Police file chargeis onguy ingt Jack Cunninghant
$\begin{array}{lll}\text { Charges have been filed } & \text { charges against the former } \\ \text { against former Congressman } & \text { District Congresman after a } & \text { Cunningham was turning onto }\end{array}$ Jack Cunningham for simple
assault resulting from an incident occurring last Friday near South
222nd Street and 19th Avenue Originally charged in the inciand his older brother, Carl, 22 , Charges against the younger Mangrum brother will stand, according to Des Moines Police charges against Carl Mangrum virney dismissed by City AtDes Moines Morham at the next Des Moines Municipal Court.
The City of Des Moines follow-up investigation by Det.
Jerry Berger and a review of the
case by the city attorney. "Based on the evidence from independent witnesses, it appears punch and therefore should be on the same evidence, it appears Mike Mangrum returned to the scene of the incident and therefore he cannot claim self
defense because he then became the aggressor." The incident resulted from a
traffic confrontation in which traffic confrontation in which
Mangrum was turning onto South

## that same street from Marine

 The descriptions of what occurred next differ sharply according to who is telling the story Mangrum said Cunningham was tailgating him. After making a gesture, Mangrum said he pullpass. He said he continued up the street to about 19th Avenue South where both vehicles pulled over. The 6'4" Cunningham walked to
his car, Mangrum said, and told his car, Mangrum said, and told
him "to come on out of my car and do something about it."

Mangrum alleges Cunningham
struck him in the neck, a fact
which has been verified by at struck has been verified by at
which hast two witnesses. Mangrum least two witnesses. Mangrum
then went to his brother's house and returned to the scene with his Mangrum said Cunningham told them "I'll whip all three of you." The two men again became
involved in a verbal argument which erupted into a physical confrontation. . a physical "I hit him twice in the face and put him on the , ground (with a a 5'4'", 140-pound wrestling champion at Mount Rainier High
School "Then I let him up. I

## Tederal May TUWS <br> Federal Way, Washington 98003 Vol. 27 No. 65

## Stained glass

## Couple uses art of the past to create designs of the future



Piledrivers complete work
WITH THE piledriving completed, the new fishing pier should begin
to take shape within a few weeks. The project, which isn't expected to to the pier will include landscaping, restrooms and picnic
tables. Tbe City also hopes to include braille plaques or an auditory to completed until the first of the year, will include benches, a special system so blind persons may also enjoy the pier. be completed until the first of the year, will include benches, a special system so blind persons may also enjoy the pier.
wheelchair section, and fish pole holders. Additional development ad-

Weather forecast Cloudy and cooler with chances
of slight showers. Highs in the mid 6 's's and lows in the mid
$5^{\prime}$ 's. Winds will be southerly 10 50 's. Winds will be southerly $10-$
20 mph. Chance of rain 20 percent.

wednesday

## Inside:

## Comment Community Calendar Entertainment Food Real Estate/Class


 witnesses essentially agree with hat told by Mangrum. However, one witness, the one
interviewed by police at the scene, said he saw three young
men on top of Cunningham hitting him continuously. Based on that information and
what the Cunninghams told police, Des Moines Officer John
Aldrich placed the Mangrum
brothers under arrest for simple assault.
Aldrich resigned from the Des Moines Police Department the following afternoon, but acolving to do with the incident in-

## Jack Cunningham

 le daily that he had told Aldrich "The only reference that inolved the case report was that o," Pratt said, explaining "erer ficer Aldrich did not follow norquires that he file a report on all incidents at the end of the shift.",However, Aldrich was ficially reprimanded, Pratt said. When Mangrum was asked how
he felt about the Cunningham charges, he said he hoped they Pratt denied charges by a Seat- "It's the first time I've ever


WHILE MOST stained glass artisans use designs from a book, Gary -photo by C. Stone

## Acid-carrying truck topples

A tanker truck carrying 97 per- State Trooper Don Pratt, ofed on Pacific Highway South at the accident, said the incident oc-
Kent-Des Moines Road Monday curred at about 10 . night, closing the intersection for driver, said the truck went out of more than an hour. The 75,560 -pound truck toppled tempted to turn left from Kentas its driver, James Kroll, at- mined the accident resulted when
tempted to turn left from Kent- the driver "failed to negotiate the
Des Moines Road onto the south- turn.""
bound lane of Pacific Highway. In addition to the State Patrol, Although the liquid chemical did. In addition to the State Patrol, not ignite, the intersection was
blocked to through traffic until blocked acid was pumped from the ments responded to the decident.
the andil
overturned truck

## Totem roof bid rejected

The Federal Way School Board
has voted unanimously to reject has voted unanimously to reject
the only bid it received for the proposed re-roofing of Totem
Junior High School, thereby putJunior High School, thereby put-
ting the project off indefinitely.

Taken at Monday night's regular board meeting, the decision followed disclosure that the
one bid was for $\$ 493,000$ - nearly one bid was for $\$ 493,000$ - nearly
twice the $\$ 250,000$ that school officials had estimated the job would cost.
Because of $t$
Because of the discrepancy in
the bid and the administration's estimate, the board agreed that the specifications should be reviewed and possibly changed.
The decision was a blow
thase who had hoped for an early
start on the Totem roof project.
The roof on the building leaks
badly and has been in need of
repair for some time, but because
of repeated levy failures from
1974 through 1978, funds were not available.
In other action, the board heard: progress reports on steps that are
being taken to obtain accreditation for the junior high schools and on introducing new report cards at the elementary level.
The new cards will use the The new cards will use the A-B-
C system of grading students in grades 1 through 6 , replacing the former method of evaluating students' work as "satisfactory",
or "unsatisfactory " Board members also heard Board members also heard
Superintendent Milton L. Snyder report on the first seven weeks of his administration. Snyder urged the board
thoroughly study the high counseling program and to "make an immediate shift in the communications effort"' to reach

## Editorials

Death on 18 wheels

Results of the recent State
Patrol safety checks of
trucks on Interstate 5 prove trucks on Interstate 5 prove
conclusively that a majority conclusively that a majority death on wheels
What the inspection teams are finding are not minor
flaws but major defects such as brakes, tires and safety A recent inspection in Vancouver, Wash. resulted in 36
arrest citations out of 58 trucks checked. Sixty-one percent were put out of ser-
vice - deemed unsafe to

## A voting shame

It's a shame, an insult to the system and should be an
embarrassment to anyone over the age of 18 years. There are scores of countries in the world which do not have a free election
system, but here it is a right system, but here it is a right thousands have fought and died to preserve. Yet last Tuesday nearly 80
percent of the eligible voters couldn't be bothered - they yawned, said ho-hum, and turned to the television set. Granted, the Tuesday one - just a $\$ 50$ million bond issue, some King County Council and Seattle City Council races, a few school board positions and a bunch of small service district com
missioner races. Only one in five - 20 of 100 - cared enough about who rates, who sets the governing policy for their city or county, to exercise their voting franchise. And, because of the non-voters wer by staying away from the by staying away from the
polls. Those opposed to

And those are just a handul of the trucks that pass The Patrol estimates that it needs an additional 50 in spectors to do the job That sounds like a lot of inspectors, but last year
trucks, including pick-ups, were involved in 34 percent of the highway fatalities. The
50 additional inspectors could probably be funded from the heavy fines we hope the courts will levy against
bond issue and preservation spite of an overwhelming 77 percent favorable vote. Why? Because the most couldn't muster up a measly 144,000 votes necessary to validate the election. Last
time out the measure fell to another quirk in the law enough people voted but fell a few votes short of the necessary 60 percent supermajority needed for passage.
We feel that those who do
not vote should have abnot vote should have abSolutely no say in the out-
come of an election. To not come of an election. To not a power in silence over those who do vote is not fair. didate or a bond issue and 51 of them are in agreement then that's the way it should

The Legislature should do away with all validation and super-majority stipulations in the voting laws.
The outcome of any elec-
tion should be determined by a simple majority of those casting ballots.

## Letters

Responsible County Iand control landed
ditor:
Councilmen Paul Barden an
Gary Grant should be commen ed for the support they have given
to the proposed revision of the Federal Way Community Plan. tion most of the critical zoning policy issues remaining have been resolved in favor of com-
munity interests munity interests.
Those of you who know the history of Twin Lakes Vista are aware that this plat was the one in 1977 which triggered the long fight to gain King County Council
recognition of (1) the significance of environmental concerns, (2) the requirements of state law that public services must be adequate proval, and (3) the legal status of community plans established by county ordinance.
It is not much comfort, pro-
bably, to the Twin community to realize that in a sense it was a martyr sacrificed in the long process of gaining government accountable to com-
munities rather than private interest groups. Had the communi-
ty had the money to fight, Twin isted in its crowded state and
Dumas Bay would have been cleaner.
The next step is to gain public support to insure that the orFederal Way Community Plan requires compliance with the
plan. After that, there is still a long way to go. It's true that a lot of
Federal Way has already received plat approval but vested rights begin with the building permit, and thus citizens concerned with their community can still fight
for environmental and service protection at the building permit
stage.
With Gary Grant, Paul Barden and the Federal Way community Council on your side there is still
a chance for King County a chance for King County accoun-
tability and responsibilities

Sincerely,
Dr. Eric Carson, director
Community Development Research
25703 16th Ave. S.

## President lacks ability

(The following is a letter ad-
dressed to President Carter and dressed to President Carter and
submitted for publication in the NEWS.)
We hav We have runaway price infla-
tion, but we have zero growft in tion, but we have zero growth in
productivity because of governproductivity because of govern-
nent policies and regulations
of capital in our economic
system. So stop the printing system. So stop the printing of
more dollars and pumping it out in the vain hope of delaying a depression. Printing press money Try to concentrate on the fact that the average business is not a
fiasco such as your peanut
 Messiah and your use of religion been entrusted to head up this
to gloss over your lack of leader- great country of ours,
ghip and business accumen does remember: Just because you not work. As far as your wife and have eaten out of the public
family: you were the one elected
trough mostly since high school family: you were the one elected trough mostly since high school
to the office of president to lead days, you're still the servant of
the country and represent us at the people the country and represent us at the people.
the bargaining table on foreign
Take a lesson from General affairs, not run around and leave
the office vacant while you're out Ford, U.S. Steel, Dupont,
Goodyear, Firestone and other double-talking.
And yes, your blatant deals You don't small corporations. with Panama, Egypt and Israel, around with their wives and 12Remember, Mr. President, the half-baked thoughts. They stay in world isn't ready for a one-man their office or board room alone
world government with you at the with their thoughts world government with you at the with their thoughts and staff as
head, so forget it and work to get they have to, or the stockholders head, so forget it and work to get they have to, or the stockholders
our nation headed in the right would be down their neck. If you direction. Keep your preaching to need your wife and child to act as yourself and your White House an admiration party of two, to Staff and your own family. We, bolster your ego, it shows your
the American public don't think lack of ability to cope with situayou're a Billy Graham, as we all tions as they arise.
have our own religious affilia- I respect the office of president tions.
And as for moral issues you and will fight to death for its And as for moral issues you and will fight to death for its
relate to in your speech: How honor, but it's like the officer in about Old Joe Kennedy, John, uniform; you salute the uniform, Bobby, Ted and Martin Luther not the person who may be wearpeanut business: Bert Lance and stand to give aid to and Howard J. Houser
24813 10th Ave. $S$.

## What's been gained?

Editor: Two columns by Loren mess or work to pay for damages Bliss on recent vandalizm. $\quad$ nuinely serve the community. Lock the "pukes" up in stocks. Ostracize them, put them Put them on display for ridicule. away. It's been done since human
Blazen their names and their history began. What has been Blazen their names and their
Don't make them clean up the gained
E.D. Burke
30234 24th Ave. SW

## Transit, art needed

Editor:
Loren Bliss' article on the studios and such for artists and artisians in Tacoma, plus the prospect for a rapid railroad transit
systern (Sunday systern (Sunday, Sept. 9) was
most encouraging. The prospect most encouraging. The prospect
seems reasonable and well plann

There is no question that we need rapid transit in this area and artists to pursue encourages its talents is rich beyond measure.

Kathleen Carrel
30234 24 th Ave. SW

## Robinson Newspapers earn 15 awards for excellence




PENI MILLER applies an artist's eye.


GARY MILLER served as foreman of the
crew which worked on this stained glass window at St. Philomena's in Des Moines.

## Water, sewer, fire candidates advance $\begin{array}{ll}\text { results of water, sewer and fire } & \text { garnered } 540 \text { votes. } \\ \text { district races in those districts } & \text { Incumbent Commissioner Max }\end{array}$ district races in those districts where more than two candidates Incumbent Commissioner Max where more than two candidates filed for the post making a Water District 54 by polling only primary election necessary. 10 votes. Martha Simmons, with In the Federal Way School 18 votes, and Frank Jovanovich, District William R. Miller, with with 13 votes, will appear in that ,108 votes, will face James order on the general election <br> King County election division Eliminated in the primary elec- where Burce Retynski managed the Des Moines Sewer District. to draw only 499 votes. Also They outpolled other primary defeated in the primary were candidates Thomas John D. Kessler and Joseph and Jerry P. Harris <br> Sienko. Sharon R. Mason, wit, 810 votes, and Dan N. Caldwell, with 799 votes, will face each than three candidates were runn $\begin{array}{ll}\text { ther in the general efection. } & \text { ing will appear on the general } \\ \text { Peggy Judd and J. R.Stockdale } & \text { election ballot Nov } 6\end{array}$ <br> The incumbent was also will be on the general election

Seminar to have drug experts Organizers of a series of
seminars on drugs and druy seminars on drugs and drug abuse that will be held here program that includes presentations by ex perts, panel and small-group discussions and two films. The seminars will be held on
Oct. 10,17 and 24 , with each session beginning at 7 and con cluding at $9: 30$. All the session.
will be held Decatur high School, will be held Decatur High School throughout the school district are invited.
Each night the focus will be on a different aspect of the drug pro
During the first session, the emphasis will be placed on drug abuse - which includes alcoho abuse - as it occurs in Federal
Way. The second session will em-
phasize the effects and symptoms of drug and alcohol abuse, while the third will enable the par
ticipants to draft resolutions sug ticipants to draft resolutions sug
gesting possible local solutions. A GOOD BIT of the emphasis
throughout the program will be throughout the program will b placed on reducing and
discouraging drug abuse by im proving the relationships and communication between teens and parents. Federal Way has been set up by Federal Way Organizations Servgroup that includes the Federal
Way School District, the Federal Way Youth Service Bureau, local Parent-Teacher-Student Associa tion representatives and
number of interested individuals. number of interested individuals. and workshops that will be held throughout the year, all of them dealing with helping families suring. FWOSY officials are hoping for a large turnout at the drug
seminars in particular, and say seminars in particular, and say
they have announced it far in ad vance to enable persons to atten without disrupting other plans.


## FIRST TIME EVER in SEATTLE

THE American Trust Society and
the Crabtree Mint invite you to o
Free Seminar. See a 35 mm slide
show describing the "Living
Family Trust ${ }^{\prime \prime}$
Learn how it may be possible to
Reduce Income Taxes
Avoid Captitol Gains Taxes
Eliminate Estate Taxes
Stop Probate of your Estate
and more
There is no charge for this Semino
bring your friends, and come early
for good seating.
:30 p.m. Thursday September 27, 197
Sea-Tac Holiday Inn
17338 Pacific Hwy. So.

