BULK RATE U. S. POSTAGE PAID PERMIT No. 4679 SEATTLE, WASH

More take to road as gas sirply increases

by Nathalie Weber

As more gas trickled into the state in August, the past few weeks also have heralded some return to driving habits that were abandoned last spring.

Gas lines are dwindling and, although the price continues to climb at about one cent per gallon per week, motorists once again are frequenting the state's highways.

"It's starting to look like the typical Washington summer again," Capt. Mike Feldhausen, executive assistant to the State Patrol chief, said last week. He explained that when the gas lines began forming last spring, most of the driving was done on weekends, with very little traffic on weekdays. Now there are cars on the road all week long.

Driving has increased so dramatically, Feldhausen said, that the number of miles driven on state highways is now up over the number of miles driven last summer.

The increased driving is largely attributed to the lack of gas lines, a result of more allocation of fuel to the state. According to the State Auto Association, service stations within Washington now are receiving an average 95 percent of the fuel it pumped a year ago, a notable improvement over the 85 percent allotted in

LOCAL CAR DEALERS also are noticing the increased interest in driving - and reaping riding last spring because of the the benefits. "August has been one of our best months," Herm Swanson, owner of Swanson Ford, said. "Truck sales are way up. I think we're over the worst part of this thing and we're going to see a good last quarter."

Dick Balch agrees. The owner of the local Chevrolet dealership, Balch said sales have increased over last month. "It's the availability of gas, not the price that keeps people driving," he said. "People would rather pay \$1.50 a gallon than wait in those long lines. We're selling everything.

But while it appears the car business is recovering, Metro Transit, the system that affords alternative to driving a an car, reports no decline in ridership. Chuck Collins, director of Metro Transit, said the growth rate leveled in July, but did not know whether it was connected to the availability of fuel.

We'd added 40,000 additional riders since the first of the year and that apparently was the maximum we anticipated for that period," Collins said. He said the real test of public use of Metro will be in September when ridership traditionally increases.

people we would have attracted this September already started gas situation. We'll have to wait and see next month," he said.

The Washington State Ferry System also is having problems recognizing effects of the increase gas supply because the Hood Canal Bridge no longer stands. "We can't compare to last year because the loads are so much different since the bridge sank," ferry Public Services Director Newell Hunter said. He explained, however, that during the Arab Embargo five years ago, motorists tended to use the ferries more frequently. "That way they conserved on gas," he said.

The regional Department of Energysaid that although more gas is available, it is partly due to prudent use by motorists. Janet Marcan, spokesman for DOE, said that the future gas supply could be dependent upon how much driving increases.

"The market's working the way it should now. The demand is down, the supply is up and the availability should remain as long people make an attempt to conserve," she said.

DOE is not making predictions on when the price will stabilize.



AS FUEL IS becoming more available, more motorists are once again taking to the state's highways, the State Patrol reports. Whereas driving in April, May and June was limited largely to

the weekends, more vehicles appear to be on the road throughout the entire week, as evidenced by an increasing fatality rate on weekdays as well as weekends, Capt. Mike Feldhausen said. -photo by Mike Bainter



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Wednesday, September 5, 1979

25 cents



Solons won't act: Troopers understaffed, highways more deadly

by Loren Bliss

A study commissioned by the Legislature in 1975 showed that the Washington State Patrol, to do an adequate job of policing the state's highways and interstate routes, needed an additional 150 troopers.

But the Legislature chose to ignore its own findings, voting both in 1975 and 1977 to limit the patrol to 790 officers — despite a steady increase in the number of motorists and licensed drivers.

And during the 1979 session, with Gov. Dixy Lee Ray asking for an additional 60 troopers, the Legislature allocated money to increase the force by only 10.

is good and there are no

EACH WILL make an average

When Linda and Phyllis first started, several of the male

drivers were concerned for the women's safety. "The fellows were worried I'd have a front blow out, and that would be the

end because I wouldn't be able to

steer," Linda said. "Well, one

day I was traveling down the

freeway and I had one. Luckily

nobody was next to me as 1

veered to the left. I went into the

shoulder, but I survived." And

easy. In fact, it can be mentally

taxing at times. "You always

have to know where every car

around you is," Phyllis said.

'And you have to anticipate other

driver's moves. You can learn the

basics of truck driving in six mo. +-

ths, but it takes a lifetime to learn

Sometimes-hazardous driving

conditions and occasional ribbing

from the guys is all part of the

job. The sisters take it in stride,

and they have no plans of moving

on. "I'll stay here until I get tired,

then I'll do something else," Lin-

Good-humored as the two are,

they don't mince any words - but

they do take some garbage.

And you know that's the truth.

But the driving's not always

the guys quit worrying.

how to really drive."

da said. Phyllis agreed.

six runs per day, depending upon

which transfer station they are driving. All garbage is delivered either to the Kent Highlands or

ununusal noises in the engine.

Then they're ready to roll.

the Midway dump.

tv

The result, a patrol spokesman in Olympia said recently, is that Washington's roads are becoming progressively more hazardous.

Statistics support his contention. From Jan. 1, 1975, through Dec. 31,1978, traffic on highways and interstate routes here increased by 22 percent. But accident deaths went up by 30 percent and disabling injuries climbed by 27 percent.

"OUR RATE OF deaths per miles traveled is still one of the lowest in the nation," said the spokesman. "And that in itself is a credit to the patrol - which is doing an admirable job in spite of how much it is understaffed and overworked."

But the situation, he said, is

80 miles of highway, many drunks and other sorts of potentially deadly drivers escape the protective eyes of the law. And during other periods the number of troopers on duty shrinks dramatically.

In Oregon, the spokesman said, the ratio of troopers to licensed drivers is 1 to 2,400. But in Washington the ratio is 1 to 3,900.

The ratio of troopers to the number of motorists actually on the road shows an even greater discrepancy. In Oregon it's 1:3,400, but in Washington the figure is 1:4,800.

"We're facing very, very tight spokesman conditions," the spokesman said.

The reason, he said, is that the patrol tends to have a rather "low

no waste

Sisters' livelihood is moving garbage



A DAY OF hauling garbage to the dump begins for Linda Walker (below) and Phyllis Best with a once-over of the semi, including checking fuel, oil and coolant. The sisters drive separate trucks for

by Nathalie Weber

They may not be the world's strongest women, but Phyllis Best and Linda Walker spend five days a week carrying 80,000 pounds anywhere from the University District in Seattle to Midway.

Weighing in at 115 pounds each, Phyllis, an Auburn resident, and her sister Linda of South park are two of the first women to haul tons of garbage in Kenworth and Mac semis for the City of Seattle.

The two don't conjure up impressions of the stereotyped muscle-bound, gruff garbage collector. Phyllis, the mother of one, used to be a secretary for a Los Angeles-based shipping firm and, as one of the benefits of the job, drove a Cadillac.

Linda, who holds a bachelor's degree in political science from the University of Washington, once aspired to attend graduate school and has played violin with the Tacoma Symphony for three years. She abandoned plans for graduate school soon after completing undergraduate work, however, because she decided she wasn't cut out for desk work.

THE WOMEN CONSIDER themselves "lucky" to be transferring garbage across half of King County-not because they work with 27 male garbage haulers, not because they've had the opportunity to learn how to manipulate 16 gears in one truck, but because they enjoy the job.

Linda, a pioneer in the field, became interested in driving the waste cargo when she was working in the South Seattle Waste Transfer Station scale house. "That was nothing more than a cashier's job, taking money from

80,000-pound load to the Midway dump about six times a day. -photos by Mike Bainter

the City of Seattle disposal system, carrying an

garbage ," the 27-year-old said. She decided to go for the job that pays \$20,000 a year instead.

Then the opposition began. About half of the all-male force supported the idea, the other half didn't, Linda said. "One had a \$50" bet that I wouldn't last six months," she laughed. "But they're all used to it now."

Phyllis, 36, calls her sister her 'role model'' for beginning a driving career. "I'd never have become a driver if it wasn't for her," Phyllis said. "She used to work her five days a week and then come home and work with me weekend after weekend until I learned the shift patterns."

Linda, who has driven the semis for about a year, and Phyllis, who has been on the road for five months, begin each day by checking the truck's fuel, oil the people who wanted to dump and coolant, making sure visibili-

getting worse. And the 10-trooper increase, an expansion of only 1 percent, is not enough to make an appreciable difference.

In 1975, he said, the troopers stopped 1,060,000 motorists, arresting 17,000 drunks and citing 180,000 speeders. In 1978, the troopers stopped 1,728,000 motorists, an increase of 63 percent over the 1975 total, jailing 18,000 drunks and about the same number of speeders.

"On occasion, in some of the high accident areas, people actually have to wait for a trooper to finish with one accident so he can get to the scene of the next." the spokesman said. "And all motorists now have a greater chance of getting nailed by drunks."

HAULING BOOZERS off the highways is one of the main safety functions that the troopers perform.

But with an average during rush hour of only one trooper per

profile" in the minds of many legislators. "OUR NEEDS don't usually become a public issue," he said,

"despite the fact that a shortage of troopers actually jeopardizes the motoring public."

"So you don't see people marching around the capitol building carrying signs demanding that the Legislature put more troopers on.'

The spokesman says that he has little hope that the situation will improve in the future.

"Some legislators understand," he said, "and they're very supportive of us. But most just don't seem to realize what we're up against.'

But perhaps if the citizens of Washington knew that the peakperiod average of one trooper per 80 miles shrinks to one for every 700 miles during the hours of less traffic, he said, they might demand that the Legislature do better next session.

sports

FOOTBALL SEASON DAWNS on the Federal Way and Des Moines areas this weekend with the start of High School football. Local grid squads will lock horns in battle tomorrow, Friday and Saturday evenings. For game times and Match-ups see Sports, page C-l.

wednesday

Weather forecast

Showers with chance of thunder showers, periods of partial clearing. Highs in the mid 60s and lows in the mid 50s. Chance of rain 80 percent.

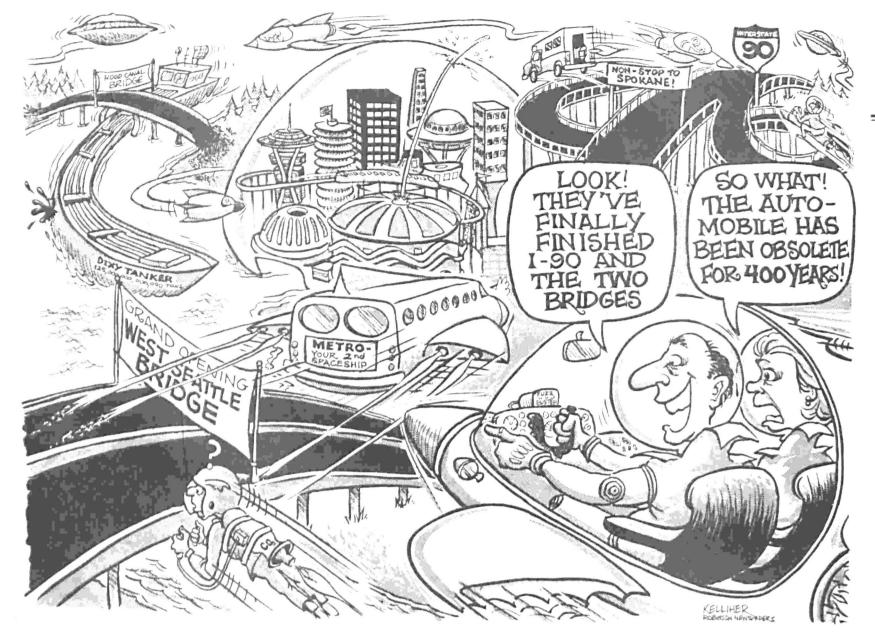
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The News

A-2 Wednesday, September 5, 1979



Editorials

Bright and early this morning, thousands of area children headed to their neighborhood schools for the first day of the 1979 - 80 school year.

From today until June, the kids will be crowding the sidewalks, the bus stops and crosswalks to get to and

The consumer got a break the other day. It came from McDonald's Restaurants in the form of a five cent reduction on the price of their famous hamburgers and cheeseburgers. For young families, those on fixed incomes and all of us who are stunned by the increasing cost of present day living, that five cent reduction

Reminder to motorists

The five cent break

Ellis to 'slow down'

from school. Now is a good time for parents to remind their children about pedestrian safety; what side of the road to walk on, how to cross a controlled intersection, etc.

It's also time to remind motorists of laws concerning school buses.

It means a savings to the

budget conscious and it

means that at least one food

item has not only stopped its

When a bus stops to load or unload passengers, its red lights flash and a sign signifying "stop" swings out from the driver's side. Motorists coming from each direction must stop (unless the bus is completely off the road or if the road is four-lane).

This is a law not all

motorists are aware of, and there are bound to be some who will drive right on by when a bus signals "stop."

Hopefully, the only result of this will be a healthy ticket for the reckless motorist. The county and city police keep their eyes open this time of year for those who violate the bus safety rules.

porate officers announced, is to respond to President Carter's recent plea to the food industry to slow down the rising price of food.

Reflections by Jim Shahan

comment

"What's this country coming to," I shouted, banging my fist on the table of a tavern in Edmonds.

I'd been sitting there, sipping on a schooner of ' "tea" and reading the newspaper while waiting for the 10:30 p.m. ferry to Port Townsend, when I came across an item that sent me into a rage.

It seems that a Superior Court Judge in Los Angeles has ordered the Lone Ranger to take off his mask. The judge is Vernon Foster and I want you to remember that name.

"The Lone Ranger, maskless?" I cried. "It's un-American, that's what it is. It's like killing Santa Claus." The couple next to me muttered agreement and quietly moved to the bar.

The Lone Ranger, whose secret identity is Clayton Moore, doesn't want to take off his mask. The Lone Ranger never takes off his mask.

Wrather Corp. wishes he would because they own all rights to the masked man character and are planning a film starring a new and younger Lone Ranger. They don't want the public (the kids) to get the two confused.

Two'Lone Rangers would really confuse the kids all right. That's why we have only one Santa Claus, and how he can be in all those shopping centers at the same time beats me.

I used to be the Lone Ranger myself for about six years. Every Oct. 31, I'd leap on Silver, my faithful tricycle, and police the neighborhood looking for bad guys in black hats. If I found

them I'd shoot 'em with a silver bullet - but never to kill, only to disarm.

In all those years nobody ever made me take off my mask — except Mom, who was a lot like Judge Foster now that I think about it. She ruled that at bedtime I'd given up all rights to the Lone Ranger.

I had every Lone Ranger comic book published for five years - got any idea what they'd be worth now? But alas, I threw out childish things.

The William Tell Overture wasn't the William Tell Overture but the "Lone Ranger Song." I think I was in the ninth grade band before I learned it had any other name.

"Unmask the Lone Ranger, will they," I ranted. "Never! If a guy wants to run around Los Angeles in a black mask and a white hat. who the hell are Judge Foster and the Wrather Corp. to say he can't?"

With that I decided on a course of action. I'm gonna get everyone who ever was a Lone Ranger fan to write to him, general delivery, Los Angeles. If the post office delivers the letters to Judge Foster's court room that'll prove Clayton Moore is indeed the Lone Ranger. What a miracle.

And if you should spot a guy in the south end in a mask and white hat, don't ask "Who was that masked man?" It'll be me, "returning to those thrilling days of yesteryear" of pre-judge Foster, pre-Wrather Corp. Hi Ho Silver, Away

Jim Ellis, the "Father of Metro" and the agency's chief legal counsel from the start, has decided to "slow down'' and has resigned his post with the sewer-transit agency.

We can't imagine Ellis slowing down, but it's a good

upward flight but has actually taken a step down on the ladder of inflation.

means a great deal.

It is refreshing and inspiring to see one of this country's largest food chains tak-

opportunity to thank him for

his years of civic leadership

Ellis is a man who could

have gone far in politics but

opted rather to devote his

time to championing causes

aimed at improving the

and involvement.

one manager said. That's part of the savings they are passing on to the consumer.

ing a leadership role in cut-

ting food costs to the con-

sumer. They aren't doing it

for increased business.

Business is good, they say.

Meat costs are down a bit,

But the real reason they are doing it, McDonald's cor-

quality of life in Seattle and

a driving force behind the

Seattle World's Fair, the

Forward Thrust program,

the creation and expansion

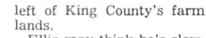
of Metro and, most recently,

the bond issue to save what's

Over the years he has been

King County.

We applaud the efforts of McDonald's and those of all businesses who have joined the battle against inflation. Lower food costs is the break we need every day.



Ellis may think he's slowing down, but we're sure that he will continue to be a familiar face among community activists and that the impact of his programs will be felt for generations.

Oscar who was beaming as he carefully wrapped the ugly frog in newsprint.

All the way home I tried to find out why Pat had purchased the terrible thing. But all he would say is that he wanted it. " Oscar made it and I want it," he said. Emphatically.

The frog remains in our living room and has, indeed, been a conversation piece. The grandchildren love it. Guests chuckle at it. It serves as a night light. As entertainment. It belongs to us.

Oscar died last week and today, as I dusted this dubious piece of art, I noticed that Oscar had etched his name on the base of his creation.

Made by Oscar Quam, 1976.

Beauty is in the eye of the beholder.

In case of emergency

The following are emergency telephone numbers for the Federal Way area. 090010 Fe

rederal way FIRE Departmen	L	839212.
Medic I (MEDICAL EMERGE)	VCIES)	839-2121
King County Police	Tacoma e	xchange-833-7000
	Seattle e	xchange-344-4080
Washington State Patrol	Tacoma e	xchange-593-2424
0	Seattle e	xchange-464-6610

Thanks to race helpers

Editor:

Three cheers (and more) to all the wonderful, helpful people who made the first-ever Funnyboat bathtub race a total success!

Letters

from our readers

To mention a few: Radio KAYO, Rich Rogers; Allen Sounds, Kent; Citizens CB for Common Courtesy; Covenant Beach Bible Camp; Three Tree Point Yacht Club; Des Moines Yacht Club; Dick Morton, cochairman; and all donors of prizes too numerous to mention, sincere thanks to you, each and every one.

Most of all, to all the Funnyboat racers, who had the courage, determination and ingenuity to design and enter our fun race,

you are great!

From the reactions received, the participants had a lot of fun, and made fun for all of you who turned out to see the race.

Special thanks to Mike Strong, Poggies Tavern, Funnyboat Raft, for entering an exhibition racer and for their assisting during the capsizing of one of the boats.

Everyone seems enthusiastic and are already talking about building a Funnyboat for next year's race.

Without all of you I could not. have put it together.

Very sincerely, Earline L. Byers 21229 Fourth Place S.

Thanks for concern

Editor:

I am writing this letter to thank all of the people who remembered me with flowers, plants, cards, candy, phone calls, visits and most of all their prayers while I was hospitalized during the past summer months.

It is during trying times like

these that a person fully realizes that people really care and are concerned about others much more than we think.

Again thanks to each and every one of you.

Sincerely, Bob Stewart Rt. 1, Box 4055

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I didn't want an ugly ceramic frog in our living room and I said so. It was a waste of money, it didn't match our furniture and there were a lot of other reasons. But my husband, Pat, wanted it. He said that it would make a great conversation piece and that I would learn to love it.

The frog is large and green and shiny ceramic with a great many colored glass warts all over its body. It lights up.

I haven't like frogs much since a summer a long time ago when I risked getting warts all over my lips in an attempt to find a handsome prince.

And, I am not especially fond of ceramic animals that light up.

But this frog was carefully handcrafted by someone we knew. A man who worked for my husband. A close friend.

His name was Oscar and he was a retired gentleman who came to work "part time" at my husband's shop to keep "busy".

I suppose you could say that Oscar was the "handyman" at the shop. He could repair anything. But he was such an important part of the business that it is hard to say that he was only a "handyman".

He was a busy person. His life was filled with activities that included his "parttime" job with the print shop, plus his family and his church. He always seemed to be involved in one kind of charitable activity or another. Always "doing good deeds". We were involved in some of his projects. We recycled and saved and purchased tickets.

Oscar was very interested in hand crafts and he and his wife who shared that interest

1

joined with friends each year to hold a sale of their handcrafted items with the proceeds to go toward their church.

We always looked forward to the sale because the handcrafted Christmas gifts and decorations were reasonably priced and attractive. The year we bought the frog was the first year we went to the sale. Oscar was pleased that we had accepted his invitation and showed us around, pointing out some of the work he did. He proudly displayed the frog and I said it was interesting. The price on it seemed unreasonably high and I was glad that it was. We won't be tempted to buy it, I thought.

Just as we were about to leave the sale I heard Pat tell Oscar to "wrap up the frog". I was astounded and tried to catch Pat's eye. He wouldn't look at me. He was looking at



The ugly frog

Raiders, Gators, Rams and Eagles hit the gridiron







Mike Johnson, a Jefferson receiver, clutches a pass during intra-squad scrimmage Saturday.

-photos by Mike Bainter-



TJ assistant Sterling Thurston gets a point across to a group of Raider gridders.



The Federal Way Eagles rally together to end scrimmage.

The Decatur Gators, Jefferson Raiders and Federal Way Eagles took their turn at two-hour scrimmage sessions Saturday at Federal Way Memorial Stadium. Mt. Rainier held its annual intrasquad grid battle Saturday at Highline Stadium.

Each coach is busy analyzing films of those dress rehearsals in preparation for league openers. Federal Way will begin local high school football action tomorrow in a 7:30 p.m. game against Lakes at Federal Way Stadium.

Mt. Rainier, Jefferson and Decatur begin their league campaigns Friday night. Decatur hosts Curtis at 8 p.m. at Federal Way Stadium. Jefferson trayels to Puyallup's Sparks Stadium for an 8 p.m. contest against the Puyallup Vikings. Mt. Rainier meets district-rival Highline in a 7:30 p.m. game at Highline Stadium.

The beginning of the regular

season marks the end of arduous two-a-day drills for the local high school gridders. However, the coaches involved admit that mental and physical errors always are prevalent in the first game of the season.

Enthusiasm reigns on the Mt. Rainier squad. Decatur had a large turnout, featuring 40 sophomore prospects. Jefferson's team is bigger and more experienced than last year's. Federal Way has a number of experienced returnees and could be tough on defense. The football season kicks off

The football season kicks off each school's fall sports program. The Federal Way District schools — Jefferson, Federal Way and Decatur — offer six inter-scholastic competitions in the fall. Mt. Rainier a Highline District school, has five. All fall sports will be previewed in the "Fall Sports '79" insert magazine in Friday's NEWS.



Out for a stroll with friend, Prince.

Melissa's just another neighbor

Waddling up the always beats her to street, her orange her dish." webbed feet moving with accustomed her safety, the speed, Melissa quack- neighbors considered ed greetings to the putting up a "drive dog, neighbors work- slowly, duck cross-ing in their yards and ing" crosswalk sign playing children. "We all just love her the works.

around here," said neighbor Mary Jo Isenmann. "She's not afraid of anybody."

A large white duck who obviously thinks the neighborhood near 300th and 21st S. is her own personal playground, Melissa belongs to Decatur sophomore Cheryl McEleney.

Cheryl received the duck as an Easter gift two years ago. Though originally penned in the back yard, it was never any problem for the duck to leap the wire fence near it.'

Concerned about but that's more still in

Melissa has taken on the chores of motherhood and has confined her walks to an ocassional sprint down the street. A friend of Cheryl's

However, recently

brought over an abandoned Mallard duckling and placed it in Melissa's care for a week. "She's really possessive of that baby," said Cheryl watching the duck herd the duckling away from any possible danger. "She won't let anybody get plete, there's little

BACK TO SCHOOL

DOLLAR DAYS

SPECIAL!

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Melissa and her duckling eat tidbits from Cheryl McCleney's hand.

When her babbysitting chores are comdoubt that she'll be

School district, HCPSE in tentative agreement

The Highline School District and the Highline Chapter of Public School Employees (HCPSE) about midnight Friday reached tentative agreement in their salary negotiations.

If HCPSE voted last night during a general membership meeting to accept the package, the district will have avoided its first strike in history.

School starts today in Highline. Last week, HCPSE members (cooks, custodians, bus drivers, bus mechanics and maintenance personnel) rejected a district proposal and gave their negotiating team strike authorization. The two groups had been in mediation since Aug. 24. They are in the middle of a two-year contract that contains economic openers only.

Neither side was willing Monday to discuss specifics of the proposal, pending ratification.

District spokesman Joe McKamey said Monday that the most recent proposal is definitely a different package than the one which proted a strike authorization vote from the HCPSE.

If the employee association ratified the proposal, the board would vote.on it at the next regular meeting, Sept. 12, McKamey said. HCPSE President Robert

Stegriy was unavailable for comment Monday, but he did leave a press release confirming the tentative agreement.

A second employee group, the

Deadline near on tax cut program

Elderly persons and or not they are eligible disabled homeowners for reduced tax bills. have less than a month to apply for the certain disabled 1980 property tax cut homeowners.

plan that was approved by the 1979 Legislature, state family income must Department of not exceed \$11,000, Revenue officials though some social reminded early this week.

were 61 or older as of total. Jan. 1, 1979, should contact the ing or also required to have Pierce county assessor, depending residences at least upon where they live, to determine whether 1979.

The same applies to Generally, the ap-

plicants' combined security and retirement income is not Homeowners who counted against the

> The applicants are owned their since the beginning of

Highline Association of School Support Personnel (HASSP), is also in the middle of a two-year contract with economic openers.

HASSP represents secretaries and aides. The organization's president, Phyllis Drake, said Monday that negotiations are continuing. A general membership meeting is scheduled for Sept. 10.

"We're hoping to have something to vote on then. Things have been looking pretty good for us," she said.

McKamey said he doesn't anticipate any problems in coming to a settlement with the secretaries.

Neither side was willing to divulge details of their salary proposals.



5

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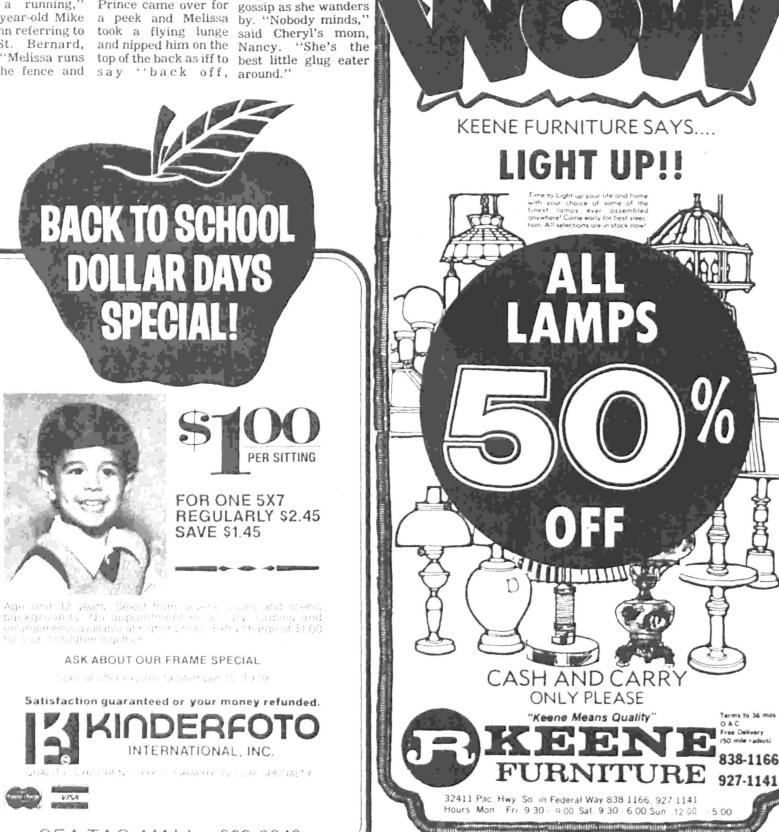


buster."

and "fly the coop.

"When we call the

back on her lengthly About that time, strolls giving the dog to eat, Melissa McEleney's collie neighbors a tidbit of comes a running," Prince came over for gossip as she wanders said 16-year-old Mike a peek and Melissa by. "Nobody minds," Isenmann referring to took a flying lunge said Cheryl's mom, their St. Bernard, and nipped him on the Nancy. "She's the Gretel. "Melissa runs top of the back as iff to best little glug eater under the fence and say "back off, around."



Prices return to regular prices on September 12

CARESSA . LIGHTHOUSE . DEXTER Yes! This is your last week to save on our entire stock of womens boots! Fashion heels! Western looks! casual styles! Layaway now .this selection won't last long!



School's Open [•] Bell ringing savings... School wardrobes



Unsung Heroes

She makes it better

by Aggie Webb

At one time or another, you may have seen Jane Desimone at the Twin Lakes pool directing the swim team, in a classroom as an elementary school room mother or meeting with a Cub Scout Den as an assistant den mother, but her heart and the lion's share of her energies belong to the mentally retarded of Federal Way and to South Star Guild for the mentally retarded who live in the area.

Jane is one of the charter members of the guild, which was organized in October of 1972. Others are Jackie Hughes, Diane Ralston, Ruth Winger, Karine Lundeen and Cathy Maxwell, who are still active in the cause, and Judy Nuss, who died recently.

Among the many guild activities in which Jane is involved are the group's annual Santa Claus Breakfast, its Home Tour, and the annual Christmas auction and luncheon to which members invite friends and bring craft and gift items for sale. Last year, this event in itself raised \$400. Altogether guild projects last year raised a total of more than \$4,000 which was used to help the retarded in many ways, primarily the Downs Syndrome program at North Lake School which has received 100 percent backing from the guild. Prior to its establishment, the only such programs available were at the University of Washington and in Sumner. Now the North Lake program, which is rated as one of the best in the state, has brought training within easy range of local children who need it.

As to Jane's part in some of this, she's the familiar clown with the red polka-dotted baggy suit and bulbous red nose that you will find laden with yellow balloons every spring in some local shopping center for the annual statewide balloon sale for the retarded.

She is one of the devoted women you will find dishing out pancakes and sausages at the Santa Breakfast. She is one of those who devoted hours of work to provide entertainment for all

of the mentally retarded in Federal Way by giving parties twice a month where all were welcome to enjoy games, music and special holiday fun.



"take the kids and movefor the convention. There'b living with her." (The k - no are Ann, 2, John, 8, and Ricke 1.) More recent activities ich brought an extra spark to Jane's eyes as we visitied ere participation in vision scree ang which an organization called FIND sponsored in an effort to dis ! cover children who might have problems and need special help, and being a "hugger" at the Federal Way-King County Special Olympics. A "hugger," by the way, is the one who is waiting at the end of the line for the special athlete to finish his event and to give a big hug and happy congratulations for his accomplishment.

So Jane goes her unsung way, helping to make life better for those who are handicapped and to make this area a better place for them to live.

While driving down Dash Point Road, Jean Whitford discovered a group of recent high school graduates sandblasting and painting a bridge.

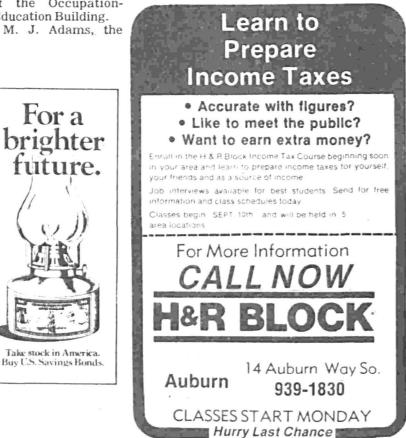
Program for women slated

The Women's Center at Green River Community College is sponsoring a fall "sampler" of classes and programs on Sept. 11 from 9 a.m. until noon. The prothe center, at room 17 of the Occupation-Education Building.

M. J. Adams, the

For a

center's coordinator, The program will says the program is include presentations "a comfortable way to on career planning get introduced to the and financial aid, as campus, to find out well as a panel discuswhat is offered and sion by women who how to get registered have recently returnwhether for one class ed to school. gram will be held in or a full-time program."



9 mg. "tar", 0 .8 mg. nicotine av. per cigarette by FTC method.

C 1979 B&W T Co

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

ENJOY THE FAIR

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"HOME OF SCANDIA NURSERY"

927-9990

6003 No. Meridian

Puyallup (Edgewood)

OPEN HOUSE & FALL SALE

Sept. 8th - 9th - 10 am - 5 pm Bring the kids Free mule rides

Refreshments and Entertainment

NURSERY SPECIALS

•Fall/Winter Fertilizer

reg. 10.95

Now 8.95

Assorted FRUIT TREES 25% off

• BARK reg. 6.95 Sale 5.50

SPA Display by AQUA QUIP of Federal Way

Asphalt Sports Court Display



Tipper profits

She reported it to the Federal Way News and received \$15 for her efforts with the newstip of the month.

You, too, could pocket an easy \$15 if you happen to spot anything that proves newswor-, thy. Simply call the office at 839-0700 or 927-4353 and we'll take care of it from there.



Scouts return from Sweden with memories

by Ann Hagen Sweden recently, they eventually presented came home with to the Swedish scouts. treasures for their families, badges, most photographed souveniers and troop in the whole enough memories to place," said John enlast a lifetime.

Matt and John Bley, that their pictures son of John and Kathy were in two issues of Bley of 3322 S. 256th the local paper. "I and Dean Fulcer, son guess we had the most of Dean and Helen colorful display Fulcer of 28710 15th there," he said. Ave. S. participated in Dala Jamboree-1979 from 15 countries.

The 21-day trip in-were used in cluded tours of Paris ceremonial dances and Germany as well presented by a small as the 10-day stay in Sweden for the jamboree.

days, the boys said in Indian designs. they were especially impressed with the Palace of Versailles, built by Louis XIV and the impressive artwork and "beautiful gardens."

Tower, the Louvre, Gustaf. visited Nore Dame "Chamber of Hor- redecorated his rors" at the Grevin church nursery in-Museum.

there in school dor- made 40 bird feeders mitories that lease out for several local nursspace during the sum- ing homes. Three mer.

But, they all agreed California and one that their favorite from Seattle also where they were hous- awards at that time. ed with rural families outings. "Everybody many opportunities to was so friendly," said meet scouts from John.

when he and his Ger- lasting momento. man family went for a hike in the wilderness. "We heard shots and saw the American Arnever expected to find anything like that."

RIVED at Sweden, But, they never seemthe troop set up camp ed to mind when they in a designated sec- got a good deal.'

at the entrance to lessened by the fact When three Federal their camp. They also that students from Way Boy Scouts purchased an Indian- other countries are returned recently totem pole from usually taught from a Five-World Anacortes carver, English as a second Encampment in Paul Luvera that was language from grade

"I think we were the thusiastically adding

To tie in with that theme, they also that involved scouts made several Indian also received donabutton blankets that group of scouts. The

blankets are covered with thousands of In Paris for four white buttons sewn on John and Matt were

also two of five scouts who were presented with their Eagle. Scout awards at a

ceremony in their honor. The new Eagle They also took in Scouts were each inworld-famous sights troduced to Swedish such as the Eiffel King, Carl XVI AS AN EAGLE and went through the PROJECT, John

Auseum. cluding building They were housed several cabinets. Matt other scouts, two from

stop was in Germany received their Eagle During the encampand included in their ment, the scouts had

other areas and trade Matt, 14, said that patches. Dean he had to admit it was grouped his on a a small world though, display board for a

"The British were always bugging us about inventing the language first," said my out there with can- Matt, laughing slightnons on maneuvers. I ly over the memory. "They'd say 'swap those ba-a-a-dges,' not WHEN THEY AR- trade those patches.

school on up. The cost ox the trip

is the responsibility of each participating , though scouts are encouraged to earn their own way as much as possible.

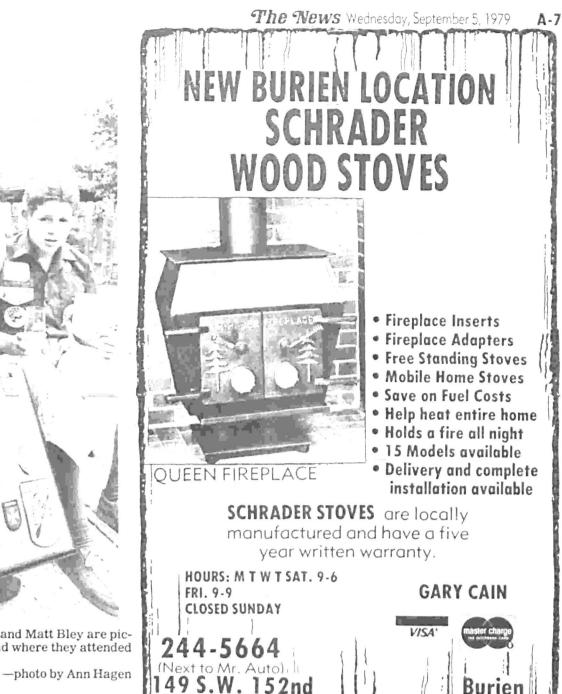
A FEDERAL WAY NEWS delivery boy, babysitter, and jackof-all-trades, Dean contributed a hefty \$1,500 toward the initial \$2,500 cost. He tions from the Federal Way Noon Lions, South Seattle Mother of Twin's Club and

Scout troop 334. Ready with tablets of notes and 10-20 rolls of slides, the scouts say they are willing to present a show-andtell program to anyone that's willing to listen.

were ready to go again next year, they all said they were looking forward to the next national jamboree that will be held in Virginia in 1981.

Asked whether they

FEDERAL WAY SCOUTS, Dean Fulcer, John and Matt Bley are pictured with souveniers of their recent trip abroad where they attended an encampment in Sweden.



Burier



master.

banners to be placed The problem was also

tion. The boys were Ordinarily, one part of troop 601, the would expect a visit to Washinton state troop a foreign country with that included 32 scouts many languages and four leaders from represented to be a Mt.Rainier and Chief problem. But, the Seattle Councils. scouts said that their Local pediatrician, own troop was well Jon Almquist also ac- equipped with companied the troop translators. "We even as assistant scout- had two in our troop who were born in As their troop iden- Sweden," said John. tification, they There were others selected the theme of who could speak Northwest Indians Polish, German, and designed 80-foot French and Spanish.

