

State funding increase:

District budget blues 35% lighter

by Jim Shahan

The budget blues of the Federal Way School District are not over but the hue is about 35 percent lighter this year, according to the 1979-80 budget unveiled Monday at a special hearing.

The state legislature's decision to fully fund basic education this year meant a whopping increase to the district coffers. The total increase in state support is \$6,793,662.

In his message to the board, Superintendent Milton Synder called the 1979-80 budget a "bright prospect" for the district. He said full funding is a "critical concept" to the district, and also praised the early ratification of union contracts as being key to the budget process.

The budget calls for spending nearly \$3 million of the increased funding to restore programs, hire personnel and make long needed repairs to buildings and equipment.

Approximately \$1.9 million was earmarked by the state to be spent on district wide salary improvements. For instance, because the Federal Way District teachers were paid below the state average, the legislative formula called for an eight percent salary increase. The higher paid districts will receive a six percent pay hike.

THE REMAINING approximately \$1.4 million will go for district maintenance and operation to counteract inflation on district utility and supply bills.

Synder and Dan Clements, director of finance and operations, emphasized that full funding of basic education does not mean full funding of the entire

school district program. The state cut support to the school lunch program by \$38,747 over a year ago. That, Clements said, coupled with an average inflation rate of 15 percent in food costs, resulted in the recent increases in school lunches.

The district this year will increase its full time payroll by 215-134 certificated and 81 classified employees. This will reduce the overall pupil teacher ratio from 31 to 1 to 27 to 1.

The budget also earmarks money to restore the elementary music program, open the elementary libraries, improve health services, hire secondary and elementary noon aides, purchase textbooks and install a library book theft prevention system.

MANY OF THOSE programs, and the staff necessary to run them, have been cut in recent years due to levy failures. The district last passed a special levy in 1973-74. In 1977-78 the district general fund budget was \$18,910,439. This year the figure is \$28,640,858.

The budget, which is scheduled for formal adoption Monday night, includes \$25,000 to implement "safety" bus runs. The safety runs are a compromise for not restoring school bus transportation to the pre-levy failure levels.

The program improvements this year should, according to assistant superintendent Ron Johnson, bring the secondary schools up to full accreditation standards.

The state has placed a moratorium on accreditation procedures and is revamping the program. Prior to the

moratorium the junior high schools had lost accreditation and the high schools were on probation.

THE BUILDING FUND

budget, on the other hand, is bleak. Funds from the last building bond levy is down to less than \$300,000 and is being held in reserve for possible assessments

for road improvements adjacent to district properties.

The Associated Student Body (ASB) budgets this year total about \$435,000 and are conser-

vative because the student governments are anticipating a loss in revenue from vending machines which may be banned by federal order.

Federal Way News

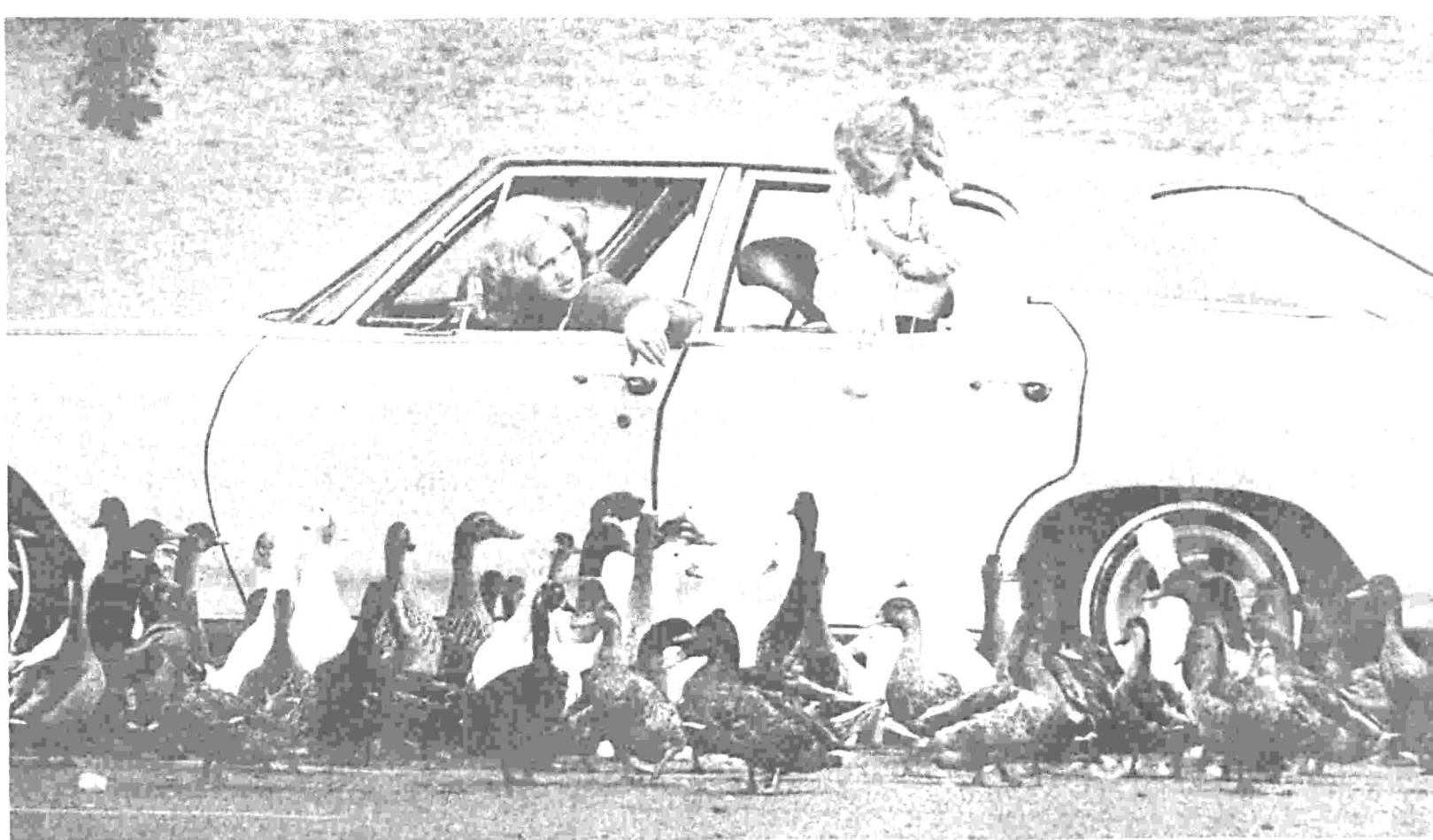
'Serving the community since 1953'

Federal Way, Washington 98003

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25 cents



Lunchtime

IT WAS FEEDING time for the Steel Lake ducks last week as Earlesia Ott and her mother were surrounded by the feathered fowl

in search of nourishment. They got their way, too—and it just happened to be Earlesia's lunch.

photo by Mike Bainter

Schools get 150 new bus requests

Some 150 requests for special elementary and secondary school safety bus routes have been received by Federal Way School District officials during the past week, an administration spokesman said Monday.

The requests, the spokesman said, are being studied and will be used as the basis of a formal safety busing resolution that will be acted upon by the school board sometime between now and October.

Meanwhile, the administration continued working on a busing proposal that will be presented to the board next week.

This measure, to provide safety bus service to about 1,700 elementary school pupils, includes proposals that were aired at last week's board meeting.

The board is expected to approve it as presented.

District officials and board members are using safety busing as a means for extending bus service a within two miles of local schools.

Since 1976, the district has bused only those who live two miles or more from where they attend

school.

BUT PARENTS asked that bus service be restored to the limits that prevailed prior to 1976. This would have provided busing for elementary pupils beyond a one mile limit and for secondary students beyond a 1.5 mile limit.

State regulations, however, require that any bus route within the two mile limit be justified on the basis that it is necessary to transport children past hazardous conditions.

So the board adopted the safety bus approach, and in doing so asked parents to submit requests for the service, complete with lists of the hazardous conditions.

In actuality, the requests started coming in several weeks ago, so that by last week's board meeting, school officials were able to present a plan for busing elementary pupils that will probably be operational by the first day of school.

The requests coming in now will be considered in setting up a second set of schedules that will be effective as soon as the district is able to hire additional drivers, probably in October.

More gas trickling into area

by Nathalie Weber

South King County and the rest of Puget Sound may feel some relief from the gas shortage toward the end of the month as 4.4 million gallons of additional gas will be available at the pumps.

Jack Wood, director of the State Department of Energy, last week arranged for more allocation — a little less than five percent of the present supply — in the Puget Sound area due to its tremendous population growth over the past few years. That growth created a heavy demand on the limited gas supply, causing more inconvenience for area residents than was felt in most of the state.

The additional gas was made available by two. First, the state was allotted more gas, upping the amount of set-aside fuel allowed for allocation to emergency

areas. And, second, more of that set-aside was allotted to Puget Sound.

Bob Eberle, R-30th District, and Frank Warnke, D-30th District, two of this area's representatives who have been lobbying for more gas allocation to Federal Way South King County, indicated they were pleased but not satisfied with the additional gallons.

"I'M APPRECIATIVE of the additional allocation but we're still going to come up short in the Federal Way area," Warnke said.

Eberle called the new allocation a "trickle," but said more gas at the pumps will be noticed. "It's big enough to help a little bit," he said.

Both representatives agree that more relief is needed, and blame the tight supply on

unresponsiveness of the federal government to the needs in this area. Wood, who has been working with the federal Department of Energy for several weeks for more gas, has received no indication that an increased supply is a possibility for Washington.

"There's no logical reason why the state got nailed the way it did in the gas shortage," Warnke said, "but our percentage of allocation is below almost every other state. So you take less allocation and a state that has increased by 80,000 people, and I guess it causes a shortage."

EBERLE, A LITTLE more outspoken about the federal government's refusal to recognize Washington's plight, said this is just another example of the federal government's lack of interest in representing the

people.

"It just confirms my view of federal bureaucracy. It's not responsive to the people who work and live in the country, it's responsive to the constituents in Washington, D.C.," Eberle said.

"And that's one reason that federal controls and allocations of resources always cause shortages."

The representatives agree that to further ease the shortage in this area, the federal government must realize the recent growth in the state and allocate accordingly. Until then, however, all relief must come from shifting the state set-aside into the more populated areas.

That set-aside already allotted to Puget Sound will begin to arrive in the area within two weeks.

Benefit tonight-- Festival in Forest

This evening at Enchanted Village will be dedicated to the proposed Pacific Northwest Center for the Performing Arts (Festival in the Forest).

The entire grounds of the family entertainment center, located at 36201 Kit Korner Road S. in Federal Way, has been reserved for the event.

Proceeds from the \$25-person benefit, sponsored by the Federal Way Festival in the Forest Association, will be used to help secure passage of a bill recently introduced by U.S. Rep. Norm Dicks (D-6th District) asking for authorization of up to \$20 million in federal support for the center.

The site of the three-theater complex would be 30 acres of land near Panther Lake in Federal

Way to be donated by Weyerhaeuser Company. Plans call for the center to be used for performances of Richard Wagner's "Ring" cycle and other major productions.

On the agenda at the fundraiser tonight are guest speakers and performances by The Seattle Opera Company and harpist Braun Journey. Champagne and hors d'oeuvres, prepared by Kelly Gunderson of the Cafe Patisserie, will be served.

Scheduled to be at Enchanted Village tonight are Dicks; 30th District Reps. Frank Warnke and Bob Eberle; Glen Ross, general manager of the Seattle Opera; and Sandy Lorentzen, Seattle Opera festival administrator.

Hours for the event will be from 7 p.m. to 10 p.m. Reservations may be made by calling 838-0632.

Equipment delays S. 312th signal

The temporary traffic signal at the intersection of South 312th Street and Dash Point Road is still on its way but it probably won't be installed by the time school starts next month, King County officials said this week.

Problems in purchasing equipment necessary to install the signal has delayed the project, County Traffic Signal Engineer Mark Madden said. While the county predicted earlier this summer that the signal would be operating by the opening of

Federal Way schools, it now may be stalled until late September.

The need for the signal was realized several months ago when increased traffic in the area snarled the South 312th and Dash Point Road intersection, causing a climbing accident rate. At that time the state, which has jurisdiction over Dash Point Road, planned to have the signal installed by March of next year. Despite pressure from concerned residents, the state maintained it could not complete the project

any earlier due to a lack of equipment.

THE COUNTY, however, offered salvation a little sooner. Since extensive construction is planned for South 320th Street, a county road, county officials expect that much of the traffic will be rerouted to South 312th Street. Since South 312th also is a county road, county engineers opted to install a temporary signal to control traffic at the hazardous intersection.

The difference between the

temporary signal planned by the county and the permanent signal planned by the state is in the sophistication of the equipment, Madden said. The state signal will include left-turn features and more intricate timing devices than will the county signal.

Madden said the county will begin to prepare the intersection for the new signal late this month, but the actual installation is dependent upon arrival of a controller for the light, the mechanism that makes the beacon change.

wednesday

sports

Disco dancing has been taken out of the entertainment ranks and acrobatically thrown spinning into the world of sports because of the inherent physical ability needed to perform the various jumps, lifts and turns. For more see Sports, page C-1

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Weather forecast

Showers decreasing with partial clearing. Temperatures will range from highs in the upper 60's to lows in the mid 50's. Winds will be variable about 5mph. Chance of rain 20 percent.



Editorials

A welcome change

As the opening of school nears, teachers, administrators, negotiators and moms can breathe a sigh of relief. It appears that area schools will open on schedule—free of picket lines.

Seattle, the state's largest district, has reached "conceptual agreement," accord has been reached quietly in Federal Way and, while negotiations are still at the sensitive stage in Highline,

school is expected to open on schedule.

We can only speculate as to whether its the new state funding and salary guidelines or just a case of reason over emotion.

Whatever the reason for the relative harmony in negotiations it's a welcome change for everyone—except maybe the kids who won't get those few extra days of September vacation this year.

A doggie bag law

Let's hear it for the Seattle Parks and Recreation Department.

It's going to crackdown on dog owners who walk their canines through the parks, leaving the mess for someone else to clean up or step in.

A little known "scoop law" makes the dog owner responsible for the deposits of his pet. Fines could run as much

as \$500.

Such a law should be extended to county and state parks and private property as well.

Owning a pet in a residential area isn't a right—it's a responsibility and its time the dog owner was held accountable for the biological indiscretions of his pet.

Are you listening, King County?

Dump it all here?

President Jimmy Carter, floundering in an energy crisis, sacking his cabinet members and trying to muzzle United Nations ambassador Andrew Young has had yet another brainstorm. He wants to make the United States an international dumping ground for nuclear wastes.

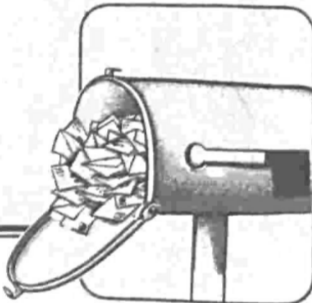
Yep, that's what he wants to do in order to reduce the ability of foreign countries to divert their fuel to the manufacture of nuclear weapons.

The United States is having difficulty figuring out what to do with its own nuclear waste—and that problem hasn't stopped our manufacturing of nuclear weapons. Yet Mr. Carter wants to bring anywhere from 2,100 to 13,600 metric tons of spent fuel into the country before the year 2000.

May we suggest Plains, Georgia as a possible site since that will probably be Mr. Carter's permanent residence after 1980.

Letters

from our readers



Good advice, but...

Editor: I am still shaking my head over something I saw on 21st Avenue South near South 320th Street last night.

I was following a car whose driver threw out a lighted cigarette and was thinking how bad an idea that was when it is so terribly dry; we were both stop-

ped by the traffic light at South 320th and I could hardly believe my eyes when I noticed a bumper sticker on the back of his Plymouth which said 'Prevent Forest Fires.' I wonder if he ever reads his bumper sticker.

J. Nichols 3001 S. 288th St.

Jeanne Sweeney



Communication

I talk to the radio. Fact is, I talk to a lot of things that can't talk back.

Like dripping faucets, or the lid to the car trunk when it won't budge, or the pencil sharpener after it has chewed my pencil to a stub of its former self, ... things like that.

Some people don't do that. Some people don't even talk to people. That isn't my problem.

The other morning when I was getting ready for work I suddenly realized that Lloyd Cooney's station had switched itself on my radio. My radio was giving me a lot of static over this so I muttered, "Oh, shut up." Naturally the static ceased.

Then Harry Wappler started talking. He was lying about the weather. Outside my rain-splattered window was a dark

and damp day. Harry was explaining that a little bit of moisture was expected but that it would be dry and warmer.

"Bull, Harry," I said. He continued his weather report. Cheerful, optimistic and all the while claiming it would be sunny all day.

"It's raining outside right now, you dumb cluck," I told him. "Look out the window. Are you blind?"

He wouldn't stop. "You are lying in your teeth, Harry Wappler. I'm going to report you to Lloyd Cooney."

I turned on my hair dryer and couldn't hear the radio.

For no good reason the hair dryer lost power. Whirling noisily at a speedy 1000 watts it eased down to whisper and then silence.



Loren Bliss



Twin Lakes Plaza, an attractively landscaped cluster of business and professional buildings on Southwest 320th Street, looks from afar like a fairly typical suburban center. But up close there's a subtle difference: as you walk along the sidewalks past the low-growing shrubs, as you circle the parking lot and look at the buildings, you can see the scars left by the vicious and rowdy kids who congregate and prowl here after dark.

Talking with the persons who earn their livings at the plaza, you hear the same story over and over. As soon as the adults start leaving, the teenage pukers start showing up on foot and in loud and expensively equipped automobiles, and by 9 or 10 in the evening, the place has become an adolescent slimepit, a gathering point for foul-mouthed vandals, surly-faced burglars, wild-eyed drunks and other categories of insolent children who display all the classic symptoms of parental overindulgence.

Some of the businesspersons say their customers are afraid. And some of the businesspersons themselves are frightened also. They don't want to be named in print for fear the kids will retaliate with beer bottles through windows or worse.

LATELY, THE center has been plagued with vandalism and petty burglary. A den-

tist's office was smashed open by seekers-after-sensation who tried to rip off a bottle of euphoria-producing nitrous oxide. The 7-11 Store has been hit several times by pukers in search of free beer. And last week a band of drunken teens looted and trashed the Fotomat, smashing every one of its plate glass windows and scattering prints and slides all over the area.

One of the dirtbags who hit the Fotomat drove away on a golf cart. And the merchants, though they are obviously not comfortable with their suspicions, believe the young hoodlums are mostly the spawn of the relatively well-off families who live close by. The getaway via golfcart merely tends to confirm their hunches.

But the list of incidents is much longer. The persons who work in the plaza tell of burning matches dropped through mail slots, dirt and bark dumped through transoms, light bulbs smashed, windows gouged with glass cutters, drainpipes torn down and roofing ripped away. As just about every local teenager knows, it was a book of burning matches dropped in a book return slot that torched the Federal Way library a few years ago - which suggests that at least some of the punks are closet arsonists who are hoping for a replay of the

neighborhoods. It's actually a fairly reasonable solution, particularly if the offenders were made to wear placards proclaiming the nature of their crimes and identifying their parents by name, address, occupation and place of employment.

MY LIBERAL friends, who think my views on the proper treatment of lawbreakers originated either with Hitler or a Marine Corps drill instructor, will no doubt respond that juvenile criminals are themselves victims, and that as such they are entitled to special consideration. But I am sick unto death of hearing that argument; the fact that so many of us have emerged from wretched childhoods without criminal records suggests that it has little basis in reality. And the history of the juvenile injustice system itself shows that the "coddle-the-crook" approach is about as successful as a pea-shooter against a charging water buffalo.

Unfortunately I have no statistics on the relative effectiveness of the stocks. But I cannot escape the notion that the pukers might think twice about terrorizing their betters if, after the first offense, they had to stand for a few hours with their necks and wrists locked in a wooden frame set up in the middle of SeaTac Mall.

I can see it now: a row of kids wearing signs telling the world that "I ripped off my neighbor's house" or "I vandalized Thomas Jefferson High School," complete with names, addresses and all of the other relevant information. Who could blame the passer-by who stopped to hurl an egg or a tomato? And isn't it true that teenage pukers and their parents alike respond more quickly to public humiliation than to any other form of punishment?

IT IS TRUE, of course, that Federal Way has few places for teens to congregate. But in this case, the shortage of youth centers is hardly an issue. The extent to which the plaza has been trashed, looted and burglarized proves that the malcontents who hang out there after dark belong in animal cages, not structures intended for use by normal human beings.

But perhaps there is a place for these young criminals after all. Perhaps we should bring back the stocks that were used for punishment in colonial days. And instead of sentencing our swaggering delinquents to perform 10 days of community service, we could order them locked in the stocks for a day or so, right in the midst of their own

library fire. SO THE FEARS of the adults are probably justified. As I have observed in the past, there is no subspecies of Homo Sapiens that is more wantonly sadistic and destructive than a drunken teenager, and amongst drunken teens, probably none is more dangerous than the sullen overpampered puke who knows that daddy's lawyers will always prevail.

But the plaza's tenants are fed up, and earlier this week they complained to both the King County Police and to this newspaper. I agreed to publicize their plight, and having chatted with the police, I am certain that the men and women of the 3rd Precinct will take appropriate measures.

Unfortunately, however, the problem will remain unsolved. The laws of this land being what they are, and the juvenile injustice system being what it is, the kids will probably get no more than a judicial slap on their wrists, and eventually they will resume their reign of petty terror elsewhere.

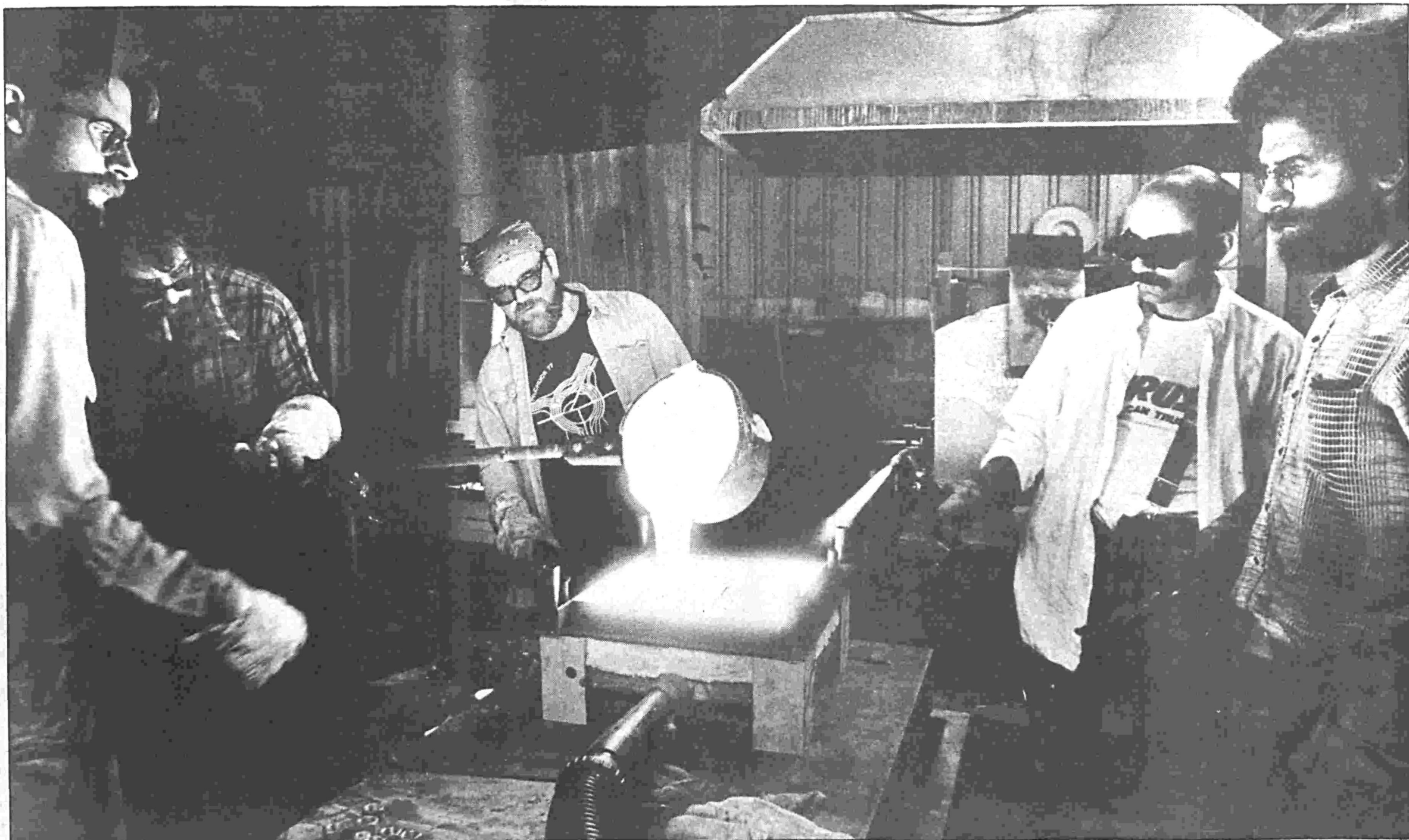
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In case of emergency

- The following are emergency telephone numbers for the Federal Way area. Federal Way FIRE Department 839-2121, Medic I (MEDICAL EMERGENCIES) 839-2121, Tacoma exchange-833-7000, Seattle exchange-344-4080, Tacoma exchange-593-2424, Seattle exchange-464-6610, Washington State Patrol

Advertisement for Federal Way News and Des Moines News, including contact information, circulation statistics, and publication schedules.



DOLLOPS OF seething glass gradually fills a carefully prepared sand mold which will impart a raised section of a boxing scene — part of large window. There is no time for error; the glass will not wait. These bizarre-appearing alchemists are accomplished artisans in glass. Charles Parriot runs a glassworks, "The Glass Eye", with his partner, Rob Adamson, center. Norman Courtney, on the ladle, is the Director of the Glass Department at the Pratt Fine Arts Center. With the torch is Floyd Karp, a U.W. graduate student in glass and ceramics. At right, Paul Marioni watches with a critical eye.

Paul Marioni's art is an ordeal by fire

The five figures were as ghouls around a sacrificial altar, waiting for a fiery rite to begin. The heat seared their bodies, and everything took on an unnatural hue from the combined glow of rampaging kilns and fluorescent bulbs overhead.

One man, his head swathed in a blazing red bandanna, slipped back the asbestos shield from the orifice of a 2,500-degree kiln, while a second worker — dark, curly-haired, he was, with a cigar stub poking through a heavy beard — wrestled with a long-handled, heavy steel ladle. With it he would dip molten glass from the kiln's bottom, swing the load over to a stanchion next to the others waiting at a steel table . . . and pour.

Over the ladle's broiling red rim the glass comes — seething and white-hot, dropping slowly like glowing molasses into a fine sand mold approximately one foot square.

Seattle glass artist Paul Marioni and four others work intently but must back away or use their arms or masks to shield their faces from the incandescent flow before them.

The eeriness of their labors is made all the more so by the mid-night quiet surrounding the glass factory. Marioni and his team use the facilities of Spectrum Glass Company, on Idaho Street off West Marginal Way Southwest, after most of the plant has shut down in the evening.

On this particular night they are pouring several of the individual, clear-glass segments which will be joined eventually to comprise a large 6-by-14, cast glass window depicting a boxing scene in translucent relief. The window, commissioned by the Seattle Arts Commission, will be fitted into the wall of the boxing room in the new Delridge Community Center soon to begin construction in West Seattle.

Each mold is but a fragment of the total design. Marioni draws his design on paper then cuts it up, using each piece as a pattern for making a form out of wax or plaster. A sand mold is made by "ramming" fine grain sand around the form, which, when taken away, leaves the concavities which will receive the molten glass.

Marioni treats each mold with a special wash to make the interface of sand and glass smoother and less adhesive. Shortly before the pouring occurs the mold's surface is scorched with blow torches to further "slicken" it so that fewer imperfections will be created in the glass.

Marioni directs the pouring. Gas-fed torches pop with ignition and spew blue-orange flames as two members of the team, Charles Parriot and Floyd Karp, wave them like wands back and forth over the glass to melt and smooth away any irregularities.

At just the right time, as the white-hot square has cooled down through the color spectrum from yellow to burnt orange and, finally, to blood red, the torches are turned off and a steel paddle slipped under the filled mold. The whole works is slipped like a baker's loaf into a 900-degree electric oven for many hours of slow cooling, or "annealing", which tempers the glass.

Here Marioni can take a break for a couple of minutes while another mold is being readied. It is almost midnight.

"We were late in starting. . . . Almost nothing that we have tried to do has gone right," began Marioni in his "twangy" southern-Ohio monotone.

Paul Marioni, 37, is a former body and fender man with a philosophy and English degree from the University of Cincinnati. "With my philosophy degree, I didn't receive a lot of job offers. I got into body work because I needed a job," he shrugged.

So how came the shift from body work to glass?

"I met a woman who fooled around with glass. I just started messing with it too," Marioni explained.

That was eight years ago. Since then, Marioni has acquired a national reputation in the glass arts. His work, some of it beautifully stained and cast windows, may be seen in places such as Stanford University, the Renwick Gallery in Washington D.C., and the Corning Museum of Glass in New York.

Marioni's work is reaching the point where it is considered to be really "collectable," said one glassworker familiar with Marioni's output.

"Look in almost any recent book on stained glass or casting; Marioni's work will be in it," testified Rob Adamson who, with another member of Marioni's casting team, Charles Parriot, runs the "Glass Eye", a glass blowing shop in Post Alley near the Pike Street Market.

Marioni and his team, Parriot, Adamson, Norman Courtney and



TO THE ART of Paul Marioni, glass is both a raw material and a marvelous result. Marioni respects a cooled fragment for color and clarity before going on to cast sections of a large window relief. It is art by fire.

Floyd Karp, go back to work to prepare the next of many molds. They will work thus through the sleeping hours of the night in their glowing, sweltering little corner of the glass factory.

Mark Twain's famous definition can't help but come to mind: Art is 10 percent inspiration and 90 percent perspiration.

Or as Charles Parriot yelled above the propane roar of the kilns: "It's like working in hell."

text by Terry Finn

photos by Greg Carter

Your Money



by John Weaver, Jr.
Dean Witter Reynolds, Inc.

The hemline indicator

Many years ago, it became noticeable that the stock market seemed to move in tandem with the level of women's skirts, doing well as hemlines rose and suffering sustained selling as hemlines lengthened. Whether the originator of the idea was a stock market speculator who made his living on New York's Seventh Avenue or just a style fetishist with cash is lost in the musky past.

Little has been heard of the Hemline Theory in the decade of the 1970's because maxi skirts have coexisted with pants suits, and on disco dance floors mini pants can be seen vibrating next to yards of chiffon. Ladies go to the beach swabbed in maxi wraps while their bathing attire can be near microscopic. Space does not permit the depiction of the fashion styles and a Dow Jones Industrial average monthly chart going back over the 80 years this theory has proved helpful, but a few reminders might prove the point.

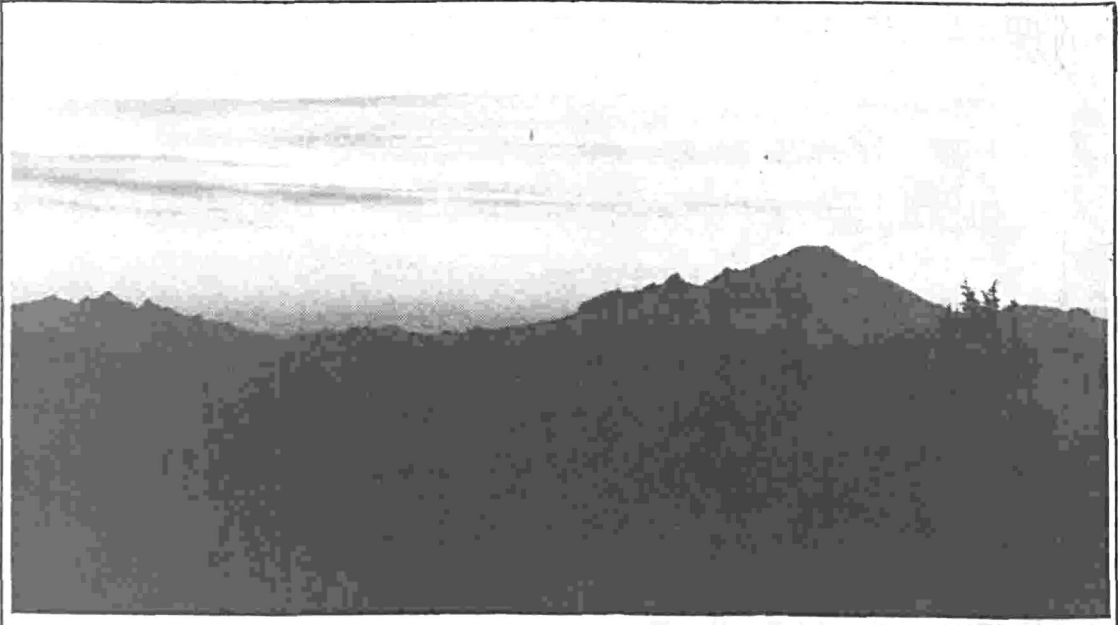
The New York Stock Exchange had its greatest percentage gains in the mid-late 1920's, when the flapper era lifted our ladies' hemlines from the floor-touching days of the early 1920's, which then coexisted with the Post-World War I market drop. The dark days of the 30's were accompanied by a period of fashion gloom: skirts lengthened and color drabbed. The market rose through the World War II years as did skirts, lifted upward steadily by shortages of textiles. The "new look" of the 1950's coincided directly with some down drafts for the stock market.

The zoomiest years for the stock market in modern times occurred in the 1960's - the 1966-1968 period of high price earnings multiples and great expectations coinciding with the importation of the mini skirt from Carnaby Street in London and its spreading throughout the United States. The average stock currently sells over 40 percent below levels achieved during the 1966-1968 bull market-mini skirt era, as measured by the Value Line or Indicator Digest indices. Skirt lengths have dropped by at least that much, culminating in the recent, if limited, popularity of extra full skirts, peasant patterns and swirling folds of cloth.

A look at the 1979 spring season fashions shows a definite hiking of the hemline. Pants suits are less in evidence, thus eliminating that cause of coexisting confusion. If we are looking for a rational reason as to why many stocks sold at new highs during 1978 and yet the major market averages did poorly, perhaps we should look to anarchy in ladies' fashions. The fashion world's buzz phrase for this is, "unstructured clothing."

When counselors advise investors to keep their heads down in 1979, they may not really be warning of a recession coming - rather they may be counseling that opportunity rises and falls with the hemline. By keeping one's head down, one won't miss the action.

COMPANY	DIVIDEND UTILITIES	BID	NET CHANGE
Washington Natural Gas	1.40	16 3/4	3/4
Pacific Power and Light	1.92	21 1/8	-1/8
Portland General Electric	1.70	16 5/8	-1/4
Puget Sound Power Light	1.64	16 7/8	1/2
OTHER			
Albertsons	1.20	42 1/2	2 3/8
Palmer G. Lewis	.28	13	-1 1/2
Chem-Nuclear	.05	19	-1 1/4
Health Techna	0	32 1/8	7
Fred Meyer	.50	28	3 1/8
Pac. Gamble Robinson	1.50	21 3/4	1 1/4
Pay 'n Pak	.60	16 1/8	5/8
Pay 'n Save	.72	27 1/4	2 1/4
IBM	3.44	71 3/8	2 3/8
Texaco	2.16	28 1/4	1/4
Seattle First National	1.12	31 3/8	2 3/8
Peoples National	.88	17 3/4	1/2
Rainier Bank	1.08	30	2 1/2
Crocker National Bank	2.00	35 3/8	7/8
FOREST PRODUCTS			
Bosle Cascade	1.50	37 3/4	2 1/4
Weyerhaeuser	1.00	33 1/2	4 7/8
Scott Paper	.92	18 7/8	1 7/8
Georgia Pacific	1.10	29 1/4	2 5/8
Evans Products	1.30	24 1/2	3
TRANSPORTATION			
Boeing	1.33	47 1/2	5 3/8
Northwest Airlines	.80	34 1/8	1 3/4
Western Airlines	.40	11 1/8	1
PACCAR Inc.	3.05	56	1/4
Airborn Freight	1.20	23 3/4	2 3/4



Mt. Baker covers 1980 phone book

A PHOTOGRAPH of Mt. Baker at sunset will decorate the cover of Pacific Northwest Bell's 1980-81 telephone books. The winning photograph, which will cover more than one million books next year, was submitted by an amateur photographer, Kim Scott of Bellingham. The photo was one of 1200 entries receive-by the telephone company in their two-state competition which was announced in May. The cover photograph taken about 9 p.m., during the summer, looking west at Mt. Baker from Hidden Peak about 30 miles away.

Everybody's Business



For those plumbing needs, Jerry Church has recently opened his independently owned residential and commercial business, J & K Plumbing, 2678 S.W. 334th Place; telephone, 838-1865. Business hours are 8 a.m. to 5 p.m. Monday through Friday. Church is a Federal Way resident and has had nine years experience in the plumbing profession.

Pacificbank has increased its prime rate to 12 percent in keeping with action taken by other leading banks.

Sutter Hill Limited, developer of commercial and industrial properties in the Western states, recently acquired Century City Shopping Center. Located near SeaTac Mall at the intersection of Pacific Highway South and South 320th Street.

In addition to the existing center, Sutter Hill acquired 12 acres of adjacent land, and work has commenced on the company's plans to upgrade, expand and modernize the shopping center. Completion is scheduled for Fall of 1979.

John W. Fabianek, D.C., Federal Way, has become chairman of the board of the Washington Chiropractor Assn. after a two-year term as president ending Aug. 1.

Fabianek has been a member of the association since 1968. He served as treasurer for two years, second vice president for one year, first vice president for one year and president for two years. He was also chairman of the association's Peer Review Committee for three years.

In 1976 and in 1978 he received the Distinguished Service Award as outstanding chiropractor of the year.

Directors of Washington Energy Company have announced a dividend of 35 cents a share on the \$5 par value common stock, payable Sept. 17 to holders of record as of Aug. 24. Also declared were the quarterly dividends on the 5 percent preferred stock, series A, the 60 percent preferred stock, series B, and the 8-7/8 percent preferred stock, series C. These dividends on the preferred stock are payable Oct. 1 to holders of record as of Sept. 7. An additional \$6.3 million for 1979 utility construction was approved to meet new customer demands for natural gas energy.

Bank announces pay-by-phone

Old National Bank has announced it will be adding a new checking account service, Pay-By-Phone. Pay-By-Phone will offer customers the convenience of paying regular bills from any telephone with assurance of complete privacy. This new service will eliminate check writing, envelopes, and postage. It will operate 24 hours a day, seven days a week, from any telephone in the na-

tion, toll free. The new service will give the merchant immediate credit for Pay-By-Phone payments since it bypasses the normal deposit/check clearing process. Pay-By-Phone will not alter the merchant's billing process to the customer.

This new service is expected to be available to all Old National Bank checking account customers early next year.

A Lovely 25 years

Within 25 years, Pete Lovely Volkswagen, of Fife says Gove explaining that the Rabbit has more room even though it is 10 inches shorter than its predecessor. Beginning in a small showroom in South Seattle in 1954, Lovely sold 20 cars that first year. By the end of this year 650 cars are estimated to be driven away, says Gary Gove, general manager.

In 1964, the dealership moved to its present location on 5111 20th E. in Fife. The 13,000-square foot building contains a 15 stall service center with \$200,000. worth of parts in inventory. One of the biggest changes for the Volkswagen dealership was the introduction of the Rabbit which succeeded the "bug".

as they own the car and a \$25 service coupon.

Crabill's Quality Gifts & Yarns
• YARNS
• GIFTS
• T-SHIRTS
• CRAFTS
22309 7th S. DES MOINES

Save up to 14% on homeowners insurance
Call me about State Farm Newer Home Discount
Paul R. Hunter
33600 Pac. Hwy. So. Federal Way
838-4902
State Farm Fire and Casualty Company Home Office: Bloomington, Illinois



Bob Wray, Manager, Diamond consultant

J. HERBERT HALL Jewellers
Established in 1898

Can we light up your life?



Slender Chaining in 14-karat gold.
S-link chain jewelry. So supple, so fluid. It moves with you, swings when you swing. Slender chaining. 15" necklace, 19.95. Bracelet, 12.95. Regular charge accounts, American Express, Diners' Club, Master Charge, Visa.

SEA TAC MALL
Phone: 941-0058

Other stores in Vancouver, Los Angeles area, San Diego, Phoenix, Las Vegas

IF YOU'D LIKE TO FIND THE NEIGHBORS WHO ARE TOPS AT PICKING INVESTMENTS... AND HAVE THE TRACK RECORD TO PROVE IT... We're the ones who can point them out!

For additional information contact:
Foster & Marshall Inc.

32123 1st Ave. S. #1A Federal Way/838-0051 or 952-4111
Name _____
Address _____
City _____ State _____ Zip _____
Home Phone _____ Business Phone _____
Name of F&M Rep. _____



ONE PROMOTION YOU CAN BANK ON.

Sybil Nishime, Metropolitan Federal's new Des Moines Branch Office Manager.

Sybil joined Metropolitan in 1973. Her excellent work prompted a transfer and a title in our Des Moines office. Her new responsibilities include the daily operations of the branch, training and supervising branch personnel and customer relations regarding savings, mortgage and consumer loan services.

It is Sybil's attitude and performance that make us proud to count her among the people who may serve you. Congratulations Sybil, on a job well done.

Metropolitan Federal Savings and Loan Association of Seattle
682-4924

Prices Effective Thru August 26, 1979

Pay Less

RCA



Whirlpool

Value Month



Whirlpool

WASHER & DRYER

Washer features 3 automatic cycles and two wash/spin speeds, energy-saving water temp selector with four wash/rinse combinations and two level water-saving load size selector. Item #345-819

Dryer equipped with custom dry control, cool-down for permanent press and knit fabrics, three drying temperature settings and drying rack. Item #245-605

\$499 Pair

AUTOMATIC ICE MAKER **\$19⁸⁸** With purchase of this refrigerator



Whirlpool

19.6 Cubic Foot Capacity REFRIGERATOR FREEZER

Features twin slide-out crispers, separate temperature controls, adjustable tempered-glass refrigerator shelves and power saving heater control. Item #296-962

\$499



Whirlpool

15.9 Cubic Foot Capacity UPRIGHT FREEZER

Features super storage door, key eject lock, power saving heater control switch and open-coil shelves. Item #347-518

\$349

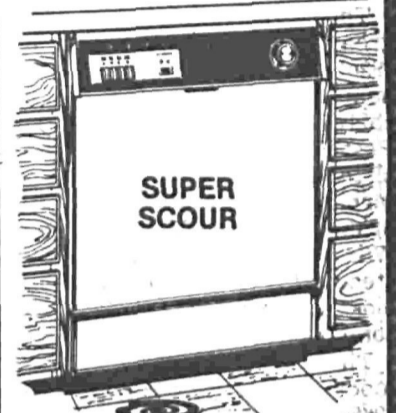


Whirlpool

30 Inch Cook Top ELECTRIC RANGE

Range equipped with automatic Mealtimer clock, four plug-in surface units, infinite heat control and easy to clean features. Item #277-111

\$299



SUPER SCOUR

Whirlpool

Built-in AUTOMATIC DISHWASHER

Built-in dishwasher features four automatic cycles, energy-saving dry selector switch, and in-the-door silverware basket. Item #404-319

\$299



Whirlpool

Whirlpool Automatic

MICROWAVE OVEN

A versatile microwave oven for fast, easy cooking. Features automatic digital Mealtimer clock with variable power control and simulated walnut finish. Item #227-504

PLUS 7 PIECE COOKWARE SET NO EXTRA CHARGE WITH THE PURCHASE OF THIS MICROWAVE

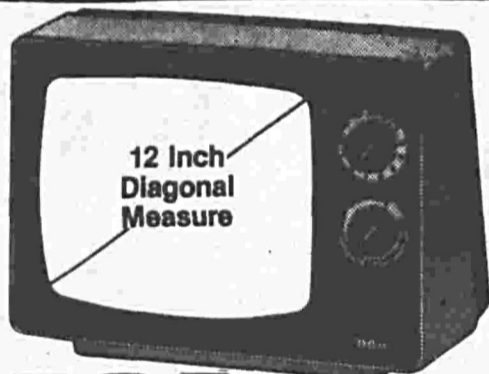
\$299

SPECIAL PRICES ON ALL 1979 RCA TV'S

Black & White PORTABLE TV

Equipped with 100% solid state chassis, "New Vista 200" VHF tuner, dual-functions VHF/UHF antenna and handsome cabinet. Item #332-718

\$89⁰⁰



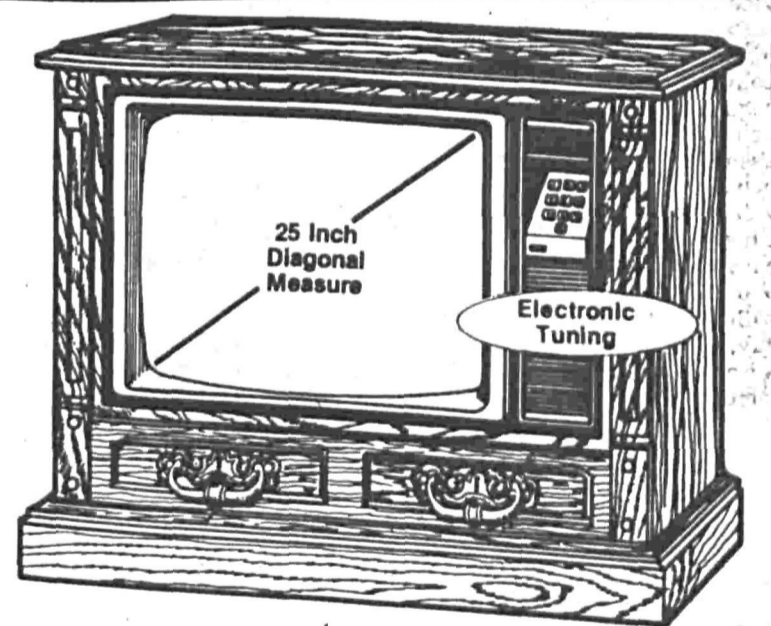
12 Inch Diagonal Measure

RCA

RCA 100% Solid State ColorTrak COLOR CONSOLE

Features include Automatic Color Control, Fleshtone Correction, Contrast/Color Tracking and Light Sensor, AccuFilter picture tube and ChanneLock electronic tuning. Mediterranean styling in simulated pecan finish. Item #404-046

\$739



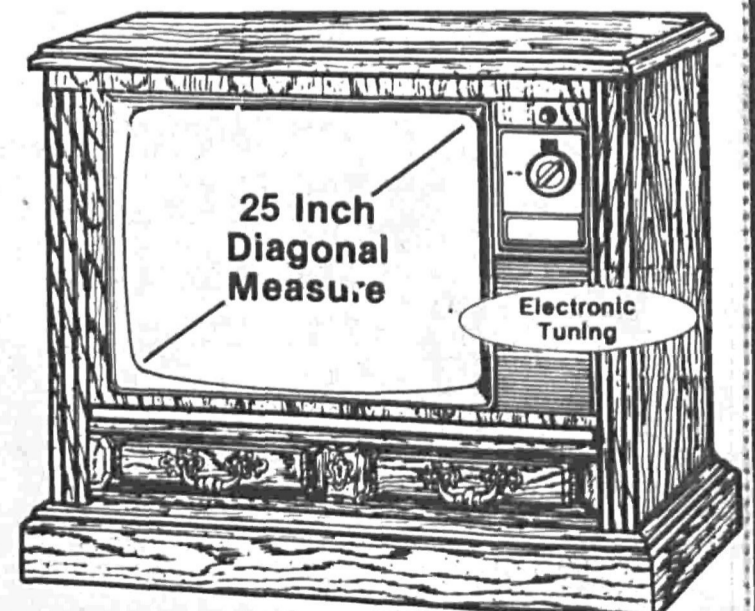
25 Inch Diagonal Measure

Electronic Tuning

RCA XL-100 COLOR CONSOLE

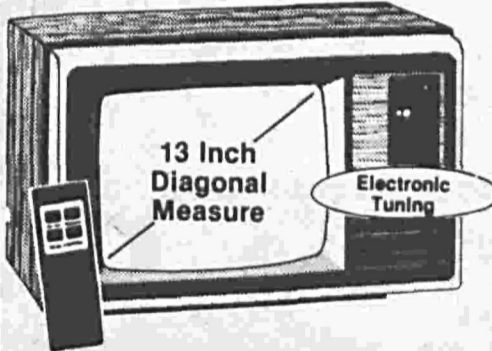
Features Automatic Color Control, Fleshtone Correction, AccuColor black matrix picture tube, SignalLock tuning system and AccuCircuit plug-in pull-out modules for simple servicing. Mediterranean styling. Item #404-020

\$639



25 Inch Diagonal Measure

Electronic Tuning



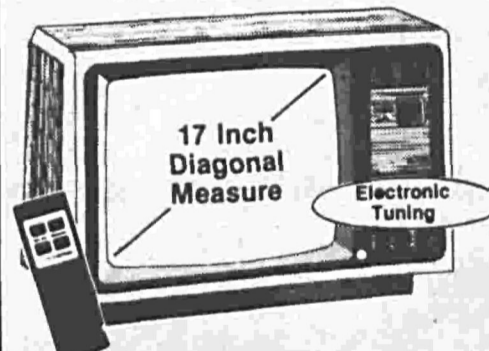
13 Inch Diagonal Measure

Electronic Tuning

Remote Control COLOR PORTABLE

Equipped with ChanneLock Remote Control, Automatic Color and Fleshtone Control. Weighs only 36 1/2 lbs. Item #346-494

\$399



17 Inch Diagonal Measure

Electronic Tuning

Remote Control COLOR PORTABLE

Features XtendedLife chassis, Automatic Color Control and Fleshtone correction and ChanneLock Remote Control. Item #347-129

\$449

All items and prices in this advertisement available at:

Pay Less

Federal Way Shopping Center

31401 Pacific Highway So. 839-9000, 839-6240 RX, 927-2602 Tacoma

Each of these advertised items is required to be readily available for sale at or below the advertised price in each Pay Less Drug Store except as specifically noted in this ad.

FW crime report:

Vandalism outbreak goes on; loss nearing \$6,000

An outbreak of vandalism that began last week in Federal Way continued throughout the weekend, King County Police records showed Monday.

Eight additional incidents were reported between Friday and Sunday, with damages totaling about \$3,000.

The most recent episodes push the losses suffered by residents, businesses, the Federal Way School District and others to nearly \$6,000 since the beginning of last week.

In the largest single loss of the weekend, plate glass windows worth \$1,000 were smashed at the Twin Lakes Country Club clubhouse sometime early Sunday morning.

The damage, inflicted by rock-throwers, is suspected to be the work of a band of teenagers who have vandalized several businesses in the area recently.

During the same time period, a vehicle parked at a South 320th Street address was attacked by vandals. Its tires were slashed and one side was bashed in. Repairs to the vehicle and

replacement of its tires are estimated at about \$750.

VANDALS ALSO smashed several windows out of a bus parked behind a church on Sixth Avenue South sometime Saturday or Sunday.

A church spokesperson told police that several acts of vandalism have occurred in the area recently. The cost of repairs is estimated at about \$500.

Another incident in which the repair cost could amount to \$500 or more occurred on South 288th Street sometime between Wednesday and Saturday, where a quantity of sugar was poured in the fuel tank of a parked automobile.

The owner of a South 244th Street residence told police that his house was targeted by egg-throwers sometime during the weekend. A window valued at \$75 was smashed during the incident, he said.

In an episode that police believe stemmed from an ongoing neighborhood squabble, the strap securing the load to a parked flatbed truck was cut at a

South 297th Street residence sometime Sunday.

Damage in the incident — the truck driver discovered the broken strap before he was on the road — amounted to about \$37.

Police suspect a local teenager. **TWO INCIDENTS** involving firearms discharged at vehicles, one of them with an arrest, were also reported.

The arrest occurred on Southwest 340th Street on Friday, where a 19-year-old Federal Way resident was charged with reckless endangerment in connection with the shooting out of a jeep windshield about noon.

Cited into King County Justice Court, Federal Way, the suspect was released after a .22-caliber revolver was confiscated by police.

Damage to the jeep was estimated at about \$100. Two persons were standing by the vehicle when it was struck by the bullet.

The second incident occurred somewhere in Federal Way also, though the owner of the vehicle is uncertain where. He told police he discovered a fresh bullet hole

in the side of his truck on Sunday.

Repairs are estimated at about \$50. The owner of the vehicle lives in Federal Way and said he had not been out of the area all weekend.

BURGLARS WERE unusually active during the latter part of last week and over the weekend, with 15 break-ins reported.

The largest loss occurred at a South 34th Street house, where \$1,800 worth of carpet was stolen sometime late last week.

Police said the carpet was cut loose "neatly," apparently by someone who intends to use it elsewhere.

Loot valued at \$1,700, including a television, a microwave oven, two rifles and some prescription drugs was stolen from a South 305th Street residence, apparently during daylight hours Friday.

The individual losses in the other incidents was in each case less than \$500.

Thieves were also busy during the weekend, with nine larcenies reported.

WASHINGTON'S DIAMOND AUTHORITY

SALE

14 Kt. 'S' SERPENTINE CHAIN

15" Chain Sale **\$15⁸⁸**

Slip-on Heart

14kt. Gold! Sale **\$5⁸⁸**

LeRoy's Jewelers

SEA-TAC MALL
*839-3939 OR 927-7170

FW school directors named

New directors of curriculum and of food services have been appointed for the Federal Way School District.

Heading curriculum this year will be Julia Wan, who comes to the West Coast from Massachusetts. As director of curriculum, Wan will assist the assistant

superintendent, serve as a consultant to area school principals and supervise advisory councils and text selection.

Wan has a varied background in curriculum development, program evaluation,

testing and learning assessment, staff development and evaluation, and budget planning and management.

The new director of food services is Wanda Grant, a resident of Redmond,

will be responsible for the operation of the district's central kitchen and dissemination of hot lunches to the schools.

Grant has experience in numerous dietitian and food services.

Vets meet for picnic

A picnic potluck and meeting of the Burien Barracks and Auxiliary No. 2623 Veterans of World War I will be held on Thursday, August 23, at noon at Saltwater State Park.

Persons attending should bring their own beverage.

The 4th District meeting will be held at the Jefferson Community Center, 3801 Beacon, Seattle with a noon potluck.

In the Service

Timothy V. Johnson, Airman Timothy V. Johnson has been assigned to Keesler AFB, Miss., after completing Air Force basic training.

The airman is a 1978 graduate of Tye High School and the son of Mrs. Corlyn G. Johnson of South 176th and Valine C. Johnson of Anaheim, Calif.

To our valued customers

Pay less

Of the 250 items in this week's BACK TO SCHOOL BUYS circular, the following 3 items have not yet arrived:

PG-8 ART CRAFT WRAP RACKS #29

PG-8 ART CRAFT SOAP RACKS #30

PG-11 TRAILBLAZER MX SADDLE & BRACE #565

We sincerely apologize and hope this does not inconvenience you, our valued customers.

Rainchecks will be issued

FEDERAL WAY 31401 Pacific Highway S.

GE TV CLOSEOUT!

1980's HERE NOW. WE'VE GOT TO MAKE ROOM!
OFFER LIMITED TO STOCK ON HAND.

19" DIAGONAL COLOR **\$369**

YA7368WD
WALNUT FINISH
1 ONLY ON HIGH IMPACT PLASTIC

THESE ARE JUST A REPRESENTATIVE SAMPLING. WE HAVE OTHER MODELS AT COMPARABLE SAVINGS

19" DIAGONAL COLOR **\$399**

19YC9760K
CONTEMPORARY OAK FINISH ON HIGH IMPACT PLASTIC.