## THE BON/



ESTATE AND DIAMOND JEWELS HUNDREDS OF MAGNIFICENT PIECES FROM FAMOUS MARCUS GALLERIES NEW YORK

SeaTac Mall, September 28th

|  |
| :---: |



Empty wrappers not worth a dime

People collecting worth of time.
packages cingarette roviding a patien machine should be warned that it's just a
rumor. A crumpled up package won't by nyone a dime's The Northwest
Kidney Center said that the rumor cir-
culates each year and they get a lot of phone calls from people who
have generously savhave generously sav-
ed 100's of wrappers.
worth of time. "It's neat to realize
available and that
people are so willing people are so willing
to help," said Rankin, foundation we can tell them is, $t$
throw them awa,
suggests that people through them to the have aluminum such Northwest Kidney clean aluminum foil 3000 ; Seattle, Wash. and TV dinner trays center and weighed.
Money received $\begin{gathered}\text { Paper can also be } \\ \text { recycled through }\end{gathered}$

1533 120th N.E. in As a service to
Bellevue. They will donaters, the truck, accept some com- van, or car will b
puter cards, and weighed before an hewsprint. The pri after delivery at the newsprint. The price
fluctuates and has Bellevue facility
dropped from $\$ 40$ to dropped from $\$ 40$ to Donors will be given a $\$ 14$ a ton within the receipt that can be $u$
past six months.
ed for tax purposes.


## SHOP FRIDAY 9:30-9:30




## 

| MAIN FLOOR SPORTSWEAR |  |  |
| :---: | :---: | :---: |
|  | Donnkenny Pants, was 19.99, then 9.99 |  |
| 23 | Eccobay Pants, was 21.00, then 9.99 |  |
|  | L/S Tops, was 19.00 , then 12.99 |  |
| 13 | Rhoda Lee Blouses, was 18.00, then 11.99 |  |
|  | Judy Bond Bow Blouse, was 20.00, then 1 |  |
|  | Division \|| Blouse, was 20.00, then 13.99 |  |
|  | Donnkenny Skirts, was 22.00 |  |



Family forums to begin this evening

Tonight's kick-off session of the
Federal Way Family Forum Federal way Family Forum
series marks what organizers
hope will be the beginning of a new chapter in community teens will work together to solve a variety of complicated social proThe first of six, tonight's
discussion will focus on the topi of "families surviving change" and will keynote the entire series.
Milton Snyder, Federal Way's new superintendent of schools,
will be among tonight's principal will be among tonight's principal

Topics to be discussed at future
sessions include "Kids and Srugs" in include "Kids and ing Up" in November; ""Reens
and Parents Relate" in January and Parents Relate" in January, "Teens and Sex" in February and Families Getting Their Act
Together" in March.
The October drus The October drug forum will in-
clude three sessions, one each on clude three sessions, one each on
the 10th, the 17th and the 24 th. The remainder of the topics will be discussed in single monthly
sessions. sessions.
All of the programs will be held
at Decatur HighSchool Tonight's session will start at 7:30 p.m.

Sr. Center lunch hour incorrect A recent News story
incorrectly ncorrectly reported
that lunches are available daily at the Federal Way Senior Center. The lunch program at the center is nhy offered on
Thursdays at $12: 15$ p.m. at a cost of $\$ 1$. For more information, call
$927-9031$.

## South $9-29$, Cren

 Crestview Cent Dance Crestview Center, 16200$42 n$ nd Ave. S., phone 839-

TWIN LAKES SHOPPING CENTER 2317 S.W. 336th. Federal Way Phone: 838-9153 42nd Ave. S., phone 839-
5151 evenings for more 5151 evenings
information.

## CATERED TRAYS

FOR: BUFFETS, OPEN HOUSES PARTIES, WEDDINGS, SEMINARS, ORJUST GET-TOGETHERS

| EXAMPLES: |  |
| :--- | ---: |
| 10-14 people: | $\mathbf{9 . 9 9}$ |
| 4 meats \& 2 cheses | $\mathbf{1 5 . 5 9}$ |
| $15-19$ people: | $\mathbf{1 5 . 5 9}$ |
| 5 meats \& 4 cheeses | $\mathbf{1 9 . 5 9}$ |
| 20-24 people: |  |
| 5 meats \& 4 cheeses | $\mathbf{1 9 . 5 9}$ |

One days notice required on trays for up to 50 people

## 

 BACK TO SCHOOL SPECIAL $10 \%$ OFF all lunch meats (with this coupon) salami, bologng: pastrami, turkey and ham.
## LEGAL

 SERVICESABRAHAMS \& MCAULIFFE ATTORNEYS AT LAW

Engaged in the general practice of law Including Wills \& Probate Dissolutions, Family Law Personal Injury Patents INITIAL CONSULTATION FEE ${ }^{\$ 15}$.

402 S. 333rd. St. Federal Way 952-3756


PANIC BUTTON

Is this when you think about church?

| When you're ready to hit the panic button give us a call. We know Somebody who's used to handing big problems. He knows all about the troubles caused by drugs and alcohol. He knows the heartache that goes with divorce. He gives help when you lose your job and comiort when theres a death of a loved one. No problem is too big for a personal God who really cares about you. <br> We believe that a personal relationship with God does more than solve a lot of problems. It gives hope and meaning to life. A life that doesn't end with death. <br> Wouldn't it be nice to know Somebody who's bigger than your problems? DECATUR HIGH SCHOOL 2800 S.W. 320th |
| :---: |
|  |  |
|  |  |
|  |  |



## FW crime report:

## Police arrest six in <br> variety of incidents

and returned to its owner, but a
shotgun stolen from the Same residence remains missing. The loud party where the re-
maining two arrests occurred maining two arrests occurre was at a
residence.
Police say they were called to the house by complaining
neighbors on three separate occ sions.
During their During their second visit, of-
ficers spotted a 19 -year-old ficers spotted a 19-year-old
wandering drunkenly along a nearby street and cited him on charges of underage drinking and
possession. possession. during their third en-
But counter with the revelers - apparently they were celebrating
the 20th birthday of the hostess the 20th birthday of the hostess -
a 22 -year-old man became involva 22 -year-old man became involv
ed in an altercation with officers and was finally doused with Mace and handcuffed
$\underset{\text { He was later charged with }}{\text { obstructing officers }}$ obstructing officers and resisting
arrest. The party was broken up after the incident, and officers said the incident, and offcers said
they intend to cite the owner of
the residence for operating the residence for operating a
public nuisance. public nuisance.
Most of the noise complaints were telephoned to police head-
quarters between midnight and quarters between midnight and 2

## Woman raped at park

A 26-year-old Federal Way Steel Lake Park early Friday evening, King County
records disclosed Monday The woman was said to hav been walking near the lake at the western side of the park when the attacker grabbed her from
behind and hurled her to the ground.
Brandishing the knife, he told $=$ The incident occurred at about The incident occurred at about
7:30 p.m., just after sunset but
well before dark.

Police records describe the
rapist as a black male in his late 20 s or early 30 s with a gold earr ing in his right ear. He is said to
be about 6 feet tall, very dark complected and of slender build weighing perhaps 165 or 175

## Council moves on

 jail site purchase aken the first step toward is suance of $\$ 8$ million in counosed The council ar the county. o $\$ 3,200$ to hire the law firm up Houghton, Cluck, Coughlin and Riley to act as bond counsel in jail bonds. with issuance of the upon actual issuance ontingent uponbonds.
The
The move to councilmanic king County Spellman bowed to the John ome council to the wishes of millidrew his request that a $\$ 10$ million bond issue for the jail be lection on the November general Councilmanic bonds do not re quire a vote of the people becaus


Councilman Paul Barden said Monday he "would favor a public
vote on this matter" and called for a special election for February 1. It was learned, however, that the deadline for the
county to acquire the site for the jail facility is January 31. The bond money would be used for site acquisition which is not county is expectec to package the from the state. Total cost for the facility is expected to be about $\$ 44$ million with $\$ 35$ million earmarkfor the project from the state.
The county is expected to dip into a projected current expense und balance of $\$ 15$ million at the end of the year to purchase the end of the
"I changed to Met One for Summer Camp."


Metropolitan Federal Savings Des Moines, 22240 Marine View Drive South, 878-4600 and Federal Way, 1627 South 312th, 839-1300.
 SALE STARTS thursday 9:30 A.M. FRIDAY-SATURDAY-SUNDAY

( 1979 The News
Blood center in dire need of transfusion

The Federal Way ed replies from the nel. "We don't want
Lions, under the Federal Way Eks, them wasting their
direction of chairman, Puget Sound Kiwanis, time with little to direction of chairman, Puget Sound Kiwanis, time with little to
Jim Olson, are involv- Chamber of Com- show for it," said
ed in an all-out effort merce, Poverty Bay Olson. to ease the panic at the Puget Sound Blood
Center. The center, that has Southcenter,
Bellevue, and Seattle is currently suffering
from a lack of blood from a lack of blood
that has resulted in discontinuing service
for elective surg - "We're in a very precarious position,", said Marian Halliday,
administrative assis taninistrative assis-
to the director at Southcenter. "The
donor base is too donor to provide for our exploding population and the exceptio-
nal medical care available." prepared to deal with time high conterts allOlson sent sign-up find they have too "With 70,000 people in sheets to area much equipment and the area, we shouldn't


Owner ROSE \& girls invite all of you to visit the new shop on Sat.

| Any hair coloring |
| :---: |
| Incoludes Henna's |
| and Frosti |, $20 \%$ oft

FREE Haircuts with any Perms
${ }^{5} 22^{50}$ $\qquad$
Four New Stylists to Serve You Open Mon-Sat. 9-8 by appointment

Nestfair Styling $\begin{gathered}\text { 1832 S.W. Dash Point Rd. } \\ \text { Federal Way } \\ \text { in Westain Shopingo3 }\end{gathered}$ Sation Federal Way, WA 98003
n Westfair Shopping Cente

 make animals.'

Toymaker's creations Each one has its own personality

When octogenarian Margaret McGillicuddy played with dolls as a chin,
mother.
"I "I was the dressmaker," she said. Many years later, she is still playing the seamstress as she charming stuffed animals, each different from the next.
In the 60 years she has been
making the animals, she has never made two alike, she said. "I might have one basic pattern , but from it r'll rill probably get might be the turn of the head, the shape of the eyes, or a tail, but they will all be different. about 125 of the animals a year many of them finding a home at the Children's Orthopedic Hospital. She also sews them fo Any leftovers from the Festival also go to the COH .
"I don't want them to be parke
and left for a $y$ "."she said "I
want them to be used.
Mrs. McGillicuddy also knits aniete with horns and a cow com started her hobby as a teenage when her father bought severa dolls for the Washington was up to her to in Spokane. It waid. Later she children, then her grandchildren and now for her seven great
grandchildren.A demand for he toys started after a woman she was babysitting for saw one of the animals she was working on and
asked if Mrs. McGillicuddy would sell them.
Eventually the woman bough 12 of them, sending the animal

Mrs. McGillicuddy can't eve guess how many of the animals if she has averaged 125 a year for 60 years, that's 7,500 toys. That's a lot of joy for one per son to spread.


ALL THE features on Mrs. handsew


BEFORE hand-sewing the features on her animals, she sews the bodies on the sewing
machine. Mrs. McGillicuddy says she's rather machine. Mrs. McGillicuddy says she's rather
possessive about her patterns. "I won't let anyone else use them as long as I'm using


WHEN Mrs. McGillicuddy first started making toys, all she had to WHEN Mrs. McGillicuddy first started making toys, all she had to
stuff them with were old rags, she said. Then she used nylon. "I begged everyone for their old nylon hose or panties." Now she uses polyester
to stuff her animals, unless she wants them to be very stiff. In that case, she uses upholstery stuffing


## Isaacson-Campbell

## Deborah Isaacson, Dave Hanson and

 daughter of Dennisand Gloria Isaacson of Federal Way and Brian Campbell, son Leona Brubakken, of Ralph and Norma dy Gamber assisted at Campbell of Seattle, the reception, held at
were married August the church. Out of were married August the church. Out of
11 at All Saints town guests included Lutheran Church in the James Brubakan afternoon
ceremony of Minneapolis, by Pastor James uncle Gaylan IsaacThe bride wore her neapolis. mother's gown of lace and voile and carried daisies and white after the wedding and mums. She was at- plan a longer honey tended by Chris Mar- moon vacation at a
tin, maid of honor and later date. Mrs bridesmaid Bonnie Campbell is a 1972 Brubakken of Min- graduate of Thomas neapolis, Minnesota. Jefferson High School Both women wore full and her husband is a
length gowns and car- 1976 graduate of length gowns and car-
ried yellow daisies
Roosevelt High School and white mums. and Shoreline Com-
Campbell was at- munity College. The tended by Scott Camp- couple is making thei
bell and Steve Caplan. home in Seattle.

Fashion shows benefit spastic children fund
will be showcased cocktails will also be Oct. 2 in two shows shows. Tickets are $\$ 2$
sponsored by the spastic Aid Council chased by calling 325 benefit the 547 from 8:30 a.m. to Children's Clinic and 5 p.m. Monday e in ootel Grympic Nearly 2, 000 A luncheon show is cheduled for noon to p.m. will feature a ithe Pacific lunch evening show, $5: 30$ to ly p.m., features the ' ouerves and hors pagne. No host

The Tacoma Crisis hour training series tinic and Informa- development of comvice will conduct a crisis intervention
training group in Oc- skills and making $\begin{array}{ll}\text { training group in Oc- } & \text { skills and making ap- } \\ \text { tober for individuals } \\ \text { porpriate referrals to }\end{array}$ wishing to volunteer community services
time on the crisis in Pierce telephone tines crisis in In Pierce County. All
volunteers must be at $\begin{array}{ll}\text { formation and Refer- } & \text { volunteers must be at } \\ \text { fal Line. Training will }\end{array}$ nclude a two-hour a oneyear committcreening seesion at 2 ment to work four p.m., Oct. 16 , followed hours per week on
by four-hour session day, evening or late 18 and eight hours 6 . and eight hours of training on Oct. 20 and Anyene interested gour follow-up session contact Alyce or
 the 24 - Tritema, top.O. Box 500

DM-Zenith garden club
sponsors Fall Fair Day $\begin{aligned} & \text { The Des Moines- } \\ & \text { vegetables and/or }\end{aligned}$
Zenith Garden Club is flowers. A hor-


Ronda Pence and
LarrySims
Plan to wed RONDARAE and Mrs. Raymond $\begin{array}{ll}\text { PENCE has an- } & \begin{array}{l}\text { Ross of Bremerton } \\ \text { nounced her intent to }\end{array} \\ \text { and her fiance is the }\end{array}$ wed Larry Joseph son of Mr. and Mrs. Sims at 7 p.m., Joseph Sims of September 28 at St. Roslyn.A reception
Barbara's Catholic Church in Black Dia- ceremony at the mond. Miss Pence is Brown's Point Imthe daughter of Mr.


Jean Louise Coleman
and Robert Douglas
Coleman engaged Thomas and friends and out-of nounced have an- attendance for the a ment of their cluding Eagan's great Louise, to Robert auntand uncle from Douglas Eagan, son of dAdele Dundas. Eagan of Kent. The tended Wilemanatengagement was an- School in Tacom High Aug. 19, given in her fiance is a 1978 honor of the couple by Rainier High School the sisters of the He also attended
groom-to-be, Peggy Highline Communit Roberts of Seattle and College. A March Janet Earle of wedding
Federal Way. Family, planned.