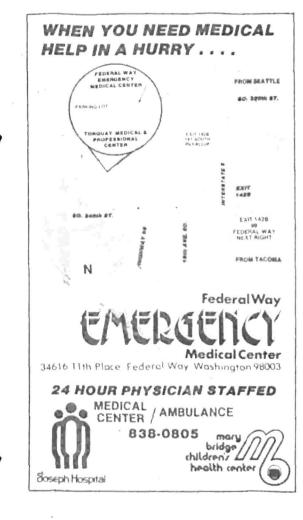
Wedding planned

The forthcoming Federal Way High Mrs. George Nielsen in 1975. of 31314 33rd Ave. S.

marriage of Joan School. Jones, son of Louise Nielsen and Mr. and Mrs. Robert Michael Robert Jones Jones of Burien, is being announced by graduated from her parents, Mr. and Highline High School The couple will be

married Sept. 15 in Miss Nielson is a Marine View

1979 graduate of Presbyterian Church.



Federal regulations allow one gift per customer.

HERE'S A COZY WAY TO SUPPORT THE OLYMPICS.

Say hello to Mischa the Bear. He's the official mascot of the 1980 Summer Olympic Games in Moscow.

And he's all yours - free - when you invest in a \$500 one-year Guaranteed Income Bond at Puget Sound National Bank.

If you don't happen to have that much handy, you

can still take Mischa home for only \$7.

Either way, everyone wins. Because a part of the proceeds is donated to the U.S.Olympic Committee.

You don't need an account with us to get Mischa. But Puget Sound National Bank is the only place in town you'll find him.

He stands 12 inches tall in his bear feet. So he



really goes over big with little people. And you couldn't ask for a better guy to hiber-

nate with. So come on in. Save some money. Help send an athlete to the games.

And go home with a new friend. From the hometown bank. With love.

MEMBEREDIC

A-8 Wednesday, September 5, 1979 The News

Daily switch

From refugees to new Yankees

by Pat Jenkins Every day they come - the Indochinese refugees.

Fleeing communist regimes, families and individuals from Cambodia, Laos, Vietnam, and Thailand arrive at Sea-Tac International Airport, one of three west coast airports where they are first introduced to the United States.

From Sea-Tac, the refugees are taken to the homes of host families and organizations that will help them build new lives in a country they have only heard or read about.

One such new start began Thursday, when a family of Thais- a husband and wife and their six children - got off a charter airliner, climbed onto a bus, and rode to Kirkland, their new home.

Grace Fellowship Church has arranged for a family to billet the Thais, who will find themselves in far better surroundings than the refugee camp where they spent four years waiting for permission to immigrate to the U.S. Their home in the camp was a 10-by-10 hut.

THEY WERE exhausted from the long flight from Thailand to Los Angeles and subsequent charter flight to Sea-Tac, and, at least in the case of the children, were wary of the strange and hectic environment of the airport. But, after some impromptu sign language and pidgin English, they consented to let a newspaper photographer take pictures of them as they sat in the bus, waiting for their luggage.

The latest wave of refugees has deposited 170 families in Washington and the Seattle area, with 20 families settling in Burien and West Seattle, according to Trinh Q. Phan, a refugee caseworker for the state.

The oddysseys of the Indochinese transplants begins in the refugee camps. Once they are cleared for entrance into the U.S., they spend up to one more month in a transit camp before being booked onto overseas flights.

One of those flights, by Northwest Orient Airlines, lands every morning at 10:30 at Sea-Tac. Other flights go to Los Angeles or San Francisco, from where refugees ticketed for Washington fly up the coast.

ONCE THEY'RE settled into their new homes, the Indochinese begin the transition to ericanism, Phan said.

"They are taught English, and they receive vocational trainhe said. "When they are ing,"

"We have had very good treat-

ment in this area," he said. "And," he added, "the refugees

are adapting well. The children are doing really well in school, and all of them are working very hard to learn the language and get training for a job."

CHURCHES and church- Council (ALEC) is a affiliated groups, plus state agen- non-profit, noncies place the refugees in society. partisan organization Thus far, 8,500 have established themselves in Washington, and formation and model with President Carter's doubling of the national Indochinese legislatures, refugee quota to 14,000 a month, members of Congress the influx is expected to increase. and the general

Eberle elected to council directors

State Represen- public. tative Bob Eberle, R-30th District, recently was appointed to the National Board of Directors of the American Legislative Exchange Council during the annual meeting in Chicago. The American

Legislative Exchange providing research inlegislation to state

Eberle joins State Representative Bill to curbing the ex-Polk, R-Mercer cessive growth and Island, on the board, making Washington State one of the three states to have two representatives on the national board of directors.

Eberle, in accepting the directorship, said the goal of ALEC is to make government more efficient, more accountable to the people and more fiscally responsible.

"The American tional tasks.

Legislative Exchange Council is committee power of government, especially at the federal and state levels," Eberle said. "The organization believes, like Thomas Jefferson, that the best form of government is that which is closest to the people."

He said it is ALEC's function to assist legislators in the exchange of ideas and proposals and to perform basic organiza-





ready to go to work, they are referred to an Employment Security Department counselor."

Phan, a Vietnam refugee circa 1975, said learning a new language is the biggest obstacle for the refugees.

"It's really hard. Names are always getting mixed up," he said.

While there have been reports from other parts of the country on scattered incidents involving harassment of refugees, Washingtonians and Puget Sounders have welcomed the new Americans, Phan noted,

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CRYSTAL A FINE NAME IN CABINETRY







Seniors march to a different drummer

Maybe they're unable to run like jogger Jim Fix or compete in the Olympic games, but for 30 or more seasoned physical fitness advocates, their light calisthenics are a grueling challenge that keeps them young. Three times a week the spry

Three times a week the spry seniors, ranging in ages from 75 to 95, work out at Federal Way Convalescent Center. Arriving at the recreation room at 10:30 a.m., the residents come via wheelchairs, walkers or by their own two legs.

"They come not only to exercise but to socialize," says activities director, Mary Soule. Along with assistant Barbara Heiret, Ms. Soule leads a 30 minute class in simple exercises. The basic activities include easy arm movements and foot exercises.

"They are designed to help strengthen, stimulate and keep the seniors' muscles in shape," Ms. Soule said.

Although some of the athletes may fall asleep in their chairs, the live-wires actively clap hands, wave arms and march to music — while seated.

"The exercise class is a big hit with the regulars who wouldn't miss it," Ms. Soule said. "Some tivity outside their rooms. They become disappointed when the class is cancelled." Saying the activity helps lift everyone's spirit, Ms. Heiret points to the laughter and smiling faces of the seniors as they chit-

chat with each other.

of the folks look forward to the ac-

Although the young whippersnappers may make a religion out of jogging and eating health foods, the oldsters calmly take it in stride, says Pearl Forslund, "With the exercises I can keep my body in shape and it feels good."



AFTER TONING up their chin muscles and com- Henrickson (left) and Pearl Forslund said the pleting a series of casual exercises, Mabel simple exercises helped them feel good.



LETTIE LINDSLEY listens to the exercise music.

Photos by Roy Musitelli Text by Sandra Thew

Wednesday, September 5, 1979 The News B-2



Mr. and Mrs. Randy Feagins and Mr. and Mrs. Jim Mays

Wed in double rites

Tom Lightbourne and

John Rygh, all from

The bride is a 1978

California, ushers.

Christ was the scene gowns with scoop of the double wedding necklines and puffed ceremony in which Brinkie Sprague, long stemmed green duaghter of Mr. and carnations. Kelsey Mrs. William Sprague of 1849 S. 261st Place, was married to Randy Feagins, son of Mr. ringbearer. and Mrs. Bob Nystrom of 26305 Woodmont Beach Road S., and the Nystroms' daughter, Darla Jean, became the bride of Howard Travis Mays, son of Mr. and Mrs. Jim Mays of 1628 S. 261st Place. Sprague-Feagins

For her wedding, husband graduated **Miss Sprague selected** a floor-length gown of flowing chiffon with 1975. an off-the-shoulder neckline and capelet bodice edged in Chantilly lace. The skirt featured three tiers Septem edged in matching transferred to the mooned in Vancouver length train, Her hat Station. had a rolled brim edged in lace with a back veil, and she carried a nations.

Normandy Park bridesmaids. They she carried a bouquet United Church of wore printed green of yellow rosebuds. Bridal attendants were Debbie Sadensleeves and carried wasser, maid of honor, and Carla

> sister, Carla Poland, Bailey served as Esther Smeical and flower girl, and Justin Debbie Tays, Mason was the bridesmaids. All wore full-length yellow The bridegroom dresses and yellow was attended by ribbons around their Robert Simmons of necks. All carried Houston, Texas, best long-stemmed yellow man, and Sam Sprague, Noel Olson, roses.

Terry Elwein served the bridegroom as best man, and Jim Mays Jr., Steve graduate of Federal Miller, Greg Miller Way High School. Her and Mike Hosko were the ushers. Thebride

from Thomas Jeffergraduated from son High School in Federal Way High They honeymooned School in 1978, and her in Oregon and Califorhusband graduated nia and will live in San from Thomas Jeffer-Diego, Calif., until son High School in her when he is 1\$76. They

Registration open for nursing update

be limited to 15 par-

Physical Assess-

ticipants.

Registration is now and aggressive ing examinations and open for four coninuing education workshops for nurses that will be held at Highline College during October.

Interested nurses will be held from 6:30 may register from 11 a.m. to 8 p.m. Sept. 10 to 15 at SeaTac Mall, as well as on campus in Building 6 from 8 a.m. to 8:30 p.m. Monday through Thursday, 8.a.m. to 5 p.m. obtaining a patient borview Medical Friday and 8:30 a.m. health history, screen- Center, will instruct. to 12:30 p.m. Sept. 29

and Oct. 6. A Respiratory Therapy Equipment Update will start Oct. 20 with Dan Mc-Cleary, RRT, as instructor. The class is limited to 15 participants and will include basic mechanism of operation of equpiment, recognition of malfunction equpment and other techniques. The cost of the class is \$30.

A workshop on Introduction to Therapeutic Touch will be held from 8 a.m. to 5 p.m. Oct. 6 and Oct. 11 at a cost of \$35. Mary Proudfoot, R.N. and a graduate studentin psychosocial nursing, will lead the

workshop. Assertiveness Training for Nurses will meet from 6 to 8 p.m. Tuesday, Oct. 16 Mason, the bride's through Nov. 13 with Lenore Bayuk, RN and MN, clinical nurse specialist at Swedish hospital, as instructor. The course will cover basic definitions of assertive, non-assertive

> Christian Women's Club of Federal Way (second Thursday, each month, noon) Buffet lunnch meeting, reservations required - call Pauline Long, 941-2616 or Pat Bloodworth, 839-7564, Federal Way Elks Club.

Fife BPW will meet tonight

Fife-Milton-Edgewo behavior, with an em- describing and recorod Business and Prophasis on "basic ding common fessional Club will rights." The class will physical findings meet at 6:30 this evenwithin the scope of the ing, Sept. 5, in the registered nurse's Poodle Dog practice. A restaurant in Fife.

ment Skills, which stethescope is re-There will be a quired by the second demonstration of the to 9:30 p.m. on week. The class is Individual Develop-Thursdays, starting limited to 16 par- ment Program (IDP) Oct. 4, will cover in- ticipants. Priscilla by May Anderson, struction and practice McElhose, ANA cer- district director, and of techniques of tified family nurse Helen Hilton, assisphysical examination, practicioner, Hartant director.

New members are welcome.



23

à

Seattle Trust introduces 6:30 to 6:30 banking at Renton <a>and Southcenter.

We know how difficult it can be for you to do your banking during traditional banking hours. So, starting September 5th we're extending drive-in hours from 6:30 a.m. to 6:30 p.m., Monday through Friday, at our Renton and brand new Southcenter offices.

Southcenter

and claim yours soon.

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(at the intersection of So. 180th & Andover Park West)

All this and a free mug too? That's right! At

Renton and Southcenter we're handing out

complimentary ceramic coffee mugs to toast

our new office and extra long hours. Stop by

Seattle Trust

Person-to-Person Banking

Renton

100 South Grady Way, Renton **Renton Village Shopping Center** 223-2400

Join us for breakfast at Southcenter. From September 5th through September 21st, starting at 6:30 a.m., you can come into our new Southcenter office and enjoy a complimentary, self-service breakfast.

While you enjoy breakfast, you can also enter our drawing to win a flight for two to the Roche Harbor Resort on San Juan Island with overnight accommodations at the Hotel De Haro. Or a free brunch for two at a fine Seattle restaurant.

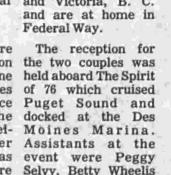
We're a whole lot of bank for your money.

lace, and a chapel- Great Lakes Naval and Victoria, B. C.

Feagins-Mays

Miss Feagins wore The reception for cascade of white car- a floor-length chiffon the two couples was fown with a v-neckline held aboard The Spirit Lisa Raymer was and full-length sleeves of 76 which cruised the bride's maid of trimmed in lace. Lace Puget Sound and honor, Kerry Bailey also trimmed the docked at the Des and Jamie Bar- waist and chapel- Moines Marina. tholomew, sisters of length train. Her Assistants at the the bride, Dona chapel-length veil was event were Peggy Wilson and Debbie attached to a picture Selvy, Betty Wheelis Werthman were the hat edged in lace, and and Ginnie McClure.

Federal Way.









Their pride is showing

Holly Smith, left, and Kris Mazzeo affixed a Brigadoon "We are Proud' bumber sticket to a car in the News parking lot as part of the elementary sticker school's sale. The stickers are 50 cents each and are being sold by Brigadoon students as a PTA fund-raising project to purchase a 50-foot ground-wave slide for the playground. Those who wish to order by mail may call Susan Joyce at 927-8220.

Homemakers to meet Monday



8275.

days.

Sunnycrest enrolling now Sunny'crest cooperative's monthly

Cooperative parent education Preschool, which class. Sunnycrest is meets in Room 107 of affiliated with the Sunnycrest Elemen- Family Life Program tary School, 24629 of Highline College. Classes begin the 42nd Ave. S., is accepting registrations for week of Sept. 10. For its 1979 school year. more information, Applications are be- call 941-4352 or 941-

ing take for the three- 2742. year-olds' class which will meet from 9:30 to Couple 11:30 a.m. on Mondays and Tuesdays. Tuition is \$15 per month and class size to marry is limited to 15 children.

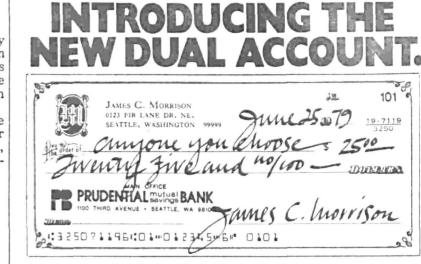
Mr. and Mrs. Owen The class for four- Clarke of 27044 10th year-olds, which Ave. S. are announc-meets on Wednesday, ing the engagement of Thursday and Friday their daughter, mornings, has only a Nicola, to James R. few openings remain- Hommel, son of Mr. ing. Tuition is \$20 per and Mrs. James Hommonth. mel of 31315 22nd Ave. There is a required S.

non-refundable Miss Clarke is a 1979 registration fee of \$10 graduate of Federal Way High School. for either class.

In a cooperative Hommel graduated preschool a parent from Decatur High assists the head teac School in 1977. her in the classroom

on a rotating basis. married Oct. 13 in Des Parents are also re- Moines United quired to attend the Methodist Church.

The couple will be



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The Dual Account is a draft/savings account that works like a checking account, plus pays you 51/4 % daily interest.

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All women are eligible to take part in the Homemaker Clubs. more information is



Idaho.

Shirm

Spaun

Stacey Jane, first



Garwood

Michael William, first child of Michael and Donna Garwood child of Donald and of 33425 26th Place Marcia Shirm of 25622 S.W., was born Aug. 23rd Ave. S., was born 21 in Highline Com- Aug. 24 in Riverton munity Hospital. He General Hospital. weighed 8 pounds, 11 Stacey, who weighed 5 ounces and is the pounds, 11/2 ounces, is grandson of Mrs. Bar- the granddaughter of bara McCallick of Des Mr. and Mrs. Donald Garwood of Houston, Gate, N.J. and Mr. Texas, Mrs. Helen and Mrs. Robert Hansen of Iselin, N. Stevens of Crossville, J., and George Tenn. Hansen of Trenton, N.J.

Metzler

Their third child Martha Spaun of 3903 was born to Roland S. 322nd St. Aug. 24 in Shawn, 12. and Linda Metzler of 21825 32nd Place S. Aug. 22 in Riverton General Hospital. Roland Matthew, who weighed 8 pounds, 13 ounces, joins two sisters, Tricia, 9, and Kelly, 4. His grandparents

are Mr. and Mrs. Norman Damborg of Seattle and Mrs. William Metzler of Fallston, Md. Stroomer

A 7-pound, 5-ounce daughter was born to James and Linda Stroomer of 26439 Lake Fenwick Road Aug. 22 in Providence Hospital. Deka Bree has a sister and brother, Linda Cheri, 11, and Troy, 9.

She is the granddaughter of Mr. and Mrs. Robert Beckman of Tacoma and Mr. and Mrs. Merlin Jones of George, Wash. Bosik

Alicia Joy, first child of Darrell and Laura Bosik of 33204 39th Ave. S. W., was born Aug. 22 in Valley General Hospital. She weighed 6 pounds, 8 ounces and is the granddaughter of Mr. and Mrs. George E. Brown and Mr. and Mrs. John Kelly, all of Kent.

McConnell

Their second child, a 7-pound, 1-ounce son, was born to Dennis and Debra Mc-Connell of 4217 S. 288th Place Aug., 23 in **Riverton** General Hospital. Joshua Frederick is the brother of Angela Marie, 23 months old. He is the grandson of Mr. and Mrs. Fred McConnell and Mrs. Betty Wyne, all of Seattle. Sant



Auburn General Hospital. She weighed 9 pounds, ½ ounce and is the sister of David, 4, and Lou Ann, 2.

Her grandparents are Mr. and Mrs. Jack V. Eisman of Des Moines and Mrs. Nancy L Spaun of Seattle.

Kelstrup Their second son Moines, James M. B. Shirm of Ocean was born to Arthur and Helen Kelstrup of 2620 S. 300th St. Aug. 15 in Highline Community Hospital. Hans Christian Pieter, who weighed 9 Their third child was born to Chris and pounds, 151/2 ounces, is the brother of

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weatherstripping, storm windows

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that will save energy-and reduce

will be more comfortable to live in.

And worth more when you sell it.

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make monthly payments of any

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years, or when you sell the house,

Loan if you have electric heat that

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phone your local Puget Power office,

or fill out the coupon and mail it to

was installed prior to August 7,

us. That's all it takes to start the

You can apply for a No-Interest

kind. Just agree to pay back the

whichever comes first.

ball rolling.

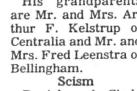
You can do it all with a No-

Not only that, but your home

your heating costs for the entire

easy way to add insulation,

life of your home.



Daniel and Cindy Scism of 2521 S. 196th Mr. and Mrs. Riohard Alan Russell, who St. welcomed their se- Stidham and Mr. and weighed 4 pounds, 5 cond child, a 7-pound, Mrs. Thomas Joyce, ounces, is the brother 6-ounce daughter, all of Seattle. Aug. 25 in Highline Community Hospital.

Scott, 2.

Mrs. Scott Roley, Dar- Shelby weighed 8 rell Scism and Mrs. pounds, 121/2 ounces Seattle. Stidham

PAT OWEN

Their third child Barchasch of Auburn was born to Rodney and Mrs. Laural and Melisa Stidham of Campbell of Des

ART LESSONS

INDIVIDUAL, CLASS, FOR ALL AGES

DRAWING, PAINTING, ALL MEDIA

SILK SCREEN (expierenced with masters

His grandparents 4011 S. 286th St. Aug. Moines. are Mr. and Mrs. Ar- 26 in Valley General thur F. Kelstrup of Hospital. Jamie Centralia and Mr. and Taryn, who weighed 7 was born to Rodney Mrs. Fred Leenstra of pounds, 12 ounces, has and Donna Milholland two sisters, Lisa, 6, of 1611 S. 236th Place

and Jenny, 4. Grandparents are General Hospital.

Barchasch 14 months old. Shelby James, first Jennifer Lynn is the child of Dale and of Mr. and Mrs. Ralph sister of Jeremy Janice Barchasch of W. Milholland of 28822 41st Ave. S., was Lacey, Wash., and She is the grand- born Aug. 24 in River- Mr. and Mrs. John E. Charles Pender of El daughter of Mr. and ton General Hospital. Wheeler of Eureka, Cerrito, Calif.

Jean Howell, all of and is the grandson of Mr. and Mrs. Darrell Wood of Auburn, Leon

927-3896

Milholland Their second son

Calif.

Aug. 23 in Riverton of Rodney Phillip Jr.,

He is the grandson are Mr. and Mrs.

Ill indow

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Redling Jill Katherine, second daughter of Michael and Pat Redling of Federal Way, was born Aug. 21 in St. Joseph Hospital in Tacoma. She weighed 7 pounds, 3 ounces and is the sister of Emily, Her grandparents

Charles Redling of Lower Lake, Calif., and Mr. and Mrs.

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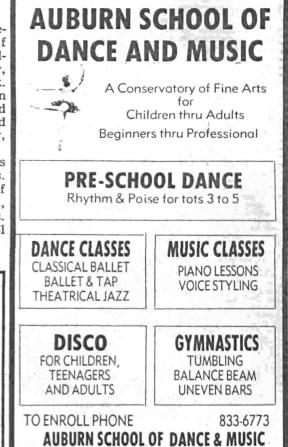
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In the house.

Lynn and Charlene Sant of 33137 35th Ave. S. W. welcome their fourth child Aug. 23 in **Riverton** General Hospital. Erin Noelle weighed 9 pounds, 3 ounces and is the sister of Shawn, 9, Heidi, 4, and Darcey,

Her grandparents are Mr. and Mrs. Wells Gordon of Richland, Wash., and Mr. and Mrs. Norman Sant of Jerome,



Pg#5 MIRRO 10" Aluminum Fry Pans

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The News Wednesday, September 5, 1979 B-5

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Phil Graff, president of Puget Sound Dahlia Association, admires a new seedling originated by Dick Rodewald of Tacoma. It is one of many new seedlings that will be displayed at the dahlia show on Sept. 8 and 9.

Dahlia Assoc. schedules show

Center.

winning exhibitors.

747-4942.

Hours are from 1 to presentations will be

Workshop is on publicity

Burien Library, to noon Friday, Sept. schools, service Radio, and Matthew 14700 Sixth Ave. S.W. 21. will present a free

The workshop is "Effective Publicity designed for both ches, etc. Workshop" for all in- volunteer and profesterested southend sional publicists who residents from 9 a.m. work with clubs, by representatives library or calling 243-

Clipped Wings plan meeting

the Seattle chapter of Mrs. Louis DesPres Clipped Wings at the of Normandy Park coming chapter will be installed as semeeting Thursday, cond vice president of Sept. 13 at the

Spaghetti Factory in Seattle.

Mrs. Mike Dundy of Mercer Island is the incoming president. Other officers are Mrs. Earl Bush, first vice president; Mrs. Pat Corcoran, treasurer and Mrs. Rick Davidson, secretary.

A 6:30 p.m. social hour will precede dinner at 7:30. All former and present United Air Lines flight attendants are invited to attend. For information and reservations contact Mrs. Jeann Gasper, 641-8660, or Mrs. Gloria Methvin,

OPEN MONDAYS THRU SATURDAYS 9 A.M. TO 6:00 P.M.

organizations, per- Chan, producer, forming groups, chur- KING-TV.

The session will in- pre-register by Sept. clude presentations 17 by visiting the from several 3490. Enrollment is newspapers, radio limited to 100 on a first and television sta- come-first serve tions, including basis. Charlie Smythe, Highline Times; Sally

Seattle Times; Lettie Burien Library and Gavin, Seattle P-I; the King County Mikki Frey, KOMO- Library System.



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Puget Sound Dahlia and Baker & Chantry Association will hold Orchids. Orchids will its fourth annual show be available for sale. Sept. 8 and 9 in the An added attraction Rainier and Olympic to this year's dahlia Rooms of the Seattle show will be a "super stage" where hourly

Wednesday, September 5, 1979 **The News** District gardeners meeting in Auburn

Chinook District of flower show the Washington State

Clubs will hold its first fall meeting on Wednesday, Sept. 12' at the Auburn Elks Club.

begin at 9 a.m. at and teacher of both which time the flower conventional and accepted from the ing. Mrs. Massey is a participating clubs, charter member of Fairwood and Maple Trails.

Mrs. Virginia Pur- District. dy, district director, will preside at the 10 district officers are nate. a.m. business session. Plans will be discussed for the annual Christmas show, "Starting Time For The Holidays," which will be held Nov. 26 and 27 at Longacres with Mrs. Jean Musselwhite as general chairman.

Following the business meeting, Mrs. Joyce Crowder of the Des Moines-Zenith will present the horticulture slide program on "Birds Indigenous to King County."

The buffet luncheon starts at noon, after which the show judges will critique the

The afternoon ar-Federation of Garden tistic program, director; Mrs. Sally "Flowers Fixed The Way We Like Them," will be presented by Betty Sahlin, Mrs. William Massey Registration will master judge, potter recording secretary;

treasurer; Mrs. of Kirkland who is a Margaret Ackerson, Mrs. Karen Dean, corresponding secretary; show entries will be avant flower arrang- Mrs. Ann Crain, immediate past director; Mrs. Pat Leisure Weeders, E a s t L a k e Crawford, junior past Angle Lake, Plant and Washington Ar- state president, Wish, Springbrook, rangers Guild and a parliamentarian, and past director of East Mrs. Dorothy Wilson, Lake Washington state nominating

representative, with Other Chinook Mrs. Jo Broo as alter-

Dance classes for retarded

Registration begins on Tuesdays from the week of Sept. 10 Oct. 9 to Dec. 11. The for dance classes for fee is \$10. Those takmentally retarded ing part are asked to youth planned at wear loose clothing. Highline Community In the Social Dance Center, 425 S.W. 144th class for ages 15 and St. in Burien. over, students will Creative Move-learn the latest disco ment, a pre-dance steps as well as more class exploring move- traditional swing ment of the body in steps. Classes will relation to space, meet from 8 to 9 p.m. rhythm and other Tuesdays, Oct. 9 to bodies, is for those Dec. 11. The fee is \$10. ages 8 to 15. Classes Registration will will be held at the take place at Highline center from 7 to 8 p.m. Community Center.

Martin of Tours develop in four areas: munity helpers, programs offer a gram as readiness for first assistant Church in Fife, is ac- physical, intellectual, cepting registrations social and emotional. Monthly field trips are volved with the Mrs. Karen Ander- open for all classes. Priebe, second assistant director; Mrs. for fall classes. It offers learning ex-The school is af- periences in creative

filiated with the Home arts and sciences, as and Family Life well as carpentry Department of L. H. equipment, musical Bates Vocational- activities and small Technical School of and large muscle Tacoma, which pro- development. vides speech, hearing

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Teachers develop

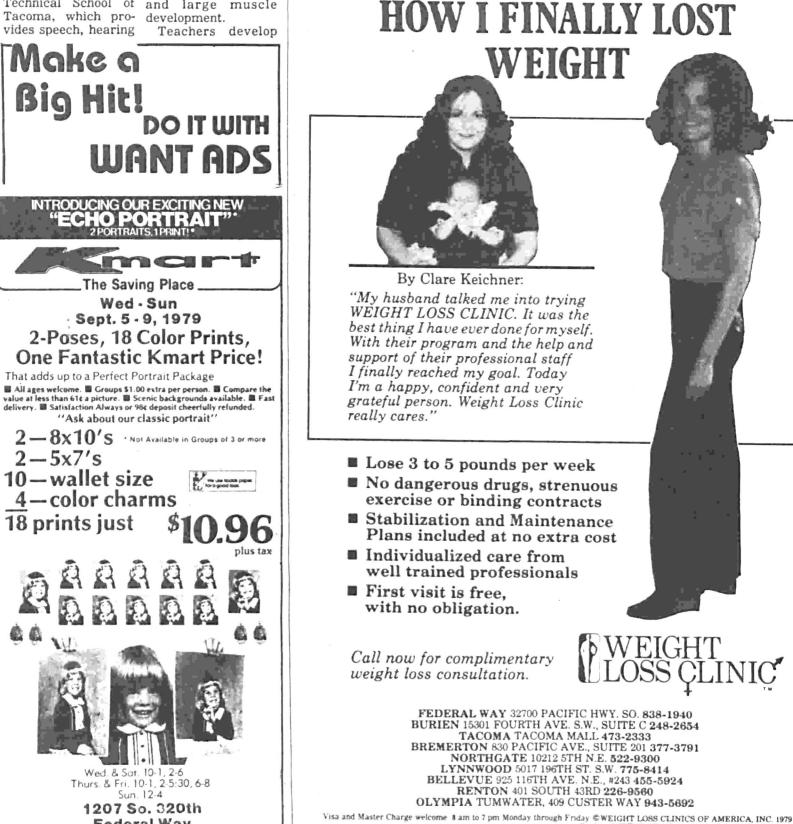
in the areas of nature, in the functioning of will be five years old staff this year as Preschool, located in The school helps the seasons, special the school. Monthly by Dec. 31, 1979. The teacher of the threeclass rooms in St. children grow and events, family, com- educational parent class provides a pro- year-old class. animals and plants. variety of speakers in- kindergarten. with these studies.

Fife-Milton preschool accepting registrations

ed along with the fers a program for classes. Mrs. Sandra

Fife-Milton and social and health monthly curriculums preschooler and share those children who Evensen is joining the

planned to coordinate welfare of young son is returning as the For more informa-Aith these studies. young child. teacher of the four- tion, cal Parents are enroll- The school also of- and five-year-old 922-1580. teacher of the four- tion, call 941-1545 or







Christian Women's Club buffet luncheon Thursday, Sept. 13. Mrs. Gauthier will School clothing needed Because of a lack of boys and girls warm

Mrs. Mark Boe Couple married in New London

Ensign and Mrs. in Astoria, Ore., Mark Boe were mar- where he will be sta- materials call 624ried in the Coast tioned. Guard Academy Chapel in New Lon-

don, Conn. on July 21. She is the former Shelley Ann Thomp-son, daughter of Mr. and Mrs. Thomas C. the son of Mr. and Mrs. Carl Boe of Federal Way.

The couple was at- Mamala. tended by Lynn Thompson, the bride's sister, as maid of honor and Ens. Doug multiple sclerosis. Wyzneuski, best man.

Following the dance was held at the Tacoma Area Council Academy Officers Club.

Ensign Boe, a 1975 Tacoma. There will be graduate of Federal Way High School, ed by a silent auction. graduated from the academy in May and has been taking part June birthday in a summer ensign breakfast at Andy's

academy. The couple

make their first home Dennis Kirkpatrick.

Delta Rho to meet

Delta Rho chapter Thompson Jr. of Buf- of Epsilon Sigma falo, N. Y. Ens. Boe is Alpha will resume its regular meetings at 7:30 p.m. Sept. 5, in the home of Linda

On the educational program, a guest speaker will discuss Members of Delta

Rho will host the next at 7:30 p.m. Sept. 10 at a.m. Remann Hall in

a salad supper follow-Summer social activities included a movement.

Pre-registration for

Interior decorating is luncheon topic

give new ideas on inhints on hanging terior decorating at the Federal Way wallpaper. Special music will

clothing at the Salva-

tion Army, many

children in need will

not have coats and

sweaters to wear to

The organization is

in immediate need of

children's clothing of

all kinds, especially fall and winter jackets

There is also a desperate need of blankets and bedding

and men's warm

helps others in need. For prompt pickup of all recyclable

Your tax deductible gift of used clothing to the Salvation Army

school this fall.

and shoes.

jackets.

be provided by Leon Traynor, tenor, who has sung with "The Worship Committee, a local singing group. Also on the program will be Margaret Howar of Gig Harbor who will be the

> speaker. The luncheon will be held at the Federal Way Elks Club, 31405 18th Ave. S., from noon until 2 p.m. The cost is \$4.25 including tax and tip.

A complimentary nursery is provided at Our Savior's Baptist Church, 701 S. 320th

Sears

Girls

Fashion

Pants

in slim sizes

were 9.99

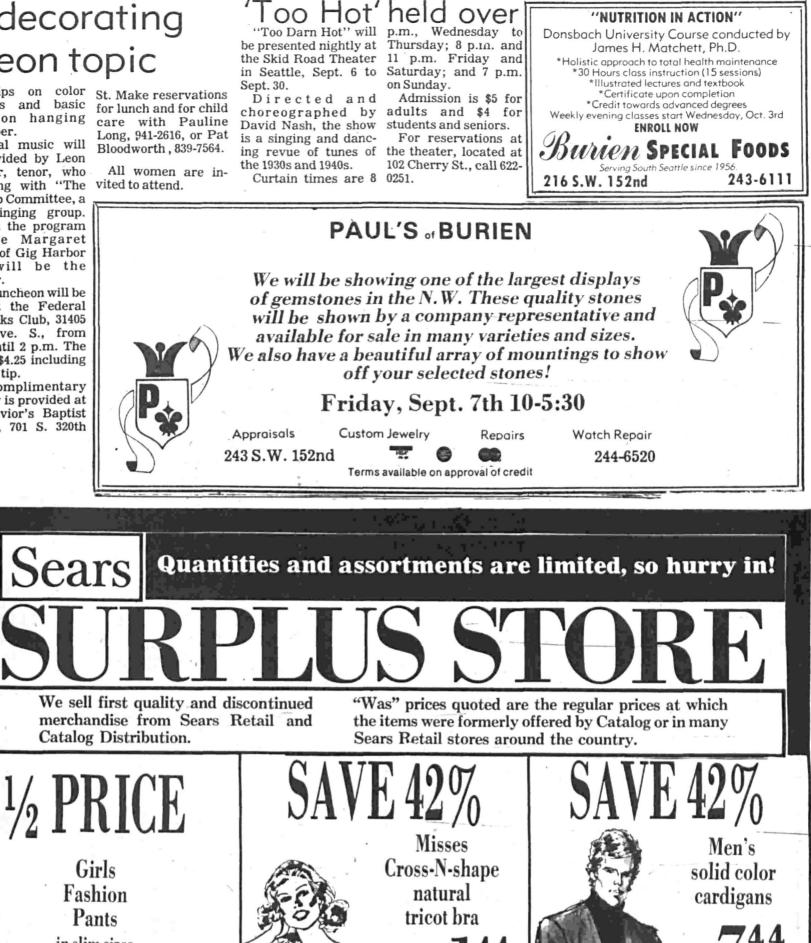
reduced from our '78 Fall & Winter Catalog.

Peggy Gauthier of give tips on color St. Make reservations Paper Dolls Inc. will schemes and basic for lunch and for child care with Pauline Long, 941-2616, or Pat Bloodworth, 839-7564.

All women are invited to attend.

The News Wednesday, September 5, 1979

B-7



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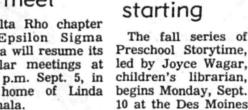
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78 Fall and Winter

Available in

Catalog.



begins Monday, Sept. 10 at the Des Moines Library, 22815 24th Ave. S.

Children 31/2, 4 and 5 years old meet at 10 a.m., and children 21/2 and 3 years old, acceremony, a dinner meeting of the companied by a parent, will meet at 11

> Designed to promote reading eagerness, each session includes picture books, finger plays, music and creative

program at the Tukwila Station and the nine-week series is an August steak fry at ne cessary. Call Des the home of Carol and Moines Library at 824-

0200. Storytime series

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STREET



Wednesday, September 5, 1979 The News B-8



Mr. and Mrs. Michael Prichard Home in Oregon

P e w s o f print gowns with mat-Southminster ching wide-brimmed Presbyterian Church hats. Tara Klein servwere decorated with ed as the flower girl.

the Sea-Tac Hilton

Rob Lane and Rick

The couple honey-

The bride and

groom both graduated

School in 1976. He is a

white bows for the re-Eric Opstad attendcent wedding of ed the bridegroom as Kathleen Denise best man, and Rob Lane, daughter of Mr. Lane, Bryan Green and Mrs. Robert S. and Mark Prichard Lane of 813 S. 293rd were the ushers. St., and Michael Lloyd The reception which Prichard, son of Mr. followed the

and Mrs. Ted ceremony was held at Prichard of 1314 S. 210th St. Inn, where the cham-The bride's gown of pagne was served by Chantilly lace and peau de soie was designed with a were Mrs. Ted Wilde, scooped neckline, long Mrs. Ron Sondwith, sheer sleeves and a full skirt of Chantilly ending in a chapellength lace train. Her ing was provided by

elbow-length veil was "Four on the Floor." attached to a headpiece trimmed with mooned in California pearls, and she carwhere they visited ried a bouquet of Disneyland, Sea rosebuds and World and Knotts stephanotis centered Berry Farm. with two orchids.

As her sister's matron of honor, Mrs. Mark Hatcher wore a blue empire gown with a matching hat. The bridesmaids, Susie and Margot Prichard and Mrs. Rick Wake wore blue live.

Chinook district clubs earn state garden awards

Chinook District of Garden Clubs, composed of 22 southend area garden clubs, won a number of state and national awards at the recent "Christmas Star Shin-Washington State ing Bright." Federation of Garden Clubs convention in Richland.

Mrs. E. L. Purdy of Kent Horseshoe Garden Club is district director, and Mrs. Glen Crawford, a member of the same club, is state president.

Among the national honors presented to Chinook district clubs were the Red, White and Blue Rosette awarded to the Des Moines-Zenith and Friendly garden clubs for their joint Friendly garden

Singers wanted Membership is now formances, to enopen in Jet Cities courage a universal appreciation of that chapter of Sweet Adelines, and those music.

award was presented

provement award.

