collectibles. Don't give it away. CALL US! 246-9151 941-5699

760 Miscellaneous

SHAKLEE QUALITY PRODUCTS, food supplies, drop mat delivery. 242-5658.

DRAPES, DRAPES, DRAPES. Manufacturer has many unclaimed custom made draperies. End of roll, mismatched, etc. Great Bargains. 226-5920 852-2161.

NEED YOUR Driveways repaired? We have crushed driveway rock. U Haul or haul. Weekdays 8-5 and Saturday 9-noon. 839-7666 or 927-0416.

SHOFF'S Coins Trade, Buy, Sell. 406 W. Meeker St. 852-4796.

THE EZRA MEEKER Coin Club will hold their 14th Annual Coin Show, on Oct. 13th, 14th, at Iron Gate Restaurant, 8212 River Rd. East, Puyallup, open Saturday 10-9, Sunday 10-6, Displays, buying, selling and free admission.

ALUMINIUM FRAME windows with screens, all sizes, good cond. garage door, alum with hardware, standard single, make offer. 854-1678.

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- Recipes must be complete to be considered.
- In case of identical entries, only the first received will be allowed.
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- Entry blanks must be complete to be considered. Be particularly careful to indicate the category. Categories are: Main Dishes, Salads/Vegetables, Breads & Pastries, Casseroles, Desserts & Miscellaneous.
- Three finalists in each category, from each of the three newspaper districts will be selected. They will participate in a Nov. 3 Taste-Off where three grand prize winners will be chosen by a panel of judges. All decisions will be final.
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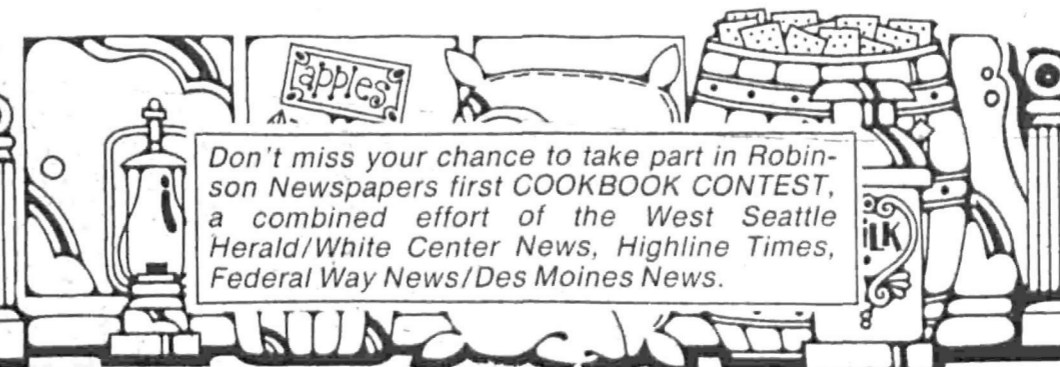
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Ingredients

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Directions

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# From Greece with love

Photos and text by Sandra Thew



Nitsa Diamond shuns the quick, convenient appliances in preference to the "old ways."

"Modern appliances such as food processors and blenders do not allow the cook to get a hand in the creation," said Mrs. Diamond speaking with a Greek flavored accent. "The old ways allow you to create texture since you are working with your hands."

Mrs. Diamond gives a little bit of herself to her cooking each time she prepares a meal. The art of the Greek cuisine is like child's play to her, since she has been cooking from the day she "could stand on a stool and stir the pot."

The Zenith cook will be sharing her "old world" fillo pastry recipes at St. Demetrios Greek Orthodox Church Festival's cooking classes Saturday.

Sitting in her attractive Marine View Drive home, overlooking the Puget Sound, the hospitable cook served a traditional cup of rich Greek coffee and Triopitakia. "These are little cheese pies made with fillo, a flaky pastry and feta cheese," she said.

A versatile pastry, fillo can be used for hors d'oeuvres. Or, by combining different fillings, such as spinach, it can make a main or side dish, Spanakopita.

In Greece, Mrs. Diamond said the women would spend hours making the light, delicate

pastry. However, bowing to modern convenience, she prefers to buy the prepared packaged fillo from the delicatessen.

When Mrs. Diamond left Greece 22 years ago, her mother gave her a family cookbook filled with more than 132 recipes collected by her grandmother. "Now I am transcribing the Greek into English and I will someday publish the cookbook," she said. Both of her daughters are interested in cooking and one is helping her write the book.

While reading through the old cookbook, Mrs. Diamond said her grandmother included many helpful hints for creating tasty foods. She compared her grandmother's hidden secrets to the modern cookbooks, and found these personal touches lacking in the new publications.

"She would list the ingredients, but not the amounts," Mrs. Diamond said describing the quaint recipes. She notes her grandmother never included exact amounts and times. "They were always 'about,'" she said.

The old world cooks had a special knowledge about their ingredients. Mrs. Diamond says points out that this is one the most important aspects to cooking.

"You have to know what your ingredients will do when you use them," she said. In addition,

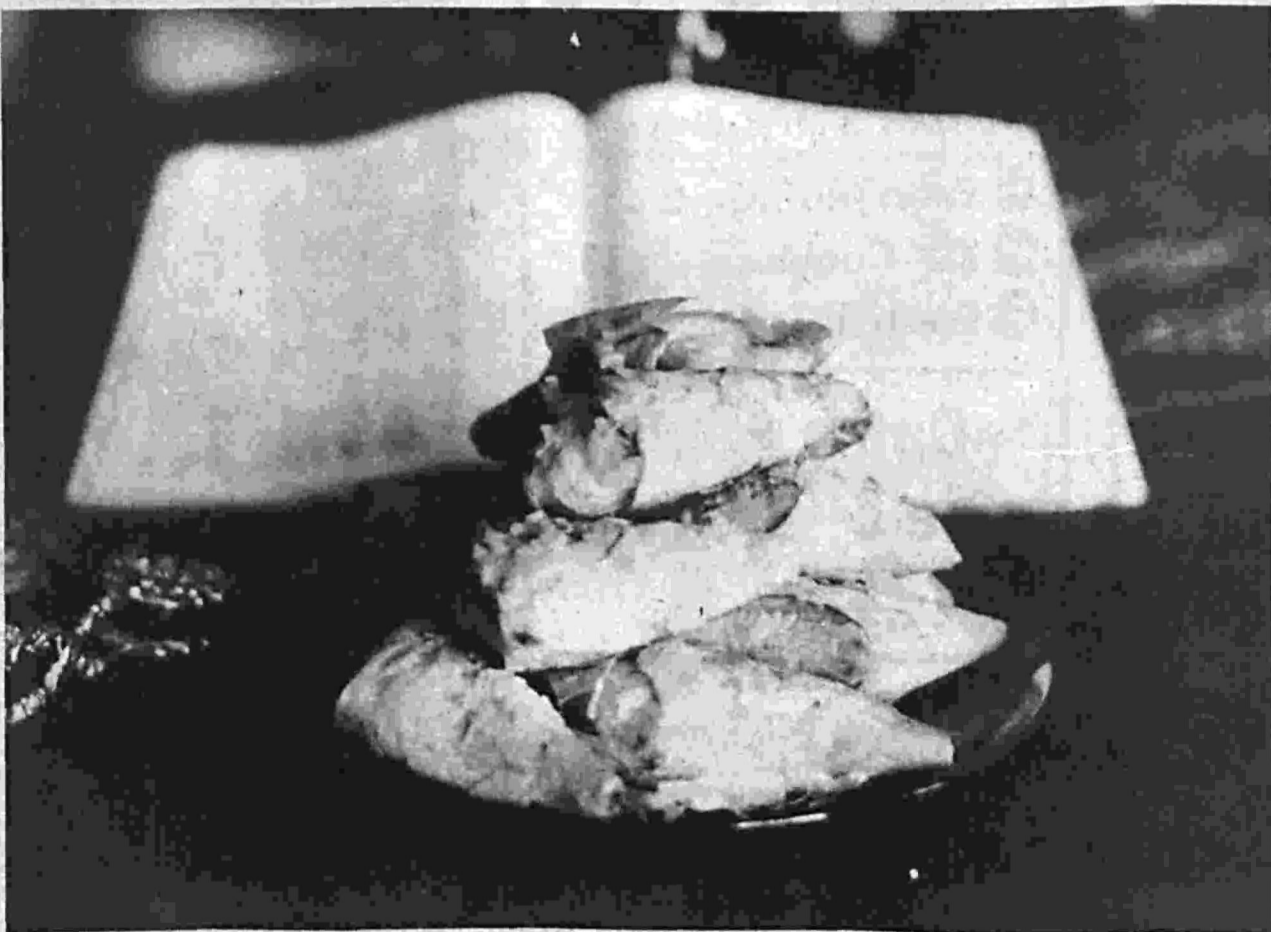
cooking can not be exact. I'm always adjusting the cooking temperature. She tells her daughters and cooking students that the only way to learn how to cook is to watch and take notes this way they will pick up the special touches.

Although Greek food is beautiful and delicious, it has its backs — expense and time. It takes time to create the rich foods and many of the ingredients are expensive, she said. She estimates that one piece of Baklava may cost 70 cents because of all the ingredients: walnuts, fillo, butter sugar and cinnamon.

"For those watching their weight and health, the food can't be eaten all the time," she said. To get around those problems she has learned to use substitutes and prepares the rich treats only for special occasions.

Sometimes cooking everyday meals can be uninspiring, but when it comes to preparing a special meal and setting a pretty table, Mrs. Diamond puts her best effort and love into the culinary creation.

"My mother taught me to pamper the food. Cooking is time consuming because you are constantly working with it and watching it. When I cook I put a little bit of myself into it and love it."



### TIROPIITAKIA (little cheese pies)

- 1 package fillo
- ½ pound butter
- 1 pound feta cheese
- 1 pint small curd cottage cheese
- 5 to 6 eggs
- Salt and pepper to taste

Take one individual sheet of fillo pastry, fold in half and butter with brush. Fold lengthwise two more times while buttering tops each time.

Crumble feta cheese and combine with cottage cheese, eggs, salt and pepper. Drop spoonful of mixture onto end of fillo pastry then fold pastry into series of triangles "like folding paper boats."

Brush butter on tops and bake in preheated 350-degree oven for 20 to 30 minutes, until lightly golden brown. Serve immediately.

Note: Can be made ahead and stored in freezer. Do not bake or brush with butter until ready to serve.

### SPANAKOPITA

- 4 bunches green onions
- ½ cup oil
- 4 bunches spinach, cleaned and chopped
- 1 pound feta cheese
- 6 eggs
- 1 package fillo
- Butter

Saute onions in oil, then toss chopped spinach with onions. Let mixture cool. Crumble cheese, and beat eggs, combine in bowl with onion and spinach mixture.

Butter 13-by-9-by-2-inch pan. Place one fillo pastry sheet flat in pan covering bottom and sides to hold in spinach mixture.

Place one-half package of fillo in pan (buttering each layer). Spread spinach mixture on top and cover with remaining fillo pastry. For serving slices, cut first two layers of fillo only. Bake in preheated 350 degree oven for 45 minutes.

### BAKLAVA (Yield: 40 diamonds)

- 1 pound butter, clarified
- 1 package fillo
- 4 cups walnuts, finely ground
- ½ cup sugar
- 2 tablespoons cinnamon

Butter 13-by-9-by-2 inch pan with clarified butter. Place five sheets of fillo pastry on pan bottom. (Buttering each layer). Combine walnuts, sugar, and cinnamon. Spread portion of mixture one-fourth-inch thick on pastry; cover with two pieces of pastry. Repeat process. Top with five more sheets of pastry.

Cut pastry into diamond shape pieces, and bake in preheated 300-degree oven for 90 minutes.

### SYRUP

- 2 cups sugar
- 1 cup water
- 1 tablespoon lemon juice
- 2 to 3 cloves
- 1 stick cinnamon

Combine ingredients and boil for 15 minutes. Let cool until mixture is warm then pour over top of pastry and let cool.

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 Large Size, Glad 15 ct.

**Duraflame III** . . . Logs, Each **\$1.09**  
**Duraflame II** . . . Logs, Each **99¢**  
**LAWRY'S BEEF STEW Seasoning** . . . 1.625 oz. **39¢**  
**BROWN GRAVY Mix** . . . . . Lawry's, 1 oz. **33¢**

- Because of staffing limitations, some fresh meat items in this ad may not be available on Sunday.
- |   |   |
|---|---|
| <b>Pork Loin End Rst.</b> . . . 3 to 4 lbs., lb. <b>\$1.19</b>              | <b>PAPA PIETROS Sausage</b> . . . . . Lennox, lb. <b>\$1.79</b> |
| <b>Cut-up Fryers</b> . . . . . Wash, Growns or Fryer N Half, lb. <b>69¢</b> | <b>Pork Loin Chops</b> . . . . . lb. <b>\$1.59</b>              |
| <b>COUNTRY STYLE Spareribs</b> . . . . . Midwest Pork, lb. <b>\$1.29</b>    | <b>Beef Stew Meat</b> . . . . . lb. <b>\$1.69</b>               |



**Corned Beef Brisket**  
 Safeway or Hygrade lb.  
**\$1.79**



**Pork Rib Chops**  
 From 14-17 lb. Loins lb.  
**\$1.29**

**Bacon, Sliced** 2-lb. **99¢**  
 Rath Black Hawk 1-lb. **\$1.97**

**Beef Top Round** . . . . . Whole, Bulk Pack 18-22 lbs., U.S.D.A. Choice, lb. **\$1.89**

**Bake Shop**

**OLD FASHIONED Crunchy Donuts**  
**8** For **\$1**  
 SUPER SAVER

*At Stores With Bakeries Only*  
 For Special Orders Call 839-0882 Century City Only

**Bran Muffins** 6 For **\$1.29**  
**CHOC. CHIP Cookies** . . . . . Dozen **\$1.19**  
**Fresh Bread** . . . . . Swedish Bay, 24 oz. **89¢**

**Dutch Apple Pie 8"** **\$1.89**  
 Freshly Baked SUPER SAVER

**Peanut Butter**  
 NuMade  
**99¢**  
 18 oz.  
 SUPER SAVER

**Refrigerated Foods**

**Lucerne Yogurt**  
 All Styles  
**4** 8 oz. **\$1**  
 SUPER SAVER

**Autumn NATURAL MARGARINE**  
 1-lb. **69¢**  
 SUPER SAVER

**GOURMET TURKEY ITEMS**

**Smoked Breast** **\$2.98**  
 Rich's, Chunk . . . . . lb.

**BBQ Turkey** . . . . . Rich's Quarter Breast, lb. **\$3.29**  
**Smoked Turkey** . . . . . Rich's Quarter Breast, lb. **\$3.29**  
**Turkey Pastrami** . . . . . Rich's, lb. **\$1.79**

**DELI SECTION**

**Sliced Beef** **49¢**  
 Ham or Turkey Safeway . . . . . 3 oz.

**Bologna, Sliced** . . . . . Safeway, 1-lb. Pkg. **\$1.49**  
**Imported Ham** . . . . . Sliced 4" x 7" Safeway, 8 oz. **\$2.19**  
**Beef Franks** . . . . . Safeway, 12 oz. Pkg. **\$1.19**  
**Smokie Cheezers** Normal, 12 oz. Pkg. **\$1.89**

**SAFEWAY COUPON VALUE**  
**SAVE 15¢ on 5**

**CALLARD & BOWSER Candy**  
 Licorice Choc. Mint or Toffee **5** For **\$1** With This Coupon  
 #642  
 Good 10-10 thru 10-16-79 Only. Seattle Division Coupon. Cash value 1/20¢.

Help Stop Arson  
 STATEWIDE ARSON HOT LINE  
 Call 1-800-55-ARSON

**KVI MUSIC 570 BINGO**  
 Pick up your free bingo cards at Safeway in King, Pierce, Snohomish and Kitsap counties.

# 7 DAY AD SPECIALS

Prices effective Wednesday, October 10th thru Tuesday, Oct. 16, 1979. Sales in retail quantities only.