## OPEN HOUSE SUNDAY SEPT. 30th 2:00 to 4:00 p.m. EL DORADO WEST

THE Residents welcome you
YOU have to see to believe, How much

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Thy
'For Thē Active Retired' 248-1975 134th \& Ambaum Blvd, Burien


## (1)IKMENTE FURNITURE



B-4 Wednesday, September 26, 1979 The Wews


## Births

Meredith David Douglas is
he first child born t Mike and Kathleen 346th in Federal Way he 10 pound, 2 ounce baby boy was born General Hospital. David are Mr. and Mrs. Rob Meredith Beatrix Tyner Beatrix Tyner.
Metayer
Albert and Shirley Metayer, 20720 5th welcomed the birth of heir third daughter, Mindy Jo, on Sept. 1. he py pound, 4 ounce April, 7 , and Amy 5 Grandparents are Mr. chard of Olympia and Mrs. Loretta Tortici
of Waterbury, ConPerez
Their second child was born to David and Pl. So., at St. Joseph's Hospital Sept. 13. ed 8 pounds, 8 ounces. e has a brother, Jason, who is $11 / 2$
years old. Their grandparents are Mr. of Federal Way and Mrs. Walter Pietraf of Wallingford, Connec-

Curtice
Jean Marie is fourth child born to Gene and Patricia Curtice of 4920 So. 376 th in Auburn. The 6 girl was born Eastside Group Health Hospital.

Amy Michelle is the second child born to Strong of 3303 S.W. 329 th in Federal Way.
The 8 pound, $71 / 2$ ounce baby girl was born eptember 15 at Hospital General brother, Robert, $3^{13 / 2}$. Grandparents are
Lillian and George

Pearson of San Jose, are Mr. and Mrs. Ly
Califronia and Jerry Wigton of Enumclaw Califronia and Jerr
and Agnes Strong Haines, Alaska. Ber nice Lawrence, also of Olbert Moreland
San Jose, is a great-
grandmother grandmother. Their stockman $\begin{array}{cc}\text { Fierst } & \begin{array}{l}\text { Their second child } \\ \text { was borr to Jeff and }\end{array} \\ \text { Their }\end{array}$ was born to Joseph Seattle on August 22.
and Sonia Fierst 2419 and Sonia Fierst, 2419
So. 219th in
Moin at Virgintember 9
Hos at Virginia Mason
Hospital in Seattle
Tara Tara Joy weighed 5 pounds, 1 ounce at withsister Janna
Lynn, 3. Grand Lynn, 3. Grand-
parents are Mrs. Nor-
ma Sur of Honolulu. parents are Mrs. Nor-
ma Sur of Honolulu,
Hawaii, Mr. and Mren Hawaii, Mr. and Mrs. Earl J. Gordon of Des Moines and Mr. and Gale Kent
Mrs. J.M. Fierst of Brown
Their second child was born September to Allan and Vickie Riverton General ed in at 6 poune weigh Hospital. General ed in at 6 pounds, $14^{1 / 2}$
Michael weighed 9 parents. Her grandpounds, 2 ounces and 9 Mrs. John Blaylock of jo Denise, $2^{21 / 2}$, in Kent and Mr. and
the Brown family. Mrs. Sanford L. Kent
Grandparents are of Bonney Lake M ris. Learents are of Bonney Lake.
Simothane Simonsen of Renton Carl and Patricia
and Mr. and Mrs. Heine's second child, Charles Brown of Alyssa Anne, was
benton. Soltis Their first child was Sortis, 29113 35th Pl. S. in Auburn, Septembe Hospital. Group Health
Birl Corinne Ann weighed 4 pounds, 6 ounces.
Her grandparents are Mr. and Mrs. Robert Steilacoom, Mr. and Mrs. Leroy
MacLellan of Federal Way and Joseph Soltis of Tacoma.

$$
\begin{aligned}
& \text { Moreland }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Moreland } \\
& \text { Theiy, Tence Jennifer Ann } \\
& \text { Taniel Second child, } \begin{array}{c}
\text { Was born at Auburn } \\
\text { Danes, was General Hospital. Her }
\end{array}
\end{aligned}
$$ Daniel James, was General Hospital. Her Lila Moreland of and Mrs. Alton Aney 4. The Way on Sept. of Federal Way and

pound, 11. Mr. and Mrs. George ounce boy was born at Mr. and Mrs. Georso of Federal Seattle. He has a 2 years. Grandparents

## 

## See the difiference.


 FEDERAL WAY 32700 PACIFIC HWY. SO. . 388 -1940
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 OLYMPIA TUMWATER 409 CUSTER WAY 943 -5692


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Sewing Classes for September:
-Window Treatments
-Decorating with Fabric - Ultra-suede Construction Intro. to Ulitra-suede
-Quilting - Tailoring
Blazers - Doll Lamps

Auburn woman to head 79-80 WSMA Auxiliary


Honorary member installed $\underset{\text { Chapter of Beta }}{\text { Rigmo }}$ chapter of Beta Sigma
Pii celebrated Opening Day of their new business year and in-
stalled stalled Mrs. Reevo
Diero as an honorary Diero as an honorary
member recently. President Cheri Wagoner presented Mrs. Diero with a rose. Luncheon was served by the Executive Board at the home of Shirley
Ayers. The group had their first regular meeting September 4 at the home of Joy Bram was presented by Bonnie Rhoades. Information about Beta Sigma Phi is Jeanne Chambers, FW gards sought
Way High School graduates are attemping to contact school's class of 1970 . Interested parties are asked to contact Chrys (Phillips)
Sweeting, Route 4, B $0 \times 305$ G

## Genealogy

 coursesFamily History and Genealogy is the title of a class offered this
fall at Highline Community College for budding family Registration is rider way and the first class meets Monday morning from 9 to 10 . The evening course will
meet September 25 7 p.m. for three hours. Both classes continue through Dec. 11, the morning session Wednesday and Friday, and the evening one on Tuesdays. Both carry three credit The course features easy-to-follow procedures to help trace
family roots. Goals of the course are to show how to get started, where family records and how to interview
family members in order to produce an oral or written legacy or descendents. For further inHCC at $878-3710$ or visit the campus for registration, 240th and
Pacific Highway Pacific Highway
South. Mission aviators set bash
Mission Aviation Fellowship, an
organization of pilotmechanics who fly cy aid missions worldwide, will host a dinner Sept. 24 at
Camp Berachah near Kent. gram will include opera singer Bob fessional football player Ken Hutcherson, and a film on
MAF activities in Central America. Barbequed beef will be on the p.m. function's menu.
Reservations for the dinner are available by telephoning 242 3493 or $242-1522$.


30817 Pacific Hwy. So. * 941 -4522 * 952-357

## Mod The Modern Mom by Betty Woolley

If you visit a medical clinic with any complaint more acute han a hangnail you are in for a that includes everything except monitoring with a Geiger ounter.
shot of antibiotic and I'd be OK. me, but not to the doctor me, but not to the doctor. He
plumbed my mind for recollections of my medical problems "over the years., "Beri-beri?" he quizzed. I shook my head for the ump-
teenth time For some reason known only oath, before a patient is cross examined you must be clad in a such fragility that a sharp sneeze would effect disintegra I pulled my Scott tissue crea I pulled my Scott tissue crea-
tion closer to my body and with tion closer to my body and with
chattering teeth reminded the doctor that I had a fever. "Yes, yes," he said, "but there are a few more questions.
Now, is there any insanity in Now, is ther
"Just one borderline case," I replied, considering knotting hi
stethoscope around his neck.

After the final question he allowed me to dress, placed a advised me to read the instruc
tions. "Follow the yellow line down promptly did so. The nurse ex tracted seven vials of blood. "How many vampires are you
keeping in captivity?" I asked, but she ignored me and pointed me to the red line down the hall
to the EKG lab. to the EKG lab. "Hello," announced a jolly
young man. "What day are yo scheduled for surgery?"
"I'm not, unless they're operating on flu these days."
room. "Everything off from the
neck to the waist." He handed me a go-go gown as he said, "And read the instructions on The legend read, " Lie down in the middle of the bed on your back and RELAX!", Those capital letters in vivid red
brought me to immediate attenbrought me to immediate atten-
tion. I felt as relaxed as a case of rigor mortis.
As I assumed the position the technician fastened straps around my ankles and wrists,
placed rubber contraptions on my chest and deposited an electrical unit on my tummy from thich straps. There was a Sing-
the wires into all

Sing atmosphere about my con-
dition. dition.
"Stay perfectly still," he sang
out, as I lay there shivering out, as I lay there shivering from a com.
and fright.
He unplugged me and said,
"You may get dressed now and "You may get dressed now and return to your doctor.
I hurried to his office, anxious for some medication and relief. The nurse sat at her desk,
"Doctor's gone for the day, but he left these instructions. She handed me a slip of paper,
In typical medical scrawl it read, "Take two aspirin and call me in the morning."

BPW group meeting scheduled Highline Business nd Professiona onduct their October usiness meeting Mrs. Velma Mason of Burien. Mrs. Naom king, president, wil lead the meeting to tional Busines Women's Week, Oct to 27. Plans for the roup will also be an nounced, along with arrent information ject sale of pecans and a sale of recycled all cards.

BPW slates conference Wistrict \#8 of the ederation o sional Women's Clubs will have their annua Fall Conferenc Crestview Center Registration begins at 8:30 a.m., followed by a continenta session at $9: 30$ and a luncheon and pro-
gram beginning at noon. District coordinato conference is Mrs
Wendy Berinato West Seattle. Include in District \#8 are SeaTac, Southcenter Tukwila and West
Seattle. The hostess group is Enumclav and the State Servic ing Officer will be
Mrs . Beverlie non, state vice presi font. tion, contact Maud
Pero at $878-7858$. Babies are topic of
discussion
Family and Chilc
Metropolitan Seattle a United Way agency
is offering a class call ed "A baby - maybe'" four-week course wil and Sue Zuege and is designed for couple,
or individuals wh want to explore th not to have a child
The group will discuss the joys, respon sibilities and conse ing and also examine. the decision makin class is based on sliding scale. T register, call
Zuege at 447-3870,

Auditions for models Shades of Beauty, soatre, will take plac September 30 in th the Seattle Hilton An orientation i scheduled for 1 p.m
with auditions beginn ing immediatel
afterward. Position are available for mal and female models backgrounds. Interested person
should be at least 1 information i available concernin registration
or $235-2487$.


## $1-x^{2}$ -4 4 4 <br> Mr. and Mrs. Geoffrey Morphew

| Blossoms exhibited |  |  |
| :---: | :---: | :---: |
| Senke Seishen | demunstrations are |  |
|  |  |  |
| has scheduled its it ith | The school, fit |  |
| annual exhibit, | in the 17thcentur |  |
| 29 |  |  |
| he Scotish Rite Tem- | tional Japanese |  |
| Broa |  |  |
| Ave. E. in seatule | expressingthe art |  |
|  |  |  |
| noon to 5 p.m. Sunday. | tire Puyet | dillicam Pollo |
| will |  |  |
| to 4 p.m and Bonsai |  | ${ }_{\text {Mrs }}^{\substack{\text { Mrs. Robert } \\ \text { 85-544. }}}$ |



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HOURS: Mon.- Fri. $10-5: 30$ Sat. 11-4
HOSTS

Kimball-Morphew Lori Louise Kim-. George Kimball, Jr
ball, daughter of Mrs. Carl Banfield, Jr. an and Mrs. George Kim- Ryan Parshall lit the all of Federal Way, candles at the evening Morphew, son of the Joni Olsen performRobert Morphews, ed a vocal solo, acwere united in mar- companied by pianist riage at $7: 30$ p.m. Chris Monteiro. The Baptist Church of Des Clayton. Moines. Rev. Colvin A reception follow Caughey officiated ed the wedding at th the rites which includ- Highline YMCA.
ed the same vows the Assisting at the party bride's parents took at were Helen Nemeth their wedding. Dawn Banfield, Pat For her wedding, Morphew and Juli
the bride chose to Banfield. wear a traditional The bride is a 197 and carried a bouquet Way High School and of orchids, ivy and has attended Highline
baby's breath. Her Community Colle sister, Gwenn Kim- The groom is a 1974 ball, was maid of graduate of Universihonor and Lori ty High School in women wore long Washington State gowns of floral print. University. Following ended by Dan in Hawaii, the couple Malloy, best man, and will make their home

Planning to wed
The following per- Federal Way, an heir intentions
wed:
Tom K. Bond, $\left.37, \begin{array}{c}\text { M i c h a e } 1 \mathrm{~B} \\ \text { Kavanaugh, } 43,20401\end{array}\right]$ Tom K. Bond, 37 Kavanaugh, 43, $0401-$
Des Moines, and Lin- $34 t h$ Pl. S., and JohanDes Moines, and
da J. Bond, 34, Seat- na E. Wolters,
the.
20401 -34 th Pl.S.
Michael W. Mat- Terry L. Littlefield,
tingly, 35 , Federal Way, and Laura A. So. 11725 - 25th Ave. Knight, 22, Seattle. Holland, 19, 3904 SW inger, Federal Way, Way. Williams, Federal ${ }_{23}$, 1606 S . 235 th Pl Donald Hamlin, 19, Kent, and Christina Federal Way, and nyonst. Deanna Colby, 18, $1804 \quad 1212$ Fourth Ave. NE S. 264th Pl., Kent. 361 Auburn, and Diane Larry Sims, 31, 4614 Curnow, 19, 30209 and Ronda Pence, 25 , 4614 S. 290th Pl., Michael R. ChapAuburn. Inman, 47, man, 26, Federal 33135 SW 329th St., $\begin{aligned} & \text { Way, and Deena K. } \\ & \text { Dightman, 25, Seattle. }\end{aligned}$ Federal Way, and Robert J. Taylor, S. 152nd St.

Arts and Crafts Fair
Members of the makers, a sew-while- will support YMCA Craft Co-op will join leatherworkers and Area branch, in with other craftsmen in the Seattle area for Fair, 10 a.m. to $7: 30$ p.m., Oct. 5 at the Museum of History
and Industry,
2161 E Hamlin. Exhibitors include enamelware pecialists workers, chwork and em-
broidery, candle

Parent classes offered Two parenting this fall through the Highline-West Seattle Mental Health Center, 0015 28th Ave. SW in vival Skills for parents" teaches new parenting. This sevenweek series will explore the issues of strengthening relationships, family and home management and support systems. 7:30 p.m., Oct. 2. Cost is $\$ 35$. m., Oct. 2. Cost "Living with your oddler" is the other
class series, to be ofered Thursdaymor-
ings from 10:30 a.m. nings from 10:30 a.m. This course will

ocus on parent iscussion dealing ith the important irst five years of life your child's development through this series will take place at 1010 146th St. in | Burien. Cost is $\$ 20$. |
| :--- |
| For further informa | For further informa-

tion on either class for registration phone the center at $433-5762$ or 433-5750.
Sweet Adelines Puget Sweet Adelines Puget
Sound Chapter (every Monday, $7: 30$ p.m.) St.
Elizabeth's Church, 10th
and 152nd Street. Brent R. Johnson, Lauren M. Gederal Way.

Also featured will Also featured will be None North Area Senior Employment publication, the Great for low income class Grub Cookbook, a new members, the branch collection of recipes nursery and adul from Seattle area formation may be obom the craft sale tained by calling 364

## IIII GATIBC



on Misses Tailored Woven pants


SAVE ${ }^{\text {s } 200}$
$18 \times 4$-ft. Family swimming pool


Was 449.99
24,988 With 4 -in. top seat. Durable Saniguard
treated vinyl liner. Wood deck not in treated
cluded.
SAVE ${ }^{8} 4^{55}$


Solid-state digital alarm Solid state digital alarm clock with light-emituing
numerals, Top,toucth repeat-alarme control: side and

## Sears Quantities and assortments are limited, so hurry in! SURPLUS STORE <br> We sell first quality and discontinued merchandise from Sears Retail and "Was" prices quoted are the regular prices at which the items were formerly offered by Catalog or in many Sears Retail stores around the country.