Club, first place for its

Christmas show; Des

Moines-Zenith and

who like to sing are in-JetCities Chorus vited to a membership has won first and senight at 7:30 Monday, cond place in annual Sept. 10 at St. James competition and is Episcopal Church, currently holding se-24447 94th Ave. S., cond place. Kent.

Chorus Director Yearly functions of Dick Roth will inthe chapter will be extroduce those attenplained by Carol ding to four-part har-Vandekenter, presimony, since the pur-dent. Current Wake. Other asistants pose of Sweet costumes will be Adelines is to teach modeled and the American folk art refreshments will be Mrs. Jack Stewart of singing harmony, served. For more inand Mrs. William barbershop style, and, formation, call Muriel Dowd. Music for danc-through per-Divett, 939-2238.

Mimists in Kent

EDIA

The Kent Commons downtown Kent. will be the scene of a For more informafree performance and tion, call Kent Parks workshop by Seattle and Recreation Mime Theater this Department at 872from Mt. Rainier High evening. 3350. All ages are invited

junior at Oregon Into the free program at stitute of Technology 7:30. The Commons is in Klamath Falls, Ore., where they will located at Fourth and James streets in

'The Glory of their joint patriotic Silver Bowl award, America," and the show; Andover Ter-Red and Green race, a second place Rosette, which went award, and Kent to the district for its Horseshoe, an holiday show, honorable mention. In the non-standard

flower show division, In the area of civic Chinook District arimprovement and ranging classes beautification, the received a first place 1978 Atlantic Richfield award.

Certificates of merit went to Andover Terto Andover Terrace race, Auburn, Des Garden club, and O'Brien Garden Club Moines-Zenith, Friendly, Enumclaw, place second in com-Kent Horseshoe, petition for the Blue Ribbon Civic Im-O'Brien and Three Tree Point clubs.

Andover Terrace Awards given for standard flower Garden Club placed shows included: third in competition Enumclaw Garden

Reception to honor Dedericks

Friends of Dr. and

Mrs. Donald Dederick

are invited to attend a

reception honoring

the 25th anniversary

of their marriage

from 2 to 5 p.m. Sun-

day, Sept. 9, in Wayside United

Church of Christ, 2000

S.W. Dash Point

be hosted by the cou-

ple's six daughters,

Linda of Seattle,

Sherry of Kodiak,

Alaska, and Dana,

Janelle, Cindy and

Mindy of Federal

Dr. and Mrs

Dederick were mar-

ried Sept. 12, 1954 in

Harper, Ore. They

have lived in Federal

Way since 1961, and

both have been involv-

ed in various com-

munity clubs and

organizations and

work for the Federal

Way School District.

They have been active

members of Wayside

Church for 10 years.

The reception will

Road.

Way.

SOUND BANK

SATURDAYS 10 - 3

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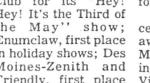
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1411

Now Open

and the district took first place in the Margaret Titlow silver coffee and tea also placed first in publicity.

Flower show schedule awards included: Kent Horseshoe Garden Club for its "Hey! Hey! It's the Third of the May'' show; Enumclaw, first place in holiday shows; Des Moines-Zenith and Friendly, first place



patriotic flower show, clubs, first place for for the Violet Gose in patriotic shows, and Chinook District, another first for its holday show.

Andover Park earned a third place award service award com- in placement in a petition. The district home and garden show.

Angle Lake Garden Club earned a second place award and Auburn Garden Club an honorable mention for their yearbooks.

One-hundred percent Smoke Signals awards went to the Maple Trails, Springbrook and Sunset View clubs.



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scheduled at GRCC

Driftwood classes

at the college.

the beaches, the only courses. thing driftwood is good for is a warm teach driftwood fire and a place to sculpture from noon rest. But for Mary to 3 p.m. on Mondays Matthews, driftwood in Maple Valley and represents an endless from 7 to 10 p.m. on

her creativity. Mrs. Matthews, an instructor at Green sculpting when I took River Community a class from Lucile College, has been a Worlund," Mrs. Matdriftwood sculptor for thews said. She liked 14 years and is a my technique and art, but also passes at the time, and the ext. 231.

For many people the information on to change to college who aimlessly wander others through college level instruction was nice." This fall, she will

Since then, she has had several onewoman showings including ones at the Maple Valley Library and Green River. Her supply of material for Tuesdays in SMT 110 latest display will be Sept. 17 to 27 in the art "I started driftwood display area of Seattle First National Bank, 1001 Fourth Ave. in Seattle.

More information member of Northwest style and asked me to about her classes may Driftwood Artists. She teach for her. I was be obtained by calling not only practices her teaching kindergarten the college at 833-9111,



identifying any one or all of the Secret Songs. Any one could win you \$1,000 cash. Listen to KTAC contest rules.

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Wednesday, September 5, 1979

The News

sports

Puyallup favored

Ten grid teams fight for SPSL crown

Sound League may be one of the strongest,

most balanced footstate. Puyallup appears to be the power going into the 1979 the past two years, a surprise team may surface to the top.

Two years ago, the defense return from a was a second-team Sumner Spartans team that finished se- All-SPSL selection stepped into the SPSL from AA status and lost just two games in So, Redmond isn't 220), who plays its first run through the league. Finishing second, the Spartans received a playoff berth and made the most of the chance by pionship. Last year, you want to win it Clover Park made a all." strong run at the title.

Coaches around the league say similar outcomes could easily season. Here is a look at the SPSL teams Also, Mike Kurtheiny, throw on us conthat the Federal Way the passer on the

will face this season. PUYALLUP

helm and has possibly

team's high ranking.

career in 1979.

leading the Viking especially in the mid-Coach Jerry Red- sophomore team to an ball circuits in the mond enters his 15th undefeated season year at the Viking last fall.

the most talented strong in all depart- ter than last season. campaign, but, as in team of his coaching ments. Experience To aid maneuverabiliand size comes from ty, Puyallup will Seven offensive linebacker Tom throw the ball more in starters and eight on Tomal (6-3, 230), who **'79**. cond in the 1978 SPSL last season, his twin race with a 7-2 record. brother Jerry (6-3, surprised by his tackle, and end Tim Bradbury (6-3, 220). "I've been coaching Mike Cain(5-11, 185) for a long time, and I and Larry Jones (5-11,

know you don't get a 175) bring letter exgroup of players like perience to the the state title. Last eventually winning this very often," he linebacker positions, year, they went the state AAA cham- said. "When you do, and Morrie Brogrand undefeated and took is a returning starter the title. Now, in the defensive Two lettermen backfield. them.

quarterbacks, Bill Redmond left the Shadle and Matt opposition few options return from last Westby, will operate while commenting season, and Anderson happen again this Puyallup's multiple about his defense: is optimistic about the 1979 season. wishbone this season. "No onewill be able to "We lost quite a few

sistently, and we're of the players that secondary, where he

dle." Redmond said his Vikings will have to

SUMNER

John Anderson and his Sumner Spartans taught everybody a lesson the past two seasons. Two seasons ago, the upstart 174), a senior, will Sparts nabbed the league's runner-up spot and went on to everybody is wary of

Sixteen lettermen

sity competition after against the run, our success the past two years, but we have some good people back. Frankly, I'm excited about this The Vik defense is move the football bet- team.' I think we could end up in the top three or four when it's all over."

Rob Corbin, a slick ball-handling quarterback, and pounding fullback Ron Arca are gone, but Sumner will still field a strong backfield. Jeff Schumake (6-1,

take over the signal calling. He is a better passer than Corbin. making it possible for Sumner to utilize an aerial game more than in the past.

Tom Carter (6-0, 200) returns to a starting fullback position, and swift Chris Weber (6-1, 185) brings experience to halfback. He also will see duty in the defensive leaguerace."

last season.

end and defensive SPSL in passing as a back. The Spartan sophomore last year. defense will feature He threw for 1,130 returning starter yards and completed Dougall Agan (5-6, 52 percent of his attempts.

165) at linebacker. With five starters returning to the of- starting receivers fense and defense also return. Superfrom a championship quick Robert Boyd team, it appears that snagged 33 receptions Sumner will threaten and had a 14.2 yardsfor a second straight SPSL crown.

BETHEL

The Bethel Braves have the weapons to at flanker. be a legitimate contender this fall. Coach Rob Andrea welcomes other quarter backs. cluding six offensive terceptions last Denman, linebacker starters and seven on season with eight. Bob Pierce (5-9, 185) Ram herd. Rogers has defense.

"We should be a contender," the coach said. "At least we'll be a factor in the

Bethel's run-and-

The South Puget District High Schools squad, steps up to var- going to be strong were key elements in won All-SPSL honors shoot offense may be CP, Mark James and John Davis (5-10, 170) the most volatile in Tim Logan, two of the was the SPSL's se-Ralph Van Dyk (6-2, the SPSL. John SPSL's swiftest runn-160) is a seasoned split DuRosher led the ing backs last season,

are gone. Noting that, Colleran said, "We might to starting quarterbe more physical than back duty.

last year, but we're not as quick. We don't have experienced peo-All of last year's ple in the skill (ballhandling) positions this season.' However, speed will still be present in the Warrior backfield. per-catch average last season. Murph Gerald Denman (5-10,

another split position, year, and Chuck Den- Hoonan said. and Rob Spear is back nis (5-8, 160) bring Boyd also likes catbackfield zip to CP's ching passes from multiple I-formation. Clover Park's back 19 lettermen, in- He led the SPSL in in- defense will be led by team of two years Other prominent and defensive ends seven front-liners Bethel defenders are Rich Morris (5-10, end Levi Erb (6-1, 200) 170) and Tom Thompand outside son (6-1, 180).

linebacker Marty CURTIS Andrea noted that could be the sleeper Scott (6-1, 185) should

sistent place kicker, returning lettermen, leadership this but, with an offense more than any other season. Both were like Bethel's, whoever SPSL team, solidify to starters on the title takes the kicking the always - team two seasons ago. chore will have plenty respectable football Stolzenburg is a of extra-point and program. field-goal opportunities through pointed to experienc- will handle halfback the fall.

Plumb (5-9, 170).

LAKES Lakes Lancer head on this season's Vik- year starters include coach Don McPherson ing contingent. has more manpower available than any competitive and could Don Martin (5-9, 190). other SPSL skipper. be contenders," Hoonan expressed He has 130 grid pro- Lucey said. spects to work with, ing.

"We're going to be awful-awful young," he noted. "We'll probably start two or three sophomores and a lot of juniors."

Twelve lettermen return to the Lancer camp, but only one, tackle James Chilton (6-1, 190), was an offensive starter last vear. The defense is in better shape as four lettermen linebackers are back. Matt Bender (6-1, 195) will handle the middle backing. He will be flanked by Tony Kirbey (5-10, 180) and total rating. Mike Hawks (5-10, 180). McPherson predicted that the Lancer fortunes will depend on the outcomes of the first three games. Lakes starts out tough, fa9ing Federal Way, Puyallup and Bethel in that order. TEAM CLOVER PARK Puyallup Coach Bob Colleran Sumner pinned much of his Bethel club's surprise suc-Lakes cess last season on Clover Pk. "good overall at-Federal Way titude." The same Curtis character exists this Rogers season. Jefferson Unfortunately for Decatur

cond leading rusher last season with 627 yards. Quick Steve Ellis (6-0, 185) returns

> Linebacker Andre Stevens (6-3, 200) anchors a Curtis defense

that includes four other returning starters. ROGERS

With improved leadership, the Rogers Rams could Nelson (6-2, 180) takes 170), a All-SPSL rise to SPSL contendefensive back last tion, coach Pat

Seventeen lettermen, including four starters from the SPSL championship ago, are back in the back on offense and the same number on defense.

Scott Stolzenburg The Curtis Vikings (6-1, 195) and Leon

he hasn't found a con- team of 1979. Twenty supply the needed

strong fullback and Coach Bob Lucey linebacker, and Scott ed people in skill posi- and linebacking tions as a definite plus chores. Other twotackle Al Phillips (6-0, "I think we'll be 190) and nose guard

confidence in senior Five returning quarterback Wes but experience is lack- starters bless the Cur- Haines, a nontis offense. Tailback letterman returnee.

Coaches rank SPSL grid teams

Which are, the opinion with their strongest teams in the later picks. Sumner, South Puget Sound with consistent high League.. The Federal marks, nipped Bethel Way News asked each and Lakes for second



TODD McGRADY sloshes by the Decatur line during a contest last season. McGrady will be one of the Eagles' major weapons tomorrow when Federal Way begins its South Puget Sound League football season against Lakes. Decatur, Jefferson and Mt. Rainier begin their

grid campaigns Friday. For a complete look at all local high school autumn sports, see "Fall Sports Preview '79" in Friday's NEWS. - photo by Roy Musitelli

Lakes and Federal Way begin SPSL football season

by Harry Brooks

The Federal Way Eagles and the Lakes Lancers begin the South Puget Sound League foot- sions deep in its own territory. ball season with an important Lakes scored touchdowns on both matchup tomorrow night at Federal Way Memorial Stadium. The contest will begin at 7:30 p.m.

Federal Way coach Doug Adkins and Lakes skipper Don McPherson both class the opener as "critical."

"The opener can set the tone for the entire season," Adkins said. They're rated 14th in state by one poll, so it's a big one for us."

"It's extremely important to us because we're a junior and sophomore team," McPherson noted. "If we win it, we should be more confident against Puyallup and Bethel in our next two games."

"If we win two of those three, we could be in the driver's seat for the league title," the Lakes coach continued. If we lose two out of three, we could be out of it right from the start.

A 22-21 overtime loss to Lakes last season dashed Federal Way's

hopes of finishing in playoff position. Federal Way fumbled away the ball on its first two possesopportunities and led 15-0 at halftime. The Eagles battled back to 15-12 and tied the score with 30 seconds remaining in the regulation time period with a field goal. A missed two-point conversion in the OT period proved Federal Way's downfall.

Adkins said his players, who experienced last season's loss, are "ready to get after 'em" tomorrow, but McPherson warned that the Eagles may be in trouble if they spot Lakes an early lead like they did last season.

"We kind of let them off the hook in the second half last year," McPherson recalled. 'That shouldn't happen this year. We have a better defense."

Four starting linebackers return to Lakes' 4-4-3 alignment. The defensive backfield appears solid, but an inexperienced front line may be suspect. However, 256-pound sophomore Bennie Daniels and 220-pound junior Bruce Folsom could bolster the

trenches.

ADKINS EXPECTS Lakes to use a wide-open attack tomorrow, and McPherson freely admitted that the FW coach's prediction is a correct one.

"We're not conservative at all," McPherson said. "We use the field from sideline to sideline."

Lakes will start junior Dave Hombach (6-2, 185) at quarterback. McPherson said he is a strong passer and a good enough runner to play fullback if another quarterback pf the same throwing ability was available. The Lancers feature strong depth in the running back spots. McPherson has six ball carriers of equal ability, and all run the 40 in 4.8 or less.

Adkins' troops had problems with the passing game during Saturday's full-dress scrimmage, but the coach is confident that the aerial game will be in good shape by tomorrow night. Senior Butch Cratsenberg has stepped into the No. 1 quarterback position, and Todd McGrady and Brian Beringer are solid backfield mates. Both coaches predicted their

teams would make mistakes and turnovers,

"WE'LL BE giving up the ball at a pretty consistent pace because we're young and it's the first game of the season, but I also think we'll be putting some points on the board," McPherson said, adding that five sophomores and eight juniors will see solid playing time tomorrow.

Adkins is hoping to limit mistakes by restricting his offense to a set pattern, but he noted that miscues will occur.

"Defense usually is ahead of the offense early in the season,' Adkins said. "It takes time to get execution down. Both them and us look pretty strong on defense, so I think it'll be a low scoring game."

McPherson agreed.

"I'd say it'll be about 14-13, something like that," he predicted.

Both teams enter the contest relatively free of injuries. Lakes, which had the SPSL's highest turnout of 135 prospects, will bring 85 gridders to Memorial Stadium. Federal Way will suit up approximately the same number.

of the league's 10 head place; however, coaches to rate the Bethel received five teams from top to bot- second-place votes tom. The coaches left but had its total suffer out their teams in the from two seventhprocess. Points were place ballots. Lakes assigned each place- had high marks on all ment to ascertain a ratings. Clover Park also had strong back-

ing. The league's Federal Way and coachesunanimously Curtis appear to be in chose Puyallup as the the unknown SPSL's top squad go- category. Both receiving into the regular ed some high votes season. However, the but had those offset by coaches showed a countering low mark difference of ratings.

Pts.

90

68

67

66

57

53

53

38

30

18



C-2 Wednesday, September 5, 1979 The News Peterbilt goes to Nationals

Truckers ready for final assault

by Terry M. Sell

Peterbilt Western will go trucking off tomorrow to Midland, Mich., for the 1979 American Softball Association fastpitch championships, more commonly known among Tom Wagner's fire-breathing legion as "Nationals."

Peterbilt has lived and breathed and eaten "Nationals" this year, stomping their lesser neighbors into the ground with the sole intent of bringing a championship trophy back to

Seattle, something no area team has ever done in the countless January we talked Nationals," years the tourney has been played.

The Truckers won the Norwest League, billed as one of the most competitive in the country, with ease. Wagner and crew embarrassed several nationally known squads in their 'Super Series' matchups this year. And then PW blazed through the regionals for the umpteenth time, with the glowing gem of "Nationals" steadily in its gaze.

Cougars have depth

primedate to replace

Jack Thompson has left Washington State decision to red-shirt University for a pro- that number of fessional career. But athletes was a tough Cougar football fans, one to make. But he always among the thinks the move will most vocal in the be of benefit as those country even in the red-shirts join 30 worst of times, should players from the yet have something to Cougars two-deep offensive and defensive cheer about.

Thompson departed units of last year. Less for the Cincinatti than half of those 30 Bengals after crack- are seniors. ing every WSU passing and total offense record. But Jim Thompson. After red-Walden, who returns shirting last year, the for his second year as 6-1, 206-pound senior head Cougar coach moved through spring (contrary to custom of drills as the number late), welcomes the one quarterback. In deepest Wazoo team 1977 he saw action in in recent years.

about in part by for 204 yards and one Walden's red-shirting touchdown. of 27players in 1978's 3-7-1 season, will be a shirts, lefthander key for the Cougars as Samoa Samoa and they face a tough second-year freshman Ohio State, Southern tle Grant for thestar- Sept. 8. Cal, Syracuse and ting spot. The Cougar Arizona State on the backfield will feature road.

four games, com-That depth, brought pleting 9 of 16 passes

Two otherredschedule, including Clete Casper, will bat- Arizona at Spokane

Walden says the three-year letterman Tali Ena, the leading rusher, receiver and

scorer last year. Bevan Maxey, who broke an arm before the season opened last year, returns for his fifth year at wide receiver. Returnees Mike Wilson and Jim Whatley give the Cougs depth at receiver. Steve Grant is the

On defense, outside linebacker Tom Thompson is back for his fifth year, and that should bolster the stop squad. Middle guard Brian Flones, linebackers Don Nevels and Raleigh Fletcher, and secondary men Jeff Files, Mike Snow, Bob Gregor, Gary Teague, Jack Brossman and Don McCall all boast experience from 1978. WSU opens agains

HOME

"From out first meeting in said Wagner, the first-year manager who welded old and new into a smoothly tuned machine this year. "That's what it's all about."

THIS SEASON Peterbilt played a different brand of ball. With a smattering of younger, new players balancing out the veteran hands, the Truckers never passed up an opportunity of any kind. They bombed some teams, and squeaked by others, but always let it be known they were out to win.

"The reason this ballclub has done well this season is because of the young players and the attitude of the team," said Wagner. "They have a lot of pride. I think that has a lot to do with why they won many games."

Youth added speed for Peterbilt, and a different brand of fastpitch became the Truckers' trademark.

"I think we've played a little more aggressive than we have in the past," said Wagner. "I think we've run a little more than we normally have. I think we attempt to steal more bases than we normally have."

That makes a big difference for Peterbilt, a team already noted for big bats. Bill Stewart, George Bettineski, Mike Bishop, Butch Batt, Roger Bledsoe, Jeff Borror and George Nokes will enter the tourney hitting .300 or better, with defending champion

Suggestions sought for off-road vehicle useage

Suggested changes

The deadline for will be extended a Supervisor, Mt. sending suggested week to Friday. Sept. Baker-Snoqualmie changes for the Mt. 7. Baker-Snoqualmie National Forest Off- or comments about Second Avenue Road Vehicle Plan to the plan should be Building, Seattle, Wa. the Forest Supervisor sent to the Forest 98101.

Wagner reported.

"We've got a lot of guys who that can run very well, and we've got some guys that can hit the ball out of the park. If we can get some teams to throw the ball around we can get them playing our game. When a team knows you're going to be running they're a little bit more edgy, and they throw the ball away a little more

THE TRUCKERS also have perhaps the strongest pitching they've had in years. Graham Arnold has been virtually untouchable all season, while Robin Cutting makes for a nasty s3cond punch. Tourney veteran Bobby Shaw has been added to the roster for Nationals, giving PW the unusual luxury of three quality hurlers.

"The most important thing is naturally to get pitching that can shut people dow. You have to have that hot pitcher or two," Wagner explained.

Peterbilt was third in 1977 at Nationals, when they were held in Midland. The Truckers led the tournament in hitting that year. Last year they were sixth. Wagner says Peterbilt's national reputation is perhaps better than its local one.

"I definitely think we have a psychological advantage over some other teams in Nationals." said Wagner. Peterbilt, along

National Forest, 1601

said Wagner, and that would at best," Wagner surmised. "And guarantee the big trophy. **GRAND OPENING** Featuring New PLANT LIGH1

I think all the ballplayers realized

that. We weren't playing well and

they were still struggling with us."

the big dream come true. Wagner

says the squad is healthy and

ready to play. Butch Batt, the

Pan American Games catcher,

appears healed from a back in-

jury, and only Greg Flynn,

relegated to football coaching at

Decatur High School for the fall,

stay in the winners' bracket,"

"The main thing I want to do is

will miss part of the trip.

So this may be the summer of

Reading, Penn., perennial run-

nersup Aurora, Ill., Santa Rosa,

Calif., and Clearwater, Fla., are

the top five picks in the tourna-

we're capable of beating any

team in the Nationals," Wagner

PETERBILT'S ONLY down

period of the season came during

a trip east earlier this summer.

That journey helped lead to the

Aurora, Ill., beat the Truckers

three times by one run during

that swing. "We played mediocre

above knowledge, Wagner said.

said, "and that's got to help us."

"We do know right now that

ment this year.

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Wednesday, September 5, 1979 The News C-3



Weaver wants more 'Thunder' in his 'foot'

"Thunderfoot"

Herman Weaver

When you're a was in question as punt formation. He punter and you have training camp opened was a standout been nicknamed last spring. "Thunderfoot," there is an added insentive to keep your kicks high and long.

Herman Weaver faces every time he is called on to right-foot the opposition out of Seahawk territory. Weaver joined a select group of NFL players who received nicknames from Monday Night Football broadcasts or, more accurately, from the trio of comicannouncers that lend their descriptions and sometimes questionable expertise to those broadcasts. "Errol Mann (a

former placekicker) called me 'Thunderfoot' when he was talking to Don Meredith before a Monday night game, and it just stuck after that," Weaver recalled.

And he's given the lost some weight.' nickname validity. Weaver booted his way to stardom with the Detriot Lions from 1968 to 1975. He led the NFL in punting with a develope your leg. 42-yard average in Denver during the all. That's not true. If off-season. 1976 season and was campaign. At 1977 that time, the 175 balls a week. Seahawks were attempting to bolster their kicking department. They purchased the contract of placement booter Efren Herrera before the onset of the preseason schedule and

kicking-specialist tur- ' the season starts." nover by picking up weaver off the waiver over the offseason lack of proper elevalist.

quarterback and wide Weaver, who had receiver at Vila Rica recently celebrated High in Georgia. In his 30th birthday, fact, the University of knew he had to re- Tennessee recruited That is the situation prove himself to in- him as a pass catcher. sure a 10th year of His non-kicking NFL duty. He began abilities have been usworking on that ed in the NFL. Last challenge soon after year, the Seahawks the 1978 season ended. surprised the Kansas "I got in shape," he City Chiefs when drawled, bespeaking Weaver hit Ron his Southeastern Howard with a fourthbackground. "I'm

> alive. "You try to stay cool when they tell you to pass or run instead of punt," he said with a grin. "You can't get excited or you'll tip the other team off to what you're up to. "It's good to be able

to do more than just kick. So many things can go wrong in punting. A high snap or a now in better shape big rush can change than in the past. I did your plans pretty quick. Sometimes you

a lot of running and have to improvise real "Running and stretfast in bad situaching are the most im- tions."

portant things for a punter to work on. It's stay in the NFL for "a the best way to few more years." After retiring, he will "A lot of people work to develope a toy 1975. He finished se- think you just come distributorship he cond twice before out and kick the ball began in Knoxville, that. He was traded to on Sunday and that's Tennessee during the

you want to stay released by the Bron- around you have to be ing, he is concencos just before the in peak condition. I trating on footing the

"You try to get in a with my kicking," he groove by constant said from the repetition. I usually Seahawk locker room start kicking heavy after Sunday's loss to about two months the San Diego before the season Chargers. "I didn't starts so I can come really have a good day

just about at the point completed their I want to be at when three times for a 42.3-Weaver's efforts However, he noted a

Softball women in national tourney

\$

were on Norm's Angels, Seattle Metro women's softball squad. champions, in national tournament sor Norm Shawstad, play last weekend. After a 10-0 who received reports thrashing of the Texas from Grand Prairie,

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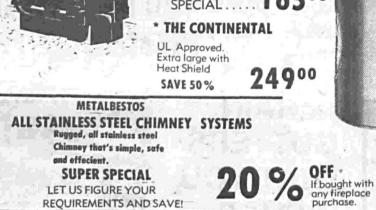
92-5/8" STUDS

The eyes of Texas entry, however, the Texas, of the Satureyes began glareing day win over Texas as at Norm's softball "They just whipped 'em," said team spon-

A total of 36 teams were involved in the national tourney.

ward door open, rear frame lilted well as the the locals up allows air to enter, pass through and "suck out" stale air -- the Ventur Effect! opening-round loss to MULTI-DIRECTIONAL VENTING SYSTEM The most revolutionary roof vent on the market today. Fits standard vent openings (14x14) Orlando, Florida, (5-995 Installed 2) Friday night. SUPERIOR LANDAU 15019 Ambaum S.W. Burien 244-5252 **PRE-SEASON STOCK REDUCTION CLOSE-OUT SALE!** HUGE SAVINGS ON FRANKLIN STOVES





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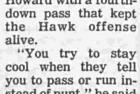
Weaver booted yard average.

Weaver hopes to

But, for the time be-

kick between 150 and ball high and far.

into training camp today."



record 59-yard kick during the four pre- 40-yard average on against New England. season games had my bad days like toyards and, as noted by gleeming. coach Jack Petera, Weaver adds an ele- everything ought to be his job with the team ment of surprise to all right," he figured.

became evident in tion and pointed out Weaver proved a camp and pre-season. that his longest kick, a welcome addition to He beat out three 46-yarder, was a line the Hawk squad. He other candidates for drive that attained punted for a 39.5-yard the single punting good distance by an average in 1977 which position, and his con-astro-turf roll. included a Seahawk- sistent performance "Well, if I kick for a

Last season, his Patera and rest of the - day and hit 45 or 50 average dropped four Hawk coaching staff yards during my good games, then

Seagals need softball girls

The SMI Seagals, years-of-age) Cham- hold tryouts from 10 ranked sixth national-ly in girls junior divi-bus, Mississippi, dur- searh for girls to Sept. 22 at Cascade Metro championship Junior High School.

Seagals finished sixth regional competition Johnson, 31961 36th at the United States during July. Junior Division (13-15-

A D

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sion slowpitch soft- ing the second week of replace those to old to ball, will hold tryouts August. The Seagals compete next sum-for new members also won the Seattle mer.

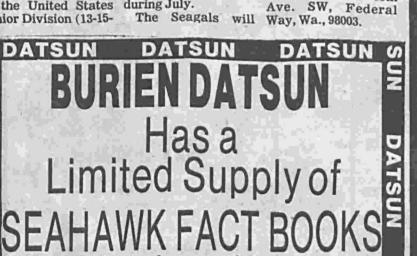
for their division and For further in-This season's placed second in formation, write to K. Ave. SW, Federal

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Flyers win big over South Kitsap

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Sports News

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S. Mr. Model Jr. Says:

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Plastmo 5 ...

The Burien Flyers display against the another Akina to we play." Kitsap County Chiefs Sloan score, this one in a 51-10 win.

from eight yards out Coming on the heels to put the score a 21-0. of two straight losses, From there, all the game featured a Burien wanted to do 38-10 halftime Flyer was finish the contest lead and what and go home. General Manager Phil Pompeo referred to as lost all intensity," "a lot" of breaks in Pompeo noted. "We the first quarter." were fired up.

went the Flyers' way let us down in enough in th the first Spokane, and they lineman Claude Kane period to satisfy most weren't to be denied. gridiron squads for an They were just stick- Rosebowler Steve entire game, some for ing them and doing a Cupic (noseguard, an entire season. Two super job, and then we Kitsap fumbles on lost our intensity." kickoffs and one blocked punt went gressed into the setowards three Burien cond half, play Hopefully, the four touchdowns.

The local semi-pro sloppy, according to football unit takes a 2- Pompeo. Statistics 2 league mark into support Pompeo: Kit-Highline Stadium sap was charged with strong performance; Edmonds Chargers. took 18 penalties for Formerly the 175 yards. Edmonds-Lynwood Lions, the visitors good football; we folded after one con- played as sloppy as the race, and put a big test, regrouped, found they did," Pompeo new financial support, said. and will finish the rest of the scheduled Edmonds games.

"We're looking for a good game; it's our last home game for four weeks," Pompeo said. The Flyers will hit Sumner next week for an important confrontation against the Pierce County Bengals.

The Flyers' firststringers should be well rested for Edmonds and Pierce County, as the mop-up of Kitsap allowed Burien to examine its bench.

JIM GARNER recovered the Chiefs' first kickoff fumble Saturday, setting up a Flyer TD two plays later; quarterback Duane Akina chucked to Lonnie Sloan for 10 yards and points. Garth Savage tacked on the point after, and Burien was rolling.

The Chiefs fumbled the next kickoff as

Former University "The Flyers are a treated hometown of Washington funny team. We'll fans in Highline linebacker Willie play with the best of Stadium Saturday Galoia blocked a Kit- them, but the opponight to a 51-point sap punt to set up nent dictates the way

> Part of the Flyers sometimes incohesive play is due to several personnal changes. At least 15 changes have been made in the Flyer roster since the "At that point we opening game, according to Pompeo.

Recent additions to In fact, the ball "Our kickoff team the Flyer squad are Galoia, defensive (6-5, 255), Husky defensive tackle) and inside linebacker Floyd Jones from the University of Hawaii. became decidedly will contribute to lifting the Flyers back to the top of the league.

"We're looking for a said of the Bengal conbus trip to Portland test which will begin for an exhibition, "We didn't play Burien's road spree. match between the "We can get back in United States and Japanese women's knot at the top of the national volleyball league.' teams on Friday, Oct.



BRENDA TATE, a junior at Federal Way High School, won the recent Federal Way Recreation Open Tennis Tournament.

Tate advance undefeated through five rounds to claim the win. She has also placed in tennis tourneys in Kirkland and Bremerton this summer.

Other noteworthy performances:

RANDY JENSEN, assistant professional at Twin Lakes Golf and Country Club, finished in a tie for second place in the recent Northwest Open golf event in Tacoma.

SHELLY Jurgensan of Federal Way earned a victory at the United States Speedskating Championships at Fort Worth, Texas, last month.

The 12-year old Jurgensan second in the 300 to capture the tiearned the right to go to nationals with a regional win in Portland in June. At Fort Worth she took first in the 400 and 500 meter races and

Smashers in exhibition

The Seattle Coliseum. It will be appearance on a na-

Saturday at 7:30 p.m. 15 penalties for 160 it'll be a battle in Smashers are their only Northwest tional tour. for a game with the yards, while Burien Sumner," Pompeo organizing a charter



Brenda Tate

tle. Shelly has been speedskating for three years. She won a speed title at Fort Worth in 1977.

farm roads searching 244-3337 for game; Bruce Lee used Kung-Fu to develop his confidence, co-ordination and conditioning, to win dance contests and boxing tournaments. The Federal Way Martial Arts Academy teaches the arts in this tradition.

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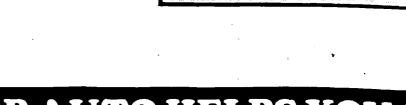
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Horsemen's Association installs dental facility

The Horsemen's on Shed Row to give a Santa Anita rentals. Benevolent and Pro- lift to those working Shortly the Longacres tective Association is on the backstretch. iust that. It was The committee,

organized and designtrain and race their thoroughbreds at recognized tracks.

Baze, decided to in- edit could be purchas- fits. stall a dental trailer ed for less than

dental trailer was an actuality.

chaired by Dr. John Members of the ed to help and protect Delorie, a horseman Association and their the men who own, and practicing Seattle dependents are eligidentist, sent Delorie ble eligible for the ento Santa Anita to tire dental services check out the dental which are given at In 1975 its budget operation. Dr. John about one-fifth of the had a small surplus found they were ren- regular commercial and the officers, head- ting their equipment cost. This - pays the ed by president Carl and he later determin- overhead - no prothe

The new trailer (the

ing through advanced.



first one burned in ny designed and built 1978) is now installed in 26 days the original at the Longacres Barn Longacres Club House Gate. Dr. Alan which still stands. It is MacKenzie is in a world's record. charge. The trailer SUNDAY, Sept. 9: serves the three main The third renewal of tracks in Washington: the Alki Handicap at a Longacres, Playfair mile and one-eighth

(Spokane) and for fillies and mares Yakima Meadows. thrree-years old and This is the second up for \$25,000 added. such dental trailer in Named for Seattle's the country and famous landmark, the serves its purpose landing poing for the well. It gives a helping city's founding hand to those in need fathers after their

of such service. It is sailing venture from open three days a San Francisco. week by appointment. SATURDAY Sept.

SATURDAY, Sept. 8: Remember the Got-8: The Eighth renewal tstein Gala at 8 p.m. in of the Benny Marcus the Turf Club followed Priteca Handicap at a by dinner and dancing mile and one- in the Paddock Club. sixteenth for Proceeds for the Joe Washington-bred Gottstein Cancer three-year olds for Research Center at \$20,000 added. The the University of race honors the Washington. Contact Scottish-born and the Washington Horse world renowned Breeders' Association theater designer. Ben- for an invitation.

Watching birds can sometimes lead to catching fish, on lakes which are far inland, as well as on salt water.

Charterboat skippers on the Pacific head for flocks of birds they see "working," that is diving or showing other signs of feeding. The reason, of course, is that if birds are feeding on a school of anchovies, pilchards, herring or whatever, there's a good chance salmon will be working on the same school.

In protected inside waters, herring balls are common, especially in winter. These are formed by sea birds which sur-

Outdoor tips and tales

rhinoceros auklet, one of the birds which do the underwater cowboy fish herding act. Taking one of these sharp-beaked birds off a hook can be

a wild experience. Birds are also tattle tales for fish on lakes. One bass angler blue heron stalking the flats. He eased instilt legs was doing his thing and caught two bass. The heron moved along the shore, for the bait fish were angler stuck with the bird, careful not to get so close that he would scare his guide away.

That kind of caution round a large school and a gentle approach of herring and feed on are keys to success its edges. They force when letting birds

You might also hook a ing you free guide ser- your line gently vice. through your lips. If you detect any

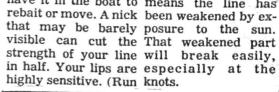
Fall is a time for big roughness, change the salmon, and one of the leader or cut off that most important things, section of your main to check to be sure you line. don't break off that

big one is to check

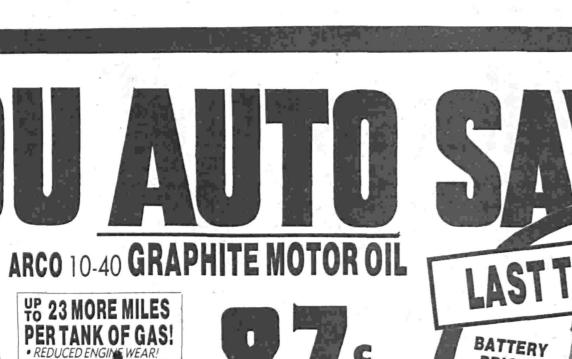
Even if your line is lighter color than that recently saw a great 'new, check your farther down on leader and the last thespool, throw away few feet of your main the lighter-colored to the area where old line for nicks or abra- part, or get all new sions every time you line. That lighter color have it in the boat to means the line has rebait or move. A nick been weakened by exthat may be barely posure to the sun. visible can cut the That weakened part moving too. The strength of your line will break easily,

Sports 839-0700

Watch your line as it your line continuous- pays off yourreel. If the first part is a







Pupils pass when shyness does

by Pat Jenkins Hi, stranger. New in town? Hot enough for you? Do you have the time? Excuse me, but don't I know you from somewhere?

Whatever the choice of words, and whatever the situation, the important thing is to overcome a fear of strangers and to talk to them.

So says Patricia Haggerty, the instructor-advisor for "How to Talk to Strangers," a course on the fall quarter schedule at Highline Community College.



WHY BE SHY?" asks Patricia Haggerty, instructor of a course for people who struggle for words when talking - and not talking - to strangers.

Haggerty, naturally, isn't close-mouthed when in the company of unfamiliar people.

But she doesn't tell her students to become a person like herself. Instead, "I give people a way, when they're ready, to talk to strangers," she said.