**TOWN HOUSE**  
**Tomato Catsup**  
 32 oz. **79¢**  
 SAVE 13¢  
 INFLATION FIGHTER  
 SUPER SAVER

**NISSIN**  
**Top Ramen Noodles**  
 3 oz. **4 \$1**  
 SAVE 24¢  
 INFLATION FIGHTER  
 SUPER SAVER

**TOWN HOUSE**  
**Tomato Sauce**  
 8 oz. **6 \$1**  
 SAVE 20¢  
 INFLATION FIGHTER  
 SUPER SAVER  
 4 15 oz. \$1

**TOWN HOUSE**  
**Spaghetti or Elbow Macaroni**  
 4-lbs. **\$1.49**  
 SAVE 66¢  
 INFLATION FIGHTER  
 SUPER SAVER

**Downy FABRIC SOFTENER** 64 oz. **\$1.89**  
**Reeses PEANUT BUTTER CHIPS** 12 oz. **\$1.39**  
**Choc. Chips** (6 oz. 99¢) Hershey, 11.5 oz. **\$1.79**  
**Dry Milk** Makes 20 Qts. Luerne, 4-lb. **\$4.79**  
**Dry Milk** Makes 20 Qts. Carnation, 4-lb. **\$4.99**

**FOLGERS FLAKED Coffee** 39 oz. **\$8.19**  
**Folgers INSTANT COFFEE** 10 oz. **\$5.59**  
**Societe Ju Ju** Also Jelly Beans 12 oz. **59¢**  
**LAWRY'S TACO Seasoning** 1.25 oz. **37¢**  
**FRANCO AMERICAN Spaghetti** 4 14.75 oz. **\$1**

*Don't Forget These!*  
**Tomato Sauce** Town House, 28 oz. **45¢**  
**Tomato Paste** Town House, 4 6 oz. **\$1**  
**Tomato Paste** Town House, 12 oz. **45¢**  
**TOWN HOUSE Spaghetti** or Elbow Macaroni Long, 32 oz. **79¢**  
**Egg Noodles** Fancy Cut or Wide Town House, 24 oz. **79¢**  
**FANCY CUT Lasagne** (Long 12 oz. 59¢) Mission, 12 oz. **49¢**


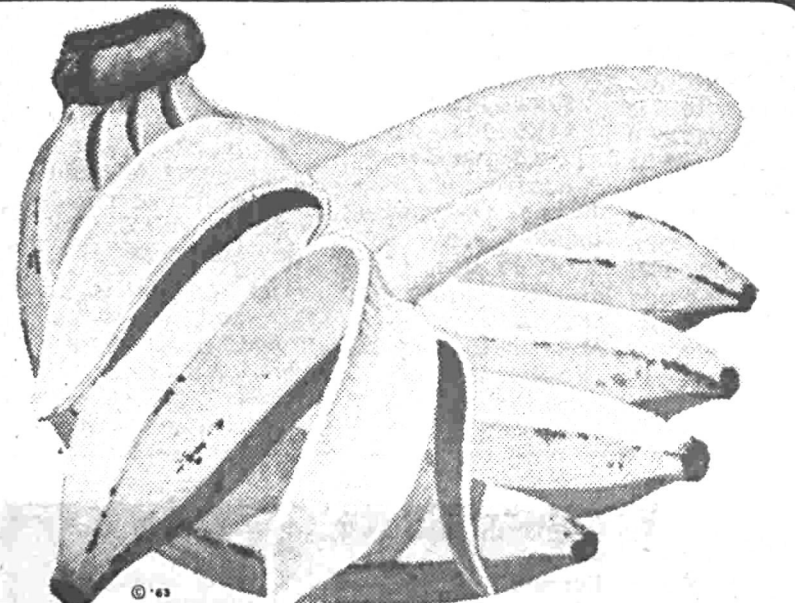
**CROWN COLONY Spaghetti Sauce Mix** 1.5 oz. **25¢**  
**SPAGHETTI SAUCE Mix** Crown Colony With Mushrooms, 1.5 oz. **25¢**  
**CROWN COLONY Oregano** 1 oz. **89¢**  
**Sweet Basil** Crown Colony, 0.37 oz. **57¢**  
**CROWN COLONY ITALIAN Seasoning** .75 oz. **67¢**  
**Garlic Salt** Crown Colony, 4 oz. **69¢**  
**Garlic Powder** Crown Colony, 2.5 oz. **\$1.09**

**Heinz Ketchup**  
 24 oz. **79¢**  
 SUPER SAVER

**Napkins NORTHERN PAPER**  
 250 ct. **99¢**  
 SUPER SAVER

**Frozen Foods**  
**Lucerne Ice Cream** Flavor of the Month Sugar Maple Half Gal. **\$1.29**  
 SAVE 30¢  
 SUPER SAVER  
**Orange Juice** Bel-air 16 oz. **89¢**  
 SUPER SAVER  
 SAVE 36¢

**Celeste Pizza** Sausage, Pepperoni or Sausage & Mushroom 20 oz. **\$2.59**  
**Deluxe Pizza** Celeste 23.5 oz. **\$2.59**  
**Lender's Bagels** Plain or Onion 12 oz. **59¢**

**Produce Department**  
  


**No. 1 Bananas**  
 Our Finest Quality  
**lb. 23¢**

**Tokay Grapes** lb. **59¢**  
**Fresh Broccoli** Bunch, lb. **49¢**  
**Select Celery** Each **39¢**  
**Danish Squash** Local Grown, lb. **13¢**  
**Baking Potatoes** No. 1 Russet 5 lbs. **\$1**  
**Roasted Peanuts** 1-lb. Bag **98¢**  
**Select Cucumbers** 5 for **\$1**  
**Potting Soil** Earthworm, 2 Qt. **99¢**

**Variety Department**  
  
**Listerine Antiseptic** 12 oz. **99¢**  
 SAVE 50¢  
 SUPER SAVER

**Columbia Encyclopedia** (VOL. 1 Each 49¢) VOL II & 12 Each **\$2.99**  
**Anacin** Tablets 100 ct. **\$1.49**  
**Fantastik Cleaner** 64 oz. **\$1.19**  
**Aqua Fresh Toothpaste** 4.6 oz. **65¢**  
 SUPER SAVER

**Head Lettuce** Large Each **49¢**  


**Jonathan Apples** Scotch Buy Fancy Grade 7 lb. Bag **\$1.59**  
**Florida Avocados** Large Size Each **59¢**

**Photofinishing Specials**  
**MOVIE & SLIDE Developing**  
 20 Exposure Slide Regular or Super 8 Movie **\$1.20**  
 36 Exposure Rolls \$2.20 Roll **\$1.20**

**Georgian Beverage Collection**  
 12 Oz. Beverage Glass Each **59¢**

**Floral Department**  
**Areca Palm** 6" Pot **\$4.98**  
**Fresh Carnations** Bouquet of 12 **\$2.98**  
  


Prices Effective at the following Safeway Stores  
 • Twin Lakes, 21st S.W. & 336th • Century City, 32057 Pac. Hwy. So.  
 • 288th & Military Rd. S. & • 216th & Pacific Hwy. So.

Everything you want from a store... and a little bit more.  
  
**SAFEWAY**

# Tantalizing autumn desserts warm your family's hearts

Warm the hearts of your family with a Perfect Spice Cake topped with Cream Cheese Whipped Frosting and Honey Pumpkin Cookies capped with tangy Sour Cream Frosting.

**PERFECT SPICE CAKE**

2-3/4 cups sifted cake flour  
1 teaspoon baking powder  
1 teaspoon salt  
1 teaspoon cinnamon  
3/4 teaspoon baking soda  
1/4 teaspoon cloves

One-sixteenth teaspoon pepper  
3/4 cup butter  
1 cup sugar  
3/4 cup brown sugar, firmly packed  
1 teaspoon vanilla  
3 eggs  
1 cup buttermilk  
Orange Date-Nut Filling  
Frosting

**Orange Date Nut Filling**

1 package (8 ounces or one and one-half cups) chopped dates  
1/2 cup orange juice

1 teaspoon grated orange peel  
1/4 cup chopped walnuts

For Cake: Sift dry ingredients. Cream butter and sugars until light and fluffy. Add vanilla. Add eggs, one at a time, beating after each addition. Add dry ingredients alternately with buttermilk; beat well. Pour into two nine-inch greased and floured cake pans. Bake in preheated 350-degree oven for 30

minutes or until done. Cool. Spread Date-Nut Filling layers and frost.

For Filling: Combine in saucepan chopped dates with orange juice. Cook at medium heat and stir until dates are tender and mixture is thick, about two or three minutes. Add grated orange peel. Cool. Add chopped walnuts.

**CREAM CHEESE WHIP FROSTING**

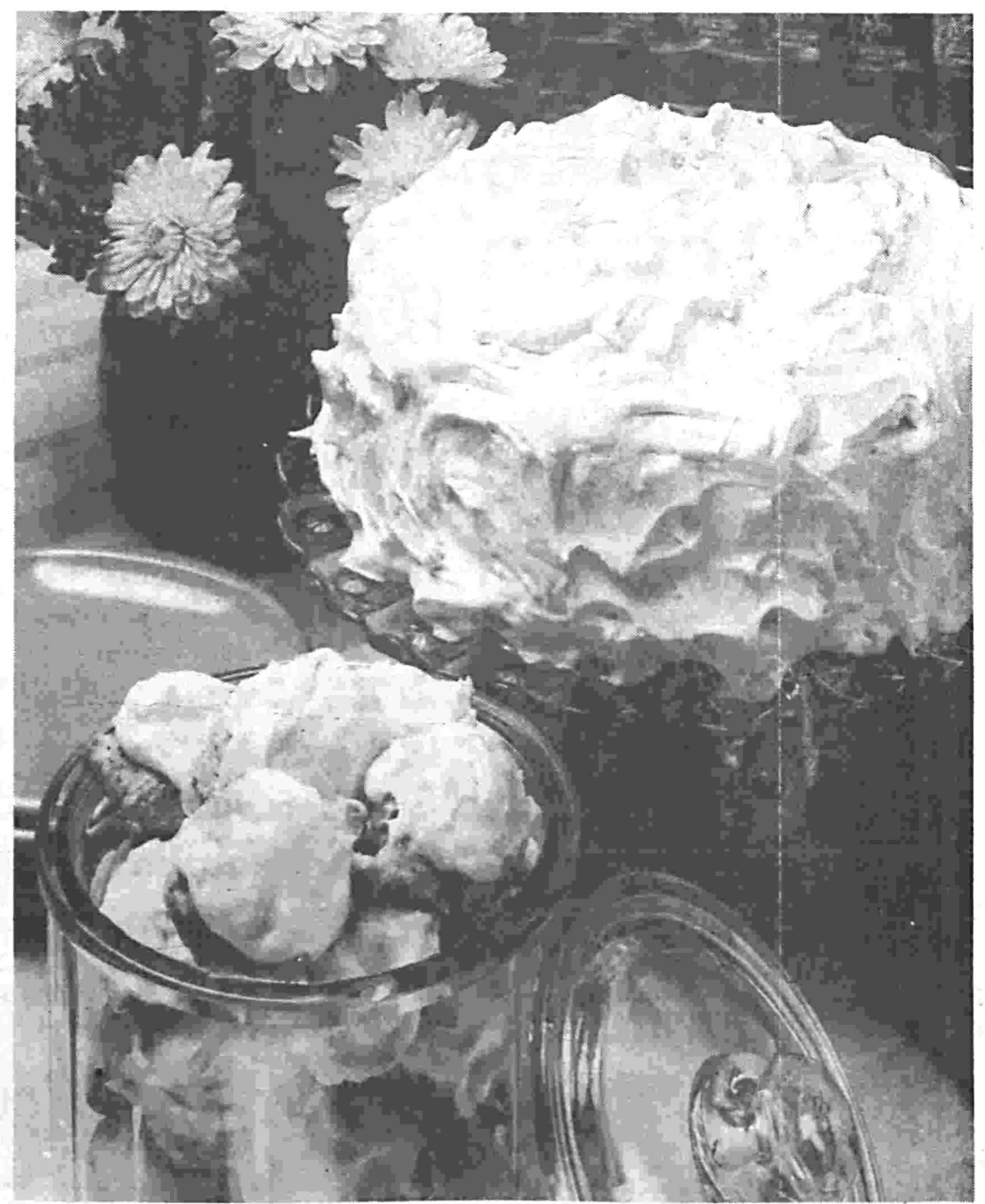
2 unbeaten egg whites  
3/4 cup brown sugar, firmly packed  
3/4 cup sugar  
1-1/2 teaspoon light corn syrup or one-fourth teaspoon cream of tartar  
One-third cold water minus two tablespoons  
Dash salt  
1 teaspoon vanilla  
1 package (3 ounces) cream cheese

For Cream Cheese Frosting: place all ingredients in top of double boiler (not over heat) except vanilla and cream cheese. Beat one minute. Place over boiling water and beat constantly for seven minutes. Remove from heat and add vanilla; cool to lukewarm. Transfer beaters from frosting to a separate bowl and add cream cheese; beat until smooth, then gently fold

cheese mixture into the frosting. Do not beat.

**HONEY PUMPKIN COOKIES**  
(Yields: 4 dozen)

3/4 cup butter  
One and one-third cup sugar  
1/4 cup honey  
1 egg  
1 cup pumpkin  
One-third cup poppy seed  
1-1/2 cups sifted flour  
1 teaspoon baking powder  
Three-fourths teaspoon salt  
1 teaspoon milk  
3/4 cup chopped nuts  
3/4 cup chopped dates  
3/4 cup chopped walnuts



## French cook Simone Beck to lead cooking demo

Simone Beck, known to the American culinary community as "Simca," will conduct a cooking demonstration at Forest School in Bellevue on Nov. 30.

Simca, who co-authored two volumes of "Mastering the Art of French Cooking" with Julia Child, will be accompanied by noted Chef Michael James, with whom she has recently co-

authored a new cookbook, "New Menus from Simca's Cuisine," soon to be published by Harcourt, Brace and Jovanovich.

The cooking demonstration will begin at 11:30 a.m. following a luncheon. Simca and James will conduct an autograph session for their new book immediately following the cooking

demonstration. The cookbook, as well as other items will be available for purchase before and after the demonstration.

Proceeds from the demonstration at Forest Ridge School will benefit the school's planned Music and Arts Building. Seating will be limited. For further information call Forest Ridge School, 641-0700.

## Pizza Pockets filled with versatility

Pizza Pockets are versatile, and delicious for a snack, quick lunch or supper.

Ground beef simmered in beer blends with a seasoned tomato sauce, while the mellow brew flavors the beef and imparts its own special seasoning. Fill a pocket of pita bread with the meat mixture, add a slice of mozzarella, then bake until the cheese is hot and bubbly.

They taste good anytime, especially with mugs of ice cold beer.

**PIZZA POCKETS**  
(Yield: 3 cups)

1 pound ground beef  
3/4 cup beer  
1 can (8 ounces) tomato sauce  
1 package (1-1/2 ounces) spaghetti sauce mix  
Mozzarella cheese (approximately 8 ounces) sliced  
Pita bread

Brown beef in skillet. Add beer, tomato sauce and spaghetti sauce mix. Simmer, covered 10-12 minutes. Place three-fourths tablespoons meat filling into each pocket of bread together with one or two slices mozzarella. Wrap sandwiches in foil and place in preheated 350-degree oven for six to seven minutes until cheese has melted.

## Curry adds spice

Looking for a new salad to serve, but tired of the usual egg and potato salads? Curried Rice Salad is what you've been looking for. It's chock full of goodies, like artichoke hearts, olives and green onions. Chicken-flavored rice is simmered in beer, then tossed with ingredients and blended with a curried mayonnaise dressing for a rich delicious flavor.

Curried Rice Salad is a great accompaniment for any meal, and the mellow brew is the perfect beverage companion.

each) chicken flavored rice  
2 cups beer  
1-1/2 cups mayonnaise  
1-1/2 to 2 teaspoons curry powder  
1 bunch green onions, chopped  
15 stuffed olives, sliced  
3/4 cup chopped green pepper  
2 jars (6 ounces each) marinated artichoke hearts, halved

Cook rice as directed, omitting butter. Substitute one cup beer for one cup water in each package. (Then add rest of water as called for.) Let rice cool 20 to 25 minutes. Add curry powder to mayonnaise and mix into rice. Add remaining ingredients.

**CURRIED RICE SALAD**  
(Yield: 8 servings)  
2 packages (6 ounce

# PHOTO SOUND & GIFT CENTER

Cameras, Photo Supplies, Stereo Equipment & Supplies, Radios, Televisions, Clocks, Watches, Calculators, Tape Recorders, Record Albums 8 Track & Cassette Tapes, Electric Razors, Key Rings, Film Developing, Money Orders . . .

**SAVE \$3.50**

**FOLDING COMPACT Hair Dryer**  
Windmere #TF 12  
Each **\$9.99**

**SAVE \$40.00**

**13" Color Television**  
Samsung #CT 332D  
Each **\$249.95**

**SAVE \$20.00**

**Video Game**  
Atari - #CX2600  
Each **\$139.00**

**SAVE \$9.00**

**Body Massager**  
Sencorp #103  
Each **\$19.99**

**SAVE \$15.00**

**Desk Calculator**  
Canon #P-10-D  
Each **\$79.95**

**SAVE \$1.50**

**RECORD ALBUM OF THE WEEK "Candy-O"**  
by The Cars  
Each **\$5.99**

**SAVE \$10.00**

**Vivitar "600" Camera**  
Point-'n-Shoot With Built-in Flash  
Each **\$29.95**

**Photofinishing Specials**

**MOVIE & SLIDE Developing**

**Movies**  
8 MM & Super 8  
Each Roll **\$1.20**

**Slides**  
36 Exp. Roll \$2.20  
20 Exp. Roll **\$1.20**

**Hickory Farms**

**Oktoberfest Brotwurst**  
Smoked sausage links. Made in the old-world tradition of excellence. Plump and juicy.

**Cara-Kraut**  
German-style sauerkraut with caraway seeds. The perfect complement to our Brotwurst.

**Cheddy Brewe**  
A sharp cheddar cheese made with just a nip of beer, blended to perfection.

**ENJOY A BAVARIAN DINNER**

**Hickory Farms**  
126 different CHEESES  
"World famous" BEEF STICK

VISA  
Master Charge

Prices effective Wednesday October 10th thru Tuesday October 16, 1979. Sales in retail quantities only.

Everything you want from a store... and a little bit more.

**SAFEWAY**

SPECIAL ITEMS & PRICES EFFECTIVE AT THE:  
2109 S.W. 336th AND 32057 PACIFIC HIWAY SO.  
FEDERAL WAY SAFEWAY STORES ONLY

## Put a little imagination in those coffee klatch creations



Tired of serving the same old dessert to your bridge group, or need an enticing brunch treat? The wish can come true with a little imagina-

tion and quick refrigerated rolls. Pecan Rum Ripple Coffee Cake creates a pretty surprise to serve family and friends with its ripple

of cinnamon, sugar and nuts. The ingredients give both a good flavor and a pleasing appearance. Honey and dates with a crunch of chop-

ped almond make up the filling for delicious Almond Date rolls.

For a modern convenient version of the old favorite, big refrigerated flaky rolls form the basis for Apple Nugget Cobbler.

Molasses Sticky Buns has the distinctive flavor of molasses which sweetens the quick-to-make biscuits puffs.

**APPLE NUGGET COBBLER**  
(Yield: 6 to 8 servings)

6 cups (6 large) peeled, sliced apples  
½ cup raisins  
½ cup chopped nuts, if desired

2 tablespoons all purpose or unbleached flour  
1-½ teaspoons cin-

namon  
1 can (10-ounce) refrigerated flaky biscuits

¼ cup sugar  
¼ cup margarine or butter, melted

In ungreased 9-inch square or 12-by-8-inch baking dish, combine first three ingredients. Blend one-half cup sugar, flour and one teaspoon cinnamon; sprinkle over fruit. Cover pan loosely with foil; bake in preheated 375-degree oven for 20 to 30 minutes or until apples are almost tender. Remove from oven.