## SAVE 46\% on <br> Girls' screen printed vinyl raincoats <br>  <br> each <br> Aluched drawstring hood, Snappronn close 2 2 Clase. 2 large patch pookets. Screen print on cither side of Coat Long sleeves. Knee length. <br>  <br> SAVE ${ }^{8} 4$ on <br> SAVE ${ }^{8} 11$ <br> Blend of soft cot ton and Fortre polyester. Machine wash <br> Boys' durable corduroy jeans in Teen's sizes <br>  <br>  <br> 

Hand woven willow laundry basket


Hand woven willow laundry basket has two h
high.

Craftsman wheelbarrow
Was ${ }^{2} 41,29$

| Craftsman 4-cu. ff. con- |
| :--- |
| $\begin{array}{l}\text { tractor - ype wheellhar- } \\ \text { row. Unasssemblled. }\end{array}$ |

SORR Y, BUT WE CANNOT ACCEPT PHONE ORDERS



Fenton-Schuster


Jefferson to
hold open house The staff of Thomas an opportunity to
Jefferson High School follow their student's isefferson High School follow their student's
is hosting its annual class schedule and evening of Wednes- meet the faculty. day Sept. ${ }^{26}$. Wednesoffee and punch will ${ }_{7}$ e served from 7 to Jefferson stage band will be playing during Parents will have
"This will be a fine
opportunity for
parents and friends of
the school to see the
bullding, meet the
staff, and ask ques-
tions," said Jim

## 1930 grads sought



Displaced Homemakers billed for HCC again
$\qquad$ $\underset{\text { a few - this one with }}{\text { gram }}$ will begin next month at Highline Communi-
ty College. ty College.
HCC, which hosted
a similar program last summer, has
received a grant of
$\$ 37,949$ from the $\$ 37,949$ from the state system's Commission for Vocational Educa-
tion, enabling
Dis place Homemakers director
Jan Reha to initiate
$\qquad$ women Oct. I for the more instruction on 12-16-week program how to lo
scheduled to begin she said.
Oct. 29. Oct. 29 .
Women who are The participant widowed, divorced, or will meet each Mon-
have dis abled day, Tuesday,
husbands will receive Wednesday, and free training and Thursday from 1
counseling in image- a.m.to 3 p.m. building, vocational education, job hunskills.
New to the program register by telephon$\begin{array}{ll}\text { New to the program } & 384 \text { at } \mathrm{HCC}(878-3710) \text {. } \\ \text { is a section on } & \text { Reha will register }\end{array}$

## New tax credit available

Employers qualify-
ing for the Targeted Jobs Tax Credit program can get a
substantial tax break, according to IRS
District Director Ar turo A. Jacobs. Unlike
the New Jobs Credit which it replaces, the Credit is not subject to
the the $\$ 100,000$ limita-
tion. Claiming the Cred
on a federal income tax return may be
worth up to an additional $\$ 3,000$ per certified employee for
the employees first year of employment
and upt to $\$ 1,500$ per Obituary

Karl F. Moellering of Federal Way died
a $t h i s h o m$ September 16 at age
78. Moellering 78. Moellering was
born in Quincy, $11-$ linois on July 13, 1901.
He was a Federal Way resident for the past six years. He was
employed as an accountant with R. Cooper, Jr., Inc. for
more than 35 years more than 35 years.
Moellering is survived by his wife, Eva M. Way: Way; a daughter,
Mrs. Bill (1ois)
deCeault of Federal


SOFA/LOVESEAT FACTORY SALE SAVE有

$\qquad$
FACTORY ORDER MODEL AND FABRIS SOME DISPLAY MODELS FOR SALE •SLEEPERS•MATTRESSES




## (

## Name

Address
Zip
Phone
CATEGORY
Name Of Recipe

## Ingredients



Rules:

| . List all ingredients in order of use. Give directions as thoroughly and succinctly as possible, including the number of servings. | 6. Entry blanks must be complete to be con sidered. Be particulorly careful to indicate the category. Categories are: Main Dishes, |
| :---: | :---: |
| 2. Entrants are limited to one entry in each category. More than one in a category wil disqualify all entries by that contestont | Casseroles, Desserts \& Miscellaneous. <br> 7. Three finalists in each category, from each of the three newspaper districts will be selected. They will participate in a Nov, 3 |
| 3. Recipes must be complete to be considered. | Taste-Off where three grand prize winners will be chosen by a panel of judges. All decisions will be final. |
| 4. In case of identical entries, only the first received will be allowed. | Entries are to be mailed to: Cookbook Contest |
| 5. Anyone may enter with the exception of Robinson Newspaper employees and their families. | Des Moines News 1634 S. 312 th St. <br> Federal Wav. Wa. 98003 |

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| Larry's Markets | General Nutrition |
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| Crabill's | Walkley's Pharmacy |
| Nelson's TV |  | Federal Way News/ Des Moines News 1634 S. 312th St.

Federal Way, Wa. 98003



Grass Roots
Gardening


Daubert-Pedersen

## Karen Daubert and Washington and is

 Perry Pedersen were present1y par-married recently at ticipating in the
Lake Burimen Masters in Busines Lake Burien Masters in Business
Presbyterian Church. Administration pro-
The bride is the gram at Seattl The bride is the gram at Seattle
daughter of Mr. and University. daughter of Mr. and University.
Mrs. Richard Daubert The couple are
of Taran (formerly Mrs. Richard Daubert The couple are
of Tacoma (formerly bicycling through
of Shorewood). The Scandinavia.

$\underset{\substack{\text { ie } \\ \text { ed } \\ \text { pou } \\ \text { foe } \\ \text { foe } \\ \text { Upal } \\ \text { hol } \\ \text { bol }}}{ }$ | eut |
| :---: |
| pout |
| fous |
| Sian |
| phal |
| hale |
| Bulb | Bubs are set at a

depth three times
their diameters, with their diameeters, with G a
pointed white flowers; pointed end up.
Some gardeners ex- drop), white, nodding, cavate entire beds to Anenomes (Wind the proper depth, ar- flowers), St. Bridget
range all bulbs in ar- being a favorite type
tistic patterns and with semi-double tistic patterns and $\left.\begin{array}{l}\text { with semi-double } \\ \text { then cover them with }\end{array}\right] \begin{aligned} & \text { blooms in a variety of }\end{aligned}$ then cover them with blooms in a yariety of
soil. Set minor bulbs colors; Scillas, or
about three inches squills, have bellabout three inches squills, have bell-
apart. However, for a shaped, sometimes apart. However, for a shaped, sometimes
large colorful display, star-like flowers in
they may be planted blue, purple or pink they may be planted
an inch apart. For a lovely carpet of color
use 25 to 100 inexpenuse 25 to
sine mulnor bulbs.
PLANT BULBS IN rockeries, in front of
evergreens, in evergreens, in
pockets by steps and
paths and always in paths and always in
full sun. Immediately
after planting water after planting water
well and if the fall season remains dry, huscari(Grape bear their flowers in
further watering will hycinths) are Breast cancer detection clinic concludes research project Virginia Mason
Medical Center's
Breast Cancer Breast Cancer Detec- primary concern has
tion to increase tion Clinic (BCDC) public awareness of years of operation as
demonstration of of a network of 27 methods and techni-
clinics clinics sponsored by ques for early detec-
the American Cancer tion, including the use Society and the Na- of mammography and tional Cancer In- physical examination
stitute. The national in large scale screen projectt was designed ing programs, educato demonstrate the ef- tional programs for mography, $x$-ray and medical profession other-screening
techniques in the ear-
ly detes. ly detection of breast
cancer. Since it opened in
1973, the BCDC has screened 10,000 women between the King, Pierce, Snohomish and Kitsap
counties and counties and has
detected 190 cancers "Many of these women have an excellent prognosis
because of the early because of the early
stage in which their cancer was found,"
Dr. Thomas Carlile, Dr. Thomas Carlile,
director of BCDC,
said.

## PAUL F. BONNELL

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B-12 Wednesday, September 26, 1979 The News

Schools close; memories linger A committee of - Schools that are
Highline School closed and not used as Highline School closed and not used as
District principals ap- an educational site for
pointed to consider the Higline $\begin{array}{ll}\text { pointed to consider } & \text { the Highline School } \\ \text { how memorabilia } & \text { District should be pro- }\end{array}$ from closed schools $\begin{aligned} & \text { District should be pro- }\end{aligned}$ could be displayed
publicly made several Museum for notable suggestions to the articles. approved the proposals.
The recommendations included: schools that have been schooss that have been
closed and converted to an elementary materials could also
school should have a be provid school should have a be provided to the
display case in that Cultural Art Center at elementary school for Chelsea Park for
exhibiting some of the Center at exhibiting some of the display.
major trophies and These major trophies and These recommen-
other significant ar- dations will be carried other signicant ar- dations will be carried
ticles as an historical out in the next few reference. out in the next few
months.

Catholic counseling service launched A new counseling
service is starting this service is starting this
month in Southwest King County by the
Catholic Children's Services of Seattle.
Offic Offices will. be
located at St. Vincent
de de Paul Parish,
Federal Federal Way; Holy
Family Parish, White Family Parish, White
Center; and St. Anthony's Parish, RenMarital, individual, Marital, individual,
parent-child and fami-parent-child and famioffered.
In addition, referral In addition, referral
services for day care, services for day care,
housing and the like,
will be available will be available.
Participants Participants will
also find the counselalso ind the counsel-
ing service a means
for referral to for referral to existing
programs at Catholic

Children's Services. also an adoption pro-
 unmarried parents, Jack Fischer, a wenton, on Mondays,
children up to 18 years children up to 18 years marriage and family reached for appoint
old who need foster therapist for Catholic ments at 323 -6336. care, and children Children's Services, ments at 323-6336.
who not who need diagnostic will be available from treatment for socially $8: 30$ a.m. to 5 p.m. at
unacceptable the following locaunacceptable the following loca-
behavior. There is tions:
Lectures examine wines Continuing Educa- thwest, will coorof Washington is offer- which begins Oct. 11 ing a new lecture and continues through series, Wines of November8. Lectures
France", during fall arescheduled for quarter. Dr.C. Gerald Thursday nights from $\begin{array}{ll}\mathrm{W} \text { a r reen, } \mathrm{U} W & 7: 30 \text { to } 9: 30 \text { on the UW } \\ \text { Associate Professor of }\end{array}$ Associate Professor of campus. Early Medicine and presi- ed. Complete informadent pro-tem of the tion is available by Enological Society of tion is available by 543 -2590. the Pacific Nor-
-30525 8th Ave. S.,
Federal Way, on Federal Way, on
Tuesdays, where may be reached for
appointments appointments at 839 4333;
S. 9641 20th Ave. S.W., ${ }^{9641}$ White Center, S.W., White Center, where he may Or callers may reach Fischer at may 336, 24 hours per day. A graduate of the Columbia University Fischer of has worked Work, extensively with couples and families

Classes to start at St. Vincent St. Vincent de Paul how to make For additional in-
Adult Education Christmas stockings, formation on these Department will stuffers, ornaments, L.I.F.E. sessions, con-
begin its L.I.F.E. ceramics and advent tact Robin La Moria begin its L.I.F'.E. ceramics and advent tact Robin La Moria
(Learning for In- wreaths.
at $839-4333$.
 Thursday, Oct. 11.
The October ses- $C$ College classes move The October ses- $\begin{aligned} & \text { City College classes ministration degrees. } \\ & \text { sions will feature Holi- } \\ & \text { day Hostessing, a }\end{aligned}$ for fall quarter have The school's students day Hostessing, a for fall quarter have The school's students
creative approach to been moved from average age is about creative approach to been moved from average age is about
dress up holiday ef- Highline Community 37 years. It wa dress up holiday ef- Highline Community 37 years. It was
forts. Seattle Com- College to Sacajawea designed from the forts. Seattle Com- College to Sacajawea designed from the
múnity College will Junior High School, beginning to meed the munity College will Junior High School, beginning to meed the
demonstrate hors 1101 South Dash Point needs of employed
d'oeuvres and gar- Road in Federal Way adults and d'oeuvres and gar- Road in Federal Way. adults and now has
nishes. Oct. 18, Kelly
City College is a fully- more than 1900 nishes. Oct. 18, Kelly City College is a fully- more t
Gunderson from Cafe accredited institution students. by the Northwest Fall registration at Association of Schools City College is going
and Colleges offering on now and classes and Colleges offering on now and classes Associate of start October 1. For
Technical Arts, Bachnical Arts, more information or a Master of Business ment w it h
Administration and counselor, phone 624 Administration and counselor, phone 624


## Breakage (again?) haunts Markley at Failnationals



The Gaines Markley "Assassin" just off the trailer.
by Bart Potter misfortune of th Gaines Markley-Rob Bruins racing team has been a season-
long comedy of er rors, but at this point it is far from laughing matter. Way racers have been plagued since the Na tional Hot Rod Association seaso of one part or another in national races around the country Never has the pro-
blem been more painful than at last weekend's Fallnationals at Seattle InAfter qualifying in the fifth spot Saturday with a 5.927 -second quarter-mile time, Sunday's first round against Mike Palmer of Puyallup, the number 13 qualifier. rear end and the
clutch broke one after another on the local
car. The big effort in front of the hometown crowd had come to naught. ly knockout the earmore painful was the fact that it allowed Kelly Brown of
Calabasas, Calif., to gain considerably on Bruins in the race for the world championship. Brown lost to
Don Garlits of Seffner, Fla., in the finals when his clutch broke. Brown earned 800
points for the weekend's work, while Bruins came up with 200 qualifying points. MarkleyBrown by just 535 points with one naing. event remaining. Al of which makes that one event, the Winston World Finals in Ontario, Calif. Sept.
$30-$ Oct. 2 just that much more important
if the locals are to hang on and claim championship. Markley, owner and crew chief of the car, had a one-word sumsignificance: Quite."
Markley was disappointed and spoke in quiet tones about the
day's events. He expressed fustration about the rear end breakage, in large part because the crew
had worked overnight to put in a new rear end after the first broke in a Saturday qualifying run.
"It's a mess," he "It's a mess,
Markley and crew will have less than two weeks to come upwith a competitive
machine for the World Finals. That is not a Mat of time, and "It's gonna be


GAINES MARKLEY (STP jacket) and crew seem in good spirits before Sunday's eventually disappointing effort at the Fallnationals at Seat


GAINES Markley (left) and Rob Bruins make a
few last-minute adjustments.


NEW LUMBER \& HARDWARE CO. 30854 Pac. Hwy. So Across From Federal Way High School $\quad 839-1313$ or $927-4301$

## FW wins 5 of 6 Jr . football games



Having a blast
MARK SCUDERI, a Decatur golfer, blasts from the sand trap that guards the first hole at win Lakes Golf and Country Club during Friaay s mate



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low as $\$ 29$ a mo. But hurry, prices
increase Oct. 7th.
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Edwards' record round leads Gators


Off the tee
MARK NYGREN, Jefferson's top golfer, views his drive on the first hole at Twin Lakes Golf and Country Club. Nygren was Jefferson's under 35 over the front nine; however, Decatur coasted to posted a oneunder 35 over the front nine; however, Decatur coasted to an easy 85-47
win. photo by Harry Brooks

$\triangle$ AMES


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$\$ 49800$ Size $\quad 498^{\circ}$
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two
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* Standard "D" Trim . . . ${ }^{\$ 768}{ }_{\text {per } 10 \text { pc. }}$.
*Vinyl Rolls. . . . . . . . . . . . $17^{\text {s }}$ sq.