Some students who begin the course shy and hesitant around new faces don't change, Haggerty admitted.

"SOME WILL NEVER change. I can only offer suggestions on ways to overcome their shyness and meet people. I look at it as if I'm giving these people a gift that they can use if they want to," she said.

Haggerty's "gifts" are obvious to some people, but not to those who are chronically bashful.

"I tell them ways to start a con-

versation, ways to continue it, and how to keep a conversation going after someone else starts it," she said.

Two major fears of the tonguetied person, she noted, "are that someone will pay attention to what you say but you won't know how to respond, and that nobody will pay attention to you and won't talk to you."

Students regularly ask Haggerty where and how to meet people, whether they have romance in mind or just want to make some friends.

Haggerty's answer is, "Go places where you have something in common with other people. "IF GARDENING is your hob-

by, go to flower shows. Or if you're interested in animals, do volunteer work of some kind. The idea is that it will be easy to think of things to talk about."



"I TELL people how start a conversation, how to continue it, and how to keep one going after someone else starts it.'

– photos by Gary Kissel

"A lot of divorcees are skittish about getting into the dating game," she said. "Someone gets married in 1967 and gets a



HI-WAY PREVENTION

use old conversational skills they haven't had to use in a long time.

What can they talk about. Ministers and other religious leaders have a similar problem, Haggerty said.

"I HAVE a lot of people in ministry work who come in to learn how to carry on conversations about something besides God. Sometimes that's all they feel comfortable discussing," she noted.

A shy person must break down old philosophies in order to speak to strangers, Haggerty said.

"A lot of people have grown up hearing from their mothers, 'Don't talk to strangers.' They have to overcome that," she said. Always the biggest hurdle is shyness.

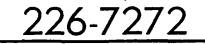
"I've had people say they won't talk to anyone unless the other people come to them. What good is that ... What's the benefit of being shy... That's what I try to help



SYSTEMS 927-1780 .O. BOX 3265 FEDERAL WAY SHOPPING CENTER

DANCERS

Auditions for Ballet Les Jeunes Company Dancers will be September 8 at Arlene's Studio, 10900 S.E. 176th., Renton. Junior Company auditions for male and female dancers age 9 and over will be at 1:00 p.m. Senior Company auditions for male and female dancers age 13 and over will be at 3:00 p.m. Ballet Les Jeunes, a non-profit Washington corporation, annually produces 'The Nutcracker' in December, and performs a spring concert with ballets such as 'Snow White', 'Pas De Quatre', 'Peter and the Wolf', and 'Coppelia'. For more information, call Arlene Wagner, Artistic Director,



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•	LITTLE	ANTI & CIDER HO				
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	based on Family size pizzas as	y, Gia	nt and	d Lar	ge	
	YOUR CHOICE		Family	16*	Super	
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- 11/2	Pepperoní	5.95	7.69	7.30	5.45	
	Canadían style Dacon & pineapple	6.95	8.55	8.00	5.95	
	Shrimp, mushroon à olive	7.90	8.55	8.60	6.45	
	(Hot Mame) Hot Cheese, pepperoni, green pepper	_		·	6.45	
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Disney Matthew Walter, first child of James and Jacquelyn Disney of 929 S. 262nd Place,

Births

Valley General Hospital. Matthew weighe 6 pounds, 5 ounces and is the grandson of Mr. and Mrs. Robert Fisher of Concord, Calif., Mr. and Mrs. Robert Disney of Woodland, Calif., and Mr. and Mrs. P' Robins of Walkersville, Md. Madsen An 8-pound, 15-

ounce daughter was born to Richard and Margaret Madsen of 2733 S.W. 312th Place, Aug. 25 in Riverton General Hospital. Jody, the Madsens' only daughter, joins four brothers, Jon, 6, Dan, 5, Jim, 4, and Doug, 2.

Tjoelker Jessica Ann, first child of Andrew and Deborah Tjoelker of 3304 S. 222nd St., was born Aug. 27 in Valley General Hospital. She weighed 8 pounds, 41/2 ounces and is the granddaughter of Mr. and Mrs. William Kirk of Auburn and Mr. and Mrs. John Tjoelker of Seattle.

MIDWAY DRIVE-IN SWAP AND SHOP THE NORTHWEST'S BIGGEST OUTDOOR MARKET PLACE SAT. & SUN. 9 A.M. - 4 P.M. It's a Giant Garage Sale, Flea Market, Trade Show, Carnival, Auction and Swop Meet - all rolled into one.

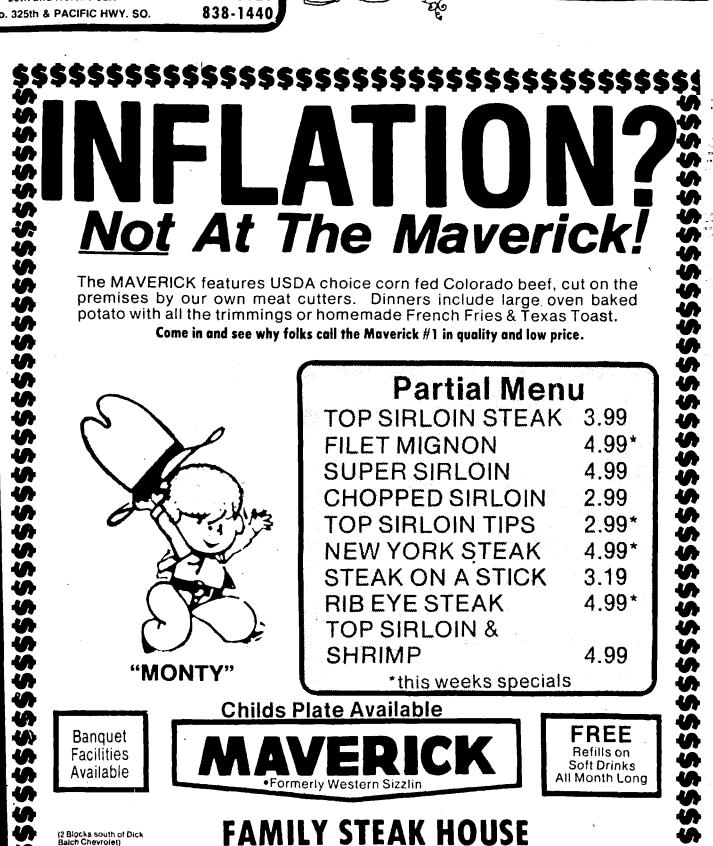
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PUBLIC MEETINGS

- Des Moines City Council (second and fourth Mondays, each month, 7:30 p.m.) Regular meeting at Des Moines City Hall. Des Moines Planning Commission (first Monday, each month, 7:30 p.m.) Meeting at Des Moines City Hall.
- Federal Way Community Council (each Thursday, 7:30 p.m.) Regular meeting in the Lakeside Professional Building, 30819 14th S. (Lower Level).
- Water District 54 (first Monday each month at 6:30 p.m. and third Monday of each month at 8:30 a.m.) Regular meeting, 922 S. 219th St.
- Federal Way School Board (second and forth Mondays, each month, 7 p.m.) Regular meeting at Educational Services Center, 31455 28th S. COMMUNITY EVENTS
- South End Singles (9-7, 9-14, 9-29, 9 p.m.) Dance, Crestview Center, 16200 42nd Ave S., phone 839-5151
- for additional information. American Heart Association Cardio Pulmonarry Class (9-4, 9-5, 9-6, 7 p.m. to 10 p.m.) Both one and two man technique procedures will be taught, for additional information call Roy Barnett at 927-8458, Federal Way Library, 848 S. 320th St.
- Harmony Unlimited (9-11,:30 p.m.) First rehearsal meeting, Choir Loft, St. Vincent de Paul Church. Alcoholics Anonymous (Tuesdays and Thursday, each month, 10:30
- a.m.) Ancient Mariner, 31140 Pacific Highway S. Altrusa Club of South King County (first and third Tuesdays, each
- month, 6 p.m.) dinner meeting at the Fog Cutter South. Centerstage Actor's Workshop (every Thursday night, 7:30
- p.m.)Federal Way Elks Lodge, 31405 18th Ave. S. Chapter No. 937 of the American
- Assn. of Retired Persons (every second Tuesday, 1:30 p.m.) Regular meeting at the Senior Citizens Center, 33324 Pacific Highway S.
- Dale Leroy Watkins Auxiliary for Children's Orthopedic Hospital (fourth Monday, each month) Meetings in members' homes, contact Terry Engelstad at 839-7174.
- Des Moines Zenith Orthopedic Auxiliary (first Thursday, each month) Board meeting in homes; (third Thursday, each month, noon) General meeting at Des Moines United Methodist Church.
- Des Moines Lodge 245 F and AM (eecond Thursday, 8 p.m.) Des Moines Masonic Temple, 2208 S. 223rd St., William Exley - 878-4387, Richard Neal, secretary -824-1485
- Des Moines Garden Club (first Monday each month, 10:30 a.m.) Meeting, Des Moines United

Methodist Church. Evergreen Bridge Club (every Thursday, 10 a.m.) Open franchise duplicate, 1346 S.W. Dash Point Road, call 927-0244 for additional information. Evergreen Conestogas 4x4 Club (second Wednesday, each month, 7:30 p.m.) Meeting, Auburn Park, for additional information call Sandy McKee at 927-7188.

Federal Way Noon Lions Club (every Tuesday, 12:15 p.m.) Meeting held at the Fog Cutter.

- Green River Chapter Barbershoppers (Tuesdays, 7:30 p.m.) Tryout prospects - singing quartets, held at Star Lake Improvement Club, South 272nd and Military Road, Kent-Federal Way.
- Heritage Toastmistress Club (second and fourth Tuesdays, each month, noon) Meeting held at the Fork, 31845 Pacific Rova Highway S.
- Highline Business and Professional Women (first Wednesday, 7:30 p.m.) Board meeting in homes; (second Wednesday, 6:30 p.m.) Dinner meeting at Black Angus in Burien.
- HI-WAY Toastmasters (Thursdays, 7 p.m.) Visitors and guests welcome, Pacific Junior High, 22705 24th Place S.
- Mary Bridge Seech and Hearing Center (Tuesdays, Thursdays and Fridays, by appointment) Free speech and hearing screening, call 839-3470 for appointment, 2450 Star Lake Road.
- Omega OES 259 (first and third Wednesdays, 8 p.m.) Stated meeting, J. Smith, secretary, for information call 878-8166, Des Moines Masonic Temple.
- Outriders Off-Road Vehicle Club (second Wednesday, each month, dinner at 6:30 p.m., meeting at 8 p.m.) Fog Cutter South, 31211 Pacific Highway S., for additional information cal Dick Luznick at 839-1234 or Don Emerson at 839-2459. Overeaters Anonymous (each Mon-
- day, 12:30 p.m.) King County Multi-Service Center, 2450 Star Lake Road; (each Thursday, 7:30 p.m.) Trinity Reformed Church, 3807 5. 260th St., call Betty at 878-3027 for additional information.
- Puget Sound Kiwinas Club (every Tuesday, 7:30 a.m.) Meeting held at Denny's Restaurant, 2130 S. 320th St.
- Pyramid Assembly 251, Rainbow Girls (first and third Thursdays, 7 p.m.) Pyramid Temple.
- Pyramid Court No. 88 (fourth Friday, each month, 8 p.m.) Regular meeting, Pyramid Masonic Temple. Pyramid OES 257 (second Thurs
 - day, each month, 8 p.m.) Pyramid Masonic Temple, 1700 S. 340th St.
- Recovery Incorporated (every Thursday, 7:30 p.m.) Self-help mental health group, Auburn YMCA, for information call 631-8518.
- Soroptimist International of Federal Way (each Wednesday, 7:30 a.m.) Fog Cutter South, 31211 Pacific Highway S., no meetings on fifth Wednesday of the month.
- South Seattle Mothers of Twins (second Wednesday, each month,

weigh-in at 6 p.m.) Meeting eld at Des Moines First Baptist Church, 22415 19th Place S., call Jan Keener, 824-5751 or Mona Downes, 824-1290 for information.

- Tops Chapter 642 (each Monday, 7 p.m.) Babysitting will be available, call Jackie at 927-8544, Federal Way United Methodist Church, 29645 51st S.
- TOPS Chapter 780 (each Thursday, 10 a.m.) Des Moines United Methodist Church, call 878-8107 or 878-3410 for information.
- Washington State Chapter of National Association of Retired Federal Employees (every third Tuesday of month, noon) Sixth Avenue Baptist Church, Sixth and Fife in Tacoma.
- Widowed New Life Group (every third Tuesday, 7 p.m.) For all widowed persons, regular meetings held at the White River United Presbyterian Church, 526 12th St. S.E., Auburn, for additional information call 927-6287 or 833-2990.

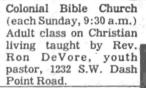
Diet Center's Nutrition and Food Behavior Modification Seminar (begins Sept. 11 for six weeks, Tuesdays, 7 to 9 p.m.) Cost \$25, for additional information call Marilyn at 941-1990.

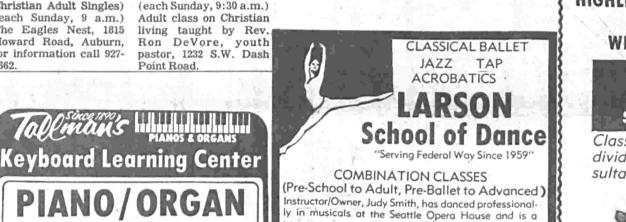
- Square Dance Lessons (every Wednesday, 8 p.m.) McMicken Heights Improvement Club, 3730 S. 166th St., sponsored by the Golden Nuggets, the public is in-vvited, for more informaton call Karl Bargmeyer at 244-6199 or Bill Gulden at 244-0603.
- Jaycees (second and fourth Tuesday, 7:30 p.m.)) At Jaycee Clubhouse.
- Board of Truestees of Western Washington University (9-6, 2 p.m.) Regular meeting, Room 1606, IBM Building, 1200 Fifth Ave., Seattle.
- Alpha Delta Kappa, Alpha Theta Chapter (second Thursday, each month, 6:30 p.m.) For additional information call Margit Larson at 927-2195.
- Brigadoon PTA (9-13, 7:30 p.m.) Meeting at school library; (9-15,



Miller honored

ROBERT GRAFTON, left, Grand Exalted Ruler of the Benevolent and Protective Order of Elks, U.S.A. congratulates George Miller, Past Exalted Ruler of Federal Way Elks Lodge whom he has just appointed as his District Deputy for the 1979-1980 Lodge year. Miller will have supervision of seven Elks Lodges in the Puget Sound District. His first activity will be to conduct a clinic for officers of each lodge in his district at Auburn Lodge 1808 on Sept. 8 for the purpose of establishing the year's program.





former member of Ballet Northwest FOR INFORMATION & BROCHURE CALL

10 a.m.) Playfield work day. Zeta Phi, BSP (9-5, 7:30 p.m.) McKune home, 1310 S. 293rd Place.

- South End Singles (9-7, 9-14, 9-21, 9-29, 9 p.m.) Dance, Crestview Center, 16200 42nd Ave. S., phone 839-5151 evenings for more information.
- Federal Way Homemakers (9-10, 7:30 p.m.) Program on teas and spices, home of Marty Roper.
- Group Health Guild (9-14, 8:30 a.m. to 4:30 p.m.) Group Health Clinic, 301 S. 320 St.

RELIGIOUS EVENTS

- Marcus Whitman Presbyterian Church (9-2, 10 a.m.) Service to celebrate 20th birthday of church, 2130 S. 248th St.
- Carol Marriott's Christian Weight Control Seminar (9-8, 9 a.m. to 4 p.m.) "More of Christ, Less of Me" topic, cost \$15, pre-register by calling Charlotte Glisson at 941-2466, Federal Way Christian Church, 941 S. Dash Point Road.
- Federal Way Christian Church (9-8, 9 a.m. to 4 p.m.) Seminar on losing weight through Biblical principles, 941 S. Dash Point Road.
- St. Catherine's Guild, St. Vincent de Paul Church (9-11, 7:30 p.m.) Fall gardening with Ed Hume, donation \$1, 30525 Eighth Ave. S. in church hall.
- Woodmont Christian Church (Thursdays, 9:30 to 11 a.m.) Bible study, prayer and fellowship, 26419 16th Ave. S.
- Marine View Presbyterian Church (9-9, 8:30 and 11 a.m.) Resume regular Sunday schedule, 8469 E. Side Drive N.E., Tacoma.
- Ministerial Association and South King County Multi-Service Center (9-11, 8:30 a.m. to 4 p.m.) Workshop on church's response to domestic violence, Our Saviour's Baptist Church, 701 S. 320th St.
- Christian Women's Club of Federal Way (second Thursday, each month, noon) Buffet lunch meeting, reservations required call Pauline Long, 941-2616 or Pat Bloodworth, 839-7564, Federal Way Elks Club.
- Church Alive! in Federal Way (Sunday service at 6 p.m.) For family fellowship and fun, join us in Mike and Karen Berg's home, 30314 19th Place S.W., 838-4141, Pastors Reed Tibbetts and Ken Kemp.
- Church of the Holy Cross, Anglican Episcopal (Sunday services at 7 p.m.) Holy Communion and

evenIng prayer services, call 839-3099 or 854-4854 for information, 15003 14th S.W., in the chapel.

- St. Luke's Lutheran Church (9-9, 9:30 a.m.) Rally Day, new classes to start, 515 S. 312th St.
- Bible Study Outreach (9-18, 9:30 a.m.) Beginning of interdenominational Bible study group for women, Midway Covenant Church, 22460 24th Ave. S. DES MOINES

LIBRARY Jazz Trio (9-5, 7:30 p.m.) At the

library. FEDERAL WAY LIBRARY

- Photography Exhibit entitled "Perceptions of Childhood" (8-16, to 9-7) Sponsored by the Canadian Consulate, at the library, 848 S. 320th St. SENIOR CITIZENS
- Arts and Crafts (Mondays, 11:30 a.m. to 1:30 p.m.) At center, bring sack lunch, fourth Monday luncheon out, 33324 Pacific Highway S. Bowling (Fridays, 10 a.m.) At
- SportsWorld. Cards (Poker) (Monday through
- Friday, 10 a.m.) At center, 33324 Pacific Highway S.
- Ceramic Classes (Tuesdays, 11 a.m. to 1:30 p.m.) At center. Homemakers Club Monthly
- Meetings (third Wednesday of month, 10 a.m) At center.
- Noon Luncheon (each Thursday, 12:15 p.m.) Make reservations by Wednesday, 2 p.m. at cetter.
- Pinochle (Wednesday, 12:30 to 3 p.m.) At center. Transportation provided to all ac-
- tivities of the center and for routine shopping and doctor appointments within the Federal Way area. A three-day advance notice for appointments and a one day advance notice for shopping required, for additional information call Gwen at 927-9031 or 838-3603.

CHAMBER OF COMMERCE

Political Action Committee -Discussion of acquistion Farm Land Development Rights (9-5, 7:45 a.m.) Ancient Mariner.

Retail Trade (9-6, noon) Fogcutter South.

- Executive Committee (9-10, 7:45 a.m.) Chamber office.
- Membership Luncheon (9-10, noon)) Forum Restaurant.

Highway and Transportation (9-11, 8 a.m.) Gee Gee's Restaurant. Grand Opening (9-12, 9:30 a.m. to 8

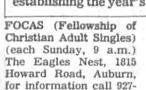
p.m.) Glamour-ella.



Christian Adult Singles) (each Sunday, 9 a.m.) The Eagles Nest, 1815 Howard Road, Auburn,

PIANO/ORGAN

FOCAS (Fellowship of Colonial Bible Church for information call 927-8662



- Experimental Aircraft Assn.-Green River Chaptrr 441 (third Thursday each month, 7:30 p.m.) At hangar at 17603 S.E. 292nd Place, Crest Air Park.
- Federal Way Aerie 3812 FOE (first and third Tuesdays, 8 p.m.) Lakeland Community Club, 4016 S. 352nd St., new meeting place.
- Federal Way Auxiliary FOE (first and third Wednesdays, 8 p.m.) Regular meeting held at Lakeland Community Club, 4016 S. 352nd St.
- Federal Way Evenings Lions Club (first and third Wednesdays, 7 p.m.) Held at the Fog Cutter South.
- Federal Way Kiwanis Club (each Wednesday, noon) Regular meeting held at the Fog Cutter South.
- Federal Way Jaycees (second and fourth Mondays, each month, 8 p.m.) Meetings held at Jaycee Clubhouse, Federal Way Shopping Center.

Larry Woodworth, CLU

ł,

Institute of Divine Metaphysical Research (every Friday evening until Sept. 21, 8 to 10 p.m.) Teaching Pattern of Universe, free, Highline Community College, Building 10, Room 202.

Unity Church of Christianity (9:30 a.m. Sunday School, 11 a.m. Sunday services) Also Youth of Unity (Y..U.) program for ages 14 to 18, for additional information call 243-6510, 17874

Jack Shaw Des Moines Way S. Sea J Enterprises Storage *Boats Lou Yahoudy *Trailers-RV's 18' & 33' BOATS TO CHARTER Wash Racks *Electricity Dump Stations Des Moines Way 5 878-7302 **James Hewett**

30 p.m.) Member: nomes, ioi information call 839-9321. Square Dance Lessons (every Wednesday, 8 p.m.) McMicken

Heights Improvement Club, 3730 S. 166th St., sponsored by the Golden Nuggets, the public is invited, for more information call Karl Bargmeyer at 244-6199 or Bill Gulden at 244-0603.

Shufflers Four Square Dance Club (summer schedule: first and third Thursday, each month, 7:30 to 10 p.m.) Fun level dancing, caller Hank Johnson Edgewood Grange, 55 and N. Meridian, Puyallup; lessons will start Sept. 6, for information call 927-837 or 941-0662

Sweet Adelines Puget Sound Chapter (every Monday, 7:30 p.m.) St. Elizabeth's Church, 10th and 152nd Street.

Swamp Stomper Square Dance Club (second and fourth Tuesday of each month, 7:30 p.m.) Club level square dances, Hank Johnson, caller, Camelot Mobile Home Park, Recreation Hall, call 839-3727 for information. TOPS (Take Off Pounds Sensibly), No. 158 (each Thursday, 7:30 p.m.) Steel Lake Presbyterian Church, 1829 S. 308th St., use lower parking lot, for informa-

tion call 927-4628, 839-8148 or 852-8919.

Tops Chapter 555 (each Thursday,



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NATIONAL BANK

The News Wednesday, September 5, 1979 D-1



Wednesday, September 5, 1979 The News D-2



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AGREEMENT

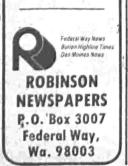
socie th he liability of the paper in event of failure to publish nv advertisement of an description or in the event that errors accur in the publishing of an advertise-ment shall be limited to the amount puid by the advertisers for that portion of the advertising space occupied by the incorrect item only, and there shall be no liability in any event beyond the amount paid for such advertisements.

Display ads will be stacked from the bottom of the page. Every effort will be hade to place them near classification, but position is not guaranteed.

Robinson Newspaper eserve the right to properly classify any advertisement edit or delete any object tionable wording or reject advertisements.

Publisher's Notice All real estate advertise this newspaper is subjec to the Federal Fair Housin Act of 1968 which makes flegal to advertise "ar 'an reference limitation; liscrimination based or ace, color, religion, sex, or ational origin, or an inter on to make any such reference, limitation, or liscrimination

This newspaper will no nowingly accept an advertising for real estate which is violation of th aw. Our readers are in formed that all dwellings advertised in this ewspaper are available o equal opportunity basis



RAINIER **GOLF COURSE** Secluded lot, rambler with full basement, 3 bedrooms, 134 baths, 2 fireplaces, detached-double garage, FW 524.

WOW!! \$53,500 FHA Pool table sized rec. room with fireplace, 3 bedrooms, 1% baths,

storm windows, fenced yard, large patio. CLEAN FF549. \$11,900 ASSUMPTION Take over FHA Ioan. \$578 per mo. 10% interest. 3 bedrooms, full basement. Private backyard.

Hurry, call now. FF541. REDUCED \$2000 Owner building, must sell. Large tri-level, 3 bedrooms, rec. room with wet bar. Low maintenance yard. FF531.

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1 bath range, refer, dishwasher, trash compactor, washer, dryer. Choice of carpets, counter tops etc. still available in some units. Prices start at \$69,300. Call on Ad #100.

IMMACULATE SPLIT

Pride in ownership is in evidence on this spotless 4 bdr. 3 bath home. Unique floor plan with family rm. and rec. rm. A low maintenance yard that is completely fenced. Less than 1/2 block to Metro Bus line. Priced at \$79,600. Ad #118.

839-4700 ... 927-5252







ONE OF A KIND

First class quality, first class detailing, and first class luxury. This unforgettable Twin Lakes home has beveled edge counters, California tiled bathrooms, solid oak cabinets and custom drapes. Corner lot and towering trees complete the picture. Live in. this winner! Call Vivian Potter 838-9933, 927-3280.

SOUND VIEW SPECTACULAR

\$103,950

\$99,950

This 3 bdrm contemporary with lovely view of Vashon and the evening lights of Des Moines is located in prestigious Twin Lakes. Home is only 2 years old with beautiful landscaping and tastefully draped. Over 2300 sq. ft. with room downstairs for 2 more bdrms, 3 decks, enormous master suite, country kitchen and more. Call Susan Jones 838-9933, 927-3280.



EXECUTIVE HOME \$108,950

Elegant home in Twin Lakes! If you like to entertain you have room in this 3400 sq. ft. home! Beautifully landscaped corner lot. Has a formal dining room living room, family rm, rec rm. and 4 bdrms with 2 1/2 baths. Come out and see this home now. Call Russ Deuel for an appt. 838-9933, 927-3280.

FHA-VA HOMES

Don't delay! Only four homes remaining in Wedgewood West by Holly Homes, Inc. Spacious split levels and tri-levels - each one totally unique and situated on large treed lots. Features include thermopane glass, garden windows, brick fireplaces and roomy walk-in closets. The absolute best bargain in Federal Way with FHA and VA terms from \$68,950 to \$70,950. Don't hesitate. From SeaTac Mall proceed west on 320th to 47th SW. Turn left and continue 1 mile to SPARTUS signs. Or call Susan Jones 838-9933, 927-3280.



401 S.W. 152nd

244-5900

SPACIOUS NEW RAMBLER **VA TERMS \$74,500**

Snazzy, stylish 3 bdrm rambler offering extensive use of glass, dramatic vaulted ceilings and an open sunny feeling. By Precision Builders, this is a home never before built in Federal Way. Still time to select colors. To see this and other homes by Precision, go west from SeaTac Mall on 320th to 21st and proceed 1 mile to new Safeway store then follow SPARTUS signs. Or call Susan Jones 838-9933, 927-3280

TWIN LAKES

\$102,00 Completely Northwest in design, in's lovely contemporary is a home of which your family can be proud! Cathedral ceilings, tall windows, dramatic stairway and a very large master bedroom. The extended deck overlooks a beautifully landscaped and fenced backyard. In the distance a Sound view. Call Vivian Potter 838-9933, 927-3280.



The News Wednesday, September 5, 1979 D-3



buildings. Indoors there's an inviting stone FP, country kitchen, family-sized dining room, even a dark room off the detached garage. P.S. It is on sewer! \$90,000. Call JOY COOK 838-3310.

TWIN LAKES

訵

ACCESSION DE MUNICIPALES DE MUNICIPA

Bring your pool table to this large rambler's rec room and your books for the library shelves in family room. 2 FPs for the cool winter room. 2 FPS for the coor white nights ahead. 4 BRs, 2½ baths, family-sized kitchen + formal din-ing area. Central vacuum, garage door opener, shake roof and the very best neighborhood. Many other attractive features seldom found in one package! Call JOY COOK 838-3310.

SUPER TRI

with view for \$86,600. 3 BRs, 21/2 baths, landscaping. All new and ready to move into. Call ELMER HICKEL 838-3310 or 927-4777.

OVER 1/4 ACRES

Listen to the quiet. Discover Edgewood one of the finer school districts. Spacious new multi-level Northwest contemporary. Extensive use of natural wood blend into woodsy setting. R-19-R-11 Insula-tion, heat-o-lator FP. Dual insulated windows. Large welldesigned roomy kitchen features real oak cabinets. Several large separate counter space areas, micro-wave and self-clean oven, pantry, large windows, separate eating area look out to large patio, adjacent to family room with heat-o-lator FP. Formal dining with heat-o-lator FP. Formal during room. Living room features cathedral ceiling, large windows, 2nd FP, open to balcony on upper level. Suited to many furniture ar-rangements, upgraded carpet & pad, central vacuum, huge utility room oversized double garage with room, oversized double garage with added work space and extra storage. No super close neighbors. \$109,000. Call JOY MARCH 838-3310 or 927-3451.

REFLECTS PRICE OF OWNERSHIP

A quality offering. Tastefully decorated, professionally landscaped look easy care yard. Very secluded backyard has huge sundeck and large patio. No neighbors front or back. Just treestrees-trees. A country feeling, yet walk to 2 shopping centers. Garage door opener, screens, 2 masonry FP, 4th BR and 3rd bath and rec room all finished. Custom coordinated shades. FHA & VA terms. \$76,950. Call JOY MARCH 838-3310 or 927-3451

INWEST CAMPUS™ Come to the Woods.

The #1 best selling builder in Division 1 now offers to pay up to \$2,500 of your closing costs (on select Quadrant models). Drive out today and discover why we're #1.

Campus

woods

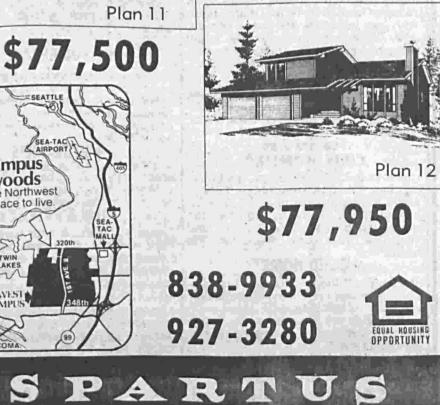
TWIN

AMPU

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The Northwest place to live.





gives you low maintenance and high comfort. Indoor and outdoor BBQ's, 3 fireplaces and recreation room. Swim in your 12x26 pool. Call Richard Motter for a VIDEO PREVIEW appointment at 937-9000.

BELVIDERE \$158,000

Fabulous Elliott Bay, the Seattle Skyline and the Entire Cascade Range are yours to enjoy from this 4 bedroom classic. Coved ceiling, tiled fireplace, bay window and more. Call Forrest LaMotte at 937-9000.

HARBOR AVE WEST SEATTLE \$85,000

Sweeping harbor & city view from spacious lanai at Seabird Condominium. Gracious living room with fireplace, 1 bedroom, 1 bath, all appliances. Security, garage parking. Call 246-0344.

SHOREWOOD \$88,000

Great VIEW of Sound and Olympic Mountains from this young 10 year old 3 bedroom split level entry home which boasts 2 fireplaces, 2 car garage, 2½ baths and landscaped yard. VIDEO PREVIEW by calling Jim Vehonsky at 937-9000.

FEDERAL WAY AREA \$150,000

Absolutely gorgeous large "colonial" style home with breathtaking Sound and Mountain View. Large family room off of gourmet kitchen. Yard is professionally landscaped and backyard is completely private. 4 bedrooms and huge recreation room. Call 839-6650/927-7600.

FEDERAL WAY \$82,500

Move your family into this immaculate rambler with country club living. Swimming, golf and tennis right out of your own back yard. Call 839-6650/927-7600.

R

\$32,500

Ground level 1 bedroom, 1 bath condominium. Pool, tennis, jacuzzi & car-port. Patio doors from living room to lawn backed by greenbelt area. Newly painted, appliances included. Call Joyce Roberts 246-0344.

NORMANDY PARK VIEW LOT \$52,500

Fantastic half acre with sewer & underground utilities. Old orchard, quiet location. Real bonus; interest in 200 feet of beautiful beach. Call 839-6650.

THOMAS JEFFERSON \$66,500

4 bedrooms in country setting. Large level lot with big patio. Definite formal dining room, spacious living room with heat conserving fireplace. Glistens throughout. Call Jerrie Gronning 246-0344.

WOODMONT \$72,000

Charming older home with fabulous party room on level lot. Living room with fireplace, kitchen has all ap-pliances, 2 bedrooms, 2 baths, family room, oversized heated garage. Large cement pad for trailer hook-up. Call Patricia Stamets 246-0344.

LAKE TAPPS WFT \$129,500

70" waterfront and gorgeous land and mountain view! Come and get excited about builders finishing touches. One and only solar house. Call 839-6650/927-7600.

TWIN LAKES \$110,000

JUST LISTED! Puget Sound and Mountain View from this lovely 3 bedroom, 2¹/₂ bath tri-level. Large pool table sized recreation room. Call 839-6650/927-7600.

TWIN LAKES \$98,500

Excellent Assumption. Elegant family home, 4 bedrooms, 3 baths, delux kitchen, formal dining, large double garage with door opener and work shop. Call 839-6650/927-7600.



Wednesday, September 5, 1979 The News D-4



OWNER TRANSFERRED

Must sell this 3 bdrm, 11/2 bath home, rec rm, 2 frpls. & garage. A good family home on cul-de-sac, close to schools & shopping. Possible assumption 71/2%. \$67,950 Call 248-2722.