25" DIAGONAL VIR COLOR TV CONSOLE **\$649**

25YM928K
MEDITERRANEAN STYLING
Distressed oak finish on genuine hardwood solids, wood composition board, and simulated wood accents.

NELSON'S TV
Sales and Service
Guaranteed Service
12 Years Factory Service Experience

OPEN: M 9-5 T/F 9-6 SAT 10-3
CLOSED ON LORD'S DAY
FEDERAL WAY 839-6811
28719 MILITARY RD SOUTH CORNER OF 288th

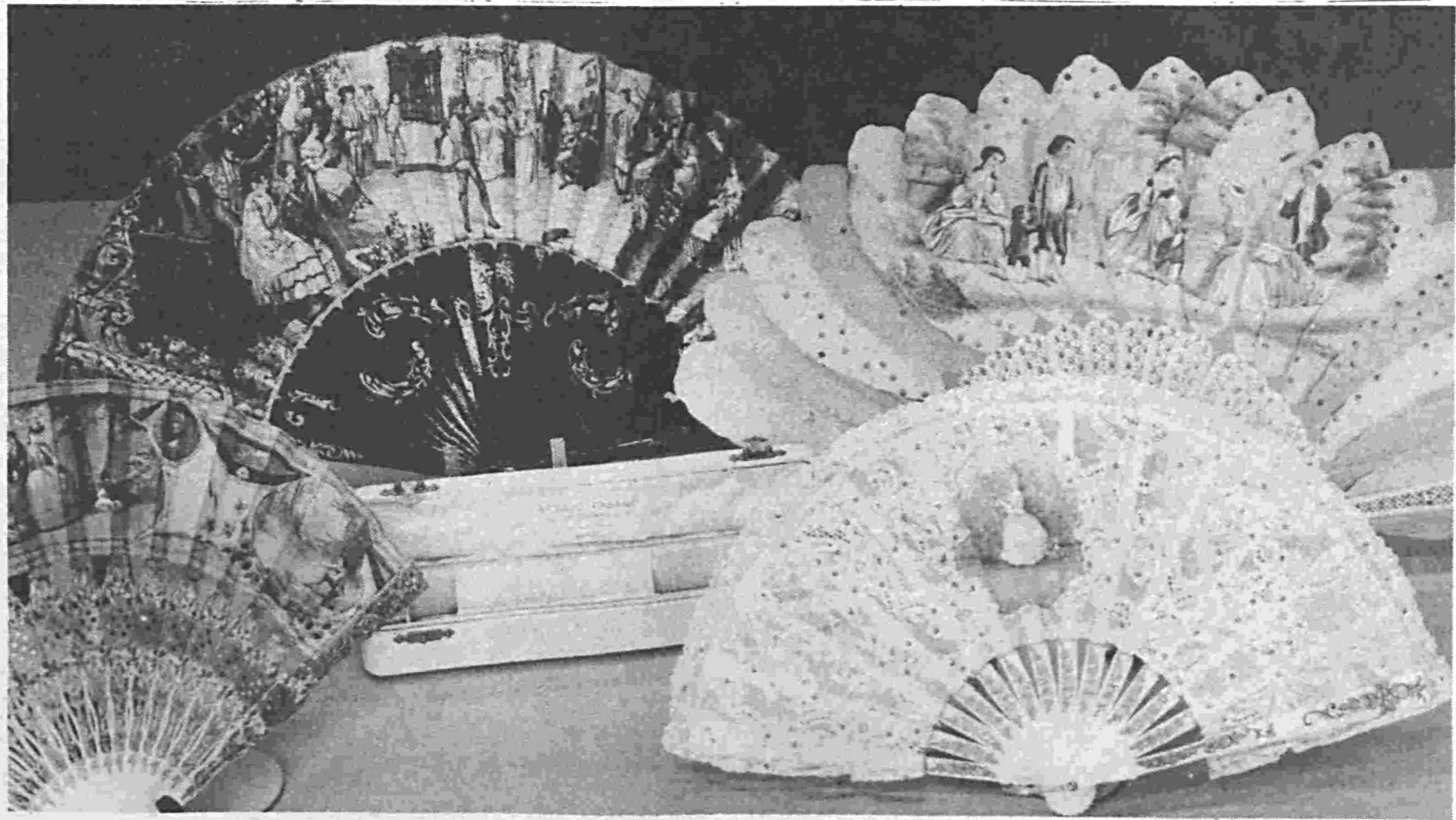
LeRoy's Jewelers
WASHINGTON'S DIAMOND AUTHORITY

ANNUAL BIRTHSTONE RING SALE

25% OFF SALE

OUR ENTIRE INVENTORY!!! RUBIES, EMERALDS, SAPPHIRES, PEARLS AND ALL BIRTHSTONE RINGS ARE SALE PRICED DURING AUGUST. USE YOUR BANKCARD, LAYAWAY, OR OPEN A LEROY'S CHARGE ACCOUNT.

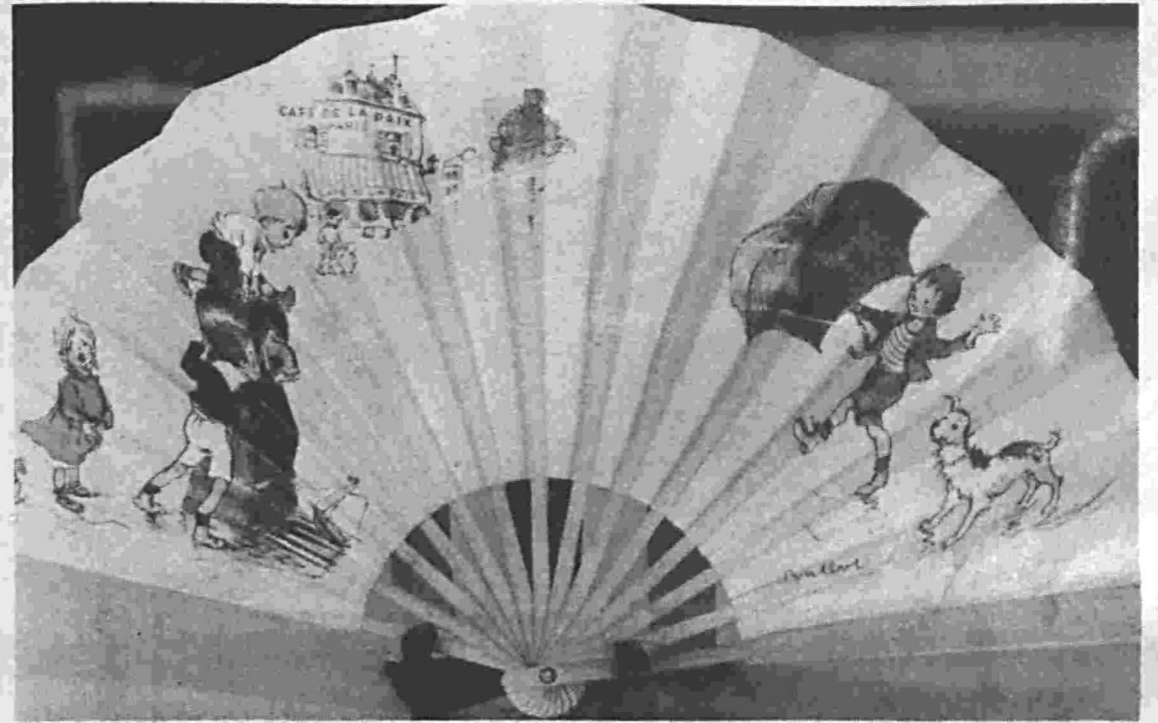
SEA TAC MALL * 839-3939 or * 927-7170



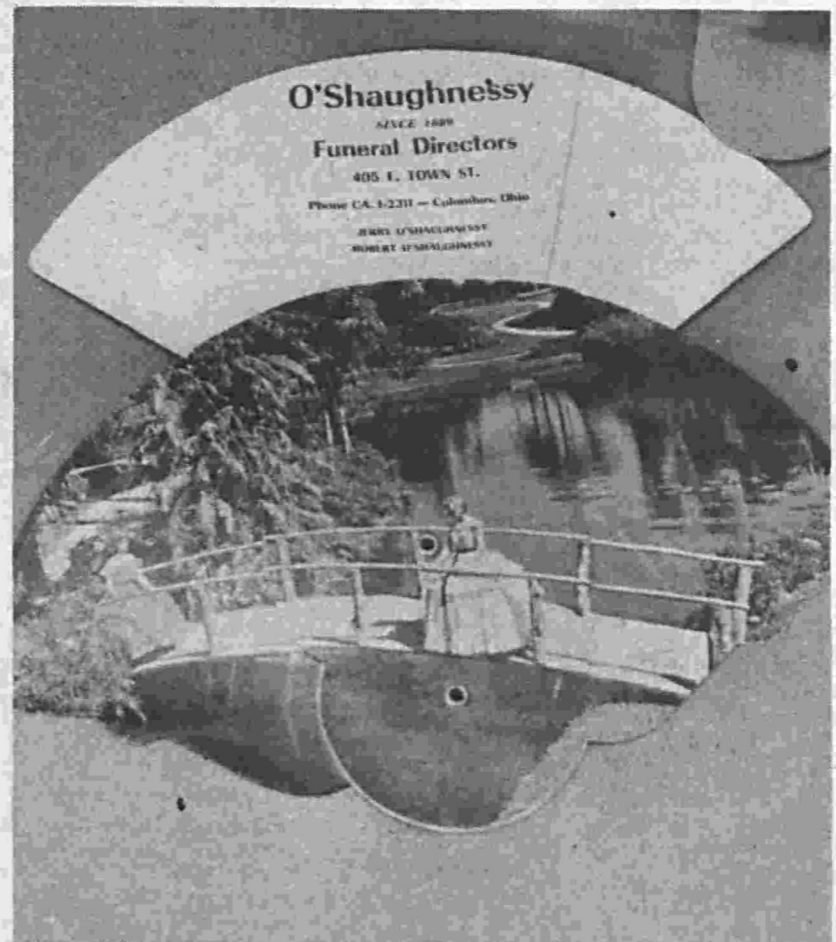
ANTIQUE FANS representing many countries are decorated with opulent fabrics and designs.



FLIRTATIOUS MAIDS spied on prospective suitors with tiny mirrors.



CHILD'S FAN advertised a French restaurant.



ENTERPRISING FUNERAL director cooled-off Columbus churchgoers.

Elegant fan-fare

The saying goes that necessity was the mother of invention, so too, was hot weather and stuffy rooms the mother of fans.

"The first fan was probably a large leaf that the caveman used to cool off with and brush away the bugs," said Laura Fisher, an avid collector of unusual and exquisite fans. Since she was a young girl, Mrs. Fisher has been interested in the history of fans.

In her research, she discovered the earliest fan was a row of feathers from 13th century B.C. China. Later the ancient Greeks used linen fans while the Romans kept cool with gilted Paintings of the ancient Egyptians also depict the pharaohs being sheltered by long feathered fans.

The fan was introduced early into the European culture, but it disappeared around the 13th century. It wasn't until the crusades that the fan found popularity again. By the 17th and 18th century they were considered vogue and very high fashion. Like haute monde clothes designers, fans also had their fashionable shop. In England, the shops were located on Regent and Bond Streets, Mrs. Fisher said.

The accessories became more than just a means to keep cool, they were elegant works of art. Primary materials were ivory, bone, wood, mother of pearl and tortoise. Common bamboo was saved for the less expensive fans. Many of the slates made from these materials were delicately carved in fine detail.

"A fan's quality is judged by the number of slates," Mrs. Fisher said.

Rich materials such as silk,

woven gold threads, sequins and painted paper covered the fans. "These were great artists that painted the designs," Mrs. Fisher said explaining the quality art work. "They were not post card artists."

The Spanish fans would depict bright, bold festive scenes while the Italians would paint opulent Renaissance designs. They created lacy Rococo fashions.

"The designers were artists took time and patience to make the fans," she said. "Even the simple bamboo had the leaves meticulously woven."

"Fans played an important part in the social and cultural mannerisms of people," Mrs. Fisher said. "In the Orient, the handling of the fan is as important as the tea ceremony. How the person handles it denotes social status."

"In France women used the fan in their games of coquetry. She could beckon a gentleman 'come hither' with one wave or snub him with a quick flick of the wrist," she added.

Not only were the fans used for fashion or communication, but the enterprising merchant could advertise his wares or shop.

In Mrs. Fisher's collection there is a children's fan that was given out by a French restaurant owner with drawings of children playing and the establishment being advertised. In Columbus, Ohio, a funeral director distributed inexpensive cardboard fans in a local church for the warm worshiper to cool-off and be reminded of his services. Mrs. Fisher says, I found "these fans to be odd and humorous, but

they kept you cool in church. They would have pictures of a mountain or a cool lake printed on them."

A fan wasn't totally considered women's fashion, because air conditioning was non-existent in the early days of the theater, men also had simple and compact fans to keep them cool.

Mrs. Fisher began collecting fans when she was in the fourth grade. "I had a teacher who gave several of us girls Japanese fans for a school play. I fell in love with that fan because it was so beautiful," she said.

That love started her collecting all kinds of fans, not just the ornate, but the unusual ones as well.

She still has that childhood favorite, but has added to it, now she has about 100 different fans, from different countries.

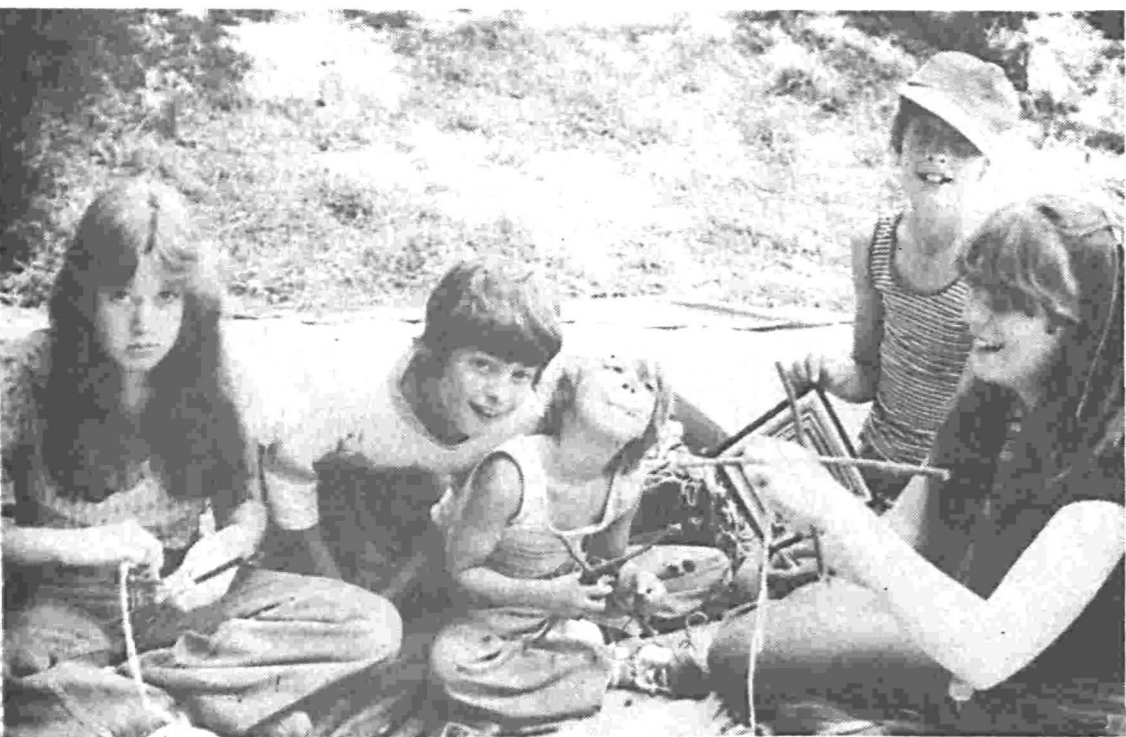
"I believe in collecting all styles to show the wide spectrum and the strange development of the fan," she said.

Mrs. Fisher has found her fans in various out of the way places. During World War II, her brother bought a gold sequin fan in Europe. Later, when she moved there for seven years, Mrs. Fisher was able to add to her collection.

"You can find old fans in your great-grandmothers, attic, an old chest, through friends and in antique shops," she said, but explained that because the fans are so old and fragile, many no longer exist, except for in museum collections.

Mrs. Fisher's collection will be on display at the Federal Way Library until the end of August.

photos and text
by Sandra Thew



WITH INSTRUCTION from Celeste Johnson, camp aide, and Gretchen Hiber, youngsters registered in the boys' section of the recent Camp Fire Day Camp at Tall Timbers, learn the art onmaking Mexican Ojos (Eyes of the Gods) during Mexican Day at the camp.



NANCY HORN of Lakeland, third grade counselor at day camp, dishes homemade ice cream right out of the freezer container. Sharing the treat are members of her group who helped make it.

'Tall Timbers' shelters Camp Fire day campers

For eight sunshiny, fun-filled days, Tall Timbers, the wooded acres at 30210 56th Ave. S. owned by Lloyd and Lu Gardner, sheltered 96 Camp Fire campers, 27 counselors and 18 camp aides.

In keeping with the theme "Rooting Your Family Tree," campers, under the leadership of Mary Lewis, site director, and Kathy Pauw, assistant director, learned skills of many kinds, ranging from Mexican "Ojos" and tostados to the Japanese arts of origami, calligraphy and folk dancing.

On Japanese Day, visitors came from the White River Bud-

dist Temple, to teach the Japanese arts, dances and songs. In addition to Ojos and instructions on making tostados given by Raoul Rodriguez from Aqua Barn, the campers learned to weave birds and other decorative items from wild grasses.

Filipino Day featured two representatives from Seattle Filipino Youth Activities who cooked "pansit" for the campers to sample, gave them information about the Philippine Islands and culture and taught them to make a Christmas star and play Filipino games.

One day, Puget Power brought its traveling puppet show

to camp and taught the youngsters the dangers of electricity in a fun way.

Other camp activities included a field trip to Five Mile Lake for swimming, ice cream making, cook-outs, ceremonies, camp skills and crafts. Seventh graders in the Mod Unit published a one-time newspaper using a hectograph.

Other leaders who worked with the day campers included Lorrie Scott, outdoor living skills director, and the following

counselors: Kathy Murray, boys' camp; Cindy Wheat, Joan Tabrum, Mary Olsen, Nancy Horn, Pam Foxworthy, Julie Olrogg and Terry Murray, grade school groups, Carol Goodman, Blue Bird unit leader, and Judy Laik, Mod Unit.

Melissa Rising, Staci Strange, Debbie Bogle, Todd Murray, Laura Kurc, Stephanie Wheat, Gail O'Connor, Kelly Lecture, David Murray, Sandy Beck and Celeste Johnson served as camp aides.

Meat cutting expertise demo at 'do-it-yourself'

Doing it yourself in the kitchen can result in substantial savings, according to Ed Mondell, Chicago cutlery representative, who will demonstrate meat cutting techniques at the 12th annual Do-It-Yourself Fair Sept. 6 to 9 in the Seattle Center Coliseum.

Mondell conducted a survey of several local supermarkets to

find out what kind of savings people could expect when they do their own meat cutting. "Of course meat prices fluctuate from week to week," he said, "but on any given day, you should be able to save between 10 and 50 percent, depending on the type of meat."

"It takes approximately two minutes to cut up a chicken,

and the savings usually run close to 10 percent," he explained. "A pork loin takes about five minutes, but one cutting for pork chops and roasts can mean the difference between paying \$2.59 a pound for pre-cut chops, or \$1.19 a pound for the uncut loin."

With all the salmon available to Pacific Northwest residents,

Mondell recommends filleting-it-yourself. "The only requirement is a long, thin, lightening-sharp knife that enables you to feel the fish's backbone as you cut," he said. "Filleting a fish is one of the simplest procedures and takes less than a minute."

With comparative prices of \$5.69 a pound for pre-cut filets and \$2.79 a pound for whole salmon, Mondell maintains it is a minute well spent.

Other classes at the fair will feature house plant care, holiday artificial flower arranging, free standing stove installation, microwave cooking, home creative convenience cooking, dog grooming, power tools, fall pruning, counter topping, furniture finishing and refinishing, basic electrical wiring and auto tune-up.

In all, there will be more than 20 "sit down" schools and 180 demonstration booths. No goods or services will be sold.

The fair will be open from 4 to 10 p.m. Thursday and Friday, 10 a.m. to 10 p.m. Saturday and 10 a.m. to 6 p.m. Sunday. The fair is presented by Ernst Home Centers, a division of Pay 'n Save Corporation.

Food stamp monitoring under way

To reduce errors and improve management, state agencies which administer the food stamp program will be required to monitor local opera-

tions more closely. Under the required quality control, states must review samples of their food stamp caseloads to find the number of ineligible

persons receiving food stamps and eligible persons getting incorrect amounts of stamps.

States whose error rate as validated by the department, is less than five percent will receive a 10 percent increase in federal administrative payments.

Arts and crafts show for seniors

Senior citizens, 55 years of age or older, from throughout King County are invited to participate in the second annual King County Senior Citizen's arts and crafts show to be held at White Center Park, 1321 S.W. 102nd St., Sept. 28, 29 and 30.

Entries will be accepted in a variety of categories, including painting, hand-crafted items, drawing, clay arts, natural crafts, jewelry, stained glass and homemade edibles. Entry forms may be obtained by calling

Brenda Weatherford at 244-1080, and must be returned by Sept. 14.

Participation ribbons will be awarded to all entrants, and ribbons will be awarded for first through 15th places in each category subdivision. A sweepstakes award will be made to one overall winner in each major category.

Judging will take place from 9 a.m. to noon Saturday, Sept. 29. The show will be open to the public from noon to 7 p.m. Sept. 29 and from 11 a.m. to 4 p.m. Sept. 30.

AUBURN SCHOOL OF DANCE AND MUSIC

A Conservatory of Fine Arts for Children thru Adults
Beginners thru Professional

PRE-SCHOOL DANCE

Rhythm & Poise for tots 3 to 5

DANCE CLASSES

CLASSICAL BALLET
BALLET & TAP
THEATRICAL JAZZ

MUSIC CLASSES

PIANO LESSONS
VOICE STYLING

DISCO

FOR CHILDREN,
TEENAGERS
AND ADULTS

GYMNASTICS

TUMBLING
BALANCE BEAM
UNEVEN BARS

TO ENROLL PHONE 833-6773
AUBURN SCHOOL OF DANCE & MUSIC
306 Auburn Avenue Established 1954

An Energy Saver with Teeth in it!

For a limited time, Stihl dealers are cutting a hot deal on all models 015 through the 041 FB.

Here is Stihl's deal. When you buy the Stihl saw of your choice with Stihl's Energy Saver Kit, you'll receive a

protective carrying case and extra cutting chain plus other valuable accessories... including an informative booklet, "How to Cut & Season Fire-wood." **Over \$50 in value.** See Oriental while inventory selection is good.



STIHL

The world's largest selling chain saw.

Open 8 days Closed Thursdays only Special prices good through October 31, 1979

ORIENTAL GARDEN CENTER, INC.
30650 PACIFIC HIGHWAY SOUTH
WE SERVICE WHAT WE SELL
Corner of 308th and Pacific Hwy So. (99)

You can get CONTRACTOR'S DISCOUNTS at KITCHEN MASTERS & BATH, INC.

The Specialists at Kitchen Masters feel that everyone has a right to a beautiful Kitchen and Bath at contractor's prices. See the superior quality Kitchen and Bath cabinetry in our showroom.

CRYSTAL
A FINE NAME IN CABINETRY



Visit our showroom: M-F 9:30-5:30 SAT 10-3 Evening appts. upon request
1500 So. 336th Federal Way West Campus-Parkway Center
K&B KITCHEN MASTERS & BATH, INC.
927-8500 838-4142

14 KARAT GOLD AT SALE PRICES

Cobra Chains	Serpentine Chains
15" 26.99	15" 19.99
16" 28.99	16" 21.99
18" 31.99	18" 23.99
20" 34.99	20" 25.99
24" 39.99	24" 33.99
	26" 35.99
	Matching Bracelet 13.99

Large selection of 14K Gold charms at sale prices.

Most pieces **40% OFF**
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The Modern Mom

by Betty Woolley



The current publication market is glutted with "how to" books and the magazines are glutted with "how to" articles. Why can't I be left to my own devices, trusted to expand my own mind? Why is it assumed that someone has to tell me what to do and how to perform in every area of my life?

I recently received in the mail a notice of a new woman's magazine. The advertisement stated, "At last, a woman's magazine that doesn't try to tell you how to raise kids, how to cook, how to clean, what to wear, how to decorate your home or how to make love." How refreshing! Was there actually to be a magazine that assumed I was an intelligent female who could solve my own problems and had therefore earned the right to be entertained? But no. It was a magazine for guidance in handling your finances if one happened to be independently wealthy. Apparently not even Jackie Onassis and Liz Taylor can be trusted to their own devices, even though they were shrewd enough to acquire all those worldly goods all by themselves. Everyone is being told what to do and how to do it.

As I watch a movie I struggle against the pull of subliminal influence when I realize that I am cheering for the criminal who is trying to escape from prison. I find myself totally sympathetic to him even though he is there for crimes of violence that warrant the most severe punishment. I have been manipulated into a thinking state decided upon by the producers of that

movie. I realize, with sudden alarm, that this could be happening to me in various walks of life without my awareness of it.

I watch TV commercials with a newly aroused sense of caution and begin to ask myself what is happening. Who assumed the right to brainwash me? For instance, who decided that my linens had to be "whiter than white?" Perhaps I find tattle tale gray a soothing shade. Why does my coffee have to be mellow and smooth? Maybe I like it strong enough to jar the fillings in my teeth. And must I use toothpaste that cuts cavities? Perhaps I'm secretly in love with my dentist and cherish the hours I spend in his chair.

Why should I drive a low mileage, compact automobile when my old gas monster affords me the safety of a Sherman tank in the midst of traffic? If I like real butter why does someone try to convince me that oleo tastes just the same. It's my case of cholesterol if I choose to make it so.

Choices are precious and personal. If my selection of a marriage partner had been left to a computer matching service my room mate and I would never have met. A myriad of opposite traits separate us but I married him simply because I liked his smile.

It's rewarding to make your own decisions, to have the courage to stand apart from the mob. But do it! Dare to be different.

And if you're worried about missing the boat, remember the Titanic!

Public meetings set on day care rules

A series of public meetings to review proposed day care regulations will be held this month in six Washington cities, including Seattle and Tacoma.

The public forums, prompted by changes in federal requirements of child care providers, are co-sponsored by the state Department of Social and Health Services and the federal Department of Health, Education and Welfare.

Comments collected during the meetings will be submitted to

the federal agency and considered before new rules are finalized, according to Leila Todorovich of DSHS.

"The rule changes are mainly of interest to people caring for children whose fee is paid through a HEW program," Todorovich says. "This includes day care centers and family day care homes. But parents and other interested persons are also encouraged to attend."

Training, staffing, nutrition, physical environment, health and safety are among the

areas addressed in the proposed regulations. Federal representatives will be on hand to present the rule changes and hear responses from those attending.

The Seattle meeting will be held at 7 p.m. Tuesday, Aug. 28.

Thursday 30, at the Greenlake Community Center, 7201 East Greenlake Drive N. In Tacoma, the meeting will be held at 7:30 p.m. Wednesday, Aug. 29, in the auditorium of the Tacoma City Light Building, 3628 S. 35th St.

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the original, more like suede than suede itself! easy care, washable, won't stretch out of shape, shrink, pill, fray, crack, or wrinkle. It is color-fast and won't water spot. We have a great color selection now in stock. \$49.00 yd. 45" wide

Save \$10.00

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100% Encron® Golden Touch Polyester, 60"x62" wide, lovely fall colors with matching coordinates in Qiana Dobby knits, La Grande que qiana, and Moondrop woven poly crepe prints!

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from Abbot

80% polyester / 20% nylon, 58"/60" wide, soft to touch in beautiful colors! Blues, greens, rust, brown, rose, amethyst, blackberry, to name just a few of the great colors you will find in our great suede selection!

\$5.99 yd.

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S-I-R-E-T-C-H

DENIM

From Core Mills, 69% cotton/31% poly, 48" wide, built in stretch for today's fitted designer jeans! Indigo only

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Danflair tartans, Spiffy, Crayon and Dancheck Glitter, poly/cotton blends, with Dan press for easy care! Just right for back to school! 45" wide

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100% cotton, 48" wide, 14 1/2 oz. heavy duty for back to school!

reg. \$2.99 yd. **\$1.99** yd.

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for jackets, ponchos, and back to school! 100% acrylic, soft bold plaids in an array of colors, 45" wide, easy care!

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soft tailored woolens! Colorful! Classic! Campus and Career looks that last forever!

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"the American way of Wool" 100% wool, 54" wide, beautiful flannels, for a soft tailored look! Grey, Charcoal, brown, and rust

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66% wool/34% mohair, 58" wide, herring-bone and solid in grey

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Back Pack Plaids and Plaids, 70% wool/30% nylon or 80% wool/20% nylon, 58" wide - take the chill off cold winter nights!

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PETERS TRI-BLEND WOOLENS

heathers, flannels, and tartans! 60" wide, easy care machine washable, 35% poly/35% acrylic/30% wool

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machine washable, 50% trevira poly / 50% wool, 54" wide, flannels, tartans, and fashion plaids!

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VINYL

lots of textures, weights and colors! 100's of uses! reg. \$4.99 yd. 54" wide

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Coats & Clark RED HEART WINTUK YARN

3 1/2 oz. skein, 4 ply reg. \$1.39 skein

99¢ skein

HONEYBUN YARN

4 ply/4 oz. skein, 100% acrylic reg. 99¢

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Two pairs of fine Wiss® scissors with beautiful tortoise-shell color handles.

• Lightweight Dressmaker shears

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PLUS a free LITTLE MISS WISS Doll Pattern. Regular value \$16.99

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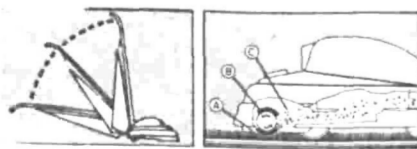
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The love of a young child for a small creature is shown in this photo by Ann Leslie, Canadian photographer. The picture is one of 70 by Canadian artists that will be on display at the Federal Way Library through Sept. 7.

Canadian photos on display

"Perceptions of Childhood," a special photography exhibit by Canadian artists, is currently showing at the Federal Way Library and will continue through Sept. 7. The exhibit, sponsored by the Canadian Consulate, is touring the United States in celebration of International Year of the Child. Included in the show are a multi-media package of 50 photos (20 color and 30 black and white) of children in many stages of development, a slide show of children's art and six color films with childhood themes. For more information call the library at 848 S. 320th St., or call 839-0257.

Christian school starting first year

Christian Life Academy will open its doors to students from kindergarten through eighth grade Sept. 6 at Christian Life Assembly at the corner of Sixth Avenue and 320th Street S.W. The church-sponsored school will put academic emphasis on reading, writing and arithmetic, along with Christian teaching and respect for authority and parents. It will also include a day care service for children whose parents are working. With Mrs. Barbara Randall as coordinating administrator, the school will open with four teachers and two aides on staff. Rev. L. Ben Dickson, pastor of Christian Life Assembly will be the administrator-pastor.

The bride wore a gown of sheer nylon with chantilly lace bodice, with neckline and the bottom of the lace inserted skirt trimmed in a wide ruffle of eyelet. Her mantilla style veil was of nylon netting, accented with chantilly lace and pearls. She carried a cascading bouquet of a large white orchid and pink roses. The bride's sister, Melanie Williams, was the maid of honor. Lt. Gary Speakes of Ft. Ord, Calif., was the best man. The ushers were Doug Koenig and David Aldridge of Monterey, Calif. Cindy attended Tyee High School and Highline Community College. Lee attended Newport High School, the University of Idaho and Pepperdine University in California. The couple will make their home in Seattle.

Williams - Lee

Cindy Lou Williams and Randall Steven Lee were married on June 23 at Marcus Whitman Presbyterian Church. The Rev. Al Horn officiated at the candlelight ceremony. The bride is the daughter of Mr. and Mrs. James Williams of 34th Ave. S. The bridegroom's parents are Mr. and Mrs. John Goar of Detroit, Mich.

The couple will make their home in Seattle.

Visiting Nurse Service testing CF care program

Twenty-five children in the cystic fibrosis clinic of Children's Orthopedic Hospital and Medical Center will be the immediate beneficiaries of a specialized home nursing demonstration program developed through the cooperation of the Seattle-King County Visiting Nurse Services and the clinic. Aimed at demonstrating the effectiveness of home care in early detection of problems needing treatment and in staving off serious complications, the demonstration project has been made possible by a "Year of the Child" grant of \$20,000 from the King County Council and funds allocated to Visiting Nurse Services from United Way of King County.

Disco fashions at McGovern's

Chic disco fashions will be shown in the "Fall Images '79" fashion show to be presented by Carolyn Hansen Fashion College Aug. 28 at Jack McGovern's Music Hall. Women's fashions will come from Lyons Apparel of SeaTac Mall and Southcenter. Men's fashions will be provided by Jeffrey Michael of Seattle. Six fashion scenes, including the a night life scene, plus the Music Hall Follies will be presented. Doors open at 6:30 p.m., and the fashion show starts at 8 o'clock. No-host cocktails will be served. Tickets are \$5 per person and may be purchased locally at Southcenter and SeaTac Mall.

Care of the children will be provided over the next six months by respiratory nurse specialists from VNS' respiratory home care program. They will provide parents of the pilot children with information about the child's disease (in most cases cystic fibrosis) and its treatment, assist the children and parents to learn how to do the treatments and make periodic assessments of each child's condition. Though there is presently no cure for cystic fibrosis, the life expectancy for children with this chronic lung disease has increased considerably, according to Gwen McDonald, RN, coordinator of the VNS respiratory home care program, and Dr. Lilla O'Grady, co-director of the COHMC clinic, who are coordinating the new demonstration project. Although the pilot program is limited to children in the clinic, parents of children with cystic fibrosis, or those with family members with other respiratory problems, can, if referred by their physicians, request assistance from VNS. For information, call 282-9800.

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SAVE 50% to 64%

OUR BEST SELLING SHAG AREA RUGS OF WASHABLE NYLON WITH SKID RESISTANT BACKS. 16 decorator colors, reduced from our '78 Fall and Winter catalog

Oval sizes include 4-inch fringe all around	Size	Was	Now
	21 x 36 in.	\$7.89	2.88
	27 x 45 in.	\$13.89	4.88
	30 x 54 in.	\$19.89	7.88
	42 x 70 in.	\$34.89	15.88
	52 1/3 x 82 3/4 ft.	\$84.89	35.88
	9 x 12 ft.	\$169.89	79.88
Round sizes include 4-inch fringe all around	4 feet	\$59.89	29.88
	8 feet	\$99.89	45.88
Runner size includes 4-inch fringe on ends	21 x 72 in.	\$20.89	8.44
Unfringed rectangular sizes have 4 finished sides	21 x 36 in.	\$7.89	2.88
	27 x 45 in.	\$13.89	4.88
	30 x 54 in.	\$19.89	7.88
	42 x 70 in.	\$34.89	15.88
	52 1/3 x 82 3/4 ft.	\$84.89	35.88
	9 x 12 ft.	\$169.89	79.88

1/2 PRICE SALE

Boys' striped jersey knit shirts in teen sizes

3.88 ea.

Were \$7.99 each

Reduced from our '79 Midwinter Sale catalog

CLEARANCE SALE

Boys' nylon mesh short-sleeve knit shirts with action prints in teen sizes

88c ea.

Were \$4.49 each

Quantities limited

Reduced from our '78 "W" Supplement

1/2 PRICE SALE

Women's fabric runabout casuals

4.84 pair

Were \$9.69

Reduced from our '79 Spring and Summer catalog

1/2 PRICE SALE

Girls' gathered shoulder T-shirts

1.88 ea.

Were \$3.99 each

Reduced from our '79 Summer catalog

1/2 PRICE SALE

Girls' woven blouson tops

2.98 each

Were \$5.99

Reduced from our '79 Summer catalog

1/2 OFF

Corded bedspreads with stain-repellant finish

Reduced from our '79 "T" Supplement Durable spreads of cotton and polyester

Bunk size	Was \$7.88	3.94
Twin size	Was \$8.88	4.44
Full size	Was \$10.88	5.44

SAVE 42%

Boys' or girls canvas backpack

2.88

Was \$4.99

Reduced from our '79 "W" Supplement

SAVE \$19

Craftsman 74-pc. metric mechanic's tool set

Ideal for the handyman or home mechanic. Two quick-release ratchets, sockets, wrenches and much more. 33027.

29.88

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straight row of fringe with purchase of woven wood through August 31st., 1979

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344-3140



Mr. and Mrs. Robert N. Rushton
Pike-Rushton

Karen Jean Pike and Robert N. Rushton were married July 27 in the Church of Jesus Christ of Latter-Day Saints Temple in Logan, Utah.

The bride is the daughter of Mr. and Mrs. James E. Pike of Northeast Tacoma and is a graduate of Henry Foss High School.

The bridegroom's parents are Mr. and Mrs. Clyde Rushton. He is a graduate of Franklin Pierce High School and attended

Green River Community College.

Sandy Ronshaugen was the maid of honor, and the attendants were Tracy Pike, sister of the bride, Sharon Baker and Becky Warren.

Jim Gardner serves as best man, with Bryce and Rob Pollard as ushers.

The couple has purchased a home in Puyallup where they will reside.

A reception in honor of the newlyweds was held Aug. 18 in the LDS Federal Way Cultural Hall.

RedCross schedules first aid courses

During September, the Red Cross will offer several types of first aid courses which are of interest to the public, Ski Patrol volunteers, business and industrial and emergency services personnel.

Several CPR classes will be available, in both a short, three-hour and a longer, nine-hour course. The longer course is recommended for families of

heart disease patients and as a review for persons who have completed shorter, condensed courses.

Courses are scheduled at Red Cross headquarters, 2515 S. Holgate St., and in the University District, Queen Anne, West Seattle, Greenlake and Lake City areas and in Kent, Renton, Bellevue and Kenmore.

Other course offerings that are schedul-

ed at Red Cross headquarters include the following:

...Multimedia first aid, a programmed course scheduled in one eight-hour or two four-hour sessions.

...Standard first aid and personal safety, a lecture-discussion course which begins Sept. 10.

...Advanced first aid and emergency care beginning Sept. 11.

...Advanced first aid review beginning

Sept. 24. ...Advanced first aid follow-up to the standard first aid course beginning Sept. 25. (A valid standard first aid certificate is prerequisite.)

The only charge for the courses is for texts and materials.

Interested persons may register or obtain more information about schedules and costs by calling 323-2345.

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Quantities and assortments are limited, so hurry in!

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BURIEN SURPLUS STORE First Anniversary SALE

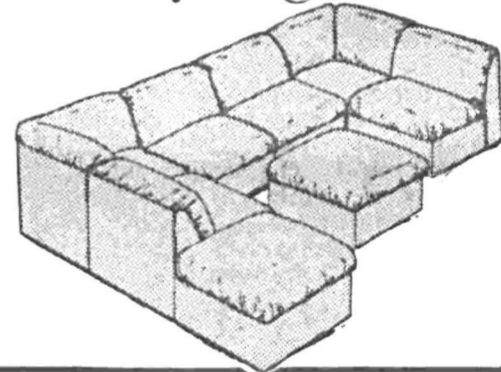
SAVE 50% on Modular Furniture Available in 4 Colors

Furthermore II Modular Group



- Herculean olefin pile, button-tufted backs. Reduced from our 78 Fall and Winter Catalog.
- Armless chair Reg. \$119.95 **59⁸⁸**
- Corner unit Reg. \$149.95 **74⁸⁸**
- Wedge chair Reg. \$119.95 **59⁸⁸**
- Ottoman Reg. \$69.95 **34⁸⁸**

Misty Night Modular Group



- Plush cotton velvet pile upholstery, modern styling.
- Armless Chair Reg. \$99.95 **49⁸⁸**
- Corner Unit Reg. \$119.95 **59⁸⁸**
- Ottoman Reg. \$54.95 **27⁴⁴**

BPW club announces officers

Becky Hutson of Federal Way has been elected president of the Auburn Business and Professional Women's Club.

Other officers are Rebecca Miller of Auburn, first vice president; Vicki Burr, Summer, second vice president; Ruth Steward, Auburn, secretary; Jeanne Partridge, Auburn, treasurer, and Dolphie Swanson, Auburn, corresponding secretary.

Pacific Iron's Fabric World

BACK TO SCHOOL FABRIC SALE

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SEWING AIDS BY WHITE®

- THIMBLES REG. .60
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- SEWING GAUGE REG. .60
- SCHOOL SCISSORS REG. .50
- (blunt)
- HAND NEEDLES REG. .70
- SAFETY PINS REG. .35
- ASST. REPAIR NEEDLES REG. .60
- TRANSPARENT NYLON THREAD REG. .55

YOUR CHOICE **33¢ EA.**

- PIN WALE CORDUROY **2.97** (21) yd. REG. 3.49
- BRUSHED DENIM **2.44** (22) yd. REG. 2.99
- KETTLECLOTH **1.97** (23) yd. REG. 2.99
- CALICO PRINTS **1.77** (24) yd. REG. 1.99
- SHIRTING PLAIDS **3.33** (29) yd. BY DAN RIVER REG. 3.99

SALE PRICES GOOD THRU SAT 8-25

PACIFIC IRON'S FABRIC WORLD CO. 839-6424
SeaTac Village 1816 South 170th St. Federal Way

1/2 PRICE SALE!

3 pc. Solid redwood picnic set



Was \$117.95
58⁸⁸
While 20 last

Reduced from our 79 Summer Catalog.

SAVE 1/3 on

7-1/2 ft. double laminated umbrella

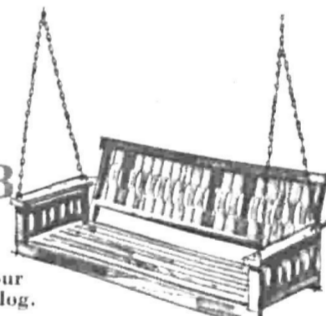


Was \$29.95
19⁸⁸

Table and stand not included. Reduced from our 79 Summer Catalog.

SAVE \$15 on 4-ft. swing

Solid hardwood construction, clear varnish finish



Was \$44.95
29⁸⁸

Reduced from our 79 Summer Catalog.

1/2 PRICE SALE!

Zinc-plated tubular steel director's chair



Was \$19.95
9⁸⁸

Reduced from our 79 Spring and Summer Catalog.

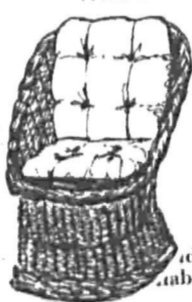
SAVE \$80 on 3-pc. Solid redwood outdoor unit



Was \$199.85
119⁸⁵

Reduced from our 79 "R" Supplement.

SAVE \$25 on Lark design wicker furniture



Was \$54.95
29⁸⁸

(Low back chair) Additional seating pieces available. Reduced from our 79 Summer Catalog.

SAVE \$200 on 18x4-ft. Family swimming pool



Was \$449.95
249⁸⁸

With 4-in. top seat. Durable Sani-guard treated vinyl liner. (Allow additional time for delivery). Reduced from our 79 Summer Catalog.

SAVE \$80 on Fine California Redwood Tete-a-tete



Was \$199.95
119⁸⁸

"cushions not included" Reduced from our 79 Summer Catalog

SAVE 36% on steel tubing log holder for indoor or outdoor use.



Was \$9.99
6³³

Reduced from our 78 Christmas Catalog.

SAVE 35.11 on fireplace grate



Was \$79.99
44⁸⁸

With 14-ga. steel tubes for heat distribution. Reduced from our 78 Fall and Winter Catalog.

SAVE \$18.11 on Kenmore 22-in. diameter steel kettle grill



Was \$47.99
29⁸⁸

Reduced from our 79 Summer Catalog.

SAVE 42% on Novelty AM radio with calculator look



Was \$4.99
2⁸⁸

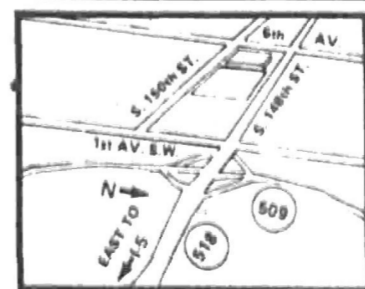
Black plastic, silver-color trim. Reduced from our 78 Christmas Catalog

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Thur. and Fri. 9 a.m. to 9 p.m.
Sunday 12 p.m. to 5 p.m.
344-3140

Learning disability testing at center

Washington Association for Children with Learning Disabilities is now operating its Diagnostic Testing Center, a private, non-profit facility at 444 N. E. Ravenna Blvd., full time.

The center offers diagnostic services for children and adults who suffer from a disorder in one or more of the basic psychological processes involved in understanding spoken or written language. These disorders often

interfere with a person's ability to read, write, spell or do simple problems of arithmetic.

The purpose of diagnostic testing is to identify the disorder, determine its nature and extent, and to of-

fer specific suggestions for its treatment. Clients of the center are provided with a complete, understandable report of tests and findings. The diagnostic specialist will assist clients in their efforts to arrange ap-

propriate educational programs in public or private schools.

Testing usually takes from four to five hours, but, because few individuals are capable of maintaining peak effort over so long a time, two separate appointments are recommended. Usually

these are arranged for one morning and the afternoon session to determine the time of day during which the individual is most efficient.

To arrange for an appointment or for information regarding diagnostic testing and other services, call 523-9768.

Courses on drugs set for nurses

Nurses interested in pharmacology will have the opportunity to take two 5-week continuing education courses being offered by Health Care Programs of America this fall in Howard Wright Auditorium at Children's Orthopedic Hospital, 4800 Sand

Point Way N.E.

A course in "Drug Therapy of Behavioral Disorders" designed for those who are involved with patient behavior and its treatment meets from 7 to 9:30 p.m. Tuesdays, beginning Sept. 11.

In the second course, "The Lab, Drugs and Nursing Implications," emphasis is on evaluation of test results and on the significance of deviations from normal test values. Clinical situations will be discussed in these five lessons, which

will be held from 7 to 9:30 p.m. Tuesdays, beginning Oct. 23.

The range of topics covered in the drug therapy course includes behavioral pharmacology, anti-psychotic, anti-manic, anti-depressant and anti-anxiety drugs, and the drug therapy of sleep disorders.

The "lab" course focuses on the impact of disease, age, food and drugs on normal test results. Thyroid, liver and renal function tests, serum electrolytes, uric acid and hematology tests are examined.

The courses, which carry college credit, will be taught by Si Johnson, R. Ph., clinical pharmacist at Northwest Hospital. Interested students should contact him at 682-1299.

Dahlia show at Northgate

Seattle Dahlia Society will hold its 22nd show at the Northgate Mall Aug. 25 and 26. The show is free and open to the public on Saturday

from noon to 6 p.m. and on Sunday from noon to 5 p.m.

Hundreds of blooms, baskets and arrangements will be on display, carrying

out the show theme "Dahlias Around the World."

Presentation of trophies and awards will be at 4 p.m. Sunday.

UW researching battered women

Experts estimate that at least 1.8 million women each year are victims of physical abuse from men with whom they live. Estimates are hard to make because most instances go unreported.

In an attempt to alleviate the problem, researchers at the University of Washington have started a study to uncover the factors that are important in enabling women to leave the battering situation. They are asking women who have been abused and been able to stay out of the situation for at

least one year to call the university.

The study will involve confidential interviews conducted by women interviewers, and investigators hope it will help other

women to escape an abusive environment and adapt to a new lifestyle.

Those who wish more information may call 543-4782 between noon and 7 p.m.

Thorntons celebrate 25th year

Mr. and Mrs. Alden Thornton of 20603 14th Ave. S. celebrated their silver wedding anniversary at a family dinner held Aug. 5 at the Top of the Inn restaurant.

Present were Loren and Ann Minnick of Portland, Ore., Ray and Dawn Del Duca of Sumner, and Joyce Thornton and her fiancé, Karlen Smith of Auburn.

Weekend houseguests included the Thorntons' granddaughters, Sarah and Jane Minnick of Portland.

TJ girls attend seminar

Ann Jones and Peggy Cossano, both students at Thomas Jefferson High School and both elected student body officers for the coming school year, recently attended the Mt. Adams Leadership Workshop.

The workshop, held at the Cispus Environmental Center in Randle, Wash., was sponsored by the Washington Association of High School Principals and was designed to provide opportunities for learning democratic processes, demonstrating leadership ability and acquiring knowledge and skills appropriate to high school government.

Zeta Phi starting season

Zeta Phi chapter of Beta Sigma Phi, will hold its "Beginning Day Brunch" at 10:30 a.m. Saturday, Aug. 25, in the home of Louanne Horsfield, 1312 S. 295th Place.

The Silk Tree
Decorative accessories for decorating tastes

SILK ARRANGEMENT SALE!
All arrangements on display

10% OFF
during the month of August ONLY
(Remember our complimentary customer arrangement service)
Due to your special requests, we are now open from 11:00-6:00 Mon.-Fri. and from 11:00-5:00 on Saturday.

SPECIALIZING IN:
PRESERVED FERNS/CUSTOM ARRANGEMENTS
SILK FLOWERS, PORCELAIN, COPPER & BRASS
DRY FLOWERS/SHELLS & BASKETS

The Silk Tree is located in Parkway Center
1500 S. 336th St. in Federal Way. 838-4769

The Johnny Cash Youth Special

WHERE HAVE ALL THE CHILDREN GONE?



A PENETRATING LOOK INTO THE HOPES AND DREAMS... AND PROBLEMS OF YOUR CHILDREN.

CO-HOSTS: EVIE TORNQUIST AND JIM ZORN
with special guest appearances by...

- BOB HOPE • CAROL BURNETT • MICHAEL LONDON • GLENN FORD • ROY CLARK • JOHN FORSYTHE • BILLY GRAHAM • ANDRAE CROUCH • DENNIS WEAVER • MAC DAVIS • BILL COSBY • PAUL HARVEY • CHAD EVERETT • DEBBY BOONE • ROGER WILLIAMS • B. J. THOMAS • PAT BOONE • JOE CAMPANELLA • RON HOWARD • and others.

Wednesday 7:30-11 p.m. KIRO 7

back to school sale



GIRLS CHENILLE TOPS
6.99 After Sale 10.00
Long sleeve crew neck tops in assorted colors. S,M,L. Girlswear

GIRLS COTTON FLANNEL SHIRTS
6.99 After Sale 10.00
Roll sleeve plaid and raglan sleeve tab front with pocket styles in assorted colors. 7 to 14. Girlswear

GIRLS POPLIN PANTS
7.99 After Sale 10.00
Assorted fashion colors in polyester poplin pants. 7 to 14. Slims and regulars. Girlswear

BULKY KNIT CARDIGANS
14.99 After Sale 22.00
Girls bulky knit sweaters in 3/4 and waist length styles, in assorted hooded, wood button front, and zip front styles. Not all styles in all stores. S,M,L. Ivory and vanilla. Girlswear

GIRLS BUCKLE-BACK JEANS
9.99 After Sale 14.00
Ever popular styling in denim slims and regulars. 7 to 14. Girlswear

BURIEN WESTWOOD VILLAGE SEATAC MALL

Lamonts

USE YOUR BANK CARD. Burien 460 S.W. 152nd 447-6251 Westwood Village 2600 S.W. Barton 447-6226 SeaTac Mall 320th & Pacific Highway South 839-8950
Open Monday thru Friday 9:30 to 9:00 (SeaTac Mall and Northgate 9:30 to 9:30) Saturday 9:30 to 6:00 Sunday Noon to 5:00
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Births



Jacobson of 37641 42nd Ave. S. Their second child was born to Preston and Sharon Jacobson July 27 at Auburn General Hospital. Shannon Diane weighed 7 pounds and joins a sister, Stacie Dawn who is 3 years old. Her grandparents

are Mr. and Mrs. Dallas Jacobson of Edgewood and Mr. and Mrs. Jerry Hughes of Milton Brooks

Jerry and Gollyanna Brooks of 1645 S. 272nd St' welcomed their second child Aug. 5 in Group Health Hospital. Taunya Dawn weighed 6 pounds, 9 ounces and is the sister of Jerry Jr., 19 months old.

She is the granddaughter of Mrs. Madeline Schaefer of Federal Way and Mr. and Mrs. Victor Brooks of North Bend. Marshall

A 9-pound, 4-ounce son was born to Michael and Becky Marshall of 28404 15th Ave. S. Aug. 6 in Group Health Hospital. Brent Sheldon has two brothers, Troy, 5, and Brian, 15 months.

He is the grandson of Mr. and Mrs. William Marshall and Mr. and Mrs. Don Robey, all of Seattle.

Lake Their child was born to W. Dale and Katherine Lake of 3325 S. 261st Place Aug. 7 at Highline Community Hospital. Michelle Marie, who weighed 8 pounds, 5 ounces, has two brothers, Lynn, 15, and Rickie, 9.

Grandparents are Mr. and Mrs. Walter

D. Lake of Spokane and Mr. and Mrs. S. B. Turajski of Cleveland, Ohio.

Retynski

Ryan Wade, first child of Bruce and Wendy Retynski of 3804 S. 374th St., was born Aug. 9 in Highline Community Hospital. Ryan weighed 8 pounds, 9 ounces and is the grandson of Mr. and Mrs. Bruce Retynski and Mr. and Mrs. Frank Wohlmuth, all of Seattle.

Chaffee

Their second child was born to Douglas and Rebecca Chaffee of 29810 29th Ave. S. Aug. 10 in Riverton General Hospital. Amanda May weighed 8 pounds, 9 ounces and is the sister of Douglas Alan Alfred, 2.

She is the granddaughter of Mr. and Mrs. Alfred L. Chaffee of Normandy Park and is the first girl born in the Chaffee family in three generations.

Levick

Mark Esley, son of Chuck and Lynda Levick of 22220 10th Ave. S., was born Aug. 10 in Valley General Hospital. He weighed 8 pounds, 5 ounces and joins a sister, Shannon, 11.

His grandparents are Mr. and Mrs. Kenneth Levick and Mrs. Billie Brockerman, all

of Des Moines. **Straughan**

Their third daughter was born to Michael and Beverly Straughan of 29714 32nd Place S. Aug. 10 in Valley General Hospital. Sabrina Jean, who weighed 7 pounds, 10 1/2 ounces, is the sister of Samantha Ann, 5, and Stephanie Michelle, 7. She is the granddaughter of Mr. and Mrs. A. E. Trotter of Hazen, Ark. and Mr. and Mrs. Gene Tull of Tolleville, Ark.

Sither

Their fourth child was born to Jerry and Janet Sither of 19908 27th Ave. S. Aug. 12 in Swedish Hospital. Danielle Kealameahoonani weighed 6 pounds, 13 1/2 ounces and is the sister of Dawn, 5, Regina, 8, and Jerry Jr., 9.

Her grandparents are Mr. and Mrs. Raymond Solomon of Molokai, Hawaii, and Mr. and Mrs. Damaso Abon of the Philippine Islands.

Grimm

A second son was born to Philip and Patricia Grimm of 29017 46th Place S. Aug. 13 in Eastside Group Health Hospital. Matthew Philip weighed 6 pounds, 15 ounces and is the brother of David, 6.

He is the grandson of Mr. and Mrs. Alfred F. Grimm of Portland, Ore., and Mrs. Doris Klumb of Milwaukee, Wisc.

DAVID'S JEWELERS
BUY DIRECT
 FROM THE ONLY DIAMOND CUTTER IN THE NORTHWEST

SAVE 50% or more

GENUINE DIAMOND EARRINGS **14 KT. GOLD PERFECT CUT**

	Originally	NOW
.05 KT. T.W.	129.95	\$ 39.95
1/10 KT. T.W.	159.95	59.95
1/4 KT. T.W.	499.00	199.00
1/3 KT. T.W.	599.00	259.00
2/3 KT. T.W.	1195.00	499.00
3/4 KT. T.W.	1295.00	599.00
1 KT. T.W.	1895.00	799.00

40% OFF / 14 KT. GOLD CHAINS BRACELETS & CHARMS

Genuine Ruby or Sapphire Earrings AT SAME SAVINGS!
Limited to stock on hand

DAVID'S JEWELERS
 Located in Parkway Center—West Campus
 1500 S. 336th FEDERAL WAY 838-3041

Senior Portraits

Today's new look in senior portraits. 3 changes of clothes, select from 15 traditional and creative poses.