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c.4 Wednesday Sepiember 26, 1979 The TVews

Scott Hatch scores second 'You Pick 'Em' perfecto


Rams split with KR


score, Hatch received a $\$ 15$ gift certificate
from Fisher Drug in Federal Way.
Looking at this Looking at this
week's contest, which
offers a $\$ 15$ gift cer orers a $\$ 15$ gift cer-
tificate to Scott's
Athletic Supply, Hatch picked Federal
Way vs. Clover Park and Ohio State vs. ones" but added that
Seattle will rebound Seattle will rebound
against Kansas City. Predictors, with one
wrong in last week's contest, were J. H.
Webb and Ron Smith, both of Federal Way. Outriders Off-Road VehiWe Club (second
dimnerday, each month, $6: 30$ p.m., meeting at 8 p.m.). Fog
Cutter South,
31211 Pacific nal information
additional Dick Luznick at 839 -$\mathrm{R}_{839-2459}^{1233 \text { or } \text {. }}$

The Mt. Rainier finish fourth, the top
girls' cross
country Ram finisher girls' cross country
Ram finisher.
team edged Kentridge
For the girls, Gina last Thursday on the
Ram course, while the boys were defeated.
The girls edged the The girls edged the ty fifth, Sandy McCarChargers 26-29, while ty sixth and Jodi trouble with the boys' Friday the Rams team, 17-48.
Bruce Stobie turned
host Auburn and
Highline on the Mt. in a 16:47 time for the
three-mile course to
DM jr. grids get 'Beached' The Des Moines The DM Sweetpeas
89ers ran into heavy went into two over-
opposition from times but suffered a opposition from times but suffered
Rainier Beach last 12-6 loss.
Other scores were Saturday. Beach took (Bantam) Rainier
Rainier Beather
early lead in the first Beach $6^{\prime}$ Des Moines quarter. Des Moines $2 ;$ (Midget) Des
highlight of the game Moines 12, Rainier highlight of the game Moines 12, Rainier
came when Mike Beach 7; (PeeWees) came when Mike Beach touchdown on kickoff Moines 0; (Juniors)
return in the third Rainier Beach 13, Des quarter. The final Moines 6 .
score was Rainier This weekend Des score was Rainier
Beach 20, Des Moines
Moines travel to Mt.
Tahoma to meet Tahoma t
Maple Valley


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## Little 6-killer

STEVE SCRIBNER, a Des Moines 89er quarterback, rares back to get maximum leverage on a pass during the warmup for Saturday's game
with Rainier Beach. Alas, the local youths took a $20-6$ setback Saturday. They play Maple Valley this Saturday.

Federal Way Wews/Des Moines News


\section*{$\square$ RoGers <br> $\square$ <br> | $\square$ RENTON | $\square$ M.RAINIER |
| :--- | :--- |
| $\square$ DECATUR | $\square$ PUYALLUP |
| $\square$ FEDERAL WAY | $\square$ CLOVER PARK |
| $\square$ FRESNO STATE | $\square$ WASHINGTON |
| $\square$ WASH. ST. | $\square$ SYRACUSE |
| $\square$ OHIO ST. | $\square$ UCLA |
| $\square$ CLEVELAND | $\square$ HOUSTON |
| $\square$ DENVER | $\square$ OAKLAND |
| $\square$ KANSAS CITY | $\square$ SEATTLE | <br> tie-breaker:}

UCLA 〇OIN 〇lose by __ POINTS
address
PHONE




## Raiders, Eagles, Gators score X-country wins


 paign, Decatur coach 14th, 20:23; Marty Other Eagle girl 14:05; Carol Barron,
Joe Anderson was ex- Tillman, 16th, 22:00; finishers were Lisa 16th, 18:18, and Dee
tremely pleased with Jim Taggart, 17th,
Huskies
 $\begin{array}{cllll}\text { five placements from } & \text { 24:26; Scott Gish, } 21 \text { st, } & \text { Nollie Alberto, } 14 \text { th, } & \text { were stormed by }\end{array}$ y favored this need a couple of girls Coach Anderson Storey, 16th, 14:32, defeat by Rogers.
weekend when they to come up in the plac- said his Gators are and Candy Sanders, Bob Plummer, a $\begin{array}{llll}\text { entertain the Fresno ings, and we'll be all "hoping for the best"", } & \text { 17th, 14:35. } & \text { senior, took Jeffer- } \\ \text { State Bulldogs of the right." } & \text { in their SPSL opener } & \text { Darin McKeown, an son's highest }\end{array}$ Pacific Coast Athletic Kerry Johnson, a against Sumner Fri- Eagle junior, won the with a sixth over the Assn. The first-ever sophomore, took first day on the Decatur boys' race with a three-mile course,
meeting between the place in the girls' race course. He noted that $15: 30.4$ time, which $17: 26$. Other Raider
two schools is set for by completing the 1.8- Wes Whitbeck and stands as a record for finishers were Albert two schools is set for by completing the 1.8- Wes Whitbeck and stands as a record for Frane, were Alber,
Husky Stadium this mile course in 11:19. Mark Allman, who Federal Way's new Frank, 17:57;
Saturday, Sept. 29 at Lori Morgan took both missed the Tyee three-mile course.
 $\begin{array}{ll}\text { The Huskies have Mary Grady placed Friday's race. } & \text { fifth at } 16: 35 \text {, but the } 16 \text { th, } 19: 10 ; \text { Jim } \\ \text { never lost to a PCAA fourthat } 13: 01 .\end{array}$ team, leading ab- Other Gator girl Way girls' team suf- cross the finish line Tim Payne, 20 th,
breviated series with finishers were as fered its second loss in until Barth Merrill 20:41, and Brian
San Jose State $(4-0-0)$ follows: An $n$ e three years as Lakes, took 10th at and Pacific (2-0-0). Grossman, fifth, led by defending state Lakes filled in bet- Jefferson's next
and Don James has met 13:38; Teresa Till, champion Sheila ween Syrstad and SPSL outing is a tri
one PCAA team in seventh, $14: 21$; Gean- Kaskie, took a $25-31$ Merrill which made meetcompetition with five yeers at nette McMonigal, winoverthe a ${ }^{25-31}$ the difference in the L
Washington, eighth, $15: 10$; Gina "We're very disap- boys' outcome. defeating San Jose Nelson, ninth, $15: 24$, "Wointed, very disap- Federal $\begin{aligned} & \text { Oys' outcome. } \\ & \text { Other Federal Way }\end{aligned}$
State in 1977, $24-3$ at Lauri Robnett, 11th, Way coach Bill Harris finishers were De Husky Stadium. 16:40; Kim Madri, said. "We didn't ex- Weedman, 11th, Fresno State has 13 th, $18: 25$; Tara pact that would hap- 17:40; Pat Crawford,
one of the fastest Rhodes, 14th, $23: 00$, pen. It was amatter of 17th, 17:40; Mike growing NCAA Divi- and Trudy Till, 15th, for or five seconds Elliot, 14th, 18:12, and
sion I football pro- 25:06.
here or there. Lakes Jim Konop, 15th grams in the country, The Tyee boys took won all the close 18:24. Federal Way
reflecting the growth first and second races."

| grams in the country, reflecting the growth | The Tyee boys took won all the first and second races.' | 18:24. Federal Way and Sumner travel to |  |
| :---: | :---: | :---: | :---: |
| of the PCAA. The | ces, but the Gators The Federal | Sumner for a trime | V | Bulldogs were only $3-8$ dominated the rest of girls, however, Tuesday.

last year, but won the UPHOLSTERY last year, but won the the race. Richard managed an easy 18- TRACY HON-
1977 conference title McMonigal was the 57 victory over Bethel. SONGER highlighted
with a $9-2$ season third finisher on the TheFederal Way boys Jefferson's girls'

## Featuring



Dean DeMulling
Mike Hagen of Decatur and
Dean DeMulling of Jefferson showed strong ball-carrying
talent when their team collided at Federal Way Stadium Friday Hagen led all runners in the contest with 113 yards in 14 car-
ries, an eight-yard-per-carry average. DeMulling smashed the middle for 61 first-half yards on
15 totes. He scored two one-yard 15 totes. He scored two one-yard
touchdowns in that time period Other top performances: Tracy Thomas, a Federal Way,
swimmer, broke two records in a meet against Lakes last week. She set marks of : 25.7
in the 50 . nt 50 freestyle and $: 56.4$ in the
100 freestyle while taking first in
both events



Mike Hagen Dave Edwards, a Decatur
golfer, completed the best golfer, completed the best golf
round in Gator golf history Thurs day by scoring a four-under-par 22. His low stroke total garnered Decatur team scoring record, a Girl harriers Tracy Honsinger Johnson took first places in rery ent cross-country meets. Hons nger finished Ft. Steilacoom's completed Tyee's 1.8 -mile in a Dappy 11:19. Darin McKeown, a Federal
Way junior, took first place in the Eay junior, took first place in the Bethel. He took 15:30.4 to finish Federal Way's new three-mile


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 Padilla has moved. $\xlongequal{\text { Lindbergh }}$ OLYMPIC Division | toward a mix of |
| :--- | :--- | :--- |
| freshmen recruits and | \(\begin{aligned} \& Evergree <br>

\& Auburn\end{aligned}\)
 0

Local high schools show ability in early matches


## Mt. Rainier golfers notch win

## The Mt. Rainier ninth-grader Steve - disappointing loss. He condition of the course $\begin{gathered}\text { Other scorers for }\end{gathered}$ Rams evened their earned co-medalist praised the Rams' botherthem."

 Rams evened their earned co-medanst prased the RamsNorth Puget Sound honors for the Rams cool in the face of ex- The Rams faced a League golf record at with 41, good for 11 tremely wet course strong Kentridge $1-1$ last week with a $54-$ points each. 2 win over Hazen at $\quad \mathrm{Ram}$ coach Mel
Maplewood. Command was pleas- right out and started proved effort over the
BARBARA BEEM, of Decatur, smashes a spike through pleased with their respective team's preformance in the the block of block of Mt. Rainier's Pam Gossman during preseasorthes this week. The North and South Puget me-from-behind effort. Both coaches, Mt. Rainier Sound Leagues begin official play next week

The Fickes brothers proved effort over the
he Rams were John
Finnegan, right brothers the Fith a 42 for brothers with a 42 for
10 points; Ron Averill
$\qquad$ ball better all the way time and tomorrow "Thound," he said. Each of the four Coach Kathy Harris
local high school is pleased with her
 lauded the efforts of ting at the net, and
spikers Peggy four sophomore set-
Halwachs and Lisa ters, Darcy Vallala,
Hackett and setter Tina Mer Hackett and setter Tina Mahar, Gretchen
$\begin{aligned} & \text { Hack } \\ & \text { Teri Keller. }\end{aligned}$ Hughes After Saturday's McLeod, are supplyCurtis Tournament, Federal Way con-
Jefferson had three tinued its tuneup for warmup matches re- its SPSL campaign maining before begin- with a match against ning its SPSL cam- Highline last Monday
paign. The Raiders (results unavailable paign. The Raiders (results unavailable
played Bellarmine at press time). The
Monday Monday (results Eagles host Jefferson
unavailable). They in a 7 p.m. match
travel to Lakes today tomorren. travel to Lakes today tomorrow.
for a 3:30 p.m. match MT. RAINIER and
and end their Decatur and end tomerrow through a three-set preseason tomorrow through a three-set
with a 7 p.m. clash match Thursday, and
with Federal Way. with Federal Way. $\quad \begin{aligned} & \text { both teams' caaches } \\ & \text { came away satisfied. }\end{aligned}$ FEDERAL Way with a 15-1, 15-6 vic-
tory over Capitol High Tuesday and played
well in a 15-10, 16-14 MOTORISTS ROBBED loss to highly-touted
Auburn Thursday. BY GAS THIEF
Federal Way then Federal Way then split four games in the
Curtis Invitational Curtis Invit
Tournament. $\qquad$

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Local
football
contest
slated

Registration for the Kick Competition, cosponsored by
Federal Way Jaycees and Swanson Ford,
now is underway. Competition will be
held Saturday, Sept held Saturday, Sept.
29 , at Federal Way High School from 1
a.m. to 3 p.m.
The contest is open to youths 8 through 13
years of age. Boys and girls compete in thin
own age brackets. No special equipment necessary
Contest as follows: one point for each foot the ball is punted in the air,
minus one point for each foot the ball
lands to the right or left of the center technique will be used in jadging pase-king.

Y
supplement hunting "We're particularly and fishing license fee pleased with the help. ncome The and encouragement
legislators
rejected
we're getting from the legislators rejected we're getting from the
the request, but asked organized sports clubs. the request, bot asked organzed sports "cubs
for more information across the state," said on use of department, Dammarell. Many lands.
Field Project volunteered to help in
Leader Frank Dam- the survey and more
marell says public are expected to join
reaction to the the ranks of the
preliminary sampling viewers as the project 25009 Pacific Hwy. S.

839-1633

## SIGN UP FOR THE FIRST ANNUAL "FIRST STEP" RACQUETBALL TOURNAMENT

DATE: October 5th. - 7th., 1979. Starting at 12:00 P.M. Fri
WHERE: Pacific West Sport and Racquet Club 32818 1st Ave. S
Federal Way, Wa. (5 Champion Glassback Courts)

## ENTRY

DEADLINE: October 2, 1979 5:00 P.M. (No refunds after 9/28)
ENTRY FEE: 1st. Event $\$ 10.00$. All entry fees must accompany entries.
(No phone entries accepted)
AWARDS: 1st., 2nd., 3rd. and consolation prizes given.
HOSPITALITY: Hospitality and refreshments will be available daily
MISC: Tournament shirts will be given to all entrants.
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## he Athlete's <br> Foot.

Southcenter Sea-Tac Mall
and
Tacoma Mall
 Pacific
West
pot port \& Racquet Club 510


## FW Boys'-Girls' Club programs set

Some beaches closed

## Outdoortips

 and tales$\begin{aligned} & \text { by Herb Williams } \\ & \text { One of the most im- }\end{aligned} \begin{aligned} & \text { tablespoons of sugar } \\ & \text { (brown or white) and }\end{aligned}$ portant things to keep a couple of tablesin mind when hunting poons of borax (not doves or pigeons is to boraxo or one of the
be sure they're in household cleaners) range. $\quad$ in a small pan of The pattern of your in a smater and bring it to a shot spreads out a lot boil. Turn down to
between 30 and 50 bimmer and put your between 30 and 50 simmer and put your
yards and a dove or skeins of eggs in the yards and a dove or skeins of eggs in the
pigeon is a small bird. pan. Keep turning pattern which is them with a wooden down a duck or bring spoan or a dull fork, sant at the longer them. They will range can be thin separate from the
enough to let some of skein, the skin that the smaller birds slip holds the eggs
through. hrough.
Look at it this way:
together.
Work them around a dove or pigeon, gently so the hot liquid not much bigger than as possible as evenly much bigger than as possible. Pull the that as flying through tissue from the water your pattern and you as it separates. The see the wisdom of eggs will begin to
waiting for a closer harden. You can shot, when your pat- make them hard tern is more dense. enough to bounce like
Another important a golf ball, or just thing is how much you hard enough to stay lead them. If you're together on a hook.
missing passing shots, Check one now and try shooting well then, pricking it with
ahead of where you a pin or squeezing it. think you should. You want them to stay These small birds on hook, but you also Readers Write: fish. When they're Dear Herb: For years done to your sugar to cure salmon water and store them sugar to cure samm in waters. their skeins. Is there a Leave enough liquid way to cure them for in the jars to keep use as single eggs? them moist. They will
Signed: A longtime keep in a refrigerator Egg Angler. for months. Or you Dear Egger: Yes, can freeze them, the there is a simple way same as you freeze to convert skein eggs skein eggs which have
into single eggs. With been rolled in borax the price of a jar of The ripest eggs are single eggs these best for this single egg days, it's worth try- process.
Have a question?