The biggest backyard in the neighborhood, and with street access. 1/2 acre to suit your needs, plus a beautifully cared for home with

QUALITY ENERGY SAVER

New construction now available. Con-

at this unheard of price, awaits your inspection today. Builder has pro-vided energy saving all electric services plus insulated glazing. 10% down conventional financing available at new low rates for the



	154 Storage Space	346 Notices	406 Bldg., Remodeling		Wednesday, Septe 418 Handyman	ember 5, 1979 D-5 430 Roofing, Gutters
REAL ESTATE	9x9, 10x24. Spaces available. Call 941-4407. Dry boat and trailer storage,	REWARD For information leading to the apprehension-arrest and convic-	FORMICA CUSTOM installa- tion. Free estimates. 878-3417. ACOUSTICAL CEILINGS, wall	NEED & FENCE2	HANDY MAN Plumbing, elec- trical, carpentry. Installation of garbage disposals and	RESIDENTIAL ROOFING - 839- 2592.
NORTHWEST	852-5942, FEDERAL WAY WAREHOUSE 22,800 sq. ft. available, 20 ft. ceiling, sprinklers, sky lights,	tion of those responsible for rob- bery and destruction of this newspaper's public newstands. Federal Way - 838-0700	texturing, free estimates. 839- 8879, 759-3331. ADDITIONS, GARAGES, kit- chens, rec rooms, sheet rock car- ports, doors, windows. 25 years	Chainlink or Wood Call secoma fence	dishwashers. Shampooing capets and upholstery. 824- 7952. 420 Hauling	Have a sad roof? We'll make it smile again! All types Free ests. Licensed Bonded
134 Houses-Federal Way 1 YR OLD, 3 bedroom, 2 bath 2 BEDROOM Townhouse, all ap- 1 YR OLD, 3 bedroom, 2 bath 2 BEDROOM Townhouse, all ap- FOR RENT, Condo, Hawaii 550 SQ, FT, in Des Moines, 878-	624-1150 WESTERN PACIFIC PROP.	Des Moines - 824-4470 Burien - 767-3900 348 Personals	experience, licensed. Schoner Construction. 878-7474. BEST PRICE AND QUALITY, rec rooms, baths, and kitchen etc.	927-5614 (Free Estimates)	HAVE TRUCK will haul. Moy- ing, yard work, general cleanup. 243-4597 or 937-5151.	DES MOINES
Split. Frplc., 2 car garage, on cul- desac. \$450, first, last, deposit. pliances, 2 baths, frplc., garage. \$365. First, last plus \$200 deposit. 941-0060. and/or Mexico. 878-4725 3256 or eves. 824-6394. OFFICE WAREHOUSE, 1000 fr. bedrooms, 1 ½ baths, fireplace, SOLIND, WATER FRONT have Solid Sol	200 Mobile Homes Wanted 202 Mobile Homes-Sale 214 Mobile Homes-Rent 220 M.H. Sites-Sale 230 M.H. Spaces-Rent 240 Supply Service	BANQUET FACILITIES, Burien area, your hostess, "Jan" 243- 1800. ALCOHOLICS ANONYMOUS-	839-2262. B & J CUSTOM SPRAYED Ac- coustical ceilings. Free glitter, free estimates. Have carpeted		HAVE PICK UP, hauling, and clean up work. Call Dennis, 854- 3266. Light hauling, yard work, base-	ROOFING 20 years experience. Personal workmanship.
no pets, \$525, 941-0860. \$385/mo. Close to shopping & Steel Lake, No pets, 839-2475. BURIEN CONDO 4343. FURNISHED 3 bedroom, water- front, Condominium Security Contro Forder Steel Contro Fordersional Steel Contro Forder Steel Contro Forder Steel Contro Forder Steel Contro Forder F	202 Mobile Homes-Sale	839-6112, 839-3455, 839-0803, 939-0173. DIVORCE	looking ceilings. 631-2356, 631- 2355. WORKING CONTRACTORS will help you change your present	6024, 838-2148. FINE ROCKERIES and land- scaping. Free estimates. Call collect, 243-9661.	ment cleaning, 839-9481. GENERAL HAULING. Call 762- 6164. LIGHT HAULING, Odd jobs.	Bonded Self- Free estimates employed Kay, 824-3519 Dave, 939-3345 Auburn
3 BEDROOM, 2 both, tri-level. fireplace, new rugs and drapes Nice family cul-de-sac. Near fireplace, new rugs and drapes Brigadoon school, bus service. stove and refrigerator. Dining 150 Office Rentals REAL ESTATE office. \$500 per month on a month to month. Provide the store of the st	bedrooms, 2 baths, family room. All appliances. 24 by 60. Call anytime 941-5508.	We prepare all paper work, \$75. Call Divorce Services. 927-7804 or 272-2586.	home into your dream home. Call now for free estimates. Steve Tinsley, 839-8359, John Ham, 531-6577.	GENERAL LANDSCAPING, Sod- ding, Planting, yard maintenance. By the mo. 42 yrs. experience. 833-8471, evenings.	clean up. Dependable, reasonable rates, 938-4262, 937- 6506. ONE TON FLATBED dumptruck,	432 Tree Serv., Spray TREE TOPPING. Falling, prun- ing. Reasonable prices, insured.
FEDERAL WAY, 2 Bedroom, 1¼ baths, fireplace, appliances, lease \$395 g mo. 838-9323 or 922.056	Furnished also 8x16 Travel Trailer sleeps 8, \$1000 nice 839- 7788. 16 by 44 GUARDIAN, ON nice	WHO DOES IT HOME SERVICES	FINISH CARPENTER - Install cabinets, doors, trim, etc. New construction, remodel. Licensed. Call evenings, Door Installers	COMPLETE LANDSCAPE design and installation. Pacific Land- scape Contractors, 848-1114. ROTOTILLING, MOWING,	haul anything. 838-4070. HAULING and GLASS work. Home auto boat. 244-4111.	927-7805, evenings, weekends. ROGER'S SPRAY & TREE SERVICE
136 Houses-W. Seattle, White Center State	lot in adult park. Skirting, awn- ing, and shed. \$12,800. 839- 1929. AT PRICES	404 Asphalt, Concrete 405 Bidg., Remodeling 408 Carpentry 410 Clean, Maintenance 411 Clock Repair 412 Electrical	Co., 937-6395. CALL DAN FOR BIDS. For new construction, home repairs of all kinds. House leveling, dry rot. Painting home and industrial. 3	Lawns, Gardens, Lots, Fields. Free estimates. Satisfaction guaranteed. 244-8066. K AND K LANDSCAPING. Turf	LITTLE JOE'S TREE SERVICE STUMPS, DEBRIS,	*POWER SPRAYING Caterpillars-Aphids *DANGER TREES Top, Trim, Remove *BRUSH CHIPPING
2 BEDROOM HOME, plus garage, 1st last plus deposit. References required. \$325 a mo. 824-6579.	YOU CAN AFFORD	414 Bulldoze, Rototili 415 Excavate 416 Fences 417 Garden, Landscape 418 Handyman 420 Hauling 422 Home Repair	tab roofing, hot tar roofing. 242- 0691. RUGGENBERG BROS.	specialists. 243-0567, evenings. LAWN THATCHING, fertilizer, lime, overseeding. 631-4900. L A N D S C A P I N G ,	LOG HAULING, Hourly or by the job. Also clearing and small crane service. Dozer, front end	*HEDGE TRIMMING *FRUIT TREE PRUNING *STUMP GRINDING LICENSED INSURED FREE ESTIMATES
138 Houses-General mediately. 838-9688 evenings 932-5300 FOR RENT 3 bedroom house, parch, fireplace, yard. \$350. FRIEND TELLS FRIEND	Waiting for you to move into. 824-4370 Ask for Bill or Vance Modern listings 824-1552 824-4370	423 Insulation 424 Janitorial 426 Masonry 428 Painting 429 Plumbing Heating 430 Roofing Gutters 432 Tree Serv. Spray	CONSTRUCTION Remodeling Decks Additions Quality interior finishing Basements Baths Kitchens No delays after we start	MAINTENANCE, and Cleanup. Free Estimates, reasonable. 941- 6414 ENJOY SUMMER. Let us tackle your Gardening Chores, (Mow-	10ader service. 243-2622 422 Home Repair	244-1717 434 Upholstery
Deposit \$200, 824-3530. HOUSE FOR rent near Green River Community College. New Carpets and point, 3 bedrooms, CALL BENTON MCCARTHY REALTY, INC. CALL BENTON MCCARTHY REALTY, INC.	LOOKING TO SELL YOUR MOBILE HOME?	434 Upholstery 435 Sewers. Plumbing 438 Wallpapering 402 Appliances	Licensed Bonded Insured References Free estimates 839-8934 838-4606	ing, weeding, Pruning, Hedge Trimming, Barking, planting hauling). Low rates 246-5584. CLEAN FILL dirt wanted, Federal	FOR THOSE SMALL PLUMBING and electric repairs. Call Jim at 824-1511 or 246-7168. Evenings.	REUPHOLSTER Your couches and chairs and save \$\$\$. 10 per- cent off all fabric. Hundreds of samples, free estimates. 878-
fomily room, appliances, no pets, \$350 mo. Coll 763-1235 Very clean 4 bed exec. Well maintained. Appliances. Stronge Privacy Bridge State Stronge State Stronge Privacy Bridge State	Call Vance or Bill Modern Listings	JIM'S FIX IT SHOP small and large appliance repair. Reasonable rates. Free estimates. Excellent work. 244	TOM JONES CONSTRUCTION NEW CONSTRUCTION	Way Shopping Center. 839-6130. Selling your home? Call Classified	SPRAYED ACOUSTIC Ceilings. Free estimates. Call. 631-3445. DRYWALL TAPING done reasonable. Larry 952-4051.	2970. C U N N I N G H A M ' S UPHOLSTERY, Quality, not quantity. 854-9039, Kent.
B39-6992, 271-3059 In West Computer LEASE EDGEWOOD executive 6 rec. room, convenient to	824-1552 824-4370 AUBURN PARKS 1973 Rex 24x64 2 bedrm. 2 bath	9726. 13247 4th Ave. South. 404 Asphalt, Concrete	REMODEL ADDITIONS Licensed Bonded	RALPHS LANDSCAPING, bark installation, hauling, 762-3244. RICH VALLEY Top Soil; 8 yds.	HOME REPAIR, Remodel. JNR SERVICES. 255-6396. CEILIING SPRAY 937-1927	CUSTOM UPHOLSTERY Choice of fabrics. Re-built davenos, \$75. Tucker Upholstery 18075 Des Moines Way South. 244-3953.
sauna, all kitchen appliances, many extras, \$750 per month. Call 845-4725 for appointment Barbara Johnson this one today.	adult. 1977 Broadmore 14x70 Exp. 2 bedrm. 1 bath Adult. 1969 Skyline 12x50 2 bedrm. 1	LA. KEYES., COLORED PATIOS, DRIVEWAYS, STEPS, AG- GREGATE. Estimates. 878-4717. ALL TYPES CONCRETE WORK.	We do the whole job!. QUALITY WORKMANSHIP 927-4934	Delivered. \$60, 863-3757. ROBBINS & CO. Excavating con- tractor. Reliable, reasonable. 244-1023.	24 hr. phone Living Room Dining Room & Hallway 5500 SQ. FT. \$120 FREE GLITTER	436 Sewers, Plumbing PLUMBING. REMODEL. Repair.
ed back yard. Lots of trees. 3 bedroom, 1 bath, \$325/month. \$100 deposit. References re- guired. 927-6639, evenings. Total for the state of the stat	bath Family 1968 Lamplighter 12x64 2 bedm. 1½ bath Adult. FEDERAL WAY 1974 Broadmore 24x44 2 bedm.	Lic. and bonded. 952-4673 927- 3594. B & G Asphalt. Driveways, park- ing lots, patchwork. Free est. 242-0840.	408 Carpentry CALDERON'S CARPENTRY	HARD WORKING Horticulturist does lawnmowing, landscoping, edging, all phases yard maintenance. Quality work. Dependable service, competitive	ACOUSTICAL CEILINGS	New. Free estimates. Licensed. Call 243-8520. SIDE SEWERS, Excavating, re- taining, & concrete work. 244-
refrigerator, no pets \$250, 243- S118. CLASSIFIEDS BENTON-McCARTHY REALITY, INC. BENTON-McCARTHY REALITY, INC. Pacific Highway access. New and con be customized to your needs. 27 cents per sq. ft. CALL Tom Roush, Unruh Realty Inc.	2 bath Adult 1976 Bainbridge 24x68 3 bedrm. 2 bath Family 1976 Barrington 14x70 2 bedrm. 2 bath Adult	CONCRETE DRIVEWAYS, cellar floors patios, sidewalks, licens- ed, bonded, insured. 15 years ex- perienced. Call 839-9381.	Painting, siding, remodeling Repairs. Free estimates. Licens- ed, Banded. 242-4562, 722-6655. REMODELING, REPAIRS, un-	rotes. Call Jim, 938-3196.	SPRAYED \$25 an average room * FREE GLITTER Free estimates 631-4414	C.W. OPSTAD BACKHOE
GET RESULTS 246-1234.	1974 Fairview 14x70 2 bedrm. 1 bath Adult MODERN LISTINGS 824-4370	ASPHALT PAVING game courts drive ways 242-8769, 242-6317. KEN'S Asphalt Paving & Bulldoz- ing. Dumptruck Service. 941-	finished basements. Painting, papering, 839-0868. 410 Clean, Maintenance	VINING BROS. LANDSCAPE	LADY DELL DEVELOPMENTS	SERVICE Septic Tank Systems New Installations and Repair
REAL ESTATE?	220 M.H. Sites-Sale TIRED OF mobile home park? 3 wooded lats near Federal Way.	2996. SIDEWALKS, DRIVEWAYS, Patios, 13 years experience, free estimates, Jerry 941-4577.	C O M P L E T E HOUSECLEANING, very reasonable. Work guaranteed, References. 927-8097.	GARDENING Year Around Lawn & Garden Care	Brick work, block laying, carpen- try, home repairs. From roof to floor, large and small, we do them all. Licensed Bonded	Custom Digging Drains Watelines etc. *824-3690 HALL'S PLUMBING
and not quite sure what to do next? If training is one of your immediate concerns, look at what Wallace & Wheeler has to offer. We have an	Water, power, perk, \$15,500.747- 9119	MITCHELL BROS, CONSTRUC- TION, Quality concrete work, Residential and commercial, Days or evenings, 838-9089.	PROFESSIONAL WINDOW Cleaning, 12 years, reasonable. 854-4759.	Landscape Design & Construction 838-4139 8 til 5	Free Estimates 244-4603	and SEWER SERVICE Sewer and drain cleaning. Full Service Plumbing Repairs.
intensive three week class, con- densed to two hours a day, that covers everything your license	300 Happy Ads 310 Legal Notices 320 In Memoriam 322 Card of Thenks 324 Funeral Notices 326 Funeral Notices	KINGCO ASPHALT. DRIVEWAYS, parking lots. Free estimates, 838-3884.	COMPLETE HOUSECLEANING for the Discriminating Woman. Hours for your convenience. MARTHA'S HELPERS 824-2283. HOUSECLEANING BY Trustwor-	LANDSCAPE & DESIGN	WINDOWS • INSULATING • ALUMINUM	Estimates gladly made at no travel charge. \$5.00 SENIOR CITIZEN DISCOUNT on service colls and special discount to Realtors. 24 hour service. Li-
class didn't. We also have an ongo- ing three-times-weekly class that covers salesmanship, prospecting 1, 2 & 3 Bedrooms	330 Lost 332 Found 340 Births 346 Notices 348 Personals 350 Entertainment	ASPHALT PAVING Free estimates. No job too large or small. We specialize in tennis courts, parking lots, private	thy husband wife teams with equipment and knowhow. One time or regular cleaning. Carpets and upholstery STEAM CLEAN-	by JOE CAVENDER General Landscape &	REPLACEMEN STORM DOORS WINDOWS & SLIDING DOOR GLASS & GLAZING	censed, bonded, insured. Call
and other relevant topics. There is no charge for these classes. Wallace and Wheeler has grown to 19 offices and over 450 salespeo- ple since our founding in 1961. No Starting at \$240	380 Travel Opportunities 382 Carpooling 330 Lost	roads, driveways and parchwork. Call 839-6644 or 952-4356.	ED. Ovens, showers. Floors, walls, windows, etc. Free estimates. Johnson's 839-8812 also 282-6166. CHIMNEY SWEEP AND REPAIR.	Construction Cohtractor Complete Landscoping needs. 927-2038 Also, after 6 p.m.	\$\$ SAVE \$\$ Direct from manufacturer WINDOW SALES & SERVICE 11856 Des Moines Way So.	Sanitation Service *SIDE SEWERS *DITCH DIGGERS
other company can match this rate of growth. If you are getting No Pets	WHITE COCKATIEL, Chico, bald spot. Orange on cheeks. Grandfathers 80th. Birthday gift. Reward! 941-1370.	WAY ASPHALT Asphalt paying, repair work,	CAIL STEPPEN BORDER, 242-3015 or 242-1823. GUTTERS CLEANED, Call Den- nis, 854-3266.	Flower Bed Cleaning All Kinds of Pruning Tree Removal, Planting	426 Masonry D AND J MASONRY, Repair	*SEPTIC TANKS PUMPED REPAIRED
started in residential, commercial or both, call Ed Ledger for a con- fidential interview at 941-2651. Call today for details!	SIAMESE CAT, Female. Twin Lakes Elementary. Thin. 927- 3683. PART SHEPHERD, part	crushed rock & grading. Free estimates Ron Carlen. 839-8410	DAVE'S Window Cleaning, Residental Commercial, 941- 2388 SENIOR CITIZEN wants	Lawn Maintenance New Lawn, Light Hauling FREE ESTIMATERS Call Alfredo	remodel. New construction. Licensed, and bonded. Call 248- 1786.	AND INSTALLED *CLOGGED DRAINS CLEARED
ONLY TWO DESKS	malamute puppy. Tan with black muzzle. Tan collar, name Paco, reward, 941-4047. Lost 308 St. 332 Found	406 Bldg., Remodeling KELSEY CONSTRUCTION Remodels, Sun deck additions, licensed, bonded, free estimates.	housekeeping job, live in or out, salary negotiable. Call 839-3748 EXPERIENCED CLEANING for rentals, moving in or out and real	762-8897 7 P.M. BARB'S	428 Painting SPANNS HOME SERVICES. All types painting. Free estimates. Reasonable rates. 246-6303.	242-6911 242-1452 PERSONAL
WALLACE & WHEELER, INC. 19 OFFICES STRONG Residential & Commercial 30837 Pacific Hwy. S. B 3899230	FOUND 2 bikes off of Dash Point Rd. Red Schwinn, purple Firestone. Parts missing. 941- 3656.	244-4615. NEW CONSTRUCTION - addi- tions - remodeling. Free estimates. Licensed. Bonded.	estate firms. We do offices. Suds Cleaning Service. 248-1401. WINDOW CLEANING	TOP SOIL Ready sod, red cinders, top- soil, beauty bark, crushed rock, washed rock. Call anytime.	ALL PURPOSE Painting, residen- tial and commercial, 25 years exp., references, free estimates. 941-3554.	SERVICES
South T South	BLACK AND BROWN Dober- man. Female, chain around neck. Very Friendly. 941-5495.	G.F. VANDENBERG	Free estimates. Unstreaker. 242- 7734. WATER BLAST	927-4260 L&R BARK SOD & SHRUBS	DAN'S PAINTING. Residential, commercial, interior, exterior, 824-1108. PETERSON QUALITY Painting, Licensed, bonded, insured.	458 Home Parties 460 Instruction. Schouls 470 Weddings 480 Printing 490 Misc. Services
Here's How		General Contractor New homes Additions Remodel Small commercial For free estimates coll	CLEANING SERVICE Dirt and moss removal, from all exterior surfaces. Roofs, p a t i o s , d e c k s ,	Quality Bark \$5.80 cubic yard, You haul or we deliver. Quality Sod - you in- stall or we install - from 15 cents sq. ft. Complete land-	Satisfaction guaranteed. 839- 6161. PAINTING, PAPERING, Stain- ing, carpentry repairs. Free	450 Alterations, Sewing DRESSMAKING AND ALTERA- TIONS, 838-2753
We Spell		838-9636	housewashing prior to pain- ting etc. 789-1983. MINI MAIDS	scaping services available. NURSERY NOW OPEN Monday through Friday 10 to 5 Saturday 8 to 5 Sunday 10 - 3	estimates, licensed. 839-0868. PROFESSIONAL AL. The expert housepointer. Low bids. Senior citizen dis-	SEWING IN Own Home. All types. Reasonable prices. 927- 9629.
Success West Seattle Office 932-1515 Burien Office 248-2900 839-6060	l Way Office	CONSTRUCTION CO NEW CONST/REMODEL	Residential Cleaning 941-6152 anytime 412 Electrical	34727 Pacific Highway So. (Directly behind Rainier Tire Service). 927-4322 838-3635	counts. Quality work. 243- 3514. OLD PAINT? Free estimates on interior and exterior quality pain-	EXPERT DRESSmoking. General alteration. 243-0506 454 Child Care, Schools
932-1515 248-2900 839-6060	927-4960	UALITY CONST. GUARANTEED	ECONOMY ELECTRIC WIRING Commercial, residential repair. Rewire service, old and new. 244- 7542 243-4001 24 hour answer-	FOR SALE Railroad Ties T & H TIES CO.	ting. Nicolay Painting. 246-1451. HOUSE PAINTING. Interior, Ex- terior. Wood Shutters and Fenc- ing. The Painters Three, 243- 3377.	CHOOSE a Christian pre-school, Call 242-5195 or 243-8568. LICENSED DAY AND ŚWING Preschool. Fieldtrips, meals. 244-, 2330.
		839-2036 free estimates	ing service. ED ROSENDIN Electric. Residen- tial, commercial wiring. 927- 1535, 838-3234.	A4720 Pacific Hwy S Federal Way 838-1033 MANZO LAND-	R & R PAINTING. Residential Commercial. Licensed, Borded Free Estimates. 839-8515. CONDOS & SONS - Painters. In-	BAMBI DEARS Daycore. Infants welcome. Hot lunches, snacks, individual care. Transportation to and from Wildwood Elemen-
APPLE STRUDEL!	A A A A A A A A A A A A A A A A A A A	REMODELING	414 Bulldoze, Rototill DOZING, CLEARING, Driveways & Foundations. Dumptruck ser- vice. Pivetta Bros. Construction,	SCAPE PRODUCTS SPECIAL FALL PRICES Qualify Landscape Bark 8 yards \$59.50	terior, exterior. Free estimates. Licensed. Bonded. 838-3446, 927-5331, 838-2497. BRUCE BORSHEIM PAINTING.	tary School. 839-7976. HAPPY ATMOSPHERE for your children experienced Day Care. Y ummy Tunches, good playmates, fun activities, field
	home in executive	All types DAVID M. TAYLOR Commercial Residential	854-6872. KEN'S BULLDOZING. Fill dirt & Crushed Rock. 941-2996. BULLDOZING, Custom grading	10 yards \$67.50 12 yards \$76.50 15 yards 89.50 Valley Topsoil 8 yards loam \$53.50	Reasonable rates. Excellent workmanship. 878-3064 before 9 a.m., after 5 p.m. PAINTING. interior, exterior also minor repairing. Do own work.	trips Federal Way Brigadoon area 952-4693. LICENSED DAYCARE home, warm atmosphere, large fenced
Light and cheery + well decorated, with view of Olym- pics Finished rec room, garage, biose finished rec room, garage,	and drapes. Huge room with walk-in bath. Formal din-	DRYWALL NAILING TAPING	and excavating. Roads, yards, driveways, foundations, etc. Quality work at a competitive price. 20 Years experience.	10 yards loam \$62.50 Delivered Prices Coll anytime 623-2266	Call anytime, Free estimates. R. Christopherson 248-1777. ANDERSON DRYWALL acoustic spraying with sparkle	backyard. Ages 3-5. Brigadoon area. 927-8536. DEAR FRIENDS - We are in business for one reason, to pro-
dog run and rented apple tree. dack full becoment and on long size rec. roo	nry fireplaces, party om. Only 1 year old. a today. 839-6060. Ad	TEXTURING ACOUSTIC. Basements, Additions, Pat- ching	Schomburg's Bulldozing, 824- 7212. DIRTY WORK - Dozer, loader, backhoe, dumps - fill dirt, crush- ed rock. Anything. Free	D&VLANDSCAPING &CONSTRUCTION Specializing in low maintenance yard and	Wall texture painting, nailing and taping. No job too small Free estimates. 246-0269. PAINTING, INTERIOR, exterior.	vide you and your family with quality Day Care and Preschool with reasonable rates. A home away from home. We Carel Federal Way Day Care, 838-
"TILL THE END OF TIME" SOUTHEND CONDO \$44,950	MI	878-2953 839-7224 Call Leon For Bids Additions-Save 50% New kit- chens, appliances wholesale.	estimates. Low bids. 242-3237. ALL EXCAVATING AND haul- ing done. Backhoe, loader, dazer,	remodels. Bonded Licensed Free estimates. 878-3511 after 6 p.m.	Ceilings textured. Call 248-0551, 243-1778. FLAWLESS PAINTING. First rate exteriors and interiors. Excellent	0406, 927-1075. I WILL BABYSIT in my home, days. Pre-school age. Lats of at-
You'll love the enchantment and cozy Cape Cod exudes, in every way. Set off by beautiful land- scaping and a white picket Excellent condo unit featuring	price on todays bedrooms, 2 full place. 100X120 lot.	Roofing, decks, rec rms, garages, carports, house leveling. 244-1550	255-0325. DIG-IT EXCAVATING, Inc. Land clearing, foundations, roads, buildozing, site development.	VALLEY TOPSOIL & DOZING SERVICE *CUSTOM SCREEING	locquer and enamel finishing. Ex- cellent references. Extremely reasonable free estimates pro- mptly, 246-0718.	LOOSING YOUR summer sitter, call Glo., reliable licensed Child Care, my home lots of activities, full time part time, or drop in
Fauntleroy just two blocks off beautiful entry, dining area for quick sale,	garden. Priced for needs a little fixin. Ad #F-339. Ask for	S & K SERVICES Custom Building - Remodeling Commercial Residential	838-3220. J. D. 450, combination, track loader backhoe. Lots cleared, foundation excavation, ditch work specialty. 243-8304.	*LANDSCAPE MATERIALS *YOU HAUL/WE DELIVER West Volley Highway bet- ween Auburn and Kent 839-4915 939-7631	MIDWAY PAINTING AIRLESS SPRAY BRUSH AND ROLLER	reasonable, 242-2762. LIC. Childcare. Riverton Heights. Nights or weekends. 244-9907.
932-1515. THIS IS MORE LIKE IT! The ten quality older home with unit. Great buy on Ad #B311 248-2900. \$53,950		ARRIS BROS.	C.W. OPSTAD, Backhoe Service, Backhoes and dumptrucks, & septic systems. 824-3690.	TOP SOIL Picked up or delivered LLOYD'S	INTERIOR-EXTERIOR LICENSED BONDED 878-8354 429 Plumbing & Heating	1075.
you've searched for, with an the charm you've imagined. In- cluding high ceilings, two plus	clean 3 bedroom	Sound Construction Co.	KCR BULLDOZING, land clear- ing, mabile homes set. 839-1692. GENERAL BULLDOZING Land- scaping, clearing, foundations. Backfilling, driveways, atc.	FEDERAL WAY SAND & GRAVEL	RETAIL PLUMBING Sales full time, sales experience helpful some plumbing knowledge re-	Federal Way Seahurst
kitchen and many other unique features such as front porch, fizzeles as and fantastic family room with fireplace, full sized living foom, double garage garage Buy	warming fireplace, ally landscaped. kyard, double car now before prices	REMODELING NEW CONSTRUCTION Complete service	Reasonable. 927-8274. FREDDIES ROTOTILLING, Backhoeing. Grading. Leveling. Reasonable. 244-0805.	839-7666 MT. VIEW	quired, 838-9989 ask for Brent . 430 Roofing, Gutters HOT ROOFING and Composi	- 838-4716 243-1684 SPRING VALLEY
Strickland to show Ad #248 932- 1515.	6060 Ad #F-340. Ask	FOUNDATION to ROOF References Licensed Bonded. General Contractors Member Seattle Master Builders	D W BULLDOZING and dump truck service. 824-6963.	LANDSCAPING Excavating-Land Clearing Fill Topsail-Rockeries New Lawns-Driveways Backhoe Loader &	tion. 26 years experience. Free Estimate, 839-7803. ROOFING Daniel Ybarra	SCHOOL (Since 1960)
DEL BIANCO REALT	Y	Assoc. and Remodelers Council. Member National Home Builders Assoc. 839-0282 (24 hrs.)	CEDAR FENCING. Materials on- ly or complete installation. 535- 1497.	Dump Truck Complete Yard Design No Job Too Big or Small	ALL TYPES FREE ESTIMATES Licensed Bonded Coll 941-1118	Preschool Kindergarten, Grodes through sixth. State Licensed DAY CARE for children from 3 to 12 years of age. Write to 38605 Pac. Hwy. So. Federal Way, Wa, 98003 or phone 927-2557.
REALTOR*	and the second second		REACH THOUSANDS!	Free Estimates 762 5346		