SITTING FEE \$5.00
 FREE Annual glossy with your order.

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SEATAC MALL 839-4633

back to school sale

WEATHERPROOF GIRLS STORMCOATS
38.99 and 44.99
 After Sale 56.00 and 60.00

Choice of hooded with braid trim or button off hood styles. Tan or burgundy. 7 to 14. Girlswear

HOODED PILE COAT
35.99
 After Sale 49.00

Beige pile coat with hood and suede-look trim. 7 to 14. Girlswear

SNOOPY RAIN JACKET
6.99
 After Sale 10.00

Hooded plastic rain jacket in popular Peanuts character style. 4 to 6x. Childrens

FAMOUS MAKER GIRLS JACKET
26.99

Assorted colors in this poly/fill jacket. 4 to 6x. Childrens

25% OFF GIRLS COATS
 Reg. 30.00 to 56.00

22.49 to 41.99
 Choose from our entire stock of girls winter coats. 4 to 6x. Childrens

Local dancers attend conference

Seven local dancers recently attended the 95th annual convention of Dance Masters of America in New York at the ballroom of the Roosevelt Hotel.

Arlene Wagner, director of Arlene's Studio in Federal Way, received a 20-year pin at the convention. Liz Starmer was named first alternate for the Cleveland Ballet scholarship in ballet competitions for ages 19 through 24.

Others who attended the dance convention, were Rayanna Cannon, Gail Tveden, Jane Bertagni, Barbara Briejer and Christina Bellefeuille.

Music slated

Country and bluegrass bands will appear at Parkway Plaza's Country Fair today.

At noon Stampede Pass will perform, followed at 2 p.m. by Montana Al and the Muttonneers. Country Gold and the Jim Hudak Band will play at 3 p.m. and at 4 p.m.

Also scheduled at the event is a four-wheel drive show and helicopter rides. Entertainment and exhibits are free to the public.

Parkway Plaza is located one mile south of Southcenter on Southcenter Parkway.

Coffee hour set

Federal Way Welcome Wagon Club is planning a coffee for all members and new people in the area. The event will be held from 10 to 11:30 a.m. Tuesday, Aug. 21, in the multipurpose room of the Federal Way Library.

Babysitting will be provided by reservation at Our Saviors Baptist Church. Call Cathy DeMatteis at 838-1517 for information.

Lamonts

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In the Service

Jocelyn Warriner
Air National Guard Airman Jocelyn B. Warriner, daughter of Mr. and Mrs. Lester L. Warriner of 434 S. 304th St., has graduated at Lackland AFB, Tex., from Air Force basic training.

The airman studied the Air Force mission, organization and customs and received special instruction in human relations. Completion of this training earned the individual credits towards an associate in applied science degree through the Community College of the Air Force.

Airman Warriner now goes to Kessler AFB, Miss., for specialized training in the administrative field.

The airman is a 1978 graduate of Federal Way High School.



Fall date chosen

Mr. and Mrs. Wallace Williams of 20823 26th Ave. S. are announcing the engagement of their daughter, Debbie Ann, to Keith William Felderman, son of Earl Felderman and Mrs. Clara Felderman of Iowa. Miss Williams graduated from Mt. Rainier High School in 1975 and from ITT Peterson School of Business in 1976. Her fiancé is a 1973 graduate of Iowa State University. The couple will be married Sept. 15.



Goldenweds

JOHN AND MONA Downs of Des Moines recently celebrated their 50th wedding anniversary. The couple was married July 30, 1929. The Downs, residents of Des Moines for 32 years, were honored with a celebration at the home of daughter Helen Davis of Redondo. The couple's eight kids were on hand. The Downs can count 23 grandchildren.

School lunches go up, but free, reduced meals offered

Hot lunches will be served on the first day of school, Sept. 5, in the Highline District, according to Carole Hyatt, director of food services.

School lunch prices are higher this year due to a decreased percentage of state support for the food service program, Hyatt said.

Lunches will be provided to elementary students for 70 cents, to junior high students for 80 cents and to senior high students for 85 cents. Each lunch will include a container of milk.

All schools will have the same lunch menu on opening day: ravioli, seasoned green beans, peach slices, spoon roll and butter and milk.

Children whose families' incomes fall below levels established by the federal government may qualify for either free meals and free milk or meals for the reduced price of 20 cents. Also eligible for the program are children whose families' costs are unusually high because of medical bills, housing costs, special education expenses, casualty or disaster losses. In some cases, foster children may be eligible.

On the first day of school, students will receive an application to determine their family eligibility for the free or reduced price lunch, Hyatt said. Each application will be considered individually by the school principal. All records will be kept confidential. No child will be discriminated against because of race, color or national origin.

If a family member becomes unemployed or if the family size changes, parents should contact the school to file a new application. Such changes may make the family eligible for the benefits. Additional copies of the application form will be available in the principal's office in each school.

The federal government cautions that all information furnished in an application for free or reduced-price lunch must be true and correct. A statement on the application form warns that the application "is being made in connection with the receipt of federal funds, that school officials may, for cause, verify the information in the application, and that deliberate misrepresentation of information may subject the applicant to prosecution under the

applicable state and criminal statutes."

Parents who wish to appeal the decision regarding their family's eligibility may

call George Moll, director of special education, 433-2421, or write him at 15875 Ambaum Boulevard Southwest.

Dahlia show at Northgate

Seattle Dahlia Society will hold its 22nd show at the Northgate Mall Aug. 25 and 26. The show is free and open to the public on Saturday from noon to 6 p.m. and on Sunday from noon to 5 p.m.

Hundreds of blooms, baskets and arrangements will be on display, carrying out the show theme "Dahlias Around the World."

Presentation of trophies and awards will be at 4 p.m. Sunday.

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WEDDING SPECIALIST

Fresh & Dried Plants

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Flowers for all occasions
Satisfaction guaranteed

927-3824
1610 S. 341st Pl. Federal Way

Shear Wizard's

SUMMER SPECIALS

--HAIR MENU--

<p>PERMANENT WAVES</p> <p>Restructizing Reg. \$35.00 \$28</p> <p>Regular Reg. \$25.00 \$22</p>	<p>COLORS \$10</p> <p>Illuminating Reg. \$15.00 Now \$10</p> <p>Henna Reg. \$15.00 Now \$10</p> <p>Tints Reg. \$15.00 Now \$15</p> <p>Frost Reg. \$25.00 Now \$15</p>
---	--

Designer HAIRCUTS Reg. \$15.00 **\$10**

Includes: Shampoo • N.P. Rinse • Cut • Blowdry • Iron (optional)

25250 Pacific Hwy. S. KMS Products 839-5886

back to school sale

NFL SWEATSHIRTS
6.99
White sweatshirts with assorted NFL teamprints.
Poly/cotton. S,M,L,XL. Boyswear

FLEECE SHIRTS
6.99
After Sale 12.00
Long sleeve acrylic fleece with contrast cuffs and waistband. Assorted colors.
8 to 18. Boyswear

LEVI'S PLAID SHIRTS
8.99
Assorted cotton/poly plaids with snap front buttons, flap pockets.
Boyswear

MORTY ABELS KNIT SHIRTS
5.99
Striped pullovers, short sleeve. Assorted colors.
8 to 16. Boyswear

NET GAIN JEANS
10.49
After Sale 14.50
Wide leg styles. 8 to 16 regular; 8 to 14 slim.
Boyswear

BOYS JEANS
10.99
100% cotton fashion jean with back pocket detailing. Top stitching. Prep sizes.
26 to 30 waist.
Boyswear

Lamont's

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WESTWOOD VILLAGE
SEATAC MALL

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Sea J Enterprises

- Storage
- Boats
- Trailers-RV's

18' & 33' BOATS TO CHARTER

- Wash Racks
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- Dump Stations

19236 Des Moines Way S. Des Moines 878-7302

ATTENTION KIDS

SIGN UP FOR JUNIOR LEAGUES

Bowling Days Available
Saturdays 9:30 a.m. - Wednesday 4:30 p.m.

SPORTSWORLD

27403 Pacific Hwy. S.
941-4700

CHRISTIAN LIFE ACADEMY

Grades K - 8 Opens Sept. '79

ENROLLMENT NOW OPEN!!

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839-8644 - 927-1022 - 839-4742

DEDICATED-CERTIFIED TEACHERS

- * CHRISTIAN
- * EDUCATIONAL
- * INSPIRATIONAL
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CHRISTIAN LIFE ASSEMBLY S. 320th & 6th Ave. S. FEDERAL WAY, WA.

Plan to wed

The following persons have expressed their intentions to wed:

Alejandro C. Jiminez, 35, Federal Way, and Marilyn Melvey, 27, Federal Way.

Raymond D. Kingry, 46, Kent, and Sheila M. Brass, 36, Federal Way.

Maurice B. Sunderland, Jr., 57, Des Moines, and Sharon J. Bitzes, 38, Seattle.

Thomas L. Parry, Federal Way, and Adella R. Finckel, Federal Way.

Kenneth W. Knight, 3811 - 100th Street East, and Cathlene L. Mollahan, Federal Way.

Roger W. Paltridge, Federal Way, and Mary J. Smith, Federal Way.

Steven F. Hanson, Federal Way, and Vickie L. Fraidenburg, Federal Way.

Carl A. Cole, 35, Federal Way, and Janet M. Ratcliff, 32, Federal Way.

Tracy B. Edgers, 21, Seattle, and Lori L. Hamilton, 23, Federal Way.

Byron A. Nolcini, 20, Federal Way, and Kimberly M. Snead, 19, Federal Way.

Samuel W. Caps, 27, Kent, and Debbie Palzer, 23, Des Moines.

Michael P. Stafford, 30, Federal Way, and Rhonda Mills, 24, Kent.

Darrald L. DeLancy, 4519 Murphy Drive NW, Gig Harbor, and Christine Peterson, Federal Way.

Robert L. Burns, Federal Way, and Eunice M. Cox, Federal Way.

Edward J. Jezek, Federal Way, and Cathy R. Hodson

Pottery classes slated

Pottery Northwest in Seattle is now registering students for its fall session in pottery. The session begins on Sept. 10 and runs for 10 weeks through Nov. 16.

The curriculum includes classes in beginning, intermediate and advanced ceramics. The classes are taught by specialized professionals, those who teach what they do for a living.

Pottery Northwest is located at 226 First Ave. N. For additional information call 285-4421.



Linda and Dale McKenney Newsom-McKenney

Linda Newsom, daughter of Mr. and Mrs. Harold A. Newsom of Normandy Park, and Dale McKenney, son of Mr. and Mrs. Roy McKenney of North Bend, Ore., were married in a candlelight ceremony on May 12 at Des Moines United Methodist Church. The Rev. Robert Waller officiated at the wedding.

For her wedding, the bride wore her mother's gown of white organdy with orange blossom lace appliques. The bridal bouquet was of yellow baby roses and stephanotis.

Karen Learfield was the maid of honor. The bridesmaids were Kim Whisler, Debbie Threet, the bridegroom's sister, and Sherry Budworth.



Mr. and Mrs. Daniel Lloyd

Married in rose garden

The rose garden at Allison Lloyd, June Northwest Baptist Zeller, Susan Estes, Seminary in Tacoma and Lynda Watts, was the scene of the recent wedding of the bridegroom's twin brother, David Lloyd, served as best man, and Dennis D. Franklin of Gig Harbor, and Daniel Scott Lloyd, son of Mr. and Mrs. Jim H. Lloyd of 4412 S. 351st St. Bridal attendants were Vicki Grahn, maid of honor, and ushers.

The bride carried a white lace handkerchief that was a gift from her late great-great-aunt, Sally Scholl. The wedding cake featured a figurine of a bride and groom that had been used on the wedding cake of her parents 30 years ago.

The bride is a graduate of Foss High School and Biola College and served as a summer missionary to Taiwan. He attended Western Baptist College and is a Christian counselor.

The couple is now at home in Anaheim, Calif.

Licensing to close Labor Day

The Department of Licensing reminds motorists that the Auburn driver licensing office will be closed Saturday, Sept. 1 in observance of Labor Day.

The office will resume regular working hours Tuesday, Sept. 4. It is open from 8:30 a.m. until 5 p.m. Tuesday through Saturday except holidays.

back to school sale



FAMOUS MAKER NYLON JACKET
34.99
Water repellent jacket with zip-off sleeves. Doubles as vest. Tan and navy. 8 to 20. Boyswear

FAMOUS MAKER POPLIN JACKET
28.99
Boys water repellent jacket. With zip front, kangaroo pockets. Pile lined and hooded. Tan and navy. 8 to 20. Boyswear

BUSTER BROWN DARNETTES
FAMOUS MAKER IRREGULARS
2.49 to 3.99
Boys and girls turtle necks, fancy shirts, corduroy slacks, band front slacks, jeans in assorted colors. Girls 4 to 6x. Boys 4 to 6x/7.

DARNETTES CREWSOCKS
1.89 pkg. of 4
Famous maker socks in sizes 4 1/2 to 8 1/2. Childrens



Katie Miller

Localite appointed

A few days of last week were filled with traveling and visiting for Katie Miller, past worthy advisor of Pyramid Assembly 152 of Rainbow.

Miss Miller was appointed Grand Representative to Connecticut at the recent Rainbow grand assembly held in Pullman. Along with Becky Simpson, grand worthy advisor, and other grand officers, she attended official visits in Aberdeen, Montezano and Hoquiam, a grand officers reception in Ilwaco and took a trip to the ocean.

Katie is the daughter of Bill and Maralyn Miller of 30725 21st Ave. S.W.

TEENFORM "FIRST" BRAS
2 for 4.99 After Sale 3.00
SAVE 1.01
White. 28 to 36. Girlswear
Not available in Pocatello

TEENFORM "POWDER PUFF" BRA
BUY 2 GET 1 FREE
4.25 each
Girls bra in white. 32 AA to 34 A.
Coupon sale. See Girlswear department for details. Not available Pocatello.

CPR class scheduled

An American Heart Association cardiopulmonary class will be held at the Federal Way Library from 7 to 10 p.m. Sept. 4, 5, and 6.

Those interested should contact Roy Barnett at 927-8458.

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Mr. and Mrs. James Endo

Married in Buddhist rites

Seattle Buddhist Church was the scene of the recent wedding of Cheryl Ann Kanda, daughter of Mrs. Miyo Kanda and Kaz Kanda of Federal Way, and James William Endo, son of Mrs. Kay Endo and William Endo of Seattle.

The wedding gown, designed especially for the bride, was made of white silk organza with an empire bodice and Queen Ann neckline heavily appliqued with Venise lace. The full circle chiffon sleeves were edged in lace, and the a-line skirt, which cascaded into a chapel-length train, was sprinkled with matching lace. Her chapel-length veil with blusher was attached to a lace headband, and she wore the diamond necklace that was the gift of the bridegroom. Her bouquet was a cascade arrangement of white phalaenopsis orchids, white roses and baby's breath.

Bridal attendants were Mrs. Joyce Suzuki, matron of honor, and Keiko Abe, Marianne Takagi and Roberta Endo, sister of the bridegroom,

bridesmaids. They wore pale pink gowns with full, accordion pleated skirts and matching pink chiffon capelets. Their flowers were colonial bouquets of daisies, pink roses and baby's breath.

Jon Nakagawara attended the bridegroom as best man, and Eugene Kanda, Steven Suzuki and Allen Go served as ushers.

Assistants at the wedding reception held at the Hong Kong restaurant were Teri Nakashima, Mrs. Mochizuki, Gayle Nakashima, Jan Brownlee, Cathy Uakashima, Willie Endo, Thelma Aloe, Tomi Nakashima and Miki Miya. The bride, a graduate of Federal Way High School and Western Washington State College, is a teacher in the Tacoma School District. Her husband graduated from Franklin High School and is an insurance agent.

The couple honeymooned in Los Angeles and San Francisco and are now at home in Federal Way.

Guide outlines cancer nutrition

The second edition of "A Guide to Good Nutrition: During and After Chemotherapy and Radiation" written by Sandra Aker, R.D., and Polly Lensen, R.D., research dietitians at the Fred Hutchinson Cancer Research Center is now available.

Cancer patients undergoing chemotherapy and radiation often experience side-effects such as nausea and vomiting, a sore mouth or loss of appetite. Others may find that the foods they enjoyed eating burn in their mouth or no longer taste good.

Possible solutions to eating problems, based on the experiences and suggestions of

other cancer patients, are described in this 130-page booklet.

Sections in the guide cover lack of appetite, problems, nutrient needs, helpful hints for boosting the flavor of foods, recipes and information about nutritional supplements.

Cost for the guide is \$3.50, or \$3 each for six or more copies. Checks, made payable to FHRC Company, orders sent to: Dietary Services, Fred Hutchinson Cancer Research Center, 1124 Columbia St., Seattle, 98104.

For more information, call 292-6479 or, in Washington state, call the Cancer Information Service toll-free at 1-800-552-7212.



Barbara Boothe and Mark Preston

Boothe-Preston

Barbara S. Boothe and Mark Preston are engaged. The bride-to-be is the daughter of James and Hazel Boothe of Pasco. Her fiancé is the son of Claude and Clara Preston of 46th Place S.

Barbara is a 1977 graduate of Pasco High School and at-

tended Highline Community College.

Preston is a 1974 graduate of Tyee High School and graduated from the University of Washington School of Architecture in 1978. He is employed by the firm of Nash, Burns & Peters in Bellevue.

The couple will be married on Sept. 1.

Obituary

Bertha M. Schranz

Bertha Mae Schranz, 51, died on August 18, 1979.

She was born in Uriah, Alabama in 1928. She moved to the Des Moines area in 1969 and was active in the Angle Lake Neighborhood Church. Her husband, Walter, is employed by United Airlines.

She is survived by her husband, Walter; three daughters, Emily Bonnett, Wadsworth, Ohio, Barbara and Janet Schranz, Kent; a son, Gregory Schranz, Kent; two grandchildren; her parents, Mr. and Mrs. Comer Poole, Atlanta, Georgia; a sister, Betty Poole, Atlanta; and a brother, Carl Pool, Atlanta.

Services were held August 20 at Parker's Burien Memorial

Chapel followed by cremation. The family suggests memorials to Highline Medic I or the Heart Fund.

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News

Registration for new students begins

Dust off your thinking caps, kids, it's time to get back into the groove of reading, writing, and arithmetic.

Students new to this area must now begin registering at their various schools. Schools start on Sept. 6.

Elementary and kindergarten aged students may enroll between 9 a.m. and 3 p.m. in their assigned schools. Kindergarten children must be five-years-old by Sept. 15 and have proof of the date of their birth with them at the time of

Wedding date set

Mr. and Mrs. Charles Byrne Jr. of 28312 22nd Ave. S. are announcing the engagement of their daughter, Laura Ann, to Blaine Adli Wilson, son of Mr. and Mrs. Delmer Wilson of Kent.

Both Miss Byrne and her fiancé attended Federal Way High School. They plan to be married Aug. 25 in an afternoon ceremony at the home of the bridegroom's parents.

Haugland will lead Bible study

Lyle Haugland, a graduate of Central Washington University, and a "planner" for the Boeing Company, will be the guest Bible study leader on Wednesday, Aug. 22 at 7:30 p.m. at the Redondo Community Church (Lutheran Brethren), 27908 10th Ave. S., Redondo. The session will also include a time for sharing and prayer.

enrollment.

Junior high students enrolling at Illahee, Totem and Lakota may enroll between 8 a.m. and 3 p.m. Those enrolling at Sacajawea and Kilo Junior High Schools may begin enrollment beginning Aug. 27 in their school office from 8 a.m. to 3 p.m.

Senior high students should call their high schools and make an appointment with the

counselor to register for classes. Students new to Decatur High School may call 927-5861 or 838-3530; Federal Way registrants may call 927-2150 or 839-4750 and Thomas Jefferson students should call 927-7576 or 839-7490.

All senior high school students will receive information about the opening of school through the mail.

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DM preschool enrolls students

Registrations for enrollment in the Des Moines-Zenith Cooperative Preschool for the 1979-80 school year are now being accepted.

The preschool meets in the Des Moines United Methodist Church, 22225 - 9th Avenue South and is affiliated with the Family Life Program at Highline Community College.

The 3-year-old

group meets from 11:30 a.m. to 12:30 p.m. Tuesdays and Thursdays. At the present time, there are no openings.

The 4-year-old group meets from 12:30 to 2:30 p.m. Wednesdays and Thursdays. Children must be four on or before September 15.

The preschool helps with creative Play, Problem solving,

group socializing experiences and development of coordination skills for young children. It also gives parents a chance to work with their children and learn to guide their own children through a variety of parent education programs.

For more information or to register, call Barbara McAdams, 878-3993, or Debbie McPhillips, 878-3789.

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Seattle Junior Theater

Children's productions coming to FW

by Barbara Butts
Big-time theater for little theater goers, a la Seattle Junior Theater, will make its debut in Federal Way this season.

Three productions by the well-known Seattle organization, which celebrates its 40th anniversary this year, will be held at Decatur High School on Sunday afternoons at 5 in the fall, winter and spring.

The performances, sponsored by the Federal Way PTSA Council, will be "The Tinder Box" by Hans Christian Andersen on Nov. 18; "The Legend of the Potlatch and Others" by the Seattle Mime Theater on Jan. 27; and an unannounced selection on March 16.

Although the programs are aimed primarily at third-through sixth-graders, the one-hour plays offered by Seattle Junior Theater enjoy a reputation for providing first-rate entertainment for adults as well as children.

The organization has provided quality live theater for the Puget Sound area for almost four decades. Originally called Seattle Junior Programs, it was involved in a variety of activities. Its primary thrust now is live theater experiences for children.

In the beginning, the Seattle organization was affiliated with a New York-based company called Junior Programs, Inc. Initiated by two Seattle women, Ruth Meisnest Williams and Ruth Newland, the local group became an independent entity when World War II made collaboration with the East Coast group quite difficult.

Many of the earlier performances were held at the Seattle Repertory Theater (now the Glenn Hughes Playhouse) near the University of Washington campus. The Seattle Center Playhouse now hosts the city's performances.

A program committee selects the plays and the directors for all performances.

"These are tactful plays," said Betty Chappelle, who represents the Federal Way and Kent areas on the organization's board of trustees. "Each one is looked at closely before it is released."

The director for this season's first production, "The Tinder Box" is a familiar name in the Federal Way area. Jean Enticknap is a 1967 Federal Way High School graduate and Highline Community College instructor.

She has a master's degree in children's drama from the University of Washington, has taught a children's theater class at Highline and has been involved in numerous theatrical productions

for children in the area.

This will be Ms. Enticknap's fourth directing venture with Seattle Junior Theater. Last year, she directed a play by Moliere, "The Doctor In spite of Himself."

Order forms for season tickets (\$6) will be distributed through the local schools in the fall.

Admission prices to the individual performances will be \$3 for adults and \$2.50 for children, students and senior citizens. Groups of 15 or more may obtain tickets for \$2 each.

Bus transportation to Seattle performances will not be sponsored by the local PTSA council this year.

Theater chaperones from Seattle Junior Theater will be available at performances for children five years of age and older who are not accompanied by an adult.



THE MAGIC of children's theater by Seattle Junior Theater will be at Decatur High School during the coming season. Pictured is a scene from one of the organization's past productions, "Hansel and Gretel."

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Sikma drives

JACK SIKMA, the Seattle SuperSonics' star center, tries to evade the poke check of Donn Moyer, KRPM-Radio sports director, during Friday's grand opening ceremonies at Federal Way's Family Fitness Center. The new center offers numerous exercise outlets to its members.

—photo by Mike Bainter

Obituaries

Henry C. Treftz

Henry C. Treftz, 57, died August 16, 1979. He was born January 1, 1922 in Hillsview, South Dakota. Prior to coming to Des Moines, he lived in Montana. He worked as a land surveyor for Miles, Drake Engineering since 1961.

He is survived by his wife, Jessie; three sons, Dale, of Bonney Lake, Wash., Dean, of Kent, and Doug, at home; one daughter, Diana Gursley, Kent; his mother, Rosina Schumacher, Richey, Montana; four brothers, Gust, Glendive, Montana, Sam, Pinedale, Wyoming, Gordon, Chinook, Montana, and Elmer, Billings, Montana; five sisters, Martha McCloy, Glendive, Emily Schumacher, Wolfpoint, Montana, Clara Baker, Terry, Montana, Helen Beres, Glendive, and Joan Baker, Richey; and one granddaughter.

Memorial services were held Monday in Grace Lutheran Church, Des Moines. Inurnment will be at Richey, Montana. Arrangements made through Edline-Yahn Funeral Chapel. Memorials to the Children's Orthopedic Hospital.

Lloyd Clark

Lloyd Clark, 73, of Kent died Aug. 16 in Auburn General Hospital. Mr. Clark was a retired member of Teamsters Local 174 and had been a truck driver for Stoneway Sand and Gravel for 16 years.

He is survived by his widow, Vida of the home; and two sisters, Mrs. Mary Ferguson of Idaho Falls, Idaho, and Mrs. Arvilla O'Donald of Hacienda Heights, Calif.

Services were held Monday at Trinity Reformed Church. Burial was at Washington Memorial Park under the direction of Washington Memorial Funeral Home. Memorials to Trinity Reformed Church are suggested.

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Neighborhood Watch needs new office

The Federal Way Neighborhood Watch Program, a nonprofit charitable organization that works as a community crime prevention network, currently is looking for new office in which to house the program. The organization has been occupying office space donated by Curtis Brandon of Locks and Mowers,

but because of upcoming remodeling, the office must be moved by Oct. 1.

"Our needs are small and we are very flexible," Coordinator Ralph Wood said. "We currently occupy a space of 10 to 18 feet. Because of our limited funding we must have donated space. We can't pay for office

space and still continue our work."

When a similar need for space occurred in 1978, five businesses and organizations contacted the Neighborhood Watch Program with offers of help, Wood said. All donations to the organization are tax deductible. The office may be contacted at 941-4500.

Des Moines Garden Club (first Monday each month, 10:30 a.m.) Meeting, Des Moines United Methodist Church.

Heritage Toastmistress Club (second and fourth Tuesdays, each month, noon) Meeting held at the Royal Fork, 31845 Pacific Highway S.

Altrusa Club of South King County (first and third Tuesdays, each month, 6 p.m.) Dinner meeting at the Fog Cutter South.

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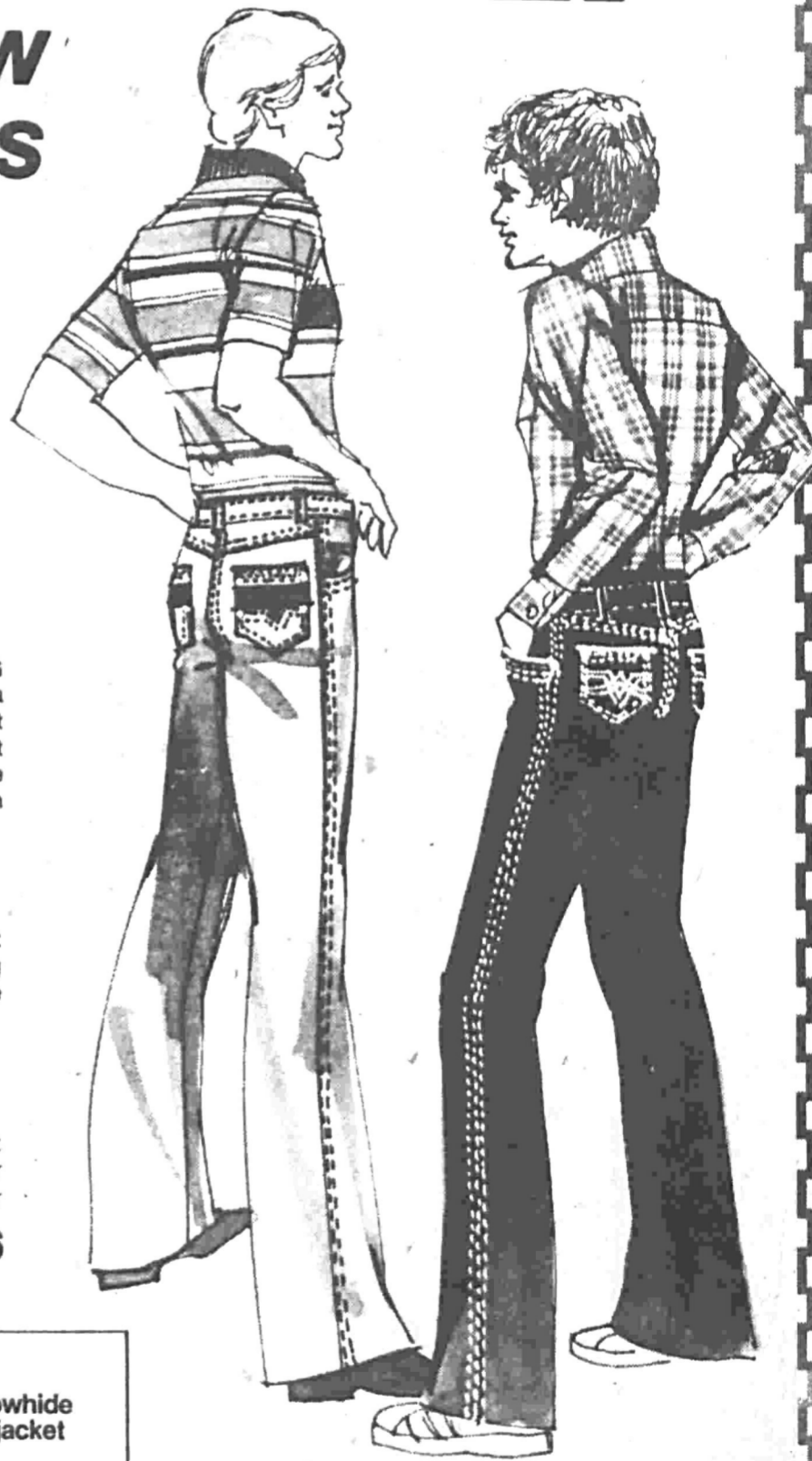
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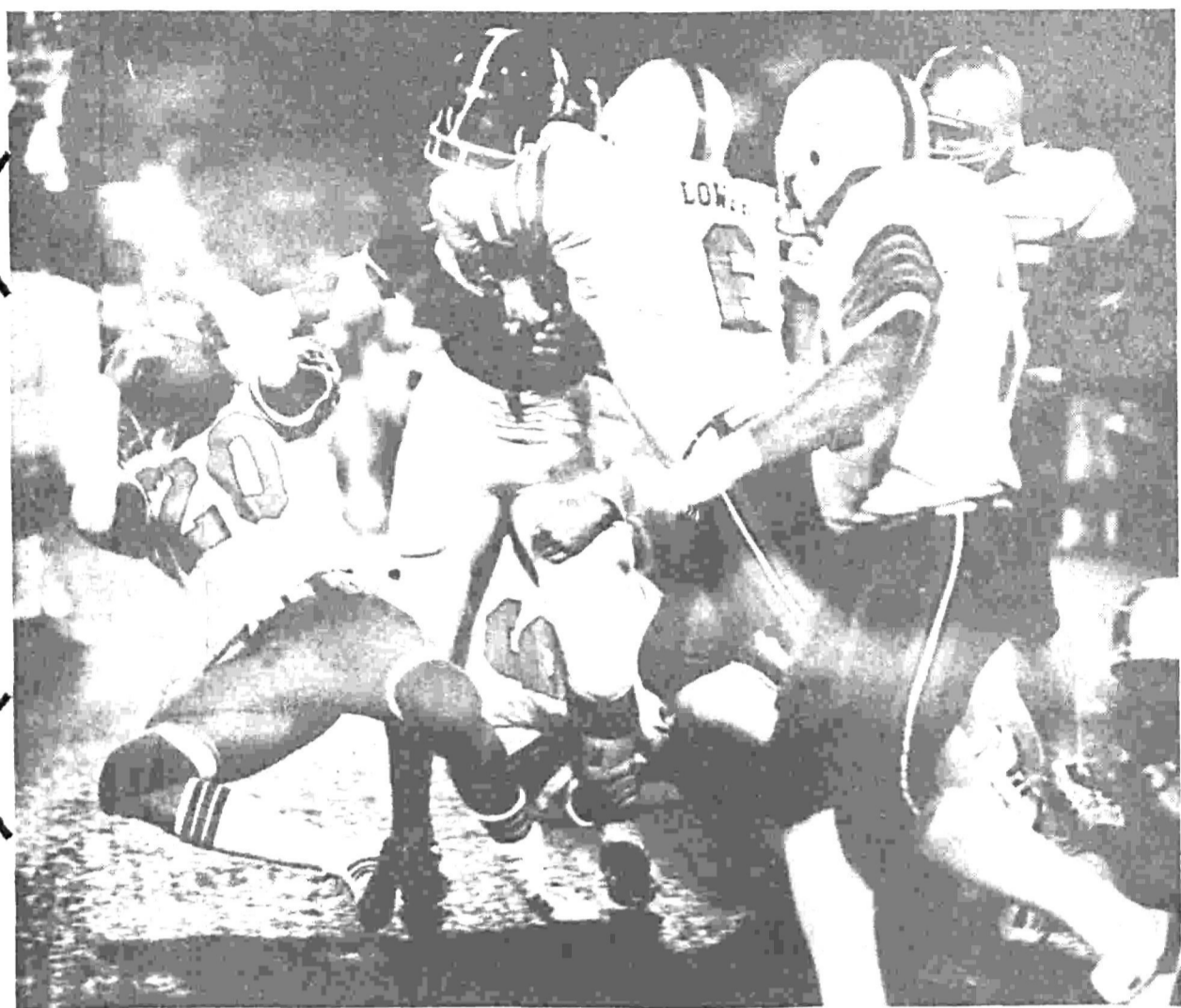
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Flyers end home winning streak with 21-16 loss



A HARD HIT BY linebacker Art Lower (6) to Cavalier running back Carlos Warren jarred the ball loose, but an unexpectant David Leigh (20) was unable to hang on to the wet pigskin. The fumble was eventually recovered by Flyer defensive lineman Don Hall. The Flyers, unable to

capitalize on the Cavaliers mistakes, fell to the men from Seattle by a score of 21-16. It was the first win in the last three outings for the Cavaliers against the Flyers.

—photo by Gary Pompeo

by Steve Weber
After 10 consecutive home field victories, the Burien Flyers semi-pro football team met head-on with a much improved Seattle Cavalier club. The result, the end of a 10 game home winning skein and a 21-16 setback.

The win by the Cavaliers avenged two shutouts administered to them last year by the Flyers. The loss evened the Flyers season mark at 1-1.

This Saturday, the Flyers will venture to Spokane to tangle with the highly explosive Spokane Goldenhawks, winners of their first two outings against Edmonds and Skagit Valley. A crowd of 12,000 to 15,000 is expected at Joe Albi Stadium.

The first few minutes of last Saturday's contest included all the ingredients for a wide open offensive battle.

The Flyers were first to score as Quincy Williams took a Cavalier punt on his own 4-yard line, fumbled it, picked it up and scampered 96 yards down the right sideline behind a wall of Flyer blockers for the score. The extra point by Buddy Patnode gave the Flyers an early 7-0 lead.

The touchdown run by Williams was the longest punt return for a touchdown in the Flyers seven year history breaking the old mark of 84 yards set last year by Ron Olson against the Cavaliers. The effort, by Williams, was the longest touchdown scored by the Flyers breaking the old record of 91 yards set on an interception return by Williams in 1976 against Whatcom County.

The Cavaliers came back with a scoring drive of their own as

quarterback Bob Cason, former University of Puget Sound standout, hit wide receiver Ken Conley with a 35 yard scoring strike. The extra point by Gustavo Clark knotted the contest at 7-7.

With less than five minutes left in the first half, the Flyers moved all the way down to the Cavalier eight yard line. But a tough Cavalier defense forced the Flyers to settle for a 25 yard field goal off the foot of Patnode.

It looked as if the Flyers would go into the locker room, at halftime, with the lead, but the Cavaliers had other ideas.

Conley took the kickoff, following the Flyer field goal, and brought it out to the 50 yard line. Two pass completions and six plays later the Cavaliers were faced with a fourth and five from the six yard line. A clutch pass from Cason to Percy McBride picked up the first down on the one-half yard line. From there Cason went in to score on a quarterback sneak with only 24 seconds left in the half. The extra point conversion sent the Cavaliers into the locker room with a 14-10 advantage.

The Flyers came out roaring in the second half driving deep into Cavalier territory. But three costly penalties stalled the drive inside the Cavalier 20 yard line.

Defensive lineman Don Hall recovered the first of two fumbles by the Cavaliers at their own 24 yard line and four plays later running back Gary Swift scored from two yards out. The extra point was blocked.

Following the Cavaliers' second fumble midway through the final stanza, it looked like the Flyers had their second victory securely wrapped up. But an apparent touchdown by Swift was called back on a holding penalty

and the Flyers were forced to attempt a 37 yard field goal. The attempt was blocked and Roberto Jordan returned the pigskin out to the Cavalier 34 yard line.

The Cavaliers moved the ball all the way to the Flyers 22 yard line before Cason misplayed a snap from center and Hall made his second fumble recovery of the night. Once again the Flyers were faced with the kicking woes as backup place kicker Mark Cuthbert missed from 34 yards out.

This time the Cavaliers made the best of the Flyers' miscues as they traveled 80 yards in nine plays with the touchdown play coming on a 27 yard pass from Cason to Carlos Warren.

The Flyers, behind the passing of Duane Akina, made a valiant effort to get back in the contest in the final minute, but a 13 yard pass from Akina to Randy Jacobson was dropped in the end zone and Akina was tackled in the backfield as the gun sounded.

According to Flyer coach Mike Crotty, execution was the main problem.

"We just did not execute," Crotty said. "This team has a lot of talent, but talent doesn't win ball games. We will battle back, you can be assured of that."

It was the best game the Cavaliers have ever played. They had us scouted pretty well and they played us well. They are a very improved ball club at every position, defensive line, secondary and offensive line."

Akina finished the evening with 11 completions in 25 attempts for 118 yards while teammate Mark Lovett picked up 43 yards on 10 carries.

Warren was the rushing star for the Cavaliers as he picked up 133 yards.

Spins, carries and lifts

Acrobatic feats highlight disco dance competition

by Harry Brooks

Competitive disco dancing isn't a matter of 1-2-3 — 1-2-3 — 1-2-3. It's acrobatics set to the rhythm of a lively beat.

Spins, carries and lifts form the basis of the dancers' repertoires much in the same way they characterize couples figure skating. The calculated maneuvers must be performed in a flowing manner, and any stoppages or breaks in a routine are readily noted by the observing judges.

Disco competition is growing in popularity, and contest prize money is keeping pace. Federal Way's Butcher, Baker and Candlestick Maker Restaurant is in the midst of a disco derby that offers \$2,000 total prize money. The host establishment is pro-

viding most of the cash, but The Bon Marche, Elvins, Lamonts and Peoples stores of the SeaTac Mall are chipping in.

THE BOOTY is bringing out the best disco couples in the area. The first of three semifinals, held last Thursday, featured five polished acts that were judged the best in prior, weekly contests. Each couple was competing for a \$50 first prize and a spot in the contest finale, which features a grand prize of \$500 and a \$300 gift certificate from The Bon Marche. Second prize in the first semis was a \$30 Bon gift certificate and a chance to compete for the top spot in the next semifinal competition.

Dale and Sue Lindeke, a husband-wife dance team who instruct ballroom and disco classes

at their Studio I establishment in Federal Way, won last Thursday's competition hands down.

According to one of the contest's seven judges, the number of errors in a routine and its degree of difficulty decides its final placement.

DALE AND SUE wowed the judges and the rail-hugging onlookers with a daring performance carried off with nearly flawless precision.

One move, in particular, catapulted the local couple far ahead of its competition. In quick repetition, Dale swept his wife to a military-press-like lift above his head and suddenly released her. Sue spun parallel to the floor three revolutions down his back. With split-second speed, Dale and Sue clasped hands, breaking her

tumble no more than six inches from hard-wood. A snappy interaction of leverage whipped Sue to her feat, and the twosome began a fast-stepping, quick-spinning completion to its performance.

Dale noted that acrobatic disco dancing maneuvers can be hazardous without proper preparation.

"Any dance material done in a theatrical manner can be dangerous if not done right," he said. "We make sure of anything we do in a routine through practice. We're not out to kill ourselves."

RECALLING THE the breathtaking lift-to-backdrop-move, Dale and Sue agreed that their purpose "was to create shock value."

"We go after maximum audience appeal," Dale explained. "Shock effect is a good way to get to an audience. We had practiced the routine enough to have confidence. We're not beyond using spotters and safety devices when we're practicing something conceivably dangerous. We use crash pads while rehearsing our most difficult moves."

In the case of the winning couple and the second-place finishers, Rick Stierl and Connie Buchanan of Tacoma, the men have less than a 30-pound weight advantage over their women partners.

"It's a matter of timing," Dale pointed out. "We're not a bunch of six-foot guys throwing 86-pound girls off the ceiling. It's all a mutual effort between the man and the woman that allows us to accomplish some of the moves that look like they'd require a lot of muscle but actually don't if they're done through interaction between the partners. It's the principal behind ballet."

Dale's and Sue's acrobatic dance prowess partially stems from past activities. Dale competed on Highline High School's renowned boys' gymnastics team (the school has since dropped the program). Sue, a 1974 Mt. Rainier grad, was a member of The Highliners Dance Group.

TEACHING and competing, combined with three hours of practice, keeps the couple dancing through the majority of the day. Their efforts have been rewarded. They recently won an expenses-paid trip to Reno by taking first place in a disco contest on KSTW television's In Tune show.

From appearances last Thursday, it's a good bet the local pair may have a little extra cash for the trip after the BBC's disco contest finale winds down Nov. 8.



BURIEN FLYER DEFENSIVE lineman Don Hall battles Seattle Cavalier quarterback Bob Cason for the loose ball in last Saturday's contest at Highline Stadium. The 250 pound frame of Hall easily did away with the smaller body of Cason (180 pounds) and recovered the fumble. A late score by the Cavaliers enabled them to eke out a 21-16 win.

—photo by Gary Pompeo



DALE AND SUE Lindeke (background), a Federal Way couple, practice a combination of spin moves in preparation for last Thursday night's disco dance contest at the Butcher, Baker and Candlestick Maker Restaurant. The local

couple won the semifinal event. Rick Stierl and Connie Buchanan (foreground) took second place.

—photo by Mike Bainter

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Meet a Hawk



'Hawk hopes to better reserve role

by Steve Weber
Seattle Seahawks tight end Marcus Hatley plans on returning to the Seahawks for his second year of professional football. This year, he hopes, will not be spent on the injured reserve list like last year, but rather on the playing field bumping heads with the opposition and making pass receptions.

Hatley, who earned first-team All-Missouri Valley Conference honors as a junior and senior at Tulsa, signed with Seattle as a free agent last season but was forced to the sidelines with a knee injury.

"I was the last of the free agents left in camp," Hatley said. "Then the knee injury hit me and forced me

to the injured reserve list. Once you are put on the injured reserve list, you are unable to suit up or play for the entire year. I was really injured for only four or five weeks but was forced to remain on the injured list."

While on the injured reserve list, Hatley's main function was to perform on the Seahawk scout team.

The scout team runs offensive and defensive plays of the opposition against the Seahawk regulars during the weekly practices.

"I learned a lot while on the scout team," Hatley said. "but I really missed the game action."

With the departure of Ron Howard, the Seahawks are left with four tight ends including veteran John Sawyer, Brian Peets and rookie Mark Bell. Indications by the Seahawks are that they will keep two or possibly three tight ends. Therefore one or two tight ends are bound for wavier or the injured reserve list and if Hatley has his way it will not be him.

"I think I have showed them I can play," Hatley said. "Everyday I have to line up and show them I can do my job and I think I have been pretty successful."

Hatley feels his best opportunity is now and with the Seahawks. "I think

the Seahawks have a good organization and I would like to stay with them," the native of Atlanta, Tex. said. "If I were released I feel I could hook up with some other team."



Marcus Hatley

The sudden departure of Ron Howard came as a surprise and somewhat of a

disappointment to Hatley.

"You're surprised to see anyone go in this business," he said, "but that's just what it is, a business and decisions like that have to be made. I learned a lot from Ron and he was very helpful to me. All last year I stuck in his hip pocket learning the ropes of the game."

In a sport as competitive as professional football many people would think a player would be excited to see another player, playing the same position released. But according to Hatley that is not true. "When another teammate is occupy-

ing your position on the field you don't wish him bad luck or hope he messes up," Hatley said. "You are too busy mapping the defense the opposition is using against you concentrating particularly on the play of the linebackers."

Sure I am glad when I am not the one cut or waived but it is sure sad no matter who it is."

In last Sunday's contest against the Dallas Cowboys, Hatley played the majority of the first half before giving way to Bell and Peets.

Hatley showed some degree of confidence when he stated that right now

the big thing was finding a place to live. He is currently living out of the Holiday Inn in Kirkland and would love nothing better than to find an apartment close to the practice field in Kirkland.

One thing is possible. With the injury to Sawyer still keeping

him on the sideline it is possible that whoever earns that number two spot could see a lot of action in the fourth season of existence for the Seahawks and Hatley would love nothing better than to show Seattle fans what Texas boys are really made of.

Plan may save White R. salmon

The spawning run of White River spring chinook will be saved if a plan recently set into motion succeeds.

The White River spring chinook make up the last remaining wild-stock spring chinook run in southern Puget Sound. That run, which once boasted of several thousand fish, now includes only about 100 chinook each year.

In a recent meeting, officials from the Washington Department of Fisheries and Game, Army Corps of Engineers, the U.S. Fish and Wildlife Service, as well as representatives of the Muckleshoot and Puyallup tribes discussed the White River spring chinook run.

Bill Young, a Fisheries biologist who attended the meeting, said everyone agreed that the run has reached dangerously low levels and that something must be done immediately to protect the stock from further reduction.

As part of the resulting plan to save the run, biologists from the Washington Department of Fisheries collected most of this year's chinook from the White River to begin an egg bank. The hatched eggs will be reared at Minter Creek Salmon Hatchery and then released from Hupp Springs Salmon Hatchery in 1981.

From that generation, each new generation of White River spring chinook will return to Hupp Springs to spawn. Young said the egg bank should increase each year, eventually providing enough chinook to continue the run at Hupp Springs and reestablish the White

River run.

In addition, the National Marine Fisheries Service is rearing about 900 White River spring chinook to maturity in salt-water pens at Manchester. The eggs of the mature chinook and those of their future generations will be taken and reared. If successful, this effort could greatly facilitate the rehabilitation of this valuable stock.

"It will take at least eight years to determine the success of the project," Young said.

Young said the causes of the run's depletion are numerous. "Spring chinook react drastically to changes in fresh water," he explained.

The White River was originally part of the Duwamish River System, but it was diverted into the Puyallup River. Since then, it has been dammed and diverted again into Lake Tapps

for power production. It is now necessary to truck the adult salmon around the Lake Tapps Diversion and Mud Mountain Dam to their original spawning grounds. Logging activity and extensive flooding have also contributed to the decline of the run.

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Deadline nears for boat equipment regulations

The Coast Guard is installed with one of the three types of sanitation devices. At the same time, regulations were passed on existing boats, and they will have until Jan. 30 of 1980 in which to install one of the three types of Coast Guard approved devices and to disprove any non-treatment flowthrough devices.

The different types of devices include Types I or II (flowthrough) devices, which treat raw sewage and disinfect fecal material before it is discharged. Then there is simply a holding tank, the Type III (no-discharge) device. If you decide on a holding tank, remember to check on the availability of pump-out facilities in your area. However,

which ever you choose, it should be Coast Guard approved by a certified label on the device or by an accompanying Coast Guard letter. More simply, if you have a recreational boat 65 feet long, or less, you must install either a Type I, II or III device by Jan. 30, 1980. You should also remember that there are some areas, such as freshwater lakes, reservoirs, etc., where any sewage discharge, treated or not, is not allowed. These areas are controlled by the State Boating Authorities or local police, and you should check your area of operation for local requirements. You may decide to have both a flow-through device and a holding tank if you

Coach effectiveness clinics to be held

A team of professors from the University of Washington will be conducting several coach effectiveness training (CET) clinics throughout King County during the months of August and September.

The purpose of this educational program is to communicate specific behavioral guidelines to coaches. These guidelines have been derived from a

seven-year program of research and intervention conducted at the University of Washington.

The three-hour CET program focuses on psychological relationships between coaches and players. Specifically, consideration is given to ways of using this relationship to increase the value of sports participation for players' personal and social develop-

ment. Some of the topics to be covered in the clinics include personal coaching skills, objectives of youth sports, the importance of a coach, orientation to the psychology of coaching, a philosophy of winning, behavioral guidelines for youth sports coaches, increasing self-awareness, and group problem solving.


need to be flexible. When choosing Marine Sanitation Equipment remember also the considerations involved in selecting any

piece of equipment for your vessel. Again, these regulations will go into effect Jan. 30, 1980. Because that time is coming soon, the Coast Guard


urges boaters to place their orders early. If many boaters postpone their purchases, it may create problems when manufacturers

become swamped with requests. Production and delivery of the devices may be delayed into the boating season, perhaps disrupting

the boating season directed by mail to: next boaters, trying to meet the Coast Guard's deadline. Any questions on regulations should be (206) 462-7634.



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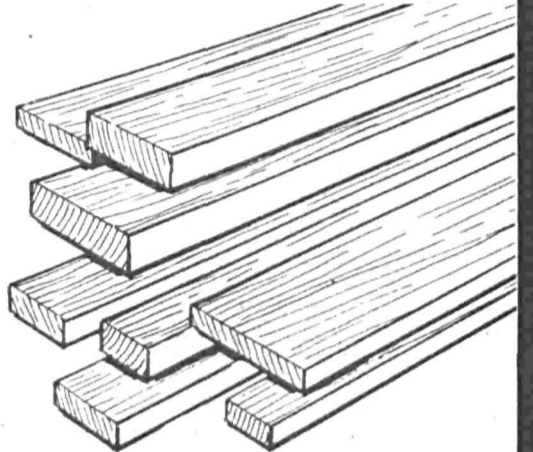
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Stock car race slated Aug. 26

The Western Grand National stock cars return to the Northwest to run a 100-lap

race at Evergreen on Aug. 26. The race will be run in conjunction with the Evergreen

State Fair. More than 25 entries are expected for the championship.



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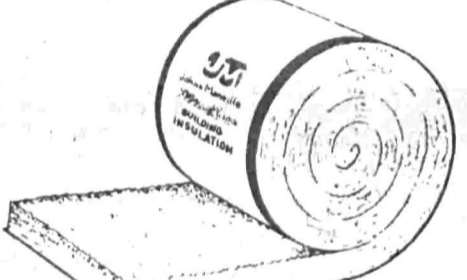
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KENE BENSEL, assistant pro at North Shore Golf and Country Club, will be seeking to maintain his recent hot pace in the Northwest Open this week at Tacoma Golf and Country Club. Bensen, the winner of three area tournaments in recent weeks, including the Northwest Assistant Professionals' Championship, will join a strong field for the prestigious Open. He has been assistant to Jim Bourne at North Shore for six months.



Kene Bensen

Other top performances:
DAVID COX of Federal Way recently won the 119-pound championship at the AAU-U.S.A. Sears Junior Olympic Games. Cox defeated John Yoshikawa of Waimanalo, Hawaii to earn the crown. Cox is a former National Junior Olympic titleist in the 112-pound class.

JERRY ROBINSON, publisher of Robinson Newspapers, won the Robinson company tournament Sunday with a low gross score of 84. Son Tim Robinson of Federal

Way took low net honors in the first ever event, and Millie Smith of Twin Lakes earned the low gross women's title.

Third ups for Westside in NW region

Westside Federal's arrival in Olympia this Friday marks the Norwest League softball squad's third appearance at the Pacific Northwest Regionals in the past five years.

Regional play at Stevens Field may not be too charming, however, as 15 other major division softball teams stand between the Feds and a trip to national competition.

"There are only four or five teams that I feel have us outmanpowered; about 10 we'll be on par or better with," Westside manager Bob Beyers said.

Woodinville Lumber, one of the four fastpitch units Beyers fears, beat Westside by a 1-0 score for the Seattle city championship last week.

The game meant nothing as far as regional competition was concerned; a vic-

tory over the N.F. Hawks August 12 automatically sent Westside to its third regional since 1975.

THE FEDS played in class "A" during their 1975 Norwest League inception year, and took the Seattle A title. Under Beyers, the Westsiders finished fourth in the Spokane A regionals.

"The next year we were invited to join the majors," Beyers informed. "We had a fairly successful first year; we ended up beating Peterbilt and Pay 'n' Pak (league



Bob Beyers

powers) during the season."

Beyers has added two players from the N.F. Hawks to bolster Westside's chances this weekend. Pitcher

Don Chesterfield and Lee Jones will dawn Westside's colors, while Hawk pitcher Bob Shaw joins Peterbilt and teammate Ray Atkinson sides with Woodinville.

"We're going to be a stronger team going into the regionals; aside from the new players, our original team is hitting well," Beyers said. The two new Feds had a chance to show their

stuff in a pair of exhibition games which pitted Westside against Ruth Realty, the host team for last weekend's A regionals in White Center.

Jones hit well for Westside, while Chesterfield dropped a 2-0 game to Ruth Realty, in which both runs resulted from errors, according to Beyers.

THE SCORE didn't bother me; it's

just a couple of things we've got to eliminate when we're going for the marbles," Beyers said. "The guys did hit the ball good."

"If we play our game we'll be in good shape," Beyers said of Westside, a team he sometimes finds difficult to decipher.

And if old sayings come true, look for a few Westside charms this weekend.

Fishing seasons to be determined

Fish Management Division biologists are recommending Sunday, April 20, for the start of the 1980 general fishing season.

The Game Commission will hear the proposals and the public comments to follow on the morning of Aug. 28, during the second day of a two-day commission meeting in Aberdeen.

A major change will be proposed for the 1980 regulations, based on reactions from sports groups and the general public, to reduce the trout catch

limit. The department's recommendation is for an eight fish daily catch limit with a 12 fish possession limit. The weight limit would remain at six pounds and one fish.

The change is being proposed to help ease the rapid harvest of trout in lakes and reduce to more acceptable levels the harvest of wild trout.

Other season opening dates to be considered by the commission are a stream and beaver pond opener on Saturday, May 24, and a winter

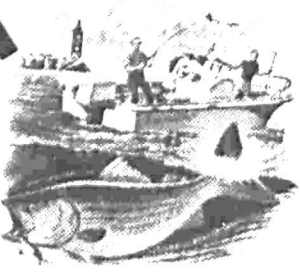
steelhead season beginning Dec. 1, 1980.

Harris wins 2 golds

Doug Harris, a member of the Washington State Special Olympic team, walked away

with two gold medals in last weekend's International Special Olympics held in Brockport, N.Y.