Separate biscuit dough into 10 biscuits; cut each into four pieces. Blend one-fourth cup sugar and remaining one-half teaspoon cinnamon.

Roll biscuit pieces in cinnamon-sugar; arrange over hot apple mixture. Sprinkle any remaining cinnamon-sugar over biscuits, drizzle margarine over biscuits.

Return to oven; bake uncovered 15 to 20 minutes or until deep golden brown.

**MOLASSES STICKY BUNS**  
(Yield: 8 buns)

One-third cup firmly packed brown sugar  
3 tablespoons margarine or butter  
3 tablespoons light molasses  
1 tablespoon water  
One-third cup chopped nuts  
1 can (10-ounce) refrigerated flaky biscuits

In small saucepan, combine first four ingredients; heat until bubbly. Spoon one teaspoon hot syrup into each of eight ungreased muffin cups; sprinkle with nuts.

Separate biscuit dough into 10 biscuits. Cut each biscuit into four pieces. Place five biscuit pieces in each prepared muffin cup. Spoon remaining syrup over biscuit

pieces.  
Bake in preheated 375-degree oven for 12 to 15 minutes or until deep golden brown. Cool in pan three minutes; turn onto waxed paper.

**PECAN RUM RIPLE COFFEE CAKE**

Yield: 12 to 16 servings

1 package hot roll mix  
Two-thirds cup warm water (105 degrees to 115 degrees F.)

¼ cup sugar  
¼ cup dairy sour cream  
¼ cup margarine or butter, melted

1 teaspoon rum extract  
1 egg  
½ cup chopped pecans or nuts

One-third cup firmly packed brown sugar  
1 teaspoon cinnamon

Glaze  
1 cup powdered sugar  
1 to 2 tablespoons milk  
2 teaspoons margarine or butter, softened

½ teaspoon rum extract  
2 to 4 tablespoons finely chopped pecans or nuts

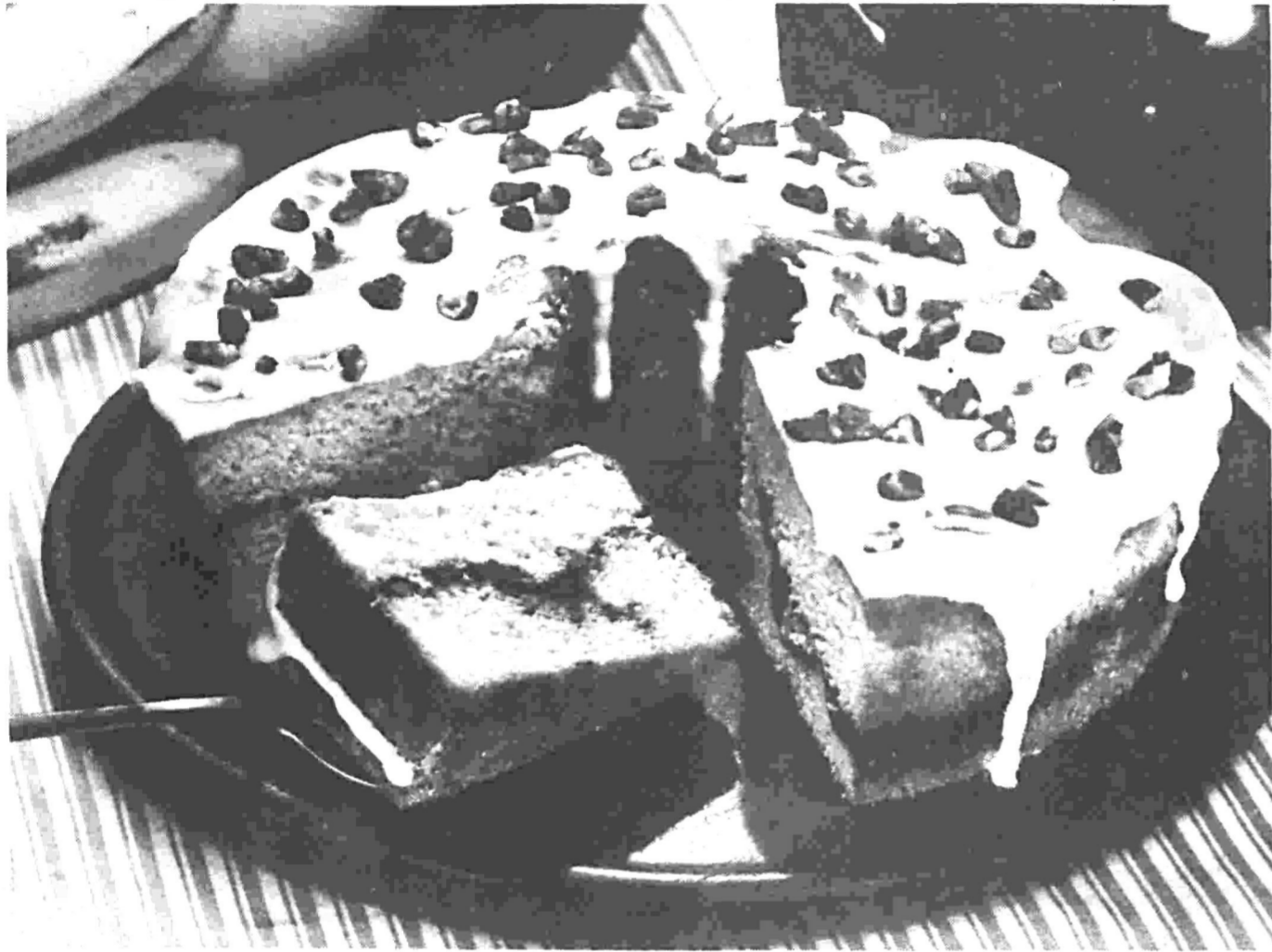
Grease 9-inch spring form pan with 3-inch sides or 10-inch

tube pan. In large bowl, dissolve yeast from hot roll mix in water. Stir in sugar, sour cream, margarine, rum extract and egg. Add hot roll flour mixture; blend well. Spread half of batter in prepared pan.

Combine one-half cup pecans, brown sugar and cinnamon; sprinkle over batter in pan. Spoon remaining batter over filling;

spread gently. Cover, let rise in warm place until light and doubled in size, 60 minutes.

Bake in preheated 375-degree oven for 30 to 40 minutes or until golden brown. Cool 10 minutes; remove from pan. Turn upright onto serving plate. Combine Glaze ingredients except nuts; blend until smooth. Drizzle over warm coffee cake; sprinkle with nuts.



## Epicurean touch adds to everyday foods

The test of an exceptional cook is in the handling of everyday foods. Take pot roasts, for example. Few main dishes have more appeal than this thick, flavorful cut of beef simmering slowly in the rich brown gravy.

Exceptional cooks make sure that their pot roast will be fully flavored from the first bite to the last, and the gravy superb. Here is a recipe to in-

sure that. It makes use of handy convenience items but the ingenious touch is in the cup of beer which not only helps tenderize the meat but adds a delicious, subtle flavor of its own.

As to the rest of the menu, you have a wide choice because robust meats like pot-roasted chuck take well to many other foods. Some families think creamy whipped potatoes are essential

to absorb the gravy. Others like their vegetables cooked right along with the roast. To others, a succulent pot roast without red cabbage and potato pancakes is unthinkable.

**HEARTY POTTED CHUCK**  
(Yield: 6 to 8 servings)

3 to 4 pound chuck pot roast  
Oil or margarine

1 package onion soup mix  
1 can (8 ounces) tomato sauce  
1 cup beer

In Dutch oven brown steak well on both sides in oil or margarine. Combine onion soup mix with tomato sauce and beer; pour over browned meat. Cover tightly and simmer over very low heat for two and one-half to three hours, or until meat is tender.



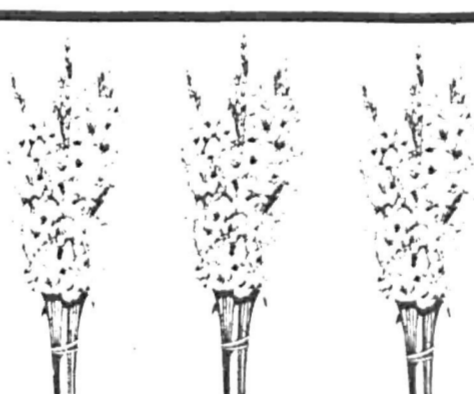
### Areca Palms

A Graceful Plant  
In 10 Inch Pot  
Each **\$17.98**



### Coleus Plants

Popular House Plant  
In 6 Inch Pot  
Each **\$3.98**



### FRESH CUT Gladiola

Baby Size Assorted Colors  
Bunch **\$2.98**



### Zebra Plant

Interesting House Plant  
In 6 Inch Pot  
Each **\$4.98**



### ALASKA FISH Fertilizer

Gallon **\$3.98**

Fish Base Liquid

### Hardy Mums

Outdoor in 6" pot  
Each **98¢**

### Steer Compost

Limited Supply  
1 cu. ft. **98¢** bag

Professional Florist  
7 days a week  
838-9941 ask for  
'The Patio Shop'

Enter our drawing  
for a free plant!  
in 'The Patio Shop'  
a winner every Sat.



### Instant LIQUID PLANT Food

Schultz 12 oz. **\$1.79**

Ideal For All Indoor Plants

Prices effective Wednesday October 10th thru Tuesday October 16, 1979. Sales in retail quantities only.

Prices Effective At The 2109 S.W. 336th Street  
Federal Way Safeway Store Only!



**SAFEWAY**

Everything you want from a store...  
and a little bit more.



**HOLIDAY FOODS**

A WASHINGTON COMPANY  
SERVING WASHINGTON  
PEOPLE



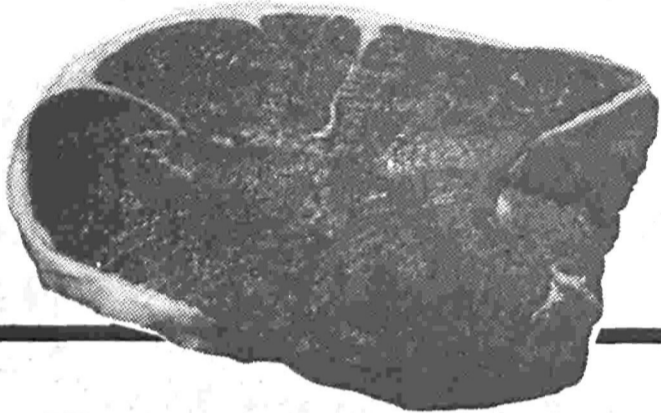
**STORE HOURS**  
9 AM - 10 PM  
7 DAYS A WEEK

# HOLIDAY BIG 7 DAY AD

AD PRICES EFFECTIVE **OCTOBER 10 thru 16** LIMIT RIGHTS

## HOLIDAY MEATS!

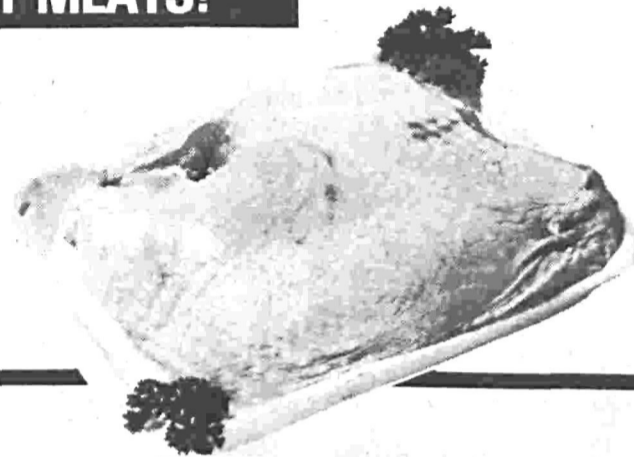
## HOLIDAY



**BEEF BONELESS  
ROUND STEAK**

USDA CHOICE  
GRAIN FED

**\$1.89**  
LB.



**JENNIE-O  
TURKEY BREASTS**

4 TO 7 LB.  
AVERAGE

**\$1.29**  
LB.



**BANQUET  
CHICKEN**

32-OZ.  
PKG.  
FROZEN

**\$1.89**

**SLAB BACON** Hormel.....Lb. **79¢**

**BROWN SAUSAGE** Swift's 3-Oz. Pkg.....Ea. **\$1.25**

**BALL FRANKS** Hygrade's 1-Lb. Pkg.....Ea. **\$1.59**

**GROUND TURKEY**.....Lb. **\$1.19**

**FRYER BREAST** Wash. Grown.....Lb. **\$1.69**

**BEEF FLANK STEAK** Boneless USDA Choice.....Lb. **\$2.49**

**TURKEY BREAST** Rich's Smoked or BBQ.....Lb. **\$2.89**



**GROUND BEEF**

GUARANTEED  
FRESHLY GROUND  
100% BEEF

**\$1.29**  
LB.



**BEEF BONELESS  
TOP SIRLOIN STEAK**

USDA CHOICE  
GRAIN FED

**\$2.98**  
LB.



**BEEF SHORT RIBS**

USDA CHOICE  
SELECT MEATY  
RIBS

**\$1.39**  
LB.

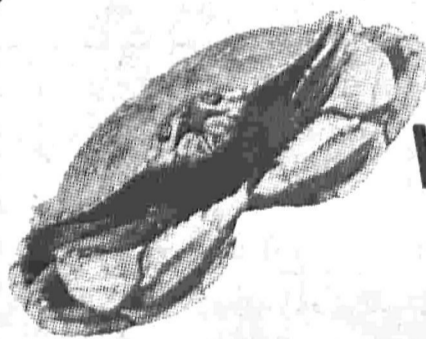


**DARIGOLD  
ICE CREAM**

ASST'D.  
FLAVORS  
1/2-GAL.

**\$1.35**

## SEAFOODS



**DUNGENESS  
WHOLE CRABS**

**\$1.89**  
LB.



**FRESH SOLE  
FILLETS**

**\$2.39**  
LB.



**SHRIMP  
MEAT**

**\$4.98**  
LB.



**MEDIUM  
OYSTERS**  
FRESH, 10-OZ. JAR

**\$1.69**



**TUF-N-READY  
PAPER TOWELS**  
LARGE SIZE ROLL

**59¢**

## WINES

**LASALLE RED WINE**

CHRISTIAN  
BROTHERS  
750 ML SIZE

**\$1.89**

**PAUL MASSON WINE**

BURGUNDY, CHABLIS,  
VINE ROSE, ROSE SEC.  
RHINE, 750 ML SIZE

**\$2.49**

## DAIRY

**CHEESE SLICES**



WESTERN FAMILY  
INDIVIDUAL SLICES  
12-OUNCE PKG.

**\$1.39**

**YOGURT**

Darigold  
Asst. Flavors, 8-Oz.

**23¢**

**SOUR CREAM**

Darigold, 8-Oz.

**39¢**



**PEPSI COLA**  
REG., LIGHT, DIET  
32-OZ. BOTTLE

PLUS  
DEPOSIT

**3/99¢**

# FOODS SPECIALS!

FOUR LOCATIONS

**HOLIDAY FOODS  
FEDERAL WAY**  
1910 SOUTH 320TH

**HOLIDAY FOODS  
RENTON**  
16420 S.E. 128TH

**HOLIDAY FOODS  
SUMNER**  
2211 MAIN STREET

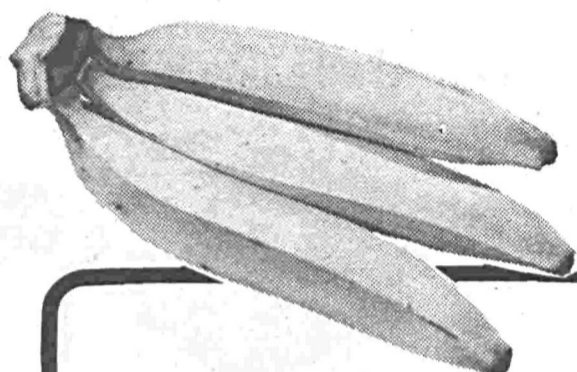
**HOLIDAY FOODS  
BLVD. PARK**  
12000 DES MOINES  
WAY S.

**GROCERIES**

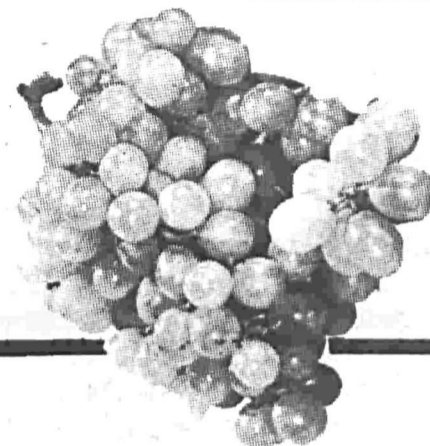
**HOLIDAY PRODUCE**



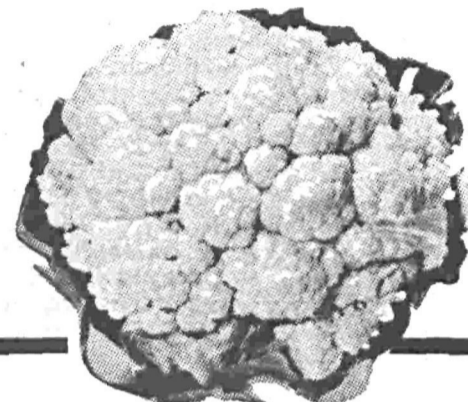
**CRISCO  
SALAD OIL**  
**\$1.89**  
48-OZ.  
BOTTLE



**GOLDEN  
BANANAS**  
**23¢**  
LB.



**CALMERIA  
GRAPES**  
SUGAR  
SWEET  
**59¢**  
LB.



**SNOWHITE  
CAULIFLOWER**  
**59¢**  
EA.



**MARINA  
BATH  
ROOM TISSUE**  
WHITE  
& ASST.  
4-ROLL  
**78¢**

**ORANGES** Sunkist Valencia ..... 4<sup>L</sup> \$1  
**ONIONS** Boiler, 3-Lb. Cello Bag ..... Ea. 49¢  
**POTATOES** Norgold Baking ..... Lb. 12¢

**CELERY** Local Grown ..... Ea. 29¢  
**ARTICHOKES** ..... Ea. 49¢  
**DANISH SQUASH** ..... Ea. 5/\$1

**FROZEN FOODS**

**FISH FILLETS** \$2.99  
VAN DE KAMP  
HEAT 'N SERVE  
24-OUNCE PKG.

**SWEET PEAS** 64¢  
NIB. CORN  
GREEN GIANT  
BUTTER SAUCE

**MACARONI** 79¢  
& CHEESE  
STOUFFER  
12-OUNCE

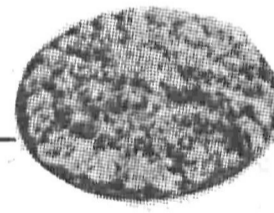
**BLUE SURF** 55¢  
FRIED  
MINI-CLAMS  
BLUE SURF  
5-OZ.