D-6 Wednesday, September 5, 1979 The News

	a vieunesuu	y, september 3, 1979	IIIG IVGWS								A
	454 Child Care, Schools	504 Temporary, Part-time	509 Trades-Labor	509 Trades-Labor	510 Medical, Dental	510 Medical, Dental	512 Office	512 Office	514 Sales	522 Miscellaneous Jobs	1
	RESPONSIBLE CARE of your	ENTHUSIASTIC and outgoing	WAREHOUSE Manager, \$850	RESTAURANT HELP needed im-	EXPANDED DUTIES, dental	R.N.'S FOR 3-11 and 11-7 shifts,				1	
	child. My home - 288th and Military Road, 941-1198.	men and women, 19 years or	plus, microwave, 9 holidays off,	mediately. Cook and waitress.	assistant needed to help us treat	full time-Federal Way Convales-	PART-TIME clerical work. Federal Way dental office. Four	GENERAL OFFICE, FEE NEGO- TIONABLE, See Diane or Norma,	PART-TIME hours full time earn- ings on a commission basis Sell	ARE YOU 16 to 21? High School drop-out willing to	
	CHILD CARE in my home West	older, with clean driving record. Part time. Good pay. Inquire at	See Diane or Norma Acme Per- sonnel Service 1410 South 320th	Apply in person, 10612 15th S.W.	the nicest patients in Federal Way. Help us move into our new	cent Center. 839-2400. SCHICK SHADEL Hospital has	day week, hours 10 to 4, flexible. Call 839-9100, Carolyn	Acme Personnel Service 1410 South 320th St. Federal Way,	and teach tri-chem liquid em- broidery. No experience	return to school to obtain	
	Campus area 838-1531.	SeaTac Mall Pizza Haven.	St. Federal Way, 941-0300.	COOK/CASHIER Must be 21	office, and begin a 4 day work	opening for medical secretary for	MEDICAL SECRETARY TO do	941-0300.	necessary. Free kit plan. Call	your G.E.D.? Living outside city limits, within King	
	WILL DO BABYSITTING in my home, days only, reasonable	LIKE TO walk in the morning? Why not get paid for it. We need	Good LAYOUT CARPENTER or Licensed Sub-contractor. For	years or older in order to handle beer & wine. Starting pay \$3.25.	week in October. Excellent benefits, salary depends on skill	Mid-sized, pleasant professional work setting. Experience in	bookkeeping, reception,	RECEPTIONIST Typist \$750 to	839-7272 between 10 a.m. and 8	County? Low income? The King County Out of State	ł
	rates. 941-7197.	responsible adults for morning	more information call Steve at	Night, day, & weekend shifts	level. Dr. Surbeck, 838-9314 or	medical terminology and	transcription, 60 w.p.m. \$700 plus. Send resume to P.O. Box V-	\$800 getting new office soon See Diane or Norma, Acme Person-	SALES REP \$1200 to \$1800 plus,	Work Training Program has	
	BABYSITTING, MY home, days, MonFri, Star Lake School area.	door to door paper delivery in the Des Moines area. Excellent pay.	839-8359 or John 531-6577. EXPERIENCED SERVICE Station	available. Apply at Just A Burger, 15859 Pacific Hwy. S.	927-5878. WANTED EXPERIENCED	transcription helpful. Salary com- petitive with with guick review.	9, c/o Federal Way News, P.O. Box 3007. Federal Way, WA	nel Service 1410 South St. Federal Way, 941-0300.	FEE NEGOTIABLE, area local, no overnight trips. Call Norma by	a job for you and assistance to complete a G.E.D. Pro-	
	852-8823.	3 days per week. Prefer persons	Attendant, 935-6510 Marty's	EXPERIENCED, Full time & part	Waitress. Apply in person, 28210	Call 244-8100.	98003.	LEGAL SECRETARY \$600 to	10 a.m. Acme Personnel Service,	gram, Call 344-3406 bet-	
	CHILDREN'S WORLD Lic. Chris-	living in Des Moines area. Call 824-4470, ask for Jay.	Garage. SELF SERVE Station Attendant	time Evening Cocktail Server. Must have good references. The	Beach Drive So. Redondo, 941- 1713.	NURSES AIDS part time, all shifts, Northwest Danish Home,		\$650, receptionist and 3 at- torneys, casual, but nice office.	1410 S. 320th St. Federal Way, 941-0300.	ween 12 and 4 p.m., ask for Kim.	t.
	tian Daycare with Preschool, cert. teacher. Between Fred	PART TIME Typsit Secretary. Of-	apply in person 14260 Des	Fog Cutter, 839-4520.	NEEDED DISHWASHER, Apply	Mrs. Wright, 783-1252.	FULL CHRG BKKPR	Call by 10 a.m. Norma, Acme	MATURE SALESPERSON	COLLECTOR \$650, union	
	Meyer & Midway Drivein on Pacific Hwy S. 839-2454.	fice Worker. Phone answerer, 1/2 days, 5 days a week. Congenial	Moines Way S. 8-5.	FULL TIME Help needed-	in person. Satsuma Japanese Restaurant, 14301 Ambaum	511 Maintenance	\$850+	Personnel Service, 1420 W. 320th St. Federal Way, 941-	wanted, permanent part time	benefits. See Diane or Norma, Acme Personnel Service. 1410 5-	1
	LICENSED, Shirley Child Care.	office. Will cooperate with	NEED COOKS for day and night shift, Fifth Wheel Cafe, Federal	Manhatten Dairy Queen. 17827 Ist Ave. S.	S.W. 242-1747.		Join this top frim! A/P, A/R payroll, to general ledger. Any	0300.	position, flexible hours. Apply in person at General Nutrition	320th St. Federal Way, 941-	
	Boulevard Park. Any hour, 246-	mature woman with children in school. \$3.75 hr to start. Located	Way 33101 Pacific Hwy. S.	PRESCHOOL TEACHER & Aide	WANTED: DENTAL ASSIST. Ex-	NEW COMPANY looking for eager individual, looking for a	tax experience great! FEE NEGO. Call Chris.	CREDIT INTERVIEWER	Center, SeaTac Moll.	0300.	
	2565.	near 1st ave So Bridge. 762-	WANTED: Short Order Cook, Dishwasher & Cocktail Runners,	Needed for Daycare Center, Over 21. Experience desired, 878-	perienced with schooling prefer- red. Call Tuesday, Thursday.	future. Full and part time. 878- 2004 or 878-3385.	SNELLING & SNELLING	\$589.33, room for promotion, nice work atmosphere, great	HELP WANTED, phone help, 9 immediate openings, top money	TREE CLIMBER wanted, minimum 23 years experience.	- 1
,	LICENSED FENCED Yard, super- vised, hot lunches, snacks. Near	5860. PART TIME Help Available,	Apply between 10 a.m. & 4 p.m.	4308.	From 2 p.m. to 4 p.m. 839-0660.	80 UNIT SEA-TAC area Motel,	PERSONNEL	shopping a few steps away. I need you. See Norma, Acme Per-	in this field. From \$13.00 to	Also combination, chain, chip- per, & stump cuttep/operato	1
	Hazel Valley School, 244-4437	starting \$3.10 hr. Apply in per-	at Sportsworld, 27403 Pacific Hwy So.	SHIPPING & RECEIVING Posi-	DENTAL RECEPTIONIST \$800 to \$1200 plus bonus, busy office,	requires experienced maids for	Renton 228-6500	sonnel Service, 1410 S. 320th St.	\$14.00 per hour commission. Prefer mature hard working peo-	839-7216.	J
	LICENSED HOME. Laving care. Fun activities, 244-1297.	son, Federal Way Burger King, 1900 So. 320th ST.	MOTOR ROUTE Drivers deliver	tion with decorator shade manufacturer, Requires packag-	flexible hours, 39 hour work week, personality plus. Come in	cleaning full time, weekdays, 10- 3, \$3.50 an hour to start. Call	CI EDICAL	Federal Way, 941-0300.	ple. Coll 952-4492.	EXPANDING BUSINESS In	Y
	BABYSITTING, MY home,	QESNELS needs part time	morning Newspapers. \$500 a mo. No collections. 628-8122.	ing & labeling decorator shades. \$3.50 per hour plus fringes plus	today, see Norma. Acme Person-	344-3551 9-3 p.m.	CLERICAL	TRAVEL SECRETARY \$650 to \$750. FEE NEGOTIABLE, 6 peo-	AMBITIOUS LAND Sales Peo- ple, over \$5,500,000 worth of ex-	South King County, \$500 to \$1000 per mo., must be over	A
	days-evenings. Infants welcome. 941-6427.	dishwasher, ideal job for student, phone 932-6965 for appoint-	HELP WANTED for new Federal	rapid salary advancement.	nel Service, 1410 S. 320th St. Federal Way, 941-0300.	512 Office	\$700+ Work with medical and doctors	ple in office, will use computer, company in business 20 years.	clusive, inventory available to	21. Call between 9 and 12 a.m. and 3:30 to 6 p.m. 839/	10
	LAND OF OZ Day Care Licens-	ment,	Way, Taco Bell, full or part time, days or nights, apply at Burien	Custom Bilt Products, 762-5080. EOE.	PART TIME Medical receptionist	CAR RENTAL needs mature Of-	reports - insurance claims - lots of phone and people contact.	Call or come in, I need you. Nor-	our new sales people. Enjoy the out doors, throughout the State	0486	
	ed. Creativity school. 854-9628.	PART TIME Church Secretary, \$3.50 an hour, call 839-9220 or	Toco Bell 246-7525.	SEWING MACHINE operators	and assistant, \$4.00, 3 person of- fice, busy doctor, flexible hours	fice Help, for weekends only. \$4/hr. Apply in person, 14800	Medical background great! Call	ma, Acme Personnel Service, 1410 S. 320th St. Federal Way,	of Washington, while selling undeveloped land, farms, ran-	APPRENTICESHIP, CUSTOM Upholstery Shop, Call 952-3533.	
	BABYSITTING MY home. Any shift. Pre-school provided. Over 3	839-7177.	RETIREMENT HOME needs part time Waitresses. Hours: 4:15 to	wanted, will train with potential fringe benefits. Apply in person,	and duties. Call Norma by 10	Ambaum Blvd S.W.	Chris. SNELLING & SNELLING	941-0300.	ches, timber, recreational, and	HOUSE SITTING - We're	
	please. \$35 per week. 941-3971.	BUILDING MANAGER \$800 plus apt., plus utilities, FEE	7:15. Full time Waitresses, from	1130 Rainier Ave So.	a.m. Acme Personnel Service, 1410 S. 320th St. Federal Way,	KEYPUNCH \$850	PERSONNEL	ASSISTANT SUPERVISOR \$600, NO FEE, free parking, future in-	water front partials, Forget the hassles of painting financing for	remodeling our home from Aug.	1
	YOUR CHILD, I'd like to care. Love, concern and happiness will	NEGOTIABLE, variety makes	6:00 until 2:30 p.m. Immediate employment, 824-5000 ext. 115.	ENVELOPE STUFFERS wanted.	941-0300.	FEE PAID	Renton 228-6500	centive program. See Diane or	your clients and long delayed	thru Oct. & would like to house sit during that period. Working	
	also be there. 14th S.W. and	this one interesting. Wonderful people to work with. I need you.	Mr. Cobb or Mr. Easterson.	Send self addressed stamped envelope to J.A.J.H., PO. Box	MEDICAL ASSITANT \$700 will train on ex-ray See Diane or Nor-	Growing Co. needs your 3741 ex- perience for payroll. Some varie-	BKKPR \$950 PLUS	Norma. Acme Personnel Service, 1410 S. 320th, Federal Way, 941-	closings. Excellent commission scheduled, sales support, and in-	couple with no children.	
	148th. 246-3561. NEED A WEEK-END alone? From	See Norma, Acme Personnel Ser-	HELP WANTED: Experienced ce- ment finisher. Also one flat work	58282, Seattle Wa 98188.	ma Acme Personnel Service 1410	ty.	FEE PAID! Be in charge & handle	0300.	centive program, Call Northland Associates Inc. at 952-3260	References available. Call 941- 0510.	
	5 p.m. Friday till 7 p.m. Sunday.	vice, 1410 S. 320th St. Federal Way, 941-0300.	set-up man. 941-0630.	UPJOHN CHORE SERVICES needs people, to help the	South 320th St. Federal Way, 941-0300.	The Personnel Service 839-2260	accounts in busy professional of- fice! Call Jo, 246-6610. Snelling	SHIPPING CLERK \$675, free parking, growing company. App-	Tacoma, or 625-9406 Seattle, for	HELP WANTED morning hours,	
	\$60.941-3971. BABYSITTING. Infants prefer-	MOTEL MAID, part time work,	SEWING FACTORY	elderly in their homes. Usual duties include	DENTAL Assistant, \$700. Work		& Snelling Personnel. Math aptitude needed along with	ly by 10 a.m. See Lucille, Acme Personnel Service. 14021 Am-	further information. PART-TIME FASHION Company	3 a.m 6 a.m. Earn up to \$300 a mo. Call from 9-12 a.m. at 628-	
	red, Woodmont area. 941-5486.	days. Plus live-in position for overall general assistance. Apt.	Washington West Sportswear has	housekeeping, cooking,	with very flexible Doctor. See Diane or Norma Acme Personnel	SECRETARY	in the second states and states	bourn Blvd. S.W. Burien, 244-	expanding. 15 needed. Excellent	8042 or 628-8046.	- 1
	AUKEEN WAY Day Care Refer- ral. Call 839-9037.	plus compensation. Fife/Federal Way area. Call 922-7000 or 839-	openings for experienced and in- experienced industrial sewing	shopping and laundry. Flexi- ble hours part or full time.	Service 1410 South 320th St. Federal Way 941-0300.	For Real Estate office opening soon in Burien. Part time to start,	Bkkpr with	8400. GENERAL OFFICE \$675. New	pay, we train. Call 762-8364 or 762-2866.	RIVERTON HEIGHTS	
	STORYBOOK PRESCHOOL.	0359 for appointment.	machine operators. Call us in Kent, at 854-2270 and ask about.	\$3.25 per hour. Benefits in-	WE NEED A Sharp entusiastic	expanding to full time. Some typ-	Advancement	office, on busline. Apply by 10		BURGER KING	- 1
	Openings still available for 3 yr	DISHWASHER, part time. Eves & weekends. Mature person prefer-	our unique pay and benefit plan.	cludes bonding, salary by monthly and satisfaction of	Dental Assitant, top pay if qualified, 839-7383.	ing, work with figures. Will train. Call Margo Cotter, manager,	\$1000 No fee	a.m. See Lucille, Acme Personnel Service, 14021 Ambaum Bivd.	BE A WINNER	for 11:30 to 2:00 Part Time Only. Apply in person,	-1
	old - afternoon class. 838-3858, LICENSED HOME DayCare with	red. Contact Ruth Price, Glen		knowing you are helping others, Call 625-1085 Ext.	RN POSITION, to start	854-5000. Sherwood & Roberts Inc	Your bikkping skills won't be	S.W. Burien, 244-8400.	Shopping Spree has 20 im- mediate openings, contacting	15036 Pacific Highway South.	- 1
	certificate in Childhood Educa-	Terrace Nursing Center, 10344 14th Ave 5, 762-8481,	ARBYS ROAST BEEF We are now hiring enthusiastic	454. EOE.	September. Monday, Wednes-	Equal Opportunity Employer	overlooked here! In this exciting firm your knowledge will be the	DO YOU LIKE talking on the telephone? Work in our pleasant	local residence, for gift cer- tificate promotion sponsored by	WANTED	
	tion. Sue 824-3851. CHILDCARE IN my home, hot	PART-TIME TYPIST for	individuals to work both days	MAINTENANCE: Croftsmon ex-	day, and Friday a.m. for 2 hours, private home 244-6059		key for promotion. Duties spand the spectrum of accounting! Call	office 5 to 9 p.m. High salary,	a local radio station, guaranteed	DIST. MANAGER	M
	meals, fenced yard, 2 blocks to	Classified Phoneroom at the Federal Way News. Type ads	and nights, full and part time. We are flexible enough to work	perienced, in building and equip- ment repair and remodeling. Ap-	HOUSEKEEPER good part time	TYPISTS	Donna, Renton Adams *	plus incentive program. Call Lin- da 246-5406.	salary, plus bonuses, two shifts Monday through Saturday, con-	1 N 10	
	Brigadoone school. 838-1315. BABYSITTER, MY HOME love	from phone calls and some	around your own personal schedule. We offer some good	ply Wesley Terrace, 816 S.	job, for woman willing to work 13-20 hours per week in a retire-	Dozens of top paying temporary	Associates Personnel Service, 228-1966.	ORDER DESK position with win-	venient location, bus stop on cor- ner, apply 9 a.m. to 9 p.m., at	For Federal Way News. Must be over 18 and have dependable	\mathbb{Z}
	kids, age up to 10 yrs. Call 838-	clerical duties. Hours: 8 a.m. to 5 p.m. Moriday, Wednesday and	employee incentive and will pay	216th. Des Moines Monday through Friday 8-4.	ment home with grateful people	jobs available NOW. See the KELLY ad under "office skills" in		dow covering manufacturer responsible for taking orders	15203 Military Rd. S. (just off Pacific Highway S. by The	transportation. Experience	-1
	4354 after 10 a.m. AFTER SCHOOL child care your	Thursday. Start \$3.25 per hour	you to be trained. (Housewives are invited to apply for lunch	CAR RENTAL needs Car Runner	who will appreciate your work. \$3.31 an hour to start, Call Rita	Sunday's paper.	SECRETARY	from leading design firms	Place.)	ly in person, Circulation Office, 1634 South 312th, Serious ap-	
	home or mine, walking distance	with 6 mo. raise plus incentive bonus plan. Call Lynette Wilson,	hours.) Please apply in person during the week of Sept. 3rd. to	to Sea-Tac Airport. Must be 19 yrs or older. 5 day wk, \$3.25/hr.	Blaine at 824-4600 or apply Caldwell Health Center 23620		\$800+	previous office experience re- quired, salary plus fringes, plus		plicants only, please.	1
	Panther Lake School Federal Way, flexible hours 952-4302.	839-9520 or 927-2424 for an ap- pointment.	the 7th. between the hours of 2 and 4. Arbys Roast Beef, 15822	Apply in person, 14600 Ambaum Blvd SW.	Marine View Dr. Des Moines	Love Typing?	Your experience pays in this one! Organization and initiative add	rapid advancement op- portunities. Custom Bilt Pro-	OPENING SOON	HOMEMAKERS-MONEY!	
	DAYCARE TAKING	OFFICE POSITION, weekends,	Ist. Ave. So. Burien.	MECHANICS, Heavy equipment	EOE/MFH. DENTAL-FEDERAL WAY OR-	To \$850 No Fee Progressive firm needs your typ-	up to a promising future. Co. will see you now! Call Tracy.	ducts, 762-5080. EOE.	SHERWOOD &	TOY AND GIFT	
	kindergarteners or pre-school age, walking distance to Mirror	possibly 1 or 2 evenings, 6 - 9 p.m. Required background: use	EOE	operators & medical training. avail, to gualified high school	THODONTIC OFFICE. En-	ing skills for correspondence &	SNELLING & SNELLING	TELEPHONE OPERATORS	ROBERTS INC	PARTIES	
	Lake Elementary. 941-6227.	of calculator & accurate detailed	CARPET LAYER	students & grads. Call 839-6900	thusiastic, experienced chair side assistant. Progressive, quality	important documents! Ideal atmosphere to earn \$\$\$\$\$.	PERSONNEL	Needed immediately for Health Club in Federal Way, Call 952-	BURIEN OFFICE	Fun, profit, part or full time. Show toys and gift party plan	
	FEDERAL WAY	bookkeeping. Call Jerry Hergog, . 575-1687.	TRAINEE	WA. ARMY NAT'L GUARD.	oriented practice, Pleasant en-	Call Molly, Renton Adams & Associates Personnel Service,	Renton 228-6500	4492 or 838-3763 for appoint-	Seattle's largest full service real estate firm is expanding to meet	now to December 1, free kit, no collecting, delivery or cash in-	
	NAZARENE	MAIDS FOR part time motel	Start to \$800 a mo. Co. will train the sharp individual. Excellent	510 Medical, Dental	vironment. Approximate 4 day week, starting mid September	228-1966.	TYPISTS	ORDER DESK Positions with win-	the needs of our growing market. We are looking for career	vestment need car, detail with out obligation 839-1931	
	PRESCHOOL	cleaning, weekends only ex- perienced preferred, \$3.50 to	gross potential, Call 248-1806 or	R.N. AND L.P.N. needed.	838-1640 or 927-5005.	Busy Recep		dow covering manufacturer.	oriented people who will grow		
	1525 S.W. Dashpoint Rd. 839- 6085, 839-0775, 3-5 yr. olds,	start, Call 244-3551. 9-3 p.m.	drop by at 236 SW 153rd. Placements. Closed Monday.	Full or part time position open. Top pay scale and ex-	SECURITY Man for 11 p.m. to 7:30 a.m., shift Friday and Satur-	To\$800	SECTY.	Responsible for taking orders from leading design firms.	with us. Licensed or not, you can enjoy the independence and ear-	WANT TO:	
	Morning classes.	HOUSE WIVES, college students, young adults, MCDONALDS of		cellent benefits. Seatoma	day must be mature, and depen-	Busy phone lines & masny	The Best known temporary ser-	Previous office experience re- quired. Salary plus fringes, plus	nings of this expanding field. Our professional training	 get into a regular pattern of ex- ercise? 	1
	456 Tax, Bookkeeping	Southcenter, is hiring, quality	WAREHOUSE	Convalescent Center, 824- 0600.	dable and must have a drivers license retired or semi-retired,	customers keep your day filled with sun & variety! Often times	vice HIRING NOW!	rapid advancement op-	which inclues 3 week "QUICK START" program, will insure	- earn extra money? • get to know your neighborhood?	
-	COMPLETE BOOKKEEPING and	people, to fill full and part time positions day and evenings	\$1,750 a mo. to start. Excellent career spot for the bright outgo-		welcome to apply, Apply 8 a.m. to 4 p.m. Monday through Friday	handle cash & red tape! Super spot. Call Kim, Renton Adams &	We Offer You:	portunities. Custom Bilt Pro- ducts. 762-5080. EOE	your success.	- all at the same time?	
	Tax Service for businesses. 927- 7416.	shifts, 16501 Southcenter	ing individual. Good stable work	NURSES	at service entrance of Wesley	Associates Personnel Service, 228-1966.	TOP PAY! Come in and compare - our hourly pay rates can't be	BANK TELLERS with experience,	Call today for personal inter- view; Margo Cotter, Manager.	TAKE A WEEKLY HIGHLINE	V
	BKKPING Service, my home. Will	Parkway. PART TIME Secretary, Approx.	record needed. Call 248-1806 or drop by at 236 SW 153rd.		Terrace 816 S. 216th. EXPERIENCED DENTAL recep-		beat! Plus!!! BONUSES & vaca- tions.	part time & full time openings. South King County. Apply Per-	854-5000. SHERWOOD & ROBERTS INC	TIMES ROUTE	
	pickup & deliver. 941-6586.	16 hrs per week. Flexible hrs.	Placements, Closed Monday,	AIDES	tionist. Federal Way area. Salary	Fashion Clerk		sonnel Dept, Puget Sound Na-		It gives you an excuse to get out of the house at least twice a	A
	460 Instruction, Schools	Send resume to National Can Corp., 1220 North 2nd Ave, Kent	CKIDDED/C	\$4.30 D.O.E.	DOE. 927-1714 or 838-1225.	\$740	VARIETY! Choose from dozens of jobs in .100's of south end	tional Bank, 1119 Pacific Ave, Tacoma. 593-3790, 622-5210.	518 Techn., Professional	week for a good brisk walk.	1
i	PIANO/ORGAN Lessons. Begin-	WA 98031. Attn: C. Guthrie E.O.E.	SKIPPER'S Part time mid day and evening	Burien Terrace 1031 SW 130th	NURSING CLERK	Atmosphere of fashion world in position which deals with pur-	firms. Every job is convenient to home.	E.O.E.	DENTAL HYGIENIST. Full time,	AND PAYS YOU FOR IT. It has more to offer than you	
	ner & intermediates. 941-1529.	LIKE TO cook? Interesting; part	positions available. Must be 18	242-3213	60 w.p.m. familiarity with medical terminology, benefits,	chasing, P.R. ability and friendly personality needed for plenty of		CLERK-TYPIST. part-time, flexi- ble hours. Congenial accounting	four day week, busy Federal Way office. 839-9100	think - Get started today by call- ing 767-3900 for Adult Highline	F
	PIANO LESSONS, all ages and levels, Masters Degree. 927-	time work, Transportation and	years or over. Apply at Federal Way Skipper's.		free parking, Southend. EOE. Visiting Nurse Services, 282-	public contact. Call Geri, Renton Adams & Associates Personnel	FLEXIBILITY! You design your work schedule - every day, 2	office. Unique opportunity. If	MEDICAL TECHNOLOGIST	Times delivery.	1
	3278.	uniform provided. Leave message 941-1962	ACCELLDING	LPN'S FULL TIME & PART TIME	9800.	Service, 228-1966.	weeks a mo. whatever you choose, DON'T WAIT?	owner doesn't answer leave message with answering service,	Wanted for night work. Federal Way, 927-7655.	FINIAMATAN	
	PIANO INSTRUCTION, member of Washington State Music	DEPENDABLE, Weekly	ASSEMBLY	If you want part time work in a	MUDCEC ADEC	CAREER SPOTLIGHT	CALL: NOW For details.	838-4505.	BEAUTICIANS licensed for	FINANCIAL 600 Mortgages Wanted	1
1	Teachers Assoc. 244-6417.	hausecleaner needed. References. 939-6104.	\$693 a mo, to start plus good	progressive, skilled nursing facility with excellent working	NURSES AIDES	**** CASHIER	Kelly Girl"	RECPT \$800 NO FEE Greet all the visitors & buyers!	styling or shampoo section. Guarantee plus commission.	602 Mortgages-Sale 610 Money to Loan	
1	ORGAN-PIANO Lessons. Begin- ners. Pace method. 838-1311.	HOUSE CLEANING person to	raises. Your willingness to learn is all that is needed. Call 248-	onditions and top pay scale. Contact Mrs. Caldwell DNS.	Experienced, full time, no shifts in home care, car needed,	Expertise counts Merchandise	People	Secretarial duties are minimal,	Paid vacation and holidays. Full	612 Insurance	
	PIANO INSTRUCTION: DI ages	come 2 or 3 times monthly to clean. Good wages. Off 288th,	1806 or drop by at 236 SW	DES MOINES	mileage paid, \$4.00 hour to start. Call 282-9800.	Disc Benefits \$900 Call Phil	SERVICES	terrific benefits. Call Phil Kay, 246-6610. Burien Snelling &	or part time. West Seattle 937- 9400 Burien 243-1660, Renton	820 Bus. Opptys Wntd. 622 Bus. Opportunities	
	ond levels. Master degree, 927- 3278.	839-4456 after 5 p.m.	153rd. Placements. Closed Monday.	GOOD SAMARITAN		TELLER ½ Fee Pd Math skills needed at Branch Of-	226-9210 839-6067 Equal Opportunity Employer	Snelling Personnel.	271-1230.	622 Bus. Opportunities	
	EXPERIENCED PIANO Teacher,	ADULT		CENTER	DENTAL ASST.	fice now \$725 Coll Irene	No Traine Clark	Sales Secretary	STYLISTS WANTED, full time, must have manager's license.		
	beginners advanced 838-0252	CARRIERS	CARPETSERVICE	1122 \$. 216th	\$900 a mo. plus full benefits. All around skilled fourhanded need-	DATA ENTRY	No Typing Clerk \$900-\$950	\$750	244-5190.	BUILD YOUR own business with car and insurance in your future.	
	Twin Lakes - PIANO LESSONS, Mar Vista	WANTED	HIGH PAY	'824-3663	ed for this southend shop. Call 248-1806 or drop by at 236 SW	Will train if youy have basic skilts Bene \$675 Call Beth	Casual company requires your	Entry level spot in transportation firm where your people oriented	EXPERIENCED Hair Stylist need- ed. Full time. Burien-White	922-6024, 838-2148	
	area. Children, Adults, 878-	Deliver the Highline Times, part time on Wednesdays and Satur-	PCS is looking for a few self achievers with friendly, positive	DENTAL ASSIST.	153rd, Plocements. Closed Mon-	SERVICE REP	love of calculators & figures to enter their ranks! This friendly of-	personality and phone skills make you the ideal candidate.	Center area. Manager License.	EARNING OPPORTUNITY. \$6.00 to \$8.00 per hour. Car and	
	3678, Marianne MILTON BALLET School now	days. Good pay plus mileage.	personalities who want to earn	Excellent opportunity for ex-	day.	PR talents and good driving	fice offers you the chance to be yourself & work independently	Light typing only at times. Super benefits! Call Lee, Renton	Fun, up-to-date shop. 243- 243-2363 ask for Kay.	phone necessary. Fuller Brush	
	taking enroliment. Ages 4 to	Call 767-3900 to apply.	high wages with excellent advancement opportunities. You	perienced assistant to work in- dependently in Burien practice.	RN \$775 TO \$875	habits needed for very busy com- pany \$606 Call Irene now	while you learn & earn! Call	Adams & Associates Personnel	HAIRDRESSER WITH. clientele.	AMWAY DISTRIBUTOR is help-	1
	odult 922-8513	HOUSEKEEPERS	must have a late model pickup, van, stationwagon or hatchback	Good salary and benefits. DOE. Full or part time. 244-1411.	LPN \$650 TO \$750	****	Paula, Renton Adams & Associates Personnel Service,	Service, 228-1966.	Full or part time. 244-1350 or 244-5414.	ing many person earn money	. 1
	GUITAR INSTRUCTION - AII	0	unbiele Conversional doubted		Durant Sound Nurses Inc.	Calling R. Calling Decourt	228-1966	DERSONNEL ASST \$800		working 2-4 hours a day. We can	



Carage HUGE SALE. Good prices, no Junk! Crib, twin bed, high chair, 2848. kid's clothes, women's and more Sept 8, 10 to 6. 12441 24th So.

GARAGE SALE, Sept 8-9, 10 - 4 Bumper Pool, furniture, antique buffet, lamp, girl's ski pants, war-mups, 10-12, jacket size women's small, clothes, books, dishes, misc. 22719 10th Ave

So., Des Moines. GARAGE SALE oppliances, fur niture, drapes, misc. Saturday 8th 32521 23rd ave. S.W. Cash

MULTI FAMILY garage sale Saturday 10-5, 3924 S.W. 107th. HOUSEHOLD SALE Sept 8 & 9: Moving from large home to Con-dominium. Sample items: 8 ft. dingy, Havilind furniture, kit

Dealer.

Thurs, Fri (5,6,7) 10-dusk, 23031 10th Ave. S. Des Moines. Wood ns, trunk

women class rings. Any 5459 Wanted - Kusak Crystal wate

ained, min. 20 ft

write: Rabbit, 1216 S

RICH VALLEY Top-Soil. 8 yds Delivered, \$60, 863-3757. BEAUTIFUL HOUSE plants reduced. Fuschia basket, \$600 also outdoor plants. Fri,

cords, delivered. \$50. 927-4260 Call anytime.

SEASONED ALDER, fast deliver

732 Hobbies, Crafts

744 Musical Instruments 752 Furniture ELECTRIC GUITAR Memphis MEDITERRANEAN SOFA, ex. cellent condition. Heathertone, red & gold frame and legs, solid LasPaul \$250, 242-9860. 9 PIECE Ludwig Drum Set with pecan \$125. Call 941-4400 between 7 a.m. and 3:30 p.m Zilgen Cymbals. \$1150. 244ask for Patti. 2 GUITARS, 1 Sonora Classical, COMPLETE DOUBLE bed 6 string nylon. \$80. 1 3/4 6 string nylon Folk. \$40. Both with cases. 937-6586. dresser and night stand, good cond. \$125, cash. 243 777 746 Stereo, TV, Radio MEDITERRANEAN STYLE mot ching cocktail and end table, pecan wood, exc. cond., both \$140.854-4084. MUST SELL. 19 in. Color TV. \$100.243-2527. DUNCAN PHYFE table, dropleaf 25 INCH Zenith Color TV with extends to seat 12, \$200; 4 chairs, \$15 each; large chair, remote control. \$135.762-7367. 19 INCH GE COLOR TV. \$10 \$125; coffee table \$25; plante down \$17 per month. 939-2694. lamp, \$5. 839-7718 SOFA, FLORAL Beige, golds, browns, greens, chair, rocker, olive green. Both ex cellent cond. 242-3766. 754 Building Materials TWO FIBERGLASS garage doors, 7 ft. by 10 ft. \$75 each. 927-5385. TWO. FIBERGLASS garage doors, 7 ft. by 10 ft. \$75 each. 927-5385. 756 Machiney, Tools NEVER USED, Craftsman 10" radial Arm Saw. Heavy duty 3 drawer locking metal basen bacinet, with adjust able roller legs, 7 inch adjustable Dado blade and guard. Molding cutter, routing adapter, 3 sawblade pack, goggles. Jointer, sander blade, rotary planer and special hold down attachment. Over \$1000 when purchased, \$500 firm. 226-9019. 760 Miscellaneous SHOFF'S Coins, Trade, Buy, Sell. 406 W. Meeker St, 852-4796. 5 PIECE KITCHENETTE, \$85, Oil furnace, 85,000 BTU.\$100. Kitchen cobinets \$100. 1969 Camaro, (complete rebuilt en gine) \$1000. Engine stand \$90. 878-3354. WOOD BURNING enamel stor with oven, "poor" condition \$100/offer. Evenings 242-0056. MACRAME POT Hongers sonable. 941-5486. 24 VOLUMES OF Colliers Encyclopedia and 20 Volumes of Harvard Classics, excellent concan deliver dition, \$135 for both 927-5131. MINOLTA SRT 101 with rokkor. 58mm, F/1.4 lens. Make offer Call 838-3780. WOOD HEATER, countertop range, hood, buffett, games, and misc. 839-6122. CANOPY Top \$75, color TV \$85, block & white TV \$10, desk \$5, comera \$5, air cond. \$200, nisc. 248-0919. TENNIS ANYONE? Pacific West Sport Raquet Club full member-ship. Make offer. 927-6234. NEED YOUR Driveways repaired We have crushed driveway rock. U Haul or we haul; Weekdays 8-5 and aturday til noon, 839-7666 or 927-0416. **REDUCE SAFE** and fast with Tablets and E-Vap GoBese 'water pills" Save Way Phar macy. CARPET SALE Thousands of Yards of First Quality Carpet Going at 1/2 PRICE Includes Kitchen Carpet Commercials, Regular

760 Miscellaneous 760 Miscellaneous SMITH CORONA Enterprise CARPET elec. portable list \$249.95, sale price \$195 with case. ICAN SAVE Metor elec. \$305 list. Sale \$265 YOU MONEY! (limited) till Sept. 15, also used CALL NOW typewritters College Typewritter 244-9597 hop 22311 Marine View Dr. Des Moines, 878-2100. 770 Merchandise Rentals AUTO Yashinon DS, 50mm, 1; 14 auto Yashinon zoom, 1; 5.8, SUPER STUFF, sure 'nuf! That's 90-190mm, best offer takes Blue Lustre for cleaning rugs and them, 244-8223, ask for Jim. upholstery. Rent electric sham-SIMMONS HIDE-A-BED. Yellow pooer \$1 & \$2 Coast to Coast velvet \$200. Tabletop rotisserie Store, Des Moines. 878-7601. broiler, Dominion \$50. 243-7986. 780 Kids' Ads PACIFIC WEST Raquet Club, full EXCELLENT BOYS Schwinn use membership. Best offer. 323-Stingray Bike accurate 4434 speedometer, \$50, 824-6837 REMODELING: Beautiful FIVE GALLON aquarium, includ Avocado & Gold custom made lined Draperies. 1 pair, 144x84. 1 pair 62x84. 1 single, 31x84. \$100. King Size Bedspread, \$20. Frame, \$15. Exc. electric drop in Range & Hood, \$100, complete mandy Park area. 824-6363. USED TEN SPEED, \$50. 248-2434. MINTON CHINA "Ancestral" 14 setting plus. Interlined whit leather coat with white fox colmonaire Marquis setti lor. Die ring, \$.50 Kt. \$200. Ladiew Volkl skis, like new, \$60. Wedding dress, beige and white, other designer clothes. 838-4405. HEARING AIDES, used, warranty. Call Mr. Wall, 323-0551 3891. WANTED: Someone to Demolish Building/home for the materials. Call 941-0510. FOR SALE Membership, Gentlemen Jim's and GeeGees, in Burien, 14 Mo., never used \$100. New desk copier \$85. 244-839-0726 0271 DRAPES, DRAPES, DRAPES, Manufacturer has many unclai ed custom mode droperies. End of roll, mismatched, etc. Gree Bargains. 226-5920. 852-2161. Great FOR SALE reducing machine, \$100 878-2792 call after 6 p.m. 244-4221 FOR SALE Pacific West Sport 242-0295. Club Membership, going price \$1680., available for \$1125., ofter 7 432-3415 SHAKLEE QUALITY PRO DUCTS, food supp mpt delivery. 242-5658. PING PONG Table for sale, reasonable price. 244-5325. PACIFIC WEST Family 838-1294 membership. Offers. 524-2253 evenings. New rug padding for area rugs. Highest quality rug anchor. 54 Inches wide-Retails for \$5.00 per lineal yard. Wilisell at my cost, \$2.37 per lineal yard. 242-6415 927-7007 **ENGINES** NEW, USED, and overhauled Overhauls, \$249, most 6 cyl. \$349 most V-8's Blanket. Call, We Can Help! 631-7613 W.W. & COMPANY SECOND HAND STORE BUT NOT ABUSED SEE US BEFORE YOU BUY NEW 22325 Marine View Drive So. Des Moines SACRIFICE

920 Motorcycles 1978 HONDA 125CR, showroom condition. Asking \$795. 1974 Honda 125CR, needs work, \$150.839-0389 1977 SUZUKI PE 250. 300 miles Excellent condition. Licensed and legal for street. \$1,000 or best offer. 9 a.m. 5 p.m., 941-4887. After 6 p.m., 941-5177. 1979 SUZUKI GS550 E, low nileage. Excellent condition. Windshield, Kenker exhaus custom seat. \$2200. 941-4887, 941-5177. 940 RV's-Sale 11 F.T CAMPER, Monomatic, front kitchen, refer. Eye level oven, jacks, Clean, 243-7375. 1967 18 ½ ft. Kit companion, fully self-contained, sleeps 6, Exent condition. \$1700, 927-4591. 1955 MOTOR HOME, nice and roomy, see to appreciate, 839-5716. 8 ½ FT. GIBRALTOR Camper. full cabover bed, icebox refrigerator. Propane stove an oven. Excellent wood interior, newly upholstered cushions U-shape dinette, \$700, 242-8684 or 242-0100. WINNEBAGO CANOPIES, 10% over invoice, Fowler Manufacturing, 37426 Pacific Hwy. So. Federal Way, closed Sundays. 1975 22 FT, DODGE Beaver ni-home. Exc. Cond. \$8100 or offer, 854-3078. 1973 APACHE MESA lid State, folds down, sleeps 6 Refrigerator, furnace, excellent ondition. \$2,200. 762-8605 WILDERNESS TRAILERS 24' TWIN OR DOUBLE BED MODEL 2 Door refrigerator, forced air furnace, large rear bath, Double insulated with storn windows. Perfect for RV lot \$6495 (HARIQ 21050 Pacific Hwy. S. 824-3400 942 RV's-Rent MOTOR HOME RENTALS, Bob, 878-2409, Sales, 243-4440. MOTOR HOMES FOR RENT Good mileage, Phone: 878-2726 or 824-5443. 25 FOOT MOTOR home. Ai 246-1531, 242-5894, 246-0093. CAROUSEL RENTS Reserve now: 20, 23 and 30 ft. MOTOR HOMES 22820 Pac. Hwy. S. 582-5890 878-2550 946 Trucks, Vans 4-WD TRUCK AND CAMPER, 1975 Chevy ½ ton, 350, V-8, PS, PB, tic, adjustable air shocks 18,000 original mileage. 8 ½ foo Security Camper, sleeps 4, fully equipped. Owner will sacrifice. \$5,500, 839-0817. 1973 DATSUN pickup Gen top Canopy, very clean, never used as a truck \$2350. 242-6941. 1951 DIAMOND T 2 1/2 ton, 2-speed rearend flatbed Runs but needs minor work \$550. Call after 5 839-7429 1973 CHEV Step Van, dual wheels, good shape, \$5200

966 Repair Service GUARANTEED USED AUTOMATIC Transm stalled. \$125. 288-4435. 968 Parts, Accessories FORD 360 ENGINE, ready to drop in, \$325. Call Joe, 242-0491 or 243-9233, evenings. 1974 VEGA HATCHBACK to be parted out. Everything in good shape. 246-8155. Four Chevy Aluminum dish mag. \$125. Holly 650 carb. \$60, 941-1729 SMITH built canopy for 34 ton long wide bed Chev used about 2 mo. \$350. 2 Goodyear 6-95-14 studded tires exc. cond. \$15 eq. 839-7718 5847 Chevy. 839-2477 Rebuilt and recondit overhauls from \$125. Burien 242-3380 work. 0362

The News Wednesday, September 5, 1979 990 Cars For Sale 990 Cars For Sale 990 Cars For Sale

1972 VALIANT, 4 dr. sedan

vinyl top, power steering, slant 6,

auto trans., good tires & brakes \$1900.00 or offer days 246-8588

1976 MALIBU CLASSIC, Exc

MUST SELL By Sept. 12th, 1975

Ford Pinto. Exc. cond. GT Mags, GT radials. AM-FM. \$2500 or of-

1977 CAPRICE CLASSIC: 4 door

buff and beige. Fully equipped, air, P.S. P.B. Cruise control,

tinted windows- Small 306 engine, Excellent condition.

1975 EL CAMINO, full power.

ner, 935-3852 evenings 767-

6221

839-6956.

Low miles \$2800, 246-2166.

fer. 852-0669 or 839-3023.

3350 days.

after 4:00 767-3350.

1976 PINTO MPG 43,000 mi., 1979 MACH I. 250, 3 speed, WSW, radio, 4-speed, im \$2000 or best offer.852-5755 cond. inside out. 1978 CAMARO, wife's car. 4 \$2550, 852-2042. speed, exc. cond. Many extra 1969 CHRYSLER, 300, four door Cheap & assume. Eves, 939 Sedan, good running order, 16-18 6449 mpg. on standard gas, \$450, Call 242-3322 day time, evenings 1977 VOLARE PREMIER. Slant 6, deluxe interior, 23,000 miles. \$3950. 824-246-7497 1969 FURY III - V-8 engine power steering, and brakes, dual exhausts, radio and speakers,

1970 Dodge Dart, 318-V8, one new upholstery and paint job. Must sell \$800. Call Mike at 839owner, 4-door sedan: cream, tan vinyl upholstery: A/C, automatic, 13-18 mpg, limited-sli differen-1974 CHEVY NOVA 2 door V8 tial- 1973 factory electronic ionition, radials plus winter radials auto. Excellent condition. Must sell. \$1700 or best offer. After 5, and wheels, 93,000 miles. \$950.00.242-6415.



D-7

D-8 Wednesday, September 5, 1979 The News

PUBLIC NOTICE SUPERIOR COURT OF WASHINGTON FOR KING COUNTY

Estate of JOHN B. SATTER FIELD, JR., Deceased. Attorney(s) for the Estate Probate No.

79-4-00563-8 NOTICE TO CREDITORS (RCW 11.40.010)

The undersigned has been appointed and has PR. qualified as personal representative (PR) of the estate of the above named deceased. Each person having a claim against the deceased must serve the 98003 claim on the undersigned PR or on the attorney(s) of record at the address stated below and must file an executed copy of the claim with the clerk of the court within four months after the date of first publication of this notice or within four months after the date of filing of a copy of this notice

with the clerk of the court, whichever is the later, or the claim will be barred, except under those provisions included in RCW 11.40.011. Date of first publication August 29, 1979 PR

Audrey Satterfield 14507 S.E. 260th Kent WA 98031 Attorney(s) for the Estate Frank W. Payne PAYNE & VERZANI 30640 Pac. Hwy. S. Federal Way, Washington 98003 839-1730 Published in the News

August 29, September 5, 12, 1979

Public Notice NOTICE OF APPLICATION Notice is hereby given by

Rainier National Bank, One Rainier Square, Seattle, Washington, 98124, that an application was filed with the Comptroller of the Currency on August 24, 1979 for permission to establish a branch at 909 South 336th

Street, Federal Way, King County, Washington. Any person wishing to comment on this application may file comments in writing with the Regional Administrator of National Banks, Thirteenth National Bank Region, 707 S.W. Washington Street, Room 900, Portland, Oregon 97205. Any person desiring to protest the granting of this application may do so upon written notice to the Regional Administrator within 21 days of the date of the application. The nonconfidential portions of the application are on file with the Regional Adminstrator as part of the public file. This file is available for public inspection during regular business hours. Published in the News

> PUBLIC NOTICE SUPERIOR COURT

September 5, 12, 1979.

within four months after the DATED this 6th day of date of first publication of September 1979. this notice or within four months after the date of fil-KING COUNTY ing of a copy of this notice WASHINGTON with the clerk of the court, Dorothy M.Owens whichever is the later, or the Deputy Clerk claim will be barred, excent Published in the News under those provisions in-

Date of filing copy of notice to creditors July 28, 1979 Date of first publication August 29, 1979 Charleen Stickel Ernest B. Vogel Attorney for the Estate 1025 South 320th Federal Way, Washington

cluded in RCW 11,40.011.

839-3131 Published in the News August 29, September 5, 12, 1979

Public Notice

Board of Commissioners

NOTICE OF ACTION BY

or entity) Pursuant to the provisions of chapter 43.21C RCW, notice is hereby given that: The Building and Land Division of King County did

on May 11, 1979, take the action described below. Any action to set aside, enjoin, review, or otherwise challenge such action on the grounds of noncompliance with the provisions of chapter 43.21C RCW (State Environmental Policy Act) shall be con-

The action taken by

(3) Said action pertained (4) Pertinent documents

may be examined during regular business hours at the office of Sound Commercial Development Corporation located at: 15921

KING COUNTY COUNCIL

September 5, 1979.

foreranned stagning storferendastorer av son och devide stånd Generalmande song ocksåka var av forførerska, storer to mydal Alexand erner av deninge til såkare torera sonskar av den forføret forførerser af toreralle

LAKEHAVEN SEWER DISTRICT

King County, Washington NOTICE IS HEREBY GIVEN that commencing September 18, 1979, regular meetings of the Board of Commissioners of Lakehaven Sewer District will be held at 6:30 p.m., on the first and third Tuesdays of each month at the sewer district office, 31627 - 1st Avenue South, Federal Way, Washington. s/Robert D. Green. Secretary

Lakehaven Sewer District King County, Washington Published in the News September 2, 5, 9, 12, 1979.

PUBLIC NOTICE

(Government agency

nected within 90 days or be barred Building and Land Division of King County notice of which is hereby given, was as follows:

(1) Issuance of Declaration of Non-significance. (2) 190 Apartment Units.

to property commonly known as: Cove II Apartments, Northeast side of 1st Ave. South and North of South 333rd Street, Federal Way, Washington.



Steven A. Millett, Hitch, 26, 3405 South 26, 518 Williams 276th Street, Kent. Avenue North, Ren-Rodrigo C. Regaspi, 16th Avenue.

Ronald Bates, 45,

Way. Way.

Dennis E. Brown,

Street, and Donna M. 42, 30123 Eighth Graves, 22, 1722 SW M. Norberg, 21, 3232 -Munoz, 16, 25701 South Avenue SW, Federal 308th Place, Federal 56th Avenue SW. David Eden, 21, 4319

Michael W. Car- South 293rd Street, 30123 Eighth Avenue legal, 1722 SW 308th rigan, 21, 28815 - 40th Auburn, and Teresea SW, Federal Way, and Place, Federal Way, Avenue South, Cohee, 22, 3919 South ton, and Gayle A. 19, 4128 South 142nd Dianne Cavanaugh, and Valerie J. Auburn, and Shireen 301st Place, Auburn.

Birth Certificate. IN CONGRESS, JULY 4, 1776. Take stock in America. Buy the specially designed Bicentennial The manimous Declaration of the thirteen unlike States of Memerica. Series E Bonds where you work or bank. gener an energe the freese of our weeks the properties and the second out to be a second Let's keep it in the Family. a street there deputy and Mappingto . lake



Series E. Bonds pay 6% interest when held to maturity of 5 years (44)2% the first year). Interest is not subject to state or local income taxes, and federal tax may be deferred until redemption.





WASHINGTON FOR KING COUNTY

Estate of CHARLES DURANCIK, Deceased. Probate No. 79-4-00530-1

NOTICE TO CREDITORS (RCW 11.40.010)

The undersigned has been appointed and has qualified as personal representative (PR) of the estate of the above named deceased. Each person having a claim against the deceased must serve the claim on the undersigned PR or on the attorney(s) of record at athe address stated below and must file an executed copy of the claim with the clerk of the court within four months after the date of first publication of this notice or within four months after the date of filing of a copy of this notice with the clerk of the court, whichever is the later, or the claim will be barred, except under those provisions included in RCW 11,40.011 Date of first publication August 29, 1979

PR Charles J. Durancik 159 S. 297th PL Federal Way WA 98003 Frank W. Payne PAYNE & VERZANI Attorney for the Estate 30640 Pac. Hwy. S. Federal Way, Washington 98003 839-1730 Published in the News August 29, September 5, 12, 1979.

PUBLIC NOTICE SUPERIOR COURT **OF WASHINGTON** FOR KING COUNTY Estate of CHARLES FRAN-

CIS GALVIN, Deceased.

Probate No. E239017 NOTICE TO CREDITORS (RCW 11,40.010)

The undersigned has been appointed and has qualified as personal representative (PR) of the estate of the above named deceased. Each person having a claim against the deceased must serve the claim on the undersigned PR or on the attorney(s) of record at the address stated below and must file an executed copy of the claim with the clerk of the court

N.E. 8th Street, Bellevue, Washington. West Campus II, a General Partnership. Filed by Ellen J. Davis, agent for West Campus II, a General Partnership. Published in the News

August 29, September 5, 1979.

Public Notice NOTICE OF PUBLIC HEARING

PURSUANT to KCC 21.62.080 and KCC 21.62.090, notice is hereby given that the Zoning and Subdivision Examiner for the King County Council will hold a public hearing to consider amendments to official controls as described hereafter, or if deemed appropriate, a more restrictive use classification may be considered under the provisions of KCC 21.06.020. Boundary adjustments to the Sewerage General Plan, if any, may also be considered

The public hearing will be held in Room 215 in the King County Administration Building, on THURSDAY, SEPTEMBER 27, 1979, at the hour listed hereafter, as possible, and in the order listed.