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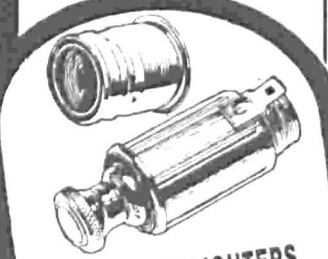
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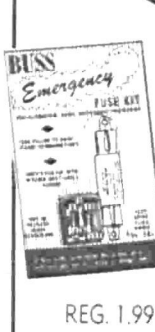
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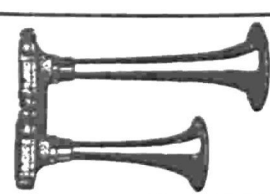
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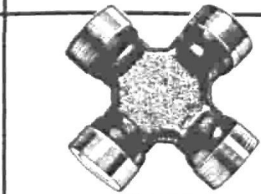
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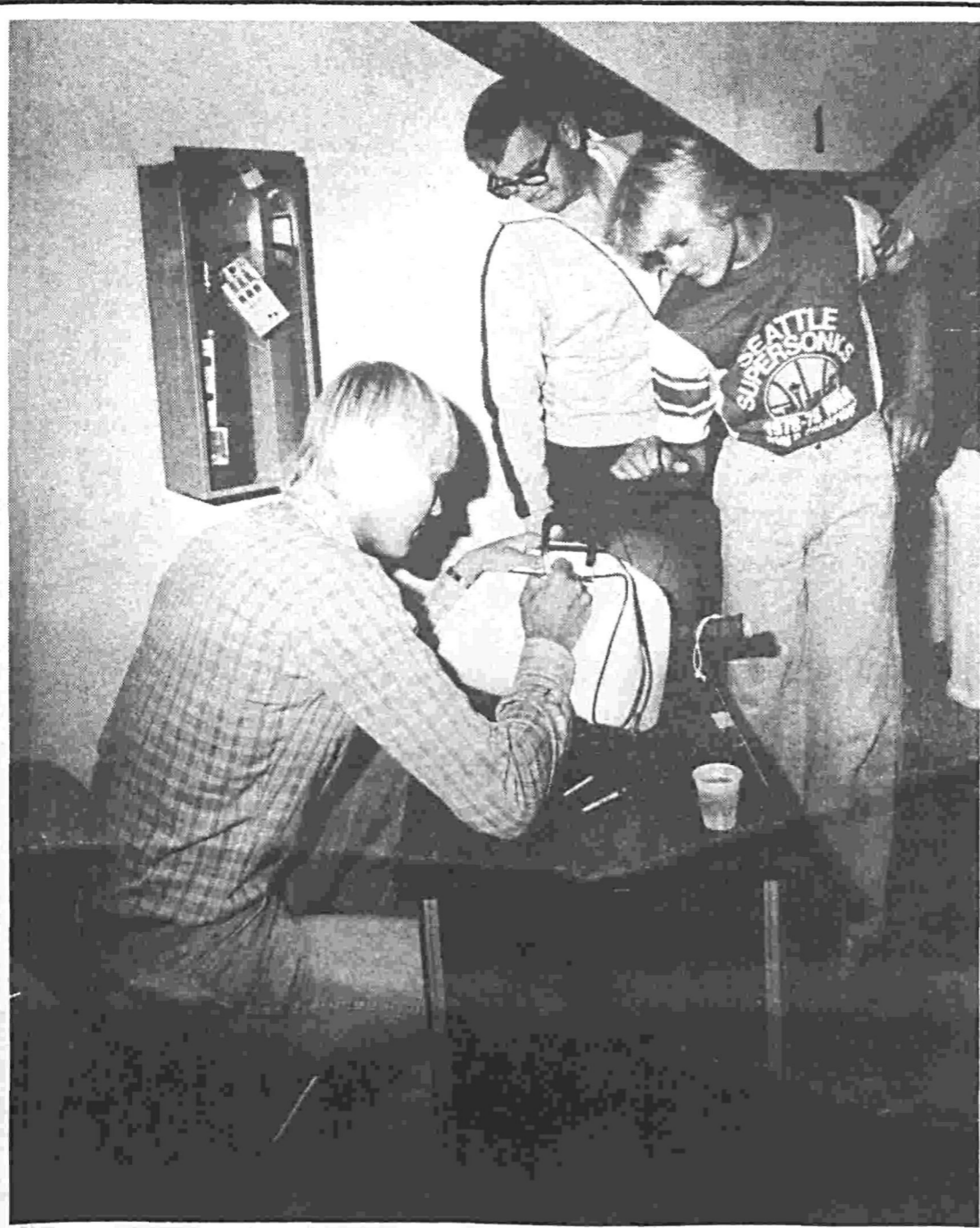
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Center of attention

LARRY RUSH, of Fife, gets his travel bag autographed by Seattle Sonic star Jack Sikma during Friday night's grand opening ceremonies at Federal Way's Family Fitness Center. More than 50 people attended the event.

—photo by Mike Bainter

Normandy Park Run Sept. 8

Sept. 8 has been set as the date for the second annual Normandy Park Run. The run, which covers 5.1 miles, will provide an opportunity for any jogger or runner to participate in a low key non-race type event.

Pre-registration entry fees are \$1.50 with a \$2 fee charged to anyone who registers on race day.

Entry forms are available at Des Moines Drug, Warren Drug in Normandy Park, Manhattan Drug in Manhattan Village, Sportswest in Burien, Osborn & Ulland and the Athlete's Foot in South Center and the Athlete's Foot in the Sea-Tac Mall.

Sept. 5 is the entry deadline for pre-registration. No late entries will be accepted until the day of the race.

Certificates, with exclusive run logos, will be provided to all runners.

Runners will be timed and times will be given at each mile interval. Restrooms and water will be available and the community beach will be opened to all participants, family members and friends for any post run activities.

The run will start at the Normandy Cove Building and proceed to Marine View Drive via Shorebrook Drive, then South on Marine View Drive to 206th Street. The course makes a turnaround via 206th Street, Fourth Avenue Southwest and 207th Place and returns to

the Cove Building via Marine View Drive. Former Mount

Rainier distance runner Richard McCann placed first in the

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Peterbilt healthy for regional fastpitch tourney

A healthy, rested and ready Peterbilt Western team enters this weekend's regional major fastpitch softball tournament in Olympia. Peterbilt, defending regional champions, have had time to heal a variety of hurts and are in good shape for what manager Tom Wagner predicts will be the toughest regional in many years.

"The teams are pretty equal," he said. "If they throw the right pitcher, get the right man at bat, they can all beat you."

Butch Batt, who injured his back while playing for the United States team in the recent Pan American

Games, is about 90 percent ready, Wagner said, and will play this weekend. Jeff Borror and Jimmy Nokes have both recovered from foot injuries.

The tourney will feature a random draw, with any team having the potential of facing any other. Team representatives

will be on hand Friday morning for the draw. Under this tourney setup, Wagner said, there is no guarantee of an easy game in the early rounds. In fact, he said, this year there might be no easy games at all.

Outside of the entries from Montana and Alaska, which are mostly unknown, any

of the rest of the field can be considered dangerous. Idaho, which surprised everyone last year with a second place regional finish, will return, with an entry likely from Boise, Wagner said. He said teams will not look by Idaho this year.

Longview Boondox

is a threat, particularly when Gary Earnest is throwing, Wagner said. And Yakima Pepsi, though they have not been hitting well lately, is a contender behind the arm of Dwayne Kamphuis.

Ray Bristow of Portland is another team that has talent, Wagner said. The Oregonians have not

Lakecrest soccer signup

Lakecrest Soccer Club will conduct its fall soccer signup at 10 a.m. Aug. 25 at Camelot Elementary School.

All youths 5 through 18 years old are eligible to register. The club also still needs coaches. Clinics for coaches will be provided at a later date if the need arises.

Players with uniforms from last season are requested to turn them in when they register.

Women's foot race scheduled

An all-women's 10 kilometer race will be held Sept. 22 at 9 a.m. at Marymoor Park in Redmond. "Run Lady Run" is sponsored by the YWCA of Seattle-King County and Fast Lady Sports of Bellevue.

Registration fee is

\$5. All proceeds go to the YWCA, a non-profit women's organization.

shorts with the run emblem will be awarded to all participants and there

will be prizes for first-place finishers in all age divisions. For more information,

phone either the YWCA, 447-4866, or Fast Lady Sports, 641-9696.

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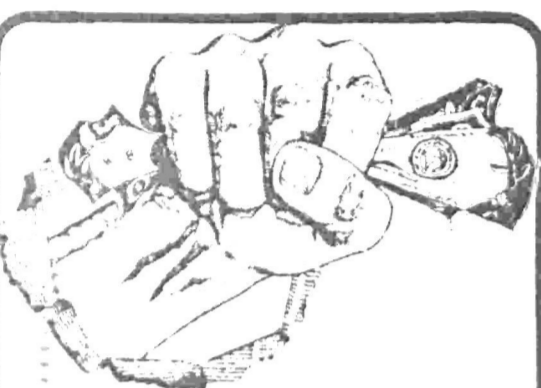
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SUNDAY WE RESERVE FOR OUR FAMILIES

Laughing gas is not a joke ; it can be lethal

by Carolyn Logan

Laughing gas is a killer — and that's no joke. Five years ago, a dentist was found dead in his Burien office. Cause of Roger D. Johnson's death was asphyxiation from laughing gas, according to Sid Roswick, County Medical Examiner chief investigator. Johnson, about 30, was found in his dental chair on Aug. 23, 1974 with the strap to the cannister of

nitrous oxide — laughing gas — still over his face. Whether his death was accidental or from suicide was undetermined, according to Roswick.

Suffocation (asphyxiation) is the main danger from laughing gas, experts agree.

According to police, Highline drug users get high on laughing gas, but may not know damaging effects of mismanaged use.

"If it's used without adequate

oxygen, you can suffocate," warned Jan Mehaffey, a Burien anesthesiologist. Oxygen level — not just amount of air — must be sufficiently high to avoid suffocation.

Greedy users cup their hands around the cannister valve, cutting off adequate intake of oxygen, explained Einer Ekness, a Shorewood resident. He is manager of the Seattle branch of Ohio Medical Products, based in

Tukwila.

The reason users get greedy is that a few whiffs give such a short high. There is no oxygen in the cannisters.

IT'S A short high with a long history.

Laughing gas parties are described from 150 years ago in "Century of the Surgeon." Accounts of 1844 tell of a sell-out entertainment event — tickets were 12 1/2 cents — when a crowd

came to inhale 40 gallons of laughing gas.

Advertising, akin to a carnival spiel, promised, "the highest of all heavens." And noted, "The gas will be administered only to gentlemen of the first respectability. The object is to make the entertainment in every respect a genteel affair." A private entertainment was promised for ladies who desired to inhale gas.

There were safeguards — "eight strong men to protect those under the influence of the Gas" — in 1844.

Presumably, those safeguards don't exist today. Yet hazards include fire. "It won't start a fire, but it will support combustion," Ekness said.

ANOTHER risk incurred by users who steal laughing gas is a police record.

Police regularly find empty cannisters, abandoned. "We get calls from the police quite often after the cannisters are recovered," Ekness said.

"Ninety percent of the time, thefts are from dentists' offices."

The big cannisters, containing 56 pounds of straight nitrous oxide, are stolen six times more frequently than the small cannisters, holding 6 pounds, according to Ekness.

He calculated that two users must hoist large cannisters, since they weigh 110 pounds when full.

Euphoria — not caring about pain — is what patients feel from laughing gas, he said. Clearly, it has medical value, if administered by professionals.

Yet novices who mismanage use are risking the effect of "fried brains," warn the experts.

Unique gifts part of Gazebo specialty

by Ann Hagen

Just a year ago, Karen Hamilton was selling plants and decorative accessories for the home to her friends and neighbors via the party plan. Wanting everybody to have "a good choice of everything," she carried a van full of carefully selected items.

"It got so bad, my husband had to follow along behind with his car full too," said Karen, chuckling at the memory.

By Christmas, they'd had enough and decided to go into business for themselves. Though they at first thought of buying an old house and building a "Gillman Village" similar to the one in Issaquah, they counted their money and settled on opening a shop in the Twin Lakes Shopping Center, 21st S.W. and 336th.

Two months ago, they opened The Gazebo, a shop that caters to the shopper who wants something unique.

In a warm and cozy climate, the shop combines the nostalgic look of antique furniture, baskets of all sizes and shapes, quilted pillows and wall hangings, plants and pottery.

"When I shop, I look for items that are unique and different," said Karen who was raised near Des Moines and graduated from Tyee High School. "I don't carry anything that is carried by any of the majors (department stores) or anything I wouldn't like for myself."

"I guess I'm funny that way," she added. "If I don't like it, it's hard for me to sell it to anyone else."

AN EYE-CATCHER, the counter was a find Karen and her husband located while scouting in Tacoma. It's an antique cherry sideboard that has been separated and is now used as a counter and display area.

"It's a great place for plants and it's a neat conversation piece," said Karen, mother of two youngsters, 3 and 8. "When people see it, they want to come in for a closer look."

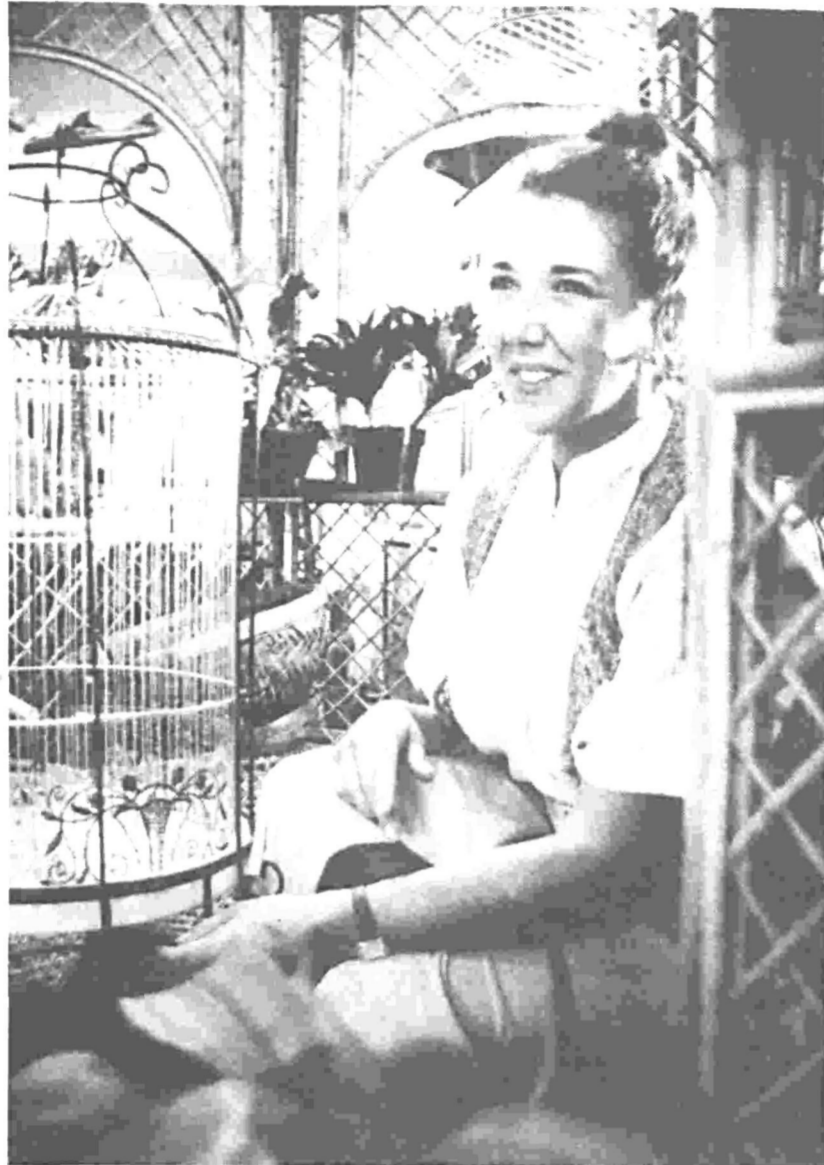
Another find, she uses as a display for pottery is an old oak cart purchased from an Enumclaw farmer that was originally used to haul feed to cattle. The edges are gnawed where cows have chewed on them.

Originally coated with layers of battle-ship grey and green, it has

been scraped to bare wood and oiled. Karen said many people show an interest in it but it's not

for sale.

Proud of her stock, Karen pointed out her selection of Fuku



PERCHED IN THE MIDDLE of her gazebo, Karen Hamilton said she enjoys her new shop in the Twin Lakes Shopping Center.

—photo by Ann Hagen

bonsai plants that are shipped in from the big island of Hawaii. The bonsai are indoor plants, that have been pruned severely and planted in lava. The lava retains the moisture and stunts the growth. The Gazebo is one of two outlets allowed to distribute the plants in the state of Washington.

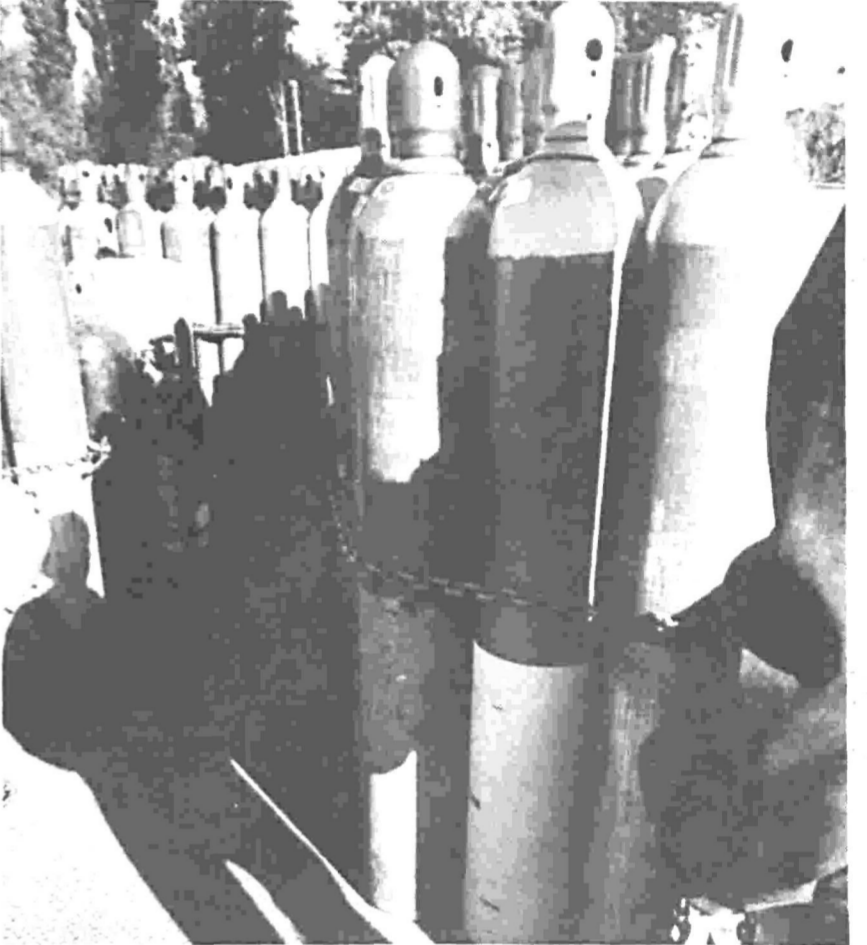
Another favorite of Karen's is the miniature clay, hand-built houses. When a candle is placed inside, the windows light up and "smoke comes out the chimney." They are sold only at one other location in California. "I've never seen them anywhere else," said Karen.

The back of the shop is shared with professional photographer, Mel Woods. One time King County Police sergeant from Des Moines, Woods displays his own works plus those of Northwest artist on the walls. He is also available for special assignments.

NOW LIVING NEAR Woodmont Beach, Karen said the response to the shop has been good. Despite the fact that they are one of the first shops open in the new center, Karen said there are many repeat customers.

"We try to keep new things and keep their interest," said Karen. She said she is already looking forward to Christmas and has purchased many unusual stocking stuffers.

"We're going to have pots of steaming spiced tea, cookies and all kinds of goodies," said Karen enthusiastically. "I want it to be fun...fun for me and for everyone that comes here."



THE SHADOW of death stalks those who mismanage use of laughing gas, stored in cannisters like these. Suffocation is the main danger. Yet, empty cannisters found in the Highline area give mute testimony to the Popularity of the substance for those who use it to get high.

— photo by Carolyn Logan

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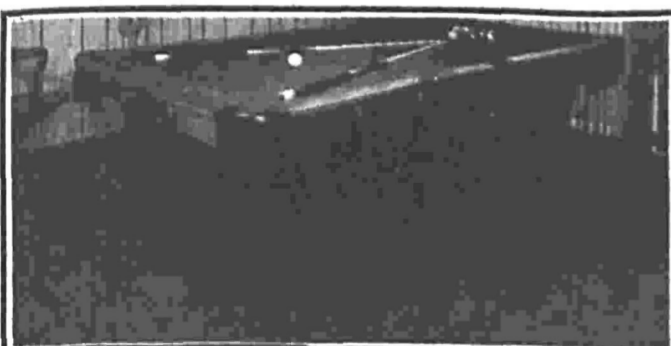
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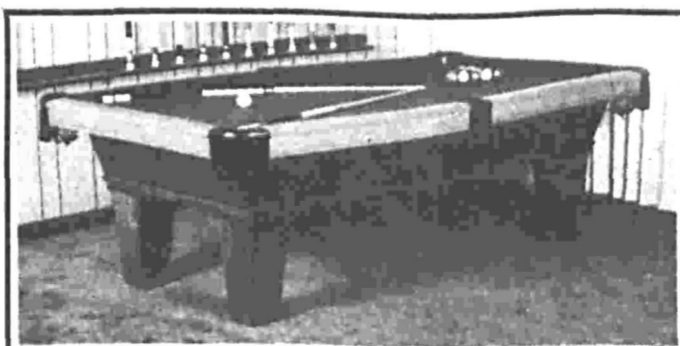
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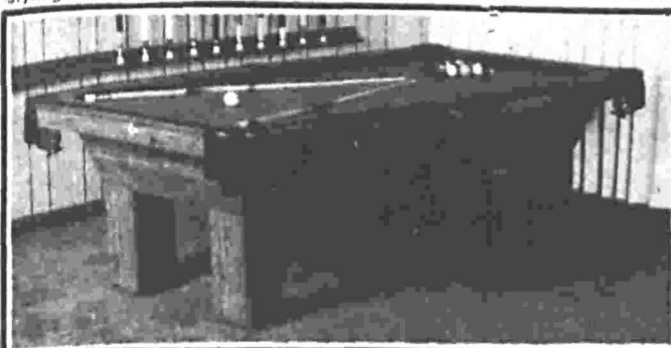
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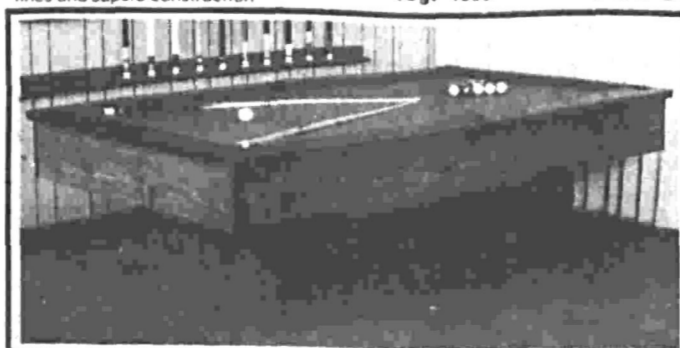
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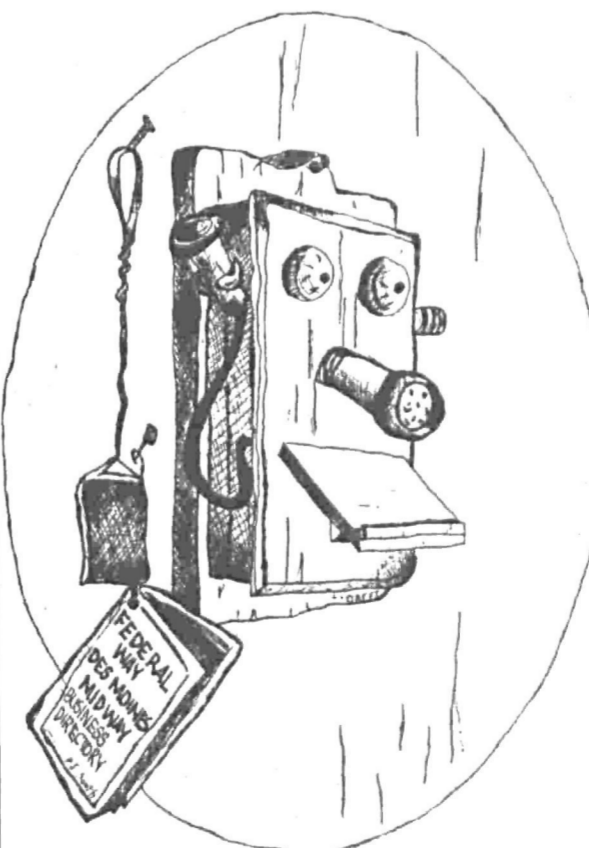
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Council balks; land use revamp delayed

The King County Council balked for a second time Monday on passage of three ordinances that could revamp the land use hearing and appeals process.

Public testimony Monday on the ordinances, delayed Aug. 6 for two weeks, caused final action to be delayed again for at least one more week. The council postponed action to consider a request from Joel E. Haggart that language be deleted which would prohibit any work on a project against which an appeal had been filed until the project was finally approved and permits were issued.

Since shoreline projects are

covered in state law by the Shoreline Master Plan, the only remaining issue, Haggard said, would be those projects requiring a flood control zone permit. Ron Main, legislative aide to the council, said agreement on the new wording should be worked out before the ordinance appears on the next council agenda.

Richard Louthan, a south county attorney, opposed the appeal ordinance completely saying it would "be the final coup for eliminating due process for land owners in King County." Louthan criticized a section of the ordinance that would change procedure to permit executive veto

of some land use matters. He told the council by doing so "you have allowed authoritarian government in King County."

Making an appeal against an undesirable building project is costly to the average citizen, Louthan complained. "There is a tremendous amount of cost in asserting your rights. Justice isn't cheap in this county," he said.

Pauline Conradi, a Highline area activist, told the council she spoke for the Highline community in supporting the ordinances which would, among other things, increase the number of persons to be notified of rezoning hearings and

change the manner in which they are to be notified.

Two suggestions made by Conradi include giving interested parties some idea, when notices are sent, what time the specific item they are interested in will be heard. She also said "citizens should have access to the council to discuss zoning matters. Not to lobby; just to talk about" a case.

Zoning and land use hearings are conducted as quasi-judicial proceedings and the county council is precluded from discussing any matter outside the open hearing process.

Final action on the trio of ordinances is expected Monday.



Show displays local art

PAINTINGS which won acclaim at the Leavenworth Art in the Park and Autumn Leaf Festival shows are among the canvases by Kent Valley artist Pamela Stephens being displayed in a show at the Caldwell Health Center. The show is available for viewing every day at the center, 23620 Marine View Drive South, during business and visiting hours.

Analysis

Making tax bonds more accountable

by Carolyn Logan

Accountability is a battle cry, from liberal reformists through conservatives. Yet, gaps that exist in old Forward Thrust legislation weaken accountability.

It's too late to change the 1968 ballot issues. We'll find out if the \$118-million park and \$81.6-million road money was spent properly from the first full-scale city-county audit now being conducted.

But it's not too late to apply wisdom from Forward Thrust to a park bond issue, currently being explored by the County Council. No new bond figure has been set.

Scrutiny at this stage is more critical than it was with Forward Thrust. That's because Forward Thrust was the product of officials, and was subject to a test of the electorate.

Using councilmanic bonds — which are not subject to a public vote — has been under council discussion as one method to fund immediate needs for improvements to existing parks. Or the council could issue a general-obligation bond, which requires voter approval.

With councilmanic bonds, five councilmen (a majority) hold the keys to expending property taxes. (Property taxes aren't raised for councilmanic bonds; taxes are for general-obligation bonds.)

EITHER WAY enabling legislation must be drawn up by the county. Here is where the groundwork for greater accountability could be achieved.

Legislation should pinpoint the amount estimated for each project and describe the project. This was done in the Forward Thrust park bond resolution, but hardly in the road bond resolution, leading County Fiscal Audits Manager Dick Hitch to audit.

"There is no way to see if road projects were completed," he said.

Better screening of projects wouldn't hurt, either, judging by past experience. For example, a \$215,000 28th Avenue South

hillside extension, still badly needed between Highway 99 and Military Road, was scrapped from Forward Thrust. Too steep, engineers said.

Nor would it hurt to insist that ordinances abandoning original projects include the dollar amount and reason why. In a 1971 ordinance, there were no amounts or reasons for abandoning 23 road projects, although some later ordinances were specific.

That ordinance failed to list amounts for 11 added projects, creating another impediment to tracking the financial trail. People need accessibility to data to determine if their community got ripped off, as some suspect.

Which brings up the question of a flow chart, also known as a financial breakdown schedule. No flow chart was available a few years ago, recalled County Auditor Roland Malan, Jr. Shouldn't any new plan mandate a flow chart?

Another lesson gleaned from Forward Thrust is that it should be specified that the county auditor has the right and responsibility to periodically audit city records, as well as county records. The county's bond issue allocated money to cities.

Hitch concurred that being upfront with cities avoids potential hassles.

A final review of spending is not required: It should be.

SOME SCOFF: "Trust your government." Well, Seattle voters did and got shortchanged \$3 million in Forward Thrust promises until the city auditor blew the whistle. Not only that but the city auditor said the exact amount couldn't be established.

Other citizens groan, "I'm busy trying to survive; Let the Auditor Do It."

Indeed, the county auditor, in conjunction with the state auditor, is "doing it." But he can only recommend corrective measures.

"Recommend" is a word without teeth.

Whether his role should be other than advisory is a broad issue, but surely a new plan could

say how his recommendations would be achieved.

In one report, the County Executive report monthly to the council on progress toward resolving problems raised in a report. The auditor also wanted to report periodically to the council. Would accountability be assured by these methods? Further, in the "Let George Do It" recharter, recall that the County Charter established an auditor's office of only two men. What if the council scalps the present 11-man office?

Beyond insuring any auditor's independence, there is the matter of insuring compliance with a bond issue's rules.

What's to stop abandoning Forward Thrust projects, then substituting others? The answer is that certain criteria must be met before abandonment, and new projects are supposed to be capital projects.

According to Buck Ferguson, assistant chief of the prosecutor's civil division.

He advised a future bond could contain enforcement provisions. A resolution could establish a central bond office to administer projects, have an enforcement role, and make misusers subject to withheld future payments and dollar penalties, according to Ferguson.

"You want to insure compliance with the bond's goals," he added.

Moreover, County Councilman Bob Greive is uneasy about the county's legal liability in any cases where cities may have misused funding. He observed that city and county legal counsel disagree on the liability issue.

Why not settle the question, imprinting it in any new plan, along with penalties stiff enough to insure accountability?

Another "interesting" question is interest earned. Who gets it? The almost \$6.5 million calculated on the \$118-million park bond went into the Forward Thrust purse, auditors say. The resolution restricted its use to park capital projects.

Whether interest should be distributed among county sections in any new plan is worthy of discussion. Other programs are accountable to voters who were "sold" a Forward Thrust program that split the money pie between sections of the county in 1968.

Morningrunup noise limited at Sea-Tac

A noise ordinance that cuts down the number of aircraft engine runups at Sea-Tac Airport has been approved by the King County Council, for aircraft that are departing early in the morning. Engine runups, used to test aircraft engines after maintenance or when engine trouble is suspected, had been banned at Sea-Tac between 10 p.m. and 6 a.m. The morning limit is now 7 a.m. except for flights scheduled before 8:30 a.m.

In those cases, the airline will be permitted to test the engines as early as 6 a.m. Airline representatives told a council committee two weeks ago that engine testing must be done at least an hour before take-off because sufficient time is needed afterward to load the plane.

Councilwoman Ruby Chow voted against the ordinance and requested that it be closely monitored to see if problems with noise are alleviated.

Financial aid allowed farmers

King and Pierce County were recently two of 18 counties in Washington declared disaster areas due to physical damage resulting in crop loss.

Damage was caused by frost and freezing that occurred from Nov. 1, 1978 through March 31, 1979.

Low interest rate loans are now available through Small Business Administration, according to administrator A. Vernon Weaver.

from the office, room Seattle, Wash. 98174. 1744 Federal Building, For information, call 915 Second Avenue, (206) 442-5021.

IDENTIFYING VIOLATIONS isn't worth two cents, however, unless there are penalties. The 27-page park and the 31-page road resolution don't mention penalties. Forward Thrust contracts between the cities and county don't contain penalties.

The only remedies against public (not private) misuse are for outraged taxpayers to file suit, for the state auditor to step in, or for the county to file a lawsuit for a major problem, ac-

cording to Buck Ferguson, assistant chief of the prosecutor's civil division.

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Fire Calls



Fire District No. 26 responded to the following calls recently:

August 7: At 5:01 p.m., the aid car responded to 22038 - 11th Avenue South.

At 10:47 p.m.,

firefighters responded to a brush fire at 212th and 21st Avenue South.

August 8: At 1:39 a.m., firefighters responded to an apartment fire at 22532 - 6th Avenue South.

At 2:47 p.m., the aid car responded to 603 South 227th.

August 9: At 1:08 a.m., the aid car responded to an auto accident at 21650 - 24th Avenue South.

At 7:42 a.m., the aid car responded to 21639 - 29th Avenue South.

At 7:14 p.m., the aid car responded to 22700 - 28th Avenue South.

At 11:27 p.m., the aid car responded to 22995 Marine View Drive.

August 10: At 9:32 a.m., firefighters responded to a car fire at 23332 - 14th Avenue South.

At 12:34 p.m., the aid car responded to 22240 Marine View Drive.

At 10:54 p.m., the aid car responded to 20836 - 18th South and to 22855 Pacific Highway South.

August 11: At 1:30 p.m., firefighters responded to a boat fire at the north end of the Des Moines Marina.

At 6:27 p.m., the aid car responded to an

auto accident at South 243rd and 16th Avenue South.

At 5:58 p.m., firefighters responded to a brush fire at 2031 South 216th Street.

August 12: At 3:13 a.m., the aid car responded to an auto accident at 16th Avenue South and the Kent-Des Moines Road.

At 10:15 p.m., the aid car responded to 22022 - 28th Avenue South.

At 11:23 p.m., the aid car responded to 22700 - 28th Avenue South.

August 13: At 4:07 a.m., firefighters responded to a paper shack and brush fire at 219th and 31st Avenue South.

At 6:50 a.m., firefighters responded to a brush fire at 210th and 31st Avenue South.

At 7:58 p.m., the aid car responded to an auto-pedestrian accident at 23226 - 30th Avenue South.

At 8:30 p.m., the aid car responded to an auto accident at 21635 Pacific Highway South.

August 14: At 12:53 p.m., the aid car responded to 22444 Pacific Highway South.

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 Des Moines 583-7485 787 S. 227th



Three survive head-on crash

DON EMERSON received medical treatment from Federal Way's Medic Six after his Mazda pickup collided head-on with a Jeep pickup on Dash Point Road near 26th Avenue Southwest Friday afternoon. The State Patrol reports that the Jeep, occupied by driver Tom Elliott and passenger Janet Elliott, was travelling east on Dash Point Road when it crossed the centerline and collided with Emerson. All three suffered minor injuries. Emerson was admitted to and released from Auburn General Hospital. The Elliotts were admitted to and released from Valley General.

-photo by Mike Bainter

'Ming the Rude' slated at theater

Free performances of "Ming the Rude," the Bathhouse Theater's summer touring show about the rudest man in the universe, will open at the theater on Aug. 16 and will run to Sept. 1.

Performances will be held Thursday to Sunday at 7:30 p.m. The material is suitable for all ages. Reservations are necessary and may be made by calling 524-9110. The Bathhouse Theater is located at 7312 W. Green Lake Drive N., a facility of the Department of Parks and Recreation.

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Communication key to creativity

by Kay Crane

Creative financing can help an investor make more on his money or a homeowner sell his house advantageously, according to Jerry Jackson, president of Unruh Realty, Inc., with offices at 19333 Pacific Highway S. According to his staff, Jackson "can work miracles."

"Creative financing is a misnomer," Jackson says. "The connotation is of wild magic, making something out of nothing. It's not a witch's brew, just a deeper analysis of the buyer's abilities and needs and of the seller's abilities and needs."

The professional real estate agent, Jackson feels, needs a better understanding of the counseling process with both buyer and seller. Each needs to express his investment goals, lifestyle, financial capabilities. Most people have more financial backing than they realize, what with the cash value of insurance, the possibilities of supplemental mortgages using the equity in a home, and credit union financing.

"This kind of financing is a matter of using what's available but unrecognized," Jackson says. "The real estate agent needs to match up a buyer with limited financial capacity with a seller with financing planning that fits."

"For example, say a seller is liquidating a rental property and wants cash out. A real estate agent," Jackson says, "can show him that a real estate contract instead will offer him an excellent rate of return on his cash. It's attractive to the buyer because the seller can offer a lower rate than he can get from the bank, but it's still a higher rate than the seller can get from the bank itself - after all, the seller has no overhead to consider. Since the buyer is getting a better rate, he may be more amenable to a higher purchase price. Everybody benefits."

The individual trying to sell a home can benefit from this kind of thinking too. Supposing the seller had a lot of equity in his home and is moving down to a smaller home. He plans to put the extra cash into a savings certificate. Jackson thinks he'd be better off to discuss some creative financing with his real estate agent, to consider assisting the purchaser buy his home, by holding a second mortgage with no payout for, say, five years. He will get a better interest rate than he will from the bank, on money he had no particular plans for anyway.

Jackson says, "I guess creative financing is going outside the norm to create a package. You can't hurry this. Gather the facts first. Most people respond well, but the greatest problem is gathering the facts. It's like a puzzle - gather all the pieces before you try to put it together."

As advice to homeowners, Jackson suggests carrying as high a mortgage as possible during peak earning years, for the tax advantages. At selling time, remember that any owner can find a buyer if he lowers his price or accepts less favorable terms. If this is done competently, the buyer gets a better house, the seller gets a better price. They both find the keynote in flexibility.

What kind of a background does Jackson bring? After a few years in professional baseball, he worked in the recreation field where his biggest problem was getting money for ball teams. After 55 firms turned him down for selling jobs because of his lack of direct selling experience, he sold vacuum cleaners door to door for exactly two years.

After that, the first firm he talked with, hired him and he worked as sales

rep for a food manufacturer for years. He was trying to sell his own home himself when a real estate agent stopped in to see the house, talked with him, and told him he was working too hard for too little. Eleven years ago Jackson went in to real estate himself.

"I think what I enjoy most about it is adding to the dimensions of thinking for my sales staff and other professionals. Creative financing," Jackson says, "is just a matter of combining capabilities to cancel out problems. It's usually a communication problem rather than a financial problem."

Jackson takes great pleasure now that he is able to coach and sponsor the ball teams with which he used to struggle so for money. He's always enjoyed the recreation field and finds it good to help others now.

Real Estate

By Bob Del Bianco REALTOR

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close in area. Excellent home,
stables, a barn and pasture. Call
for further details on this terrific
buy. Just reduced \$24,000 for
immediate sale. No. 55119.
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FED WAY
\$71,950

Immaculate tri-level 3 bedrooms,
1 1/2 baths. Formal dining, large
kitchen with eating space,
fireplace, family room. Double
garage large fenced yard, with
off street parking in backyard.
FF553.

\$12,900
ASSUMPTION

Owner transferred, take over VA
loan. Payment only \$525 per
month. Interest 9 1/2%. 3
bedroom with (master king size)
1 1/2 bath, large country kitchen,
2 fireplaces. Large unfinished
basement. Double garage.
FF550.

REDUCED
\$54,950

With partial sound view, com-
fortable family home offers 3
bedrooms, fireplace, family
room, fenced yard with fruit
trees. Detached double garage.
1/2 block to grade school. FF551.

REDUCED
\$2000

Owner built another home, must
sell this sharp 3 bedroom 1 1/2
bath tri-level. Large rec. room
with wet bar. Circular driveway,
easy-care yard. Hurry, FF531.

MIDWAY
\$52,950

Sharp rambler, 3 bedrooms,
fireplace, large patio, stone win-
dows, fenced yard, double
garage, hurry, FF543.

VIEW
\$48,950

Ideal starter home, all ap-
pliances, 3 bedrooms, fireplace,
aluminum siding. Plus a view of
Kent Valley. It won't last call
now. FF548.

BUY NOW

Perfect starter home, brick 3
bedroom, 1 1/2 bath, tri-level and
cedar rambler. Pool table size rec
room with fireplace. Large patio,
fenced yard. Garage, plus extra
parking. Call now. FF549.

878-1422
john p. nagle
inc. of north
seattle
south seattle branch

002 Homes-General

3 large bedrooms, 1 1/2 baths,
close grad Jr. High North Hill
area. 824-1787.

BY OWNER: North Hill, Lovely 5
bedroom, 3 baths, large kitchen,
with eating space, 2 fireplaces,
wall to wall, finished rec. room.
Extras. \$72,500 or reasonable
offer. 824-3866.

OWNER 3 bedroom, older home,

basement, large yard. \$45,000
244-4111.

REDUCED BROWNS Point,

owner good home to sell-Now \$61,
500. Lovely home, 2 bedroom, 2
bath, 2 car garage. 952-2368 or
242-0987 before 4.

Monopoly

23800 Pac. Hwy. So.

BUY OF THE YEAR

Licenced 3 bdrn family home
located close to shopping and
bus. Super clean with lg. kitchen
and new carpets in living rm. A
steal at \$49,950. Call Jeff Dozier
for appt.

WATERFRONT HOME

Call Larry O'Toole to see this
gorgeous 4 bdrn, 2 bath exec
home. Rec. room, wet bar, for-
mal dining, 2 fireplc, and a
sweeping sound view. Larry has
this and many other waterfront
homes under \$200,000.

DAVE'S CHOICE

Asking \$59,950 with FHA VA
terms, for this spacious 5 yr. old
rambler on need cul-de-sac lot. 3
bedrms, king size master. 2
baths, super brick fireplace in
living living rm. Oversized ob.
garage and a nice territorial
view. Call Dave Miller today.
"Service is Our Game"
878-1880

CAPRETTO, INC.

623-7300

002 Homes-General

BY OWNER 2700 Sq. Ft., 4
bedrooms, 2 bath, 2 fireplaces,
large family room off kitchen,
plus rec. room in finished base-
ment. Large deck. 10 minutes to
Catholic school. 16017 21st.
S.W. \$89,950. 244-3576.

ANGLE LAKE area - 4 bedroom 2
story with brick fireplace big kit-
chen, garage. Quiet, residential
area, kids. Private yard.
\$60,950. Hall Realty. 243-3793.

INVESTORS 3 bedroom, half
duplex, carport, clean and sharp,
assume only \$42,500, 952-3485.

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TION
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006 Homes-Burien

VIEW
BURIEN

\$95,000 will buy this nicely
landscaped, split level home
with a view of Mt. Rainier,
Puget Sound and Olympics.
Located in quiet
neighborhood with easy ac-
cess to shopping and
freeway. 4 bedrooms, 3
garages, 2 large brick
fireplaces, large modern kit-
chen, entertainment size liv-
ing room and full basement.
Terms may be available for
qualified buyer. For more in-
formation, please contact
VICTOR WONG at 623-
7300 or 767-3787
(residence)

CAPRETTO, INC.

623-7300

006 Homes-Burien

ATTRACTIVE 5 bedroom, 2
bath, basement, rec. room, 2 fire
places, sundeck, carport.
Detached garage. Privacy. Walk
to Catholic school. 16017 21st.
S.W. \$89,950. 244-3576.

BY OWNER 3 bedroom, 1 1/2 bath,
fireplace, \$57,000 248-0242

SEAHURST-BURIEN

Easy Terms
2 bedroom, large partially fenced
yard, on severs. Shown by appt.
only.

SOUND SIDE HOMES, INC.

824-3403

006 Homes-Burien

GREGORY HEIGHTS, cute and
clean 2 bedroom, plus sleeping
loft, fenced yard, \$65,000 246-
5610

JUST OFFERED, GREGORY
HEIGHTS, 3 bedroom, rambler,
rec. room, 2 fireplaces, large
deck, lots of trees, fenced.
\$68,950. 246-6147.

MOVE IN QUICK 3 bedroom,
large yard, close to schools,
shopping and freeway. FHA/VA
terms. \$55,000. Owner agent.
243-7965 or 242-7982. Ask for
Sharon or Jack.

\$58,950

Beverly Park, 3 bedroom, acre-
colored cottage, on 3 quarters acre
double garage with work shop,
newly redecorated, ready to oc-
cupy when schools start \$10,000
down, owner to carry balance on
Real Estate contract, drive by
11844 5th S. Call owner only for
appointment, 243-6855 even-
ings.

006 Homes-Burien

JUST LISTED

Custom built
spacious 3 bedroom, full
daylight basement, 3 baths,
fireplace and rec. room, very
private setting. Asking \$79,900.
Ad. No. 55. Conlin Realty 242-
7982

GREGORY HEIGHTS round-
house is for sale. 1910 sq. ft. of
plush living. Unique design! Call
for appointment. Hall Realty.
243-3793.

2 bedroom, large lot, \$10,000
down, R.E. Contract, \$50,950
248-2975

10839 10th S.W. ATTRACTIVE
THREE BEDROOM daylight
basement home. Has inlaw
space, plus newly built 2 car
garage with added storage and
work area. 2 fireplaces, \$70,000.
Call 242-8921.

008 Homes-Des Moines

BY OWNER, 5+ Bedrooms, split
entry, 2 baths 2 fireplaces hard-
wood floors large rec. room near
schools, college, shopping,
marina, more. \$87,500. 824-
5130.

CLASSIFIED
WANT ADS
839-9520

008 Homes-Des Moines

2 STORY WHITE Colonial, 4 big
bedrooms, 2 baths, formal dining
room. Brick fireplace, large
patio, landscaped grounds and
garden. \$66,500. Hall Realty.
243-3793.

VIEW

From Des Moines North Hill,
view of Sound, Mt. Rainier, and
Marina 2500 sq. ft., 2 stories, 4
bedrooms, 3 baths, living room,
dining L, family room, laundry
room, study, 1 car indoor garage
with garage door opener, 2 floor
to ceiling brick fireplaces, 21 x 6
second story sun deck, 7500 sq
foot lot, forced air, oil heating,
storm windows and doors, extra
insulation, outside freshly
painted inside recently painted
wall papered and carpeted at-
tractive landscaping two
cul-de-sacs, located on a quiet
cul-de-sac. \$100,000, 773-1683.
days, 878-3944 evenings.

CLASSIFIED
WANT ADS
839-9520

008 Homes-Des Moines

LEASE/OPTION
TO BUY
New 2 bedroom home, all ap-
pliances, draperies landscaped,
near Des Moines Marina on
busline, walk to shopping.
\$475
VARICALLI
REAL ESTATE
COMPANY
243-3333

010 Homes Federal Way

INFLATION FIGHTER
Put your savings to work; buy an
assumption home with as little
as \$10,000 down. Call Carol
Sabotka today. Crescent Realty
838-3310 or evenings 927-6031.

REDUCED \$2,000

HOT BUY

Owners must sell soon. Clean 3
bedroom, double garage,
fireplace. Original owners. Ask-
ing \$54,500. Call John Casserly,
Crescent Realty 838-3310, or
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"NOW IN OUR 32ND YEAR"
IS QUALITY IMPORTANT TO YOU?
You need look no further than this
exciting new Northwest Contemporary
by Vincent Wilcox! 4 bedrooms, 2 1/2
baths, fireplace, w/w carpet,
qualified "heat-keeper" means sav-
ings to you, call for details today at
just \$79,950.

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Rhodes Professional Building
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WOODED 3/4 ACRE \$64,950
Charming 2 Bdrm rambler
surrounded by towering firs,
features a large livingroom,
fireplace & detached garage. Call
941-3800 on ad #411.
EXECUTIVE DREAM \$94,500
All the luxuries & comforts are
found in this magnificent 3 bdrm tri-
level. A shy 1/2 acre of trees sur-
rounds this lovely home featuring
1 1/2 baths, family room with wet bar,
cedar shake roof, thermopane win-
dows & large two car garage.
FHA/VA terms available, call 941-
3800 on AD #415.
LAKE FRONT \$45,000
Close to 3/4 acre with 73 feet of lake
frontage. Has a 2 bdrm home on the
lake in need of major repairs. For
more information call 941-3800 on
AD #418.
LOVELY SETTING \$68,950
Spotless 3 bdrm Tri-level on quiet
cul-de-sac. Beautiful family living,
featuring 1 1/2 baths up, two lovely
fireplaces, family room & 1/2 bath
down. Fenced back yard with tow-
ering firs, garden area, patio & deck
off dining room. Call 941-3800 on AD
#422.
SUPER INVESTMENT!! \$53,500
Spotless 3 bdrm rambler on secluded
lot. Continental bath off master
bedroom, paneled rec-room, lovely
brick fireplace & two car garage.
Patio off back in fenced backyard.
Call 941-3800 today on AD #393.
FHA TERMS
MT. RAINIER VIEW \$62,990
Exciting new 3 bdrm split entry
home on large corner lot. Lovely
stone fireplace, large deck off din-
ingroom with view of Mt. Rainier.
Roughed in rec-room, full bath & two
car garage down. Call 941-3800 on
AD #385.
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Need housing information from
anywhere in the USA?
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WATCH THE SHIPS
from your terraced yard, patio, upper
deck, or from your living room. This
is just one of the extra features of this
secluded Dash Point family home
which has 4 or 5 bedrooms. Enjoy
ultra neat kitchen, family room, for-
mal dining, 2 fireplaces, in 2800 sq. ft.
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- must sell. Asking \$112,500. Phone
Tom Fortt today at 572-4722 or 572-
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In order to establish our track record
we are pre-selling our houses on South
Hill, Puyallup at an incredible sav-
ings. We are offering FHA, VA and
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HOW built, from \$45,990. Ask about
the heavy insulation package when
you call us.
WE'RE GIVING AWAY HOUSES!
If you have VA eligibility and have
good credit and a good job you can
purchase one of our new homes on
South Hill, Puyallup with no down
payment and no closing costs. You get
in FREE! Reserve your lot now at
these resale prices. From \$45,990.
ONE MONTH NEW!
Very popular 2-Story floor plan.
Roughed in upstairs for elegant
master suite, full bath and family
room. Ten year HOW program
transfers to Purchaser. Quality con-
struction, good area. \$62,000.

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OF FEDERAL WAY INC.
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Newer and larger facilities at
1035 So. 320th (The new Citizens Federal
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We will now have room for 6
additional salespeople. If you are
ambitious, motivated and want to
grow with a growing company, call
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Grand Opening
Sat. & Sun. (Aug. 25 & 36) 1-6 p.m.
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\$58,500
LARGE LOTS - SPLITS
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SPARTUS
CORPORATION
FIVE BEDROOM
TWIN LAKER \$97,000
All terms available on this beautiful 2
story golf course home. Two excep-
tionally large dormitory bdrms, nice
master suite. Family rm, fireplace,
formal dining, beautiful convenient kit-
chen. Get settled before school starts!
Call Nelda Griffin 838-9933, 927-3280.
EXECUTIVE DREAM CONDO
Move up to gracious living in this char-
ming 2 bdrm, 3 bath condo on Twin
Lakes golf course. Wraparound decks
and lanais, wet bar in beautifully
finished rec rm, fireplace. Exquisitely
maintained by businesswoman now
leaving area. Sacrifice at \$89,500. Call
Nelda Griffin 838-9933, 927-3280.
ASSUME AT 9% \$75,500
Lovely 2 year old home on greenbelt in
Woodridge Park with 3 bdrms and 2
baths. Super clean with an extra large
sunny kitchen. Payments are approx-
imately \$471.00 a month with an ap-
proximate \$51,000 mortgage balance.
The payments include taxes and in-
terest at this time. Contact Vivian Pot-
ter 838-9933, 927-3280.
TWIN LAKES RAMBLER \$68,950
Rambler like this are vanishing fast!
This one has 4 bdrms, 2 full baths, liv-
ing rm, dining area, 2 car garage and
deck. Private landscaped yard. Hurry
on this! It won't last at this price! Call
Russ Deuel 838-9933, 927-3280.
15 DRAMATIC
NEW HOMES FROM \$74,500
The choice is yours ... create an en-
vironment especially suited to your
families taste and needs. Select from 15
new homes by Precision Builders in ex-
citing designs never before built in the
northwest! The color scheme for the in-
terior and the exterior stain are yours
to choose. Let your dreams come true.
Call Susan Jones 838-9933, 927-3280.
FAMILY TOGETHERNESS \$79,950
While you're fixing dinner, look into a
lovely family room with a cozy
fireplace. Save steps, for the utility
room is large by. Then play pool in a
very large rec room upstairs. Four
bdrms, 2 1/2 baths. Super nice home!
Call Vivian Potter 838-9933, 927-3280.
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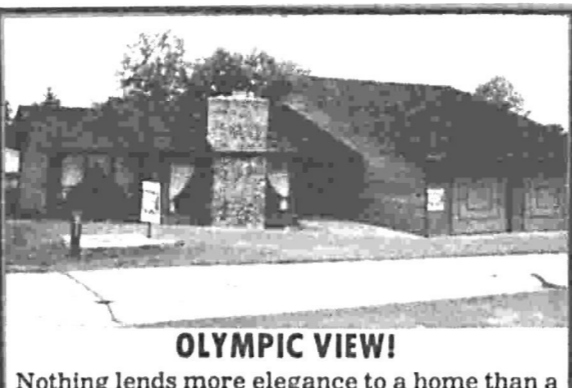
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BREATHTAKING CONTEMPORARY!

This is the kind of home that will take your breath away and really impress both your friends and business associates! It features over 3000 sq. ft. of elegant living area including Formal Dining Loft, Cathedral Ceilings with skylights, and a Billiard Room with its own Wet Bar! A truly spectacular home! Well priced at\$129,950 Ad #110



OLYMPIC VIEW!

Nothing lends more elegance to a home than a lovely view! You'll spend many serene hours looking out to the snow-capped Olympics from this lovely year old Tri-level! The home features three bedrooms, including a HUGE Master Suite, two full baths, Formal Dining and a stunning Fireplace. It's double wall constructed and has Thermo Pane windows for energy efficiency too. The owners are offering FHA-VA terms so don't wait! Just \$79,500 Ad #145

SEATAC OFFICE
246-1234 OR 878-8070

FEDERAL WAY OFFICE
878-1000 OR 952-2131

GOOD NEWS!

LAKEHAVEN MODEL!

We have good news for the homeless Executive who is new in town and needs a home quickly! Picture your family in this superb almost new 2-story with it's Lake View! This home has four bedrooms, three baths, a Rec-room and an Entertainment Loft! It's vacant and ready to move into. And, of course, somewhere out there is another Homeless Executive. The one who put in all those extra features for YOU. The professional landscaping, the Custom Draperies and the backyard fencing. Pity him and congratulate yourself, YOU'VE FOUND YOUR HOME! Just \$99,500. Ad #94.

This one was the 'Model Home' for the area so you know the builder put his best into it! It's tastefully decorated and the proud owners have already fenced and landscaped but now they must sell. What luck for you! It features three bedrooms with room for a fourth in the lower level, multiple baths, a charming Bay Window in the living room and two lovely fireplaces! This could be the home you have been waiting for! Just \$78,950 Ad #149

WOODED SELCUSION....

in the picturesque Normandy Park area! This home offers room to stretch out and grow. Inside you will find four bedrooms, multiple baths a Rec-room and two fireplaces! Outside the exterior is done completely in Stone. There are many ornamental trees and shrubs on the HUGE secluded lot. The perfect spot for the family! Just \$99,500. Ad #92.

Everyone likes the idea of owning a brand new home and here's your chance! Finer Homes is opening a new division in lovely 'Cambridge East!' These homes are built under the HOW program so you can buy with confidence. Today we feature the impressive 3079 sq. ft. home with daylight basement. This home features three bedrooms with extra space for additional bedrooms downstairs. It has Formal Dining and two stunning fireplaces. It's just one of many lovely styles for you to choose from. Come in and see us for further information on these quality homes! Ad #131

BETTER THAN NEW-\$51,950!

You won't want to miss this one! A darling three bedroom rambler with all the charm in the world, right down to the 'Coved Ceilings!' It's been extensively remodeled and freshly painted in and out. Downstairs in the full basement there's plenty of room to put in an Entertainment Area or additional bedrooms. Call quick it can't last! Ad #100

Nothing else adds elegance to a home like an outstanding view of the Olympics and Puget Sound! This lovely home has such a view. This home features four bedrooms, an enormous kitchen, two fireplaces and a view deck! A terrific buy at \$97,950! Ad #112.