**APPLE, RASPBERRY** 99¢  
OR BLUEBERRY  
TURNOVERS  
PEPPERIDGE  
FARMS  
FROM 11-OZ.

**BAKERY**



**CHOCOLATE  
CHIP COOKIES**  
JUMBO  
**6/99¢**



**CHOCOLATE  
MERINGUE PIE**  
8-INCH SIZE  
**\$1.99**

**ROLLS** Brown 'N Serve  
White, Wheat or  
Butterflake ..... Dozen 59¢  
**SPLIT TOP BREAD** Golden  
22½-Oz. .... 67¢  
**JELLY DONUTS** Lemon or  
Raspberry ..... 5/89¢

**SPECIAL BUYS**

**INSTANT COFFEE** Maxwell House  
10-Oz. Jar ..... \$4.89  
**IRISH SPRING SOAP** For Bath  
5-Oz. Bar ..... 47¢  
**MUFFIN MIX** Blueberry  
Duncan Hines, 13-Oz. .... 99¢  
**CRISCO SHORTENING** All Veg.  
3-Lb. Tin... \$2.29  
**MOIST 'N EASY** Cake Mix  
Duncan Hines, 13.5-Oz. .... 99¢  
**TOFFIFAY CANDY** 1.16-Ounce  
Package ..... 4 FOR \$1  
**VELAMINT MINTS** 3 Flavors.  
.96-Oz. .... 29¢  
**FRESH START** Powd. Detergent  
84-Oz. Pkg. .... \$4.99  
**DERMASSAGE** Liquid  
Deterg., 32-Oz. .... \$1.19  
**DYNAMO DETERG.** Heavy Duty  
64-Oz. Bottle .... \$2.79  
**CASCADE DETERG.** Auto. Dishwasher  
65-Oz. Pkg. .... \$2.49  
**NESTLES SOUPTIME** 2 Kinds  
4/PK. .... 59¢

**GENERAL MERCHANDISE**



**J & J PUFFS  
COSMETIC**  
36-COUNT  
**79¢**



**REACH TOOTH  
BRUSH**  
MEDIUM OR SOFT  
**79¢**



**BAND-AID**  
plastic  
strips  
All  
Over  
Size  
10  
PLASTIC  
BAND-AID  
X-LARGE, 10-CT.  
**99¢**



**NABISCO RITZ  
CRACKERS**  
16-OUNCE BOX  
**89¢**



**DUNCAN HINES  
CAKE MIXES**  
12 FLAVORS, UP TO 19-OZ.  
**79¢**

## Stir-fry Mandarin Chicken for zesty meal

Nothing can be more delightful than a light, chicken meal that blends the delicate flavor of seafood with the zesty taste of fresh oranges to create Mandarin Chicken Stir-Fry.

This recipe, which is pretty enough for company, serves five. **M A N D A R I N CHICKEN STIR-FRY** (Yield: 4 to 5 serving) 1 pound skinless, boneless chicken breasts, (2 whole breasts, 3/4 pound each) partially frozen 2 teaspoons corn starch

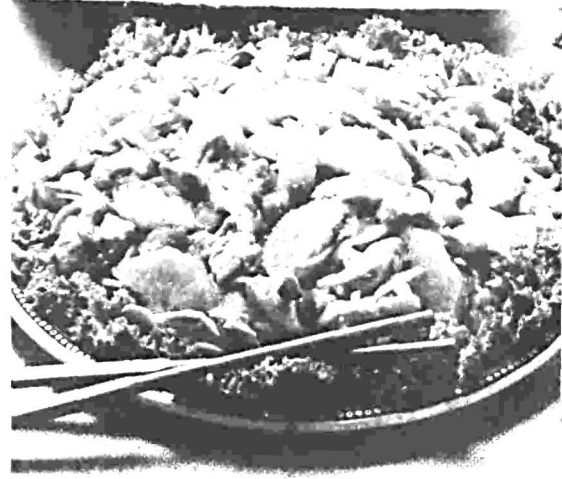
1/2 teaspoon salt  
1/4 teaspoon ground ginger  
2 tablespoons soy sauce  
1 naval orange  
3 tablespoons peanut or corn oil  
1 large onion, thinly sliced  
1 garlic clove, minced  
2 tablespoons brown sugar  
1 tablespoon corn

starch  
1/2 teaspoon allspice  
1/4 cup orange juice  
1 tablespoon vinegar  
1 to 2 tablespoons chow mein vegetables, drained  
Lettuce, orange slices for garnish  
Hot, fluffy rice  
Slice chicken across the grain into thin strips. In a large bowl, combine the corn

starch, salt, ginger and soy sauce; add chicken; mix well; marinate 30 minutes. Peel orange with vegetable parer; cut enough peel into julienne strips to make one tablespoon; section the orange. Measure or prepare all remaining ingredients. In a large skillet or

wok, in hot oil, stir-fry chicken over high heat two to three minutes; push chicken to one side. Add onion and garlic and stir-fry two minutes. Stir in orange strips and sections. Mix sugar, corn starch and allspice in small bowl. Stir in orange juice, vinegar

and soy sauce. Add to skillet; cook, stirring, until thickened, about one minute. Add chow mein vegetables and heat through. To serve, arrange crisp lettuce around edge of medium-size platter; spoon chicken onto platter. Garnish with orange slices, if desired. Serve with hot rice.



## Baking bread economically

Kneading dough is one good way to save the kind of "dough" you need to pay the bill at today's supermarket. When you relate nutritive value of food to cost, bread is considered one of the most economical foods.

Estimates on how much money you can save making bread at home vary according to how much bread a family eats, where you shop, what kinds of breads a family likes and the amount of uneaten bread in the home. Coffee cakes and rolls, particularly those that contain nuts, raisins and special ingredients can usually be made at home for much less than half the price.

Most of the ingredients for making a loaf of bread are on hand in the average kitchen: flour, sugar, milk, salt and shortening. Active Dry yeast can be purchased at most food stores, and special equipment isn't necessary for making bread.

Many home bakers seem to have a basic sense of economics. They say time is hardly a factor when determining cost. An organized cook can produce a big batch of bread in less than 20 minutes which includes time for measuring ingredients, mixing and kneading. Doubling recipes and freezing the excess doubles the dividends of the time invested. It takes no longer to make a double batch than a single batch.

This recipe for Sour Cream Coffee Squares is a rich, delicious coffee cake that's sweet enough to serve for dessert. The recipe may be doubled, then freeze one half before frosting.

In a small bowl blend together sour cream, cream cheese, and sugar. Stir in raisins; set aside.

In a large mixing bowl thoroughly mix one and one-fourth

cups flour, one tablespoon sugar and undissolved yeast.

Combine milk, water and margarine in saucepan. Heat over low heat until liquids are very warm (120 degrees F to 130 degrees F). Margarine does not need to melt. Gradually add to dry ingredients and beat two minutes at medium speed of electric mixer, scraping bowl occasionally. Add four egg yolks and one-half cup flour. Beat at high speed two minutes, scraping bowl occasionally. Stir in enough additional flour to make a soft moist dough.

Divide dough in half. Roll out one-half of the dough on floured board to fit the bottom of an ungreased 15-1/2-by-10-1/2-by-1-inch jelly roll pan. Spread with prepared sour cream filling. Seal edges together. Snip surface of dough with scissors to let steam escape. Cover; let rise in warm place, free from draft, until doubled in bulk, about one hour.

Bake in preheated 375-degree oven for 30 to 35 minutes or until done. Cool cake in pan on wire rack. Frost while warm with powdered sugar frosting and garnish with walnut halves. Cut into squares to serve.

**SOUR CREAM COFFEE SQUARES**

(Yield: 1 large cake)  
1 cup dairy sour cream  
1 package (3-ounce) cream cheese, softened

One-third cup sugar  
1/2 cup dark seedless raisins

3-3/4 to 4-1/4 cups unsifted flour  
1 tablespoon sugar  
1 package active dry yeast

1/2 cup milk  
1/2 cup water  
1 cup (2 sticks) margarine

4 egg yolks (at room temperature)  
Powdered sugar frosting  
Walnut halves.

## Store those buys properly

Planning weekly menus and stocking up on sale items at the supermarket is money down the drain unless you store your groceries properly, says Jan Grant, King county extension agent.

Not only does proper storage enhance "shelf life" of the items you buy, but also helps preserve flavor and the nutritional values as well, she adds.

Eggs, milk and cream, for example, should be refrigerated and used within a week for best flavor and quality. On the other hand, bread lasts longer if kept at room temperature. Refrigerate only during hot, muggy weather. In either case, use within a week.

Vegetables and most fresh fruits should be refrigerated as well. Most should be consumed within a week. However, carrots, radishes, and other root vegetables

will keep another week. The same can be said of citrus fruits. Refrigerate vegetables in plastic bags or in a vegetable crisper for best results.

Butter and margarine should be refrigerated as should cooking and salad oils. Also refrigerate preserves, catsup, peanut butter, mayonnaise, and other salad dressings, once they are opened.

Unless frozen for later use, store meats in your refrigerator and use them within the same short period. Hamburger, liver and fish should be used even sooner. They spoil in a day or two.

Freezing will lengthen the effective value of many foods, but at some point, nutritive value and food flavor are lost. While beef, vegetables and fruit can be safely frozen and used for up to a year, it's a good idea to use them within two or three months.

# Lower Meat Prices LUCKY HAS IT!

## An Independent Price Survey Proves It!

Other supermarkets can talk low prices. But week after week, an independent price survey of supermarkets in the Seattle/Tacoma area proves that Lucky gives you the lowest prices on the most important item on your shopping list — meat! But why take our word for it? Shop and compare! Find out for yourself that when it comes to giving you more meat for your dollar — **LUCKY HAS IT!**



Compare...All your favorite cuts of meat at the lowest price in town...*Lucky Has It!*

**Week after week, an independent price survey proves that Lucky's meat prices are lowest!**

**Beef Top Round Steaks**  
Boneless, USDA Choice ..... lb. **2.38**

**Beef T-Bone Steaks**  
USDA Choice..... lb. **3.74**

**Porterhouse Steaks**  
USDA Choice Beef..... lb. **3.84**

**Bar-S Ham Shanks**  
..... lb. **.69**

**Beef Blade Chuck Roast**  
USDA Choice ..... lb. **1.18**

**Fresh Frying Chickens**  
(Cut Up lb. .58) Whole Body Grade A ..... lb. **.46**

**Beef Bottom Round Steak**  
Boneless, USDA Choice ..... lb. **2.28**

**Beef Stew Meat**  
Boneless, USDA Choice ..... lb. **1.88**

**Beef Chuck Steaks**  
USDA Choice ..... lb. **1.39**

**Fresh Ground Beef**  
(1 lb. Pkg. 1.33) 3 lbs. and Over ..... lb. **1.28**

**Turkey Drumsticks**  
Grade A Frozen ..... lb. **.34**

**Beef Cube Steaks**  
USDA Choice ..... lb. **2.48**

**Sliced Beef Liver**  
..... lb. **.98**

**Fresh Spareribs**  
3 lb. and Under ..... lb. **1.49**

**Beef Full Cut Round Steaks**  
Boneless, USDA Choice ..... lb. **1.98**

**Lennons Bone-in Hams**  
Whole or Shank Half, Water Added, 16-19 lb. Avg. .... lb. **.99**

**Beef Sirloin Steaks**  
Boneless, USDA Choice ..... lb. **3.64**

**Chicken Breasts**  
Fresh-Ribs Attached, USDA Inspected ..... lb. **1.34**

**Chicken Drums-Thighs**  
Fresh, USDA Inspected ..... lb. **.94**

**Lamb Shanks**  
..... lb. **1.48**

The meat ad is not effective on Sunday, October 14, 1979 due to staffing problems. However, all available items are priced as marked.

Compare...Key Buys mean added savings on all your favorite foods...Compare and Save!

**Strawberry Preserves**  
Harvest Day ..... 32 oz. **1.29**

**Instant Potatoes**  
Lady Lee ..... 2 lb. **1.09**

**Soup Starters**  
Chicken Noodle, Beef Barley, Beef Noodle, Beef Vegetable, Ham & Split Pea or Chicken Vegetable ..... reg. pkg. **.87**

**Safflower Oil**  
Hollywood ..... 48 oz. **1.99**

**Swiftling Shortening**  
..... 42 oz. **1.49**

**Golden Griddle Syrup**  
..... 36 oz. **1.65**

**Tide Laundry Detergent**  
..... 84 oz. **2.59**

**Ragu Spaghetti Sauce**  
Plain, With Meat or With Mushrooms ..... 32 oz. **1.29**

**Mission Long Lasagne**  
..... 12 oz. **.59**

**Adam's Peanut Butter**  
Old Fashioned-Creamy or Crunchy ..... 5 lb. **4.39**

**Van De Kamp Fish**  
Frozen-Fish Fillets ..... 24 oz. **3.52**

**Welch's Grape Juice**  
..... 24 oz. **1.05**

**Pitted Ripe Olives**  
Parade Select ..... 6 oz. **.79**

**Silver Bow Honey**  
Clover-Strained ..... 20 oz. **1.22**

**Harvest Day Peaches**  
Yellow Cling Halves or Sliced ..... 16 oz. **.51**

**Cranapple Juice**  
Ocean Spray ..... 128 oz. **2.75**

**Del Monte Corn**  
Whole Kernel or Cream Style ..... 17 oz. **.40**

**Sunkist Orange Juice**  
Frozen ..... 12 oz. **.79**

**Instant Dry Milk**  
Carnation ..... 64 oz. **4.98**

**Coffeemate**  
Coffee Creamer ..... 16 oz. **1.29**

**Instant Coffee**  
Lady Lee ..... 10 oz. **3.89**

**Friskies Dog Food**  
Assorted Varieties ..... 15.5 oz. **.27**

**Curtiss Candy Bars**  
Fun Size-Baby Ruth or Butterfinger ..... 12 oz. **1.33**

**Lysol Spray**  
Disinfectant ..... 18 oz. **2.49**

**Archway Bag Cookies**  
Chocolate Chip, Oatmeal or Assorted ..... 16 oz. **1.18**

**Jolly Time Popcorn**  
Yellow ..... 32 oz. **.65**

**Hamburger Helper**  
Betty Crocker-Assorted Varieties ..... reg. pkg. **.82**

**Scott Paper Towels**  
1-Ply-Assorted and White or Decorator ..... 119 sheets **.73**

**General Mills Cereal**  
Wheat and Raisin ..... 12 oz. **.94**

**Macaroni & Cheese**  
Stouffer's-Frozen ..... 12 oz. **.79**

**Oroweat Yogurt Bread**  
..... 22 1/2 oz. **.83**

**Gorton's Clams**  
Minced or Chopped ..... 6.5 oz. **.88**

**Cooking/Salad Oil**  
Lady Lee ..... 24 oz. **1.05**

**Golden Griddle Syrup**  
..... 12 oz. **.84**

**Snowy Dry Bleach**  
..... 26 oz. **1.43**

**Lysol Liquid Cleaner**  
..... 28 oz. **1.62**

**Chocolate Chips**  
Hershey's-Semi-Sweet ..... 12 oz. **1.95**

**Del Monte Peas**  
..... 17 oz. **.44**

**Lipton Cup of Soup**  
Assorted Varieties, 4-Pack ..... reg. pkg. **.59**

**Ore-Ida Potatoes**  
Frozen-Shredded Hash Browns ..... 12 oz. **.45**

**Crisco Shortening**  
..... 3 lb. **2.25**

**Van De Kamp Items**  
White Sandwich Bread ..... 24 oz. **.66**  
Crumb Dunkettes ..... 11 oz. **.94**  
Butterhorn Coffee Cake ..... 12 oz. **.97**  
Carrot Cake ..... 16 oz. **2.58**

**KEY BUY** EXTRA SAVINGS made possible by exceptional purchases or Mfrs. temporary allowance.

## Garden Fresh Produce at Low Prices... LUCKY HAS IT!

**Russet Potatoes**  
U.S. No. 1 ..... 10 lb. bag **.65**

**Green Peppers**  
Great For Stuffing ..... **.15**

**Yellow Onions**  
All purpose, fine flavored ..... lb. **.12**

**Bartlett Pears**  
Sweet 'n' juicy, a great lunchbox snack! ..... lb. **.35**

**Emperor Grapes**  
Red, sweet, juicy and plump! ..... lb. **.49**

**Fresh Lemons**  
Add zest to your favorite beverage ..... each **.22**

Prices effective Wednesday, October 10th, thru Tuesday, October 16th, 1979. COPYRIGHT © 1979 by Lucky Stores, Inc. All Rights Reserved.