9:00 a.m., or as soon thereafter as possible, 236-79-R - JOHN C. TAYLOR, ET UX - lying on the northwesterly corner of Southwest Dash Point Road (State Route 509, and 21st Way Southwest; RS-15,000 (Potential RM-900) and RS-15,000 to RM-900;

9:30 a.m., or as soon thereafter as possible, 281-79-R - RAYMOND D. PEMBERTON - lying on the southwest corner of South 333rd Street and 24th Avenue South and State Route 5; S-R (Potential RD-3600) to RM-2400-P; 1:30 p.m., or as soon

thereafter as possible, 283-79-R - HAROLD D. MCGUIRE, ET AL - lying on

the west side of Marine View Drive South (State Route 509), adjacent to the south line of Des Moines City Limits, approximately south of Park Avenue (South 230th Street); RS-7200 to RD-3600;

Details are available in the Division of Building & Land Development Room 450 King County Administration Building, Seattle, WA 98104 344-7970



Classified means movement. It puts motion in buying and selling that moves a tremendous amount of merchandise and services.

Classified moves people into new homes or apartments, and enables you to move up to a better car, a motor bike; or other forms of transportation

People use the Help Wanted ads to find a better job, or to make their availability known to a prospective employer

Classified is the smart way to move no-longer-used items out of storage areas in exchange for welcome extra cash. A call to our Ad-Visor puts selling action into motion for you. Most every family has accumulated such items, like toys, musical instruments, records, stereo equipment, trikes and bikes, used appliances and other household items, sewing machines, lawn and garden supplies, or sporting equipment.

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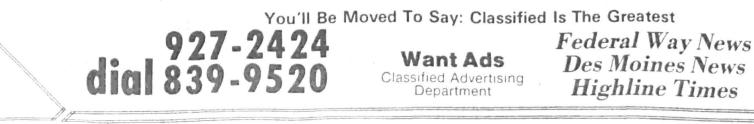
and you may be amazed at how eagerly people respond to your ad.

Then there are those who subscribe to the theory of don't move. improve. This means keeping your home in good repair, or adding needed extra space. Classified can be a big help here with its lists of fix-up specialists who can renovate your home from roof to basement. They offer all kinds of expert services at reasonable rates

So if you need a house, a car, a bargain in merchandise, the services of a repair specialist, or want to sell something, don't make a move without Classified.

BUSINESS PEOPLE

Need more business? Would you like to find an advertising medium that really produces results? Results that you can see and verify? Take a tip from your friends ... your customers. They use the Want Ads when they want to SELL! You can too! Real selling power at low cost. Call Classified now and ask about the commercial rate.





Wednesday, September 5, 1979

The News



HOMEMAKER MILDRED "JOSH" NEWKIRK, a woman of endless enthusiasm and energy believes you can "beat the system" with a little ingenuity. Photos and text by Ann Hagen

foor

Game playing – A way to beat the system

If there were a severe depression, Mildred "Josh" Newkirk said she believes a lot of people simply wouldn't know how to take care of themselves. "They'd simply die."

But, Josh, as her friends know her, wouldn't be one of those people because she's learned to "beat the system" through careful spending, developing her own skills and taking advantage of a bargain when she sees it. 25 cents a foot. In her spare time, (and it's hard to believe that she has any) she works on her pottery which she terms as completely selfsupporting. She sells her pottery twice yearly



"Everybody plays games," said Josh, a onetime science teacher who, with her husband, Herman, has raised four children in the Highline district. "My game is beating the system by being independent. You don't have to go to them (commercial business and government) for everything."

Truth of what she says is obvious at her Normandy Park home on Marine View Drive. In her kitchen are recently prepared jams and jellies made with a Euelle Gibbons sweetener and a minimum amount of sugar; a dehydrater packed with inexpensive Thompson grapes that will soon be raisins; pineapple, apricot and nectarine slices; and red peppers that are being prepared for paprika. She prides herself on making her own bread

She prides herself on making her own bread of home-ground wheat; buys meat from a friend and gets most of her fresh produce from her organically grown garden or by purchasing directly from the farmer.

Recently, she and two friends packed their pick-up with empty cardboard boxes and spent two days between here and Toppenish loading up with fresh fruit and vegetables. "We're after whatever is ripe. You have to be flexible," she said. They came home with 300 pounds each at bottom-of-the-line prices.

They picked u-pick tomatoes and peppers for 10 cents a pound; Elberta peaches for \$1-4 per box depending on quality; and squash and melons for 10-15 cents per pound.

SHE ADDED THAT THEY also "do a lot of gleaning " and pick up quality fruit that is left in the farmer's field after the commercial picking is over.

Interested more in quality than quantity, she said that you end up with fresher fruit " and you know what you've got." Besides, she said "psychologically, you feel good about doing for yourself and being independent. You've got top quality goods, you've had a good time and you've saved money besides."

good time and you've saved money besides." Her money saving skills extend far beyond the actual realm of homemaking unless you count home building as part of that job.

When she and her husband built their home 15 years ago, she said they purchased a supposedly unbuildable lot on a steep cliff and proceeded to prove it could be done.

They hired an architect, filled in with filldirt and did most of the labor themselves. Gesturing about the house, she mentioned that the doors were once part of the Berlin exhibit at the World's Fair in Seattle Center that was eventually torn down; the light fixtures were once in a ticket office; the wiring, that cost \$30 was being thrown away; and tile used for a side wall was purchased out of a business for

at Moshier Park, keeping all those pieces she can't bear to part with.

IF SHE HAD MORE time, Josh said she'd like to teach a course at the community college on "beating the system."

With little empathy for people on welfare, she said there is no reason for anyone to need money. "They simply need to be taught how to manage."

She said she remembers, yet, the days during the depression when her Ukranian-born parents had next to nothing but managed without the help of welfare. In fact, her mother once purchased a home being torn down following a home show and set an example that has led to thousands of dollars being saved in the Newkirk household.

Asked why her system was so successful, she only knew that it worked and it was right for her. "You never cheat and you don't lie," she said firmly. "But, you always take advantage of a bargain when you see one. And if you see something that might be useful, never be afraid to ask. They might be just as anxious to get rid of it as you are to get it."



BOXED EGG PLANTS and red and green peppers were just part of the loot purchased on a field trip to Toppenish.



JOSH'S artichokes soared far beyond her expectations in her organically grown garden.



and the second second

The News Wednesday, September 5, 1979 E-3

FITSTAL SALE SPAM KRAFT uncheon Macaroni & Cheese Meat SAVER S 1 Dinner 109 12 oz. Produce Don't Forget These! KRAFT Dressing . . . Catalina, 8 oz. 59° Department ISLAND Dressing . . Kraft, 16 ez. \$1 19 HEAVY Reynolds ... 18", 25 Fr. 93" CR RASPBERRY Twists Havers, 7.5 et. 49° HOLLYWOOD Dressing " Casser 75" Nectarines Juice Sticks Flovers, 49° PARMESAN Cheese. . Greted, Loz. 5 1 89 **Northern Napkins** SUPER Crisp Cereal **Sweet & Juicy** 140 ct. 55° Post 19 SAVER 18 oz Danish Squash . Local Grown, 4 For \$1 **Heinz Ketchup Chunk Tuna King Cola** Casaba Melons . Reedy To Eat, Ib. 13" Orange Juice . Unsweetened, Halt Gal. \$159 **Regular & Slim** Cauliflower Local Grown, Each 49" **Bumble Bee** Special 14 oz. 49c Value Yellow Onions . Lecel Grown, 5 Hs. \$1 Cyclamen Plant 5 oz. 69° WASHINGTON GROWN DELUXE II PURE CANE **Delicious Apples** C & H HINES Cake New Crop Sugar 190 Mixes Red or Golden Extra Fancy 18.5 oz. 10-lb **Bell Peppers Ripe Tomatoes**



After-school snacks for hungry scholars

youngsters will be involved with after tivities and part-time jobs which lead to big appetites. For mom tacos. Hot roll mix this means quick dough is filled with meals that are hearty seasoned ground beef and tasty.

For taco lovers, Hot pan. Roll Taco Round-up is a new shape for the 3/4 cup cornmeal old favorite. Hot roll 2 envelopes taco mix dough is filled seasoning mix with seasoned ground 1 package hot roll mix beef and baked in a round pan.

Easy-Mix Potato degrees F.) Bread is a yeast bread 1 egg baked in a ring shape 1-1/2 that combines the sub- beef tle flavors of green 1/2 cup water onion and sour cream.

crunch and Parmesan cheese for flavor make a good crust and cherry tomatoes, ripe topping for Potato Burger Bake. A filling of ground beef makes cornmeal and one cups cheese. Starting this dish a super supper.

Beef and Potato Puff Casserole combines a tasty potato topping made with cottage cheese and touch of dill to

Now that school is spotlight this ground ture, egg and one and 350-degree oven for 40 starting, the beef casserole.

spending more time HOT ROLL TACO ROUND-UP school sports, club ac- (Yield: 10 to 12 servings)

A new shape for and baked in a round

1 cup milk 1/4 cup warm water (105 degrees to 115

pound ground

2 cups (8 ounces) Potato flakes for shredded cheddar or American cheese Shredded lettuce, olives, taco sauce Heat milk; stir in

tablespoon seasoning with longer side, roll mix, reserving remainder. Cool to Place sealed edge lukewarm. In large down in prepared pan. bowl, dissolve yeast Cover; let rise until from hot roll mix in one-fourth cup water. minutes. Add cornmeal mix-

one-half cups hot roll to 45 minutes or until flour mixture; beat deep golden brown. two minutes at medium speed. By hand, stir in remaining flour. Cover, let rise in warm place 30 to 45 minutes.

Brown ground beef; drain. Add remaining seasoning mix and one-half cup water; simmer 15 minutes.

Grease 12-cup fluted tube pan or 10-inch tube pan; sprinkle with one tablespoon cornmeal. Punch down dough; on well floured surface, knead until smooth and elastic, about four minutes.

Roll out dough on well floured surface to 15-by-12-inch rectangle. Spread with beef filling; sprinkle with one and one-half up tightly; seal edge. doubled, 30 to 45

Cool to lukewarm.

Bake in preheated

Cool five minutes; invert onto serving plate. Sprinkle hot ring with remaining cheese. Serve with shredded lettuce, cherry tomatoes, ripe

olives and taco sauce. EASY-MIX POTATO BREAD (Yield: 12 to 16 slices) 1 package hot roll mix 1 cup warm water (105

degrees to 115 degrees) 3/4 cup instant mashed potato flakes 1/4 teaspoon salt 1/2 cup thinly sliced

green onions or scallions 1 envelope sour cream sauce mix 1 (3-ounce) package

cream cheese, softened 1 egg

In large bowl, dissolve yeast from hot roll mix in water. Stir in potato flakes, salt, green onions, sauce mix, cream cheese, egg and half of hot roll flour mixture; beat by hand un-

til smooth. Add re- mixed vegetables, moistened. Drop by maining flour mix- thawed Dough will be stiff. condensed golden Cover; let rise in mushroom soup warm place until light One-third cup water and doubled in size, 45 to 60 minutes.

Generously grease cottage cheese 10-inch tube pan or 12-1 cup water cup fluted tube pan ³/₄ teaspoon salt (non-stick finish pan, 1/4 to 1/2 teaspoon dill too). Stir down dough; weed spread into greased 1/4 teaspoon pepper pan. Cover; let rise in 2-1/4 cups instant warm place until light mashed potato flakes and doubled in size, 30 1/4 cup sliced almonds, to 45 minutes. if desired

Bake in preheated 375 degree oven for 35 to 45 minutes or until melted golden brown. Immediately remove from pan. BEEF AND POTATO

PUFF CASSEROLE (Yield: 4 to 6 servings) 1-1/2 pound ground inch baking dish or

beef 1/2 cup chopped onion

or two tablespoons instant minced onion (10-½ ounce) 1 package (one and one- from heat. Stir in fourth cups) frozen potato flakes just until

tablespoons into meat ture; mix thoroughly. 1 (10-3/4 ounce) can mixture. Combine almonds and butter; sprinkle over

Topping

two quart casserole.

PATIO &

GARDEN

SHOP

potatoes. Bake in preheated 2-1/2 cups cream stytle 375-degree oven for 30 to 35 minutes or until meat mixture is bubbly and topping is light golden brown.

> POTATO BURGER BAKE

(Yield: 4 to 6 servings) 1 cup all-purpose,

unbleached or self-2 teaspoons margarine or butter, rising flour 1 cup instant mashed

potato flakes Brown ground beef and onion; drain. Stir One-third cup grated in vegetables, soup Parmesan cheese and water. Bring just ½ teaspoon onion salt to a simmer; remove 1/2 cup margarine or from heat. Pour into butter, softened ungreased 12-by-8-

Filling 1 to 1-1/2 pound ground beef

1/2 cup chopped onion Heat cottage cheese, water, salt, or two tablespoons indill weed and pepper stant minced onion to boiling; remove ¹/₂ cup chopped green pepper or 3 tablespoons sweet pepper

Potato Burger Bake

flakes oil, if desired 2 tablespoons flour 1 teaspoon salt

cup) tomato sauce Sauce condensed cream of

mixture in bottom of bubbly.

prepared pan. 2 tablespoons cooking _ Brown ground beef, onion and green pepper in oil. Add flour and salt; cook, stirr-1 (8-ounce) can (one ing constantly until thickened. Add, tomato sauce; sim-1 (10-34 ounce) can mer three minutes. Spoon filling over crust; top with re-

maining crumb mix-Bake in preheated

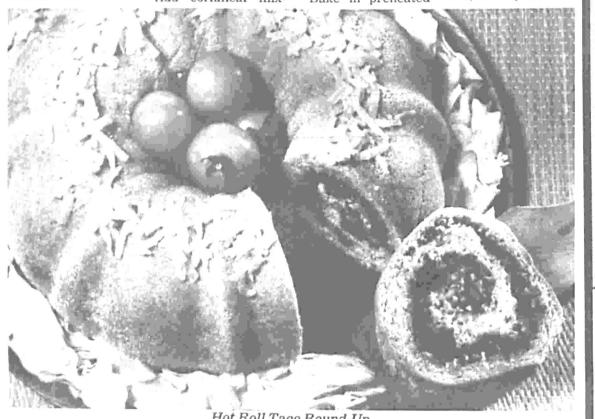
and one-half crumb saucepan; heat until,

mushroom soup Two-thirds cup milk 4 teaspoon garlic ture and press lightly. powder Grease eight or 350 degree oven for 30 nine-inch square bak-ing dish. Combine light golden brown. If first five ingredients; desired, serve with blend just until sauce. Combine sauce crumbly. Press one ingredients in small.

SAFEWAY Everything you want from a store and a little bit more.

Prices effective Wednesday September 5th thru Tuesday September 11, 1979. Sales in retail quantities only.







Cookbook review:

Micky Mouse in the kitchen

by Aggie Webb

Mickey Mouse and his legion of friends have moved into the kitchen to create Walt Disney's "Mickey Mouse Cookbook," a cleverly illustrated volume designed to give youngsters a happy introduction to the kitchen.

On its lively pages, a wicked and dashing Capt. Hook not only duels with a potato peeler as his weapon .to warn young cooks about the hazards of sharp kitchen tools - he also contributes his favorite recipe for mashed potatoes.

With typical chauvinism, Mickey assigns to a sink piled high with dishes to remind the fledgling kitchen artists to "clean up when you're finished in the kitchen if you want to be welcome there again!"

Using a jerry-built periscope, Goofy demonstrates how to measure liquids and later, he shares his recipe for Goofy's Fruit Top Cake."

The book, an excellent basis on which to introduce your child to the kitchen, includes kitchen rules, how to measure ingredients and an illustrated introduction to each basic kitchen utensil, followed by a collection of recipes for "drinks and cookies for after-school snacks, cakes for parties, pancakes and main dishes that you can serve to your whole family as a special treat.

As a long-time cook, I am glad to see that Mickey is putting the kiddies' feet firmly on the kitchen floor with this bit of advice that appears in the "Before You Start" foreward to his book:

"There's only one real secret you have to know to make any of the delicious dishes you'll find in this cookbook: Do exactly what the recipe tells you to. The reason for this is that some recipes just won't work if you change them and your cake may look like a pancake and taste like burned toast. As you become an experienced cook, you may want to experiment with a recipe, but for now you'll be happier if you follow directions.'

It's a Golden Book - not for small children, but great for those.old enough to read and follow directions.

Here's a sampling of the gang's recipes:

Mickey Mouse's Sugar Cookies WHAT YOU NEED:

1 egg 1/2 cup shortening, melted 1 cup sugar 1/2 teaspoon cinnamon

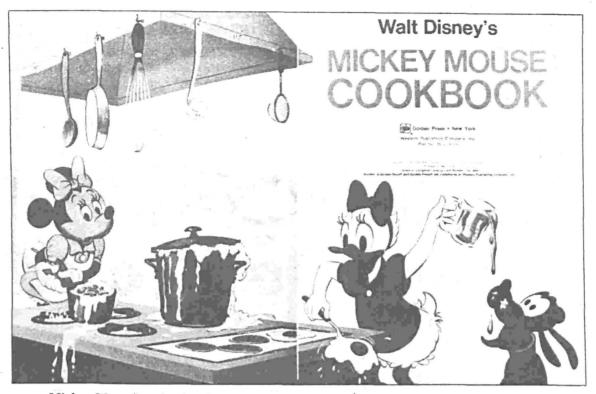
2 tablespoons milk 1 teaspoon lemon juice 2 cups sifted all-purpose flour 1 teaspoon baking powder WHAT YOU DO WITH IT:

1. Preheat the oven to 400 degrees.

2. Break the egg into a large mixing bowl. Add the shortening, sugar, cinnamon, milk and lemon juice. Beat with an egg beater until creamy.

3. Sift the flour and baking powder together into another bowl. Add this to the mixture in the first bowl and mix well with a spoon.

4. Drop the dough by the teaspoonful onto 2 cookie sheets (you



Mickey Mouse's cohorts adventure into the kitchen in a new cookbook for children. -photo by Mike Bainter.

don't have to grease them.) Leave at least 1 inch of space between the cookies.

5. Bake for 8 to 10 minutes or until the cookies are golden brown. Immediately remove the cookies from the cookie sheets with a spatula. Place them on wire racks to cool. Makes about 36 cookies.

If you have only 1 cookie sheet, bake 1 batch of cookies, then let the sheet cool before you drop and bake the rest.

Wonderland Pancakes WHAT YOU NEED: 2 teaspoons baking powder 1 cup sifted all-purpose flour 1/4 teaspoon salt 1 egg 1 cup milk 1 tablespoon salad oil 3 or 4 tablespoons butter or margarine

WHAT YOU DO WITH IT: 1. Sift the baking powder, flour

and salt together into a large mixing bowl.

2. Break the egg into the bowl. Add the milk and stir until the batter is smooth (you can beat the batter with an egg beater instead if you like.) Add the oil and mix.

3. Melt 1 tablespoon butter in a large skillet over medium heat. Tilt the skillet to cover the bottom with melted butter.

4. Pour in the batter a little at a time to make circles about 21/2 in-

ches across. Make sure you leave room between the pancakes - be careful because the batter spreads out.

5. When the pancakes are full of bubbles but before the bubbles burst, turn them with a pancake turner. Cook until the bottoms are browned. Use the pancake turner to remove them from the skillet and stack them up on a plate. Cover the plate loosely with aluminum foir to help keep the pancakes hot.

6. Melt another tablespoon of butter in the skillet and cook a second batch of pancakes the way you did the first. Make a third batch the same way, and a fourth if you still have some batter left. Makes about 12 pancakes.

The Dormouse's Applesauce Pancakes: Add^{1/2} cup applesauce to the batter when you add the oil in step 2. Spread each cooked pancake with 2 tablespoons applesauce.

The White Rabbit's Chocolate Pancakes: Add 2 tablespoons chocolate syrup to the batter when you add the oil in step 2. When the pancakes are all cooked, stack them up in threes and drizzle 2 tablespoons chocolate syrup over each stack.

Serve the stacked-up pancakes as quickly as possible so that they are good and hot - that's why they're sometimes called hotcakes! A pitcher of hot pancake syrup belongs on the table with them, and butter to run melting down the sides of each stack.

Steak and potato Salad STEAK AND 1 teaspoon bottled steak.

POTATO SALAD (Yield: 6 servings)

1 head lettuce Zesty dressing

1 package (one pound) frozen French fries

1 flank steak (about one pound)

1 cup halved cherry tomatoes

1/2 cup thinly sliced onion

Zesty Dressing One-third cup corn oil

vinegar

salad bowl. Return to refrigerator. Prepare French fries as 1/4 cup red wine package directs; keep warm while preparing

Broil steak about six inches from heat 1/2 teaspoon dry five minutes on each side, to medium rare. Cut in thin diagonal

slices. Remove lettuce from refrigerator and top with tomatoes, onion, steak ly before serving, cut and potatoes. Pour

> For Dressing: Combine all dressing ingredients in a small jar. Cover and shake well. Shake again just before using.



Mexican seasoning 1/2 teaspoon garlic salt

mustard 1/2 teaspoon pepper

1/2 teaspoon liquid red pepper seasoning For Salad: Prepare

Zesty Dressing. Short-

lettuce into bite-size dressing all over. Toss lightly and serve at chunks to measure

one and one-half once. quarts and turn into



You've still got it ... you should want to keep it.

"You know, I'm really quite an authority on energy conservation. Man of my age doesn't get to be a man of my age unless he uses his energy wisely.

"That's why Puget Power asked me to talk about this area's energy resources. You know your state's 89 years old, I'm 82. We're both in our prime...both still got it. Washington State has got rain water for power, and I can still stay on key. Here, let me prove it ...



"...you get the idea. Conserving energy. Right now Washington State and me, we're lucky. We've both still got it ... and we want to keep it. But with all the rain, I think Washington has more wrinkles..."

We've still got it. Let's conserve it. PUGET POWER



Those fresh tomatoes are hard to resist

one can never get time of the year, are enough of the season's hard to resist. They fresh produce. are wonderful as-is, or combine green pepper "dressed up" in a Tomatoes for exam-

Bartlett pears make with the contents from summer debut

to two cups water),

Juicy, fresh Bartlett ing process. Once pears make their ripe, pears should be debuton the market in stored in the late summer, pro- refrigerator. For viding good eating fresh eating, Bartlett from mid-August pears should be fully through October. ripe. For baking and They are an all- cooking purposes, purpose pear variety, fruit that is still fairly ideal for fresh use, firm is more suitable.

hand, but also popular ing a large quantity, for desserts and retard discoloration refreshing ac- water. Pack cut side companiment for down, in clean hot meat or poultry jars. Overlap pears dishes.

as the "summer syrup (one cup sugar pear," is bellshaped, with a thin skin that leaving one-half inch turns sunny yellow head space. Seal acwhen ripe. Its flesh is cording to manufac-white, smooth and turer's directions. juicy.

Pears are harvested water bath 20 minutes while still green, then for pints and 25 slowly ripened off the minutes for quarts. tree to develop their delicious flavor, fine Peel, core and slice or texture and juiciness. quarter firm ripe Sweetness increases, pears. Place in too, as starch is con- moisture-proof converted to sugar during tainers. Fill with cold

the ripening process. When buying fresh sugar to two parts pears look for pears water) to which has with golden yellow color and flesh that teaspoon ascorbic yields to gentle acid per quart of pressure. If pears that syrup. Allow approxare green and firm, imately one-half cup just keep them at syrup per pint of fruit. room temperature for Place crumbled wax a few days. A wet paper over fruit to towel over the pears hold it under syrup. will hasten the ripen- Seal and freeze.

Purple prune plums: favorites in lunches

The Northwest is whole, or cut in halves famous for its colorful and pit. Prick skins of crops of purple prune whole prune plums to plums that come to prevent bursting. market in mid- Pack into clean hot August. Lasting jars. Cover with hot through September, light syrup (one cup this fruit is sugar to two cups characterized by a water), leaving onedark skin with light half-inch head space. silver frosting. Purple Seal according to prune plums are a manufacturer's direcfavorite for fresh tions. Process in boileating, convenient to ing water bath 20 pack in lunch boxes or minutes for pints and a picnic basket. 25 minutes for quarts. They are also one of When freezing purthe tastiest summer ple prune Plums: fruits for use in bak- Select fully ripe puring. They have a ple prune plums when sweet, slightly tart freezing. Wash and flavor, and firm leave whole or cut in golden flesh that takes halves and pit. color from the skins For dry pack: Pack during cooking to turn prune plums in a rich red color. freezer containers, Freestone and non- leaving one-half inch darkening qualities head space. Seal and make purple plums an freeze. Use later for easy fruit to use for jams and preserves. home preserving. Or, add sugar to Purple prune plums sweeten if desired. are often referred to When packing as Italian prunes, or prune-plums in syrup: prune plums. Place cut fruit in To select high quali- freezer containers. ty purple prune plums Cover with light syrup from your produce (one cup sugar to two department, look for cups water). Leave plums that are rich in head space of one-half color. They should be inch. Place a piece of in the slightly soft crumpled freezer stage of ripeness to be paper on top to hold at their best for fresh fruit below level of eating. Store ripe syrup. Seal and plums in the freeze. Ascorbic acid refrigerator at home. (One-half teaspoon per For canning plums: quart) may be added Select firm, ripe pur- to syrup to prevent ple prune plums. discoloration of fruit Wash and leave on thawing.

Dressed up or plain, ple, so plentiful at this variety of ways.

For a special treat, and onion, and saute them briefly in this Seasoned Butter. The butter is seasoned a packet of seasoned salad dressing mix. With the seasoning this simple and complete, you don't have to rely on a shelf full their freshness.

spices. The seasoned butter can be preapred in advance, refrigerated

provides a tast flavoring accompaniment to fresh vegetables, handpicked from your garden, or purchased as you need them ed from your local markets, to best savor

of exotic herbs and VEGETABLE RATATOUILLE

(Yield: 8 servings) One-third cup olive oil chunks and used as needed. It 1 medium eggplant, 1 or 2 tablespoons five to 10 minutes, or cut in chunks 2 medium zucchini,

quartered and cut into one-inch pieces 3 medium onions, slic- gplant, zucchini,

3 medium green peppers, coarsely chop-ing mix over ped

2 envelopes Italian salad dressing mix 3 medium tomatoes, peeled and cut in

grated Parmesan until tomatoes are cheese

Heat oil in large cheese. Serve hot or skillet and add egonions and peppers. S E A S O N E D Sprinkle salad dress-

vegetables. Bring to a 3 tablespoons season-

boil; cover and simmer 10 to 15 minutes; stirring occasionally. Add tomatoes and cook uncovered for ed tender. Sprinkle with cold.

TOMATOES (Yield: 6 servings)

ed butter 1 small green pepper, softened butter or cut into rings

margarine. Store 1 medium onion, slic-covered in refrigerator. 6 small tomatoes, cut Melt Seasoned But-

three-fourths cup

198

109

99

189

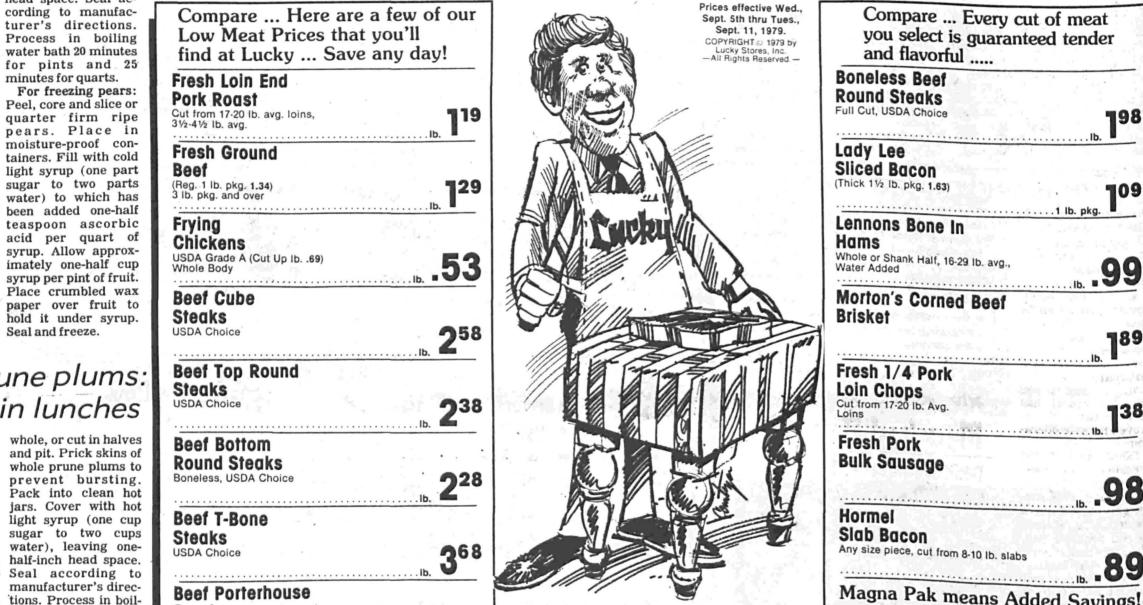
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into wedges (about ter in skillet. Add one and two-thirds green pepper and CUDS)

onion and saute until Seasoned Butter: just tender, about four Stir one envelope minutes. Add tomato cheese garlic, old wedges; cook and stir fashion French, gently for about two Italian or garlic salad minutes. Makes three dressing mix into cups or six servings.

Our Low Meat Prices ideal for fresh use, cooking and preserv-ing. Pears are most often enjoyed out-of-

salads. They also by keeping pear At Lucky, we don't offer specials on our meats, we offer low everyday prices every day. When the market goes down, we immediately pass the The Bartlett, known for best pack. The Bartlett, known for best pack. Cover with hot light savings on to you with Lower Meat Prices ... Compare ... More Good Eating Per Pound ... LUCKY HAS IT!



SPARKLY PUNCH (Yield: 4 cups) 2 cups red wine 1/2 cup water Tempting ² scoops lemonade flavor drink mix 4 lemon slices 4 lime slices thirst 4 orange slices 1 bottle (12 ounces) quenchers ginger ale, chilled Combine with Combine wine, water and drink mix in a pitcher; stir until

drink mix is dissolved. Add fruit and chill well. Just before serving, add ginger ale. Serve over ice, if desired.

Loin Chops

Cut from 17-20 lb. avg. loins

Steaks **USDA** Choice

Fresh Pork **Rib Chops** Cut from 17-20 lb. avg. loins **Fresh Pork**

378

159

69

iomestyle. L & P SAUCE

Warchestershire

FARMAN'S KOSHER DILLS

MOREHOUSE MUSTARD

SAFFOLA MAYONNAISE

SMUCKER'S PRESERVES

GREEN GIANT BEANS

PAMPERS DIAPERS

HI UNDERWOOD HAM

SWEET N LOW

HILTON'S OYSTER STEW

ROSARITA REFRIED BEANS

SAFFOLA SAFFLOWER OIL

POTATO BUDS

lb.

HINUTE MAID FRESH DRINKS Lemonade, Pink Lemonade or Fruit Punch 84 oz. .69 HE NALLEY'S MAYONNAISE .32 02. .99 SKIPPY PEANUT BUTTER 18 oz. 1.15 Creamy or Super Chunk. Cheese, Sausage, Pepperoni, Hamburger or Canadian Bacon..... HE LADY LEE CHILI WITH BEANS PTT PUREX DRY BLEACH .61 oz. 1.15 **WINDEX WINDOW CLEANER** 22 oz. 1.18 With Trigger Sprayer GOLDEN GRAIN RICE-A-RONI Chicken or Beet 16 oz. .49 **HAT GENERAL MILLS CEREALS** .. 12 oz. .99 .12 oz. .45 HARVEST DAY SANDWICH BREAD 30 oz. .57 Giant White. 41/2 OZ .39 Apple or Boysenberry..... 1.65 BAR-S SLICED BACON BAR-S PASTRAMI LADY LEE LUNCHMEAT Assorted Varieties

BAR-S CANNED HAM 5 lb. 9.69 HILOG CABIN SYRUP 24 oz. 1.37

Lucky never offers "specials" on a few selected cuts of meat. We carry over 200 cuts of meat, fish and poultry ... and every one is special to us-every day of the week! Lucky's discount pricing means that we maintain a lower profit margin ... and lower everyday prices. So when the cost of meat goes down, we immediately pass the savings on to you! For real meat value every day - Lucky Has It!

The Meat Ad is not effective on Sunday September 9, 1979 due to staffing problems. However, all available items are priced as marked.

24 oz.

	TO X 16
10 oz. 1.07	THEFTY TALL VITOUEN DAGE
.24 oz49	PT DROMEDARY PITTED DATES
24 oz. 1.19	Assorted Flavors 6.5 oz. 27
18 oz. 1.29	Instant Dinner So Ib 0.33
20 oz61	GOLD MEDAL FLOUR
.15.5 oz41	Banana 15.5 oz. or Date 17 oz.
. 16.5 oz87	General Mills
.12's 1.93	Frozen-French Fries or Tater Pops. 32 or .99
. 10.5 oz68	Frozen
. 17 oz41	PEPPERIDGE FARMS CAKE
.4.5 oz73	Frozen-Pineapple Cream or Strawberry Cream
24 oz 1.28	COCA-COLA, TAB, FRESCA
100's 1.02	Assorted or White. 4 rolls .97



Magna Pak means	Added	Savings!
Fresh Chicken	REGULAR	MAGNA PAK
Breasts Ribs attached, USDA Inspected-Fresh	139	134
Fresh Chicken Drums-Thighs	REGULAR	MAGNA PAK
USDA Inspected-Fresh	.98	_95
Boneless Beef Stew Meat	REGULAR	MAGNA PAK
USDA Choice	198	193

Chocolate Mail, Chocolate, Assorted.....10's 2.07

VAN DE KAMP ITEMS

WHITE SANDWICH LOAF	
	66
CINNAMON ROLLS	40
GOLDEN NUCOSTO	13
GOLDEN NUGGETS DOUGHNUTS	
10 oz	3-

HEALTH & BEAUTY AIDS

Deodorant - Regular or Unscented 1.5 oz. 1.27	,
Powder 4 59	
BAYER CHILDRENS ASPIRIN 36's .48	
36's 1.06	;

PRODUCE ITEMS

U.S. NO. 1 POTATOES	Bag .69
NECTADINES	. ib 12
PEACHES	
CASABA MELONS	.1045
CHERRY TOMATOES	

FEDERALWAY STORE 1211 So. 320th Street

Meals under pressure

ner? If a micrwoave oven isn't available, try a pressure cooker.

cooker can sometimes meet or beat the cooking speed of a \$250 microwave oven, says Jan Grant, King County extension agent. That's true even if the necessary heating-up and cooling-down time with a pressure cooker is allowed for.

However, a microwave oven is faster and more practical to reheat sandwiches or leftovers. But, a pressure cooker will cook potatoes for four people in 12 to 15 minutes; a microwave takes 10 to 12 minutes.

can prepare beef stew for four people in about 15 minutes, while a microwave oven would take 35 minutes. "The two appliances aren't really competing for jobs to do in the kitchen," says Mrs. Grant. But an inexpensive pressure cooker can speed up cooking, also.

Smaller pressure saucepans can be bought to fit a family's needs today. They're availble in two to seven-quart capacities. When deciding on the appropriate size, remember that these cookers should never be filled more than three-fourths full. Also try taking the lid off and putting it back on; the saucepan should be easy to open and close. It should also be lightweight enough that it can be handled safely when it's full of food.

Laboratories (UL) seal; it assures you that the model has been tested and approved for safe operation.

Take care of the pressure saucepan. Every time it is used, clean and dry the rubber gasket; it ensures an airtight fit between





by Ruth Jurich 5 cups sugar Perseverance Cut orange and seems to be the only lemon in half answer to the pear lengthwise, lay on a problem. Pears ripen board and slice very

at their own pace and thin with a very sharp thereby set their own knife. Put juice, pulp, canning schedule, and skins and all in a large there seems to be no saucepan with a fitted shortcut to hand peeling and coring them and placing the halves

carefully in jars. But it's all worth the bother, especially if you happen to have a tree in your yard. Canned pears are among the best fruits to have on hand for salads, desserts or just plain eating.

So if you're lucky enough to have a few boxes ripening in the basement, you might as well get your canning equipment together, turn on your stereo or find something you like on the radio, sit down comfortably and get to work.

Right now it looks like I'll be canning pears for weeks and weeks, but by the time this goes to press I may be almost done. The pears are, of course, all picked. They should never be allowed to fully ripen on the tree. The ideal stage to start peeling and packing them is when they first start to turn yellow and are still firm but not hard. If you have a few

pears that have arrived at this stage but not enough to fill a cooker, you can put them in the refrigerator while some of the others catch up.

BEFOREI FORGET I got a lovely note from Francie Olson of Kent telling me of the fine results she had with my method of making blackberry jelly. Francie didn't tell me her age, but I think she's off to a good start, and I hope she has many years of experiencing the "Joy of



cover. Add water, bring to a boil, and simmer, covered, 30 to 40 is very tender.

/ Peel and core pears, shred them on a lids and screw rings

add to the hot lemon and orange mixture. Add sugar, and cook, uncovered, stirring frequently until syrup is thick when a few drops are put on a cold saucer, 10 to 20 minutes, depending on how rapidly the

mixture is boiling. Pour into hot, sterilized jars, filling minutes or until peel to a half inch of the top. Wipe edges of jars to remove any and slice very thin or fruit or syrup, put on

coarse shredder, and tight. Put jars on a

rack, cover with hot water, and process five^A minutes after water comes to a boil. Let jars cool on a rack and remove jar rings the next day.

There is enough pectin in the orange and lemon to give the marmalade a slightly jellied texture.

If you like you may add a tablespoon of thin sliced or shredded fresh ginger along with pears and sugar. It's a good flavor combination.

PEARS ARE BLAND or have a very delicate flavor but lend themselves to many flavorful combinations.