\$42,500-FHA-VA

Come on in and see this adorable starter or investment home! It features two bedrooms a large kitchen with plenty of eating space and a cozy living room. It's conveniently located in the Renton area on an extra large lot that's fenced in back for safety. There is a storage building that has been wired for power too! Ad #151

It's just back on the market after a failure of sale! And the owners are anxious to sell again. This fabulous starter home has been extensively remodeled and is just as clean as a whistle! It features a completely new kitchen with new cabinets, counters, sink, vinyl and lighting. The owners have just put on a new roof and added such outstanding decorator features as tongue and groove cedar paneling! Don't miss it this time! Just \$48,850! Ad #64

50' of RIVERFRONT\$49,950!

Don't miss this one! Charming, cozy and clean as a whistle this rambler has been completely remodeled! It's located on a HUGE lot that adjoins a Golf Course and boasts 50' of Waterfront! It has a spacious country kitchen and cheery fireplace too! Ad #143

What better place to do it than in this immaculate Lakefront home! Your guests will be so impressed with the serenity of the Lake. They will appreciate the spaciousness of this FIVE bedroom beauty! There's room for all with multiple baths, Formal Dining and a Country Kitchen. Downstairs there's a second fireplace and a Rec-room too! Just \$115,000! Ad #117

LABOR DAY SPECIAL!

This one is for families! Families that want to live in their home not work on it. The owners have just remodeled the kitchen and bath. The backyard is Cedar fenced and specially designed for small children including a basketball court and fruit trees! Inside you'll find 3+ bedrooms, a Family Room and TWO fireplaces! Just \$59,950 Ad #125.

Are you a Mechanic or Painter... If you are or just love the idea of a HUGE garage you'll want to have a look at this one! It has a 30 x 24 foot shop with concrete floor, heavy duty wiring and insulation. The entrance has double wide doors and there's even a dumping station for R.V.'s! And right along with this terrific shop you get a terrific home! A neat and clean three bedroom with spacious kitchen and cyclone fencing. All for only \$55,000 Ad #93

TWIN LAKES CHANCELLOR!

There were only a few of this popular model constructed in the Twin Lakes Golf and Country Club and they sell quickly when one comes available! We have a beauty! The owners have done an impeccable job on the landscaping right down to installing an Automatic Sprinkler System! Inside you will find four bedrooms, a Family Room plus a Den plus a roughed-in Rec-room. There's a Formal Dining area and a spacious country style kitchen. It's a lot of home for a very little price! Just \$107,950 Ad #102

It's that time of year again and it's also a good time to purchase that new home you have been wanting! The wife and kids will love this three year old Tri-level and you will love the generous FHA-VA terms! This home features three bedrooms, two baths, Stone Fireplace and Double Garage! The yard is fenced and landscaped for easy maintenance. It's our Back to School Best Buy at just \$77,500! Ad #96



BIG HOME-SMALL PRICE!

If you need space in your home and a break for your budget, you'll want to have a chance at purchasing this home! It has over 2000 sq. ft. of living area! The home features Formal Dining, four spacious bedrooms, multiple baths, a Rec-room and TWO fireplaces! It's located on an oversized (70 x 200) lot which allows for additional parking. The owners are generously offering VA terms too! Just \$66,950! Ad #147



GRANNY'S PAD!

The MOST charming 2-story home you'll ever find for this price! So often we find that those adorable homes built in the 30's have fallen into disrepair with time, but this one has stood the test of time thanks to loving care from the owners. The home features Three bedrooms, multiple baths, Formal Dining and a HUGE country kitchen. Don't miss seeing this remarkable home! Just \$48,500 Ad #144

010 Homes Federal Way

PRIVACY Federal Way, private tennis court full acre, fenced 3 bedroom brick rambler, fantastic kitchen, trees galore, stained glass windows, many many extras, under priced at \$110,000. By owner. Nights call 838-2365, or 927-3594, days call 927-2762.

010 Homes Federal Way

CHARMING 4 bedroom rambler. Family room, fireplace, cozy cul-de-sac, \$395. Nelda, Sports Corporation, 838-9933, or 927-3280.

010 Homes Federal Way

3 BEDROOM, 2 bath, 2 car garage, full basement fireplace, backs natural park, 1 year old, clean. Low down, \$74,000 no qualifying. 838-3238.

010 Homes Federal Way

3 bedroom, and 1 bath, den, large rec. room, with bar, big carport, new gutters and paint, for sale by owner, shown by appointment only 9 a.m. to 9 p.m., 838-2457, 927-1847, \$61,950.

010 Homes Federal Way

TWIN LAKES (1 block from) 2 story, appraised at \$82,500 just dropped the price to \$78,950. 4 bedrooms, 2 1/2 baths, 2300 sq. ft., huge garage, immaculate. Assume \$27,000. Fenced yard, laundry room. FHA/VA. Owner anxious, bring all offers. Realty Contract. 838-3395.

B&M REALTY



NEW VIEW \$38,950

Beat inflation in this charming new 2 bdrm. rambler, nice city view, contemporary fireplace. This house won't last long at this price. Call now to preview.

NEW \$59,950

2 exciting new 3 bdrm. split entry homes in convenient, quiet, Federal Way location. Close to shopping and freeways, lots of room to expand in unfinished basement area. Choose your own colors. Call today to preview and compare.

838-4170 927-6028

PRICE REDUCED

We have lowered the price \$12,000 because the owner has moved out of town and is anxious. Home has 6 bedrooms 3 baths, and over 2600 sq ft on a wooded 1/3 acre lot. \$117,000. Va Terms Available. Call 839-4800 John L. Hale Realty.

ASSUME A SPECIAL LITTLE

3 bedroom starter home, or are you slowing down? FHA or VA terms \$53,500 or assume mortgage balance of approximately \$42,500 at \$24-7600.

WATERFRONT INDOOR POOL

102 ft. on Puget Sound 4 bedrooms, study, three fireplaces, rec room, 3 baths, greenhouse, garage. Appraised at \$181,000, asking \$169,000. 839-0215.

BETTER THAN NEW \$69,950

This fine 4 bedroom home is located on a quiet cul-de-sac. It is fully finished both up and down and is well landscaped. If you are looking for a new home, but do not want to put in a yard and finish the basement, then this home is for you. It is located within 10 minutes to Boeing Auburn or Kent plants. Ad #909 941-3600 SHERWOOD & ROBERTS INC.

SUPER CLEAN

Colonial split entry. 3 bedrooms, 1 1/2 baths, 2 fireplaces, new carpeting, HUGE rec. room in this 1750 sq. ft. home. Beautifully landscaped, one block from private community park. \$69,950, asking price. \$15,500 to assume 9 1/2 % Mortgage or Conventional terms. Drive by 29008 23rd Avenue South or call owner at 839-8288, for appointment.

WOODED ESTATE

3 Bedroom Rambler nestled in the middle of a small forest. Long driveway leads to this secluded family home, all the "Goodies" 1 1/2 baths, family room, intercom, 2 car garage right in the heart of Federal Way \$125,000. Land & Homes 839-2220

SUPER VALUE

2/3 acres Excellent 3 bedroom home, large living room with fireplace, plus 36x24 garage and heated workshop. Price \$70,500. Call Elmer Mickel Crescent Realty for more information. 838-3310 or evenings 927-4777.

LIKE NEW

\$69,500 2 story, 3+ bedrooms, balcony overlooks living area. 2 full baths, 2 heat circulating fireplaces. Privacy fenced backyard. 2 car garage. Call Millie Kochman Crescent Realty, 838-3310 or evenings 941-2721.

4 BEDROOM RAMBLER

4th bedroom could be rec. room. 1 full continental bath with 1/2 bath off rec. room. Almost new w/w carpet, large 2 car garage, RV parking 2 sides. Green belt with parking in back. \$55,500. Call Art Rhodes, Crescent Realty 838-3310 or 927-3451.

Here's How We Spell Success

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932-1515

Burien Office
248-2900

Federal Way Office
839-6060 927-4960



COLD WEATHER SPOOKED? \$52,000

Isn't it time you had an energy saving home? This 3 bedroom, with fireplace and termpopane windows throughout will be a great benefit with increasing heating costs. Nicely landscaped corner lot is all fenced for you. Call Bev or Mary on Ad #240. 932-1515

MARINE VIEW DRIVE \$125,000

Step through the entry and gaze out over the magnificent sound view from the reverse living room. Visualize your enjoyment of the private patio off the kitchen, lined with fragrant rose bushes. This all brick house rests toward the view side, and the lovely green lawn with many fruit trees stretches out to the front gate. Call Tena on Ad #241. 932-1515

NOT JUST A TUDOR! \$79,950

But a classy English brick, coved ceilings, tile fireplace and leaded glass windows. Absolutely no deferred maintenance. Isn't that fabulous. Call Mel today on Ad #242. 932-1515



CHOICE RAMBLER \$59,950

New listing on quiet cul-de-sac featuring 3 bedrooms, family room, kitchen with new dishwasher and stove on large lot, cement patio 12 x 15, double garage, at a low price. See today with Connie, call on Ad B304, 248-2900.

NEW CONSTRUCTION \$69,950

Two new models to choose from with quality thru-out. Some nice features are thermopane windows, double wall construction, one of our finest builders, Glendale Const. Choose yours now, pick your carpets today. Hurry on Ad B305. 248-2900.

NORMANDY PARK \$145,000

One of the best 4 level homes in the Normandy Park area. Enjoy complete seclusion on one acre lot plus 4 bedrooms, gourmet kitchen and 2 baths. A beautiful home with beach rights. Hurry on Ad B306. 248-2900.



\$41,950 FHA-VA!

Stop throwing money away renting. Start your own investment, plus have a nice place to live. Spacious 3 bedroom, cozy family room. Good area. Call now! See how easy it is to own your own home. 839-6060. Ask for Diane on Ad#F-333.

\$65,500 SURPRISE!

Tri-level home full of pleasant living surprises for your family to enjoy. Almost new home just listed, 3 large bedrooms, 2 fireplaces, party size family room. Built-ins in gourmet kitchen, double garage. Call for Joyce Ann for list of extras at 839-6060. Ad#F-334

\$83,000 YOU'LL KISS!

That small house good-bye when you see this one year old beauty. Over 2,200 sq. ft. 3 oversized bedrooms with 3/4 bath off the Master, and walk-in closet. Rec. room, 2 fireplaces, double car garage, executive area. Hurry on Ad#F-335

Unruh Realty, Inc.
PROFESSIONAL EXCELLENCE ASSURED

DEL BIANCO REALTY
"The Memory Builders"

010 Homes Federal Way

PRICE REDUCED \$4000 4 bedroom, rec. room, fireplace 838-2068
PARTING OUT 1965 Chevy. 839-2477
BY OWNER, lovely 3-bedroom, 1 1/2 bath, on large lot with garden, fruit trees and covered RV parking. Spacious kitchen and designer finished rec. room. Exc. Cord and priced to sell at \$73,950. Ad no. 57. Conlin Realty, 242-7982.

014 Homes-W. Seattle, White Center

SECLUSION PLUS 3 bedroom home, huge rec. room, brick wall fireplace, double lot and much more, excellent condition. Only \$67,950. Ad no. 57. Conlin Realty, 242-7982.
OLD CHARMER, 2 story home completely remodeled on large fenced lot, \$60,000. Miller Grigsby Inc. 248-2200.

Want a bargain? Look in Classified

018 Homes-King Co.

3 BEDROOM RAMBLER, with attached garage, 1/2 acre, newly pointed inside and out, RV parking, w/w. appliances, close to 5 Mile Lake, File School District. No agents. \$52,950. 927-7921.

020 Homes-Pierce Co.

LAKE TAPPS
On Lake, 12 years old 4 bedroom rambler, furnace, fireplace, double garage, storage for boat, deck, patio, view of Mt. Rainier. Transfer forces sale, \$85,000. WILLMOTT REALTY, 845-9551.

030 R.E. Wanted

IMMEDIATE CASH FOR YOUR EQUITY
If you do not want the bother of selling, MacPherson's has the finest Purchase Plan in the industry. As a supermarket needs food, WE NEED HOUSES, SMALL FARMS & LAND in most Puget Sound areas. After clear title and in approximately 4 days you will have your cash.
MACPHERSON'S REALTORS
Southend 243-1000
Federal Way 839-5282

050 Condos, Townhouses

SOUND WATERFRONT, 1 bdrm. 1 bath condominium, all appl. view, pool, basketball court, volleyball court, 250 ft of waterfront. \$50,000. Owner-agent after 6 p.m. 878-4712.

052 Multiplexes

4 PLEX, \$135,000. Federal Way. Ask for Bill, 839-9666. Or evenings, 927-7927. Triad Properties.

070 Lots, Acreage

VIEW LOTS/Dash Point, 1/3 acre and larger. Perk ok & City water. 622-9917. Victor.

SPECTACULAR VALLEY and Mt. Rainier view. Many trees. 1 acre. Perked. Will finance. \$25,950. 863-2301. Owner/agent.

OCEAN SHORES Lot, worth \$4,000. Sell \$2995, terms, trade! Private party, 838-4090 anytime.

20 LEVEL ACRES Farmland. Good soil, views, mobile home ok, county road frontage, electricity, school bus and mail delivery, \$17,950. \$950 down, \$170 per month, 10 1/2%. See owner, Tom Clark any day at 229 West Main St. Goldendale, WA 509-773-5255

070 Lots, Acreage

WE'LL TRADE 13 building lots in Tacoma for secluded small new home in Federal Way with lots of land, 952-2222

074 Recreation, Vacation

RIVERFRONT PROPERTY, South Fork Skykomish River, 2 bedroom, Loft, 75X200. 206-838-0518.

HOOD CANAL Vacation property, 1974 12x60 Mobile home with Alaska pack. 12 x 42 deck, 12x12 Ft. 2 story building, power and sewer. 246-1793 after 6.

076 Waterfront

RECREATION Waterfront, Bay Lake (west of Tacoma on Longbranch Peninsula), 80 ft. of lakefront. No bark. Trees, water, power, paved road. Walk to Saltwater, Penrose State Park. \$13,000 terms, consider cash offer. Evenings only, 938-4556.

839-9520
Have you got an apartment for rent?

RENTALS

100 Wanted To Rent
102 Rentals To Share
104 Rooms For Rent
106 Waterfront Rentals
110 Apts.-Burien
112 Apts.-Des Moines
114 Apts.-Seattle
116 Apts.-General
118 Multiplex
120 Waterfront Rentals
122 Recreation, Vacation
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136 Houses-Des Moines
138 Houses-General
140 Condos, Townhouses
142 Office Rentals
144 Commercial Rentals
146 Storage Space
150 Hall Rentals

100 Wanted To Rent

PROFESSIONAL Female wants to either share my apartment with some or share coed house in Highline area. PO Box 334, Seahurst, WA 98062.

HIGHLINE TIMES News Photographer, married with no children no pets, Wants house to rent. Call evenings, 242-9814.

STUDIO APT. Burien, Des Moines area, reasonable. Call after 3 p.m. 242-8680.
STUDIO APARTMENT Boulevard Park, Burien area. Call 242-8196.

100 Wanted To Rent

YOUNG Christian couple seeks discreet landlord for 2 bedroom rental, Federal Way area. 226-1024.

102 Rentals To Share

WANTED woman to share a 2 bedroom mobile home in Federal Way. Non-smoker. 927-3680.

SOBER, Unattached person to share small house and housework with working gentleman. Burien area. 246-8123.

RESPONSIBLE, mature couple desires 2 or 3 bedroom house in Federal Way area. Prefer waterfront, or water view. 564-4042. Anytime.

104 Rooms For Rent

ROOM FOR Rent, \$135, split utilities, kitchen and laundry privileges. Des Moines 824-4899 a.m.

FURNISHED Bedroom in family house. Federal Way. 288-9978. 941-6144. \$45 weekly.

COMMERCIAL PROPERTY

Central Enumclaw - Frontage on two busy streets. Excellent site for development. Older 2,000 sq. ft. home & small bldg. currently on site. Priced at \$79,750.

OLYMPICS & SOUND VIEW DES MOINES

5 bdrms., 2 1/2 baths are just part of over 3,000 sq. ft. of living space. Very secluded, situated on 2 lg. lots. Priced to sell at \$134,500.

70 FT. WATERFRONT-LAKE TAPPS

Daylite basement w/rec rm., 2 frplcs., 2 bdrms., 2 baths. Lovely landscaped lot, boathouse & dock all for only \$83,500.

UNDER CONSTRUCTION FHA-VA TERMS

3 bdrm., 1 1/4 bath Tri-level, frplc, rec. rm., 2 car gar., formal dining area. Yard will be landscaped upon completion. Priced to sell at \$73,950.

OFFICE HOURS
MON. - FRI. 9-9
SAT. 9-7
SUN. 9-6

ALL SEASONS REALTY INC.

2301 Main Street 863-2251
Sumner, Wa. 98390 Seattle 682-9873
YOUR FULL SERVICE REALTOR

Wallace & Wheeler, Inc.

REAL ESTATE 941-2651
WALLACE & WHEELER, INC.
"Excellence in Performance"

\$\$ SAVE \$\$ PRICE REDUCED

Lovely 3 bedroom rambler now reduced to \$62,500. Located in the woods near Trout Lake. Call quick - 941-2651. #682

EXCLUSIVE RIVERFRONTAGE

Executive styled 3 bedroom, home, sunken living room & many high quality features. Best area on Green River in Auburn - \$92,500 list price. Call 941-2651 #683

REAL HEART WARMER

Shake siding with brick trim 3 bedroom rambler on cul-de-sac in Burien, \$81,500 with FHA/VA terms, call today at 941-2651. #684

SMALL HOME SMALL PRICE

Ideal first home or investment off Eastside Drive in Browns Pt. Two bedroom cottage, 1 car garage, walk to beach, shopping, tennis, etc. Owner will take contract. Low \$40's-Call 941-2651. #685

QUALITY BUILT SOUND VIEW

Owner designed for a good sized executive family. 4 to 5 bedrooms, 2-3/4 baths, 4,000 sq. ft. of comfortable livability. Circle this ad and call for private showing. 941-2651 #686

OWNER SO ANXIOUS

Has lowered to \$61,500 for this 3 bedroom, 1 1/2 bath house in Kent area. Full bar for entertaining friends, private backyard with deck. Check this out! Call 941-2651 #687

NEW HOMES ON ACREAGE

If you demand excellence call to see these three contemporary styled homes, each on 2 1/2 acres in Covington Woods area from \$107,950. Call 941-2651 #688

BEST BUY TODAY! FOR DISCRIMINATED BUYER

Almost new large 4 bedroom home with all the extras maintained with elegance, highly desirable neighborhood near Dash Point, large deck, big fenced back yard, much more, \$81,500. Call 941-2651. #689

BIG MOBILE HOME LOT

Electricity, water, trees, private club, Black Lake, \$7,100. Call 941-2651. #690

OWNER TRANSFERRED PRICE REDUCED \$3,000

This beautifully finished home in prestigious Twin Lakes area has three + bedrooms, large formal living and dining rooms, a huge master suite, and so much more. Just reduced to \$81,500. Call 941-2651 now for your private showing. #691

Serving the South end from West Seattle to Tacoma
30837 Pac Hwy So. 941-2651
927-3518
OPEN 9-9 DAILY

104 Rooms For Rent

PRIVATE HOME to share in Richland-Highland area, \$155 mo. includes utilities. For more info, call days 767-3350, evenings, after 5:30 542-4695 or 283-7916.

110 Apts.-Burien

2 BEDROOM apartment. 242-2812.

SPACIOUS 1 and 2 Bedroom apartments. All Appliances, pool, sauna, ample parking, large private patios and lanais. Adults, no pets. \$255 and \$290 Call between 9 a.m. and 6 p.m. 242-5338.

104 Rooms For Rent

ROOM FOR Rent, \$135, split utilities, kitchen and laundry privileges. Des Moines 824-4899 a.m.

FURNISHED Bedroom in family house. Federal Way. 288-9978. 941-6144. \$45 weekly.

RESPONSIBLE NON-SMOKING Female needed to share 3 bedroom home, near Sea Tac Airport. \$150 plus utilities. 242-1186.

110 Apts.-Burien

SPACIOUS 2 bedroom, unfurnished. Couples only 932-8875, 938-0121.

SPACIOUS VIEW

1 BDRMS
Swim pool, rec. room, self-cleaning oven, garbage disposal, dishwasher, self-defrost refrigerator, fireplace, washing facilities on all floors.

AMBERGLOW APTS.

1223 S.W. 128th
(next to Standing Hospital)
767-3806 763-9210

110 Apts.-Burien

BRAND NEW EXECUTIVE TERRACE CLOSE IN - half way between SeaTac Airport and downtown. 1 and 2 bedrooms with view of skyscrapers. Also complete Health Spa facilities including Jacuzzi, Sauna, Exercise room, rec. room, tennis court and swim 365 days a year in indoor pool. Sorry, Adults only! 767-3806, 323-3481, 763-9210

110 Apts.-Burien

MODERN ONE bedroom, colored appliances, dishwasher, disposals no pets, Treehouse Apartments. 246-4263.

112 Apts.-Federal Way

1 BEDROOM, \$220. Deluxe 2 and 3 bedrooms, frplc, 2 baths, carpets, drapes, appliances, \$350 and \$375. No pets. 839-9356.

Poverty Bay Real Estate, Inc.
"The Waterfront People"
RECIPE FOR A HAPPY FAMILY!
4 large bedrooms, 2 baths, eat-in kitchen, full basement, 2 F.P., loads of storage room, quiet suburban neighborhood, near schools, shopping, lovely fenced yard-if you need room, call on this one-878-1960.
DO YOU HAVE CLASS?
Then you should be interested in this tasteful 3 Bdrm, 2 bath home, DR, great kitchen, rec room/2 car garage, room for a pool, call us for more information...
TIRED OF CALLING ALL THESE ADS??
Let us take the headaches out of house hunting. We'll assist you in selecting, financing, area, etc. End the confusion, stop by & look at our list of available homes. We aim to please!
CALL US FOR EXCLUSIVE WATERFRONT LISTING!
PHONE: (206) 878-1960
22770 Marine View Dr. So.

Pacific West Properties OF FEDERAL WAY INC.
IMMACULATE SPLIT
Pride in ownership is in evidence on this spotless 4 bedroom, 3 bath home. Unique floor plan with family room and rec. room. A low maintenance yard that is completely fenced. Walk less than half a block to Metro Bus Line. Priced at \$79,600. Call on AD #118.
FIFE HOME
Ideal home, ideal location for the mechanic or body repair person. Four bedrooms, 1 1/2 baths plus pool table size rec. room. A detached double car garage, a single car garage plus carport and workshop. Priced at \$68,900. AD #112.
UNPARALLELED VIEW
Imagine sitting on your own lanai and watching a spectacular N.W. sunset. These two bedroom condos include all appliances, a central vacuum cleaner system plus underground parking. Prices start at \$63,900.
839-4700 or 927-5252

Want a bargain? Look in Classified
Looking for a new car? shop classified
Have you got an apartment for rent?
Shop Classified For Bargains

"Quality Street"
John L. Scott, Inc.

FAUNTLEE HILLS \$189,500
Entertain in elegant comfort. 3 bedroom contemporary home with commanding view of Puget Sound and Olympic Mountains from living, dining, kitchen and recreation room. VIDEO PREVIEW by calling Richard Motter 937-9000

NORTH ADMIRAL \$180,000
CITY LIGHTS! Stunning NW contemporary in secluded, desirable location. Large green house windows, numerous skylights, and custom woodframe windows lend a light and airy feeling to this home. VIDEO PREVIEW by calling Mark Youngren 937-9000.

WEST SEATTLE \$158,950
Private patio with pool and Jacuzzi is the entry for this 4 bedroom brick and cedar VIEW home. Large living and dining room windows capture the terrific Sound and Mountain view. VIDEO PREVIEW by calling Cyndy Berry 937-9000.

3 TREE POINT \$92,500
Casual beach living. 2 bedrooms, 1 3/4 baths. Relaxing Sound view from deck off spacious living room. Redwood beamed ceilings throughout. Half block to beach. All appliances included. Call Joyce Roberts 246-0344.

NORMANDY PARK \$162,000
This 4000 sq ft home on 1 1/4 acres of woody privacy has 6 over-sized bedrooms, sunken living room, formal dining & pool sized recreation rooms. 3 fireplaces to supplement the perimeter hot water heat. Call Liz Armstrong 246-0344.

ZENITH \$82,500
New 2430 sq ft home on large lot. 4 bedrooms, 2 baths, 2 brick fireplaces, thermopane windows, cathedral ceilings and bay window seat in living room. Quality construction throughout. Call Barry Crittenden 246-0344.

FEDERAL WAY AREA \$175,000
Low bank waterfront home. 80 plus feet on beautiful Puget Sound plus tidelands. A lovely spacious rambler style home, 4 bedrooms plus, 3 baths, large recreation room, decks and gourmet kitchen. Call 839-6650/927-7600.

FEDERAL WAY \$79,500
FHA, VA terms, 3 bedroom, beautiful landscaping, birch cabinets, wardrobe cabinets with drawers in bedrooms, pool table sized recreation room, 2 fireplaces, 2 car garage. Call 839-6650/927-7600.

FEDERAL WAY \$73,500
Excellent value in this 3 bedroom, 2 bath family home on large lot. Formal dining, family room/kitchen, fireplaces, excellent floor plan. Exclusively, 839-6650/927-7600.

NORTH ADMIRAL \$92,500
North Admiral VIEW home! Energy saver, 4+ bedrooms, mother-in-law apartment upstairs, 2 fireplaces, well maintained in area of comparable homes. Many other features to enjoy. VIDEO PREVIEW by calling Gloria Dresie 937-9000.

WOODMONT VIEW \$49,900
Generous view of Sound. Spacious living room, stone fireplace, 2 bedrooms, appliances in kitchen. Potential in expansion attic. Excellent neighborhood. Beach & tennis privileges. Call Patricia Starnes 246-0344.

BURIEN \$89,000
Immaculate brick home on half acre spells low maintenance & privacy combined with fabulous mountain views, mother-in-law apartment, orchard, formal dining room, country kitchen/family room make this a unique family home. Call Liz Armstrong 246-0344.

MIDWAY \$49,500
Ideal starter home. FHA/VA terms. 2 large bedrooms, huge fenced yard, attractive deck, garden ready to harvest. Kitchen appliances included. Close to Highline College. Good investment potential. Call Rosamond Wilson 246-0344.

MARINE HILLS \$150,000
Beautiful colonial VIEW home offers 4 bedrooms, 3 baths, formal dining, office, large well-designed kitchen, family room, plus large recreation room. Exclusively, 839-6650/927-7600.

TWIN LAKES \$98,500
Gorgeous spacemaker home in private setting in an area of elegant homes. 4 bedrooms, 3 baths, 2 family rooms, recreation room and a game room. Large double car garage with door opener. Call 839-6650/927-7600.

MARINE VIEW ESTATES \$96,500
Beautiful contemporary home, warm wood decor. 4+ bedrooms, large country kitchen with fireplace, many cupboards and 3 fireplaces, library den, double garage. Community salt water beach. Call 839-6650/927-7600.

MARINE HILLS \$78,950
PRIVACY! A large beautifully landscaped lot and an excellent location make this 3 bedroom rambler in top condition an outstanding investment. Exclusively, 839-6650/927-7600.

QUAIL RUN TOWNHOUSE \$94,950
Exquisite model unit loaded with extras. Stunning 3 bedroom, 2 1/2 baths, deck that looks onto adjacent green belt, corner fireplace and much more. Truly Quail Run's finest! VIDEO PREVIEW by calling Jeanne Capeloto 937-9000.

THIS WEEK'S WINNERS!!
WHY WAIT? Buy now - this super 3 bedroom home with Franklin fireplace is highlighted by a HUGE backyard with outdoor fireplace and stone seating area! Huge covered patio and porch, too! Hard to beat being priced at only \$58,500!!
ALL THESE GREAT FEATURES have been put in a fabulous new home in Normandy Park! Double-wall construction, insulated walls, ceiling, and glass, fireplace w/heatilator & built-in blower, built-in vacuum, microwave, rec. room w/wet bar, deck, more! Don't miss seeing this one! \$116,950.
EXCEPTIONAL (ek sep shun al) adj. out of the ordinary; uncommon; superior. Perfect words for these three homes! Located in Brown's Pt., these beautiful homes have extra features that add originality to each one! See these homes today - you'll be glad you did!
SUMMERTIME ... and the livin' is easy in this lovely new home! Quality construction is apparent throughout 4 bedrooms, 2 1/2 baths, 2 fireplaces, rec. room, vacuum, custom drapes and carpets throughout! Walk to 5-Mile Lake and park for summer fun! ... \$81,950.
WHEN AUTUMN LEAVES start falling, you can be moved into this superb family home in Twin Lakes. Beauty throughout sunken living room, 4 larger than average bedrooms, kitchen with pantry, rec. room, more! Fully fenced yd. w/fruit trees! See this one soon! ... \$77,975.
CALL NOW to find out about the fantastic price reductions on new homes in Cherokee Bay Park. Up to \$5,700 on quality homes! Call 432-0936 or 838-2800.

Evergreen Realty Inc.
33427 Pacific Hwy. S.
838-2800 927-7313

BENTON'S REALTY INC.

TRY US - WE REALLY CARE!

SEND TO ANY BENTON'S OFFICE
DO YOU KNOW WHAT YOUR HOME IS WORTH ON TODAY'S MARKET?

NAME _____ PHONE _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
Cash value 1/20th cent FREE MARKET ANALYSIS
Call us -- we'll tell you the fair price!
SEND TO ANY BENTON'S OFFICE

EASY ASSUMPTION \$59,950
Roomy 3 BR rambler in attractive North Hill area on a LARGE LOT. Freshly painted, almost new roof, beautiful new patio, attractive fireplace, and more! Assume balance of approx \$40,650 with below market interest. Call 243-8400 to see Ad S-13.

FHA OR VA \$48,500
4 BR home for the growing family on a tight budget. VETS can move in for ZERO DOWN. Also available under FHA for small down. Freshly painted inside. Fireplace. Corner lot with separate garage. Call 243-8400 today for more info on Ad S-14.

VIEW \$86,500
Beautifully remodeled large modern 2 story with terrific city and mountain view. 5 BEDROOMS, 2 full baths, ample yard with fruit trees, super insulation including double glass windows. CONTRACT TERMS with moderate down. Call 243-8400 for more details on Ad S-15

AIRPORT OFFICE 16015 Pacific Hwy. So. 243-8400
FEDERAL WAY OFFICE 31811 Pacific Hwy. So. 839-5300

BENTON'S REALTY INC.

"Quality Street"
"20 offices serving the greater Puget Sound area!"

112 Apts.-Federal Way

ONE AND TWO BEDROOM apartments. Unfurnished. 1650 S. 308th. 839-9168.
NICELY FURNISHED 2 bedroom, w/w carpet, washer, dryer, pool to Jan 1st. Adults. Avail. Sept. 1st. \$400 mo. 927-7849.
SINGLES OVER 30. One bedroom furnished. \$210. Federal Way Apartments, 31010 18th Ave. South. 839-4993.
LIBERTY LAKE, TWO bedrooms, \$279, 878-3342.
2 BEDROOM, w/w carpets, all appliances, balcony. \$255. 839-7693 after 6 p.m.

113 Apts.-W. Seattle, White Center

WHITE CENTER, on 16th S.W. Busline. Beautiful new building. 6 view units, 1 and 2 bedroom. Plush carpet, deluxe appliances and cabinets. Refrigerator, range, dishwasher, disposal, TV antenna, frplc. COVERED PARKING. \$310 and up. 941-2924 or 839-2992.
114 Apts.-General
LOVELY large 1 bedroom, plus den, for single or couple only, no pets \$245, 244-1188, 232-0579.

116 Multiplex

2 BEDROOM Large Condominium in Trindad South, Federal Way. For lease, all appliances included. \$350 per month. 1 year lease. South King Realty. 838-3310 or evenings 941-2458.
DUPLEX
Newer townhouse, large garage. 2 bedroom, 1 1/2 baths, fireplace, nice yard. Excellent Federal Way location. \$375. 941-6153.

134 Houses-Federal Way

LAKE FRONT Rambler. 3 bedrooms, 1 1/2 bath, 2 fireplaces, 2 car garage, landscaped \$525. First last and deposit. Available 8-10-79 878-2051.
EXECUTIVE HOME, Sound view, 1 year old. 3 bedrooms, 2 baths, close to bus and schools. No pets. \$575. 839-1204.
3 BEDROOMS, 2 full bath, family room, 2 car garage, fireplace, air cond., fenced yard, in Twin Lake area. Available early Sept. \$425 a month 941-1032.
3 BEDROOM Rambler with family room, rec. room, fireplace, fenced backyard, Cul-de-sac. \$390. First. last, damage deposit. 927-4502.
NEWER 3 bedroom: \$325. Also 2 and 3 bedroom townhouses and duplexes from \$275. Hours 10-6 Weekdays. 838-3497 or 827-6880.

134 Houses-Federal Way

SOUND VIEW, Executive Brick, 4 bedrooms, 1 1/2 bath, 2 fireplaces, 2 car garage, landscaped \$525. First last and deposit. Available 8-10-79 878-2051.
EXECUTIVE HOME, Sound view, 1 year old. 3 bedrooms, 2 baths, close to bus and schools. No pets. \$575. 839-1204.
3 BEDROOMS, 2 full bath, family room, 2 car garage, fireplace, air cond., fenced yard, in Twin Lake area. Available early Sept. \$425 a month 941-1032.
3 BEDROOM Rambler with family room, rec. room, fireplace, fenced backyard, Cul-de-sac. \$390. First. last, damage deposit. 927-4502.
NEWER 3 bedroom: \$325. Also 2 and 3 bedroom townhouses and duplexes from \$275. Hours 10-6 Weekdays. 838-3497 or 827-6880.

134 Houses-Federal Way

NEWER 4 bedroom, 2 1/2 bath, rec. room, formal dining, kitchen eating space, two car garage, fireplace, fenced, covered patio. Nice neighborhood. References. \$520. 838-1586.
3 BEDROOM SPLIT level 1800 sq. ft. 1 1/2 yrs. \$485 includes yard care. 927-2643, 9 a.m. - 9 p.m.
FOUR BEDROOM Nearly new on busline. 1 block school \$425. 3 bedroom, near Twin Lakes. \$385. 839-0355.
HOUSE FOR RENT 3 bedroom garage, w/w carpets, fireplace in Federal Way. \$400 month. Call 839-9121 or 767-3277.
3 BEDROOM water front, stove, refrigerator, Steel Lake first, last deposit, \$395, 2226 S. 308th 839-3777.

134 Houses-Federal Way

THREE BEDROOM, fenced, carpeted, range, refrigerator, garage, no pets, references, first, last, damage, \$325 839-3740.
TWIN LAKES, large 4 bedroom, split, completely finished. 2 fireplaces, carpet, drapes, range and oven, and dishwasher. \$525 1st and last mo. plus \$150 deposit. Lorena, Sportus Corporation. 838-9933. Evenings 752-6165.
AVAILABLE NOW 3 Bedroom, 2 car garage, large fenced yard in Federal Way area. \$400 ask for Ann at 941-2651 or 878-2648.
CLEAN and CUTE 3 bedroom rambler, family room, double car garage. Newly landscaped. \$425. First. last, plus \$200 security. 839-8827 or 941-3976.
4 bedroom 1 1/2 bath, wall to wall carpet, drapes, dishwasher, garbage disp. large fenced yard, \$550 month, deposit, references 433-0352.
3 BEDROOM, 2 bath, fireplace. 2 car garage. 1 year old. Clean, backs natural park. \$475. Ma. 838-3238.
TWIN LAKES: spacious 3 bedroom, like new. 600 sq. ft. extra room (4th bedroom) \$550 month. 838-9451.

134 Houses-Federal Way

THREE BEDROOM 1 1/2 bath, 1800 sq. foot. Double garage fireplace, w/w lawn trees, 4 years old, no pets, references, \$440 839-3740.
138 Houses-General
TACOMA, 2 bedroom, partly furnished, mature renters only. No dogs. 922-7196.
HOUSE FOR rent near Green River Community College. New carpets and paint, 3 bedrooms, family room, appliances, no pets, \$350 mo. Call 763-1235
CLEAN, 3 bedroom, 1 1/2 bath, family room, fireplace, fenced yard, cul-de-sac, \$425 927-4255

140 Condos, Townhouses

DELUXE TOWNHOUSE 2 bedrooms, 1 1/2 baths, fireplace self cleaning oven. \$350. 927-6343.
3 BEDROOM TOWNHOUSE. Federal Way area. 5 appliances, patio, covered parking, \$325 per month, includes garbage and water, no pets. 246-1985 after 4:30 p.m. or weekends.
TWO BEDROOM 1 1/2 bath, almost 1400 sq. ft. \$415. after 4:30. 838-9323 or 922-0259.
2 BEDROOM Condo, 1 1/2 baths, frplc, 5 appliances. Close to Southcenter & Airport. \$350. 242-5750.
DELUXE TOWNHOUSE Burien Sea-Tac area, 2 bedrooms, 1 1/2 bath, all appliances, Security, call for details evenings \$430 324-1165.
BEAUTIFUL NEW Deluxe Townhouse Duplex, near Twin Lakes. On busline, close to shopping. 2 bedroom, 1 1/2 bath, fireplace, garage, private patio, all appliances including self-cleaning oven, no-frost refrigerator. No yard work. No pets. \$365. 941-0385 evenings.
HOUSE/TOWNHOUSES all appliances Federal Way area, from \$275 to \$325 office hours 9-5, call for an appointment, 838-3497.
1 BEDROOM DUPLEX: \$235 mo. 852-4576.

MOBILE HOMES

202 Mobile Homes-Sale
BLEMOR, REX Elcar Classic. Ad-den den, 1255 ft. 2 baths, excellent condition. 838-9209.
1971 12 x 55 Tamarak, Skirting, awning, storm windows, screens, deck. Latched Camelot Square \$9,000 Cash 839-4758
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For used mobile homes set up in local parks, dial listing, purchase from the mobile home owner (We are not a dealer).
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Ask for Bill or Vance Modern listings 824-1552 824-4370

BEAUTIFUL WESTFAIR APTS. 2 BEDROOM \$260 838-9230

31001A 19th. Pl. S.W. in Federal Way. 2.3 miles west of Pacific Highway, on 312th. St.

BEACHWOOD APTS AT SEA-TAC

*walk to shopping center
*all electric. Own. disp.
*swimming pool
3445 South 160th 243-2777 Near Lewis and Clark Theaters

130 Houses-Burien

3 BEDROOM Contemporary, panoramic view, cathedral ceilings, secluded. \$425 per month. 1 bedroom \$275. Days Larry 242-9955, evenings 246-5872.
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If you like tenant hassles, that's your problem. If not, that's our business. Fulltime management service for homes, apts. Satisfied owner refs. avail. Westside Service 246-3950.

134 Houses-Federal Way

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LOVELY 4 bedroom, 3 bath executive area home. References, no pets. \$550 per month. 839-1480.

WANT ADS 839-9520

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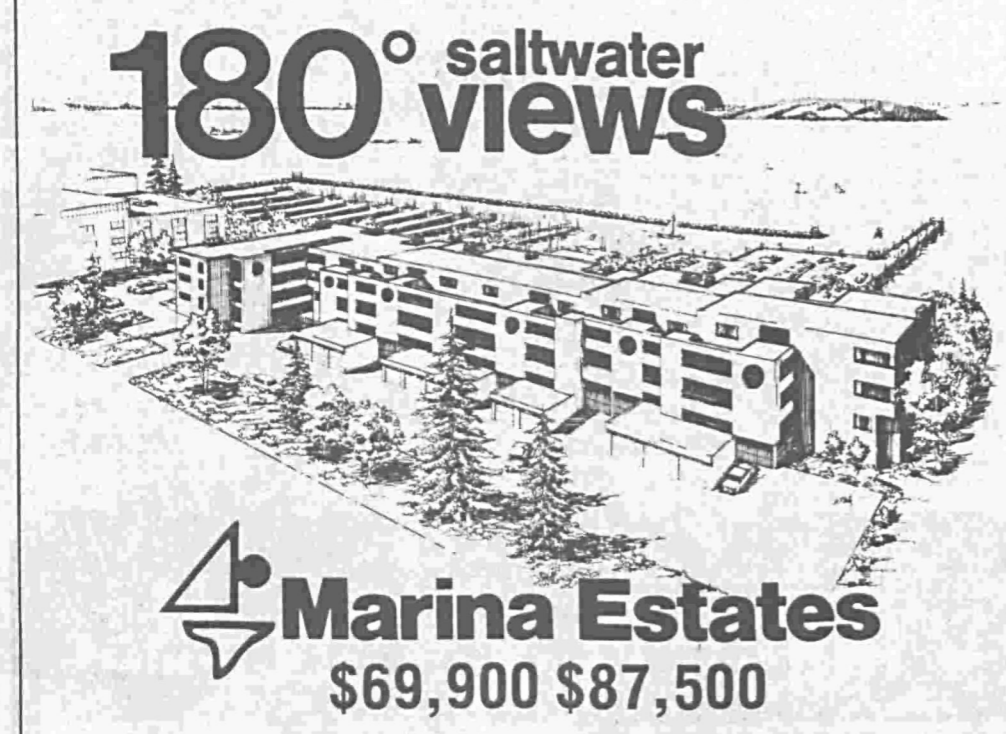
THE SEARCH IS OVER \$48,500
Super rambler in excellent area; newly painted & decorated thruout; 2+ bdrms, 1 full bath, extra big kitchen, frpls, attached garage; surrounded by beautifully landscaped yard. Call MURRAY DICK for appt. to see: 244-5900; eves. 248-0191.
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All deluxe units feature 2 large bdrms, 1 1/2 baths, all appliances & drapes, 3 storage rms, double windows, heavily insulated & covered prkg. plus 2 blks to all shopping. Call MAYNARD TRISLER, 244-5900.
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Coved ceilings, frpls & city/mntn view, daylight basement, garage & 4 bdrms. Near Boeing, 244-5900/246-7241 eves. Ask for KEITH DEWEY.
BURIEN RAMBLER \$67,000
3 bdrms, 1 1/2 baths, 2 eat. areas, fam. rm. & more - close to bus & shopping. Energy saving storm windows & extra insulation. Call DEE TOWE at 244-5900/878-8683 eves.
TO PLEASE A LADY \$81,500
SND & MTN VIEW
Beautiful contemporary home w/money wife pleasing conveniences; lrg kitchen w/skylight; 4 bdrms, 2 full baths, 2 frpls, lrg rec. rm., all newly painted & decorated. Call MURRAY DICK for appt. to see, 244-5900/248-0191 eves.
ALMOST NEW
Custom 3+ bdrm, 3 baths, 3 decks, 2 frpls, workshop, vac. system, stained glass & many more extras. Aking \$115,000. Call DEE TOWE at 244-5900/878-8683 eves.
LOTS/ACREAGE
Federal Way - Sewer/water/surveyed ~\$15,500
Kent/Renton - Sewer/water/level - \$16,950
Burien - 1-3/4 acre - seclusion/timber - \$36,000
For any of the above, call KEITH DEWEY, 244-5900/246-7241 eves.
RECREATION VIEW LOT \$5,500
Colony Surf-near Hoodspout zoned residential. Cleared for building. Call DEE TOWE, 244-5900/878-8683 eves.

Ron Turner Realty, Inc. 1425 South Puget Drive 228-2000

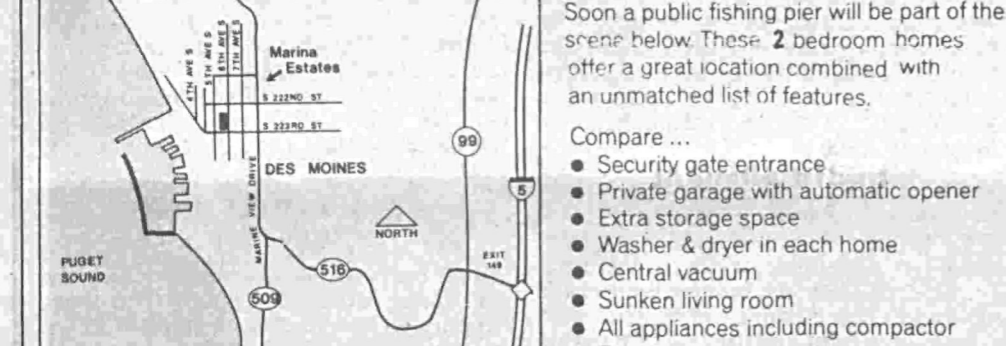
STOP LOOKING \$66,950
Where else can you buy a 3 bdr., 2 bath family home with rec room, 2 fireplaces & large fenced yard for such a reasonable price. Ad 102
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This custom rambler has plenty of room for everyone. 4 bdrs 2 baths, large dbl. gar., beautiful rec. room & so much more. Call on Ad 101.
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and not quite sure what to do next? If training is one of your immediate concerns, look at what Wallace & Wheeler has to offer. We have an intensive three week class, condensed to two hours a day, that covers everything your license class didn't. We also have an ongoing three-times-weekly class that covers salesmanship, prospecting and other relevant topics. There is no charge for these classes.
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Watch the sun set over the Des Moines Marina from your home at Marina Estates. Soon a public fishing pier will be part of the scene below. These 2 bedroom homes offer a great location combined with an unmatched list of features.
Compare ...
• Security gate entrance
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• Washer & dryer in each home
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GASP!!! Breathtaking View of Sound, only one block off beach. Huge Rooms with elegant floor to ceiling fireplace. Call for more information.
R.V. PARKING??? 2 story in one of the better areas - 4 bdrms 2 full baths up and 1/2 down plus family room and 2 car garage. Priced right at \$71,500.
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You'll never Believe the price vs. View of our 7 new beautiful homes by top Builders.
YOU'RE INVITED.... EASTVIEW VISTA- YOU'RE INVITED....
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They will be held open this Saturday and Sunday for your convenience from noon until dusk.....

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House on contingency - They've just bought a bigger one and need to move very quickly - 3 bdrm-1 plus bath-super clean and with swim pool. \$59,950.
Big house with lots of room, many bedrooms, and other rooms, lovely and hidden off in the woods. A real charmer. Close to everything. \$99,500.
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Real Estate Contract on this lovely all brick rambler. Large covered Patio with hidden backyard beautifully done inside and out.
Secluded Starter Home with Living room 21x18 lovely fence yard and shielded from view by lovely shrubs. 3 bdrms plus den \$59,950.
Century City Rambler-vacant and ready to move into. Priced right at \$55,950.
Outer Edgewood - small house on 1.65 acre huge barn and room to build a second house. \$69,500.
Stupendous view of Mountain and valley will consider FHA VA easily at \$69,950.

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941-3000 30390 PACIFIC HWY SO. 927-9300

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There's only a few two bedrooms left at the exciting new Habitat Condominium in Federal Way. Enjoy the beautiful courtyard complex, pool, clubhouse, saunas and jacuzzi. Habitat has a full energy efficient insulation package, pass-through kitchen design, washer/dryer hook-up and more!

5% DOWN AVAILABLE Immediate occupancy.

HABITAT CONDOMINIUM
1800 South 330th Federal Way, WA 838-4350

Driving South on I-5 take the South 320th Street. Federal Way exit. Drive West on 320th to Pacific Highway South, drive ten blocks South to South 330th Street, turn left approximately one block to the Habitat.

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WEST CAMPUS NEW HOMES
"0" DN. V.A. or F.H.A. TERMS

Quality brand new daylight basement homes. From \$72,250 to \$75,550. Offered to discriminating home buyers by United Homes in the Pacific Northwest's prestigious West Campus. These 3 and 4 bedroom homes feature deluxe oak veneer cabinetry, plush wall to wall carpeting and upgrade appliances. 10% conventional rates also available. Model home open every day from noon til 8:00 p.m. DIRECTIONS: Drive west on So. 320th to 6th S.W. and turn left.

FAMILY NEIGHBORHOOD 3 BDRMS. \$69,950
Immaculate tri-level family home with rec room finished in natural paneling plus a deluxe kitchen with Yorktown cabinets and eating area, separate dining, 2 baths and a large 2 car garage. This lovely home is located in convenient Yorktown neighborhood close to all schools and major shopping. Owner has bought another and is anxious to sell. 10% down financing available.

BUILDER PAYS CLOSING 3 BEDROOMS \$58,500
Brand new 3 bdrm daylight basement on quiet no-thru street in Federal Way. Is available for the New Flexible Loan Insurance Program that reduces your mortgage payment by as much as 25% the first five years with minimal down payment plus builder will pay all of purchaser's allowable closing costs.

4 BDRM. FEDERAL WAY FHA or VA \$60,950
See this new listing in a neighborhood of newer homes today. This never-lived in split entry offers plenty of room for extra parking, convenient location to neighborhood shopping, 4 bdrms., 2 baths plus owner will allow immediate occupancy rental on credit approval. SHOWN FROM OFFICE.

33100 PACIFIC HWY. SO. 927-2641 838-3136

332 Found

SMALL FEMALE, black lab. Yellow collar. White rear toes. 839-3206.

345 Notices

INDIVIDUAL BIBLE STUDY. If interested call 243-1180 and leave name, address & phone.

REWARD

For information leading to the apprehension and conviction of those responsible for robbery and destruction of this newspaper's public newsstands.

348 Personals

DAUGHTERS of American Revolution So. King Co. 839-1782

DIVORCE

We prepare all paper work, \$75. Call Divorce Services, 927-7804 or 272-2586.

Had any lately?

Little Anthony's Pizzeria SeaTac Village WE DELIVER 839-9630

WHO DOES IT HOME SERVICES

- 402 Appliances, 404 Asphalt, Concrete, 408 Carpentry, 410 Clean, Maintenance, 412 Electrical, 414 Bulldoze, Rototill, 417 Garden, Landscape, 428 Painting, 436 Sewers, Plumbing, 460 Instruction, Schools, 504 Temporary, Part-time, 509 Trades-Labor, 510 Medical, Dental.

406 Bldg., Remodeling

HOMEIMPROVEMENTS. Decks, cabinets, remodeling. Free estimates. Call Jay, 824-0416.

414 Bulldoze, Rototill

J D 450, combination, track loader backhoe. Lots cleared. foundation excavation, ditch work specialty. 243-8304.

416 Fences

CEDAR FENCING. Materials only or complete installation. 535-1497.

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LANDSCAPING, TILLING. Tractor work available. Now 922-6024, 838-2148.

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HANDYMAN Part-time, flexible hours. Must be experienced in minor repairs. Plumbing and some electrical. Perfect for retired individual. Contact F. Reilly, Olympic Crest, 878-2042.

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R & R PAINTING Residential, Commercial. Licensed, Bonded. Free Estimates. 839-8515.

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PLUMBING REMODEL. Repair. New. Free estimates. Licensed. Call 243-8520.

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CLERK-TYPIST. Part time. Local Trucking Co. Fee negotiable. 838-4808.

509 Trades-Labor

RELIEF COOK wanted in small hospital. Call 244-8100 between 8 a.m. and 4 p.m.

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CERTIFIED OCCUPATIONAL Therapy Assistant needed at Skilled Nursing Facility in Auburn. For more information, contact Green River Terrace Nursing Center, 833-1260.

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Beginner's Dream \$700 South Broaden your horizons by securing a position full of adventure! Enjoy phone, filing, plus more! Call Shaw, Renton Adams & Associates Personnel Service. 228-1966.

GENERAL OFFICE Entry level spot. Put those courses to work and earn while you learn. Light typing, some 10 key, super company. Good benefits. Start \$520 with raise 90 days. Call 852-6852. Char & Assoc. Employment 310 N. Central Suite F Kent

CAREER SPOTLIGHT VALLEY Nat'l firm needs math skills Career advancement, Benefits Great boss \$700 Call Beth

RECIPIENT/MPTIST Mfg office will train bright responsible person. Lots of variety \$700 Call Teri Moore

SALES Your auto parts knowledge & experience will help this dealer \$866 Call Phil Brown

SNELLING & SNELLING PERSONNEL 33427 Pacific Hwy So. 838-3205 952-3116

Typists SECRETARIES Call Kelly for the Best!

THE BEST JOBS Choose from dozens of long & short term temporary jobs--& no fee.

THE BEST PAY Your weekly paycheck can't be beat! Plus bonuses and vacations.

Please Call For Details! THE KELLY Girl People SERVICES RENTON FED WAY 226-9210 839-6067 Equal Opportunity Employer

512 Office

EXPERIENCED KEYPUNCHER, Southerner area. 575-1028. ONE PERSON OFFICE \$500+ Fee negotiated going co. apply by 10 a.m. See Lucille Acme Personnel 14021 Ambaum Blvd 244-8400.

GENERAL OFFICE \$615 Fee 1/2 paid, company training, room for advancement apply by 10 a.m. See Lucille Acme Personnel 14021 Ambaum Blvd 244-8400.

NIGHT AUDIT PART TIME \$3.50 hour, steep late, apply by 10 a.m. See Lucille Acme Personnel 14021 Ambaum Blvd 244-8400.

GENERAL OFFICE \$600 Fee on busines apply by 10 a.m. See Lucille Acme Personnel 14021 Ambaum Blvd 244-8400.

BOOKKEEPER \$1000 to start, knowledge of AR and AP and general ledger. Call 248-1806 or drop by at 236 S.W. 153rd. Placements.

FILE CLERK \$675 Fantastic beginner's position! Co. promotes from within. Light typing helpful, profit share, paid benefits. Call Lori. SNELLING & SNELLING PERSONNEL Renton 228-6500

BILLING CLERK Experienced in billing, ten key, dependable flexible individual will train, if good background in basics. Excellent benefits. 1/2 fee paid. \$600 up DOE. Call 852-6852. Char & Assoc. Employment 310 N. Central Suite F Kent

Dispatcher Delight \$800+ So. If you are returning to work, don't miss this unique combo of public contact and misc. variety! A good memory and quick-to-put-up are the key! Call Geri, Renton Adams & Associates Personnel Service 228-1966.

CAREER STARTER A bright future in banking can be yours. Personality and willingness to learn is the key. South. THE PERSONNEL SERVICE 839-2260

CUSTOMER SERV. \$750 Work in Traffic Dept, busy desk with variety. Enjoy phones and working with clients. Paid ben. plus discounts. Call Lori. SNELLING & SNELLING PERSONNEL Renton 228-6500

Bkkgng. trainee \$800+ Friendly co. offers a terrific career oppor., for the detail oriented! Fantastic fringe benefits. Call Paula, Renton Adams & Associates Personnel Service 228-1966

OFFICE +I \$900 Want to work at the airport? Use your typing skills to start. Fast advancement to customer service. And more! Call Cindy, 246-6610 Snelling & Snelling Personnel.

TYPISTS No experience necessary will train 50 w.p.m., excellent benefits and advancement opportunities attractive downtown Seattle location, friendly co-workers, \$650 plus depend on experience DOE M/F Fireman's Fund Insurance Co. Call 587-3200 ext. 252.

Trainee Cracker-Jack \$850 Bring your sunny personality and light typing for this rare office adventure. Lots of variety including learning on modern computer! A-Z benefits. Call Donna today! Renton Adams & Associates Personnel Service 228-1966

BOOKKEEPER Fee Nego To \$850 DOE Knowledge of automotive industry. Good bookkeeping background, mature, dependable. Good benefits. 852-6852. Char & Assoc. Employment 310 N. Central Suite F Kent

Customer Service \$900 No Fee Casual south end firm seeks your public relations talent for important desks! Learn on Telex, write up invoices, plus phone, fax, phone, phone. Call Wendy, Renton Adams & Associates Personnel Service 228-1966.

GEN. OFFICE \$695+ So. end co. needs well organized self-starter, able to work on own. Misc. office duties. Call Tracy. SNELLING & SNELLING PERSONNEL Renton 228-6500

SO. END RECEIPT. \$850 Fee paid! Honey voice for phones, and lite clerical abilities will love this front desk. Call Phil, 246-6610 Snelling & Snelling Personnel.