# Lucky

DISCOUNT SUPERMARKETS

## Health & Beauty Aids at Low Everyday Prices

**Noxzema Shave Cream**  
Regular, Menthol, Lime and Wild Forest ..... 11 oz. **1.14**

**Dry Look Men's Hair Spray**  
Gillette-Regular or Extra Hold ..... 5 oz. **1.33**

**4-Way Nasal Spray**  
..... 0.5 oz. **1.14**

**Correctol Tablets**  
..... 30's **1.54**

**FEDERAL WAY STORE**  
1211 So. 320th Street



**Vitamin data available**

Many consumers may be wasting their money on vitamin pills and food supplement products they do not need.

Most people do not need supplemental vitamins at all so long as their diets include enough of the four basic food groups. These groups are the Milk Group, the Meat Group, the Vegetable and Fruits Group and the Grain Group. Choosing foods from these groups ensures you of getting the necessary nutrients each day.

The Washington State Dairy Council has available a useful information sheet on vitamins called "Vitamin Facts", which informs you about vitamins in general, food sources of vitamins, and their functions. For your copy, write the Washington State Dairy Council, 3830 Stone Way N., Seattle, Wash. 98103.

**Piggy bank specials**

Pasta has marched through the centuries in more than 100 shapes and sizes to become the mainstay of the Italian menu as well as a universal favorite. Shaped as everything from bows and O's to tubes and twists, pasta has been sauced, "souped-up," and tossed into a host of scrumptious dishes.

**POCKETBOOK PLEASER**

1 pound ground beef  
1/4 cup chopped onion  
1 medium clove garlic, minced  
1/4 teaspoon oregano leaves, crushed  
2 cans (15 ounces each) spaghetti in tomato sauce with cheese  
Grated Parmesan cheese

In skillet, brown beef and cook onion, garlic, and oregano until onion is tender. Add spaghetti. Pour into one and one-half quart casserole. Bake at 350 degrees F. for 30 minutes. Garnish with cheese.

**MEXICALI MONEY MINDER**

(Yield: 6 servings)  
1/2 cup chopped onion  
2 teaspoons chili powder  
1 small clove garlic, minced  
2 tablespoons butter or margarine  
2 cans (15 ounces each) macaroni and beef in tomato sauce  
1/2 cup canned corn with sweet peppers  
6 eggs

In skillet, cook onion with chili powder and garlic in butter until tender. Add macaroni and corn. Heat; stir now and then. Gently slip eggs into macaroni mixture. Cover; cook over low heat 10 minutes or until whites are firm.

**BUDGET BOOSTER SPAGHETTI BAKE**

(Yield: 4 cups)  
1 package (10-ounces) frozen chopped spinach, cooked and drained  
2 tablespoons finely chopped onion  
2 cans (15 ounces each) spaghetti with meatballs in tomato sauce  
2 tablespoons melted butter or margarine  
1/4 teaspoon basil, crushed  
4 slices Italian bread  
Combine spinach and onion. In one and one-half quart casserole, layer spinach between two layers of spaghetti. Combine butter and basil; brush on bread. Place bread on casserole. Bake in preheated 350-degree oven for 30 minutes or until hot.

**T TRADEWELL IS... QUALITY-IN EACH AND EVERY AISLE**

<p><b>CORNISH GAME HENS</b></p> <p>Medallion Flash Frozen 25 oz &amp; up <b>69¢</b> lb.</p>	<p><b>FRESH GROUND BEEF</b></p> <p><b>\$1.29</b> lb.</p>	<p><b>LEG OF PORK</b></p> <p>Lennon's Fresh, Shank Removed, 12 lb. to 16 lb. Legs <b>\$1.19</b> Half or Whole lb.</p>	<p><b>BEEF CHUCK STEAK</b></p> <p>U.S.D.A. Choice Boneless <b>\$1.49</b> lb.</p>
<p><b>Hygrade Sliced Bacon</b> Reg. or Thick 1 lb. Pkg. <b>\$1.19</b> ea.</p> <p>Filet of Snapper Fresh <b>\$1.79</b> Filet of True Cod Fresh <b>\$1.89</b> Filet of Sole Fresh <b>\$2.49</b></p>	<p><b>Beef Stew Meat</b> U.S.D.A. Choice Boneless lb. <b>\$1.79</b></p> <p><b>Kraft American Cheese</b> Singles... 12 oz. Pkg. <b>\$1.49</b> ea.</p>	<p><b>Beef Cross Rib Roasts</b> U.S.D.A. Choice Boneless lb. <b>\$1.98</b></p> <p><b>Oberto Pepperoni</b> Long 5-1/8 Cocktail oz. Pkg. <b>\$1.89</b> ea.</p>	<p><b>Beef Chuck Roasts</b> U.S.D.A. Choice Arm-Cut lb. <b>\$1.69</b></p> <p><b>Hygrade Ball Park Franks</b> Reg. or Beef 1 lb. Pkg. <b>\$1.59</b> ea.</p>

<p><b>CHUNK TUNA</b></p> <p>Standby; In Oil or In Water Pak <b>63¢</b> 6 1/2 oz.</p>	<p><b>CRISCO OIL</b></p> <p>Saled &amp; Cooking 1st 1; All Addit. At Reg. Price <b>\$1.78</b> 48 oz.</p>	<p><b>TOMATO SOUP</b></p> <p>Campbell's Condensed 1st 5; All Addit. At Reg. Price <b>19¢</b> 10 1/4 oz.</p>
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<p><b>Cat Food</b> Nine Lives Tins; Asst. Flavors 6 oz. to 6 1/2 oz. <b>28¢</b></p> <p><b>Muffin Mix</b> Jiffy; Bran w/Dates, Apples &amp; Cinnamon, Blueberry-Like 7 oz. <b>29¢</b></p> <p><b>Graham Crackers</b> Fireside; Honey 16 oz. <b>68¢</b></p> <p><b>Popcorn</b> Orville Redenbacher 30 oz. <b>\$1.78</b></p> <p><b>Garbage Bags</b> Neffy Tail Kitchen 30 ct. <b>\$2.18</b></p> <p><b>Baker's Coconut</b> Shredded or Angel Flake 14 to 16 oz. <b>\$1.49</b></p> <p><b>Paper Napkins</b> Viva Decorator Colors 140 ct. <b>69¢</b></p>	<p><b>Coffee-Mate</b> Carnation Non-Dairy Coffee Creamer 16 oz. <b>\$1.59</b></p> <p><b>Syrup</b> Mrs. Butterworth's 24 oz. <b>\$1.33</b></p> <p><b>Fabric Softener</b> Bounce 15' Off Label 40 ct. <b>\$2.09</b></p> <p><b>Fabric Softener</b> Downy 15' Off Label 64 oz. <b>\$2.09</b></p> <p><b>Snack Crackers</b> Sunshine; Hi-No 16 oz. <b>88¢</b></p> <p><b>Snack Crackers</b> Sunshine; Cheez-It 10 oz. <b>68¢</b></p> <p><b>Side Quick</b> Egg Noodles &amp; Sauce General Mills, Asst. Flavors 4 1/2 oz. <b>63¢</b></p>	<p><b>★ FROZEN FOODS ★</b></p> <p><b>Grape Juice</b> Welch's Concentrate 12 oz. <b>79¢</b></p> <p><b>Totino Pizza</b> Classic Combination Pepperoni/Mushroom 20 oz. <b>\$2.49</b></p> <p><b>Banquet Chicken</b> Thighs &amp; Drumsticks 25 oz. <b>\$2.18</b></p> <p><b>Fish Sticks</b> Van de Kamp's 20 oz. <b>\$2.39</b></p> <p><b>Apple Pie</b> Mrs. Smith's 26 oz. <b>\$1.29</b></p> <p><b>Potato Puffs</b> SNOBOY 2 lb. <b>79¢</b></p>
<p><b>Standby Green Beans</b> 4 Sieve Cut or French Sliced (12/\$3.49) 16 oz. <b>3/89¢</b></p>	<p><b>Standby Corn</b> Cream Style or Whole Kernel (12/\$3.49) 17 oz. <b>3/89¢</b></p>	<p><b>Standby Peas</b> 4 Sieve (12/\$3.88) 16 oz. <b>3/\$1</b></p>

<p><b>CAKE MIX</b></p> <p>Standby Layer Asst. Flavors 19 oz. <b>58¢</b></p>	<p><b>FLOUR</b></p> <p>Centennial Bleached White or Unbleached 10 lb. Bag <b>\$1.49</b></p>	<p><b>QUAKER OATS</b></p> <p>Quick or Regular 42 oz. <b>98¢</b></p>
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<p><b>YELLOW ONIONS</b></p> <p>Medium Size lb. <b>10¢</b></p> <p>Hubbard or Marblehead Squash lb. <b>10¢</b></p>	<p><b>Large Stalks Celery</b> ea. <b>39¢</b></p> <p><b>Clip Top Carrots</b> lb. <b>29¢</b></p> <p><b>Oranges</b> "SUNKIST" Valencia lb. <b>29¢</b></p> <p><b>Flavorful Yams</b> lb. <b>39¢</b></p> <p><b>Turnips or Rutabagas</b> lb. <b>29¢</b></p> <p><b>Cucumbers</b> Large Slicing ea. <b>25¢</b></p>	<p><b>RUSSET POTATOES</b></p> <p>U.S. No.1 10 lb. Bag <b>69¢</b> ea.</p> <p>Extra Fancy Red or Golden Delicious Apples lb. <b>39¢</b></p>
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**SALE PRICE GUARANTEE (Raincheck):** Each of these advertised items is required to be readily available for sale at or below the advertised price in each Tradewell store, except as specifically noted in this ad. We strive to have on hand sufficient stock of advertised merchandise. If for any reason we are out of stock, a SALE PRICE GUARANTEE (Raincheck) will be issued enabling you to buy the item at the advertised price as soon as it becomes available.

Prices Effective Oct. 10th Thru Oct. 13th 1979  
LIMIT RIGHTS RESERVED An Equal Opportunity Employer

**TRADEWELL**

23406 PACIFIC HWY. S.  
15858 PACIFIC HWY. S.  
24700 MILITARY RD. S.





# Tips for a safe and successful party

A good host or hostess knows not only how to entertain but how to entertain wisely. The secret to success is to plan ahead. Think twice about the guests, the food, the beverage service. Here are some helpful suggestions to insure not only the success of the party, but also the safety of the partygoers, especially those who will be driving home afterward:

- Serve appetizers before drinks.
- Don't serve salty foods—they increase thirst.
- Have alcohol beverages out of guests' sight and don't let them serve themselves.
- Don't push drinks and franks.
- If guests should overdrink, don't let them drive home. If necessary, put them in a cab.
- Plan a party theme around, for example, backgammon, cards, or chess that share the spotlight with your food and beverage service.
- 45 minutes before the end of party, conclude serving beverages.
- Have a variety of alternative drinks for guests who do not want alcohol beverages.
- As the host or hostess, you have a responsibility to set the mood of the party, particularly in the moderate, proper use of alcohol beverages at all times.

# Albertsons® Check Our Low

## FRESH CRABS

Cooked Dungeness

Fresh-Caught



**1.29** LB.

A NICE DEAL ALL AROUND

## MARINA TISSUE

Twin-Ply Bathroom

Assorted Colors  
4-Roll Pack



**75**¢

A NICE DEAL ALL AROUND

## MARGARINE

Blue Bonnet

Cubes  
1-Lb. Pkg.



**49**¢

A NICE DEAL ALL AROUND

### GUARANTEED MEATS

## PORK PICNICS

Bar-S Fresh  
4-6 Lb. Average



**79**¢ LB.

A NICE DEAL ALL AROUND

U.S. Choice, Boneless <b>Beef Round Steak</b> LB. <b>1.99</b>	Sliced and Tied, Fresh <b>Pork Picnics</b> LB. <b>85</b> ¢
U.S. Choice Beef, Boneless <b>Top Round Steak</b> LB. <b>2.29</b>	Hormel, By The Piece <b>Slab Bacon</b> LB. <b>89</b> ¢
U.S. Choice Beef, Boneless <b>Bottom Round Steak</b> LB. <b>2.29</b>	Fresh, head on <b>Domsea Trout</b> LB. <b>2.39</b>
U.S. Choice Beef, Boneless <b>Rump Roast</b> LB. <b>2.29</b>	Fresh Fillet of <b>Red Snapper</b> LB. <b>1.69</b>
Smoked or Barbequed, Cooked <b>Turkey Breast</b> Rich's LB. <b>2.79</b>	Meaty Sections <b>Snow Crab</b> LB. <b>2.69</b>

### TURKEY ROAST

Norbest Frozen Grade 'A' Hindquarters



**39**¢ LB.

### BEEF ROUND STEAK

Full Cut, Bone In



**1.89** LB.

USDA CHOICE

### MEAT DELI SPECIALS

**GOOD DAY SLICED BACON** LB. **99**¢

Lean and Flavorful!

**CHEESE FOOD** **TURKEY WIENERS** **LUNCH MEATS**

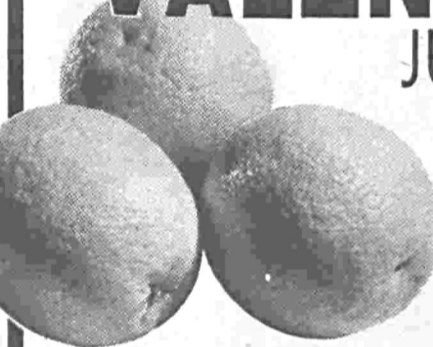
Albertson's American, Individually wrapped Slices, 12 Ounce EA. **1.29** Bonus Buy! Rich's, 12 Ounce EA. **89**¢ Bonus Buy! Rich's Turkey Bologna, 8 Ounce... EA. Salami, 8 oz... \$1.09 Ham, 8 ounce... \$1.49 Bonus Buy! **89**¢

### FARM FRESH PRODUCE

## VALENCIA ORANGES

JUMBO SIZE

Full of Juice



**5** \$1 LBS. FOR

A NICE DEAL ALL AROUND

Sunkist.

Full Tender Ears  
**Sweet Corn** **8**/\$1

JUMBO SIZE HONEYDEW  
**MELONS** **25**¢

Bonus Buy! Sweet and Thick-Meated LB.

Long Green Slicing  
**Cucumbers** **3** \$1 FOR

Vitamin Rich Danish or Butternut  
**Assorted Squash** LB. **19**¢


Adds Exquisite Flavor to Fruit Salads  
**Pomegranates** LB. **29**¢

Bonus Buy! **RUSSET POTATOES** **20** LB. BAG **1.29**

U.S. No. 2 All-Purpose

### IN-STORE BAKERY BUYS

**GLAZED APPLESAUCE**



**CAKE DONUTS**

Always Fresh and Moist

REG. 6/99¢  
10¢ EACH OR

**12** FOR **1.20**

A NICE DEAL ALL AROUND

### ASSORTED BREADS

Apache, Oatmeal, Potato, Buttertop White, Cracked Wheat, Buttertop Wheat, Dutch Crunch, Sesame Seed 1 Lb. 8 Ounces EACH **69**¢

**CINNAMON CHUNKY**

Glazed EACH **1.29**

EVERYDAY LOW PRICE

### CAKE of the WEEK

**2-Layer Chocolate Walnut Fudge Cake**

7-Inch Chocolate Cake, Chocolate Fudge Icing, Topped with Walnut Nuggets

**3.49** EA.

EVERYDAY LOW PRICE

### WINE SHOPPE

<b>SAN MARTIN WINES</b> Burgundy, Rose, 1.5 Ltr. <b>4.29</b> <small>Bonus Buy!</small>	<b>INGLENOOK WINES</b> Burgundy, Chablis, Riesling, 3 Ltr. <b>6.19</b> <small>Bonus Buy!</small>	<b>FRENCH COLOMBARD</b> Cribari, 1.5 Ltr. <b>2.99</b> <small>Bonus Buy!</small>	<b>CELLA LAMBRUSCO</b> 1.5 Ltr. <b>5.19</b> <small>Bonus Buy!</small>
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# Our low prices bring you in.

## Fresh Italian prunes for tempting tarts

Grown almost exclusively in the Northwest, Italian prunes are on the market from now into early October. As compared with plums, fresh prunes have firmer flesh,

higher sugar content and frequently higher acid content. They can be separated from the pit like a freestone peach, but a plum cannot.

Rich in iron and a good source of vitamins A, B, and B2, Italian prunes are a natural energy food and are easily

digested. They should be a good color - regal purple with silver-dusted skins, and a fairly firm-to-soft stage of ripeness (soft enough to yield to slight pressure). Avoid fruits with skin breaks, punctures, or brownish discoloration. Also avoid im-

mature fruits. Prunes are ideal for home canning, freezing, preserves, and relishes; but they are also delicious eaten fresh, out-of-hand, with ice cream, in salads, and in desserts. They make tasty pies, puddings, cakes, tarts, and other pastries. Just use

your imagination! If prunes are not quite fully ripe, ripen for a day or two at room temperature (not in direct sunlight) and then refrigerate immediately, when ripe, in plastic bags or moisture proof containers. Use within three to five days.

Whether canning or freezing, no lemon juice or ascorbic acid is necessary as cut prunes do not discolor. Freeze pitted halves cut side up on cookie sheets and transfer to freezer bags when completely frozen. The frozen prunes will keep well for a year.

Try drying prunes in the oven or dehydrator. Cut in half and pit, then blanch 30 seconds to crack skins. Place on trays and turn occasionally to hasten drying. Drying time averages six to eight hours for halves, 14 hours for whole prunes.