Fish laws enforced Southwestern Toutle, Kalama, fishermen felt the im- rivers and Abernathy pact of increased enforcement of state " We caught
fishing laws last fishermen snagging fishing laws last fishermen snagging, Washington Depart- possession limits, usment of Fisheries ing unlawful fishing patrol officers issued gear, using expired
scores of citations to scores of citations to licenses, having no
violators in Clark and licenses and other Cowlitz counties. violations," said $\underset{\text { Fhisheries }}{\text { Chatrol }}$ Sandy ${ }_{\text {Patler }}^{\text {Miller }}$ Mill reported that his of- Miller reminded
 ficers arrested ash ngton ped up their patrol ac- isn't necessary for a tivities on the Washington Depart-
Elokomin, Cowlitz, ment of Fisheries patrol officer to be in uniform to issue a


## PEOPLE TO PEOPLE

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PL set a year's theater agenda

|  |  | cla | he |
| :---: | :---: | :---: | :---: |
| sic," Rodgers and | Ayckbourn as well as | which will be on st |  |
| ammerstein's | two children's theater |  | formances of |
|  |  | to 22 with a matinee | 㐋 |
|  | The House of Blu | on March 23. This | Aurand Harris script |
| cal | Leaves" is a Guar | family tragedy deals | ch chronicles |
| the 1979-80 | satire on mod | with questio |  |
| ason at | society, revolving | social and personal | small events in |
| Lutheran University. | around a middle-aged | "ghosts" as the sins | American history |
| he producti | Tin Pan Alley "lef- | the | from Paul Revere to |
| ected | tover." It will run | haunt a mother | Charles Lindb |
| ofessor Bill Park | from Nov. 29 to Dec. 1 | destruction of her son | ic perform |
| th musical directio | at 8:15 p.m. with a | Ayckb | of Tolkein's |
| by music professor | matinee on Dec. | edy, "Absurd P | "The Hobbit" will |
| David Robbins, will | The director will | Singular," will com | presented by |
| be staged in Eastvold | William B | to the PLU stage | children's thea |
| Auditorium from Oct. | Lisa Johnson | the final tw | April 19 to 20. Phil |
|  | direct Feiffer's | weekends of th | Holte will dir |
| each evening. A 2:15 | paced comedy | school year, May | stage adaptation of |
| . matine | Me!'> A series | 10 and 16 to 17 |  |
| clude the run on Sur | lin | May 18 matinee. Bill | All PLU d |
| 21. | men and woman | Becvar will direct this | ductions fea |
| Along with | their often mystif | examination of 20th | reduced rates for |
| ular musical, | relationships spark | century pros | students and senior |
| na seas | the production, which | and positio | citizens. Further |
| ovi | will run Feb. 7 to 10 | Eric Nordh | formation is available |
|  | with a | mark his 25th year at |  |
|  |  |  |  |
| eature script. | Parker will direct | children's theater pro- |  |
|  |  |  |  |

Conference spotlights Hawaii's arts, history
he Hui O Na Kumu Hawaiian dance, with The group's primary A special class will
fula of Seattle will representation in efforts are instruction be taught for a limited ference on the Per- Washington, Hawaii dances and a regular students by George forming Arts of Hawaii and Canada, have been learning exchange LanakilakekeahealiI.
at the John F . Kennedy engaged in the with hula masters in Naope, who is conMemorial High School perpetuation and Hawaii.
on Sunday, Oct. 14, preservation of Classes at the con- hulabed anany. from 9:30 a.m. to 4 Hawailian history
p. m . For the past 11 making up the distinc- 80 , with instruction of $\$ 8$ per person and will
years, this organiza- tive ethnic character all levels, from begin- include Hawaiian art

Bill Blass to show new
collection at Symphoneve ball
willbe the special event benefit the Seat- Non-members fee is phoneve ball, the taining Fund.
opening event of the Tickets are still he expected to make
hotel reservations opening event of the Tickets are stil hotel reservations
Seattle symphony available for Sym- directly with the
season on September phoneve. For reserva- SeaTac Red Lion Inn season, on September phoneve. For reserva- SeaTac Red Lion Inn
28 at the olymic tions contact Mrs. and should specify
Hotel in Seattle. Blass Girton R. Viereck at their will show his new
"American in Paris" female educator. the conference. F
fetails and collection to those in- Other discussions will formation concerning
attendance. attendance.
Symphone is the new juvenile code obtained from
sponsored by the Seat- and adaptive Women's Association mainstreaming

St. Vincent to host Fresh Start seminar


## The Seattle Sym- an adult who pays the tion concert or the symphony ticket of Taylor at 833-9111, 464 (Seat hony Orchestra is of- regular price.

 ering some special $\begin{aligned} & \text { Students with iden- } \\ & \text { discounts on ticket }\end{aligned}$ tification cards may

An additional charge
of $\$ 5$ will be added for fthos who wish to t tare
Noapesc

 | Septat 30. The shool ib |
| :--- |
| located at 140 s. 140 th | St. in the Burien area. For additional in-

Everything but fleas at flea market


Dave Brubeck coming to Seattle Opera House


Tryouts called


Opera to offer special discounts

 anything that doesn't in cost as well as in who picked up a pair said. "They're in the markets; it's loaded
and good stuff. We sfell bad," said one selection, said owner of high-buttoned dependent, work for don't swap anything."

## Find Inner Piece at Pizza Inn.

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'Fifth of July' set at Empty Space

Artist series to spotlight internationally known stars

Performers from
around the world will be featured during the
1979-80 artist series season. at Pacif
Luthern University. They include inter-
nationally acclaimed nationally
Hungarian pianist Lili Hungarian pianist Lili
Kraus and soprano Cynthia Clarey as solo Bayanihan Phillippine Bayanihan Phillippine
Dance Company; Opera Piccola from
Vancouver, Canada; Fana Mannskor, a from Bergen; and the Preservation Hall Jazz
Band. Fana Mannskor will open the season on
Tuesday, Oct. 9 , in Olson auditorium. Cur-
rently on its third tour rently on its third tour the 60 -voice choir has
been acclaimed in both Norwegian and inter-
national choir competitions. It was found-
ed 38 years ago.

## Judson

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Angum Skage will per Another soprano
Cynthia Clarey, wil
some as the foremost
living interpreter living interpreter of
the keyboard masterWalton's "The Bear,"


## Comnty Civsion.

Commission.
Under the auspices is being sponsored as Praus and the Mozart he Sears-Rtist by been shown around the Foundation and the The Bayanihan or the Arts. pany was the highlight with numerous tist Series season. has built a following in
opera companies, in-
cuding the luding the New York troup has performed pearances. appeared as a sym- Featuring 28 The band has made
phony soloist in East Coast cities and dancers and 13 musi- musical history with erngland. Her con- will perform in Olson has been playing it fo PLU University $\begin{aligned} & \text { Center. } \\ & \text { Opera Piccola will }\end{aligned}$ Center.
Hungar
Opera Piccola will PLU artist series Kraus, scheduled for stage on auditorium available at the PLU appearance on Nove. Rossini's "The Mar- formation further in


JOANNE KIRKLAND will be the featured artist at the Seahur ings, paintings and batik.

## Versatile artist is featured <br>  <br> The show runs Oct. Ms. Kirkland's fourth Sept. 22 27. The gallery is open

On the stage at Seat Theater is "Straight Up," an comedy by an
Irish playwright, Syd Irish pla
Shows are Wednesday to Saturday at
p.m. and on Sunday at Ticket prices are $\$ 4$ Wednesday, Thursday Friday and Saturday. The theater is a Department of Parks and Recreation and is located at 7312
Green Lake
W. Green Lake Dr. N., on Green Lake.
For inform reservations, call 524

## Cable television coverage to expand in Federal Way

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| ound has announced |  | terstate Highway 5; |  |  |
|  |  | S.E. 228th Street south | not have access. | All new prog |
| ice to many outly- | cor | to about 347th Street |  |  |
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## 'North Dallas Forty' a winning

 combinationby Bonnie Huckins every opportunity. 17 (restricted), and for formances, it is Nolte overall, "North Dallas By giving a realistic Although he is the an- good reason. There is and his portrayal of Forty" is quite comglamour of profes- Elliott is the character of spicy locker-room outstanding. stingingly witty sional football, "North the audience sides vocabulary. For the Nolte gives Elliott characters with
Dallas Forty", has with, because the most part, both are in- depth and emotion in- perfect timing really Dallas Forty" has with, because the most part, both are in- depth and emotion in- perfect timing really,
become one of the big- system he is fighting is offensive and stead of presenting have the viewers' become one of the big- system he is fighting is of fensive and stead of presenting have the viewers
gest hit films of the a corrupt and brutal necessary to add himasalackadaisical, holding their sides
year.
meaning and realism immature, spoiled from laughter. Nolte
 and Mac Davis, the underdog, and seems Only one scene could character believable, film is about a football to be the only member have been a bit lessex- someone that the en- As the football
team called the North of the team with any plicit without detrac- tire audience can season is now under Dallas Bulls. The story scruples, sense of ting from the film, and relate to and can like. way, the movie procenters around Nolte's responsibility or feel- that was just a short Elliott's struggles bably will grow in
character, a wide ingsatall. character, a wide ings at all. Dallas For- girlfriend in bed. and make the viewer popularity. It seems to
receiver named Phil "North Dally laugh and cry, have something for
lite" Elliott.
Elliott plays the role Frank produced by Both Nolte and and that is a fine job of everyone: drama,
romance, humor and Elliott plays the role Frank Yablans, and Davis have been acting.
of the rebel. He tries to was done quite well highly acclaimed for The audience does lightness humor and a fight the pro football with only a few excep- their roles in this film, have to reach for their viewer leave the machine and to go tions.
against the rules at the film is rated R-gave fine per- some scenes, but feeling. with a good

Crossroad theater announces season



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farmily out to Abigails's and eat an oldfanrili out tor Abialy ininvited and to tat an on old
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Let me introd
Let me introduce you to: a hearty soup
fresh green salad topped with Golden Honey Dressing or Creamy Italian. butte
mashed potatoes
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according to weight on our old fashioned according to eight on our old fase
Abigail scale- from $\$ 1.35$ for the
featherweights fearnerweine of you who (heaven forbid) do care for chicken. Abigail has barbecue
beef ribs and prime rib too mashed potatoes, country gravy juicy
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## qubligails

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Workshop slated for auto repair industry

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Wednesday, September 26, 1979 The News

Pork-A versatile
beef alternative beet

What is a versatile meat, but isn't beef? Pork is the answer, Janet Kenkel will tell con-
sumers.
The attractive 18 -year-old Iowa Pork Queen who is a spokesperson for the Iowa Pork Producers Assoc Assoc. recently visited the meat product. After trailing behind beef in popularity, pork is coming into its own, Ms. Kenkel said.
"It is economical and rich in nutritive "For something elegant, you can serve pork loin roast or for economy's sake ground pork," she added
burger patty, she s the traditional ham burger patty, she suggested trying a pork
burger, 'They're really great and have a ifGerent flavor that is refreshing.'
For years pork has been
For years pork has been misunderstood, meat producers, is out to set consumers straight on the subject.
"Erroneous myths have been built up
around the use of pork," she said "Years apo around the use of pork," she said. "Years ago
hogs were raised mainly for the lard, but today they are scientifically bread to be leaner. The pork today has 22 , percent more protein and 57 percent less fat.
ing for a good piece of pork the Iowa Pork Queen advised choosing pink meat with a little marbling which gives the meat its flavor. However, she warned against too much marbling which makes the meat overly kep it juicy while cooking In her travels Ms. Kenkel hears consume questions and concerns. "Many people are worried about
Trichinosis is killed at an internal temperature of 140 -degrees, therefore the old rule of thumb for cooking pork at 180-degree is
obsolete. "obsolete.
"However, for a good flavor, pork should be cooked at an internal temperature of $170-$
degrees with an oven temperature of 325 degrees,", she said. "Some of the older cookbooks may still instruct cooking the me Withigher temperature. the bacon and smoked products have the preservative, not the fresh pork products. Ms taking place on the preservatives linkage to cancer and feels consumers should not worry about the the small amounts that are in th
"A good buy at the supermarket, pork is
very nutritious," she said explaining that 98 percent of the meat is digested by the body. An average three-ounce serving provides 25
grams of protien. It is also a major source of the B vitamins, especially thiamine, riboflavin and niacin.
With an interest in home economics, Ms Kenkel knows how how to create successful
meals that include the variety of pork and special hints for cooking it.
"When barbecuing ground beef or chops," she said. "small bubbles will form on the meat when it is time to turn it over. This way yo thus losing the juices."
Iowa produces 25 percent of the nation's pork and about 65,000 farms provide the meat The corn fed meat is available in local grocer
stores.

 WHILE WATCHING pork chops being readied
for the meat display case, Iowa Pork Queen Jane
Kenkel chats with meat cutter Tony Abeyta. Kenkel chats with meat cutter Tony Abeyta

GOLDEN COCONUT
PORK CUTLETS (Yield: 4 to 6 servings) 4 to 6 pork cutlets 2 tablespoons milk $1 / 4$ cup flour
$1 / 4$ cup coconut

## Salt

2 tablespoons shortening
Combine egg and milk. Com per to taste. Dip pork cutlet in egg mixture, then in coconut mixture In skillet, brown cutlets on both sides in hot shortening. Cover and
cook over low heat until tender and golden brown, about 10
minutes. 1 pound pork sausage eg. cup bread crumb $1 / 2$ teaspoon sage
1 tablespoon brown sugar 1 tablespoon cider vinegar
1 tablespoon soy sauce
Combine sausage, egg, bread and sage. Shape into balls about one inch in diameter. Brown on
all sides, pour off drippings Meanwhile combine catsup brown sugar, vinegar and soy
sauce in sauce pan
sauce in sauce pan.
Add browned meat balls and
simmer 30 minutes. Serve ho from chafing dish. Serve with
ORANGE-GLAZED PORK
STEAK SUPPER
4 pork blade steaks, 4 to 6 servings)
fourths inch thick
1 tablespoon shortening
1 clove garlic, halved
3 tablespoons sugar
2 tablespoons flour
1 teaspoon salt
$1 / 2$ cup water
$1 / 2$ cup orange juice
2/2 teaspoon rosemary
2 cans ( 1 pound, 7 ounces each)
sweet potatoes in syrup, drained
sweet potatoes in syrup, drained
Melt shortening in large skillet
add garlic. Brown in lark e skillet
both sides; remove from skillet. Discard garlic. Combine sugar flour and salt; blend into pan
drippings. Stir in water, orange juice, lemon juice and rosemary Cook, stirring constantly until thickened. Place steaks in large shallow casserole.
Pour sauce over meat. Cover and bake in preheated 350 -degree oven for 45 minutes. Add sweet potatoes; spoon sauce over meat minutes or until meat is tender Serve garnished with thin orange slices, if desired

PORK CHOPS WITH (Yield: 6 servings) 6 pork loin or rib chops, cut one 3 slices bacon, diced 1 cup finely chopped onion 2 cloves garlic, minced
$1 / 2$ cup soy sauce
$1 / 3$ cup lemon juice
2 tablespoons honey
1 tablespoon curry powder
2 teaspoons chili powder
2 tablespoons light rum, optional Saute bacon in frying pan over low heat until lightly browned Add onion and garlic; cook just sauce, lemon juice, honey, curry powder, chili powder and salt Mix and simmer two to three
minutes. Stir in rum, if used minutes. Stir in rum, if used.
Cover; let stand two hours to let flavors blend, or store in refrigerator until ready to use.
Arrange pork Arrange pork chops in shallow dish, pour sauce over chops and overnight in refrigerator. Drain chops and save sauce.
To broil, place chop
broiling pan. Place in broiler in top of meat is about four inches from source of heat. Broil 12 to 15 minutes on first side; turn broil 12 minutes on second to 12 minutes on second side
Brush chops frequently with marinade while broiling. Heat re gaining sauce and serve with door grill.)