RECEPTIONIST - Annual Starting Salary \$8200.00 D.O.E. ACCOUNTING ASSISTANT - Annual Starting Salary - \$85 00.00 D.O.E. All applicants must have a minimum of 2 years previous office experience, ability to type 50+ wpm with fringed appearance. For further information please contact: J. Emunson CENTURY 21 REAL ESTATE OF WASHINGTON INC. 18000 Pacific Hwy. So. Suite 1010 Seattle, Washington, 98188 206-248-2100 E.O.E.

512 Office

ONE PERSON OFFICE, south. Excellent typing, some dictation. 762-3103, 772-4357. NEEDED PART TIME or full time Full Charge Bookkeepers for South King County location. Please send resume to P.O. Box 3392 Federal Way, 98003.

MANAGER TRAINER, Consumer finance. Must be outgoing and work well with people. 244-5992. PART TIME General Office & Bookkeeping. Salary related to experience. Burien area. Send resumes to Box H-5, in care of Federal Way News, 1634 So. 312th, Federal Way, WA 98003.

BKPR \$700 1/2 FEE PAID. Will train, Dece Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

CRT TRNE. \$550 to \$600 Lots of variety Dece Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

A/P AIR \$8528 Parking provided on busline, 50 employees, great lunchroom and restaurant. See Norma today Acme Personnel Services 1410 South 320th St. Federal Way 941-0300.

BRANCH REP. \$960 Career advancement opportunities call me today by 10 a.m. Norma Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

MARINE CLK TRNE \$650 Huge raises profit sharing, in business 50 years. Comm. today by 10 a.m. Norma Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

RECEIPT SECY \$700 to \$850 Exciting growth call today Norma Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

RECEPTIONIST \$8300 Meet lots of public, phones. Call Gerda Acme Personnel Service Kent Meeker Mall 854-2820.

TRAINER \$550 No experience necessary. No typing. Enjoy phones. Dispatching. Call Gerda Acme Personnel Service Kent Meeker Mall 854-2820.

SECRETARIES! Olsten Temporary Services invites you to coffee and donuts this week. Let us tell you about the unique benefits and bonuses given to Olsten Temporaries. We are recruiting experienced secretaries and typists, for a variety of assignments. In South King County and Tacoma. Our new "Buck Up" program for those rusty skills, is a proven success. We also have a special Golden O Club with free gifts to members. Olsten is located just one mile west of SeaTac Mall, on the corner of 320th St. & 1st Ave South. No appointment necessary. Office hours, 9-4 Mon-Fri.

CLERICAL \$800 Super co. needs your skills now! Type-phones-customer contact. Paid benefits. Call Tracy. SNELLING & SNELLING PERSONNEL Renton 228-6500

SECRETARY For Real Estate office opening soon in Burien. Part time, starting, expanding to full time. Some typing. Good benefits. Will train. Call Margie Cotter, manager, 954-5000.

KEYPUNCH OPERATORS Seafirst Computer Services Corp. accepting applications for full or part time experienced operators. CMC, exper. helpful. 583-6600. Monday - Friday between 10-12 for appointment. Salary Depends on Experience. EOE.

Glamour & Growth \$750 Complete training offered in exchange for a friendly smile and light typing! Enjoy plenty of VIP contact in this active plush office. Call Lee, Renton Adams & Associates Personnel Service 228-1966.

SECRETARY Career minded individual needed for this exciting challenging spot out going people oriented individual. Type 70 wpm, Dictaphone, excellent benefits and advancement potential to \$800 DOE. Call 852-6852. Char & Assoc. Employment 310 N. Central Suite F Kent

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512 Office

GENERAL OFFICE Start to \$1000 month, phones typing and filing. Prefer mature person. Call 248-1806 or drop by at 236 S.W. 153rd Placements.

RECEPTIONIST IMMEDIATE opening Part Time. Call Joy Brown, 854-9150. MAIL CLERK \$650 month light typing, and sorting mail. No exp. Call 248-1806 or drop by at 236 S.W. 153rd Placements.

COMPUTER OPERATOR \$900 to \$950 FEE NEGO. Apply by 10 1.m. Dece Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

PERSON FRIDAY \$800 to \$900 Learn collections no weekends. Apply by 10 a.m. Dece Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

SWITCHBOARD OPERATOR \$600 to \$700 1/2 FEE PAID Variety job, shop on lunch good teamwork see Norma today by 10 a.m. Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

PART TIME MED. RECEIPT. \$500 to \$500 FEE NEG. Flexible hours 2 days a week free. Nice dr. Call Norma today Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

BOOKKEEPER. 10 key by touch. Good figure aptitude, type 40 w.p.m. Approximately \$600 per month. 243-7871.

TYPISTS 70 words a minute, 10:30 am to 7 p.m., good benefits, salary to \$900 a month, call for appointment 246-9602

PART TIME typing, Dental office. 4 days per week. 824-4700.

ORDER DESK Positions with window covering manufacturer. Responsible for taking orders from leading design firms. Previous office experience required. Salary plus fringes, plus rapid advancement opportunities. Custom Built Programs. 762-5080. EOE

ADMINISTRATIVE SECRETARY. Must type at a professional rate of speed and accuracy. Have bookkeeping or accounting experience, take and transcribe dictation. Must have post employment experience in Education or Fine Arts. Writing, Proofreading, and Office Manager experience required. Background check or more of the interview also required. For interview appointment call Dr. Walter C. Wilson, Director of Washington State Cultural Enrichment Program. 622-7491 EOE

EXPERIENCED AGENCY personal lines girl, part time, 2 days per week, flexible hours, 838-1301 or 927-2655.

SMALL W. Seattle Manufacturer looking for Bookkeeper to do Accounts Payable, Accounts Receivable, General Ledger and some Taxes. 10-key a must and typing helpful. Modern office facilities and good benefits. Experience a must. Salary commensurate to experience. Please phone 938-0607 ask for John Vincent to set up apt. for interview.

SALES REP. 12K + COMM. No! local area! Unlimited earnings! Top benefits! Full expenses! What more could you ask for? Call Mike, 246-6610. Snelling & Snelling Personnel.

CAREER OPPORTUNITY Nationally known company is seeking sales representatives for this area. No travel, starting salary to \$18,000 plus incentives. Call Mr. McKay, New York Life, 854-3500. EOE

BUYER'S SECTY. \$850 Up Be right hand to merchandise buyer for big co. And learn more! Work near home and use co discounts to beat inflation. Call Phil Kay, 246-6610 Snelling & Snelling Personnel.

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514 Sales

5 WOMEN NEEDED to show Copper by Candlelight, average \$7-10 an hour, cor 2-3 evenings a week necessary. 244-7217. HELP WANTED Office Lady at Sea-Tac Fineside Shop 32700 Pacific Highway South Monday through Friday.

RETAIL MGT TRAINER. \$900 base plus excel. comm. Outgoing personality and sharp dresser needed. And light sales. Call 248-1806 or drop by at 236 S.W. 153rd Placements.

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518 Techn., Professional

STYLISTS WANTED, full time, must have manager's license. 244-5190. TEACHING POSITION open for certified teacher who really cares about kids. 2:30 to 5:30. Call 833-1430. Academic Learning Center.

EXPERIENCED Hair Stylist Needed. Full time. Burien-White Center area. Manager License. Fun, up-to-date shop. 243-2363 ask for Kay.

BEAUTICIANS licensed for styling or shampoo section. Guarantee plus commission. Paid vacation and holidays. Full or part time. West Seattle 937-9400 Burien 243-1660. Renton 271-1230.

LAUNDRY PERSON and Driver, must have valid WA State Drivers License, Monday-Friday, 3 p.m. to 11 p.m. for 80 unit motel. Starting rate \$4.00 per hour. Call 244-3551

PLANT NURSERY Aide, experience preferred. Call Ann between 9 & 4. 244-5109.

FULL TIME qualified landscape person, references. 246-7288.

BLUE JEAN work, need energetic, dependable people, full time, young company careers grow w. m. with us. Call between 8 and 5, 243-5210.

PART TIME and full time help wanted. Mary Loppets, 246-1910.

FOOD MGT TRNE \$13 to 15K FEE I need you today Dece Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

ARCHTECH. DRAFTSMAN \$717 work close to home advancement here. See Norma today Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

SILKSCREENER \$607+ No weekends, apply by 10 a.m. Dece Acme Personnel Service 1410 South 320th St. Federal Way 941-0300.

LIGHT DELIVERY positions available. Must be neat, drive economical vehicle, and know Seattle and surrounding areas. Call 246-4993 or come by 15203 Military Rd. S.

NEED NURSERY attendants. 9:30-12:15. Sun. 838-1719.

WANTED HANDICAPPED man or woman or anyone on fixed income or needing an extra income. Apply Daily 2:30 - 5:30 am. If interested, please call 244-6743, ask for Jim, wage open.

CARING PEOPLE needed to perform light housework for the elderly \$3.25 per hour, part or full time. Call 625-1085.

MECHANICS, Heavy equipment operators & medical training. avail. to qualified high school students & grad. Call 839-6900 WA, ARMY NAT'L GUARD.

RIVERTON HEIGHTS BURGER KING for 11:30 to 2:00 Part Time Only. Apply in person, 15036 Pacific Highway South.

HOMEMAKERS-MONEY! TOY AND GIFT PARTIES Fun, profit, part or full time. Show toys on gift party plan now to December 1, free kit, no collecting, delivery or cash in advance need car, detail with our obligation 839-1931

WANTED DIST. MANAGER For Federal Way News. Must be over 18 and have dependable transportation. Experience preferred but not necessary. Apply in person, Circulation Office, 1634 South 312th. Serious applicants only, please.

522 Miscellaneous Jobs

FULL TIME Help needed - Manhattan Dairy Queen. 18727 1st Avenue So.

HOUSE SITTING - We're remodeling our home from Aug. thru Oct. & would like to house sit during that period. Working couple with no children. References available. Call 941-0510.

DO YOU ENJOY ARTS AND CRAFTS? Could you use extra money? Then call Donna 927-8967

PERMANENT PART TIME HELP. 4-5 hours per day, ideal for housewife. No students, inquire at Century City Dry cleaners, 3206 1st. Hwy. So. From 7:30 to 2:30.

ORGANIST FOR Growing Church. Contact, 927-6525.

USED SERVICE MEN AND WOMEN. You might not be told to qualify. We have a part-time job with full-time benefits. Get in on a fine pension plan, low-cost life insurance, and valuable technical training in an exciting career field. Just get in touch with Woody, your Washington Air National Guard representative at 764-4298.

FINANCIAL 600 Mortgages-Sale 610 Money to Loan 616 Insurance 614 Investments 620 Bus. Opps/Wtd. 622 Bus. Opportunities

612 Insurance INSURANCE AGENT For Savings & Loan Insurance Office in Burien. Salary Depends on Experience. Apply immediately to Tim Russell, Home Savings & Loan, 15111 8th Ave. S.W., Burien, 433-6280.

622 Bus. Opportunities BUILD YOUR own business with car and insurance in your future. 922-6024, 838-2148

EARNING OPPORTUNITY. \$6.00 to \$8.00 per hour. Car and phone necessary. Fuller Brush, 248-1747.

ANWAY DISTRIBUTOR is helping many person earn money working 2-4 hours a day. We can help you. For an interview, call 226-6217.

A VENDING ROUTE. Own and operate your own vending route. 4-10 hours weekly. Company Instructional Manual and Location set. Minimal investment of \$1211 to \$26,177. Call Toll Free 1-800-237-2806 Sun, 7 a.m. - 3 p.m. Mon - We 9 a.m. to 6 p.m. Thur & Fri 6 a.m. - 2 p.m.

MERCHANDISE 700 Office Equip-Supply 716 Australia 718 Antiques 719 Auctions 718 Garages Sales 718 Sporting Goods 720 Wanted To Buy 722 Food 724 Plants, Supplies 728 Fuel, Heating 728 Hobbies-Crafts 744 Musical Instruments 746 Stereo, TV, Radio 750 Appliances 752 Furniture 754 Building Materials 758 Machinery, Tools 760 Miscellaneous 770 Merchandise Rentals 780 Kids' Ads.

700 Office Equip., Supply IBM ELECTRICS and other typewriters. New and Used. Portable. Sale. 878-2100. College Typewriter Shop. Des Moines.

SHARP NO. 710 piano bond coupon, just serviced in excellent condition, call 854-9771, 8-12 a.m. weekdays.

NEW 3M Desk Copier, \$85 244-0271.

712 Antiques Another truck load of super American Antiques from the East will be on sale Saturday and Sunday 12-6. Welch's Antiques 34300 Pacific Highway South Federal Way, MC. Visa 838-4622, 838-0797

ANTIQUE GARAGE SALE by Seattle Regular Baptist Cheerleaders, 9411-45th S.W. 10 a.m. to 4 p.m., Aug. 17th & 18th.

YARD SALE Starts Aug. 25th. Weather permitting. Fabric, collectibles. 14618 8th Ave. S.W. Burien.

712 Antiques

OLD ROUND SOLID OAK table, 45 in., \$325 firm, assorted press bed oak or maple chairs, some with oak, reasonable restored solid oak office chair, \$65 246-4372.

REFINISHING and WOODCRAFTING Unlimited. Antique restoration our specialty. Stripping and refinishing at its finest. 28 years experience. 838-9995.

ANTIQUES, SHOP going out of business. Terrific values, oak walnut, mahogany. Noon to 5 daily till close-out. Other times by appointment. That's My Desire, 28015 SE 432nd 825-3227. Enumclaw.

WELCH'S ANTIQUES. Large variety of American Antiques. Open Saturdays and Sundays, only 12-5 Master Charge. Visa. 34300 Pacific Highway So. Federal Way. 838-4622, 927-9898, 838-0797.

YARD SALE Starts Aug. 25th. Weather permitting. Fabric, collectibles. 14618 8th Ave

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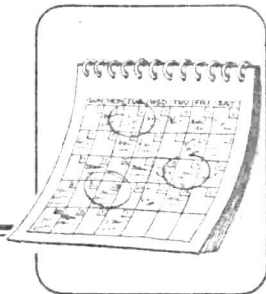
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Des Moines News

To Subscribe In Des Moines 824-4470. Federal Way 941-4400

Community Calendar

what's happening



PUBLIC MEETINGS
Des Moines City Council (second and fourth Mondays, each month, 7:30 p.m.) Regular meeting at Des Moines City Hall.
Des Moines Planning Commission (first Monday, each month, 7:30 p.m.) Meeting at Des Moines City Hall.
Federal Way Community Council (each Thursday, 7:30 p.m.) Regular meeting in the Lakeside Professional Building, 30819 14th S. (Lower Level).
Water District 54 (first Monday each month at 6:30 p.m. and third Monday of each month at 8:30 a.m.) Regular meeting, 922 S. 219th St.
Federal Way School Board (second and fourth Mondays, each month, 7 p.m.) Regular meeting at Educational Services Center, 31455 28th S.

COMMUNITY EVENTS
South End Singles (8-24, 9 p.m.) Crestview Center, 16200 42nd Ave S., phone 839-1519 for additional information.
Adelaide Elementary School Grounds Clean-up (8-25 and 9-1, 9 a.m. to 3 p.m.) Bring garden tools.
Alcoholics Anonymous (Tuesdays and Thursdays, each month, 10:30 a.m.) Ancient Mariner, 31140 Pacific Highway S.
Altrusa Club of South King County (first and third Tuesdays, each month, 6 p.m.) Dinner meeting at the Fog Cutter South.
Centerstage Actor's Workshop (every Thursday night, 7:30 p.m.) Federal Way Elks Lodge, 31405 18th Ave. S.
Chapter No. 937 of the American Assn. of Retired Persons (every second Tuesday, 1:30 p.m.) Regular meeting at the Senior Citizens Center, 33324 Pacific Highway S.
Evergreen Conestogas 4x4 Club (second Wednesday, each month, 7:30 p.m.) Meeting, Auburn Park, for additional information call Sandy McKee at 927-7188.
Des Moines - Zenith Orthopedic Auxiliary (first Thursday, each month) Board meeting in homes; (third Thursday, each month, noon) General meeting at Des

Moines United Methodist Church.
Des Moines Lodge 245 F and AM (second Thursday, 8 p.m.) Des Moines Masonic Temple, 2208 S. 223rd St., William Exley - 878-4387, Richard Neal, secretary - 824-1485.
Des Moines Garden Club (first Monday each month, 10:30 a.m.) Meeting, Des Moines United Methodist Church.
Evergreen Bridge Club (every Thursday, 10 a.m.) Open franchise duplicate, 1346 S.W. Dash Point Road, call 927-0244 for additional information.
Experimental Aircraft Assn.-Green River Chapter 441 (third Thursday, each month, 7:30 p.m.) At hangar at 17603 S.E. 292nd Place, Crest Air Park.
Federal Way Aerie 3812 FOE (first and third Tuesdays, 8 p.m.) Lakeland Community Club, 4016 S. 352nd St., new meeting place.
Federal Way Auxiliary FOE (first and third Wednesdays, 8 p.m.) Regular meeting held at Lakeland Community Club, 4016 S. 352nd St.
Federal Way Evenings Lions Club (first and third Wednesdays, 7 p.m.) Held at the Fog Cutter South.
Federal Way Kiwanis Club (each Wednesday, noon) Regular meeting held at the Fog Cutter South.
Federal Way Jaycees (second and fourth Mondays, each month, 8 p.m.) Meetings held at Jaycee Clubhouse, Federal Way Shopping Center.
Federal Way Noon Lions Club (every Tuesday, 12:15 p.m.) Meeting held at the Fog Cutter.
Green River Chapter Barbershopbers (Tuesdays, 7:30 p.m.) Tryout prospects - singing quartets, held at Star Lake Improvement Club, South 272nd and Military Road, Kent-Federal Way.
Heart Association (9-4, 9-5, and 9-6, 7 to 10 p.m.) CPR class, contact Ray Barnett, 927-8458, Federal Way Library.
Heritage Toastmistress Club (second and fourth Tuesdays, each month, noon) Meeting held

at the Royal Fork, 31845 Pacific Highway S.
Highline Business and Professional Women (first Wednesday, 7:30 p.m.) Board meeting in homes; (second Wednesday, 6:30 p.m.) Dinner meeting at Black Angus in Burien.
Hi-Way Toastmasters (Thursdays, 7 p.m.) Visitors and guests welcome, Pacific Junior High, 22705 24th Place S.
Mary Bridge Seech and Hearing Center (Tuesdays, Thursdays and Fridays, by appointment) Free speech and hearing screening, call 839-3470 for appointment, 2450 Star Lake Road.
Omega OES 259 (first and third Wednesdays, 8 p.m.) Stated meeting, J. Smith, secretary, for information call 878-8166, Des Moines Masonic Temple.
Outriders Off-Road Vehicle Club (second Wednesday, each month, dinner at 8 p.m.; Fog Cutter South, 31211 Pacific Highway S., for additional information call Dick Luzziack at 839-1234 or Don Emerson at 839-2459.
Overeaters Anonymous (each Monday, 12:30 p.m.) King County Multi-Service Center, 2450 Star Lake Road; (each Thursday, 7:30 p.m.) Trinity Reformed Church, 3807 S. 260th St., call Betty at 878-3027 for additional information.
Puget Sound Kiwanis Club (every Tuesday, 7:30 a.m.) Meeting held at Denny's Restaurant, 2130 S. 320th St.
Pyramid Assembly 251, Rainbow Girls (first and third Thursdays, 7 p.m.) Pyramid Temple.
Pyramid Court No. 88 (fourth Friday, each month, 8 p.m.) Regular meeting, Pyramid Masonic Temple.
Pyramid OES 257 (second Thursday, each month, 8 p.m.) Pyramid Masonic Temple, 1700 S. 340th St.
Recovery Incorporated (every Thursday, 7:30 p.m.) Self-help mental health group, Auburn YMCA, for information call 631-8518.
Soroptimist International of Federal Way (each Wednesday, 7:30 a.m.) Fog Cutter South, 31211 Pacific Highway S., no meetings on fifth Wednesday of the month.
Square Dance Lessons (every Wednesday, 8 p.m.) McMicken Heights Improvement Club, 3730 S. 168th St., sponsored by the Golden Nuggets, the public is invited, for more information call Karl Bargmeyer at 244-6199 or Bill Gulden at 244-0603.
Shufflers Four Square Dance Club

(summer schedule: first and third Thursday, each month, 7:30 to 10 p.m.) Fun level dancing, caller Hank Johnson, Edgewood Grange, 55 and N. Meridian, Puyallup; lessons will start Sept. 6, for information call 927-1837 or 941-0662.
Sweet Adelines Puget Sound Chapter (every Monday, 7:30 p.m.) St. Elizabeth's Church, 10th and 152nd Street.
Swamp S5omper Square Dance Club (second and fourth Tuesdays of each month, 7:30 p.m.) Club level square dances, Hank Johnson, caller, Camelot Mobile Home Park, Recreation Hall, call 839-3727 for information.
TOPS (Take Off Pounds Sensibly), No. 158 (each Thursday, 7:30 p.m.) Steel Lake Presbyterian Church, 1829 S. 308th St., use lower parking lot, for information call 927-4628, 839-8148 or 852-8919.
Tops Chapter 555 (each Thursday, weigh-in at 6 p.m.) Meeting held at Des Moines First Baptist Church, 22415 19th Place S., call Jan Keener, 824-5751 or Mona Downes, 824-1290 for information.
Tops Chapter 642 (each Monday, 7 p.m.) Babysitting will be available, call Jackie at 927-8544, Federal Way United Methodist Church, 29645 51st S.
TOPS Chapter 780 (each Thursday, 10 a.m.) Des Moines United Methodist Church, call 878-8107 or 878-3410 for information.
Washington State Chapter of National Association of Retired Federal Employees (every third Tuesday of month, noon) Sixth Avenue Baptist Church, Sixth and Fife in Tacoma.
Widowed - New Life Group (every third Tuesday, 7 p.m.) For all widowed persons, regular meetings held at the White River United Presbyterian Church, 526 12th St. S.E., Auburn, for additional information call 927-6287 or 833-2990.
Dale Leroy Watkins Auxiliary for Children's Orthopedic Hospital (fourth Monday, each month) Meetings in members' homes, contact Terry Engelstad at 839-7174.

South Seattle Mothers of Twins (second Wednesday, each month, 7:30 p.m.) Members' homes, for information call 839-9321.
Zeta Phi (8-25, 10:30 a.m.) Beginning day brunch, 1312 S. 295th Place.
South End Singles (9-1, 9-7, 9-14, 9-21, 9-29, 9 p.m.) Dance, Crestview Center, 16200 42nd Ave. S., phone 839-5151 evenings for more information.
RELIGIOUS EVENTS
Redondo Community Church (Lutheran Brethren) (each Wednesday, 7:30 p.m.) Ken Tohrick to lead study series on Book of Proverbs, 27908 10th Ave. S. - Redondo.
Burien Evangelical Church (8-26, to 8-29, 7 to 9 p.m.) Vacation Bible school, Dr. Frank Powell, speaker, classes for all ages, 500 S.W. 145th St.
Sisters of the Visitation (8-25, 2 to 4 p.m.) Reception in observance of 100th anniversary of founding of their community, 3200 S.W. Dash Point Road.
Carol Marrott's Christian Weight Control Seminar (9-8, 9 a.m. to 4 p.m.) "More of Christ, Less of Me" topic, cost \$15, pre-register by calling Charlotte Glisson at 941-2466, Federal Way Christian Church, 941 S. Dash Point Road.
Browns Point United Methodist Church (Church school at 9:30 a.m. and worship at 11 a.m.) 5339 Browns Point Blvd. N.E.
Camelot Evangelical Free Church (each Wednesday) Family night, classes for young people, prayer and Bible study for adults, 29926 37th S.
DES MOINES LIBRARY
Jazz Trio (9-5, 7:30 p.m.) At the library.
"Free To Be You and Me" Celebration (8-28, 10:30 a.m.) For Super Readers.
FEDERAL WAY LIBRARY
"The Fabulous Fable Factory" (8-29, 2 and 4 p.m.) A free program for children of all ages, the show is a collection of short plays adapted from Aesop's Fables, at the library, 848 S. 320th St.
Photography Exhibit entitled "Perceptions of Childhood" (8-16, to 9-7) Sponsored by the

Canadian Consulate, at the library, 848 S. 320th St.
SENIOR CITIZENS
Arts and Crafts (Mondays, 11:30 a.m. to 1:30 p.m.) At center, bring sack lunch, fourth Monday luncheon out, 33324 Pacific Highway S.
Bowling (Fridays, 10 a.m.) At SportsWorld.
Cards (Poker) (Monday through Friday, 10 a.m.) At center, 33324 Pacific Highway S.
Ceramic Classes (Tuesdays, 11 a.m. to 1:30 p.m.) At center.
Noon Luncheon (each Thursday, 12:15 p.m.) Make reservations by Wednesday, 2 p.m. at center.
Homemakers Club Monthly Meetings (third Wednesday of month, 10 a.m.) At center.
Pinocchio (Wednesday, 12:30 to 3 p.m.) At center.
Transportation provided to all activities of the center and for routine shopping and doctor appointments within the Federal Way area. A three-day advance notice for appointments and a one day advance notice for shopping required, for additional information call Gwen at 927-9031 or 838-3603.
CHAMBER OF COMMERCE
Ambassadors (8-22, 11:30 a.m.) Fog Cutter South.
"One Enchanted Evening" (8-22, 7 to 10 p.m.) Enchanted Village.
MULTI-SERVICE CENTER
Blood Pressures (8-22, 3 to 4:30 p.m.) Camelot Square, 3801 S. 288th St.
Foot Care (8-22, 1 to 4 p.m.) \$2 charge, sign up at center, Enumclaw Senior Citizen Center, 1730 Wells St.
Well-Child Clinic (8-22, 8 a.m. to 4 p.m.) Call 833-8400 for appointment, Multi-Service Center.
Foot Care (8-23, 10 a.m. to noon) \$2 charge, by appointment 838-3603, Federal Way Senior Center, 33324 Pacific Highway S.
Foot Care (8-23, 2 to 4 p.m.) \$2 charge, call for appointment 931-3016, Auburn Senior Citizen Center, 910 Ninth S.E., Auburn.
Immunizations (8-24, 1:30 to 4:30 p.m.) Multi-Service Center.
Blood Pressures (8-24, 1 to 3 p.m.) SeaTac Mall by the information booth.

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Boeing HQ

Appeals seek rezone denial

by Carolyn Logan

Three appeal arguments have been submitted to challenge the County Zoning Examiner's recommendation in favor of rezoning in favor of the Boeing Headquarters, proposed for a site west of Sea-Tac Airport.

Appellants are the Westside Hilltop Survival Committee, the "Westside Residential Community" (WRC) and Boeing itself. The WRC is a proper name for a group of residents who live west of the airport. The group does not represent all homeowners living west of the airport.

Boeing is not appealing the recommendation for a rezone from single family to maximum density multi-family (RM 900). Instead, the firm wants to lift the restriction on the number of flights permitted for the helicopter. Examiner Bruce Loring recommended granting an unclassified-use permit, subject

to limitations, including no more than 10 takeoffs and 10 landings per week.

The Westside Hilltop Survival Committee asks that the rezone and permit be denied.

THE COMMITTEE'S grounds for the appeal are that the rezone "constitutes special-interest legislation and spot zoning."

In addition, the committee's lawyer, Roger Leed, charges that the Environmental Impact Statement "is legally insufficient."

Leed claims that the proposed rezone involves a 30-acre site, despite a County Council ordinance that restricts rezoning for the headquarters to a five-acre area within the 30 acres.

The 30 acres were designated for open space in the Highline and Sea-Tac Communities Plans, but the plans were amended by the County Council to permit the headquarters. The site, east of 12th Avenue South, between

South 167th and 172nd streets, if extended, was envisioned as a buffer between the airport and the Westside residential community.

"If the Zoning Examiner's report is accepted," Leed argued, "there will obviously be a conflict between the Highline Communities Plan and the rezone, since the rezone will embrace 25 acres beyond that affected by the plan change, assuming, for the purposes of this argument, that the plan change is valid."

In conjunction with the initial application, Leed filed lawsuits against Boeing, King County and the Port of Seattle (the landowner) in Superior Court. The King County-Boeing case is scheduled for a court hearing on Oct. 8. Leed's appeal raises many of the same issues as in the two pending suits.

The committee's recommendation passes to the County Council

for final action, except that the council's decision may be appealed to King County Superior Court.

THE NEXT step is for appellants to present oral testimony before the County Council's Land Use Appeals Committee. Scheduling a public meeting before one of two parallel committees usually entails several weeks.

BOTH LEED and Pauline Conradi, on behalf of the Westside Residential Community, issue a challenge on one key point: Proponents need to demonstrate that conditions have substantially changed since the original zoning.

Mrs. Conradi, a Westside resident, cites a State Supreme Court case, Parkridge vs. Seattle, in which the high court reversed Seattle's decision on a rezone.

The court held that the applicant must meet the criteria of burden of proof, demonstrating

conditions have changed, according to Mrs. Conradi.

"The only change in our neighborhood or the intended rezone area was the purchase of the rezone land from homeowners to place it in a greensbelt buffer area," she protests.

She points out the abrupt zone transition: Across the street from the site is single family zoning. Zoning plans generally call for gradual transition between different densities.

Mrs. Conradi also asks for denial of the rezone.

The examiner's report states that "A total of no more than five acres of ground area shall be utilized for all of the proposed structures to be located on the subject property."

Leed also objected to the rezone, claiming that it conflicts with a King County Comprehensive Plan policy which provides that open space not be diverted to non-open space use.

Pastor installed

The All Saints' Lutheran Church, 27225 Military Road S., will install their new pastor, The Rev. Paul A. Chell, on Aug. 23, at 7:30 p.m.

The installation ser-

vice will be conducted by Rev. Dr. A.G. Fjellman, president of the Pacific Northwest Synod, Lutheran Church of America. A reception will follow the service.

Pastor Chell comes to this community from Spokane, Wa. He will conduct his first Worship Service at All Saints' at 10 a.m. on Aug. 26.

Students must be registered

With Highline District schools opening Wednesday, Sept. 5, parents and guardians of kindergarten age children or of older students new to the Highline District are reminded by district officials to register the students at the school they will be attending.

Although a registration appointment is not necessary, parents should call the school their child will attend to check on office hours. School telephone numbers are listed on page 19 in the blue section of the Seattle telephone directory and on page 21 of the white section of the South King County directory. For other school information, parents may call 433-2287 from 8 a.m. to 4:30 p.m. weekdays.

Children who will be 5 years old on or before Sept. 15 may be enrolled in kindergarten. The child need not be present for registration, but parents will need the child's birth certificate or other proof of birthdate and a record of the child's immunization against childhood diseases. First-graders who have never been enrolled in school before will need this same registration information.

All enrolling students should be current in vaccinations against polio, measles, mumps, rubella, tetanus, diphtheria and whooping cough. Washington state regulations require evidence of their children's immunization status when enrolling them in school. Record of immunization forms are available at each school office. Immunizations are available at minimal cost at the Southwest District Health Service office, 10821 Eighth Ave. S.W., 244-6400.

Junior and senior high school students new to the district should check with their individual schools regarding registration times, dates and procedures. Incoming students are urged to bring a transcript or grade report from the previous year to aid in their placement.

Browns Point United Methodist and Resurrection Lutheran Churches (7-25 to 7-27, 9:30 a.m. to 11 a.m.) Cooperative Vacation Bible School, call 927-3301 or 922-0890, Browns Point United Methodist Church, 5339 Browns Point Blvd. N.E.

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Where was the system when Tom Haskell needed it?

by Terry Finn

Tom Haskell's life was a merry-go-round. Spinning round, up and down, from place to place he went.

A diagnosed schizophrenic with a potent tendency toward self-destruction, Tom's entire adolescence was a circular odyssey in search of help.

Tom was a difficult case for the mental health system. He couldn't cope with life, and the system couldn't cope with him.

In and out, in and out, Tom, through the deteriorating processes of his mind, watched the world become a blur—a merry-go-round which he badly wanted to get off. And, finally, he did.

On Saturday evening, July 21, Tom Haskell climbed over the rail of the 12th Avenue South bridge and plummeted to his death 100 feet below. He was 18 years old.

Later that night, Beth Haskell stirred her husband "Reg" gently from his sleep to tell him that two men from the county coroner's office were standing on the front porch. They brought the news of Tom's death and a brown envelope containing Tom's "personal effects"—two dimes, a nickel and two pennies.

FROM THE living room of the Haskell home at 3237 37th Ave. S.W. you can see Harborview Hospital. Tom went there the night of his death, a single day after being discharged from University Hospital as "no longer psychotic." He asked about the van which shuffles patients from Harborview's mental health unit to Western State Hospital in Tacoma, but was told the van did not make the run on weekends. He asked no more questions; neither did anyone at Harborview.

He called his parents' home in West Seattle asking, as he had on several previous occasions, if his mother could take him to Western State.

Over the years, the Haskell family had been counseled many times to allow Tom to take responsibility for his own life, not to interfere too greatly in his problems. His mother was away babysitting, Mr. Haskell explained to Tom.

"He didn't say anything special, didn't indicate he was desperate—just said, 'Okay, so long, Dad.'"

"It would have taken him just about half an hour to walk from Harborview up there down the hill to that bridge," said Mr. Haskell with a nod to the giant hospital looming on the hill eastward across the Duwamish Valley.

WHEN THE merry-go-round stopped for Tom Haskell, it stopped for his parents, too. In their

grief is a mix of relief.

"We've been around and around with this thing so many times; we don't mind talking about it if it will help someone else—that's what we care about," said a subdued Reg Haskell, adding, "One thing we've learned, there are a lot more Toms out there. We've been relieved of ours, but we don't want others to go through what he or we did." Mr. Haskell was speaking of events in the past three or four years such as:

—Tom's repeated attempts to do harm to himself by overdosing on his prescribed medications, slashing his wrist, or once even setting a fire in his bed.

—Spending three nights a week for several weeks driving across Lake Washington to visit Tom in an alcoholic treatment center and attend "Al-Alon" meetings with him, even though alcohol was not his problem. It happened to be the only place they could get Tom into and off the street at the time.

—Seeing their son spin round and round the mental health circuit through more than 15 institutions, centers or hospitals in three years, some of them several times each. Tom's was a well-known face on the "treatment beat."

—Having seen their son sent to juvenile detention in handcuffs after he set his bed on fire at a treatment center.

—Having Tom home for Christmas and seeing him so overmedicated he could not speak properly and seeing the tears streaming down his cheeks.

NO, THE Haskell family has few fond memories of recent years. The \$20,000 psychiatric benefit for dependents on Mr. Haskell's insurance policy was exhausted long ago. The strain forced Mrs. Haskell to quit her job as a nurse.

"I didn't know what was going on when all this first began to happen. I was in a daze most of the time," spoke Mr. Haskell. "I knew when to get up, go to work, and come home. Work made it easier to take. It was her, (pointing to his wife) ... she took the brunt of most of it. She would be the first one to receive the bad news, and then she would have to tell me when I came home."

Mrs. Haskell spent many, many hours and hundreds of dollars in phone calls attempting to get her son placed in treatment facilities in other states that had been recommended by psychiatrists for Tom. None would accept him.

Tom was turned down for an interview at Western State's Child Study and Treatment Center, but Mrs. Haskell appealed to a friend in high elective office, who in turn prevailed upon Western State.

The interview was granted, but Tom was rejected anyway.

IT ISN'T AS though the Haskell family believe everyone should have accepted their son with open arms. They know that his self-destructiveness made him hard to treat. What they wonder, though, is if the difficulty of Tom's case didn't make him too much of a hot potato in the hands of various agencies unwilling to have another hard case on their hands.

The clincher came when Tom, after spending three months at the Green Hill School, a state facility for delinquents near Chehalis, was paroled and scheduled to enter a program at the University of Washington Hospital. Someone, somewhere, dropped the ball, for the appropriate arrangements were never made, and Tom was simply driven to Seattle and dropped off. Still under the state's jurisdiction as a juvenile parolee, Tom spent the first nights of his parole on Third Avenue in the Morrison Hotel, a downtown fleabag.

"It was worse than the worst horror story," commented Ron Marpert, an attorney with public defender's office who handled Tom's case. The state's lack of awareness was appalling, he added.

Said Marpert: "Everybody that dealt with Tom ended up hating everyone else; it was that screwed up."

"There's something wrong with a system that can do that," commented Mr. Haskell, and his wife added, "That's one of the big problems: What happens to these people after they leave the ward doors."

MRS. HASKELL has been working with the Washington Advocates of the Mentally Ill (WAMI), which has sought to broaden the Civil Commitment Law and make it easier to hold and evaluate voluntary patients who may be in need of treatment. Both the Haskell family have been in touch with State Senator Phil Talmadge who helped to sponsor legislation amending the civil commitment procedure.

"I think the law will help us to hold them a little longer for evaluation and provide more coordination between institutions and community mental health agencies," Talmadge said. As the chairman of a special subcommittee on mental health, Talmadge is holding public meetings around the state to discover the problems people have in dealing with the mental health system.

"What we're finding is that there is often very little follow through when a patient leaves a

facility and poor coordination between one agency and another," Talmadge says. The two deficiencies contribute to the "revolving door" syndrome of individuals being shuffled around the system.

FOLLOWING THE Morrison Hotel incident, Tom was placed at the "The Inn," a group home, and enrolled in a day program at Harborview Mental Health Unit. He broke his behavior contract there, however, by slashing his wrists three times on Thanksgiving Day, 1978, and was discharged.

ed. He continued to live at the Inn, parting finally in March, 1979, when he said he was leaving to live with "friends," no one knows who.

In July of this year, Tom slashed his wrists again, and after a 72-hour evaluation period, was ordered by the court to be admitted to University Hospital for a maximum of 14 days. Only a week later, he was discharged as "no longer psychotic" and a low suicide risk. He left no forwarding address, and, when asked, said only that he was staying

with "friends."

We know the rest of the story. "There was no panic in his voice, no desperation," said Tom's father of that final phone call as he looked out the window again and slowly shook his head. For years they had been counseled not to enmesh themselves too heavily in Tom's problems, and such calls, asking to be taken to a treatment center or hospital or institution, were not, for Tom, highly unusual. "I said, 'Tom, I'm sorry, your mother isn't home to take you,' and he just said, 'Okay, so long, Dad.'"

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Tryouts slated

Auditions for "The Marriage-Go-Round" are scheduled at the Auburn Moose Lodge tonight at 7.

Four roles, two males and two females, are available for casting. Kent Shirer will direct the play.

The productions will be produced by an Auburn-based theater company, Northwest Passage Performing Arts. The company specializes in traveling dinner-theater productions.

The comedy about the problems of love and marriage, written by Leslie Stevens, will first be performed on Oct. 5 at the Auburn Moose Lodge (located at 3410 A St. S.E.) and then probably at other lodges around the state, Shirer said.

For further information, call 939-5305 in Auburn.

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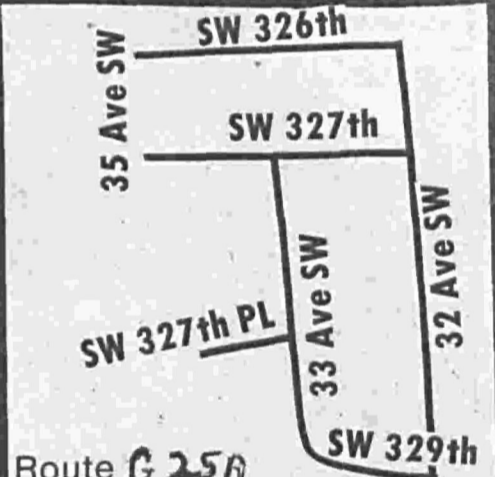
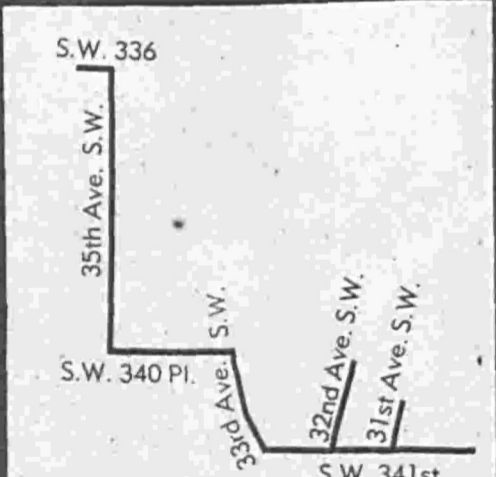
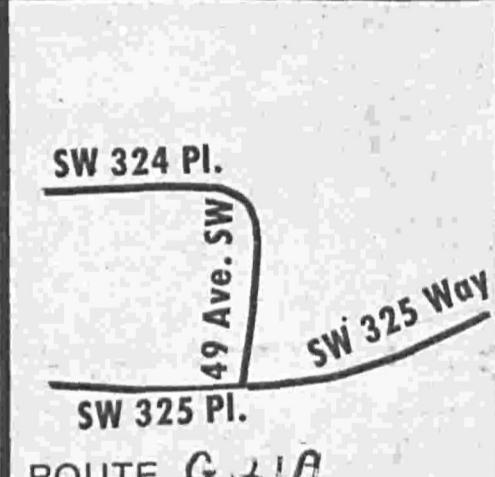
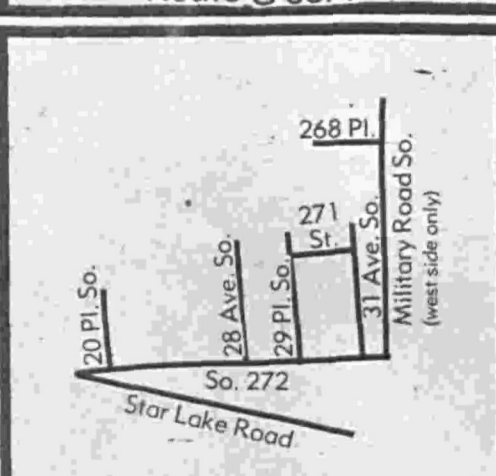
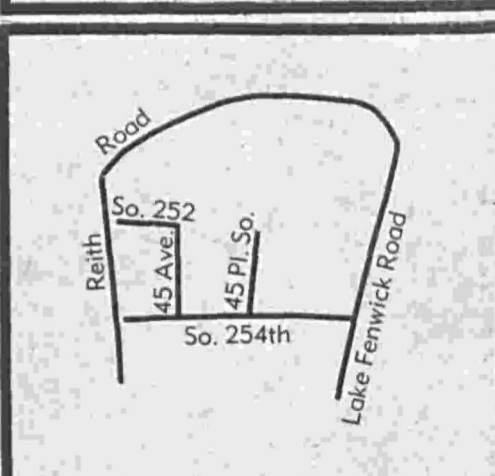
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Fife students back to class on Sept. 5

Fife Public Schools will open with a regular full day's session for all students in grades one through 12, Sept. 5. Kindergarten students will also begin regular half-day sessions.

Any student who has not previously registered in any of the schools may register at their respective school offices between 8:30 a.m. and 3 p.m.

All ninth through 12th grade students should register at Fife High School; all sixth, seventh, and eighth grade students will attend Surprise Lake Middle School in Milton; the Fife and Fife Heights kindergartens through fifth grade students should register at Fife Elementary School; and the Milton-Edgewood-Trout Lake area kindergarten through fifth grade students should register at the Milton Elementary School.

The parents of pupils entering kindergarten should furnish proof of age at time of registration. To be eligible for kindergarten, a child must be five years of age by Sept. 10.

Physical examinations for all new students are recommended. All students attending Middle School and High School are expected to have on file with the

school nurse a report of a physical examination. A periodic physical examination is also strongly recommended for all elementary school youngsters. A "Student Health Report" form prepared by the Pierce County Medical Society in cooperation with Pierce County Schools is available in all school offices.

A new State Law (RCW 28A.31.118) requires that all children under 18 years of age be immunized against polio, diphtheria, tetanus, pertussis (whooping cough), measles, rubella, and mumps as a condition for attending public and nonpublic elementary and secondary schools or licensed day care centers in the State of Washington.

This law applies to students in grades kindergarten through sixth beginning Sept. 1. Students in grades seven through 12 are not required to show complete proof of immunization until September 1980.

Students who plan to participate in interscholastic athletics must have passed a physical examination (from a licensed medical physical or surgeon) during the 12 month period prior to participation, and a report of this physical

will need to be on file in their respective school office. Physical examination forms may be secured at the school offices.

School lunches will be available the first day of school. Basic student lunch prices for 1979-80 will remain the same as last year: 40 cents for elementary students; 45 cents for Middle School students, and 50 cents for High School students. Milk prices are also expected to remain at seven cents per half pint for white milk, and 10 cents for chocolate. Lunch tickets for 10 lunches will be available in the school offices, but most of the lunches for the Middle School

and High School students will be sold in the cafeterias on an individual cash basis (no tickets).

Upon completion and certification of the necessary eligibility forms by parents, free or reduced prices lunches and free milk will be available to eligible students through the school offices. Fife High School will be in session from 8 a.m. to 2:35 p.m.; Surprise Lake Middle School, from 8:30 a.m. to 3 p.m.; Fife and Milton Elementary - first and second grades - Milton from 8:50 a.m. to 2:20 p.m. and Fife from 8:50 a.m. to 2:25 p.m.; third, fourth and fifth grades at both schools

from 9 a.m. to 3:30 p.m.; kindergarten - morning session at Milton from 9 a.m. to 11:35 a.m. and Fife from 8:50 a.m. to 11:25 a.m.; and afternoon session at Milton from 12:55 p.m. to 3:30 p.m. and Fife from 11:55 a.m. to 2:30 p.m.

Buses will operate on approximately the same schedule as last year. High school pupils should be at their bus stops at 7:15 a.m. Pickups for pupils attending Surprise Lake Middle School will begin at 7:50 a.m.; and elementary pupil pickups will begin at 8:20 a.m.

Returning high school students are

urged to begin paying applicable charges and deposits at the high school office. High school students unable to do this are expected to come opening day prepared to make the necessary payments.

The Fife School District Special Education program for 1979-80 being coordinated by Mrs. Peggy O'Connor, director of instruction-special education, will include special education classes for eligible students at Milton and Fife Elementary, Surprise Lake Middle School, and at Fife High School.

The school district also has the services of a psychologist and

a speech therapist to assist those students having speech or learning difficulties. Special tutorial instruction is available for eligible homebound or hospitalized students, and the new vocational occupational component to the special education program at Fife High School will be continued.

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Complimentary flowers, maps, gifts and services from the finest local businesses

PERRY WEST COMPANY'S SEMI-ANNUAL WAREHOUSE SALE

SALE IS FOR ONE DAY ONLY! SATURDAY, AUG. 25th 10 A.M. TO 4 P.M.

WE HAVE HUNDREDS OF DELUXE APPLIANCES FRESH FROM OUR SUPPLIER'S SHOW ROOMS AND RETURNS FROM OVERSHIPMENTS TO BUILDERS AND CONTRACTORS. ALL ARE NEW, SOME ARE SLIGHTLY SCRATCHED AND DENTED, MANY ARE IN CRATES. IF YOU PLAN TO BUY APPLIANCES IN THE NEXT 6 MONTHS DON'T PASS UP THIS RARE OPPORTUNITY TO BUY AT BELOW, IN SOME CASES, OR AT NEAR WHOLESALE COST!

HURRY! MANY ONE-OF-KIND PRODUCTS WON'T LAST LONG!



NOTICE
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250 S.W. 153 RD
(NEXT TO GENERAL TIRE STORE)

GENERAL ELECTRIC

PERFORMANCE TELEVISION

Low prices on refrigerators
Low prices on freezers
Low prices on dishwashers
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COOKS 2-WAYS
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DAILY 10-6; FRI. 10-6

- Buy with confidence
- We have our own service department
- 43 years in the appliance business

Registration set at Decatur


Decatur High School seniors will have their ASB annual pictures taken, pay their ASB card, annual and class fees, get locker assignments and have their cars registered from 8 to 11:30 a.m. Wednesday, Aug. 22, in the school cafeteria.

call or come in to make other arrangements.

If there is a need to change one's schedule, arrangements must be made with the counselors the week of Aug. 27 to 31. Counselors will make no schedule changes after Sept. 7.

All students new to Decatur may register in the office between 7:30 a.m. and 3:30 p.m. Monday through Friday.

WHEN YOU NEED MEDICAL HELP IN A HURRY . . .



Federal Way EMERGENCY Medical Center
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MEDICAL CENTER / AMBULANCE
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Joseph Hospital

SUMMER SALE 20%-30%

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WE MEASURE - WE INSTALL

Single Window **\$62.48**
sill length 52" W X 48" L Reg. \$78.45

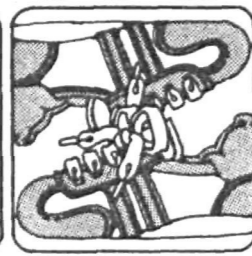
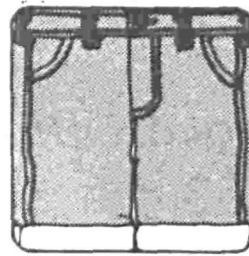
One inch MINI-BLINDS - perfect for traditional or contemporary. Low cost, long lasting. Used by architects for energy saving.

Enjoy a full open view or closed off privacy...make it sunny bright or darken YOUR ROOM TO SAVE ENERGY ON HOT DAYS.

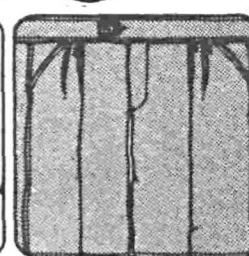
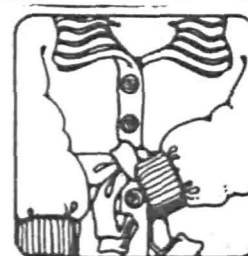
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7 Locations To Serve You

ELVINS

Back to School Sale



COMPARE



USE YOUR VISA, MASTERCARD, AMERICAN EXPRESS OR ELVINS CHARGE

SEA TAC MALL
FEDERAL WAY

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HI HO SHOPPING CENTER

ABERDEEN
WISHKAH MALL



GIRLS 4-14
SAVE UP TO 12.00
WINTER SCHOOL COATS
ENTIRE STOCK!
20% OFF

REG. 38.00-60.00 NOW 30.40-48.00
Save now on our entire stock of winter coats. Choose from polyester plush, all weather, pile and corduroy in solid colors and plaids. Many famous makers. Sizes 4-6x and 7-14.



JUNIORS
SAVE 9.10
PETER FRANK®
LOOP POCKET JEAN
14.90

REGULAR 25.00
Copy of a famous maker five-pocket western style jean with loop detail on the back pockets. Cotton indigo blue denim in sizes 5 to 15. Great wide leg styling for fall.



GIRLS 7-14
SAVE UP TO 12.10
CHATTERBOX® COWL &
TURTLENECK KNIT TOPS
6.90

REGULAR 8.50-19.00
Chatterbox® solid color and striped cowls and turtleneck tops. Choose from cotton, poly/cotton blends and velour knits. Great savings on basic tops in girls, S,M,L sizes.

JUNIOR
SAVE 5.10
BRUSHED ACRYLIC TOPS
12.90

REGULAR 18.00
The perfect jean topper! Choose a solid with a plaid collar or stripes with an open collar in great fall colors. Jr. S,M,L.

GIRLS 4-14
SAVE 2.10
RYAN'S GIRL® JUMPERS
11.90 & 12.90

REGULAR 14.00 & 15.00
Acrylic plaid jumpers with ruffle hems, tie backs and contrast piping trim. Great for back-to-school in sizes 4 to 6x and 7 to 14.

GIRLS 4-14
SAVE UP TO 5.40
BULKY KNIT PULLOVER AND
CARDIGAN SWEATERS
20% OFF

REGULAR 22.00-27.00 NOW 17.60-21.60
Acrylic bulky knit shawl collar pullovers and zip or button front cardigans. Hooded or convertible collar styles in cardigans with cable stitch and embroidered front detail. Gray, cream, navy and beige in sizes 4-6x and 7-14.

JUNIORS
SAVE 7.60 to 11.00
WEATHER WATCHER®
VESTS & JACKETS
20% OFF

REGULAR 38.00-55.00 NOW 30.40-44.00
Great selection of back to school all-weather jackets. Select vests, zip front jackets with self collars and hoods in nylon shell with polyfill lining, or, hooded poplin shell with polyfill lining. Sizes S,M,L,L.

CHILDREN 4-14
SAVE UP TO .71
CARTER'S® BOYS AND GIRLS
UNDERWEAR
2/2.55 to 3/4.79

REGULAR 2/3.19 to 3/5.50
Once a year savings on Carters underwear! Boys 4-8 t-shirts and briefs in prints and solids. Girls 4-14 camisole vests, briefs, and bikinis in prints and solid colors.

GIRLS 4-14
SAVE UP TO 8.10
WEATHER WATCHER® VESTS
AND JACKETS
20% OFF

REGULAR 28.00-40.00 NOW 21.90-31.90
Short jackets and vests in nylon, nylon satin and poplin... all wash and wear. Loft lite polyester filled and weather proof. Duo and tri-tone combinations in fall fashion colors. Five styles in sizes 4-6x and 7-14.

JUNIORS
SAVE 5.10
SOLID COLOR
COWL NECK SWEATER
6.90

REGULAR 12.00
California Ivy® solid color lightweight cowl neck sweaters are perfect for layering in pastel and fall shades. S,M,L.

MISSES
SAVE UP TO 3.60
DONKENNY® STRETCH GAB
PANT SALE
12.00-14.40

REGULAR 15.00-18.00
Move freely in the action pant from Donkenny. Two-way stretch gabardine pants in pull-on style or, contour waist style. Both in petite and regular sizes 8-18. One week only!

BED AND BATH
WHITE SALE SPECIAL
FIELDCREST® & CANNON®
SHEETS, TOWELS & RUGS
20% OFF

HURRY! LIMITED OFFER!
Entire stock of Fieldcrest and Cannon towels, sheets and rugs at special prices during our August white sale. Stock up now and get some as gifts. Sale ends August 31.

MISSY
SAVE UP TO 7.10
BRYSON® BASIC
MISSY FALL BLOUSES
19.90-24.90

REGULAR 25.00-32.00
Soft basic styled crepe de chine blouses in a wide assortment of colors. A great companion for skirts, suits and sweaters.

LINGERIE AND FOUNDATIONS
LIMITED TIME OFFER
FAMOUS BRAND
BRA AND FOUNDATION SALE
20% OFF

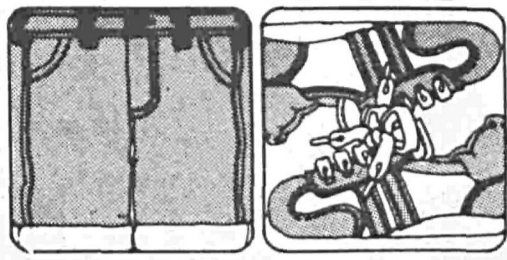
ENTIRE STOCK!
Shop and save now on your favorite styles of bras and foundations. Spectacular savings now thru August 31.

JUNIOR & MEN
SAVE 1.00
JUNIORS & MENS GYM SHORT
3.00-3.50

REG. 4.00-4.50
Elastic waist poplin gym shorts in poly/cotton blend are designed with side vents for maximum comfort. Sizes XS,S,M,L.