# Prices For A Nice Deal

**WESSON OIL**  
Pure Vegetable

24 Ounce Each

**99¢**




**SOFT DRINKS**  
7-Up, Diet 7-Up, Mug Root Beer

2 Liter No Deposit Plastic Bottle

**99¢**




**ORANGE JUICE**  
Sunkist Frozen

12 Ounce Each

**69¢**




**GROCERY SPECIALS**

**STAR-KIST CHUNK TUNA** **69¢**  
6 1/2 Ounce Oil or water EACH

8 Flavors, Half Gallon <b>Carnation Ice Cream</b> 1 <sup>89</sup>	Farman's 48 Ounce <b>German Dills</b> 1 <sup>29</sup>
Carnation 12 Pak <b>Dixie Cups</b> 1 <sup>89</sup>	Zee 140 Count <b>Country Napkins</b> 67 <sup>c</sup>
Cubes 1 Lb. <b>Autumn Margarine</b> 79 <sup>c</sup>	Jiff Creamy or Chunky 18 Ounce <b>Peanut Butter</b> 1 <sup>33</sup>
Parkay 1 Lb. <b>Soft Margarine</b> 85 <sup>c</sup>	Lipton, 6 Varieties, 4 Pack <b>Cup-a-Soup</b> EA. 61 <sup>c</sup>
Grade 'AA' 1 Lb. <b>Darigold Butter</b> 1 <sup>75</sup>	Kraft Macaroni & Cheese 14 Ounce <b>Deluxe Dinners</b> 95 <sup>c</sup>
Crescent 3 1/4 Ounce <b>Bacon Bits</b> 99 <sup>c</sup>	2 Lb. (Reg. '6.59) <b>MJB Coffee</b> 6 <sup>39</sup>
Crescent 1 1/4 Ounce <b>Pepper Flakes</b> 1 <sup>39</sup>	Decaffeinated, 8 Ounce (Reg. '4.67) <b>MJB Instant</b> 4 <sup>59</sup>

**FROZEN FOODS**

**BANQUET FRIED CHICKEN** **1<sup>89</sup>**  
Fully Cooked, 32 Ounce EA.

**BANQUET DINNERS** **59¢** EA.

Jeno's 7 1/4 Ounce <b>Pizza Snack Trays</b> 1 <sup>29</sup>	Fried Chicken, Turkey, Salisbury Steak, 11 Ounce; Beef Enchilada, Mexican, 12 Ounce
Ore-Ida 12 Ounce <b>Hash Browns</b> 2/89 <sup>c</sup>	
Mrs. Smith 46 Ounce <b>Pumpkin Pies</b> 1 <sup>99</sup>	
Jeno's 30 Ounce <b>"You Top It" Pizza</b> 3 <sup>99</sup>	

**DELI SHOPPE**  
FEDERAL WAY ONLY

**HOME-MADE PIZZA SALE!** **1<sup>00</sup>**

Fresh Deli Pepperoni, All Cheese, Sausage or Canadian Bacon - Just Heat and Eat!

**BUY ONE AT REGULAR PRICE & GET ONE FOR...**

Hormel, Reg. \$2.49 Lb., Save 60%! <b>All Meat Bologna</b> LB. 1 <sup>89</sup>	<b>REUBEN SELECT FULLY-COOKED ROAST BEEF</b>
Hormel, Reg. \$3.19 Lb., Save 60%! <b>Beef Salami</b> LB. 2 <sup>59</sup>	Reg. \$5.59 Lb., SAVE \$1.10! <b>4<sup>49</sup></b> LB.
New Coby, Reg. \$3.49 Lb., Save 60%! <b>Jack Cheese</b> LB. 2 <sup>89</sup>	
Fresh, Reg. \$1.09 Lb., Save 40%! <b>Potato Salad</b> LB. 69 <sup>c</sup>	

**BUTCHER BLOCK**

**SHRIMP** **5.59** LB.  
SHELLS ON HEADLESS

**PREPARED MEAT LOAF** **1.49** LB.  
VEAL-BEEF-PORK TASTEFULLY SEASONED

Reynolds Aluminum Recycling Pays **23¢** LB.

**CASH FOR ALUMINUM CANS**  
AND OTHER CLEAN HOUSEHOLD ALUMINUM AT ALBERTSONS/REYNOLDS MOBILE CENTER

Federal Way  
Fri. 10:30 a.m.-12  
Des Moines  
Sat. 3 p.m.-4 p.m.

**HALLOWEEN TRICK-OR-TREAT DONUT COUPONS**  
NOW ON SALE AT ALBERTSONS

Each Coupon is Redeemable for one Glazed, Raised or Sugar Donut at any Albertsons In-Store Bakery After November 1, 1979

**15** IN A BOOK FOR **\$1**

Available at in-Store Bakeries or Check Stands.



<b>SPIC and SPAN</b> 25¢ OFF Label 54 Ounce <b>1<sup>69</sup></b> EA.	<b>MR. CLEAN</b> ALL-PURPOSE CLEANER 20" Off 18 Ounce <b>1<sup>49</sup></b>	<b>DOWNY</b> FABRIC SOFTENER 15" Off Label 64 Ounce <b>2<sup>19</sup></b>
<b>BOUNCE</b> FOR THE DRYER Fabric Softener 15" Off 40 Count <b>2<sup>09</sup></b>	<b>COMET CLEANER</b> 2" Off 14 Ounce EACH <b>34¢</b>	

**Albertsons**

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Prices Effective October 10-16, 1979 Limit Rights Reserved.

**AVAILABILITY**  
Each of these advertised items is required to be readily available for sale at or below the advertised price in each Albertson's store, except as specifically noted in this ad.

**RAIN CHECK**  
We strive to have on hand sufficient stock of advertised merchandise. If for any reason we are out of stock, a RAIN CHECK will be issued enabling you to buy the item at the advertised price as soon as it becomes available.

# Our people bring you back.

## Kielbasa -- "melting pot"

America is the "melting pot" of the world and this is especially exemplified in its food tastes. Many cities have their own "little Italy," Polish and Irish sections where you can usually find the best of each nationality's cooking.

A very well known Polish dish is Kielbasa which is simply Polish sausage, but becomes something very special when simmered in beer! The mellow brew brings out the hearty flavoring of this particular meat.

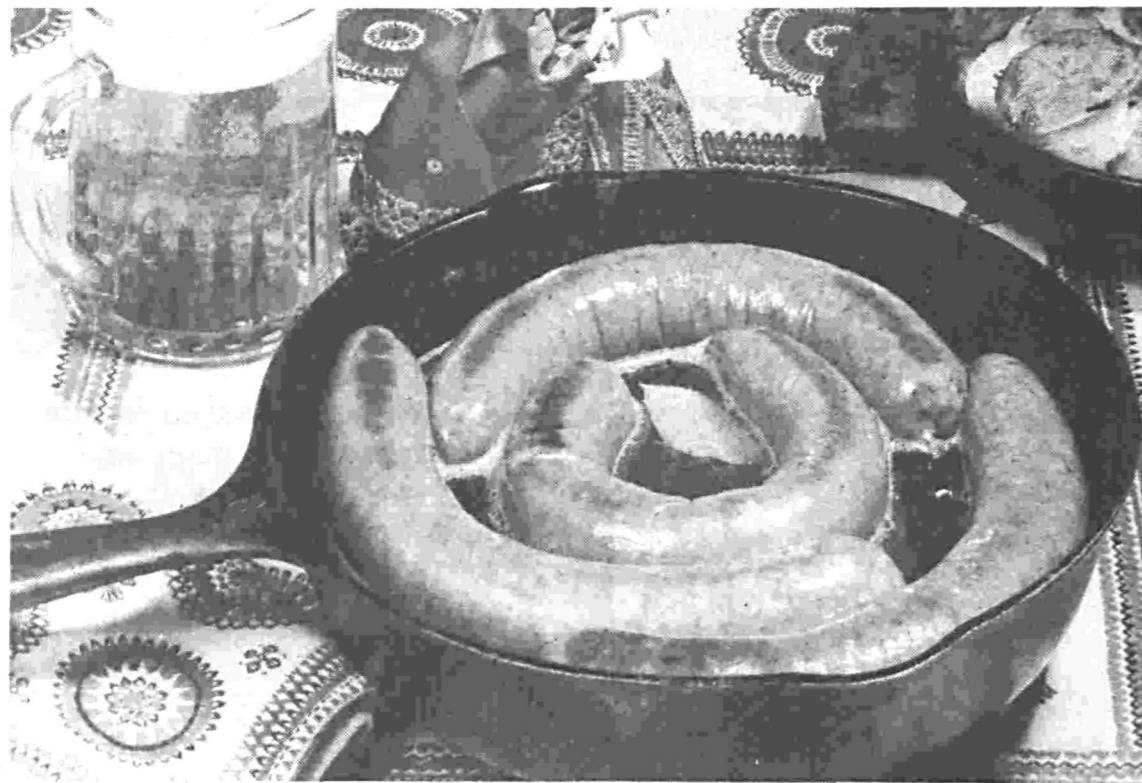
Kielbasa is a dish that invites satisfying accompaniments. Home fried potatoes fill the bill nicely. Serve with pumpernickel bread and mugs of cold beer and you've got yourself one satisfying meal!

**KIELBASA AND BEER**  
(Yield: 4 to 6 servings)

2 pounds Kielbasa (Polish sausage)  
1 can (12 ounces) beer  
1 bay leaf

¼ teaspoon pepper  
Cut sausage into chunks, brown lightly in large skillet over

high heat. Add beer, bay leaf and pepper. Simmer approximately 15 minutes.



**WIN!**

A Microwave Oven  
Up to \$300 of groceries  
(from Larry's Market)  
¼ beef (from Mr. Butcher)

**Rules:**

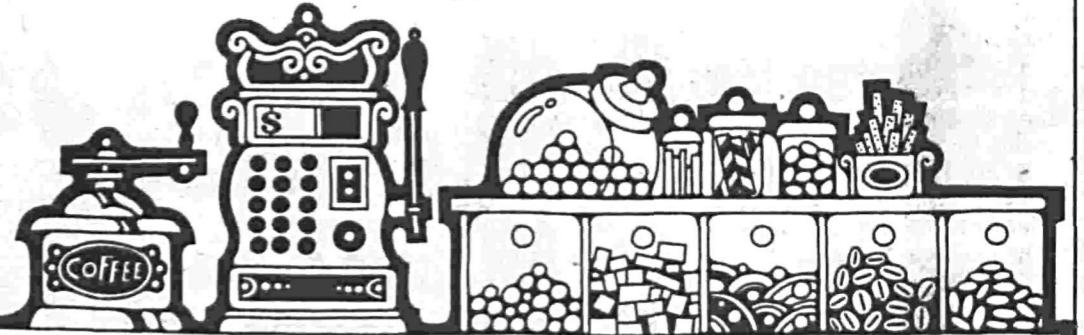
- List all ingredients in order of use. Give directions as thoroughly and succinctly as possible, including the number of servings.
- Entrants are limited to one entry in each category. More than one in a category will disqualify all entries by that contestant.
- Recipes must be complete to be considered.
- In case of identical entries, only the first received will be allowed.
- Anyone may enter with the exception of Robinson Newspaper employees and their families.
- Entry blanks must be complete to be considered. Be particularly careful to indicate the category. Categories are: Main Dishes, Salads/Vegetables, Breads & Pastries, Casseroles, Desserts & Miscellaneous.
- Three finalists in each category, from each of the three newspaper districts will be selected. They will participate in a Nov. 3 Taste-Off where three grand prize winners will be chosen by a panel of judges. All decisions will be final.
- Entries are to be mailed to:  
Cookbook Contest  
Federal Way News/  
Des Moines News  
1634 S. 312th St.  
Federal Way, Wa. 98003

**Sponsored By:**

- |                          |                                   |                             |  |
|--------------------------|-----------------------------------|-----------------------------|--|
| Mr. Butcher              | Hop In Grocery                    | The Gap                     | <b>IN DES MOINES:</b><br>Artistic Shears<br>Crabill's<br>B & E Meats<br>Window Engineering<br>Des Moines Highlander<br>The Mane Attraction |
| Kinderphoto              | Poverty Bay Wine & Cheese Company | Westfair Styling Salon      |  |
| House Of Fabrics         |                                   | David's Jewelers            |  |
| Nelson's TV              |                                   | Olivelli Deli               |  |
| General Nutrition        | On Stage                          | Straw Hat Pizza             |  |
| Kitchen Masters & Baths  | Shear Wizards                     | Rick Kelly Insurance        |  |
| Interiors Galore         | Nash Beauty School                | Guadalajara Restaurant      |  |
| Cram's Interiors         | People's                          | The Diet Center             |  |
| Walkley's Pharmacy       | Swissconsin Cheese                | Decorating Den              |  |
| Arlene's Studio of Dance | Sonia Flowers                     | Bev's Barber & Beauty Salon |  |
|                          | SeaTac Fireside Shop              | Jafco                       |  |

**Mail to: COOKBOOK CONTEST**

Federal Way News / Des Moines News  
1634 S. 312th St.  
Federal Way, Wa. 98003



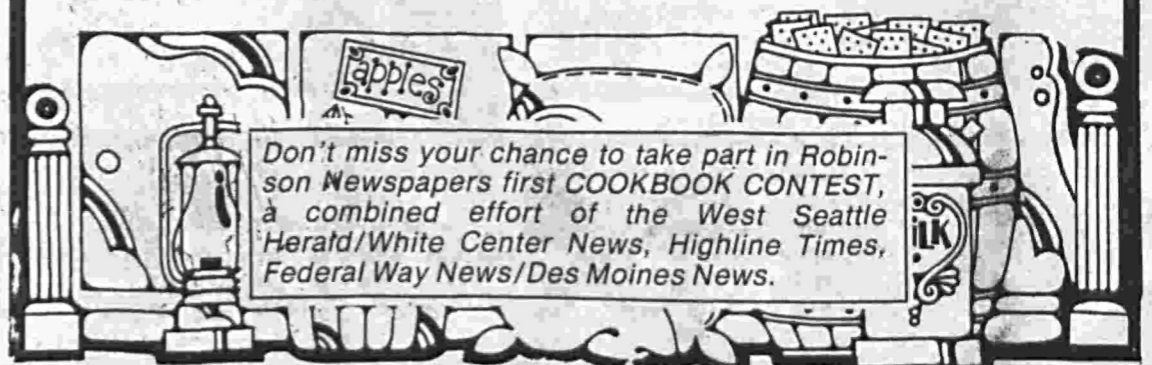
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Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
CATEGORY \_\_\_\_\_  
Name Of Recipe \_\_\_\_\_

**Ingredients**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Directions**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Don't miss your chance to take part in Robinson Newspapers first COOKBOOK CONTEST, a combined effort of the West Seattle Herald/White Center News, Highline Times, Federal Way News/Des Moines News.

# Fred Meyer

SAVE TIME  
SAVE GAS  
SAVE MONEY

**ONE STOP SHOPPING CENTERS**

Prices good Wed., Oct. 10 thru Sat., Oct. 13, 1979



Your Choice

- Sliced, Crushed or Chunks in pineapple juice
- Crushed or Chunks in syrup

## Dole Pineapple

8 to 8 ¼ oz. cans

# 389¢

for

30¢ ea.

Bumble Bee Oil or Water Packed

## Chunk-Light Tuna

6 ½ oz. can



# 67¢

ea.

First 3-Additional at Regular Price

Refreshing  
**Dole Pineapple Juice**  
79¢ ea.

Bumble Bee Oil or Water Pack  
**Solid Pack White Tuna**  
7 oz. can  
\$1.09 ea.

6 Pack  
**Dole Pineapple Juice**  
Carton of six 6 oz. cans  
\$1.19 ea.

We Reserve The Right To Limit Quantities.  
Each of these advertised items must be readily available for sale at or below the advertised price in each Fred Meyer store, except as specifically noted in this ad. Food Sections Bellevue and Midway Stores Only.

## Travel the world via your soup bowl

For a whirlwind tour of the world try serving soups with a foreign flare. In just minutes you can have soup inspired by favorites indigenous

to Scotland, Peru, Hungary and Germany.

**HUNGARIAN GOULASH SOUP**  
(Yield: 7 cups)

½ pound lean beef cubes (one-half inch)  
2 tablespoons shortening  
1 can beef broth  
1 can mushroom soup  
1 tablespoon paprika

½ teaspoon caraway seed  
1-½ soups cans water  
1 cup chopped tomatoes  
½ cup chopped onions  
½ cup carrot cut in

one-half inch pieces  
1 cup cubed potatoes  
½ cup green pepper strips

In large saucepan, brown beef in shortening; pour off fat.

Blend in soups, paprika, caraway, and water. Add tomatoes, onion, and carrot. Bring to a boil; reduce heat. Cover; simmer 15 minutes.

Add potatoes and green pepper. Simmer 15 minutes more or until done. Stir occasionally.

2 soup cans water  
1 tablespoon prepared mustard  
1 package (10 ounces) frozen peas and pearl onions

In large saucepan, brown knockwurst and cook celery and carrots with margarine in butter until tender. Blend in remaining ingredients. Bring to boil; reduce heat and cover. Simmer 30 minutes or until done. Stir occasionally.

**HIGHLAND CLAN SOUP**  
(Yield: 7 cups)  
4 medium parsnips (about one-half pound)  
½ pound ground lamb  
2 cans beef soup  
1-½ soups cans water  
1 can (about 8 ounces)

tomatoes, chopped  
One-third cup dried split peas  
¼ cup sliced leeks or green onions  
½ teaspoon rosemary leaves, crushed

Cut parsnips in half lengthwise; cut in one-half inch pieces. In large saucepan, brown lamb (use shortening, if necessary); stir to separate meat. Pour off fat.

(Add parsnips and remaining ingredients. Bring to boil; reduce heat. Cover, simmer for 30 minutes or until peas are done. Stir occasionally.)

**ANDRES SHRIMP AND CORN CHOWDER**  
(Yield: 7 cups)  
¾ cup chopped green

onions  
1 small clove garlic, minced  
½ tablespoon cayenne pepper  
1 tablespoon butter or margarine

2 cans cream of potato soup  
1 package (3 ounces) cream cheese, softened  
1-½ soups cans milk  
2 cups frozen cleaned raw shrimp  
1 can (about 8 ounces) whole kernel golden corn, undrained

In saucepan, cook onions with garlic and pepper in butter until tender. Blend in soup, cream cheese, and milk; add shrimp and corn. Bring to a boil; reduce heat. Cover; simmer 10 minutes or until done. Stir occasionally.