## Drexything you want from a store



Becouse of staffing limitations, some fresh meat items in this ad may not be available on Sunday.





Fresh Ground Beef
 Whole Hog Sausage.............stewo, 120. 99،

| DELI SECTION | FROZEN SEAFOOD SECTION |
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| Safeway Franks . . . Allasat ith ${ }^{5} 11^{29}$ |  |
| Dinner Polish ...... Obmer, 2002 ${ }^{5} 2^{99}$ |  |
| Tasty Lean ....... stamor, ises ${ }^{5} 1^{49}$ |  |
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| Beef Bologna ..... . .s.atmon,120.5 $\mathbf{1}^{39}$ |  |
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Peanut Butter


Sandwich Bread


| Cascade <br> Dish Detergent | Downy FABRIC SOFTENER <br> For Laundry |
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All Detergent


More To Choose From!

Reynolds Foil 75'

C\& H Sugar ..... naus con, shis. ${ }^{5} 1^{25}$
${ }^{\text {INSTANT }}$ Coffee ......... tur ${ }^{\text {s }} 4^{89}$


Everything you want from a store


## Five ways to learn about pork



Kiddies creations
Childhood is many do!" Banana Freeze bananas and blent things and many may require a little high speed until
adventures. Adven- help from mother or smooth. If a blender tures in the kitchen an older brother or isn't available, mash are part of growing up sister but most the bananas in a bowl
and soft drink mixes children of school age and blend in the re and soft drink mixes children of school age and blend in the reprovide delightful in- can manage this maining ingredients.
troductions to the recipe unassisted. When. of the kit- Into a blender con- container or bowl and teaching youngsters tainer, a bour one cup hours. Spoon into insimply recipes pro- cup sugar, one cream wafer cups. a measure of mothers envelope cherry There's enough for rainy days when soft drink mix. Add thrill of serving your

$\square$ Deluxe $30^{\prime \prime}$ hi-lo cooking center $\square \mathrm{Big}$ cleaning oven $\square$ Automatic oven timer $\square$
Calrod" surface units $\square$ Black glass winmemaino now siolo "mat 50 just.. 1040 Hotpoint NELSONSTV

927-1780


## cup soy sauce

 $1 / 2$ cup sherry$1 / 2$ to 1 teaspoon salt
1 teaspoon ginger ${ }_{1}$ teaspoonginger mustard $1 / 4$ teaspoon garli powder Combine soy sauce,
sherry, salt, ginger, dry mustard and parkic powder. Place pan. Pour marinade
over pork; cover and marinate two hours or
more, turning the more, turning Place loin on grill
six to eight inches
above low coals. Grill above low coals. Grill
one to one and onehalf hours, turning
frequently. Brush frequently. Brush
with marinade several marimes during
cooking. To serve, cut cooking. To serve, cut
in thin slices. Serve
with hot musta with hot mustard, if
desired. SWEET-SOUR PORK (Yield: 4 to 6 serv-$1-1 / 2$ pounds boneless
pork shoulder, cut in
strips- $3 /$-inch thick-
by- $-1 / 2$-inch wide-by- 1 -by-1/2-inch wide
$1 / 4$-inches long) 2 tablespoons shortening
1 can (one pound, four ounces) pineapple
chunks in pineapple juice
$1 / 4$ cup brown sugar
2 tablespoons corn2 tablespoons cornstarch
$1 / 2$ teasp

## 

 One-third cup vinegar1 tablespoon soy sauce
$3 / 4$
cup thinly sliced a cup thinly sliced
green pepper 3reen cup thinly sliced onion large skillet, sides in shortening. meanwhile, drain juice. Combine brown
sugar, cornstarch and
salt: stir in reserved salt; stir in reserved
pineapple juice,
water, vinegar soy sauce. Remove skillet; blend cornstarch mixture into stirring constantly unAdear and thickenAdd meat to sauce
and cook covered over ow heat until meat is minutes, about 45 ple, green pepper and
onion; cook three minutes. Serve over cooked rice. Pass additional soy sauce. ORK S TEEW
ITALIANO
Yield: (Yield: $\begin{aligned} & 4 \text { to } 6 \\ & \text { ings) }\end{aligned}$ servpounds boneless pork shoulder, cut 2 tablespoons shorte ing cup chopped onion 1 clove garlic, mince can (15 ounces) 1 sauce ${ }^{1}$ $1 / 2$ cup water

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Model \#C379

RECORD ALBUM OF THE WEEK $\$ 589$

Prices effective Wednesday September 26th thro
Tuesday October 2nd. Sales in retail
SPECIAL ITEMS \& PRICES EFFECTIVE AT THF:
109 S.W. 336th AND 32057 PACIFIC HIWAY SO. FEDERAL WAY SAFEWAY STORFS ONLY

Everything you want from a store. $\checkmark$ SAFEWAY

## Tacomalunch October menus

## TACOMA SCHOOL DISTRICT

 MONDAY, OCT. 1: Beefburger nustard, carrot sticks, fruit cup, TUESDAY, OCT. 2: Batter dip ed fish, catuup, cheese slice, tri ator, hot buttered french bread orange wedges, milk.WEDNESDAY, OCT. 3: Chili,
siced peaches, maple bar, milk THURSDAY, OCT. 4: Wiener in
buttered bun, mustard and cat sup, seasoned green beans, apple FRIDAY, OCT. 5: Taco with meat and cheese, shredded letuce and tomato, seasoned corn, titchen Made cinnamon roll, MONDAY, OCT. 8: Spaghetti
sticks, hot buttered french bread
chilled sliced peaches, milk. TUESDAY, OCT. 9: Toasted cheese sandwich, carrot and turnip sticks, chilled applesauce,
Blueberry Buckle topping, milk. WEDNESDAY, OCT. 10: Pizza with meat and cheese, tossed
vegetable salad with 1,000 Island vegetable salad with 1,000 Island
dressing, petite banana, milk. dressing, petite banana, milk.
THURSDAY, OCT. 11: Oven fried chicken, whipped potatoes, whole grain bread and butter, choice of fruit, milk. sandwich, chicken rice soup, apple wedges, ginger crinkle cookie, milk.
MONDAY, OCT. 15: National


#### Abstract

and gravy, whipped potatoes, potatoes with gravy, lettuce and FRIDAY, OCT. 26: Toasted orange wedges, honey wheat sliced tomato with dressing, cheese sandwich, seasoned peas, flake muffin and butter, milk. chocolate brownie, milk. TUESDAY, OCT. 16: Taco with TUESDAY, OCT. 16: Taco with MONDAY, OCT. 22: Salisbury strawberry sundae, October bir- meat and cheese, shredded let- steak with gravy, whipped thdw meat and cheese, shredded let- steak with gravy, whipped ple tidbits, Kitchen Made cin- muffin, chilled applesauce, milk. namon roll, milk. 17 TUESDAY, OCT. 23: Hot dog, WEDNESDAY, OCT. 17: Batter dipped fish, french fries, broccoli or carrot sticks, cornbread and butter, peaches or bananastrawberry sauce, milk. THURSDAY, OCT. 18: Meatballs over noodles, tossed green salad with dressing, hot buttered french bread, apple crisp-peanut french bread, apple crisp-peanut butter topping, milk. butter topping, milk. FRIDAY, OCT. 19: Cold sliced thday cake, milk. 29: Spaghetti with meat and cheese, seasoned with meat and cheese, seasoned green beans, hot buttered french bread, chilled sliced peaches TUESDAY, OCT. 30: Peanut butTUESDAY, OCT. 30: Peanut but- ter sandwich, vegetable beef soup, chilled pears, fruit bar cookie cookie, milk. WEDNESDAY, OCT. 31: Halloween: Goblin good taco with meat and cheese, shredded letwhole grain bread and butter,


## Apple-delicious Independent Price Survey EASY APPLE $\begin{aligned} & \text { press or roll each to } \\ & \text { DUMMPLINGS }\end{aligned}$

Yield: 5 to 10 serv- circle. Place sugare
ings)
apple piece, rounde Apple pieces are side down, on center
wrapped with biscuits of each biscuit and baked with cin- stretch dough around namon sugar for an
easy dessert treat. small $\quad \begin{gathered}\text { covering fruit. } \\ \text { Dip each filled }\end{gathered}$ d, or apples, halv- biscuit in melted ed, or 10 quarters, Two-thirds cup sugar teaspoon cinnamon can (10-ounces) refrigerated flaky biscuits margarine or butter, margarited
melt
nel
2 tablespoons water Blend sugar and
cinnamon. Roll apple
pieces in cinnamon Sagar mixture seam side down
ungreased 12-by-8 inch baking dish or 9 sprinkle any remaining cinnamon-sugar
over biscuits over biscuits. Ad
water to baking pan water to baking pan. Bake in preheated
375-degree oven for 20
to 25 minutes deep golden brown and apple is tender
Serve warm with

## Shows Lucky Meat Prices are Lower!

 muagr misture. Plane
seam meat price is lowe down A lower total at the checkstand is
what Lucky's discount pricing is all what Lucky's discount pricing is all
about. And an independent price about. And an independent price
survey of the 3 leading supermarket chains in the Seattle/Tacoma area
proves it! In almost every case proves it! In almost every case,
Lucky has the lower price per pound Lucky has the lower price per pound
on beef, pork, lamb, fish and poultry. Compare Lucky with Chains X and Y !

## Compared with Chain X, Lucky's

price per pound was lowest on 82 of
the 90 meat items found in bo
stores. Compared with Chain
Lucky had the lowest price per
pound on 73 of the 90 meat items found in both stores.
Over 200 cuts of meat, fish and poultry!
Your neighborhood Lucky Discount Supermarket has over 200 cuts of meat, fish and poultry. And every. cu
is guaranteed to satisfy ... or your money back.
If you're looking for more meat for

## Greek cooking

 Visitors to the StDemetrios Greek Or- p.m., Friday; 9 to
thodox Church p.m. and 5 to $5: 45$ p.m Festival and Bazaar on Saturday and 11 as well as prepare, a.m. to $12: 45$ p.m. and
3 to $4: 45$ p.m. on Sundelicious Greek day.
specialties this year specialties this year in Presistration for
a series of cooking Pre-regist
classes Oct. 12-13. the one and threeclasses Oct. 12-13. the one and three
Maria Kalsounis fourths hour lessons
will direct the cooking may be made by sen will direct the cooking may be made by se
cl a s s s which ding $\$ 15$ to Mrs. Ka-
features the art of sounis, 5839 N.E. 181 . Fillo and favorite St., Seattle, Wash
Greek dishes. Classes 98155 . Specify dat
will take place 1 to and lesson hour
Fruity pie is
prize winning


Make your own survey today ... take this list and check out the savings at Lucky!


Buying convenience for the ingredients to meats-may be taking venience pork pro a good-sized bite out ducts are pork bargain,
of consumer's food either. Sweet and sour
collar, says Jan Grant, King County price if purchased in
extension extension agent. like meat and poultry already take about 40 cents out of every food dollar. And some conan even bigger amount. beef entrees and dinners and two mixes dishes were foll main be considerably more expensive than the
same dishes made at ine convenienc hicken products were more expensive consumer may pay as much as three times cooked chicken from a tast-food store. The same is true for arkey dishes. It costs erving for frozen turkey dinners than


| WH WHEATIES CEREAL General Mils. |  |
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| Or GREEN GIANT VEGETABLES |  |
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| Of Broccan UTE MAD OPANGE JUICE |  |
| FITE EAEANOUET FROZEN CHICKEN |  |
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| VAN DE KAMP BAKERY ITEMS |  |
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| Sticed French Braad....... |  |
| Powdored Sugar Donuts. |  |
| Bear Claw Coffee Cake |  |
| On= 7 -UP OR MUG ROOT BEER |  |
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Pricese effective Wodnescay,
Septemberath thru Tuesday, Septomber 2 th thru
Oetober $2,1979$.
October 2, ${ }^{1979 \text {. }}$.
Opypionto 1979 oy Lucky stores. inc



## Ole! Zesty

 Mexican pieSome like it hot, These recines cold, bine zesty flavors for distinctive tastes. hexicali Pie makes after the high school football game or anytime at all. A tor-
tilla chip and crust are the secret to his winning dish. After school, what
would replace Mom's warm kitchen and fresh baked ginger
bread?
bring
back nostalgic memories with Raisin Ginger Muffins. They're
quick and easy quick and easy to from the microwave .

## MEXICALI PIE

 Yield: 6 to 8ings) slices bacon
cup finely crushed
1 (8 ounce) package American process cheese, cubed half 3 cup half and half green chilies
tablespoons chopped back olives One-third cup onion, hopped garlic owder teaspoon chili 4 eggs, beaten 3 tablespoons tomato Cook bacon between minutes on Full Power or until crisp. Crumble and sprinkle glass pie plate. Add rushed tortilla chips. combine glass bowl, combine remaining
ingredients. Cook, uncovered, me minutes on Ful tirring twice bubbly, into prepared pie plate. Cook, unminutes oight to nine minutes on Simmerset around edges. (II not have a carousel rotate one-third tur
every two minutes.)

RAISIN GINGER (Yield: 10 to 12 muf 2 eggs, beaten $2 / 2$ cup oil $y / 4$ cup brown sugar 1/4 cup water 1 cup all-purpose flour cup all-purpose four
1/2 tear
 $3 / 4$ teaspoon ground inger teaspoon ground
1 teaspoon cinnamon y cup raisins
cup nuts,
. cup nuts, chopped In medium bowl, combine eggs, oil sugar and water. Set aside. Sift dry ingredients into large bowl
Stir in raisins and Stir in raisins and
nuts. Stir molasses mixture into dry ingredients only to
moisten. Do not over moisten. Do not over
Insert paper lined muffin cups into round microwave muffin cups two thirds full with batter. Cook, uncovered, four to four and one-half minutes on (Simmermicrowave does not have a carousel,
rotate one-half turn after two minutes.) Repeat until batter is used. Serve warm or used. S.
chilled.

Note: SimmerDefrost setting is equivalent to 50 perCooking times given are based on the use of a 650 watt oven. For
use in ovens of different wattages, consult your cookbook.


Stove Top Stuffing

©Nabisco Nilla Wofers.........in7 $79^{9}$

## 

Refried Beans sustram..........isa $44^{\circ}$

Long Grain Rice ne.............sm ${ }^{\mathbf{s}}{ }^{\$ 18}$


| Crescent Ground |
| :--- |
| Black Pepper .......4oz: | PCotties Facial Tissue mime man. $69^{9}$





 Franco-American Spaghetit


SALE PRICE GUARRNTEE (Rinchect): Each of these advertised items is required to be readily wailable for sale at or below the advertised price in each
Iradewell store, except as speciically noted in this ad. We strive to have on hand sufficient stock of averetised merthandiss. If for any reson we re out of stock, a SALE PRICE GUARANTEE (Raincheck) will be issued enabling you to buy the item at the advertised price as soon as it becomes wailable.

## Prices Effective Sept. 26th Thru Sept, 29th, 1979 LIMIT RIGHTS RESERVED An Equal Opportunity Employer

 41 定23406 PACIFIC HWY. S. 15858 PACIFIC HWY. S. 24700 MILITARY RD. S.