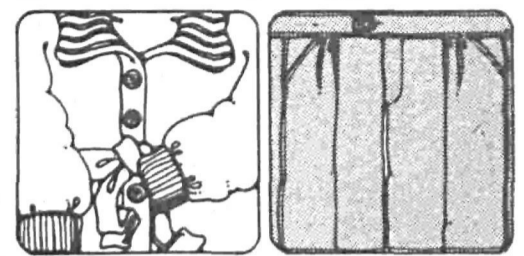
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Back to School Sale



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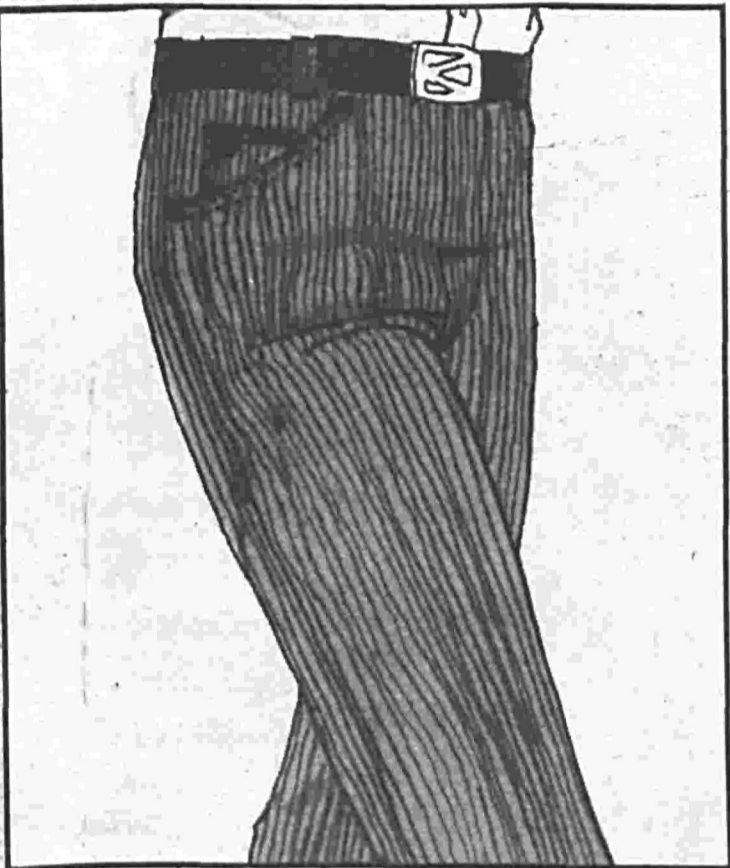
USE YOUR VISA, MASTER CHARGE, AMERICAN EXPRESS AND ELVINS CHARGE



SEA TAC MALL
FEDERAL WAY

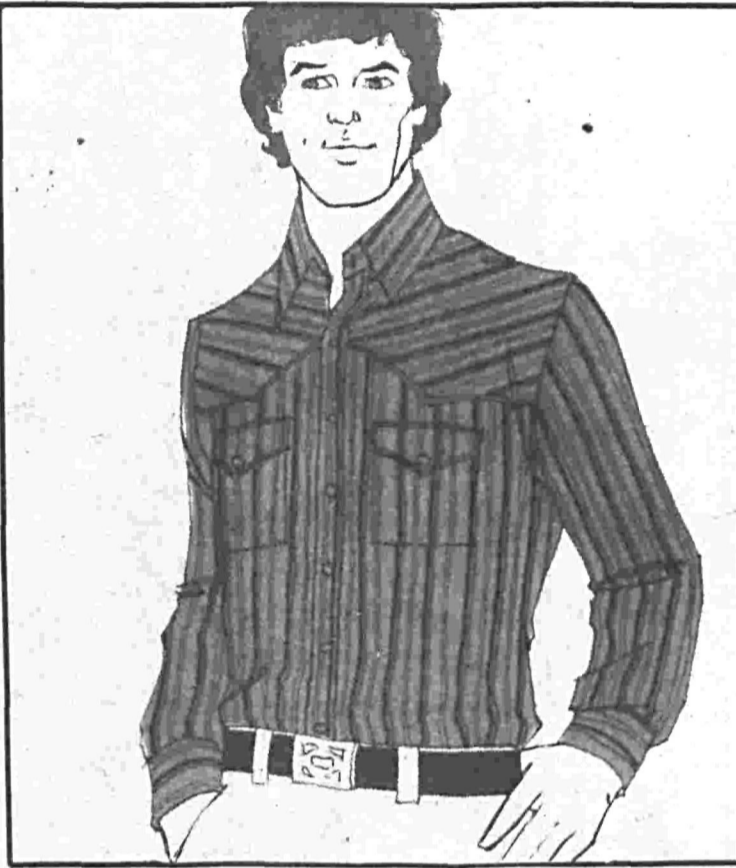
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MENS
SAVE 9.10
**WIDE LEG FAHION
CORDUROY JEANS**
15.90
REGULAR 25.00

Super fitting wide leg cords feature five pockets, yoke back, full thigh for comfort and wide bottom for that great fashion look. Navy, grey, tan or brown. Sizes 25-36 waist.



MENS
SAVE 5.10
**BACK-TO-SCHOOL
INDIA GARMENTS JEAN TOPS**
12.90
REGULAR 18.00

Choose from plaids, stripes and solids in flannel and woven fabric. Western styled with long sleeves. Sizes S,M,L,XL.



MENS
SAVE UP TO 29.10
**HIMALAYA® FALL
SWEATER SPECTACULAR**
9.90-12.90-15.90
REGULAR 20.00-45.00

Lightweight, midweight and bulky knit sweaters and sweatershirts in pullovers, cardigans and wraps. All are in easy care acrylic. Super styles and colors for back-to-school S,M,L,XL.

MENS
SAVE UP TO 2.40
MENS JOGGING SUITS
20% OFF

JACKETS REG. 12.00 PANTS REG. 9.00
Great savings on creslan acrylic zip front warmup jacket with basketball collar, triple racing stripe down raglan sleeve, and matching elastic waist pant has back pocket, zip bottom. Navy, red or royal in S,M,L,XL.

MENS
SAVE UP TO 9.10
**KENNINGTON® WESTERN
LONG SLEEVE SHIRTS**
10.90

REG. 17.00 to 22.00
Go western this back to school in neat chambray or natural, quilt yoke western shirts from Kennington®. Poly cotton blend for comfort and easy care. S,M,L,XL.

MENS
SAVE UP TO 12.10
**FAMOUS MAKER
SPORTSHIRT SPECTACULAR**
9.90

REG. 16.00 to 22.00
Jockey®, Loren Scott® and Kennington® shirts in short sleeve knit and terry styles. See this super selection now and save. Included is a long sleeve woven sportshirt. Sizes S,M,L,XL.

MENS SHOES
SAVE 13.10
**AMBASSADOR®
MENS DRESS SHOES**
25.90

REG. 39.00
Your choice of loafer of oxford styles in natural or light brown colors. Great shoes for fall comfort and fashion. Sizes 7 1/2 to 12.

BOYS SHOES
SAVE 3.60
**PRO-ACTION® SUEDE
TENNIS SHOES**
20% OFF

REGULAR 18.00 NOW 14.40
Genuine suede leather tennis shoes designed with running style sole for action and comfort. Your choice of brown or blue suede in most boys sizes 2 1/2 to 6.

MENS
SAVE 7.10
**ALPHA PACIFIC® WIDE LEG
DENIM JEANS**
17.90

REGULAR 25.00
Four great pocket designs to select in heavyweight dark indigo denim. Super fit where it counts but full in the thigh for comfort and wide, wide bottom for the fashion look you want. sizes 28-38.

MENS
SAVE UP TO 2.20
HOODED SWEATSHIRTS
20% OFF

REGULAR 10.00-11.00
Entire stock of hooded pullover and zip front sweatshirts at super savings for back to school. Creslan and cotton blend for easy care and shrinkage control. Navy, light blue, and grey in sizes S,M,L,XL.

WOMENS SHOES
SAVE 4.10
**DIESSE® WESTERN LOOK
FUR LINED CLOGS**
19.90

REGULAR 24.00
New look in clogs. Pile line suede clogs with fashion heel. Your choice of beige, brown, wine or navy in womens sizes 5 to 10.

MENS AND BOYS
SAVE UP TO .96 PKG.
HEALTHKNIT® UNDERWEAR
20% OFF

REG. 2.99 to 4.79 PKG.
Entire stock of Healthknit briefs, t-shirts and boxer shorts on sale for back to school savings. Choose from cotton or cotton blends. Mens briefs 30-44, boys 8-20. Mens and boys t-shirts S,M,L,XL.

MENS
SAVE 1.10
**SPRINGFOOT® SHORT SLEEVE
FOOTBALL JERSEY**
6.90

REGULAR 8.00
Poly/cotton blend short sleeve knit football jersey with contrast color stripe shoulder inset. Great jean toppers for back to school in red, black, light blue, royal and gold. Sizes S,M,L,XL.

BOYS 8-20
SAVE 1.10
**SPRINGFOOT®
FOOTBALL JERSEY**
5.90

REGULAR 7.00
Super jean toppers for the active sports minded boy for back to school. Solid color jersey with yoke detail in cool cotton. Red, royal, green or gold in sizes S,M,L,XL.

BOYS 8-20
SAVE 2.80
**HOT STUFF® WIDE LEG
DENIM JEANS**
20% OFF

REG. 14.00
Stock up now on back-to-school denim jeans for your in sizes 8 to 16. Super styles in great fabrics for all your round wear. Hurry and save now!

ELVINS

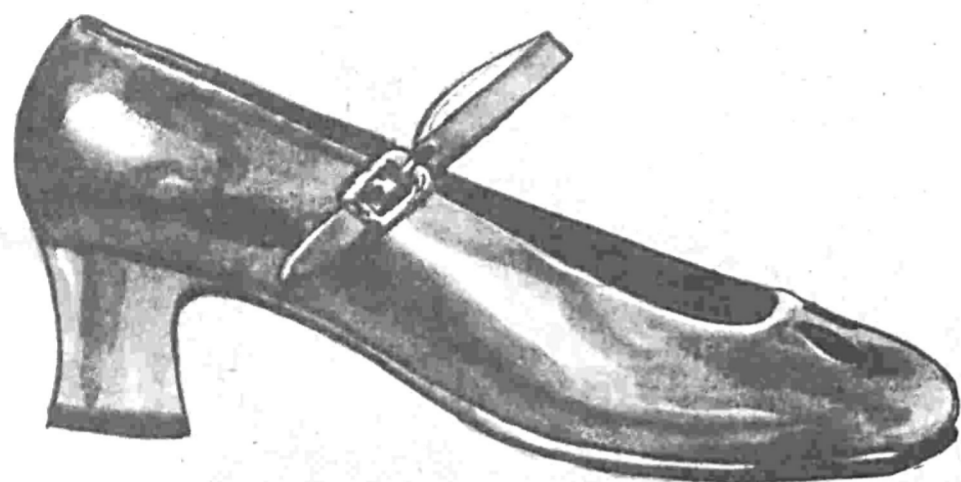
SEA TAC MALL
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ABERDEEN
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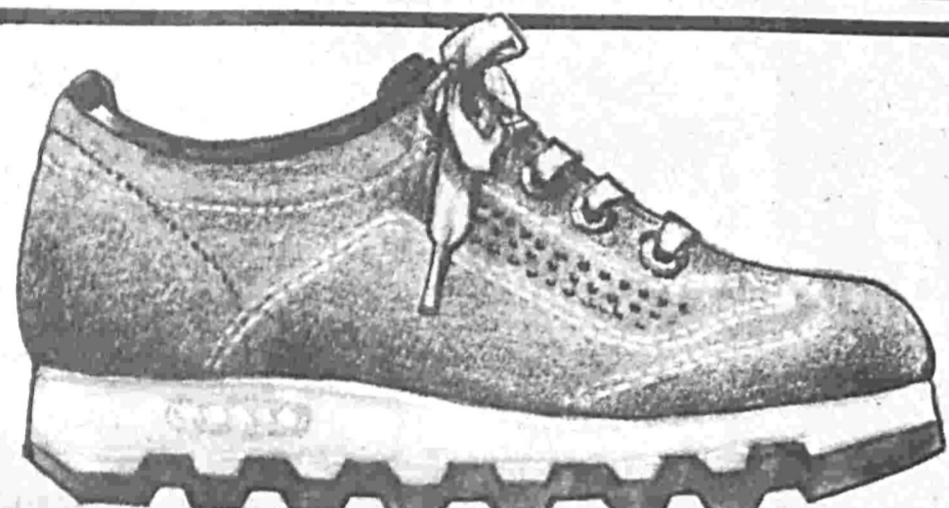
SHOE SHOW

Come into Elvins and see our exciting collection of shoes for fall...dress, casual and athletic shoes for the whole family!



S.R.O 'ANGELIA'

Luxurious and versatile kid leather shoe looks great with dress or casual wear. You'll love the ever popular Mary Jane look. Perfectly comfortable heel height for all day walking. Beautiful brown for fall. 43.00



KIDS 'STAR WARS' BY CLARKS

Great shoe for back to school! Rugged cleat type sole molded onto smooth or suede leather uppers. Made by Clarks® of England so you know they are good. Sizes 3 1/2 to 6. 24.95



WESTERN LOOK CLOG

New concept in clogs...fashion type heel in this warm, pile lined suede clog. Your choice of beige, brown, navy or burgandy in sizes 5-10. REGULAR 24.00

19.90



SALE

**CARESSA®
FASHION BOOT
76.00**

REG. 95.00
'Eape' fashion boot with cross ankle strap detailing. Your choice of brown, black or burgandy.

**WESTERN STYLE
60.00**

REG. 75.00
* Unique western style boot by Lighthouse features detachable detail on arch. Your choice of red or brown.

Dexter®

...knows your style inside and out...

great styles for back-to-school and anytime...man or woman!..there are styles for all!



- A. MENS RAIDER**
Handsome natural burnished leather slip-on. Hand stained unit sole with pitched heel, and cement construction. 38.00.
- B. WOMENS SPIRIT**
Athletic look rust full grain suede shoe with padded collar and new Flex-Dex bottom. 33.00.
- C. MENS STORMY I**
Copper Nature-Hiderm leather Lug-Dex casual puffed oxford with outside gusset tongue, tricot lined, padded collar and Lug-Dex bottom. 42.00.
- D. WOMENS DISCO**
Mary Jane look Flex-Dex casual in cherry smooth leather. T-strap styling with new Flex-Dex bottom. 32.00.
- E. WOMENS EAGLE**
Oxford Nature-Hiderm leather casual with handsewn vamp and new Flex-Dex bottom. 32.00.
- F. WOMENS GYPSY**
Comfortable and smart burgundy color Nature-Hiderm leather with handsewn vamp and Swirl-Dex bottom. 32.00.
- G. WOMENS SQUAW**
Comfortable Nature-Hiderm leather slip-on with handsewn vamp and new Flex-Dex bottom. 32.00.
- H. MENS FEVER**
Gleazed style Dexter slip-on is hand stained. Unit sole and heel, cement construction. 37.00.
- I. MENS MONTANA**
Comfortable slip-on with handsewn vamp and Dex Mini-Lug sole. Nature-Hiderm leather upper. 38.00.
- J. MENS TORNADO**
Boot style Dexter in natural burnished leather. Six inch side zipper boot has hand stained unit sole with pitched heel, cement construction. 44.00.
- K. WOMENS TASSEL**
Burnt russet Nature-Hiderm leather slip-on with handsewn vamp and Swirl-Dex bottom. 32.00.
- L. MENS HAWK**
Flex-Dex casuals in luggage tan grain Nature-Hiderm leather designed with fully padded, cushion insole and new Flex-Dex bottom. 40.00.

FREE DRAWING-DEXTER SHOE

Register to win a free Dexter shoe of your choice. Hurry! Limited time!

USE YOUR ELVINS,
VISA, MASTER CHARGE
AMERICAN EXPRESS
CHARGE CARDS.

REGISTER...FREE DEXTER SHOES

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE _____

Deposit this coupon in our Elvins store to be eligible for a free pair of Dexter shoes. No obligation, and you need not be present to win. Drawing to be held Saturday, Sept. 1, 1979



CREATE YOUR own delicious concoction with a variety of sparkling mineral waters and fruit juices.

'Taking the Waters' Mineral Water makes a sparkling splash

Mineral waters, once considered taking the curative waters, has now become the newest health rage.

As more people are watching their waistline and jogging into shape, they are also taking a second look at their diets. The move is back to natural food and drink, with the sparkling mineral waters included on the list.

Now it is chic to ask for the non-caloric water in restaurants, bars or at parties.

"More people are asking for Perrier (a popular mineral water) on the rocks with a twist of lime during their lunch hour," says Steve O'Connor representative for K and L Inc., a beverage distributor in Bellevue.

O'Connor says he finds more people would rather have the mineral water than two or three cocktails during a work day lunch hour. Others who are taking to the trendy waters are dieters and those don't drink but tire of asking for colas.

Although mineral waters have been around for countless years (many European and erican health spas, gained popularity for their restorative waters), there

has been a rebirth of their appeal.

The hottest item since lite beers, one foremost brand, Perrier from France, has heightened the interest in the waters. Directed towards affluent adults with almost snobbish palates, Perrier stepped up their advertising campaign and now the company reports outstanding results.

"Our business is exploding with sales," O'Connor says pointing out that the average grocery store will buy 50 cases of Perrier a month, while the larger supermarkets may order as much as 200 to 300 cases a month.

Imagine this scene in a haute cuisine restaurant, where a couple asks the wine steward for a vintage 1974 bottle of imported mineral water. They sniff the cap, and swish the water on the tongue and approve the bouquet. A little far-fetched, but there is a difference in the bottled waters.

There are imported brands, such as Perrier, Apollinaris from Germany, Penafiel from Mexico, S. Pellgrino and San Benedetto from Italy. Domestic labels include Poland Water, Calistoga, Bartlett and Calso.

The water's effervescence derives from two methods, natural and man-made. Perrier proclaims their light bubbles come from deep within the earth where trapped gasses float to the surface and mingle with the icy waters.

Other manufacturers inject carbon dioxide into their waters for that favorite sparkling.

According to some connoisseurs the manufactured additive is a harsher bubble and gives the drinker a fuller feeling than the lighter natural carbonation.

The water obtains its distinct flavor from the minerals, and depending on the PH level, some waters have a stronger taste than others. A PH level of seven denotes neutral water. Higher the PH level the more minerals it contains, lower and the water becomes soft. Reading the bottle's label for the PH level can help determine which water is best suited for an individual's palate.

It is the combination of minerals and the alkaline that makes the waters so popular. The

purist may drink his or hers just plain, over the rocks with a twist of lime. The more sociable drinker may use it as a mixer with alcoholic beverages or with wine.

To introduce friends to the new world of mineral waters, set up a bar with a variety of waters and let them sample. Provide ample lemons, limes and a selection of fruit juices. Any combination will do. Exotic juices such as guava, mango and papaya can add a different zest to the drink.

Although sparkling mineral waters have been considered by some as trendy and found only in small gourmet shops, local supermarkets now stock them in the mixer section. Prices for the various brands range from 89 cents to \$1.05 for large bottles. For conveniences, the water is also sold in three and six packs.

Although Europeans have known about the waters for years and drink them with their meals, Americans are just beginning to join them in discovery. The beverage new drink may never replace the diet pop, but it can make an exciting alternative.

Super summer mix-ups



SPARKLING KIR (Yield: 1 serving)

Pour 1 ounce of kir over ice cube, fill glass with mineral water and serve.

SUPER SODA (Yield: 2 quarts)

1 envelope unsweetened soft drink mix, any flavor
1 cup sugar
1 cup cold water
1 bottle (28 ounces) mineral water, chilled
1 pint vanilla ice cream or fruit-flavored sherbet

Dissolve soft drink mix and sugar in water. Stir in soda. Place a small scoop of ice cream in each of six tall glasses. Stir in soda mixture; top

with a second scoop of ice cream.

FRUIT FIZZ

2 tablespoons fresh lemon juice
2 tablespoons vodka liqueur
2 tablespoons mineral water
Thin curl of lemon zest for garnish

Combine, first three ingredients with ice cubes in a tall chilled glass and stir to blend. Fill with water and mix well. Garnish with lemon curl.

SUMMER SOUSE

1 whole apricot, blanched and peeled or 1 whole canned apricot

well drained
2 tablespoons fresh lemon juice
2 tablespoons vodka liqueur
2 tablespoons apricot brandy
Crushed ice
Sparkling mineral water

Pierce apricot on all sides with fork. Place in bottom of large glass (with a 20-ounce capacity). Pour lemon juice, liqueur and brandy over apricot and stir gently.

Fill glass slightly more than halfway with crushed ice. Add a splash or two of water and serve with small straw.

Photos by Mike Bainter
Text by Sandra Thew

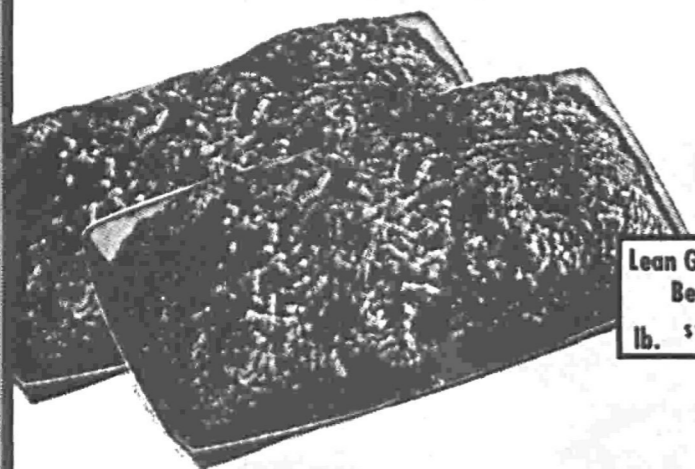
SAFEWAY

Everything you want



Great-Eating Meat!
Guaranteed at Safeway

Ground Beef



Any Size
Package

Lean Ground
Beef
lb. \$1.59

\$1.19
lb.

Because of staffing limitations, some fresh meat items in this ad may not be available on Sunday.

- Smoked Picnics (If Sliced lb. 89¢) Water Added Cudahy, 6 to 8 lbs., lb. **69¢**
- Pork Loin End Rst. 3 to 4 lbs. Average, lb. **\$1.19**
- Fryer Livers lb. **69¢**

- Bacon, Sliced 2-lb. \$2.17 Safeway, 1 lb. **\$1.09**
- Hormel Ham Coromaster, lb. **\$2.89**
- Fresh Pink Salmon 2 to 5 lbs. Hood's On, lb. **\$1.69**



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lb. **\$2.69**



Serving
Suggestion

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COUNTRY STYLE Spareribs Midwest Pork, lb. **\$1.39**

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- Bologna, Sliced Scotch Buy, 1-lb. Pkg. **\$1.29**
- Sliced Beef Safeway Ham or Turkey, 3 oz. Pkg. **49¢**
- Sliced Ham Safeway Imported, 8 oz. Pkg. **\$2.29**
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- FLEISCHMANN UNSALTED Margarine 1-lb. **93¢**
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Surprise filled lunchboxes add variety to meal time

VEGETARIAN DELIGHT FILLING (Yields: ¾ cup)

¼ cup grated raw carrots
¼ cup finely chopped celery
¼ cup grated cabbage
¼ teaspoon salt
2 teaspoons chili sauce
2 teaspoons mayon-

naisse or salad dressing
Raw spinach leaves
Combine all ingredients except spinach in a small bowl; cover with plastic wrap and chill. When making sandwich, top off filling with the spinach leaves instead of lettuce.
TUNA AND NUT

SPREAD
(Yield: 4 sandwiches)
1 can (6-½ ounce) tuna, drained and flaked
½ cup chopped celery
½ cup chopped walnuts or pecans
½ cup mayonnaise or salad dressing
Combine tuna, celery, nuts and mayonnaise. Cover

with plastic wrap and chill.
BOLOGNA ROLLS
Sliced bologna
Sweet Gherkins
Buttered hamburger buns
Roll bologna around gherkins. Place two of these rolls in each buttered bun.
MULLIGATAWNY

SOUP
(Yield: 6 eight-ounce servings)
2 cans (10-½ ounce each) condensed cream of chicken soup
1 can (10-½ ounce) condensed chicken with rice soup
1-½ soup cans of water
½ to one teaspoon curry powder, ac-

ording to taste
Combine ingredients in a saucepan over medium heat, stirring occasionally.

EGG SALAD-OLIVE FILLING
(Yield: 1 cup)
6 hard-cooked eggs, shelled and chopped
2 tablespoons sliced, stuffed olives
¼ cup mayonnaise or salad dressing
½ teaspoon onion salt
¼ teaspoon salt
Dash of pepper
¼ teaspoon dry mustard
½ teaspoon Worcestershire sauce
Combine all ingredients in a bowl. Cover with plastic wrap and chill.

Greek olives
Soak wheat in water to cover for 45 minutes. Drain and squeeze out as much water as possible. Mash scallions in a bowl; add parsley, mint, cucumbers, salt, pepper, oil, lemon juice and romaine; mix. Add wheat. Cover and chill.

When packing lunch, fill a small vacuum bottle with this mixture. Take along a whole tomato, a paper plate and olives for garnish. At lunchtime, slit tomato into quarters and spoon mixture into center. Garnish with olives.

chili sauce, onion, garlic, salt and pepper to the liver and blend until smooth. Add the sausage and wheat germ (or oatmeal) and blend briefly.
Pour into an 8-½x4-½x2-½-inch loaf pan. Bake in preheated 325-degree oven for one hour, or until set and browned on top. Pour off any fat that accumulates. Unmold, cut banana in half lengthwise. Top with cottage cheese mixture, and garnish with grapes and nuts.

COTTAGE CHEESE BANANA SPLIT SALAD
(Yield: 1 serving)
1 banana
One-third cup low-fat cottage cheese
3 tablespoons yogurt (any flavor)
6 green grapes
1 teaspoon chopped nuts

Mix cottage cheese and yogurt; pack in small vacuum container. Wrap grapes and nuts. When ready to eat, cut banana in half lengthwise. Top with cottage cheese mixture, and garnish with grapes and nuts.

PUMPKIN CUSTARD
(Yield: 9 five-ounce servings)
2 cups canned or mashed cooked pumpkin
½ teaspoon salt
1 teaspoon cinnamon
½ teaspoon ginger
¼ teaspoon nutmeg
¼ teaspoon cloves
3 slightly beaten eggs
2 cups reconstituted nonfat dry milk
Artificial sweetener equivalent to eight tablespoons sugar
Combine pumpkin, salt and spices; add remaining ingredients and mix well. Pour into 9 five-ounce custard cups and set in baking pan.

Pour hot water in pan to a one-inch depth. Bake in preheated 350-degree oven for 40 minutes, or until set (knife inserted in center of custard should come out clean). Chill thoroughly; pack in small vacuum bottle.

TOMATO BEEF JUG
(Yields: Four 9-ounce servings)
1 can (10-½ ounce) condensed beef broth
1 can (10-½ ounce) condensed tomato soup
1-½ soup cans of water
1 teaspoon lemon juice
Dash of ground cloves
Blend soups, water, lemon juice and ground cloves. Heat, stirring occasionally. Carry in a vacuum bottle.

Liquefy the liver in an electric blender, adding a small amount of liver at a time. Add the egg,

SAVORY LIVER LOAF
(Yield: 8 sandwiches)
1 pound beef liver, cut into small chunks
1 egg
2 tablespoons chili sauce
1 medium onion, sliced
1 garlic clove
1-½ teaspoons salt
½ teaspoon ground black pepper
1 pound lean sausage meat
½ cup wheat germ or quick-cooking rolled oats, uncooked
Liquefy the liver in an electric blender, adding a small amount of liver at a time. Add the egg,

TABOULI
(Yield: 6 servings)
1 cup bulgur wheat
1 cup chopped scallions
1-½ cups chopped parsley
½ cup chopped mint (or four tablespoons dried mint reconstituted with a small amount of water)
2 small cucumbers, very finely chopped
1 teaspoon salt
¼ teaspoon pepper
¼ cup olive oil
¼ cup lemon juice (about four lemons)
¼ cup chopped romaine, spinach or other greens
Tomatoes

Combine ingredients in a bowl. Cover with plastic wrap and chill.

Cut down, not diet magic

Is there a "magic" quick-weight loss diet that really works? Doctors and nutritionists have yet to discover it. They advise losing weight gradually by reducing portion sizes, but not by eliminating certain foods.

If a diet is going to work it must be tailored for the individual, taking into consideration such things as preferences, cultural background, amount of activity, and personal habits.

After you have checked with a doctor, the first step on mapping out a diet campaign is to examine and understand your own food habits. Since your diet represents a change of habit, the smaller or more gradual the change, the more successful

the diet will be in the long run.

You can start the scale downward by making small adjustments in your eating habits by eating less and saving calories. Dieting does not mean that you have to stop eating the foods you enjoy.

If you prefer to eat five or six small meals a day, your habit is encouraged by many nutritionists who agree that several small meals are more satisfying than three large ones.

Exercise is also an essential part of your weight loss program. A regular exercise regimen will help you tone and firm your body as you lose weight and can actually cut your appetite.

If you are unable to

abide a lonely calisthenics routine, you can find fun, companionship and support in regularly scheduled group efforts such as dance and yoga classes, swimming, tennis and jogging. Examine your daily habits. When possible, walk instead of ride. Get off the bus a few stops early and walk the rest of the way. Take the stairs instead of the elevator. If you are deskbound most of the day, examine simple exercises you can do at your desk.

TUNA SALAD
(Yield: 3 to 4 servings)
1 can (7 ounces) water-packed tuna, drained, flaked
2 cups shredded cabbage or lettuce
½ cup radish slices
2 tablespoons chopped

green pepper
Two-thirds cup low calorie thousand

island dressing. Combine ingredients; toss lightly.



Brownies

A dish of ice cream...a plate of rich...moist brownies...who could ask for anything more?

Well, there is more if the brownies are Chocolate Cheesecake Brownies. Velvety chocolate marbled with a tangy-sweet cheesecake mixture, these brownies stand at the head of the brownie class. Serve them warm with scoops of chocolate and vanilla ice cream for dessert or snacking pleasure.

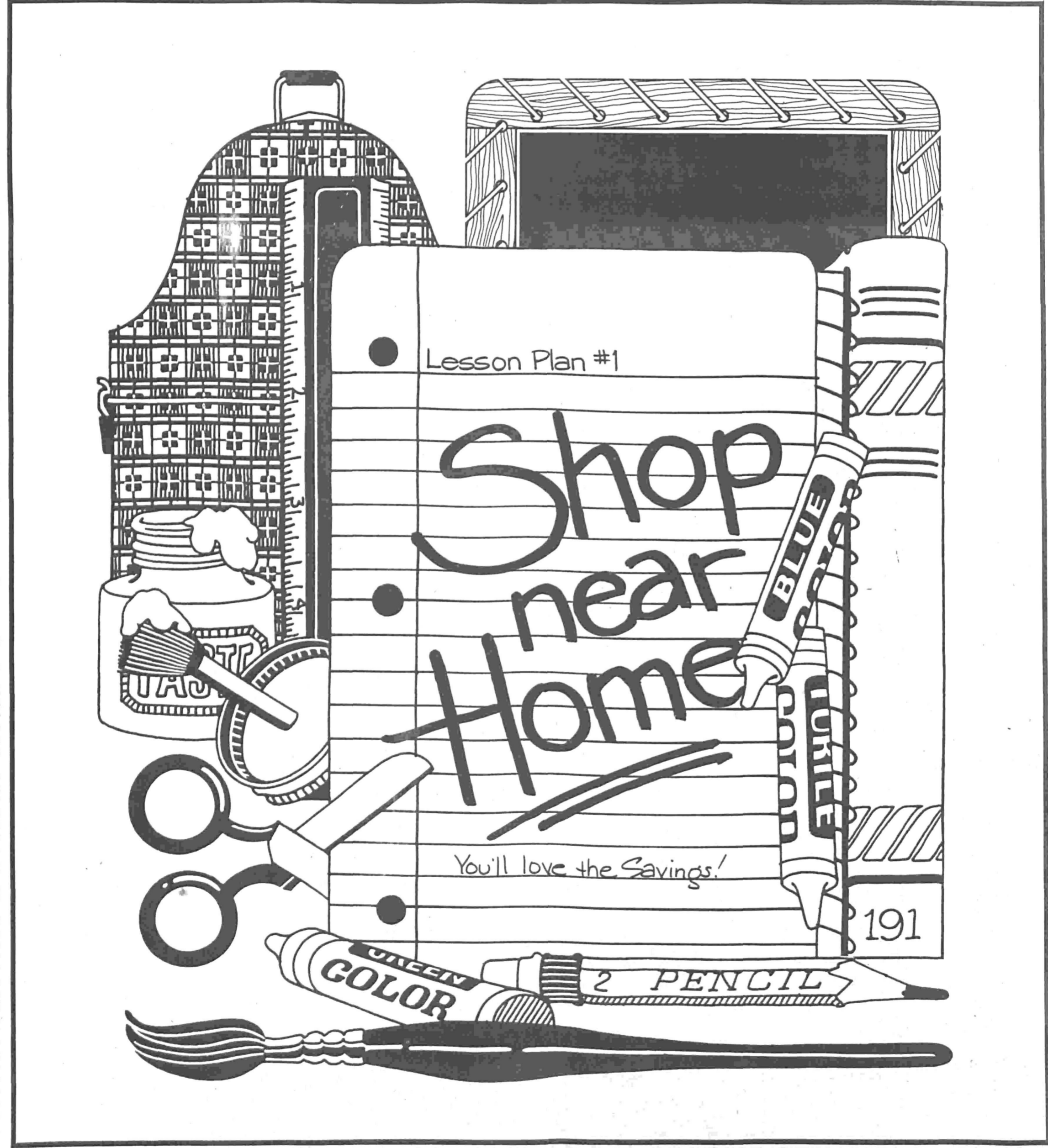
CHOCOLATE CHEESECAKE BROWNIES

(Yields: 16 squares)
Cheesecake Batter:
2 tablespoons butter
¼ cup sugar
½ teaspoon vanilla
1 tablespoon cornstarch
¾ cup cottage cheese, sieved
1 egg
½ teaspoon lemon juice
Chocolate Batter:
3 ounces unsweetened chocolate
¼ cup (one-half stick) butter
2 eggs
1 cup sugar
½ cup unsifted flour
½ teaspoon baking powder
¼ teaspoon salt
½ cup chopped nuts
1 teaspoon vanilla
½ teaspoon almond extract

To prepare cheesecake batter: Cream butter and sugar together; beat in vanilla. Add cornstarch, cottage cheese, egg and lemon juice; beat well. Set aside.

To prepare chocolate batter: Melt chocolate and butter over hot water; let cool. Beat eggs until thick. Gradually beat in sugar. Stir in chocolate mixture, flour, baking powder and salt. Add nuts, vanilla and almond extract; mix well.

Spread half of chocolate batter in buttered 9-inch square baking pan. Pour cheesecake batter over top. Distribute remaining chocolate batter on top of cheesecake batter (do not attempt to cover cheesecake batter completely). With spoon, swirl two mixtures together. Bake in preheated 350-degree oven for 35 to 40 minutes. Cut into 16 squares while still warm.



Have a Polynesian patio party

Bring a little island cookery to your patio this summer and combine the best of two worlds -- the American passion for "cooking out" and the native Polynesian diet of "meat and fruit."

A summertime party with grilled chicken taking on the flavor of the South Sea Islands has other bonuses also. It's great for those who watch their weight because the calorie count is low. And the busy hostess doesn't have to spend hours in the kitchen to impress her guests.

Americans have been enjoying cuisine inspired by island cooking since the early days when seafaring men brought back to kitchens of New England the tropical fruits from various parts of call. These exotic foods were much in demand in the South Carolina market square of Charleston in the early 19th century. And after the Spanish-American War, when the canning business expanded dramatically, tropical fruits embellished meals in every state of the expanding union.

The natural flavor of chicken combines well with the fruits and vegetables which

grow in the rich soil of the South Pacific Islands. And the nutritional benefits of a meal based on these international favorites are hard to surpass.

Ideal main dishes for a stay-at-home Polynesian party include Grilled Chicken Polynesian, made with thighs which have been marinated overnight in a tasty combination of tart plum jam and soy sauce. Cook on the grill as the guests assemble and serve in scooped out pineapple halves (using the pineapple for a salad).

Touch of Lime Grilled Chicken features another subtle blending of flavors -- this one smoked onion-soy-butter with a touch of lime. Marinate a few hours or overnight. Serve both dishes buffet-style so non-dieters can take a little more if they wish. No one will suspect such a glamorous meal is not only low in calories but economical, too.

For heavenly chicken salad, serve family and guest a Curry Salad with Fruit or Hawaiian Chicken and Rice.

Light the patio with torches, use fresh

fruit for the centerpiece and put a flower in your hair. Your imagination can create a far-away atmosphere for both family meals and party menus, even if the gasoline shortage keeps you close to home this summer.

GRILLED CHICKEN POLYNESIAN TREAT

(Yield: 6 to 8 servings)
 ¼ cup vinegar
 ¼ cup plum jam
 ¼ cup soy sauce
 1 small onion, minced
 2 tablespoons margarine
 1 bay leaf
 1 teaspoon salt

10-12 broiler-fryer chicken thighs
 2 large green peppers, sliced
 3 to 4 large pineapples, sliced in half

In small saucepan, add vinegar, plum jam, soy sauce, onion and margarine. Bring to a boil. Add bay leaf and salt. Place chicken thighs in shallow dish; pour hot sauce over chicken. Cover dish and refrigerate. Allow chicken to marinate overnight.

Over ash-colored coals place thighs on grate about six inches from heat. Turn and baste frequently. (Grilling should take

40 to 60 minutes depending upon size and thickness of thighs.) To test for doneness: fork can be inserted with ease and juices run clean. Place grilled chicken into scooped out pineapple halves and garnish with pepper slices. May be served hot or cold.

A TOUCH OF LIME CHICKEN

(Yields: 8 servings)
 2 broiler-fryer chickens, quartered
 2 tablespoons soy sauce
 2 tablespoons lime juice
 ½ cup sliced onion
 2 tablespoons margarine
 2 tablespoons brown sugar
 1 teaspoon salt
 ½ teaspoon pepper

Place chicken quarters in shallow dish. In blender pour soy sauce and lime juice; add onion and puree. Melt margarine in small saucepan; stir in brown sugar. Add blended ingredients to saucepan, stir until well mixed. Brush chicken over all sides of chicken quarters. Cover and marinate in refrigerator for at least two hours, preferably overnight.

Place chicken quarters on grate

about six inches from heat, turning and brushing with sauce every 10 to 15 minutes. Grill until fork can be inserted in leg-thigh joint with ease and juices run clear. When cooking is complete, sprinkle with salt and pepper.

CHICKEN CURRY SALAD WITH FRUIT

Two-thirds cup mayonnaise
 2 tablespoons lemon juice
 1 teaspoon curry powder
 2-½ cups cooked chicken, diced
 1 cup diced celery
 Salad greens
 ¼ cup slivered blanched almonds
 Fruit Garnish:
 ½ avocado
 1 sliced cantaloupe, cut into wedges
 1 cup seedless grapes
 1 cup canned grape-

ple chunks, drained
 Blend mayonnaise, lemon juice, salt and curry powder. Pour over the combined chicken and celery and mix lightly. Chill. Just before serving, mound salad in center of a serving platter lined with salad greens. Sprinkle with almonds. Garnish with fruits.
H A W A I I A N CHICKEN AND RICE

(Yield: 4 servings)
 2 medium-sized fresh pineapples
 2 tablespoons sugar
 2 cups cooked rice
 2 cups cooked chicken, cut in bite-sized pieces
 2 tablespoons crystallized ginger slivers
 One-third cup sour cream or mayonnaise
 ¼ cup toasted slivered almonds
 Cut off pineapple

tops and save. Split fruit in half. Remove cores and scoop out pulp. Cube fruit to make two cups. Sprinkle cubed pineapple with sugar; let stand a few minutes. Toss fruit with rice, chicken, ginger, mayonnaise and almonds. Spoon into pineapple shells; chill. Split green tops and attach to end of fruit with skewers.

Picnic hamper recipes simple yet elegant

Recall those pleasant days when picnics meant a simple lunch with sandwiches, lemonade, fruit and a piece of cake or cookies?

Now there are complicated grills, fast foods, loud radios and portable televisions. But a picnic can still be a time spent enjoying nature and good wholesome foods. That is the idea behind these delicious recipes for On-the-Go-Chicken-Pie and Khachapuri.

Although they are basically main dinner dishes, these recipes can make a simple but elegant picnic fare. Consisting of yeast

bread dough with meat, cheese, eggs or vegetables baked with dough, the dishes can furnish the right nutrients to serve as an entree for any meal.

Preparation for breads such as these can be scheduled days or weeks in advance as they freeze well. Reheat and pash in insulated containers and they are ready to go when you are.

ON-THE-GO-CHICKEN PIE

1 cup warm water
 1 package active dry yeast
 1 tablespoon light

brown sugar
 1-½ teaspoons salt
 ¾ cup whole wheat flour
 1-½ to two cups all-purpose white flour
 2 eggs, slightly beaten
 2 cups chopped, cooked chicken
 ½ pound Swiss cheese, coarsely shredded
 ¼ cup chopped parsley
 2 tablespoons chopped green chili peppers
 2 tablespoons chopped pimento
 1 egg, slightly beaten
 1 tablespoon water
 1 teaspoon sesame seed

Measure warm water into a large bowl. Sprinkle with yeast; stir until

dissolved. Add sugar, salt, whole wheat flour and one-half cup white flour, beat until blended.

Stir in enough additional white flour to make a stiff dough. Turn out onto a lightly floured board. Knead until smooth and elastic, about six to eight minutes.

Place in greased bowl, turning to grease top. Cover; let rise in warm place, free from draft, until double in bulk, about one hour.

While dough is rising prepare filling by combining two eggs, chicken, Swiss cheese, parsley, chili peppers and pimentos

and set aside. Punch dough down, divide in half. On a well floured surface roll half of dough into a 13-inch circle for bottom crust. Place in a 12-inch round pizza pan.

Spoon prepared chicken filling evenly over dough. Roll remaining dough out to a 13-inch circle and place over filling. Turn edge of bottom crust over top crust; pinch to seal.

Flick edge of dough and prick top crust with tines of fork. Cover lightly with foil and bake in preheated 400-degree oven for 45 minutes. Remove foil. Mix remaining egg and water; brush over top crust. Sprinkle with sesame seed. Continue baking 15 to 20 minutes longer or until done.

KHACHAPURI (Cheese Tarts)

3 to 3-½ cups all-purpose flour
 1 tablespoon sugar
 2 teaspoon salt
 1 package active dry yeast
 ¼ cup water
 ¼ cup milk
 3 tablespoons butter or margarine
 ¾ pound Muenster cheese, coarsely grated
 2 eggs

In a large bowl thoroughly mix three-fourths cup flour, sugar, salt and yeast. Combine water, milk and two tablespoons butter or margarine in a saucepan. Heat over low heat until liquid is very warm.

Gradually add to dry ingredients and beat two minutes at medium speed of electric mixer, scraping bowl occasionally. Add one-half cup flour and beat at high speed two minutes, scraping bowl occasionally.

Stir in enough additional flour to make a stiff dough. Turn out onto lightly floured board; knead until smooth and elastic, about eight to 10 minutes.

Place in greased bowl, turning to grease top. Cover; let rise in a warm place until doubled in bulk, about one hour.

While dough is rising, combine cheese, one egg and one tablespoon butter or margarine in a bowl; beat together until blended. Set aside.

Punch dough down. Turn out on lightly floured board; let rest five minutes. Divide dough into 24 equal pieces; roll each into a four-inch circle.

Place one tablespoon prepared cheese filling in center of each circle. Fold up edges of circle, making a two-inch square. Pinch dough together at corners, leaving about one-half inch square of filling showing in middle.

Place tarts on greased baking sheets, cover and let rise in warm place for 15 minutes. Beat remaining egg lightly; brush tarts. Bake in preheated 375-degree oven for 20 to 25 minutes, or until done.



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SAFEWAY

Sweet fruity recipes for hot summer nights

FRUIT COMPOTE
(Yield: 6 servings)
1 envelope whipped
topping mix
3 tablespoons confec-
tioners sugar
¼ teaspoon nutmeg
1 cup (one-half pint)
sour cream
1 cup cherries or use
one cup sliced
bananas
1 cup halved pitted
green grapes
1 cup fresh pineapple
chunks
1 cup cantaloupe
¼ cup confectioners
sugar
2 tablespoons rum
(optional)

Prepare whipped
topping mix as
directed on package.
Blend in three table-
spoons confectioners
sugar, the nutmeg,
and sour cream. Chill.
Combine fruits, one-
fourth cup confec-
tioners sugar, and the
rum. Cover and chill.
Serve equal portions
of fruit and topping.
Garnish with a mint
sprig, if desired.

**GRASSHOPPER
WHIP**
(Yield: 8 servings)
1 package (3 ounces)
gelatin
2 tablespoons sugar
1 cup boiling water
¼ cup cold water
3 tablespoons green
creme de menthe li-
queur
1 envelope whipped
topping mix
1 egg white (optional)
1 pint strawberries,
sliced and sweetened
Dissolve gelatin and
sugar in boiling
water. Add cold
water; add slightly,
and add liqueur.
Prepare whipped top-
ping mix as directed
on package.
Place bowl of
gelatin in larger bowl
of ice and water. Stir
until slightly thick-
ened; add egg white.
Whip with rotary
beater or electric mix-
er until fluffy and
thick and about dou-
ble in volume.
Fold in prepared
whipping topping.
Spoon into a large ser-

ving bowl or in-
dividual dessert
dishes. Chill until firm
— at least three hours.
Top with strawber-
ries.

**PINEAPPLE
CREAM CHEESE
SQUARES**
(Yield: 9 servings)
1-¼ cups graham
cracker crumbs
¼ cup sugar
¼ cup softened butter
or margarine
1 envelope whipped
topping mix
1 package (8 ounces)
cream cheese, soften-
ed
¼ cup sugar
1 can (20 ounces) slic-
ed pineapple, syrup-
pack
1 package (3 ounces)
strawberry or orange
gelatin
1 cup boiling water
Combine crumbs,
one-fourth cup sugar,
and the butter. Press
into the bottom of a 9-
inch square pan. Bake
in preheated 375
degree oven for about
eight minutes. Cool.

Prepare whipped
topping mix as
directed on package.
Blend cream cheese
and one-fourth cup
sugar together; fold in
prepared whipped
topping. Spoon into
crumb-lined pan,
spreading evenly.
Chill until set.
Drain pineapple. Add
measuring syrup. Add
water to syrup to
make one cup.
Dissolve gelatin in
boiling liquid; add
measured liquid. Chill
until thickened.
Arrange nine
pineapple slices on
cream cheese mix-
ture; spoon on gelatin.
Chill until firm about
three hours.
For ease in cutting,
dip pan briefly in hot
water. Cut into
squares. Garnish with
additional prepared
whipped topping, if
desired.

**STRAWBERRY
SHORTCAKE**
(Yield: 6 servings)

Biscuits:
Two and one-third
cups biscuit mix
3 tablespoons sugar
3 tablespoons butter
or margarine, melted
½ cup milk
2 tablespoons butter
or margarine, melted
Topping:
1 envelope whipped
topping mix
2 cups sliced
strawberries
1 tablespoon sugar
Combine biscuit
mix, sugar, butter,
and the milk, mixing
with a fork to form a
soft dough. Knead
dough on a lightly
floured board, and roll
one-fourth inch thick;
cut into 12 three-inch
rounds.
Brush six of the
rounds with the two
tablespoons butter,
and place on ungreas-
ed baking sheet. Top
with remaining
rounds and bake in
preheated 425 degree
oven for 10 minutes.
Cool.
Meanwhile, prepare
whipped topping mix
as directed on pack-
age. Sprinkle
strawberries with
sugar. Separate
biscuits; then stack
individual dessert
dishes with half the
strawberries and half
the whipped topping
between the biscuits,
and the remaining
strawberries and top-
ping on top.

**DATE SOUFFLE
DELIGHT**
(Yield: 10 to 12 serv-
ings)
1 package (8 ounce)
cream cheese, soften-
ed
¼ cup maple syrup
1 tablespoon lemon
juice
1 cup mashed banana
1 can (8-¼ ounces)
crushed pineapple,
drained
½ cup finely chopped
dates
½ cup chopped pecans
1 envelope whipped
topping mix
Combine cream
cheese, syrup, lemon
juice and banana in a
bowl, beating until
well blended. Stir in
pineapple, dates and
nuts. Prepare whip-
ped topping mix as

directed on package;
fold into cheese mix-
ture.
Spoon into large
paper baking cups
which have been set in
muffin pans. Freeze
until firm — at least
six hours or over-
night. Remove paper,
and garnish with
pineapple slices and
cherries, if desired.

BRANTONI
(Yield: 6 to 8 serv-
ings)
1 cup crushed dry
macarons
½ cup light cream
¼ cup sugar
3 tablespoons brandy
Dash of salt
1 envelope whipped
topping mix
Combine three-
fourths cup of the
macarons, light
cream, sugar, brandy,
and salt; blend
well. Prepare whip-
ped topping mix as
directed on package.
Gradually add the
macaron mixture,
and continue whip-
ping until fluffy and
thick. Spoon into
paper soufle
cups, and sprinkle
with remaining
macarons. Freeze
until firm — about
four hours.

**STRAWBERRY
FLUFF**
(Yield: 8 servings)
1 package (8 ounces)
marshmallows
2 tablespoons water
1 package (10 ounces)
quick thaw strawber-
ries
2 tablespoons lemon
juice
1 teaspoon grated
lemon rind
1 envelope whipped
topping mix
Heat marshmallows
with water over
medium heat, stirring
constantly, until mar-
shmallows are
melted. Remove from
heat; add strawber-
ries, and stir gently
until berries are
separated. Stir in
lemon juice and rind.
Prepare whipped
topping mix as
directed on package;
fold into strawberry
mixture. Pour into
parfait glasses or
dessert dishes. Chill
about four hours.

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Selloum**
In 8" Pots
\$8.98
Each

**Schultz
Plant Food**
Instant, Liquid
12 oz.
\$1.79

**Peat
Moss**
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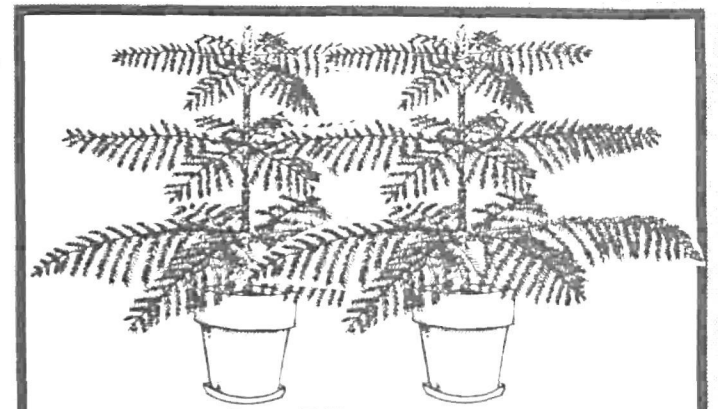
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Reunion favorites

America is ever on
the go, families no
longer stay put. They
move to the east, they
move to the west, they
go up north and down
south.
Perhaps this sum-
mer is the time to end
all that, at least for
one wonderful
weekend. Call a fam-
ily reunion and bring
home the clan...gran-
nies and grumps,
aunts and uncles and
cousins.

POTATO SALAD
(Yield: 5 cups)
1 can (10-¾ ounces)
condensed cream of
celery soup
½ cup sour cream
1 tablespoon vinegar
¼ cup chopped onion
2 tablespoons chopped
fresh dill
¼ teaspoon salt
Dash pepper
4 cups cubed cooked
potatoes
1 cup sliced celery
Combine soup, sour
cream, vinegar, onion
and seasonings. Add
potatoes and celery;
chill. Serve on salad
greens.

**OLD FASHIONED
BAKED BEANS**
(Yields: 21 cups)
6 cans (28 ounces
each) pork and beans
with tomato sauce
1-½ cups ketchup
¾ cup packed brown
sugar
1-½ cups finely chop-
ped onion
3 tablespoons
prepared mustard
12 slices bacon, par-
tially cooked
Combine all ingredi-
ents except bacon.
Divide between two 3-
quart shallow baking
dishes (13x9x2-inch)
in preheated 350-
degree oven. Top with
bacon. Bake for one
hour.
**CREAMY APRICOT
DRESSING**
(Yield: 1-¼ cups)
1 can (10-¾ ounces)
condensed cream of
mushroom soup
1 package (3 ounces)
cream cheese, soften-
ed
¼ cup milk
3 tablespoons apricot
preserves
1 tablespoon lime
juice
To make salad
dressing, in blender,
combine soup, cream
cheese, milk,
preserves and lime
juice. Blend until
smooth; chill.

OATMEAL BARS 1-½
cups all-purpose flour
1 teaspoon baking
powder
½ teaspoon baking
soda
2 teaspoons ground
ginger
1 can (11 ounces) con-
densed cheddar
cheese soup
One and one-third
cups packed light
brown sugar
2 eggs
½ cup salad oil
1 teaspoon grated
lemon rind
1 cup quick oats, un-
cooked
1 cup chopped walnuts
Grease and flour a
15x10x1-inch jelly-roll
pan.
In a large bowl of
electric mixer, sift
flour, baking powder,
baking soda and
ginger.
Add soup, sugar,
eggs, oil, and lemon
rind. Beat at medium
speed for two
minutes, scraping
side and bottom of
bowl often.
Stir in oats and
walnuts. Pour into
jelly-roll pan; bake in
preheated 350-degree
oven for 25 minutes or
until done. Cool
spread with lemon
glaze if desired. Cut
into squares.

**CREAMY APRICOT
DRESSING**
(Yield: 1-¼ cups)
1 can (10-¾ ounces)
condensed cream of
mushroom soup
1 package (3 ounces)
cream cheese, soften-
ed
¼ cup milk
3 tablespoons apricot
preserves
1 tablespoon lime
juice
To make salad
dressing, in blender,
combine soup, cream
cheese, milk,
preserves and lime
juice. Blend until
smooth; chill.

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ONIONS
5 Lbs. \$1.00
All onion items NOW!!
Pears, Peaches, Cauliflower, Beans, Cukes,
Blueberries, Corn, Apples, Tomatoes and
more

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Pears, Peaches, Cauliflower, Beans, Cukes,
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Chicken Manure
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1.5 cu. ft.
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Fresh
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Federal Way Safeway Only!

Mushrooms add meaty quality to salad

Mushrooms give a fascinating meaty quality to any dish they're in. This is especially true when they're used in salads.

During the past decade this elegant vegetable has been discovered by more and more salad makers. And, amaz-

ingly, they literally go with anything you might use in a salad. Here they form a novel combination with nutty-textured brown rice, nutritious alfalfa sprouts and diced tomato. But remember - when you're preparing the salad, don't soak fresh mushrooms. Just give them a quick rinse in cool water and blot

MUSHROOMS AND RICE HEALTH SALAD
(Yield: 4 to 6 servings)
½ pound fresh mushrooms
2-¾ cups cooked brown rice (½ cup raw)
1 cup diced tomato
1 cup alfalfa or bean

sprouts
¾ cup prepared Italian salad dressing
Rinse, pat dry and slice mushrooms (makes about two and three-fourths cup). Place in a medium bowl with rice, tomato and sprouts. Add salad dressing; toss gently. Cover and refrigerate at least one hour.



Microwave meal

Summertime entertaining calls for foods that are light and easy to serve, yet elegant in most any setting. Crab Crepes are prepared ahead and refrigerated until guests arrive. With the help of your microwave, a dozen crepes are ready to serve in just four minutes, hot and bubbling with melted Cheddar cheese.

For dessert, serve Carrot Cake, creatively cooked in a bundt pan for more even cooking in the microwave.

BASIC CREPES
(Yields: 2 cups of batter)

3 eggs
¼ cup milk
¼ cup water
3 tablespoons butter, melted
¼ cup all-purpose flour
½ teaspoon salt
Melted butter

In mixing bowl combine eggs, milk, water and three tablespoons melted butter. Beat with mixer, rotary beater or wire whisk until well blended. Add flour and salt. Beat until smooth.

Heat eight to 10-inch omelet or crepe pan over medium-high heat until just hot enough to sizzle a drop of water. Brush pan lightly with melted butter. For each crepe, pour in just enough batter (about two tablespoons for 8-inch pan or scant one-fourth cup for 10-inch pan) to cover bottom of pan, tipping and tilting pan to move batter quickly over bottom. Cook until lightly browned on bottom and dry on top.