## Old-time apple squeezing in Steilacoom

The Steilacoom Historical Museum Assn. will hold its seventh annual Steilacoom Apple Squeeze, Oct. 14, from 10 a.m. to 4 p.m. Sixteen old-time, hand-made, and modern apple presses will be housed under a large tent on Lafayette Street in the center of town. On a first-come, first-serve basis any one of the presses may be used to squeeze fresh apple cider free of charge.

Each family is asked to limit their squeeze to two boxes or three gallons in order to assure participation by all interested. However, each family may line up as often as they wish.

Fresh cold or hot mulled cider by the glass, fresh apple pie a la mode, hot apple butter on fresh baked bread, candied or caramelized apples, ice cream, coffee or donuts.

A demonstration press will be manned by members of the Historical Museum Assn. so that the complete squeezing process may easily be seen by all.

Visitors are encouraged to bring their own washed apples and containers, but both apples by the box and cider containers will be on sale so that those who come unprepared

may still participate. Cider will also be sold by the gallon.

Proceeds from the event will help the association support Steilacoom historical sites. All sites will be open on the day of the squeeze and are within easy walking distance of the squeeze area.

An apple identification booth will be set up near the cider

squeezing area. Anyone wishing to know their tree type must bring two apples and a sample of foliage as well as a stamped, self-addressed post card all in a small bag. Experts will be available for immediate identification.

Carriage rides behind a Morgan team will be supplied for children.

## Yogurt van at SeaTac Mall

Ever miss the Good Humor Man and his truck full of cold soothing flavors on a hot summer day? Fret no more. This season, the Yoplait Yogurt sampling vans will be circulating throughout Federal Way at SeaTac Mall on Oct. 11 offering free samples of yogurt.

Yoplait, the yogurt of France, is sold in 26 countries. Yoplait, USA, a subsidiary of General Mills, has designed the Yoplait sampling vans with the distinctive green strips and the multi-colored daisy, symbol of Yoplait around the world. French cafe music plays as the Yoplait hostesses hand out full 6-ounce cups of the yogurt.

## Microwave masterpieces

When unexpected guests arrive, serve an elegant Microwave Cheese Fondue, prepared in less than five minutes in the microwave. A rich blend of Swiss cheese and seasonings, fondue will make any occasion special.

Stir in half-and-half and cook an additional 30 seconds on Simmer-Defrost. Dip squares of bread into fondue.

**STRAWBERRY STRUDEL BARS**  
(Yield: 12 bars)

¼ cup butter  
1 cup sugar  
1 egg  
1 teaspoon vanilla  
2 cups sifted flour  
½ teaspoon allspice  
½ teaspoon nutmeg  
1 cup chopped walnuts  
¾ cup strawberry preserves

**MICROWAVE CHEESE FONDUE**  
(Yield: 2 to 4 servings)

4 egg yolks, beaten  
1-½ cups grated Swiss cheese  
½ teaspoon salt  
½ teaspoon pepper  
½ teaspoon garlic salt  
½ teaspoon paprika  
¼ cup butter  
¼ cup half-and-half French bread, cut into one-inch cubes

Lightly grease an 8-inch round microwave baking dish. Set aside. Beat butter and sugar together until light and fluffy. Beat in egg and vanilla. Stir in flour, allspice, nutmeg and nuts. Spoon half the mixture into the prepared baking dish and flatten. Spread with preserves. Top with remaining dough.

Cook, uncovered, eight minutes on Full Power or until top looks dry. (If your microwave does not have a carousel, rotate one-fourth turn every two minutes.) Cool and cut into bars.

In glass measure, melt butter 45 seconds on Full Power. Stir melted butter into cheese mixture a small amount at a time. Cook, uncovered, one minute on Simmer-Defrost.

Note: A Simmer-Defrost setting is equivalent to 50 percent power.

Cooking times given are based on the use of a 650 watt oven. For use in ovens of different wattages, consult your cookbook.

Any meal on wheels appeals to youngsters and whether it's a cross-country move or a short jaunt on a Sunday afternoon, a light lunch in the car has hidden rewards. It relieves the boredom, subdues the bickering and calms everybody down. Take along sandwiches, fruit, and a thermos of flavored milk. Dissolve one envelope unsweetened soft drink mix - any flavor, and one cup sugar in one cup water. Stir this mixture into seven cups whole or skim milk and transfer to a 2-quart thermos.

One child's drink for the road

<p><b>CHIQUITA BANANAS</b> GOLDEN RIPE ..... LBS. <b>4/1</b></p>	<p><b>LARGE EGGS</b> GRADE "AA" FRESH ..... DOZEN <b>59</b></p>	<p><b>WESSON OIL</b> PURE VEGETABLE OIL ..... 24 OZ. <b>99</b></p>	<p><b>PAN READY FRYERS</b> "ECONOMY PACK" FROM WASHINGTON GROWN FRYERS ..... LB. <b>59</b></p>
<p><b>SUNKIST ORANGES</b> LARGE SIZE ..... LBS. <b>4/1</b></p>	<p><b>BONELESS HAMS</b> ARMOUR MELLOWSWEET BONELESS HAMS FULLY COOKED, WATER ADDED IN 7 TO 9 LB. AVERAGE SIZES. WHOLE ..... LB. <b>1.58</b> <b>1.48</b></p>	<p><b>TILLAMOOK CHEESE</b> Tillamook 2 LB. MEDIUM CHEDDAR <b>3.29</b></p>	<p><b>OREO'S</b> NABISCO REGULAR OR DOUBLE STUFF ..... 15 OZ. <b>99</b></p>
<p><b>APPLES</b> RED OR GOLDEN DELICIOUS ..... LB. <b>39</b></p>	<p><b>RUMP ROAST</b> U.S.D.A. CHOICE BEEF BONE-IN ROASTS ..... LB. <b>1.79</b></p>	<p><b>BALL PARK FRANKS</b> HYGRADE ALL BEEF, ALL MEAT OR BIG BEEF. ..... LB. <b>1.49</b></p>	<p><b>MJB COFFEE</b> REGULAR, DRIP OR ELECTRIC PERK ..... 2 LB. <b>5.99</b></p>
<p><b>CABBAGE</b> SOLID HEADS ..... LB. <b>15</b></p>	<p><b>SIRLOIN TIP</b> U.S.D.A. CHOICE BEEF BONELESS ROASTS ..... LB. <b>2.29</b></p>	<p><b>HORMEL LUNCH MEATS</b> ARMOUR SLICED 9 VARIETIES TO CHOOSE FROM ..... 6 OZ. <b>77</b></p>	<p><b>POTATO CHIPS</b> PARADE REG. DIPPERS OR BBQ. ..... 9 OZ. <b>69</b></p>
<p><b>CARROTS</b> U.S. NO. 1, LOCALLY GROWN IN CELLO BAG ..... 1 LB. <b>25</b></p>	<p><b>ROUND STEAKS</b> U.S.D.A. CHOICE BEEF TOP OR BOTTOM ROUND STEAKS ..... LB. <b>2.29</b></p>	<p><b>POLISH SSQE.</b> ARMOUR RINGS ..... 12 OZ. <b>1.69</b></p>	<p><b>POTATOES</b> U.S. NO. 1 IN CELLO BAG ..... 10 LBS. <b>69</b></p>
<p><b>DUCHESS VEGETABLES</b> CREAM OR WHOLE CORN, DICED BEETS, SALAD CUT CARROTS. ..... 16 OZ. <b>3/1</b></p>	<p><b>DARIGOLD CHEDDAR</b> DARIGOLD SHARP ..... 12 OZ. <b>1.98</b></p>	<p><b>DANOLA MEATS</b> THINS SLICED 6 VARIETIES ..... 2 OZ. <b>39</b></p>	<p><b>SOLE FILLETS</b> FRESH ..... LB. <b>2.39</b></p>
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<p><b>OCEAN SPRAY</b> CRANBERRY SAUCE JELLED OR WHOLE ..... 16 OZ. <b>2/89</b></p>	<p><b>ROUND STEAKS</b> U.S.D.A. CHOICE FULL CUT. ..... LB. <b>1.78</b></p>	<p><b>MINUTE MAID ORANGE JUICE</b> ORANGE JUICE, FROZEN ..... 12 OZ. <b>79</b></p>	<p><b>JIF</b> CREAMY OR CRUNCHY PEANUT BUTTER ..... 18 OZ. <b>1.19</b></p>
<p><b>FRUIT COCKTAIL</b> LIBBY'S ..... 49</p>	<p><b>GREEN BEANS</b> DUCHESS SHORT CUT ..... 16 OZ. <b>4/1</b></p>	<p><b>HEINZ KETCHUP</b> ..... 24 OZ. <b>73</b></p>	<p><b>VET'S DOG FOOD</b> ALL VARIETIES ..... 15 ½ OZ. <b>6/1</b></p>
<p><b>PORK 'N BEANS</b> VAN CAMP'S ..... 8 OZ. <b>4/1</b></p>	<p><b>SPAM</b> HORMEL LUNCHEAT ..... 12 OZ. <b>1.19</b></p>	<p><b>BREAD</b> WHITE SANDWICH ..... 24 OZ. <b>69</b></p>	<p><b>SASSOON SHAMPOO</b> VIDAL SASSOON ..... 6 OZ. <b>2.99</b></p>
<p><b>RITZ CRACKERS</b> ..... 1 LB. <b>89</b></p>	<p><b>HEINZ KETCHUP</b> ..... 24 OZ. <b>73</b></p>	<p><b>DUNKETTES</b> CRUMB STYLE ..... 11 OZ. <b>99</b></p>	<p><b>SASSOON RINSE</b> VIDAL SASSOON ..... 6 OZ. <b>2.99</b></p>
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PRICES EFFECTIVE OCT. 10 - 16

# Eat-on-the-run coffee cake for "breakfast skippers"

Here's a "blueberry breakfast" item the whole family will love. Adding yogurt, eggs and blueberries to a convenient cake mix results in Blueberry Crunch Coffee Cake. It's

especially moist with a unique flavor. For a coffee cake, it's also extra-nutritious, because it has added protein, vitamins and minerals contributed by eggs and yogurt.

Fresh or frozen blueberries make it a year-around favorite. Prepare it the day before and wrap each serving individually. You may be surprised at how eager for a morning meal your

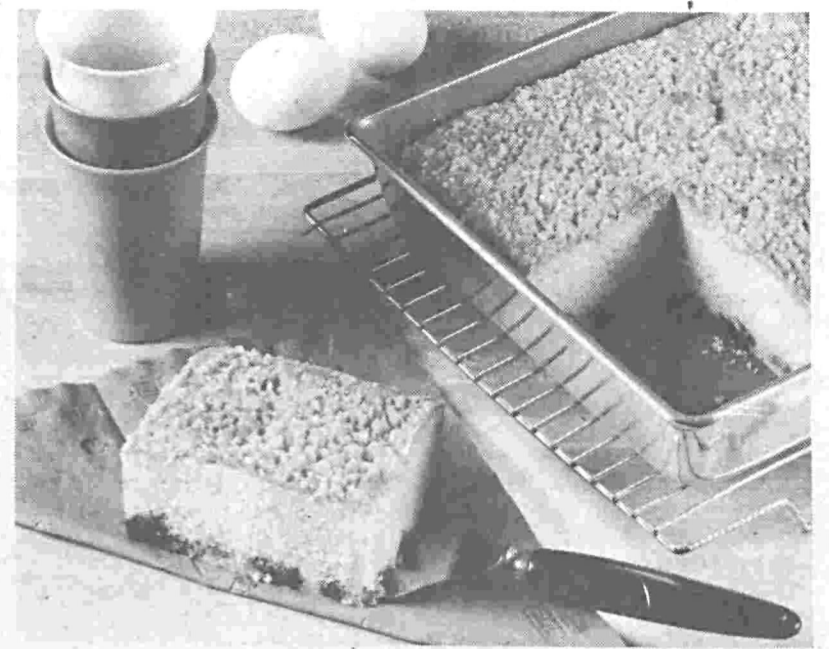
"breakfast skippers" may become, when they find breakfast can be eaten on the way to school or work. Make-ahead, eat-on-the-run Blueberry Crunch Coffee Cake just may make breakfast an everyday thing at your house.

**BLUEBERRY CRUNCH COFFEE CAKE**  
(Yield: 8 to 10 servings)

1/2 cup all-purpose flour  
1/4 cup firmly packed brown sugar  
1/4 cup firm butter  
1 package (20 ounces) yellow pudding-type cake mix  
5 eggs  
1 carton (8 ounces) plain yogurt  
2 cups fresh or frozen (thawed) blueberries

In small bowl combine flour, sugar and butter until crumbly. Set aside. In large mixing bowl, combine

cake mix, eggs and yogurt. Beat at medium speed for three minutes. Gently fold in berries. Pour into well-greased 13-by-9-by-2-inch pan. Sprinkle top with butter-sugar-flour mixture. Bake in preheated 350-degree oven for 35 to 40 minutes, or until cake springs back when touched lightly with a finger. Cool about 10 minutes before serving.



## Harvest show-off

The time has come to prove that yours are the biggest and best tomatoes on the block. Beautiful and tasty they are, marinated in prepared Italian salad dressing with minced onion, but they cannot stand alone at a harvest gathering.

Crispy Cold Chicken provides a substantial accompaniment. Finely crushed potato chips are added to an envelope of seasoned coating mix for chicken. When chilled: results in cold chicken that's extra crispy outside yet moist and tender inside. So good, so tasty that tomatoes may have to take a back seat.

**CRISPY COLD CHICKEN**  
(Yield: 4 servings)  
1 cup potato chips  
1 envelope seasoned coating mix for chicken - original

flavor  
2-1/2 pounds cut-up chicken  
1 egg, slightly beaten  
Place potato chips in plastic shaker bag and crush finely; mix in seasoned coating mix. Moisten chicken pieces with egg; then shake one piece at a time in the bag until evenly coated. Arrange in single layer in ungreased shallow baking pan. Bake in preheated 400 degree

oven for 40 to 50 minutes or until tender. Remove from pan and serve warm or cold. Cover and refrigerate any leftovers.

**Marinated Sliced Tomatoes:** Pour one-half cup prepared Italian salad dressing over three tomatoes, sliced, and one-fourth cup minced onion. Chill at least two hours.



## Hale 'n hardy dinners

Beans will transform leftovers into a dish that's as tasty as the original. When time is tight, reach for a can of beans...you'll have dinner on the table in no time. Whether you're cooking for a crowd or an intimate few, you can rely on beans to see you through.

So, for some great eating experiences, ready your can openers, follow the lead on the pages to come...and let your imagination fly.

**CHOPS WITH A TWIST**  
(Yield: 4 servings)  
4 pork chops (about one pound)  
1 tablespoon shorten-

ing  
4 slices onion  
1/4 teaspoon salt  
Generous dash pepper  
1 can (16 ounces) pork and beans with tomato sauce  
2 tablespoons finely chopped dill pickle  
2 teaspoons prepared mustard  
In skillet, brown chops in shortening. Pour off fat. Top each with onion slice; season with salt and pepper. Cover; cook over low heat 40 minutes or until tender. Add remaining ingredients. Heat; stir now and then.

**BEANS AND FRANKS AU GRATIN**  
(Yield: 4 to 6 servings)

One-third cup chopped onion  
1 medium clove garlic, minced  
1/4 teaspoon Italian seasoning, crushed  
2 tablespoons butter or margarine  
2 cans (16 ounces each) beans and franks in tomato and molasses sauce  
4 slices tomato  
1/4 cup shredded sharp cheddar cheese

In saucepan, cook onion, garlic, and seasoning in butter until onion is tender. Add beans and franks. Pour into 8-inch square baking dish. Top with tomato; sprinkle with cheese. Bake in preheated 400 degree oven for 20 minutes.

## Out of this world entree

If you're looking for something different to serve the family, try a little old world flavor. Pastitsio is an unusual Greek entree that has a custard topping.

Shrimp Curry on Raisin Toast is quick and easy to prepare for brunch or for supper. It calls for fresh cooked or canned shrimp.

**PASTITSIO**  
(Yield: 8 servings)  
2 large onions, chopped  
1/4 teaspoon cinnamon  
1/4 teaspoon nutmeg  
1 teaspoon salt  
1-1/2 pounds ground chuck  
1/4 cup butter  
1 (15 ounce) can tomato sauce  
1 cup California seedless raisins  
1 (7-1/4 ounce) package macaroni and cheese  
2 cups milk  
3 lightly beaten eggs  
1/4 cup shredded Parmesan cheese

Cook onions, seasonings and beef in butter, stirring, until beef browns. Add tomato sauce and raisins; cover and simmer about one-half hour.

Cook macaroni as package directs; drain. Mix cheese in

package with milk and cook over low heat until smooth. Add eggs carefully and cook, stirring, until sauce is creamy. Add Parmesan cheese. Place half of macaroni in bottom of 9-by-13-by-2-inch glass baking dish. Cover with meat mixture, then remaining macaroni. Pour custard over top. Bake in preheated 325-degree oven for 45 minutes, until custard sets.

**SHRIMP CURRY ON RAISIN TOAST**  
(Yield: 6 servings)  
3 tablespoons butter  
1 teaspoon curry powder  
2 tablespoons finely chopped green onion  
1/4 cup finely chopped celery  
2 cups deveined cooked shrimp  
2 tablespoons flour  
2 cups milk  
1 teaspoon lemon juice  
1 teaspoon seasoned salt  
12 slices raisin bread  
Quick Raisin Relish (see recipe below)  
Melt butter with curry powder; add onion, celery and shrimp. Cook over

moderate heat two or three minutes until vegetables soften. Blend in flour, then slowly mix in milk. Cook, stirring until mixture boils and thickens. Add lemon juice and seasoned salt. Keep hot until ready to serve.

Toast raisin bread. Place one slice in each of six bakers. Cover with shrimp curry. Cut remaining toast into quarters and place around edge of curry. Top with Quick Raisin Relish. Serve with slivered almonds, coconut and other condiments as desired.