What's Cookin in Ruth's Kitchen
ing when life is more once and should be steaks are probably chops, ask the meat them in the oven for 20 hocks lend fine flavor eisurely than on other cooked at least 20 to 25 the most popular cuts cutter to cut them ex- to 30 minutesmore. uays. Patties are minutes. Like all of all, and like most tra thick and then slit SELECTING PORK and all the other
usualy patted out in a other pork, they must steaks and chops, we a pocket in each chop. from packages in the seasoning you need is size to suit each ap- be well done. $\quad$ prefer them broiled. The pockets may be counter is important, salt and pepper and a petite and approx- If there's a little But after they are filled with a regular and whateverthe cut I bunch of green onions imately a half inch more sausage in the browned on both sides bread stuffing or with usually look for the and a sliced green
thick.
package than I want $i t$ 's a good idea to well seasoned mashed package with the least pepper added when anything, it's best not that's fine. Wrapped and turn the ther- yams potatoes or fat. You can usually the beans are tender to crowd the skillet. in plastic and put in mostat to 300 degrees Arrange the stuffed try sausage or little meal, top your next put patties in a the freezer, these for 15 to 20 minutes to chops in a lightly oiled pig sausages by the cas ser oore of skillet, and then turn handy later to add to cooked through. If an hour or more at 325 of white, you're not with pork chops the heat down so that meat loaf, spaghetti there's any doubt, cut to 350 degrees. If they getting much lean Chops help season the
nife one with a sharp
by Ruth Jurich water or liquid of any over in the dripping and the high cost of add potatoes, peel and the pan.
eating we occasional- cut them in half OM Y Y P hy can see a ray of lengthwise, and place SAUSAGE patties ar This week it's the for the last hour and a breakfast eg g's
price of pork, and $I$ 'm half to two hours of especially on a Satur
the meat cooks sauce, cabbage rolls,
through by the time suffing for green pep-
the first side is well pers and many other
browned. They should uses.
ny pink, cook them may not be done med the surface of

## potatoes, and they're

 in my freezer for

## The cold facts on preserving summer's freshness

Nothing may lift importance. Be aware portant things to
winter-dulled palates that food quality is remem Winter-dulled palates that food quality is remember about
and spirits more than
an an indoor "picnic" of the time and condition How well you package
fresh s alads, of the harvest. If food today will detervegetables and fruits, fruits and vegetables mine the quality of And, it can be a snap are picked at the peak your frozen food
to serve an out-of- of ripeness and then several weeks or monseason garden-fresh- of ripeness and then several weeks or mon-
repast if you do a little the result can ths later. repast if you do a little be more nutritious - When selecting a
summer harvesting than food that has package, be sure to
and freezing. and freezing.
Whatever quantity spent days in transit choose the one that
and you freeze, the quality sup rmarket. to the will insure an ab
solutely moisture-and
drying out and to keep packages you can use kind of food better container is used to the surface of food "picnic" during the
 freezer and causing containers, and heat- ing" home work freez- packaging usually loss comes a loss in the family, so be sure off-flavors in the food. in pouches or heat- ing" home work. - Problems in freez- burn." This is a dry, texture. - There are three sealing pouches. Each ing occur when the flaky appearance on Planning a winter tips for the

## Cabbage -- an international favorite

Cabbage is very ex- From the original vegetables - brussel kohlrabi.
tensively cultivated strains stem several sprouts, cauliflower,

sprouts, cauliflower, The amount
kale, broccoli and vitamin C varies wit



5


## bebin STEAK lb. <br> US CHOICE FULL CUT

BAR-SSLICED BACON SWIFT SIZZLEAN(OR) FIREBRAND HORMELLITLLESIZZLERS BAR-SSKINLESS FRANKS FRESHREDSNAPPERFILLETS ${ }^{5} 1^{69}$ OREGONSHRIMPMEATS $55^{88}$ DANOLACHIPPEDMEATS FRESH MEDIUM OYSTERS ${ }^{\text {bas }}{ }^{5179}$ RICH LUNCH MEATS

## SOME FRESH MEAT ITEMS IN THIS AD

 MAY NOT BE AVAILABLE ON SUNDAY.${ }_{4}^{5129}$
BEEFSHORT RIBS ${ }_{\text {us anome }}$
${ }_{202}{ }^{5} 129$ FRESH BEEFHEARTS $\$ 129$
${ }^{202}$ s 109 CUBED ROUND STEAK unapasarf us 188
${ }^{\mathrm{s}} 109$ BONELESS ROUND STEAK घs.aner

216. na $^{5} 5^{19}$


 GRAPE $\rightarrow$ APPLE JUICE $\rightarrow>$ SAUCE


## FOLGERS



## pLain cheese whiz

KRAFST. CHEESE SPREAD REGEFULAR CHUNK SWISS ogamedary
GINGER BREAD MIX

$$
140269 \mathrm{c} \text { GEMMSINE KOSHER DILLS }
$$



$$
\text { 133 oz. } 97 \mathrm{c} \text { Gaymuns }
$$ wesirn famir

QUICK OATS

$$
\text { 202. } 98^{\mathrm{c}} \text { HAMMB }
$$ ITANGTITAN BT BREAKFAST

$$
\text { oenv }{ }^{\text {s }} 2^{19} \text { MUCUSUMBER CHIPS }
$$ GRASSIDAM CRACKERS Manisco Bars SCONE MIX


Ooz 98
soz $57^{\circ}$ CRERANEFEMYY JUICE



$$
\text { man } 79
$$

$\qquad$

## for storing.

Wrap cabbage well
with wax paper or
plastic wrapand store
in the refrigerator in the refrigerator at
32 degrees and 90 per-
cent relative humidity cent relative humidity
are considered ideal
When prepared, raw or
cooked cabbage re tains a high percen-
tage of its vitamin C Prepare as close to
eating time as possi-
ble pieces, the smaster ther cooking and the better
for flavor and nutri-
tion. When cutting, the best way to save
the vitamins is to us a sharp knife and
avoid bruising the pieces. Cook in very
little water for shorttime only until tender. Cabbage can also be
stir fried, baked,
steamed, or served steamed, or served
rawe pound yields
four cups shredded (about three to four
servings)
Freezing is no
recommended for raw cabbage. It is best
preserved as as
sauerkraut. After
threeweeks of
fermenting in a crock
fermenting in a crock,
remove and heat to
simmering. Then
sin
pack it into hot jars,
cover with hot juice,
seal and process in boiling water bath
canner (20 minutes
for quarts)
For drying en-
For drying
husiasts, cabbage thusiasts, cabbage
can also be dried.
Shred one-eighth inch
thick, steam - blach
five to six minutes
five to six minutes,
and dehydrate until
dry and brittle. It can dry and brittle. It can
be rehydrated later to
use in use in sou
casseroles.

## D DIET

 IDID
IT


## Chocolate Freeze serves up warm praises

 win compliments Crust $\quad 2$ tablespoon from friends and 2 cups chocolate unflavoredgelatin

4 eggs, separated One-third cup flour $3 / 1$ cup sugar 1/2 cup milk, scalded tage cheese, sieved
lemons
2 tablespoons lemon 2 teaspoons lemon ex 2 teaspoons lemon teaspoon vanilla
cream, whipped
Combine crust
cold water.
together egg yolks,
custard thickens. Add fold in the beaten egg
softened the bottom and two in- of the sugar and scald- Cool. ches of the sides of a 9 - ed milk. Cook over Add cheese, lemon ed gradually. Pour ininch spring formpan. medium heat, stirring flavoring, vanilla and to crust and chill until


## WINE SHOPPE

| $\begin{gathered} \text { CHABLIS } \\ \text { WINE } \end{gathered}$ | $\begin{aligned} & \text { MOUNTAN } \\ & \text { ZINFANDEL, } \end{aligned}$ | $\begin{aligned} & \text { PINK } \\ & \text { CHABLS } \end{aligned}$ | $\begin{aligned} & \text { NAV } \\ & \text { BURG } \end{aligned}$ |
| :---: | :---: | :---: | :---: |
| + |  |  | $6^{49}$ |

FAMM FiESHPRODUCE

## TOMATOES


Local Celery
3 . ${ }^{5} 1$ Chinese Cabbage $25^{\circ}$



${ }^{\text {furfro }}$ COFFEE CAKES


Our low prices bring you in.


Macaroni and Cheddar


| ${ }^{240 u n c e l v g ~}$ Hunt's Ketchup | $75^{\circ}$ | Gourmet Ice Cream | 199 |
| :---: | :---: | :---: | :---: |
|  | $3^{79}$ |  | $10^{99}$ |
| Stauntr | 299 | Sothmagaine 28 Ounce Thbs Diet Imperial | $77^{\circ}$ |
| Srup, 240unce Buttersworth's | $1^{43}$ | Jonetee, 22.1. O Oncel lof White Bread | 99c |
| White or Assorted, 200 Count <br> Kleenex Pop Up | $75^{\circ}$ | Jonet Le, 8Pok Crunch Donuts | 896 |
| ${ }^{120}$ Unce Tins | 223 | Nobiso, 16 Ounce | 796 |
| Coors Beer |  | Premium Saltines | 9 |
| (120unctins ${ }^{\text {Olympia }}$ Seer | $2^{23}$ | Freez Died Cofte8 8 Once ${ }^{\text {F }}$ | 56 |

You like them so much
you ask for 'S' More'

CRESCENT S'MORE
BARS make you won't mind Yield: 3 to formore 4 Only five ingre-
dients and so easy to $\quad \begin{aligned} & \text { cefrigerated (8-ounces) crescent }\end{aligned}$

## Award winning

 fall favorite$\qquad$ say? After yout try this
fluffy spicy pie with apples and nuts, Pie: Dissolve onple package (3 ounces)
lemon flavor gelatin and two tablespoons
sugar in two-thirds cup boiling water,
stirring three minutes. Add one-
fourth teaspoon cinnamon, one-eighth teaspoon nutmeg and
two cups ice cubes;
stir constantly until gelatin is thickened about two to three
minutes. Remove any minutes. Remove any
unmelted ice. Using wire whip, blend in
one container ounces) non-dairy
whipped whipped topping,
thawed; then whip untiII smooth. Fold in one and one-half cups
coarsely chopp peeled apples (about two medium) and one
half cup chopped pecans. Chill, if
necessary, ture mounds. Spoon into a baked and cool-
el
9 -inch graham cracker crumb crust Chill two hours.
GAARNISH WITH ADDITIONAL CHOP-
PED NUTS AND AP PLE SLICES, IF
DESIRED. DESIRED. fruits are meant to be enjoyed in a variety of
ways, and that in-
cludes and cludes a great pie.
Whether you select fresh peaches
blueberries strawberries, this fluffy textured pie you can rely
deliciouseatin Fie: Dissolve Fruited fruit flavor gelatin in two-thirds cup boiling water, stirring about
three minutes. Add two cups ice cubes and stir constantly until gelatin is thickened, about two to three
minutes. Remove any unmelted ice. Using wire whip, blend in one container (8 ped topping, thawed then, whip until simooth. Fold in one cup
as besh fruit, such
bluebries, sliced banana, diced peeled and pitted peaches, diced orange section,

Rub out the garlic Garlic and onions ancient Egyptians' diet. It is said that a gave workers the strength to build the great Pyramids and


| MIDWAY DRIVE.IN <br> SWAP AND SHOP <br> HHE NORTHWESTSBIGG OUTDOOR MARKET PLA <br> - SAT. \& SUN. <br> :9 A.M. - 4 P.M. <br> It's a Giant Garage Sole, Flea Market, Trude Show, Carnival, Auction and Swap Meet - all rolled into one. |
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SSWAP -SELL - TRADE •BUY 24050 Pocific Hwy. S.



## Picnic cake for all seasons



## AVALLABLE SEPT. 1



Name
Address

| Phone $\quad$ Zip ___ |
| :--- |
| CATEGORY____ |

Ingredients

Directions
maining ingredients; 375 -degree oven for 15
spoon evenly over to 20 minutes or until spoon evenly over $\begin{aligned} & \text { to } 20 \text { minutes or until } \\ & \text { dough. } \\ & \text { golden brown. Cool }\end{aligned}$ dough. in preheated cut into bars
Bake in


CrescentS'More Bars

## Ground pork adds creativity

Ground pork can
add a new dimension
to meal planning. Its
versatility makes it
easy to serve a varie-
ty of appealing dishes
staffed peppers, cabbage rolls peppers,
loaves na dpatties.
For best results the pork should not be (1) ground too fine nor (2)
overmixed bined with other
recipe ingredients pork flavor of ground seas on ing and
limiting the seasoning to salt and pepper, if
desired.

## pork medium onion, chop- ped $-1 / 2$ teaspoons chili

 powder 1 teaspon salt teaspoon1 can (1
tomatces
1
1
1
1
$1 / 2$
2
2
1
1
or margarine
2 tablespoons flour
$3 / 4$ teaspoon salt
$1 / 4$ teaspoon mace
2 cups milk 2 cups milk 2 tuplespoons chopped parsley
Sprinkle one and
one-half teaspoons salt and the pepper over ground pork.
Lightly combine and Lightly combine and
divide into six equal divide into six equal
portions. Remove
shells from .eggs and

## sh

 ${ }_{-}^{\text {pa }}$ F Form a nest the size ofan egg with each an egg with each por-

tion of ground Place egg in each nest $\begin{array}{ll}\text { and press the meat } & \text { crumbs } \\ \text { around to } \\ \text { and } \\ \text { ard }\end{array}$ | $\begin{array}{ll}\text { around each egg to milk } \\ \text { close nest and evenly } \\ \text { cover egg. } & 1 / 4 \mathrm{cgg} \\ \text { cup }\end{array}$ |
| :--- | :--- | :--- | $\begin{array}{lll}\text { Place on rack in } & \begin{array}{l}1 / 4 \\ \text { onion }\end{array} & \\ \text { roasting pan and bake } & 1 \text { teaspoonsalt } & \text { minutes, until pork is }\end{array}$ roasting pan and bake 1 easpoon salt cooked. Remove pork in preheated $375-1$ te

degree oven for 35 to
juice



 2/8 teaspoon nuprika
1 tablespoon butter
Sauce
 balls from skillet



SMOKED
HAMS



TOMATO SAUCE
THOMATO JÜICE
SWWEET PEAS
39
SHWEET PEAS 39

## MIRACLE <br> WHIP


 ,iturit DOGS ${ }^{218 . \text { Box } 3.98}$
HMMET DOGS
AURESH FRYERS
mixture with fork or 1 densed cheddar
crumbs blender until
size of small peas.
amount wate, a small
mixing quickly and justhy until dough

ORIENTAL PORK ings
2 pounds
ground pork $3 / 2$ teands ground ${ }^{2}$ tablespoons corn-
$1 / 2$ cup water 1 can (13-1/4 ounces) syrupple chunks in
One-third cup soy sauce 1 clo 1 clove garlic, crushed 2 medium green pep 1 can (8 ounces) wate chestnuts, sliced 2 tablespoons c
green onion Ligmein noodles ground pork brown
fryind ryying-par. in large off
drippings. Spur of bine over meat. Com and add to water Chunk pineapple syrup. Stir syrup, soy Cover stirring 20 minutes, Stir in occasionally. chestnuts, water chunks and onion minutes covered, five vegetables or unt under crisp. Serve with (Yield: 6 servings)
chow tender 1-1/2 teaspoons salt PORK PONE PIE 6 medium-sized hardPORK PONE PIE
(Yield: 6 biscuits)

Dieting can be beautiful with pork