Remove from pan or, if desired, turn and brown other side. Brush pan lightly with melted butter as needed to prevent sticking. Stack crepes between layers of waxed paper until ready to fill.

CRAB CREPES
(Yields: 6 servings)

1 can (6 ounces) crab meat, drained and flaked
3 hard-cooked eggs, chopped
½ cup chopped celery
1 cup shredded cheddar cheese, divided
One-third cup mayonnaise
¼ teaspoon salt
¼ teaspoon dry mustard
Dash pepper

In medium bowl, combine crab meat, drained and flaked, 3 hard-cooked eggs, chopped, ½ cup chopped celery, 1 cup shredded cheddar cheese, divided, one-third cup mayonnaise, ¼ teaspoon salt, ¼ teaspoon dry mustard, dash pepper.

combine crab meat, hard-cooked eggs, celery, one-half cup cheese, mayonnaise, salt, mustard and pepper. Spoon one-third cup down the center of each large crepe or three tablespoons onto each small crepe. Fold two opposite sides of crepe over filling. Arrange, seam side down, in eight and one-half x 11-½ x 2-inch glass casserole. Sprinkle remaining one-half cup cheddar cheese over crepes. Cook, covered, three and one-half to four minutes on Full Power or until cheese is melted. Serve immediately.

CARROT CAKE
(Yields: 10 servings)

1 cup butter
2 cups sugar
4 eggs
1 teaspoon vanilla
1 cup chopped walnuts
2 cups shredded carrots
2 cups flour
2 teaspoons baking soda
2 teaspoons cinnamon
2 teaspoons nutmeg
¼ teaspoon cardamom
½ cup raisins

Frosting
1 package (8-ounce) cream cheese
¼ cup sugar
Lightly grease large microwave bundt pan. Set aside.

Cream butter until soft. Gradually add sugar and beat until fluffy. Add eggs one at a time until thoroughly combined. Add vanilla, walnuts and carrots and mix well.

In separate bowl, sift together flour, soda, cinnamon, nutmeg and cardamom. Add raisins. Add flour mixture to egg-sugar mixture and combine thoroughly. Pour into prepared bundt pan and cook, uncovered, 30 minutes on Simmer Defrost. (If your microwave does not have a carousel, rotate one-third turn every 10 minutes.) For frosting, beat cream cheese with sugar until thick and smooth. Let cake cool before frosting.

Note: A simmer-defrost setting is equivalent to 50 percent power. Cooking times given are based on the use of a 650 watt oven. For use in ovens of different wattages, consult your cookbook.

SPARERIBS
(Yield: 4 to 6 servings)

1 can tomato soup
3 tablespoons catsup
¼ teaspoon salt
Cut ribs into serving pieces. Place under broiler and par-broil until lightly browned. Saute onions in butter and add remaining ingredients and simmer. Remove and dip in sauce.

If oven cooking, place in shallow casserole, return to preheated 350-degree oven for one hour or longer. If beer-becuing on outside grill, turn frequently until browned.

Have a "Beer-Becue"

Spareribs barbecued in a sauce of beer or ale are a delight for an entree, or that lip-smacking buffet item your guests will relish and admire.

BEER-BECUED SPARERIBS
(Yield: 4 to 6 servings)

4 pounds spareribs
½ cup chopped onions
1 tablespoon butter
1 cup beer or ale
2 tablespoons vinegar
½ teaspoon prepared mustard
¼ cup lemon juice
3 tablespoons brown sugar

1 can tomato soup
3 tablespoons catsup
¼ teaspoon salt
Cut ribs into serving pieces. Place under broiler and par-broil until lightly browned. Saute onions in butter and add remaining ingredients and simmer. Remove and dip in sauce.

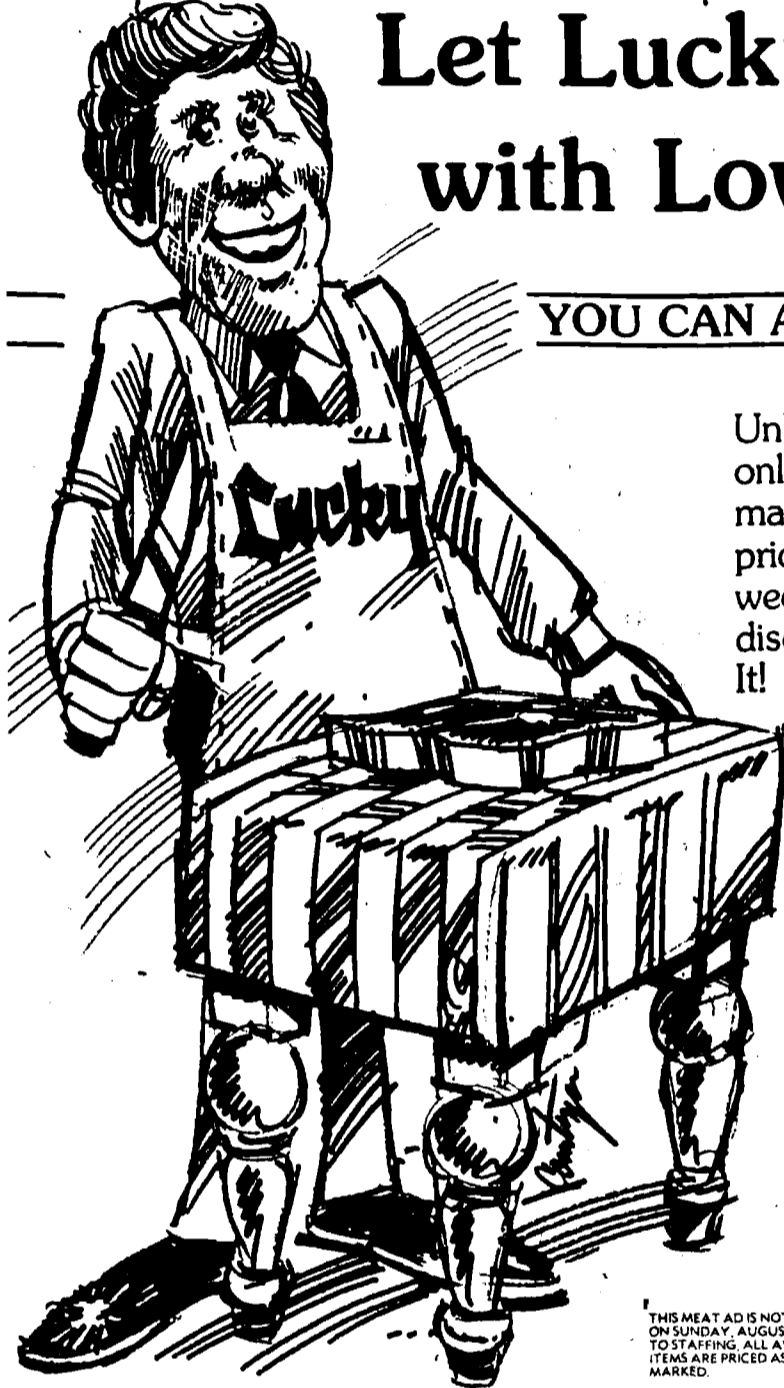
Shakes for Teens

If a group of hungry teenagers descends on your kitchen, serve the Orange Chocolate Shakes: Place one pint of softened vanilla ice cream in a mixing bowl. While beating the ice cream, blend in one can (6

ounces) frozen orange juice concentrate, thawed, and one-fourth cup of confectioners' sugar. Gradually add one quart of chocolate milk. Pour into tall glasses and top with scoops of ice cream. This will make seven cups of shakes.

Let Lucky Cut Your Food Budget with Low Everyday Meat Prices

YOU CAN ALWAYS RELY ON LUCKY FOR LOW MEAT PRICES!



Unlike other stores that offer you a few "specials" good for a few days only, Lucky's discount pricing means that we maintain a lower profit margin than other stores. That's why you'll always find the leanest prices in town at Lucky. And not just some days, but every day of the week. But why take our word for it? Shop and compare. You'll discover that when it comes to more meat for your dollar - Lucky Has It!

Beef Arm Chuck Roast
USDA Choice Beef
lb. **1.69**

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Fresh Chicken Drums & Thighs
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Beef T-Bone Steaks
USDA Choice Beef
lb. **3.64**

Beef Rib Steaks
USDA Choice Beef Magna Pak (lb. 3.29) lb. **3.24**

Fresh Pork Sausage
Bulk lb. **.98**

Beef Rib Roast
USDA Choice Beef, Large End lb. **2.29**

Fresh Ground Beef
(Reg. 1 lb. pkg. lb. 1.34)
Magna Pak - 3 lb. pkg. and over lb. **1.29**

Lady Lee Sliced Bacon
(Thick 1 ½ lb. pkg. 1.47) 1 lb. pkg. **.98**

Beef 7-Bone Chuck Roast
USDA Choice Beef lb. **1.59**

Beef Porterhouse Steaks
USDA Choice Beef lb. **3.74**

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FEDERAL WAY STORE

1211 SO. 320th STREET

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What's Cookin' in Ruth's Kitchen

by Ruth Jurich



We've all heard the fable about the grasshopper and the ant. Well, I've played the grasshopper and fiddled away all this wonderful summer. Now I've got to emulate the ant and start putting things away for the winter.

We have a good supply of jam from our bountiful berry crop and a lot of frozen green beans from a bumper crop of Blue Lake and Kentucky Wonder pole beans with lots more to come.

Freezing beans is so easy and totally safe that I'd never consider preserving them by any other method. You can blanch, chill and put them in plastic bags in any quantity from one package to several, as your beans achieve the size you prefer for picking. We prefer our beans small and tender, but if some get a bit too large, it's easy to split them Julienne style.

THE BIG JOB ahead for me is canning peaches and peaches. Our good old Bartlett Pear tree appears to be loaded with fruit that's ripening rapidly, and we've got to get them picked and packed in boxes. You don't let them fully ripen on the tree.

As to peaches for canning, I'm told that Hales are starting to come in and that Elbertas will be along soon. If you plan to buy them locally, the best thing to do is to keep in touch with your favorite produce man and buy your peaches when the season is at its peak. They will be costlier if you like canned peaches as well as my family, they'll be worth it.

I've canned Hales and all kinds of Elbertas, and my advice is to select whichever kind is top quality. If they're all top quality, I'll take Elbertas. Their skins slip, and they break away from the pits with the greatest of ease.

Perfectly ripe, or preferably tree-ripened Hales will too, but if they're the slightest bit unripe, you can drop them in rapidly boiling water and still end up removing the skins with a sharp knife and cutting the meat away from the pits.

TOP QUALITY fruit of course has the best flavor, and when you go to all the bother of peeling, packing and processing, you should get top notch results.

Although I've been canning fruits for more than 40 years, I still check with an Extension Service or Department of Agriculture bulletin to see if there's any new information on methods or processing time. There doesn't seem to be. Peaches and pears still take 25 minutes for pints and 30 minutes for quarts.

You'll crow over barbecued marinated chicken. Combine one package Caesar salad dressing mix with two tablespoons water in a jar; shake well. Add one teaspoon seasoned salt and one cup salad oil; shake about 30 seconds. Pour over two broiler-fryers, halved. Marinate several hours or overnight. To cook, place chicken on grill, skin side up; turn every eight to 10 minutes and baste frequently with marinade. Grill about one hour, serves four.

That means actual boiling time after the water around the jars has started to boil. It should be over the jars too, not just part of the way up.

Which reminds me, if you're buying a can-

ning kettle, be sure to get one deep enough so that a quart jar setting on the rack can be totally covered with room to spare. Some are deeper than others. I don't think anyone

has come up with a short cut to peeling and removing the cores from pears. You still have to do it with a peeler or a sharp knife, and they're apt to discolor before you have enough to fill a cooker.

The Extension Service says to put them in a solution of two tablespoons each of salt and vinegar to a gallon of water, and when you have enough to fill your jars to drain and pack them. But if you work fast

and cover each jar with syrup as you go along, you can almost keep up with discoloration. If they brown only a little, the color will usually go away during processing.

A **FULL PACK** is something we all try to achieve, because fruit will shrink some during processing, and you don't want too much syrup in the bottom of the jar.

Putting halves of peaches or pears in the jars with cut side

down and lining them all up that way seems to get a fuller pack than putting pieces in the jars helter-skelter. Use a fork to get those in the bottom of the jars off to the right start.

Fill jars clear to the top with fruit, and pour on hot syrup to a half inch of the top.

Then be sure to wipe the top edge of each jar with a damp cloth to make sure there's no fruit or syrup that might prevent a perfect seal.

You are now ready to dip the lids in hot water, place them on the jars, put on the rings and tighten them. Screw them as tight as you can, and don't tamper with them later. When the rubber is hot and soft, if you move it you're apt to break the seal.

DON'T FORGET to lay a towel on the kitchen counter or stove top where you'll be placing the hot jars as you lift them from the boiling water. A hot jar on a cold counter

might break. Let the jars cool several hours or preferably until the next day before you remove the rings, which can then be used on another batch of fruit. They should be perfectly sealed and are ready to rinse in cold or lukewarm water and store away.

It's easy to tell if a jar is sealed. If you are nearby when they are cooling, you'll hear them pop as a vacuum forms, and the lid becomes con-

cave. A sealed lid will look concave or sucked in, and if you tap it with your finger or lightly with a fork it will give forth a clear ringing sound. One that is not sealed has a dull sound and does not look concave.

It's seldom that a jar doesn't seal, but if it doesn't it's best to either use the fruit or to put on a new lid and completely reprocess it. The whole things sounds like work, but it's worth it.

JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50

7 DAY AD EVERY WEEK

MEMBER
AG
ASSOCIATED GROCERS

HOT ITEM SALE!

IT'S A SCORCHER!

TASTEWELL
CREAMY (or) CRUNCHY
PEANUT BUTTER 36 OZ.

SAVE 61¢

\$1.48

WESSON
PURE
SALAD OIL 48 OZ.

SAVE 57¢

\$1.98

ZEE NICE & SOFT
ASSORTED
BATHROOM TISSUE 4 ROLL PAK

SAVE 27¢

78¢

BETTY CROCKER
ASSORTED
CAKE MIXES 18 1/2 OZ. PKG.

SAVE 32¢

63¢

LARGE BELL GREEN PEPPERS 6 FOR \$1.00

NECTARINES LB. 39¢

A.G.
SHEER KNEE-HI'S

SAVE 30¢

69¢

PAIR

CORONET
PAPER TOWELS

SAVE 21¢

48¢

JUMBO ROLL

WESTERN FAMILY
MED. CHEDDAR CHEESE

SAVE 70¢

\$3.39

2 LB. LOAF

PARKAY
PURE MARGARINE

SAVE 16¢

53

LB.

ULTRA BRITE 20" OFF LABEL TOOTH PASTE 6 OZ. \$1.03	FEEL GOOD CHAP STICK EACH 65¢	KRAFT LO CAL CATALINA DRESSING 8 OZ. 55¢	PEPPERIDGE FARM STRAWBERRY CREAM CAKE 24 OZ. \$1.79	KRAFT PLAIN CHEESE W
TURTLE ZIP CAR WASH LIQUID 18 OZ. \$1.57	STURDY WHISK BROOM EACH 89¢	KRAFT CREAMY CUCUMBER DRESSING 8 OZ. 73¢	VAN DE KAMP FISH STICKS 10 OZ. \$1.29	SUGAR ASST. FLAVORS KU
WESTERN SHORES FOOD STORAGE BAG 50 CT. \$1.19	GREAT NATURAL SPONGE EACH 39¢	KRAFT FRENCH DRESSING 8 OZ. 69¢	WESTERN FAMILY COOKED SHRIMP 6 OZ. \$1.29	LINSEY CHOPPED RIPE C
HEFTY 33 GAL LARGE 2 PLY TRASH BAGS 20 CT. \$3.15	STAY FREE REGULAR MAXI PADS 12 PAK \$1.09	KRAFT 1000 ISLAND DRESSING 8 OZ. 69¢	MINUTE MAID REGULAR LEMONADE 2 12 OZ. TINS 89¢	LINSEY STUFFED MANI

PURINA DOG CHOW

SAVE 80¢

\$6.39

25 LB. BAG

BIC CIGARETTE LIGHTER

SAVE 40¢

49¢

EACH

BANQUET T.V. DINNERS

SAVE 18¢

59¢

CHICKEN SALISBURY TURKEY 11 OZ.

WESTERN FAMILY SHOESTRING POTATOES

SAVE \$1.07 ON 3

\$1

3 20 OZ. PKGS.

KRAFT AMERICAN SINGLES

SAVE 80¢

\$2.39

24 OZ.

PILLSBURY COUNTRY STYLE BISCUITS

SAVE 8¢

19¢

7 1/2 OZ.

WESTERN F... PORK BEAN

SAVE 14¢

\$1.19

30 OZ. TIN

JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50 JOHNNY'S P50

Fool your sweet tooth

Cutting down on sugar doesn't have to mean getting rid of everything sweet in the diet. Substitute natural sugars, says Jan Grant, King County Extension agent. Nibble on strawberries, melons, bananas, they are naturally sweet and nutritious

when the sweet tooth craves for something delicious. Suggest real fruit punch instead of soda pop, for thirsty teenagers. More than calories

can be saved when you substitute a piece of fruit for a slice of chocolate cake. Refined sugar is a concentrated source of calories—but with no

measurable vitamins or protein. Cutting down the amount of sugar in cookies, cakes, and puddings only changes the calorie

count slightly. The large amount of fat and flour still present in these foods keeps the calorie count high. A 75 percent cut in the amount of sugar only

gives about a 20 percent reduction in calories. Instead of reducing sugar in a recipe, cut down on sweet-tasting foods, like soda pop,

candy, bakery goods, a longing for and sweetened something to satisfy cereals. That can be a that sweet tooth, grab very effective way of a piece of fruit to cutting down calories, munch on, sweet, Mrs. Grant suggests delicious, and that next time there is nutritious.

Albertsons® 40th Anniversary

 <p>QUARTER PORK LOINS</p> <p>Steaks and Chops Mixed, Cut from 14-17 Lb. Loins, Bar-S</p> <p>1.19 LB.</p> <p>A NICE DEAL ALL AROUND</p>	 <p>KRUNCHY CAKE DONUTS</p> <p>Glazed or Sugared</p> <p>REG. 4/1.09</p> <p>81 \$ FOR</p> <p>A NICE DEAL ALL AROUND</p>	 <p>BEEFSTEAK TOMATOES</p> <p>From California, Red Ripe Slicers!</p> <p>LB.</p> <p>39¢</p> <p>A NICE DEAL ALL AROUND</p>	 <p>BATHROOM TISSUE</p> <p>Charmin White, Yellow, Pink or Blue, 4-Pack</p> <p>79¢</p> <p>A NICE DEAL ALL AROUND</p>
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GUARANTEED MEATS

 <p>SIRLOIN STEAK</p> <p>BEEF TOP</p> <p>2.69 LB.</p> <p>USDA CHOICE Boneless, U.S. Choice</p>	<p>Bar-S, Cut from 14-17 Lb. Loins Pork Rib Chops Lb. 1.59</p> <p>Bar-S, Cut from 14-17 Lb. Loins Pork Loin Chops Lb. 1.69</p> <p>Cut from Rib End Loins Country Style Ribs Lb. 1.29</p> <p>Country Style Pork Sausage Lb. 98¢</p> <p>Longmont Boneless, Fully-Cooked Turkey Ham Lb. 1.79</p> <p>Acme, 10-14 Lb. Avg. Fresh Hen Turkeys Lb. 89¢</p>	<p>Fresh, U.S. Choice Lamb Leg Lb. 2.19</p> <p>U.S. Choice Lamb Rib Chops Lb. 3.09</p> <p>U.S. Choice Lamb Loin Chops Lb. 3.29</p> <p>Fresh, Washington Grown Whole Fryers Lb. 69¢</p> <p>Fresh, Washington Grown Cut-Up Fryers Lb. 79¢</p> <p>Fresh, Washington Grown Fryer 'N' Half Lb. 79¢</p>
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Boneless, Frozen
Fryer Breasts Lb. **2.29**

GROUND BEEF **1.29** LB.
Ground fresh daily, Not exceeding 30% fat

MEAT DELI SPECIALS

BONUS BUY! **BALL PARK FRANKS** **1.59** LB.
Hygrade's Meat or Beef

BONUS BUY! **SMOKEES** **1.59** EA.
Armour Star Smoked Sausage, 12 Ounce

Albertson's, Individually Wrapped Slices 12 Ounce
Cheese Food Ea. **1.29**

Albertson's, Six Varieties, 3 Ounce
Chipped Meats Ea. **49¢**

FARM FRESH PRODUCE

 <p>RED HAVEN PEACHES</p> <p>Beautiful Washington Grown, Large Sizes</p> <p>49¢ LB.</p> <p>A NICE DEAL ALL AROUND</p>	<p>WALLA WALLA SWEETS 5 \$ FOR Yellow Onions Famous for Mild Flavor!</p> <p>Local, Italian Delicious in so many ways Zucchini Squash 4 for 1.00</p>	<p>Long, green slicing Cucumbers 5 for 1.00</p> <p>Yakima, Tender, well filled ears Sweet Corn 7 for 1.00</p> <p>New Fall Crop Artichokes Ea. 59¢</p>
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BONUS BUY! **CRISP CELERY** **2** FOR **79**¢
Long Shank, Tender Stalks

IN-STORE BAKERY BUYS

 <p>CINNAMON ROLLS</p> <p>Raisin or Plain, Delicious!</p> <p>18 FOR 1.99</p> <p>SAVE 70¢-1.00</p>	<p>Onion or Sesame Seed, Reg. 8/69¢ Sliced Buns 8 for 59¢</p> <p>Lemon, 8 Inch, Reg. \$2.99 Meringue Pies Ea. 2.59</p> <p>16 Ounce, French, Reg. \$1.19 Garlic Bread Ea. 99¢</p> <p>Apache, Buttermilk White English Muffin, 100% Whole Wheat Cracked Wheat, Sesame Seed, Wheat Bread, Dutch Crunch Reg. 79¢ Bread Sale! 16 Ounce Loaves 59¢</p>
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BONUS BUY! **CAKE of the WEEK "BANANA CAKE"** **2.99** EA.
7-Inch, 2-Layer, Banana Icing and Filling, Banana Crumbs on Top
REG. \$3.49

BONUS BUY! **SOUR DOUGH ROLLS** **3** DOZ. FOR **1.29**
Fresh and Tasty! Reg. 3 Doz., \$1.89
SAVE 80¢

EVERYDAY LOW PRICE **MISSION LONG SPAGHETTI** 22 Ounce **79¢** **BONUS BUY!** **FOLGER'S 3-LB. COFFEE** All Grinds **9.49**

40th Anniversary low, low

The ever ready quick picnic plan

Although scientists can give logical technical explanations for it, they still can't control it — and no one knows whether the weather we see tomorrow will be hot sunny or overcast.

Thus when the perfect day dawns for a picnic it is best to be prepared, ready to take off for the great outdoors with minimal fuss and maximum speed. You can do it, of course — and here's how. Eggs are generally on hand. They can be hard-cooked and

packed as-is (don't forget the salt). Or quartered to top a green summer salad. Or devilishly deviled by mashing the yolks with mayo and mustard, and adding curry powder to taste. Likewise, frozen fried chicken is always to be found in your freezer, waiting

for just such an emergency. A can of cream of celery soup, tucked into the fridge with foresight, can combine with one-fourth cup mayonnaise, two tablespoons chopped parsley, one teaspoon lemon juice and six chopped anchovies—a quick green goddess dressing. (If you are apathetic towards anchovies, leave them out; the dressing won't be authentic, but it will be good!) Pack crisp, torn salad greens in a separate container, ready to be tossed with the dressing at serving time. A frozen layer cake

that you had hidden away in the freezer can be packed as is; it will be ready to serve by the time you're ready to eat. A major help is having your picnic cooler or basket prepared. Keep it well stocked with paper plates and napkins, plastic utensils and glasses, insect repellent and a picnic blanket into the car trunk, along with bat and ball or badminton set or the gear for your favorite outdoor activities. Plan ahead and you'll be able to forge ahead, the moment that Old Sol's shine brings a picnic to mind!

Sale Specials

4th BIG WEEK OF SAVINGS!



GRADE 'AA' LARGE EGGS
Albertson's Dozen Carton

57¢



ASSORTED SOFT DRINKS
Coke, Sprite, Fresca or Tab

12.5¢
6-PACK 12-OZ. TINS



COTTAGE CHEESE
Albertson's One Pound Carton

49¢



ORANGE JUICE
Sunkist Frozen Concentrate, 12 Ounce

69¢

GROCERY SPECIALS

Bonus Buy! **JANET LEE SALTINE CRACKERS** 39¢
Thin and Crisp, 16 Ounce

Beef, Tuna and Chicken Proteins	50-Lb. Bag	7 ⁹⁹	Syrup, 12 Ounce	93¢
Atta Boy Dog Food			Mrs. Butterworth's	
Brick Oven, 21 Ounce		69¢	100 Count	2 ⁶⁹
B & M Baked Beans			Lipton Tea Bags	
Gallon Plastic Bottle		69¢	Cubes, One Pound	79¢
Clorox Bleach			Imperial Margarine	
Reach-In 200 Count		69¢	Sunshine, 11 Ounce	69¢
Kleenex Facials			Vanilla Wafers	
Designer Print or Jumbo Roll Assorted	100 Count	75¢	30 Count Beltless, Absorbent	2 ¹⁹
Bounty Towels	2-Roll (Twin Pack 99¢)		Stayfree Mini-Pads	

Concentrated All Detergent	84 Ounce, 25' Off	2 ²⁹
All Liquid Laundry Detergent	64 Ounce, 30' Off	2 ⁹⁵
Wisk Heavy Duty Laundry Detergent	128 Ounce, 50' Off	5 ⁵⁵
All For Automatic Dishwashers	65 Ounce, 25' Off	2 ¹⁹
Lux Dishwashing Liquid	22 Ounce, 15' Off	91¢

DELI SHOPPE

FEDERAL WAY STORE ONLY

2 for 1 PIZZA SALE!

Home-Made Sausage, Pepperoni, Cheese, Canadian Bacon and Pineapple (Reg. \$2.39 Each)

Bonus Buy! BUY ONE AT REGULAR PRICE & GET ONE... *Free*

Fresh-Made, Reg. \$1.09 Lb., Save 40!	Macaroni Salad Lb. 69¢	Deli Select, Reg. \$5.69 Lb., Save 70!	Reuben Pastrami Lb. 4 ⁹⁹
Mellow Flavor, Reg. \$2.89 Lb., Save 60!	Provolone Cheese Lb. 2 ²⁹	Hormel Smoked, Reg. \$2.79 Lb., Save 80!	Rope Sausage Lb. 1 ⁹⁹

BUTCHER BLOCK

DUNGENESS CRAB MEAT Exc. For Cocktails or Crab Louie	Lb. 8 ⁴⁹	FRESH SPLIT SALMON Semi-Boneless - 1 1/2 to 2 Lb. Aver.	Lb. 2 ⁴⁹
FRESH FILET of COD True Cod	Lb. 1 ⁸⁹	BEEF SKIRT STEAKS Bar-B-Q or Broil	Lb. 2 ⁹⁹

FROZEN FOODS

Bonus Buy! **TOTINO'S CRISP CRUST CLASSIC PIZZA** 1⁹⁹
Combination or Pepperoni/Mushroom Frozen 20 Ounce

Country Time Pink or Regular Frozen	12 Ounce	39¢	Rich's, Frozen 8-1/2 Ounce	89¢
Lemonade			Chocolate Eclairs	
Minute Maid, Frozen	16 Ounce	1 ³⁹	Albertson's Vanilla Deluxe, English Toffee, Pecan Praline, Spumoni, Double Chocolate, Rocky Road	1 ⁹⁹
Orange Juice			Gourmet Ice Cream	Half Gallon 1 ⁹⁹

Bonus Buy! 7-UP or DIET 7-UP 99¢
2 Liter No-Return Plastic

America's turning 7up

KIDS! SIGN UP FOR GREATER SEATTLE JUNIOR FOOTBALL

NOW THROUGH SEPTEMBER 18TH

MEET SEATTLE SEAHAWK **DAVID SIMS**
Greater Seattle Junior Football Spokesman, At Designated Albertson's Supermarkets This Fall!

Ask for a registration form at your nearest Albertson's Supermarket or at these playground and school locations:
*Bitter Lake *Hamlin Park *Lower Woodland *Soundview *Hull Jr. High *Jane Adams *Loyal Heights *View Ridge *East Greenlake *Laurelhurst *Rainier *Waldo Dahl *Garfield *Lincoln Park *Riverview *Woodway High School

BEER & WINE

Bonus Buy! PINK CHABLIS	Francia 1.5 Liter	2 ⁹⁹	Bonus Buy! CHABLIS BLANC	Gallo 1.5 Liter	3 ²⁹	Bonus Buy! RAINIER LIGHT	12 Pak 12 Ounce Cold Pak	4 ²⁹	Bonus Buy! MALT LIQUOR	Schlitz 12 Pak 12 Ounce Cold Pak Tins	4 ²⁵
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PRICES EFFECTIVE AUGUST 22-28, 1979
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AVAILABILITY
Each of these advertised items is required to be readily available for sale at or below the advertised price in each Albertson's store, except as specifically noted in this ad.

RAIN CHECK
We strive to have on hand sufficient stock of advertised merchandise. If for any reason we are out of stock, a RAIN CHECK will be issued enabling you to buy the item at the advertised price as soon as it becomes available.

prices throughout the store.

Beef and Barley Soup

A money-saving hearty soup that makes a complete meal accompanied by a crispy bread and relish tray.

Beef-Barley Soup
 6 cups water
 1 lb lean ground beef
 1 cup medium barley
 1 large carrot, diced
 1 medium onion, chopped
 2 large celery stalks with leaves, diced
 1 1/2 tbsps minced parsley
 2 tps salt
 1/4 tsp pepper
 1 can (16 oz) tomatoes, chopped
 Put water, beef and barley in large kettle. Stir to break up meat. Add remaining ingredients. Simmer 50 to 60 minutes or until barley is tender, stirring occasionally. Makes 2 1/2 quarts.

(If using a slow cooker, cook 6 hours at low setting or 3 hours at high setting, or until barley is tender.)

Oatmeal Prune Cake

Oatmeal Prune Cake
 1 cup old-fashioned rolled oats
 2 cups boiling water
 2 cups flour
 2 tps baking powder
 1 tsp baking soda
 1 tsp cinnamon
 1/2 tsp salt
 1 cup prunes, cut up
 3/4 cup solid shortening
 1/2 packed brown sugar
 1/2 cup granulated sugar
 2 eggs
 Walnut frosting
 Mix oats and boiling water; set aside. Mix flour, baking powder, soda, cinnamon and salt; toss prunes with 1 tablespoon of flour mixture; set aside. In large bowl of mixer, beat shortening, sugars and eggs until fluffy. Gradually stir in flour mixture until well blended. Stir in oatmeal mixture until well blended. Stir in floured prunes. Pour into greased and floured 13 x 9 x 2-inch baking pan. Bake in preheated 350-degree oven 35 to 40 minutes or until pick inserted in center comes out clean. Cool on rack. Frost with Walnut Frosting.

Walnut Frosting: In small bowl of mixer, 1/4 cup softened margarine, 2 cups confectioners' sugar and 3 tablespoons lemon juice until smooth and creamy. Stir in 1/2 cup chopped walnuts.

Carrot Mushroom Stir-Fry

A quick and easy way to prepare carrots with a new twist.

Carrot Mushroom Stir-Fry
 2 tbsps butter or margarine
 2 tbsps oil
 1 lb carrots (about 7 large) peeled and sliced very thin
 3/4 lb mushrooms, sliced very thin
 5 medium green onions with tops, sliced thin (1/2 cup)
 1 tbsps lemon juice
 1/4 salt, or to taste
 1/4 fresh ground pepper, or to taste

In large skillet, heat butter and oil until bubbly. Add carrots, mushrooms and onions. Cook and stir until vegetables are tender, about 8 minutes. Stir in lemon juice, salt and pepper. Serves 4.

T

LOOK FOR THE BIG "T" A SURE SIGN OF GOOD TASTE & PLACE TO TRADEWELL

PORK SPARE RIBS

FRESH

Lite & Lean
 3 lbs. &
 Under

\$1.39
 lb.

Boneless Beef Rib Steaks
 U.S.D.A. Choice

\$2.99
 lb.

Boneless Beef Spencer Steak
 U.S.D.A. Choice

\$3.69
 lb.

WHOLE STEWING CHICKENS

FRESH

Acme Washington Grown

37¢
 lb.

Boneless Beef Cube Steaks
 U.S.D.A. Choice

\$2.19
 lb.

Pork Link Sausage
 Lemmer's Fresh Saus. Or Italian

\$1.49
 lb.

Bar-S Biggie Franks
 1 lb. Pkg.

\$1.39

BEEF RIB STEAKS

U.S.D.A. Choice

\$2.59
 lb.

Boneless Beef Sirloin Tip Steaks
 U.S.D.A. Choice

\$1.99
 lb.

Bar-S Dinner Franks
 Extra Lean 1 1/2 lb. Pkg.

\$2.89
 ea.

Kraft Colby Cheese
 2 lb. Pkg.

\$3.98
 ea.

SIRLOIN TIP ROASTS

BONELESS

U.S.D.A. Choice BEEF

\$1.79
 lb.

Fresh Lean Ground Beef

\$1.59
 lb.

Fresh Whole Pink Salmon
 3 to 5 lb. Avg.

\$1.79
 lb.

Fresh Fillet of Sole

\$2.49
 lb.

PAPER TOWELS

Spill-Mate Color Prints
 1st 2. Additional At Regular Price

90 ct.

48¢

MIRACLE WHIP

Salad Dressing Kraft

32 oz.

\$1.05

LARGE EGGS

Broadview Farms Grade AA Cartoned

Dozen

63¢

ROYAL GELATIN

Straw., Rasp., Cherry, Orange, Lemon, Lime Desserts

6 oz. **38¢**

GRAHAM CRACKERS

Nabisco Honeymaid

2 lb. **\$1.78**

FLUFFO SHORTENING

30% Off Label

3 lb. **\$1.98**

CAT FOOD

Tender Vittles Moist Gourmet, Tuna, Savory Supper Flavors

12 oz. **73¢**

DRY CAT FOOD

Purina Meow Mix

3 1/2 lb. **\$1.99**

DRY CAT FOOD

Purina Dairy Dinner

3 1/2 lb. **\$1.99**

PURINA MEOW MIX II

3 1/2 lb. **\$1.99**

ZEE NAPKINS

Assorted Colors

140 ct. **58¢**

FROZEN FOODS

BANQUET MEAT PIES Beef, Chicken, Turkey 8 oz. **3/\$1**

BANQUET Buffet Supper Main Dish, Chicken & Dumplings, Turkey, Salisbury, Beef Stew 2 lb. **\$1.59**

HASHBROWN POTATOES SNOBOY 2 lb. **48¢**

FRIED CHICKEN BANQUET 17 Pieces 3 lb. 12 oz. **\$3.98**

SENECA APPLE JUICE Natural Concentrate 12 oz. **78¢**

FISH FILLETS VAN de KAMP'S 12 oz. **\$1.59**

PEACHES

Mountie Yellow Cling - Irregular Cut Pieces

29 oz.

2/\$1

Macaroni & Cheese

Mission Dinner

7 1/4 oz.

4/\$1

HI-C DRINK

Assorted Fruit Flavors

46 oz.

2/\$1

Sweet Walla Walla Yellow ONIONS

lb. **15¢**

Large Green PEPPERS

5/\$1

Washington Bartlett Pears .. lb. **39¢**

Corn on the Cob Fresh **6/\$1**

Local Grown Cauliflower ea. **59¢**

SEEDLESS

GRAPES

Sweet Thompson

lb.

49¢

Locally Grown

CABBAGE

lb. **10¢**

Danish or Butternut

SQUASH

lb. **29¢**

Beefsteak Tomatoes lb. **49¢**

Seedless Limes Florida lb. **69¢**

SALE PRICE GUARANTEE (Raincheck): Each of these advertised items is required to be readily available for sale at or below the advertised price in each Tradewell store, except as specifically noted in this ad. We strive to have on hand sufficient stock of advertised merchandise. If for any reason we are out of stock, a SALE PRICE GUARANTEE (Raincheck) will be issued enabling you to buy the item at the advertised price as soon as it becomes available.

Prices Effective Aug. 22nd thru Aug. 25th, 1979
 LIMIT RIGHTS RESERVED An Equal Opportunity Employer

TRADEWELL

15858 PACIFIC HWY. S.
 24700 MILITARY RD. S.
 23406 PACIFIC HWY. S.

Help save energy and resources

Recycle Saturday

For information call 1-800-RECYCLE

Model Litter Control and Recycling Act

Party-time appetizers

Summertime is party time! Whether it be after tennis, pool party or barbecue, two key ingredients are necessary - good food and good friends.

If you're tired of the same old appetizers you always serve, try the zip of beer as an ingredient in Roquefort Pecans, Mushroom Cheese Rolls and Cheese With Spirit pate-dip.

ROQUEFORT PECANS
(Yield: 1-1/2 cups)
4 ounces Roquefort cheese
6 ounces cream cheese
1/4 cup beer
Large unsalted pecan halves

Let cheeses stand at room temperature until softened. Mix the cheeses and beer together until the spread is very smooth. Cover and chill in refrigerator until mixture is stiff, but still spreadable, about three hours.

Spread the cheese mixture on one pecan half and top with another pecan, sandwich fashion. Serve within an hour of making.

CHEESE WITH "SPIRIT"
1 (8-ounce) package cream cheese
3 tablespoons sour cream
1/2 cup butter
1/4 cup beer
1 tablespoon prepared mustard
1 teaspoon paprika
1 teaspoon caraway seeds
1 teaspoon capers
1 tablespoon chives or onions

Combine cream cheese, sour cream and butter. When at room temperature, blend in other ingredients. Can use electric blender. Place in crock or container with a top. Note: The amount of beer in this recipe will produce a spread. For a dip, add one-half cup beer; for a pate, use two tables-

poons beer.
MUSHROOM CHEESE ROLLS
(Yields: 12 rolls)
1/2 cup grated cheddar cheese
1 egg yolk
1/4 cup finely chopped fresh mushrooms
1/2 teaspoon instant minced onion
2 tablespoons finely chopped green pepper
1 teaspoon prepared mustard
4 teaspoons beer
12 very thin slices white bread with crusts removed
Paprika

Combine the cheese with the egg yolk and add the mushrooms, onion, green pepper and mustard. Mix in enough beer to make the mixture moist enough to spread easily; use more beer if needed.

Spread mixture on the bread slices. Roll up each slice jelly-roll fashion and secure with a toothpick. Place the rolls under a preheated broiler and brown lightly on each side. Dust with paprika.

Big eaters get ravenous in the great outdoors and one absolute strategy for maneuvering fast and filling meals at a campsite is to get everyone into the act.

While Dad is outside tending the chicken over glowing coals, hide yourself inside the camper to prepare an easy side dish of Creamy Mushroom Rice. Pre-cooked rice, a standby staple for campers, combines with mushroom soup, mushroom stems and pieces, parsley and lemon juice for an all-

in-one-pot camper's delight.

While you're about this, set the youngsters to slicing tomatoes, preparing the beverage and before you know it, supper's ready.

CREAMY MUSHROOM RICE
(Yield: 2-1/2 cups)
1 can (10-3/4 ounces) condensed cream of mushroom soup
1/2 cup water
1 can (4 ounces) mushroom stems and pieces, drained
2 tablespoons butter or margarine
1-1/2 cups packaged

enriched pre-cooked rice

1 tablespoon chopped parsley or chives
1 teaspoon lemon juice

Combine soup, water, mushrooms and butter in a two quart saucepan. Bring to a full boil. Stir in rice. Cover; remove from heat and let stand five minutes. Stir in parsley and lemon juice.

CHINESE BARBECUED CHICKEN
(Yields: 4 servings)
1/2 cup brown sugar

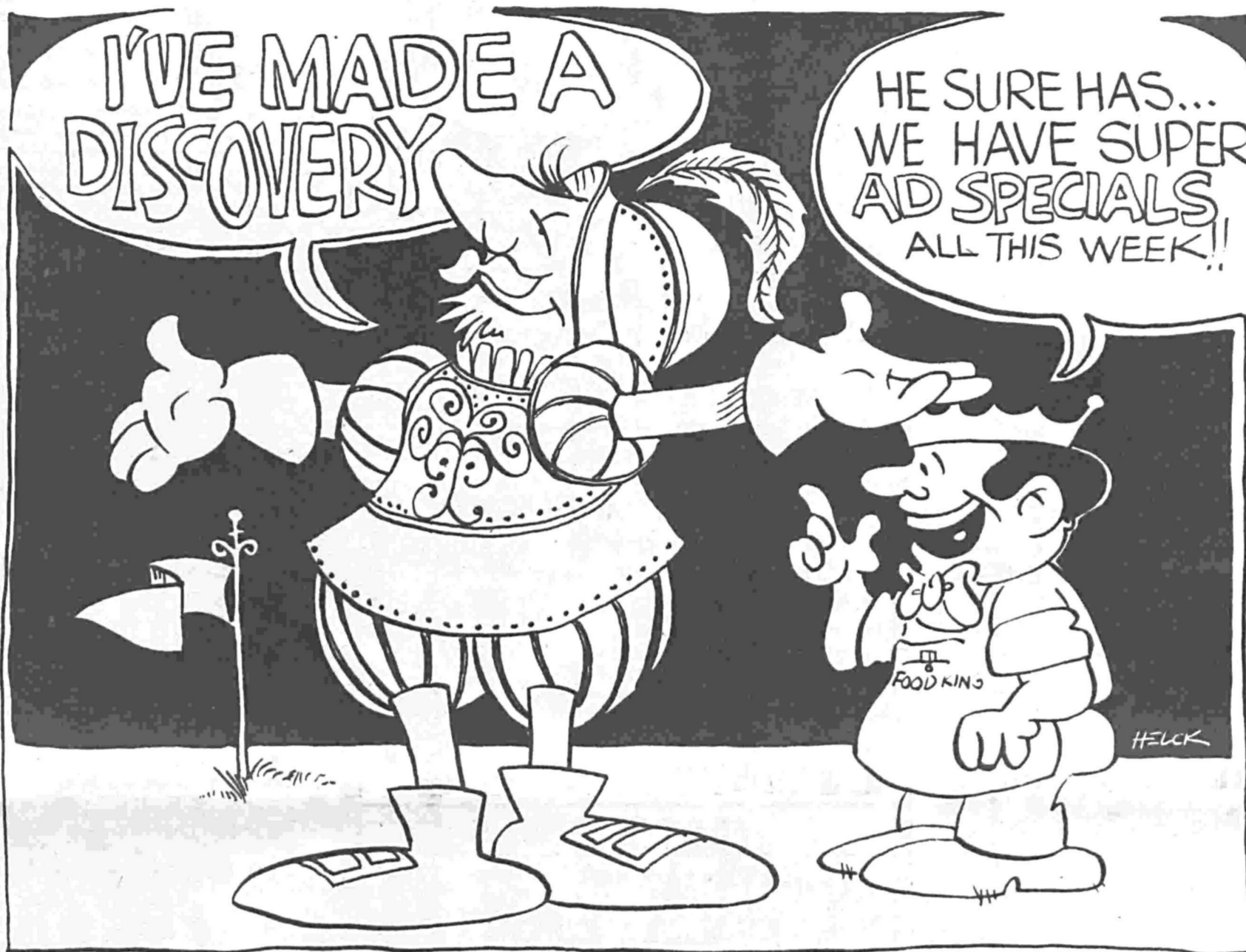
(firmly packed) 1/2 cup barbecue sauce
1/4 cup soy sauce
1/4 cup vinegar
1/2 teaspoon pepper
3 pounds frying chicken

Combine brown sugar, barbecue sauce, soy sauce, vinegar and pepper in saucepan; heat until sugar is dissolved. Place chicken on grill over glowing coals. Broil, turning frequently, until chicken is tender, about 45 minutes, brushing with barbecue sauce toward the end of the cooking time.



Chinese Barbecued Chicken and rice

DISCOVER AD SPECIALS



LOCAL CORN
10/1

ONIONS	7/1
WASHINGTON YELLOW	LBS.
PEACHES	39
FREESTONE HALVES	LBS.
PEPPERS	5/1
LARGE GREEN	EA.
HONEYDEW	25
EMERALD GREEN FRESH	LB.
APPLES	39
GOLDEN DELICIOUS	LB.
WASH. NEW CROP	LB.

CRISCO OIL
15' OFF LABEL
24 OZ. **95**

PINEAPPLE	3/1
DOLE CRUSHED, CHUNK OR SLICED	8 1/2 OZ.
PEACHES	69
DEL MONTE YELLOW CLINGS HALVES OR SLICES	29 OZ.
SPAGHETTI	89
BEST BET LONG SPAGHETTI OR ELBOW MACARONI	32 OZ.
RAGU	1.39
SPAGHETTI SAUCE ALL VARIETIES	32 OZ.
IVORY	83
LIQUID DETERGENT-13' OFF	22 OZ.
CROUTONS	69
FRANCISCO ALL VARIETIES	7 OZ.
DELTA	49
PAPER TOWELS	BIG ROLL
DEL MONTE	3/1
CREAM OR WHOLE CORN, PEAS, REG. OR FRENCH BEANS	16-17 OZ.

COTTAGE CHEESE
FOOD KING
PT. **49**

—FROZEN FOODS—

FUDGESICLE JR.	1.29
NEW! ICE MILK	12 PACK
CARNATION	89
AUNT JEMIMA	69
WAFFLES, ORIGINAL, BLUEBERRY, BUTTERMILK	10 OZ.
COOL WHIP	69
BIRD'S EYE	8 OZ.
TOTINO'S	2.49
CLASSIC PIZZA COMBO OR PEPPERONI	20 OZ.

BATH TISSUE
PARADE WHITE OR COLORS
4 ROLL PACK **69**

—VAN DE KAMP'S—

HONEY BREAD	69
HONEY GRAIN	16 OZ.
COFFEE CAKE	1.39
BUTTERFLY	15 OZ.
ANGEL FOOD	3.69
CHOCOLATE ICED	36 OZ.

*** REMEMBER**
T.P.R. STANDS FOR TEMPORARY PRICE REDUCTION, WHICH MEANS ADDITIONAL SAVINGS FOR YOU... LOOK FOR THE RED TAG NEXT TIME YOU SHOP.

Sunny pear pudding

Baked Pear Pudding, an impromptu dessert for family or unexpected guests, is prepared in minutes using convenient items from the pantry shelf. It combines diced canned pears with packaged biscuit mix and crunchy nutmeats. The flavorful liquid from the pears is mixed with brown sugar and butter to pour over and blend with the dry mixture as the pudding bakes. Lemon juice and grated peel give a tangy accent.

BAKED PEAR PUDDING
(Yield: 4 servings)
1 can (16 ounces) pears
1 cup biscuit mix
1/4 cup chopped nuts
1/4 teaspoon cinnamon
1/2 cup brown sugar
2 tablespoons butter
1 teaspoon grated lemon peel
2 tablespoons lemon juice
Drain and chop pears, reserving one cup pear syrup. Toss together biscuit mix, nuts, cinnamon and pears. Place in shallow baking dish. Combine reserved pear syrup, brown sugar and butter. Heat to boiling. Add grated peel and lemon juice. Pour over pear mixture. Bake in preheated 375-degree oven for 30 minutes.

FRIENDLY GARDEN CLUB
The club meets the second Friday of each month at 11 a.m. Contact Mrs. Ralph Hewes at 243-6009.

TEMPORARY PRICE REDUCTIONS

GOLD 'N SOFT MARGARINE REG. 75	LB. 69
PEANUT BTR. ADAM'S OLD FASHIONED REG. 2.49	36 OZ. 2.39
GRAPE JELLY PARADE REG. 83	18 OZ. 79
SNACK PACK HUNT'S PUDDINGS AND FRUIT REG. 1.23	4-5 OZ. 1.09

SHASTA POP
ALL VARIETIES
1.19
6-12 OZ. CANS

MEDIUM EGGS GRADE "AA"	DOZ. 49
MILKMAN LOW FAT INSTANT MILK	55 OZ. 4.39

KRAFT VELVEETA
PROCESSED CHEESE FOOD
2.49
2 LB.

SACRAMENTO TOMATO JUICE	46 OZ. 69
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IMITATION MAYONNAISE
NALLEY'S
99
QT.

CONTACT COLD CAPSULES	10'S 1.79
BUFFERIN	36'S 1.17

ROUND STEAK
U.S.D.A. CHOICE BEEF STEAK, FULL CUT.
1.68
USDA CHOICE

USDA CHOICE MEAT

RUMP ROAST	1.59
USDA CHOICE BEEF BONE-IN	LB.
GROUND BEEF	1.59
LEAN AND FRESHLY GROUND	LB.

SIRLOIN TIP ROAST
U.S.D.A. CHOICE BONELESS
2.39
LB.

SOLE FRESH FILLETS	2.49
LUNCHMEATS HYGRADE FIVE VARIETIES	12 OZ. 1.09
SAUSAGE HYGRADE PORK ROLLS	1 LB. 1.09

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* Tacoma-602 So. 38th St. * Tacoma-1214 6th Ave. * Federal Way-35419 21st Ave. SW
* Puyallup-312 West Pioneer * Bremerton-616 6th St. * Gig Harbor-5539 State Road No. 16

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Romantic dinner

HAM CUBES IN SHERRY CREAM SAUCE
 ½ pound fully cooked ham, diced
 2 tablespoons butter
 2 tablespoons sliced green onions
 One-third cup sliced fresh mushrooms
 2 tablespoons flour
 ¼ teaspoon salt
 1 cup milk or cream
 2 tablespoons chopped ripe olives
 2 tablespoons sherry
 Timbale cases, patty shells or waffles
 Melt butter in skillet over moderate heat. Add onion and saute until soft. Add mushrooms and saute one minute longer. Blend in flour and salt. Add milk. Cook,

stirring constantly, until sauce is thickened. Add ham, olives and sherry. Heat to serving temperature. Serve over timbale cases, patty shells or waffles. Garnish as desired.

TIMBALE CASES
 (Yield: 30 medium cases)
 ¼ cup all-purpose flour
 ¼ teaspoon salt
 1 egg, beaten
 ¼ cup milk
 1 tablespoon butter, melted
 Fat or oil for frying
 Sift together flour and salt into bowl. Make a well in center. In a separate bowl, combine and beat egg

and milk. Add all at once to dry ingredients. Stir quickly, just until dry ingredients are moistened. Stir in butter. Let batter stand one hour to avoid bubbles. To fry timbale cases, heat fat to 370-degrees. Dip iron into fat. Wipe iron with a cloth wrapped around a fork. Immediately plunge iron into batter three-quarters the depth of the iron. Remove it and allow batter to dry slightly. Fry the timbale in hot fat until golden brown, about 30 to 45 seconds. Remove case from the iron and drain it on a paper towel. Repeat the process.

Dijon chicken - a French classic

Dijon, the capital of Burgundy, is famous for esoteric dishes such as lark and woodcock pates, and for its world-famous specialty—mustard. According to Larousse Gastronomique, "The famous mustard has, quite rightly, for centuries been considered the best." Dijon mustard combines white and black mustard seeds, often with herbs added, and the mustard gets its unique flavor from verjuice, an acid extracted from unripe

ed grapes. The fine chickens of Burgundy team with the mustard in "Poulet Dijon," a regional classic and a superb dish for your next buffet supper or dinner party. The chicken is flavored with a savory mixture of mustard, chopped onion, garlic and parsley. The ingredient list is short; the chicken is easy to prepare; even a novice cook can turn out a splendid version of this French classic. **POULET DIJON**

(Yield: 8 servings)
 2 to 3 pound each chickens, quartered
 Salt and pepper
 ¼ cup butter
 2 tablespoons Dijon mustard
 1 clove garlic, chopped
 1 small onion, chopped
 1 can (10-½ ounces) condensed chicken broth
 1 tablespoon flour
 2 tablespoons finely chopped parsley
 Sprinkle chicken on all sides with salt and pepper. In large skillet heat butter and

brown chicken pieces slowly on all sides. In small bowl, mix remaining ingredients until well blended. Pour mixture over chicken. Simmer, turning pieces occasionally until chicken is tender, about 40 minutes. Remove chicken to platter. Stir pan juices scraping all brown particles from skillet. Simmer until sauce is slightly thickened. Spoon sauce over chicken. Serve with hot petits pois and Champignons de Paris.

Salad has old world magic

ANTIPASTO MYSTERY SALAD
 (Yield: 6 servings)
 ½ pound thinly sliced boiled ham or prosciutto, cut in two-inch strips
 ¼ pound thinly sliced Swiss cheese, cut in 2-inch strips
 2 medium tomatoes, cut in wedges
 1 cup thinly sliced radishes
 3 cups shredded salad greens
 Creamy Bleu Cheese Salad Dressing
 Line a one and one-

half quart casserole or saucepan with strips of wax paper. Arrange about half of the ham and cheese in bowl; then chop remainder. Cut tomato wedges in half. Layer ham, cheese, tomatoes, radishes and salad greens in lined dish. Cover with a damp towel, and chill for one hour. Invert on serving platter and top with some of the salad dressing. Serve with remaining dressing.

Festive fish soufflé

Have a picnic on your porch this summer, and to add a warm glow to the occasion, make it a festive candlelight dinner.

Begin the repast with a chilled bottle of white wine. Individual fish soufflés baked in avocado halves make tasty seasonal entrees. Fresh strawberry and wine sherbet is the refreshing finale.

FISH SOUFFLE BAKED IN AVOCADOS
 (Yields: 6 servings)
 4 tablespoons butter
 ½ cup onion, chopped
 3 tablespoons flour
 1-½ cups fish stock
 ½ cup dry white wine
 1 teaspoon salt
 1-½ pounds halibut, turbot or salmon, poached and cut into one-inch cubes
 ¼ cup cream
 1 teaspoon dried dill
 Salt
 Ground pepper to taste
 3 avocados, halved and pitted
 Lemon juice
 3 egg yolks

4 egg whites, stiffly beaten
 ¼ teaspoon cream of tartar
 3 tablespoons freshly grated Parmesan cheese
 In a 2-quart saucepan, melt butter, add onion and saute until golden. Stir in flour and cook three minutes. Remove from heat, add fish stock and wine, whisk vigorously. Return to heat and cook until mixture becomes thick and smooth. Add salt, and remove from heat. Reserve.

In a bowl, place fish, stir cream, dill, salt and pepper. Remove one-half cup of sauce to fish. Gently combine. Set aside. Coat avocados with lemon juice and place on a baking sheet. Divide fish mixture among the six halves. Beat egg yolks and stir into sauce. Beat egg whites with cream of tartar until stiff peaks form. Fold into sauce. Add grated cheese. Spoon two or three tablespoons of

sauce over each avocado half. Bake in preheated 400-degree oven about 10 to 12 minutes, or until tops are lightly browned.

FRESH STRAWBERRY AND WINE SHERBET
 (Yield: 1 quart)
 1 pint strawberry puree (made from about one and one-half quarts fresh strawberries)
 1 cup sugar
 1-½ cups water
 ½ cup dry white wine
 ¼ teaspoon cinnamon
 Juice of one lemon
 Fresh strawberries for decoration
 Hull strawberries and pass through food mill, sieve or electric mixer. In a saucepan, combine sugar, water, wine and cinnamon and bring to a boil. Boil for five minutes, cool. Beat puree with the cooled syrup, add lemon juice, and taste. Pour mixture into container and place in freezer. Decorate with fresh strawberries.



ARMOUR

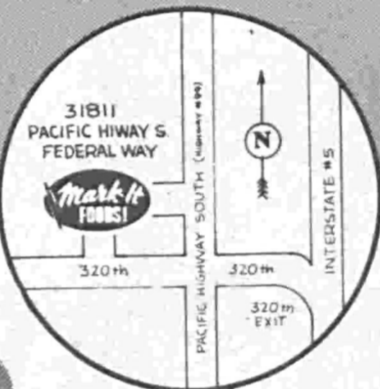
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