**QUICK RAISIN RELISH**  
Combine one and one-half cups California seedless raisins, two tablespoons vinegar, one-fourth cup brown sugar (packed), one tablespoon instant minced onion and one drained eight and one-half ounce can crushed pineapple. Cook over low heat 10 minutes, stirring occasionally. Store in covered jar in refrigerator. Makes about one pint.

Here's a mouthwatering beef recipe which won't break the budget. Sprinkle a beef chuck roast with seasoned salt, seasoned pepper and garlic powder with parsley. Brown

in hot oil on all sides, add water to cover and simmer slowly until tender. Serve with crisply steamed vegetables and the family will know they're attending a banquet.

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# Cornish game hens turn dinner into extra festive affair

Aristocrat of the poultry family, Cornish game hens were once prized as a rare delicacy for its plump, sweet, tender meat. Today they are a household favorite. They're perfectly sized to store conven-

niently in your freezer. A whole bird makes a satisfying individual serving, as pleasing to the eye as

it is to the palate. Keep them on hand, and you'll always be ready to whip together an extra-

festive company dinner or family meal on short notice.

## CORNISH

### GAME HENS BOMBAY

(Yield: 4 hens)  
4 Cornish game hens  
Baste  
2 tablespoons salad oil  
1 teaspoon soy sauce  
½ teaspoon ground ginger  
½ cup white wine  
Stuffing

Giblets from two hens  
2 cups water  
¼ teaspoon celery salt  
1 tablespoon minced parsley  
½ teaspoon sage  
Salt and pepper to taste  
¼ cup canned chopped mushrooms  
2 slices white bread, buttered and diced  
Combine and heat baste ingredients. Makes about one-half cup.

Combine giblets, water, and seasonings, bring to boil; then simmer until giblets are tender and liquid is reduced. Remove and chop giblets, mix with chopped mushrooms, and diced bread. Moisten stuffing with one-fourth to one-third cup broth from

giblets. Stuff birds and roast in a 350 degree oven for about one hour, basting often until done.

### CORNISH GAME HENS JEREZ

6 Cornish game hens  
1 cup butter  
1 cup medium-dry sherry (Amontillado, or if you prefer it sweeter, Oloroso)  
3 tablespoons tarragon  
6 cloves garlic, peeled  
Salt and pepper  
Garlic powder  
Garnish (pimento, stuffed olives, or your choice)

In the morning, make the basting sauce. Melt butter, add wine, one tablespoon tarragon. Place clove garlic in each bird, also one teaspoon tarragon, one-half teaspoon salt, one-eighth teaspoon pepper. Sprinkle outside with garlic powder. Refrigerate until about one hour before serving dinner.

Place Cornish hens in large shallow pan. Brush with sauce made earlier and use this same sauce to baste often during cooking time. Cook in preheated 400-degree oven for one hour, arrange on serving dish or platter, pour drippings over birds, garnish and serve.

### ROCK CORNISH GAME HENS TERIAKI

6 Cornish game hens  
½ cup lemon juice  
1-½ cups soy sauce  
1-¼ teaspoons (or freshly grated) ginger  
1-½ cloves garlic, crushed or put through a garlic press  
1 whole onion, finely chopped  
1-½ teaspoons parsley (crumbled)  
1-½ teaspoons salt  
1 teaspoon rosemary (crumbled)  
¼ teaspoon white pepper

This is for oven or outdoor barbecue. If you barbecue, be certain the coats have burned down. Preheat oven 400 degrees. Arrange Rock Cornish Hens in shallow pan

30 minutes. Split Cornish hens in half. Put into bowl and pour combined ingredients over them. Marinate overnight or from 12 to 24 hours (turn if necessary). Place halves on broiler rack, skin side down, in preheated 350-degree oven for 30 minutes. Turn the halves over and continue to broil another 30 minutes.

## Breakfasts for those dashing out the door

Even though nutrition experts may disagree on diet theories, they generally agree on the need for a good breakfast. The usual recommendation is that about one-third of the day's calories be eaten at the first meal of the day. Since the period between last night's dinner and this morning's breakfast is a relatively long one, their advice makes good sense.

Unfortunately, many of us yield to the temptation of another 40 winks and skip breakfast entirely. Some teachers report that a child who falls asleep, is inattentive or has behavioral or learning problems is often one who has an inadequate breakfast or, worse still, no breakfast at all.

breakfast has largely become a thing of the past—if, indeed, it ever existed universally. School activities, heavy travel schedules, working mothers and the general pace of daily living make breakfast-on-the-run a more common practice. While the eat-as-you-go habit is perhaps not the very best way to start the day, it is certainly a better alternative than not eating at all.

Because good nutrition does not necessarily depend upon preparation time, an easily-fixed, quickly-eaten breakfast can be just as nutritious as a more leisurely meal. With the right combination of foods, we need sacrifice neither time nor nutrition.

range of nutrients that can help keep the body running efficiently until lunch time. This energy is metabolized so quickly that hunger pangs are back again in a very short time.

For a super quick breakfast on the spot, consider a blender beverage. Add milk, fruit or juice to an egg. Blend with a touch of honey, chocolate syrup, preserves, malt powder or any other favorite flavoring.

If a prepare-ahead breakfast that can be eaten on the run would better suit your needs, keep hard-cooked eggs in mind. For you, a sprinkling of seasoned salt or a herb, and for the kids, some crushed peanuts, can go along (in a plastic bag) for dipping. Deviled eggs, too, are

great breakfast take-alongs! Put them together like a sandwich with cheese or luncheon meat in between the deviled egg halves.

Or consider a baked custard pudding. Your favorite cookbook probably has several recipes for various fruit-flavored versions. Though egg salad is not a usual breakfast item it's got all the nutrients you need for breakfast. Serve it chilled in pocket bread for easy eating or add shredded cheese to your favorite recipe. Put it on an English muffin bagel or toast and broil until the cheese melts. A wedge of cold quiche can serve for breakfast too. Wrap it and run!

make breakfast, but time to sit down and eat it, make French toast ahead of time and freeze it. As each family member is ready for breakfast, pop a slice or two into the toaster to reheat. Poached eggs, too, can be made ahead of time. Undercook them slightly and refrigerate them floating in water in a covered container. To reheat, simply slip them into simmering water for about a minute or so.

Eggs for breakfast need not be limited to the traditional versions. They fit into many different dishes—baked goods, puddings, beverages. Let breakfast on the run be creative, imaginative and fun!

## Cookbook offers busy-day recipe

With a little imagination and a few minutes preparation, active working people can also find time to whip up appetizing creations without a lot of fuss.

To find these quick and easy recipes, Kelly Services, Inc., a temporary employment services, went to more than 10,000 employees for recipe ideas.

Among the winning entries were two Seattle women, Patty Cockrell for her recipe Vegetarian Fried Rice, and Rivka Pratt for her Chinese Shrimp Salad.

### FRIED RICE

Yield: 1 to 2 servings  
One-third green pepper, diced  
3 tablespoons diced onion  
One-third cup grated carrots  
3 stalks shredded Bok Choy (Chinese lettuce)  
1 teaspoon fresh ginger, slivered  
1 cup cooked, cold rice, brown or white  
1-½ tablespoons sesame or sunflower seeds  
1 scrambled egg  
2 tablespoons soy sauce (add more to taste)  
1 tablespoon oil (vegetable or peanut)  
½ cup tofu (optional)  
Heat oil in heavy

frying pan or a wok to 325 to 350 degrees F. Cut vegetables into small pieces. Fry egg (scramble). Stir fry vegetables, rice, and egg, add soy sauce and seeds. Lower heat and cover, stirring occasionally (about four minutes). Serve immediately.

### CHINESE SHRIMP SALAD

½ pound shrimp (fresh, frozen and canned)  
4 cups celery chopped fine (may substitute Knappa or Chinese Cabbage for celery)  
1 small can whole water chestnuts, quartered  
½ pound fresh bean sprouts (blanched and

cooled)  
3 to 4 tablespoons mayonnaise (as desired)  
¼ to ½ teaspoon curry powder  
Lemon juice, as desired

Combine all ingredients. (Medium size shrimp are much to be desired over cocktail size.) (This recipe can be for two people by cutting in half, or may be increased to serve a larger group. Do not use lettuce since it tends to wilt and take away from the crispness of the salad. May be eaten immediately although it is better refrigerated overnight to blend the flavors.

## VEGETARIAN

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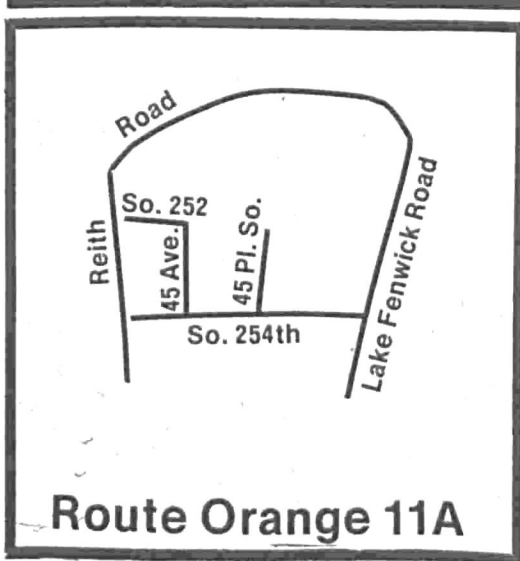
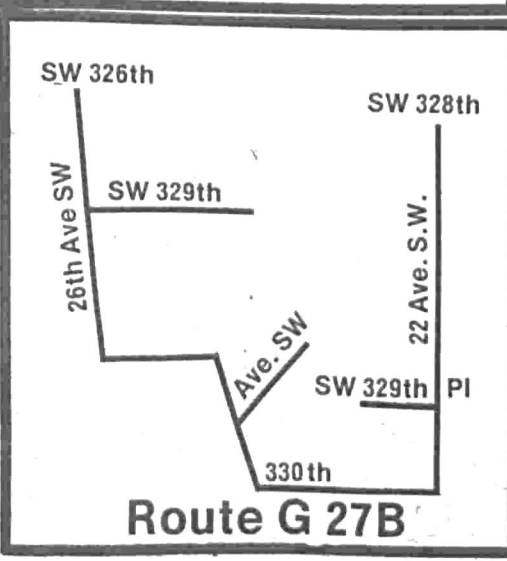
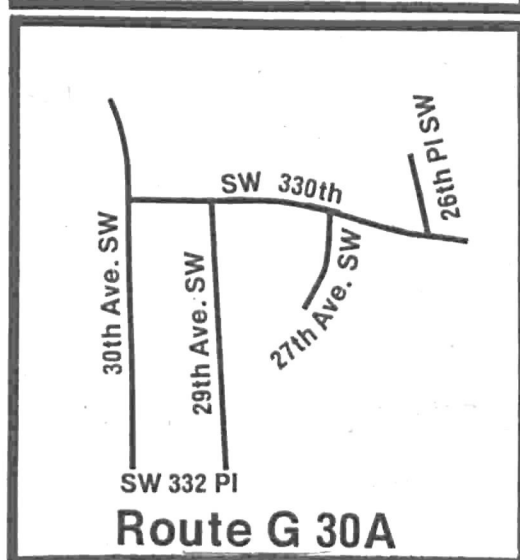
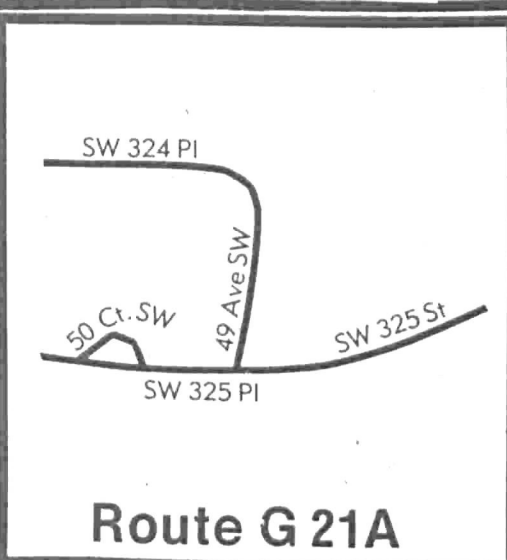
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# Harvest time eating for low-cal cooks

The American Heart Assn. of Washington recommends adjusting the amount of calories you eat to achieve and maintain ideal body weight. Obesity, if it occurs in conjunction

with high blood pressure, high blood cholesterol or high blood sugar, significantly increases the risk of coronary heart disease. A safe way to diet is to reduce your

calorie intake by 500 calories each day. This will usually result in the loss of one pound in one week. A maximum loss of two pounds a week is recommended.

Do you lose interest faster than weight when you are dieting? If so, you will want to try these tempting and nutritious low calorie recipes for a delicious harvest time menu that is a weight

watcher's delight.

**FIVE-MINUTE SOUP**  
(Yield: 1-1/2 quart)  
1/2 raw cucumber, scrubbed, unpeeled and sliced very thin  
4 raw mushrooms,

sliced  
2 cups shredded raw green leaf vegetable (spinach, lettuce, cabbage)  
1 tomato, cubed  
1/2 cup leftover lean meat, shredded  
Heat the bouillon.

Add the vegetables and meat. Bring to a boil and simmer five minutes. Adjust seasoning. Serve immediately.

**ZUCCHINI CHEESE CASSEROLE**  
(Yield: 6 servings)  
3 medium zucchini squash  
1/4 cup chopped onion  
2 tablespoons oil  
1 pound low-fat cottage cheese  
1 teaspoon basil  
One-third cup parmesan cheese

Saute zucchini and chopped onion in oil. Whip cottage cheese with basil in blender. Place alternating layers of zucchini and cottage cheese in a one and one-half quart casserole dish. Top with Parmesan cheese. Bake uncovered in preheated 350-degree oven.

1 teaspoon salt  
1-1/2 teaspoons cinnamon  
1 teaspoon nutmeg  
1 cup sugar  
1 cup oil  
4 eggs  
Two-thirds cup water  
2 cups canned (or fresh, cooked) pumpkin  
1 cup chopped pecans  
Sift together the flour, soda, salt, cin-

## Consider all sides when buying beef in bulk

The consumer thinking of buying a side or a quarter of beef should be aware of several criteria before making a purchase, says Steve Thonney, area cooperative extension agent.

An important consideration should be the fact that the consumer will receive many cuts of beef that may not usually be purchased. This fact alone often may result in beef left in the freezer too long resulting in freezer-burned meat and waste.

Beef carcasses are graded by two grading systems, says Thonney. Quality grading is an estimate of the tenderness, juiciness and flavor with the common quality grades being Prime, Choice and Good. Prime is the most tender but also contains the most fat

while choice-graded beef is the standard for the industry and good grade means a lean carcass but probably lacking in tenderness. Yield grading is used to estimate the amount of retail meat cuts in the carcass. A yield

grade of one indicates a carcass with a high proportion of meat to fat and bone. A choice grade carcass with a yield grade of two should provide a good quality and quantity of meat.

Thonney said it is important for the consumer to realize the true cost of the meat that will end up in the freezer. A 300-pound side of beef does not yield 300 pounds of edible meat. A yield grade two carcass will yield approximately 225 pounds of closely trimmed retail cuts. If the side cost \$1.09 per pound, then the retail

cuts cost \$1.45 per pound because of the fat and bone eliminated during cutting. A rule of thumb to remember is a side of beef will yield 25 percent steaks and 25 percent ground beef.

When considering buying beef in bulk, check the grades of the beef, figure out the actual cost of that beef and remember that a side of beef is not all steaks and roasts. If more information is desired on buying beef in bulk, contact the Pierce County Extension office at 593-4190.

## Combine juicy red tomatoes with an elegant stuffing

Rich, ripe red tomatoes--they're bursting out all over the place and you really should take advantage of them.

With versatility, they may be used in recipes ranging from soups and quiches to relishes and sandwiches.

And these cheese-stuffed tomatoes seasoned with beer are sure to be a hit! Juicy kernels of corn, cheddar cheese and onions are stuffed into a big juicy tomato, then seasoned with beer.

cess liquid. Add corn, onion, cheese and bread crumbs and mix well. Spoon mixture into tomato shells. Place filled tomatoes in a well greased shallow baking pan. Spoon beer evenly over the tops of



STUFFED TOMATOES  
12 medium size fresh, ripe tomatoes  
Salt and pepper  
1 can (12 ounce) whole kernel corn, drained  
1 small onion, chopped  
2 cups (8 ounces) grated sharp cheddar cheese  
3 cups soft bread crumbs  
2 cups beer  
Slice tops from tomatoes. Scoop out pulp, leaving a shell one-half inch thick. Sprinkle inside with salt and pepper. Chop pulp and press out ex-

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10 LBS MIXED VEGETABLES	20 LBS CHICKEN SO
10 LBS CORN	10 LBS TURKEY LEGS
6 LBS SMOKED PICNICS WA	9 LB. SPARE RIBS 3-5
10 LBS CARROTS	9 LBS. PORK CHOPS LOIN-RIBS

50 lb. with Purchase of 150 lb. or more.

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**USDA CHOICE RIB & CHUCK SECTION**

CLUB STEAK	RIB ROAST LGE END
RIB STEAK	ARM CHUCK ROAST
SPENCER STK	ARM CHUCK STK
SHORT RIB	GROUND BEEF
BLADE CHUCK STEAK	BEEF STEW

EX: 189 lbs. @ 1.09 lb. Avg. wgt. 175 lb - 275 lb

**USDA CHOICE ROUND RIB SECTION**

Consisting of CLUB STEAK, GROUND BEEF, RIB STEAK, SPENCER STKS, RIB ROAST LGE END

EX: 173 lbs. @ 1.19 lb. Avt. Wgt. 165-225 lbs.

**USDA PRIME PRIME RIB SECTION**

Consisting of CLUB STEAK, SPENCER STK, BEEF STEW, RIB STEAK, GROUND BEEF, SHORT RIBS, RIB ROAST LGE END, RIB EYE STKS

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