Minted pears make a fine accompaniment to roast lamb or can be filled with cream cheese for salad. You can use either fresh or canned pears. For canned pears, pour the syrup into a saucepan and bring it to a boil. Add a few drops of green coloring and mint flavoring

to taste. Put, pear flavoring when you usual three cups fruit, halves into the hot remove the pears one cup sugar and two syrup, let cool, and from the stove. Let tablespoons of flour store in the stand a few hours or for the filling. refrigerator several overnight.

hours or overnight to If you want to add a Mix one cup brown let color and flavor little piquancy to your sugar, 1 cup flour and penetrate. pears when canning a cube of butter or When using fresh them, you might put a margarine with a litpears, make a syrup slice of lemon and a tle ginger and of one cup sugar and tablespoon of brandy nutmeg. Blend with one cup water. Bring to each jar before pro- fingers and spread to a boil, and add cessing. three or four large Pears go well in sliced pears in a bak-

pears, peeled, cored many baked desserts. ing dish. Bake at 350 and cut in half. Sim- For pie you may want 50 to 60 minutes when mer pears gently until to add a dash of pears should be clear, and add green nutmeg and a teas- tender and top browncoloring and mint poon of ginger to the ed.

Here's a good one. over four or five cups



Cooking

I'm sure she was us-ing those small, tart fine flavored wild blackberries that ripen in early summer. They are full of natural pectin. I mention this, because those which ripen in brambles along the roadside this time of year, although larger, have Neither the flavor of the others nor the pectin. If you want to make jam or jelly out of them , use a commercial pectin and follow the directions to the letter.

Pears and peaches are also among the fruits that contain no natural pectin; so if you want to make a jam or conserve and prefer a thick, jellied texture it's best to use a commercial pectin and follow directions. Above all, don't double or triple the recipe, because increasing the quantity throws off the cooking time.

It's possible to make a good pear marmalade with a fine flavor and slightly jellied texture by using an orange or a lemon or both. Here's a recipe:

Pear Marmalade 1 orange 1 lemon 1 cup water 4 cups shredded pears

Shop more often to take advantage of unadvertised specials. Most food markets have weekly sales usually before the weekend. Many stores have sales on the traditionally slow days of Monday and thursday.

Try the "family packs" of chicken, bulk hamburgers, and chops, and be your own butcher. They're usually priced lower than smaller portions.

Garden peppers spice up meals

There are two fleshed and the chili, calories. distinct types of pimento and cayenne garden peppers: those flesh and those with hot peppers. the hot or pungent flesh.

bably the most medium raw pepper serving. popular of the sweet contains only 16 All peppers in pepper is more and 40 degrees.

(either dried or fresh) that are firm, well- turn red if left on the with the mild or sweet are the popular of the shaped, thick-fleshed vine long enough. The

hot peppers. and have a glossy green and red bell Green peppers are a sheen on their bright peppers may be used good source of colored background. interchangeably in vitamin A and C. Avoid shriveled, many recipes, Within each of these Mature red peppers bruised peppers or however their flavors groups is a are a good source of ones with soft watery are distinctly difremarkable range of vitamin A, but contain spots. Allow one ferent. The longer the sizes, shapes and col- less amounts of medium or one-half pepper is on the vine would be the ors. The bell is pro- vitamin C. One large pepper for each the sweeter it refrigerator usually

Select fresh peppers green, yellow or red;

whatever shades of popular in European travs.

The ideal storage temperature for fresh peppers is about 50 degrees. Second best leave whole. becomes. The red bell between 38 degrees

To prepare: Cut the slice or halves in a peppers are added to countries than the vegetable in half, vinegar-water solu- tomatoes (stewed United States; but remove stems, seeds, tion for half an hour or tomatoes) pressure makes a nice change and pith. Remember so to reduce some of canning is necessary. in salads and on relish the juice, seeds and the spicy taste. membranes of the hot peppers are very

Since peppers are a (with center removpungent; keep hands low-acid food they ed) and halves - three away from your face need to be processed minutes; slices or when using. Once pep- in a pressure canner. dices - two minutes. pers have been clean- But with the addition Cool in icy water for ed - slice, chop or of a strong vinegar the same length of brine, boiling water time. Diced peppers

just too hot, soak the method to be used. If blanching.

choosing apricots When Freezing:

Blanch whole peppers If a hot pepper is bath processing is the may be frozen without

PSO

S, ANNHOF

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The bright parade of fresh Wr ington apricots beg in July and extends into August. This sunny yellow fruit is a favorite for fresh eating in salads, desserts and out-ofhand. One of the richest fruit sources of Vitamin A, apricots also provide important minerals calcium, phosphorus and iron.

Hints on

The primary Washington varieties are Moorpark, Riland, Tilton and Perfection. The variety Rival is new and produces very high quality fruit. All varieties have good canning and freezing properties, in addition to their delicious fresh-eating qualities.

To buy ripe, fullflavored apricots, look for plump, golden-skinned fruit that yields slightly to gently pressure. Avoid apricots that have lots of green showing on their skins, as they will not ripen properly. If apricots you buy are slightly firm, keep them at room temperature until they turn golden and begin to soften slight-ly. Once ripe, they should be refrigerated.

Canning apricots: Select firm, fully ripe Washington apricots for canning. Wash, halve and pit. Pack into clean hot jars. Cover with hot light syrup (one cup sugar to two cups water), leaving one-half-inch head space. Seal according to manufac-turer's directions. Process in boiling water bath 25-minutes for pints and 30 minutes for quarts.

For freezing apricots: Choose slightly firm, ripe apricots that are full colored. Wash, halve and pit. Do not peel, Prepare and chill





ing.

thoroughly before fill-

minutes. Cool

Oven-Fried Chicken Monterey is a treat

For a different taste 1 envelope (11/4 oz) to a favorite food, try this spice Southwestern fried 16 chicken thighs (4 chicken. margarine

Oven-Fried Chicken Monterey 4 cup all-purpose 1 cup crushed tortilla

flour

taco seasoning mix ped onion 1 tblsp cooking oil 2 tblsps all-purpose lbs)¼ cup butter or flour 1/4 tsp salt

1 tsp lemon juice 1 can (13 oz) chips (4 cups uncrush-

per sauce 1 cup Monterey Jack cheese, shredded 1/4 cup sliced pitted ripe olives

evaporate milk

flour and the taco in 15 x 10 x 1-inch bak- to 50 minutes. Mean-14 tsp bottled hot pep- seasoning mix in a ing pan. Place while, cook onion in oil paper or plastic bag. chicken in pan, turn- till tender but not,

> Add 2 or 3 chicken ing once to butter sur- tablespoons flour and pieces at a time and faces. Roll in crushed the salt. Add

brown. Blend in the 2

mixture thickens and ed lettuce and bubbles. Add cheese, chicken. Spoon some olives and lemon cheese sauce over juice, stirring until chicken. Garnish with cheese melts; do not additional tortilla boil. chips and ripe olives,

shake to coat. Melt chips and return to evaporated milk and To serve, line serv- if desired. Pass re-baking pan. Bake in hot pepper sauce all at ing dish with leaf let- maining sauce. Makes Combine the ¹/₄ cup butter or margarine ³⁷⁵-degree oven for 45 – once; cook and stir till tuce. Top with shredd- 8 servings.



How to preserve your fresh Washington peaches

lasts through most of

Fresh Washington red-golden color. late August and least creamy, and peach season starts Their freestone quali- September with may have a rosy the middle of July and ty makes them easy to Elbertas and J.H. Hales. prepare.

September. There are three ma- Look for peaches Washington peaches jor varieties, Red that are fairly firm, should be stored in the are known for their Haven, (mid-July), but becoming a trifle refrigerator until they superb flavor, juicy Early Hales, (mid- soft. The skin color are to be used. texture and sparkling August), followed in should be yellow, or at

mature should be

Peel, halve and pit Seal according to peel. Cut in halves or one-half teaspoon down and cover with peaches. Pack, cut manufacturer's direc- slices and remove ascorbic acid to each more syrup leaving jars, overlapping ing water bath, 25

side down, into hot tions. Process in boil- pits.

halves. Cover with hot minutes for pints and For syrup pack syrup in each freezer ed plastic wrap or light syrup (one part 30 minutes for quarts. peaches: Prepare container. Cut halves aluminum foil on top sugar to two parts Freezing: Select syrup of one and one- or slices of peaches to hold fruit below water), leaving one- fully ripe peaches for half parts sugar to two directly into cold level of syrup. Cover When canning: half-inch head space. freezing. Wash and parts water, adding syrup. Press fruit tightly and freeze.

quart of syrup. Put one-half inch head one-half cup cold space. Place crumpl-



to serve, if desired.

.ight, tempting summertime foods

light and still eat right fashioned oats, un- soup becomes too in the summertime? cooked It's easy when the 1 medium-sized carfoods are nutritious rot, quartered and tempting ingre- 1 teaspoon salt 2 cups plain yogurt dients.

as Portable Picnic chives Cake, Summer Fried Fish, Chilled Chive 'N Zucchini Soup and a rot and salt in blender ped pecans Summer-Light Tuna Salad, a meal can be blend 10 to 15 seconds or margarine, melted portable, pretty and or until smooth. packable enough to fit right into a carefree chives in large bowl; lifestyle.

PORTABLE PICNIC CAKE (Yield: 1 13x9-inch cake)

Crunch Topping: 1¼ cups quick oats, uncooked Two-thirds cup firmly packed brown sugar 1/4 cup chunk-style peanut butter, melted ¹/₄ cup butter or margarine, melted Cake: % cup chunk-style

peanut butter 3 cup butter or margarine

1/2 cup firmly packed brown sugar

1-1/2 cups ground oat flour

1-1/4 cups all-purpose flour

1 tablespoon baking

powder % teaspoon salt

3 eggs, beaten

Two-thirds cup milk

¹/₂ cup honey For crunch topping,

combine all ingredients; mix well.

For cake, beat together peanut butter, butter and sugar until creamy. Gradually add combined dry ingredients alternately with combined eggs, milk and honey, mixing well after each addition.

Spread batter into greased 13-by-9-inch baking pan; sprinkle crunch topping evenly over batter. Bake in preheated 350 degree oven for 30 to 35 minutes or until wooden pick inserted in center comes out clean. Cool.

Note: To substitute old fashioned oats for quick oats, for crunch topping, increase oats to one and one-half cups.

SUMMER FRIED FISH

How can you eat 1 cup quick or old milk may be added if light golden brown. seven to eight minutes ving, stir in Add-Athick upon standing.

> HONEY PECAN ADD-A-CRUNCH (Yield: 4 cups)

With recipes, such 2 tablespoons chopped 2-1/2 cups quick or old fashioned oats, un-Combine zucchini, cooked

broth, milk, oats, car- 1/2 cup coarsely chopcontainer. Cover; One-third cup butter

One-third cup honey Combine zucchini ¼ cup firmly packed

mixture, yogurt and brown sugar Combine all ingremix well. Cover; chill dients; mix well. several hours. Bake in greased 15-by-Sprinkle with addi- 10-inch jelly roll pan mix well. Stir in oats tional chopped chives in preheated 350 and nuts; mix well. degree oven for 18 to Cook in 11-by-7-inch

Mix well.

Spread mixture onsheet or aluminum foil; cool thoroughly. Store in tightly covered container in refrigerator up to three months. Serve

as topping over fruit salad, fruit, yogurt, frozen yogurt, ice cream of pudding. Microwave oven directions: Combine

butter, honey and sugar in large glass bowl. Cook at High about one minute;

Note: Additional 20 minutes or until baking dish at High Chill. Just before ser-

or until light golden Crunch. Serve as a brown, stirring after salad on lettuce or to ungreased cookie every two minutes of tomato. cooking. Cool and store as recipe

> SUMMER-LIGHT TUNA SALAD (Yield: 2 cups salad) pan. **%** cup celery slices % cup plain yogurt One can (7-ounce)

tuna, drained, flaked 2 tablespoons sweet pickle relish 34 cup Savory Onion

directs.

Add-A-Crunch (see recipe below) Combine all ingre-

dients except Add-A-Crunch; mix well.

TOASTED OATS

Place one to two cups quick or old fashioned oats, uncooked in ungreased 15x10-inch jelly roll

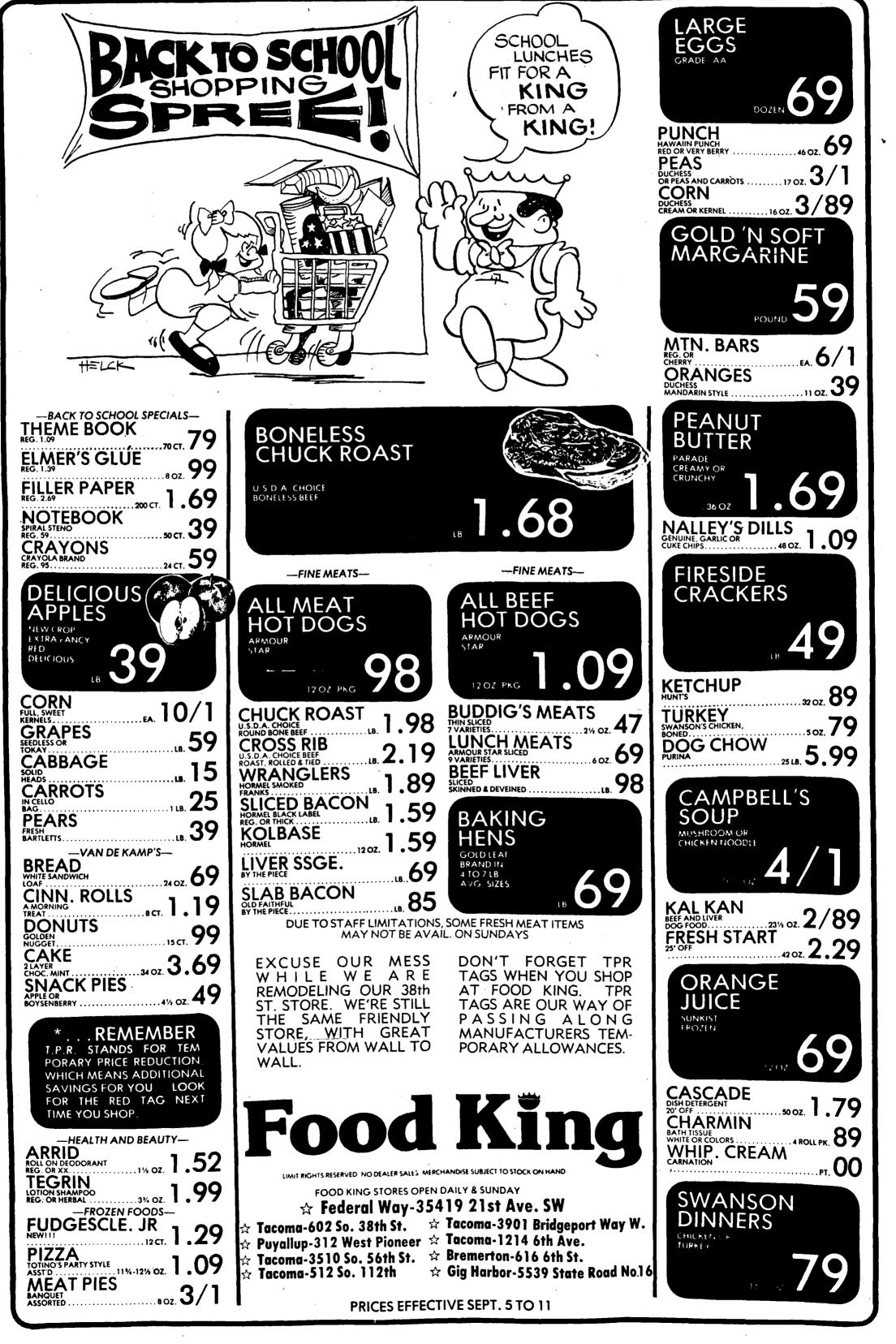
Bake in preheated 350 degree oven for 18 to 20 minutes or until light golden brown. Cool and store in

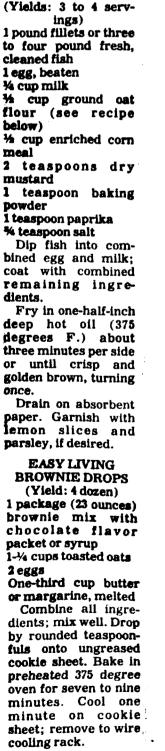
tightly covered container in refrigerator up to six months. Variations: For two to three cups Toasted

Oats, increase baking time to 20 to 25 minutes.



Summer fried fish





CHILLED CHIVE 'N **ZUCCHINI SOUP**

(Yield: 6 servings) 2 medium or three small zucchini, quartered Ône (1-¾ cups) chicken broth 1½ cups milk

The News Wednesday, September 5, 1979 E-13



COBVEIGHT @ 1878 ASSOCIATED OBOOFDO HIO

Lunch menus for back-to-schoolers

THURSDAY, SEPT. 6: Hamburger, bun, catsup, french fries, carrot sticks, pears, cooky, milk. FRIDAY, SEPT. 7: Corn dog, mustard, tater rounds, apple wedges, cooky, milk.

MONDAY, SEPT. 10: Spaghetti, green salad, french dressing, warm buttered bread, peanut butter square, milk.

TUESDAY, SEPT. 11: Toasted cheese sandwich, green beans, fresh fruit cup, cooky, milk. WEDNESDAY, SEPT. 12: Hot

dog, finger buns, mustard, tater rounds, carrot sticks, apple crisp, milk. THURSDAY, SEPT. 13: Pizza,

green salad, dressing, buttered

corn, chilled peaches, milk. FRIDAY, SEPT. 14: Fishwich, THURSDAY, SEPT. 20: Taco, bun, shredded lettuce, tartar sauce, french fries, cantaloupe wedges, milk.

MONDAY, SEPT. 17: Barbeque beef, steamed rice, green salad, 1,000 Isle dressing, hot roll, butter, orange cake, milk.

TUESDAY, SEPT. 18: Macaroni and cheese, lettuce wedge, 1,000 Isle dressing, cinnamon roll, petite banana, milk.

WEDNESDAY, SEPT. 19: Turkey melt (sliced turkey and cheese on a bun), buttered peas. potato chips, applesauce,

brownie, milk.

grated cheese, shredded lettuce, cornbread, butter, peaches,

cooky, milk. FRIDAY, SEPT. 21: Oven fried

chicken, mashed potatoes, gravy, vegetable sticks, buttered whole wheat roll, chilled peaches, milk.

MONDAY, SEPT. 24: Corn dogs, mustard, tater rounds, apple wedges, cooky, fresh fruit cup, milk.

TUESDAY, SEPT. 25: Pizza, green salad, french dressing, buttered corn, orange Jello, cooky, milk.

FIFE SCHOOL DISTRICT WEDNESDAY, SEPT. 5: Taco salad with cheese, lettuce and meat sauce, buttered whole kernel corn, hot french bread, fresh fruit in season, milk. THURSDAY, SEPT. 6: Ham-

MONDAY, SEPT. 10: Spaghetti FRIDAY, SEPT. 14: Fishwich with meat, tossed green salad, chilled applesauce, hot french bread, milk.

TUESDAY, SEPT. 11: Chili with crackers, carrot sticks, fruit cup, hot cinnamon rolls, plain or chocolate milk.

WEDNESDAY, SEPT. 12: Country fried chicken with gravy,

mashed potatoes, buttered peas, cranberries, candied sweet potatoes, fresh fruit, milk. THURSDAY, SEPT. 13: Hot dog

on bun with mustard, potato chips, vegetarian beans, chilled fruit, milk.

with tartar sauce, crisp salad, chilled peaches, milk.

MONDAY, SEPT. 17: Beef and macaroni casserole, buttered green beans, fruit cup, whole wheat rolls, milk.

TUESDAY, SEPT. 18: Sloppy joe on bun, buttered corn, cake with fruit topping, plain or chocolate milk.

WEDNESDAY, SEPT. 19: Turkey in gravy with mashed potatoes, seasoned green beans, cranberries, chilled fruit, sweet potatoes, hot rolls, milk.

THURSDAY, SEPT. 20: Hamburger on hot bun, potato chips, crisp finger food, fruit bars, milk. FRIDAY, SEPT. 21: Macaroni and cheese, buttered mixed vegetables, chilled applesauce, homemade cinnamon rolls, milk. MONDAY, SEPT. 24: Breaded beef and gravy, mashed potatoes seasoned green peas, cranberries, chilled pears, homemade rolls, milk.

TUESDAY, SEPT. 25: Surprise Day.

TACOMA SCHOOL DISTRICT

WEDNESDAY, SEPT. 5: Beefburger on buttered bun, catsup, mustard, relish, french fries, cantaloupe wedge, milk.

THURSDAY, SEPT. 6: Pizza with meat and cheese, seasoned corn, tossed green salad, blueberry buckle, milk.

FRIDAY, SEPT. 7: Toasted cheese sandwich, golden glow salad, seasoned green beans, bunch of grapes, milk.

MONDAY, SEPT. 10: Brown beef and gravy, whipped potatoes, zucchini sticks, cornbread and

butter, fruit bar cookie, milk. TUESDAY, SEPT. 11: Batter dipped fish with catsup, tri tator, hot buttered french bread, fruit cup, peanut butter cake with peanut butter frosting, milk.

WEDNESDAY, SEPT. 12: Taco with meat and cheese, shredded lettuce, sliced tomato, Kitchen Made maple bar, watermelon wedge, milk.

THURSDAY, SEPT. 13: Oven fried chicken, whipped potatoes, tossed green salad, whole grain bread and butter sandwich, cantaloupe wedge or chilled applesauce, milk.

FRIDAY, SEPT. 14: Chili, carrot

sticks, chilled pears, Kitchen Made cinnamon roll, milk. MONDAY, SEPT. 17: Wiener in buttered bun, catsup, mustard, relish, carrot sticks, seasoned green beans, chilled pineapple or orange Jello, milk.

TUESDAY, SEPT. 18: Spaghetti with meat and cheese, celery curls, hot buttered french bread, chilled peaches, milk.

WEDNESDAY, SEPT. 19: Fair Day.

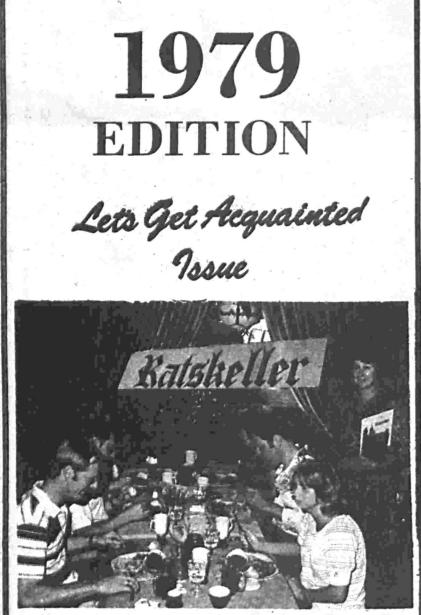
THURSDAY, SEPT. 20: Salisbury steak, whipped potatoes, tossed green salad, bulgur roll and butter, watermelon wedge, milk. FRIDAY, SEPT. 21: Fair Day

Special: Cheeseburger on buttered bun, mustard, catsup, relish, shredded lettuce, sliced tomato, strawberries in Jello, milk.

MONDAY, SEPT. 24: Turkey sandwich, lettuce and pickles, corn niblets, chilled apricots, peanut butter cookie, milk. TUESDAY, SEPT. 25: Boston

baked beans with wiener rings, carrot sticks, yummy muffin, pineapple tidbits, milk.





Enjoy Sunday brunch at the new RATSKELLER RESTAURANT located in Tacoma's Old City Hall. This location and the original RAT-SKELLER at 10567 GRAVELLY LAKE DRIVE feature a large and varied selection of German cuisine. German desserts, German wine and beer and cocktails are available at both. Owned by Jerry and Margarete Werdal, both restaurants offer full menus for breakfast, lunch and dinner. In Tacoma the hours are 7 a.m. to 10 p.m. Monday through Thurs-day, 7 a.m. to 2 a.m. Friday and Saturday, and 9 a.m. to 9 p.m. Sunday. PHONE 272-8304. The Lakewood restaurant is open from 7 a.m. to 10 p.m. Monday through Saturday, 9 a.m. to 9 p.m. Sunday. PHONE 582-582-2035.

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Food preservation exhibited at fair

soft, slippery, or latest batch of jam among the uninitiated who have not yet tried their hand at home canning and food be sold. preservation, but would like to do so?

from the Master Canner Program will con- ty Cooperative Exten-gram is Penny Tempting Chicken Kabobs

the 12th Annual Do-It- general public with inshriveled? Is your Yourself Fair, Sept. 6- formation from 9 at the Seattle Center Washington State runny? Or are you Coliseum. Presented University and U.S. by Ernst Home Department of Centers, admission to Agriculture. All types the fair is free and no of food preservation goods or services will will be described and demonstrated at the

The Master Canner fair. Representatives Program is coor- Coordinator of the dinated by King Coun- Master Canner Pro-

Are your pickles duct free classes at sion, and provides the Bergland, staff home that fruit picked after low-calorie alter- tape works well). King County Cooperative Extension.

receive about one hunpreservation."

If the inquiry convinegar, or to detach the cucumber's blossom before picklcan be caused by too much time between gathering and pickling, or too strong a vinegar solution.

Runny jam is frequently caused by insufficient quantities of sugar or pectin, Ms. Berland said. "Many people don't realize

economist with the a rain is likely to be native to potato chips, waterlogged."

Beef jerky will be calories in ten chips." hard on the outside Fruit leathers take "About 40 percent of and soft in the middle advantage of overripe American families if dryed at too high a or damaged fruit, and now have gardens or temperature. Ac- make yearround spoon to allow are raising some of cording to Ms. snacks." moisture to escape their own food," said Bergland, it might Other classes at the Penny Bergland, even rehydrate in fair will feature house degree temperature. coordinator of the storage, soadhering to plant care, holiday ar-Master Canner Pro- proper drying times tificial flower arrang- temperature at 150 gram. "During the and temperatures is ing, free standing degrees. Higher summer months, we especially important. stove installation, temperature will dred calls a day fairgoers can see home creative convethrough our hotline demonstrations of nience cooking, dog should also be used to from people with food preservation grooming, power questions about cann- basics, as well as tools, fall pruning, temperature. ing, freezing, drying - newer, easier, safer counter topping, fur-all phases of food adaptations to stan- niture finishing and thickness of slices, but dard procedures.

cerns soft or slippery should be aware of the auto tune-up. There pickles, callers might many changes and will be over 20 "sitbe advised by master techniques that alter down'' schools and 180 canners to use standard canning demonstration booths. stronger brine or practices," she said. The fair will be open "Two food ideas we'll from 4 to 10 p.m. demonstrate involve Thursday and Friday, very simple drying 10 a.m. to 10 p.m. ing. Shriveled pickles techniques. Tomato Saturday, and 10 a.m. blender with desired chips and fruit to6p.m. Sunday. leathers are easy to prepare and require little more in the way of equipment than a lengthwise, one- one-fourth-inch thick

> or a blender." Ms. Bergland said the tomato chips con- cheesecloth over oven

which contain 160

She said that microwave cooking, refinishing, basic should be approx-"Home canners electrical wiring, and imately four hours. The fair will be open

TOMATO CHIPS

retain juices. 2. Stretch wrap. tain 10 calories in 22 racks and tape open with a wooden

3. Place sliced tomatoes on rack approximately one-halfinch apart.

4. Prop oven door open with a wooden

5.Кеер cause chips to burn. An oven thermometer help maintain

Chips will snap or be brittle when done.

7. Season tomatoes with garlic, spices, or onion salt for flavor.

FRUIT LEATHERS 1. Puree fruit in

spices and sweeteners.

2. Spread approx-1. Slice tomatoes imately one-eighth to standard kitchen oven fourth-inch thick, to on a cookie sheet covered with plastic

3. Prop oven door chips, delicious and a securely (masking spoon to allow



Master canner demonstrator

moisture to escape nate the cookie sheets and help maintain 150 occasionally for even degrees temperature. drying.

4. K e e p 6. Store in air-tight temperature at 150 container (glass jar; degrees for approx- plastic bag inside imately eight hours. freezer; plastic bag An oven thermometer inside coffee can; should be used. rigid plastic con-5. If top and bottom tainer, etc.) to preracks are used, alter- vent rehydration.

Straw Hat Pizza's Grand Opening!

CHICKEN STEPS out with this entertaining entree — kabobs with a cripsy crumb coating.

Chicken Kabobs pieces in a relaxed company halved chicken, green pep- salad dressing speared on skewers to recipe be fried in the oven.

The cut-up chicken shortening While the kabobs are marinade.

delicious entree. CHICKEN KABOBS

lt's a

matter of taste!

chicken, crispy crumb chicken, green pep-

prepared to serve four 16 large mushrooms, on chicken, then press firmly on all sides unatmosphere. Cubes of 1 cup prepared Italian til thickly and evenly covered. Divide pers and mushrooms 1 packet coating for among four skewers, are marinated, then chicken, crispy crumb about 12 inches long, leaving one-fourth 1/4 cup oil or melted inch between the pieces. Place pieces are coated with Cut chicken into skewered chicken in

recipe, assuring pers and mushrooms Fry in preheated 400 tender pieces with a in a bowl. Stir in degree oven 30 crisp, crunchy coating dressing and let stand minutes, then turn that fried chicken about one hour. Then and fry 15 to 20 lovers will savor. drain well, discarding minutes longer, until

in the oven, rice is Empty packet of made in minutes to coating onto a sheet of Meanwhile, divide complement this waxed paper or into a peppers and shallow bowl. Spread mushrooms among oil in 15-by-10-by-1- four skewers, about (YIELD: 4 servings) inch jelly roll pan. (A eight inches long. Add 3 whole chicken flat-bottom pan with to pan after turning breasts, split, skinned sides not more than chicken. Remove and boned (about two one inch deep gives from pan immediate-pounds) Place ly.

at a time. Pile coating

chicken is tender.

Chicken becomes a 2 medium green pep- chicken pieces in party dish with pers, cut into one-inch coating, a few pieces

coating mix for one-inchpieces. Place pan.

a matter of taste ...

Don't just EAT out...DINE out in style! Make reservations now for your restaurant to be in the DINING GUIDE. **ADVERTISERS! IT'S THE** PUBLICS KEY TO LEARN what's cooking at your neighborhood restaurants. For more information, call

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Straw Hat PIZZA

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Hearty meals for school

For those school lunches served at home, make a hot and satisfying, Home for Lunch Clam Chowder. It's ready in minutes, using new "no-thaw" fish cookery. With it serve "America's favorite finger food --French fries - hot and crsipy from the oven. Buy them frozen, bake one or two (or more) servings at a time and keep the rest frozen for use another day.

After lunch, give the scholars a take-along dessert . . . miniature Danish Peach Pizzas, a Ginger Jewel Bar or a Peachy Lunchbox cookie. Canned cling peaches and fruit · peaches, cinnamon, ly greased cookie cocktail keep these nutmeg, and syrup in sheet placing level quick mix goodies medium-size teaspoon of filling on fresh and moist moist. saucepan. Cook over half rounds and cover Home For Lunch

Chowder

(Yield: 6 servings) 1 pound frozen cod, a jam-like consisten- minutes or until lighthaddock, ocean perch cy. Remove from lybrowned. or pollock heat, stir in walnuts 2 cans (10 ounces) and lemon juice. Set condensed tomato aside to cool. SOUD

1½ cans water frozen mixed vegetables 1/4 teaspoon salt Dash pepper

Allow frozen fish to and vanilla. Mix well stand unwrapped at after each addition. room temperature for about 15 minutes. thick on floured sur-With a sharp knife, face. Cut into 1/2-inch and reserve syrup. cut in cubes. Combine rounds. Place on light- Grease a 13-by-9-by-2soup and water and heat. Add fish cubes, frozen vegetables and seasonings to hot liquid. Simmer 8 to 10 minutes. Fish is ready to serve when it becomes opaque and flakes easily.

Gold Dust Topping For French Fries

½ cup Parmesan cheese

1 tablespoon salt 2 teaspoon chili powder

Blend ingredients. Toss 1 tablespoon with each serving of French fries (about ten fries). Store re- seafoods served with maining topping in Louis dressing have air-tight container. Danish Peach Pizza

dessert pizzas) 1 can (29 ounce) cling cluding those dining peach slices 2 rooms with spec-



Ginger Jewels

medium heat for 15 to with another round. Bake in preheated mixture cooks down to 400-degree oven for 15

Note: If dough becomes difficult to work with, refrigerate For dough, cream unti it is firm.Ginger

Jewels 1 (10 ounces) package Add eggs, mix well. 1 can (17 ounce) fruit Sift dry ingredients cocktail

package gingercreamed mixture bread mix alternately with milk 11/2 cups sour cream 3 tablespoons sugar 1 teaspoon vanilla Roll dough 1/8-inch 1/2 teaspoon cinnamon Drain fruit cocktail

inch rectangular cake pan and dust with flour. Mix gingerbread according to package direction using reserved fruit syrup for part of required liquid. Turn into pan.

Bake in preheated 350-degree oven about 20 minutes. Remove from oven; let stand about 10 minutes.

Whip sour cream until fluffy. Beat in sugar, vanilla and cinnamon. Fold in drained fruit cocktail. Spread over cake in pan. Bake 10 minutes longer. Cut cake into squares or bars and

fillng, an easy sauce- mozzarella cheese magnifico!

BEEF MANICOTTI brown first three in-CRESCENT ROLLUPS

(Yield: 8 servings) 1 pound ground beef ¹/₂ cup chopped onion or two tablespoons instant minced onion

1 clove garlic, minced, or one-fourth teaspoon instant minced onion

1 clove garlic, minced, or one-fourth teaspoon instant minced garlic

1 (10-ounce) package frozen chopped spinach, cooked and well drained or one (16-ounce) can spinach, well drained

¹/₄ cup grated Parmesan cheese 1/2 teaspoon salt 1/2 teaspoon black pepper

2 tablespoons margarine or butter, if desired

2 (8-ounce) cans refrigerated crescent dinner rolls (15-1/2 ounce) jar 1

(two cups) spaghetti brown.

Flavoring the season's bounty Italian inspired beef rollups

Crescent dough 1 (6-ounce) package forms the manicotti sliced or one and oneshells. Add a tasty half cups shredded

> In large fry pan, gredients; drain. Stir in spinach. Parmesan cheese, salt, pepper and margarine

Separate both cans of crescent dough into four long rectangles. Presss or roll each to a 10-by-6-inch rectangle, sealing perforations.

Spoon one-fourth meat mixture onto each rectangle; spread to within onehalf inch of edges. Starting at longer side, roll up; cut each roll in half, making eight 5-inch rolls. Place rolls seam side down in ungreased 12x8-inch or 13x9-inch baking dish.

Bake in preheated 425-degree oven for 15 to 20 minutes or until light golden brown; remove from oven. Spoon spaghetti sauce over rolls; top with mozzarella cheese.

Return to oven; bake 10 to 12 minutes or until cheese is melted and begins to



For young Ladies and Gentlemen

2464 S. 298th

Grades 1-8

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bake as directed. To reheat: Cover loosely with foil; heat at 375 degrees F. for

Walkley's Pharmacy 35417 21st S.W. Back to School Values

Salad inspired by Fisherman's Wharf

Riding high, wide and handsome right out of the west into your own kitchen come three rollicking new food ideas.

20 minutes or until

shortening and sugar.

together and add to

Various individual long been specialities de la maison at world-(Yield: 16 miniature renowned San Francisco restaurants, in-

seafood.

Cut olives finely to



crescent rolls 1/2 cup brown sugar, packed 2 tablespoons butter 1/2 teaspoon cinnamon

Drain peaches. Separate crescent kind of seafood but rolls and divide each package into 4 rectangles as cut marks iceberg lettuce and a indicate. Pinch slightly different diagonal cut marks Louis dressing for together and cut each rectangle into 2 squares (approx-

imate). Roll up corners and edges of dough to form rim and make circles about 21/2 inches in diameter. Place circles on edstate. Freshor cangreased cookie sheet ned, they are delicious so edges do not touch. Mix brown sugar,

butter and cinnamon until crumbly. Sprinkle about 1 teaspoon sugar' mixture into center of each circle. Top with 1 or 2 peach slices.

Bake in preheated 375-degree oven for 20 minutes. Serve warm with whipped cream or ice cream, if desired.

Peachy Lunch Box Cookies

(Yield: 30 cookies) Filling 1 can (29 ounces) cling peach slices 1/2 teaspoon cinnamon 1/4 teaspoon nutmeg 1/2 cup peach syrup 1/4 cup, chopped walnuts

1/2 teaspoon lemon juice

Dough % cup shortening 1 cup sugar 2 eggs, well beaten 31/2 cups sifted, allpurpose flour 3 teaspoons baking powder 1/2 teaspoon salt 1/2 cup milk 1/2 teaspoon vanilla For filling, drain or chili sauce

peaches, reserve 2 tablespoons chopped syrup. Combine parsley

packages (8 ounce tacular views along each) refrigerated the city's Fisherman's Wharf - an irresistible attraction for natives and tourists alike.

> Well, not just one three get together with crisp shredded glamorous "Iceberg Seafood Louis."

You can make it with fresh shrimp and bite-size morsels of fresh crab and lobster or you can use those seafoods in their cannwith fresh-as-aspring-breeze iceberg lettuce, chopped celery and green onion and the famed Louis dressing flecked in this instance with finely cut ripe olives.

The garnish of lemon slices, tomato wedges and whole ripe olives may be augmented if you like by the addition of parsley sprigs and quartered hardcooked egg. The maindish salad served with crisp crackers for lunch or with warm French rolls and buttered carrots and broccoli will make a meatless menu of distinction.

SEAFOOD LOUIS (Yield: 8 servings) 1 head lettuce 1 cup chopped celery 1/2 cup chopped green onion 3 cups mixed cooked seafood (shrimp, crab, lobster) Whole ripe olives 1 cup real mayonnaise

3 tablespoons catsup

